

**The ARNI Institute  
Charity No 1116130**

**Report and Accounts**

**For the year ended 31st March 2022**

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## **The ARNI Institute Annual Trustees Report**

### **Year ended 31st March 2022**

1 The Trustees submit their report and accounts for the year ended 31st March 2022. The Institute is a registered charity (No: 1116130) and its constitution was adopted on 17th July 2006. The Institute received charitable status on 14<sup>th</sup> September 2006.

### **2 Trustees**

The following were **Trustees** at the date of the signing of this report and, unless otherwise shown, held office throughout the year:

The Rt Hon., The Lord Lingfield, Kt DL (Chairman)

Mr N.A.C Branson, JP

Mr D.L Ruffley, MA

### **3 Objectives of the Institute**

The objects of the Institute are to encourage and advance the rehabilitation of those suffering from the effects of stroke, and other brain injuries which have resulted in partial paralysis. Particularly by the physical training of patients who require recovery programmes. Such training attempts to enable those who have suffered brain injuries progressively to recover movement, balance, physical strength and confidence. The Institute also promotes awareness of the stroke and brain injuries to the public.

### **4 Public Benefit**

The Trustees confirm that they have taken due regard to the guidance published by the Charity Commission on public benefit. The Trustees are a strong team with the necessary complementary skills to enable the Institute to be effective. Projects and the necessary funding are sought which will advance the ability for the Institute to be effective in providing methods for members of the public to attain effective rehabilitation after acquired or traumatic brain injury,

### **5 Review of Activities**

In the UK, stroke is the biggest disabler of all and can happen to anyone at any time. ARNI provides an essential community-integration pathway and support network for people after hospital discharge which sometimes comes after just six weeks. The Charity matches survivors with its specialist therapists and instructors who then help to rehabilitate over the long term. The ARNI (Action for Rehabilitation from Neurological Injury) Institute Charity has measured impact in terms of effectiveness: Exeter University, Brunel University and Brighton & Sussex Medical School research teams have carried out randomised controlled trials which show that the team of over 140 ARNI professional trainers and therapists are being effective in dramatically cutting costs in terms of ambulance call-outs and hire of carers. Further, that stroke and acquired injury patients using ARNI service have improved mobility, range of movement, action control, strength, confidence and reduced the fear of the consequences of exercise.



**The ARNI Institute Charity**  
**Income/Expenditure**  
**Year to 31st March 2021**

**Income**

Donations **£ 57,952.06**

**Expenditure**

Includes Travel, Website Development, Marketing, Insurance, Rehabilitation Materials for Stroke Survivors, Postage and Bursaries for Stroke Rehabilitation Trainers

**£ 65,581.75**

Deficit for the Year:

**£7,631.61**

Balance carried forward from 2020-21:

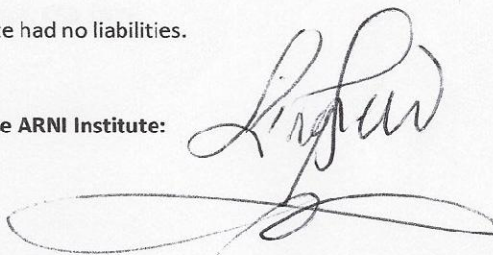
**£20,719.86**

**Balance at 31<sup>st</sup> March 2022**

**£13,088.25**

At 31st March 2022, the Institute had no liabilities.

Approved by the Trustees of the ARNI Institute:



15

December 2022



**Independent Examiner's Report to the Trustees of The ARNI Institute  
For the year ended 31st March 2022**

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 1 to 4.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It includes a consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

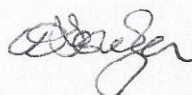
1 which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act: have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Independent Examiner: Mrs C D'Souza



6th January 2023

Address: 37 Kenmore Road, Kenley, CR8 5NW.