

ARNI Stroke Rehab UK

England & Wales · Charity number 1116130

Details

Other names ARNI Stroke Rehab, THE ARNI INSTITUTE, THE ARNI TRUST

Status Registered

Legal form Trust

Registered 2006-09-14

Register [View on the Charity Commission register](#)

Contact

Address Po Box 68
Station Road
Lingfield
Surrey
RH7 6QQ

Phone 07715970358

Email support@arni.uk.com

Website www.arni.uk.com

Activities

Objects: TO ENCOURAGE AND ADVANCE THE REHABILITATION OF THOSE SUFFERING FROM THE EFFECTS OF STROKE, AND OTHER BRAIN INJURIES WHICH HAVE RESULTED IN PARTIAL PARALYSIS.1) PARTICULARLY BY THE PHYSICAL TRAINING OF PATIENTS WHO REQUIRE RECOVERY PROGRAMMES. SUCH TRAINING WILL ENABLE THOSE WHO HAVE SUFFERED BRAIN INJURIES PROGRESSIVELY TO RECOVER: (A) MOVEMENT (B) BALANCE (C) PHYSICAL STRENGTH (D) CONFIDENCE.2) BY IMPROVING AND DEVELOPING PUBLIC AWARENESS THAT BRAIN INJURY SURVIVORS REQUIRE EXTRA HELP TO FULFIL THEIR POTENTIAL TO GET BETTER, AFTER PHYSIOTHERAPY REHABILITATION HAS FINISHED.3) BY SUCH OTHER METHODS AS THE TRUSTEES SHALL FROM TIME TO TIME DECIDE

Activities: To encourage and advance the rehabilitation of members of those suffering from the effects of stroke, and other brain injuries which have resulted in partial paralysis. Particularly by the physical training of patients who require recovery programmes. Such training will enable those who have suffered brain injuries progressively to recover movement, balance, physical strength and confidence

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE NATIONAL
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£110,166	£129,343	-	-
2024-03-31	£148,365	£130,539	-	-
2023-03-31	£117,378	£103,143	-	-
2022-03-31	£57,952	£65,582	-	-
2021-03-31	£52,819	£44,968	-	-

Trustees

Name	Role	Appointed
David Laurie Ruffley		2019-11-18
Dawn Patricia Ward CBE DL		2024-04-26
NIGEL ANTHONY CHIMMO BRANSON		

ARNI Stroke Rehab UK

England & Wales - Charity number 1116130

Accounts

**The ARNI Institute
Charity No 1116130**

Report and Accounts

For the year ended 31st March 2025

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Independent Examiner's Report	4

The ARNI Institute Annual Trustees Report

Year ended 31st March 2025

1 The Trustees submit their report and accounts for the year ended 31st March 2025. The Institute is a registered charity (No: 1116130) and its constitution was adopted on 17th July 2006. The Institute received charitable status on 14th September 2006.

2 Trustees

The following were **Trustees** at the date of the signing of this report and, unless otherwise shown, held office throughout the year:

The Rt Hon., The Lord Lingfield, Kt DL (Chairman)

Mr N.A.C Branson, JP

Mr D.L Ruffley, MA

Mrs. D. Ward, CBE, DL

3 Objectives of the Institute

The objects of the Institute are to encourage and advance the rehabilitation of those suffering from the effects of stroke, and other brain injuries which have resulted in partial paralysis. Particularly by the physical training of patients who require recovery programmes. Such training attempts to enable those who have suffered brain injuries progressively to recover movement, balance, physical strength and confidence. The Institute also promotes awareness of the stroke and brain injuries to the public.

4 Public Benefit

The Trustees confirm that they have taken due regard to the guidance published by the Charity Commission on public benefit. The Trustees are a strong team with the necessary complementary skills to enable the Institute to be effective. Projects and the necessary funding are sought which will advance the ability for the Institute to be effective in providing methods for members of the public to attain effective rehabilitation after acquired or traumatic brain injury,

5 Review of Activities

In the UK, stroke is the biggest disabler of all and can happen to anyone at any time. 150,000 people suffer a stroke annually and there are over a million people living with the effects of stroke. The ARNI (Action for Rehabilitation from Neurological Injury) Institute Charity provides an essential national community-integration pathway and support network for people after hospital discharge, which comes sometimes after just six weeks. The Charity matches survivors with its specialist therapists and instructors who then help to rehabilitate over the long-term. The Charity has measured impact in terms of efficacy: Exeter University, Brunel University and Brighton & Sussex Medical School research teams have carried out randomised controlled trials which show that the team of over 140 ARNI professional trainers and therapists are being effective in dramatically cutting costs in terms of ambulance call-outs and hire of carers. Further, that stroke and acquired injury patients who use the ARNI service improve significantly in terms of mobility, range of movement, action control, strength, confidence and quality of life... and most often reduce the requirement for carers and physical assistants.

The ARNI Institute Charity

Income/Expenditure

Year to 31st March 2025

Income

Donations **£ 110,166.00**


Expenditure

Includes Travel, Website Development, Marketing, Insurance, Rehabilitation Materials for Stroke Survivors, Postage and Bursaries for Stroke Rehabilitation Trainers

£ 129343.48

At 31st March 2025, the Institute had no liabilities.

Approved by the Trustees of the ARNI Institute:


Lingfield
29 January 2026

**Independent Examiner's Report to the Trustees of The ARNI Institute
For the year ended 31st March 2025**

I report on the accounts of the charity for the year ended 31st March 2024 which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It includes a consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

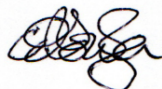
1 which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act: have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Independent Examiner: Mrs C D'Souza



15th January 2026

Address: 37 Kenmore Road, Kenley, CR8 5NW.

ARNI Stroke Rehab UK

England & Wales - Charity number 1116130

Accounts

**The ARNI Institute
Charity No 1116130**

Report and Accounts

For the year ended 31st March 2024

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The ARNI Institute Annual Trustees Report

Year ended 31st March 2024

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Mr D.L Ruffley, MA

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4 Public Benefit

The Trustees confirm that they have taken due regard to the guidance published by the Charity Commission on public benefit. The Trustees are a strong team with the necessary complementary skills to enable the Institute to be effective. Projects and the necessary funding are sought which will advance the ability for the Institute to be effective in providing methods for members of the public to attain effective rehabilitation after acquired or traumatic brain injury,

5 Review of Activities

In the UK, stroke is the biggest disabler of all and can happen to anyone at any time. 150,000 people suffer a stroke annually and there are over a million people living with the effects of stroke. The ARNI (Action for Rehabilitation from Neurological Injury) Institute Charity provides an essential national community-integration pathway and support network for people after hospital discharge, which comes sometimes after just six weeks. The Charity matches survivors with its specialist therapists and instructors who then help to rehabilitate over the long-term. The Charity has measured impact in terms of efficacy: Exeter University, Brunel University and Brighton & Sussex Medical School research teams have carried out randomised controlled trials which show that the team of over 140 ARNI professional trainers and therapists are being effective in dramatically cutting costs in terms of ambulance call-outs and hire of carers. Further, that stroke and acquired injury patients who use the ARNI service improve significantly in terms of mobility, range of movement, action control, strength, confidence and quality of life... and most often reduce the requirement for carers and physical assistants.

The ARNI Institute Charity
Income/Expenditure
Year to 31st March 2024

Income

Donations **£ 148,364.66**

Expenditure

Includes Travel, Website Development, Marketing, Insurance, Rehabilitation Materials for Stroke Survivors, Postage and Bursaries for Stroke Rehabilitation Trainers

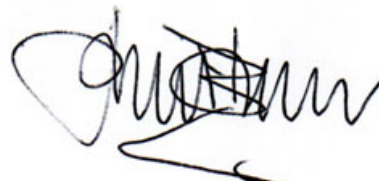
£ 130,539.07

Surplus for the Year **£ 17,825.59**
Balance carried forward from 2022 – 2023 **£ 17,372.02**

Balance at 31st March 2024 £ 35,197.61

At 31st March 2024, the Institute had no liabilities.

Approved by the Trustees of the ARNI Institute:

 24th January 2025

**Independent Examiner's Report to the Trustees of The ARNI Institute
For the year ended 31st March 2024**

I report on the accounts of the charity for the year ended 31st March 2024 which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
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Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It includes a consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

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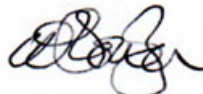
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- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act: have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Independent Examiner: Mrs C D'Souza



20 January 2025

Address: 37 Kenmore Road, Kenley, CR8 5NW.

ARNI Stroke Rehab UK

England & Wales - Charity number 1116130

Accounts

**The ARNI Institute
Charity No 1116130**

Report and Accounts

For the year ended 31st March 2023

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The ARNI Institute Annual Trustees Report

Year ended 31st March 2023

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2 Trustees

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Mr N.A.C Branson, JP

Mr D.L Ruffley, MA

3 Objectives of the Institute

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4 Public Benefit

The Trustees confirm that they have taken due regard to the guidance published by the Charity Commission on public benefit. The Trustees are a strong team with the necessary complementary skills to enable the Institute to be effective. Projects and the necessary funding are sought which will advance the ability for the Institute to be effective in providing methods for members of the public to attain effective rehabilitation after acquired or traumatic brain injury,

5 Review of Activities

In the UK, stroke is the biggest disabler of all and can happen to anyone at any time. 150,000 people suffer a stroke annually and there are over a million people living with the effects of stroke. The ARNI (Action for Rehabilitation from Neurological Injury) Institute Charity provides an essential national community-integration pathway and support network for people after hospital discharge, which comes sometimes after just six weeks. The Charity matches survivors with its specialist therapists and instructors who then help to rehabilitate over the long-term. The Charity has measured impact in terms of efficacy: Exeter University, Brunel University and Brighton & Sussex Medical School research teams have carried out randomised controlled trials which show that the team of over 140 ARNI professional trainers and therapists are being effective in dramatically cutting costs in terms of ambulance call-outs and hire of carers. Further, that stroke and acquired injury patients who use the ARNI service improve significantly in terms of mobility, range of movement, action control, strength, confidence and quality of life... and most often reduce the requirement for carers and physical assistants.

The ARNI Institute Charity

**Income/Expenditure
Year to 31st March 2023**

Income

Donations **£ 117,378.44**

Expenditure

Includes Travel, Website Development, Marketing, Insurance, Rehabilitation Materials for Stroke Survivors, Postage and Bursaries for Stroke Rehabilitation Trainers

£ 103,143.18

Surplus for the Year

£ 14,235.26

Balance carried forward from 2021 – 2022

£ 13,088.25

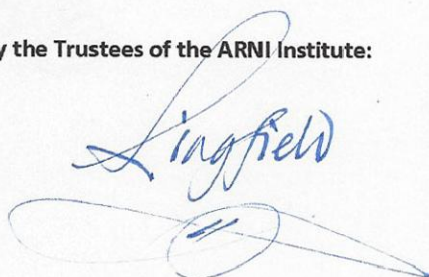
Balance at 31st March 2023

£ 27,323.51

At 31st March 2023, the Institute had no liabilities.

Approved by the Trustees of the ARNI Institute:

31 December 2023



**Independent Examiner's Report to the Trustees of The ARNI Institute
For the year ended 31st March 2023**

I report on the accounts of the charity for the year ended 31st March 2023 which are set out on pages 1 to 4.

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2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Independent Examiner: Mrs C D'Souza

18 January 2024

Address: 37 Kenmore Road, Kenley, CR8 5NW.



ARNI Stroke Rehab UK

England & Wales - Charity number 1116130

Accounts

**The ARNI Institute
Charity No 1116130**

Report and Accounts

For the year ended 31st March 2022

Trustees' Annual Report	2
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The ARNI Institute Annual Trustees Report

Year ended 31st March 2022

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2 Trustees

The following were **Trustees** at the date of the signing of this report and, unless otherwise shown, held office throughout the year:

The Rt Hon., The Lord Lingfield, Kt DL (Chairman)

Mr N.A.C Branson, JP

Mr D.L Ruffley, MA

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4 Public Benefit

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5 Review of Activities

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The ARNI Institute Charity
Income/Expenditure
Year to 31st March 2021

Income

Donations **£ 57,952.06**

Expenditure

Includes Travel, Website Development, Marketing, Insurance, Rehabilitation Materials for Stroke Survivors, Postage and Bursaries for Stroke Rehabilitation Trainers

£ 65,581.75

Deficit for the Year:

£7,631.61

Balance carried forward from 2020-21:

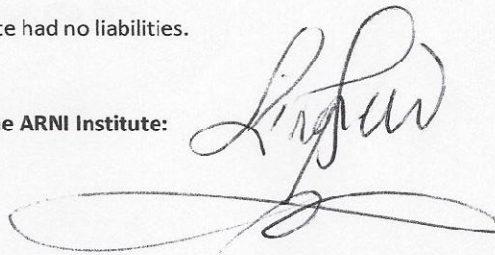
£20,719.86

Balance at 31st March 2022

£13,088.25

At 31st March 2022, the Institute had no liabilities.

Approved by the Trustees of the ARNI Institute:



15

December 2022

**Independent Examiner's Report to the Trustees of The ARNI Institute
For the year ended 31st March 2022**

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

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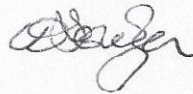
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- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act: have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Independent Examiner: Mrs C D'Souza



6th January 2023

Address: 37 Kenmore Road, Kenley, CR8 5NW.

ARNI Stroke Rehab UK

England & Wales - Charity number 1116130

Accounts

**The ARNI Institute
Charity No 1116130**

Report and Accounts

For the year ended 31st March 2021

Trustees' Annual Report	2
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Year ended 31st March 2021

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The Rt Hon., The Lord Lingfield, Kt DL (Chairman)

Professor A.C Roberts, OBE, TD DL

Mr N.A.C Branson, JP

Mr D.L Ruffley, MA

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5 Review of Activities

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The ARNI Institute Charity
Income/Expenditure
Year to 31st March 2021

Income

Donations **£ 52,819.11**

Expenditure

Includes Travel, Website Development, Marketing, Insurance, Rehabilitation Materials for Stroke Survivors, Postage and Bursaries for Stroke Rehabilitation Trainers

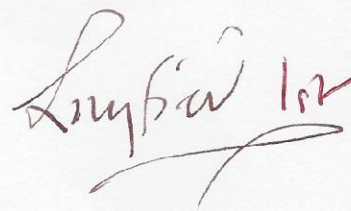
£ 44,968.36

Surplus for the Year: **£7,817.71**
Balance carried forward from 2019-20: **£12,902.15**

Balance at 31st March 2021 **£20,719.86**

At 31st March 2021, the Institute had no liabilities.

Approved by the Trustees of the ARNI Institute:

 December 2021

**Independent Examiner's Report to the Trustees of The ARNI Institute
For the year ended 31st March 2021**

I report on the accounts of the charity for the year ended 31st March 2019 which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

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Independent Examiner

Independent Examiner: Mrs C D'Souza



13 December 2021

Address: 37 Kenmore Road, Kenley, CR8 5NW.