

PATANJALI YOG PEETH (UK) TRUST  
Trustees Report and Unaudited Accounts  
31 March 2021



**PATANJALI YOG PEETH (UK) TRUST**  
**Report and accounts**  
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**PATANJALI YOG PEETH (UK) TRUST**  
**LEGAL AND ADMINISTRATIVE INFORMATION**

**Trustees**

Swami Ramdev Maharaj  
Acharya Balkrishna  
Sunita Poddar

**Charity Numbers**

1115370  
SC041991

**Principal Address**

40 Lambhill Street  
Kinning Park  
Glasgow  
G41 1AU

**Independent Examiner**

DMH Accountancy Ltd  
199 Clarkston Road  
Glasgow

G44 3BS

## **PATANJALI YOG PEETH (UK) TRUST**

### **TRUSTEES' REPORT**

The Trustees present their report and accounts for the year ended 31 March 2021.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Constitution**

Patanjali Yog Peeth (UK) Trust (PYPT) is constituted as a charitable trust registered with the Charity Commission under charity number 1115370. It is governed by a deed of trust and constitutes an unincorporated charity.

#### **Appointment of Trustees**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust Deed.

The Trustees who served during the year were:

Swami Ramdev Maharaj

Acharya Bal Krishna

Sunita Poddar

All employees of the Trust, are subject to a Criminal Record Bureau (CRB) check in England and a Protecting Vulnerable Groups (PVG) check in Scotland.

#### **Organisational structure and decision making**

Sunita Poddar is the main Trustee in the UK as the other Trustees are based in India. She oversees UK operations for the benefit of the Trust.

The Trustees are responsible for the general control and management of the charity. The Trustees give their time freely and receive no remuneration or financial benefits.

To assist in the smooth running of the charity the Trustees have set up a number of sub committees that help them oversee certain aspects of the charity's work. Sub committees are currently set up to coordinate the running of free Yog classes throughout the UK and promote the recruitment of Yog teachers.

#### **Risk management**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

### **OBJECTIVES AND ACTIVITIES**

#### **Policies and objectives**

The charity's objectives are the preservation and protection of health and relief of mental and physical illness by the promotion and development of the ancient Indian sciences of Ayurveda and Pranayama Yoga and by supporting the aims and work of the Patanjali Yog Peeth (charity registered in India) in order to further the foregoing and such other objectives that are charitable under the law of England and Wales.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

**PATANJALI YOG PEETH (UK) TRUST**  
**TRUSTEES' REPORT**

**ACHIEVEMENTS AND PERFORMANCE**

**Review of Activities**

This year has been another challenging year for PYPT , as we continue to navigate our way through the Pandemic. Fortunately we have been able to continue to run our online Yoga classes which are becoming increasingly popular as they are able to reach a wider audience. Currently, we are running over 150 weekly classes within the UK.

Developing our online presence, we have facilitated many health related workshops and awareness sessions incorporating diabetes, stress, anxiety, heart disease and obesity. We hope to develop these sessions and introduce many other health related topics.

We are delighted to introduce 100 AYT Level 1 teachers , who attended training between April 2020 and March 2021.

The International Yoga Day was celebrated on 21st Jun 2020 (online) and for the first time we hosted an International Zoom conference where people from all around the world joined us online.

**Financial review**

Incoming resources for the year were £47,897 (2020 - £82,214). Expenditure for the year was £48,193 (2020- £60,924 ) which has led to a deficit of £256 (2020 - £21,290).

**Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained or exceeded throughout the year.

**PLANS FOR FUTURE PERIODS**

The Trust plans to further promote Little Cumbrae Island for Assistant Teacher Training and Yoga Camps, continuing to promote health and wellbeing.

The other vision of the Trust is to have yoga class in every community hall in the UK and to double the presence in the UK and the yoga classes in UK.



Sunita Poddar

Trustee

Dated: 21.12.2021.....



## **PATANJALI YOG PEETH (UK) TRUST**

### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees present their report and accounts for the year ended 31 March 2021.

The charity trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008, the Charities Accounts (Scotland) Regulations 2006, the Charities Trustee and Investment (Scotland) Act 2005, the SORP for Charities preparing accounts under FRS102 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

#### **Public Benefit Statement**

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

## **PATANJALI YOG PEETH (UK) TRUST**

### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PATANJALI YOG PEETH (UK) TRUST**

I report on the accounts of the Trust for the year ended 31 March 2021, which are set out on pages 7 to 14.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(a) to (c) of the Charities Accounts (Scotland) Regulations 2006 (the 2006 Regulations) and that an independent examination is needed. The charity is preparing accrued accounts and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Management Accountants.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011 and under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act)
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission and is in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act and section 44(1)(b) of the 2005 Act and Regulation 8 of the 2006 Accounts Regulations

have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



David Hayes  
Chartered Management Accountant  
On behalf of DMH Accountancy  
199 Clarkston Road  
Glasgow  
G44 3 BS

Dated

15/12/2021



**PATANJALI YOG PEETH (UK) TRUST**  
**UNAUDITED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<b><u>Incoming resources</u></b>					
Incoming resources from generated funds					
Voluntary income	2	9,294	11,342	20,636	49,373
Exchange Rate gains		(2,181)		(2,181)	1,081
Income from charitable activities	3	29,442	-	29,442	31,760
<b>Total incoming resources</b>		<b>36,555</b>	<b>11,342</b>	<b>47,897</b>	<b>82,214</b>
<b><u>Resources expended</u></b>					
Charitable Activities	4	23,754	21,398	45,152	57,028
Governance costs		3,001	-	3,001	3,896
<b>Total resources expended</b>		<b>26,755</b>	<b>21,398</b>	<b>48,153</b>	<b>60,924</b>
<b>Net movement in Funds</b>		<b>9,800</b>	<b>- 10,056</b>	<b>- 256</b>	<b>21,290</b>
Fund balances at 1 April 2020		<u>2,054,608</u>	<u>10,056</u>		<u>2,064,664</u>
<b>Fund balances at 31 March 2021</b>		<u><b>2,064,408</b></u>	<u><b>-</b></u>	<u><b>2,064,408</b></u>	<u><b>-</b></u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

**PATANJALI YOG PEETH (UK) TRUST**  
**Unaudited Balance Sheet**  
**as at 31 March 2021**

	Notes	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	9	1,935,885	1,939,218
<b>Current assets</b>			
Debtors	10	1,502	961
Cash at bank and in hand		130,614	127,058
		<u>132,116</u>	<u>128,019</u>
<b>Creditors: amounts falling due within one year</b>	10	(3,593)	(2,572)
<b>Net current assets</b>		<u>128,523</u>	<u>125,447</u>
<b>Total assets less current liabilities</b>		<u>2,064,408</u>	<u>2,064,665</u>
<b>The funds of the Charity</b>			
Restricted funds	11	-	10,056
Unrestricted funds			
General funds		2,064,408	2,054,608
<b>Net assets</b>		<u>2,064,408</u>	<u>2,064,664</u>

The Accounts were approved by the Trustees on 13-12-2021

Sunita Poddar

Sunita Poddar

Trustee

**PATANJALI YOG PEETH (UK) TRUST**  
**Notes to the Unaudited Accounts**  
**for the year ended 31 March 2021**

**1 Accounting policies**

***Basis of preparation***

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS102 (effective 1 January 2015)

the Charities Act 2011, the Statement of Recommended Practice (SORP) 2005, (Charities SORP (FRS 102), the Charities Accounts (Scotland) Regulations 2006 and the applicable accounting standards. The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The Trust meets the definition of a public benefit entity under FRS 102. The Transition Date to FRS102 was the 1st April 2015.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. None was.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

**Incoming Resources**

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations, are recognised when they have been communicated is received in writing with notification of both the amount and settlement date.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Assets Donated are recognised as incoming resources within voluntary incomes and within the relevant fixed asset category on the balance sheet when receivable.

Where a donor has imposed restrictions on the use of the income, these funds will be classified as restricted. All other income is classed as unrestricted.

**Resources Expended**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities, where costs can be directly attributed to particular activities.

Where costs cannot be directly attributed to a particular activity they have been allocated on a basis consistent with the use of the resources.

Activities undertaken directly are all the resources expended by the charity in the delivery of goods and services, including its programme and project work that is directed at the achievement of its charitable aims and objectives.

Support costs are those incurred in directly in support of expenditure on the objects of the charity and include project management carried out at the headquarters.

Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised when the conditions attaching are fulfilled. Grants offered to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.



**PATANJALI YOG PEETH (UK) TRUST**  
**Notes to the Unaudited Accounts**  
**for the year ended 31 March 2021**

***Tangible fixed assets and depreciation***

Tangible fixed assets, other than freehold land, are stated at cost less depreciation. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives, as follows

Plant and machinery	15% reducing balance
Fixtures, fittings & equipment	15% reducing balance
Freehold land is not depreciated.	

***Foreign currencies***

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the statement of financial activities.

***Fund accounting***

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed or raised by the charity for a particular purpose. The aim and use of each restricted fund is set out in the notes to the financial statements.

<b>2 Voluntary Income</b>	<b>2021</b>	<b>2020</b>
Donations and gifts	20,636	49,373

<b>3 Income from charitable activities</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Merchandise Income	1,059	316
Yoga workshop income	28,383	31,444
	<u>29,442</u>	<u>31,760</u>

<b>4 Total resources expended</b>	<b>Staff Cost</b>	<b>Depreciation</b>	<b>Other Costs</b>	<b>Total 2021</b>	<b>Total 2020</b>
				<b>£</b>	<b>£</b>
<b>Charitable activities</b>					
Activities undertaken directly	-	-	8,874	8,874	25,878
Grant Funding of activities (note 5)	-	-	21,398	21,398	2,000
Support costs (note 6)	-	6,333	8,547	14,880	29,150
<b>Total</b>	<b>-</b>	<b>6,333</b>	<b>38,819</b>	<b>45,152</b>	<b>57,028</b>
<b>Governance costs</b>	<b>-</b>	<b>-</b>	<b>3,001</b>	<b>3,001</b>	<b>3,896</b>
	<u>-</u>	<u>6,333</u>	<u>41,820</u>	<u>48,153</u>	<u>60,924</u>

Governance costs includes payments to the independent examiner of nil (2020: nil ) in respect of the independent examination as well as £1,440 (2020 £1,440) in relation to other services.



**PATANJALI YOG PEETH (UK) TRUST**  
**Notes to the Unaudited Accounts**  
**for the year ended 31 March 2021**

<b>5 Grant Funding of activities</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Grants	21,398	2,000
	<u>21,398</u>	<u>2,000</u>

The following amounts have been paid or promised to charitable organisations in India and Nepal best placed to deliver the maximum benefit for the intended purpose .

Nepal Relief Fund - £10,056 - (2020 £2,000)  
 EK TARA Covid - £11,342- (2020 Nil)

<b>6 Support Costs</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Premises expenses	7,954	18,450
Other expenses	593	3,779
Staff costs	-	-
Depreciation	6,333	6,921
	<u>14,880</u>	<u>29,150</u>

<b>7 Employees</b>	<b>2021</b>	<b>2020</b>
<b>Number of employees</b>	<b>Number</b>	<b>Number</b>
The average number of employees during the year was		
Administrative	-	-
Operations	-	-
	<u>-</u>	<u>-</u>
<b>Employment costs</b>	<b>2021</b>	<b>2020</b>
The average number of employees during the year was	<b>£</b>	<b>£</b>
Wages and salaries	-	-
Social security costs	-	-
	<u>-</u>	<u>-</u>

<b>8 Tangible fixed assets</b>	<b>Land and buildings</b>	<b>Plant and machinery etc</b>	<b>Motor vehicles</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>				
At 1 April 2020	1,900,000	97,960	8,470	2,006,430
Additions	-	3,000	-	3,000
Disposals	-	-	-	-
At 31 March 2021	<u>1,900,000</u>	<u>100,960</u>	<u>8,470</u>	<u>2,009,430</u>
<b>Depreciation</b>				
At 1 April 2020	-	60,222	6,990	67,212
Charge for the year	-	6,111	222	6,333
On disposals	-	-	-	-
At 31 March 2021	<u>-</u>	<u>66,333</u>	<u>7,212</u>	<u>73,545</u>
<b>Net book value</b>				
At 31 March 2021	<u>1,900,000</u>	<u>34,627</u>	<u>1,258</u>	<u>1,935,885</u>
At 31 March 2020	<u>1,900,000</u>	<u>37,738</u>	<u>1,480</u>	<u>1,939,218</u>

The land above was donated to the charity by Sunita Poddar and her husband for no consideration on 2 April 2010 and was capitalised at its market value on that date.

**PATANJALI YOG PEETH (UK) TRUST**  
**Notes to the Unaudited Accounts**  
**for the year ended 31 March 2021**

**9 Debtors**

	2021	2020
	£	£
Trade debtors	801	10
Prepayments and accrued Income	681	908
Other debtors	20	43
	<u>1,502</u>	<u>961</u>

**10 Creditors: amounts falling due within one year**

	2021	2020
	£	£
Trade creditors	2,153	1,132
Accruals	1,440	1,440
Other Creditors	-	-
Grants Agreed	-	-
	<u>3,593</u>	<u>2,572</u>

**11 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes :

	Balance at 01-Apr-20	Movements in funds		Balance at 31/03/2021
	£	Incoming resources	Resources expended	£
Bihar Relief Fund	-	-	-	-
EK TARA Covid	-	11,342	11,342	-
Nepal Relief Fund	10,056	-	10,056	-
	0	-	-	-
Chennai Flood Relief	-	-	-	-
	<u>10,056</u>	<u>11,342</u>	<u>21,398</u>	<u>-</u>

Nepal Relief Fund

Amounts donated to the charity for the Nepal Relief Fund have been donated a home rebuilding project .

EK TARA Covid

Amounts donated to EX Tara have been used to support the girls education program in India through the Covid epidemic.

**13 Loans**

	2021	2020
	£	£
Creditors include:		
Amounts falling due for payment after more than five years	-	-
Secured bank loans	-	-

**12 Related party transactions**

Mr Sarwan Poddar (the Husband of Mrs Poddar, a trustee) was reimbursed £878.71 for expenses incurred on behalf of the Charity (2020 £10,609.20)