

REFLECTION NETWORK TRUSTEES ANNUAL REPORT

Charity Reg No: 1115145

30th September 2024

Charity relaunch

On 6.7.24 the Board approved the transfer of Reflection Network operations to newly formed charity (CIO) The Reflection Project (TRP), charity registration number 1208641. TRP was formed in June 2024 in order to continue and develop the work of Reflection Network, with charitable objects more closely aligned with charitable activities. One of Reflection Network's trustees, Ahmed Tudor Payne, has continued as a trustee of TRP, and another two have been recruited. The TRP website is thereflectionproject.org

Existing Reflection Network grants and donations will be transferred to TRP in order to complete the projects to which the grants (restricted) and donations (unrestricted) have been assigned. Once this transfer of activities is complete, final accounts will be prepared, the Reflection Network bank account will be closed, and we will complete the procedure for closing a charitable company. We expect this process to be complete by the end of 2025.

Our services and funding

• **Al-Manaar Children and Young People's Service**

A free psychotherapy service for children and young people aged 2 - 25 based at [Al-Manaar Muslim Cultural Heritage Centre](#) in London W10, serving the community most affected by the Grenfell fire. A partnership with Al-Manaar Counselling Services. Part-funded by Al-Manaar.

• **Youth Realities**

Collaboration with Barnet charity [Youth Realities](#) to provide psychotherapy to young people who have experienced abusive relationships. Funded by Young Barnet Foundation.

• **Barnet service**

Although we have not had Barnet funding for our services this year, we have been able to continue seeing particularly vulnerable children thanks to donations and the provision of a therapy room by Barnet Family Services.

• **Barnet Young Refugee and Asylum Seeker service**

Developed referral pathway with New Citizens' Gateway, Barnet. Funded by unrestricted donations.

• **Intermission Youth Theatre**

A pilot project to make psychotherapy accessible to young people attending IYT, Haringey. Funded by unrestricted donations.

- **Coram Muslim Adoption Support Group**

A monthly support group for adopters of Muslim children in areas covered by [Coram Adoption](#): London, north Kent, north Surrey, south Buckinghamshire, south Hertfordshire, Berkshire, Middlesex, south-west Essex, Milton Keynes, Cambridge and Peterborough. Funded by Coram Adoption.

- **Research placement**

4-week placement for Psychology undergraduate student from Fordham University, USA June - July 2024. Qualitative research into young British Muslims' attitudes towards mental health. Funded by unrestricted donations.

- **Children's Book Project**

Research started to develop a series of children's books addressing common mental health/emotional issues in a faith-sensitive way, with resources for parents to support children who are struggling. Funded by unrestricted donations.

- **Working with Muslims Bulletin**

A bi-monthly email newsletter for mental health professionals around the UK working with Muslim children and young people. Packed with news of events, resources and research to help practitioners better support Muslim families. Funded by unrestricted donations.

Other news:

- **Training grant**

We received a grant from Young Barnet Foundation's Space2Grow34 fund to provide essential training for our therapists (Safeguarding Children L3 and Safeguarding Vulnerable Adults).

Registered number
05538638

REFLECTION NETWORK LTD

Accounts

30 September 2024

REFLECTION NETWORK LTD
Profit and Loss Account
for the year ended 30 September 2024

	2024 £	2023 £
Turnover	5,478	5,803
Other income	20,600	11,014
Gross profit	<u>26,078</u>	<u>16,817</u>
Depreciation and other amounts written off assets	(40)	(46)
Other charges	(28,873)	(17,101)
Loss before taxation	<u>(2,835)</u>	<u>(330)</u>
Loss	<u>(2,835)</u>	<u>(330)</u>

REFLECTION NETWORK LTD**Registered number:****05538638****Balance Sheet****as at 30 September 2024**

	2024	2023
	£	£
Fixed assets	362	402
Current assets	1,783	4,277
Creditors: amounts falling due within one year	(4,129)	(3,828)
Net current (liabilities)/assets	(2,346)	449
Total assets less current liabilities	(1,984)	851
Net (liabilities)/assets	(1,984)	851
 Capital and reserves	 (1,984)	 851
	Number	Number
Average number of employees	0	0

The company is a private company limited by shares and incorporated in England. Its registered office is 137 Abbots Gardens, London, England, N2 0JJ.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachel Abedi

Director

Approved by the board on 24 June 2025

REFLECTION NETWORK LTD
Detailed profit and loss account items
for the year ended 30 September 2024

This schedule does not form part of the statutory accounts

	2024	2023
	£	£
Sales		
Sales	<u>5,478</u>	<u>5,803</u>
Other income		
Other operating income	<u>20,600</u>	<u>11,014</u>
Depreciation and other amounts written off assets		
Depreciation	<u>40</u>	<u>46</u>
Other charges		
Premises costs:		
Rent	<u>-</u>	<u>2,320</u>
	<u>-</u>	<u>2,320</u>
General administrative expenses:		
Bank charges	61	62
Insurance	-	227
Software	94	83
	<u>155</u>	<u>372</u>
Legal and professional costs:		
Accountancy fees	300	300
	<u>300</u>	<u>300</u>
Other		
Other direct costs	28,418	14,109
	<u>28,418</u>	<u>14,109</u>
	<u>28,873</u>	<u>17,101</u>

REFLECTION NETWORK LTD
Detailed balance sheet items
as at 30 September 2024

This schedule does not form part of the statutory accounts and should NOT be sent to HMRC

	2024	2023
	£	£
Fixed assets		
Plant and machinery etc	<u>362</u>	<u>402</u>
Current assets		
Cash at bank and in hand	<u>1,783</u>	<u>4,277</u>
Creditors: amounts falling due within one year		
Other creditors	<u>4,129</u>	<u>3,828</u>
Capital and reserves		
Profit and loss account	<u>(1,984)</u>	<u>851</u>
Profit and loss account		
Brought forward	851	1,181
Loss	<u>(2,835)</u>	<u>(330)</u>
	<u>(1,984)</u>	<u>851</u>



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Reflection Network Ltd

On accounts for the year
ended

30 September 2024

Charity no
(if any)

1115145

Set out on pages

1 to 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *Sajjad Tejani*

Date: 29/07/2025

Name: Mr Sajjad Tejani

Relevant professional
qualification(s) or body
(if any):

ACCA

Address:

Suite G1, Hartsbourne House, Delta Gain

Watford

WD19 5EF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.