

**Minutes of the Annual General Meeting of Success After Stroke
held at the Stevenson Centre
on Tuesday 16 May 2023 at 10.00 am**

The Chairman, Haydn Hertz, opened the meeting by welcoming everyone to the 2023 AGM.

1) Apologies for Absence:

Received from: Geoff Heald, Sheila Marchant, Judy Davey, Sue Hume, Fiona Yerofeyev and Richard Warner.

2) Manager's Report for AGM 16 May 2023 – Sarah Jane Lewis (SJL)

SJL thanked all present for their support noting that she had been a part of this wonderful organisation for ten years now, and confidently said that being a part of the SAS community had been nothing short of life-changing.

As someone who had witnessed the devastating impact of stroke, seeing the work that Success After Stroke does in helping survivors reclaim their lives has been truly inspiring. Over the years, we have come together to create some unforgettable memories and amazing experiences. We have shared so many memories together of outings, talks, parties and even amusing physio sessions. All these experiences have not only brought us closer together, but they have also helped many of you heal and find joy in life once again.

None of these events would have been possible without the hard work and dedication of our volunteers and therapists. Their tireless efforts have made the difference in so many lives, and we have been extremely fortunate to have had such wonderful people as part of our community. We are grateful for all that they do, and we cannot thank them enough.

However this morning, we cannot forget to bid farewell to one of our own – Loudon Greenlees, who is planning to stop acting as Treasurer but will stay on as a Trustee,

In conclusion, I would like to thank each and every one of you who have chosen to be part of this incredible charity, trustees, members, therapists and volunteers – you are the reason why we have been able to make a significant difference in the lives of stroke survivors.

3) The Treasurer's Report: Loudon Greenlees (LIG)

LIG opened reminding the members that as has always been the case in even-numbered years, 2022 proved to be a record year due to a combination of restarting the biennial Carol Service fund-raiser and a very substantial increase in donations, SAS's gross income for the year reached £125,393 compared to the 2021 income for the year of £51,895. Expenses for the year, even with the restart of the Carol Service, were contained at £81,989, compared to the 2021 adjusted costs of £64,738 creating an unusually large surplus for the year.

As a result, the cash balance at 31 December 2022 rose by £33,404 to £162,579 plus a further £10,000 in the CCLA Multi-Asset Investment Portfolio, an investment that we made in November 2022.

Income

After all the uncertainty of lockdown when events were often arranged and then had to be cancelled, 2022 started for SAS with an enormous bang: an anonymous donor gave us £25,000 to be

spent entirely at the Trustees' discretion. This gift was closely followed by a donation of £10,000 from a longstanding supporter, the Harebell Trust, and £5,000 from the Witherin Foundation who approached us with no previous connection. In July, Haydn Hertz and a group of his contacts undertook the "How far in 50" challenge which involved cycling for 50 hours to see how far they could travel. The participants were sponsored and raised a total of £12,800 of which it was agreed that SAS should retain £6,374.

The SAS Carol Service was again held in Long Melford church, and featured the Robinson College Chapel choir from Cambridge. We managed to sell 540 tickets and realised a surplus on the night of £22,300 with gift aid recovery of about £2,500 for a total raised of £24,800. I am sure that you will all agree that this was a fantastic result due to the efforts of all the members of the committee. We had another lovely surprise when, in late November, the executor of the estate of a Mrs Fakes, resident in Norfolk, wrote to us and advised that her will had required that her residual estate was to be divided equally between four east Anglian charities and we received £9,921.00. Finally a team of fund raisers [Liz Alston and her 2 daughters] held a two day Christmas fair at Leaven Hall and raised in excess of £5,000.

Expenditure

To be fair, 2021 could only be described as an unusual year. Because the Covid pandemic resulted in greatly reduced activity, our costs were reduced accordingly. Cornard Council also agreed to waive our rent from April 2019 until September 2021 as we only operated with much reduced therapy activity and SJ Lewis was furloughed for nine months.

2022 therapist costs were back to "normal" levels with most activities returning to 2019 levels. Early in the new year, we started incurring costs for the Carol Service and had our first theatre visit sponsored by the Liz Greene Fund since 2018.

4) The Chairman's Report: Haydn Hertz (HJH)

HH opened by thanking all present for attending and hoped to fill the gaps that had been left after the earlier reports. Expressing concern that he might forget someone, HJH thanked all the volunteers, the therapists, and the trustees for everything they do.

He noted that LIG had reported that the financial position was on a strong footing and that the Carol Service not only contributed considerably to our income but was a wonderful event.

As SJL advised there have been many other events and every penny raised is appreciated. We have had a decent year with not only the arrival of some new members, some of whom we are delighted to see today but also some new equipment. This equipment is already proving beneficial

HJH noted that SJL briefly mentioned LIG's retirement and HJH commented that after many years commitment to SAS, LIG had decided it was time for him to step down as Treasurer. HJH thanked him for his efforts and confirmed that he would remain a trustee of SAS.

5) Vote on the ratification of individual Trustees and SAS Officers (HJH)

a) Trustees

HJH noted that under the terms of charity's Constitution it is a requirement for all trustees to stand for re-election annually and it is proposed that HJH, Richard Furlonger, Loudon Greenlees, Barbara Slade, Viv Bourne and Geoffrey Bourne continue as Trustees.

HJH also noted that the Trustees had proposed that Elizabeth Alston be appointed as a new Trustee. Lizzie has, for a number of years, chaired the biennial Brushstrokes Art Exhibition Committee providing ideas and guidance to make it the success that it has been. HJH proposed that the re-appointment of the Trustees and the appointment of Elizabeth Alston be approved by the meeting *en bloc*. Following a vote by a show of hands, HJH declared that both the proposal had been approved unanimously.

b) Members' Committee (MC)

HJH then turned to the members of the Members' Committee, noting that these appointments should also be re-confirmed by the Members. HJH noted The Committee currently consisted of:

Haydn Hertz - Chairman
Bryan Moss
Fiona Yerofeyev
Sue Hume
Judy Davey
Bob Williams
Christine Stibbe

As all of these members of the Committee had agreed to continue in office, HJH proposed that the meeting should also approve all of these appointments *en bloc*. Following a vote by a show of hands HJH declared the proposal approved unanimously.

6) Any Other Business

- Fran Williams asked if more trips would be possible particularly as the financial situation now seems more stable. HJH replied that funds are available and it is not the intention to restrict activities. Any trips to be considered should be reasonable and beneficial to the Members.
- Phil Rietti raised the issue of the purchase of a mini-bus. HJH replied that transport is a major factor for our Members. The Trustees had discussed the matter at recent meetings and felt having our own minibus wasn't a viable option but better coordination of car-sharing and making better use of the current local mini bus/taxi service was worth further examination.
- Richard Furlonger reminded Members that they can speak to their MC representatives where personal issues, such as transport, can be raised at MC meetings and thereafter referred to Trustee meetings.
- James Finch expressed his thanks for the warm welcome extended to his wife, Jeannette, as a new Member.

There being no further matters raised, HJH declared the meeting closed.



12/6/2023



**Success
AfterStroke**

Registered Charity No. 1115016



Receipts and Payments Account for the Year ended 31 December 2022

	General Funds £	Liz Greene Fund £	2022 Total £	2021 £
Receipts				
Donations	55,411		55,411	29,003
Grants	10,000		10,000	5,000
Furlough Grants			0	4,761
Fundraising	47,863		47,863	1,644
Subscriptions	10,057		10,057	9,501
Events	-	380	380	-
Gift Aid Recovered	503		503	1,971
Interest Income	1,103	76	1,179	15
Total receipts	124,937	456	125,393	51,895
Payments				
Rent	10,160		10,160	3,030
Therapist Fees	34,718		34,718	26,015
Fundraising Costs	10,404		10,404	272
Administration Salaries	968		968	11,063
Members Support Costs	17,635		17,635	17,086
Printing and Postage	329		329	400
Insurance and Administration	4,655		4,655	4,849
IT Support	167		167	30
Art and Pottery	-		-	-
Equipment	1,628		1,628	1,993
Events	300	1,025	1,325	-
Purchase of CCLA Investment Fund units	10,000		10,000	-
Total payments	90,964	1,025	91,989	64,738
Suplus / (Deficit) of Receipts over Payme	33,973	(569)	33,404	(12,843)
Movement of Funds				
Balance 1st January	120,852	8,322	129,174	142,017
Surplus / (Deficit) for the year	33,973	(569)	33,404	(12,843)
Balance at 31st December	154,825	7,753	162,578	129,174

Represented by

Cash at Bank	23,592	16,366
Deposit with CCLA	138,987	112,808
	<u>162,579</u>	<u>129,174</u>

	Cost	Mkt Value	
Units in CCLA Charities Investment Fund	£10,000	£9,765	£nil

Signed on behalf of the Trustees:

Haydn J. Hertz (Chairman)

Loudon I. Greenlees (Treasurer)



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Success after Stroke

On accounts for the year
ended

31 December 2022

Charity no
(if any) 1115016

Set out on pages

3

(remember to provide the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 18 April 2023

Name: Hilary Spivey

Relevant professional
qualification(s) or body
(if any):

ACA

Address: 52 Friars Street, Sudbury, Suffolk CO10 2AG

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of
any items that the
examiner wishes to
disclose.

NIA