

SUCCESS AFTER STROKE

England & Wales · Charity number 1115016

Details

Other names	S.A.S.
Status	Registered
Legal form	Other
Registered	2006-06-30
Register	View on the Charity Commission register

Contact

Address	The Stevenson Centre Stevenson Approach Great Cornard Sudbury Suffolk CO10 0WD
Phone	07434 931962
Email	info@successafterstroke.org.uk
Website	www.successafterstroke.org.uk

Activities

Objects: TO OFFER RELIEF, SUPPORT AND BENEFIT TO THOSE SUFFERING FROM THE EFFECTS OF A STROKE AND LIVING IN THE COUNTIES OF ESSEX, SUFFOLK AND NORFOLK BY THE PROVISION OF A RANGE OF FACILITIES AND ACTIVITIES SO THAT THEIR CONDITION OF LIFE MAY BE IMPROVED.

Activities: Offering relief, support and benefit to those suffering from the effects of a stroke and living in the counties of Essex, Suffolk and Norfolk, by the provision of a range of facilities and activities, so that their condition of life may be improved.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

Geography

- **Area of benefit:** ESSEX, SUFFOLK AND NORFOLK
- Essex
- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£146,745	£153,582	-	-
2023-12-31	£114,038	£90,486	-	-
2022-12-31	£125,393	£91,989	-	-
2021-12-31	£51,895	£64,738	-	-
2020-12-31	£93,087	£86,723	-	-

Trustees

Name	Role	Appointed
HILARY SPIVEY	Chair	2023-11-09
AILEEN VIVIEN BOURNE		
Elizabeth Sally Alston		2023-04-14
GEOFFREY DAVID BOURNE		
RICHARD CHARLES LOGAN FURLONGER		2012-07-29

SUCCESS AFTER STROKE

England & Wales - Charity number 1115016

Accounts

SUCCESS AFTER STROKE

(Registered charity no 1115016)

TRUSTEE ANNUAL REPORT

The receipts and payments accounts for the year ended 31 December 2024 have been reviewed and approved by the Trustees at their meeting on 7 March 2025 and approved by the Independent Examiner, Ms Tracy Martin of T-A Accounts Limited.

REVIEW OF THE YEAR

We are very pleased that our two major fundraising events in 2024 were so successful. These were the Brushstrokes Art Sale in Sudbury Arts Centre and the Carol Service held in Long Melford Church. These fund raising events are very necessary for us as demand for our services continues to grow and the cost of providing them grows ever higher. We have a waiting list of stroke survivors who want and need to join us but we just do not have the physical space at the Stevenson Centre or the therapist and other resources to provide the services they so desperately need.

Our aim is for our members and their families to enjoy as fulfilling and successful a life after their stroke as possible. We do this through speech and language therapy sessions, through physiotherapy sessions, through socialisation sessions (also known as coffee mornings, outings and similar) so members can share experiences, well being counselling so members and their carers can work through the mental trauma of a stroke, plus singing and art classes. The art classes in particular reveal just how talented our members (and in fact all of us) are, members come to relearn old skills and some come to discover skills they never knew they had.

In 2024 we increased the amount of speech and language sessions and physiotherapy sessions available to our members and we are now looking for additional funding for this so we can continue to provide these much needed services throughout 2025 and for the foreseeable future.

FINANCIAL COMMENTARY

A summary of the results are below. Our two major fundraising events, generated surpluses of over £21,000 from Brushstrokes and over £26,000 from the Carol Service which are record amounts and our volunteers did incredibly well to make this happen. Donations in 2024 were in line with expectations and again we remain very grateful to all the families and friends of our members who do such sterling efforts in raising funds for the charity. On the payment side we increased our therapist spend by nearly £7,000 to slightly over £47,000.

Significant donations this year included £10,000 from the Harebell Trust which is a regular donor to the charity plus sponsorship of our fundraising events from James Buckle, the Witheren Foundation and the D S Smith Charitable Foundation. We are very grateful to all of them and to the many other groups and individuals who have contributed to the charity.

In addition to grants and donations, Gift Aid remained steady at just over £3,000 compared to £3,800 in 2023 which mainly reflected the recovery of gift aid on the 2022 Carol Service donations. Interest income grew slightly from £6,031 to £7,518 due to a combination of increased cash balances and higher interest rates.

Summary of Income & Expenditure Account 2024 and 2023

	2024	2023	Change
Receipts	146,745	114,038	29%
Payments (excluding investment)	133,582	90,486	48%
Surplus / (Deficit) before investment	13,163	23,552	-44%
Cash invested	20,000	-	+20,000
Surplus / (Deficit) after investment	(6,837)	23,552	-44%
Cash Balance	179,293	186,130	-4%
Cash Balance including cost of investments	209,293	196,130	7%

The total expenses paid (excluding investments purchased) increased in the year from £90,486 to £133,582 and the main contributors to this £43,000 increase in expenditure resulted from:

- Therapist Fees increased by nearly £7,000 due to a combination of increased fees and additional hours contracted;
- Fund raising costs in 2024 increased by over £36,000 to £38,000 compared to less than £3,000 in 2023 as a result of the two major fundraising events in the year.

At the start of the year we invested £20,000 in the purchase of units in the CCLA Charities Investment Fund to add to the £10,000 invested in 2022. Investment performance to 31 December 2024 has been steady with the units worth £32,494 at year end.

Conversion to CIO

The charity is converting to a CIO and the replacement charity, Success After Stroke has now been set up (charity registration no. 1211565). Following members approval for this we plan to vest all the property of the current charity into the CIO in April this year. Once the transition has been completed we will wind up the current charity. From a member user and donor perspective nothing is changing apart from the bank account, it is only the legal form in which we carry out our current activities that changes.

Trustee Changes

In September 2024 Haydn Hertz retired as chairman and trustee after three years serving as chairman. The charity expresses its gratitude to him for his effective and tireless work over the years for the charity. In the interim Hilary Spivey has agreed to act as chairman.

Approved by the Trustees on 7 March 2025



Hilary Spivey - Chairman

Receipts and Payments Account for the Year ended 31 December 2024

	General Funds	Liz Greene Fund	Restricted Funds	2024 Total	2023 Total
	£	£		£	£
Receipts					
Fundraising	84,743			84,743	1,705
Donations	36,297			36,297	92,411
Subscriptions	9,420			9,420	9,010
Interest Income	7,222	296		7,518	6,031
Grants	-		5,000	5,000	-
Gift Aid Recovered	3,021			3,021	3,842
Sundry Income	297			297	-
Members outings	129	320		449	1,039
Total receipts	141,129	616	5,000	146,745	114,038
Payments					
Therapist Costs	43,436		3,837	47,273	40,492
Fundraising Costs	37,416			37,416	923
Members Support Costs	20,103			20,103	19,294
Rent	12,242			12,242	11,044
Administration Salaries	6,930			6,930	6,600
Insurance and Administration	5,851			5,851	4,532
Members outings	517	2,049		2,566	2,579
Equipment Purchased	558			558	2,405
IT Support	420			420	822
Printing and Postage	201			201	484
Art and Pottery	22			22	1,311
Allocation of general overheads	(1,163)		1,163	-	-
Purchase of CCLA Investment Fund units	20,000			20,000	-
Total payments	146,533	2,049	5,000	153,582	90,486
Surplus / (Deficit) of Receipts over Payments	(5,404)	(1,433)	-	(6,837)	23,552
Movement of Funds (Cash)					
Balance 1 January	178,802	7,328	-	186,130	162,578
Surplus / (Deficit) for the year	(5,404)	(1,433)	-	6,837	23,552
Balance at 31 December	173,398	5,895	-	179,293	186,130
Represented by					
Cash at Bank				26,757	21,112
Deposit with CCLA				152,536	165,018
				179,293	186,130

In addition to the above bank accounts the charity holds investments in the CCLA Charities Investment Fund. These investments are General Fund assets.

		2024	2023
		Mkt Value	Mkt Value
Accumulation Units in CCLA Charities Investment Fund	Cost	£30,000	£10,000
	Value	£32,494	£10,989

Signed on behalf of the Trustees:


Hilary Spivey (Chairman)


Richard Furlonger (Trustee)

Independent examiner's report to the trustees of Success After Stroke, Charity number 1115016

I report to the trustees on my examination of the accounts of Success After Stroke for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charities accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Tracy Martin

Relevant professional qualification or membership of professional bodies: FMAAT

Address: 15 Gainsborough Street, Sudbury, Suffolk, CO10 2EU

Date 29.04.2025

SUCCESS AFTER STROKE

England & Wales - Charity number 1115016

Accounts

SUCCESS AFTER STROKE

(Registered charity no 1115016)

TRUSTEE ANNUAL REPORT

The receipts and payments accounts for the year ended 31 December 2023 has been reviewed and approved by the Trustees at their meeting on 23 April and approved by the Independent Examiner, Ms Tracy Martin of T-A Accounts Limited.

FINANCIAL COMMENTARY

We are very pleased that with the worst of the covid pandemic very much behind us we and our members have been able to get back to ensuring our members and their families can enjoy as fulfilling and successful life after their stroke as is possible. We have increased the amount of physiotherapy sessions on offer to members and our singing and art classes continue to be enjoyed by many of our members. These classes are enjoyed by those who come to them to relearn old skills and some who come to discover skills they never knew they had.

A summary of the results are below. Income for 2022 included one two major fundraising events, How Far in 50, a cycling event and the Carol Service. These two events generated nearly £40,000 of income in 2022 so in fact income for 2023 held up very well, primarily due to increased donations. On the payment side we increased our physiotherapist spend by nearly £6,000 to slightly over £40,000 and we also recruited Jo Riddlestone as our administrator in November 2022 and this has increased expenses in the year but I think we can all say this is money very well spent.

Summary of Income & Expenditure Account 2022-2023

	2023	2022	Change
Receipts	114,038	125,393	Down 9.1%
Payments (excl investment)	90,486	81,989	Up 10.4%
Cash invested with CCLA	-	10,000	
Surplus / (Deficit)	23,552	33,404	(29.9%)
Cash Balance	186,130	162,578	Up 14.4%

Significant donations this year included £40,000 from the Prince Eden Charitable Trust and £10,000 from the Harebell Trust which is a regular donor to the charity. Stratford Hills Horse Trials donated £7,000 and the D'Oyly Tarte theatre company donated £6,000 in memory of Amanda Warner, one of their actors.

In addition to grants & donations, Gift Aid recovered increased from £503 to £3,842 mainly due to recovering gift aid in 2023 on the 2022 Carol Service and interest income which grew from £1,179 to £6,031 due to a combination of increased cash balances and higher interest rates.

The total expenses paid increased in the year from £81,989 to £90,486 and the main contributors to the increase in expenditure resulted from:

- Therapist Fees increased by 17% due to a combination of increased fees and additional staff;
- In November 2022 we recruited Jo Riddleston to handle our administration and so our staff costs in 2023, which includes SJ as well, rose considerably with costs increasing by nearly 40% to almost £26,000. ;
- Staff Outings & Events increased by £1,254 as activity levels increased;
- Rent increased by £1,000 due to inflation and an increase in the space used;
- Fund raising costs in 2023 were much lower than 2022 as we did not have the Carol Service.

In 2022 £10,000 of the expenditure was actually an investment in a CCLA Investment Fund for Charities. During 2023 we did not make any further investment in this fund but since the end of 2023, the Trustees have decided to invest a further £20,000 in this fund and this was done in January 2024.

Trustee Changes

In April 2023 Liz Alston was appointed trustee, she has for many years been chair of the biennial Brushstrokes Art Exhibition Committee providing ideas and guidance to make it the success that it has been. In May 2023 Loudon Greenlees stepped down as Treasurer, a role he has fulfilled meticulously for over ten years, he remains as trustee. In November 2023 Hilary Spivey was appointed trustee and Treasurer. Since the year end Barbara Slade has stepped down as trustee and the charity expresses its gratitude to her for her tireless work over many years in assisting both her fellow trustees and the members of the charity.

Approved by the Trustees on 23 April 2024



Haydn Hertz - Chairman

Receipts and Payments Account for the Year ended 31 December 2023

	General Funds £	Liz Greene Fund £	2023 Total £	2022 Total £
Receipts				
Donations	92,411		92,411	65,411
Fundraising	1,705		1,705	47,863
Subscriptions	9,010		9,010	10,057
Events	721	318	1,039	380
Gift Aid Recovered	3,842		3,842	503
Interest Income	5,754	277	6,031	1,179
Total receipts	113,443	595	114,038	125,393
Payments				
Rent	11,044		11,044	10,160
Therapist Fees	40,492		40,492	34,718
Fundraising Costs	923		923	10,404
Administration Salaries	6,600		6,600	968
Members Support Costs	19,294		19,294	17,635
Printing and Postage	484		484	329
Insurance and Administration	4,532		4,532	4,655
IT Support	822		822	167
Art and Pottery	1,311		1,311	-
Equipment Purchased	2,405		2,405	1,628
Events	1,559	1,020	2,579	1,325
Purchase of CCLA Investment Fund units	-		-	10,000
Total payments	89,466	1,020	90,486	91,989
Suplus / (Deficit) of Receipts over Payments	23,977	(425)	23,552	33,404
Movement of Funds (Cash)				
Balance 1 January	154,825	7,753	162,578	129,174
Surplus / (Deficit) for the year	23,977	(425)	23,552	33,404
Balance at 31 December	178,802	7,328	186,130	162,578
Represented by				
Cash at Bank			21,112	23,592
Deposit with CCLA			165,018	138,986
			186,130	162,578

In addition to the above bank accounts the charity holds investments in the CCLA Charities Investment Fund. These investments are General Fund assets.

	2023		2022
	Cost	Mkt Value	Mkt Value
Accumulation Units in CCLA Charities Investment Fund (General Fund)	£10,000	£10,989	£9,765

Signed on behalf of the Trustees:



Haydn J. Hertz (Chairman)



Hilary Spivey (Treasurer)

Independent examiner's report to the trustees of Success After Stroke, Charity number 1115016

I report to the trustees on my examination of the accounts of Success After Stroke for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charities accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Tracy Martin

Relevant professional qualification or membership of professional bodies: FMAAT

Address: 15 Gainsborough Street, Sudbury, Suffolk, CO10 2EU

Date 02.05.24

SUCCESS AFTER STROKE

England & Wales - Charity number 1115016

Accounts

**Minutes of the Annual General Meeting of Success After Stroke
held at the Stevenson Centre
on Tuesday 16 May 2023 at 10.00 am**

The Chairman, Haydn Hertz, opened the meeting by welcoming everyone to the 2023 AGM.

1) Apologies for Absence:

Received from: Geoff Heald, Sheila Marchant, Judy Davey, Sue Hume, Fiona Yerofeyev and Richard Warner.

2) Manager's Report for AGM 16 May 2023 – Sarah Jane Lewis (SJL)

SJL thanked all present for their support noting that she had been a part of this wonderful organisation for ten years now, and confidently said that being a part of the SAS community had been nothing short of life-changing.

As someone who had witnessed the devastating impact of stroke, seeing the work that Success After Stroke does in helping survivors reclaim their lives has been truly inspiring. Over the years, we have come together to create some unforgettable memories and amazing experiences. We have shared so many memories together of outings, talks, parties and even amusing physio sessions. All these experiences have not only brought us closer together, but they have also helped many of you heal and find joy in life once again.

None of these events would have been possible without the hard work and dedication of our volunteers and therapists. Their tireless efforts have made the difference in so many lives, and we have been extremely fortunate to have had such wonderful people as part of our community. We are grateful for all that they do, and we cannot thank them enough.

However this morning, we cannot forget to bid farewell to one of our own – Loudon Greenlees, who is planning to stop acting as Treasurer but will stay on as a Trustee,

In conclusion, I would like to thank each and every one of you who have chosen to be part of this incredible charity, trustees, members, therapists and volunteers – you are the reason why we have been able to make a significant difference in the lives of stroke survivors.

3) The Treasurer's Report: Loudon Greenlees (LIG)

LIG opened reminding the members that as has always been the case in even-numbered years, 2022 proved to be a record year due to a combination of restarting the biennial Carol Service fund-raiser and a very substantial increase in donations, SAS's gross income for the year reached £125,393 compared to the 2021 income for the year of £51,895. Expenses for the year, even with the restart of the Carol Service, were contained at £81,989, compared to the 2021 adjusted costs of £64,738 creating an unusually large surplus for the year.

As a result, the cash balance at 31 December 2022 rose by £33,404 to £162,579 plus a further £10,000 in the CCLA Multi-Asset Investment Portfolio, an investment that we made in November 2022.

Income

After all the uncertainty of lockdown when events were often arranged and then had to be cancelled, 2022 started for SAS with an enormous bang: an anonymous donor gave us £25,000 to be

spent entirely at the Trustees' discretion. This gift was closely followed by a donation of £10,000 from a longstanding supporter, the Harebell Trust, and £5,000 from the Witherin Foundation who approached us with no previous connection. In July, Haydn Hertz and a group of his contacts undertook the "How far in 50" challenge which involved cycling for 50 hours to see how far they could travel. The participants were sponsored and raised a total of £12,800 of which it was agreed that SAS should retain £6,374.

The SAS Carol Service was again held in Long Melford church, and featured the Robinson College Chapel choir from Cambridge. We managed to sell 540 tickets and realised a surplus on the night of £22,300 with gift aid recovery of about £2,500 for a total raised of £24,800. I am sure that you will all agree that this was a fantastic result due to the efforts of all the members of the committee. We had another lovely surprise when, in late November, the executor of the estate of a Mrs Fakes, resident in Norfolk, wrote to us and advised that her will had required that her residual estate was to be divided equally between four east Anglian charities and we received £9,921.00. Finally a team of fund raisers [Liz Alston and her 2 daughters] held a two day Christmas fair at Leaven Hall and raised in excess of £5,000.

Expenditure

To be fair, 2021 could only be described as an unusual year. Because the Covid pandemic resulted in greatly reduced activity, our costs were reduced accordingly. Cornard Council also agreed to waive our rent from April 2019 until September 2021 as we only operated with much reduced therapy activity and SJ Lewis was furloughed for nine months.

2022 therapist costs were back to "normal" levels with most activities returning to 2019 levels. Early in the new year, we started incurring costs for the Carol Service and had our first theatre visit sponsored by the Liz Greene Fund since 2018.

4) The Chairman's Report: Haydn Hertz (HJH)

HH opened by thanking all present for attending and hoped to fill the gaps that had been left after th earlier reports. Expressing concern that he might forget someone, HJH thanked all the volunteers, the therapists, and the trustees for everything they do.

He noted that LIG had reported that the financial position was on a strong footing and that the Carol Service not only contributed considerably to our income but was a wonderful event.

As SJL advised there have been many other events and every penny raised is appreciated. We have had a decent year with not only the arrival of some new members, some of whom we are delighted to see today but also some new equipment. This equipment is already proving beneficial

HJH noted that SJL briefly mentioned LIG's retirement and HJH commented that after many years commitment to SAS, LIG had decided it was time for him to step down as Treasurer. HJH thanked him for his efforts and confirmed that he would remain a trustee of SAS.

5) Vote on the ratification of individual Trustees and SAS Officers (HJH)

a) Trustees

HJH noted that under the terms of charity's Constitution it is a requirement for all trustees to stand for re-election annually and it is proposed that HJH, Richard Furlonger, Loudon Greenlees, Barbara Slade, Viv Bourne and Geoffrey Bourne continue as Trustees.

HJH also noted that the Trustees had proposed that Elizabeth Alston be appointed as a new Trustee. Lizzie has, for a number of years, chaired the biennial Brushstrokes Art Exhibition Committee providing ideas and guidance to make it the success that it has been. HJH proposed that the re-appointment of the Trustees and the appointment of Elizabeth Alston be approved by the meeting *en bloc*. Following a vote by a show of hands, HJH declared that both the proposal had been approved unanimously.

b) Members' Committee (MC)

HJH then turned to the members of the Members' Committee, noting that these appointments should also be re-confirmed by the Members. HJH noted The Committee currently consisted of:

Haydn Hertz - Chairman
Bryan Moss
Fiona Yerofeyev
Sue Hume
Judy Davey
Bob Williams
Christine Stibbe

As all of these members of the Committee had agreed to continue in office, HJH proposed that the meeting should also approve all of these appointments *en bloc*. Following a vote by a show of hands HJH declared the proposal approved unanimously.

6) Any Other Business

- Fran Williams asked if more trips would be possible particularly as the financial situation now seems more stable. HJH replied that funds are available and it is not the intention to restrict activities. Any trips to be considered should be reasonable and beneficial to the Members.
- Phil Rietti raised the issue of the purchase of a mini-bus. HJH replied that transport is a major factor for our Members. The Trustees had discussed the matter at recent meetings and felt having our own minibus wasn't a viable option but better coordination of car-sharing and making better use of the current local mini bus/taxi service was worth further examination.
- Richard Furlonger reminded Members that they can speak to their MC representatives where personal issues, such as transport, can be raised at MC meetings and thereafter referred to Trustee meetings.
- James Finch expressed his thanks for the warm welcome extended to his wife, Jeannette, as a new Member.

There being no further matters raised, HJH declared the meeting closed.



12/6/2023



**Success
AfterStroke**

Registered Charity No. 1115016



Receipts and Payments Account for the Year ended 31 December 2022

	General Funds £	Liz Greene Fund £	2022 Total £	2021 £
Receipts				
Donations	55,411		55,411	29,003
Grants	10,000		10,000	5,000
Furlough Grants			0	4,761
Fundraising	47,863		47,863	1,644
Subscriptions	10,057		10,057	9,501
Events	-	380	380	-
Gift Aid Recovered	503		503	1,971
Interest Income	1,103	76	1,179	15
Total receipts	124,937	456	125,393	51,895
Payments				
Rent	10,160		10,160	3,030
Therapist Fees	34,718		34,718	26,015
Fundraising Costs	10,404		10,404	272
Administration Salaries	968		968	11,063
Members Support Costs	17,635		17,635	17,086
Printing and Postage	329		329	400
Insurance and Administration	4,655		4,655	4,849
IT Support	167		167	30
Art and Pottery	-		-	-
Equipment	1,628		1,628	1,993
Events	300	1,025	1,325	-
Purchase of CCLA Investment Fund units	10,000		10,000	-
Total payments	90,964	1,025	91,989	64,738
Surplus / (Deficit) of Receipts over Payme	33,973	(569)	33,404	(12,843)
Movement of Funds				
Balance 1st January	120,852	8,322	129,174	142,017
Surplus / (Deficit) for the year	33,973	(569)	33,404	(12,843)
Balance at 31st December	154,825	7,753	162,578	129,174

Represented by

Cash at Bank		23,592	16,366
Deposit with CCLA		138,987	112,808
		<u>162,579</u>	<u>129,174</u>

	Cost	Mkt Value	
Units in CCLA Charities Investment Fund	£10,000	£9,765	£nil

Signed on behalf of the Trustees:

Haydn J. Hertz (Chairman)

Loudon I. Greenlees (Treasurer)



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Success after Stroke

**On accounts for the year
ended**

31 December 2022

**Charity no
(if any)**

1115016

Set out on pages

3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

18 April 2023

Name:

Hilary Spivey

**Relevant professional
qualification(s) or body
(if any):**

ACA

Address:

52 Friars Street, Sudbury, Suffolk CO10 2AG

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

NIA

SUCCESS AFTER STROKE

England & Wales - Charity number 1115016

Accounts

SUCCESS AFTER STROKE TRUSTEES' REPORT FOR THE YEAR ENDING 31 DECEMBER 2021

The Receipts & Payments Account for the year ending 31 December 2021 has been reviewed and approved by the Trustees at their meeting on 8 March and approved by Hilary Spivey, our independent examiner.

a) Financial Commentary

The results for the year ended were obviously affected by the Covid 19 pandemic. No face-to-face meetings were held at all from April 2020 until 9 September 2021 when members began to return. However through the medium of Zoom videoconferencing software, both the senior physiotherapist and the Speech & Language therapists were able to provide two sessions each per week. In addition, we were able to distribute two newsletters per month to all members and volunteers throughout the pandemic lockdowns.

We were able to generate total income of £51.9k compared to total income in 2020 of £93.1k. Expenses in the year amounted to £64.7k compared to the 2020 expenditures of £86.7k. Thus in the year to December 2021, we suffered a deficit of only £12.8k compared to a surplus in 2020 of £6.3k

The 2020 results included the gross sales of the Brushstrokes Art Exhibition including the amount which is repaid to the artists thus in order to show a genuine comparison between the two years I have removed the "grossed up" Brushstrokes impact as follows:

	2021	2020
Gross Income	51,751	93,067
Brushstrokes income	(1,500)	(35,751)
Adjusted Gross Income	50,251	57,361
Gross Costs	64,594	86,723
Brushstrokes costs	-	(22,102)
Adjusted Gross Costs	64,594	64,621
Adjusted Deficit	(14,343)	(7,260)

The 2020 reported surplus of £6,344 therefore falls to an adjusted deficit of £7,260

Adjusted Income

Total adjusted income in 2021 amounted to £50.3k compared to the adjusted 2020 total of £57.4k a reduction of 12.4%. Significant items of income are analysed as follows:

We managed to maintain our donation income at £29k for both years. Grants were made by two regular donors totalling £15.0k in 2021 and, over a 3 month period (Nov-Jan), the 2020 Christmas card appeal raised a total of £12.1k.

We also received a grant of £2.5k from the Catalyst Colchester Fund to fund the purchase of an electronic potter's wheel.

Although the 2020 Brushstrokes Exhibition had to be cut short by the impending lockdown, it raised a net amount of £13.6k in 2020 and a further £1.5k in 2021 with the sale of a picture by Melita after the event.

Adjusted Costs

Total costs in 2021 of £64.6k were in line with the 2020 total adjusted costs.

As a result of Cornard Council agreeing to waive our rent from 1 April 2020 until 31 August 2021 we saved a total of £6.77k in each of 2020 and 2021.

Because we discontinued all the therapies apart from the physiotherapy and SALT, the total cost of therapists for the year was held at £26.0k very much in line with the cost incurred in 2020.

Staff gross salaries appear unchanged year on year but we were able to furlough some of the manager's salary saving a total of £13.1k over the 17 month period. Since the end of December 2021, when the administrator resigned, the trustees have decided not to replace this role at least in the near term.

IT support costs were greatly reduced in line with the levels of activity. The chairman is putting new support contracts in place for both the website maintenance and ongoing usage.

The equipment expenditure in 2021 was in relation to projector and TV screens to improve the quality of video and other presentations.

There were no movements on the Liz Greene Fund during the year due to the fact that we were effectively closed down from April 2020 to September 2021 so no outings were arranged in both years.

b) Queen's Award for Voluntary Service

At the beginning of June 2021, Success After Stroke was awarded the Queen's Award for Voluntary Service (QAVS), the highest award given to volunteer groups across the UK which is also known as the MBE for volunteer groups.

c) Trustee Changes

Haydn Hertz was appointed as a trustee with effect from May 2021 and took over as Chair of Trustees from 1 October.

Richard Furlonger stood down as Chair of Trustees after ten years. He will remain a trustee.

A review will be carried out during 2022 to recruit new trustees to ease the burden on the current board of trustees.



Success AfterStroke

Registered Charity No. 1115016

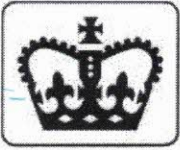
Receipts and Payments Account for the Year ended 31 December 2021

	General Funds £	Liz Greene Fund £	2021 Total £	2020 £
Receipts				
Donations	29,003		29,003	29,959
Grants	5,000		5,000	7,500
Furlough Grants	4,761		4,761	8,357
Fundraising	1,500		1,644	35,751
Subscriptions	9,501		9,501	10,461
Events	-		-	-
Gift Aid Recovered	1,971		1,971	722
Interest Income	14	1	15	317
Total receipts	51,750	1	51,895	93,067
Payments				
Rent	3,030		3,030	2,256
Therapist Fees	26,015		26,015	24,792
Fundraising Costs	272		272	22,102
Administration Salaries	11,063		11,063	8,978
Members Support Costs	17,086		17,086	17,107
Printing and Postage	400		400	778
Insurance and Admin	4,705		4,849	3,565
IT Support	30		30	3,945
Art and Pottery	-		-	700
Equipment	1,993		1,993	2,500
Events	-		-	-
Total payments	64,594	-	64,738	86,723
Suplus / (Deficit) of Receipts over Payments	(12,844)	1	(12,843)	6,344
Movement of Funds				
Balance 1st January	133,696	8,321	142,017	135,673
Surplus / (Deficit) for the year	(12,844)	1	(12,843)	6,344
Balance at 31st December	120,852	8,322	129,174	142,017
Represented by				
Cash at Bank			16,366	22,724
Deposit with CCLA			112,808	119,293
			129,174	142,017

Signed on behalf of the Trustees:

Haydn J Hertz (Chairman)

Loudon Greenlees (Treasurer)



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Success after Stroke

**On accounts for the year
ended**

31 December 2021

**Charity no
(if any)**

1115016

Set out on pages

3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2021.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

H Spivey

Date:

9 March 2022

Name:

Hilary Spivey

**Relevant professional
qualification(s) or body
(if any):**

ACA

Address:

52 Friars Street, Sudbury, Suffolk CO10 2AG

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

SUCCESS AFTER STROKE

England & Wales - Charity number 1115016

Accounts

Trustee's Report 29 March 2021

It was reported that the accounts have been reviewed by our independent examiner, Hilary Spivey.

As our two main fund-raising events (the Brushstrokes Art Exhibition and the Carol Service) normally happen in the even-numbered years, we have in the past managed to generate a financial surplus in those years. In 2020, the country went into lockdown in March for 3 months forcing us to close the Brushstrokes Exhibition two days early. The country then went through an extended period of zonal restrictions followed by another lockdown forcing us to cancel the Carol Service completely. We did however send out Christmas cards advising supporters of the closure and inviting donations.

In the year we achieved total income of £93,067 and total expenditure of £86,723 for a net surplus of £6,344. As a result we finished the year with a cash of 142,017. The Brushstroke Art Exhibition recorded gross sales of £35,751 with costs, including payments to exhibitors, of £22,102 thus generating a net contribution of £14,219 including Gift Aid.

Overall, excluding the income from Brushstrokes, our income fell to £56,740 from £65,765. This total included £29,959 (2019: £41,061) with significant receipts from the Harebell Trust (£10,000), Sudbury Mayor's Fund (£2,000) and Sudbury Rotary Club (£1,800) as well as a number of very generous donations from individuals. Two relatively low key fundraiser events were the "High 5" challenge which raised £1,260 and the Christmas card appeal which raised £8,900. In addition £8,357 in salary furlough payments was received.

In summary, excluding the costs of the Brushstroke, our total payments amounted to £64,621 (2019: £73,236). In addition to the saving of nine months' rent (£6,770), we reduced the activities of the therapists to keep-fit sessions and Speech & Language both carried out over Zoom on a twice-weekly basis. Our Mental Well-being therapist has also been available when required. All our other therapies and activities such as Art & Pottery, computer training, and outings and events have been suspended until we are able to meet again face-to-face. All members have been sent either electronically or by email. In late 2019 we upgraded our computer systems at a cost of £3,945 to make our member records more secure and to facilitate the handover of roles between volunteers in future.

Hopefully we should be able to restart our physical meetings later in the summer.

Richard Furlonger
Chairman

23.3.21



Success AfterStroke

Registered Charity No. 1115016

Receipts and Payments Account for the Year ended 31 December 2020

	General Funds	Liz Greene Fund	2020 Total	2019
	£	£	£	£
Receipts				
Donations	29,959		29,959	41,061
Grants	7,500		7,500	5,000
Furlough Grants	8,357		8,357	-
Fundraising	35,751		35,751	3,389
Subscriptions	10,461		10,461	10,821
Events	-		-	4,746
Gift Aid Recovered	722		722	35
Interest Income	296	21	317	713
Total receipts	93,046	21	93,067	65,765
Payments				
Rent	2,256		2,256	8,316
Therapist Fees	24,792		24,792	26,583
Fundraising Costs	22,102		22,102	849
Administration Salaries	8,978		8,978	8,847
Members Support Costs	17,107		17,107	16,979
Printing and Postage	778		778	105
Insurance and Admin	3,565		3,565	5,017
IT support	3,945		3,945	-
Art and Pottery	700		700	1,141
Equipment	2,500		2,500	1,478
Events	-		-	3,921
Total payments	86,723	-	86,723	73,236
Surplus / (Deficit) of Receipts over Payments	6,323	21	6,344	(7,471)
Movement of Funds				
Balance 1st January	127,352	8,321	135,673	143,144
Surplus / (Deficit) for the year	6,323	21	6,344	(7,471)
Balance at 31st December	133,675	8,342	142,017	135,673
Represented by				
Cash at Bank			22,724	11,698
Deposit with CCLA			119,293	123,975
			142,017	135,673

Signed on behalf of the Trustees:

Richard Furlonger (Chairman)

Loudon Greenlees (Treasurer)



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Success after Stroke

**On accounts for the year
ended**

31 December 2020

**Charity no
(if any)**

1115016

Set out on pages

3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2020.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30 March 2021

Name:

Hilary Spivey

**Relevant professional
qualification(s) or body
(if any):**

ACA

Address:

52 Friars Street, Sudbury, Suffolk CO10 2AG

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).