

Annual Report

For period 1st April 2022 – 31st March 2023



Home-Start Birmingham South is a company Limited by guarantee.

Registered in England and Wales no. 5746423

**Registered Office:
Hampstead House
Condoval Rd
West Heath
Birmingham
B31 3QY**

**T: 0121 476 3759
E: contactus@homestartbirminghamssouth.co.uk
W: www.homestartbirmingham.co.uk**

Registered charity no 1114872

Report from Chair of Trustees

I am pleased to confirm that during this year we supported 119 families in our area, this means that 289 children in these families have benefited.

Our core work is to improve outcomes for children by training and supporting volunteers to visit families with young children in their homes at least once a week. Some of the issues faced are isolation, mental health difficulties, children's behavioural issues and problems with budgeting.

Volunteers can refer families to other agencies that are available for help and advice. This work is mostly funded by Birmingham City Council.

We also run a weekly family group for parents referred to Home-Start.

We provide a wide range of activities to encourage parents to engage with their children in games, crafts, singing and stories. Getting used to routines and boundaries help to prepare the children for school.

During school holidays there have been three trips for our families which included older siblings.

We receive a grant from the National Lottery for this group.

We need to apply for extra funding as BCC does not cover our core costs, we are always encouraged by the support of all our donors. (Listed below)

Our volunteers are vital to all we do; as well as home visiting they support the Family Group.

This year we have not been able to recruit as many volunteers as we need so have increased our coordinators' hours to ensure that families receive the support they need.

Again we are very grateful for the financial support which has made this possible.

I would like to thank our staff team and trustees who have enabled Home-Start Birmingham South to provide these services.

Kate Routley
Chair of Trustees

Aims & Objectives

What we do

Home-Start is a voluntary organisation which offers a unique service to children and their families who live in the Northfield and Selly Oak districts of Birmingham. By providing practical and emotional support in the home environment we help families overcome challenges they are facing.

Families referred to our service can also access our weekly run Family Nurture Group where children under 5 and their parent / carer attend to play, socialise, learn, and explore new activities together. We also offer trips and outings where the whole family can attend and spend quality time together.

How we do it

We receive referrals from many organisations in the community and families can also self-refer.

Our experienced staff team and trained volunteers offer help and guidance to the families through the challenging times they are facing.

We work closely with local schools, nurseries, health visiting teams, midwives, children's centres, social workers, and many others to provide the support that is needed.

Our future plans

To continue building on our core service of volunteers.

To continue providing access to Family Nurture Group enabling families to relieve isolation and increase child development.

To increase and raise our service profile.

To broaden our sources of income.

To employ a Targeted Support Worker to work alongside families with more complex needs.

To continue to make improvements to our service delivery.

To meet the needs of **every** child referred to our organisation.

Grants & Donations

The Garrod Family Trust The National Lottery
Joseph Hopkins & Henry Sayer William Cadbury
GJW Turner George Henry Collins
Grantham Yorke Trust CB & HH Taylor
Sonia Barrett-Hawkins Roger and Douglas Turner
The Cole Charitable Trust Sir John Middlemore
Roger Osborn Eveson Trust Infosys
We are all making a Difference
Heart of England Awards for All
Edward & Dorothy Cadbury Trust

Christmas gifts donated by

Infosys Deliver Joy Tiddlywinks Nursery Birmingham City Mission

Christmas hampers donated by

Birmingham Basket Brigade

John Lewis provided a 'Magical Christmas' to one of our families by gifting them with presents, decorations, and a food hamper. This helped the family to have a very special Christmas and to enjoy the festivities at a time when they were struggling.

All donations and grants help us to meet the increasing demand on our services and to provide intervention support at the time it is needed, preventing the family from reaching crisis point.

Governance & Management

Management Committee

Kate Routley – Chair of Trustees

Vivienne Miller – Vice Chair & Company Secretary

Tony Guest – Treasurer

Sandra Walton – Trustee

Chris Pascal – Trustee

Randal Brew – Trustee

Graham Routley – Trustee

Debbie Clancy – Advisor

Staff Team

Joanne Taylor - Manager

Sonia Barrett-Hawkins – Senior Family and Volunteer Co-ordinator

Sarah McDowall – Family and Volunteer Co-ordinator

Michelle Gauntlett – Family Group Co-ordinator

Justine Cull – Family Group Assistant

Dawn Pulford – Administrative Assistant

Volunteers

We are extremely fortunate to have a team of dedicated volunteers who give their valuable time to support families, helping them through difficult times and to achieve their goals.

Home-Start Birmingham South

(A Charitable Company limited by guarantee)

Year ended 31st March 2023

Company Number 5746423

Charity Number 1114872

Home-Start Birmingham South
Financial statements
Year ended 31st March 2023

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Home-Start Birmingham South

CHARITY INFORMATION

Directors	Randal Brew Anthony Guest Vivienne Miller Christine Pascal Graham Routley Kate Routley Sandra Walton	Treasurer Vice Chair & Company Secretary Chair
Charity Number	1114872	
Company Number	5746423	
Registered Office	Hampstead House Condoover Rd West Heath Birmingham West Midlands B31 3QY	

Home-Start Birmingham South

Trustee's Annual report for Year ended 31 March 2023

The directors who are also trustees of the charity present their accounts for the year ended 31 March 2023

Directors

The directors as named on page 1 have served either throughout or during the year.

Directors are selected from known relevant networks considering the balance of skills and representation required.

Constitution, object and policies

The organisation is a charitable company limited by guarantee, incorporated in March 2006, The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

In planning the charity's activities for the year the trustees kept in mind the Charity Commission guidance on public benefit at their meetings

The objects of the charity are:

- To safeguard, protect and preserve the good health, both physical and mental of children and parents of children
- To prevent cruelty or maltreatment of children
- To relieve sickness, poverty and need amongst children and parents of children
- To promote the education of the public in better standards of childcare

Although an independent scheme, Home Start Birmingham South is affiliated to Home Start U.K.

The manager is responsible for the day to day operational management of the charity

The Charity is grateful, to the number of volunteers who assist and without whom the charity would not exist.

Development, activities and achievements this year.

The charity continues to maintain its core services

For completion, the statistics reported are for the whole year.

Families & Children:

Number of families receiving support: 119
Number of children supported: 289
Number of children under 5: 172
Number of children 5+: 117
Number of families receiving family group only support: 31
(Families receiving both Family Group and Volunteer Support: 15)
Number of children with a child protection plan: 3
Number of children with a child in need plan: 12
Number of children with an Early Help Plan: 57
Number of children with a disability: 7
Parents with a disability: 1
Number of lone parents: 65

Referral sources:

Family Support Workers: 45
Health Visitors: 8
Mental Health Service: 4
Other Home-Starts: 3
Social Workers: 9
Doctor/Midwife: 3
Perinatal: 11
Other: 7
Self: 7

Volunteers

Total of newly trained volunteers: 5
Number of volunteers who have left the scheme: 11

Home-Start Birmingham South

Trustee's Annual report for Year ended 31 March 2023

Financial Review

The Statement of Financial Activities shows an income of £163,018 (2022 £128,452) and expenditure of £126,345 (2022 £105,892) resulting in a surplus of £36,673 (2022 surplus £22,560)

Reserves Policy

The trustee board consider it prudent to retain unrestricted funds equivalent to a minimum of 3 months core operating expenditure to cover potential short term changes in funding and winding up costs as necessary. At 31 March 2023 the reserves are in excess of this target but the board have targeted specific areas that require additional expenditure.

Statement of directors responsibilities

The directors are required under Company Law to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of its results for that period. In preparing those financial statements the trustees are required to:

- (a) select suitable accounting policies and apply them consistently
- (b) make judgments and estimates that are reasonable and prudent
- (c) prepare the financial statements on an on going concern basis unless it is inappropriate to assume that the company will continue in business.

The directors are responsible for the keeping of proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for the safeguarding of the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

Home-Start Birmingham South

By order of the Board of Trustees



Kate Routley
Director & Trustee
13 November 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 31 March 2023 set out on the following pages

Respective responsibilities of trustees and examiner

The trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (1) Examine the accounts under section 145 of the Charities Act
- (2) To follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the Charities Act, and
- (3) To state whether particular matters have come to my attention.

Basis of independent examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(a) which gives me reasonable cause to believe that in any material respect the requirements :

(i) to keep accounting records in accordance with section 130 of the Charities Act; and

(ii) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Act

have not been met: or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Angela Weise-Bent, FCCA
Chartered Certified Accountant
AB Accounting and Taxation Services Limited
17 Gleneagles Drive
Great Barr
Birmingham, B43 7RX

Date : 13 November 2023

Home-Start Birmingham South
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Incoming Resources					
Incoming resources from generating funds					
Voluntary Income	2	-	560	560	886
Activities for generating funds		-	121	121	122
Bank Interest receivable		-	431	431	3
Incoming resources from charitable activities	2	38,230	123,676	161,906	127,441
Total Incoming resources		<u><u>38,230</u></u>	<u><u>124,788</u></u>	<u><u>163,018</u></u>	<u><u>128,452</u></u>
Resources Expended					
Costs of generating funds:					
Charitable Activities	3	27,593	98,514	126,107	105,722
Governance Costs	4	-	238	238	170
Total expenditure		<u><u>27,593</u></u>	<u><u>98,752</u></u>	<u><u>126,345</u></u>	<u><u>105,892</u></u>
Net movement in funds for the year		<u><u>10,637</u></u>	<u><u>26,036</u></u>	<u><u>36,673</u></u>	<u><u>22,560</u></u>
Total funds brought forward		2,307	49,400	51,707	29,147
Transfer between funds		74	- 74	-	-
Total funds carried forward		<u><u>13,018</u></u>	<u><u>75,362</u></u>	<u><u>88,380</u></u>	<u><u>51,707</u></u>

There were no recognised gains or losses for 2023 or 2022 other than those included in the Financial Activities
The turnover and deficit are derived from continuing operations
This Statement of Financial Activities incorporates the same information required for an Income and
Expenditure account under the Companies Acts

Home-Start Birmingham South
BALANCE SHEET AS AT 31 MARCH 2023

	Note	2023	2022
		£	£
Fixed Assets			
Tangible Assets for use by the Company	6	-	-
Current Assets			
Debtors	7	187	173
Cash at bank and in hand	8	91,702	55,712
Total		91,889	55,885
Creditors : amounts falling due within one year	9	3,509	4,178
Net Current Assets		88,380	51,707
Net Assets		88,380	51,707
Represented by			
Funds			
Restricted Funds	10	13,018	2,307
Unrestricted Funds		75,362	49,400
Total		88,380	51,707

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to the small companies regime.

Director's responsibilities;

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Signed and approved on the behalf of the Board on 13 November 2023

A Guest

A Guest
Hon Treasurer and Trustee

Home-Start Birmingham South

Notes to the accounts

Year ended 31st March 2023

1. Accounting Policies

(a) Basis of Accounts Preparation

The financial statements are prepared under the Historic Cost Convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP 2005) and Accounting Standards and the Charities Act 1993

(b) Incoming Resources

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Investment income

This is included in the accounts when receivable.

(c) Expenditure and Liabilities

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

(d) Assets

Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost less depreciation. Office Equipment is depreciated on a 20% written down basis

Home-Start Birmingham South**Notes to the accounts****Year ended 31st March 2023****2. Analysis of Incoming Resources**

	2023		2022
	Restricted	Unrestricted	Total
	£	£	£
Voluntary Income			
Donations	-	560	560
Gift Aid Tax rebate	-	-	326
	<u>-</u>	<u>560</u>	<u>886</u>

Incoming resources from charitable activities**Restricted**

National Lottery	25,751	-	25,751	-
Awards Four All	9,979	-	9,979	-
Joseph Hopkins & Henry James Sayer Trust	500	-	500	-
GJW Turner Trust	1,000	-	1,000	-
CB & HH Taylor Trust	1,000	-	1,000	-
Garrod Family Trust	-	-	-	5,000
Homestart UK	-	-	-	8,902
Garfield Weston	-	-	-	3,916
Birmingham City Council - NDSU	-	-	-	1,908

Unrestricted

Birmingham Community Healthcare	-	70,089	70,089	70,089
The Eveson Charitable Trust	-	20,000	20,000	15,000
Garfield Weston	-	-	-	11,084
Credit Centre UK	-	-	-	6,000
Baron Davenport's Charity	-	-	-	1,000
William A Cadbury Charitable Trust	-	10,000	10,000	-
The George Henry Collins Trust	-	1,000	1,000	-
The Grantham Yorke Trust	-	2,500	2,500	-
Heart of England Community Trust	-	10,813	10,813	-
Roger & Douglas Turner Trust	-	2,000	2,000	-
The Sir John Middlemore Charitable Trust	-	2,000	2,000	2,000
Edward & Dorothy Cadbury Trust	-	2,000	2,000	-
The Cole Trust	-	2,000	2,000	1,500
We Are All Making A Difference	-	1,000	1,000	1,000
Other donations for less than £1000	-	274	274	42
	<u>38,230</u>	<u>123,676</u>	<u>161,906</u>	<u>127,441</u>

Home-Start Birmingham South

Notes to the accounts

Year ended 31st March 2023

3 Analysis of Resources Expended

Charitable activities

			2023 £	2022 £
	Un- restricted	Restricted	Total	Total
Direct Costs				
Salaries, National Insurance and Pensions	86,273	23,237	109,510	86,009
Premises Rent	5,738	1,377	7,115	6,756
Family Group Travel & Outings/ Provisions etc	0	1,347	1,347	124
Staff and Volunteers Expenses	1,294	415	1,709	1,572
Homestart UK Levy	1,849	464	2,313	2,502
Insurance	928	0	928	869
Allocated Support costs(as detailed below)	2,432	753	3,185	7,890
Total	98,514	27,593	126,107	105,722

Support Costs

Telephone & Internet	1,195	0	1,195	1,132
Stationery & Office Supplies	685	126	811	666
Postage	68	7	75	142
Advertising & Publicity	0	0	0	0
Office Equipment & Computer Expenses	167	354	521	1,624
Depreciation	0	0	0	0
Legal & Professional Fees	-50	0	-50	4,085
Sundry Expenses	295	169	464	145
Training	0	97	97	0
Bank Charges	72	0	72	96
Total	2,432	753	3,185	7,890

4. Governance costs

	2023 £	2022 £
Statutory accounts preparation and Independent Examination	200	150
AGM Expenses	38	20
Total	238	170

Home-Start Birmingham South

Notes to the accounts

Year ended 31st March 2023

5. Staff Costs

	2023	2022
	£	£
Wages & Salaries	103,658	88,039
Social Security Costs	3,220	1,875
Pension Costs	2,632	-3,905
Total	<u>109,510</u>	<u>86,009</u>

The average monthly number of employees during the year was as follows:

Management	1	1
Field Workers	3	3
Administrative Staff	1	1
Sessional Workers	1	1
	<u>6</u>	<u>6</u>

6. Tangible fixed assets for use by the Company

	2023	2022
	Total £	Total £
Cost as at 1 April 2022	-	-
Additions	-	-
Disposals	-	-
Cost as at 31 March 2023	<u>-</u>	<u>-</u>
Depreciation as at 1 April 2022	-	-
Charge for the year	-	-
On disposals	-	-
Depreciation as at 31 March 2023	<u>-</u>	<u>-</u>
Net Book Value as at 31 March 2023 & 2022	<u>-</u>	<u>-</u>

7. Debtors

	2023	2022
	£	£
Prepayments	187	173
HMRC	-	-
	<u>187</u>	<u>173</u>

Home-Start Birmingham South

Notes to the accounts

Year ended 31st March 2023

8. Bank and Cash

	2023 £	2022 £
Petty Cash	117	109
Bank Accounts	91,585	55,603
	<u>91,702</u>	<u>55,712</u>

9. Liabilities

	2023 £	2022 £
Amounts due within one year		
Accruals	296	321
HMRC	1,759	1,605
Pension	505	464
Trade Creditors	949	1,788
	<u>3,509</u>	<u>4,178</u>

10. Restricted Fund Movements

	Fund Balances Brought Forward 1 April 2022 £	Incoming Resources £	Transfer £	Outgoing Resources £	Fund Balances Carried Forward 31 March 2023 £
National Lottery	-	25,751	-	22,234	3,517
Award For All	-	9,979	-	478	9,501
Joseph Hopkins & Henry James					
Sayer Trust	-	500	28	528	-
GJW Turner Trust	-	1,000	49	1,049	-
CB & HH Taylor Trust	-	1,000	38	1,038	-
Garfield Weston	1,602	-	-	1,602	-
Birmingham City Council - NDSU	705	-	- 41	664	-
	<u>2,307</u>	<u>38,230</u>	<u>74</u>	<u>27,593</u>	<u>13,018</u>