

HEART OF ASIA

England & Wales · Charity number 1114708

Details

Status Registered

Legal form CIO

Registered 2006-06-17

Register [View on the Charity Commission register](#)

Contact

Address The Old Swan
Alfrick
Worcester
WR6 5HY

Phone 07754052108

Email info@heartofasia.org

Website www.heartofasia.org

Activities

Objects: A THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN ASIA PARTICULARLY THE RURAL AREAS OF THE TIBETAN PLATEAU.B TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF MOTHERS, INFANTS AND YOUNG CHILDREN IN THE AREA MENTIONED THROUGH THE PROVISION OF FINANCIAL ASSISTANCE, SERVICES, SUPPORT, EDUCATION AND PRACTICAL ADVICE TO INCLUDE SUCH PROVISION DIRECTED TO IMPROVING MATERNAL AND INFANT HEALTH.C TO SUPPORT, DEVELOP AND ENCOURAGE THE CREATION OF HEALTH CARE FACILITIES IN RURAL AREAS.D TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO MATERNAL AND INFANT HEALTH, AND IN HEALTH MATTERS GENERALLY.E TO ADVANCE THE EDUCATION OF THE PUBLIC BY PROVISION OF EDUCATION, INSTRUCTION OR TRAINING IN PROFESSIONS, LOCATIONS, INDUSTRIES, TRADES, AND SKILLS, REQUISITE FOR EMPLOYMENT OR SELF EMPLOYMENT.

Activities: Heart of Asia provides funds as specified in the charity's objectives for remote communities in Asia.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Human Resources, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Overseas Aid/famine Relief
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** ASIA
- China
- India

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£64,456	£65,818	-	-
2023-11-30	£68,744	£111,726	-	-
2022-11-30	£53,226	£44,286	-	-
2021-11-30	£68,154	£31,834	-	-
2020-11-30	£65,008	£64,536	-	-

Trustees

Name	Role	Appointed
DIANE BARKER	Chair	
BIRGIT KOTSCHI ACCA MAAT		
Claire McDonald		2018-04-19
LESLEY RHODES		
Valerie Smith		2022-07-01

HEART OF ASIA

England & Wales - Charity number 1114708

Accounts

CHARITY REGISTRATION NUMBER 1114708

HEART OF ASIA

INDEPENDENTLY EXAMINED

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED

30 NOVEMBER 2024

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2024

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HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2024
CHARITY REGISTRATION NUMBER 1114708

The charity's principal address is: The Old Swan, Alfrick, near Worcester, WR6 5UY

Chairperson: Diane Barker

Names of the charity trustees:

Diane Barker
Lesley Rhodes
Birgit Kotschi
Claire McDonald
Valerie Smith

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO).
Governing document: Memorandum and articles of association incorporated 12 November 2003 as amended by special resolution 4 September 2005, converted to Charitable Incorporated Organisation (CIO) - governing document 15 March 2019. New trustees are elected by the board of existing trustees.

Objectives and activities

The objects of the charity continue to be the relief of sickness, the preservation of health and the promotion and advance of education in Asia.
The trustees of Heart of Asia monitored the implementation and progress of funding projects supported during the year and discussed possible future funding projects.
The main activities during the year, to further the charity's purposes for public benefit, was the continued funding in rural China of an orphanage in Yushu (Tibetan: Jyekundo) caring for children orphaned by the 2010 Yushu earthquake. Heart of Asia is now the main funder of the orphanage, providing 75% of the funds needed to sustain the children until they graduate from school and to keep the home going as a base for them until they finish college or University.

In 2016 Heart of Asia initiated a pilot project enabling two nomad families, living in a Chinese Resettlement village, to return to nomad life in the Yilhung area by funding two starter herds of Yak. Heart of Asia continued to support the project during the year with four more families receiving help. The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

Achievement and performance

Heart of Asia continues to support the Yushu orphanage. The annual picnic continues to take place and is a great success.

During the year grants totalling £27,345 were given to the orphanage which was sufficient, along with funding from other sources, to cover expenses. There were no calls for extra funding for the orphanage in the year.

HEART OF ASIA

TRUSTEES' ANNUAL REPORT CONTINUED

FOR THE YEAR ENDED 30 NOVEMBER 2024

CHARITY REGISTRATION NUMBER 1114708

Thirty-four families have been helped under the Return to Nomad Life project since its start in 2016.

During the year £37,054 was given to cover the purchase of Dri, staff wages, transport costs and canvas tents.

The charity continues to find it challenging to get money into Tibet. Money continues to be sent through overseas friends of the charity.

Financial Review

Heart of Asia received donations from individuals and small organisations. Accumulated reserves and donations received during the year were expended according to decisions made by the trustees in line with the charity's objectives. The reserve policy of the charity is to only hold sufficient funds to honour financial commitments made to specific projects which span over several years. There were no material commitments to specific projects in this and the preceding accounting period. As at 30 November 2024 the charity has unrestricted funds of £12,839 (£14,201 - 2023).

The trustees declare that they approved the trustee's report above.

Birgit Kotschi - Trustee

Date: 23 May 2025

HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2024
CHARITY REGISTRATION NUMBER 1114708

Independent examiner's report to the trustees of Heart of Asia

I report to the trustees on my examination of the accounts of Heart of Asia for the year ended 30 November 2024.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 6 August 2025

V. R. Andreae FCA
57A Chilwell Street
Glastonbury
Somerset
BA6 8DE

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2024
RECEIPTS AND PAYMENTS ACCOUNTS

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Last year 2023 £
Receipts				
Donations	63,841	-	63,841	68,219
Gift Aid	228	-	228	334
Bank interest	387	-	387	191
Total Receipts	<u>64,456</u>	<u>-</u>	<u>64,456</u>	<u>68,744</u>
Payments				
Charitable expenditure	65,231	-	65,231	107,183
Stationery, postage, IT and sundries	425	-	425	550
Bank charges	162	-	162	427
Independent examiner's fee	-	-	-	400
Travel	-	-	-	3,166
Sub total	<u>65,818</u>	<u>-</u>	<u>65,818</u>	<u>111,726</u>
Asset and investment purchases				
Office equipment	-	-	-	-
Sub total	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total payments	<u>65,818</u>	<u>-</u>	<u>65,818</u>	<u>111,726</u>
Net receipts (payments) for the period	(1,362)	-	(1,362)	(42,982)
Cash funds last year end	<u>14,201</u>	<u>-</u>	<u>14,201</u>	<u>57,183</u>
Cash funds this year end	<u>12,839</u>	<u>-</u>	<u>12,839</u>	<u>14,201</u>

HEART OF ASIA

STATEMENT OF ASSETS AND LIABILITIES

AT THE END OF 30 NOVEMBER 2023

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Last year 2023 £
Cash Funds				
Bank accounts	12,839	-	12,839	14,201
	<hr/>	<hr/>	<hr/>	<hr/>
Total Receipts	12,839	-	12,839	14,201
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Assets retained for the charity's own use				
Office equipment	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
	-	-	-	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Birgit Kotschi

On behalf of all the trustees of Heart of Asia

Date: 23 May 2025

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2024

NOTES

1. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

2. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

HEART OF ASIA

England & Wales - Charity number 1114708

Accounts

CHARITY REGISTRATION NUMBER 1114708

HEART OF ASIA

INDEPENDENTLY EXAMINED

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED

30 NOVEMBER 2023

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2023

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HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2023
CHARITY REGISTRATION NUMBER 1114708

The charity's principal address is: The Old Swan, Alfrick, near Worcester, WR6 5HY

Chairperson: Diane Barker

Names of the charity trustees:

Diane Barker
Lesley Rhodes
Birgit Kotschi
Claire McDonald
Valerie Smith

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO).
Governing document: Memorandum and articles of association incorporated 12 November 2003 as amended by special resolution 4 September 2005, converted to Charitable Incorporated Organisation (CIO) - governing document 15 March 2019. New trustees are elected by the board of existing trustees.

Objectives and activities

The objects of the charity continue to be the relief of sickness, the preservation of health and the promotion and advance of education in Asia.

The trustees of Heart of Asia monitored the implementation and progress of funding projects supported during the year and discussed possible future funding projects.

The main activities during the year, to further the charity's purposes for public benefit, was the continued funding in rural China of an orphanage in Yushu (Tibetan: Jyekundo) caring for children orphaned by the 2010 Yushu earthquake. Heart of Asia is now the main funder of the orphanage, providing 75% of the funds needed to sustain the children up to the age of 15.

In 2016 Heart of Asia initiated a pilot project enabling two nomad families, living in a Chinese Resettlement village, to return to nomad life in the Yilhung area by funding two starter herds of Yak. Heart of Asia continued to support the project during 2022/23 with 5 more families receiving help.

The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

Achievement and performance

The Yushu orphanage continues to be supported as set out in detail in the accounts for the year to 30 November 2022. The annual picnic continues to take place and is a great success.

In 2023 the grants given to the orphanage were sufficient, along with funding from other sources, to cover expenses. There were no calls for extra funding for the orphanage in the year.

HEART OF ASIA

TRUSTEES' ANNUAL REPORT CONTINUED

FOR THE YEAR ENDED 30 NOVEMBER 2023

CHARITY REGISTRATION NUMBER 1114708

Diane Barker travelled to Tibet in June 2023 and visited the Yushu orphanage which continues to thrive. She was able to see the project at work and to meet staff and supporters.

Thirty families have been helped under the Return to Nomad Life project since its start in 2016.

During the year grants were given to cover the purchase of Dri, staff wages, transport costs and canvas tents.

Smaller grants were made to the following projects:

- a) Udayan Care Pauri Skills Centre in Uttarakhand, which teach poor women and men marketable skills.
- b) Himalayan Komang Hostel in Nepal, which houses very bright students from a remote area of Nepal so they can attend a college in Katmandu.
- c) Voices for Freedom on giving Tuesday when funds are matched 100%. These are used to ameliorate modern slavery in India.
- d) Tulsi Trust, which provides health education in schools and provides medical assistance in tribal and Bengali villages.

The charity continues to find it challenging to get money into Tibet. Money continues to be sent through through overseas friends of the charity.

Financial Review

Heart of Asia received donations from individuals and small organisations. Accumulated reserves and donations received during the year were expended according to decisions made by the trustees in line with the charity's objectives. The reserve policy of the charity is to only hold sufficient funds to honour financial commitments made to specific projects which span over several years. There were no material commitments to specific projects in this and the preceding accounting period. As at 30 November 2023 the charity has unrestricted funds of £14,201 (£57,813 - 2022).

The trustees declare that they approved the trustee's report above.

Diane Barker - Trustee

Date: 21 May 2024

HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2023
CHARITY REGISTRATION NUMBER 1114708

Independent examiner's report to the trustees of Heart of Asia

I report to the trustees on my examination of the accounts of Heart of Asia for the year ended 30 November 2023.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 10 July 2024

Denis Holly FCA
Bannut Tree Cottage
Stanford Bishop
Worcester
WR6 5UA

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2023
RECEIPTS AND PAYMENTS ACCOUNTS

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Last year 2022 £
Receipts				
Donations	68,219	-	68,219	53,024
Gift Aid	334	-	334	197
Bank interest	191	-	191	5
Total Receipts	<u>68,744</u>	<u>-</u>	<u>68,744</u>	<u>53,226</u>
Payments				
Charitable expenditure	107,183	-	107,183	43,345
Stationery, postage, IT and sundries	550	-	550	302
Bank charges	427	-	427	239
Independent examiner's fee	400	-	400	400
Travel	3,166	-	3,166	-
Sub total	<u>111,726</u>	<u>-</u>	<u>111,726</u>	<u>44,286</u>
Asset and investment purchases				
Office equipment	-	-	-	-
Sub total	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total payments	<u>111,726</u>	<u>-</u>	<u>111,726</u>	<u>44,286</u>
Net receipts (payments) for the period	(42,982)	-	(42,982)	8,940
Cash funds last year end	<u>57,183</u>	<u>-</u>	<u>57,183</u>	<u>48,243</u>
Cash funds this year end	<u>14,201</u>	<u>-</u>	<u>14,201</u>	<u>57,183</u>

HEART OF ASIA

STATEMENT OF ASSETS AND LIABILITIES

AT THE END OF 30 NOVEMBER 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Last year 2022 £
Cash Funds				
Bank accounts	14,201	-	14,201	48,243
	<hr/>	<hr/>	<hr/>	<hr/>
Total Receipts	14,201	-	14,201	48,243
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Assets retained for the charity's own use				
Office equipment	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
	-	-	-	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Diane Barker (Trustee)
(Trustee)

On behalf of all the trustees of Heart of Asia

Date: 21 May 2024

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2023

NOTES

1. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

2. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

HEART OF ASIA

England & Wales - Charity number 1114708

Accounts

CHARITY REGISTRATION NUMBER 1114708

HEART OF ASIA

INDEPENDENTLY EXAMINED

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED

30 NOVEMBER 2022

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2022

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HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2022
CHARITY REGISTRATION NUMBER 1114708

The charity's principal address is: 36 Selwood Road, Glastonbury, Somerset, BA6 8HW

Chairperson: Diane Barker

Names of the charity trustees:

Diane Barker
Lesley Rhodes
Birgit Kotschi
Claire McDonald
Valerie Smith

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO).
Governing document: Memorandum and articles of association incorporated 12 November 2003 as amended by special resolution 4 September 2005, converted to Charitable Incorporated Organisation (CIO) - governing document 15 March 2019. New trustees are elected by the board of existing trustees.

Objectives and activities

The objects of the charity continue to be the relief of sickness, the preservation of health and the promotion and advance of education in Asia.

The trustees of Heart of Asia monitored the implementation and progress of funding projects supported during the year and discussed possible future funding projects.

The main activities during the year, to further the charity's purposes for public benefit, was the continued funding in rural China of an orphanage in Yushu (Tibetan: Jyekundo) caring for children orphaned by the 2010 Yushu earthquake. Heart of Asia is now the main funder of the orphanage, providing 77% of the funds needed to sustain the children up to the age of 15.

In 2016 Heart of Asia initiated a pilot project enabling two nomad families, living in a Chinese Resettlement village, to return to nomad life in the Yilhung area by funding two starter herds of Yak. Heart of Asia continued to support the project during 2021/22, helping more nomad families and were able to fund 40 Dri (female Yak, each pregnant or with a calf). In this year 40 Dri went to 3 families in Sershul/Dzachuka nomadic area and one family in the Mudi Mountain area.

The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

Achievement and performance

Last year our funding to the Yushu orphanage was used towards food, clothes, improved kitchen facilities, internet access to aid the children's homework, medical treatment, the wages of an extra helper, and towards education for the children who are well fed and clothed and all attending nearby schools. We are the main funders of this Orphanage and funds permitting, committed for the long term. In 2017 we initiated holding an annual picnic for the children at a festival site near Yushu, which was a great success and has now become an annual event.

HEART OF ASIA

TRUSTEES' ANNUAL REPORT CONTINUED

FOR THE YEAR ENDED 30 NOVEMBER 2022

CHARITY REGISTRATION NUMBER 1114708

Our funds for the "Return to Nomad Life" project were used to purchase more Dri (female Yak), each either pregnant or with a baby, as the starter herd of 10 Dri for each of 4 small nomad families. These families were living in resettlement villages where they are unable to keep a herd of Yak and so have no marketable skills, no income or focus for their lives. Poverty and crime are often the outcome of the "resettlement" policy.

Abbot Beima Norbu, our partner in Sershul/Dzachuka area, selected three of the beneficiary families, and Yamatsering Rinpoche, our partner in Yilhung area, selected the other family. The latest news is that, supported and advised by other local nomad families, our families are doing well and their herds are flourishing. They are enjoying maintaining their traditional holistic and self-sufficient lifestyle. Abbot Beima Norbu, and our other partner Yamatsering Rinpoche of Yilhung Monastery, feel that the project is a success and under their guidance we intend to continue funding other families to return to or to continue in nomad life.

Financial Review

Heart of Asia received donations from individuals and small organisations. Accumulated reserves and donations received during the year were expended according to decisions made by the trustees in line with the charity's objectives. The reserve policy of the charity is to only hold sufficient funds to honour financial commitments made to specific projects which span over several years. There were no material commitments to specific projects in this and the preceding accounting period. As at 30 November 2022 the charity has unrestricted funds of £57,183 (£48,243 - 2021).

The trustees declare that they approved the trustee's report above.

Diane Barker - Trustee

Date: 18 April 2023

HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2022
CHARITY REGISTRATION NUMBER 1114708

Independent examiner's report to the trustees of Heart of Asia

I report to the trustees on my examination of the accounts of Heart of Asia for the year ended 30 November 2022.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 22 May 2023

V. R. Andreae FCA
57A Chilkwell Street
Glastonbury
Somerset
BA6 8DE

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2022
RECEIPTS AND PAYMENTS ACCOUNTS

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Last year 2021 £
Receipts				
Donations	53,024	-	53,024	68,047
Gift Aid	197	-	197	107
Bank interest	5	-	5	-
Total Receipts	<u>53,226</u>	<u>-</u>	<u>53,226</u>	<u>68,154</u>
Payments				
Charitable expenditure	43,345	-	43,345	31,000
Stationery, postage, IT and sundries	302	-	302	285
Bank charges	239	-	239	149
Independent examiner's fee	400	-	400	400
Sub total	<u>44,286</u>	<u>-</u>	<u>44,286</u>	<u>31,834</u>
Asset and investment purchases				
Office equipment	-	-	-	-
Sub total	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total payments	<u>44,286</u>	<u>-</u>	<u>44,286</u>	<u>31,834</u>
Net receipts (payments) for the period	8,940	-	8,940	36,320
Cash funds last year end	<u>48,243</u>	<u>-</u>	<u>48,243</u>	<u>11,923</u>
Cash funds this year end	<u>57,183</u>	<u>-</u>	<u>57,183</u>	<u>48,243</u>

HEART OF ASIA

STATEMENT OF ASSETS AND LIABILITIES

AT THE END OF 30 NOVEMBER 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Last year 2021 £
Cash Funds				
Bank accounts	57,183	-	57,183	48,243
	<hr/>	<hr/>	<hr/>	<hr/>
Total Receipts	57,183	-	57,183	48,243
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Assets retained for the charity's own use				
Office equipment	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
	-	-	-	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Birgit Kotschi
(Trustee)

On behalf of all the trustees of Heart of Asia

Date: 18 April 2023

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2022

NOTES

1. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

2. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

HEART OF ASIA

England & Wales - Charity number 1114708

Accounts

CHARITY REGISTRATION NUMBER 1114708

**HEART OF ASIA
INDEPENDENTLY EXAMINED
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED
30 NOVEMBER 2021**

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2021

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HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2021
CHARITY REGISTRATION NUMBER 1114708

The charity's principal address is: 36 Selwood Road, Glastonbury, Somerset, BA6 8HW

Chairperson: Diane Barker

Names of the charity trustees:

Diane Barker
Lesley Rhodes
Birgit Kotschi
Claire McDonald
Joanne Bourke

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO).
Governing document: Memorandum and articles of association incorporated 12 November 2003 as amended by special resolution 4 September 2005, converted to Charitable Incorporated Organisation (CIO) - governing document 15 March 2019. New trustees are elected by the board of existing trustees.

Objectives and activities

The objects of the charity continue to be the relief of sickness, the preservation of health and the promotion and advance of education in Asia.

The trustees of Heart of Asia monitored the implementation and progress of funding projects supported during the year and discussed possible future funding projects.

The main activities during the year, to further the charity's purposes for public benefit, was the continued funding in rural China of an orphanage in Yushu (Tibetan: Jyekundo) caring for children orphaned by the 2010 Yushu earthquake. Heart of Asia is now the main funder of the orphanage, providing 77% of the funds needed to sustain the children up to the age of 15.

In 2016 Heart of Asia initiated a pilot project enabling two nomad families, living in a Chinese Resettlement village, to return to nomad life in the Yilhung area by funding two starter herds of Yak. Heart of Asia continued to support the project during 2020/21, helping more nomad families and were able to fund 40 Dri (female Yak, each pregnant or with a calf). In this year 40 Dri went to 2 families in Sershul/Dzachuka nomadic area, one family in Dahu Valley and one family in the Mudi Mountain area.

The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

Achievement and performance

Last year our funding to the Yushu orphanage was used towards food, clothes, improved kitchen facilities, medical treatment, the wages of an extra helper, and towards education for the children who are well fed and clothed and all attending nearby schools. We are the main funders of this Orphanage and funds permitting, committed for the long term. In 2017 we initiated holding an annual picnic for the children at a festival site near Yushu, which was a great success and has now become an annual event.

HEART OF ASIA

TRUSTEES' ANNUAL REPORT CONTINUED

FOR THE YEAR ENDED 30 NOVEMBER 2021

CHARITY REGISTRATION NUMBER 1114708

Our funds for the "Return to Nomad Life" project were used to purchase more Dri (female Yak), each either pregnant or with a baby, as the starter herd of 10 Dri for each of 4 small nomad families. These families were living in resettlement villages where they are unable to keep a herd of Yak and so have no marketable skills, no income or focus for their lives. Poverty and crime are often the outcome of the "resettlement" policy.

Abbot Beima Norbu, our partner in Sershul/Dzachuka area, selected two of the beneficiary families, and Yamatsering Rinpoche, our partner in Yilhung area, selected the other two families. The latest news is that, supported and advised by other local nomad families, our families are doing well and their herds are flourishing. They are enjoying maintaining their traditional holistic and self-sufficient lifestyle. Abbot Beima Norbu, and our other partner Yamatsering Rinpoche of Yilhung Monastery, feel that the project is a success and under their guidance we intend to continue funding other families to return to or to continue in nomad life.

Financial Review

Heart of Asia received donations from individuals and small organisations. Accumulated reserves and donations received during the year were expended according to decisions made by the trustees in line with the charity's objectives. The reserve policy of the charity is to only hold sufficient funds to honour financial commitments made to specific projects which span over several years. There were no material commitments to specific projects in this and the preceding accounting period. As at 30 November 2021 the charity has unrestricted funds of £48,243 (£11,923 - 2020).

The trustees declare that they approved the trustee's report above.

Diane Barker - Trustee

Date: 31 May 2022

HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2021
CHARITY REGISTRATION NUMBER 1114708

Independent examiner's report to the trustees of Heart of Asia

I report to the trustees on my examination of the accounts of Heart of Asia for the year ended 30 November 2021.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 29 June 2022

V. R. Andreae FCA
57A Chilwell Street
Glastonbury
Somerset
BA6 8DE

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2021
RECEIPTS AND PAYMENTS ACCOUNTS

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Last year 2020 £
Receipts				
Donations	68,047	-	68,047	64,419
Gift Aid	107	-	107	584
Bank interest	-	-	-	5
Total Receipts	<u>68,154</u>	<u>-</u>	<u>68,154</u>	<u>65,008</u>
Payments				
Charitable expenditure	31,000	-	31,000	63,688
Travel expenses	-	-	0	0
Stationery, postage, IT and sundries	285	-	285	321
Bank charges	149	-	149	127
Independent examiner's fee	400	-	400	400
Sub total	<u>31,834</u>	<u>-</u>	<u>31,834</u>	<u>64,536</u>
Asset and investment purchases				
Office equipment	-	-	-	-
Sub total	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total payments	<u>31,834</u>	<u>-</u>	<u>31,834</u>	<u>64,536</u>
Net receipts (payments) for the period	36,320	-	36,320	472
Cash funds last year end	11,923	-	11,923	11,451
Cash funds this year end	<u>48,243</u>	<u>-</u>	<u>48,243</u>	<u>11,923</u>

HEART OF ASIA
STATEMENT OF ASSETS AND LIABILITIES
AT THE END OF 30 NOVEMBER 2021

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Last year 2020 £
Cash Funds				
Bank accounts	48,243	-	48,243	11,923
	<hr/>	<hr/>	<hr/>	<hr/>
Total Receipts	48,243	-	48,243	11,923
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Assets retained for the charity's own use				
Office equipment	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
	-	-	-	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Birgit Kotschi
(Trustee)

On behalf of all the trustees of Heart of Asia

Date: 31 May 2022

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2021

NOTES

1. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

2. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

HEART OF ASIA

England & Wales - Charity number 1114708

Accounts

CHARITY REGISTRATION NUMBER 1114708

**HEART OF ASIA
INDEPENDENTLY EXAMINED
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED
30 NOVEMBER 2020**

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2020

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HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2020
CHARITY REGISTRATION NUMBER 1114708

The charity's principal address is: 36 Selwood Road, Glastonbury, Somerset, BA6 8HW

Chairperson: Diane Barker

Names of the charity trustees:

Diane Barker
Lesley Rhodes
Birgit Kotschi
Claire McDonald
Joanne Bourke

Structure, governance and management

The charity is constituted as a Charitable Incorporated Organisation (CIO).
Governing document: Memorandum and articles of association incorporated 12 November 2003 as amended by special resolution 4 September 2005, converted to Charitable Incorporated Organisation (CIO) - governing document 15 March 2019. New trustees are elected by the board of existing trustees.

Objectives and activities

The objects of the charity continue to be the relief of sickness, the preservation of health and the promotion and advance of education in Asia.

The trustees of Heart of Asia monitored the implementation and progress of funding projects supported during the year and discussed possible future funding projects.

The main activities during the year, to further the charity's purposes for public benefit, was the continued funding in rural China of an orphanage in Yushu (Tibetan: Jyekundo) caring for children orphaned by the 2010 Yushu earthquake. Heart of Asia is now the main funder of the orphanage, providing 77% of the funds needed to sustain the children up to the age of 15.

In 2016 Heart of Asia initiated a pilot project enabling two nomad families, living in a Chinese Resettlement village, to return to nomad life in the Yilhung area by funding two starter herds of Yak. Heart of Asia continued to support the project during 2019/20, helping more nomad families and were able to fund 40 Dri (female Yak, each pregnant or with a calf). In this year 40 Dri went to 4 families in the project area of Watu grasslands, in Sershul/Dzachuka nomadic area.

The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

Achievement and performance

Our funding to the Yushu orphanage was used towards food, clothes, improved kitchen facilities, new beds, library facilities and books, and towards education for the children who are well fed and clothed and all attending nearby schools. We are the main funders of this Orphanage and funds permitting, committed for the long term. In 2017 we initiated holding an annual picnic for the children at a festival site near Yushu, which was a great success and has now become an annual event.

HEART OF ASIA

TRUSTEES' ANNUAL REPORT CONTINUED

FOR THE YEAR ENDED 30 NOVEMBER 2020

CHARITY REGISTRATION NUMBER 1114708

Our funds for the "Return to Nomad Life" project were used to purchase more Dri (female Yak), each either pregnant or with a baby, as the starter herd of 10 Dri for each of 4 small nomad families. These families were living in resettlement villages where they are unable to keep a herd of Yak and so have no marketable skills, no income or focus for their lives. Poverty and crime are often the outcome of the "resettlement" policy.

Abbot Beima Norbu, our partner in Sersshul/Dzachuka area, selected the four beneficiary families. The latest news is that, supported and advised by other local nomad families, our families are doing well and their herds are flourishing. They are enjoying maintaining their traditional holistic and self-sufficient lifestyle. Abbot Beima Norbu feels that the project is a success and under the guidance of him (and our other partner Yamatsering Rinpoche of Yilhung Monastery) we intend to continue funding other families to return to or to continue in nomad life.

Financial Review

Heart of Asia received donations from individuals and small organisations. Accumulated reserves and donations received during the year were expended according to decisions made by the trustees in line with the charity's objectives. The reserve policy of the charity is to only hold sufficient funds to honour financial commitments made to specific projects which span over several years. There were no material commitments to specific projects in this and the preceding accounting period. As at 30 November 2020 the charity has unrestricted funds of £11,923 (£11,451 - 2019).

The trustees declare that they approved the trustee's report above.

Birgit Kotschi - Trustee

Date: 10 May 2021

HEART OF ASIA
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2020
CHARITY REGISTRATION NUMBER 1114708

Independent examiner's report to the trustees of Heart of Asia

I report to the trustees on my examination of the accounts of Heart of Asia for the year ended 30 November 2020.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 15 June 2021

V. R. Andreae FCA
57A Chilkwel Street
Glastonbury
Somerset
BA6 8DE

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2020
RECEIPTS AND PAYMENTS ACCOUNTS

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £	Last year 2019 £
Receipts				
Donations	64,419	-	64,419	48,139
Gift Aid	584	-	584	425
Bank interest	5	-	5	9
Total Receipts	<u>65,008</u>	<u>-</u>	<u>65,008</u>	<u>48,573</u>
Payments				
Charitable expenditure	63,688	-	63,688	46,313
Travel expenses	-	-	0	3,417
Stationery, postage and sundries	321	-	321	398
Bank charges	127	-	127	49
Independent examiner's fee	400	-	400	400
Professional fees	-	-	0	200
Sub total	<u>64,536</u>	<u>-</u>	<u>64,536</u>	<u>50,777</u>
Asset and investment purchases				
Office equipment	-	-	-	-
Sub total	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total payments	<u>64,536</u>	<u>-</u>	<u>64,536</u>	<u>50,777</u>
Net receipts (payments) for the period	472	-	472	(2,204)
Cash funds last year end	<u>11,451</u>	<u>-</u>	<u>11,451</u>	<u>13,655</u>
Cash funds this year end	<u>11,923</u>	<u>-</u>	<u>11,923</u>	<u>11,451</u>

HEART OF ASIA
STATEMENT OF ASSETS AND LIABILITIES
AT THE END OF 30 NOVEMBER 2020

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £	Last year 2019 £
Cash Funds				
Bank accounts	11,923	-	11,923	11,451
	<hr/>	<hr/>	<hr/>	<hr/>
Total Receipts	11,923	-	11,923	11,451
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Assets retained for the charity's own use				
Office equipment	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Birgit Kotschi
(Trustee)

On behalf of all the trustees of Heart of Asia

Date: 10 May 2021

HEART OF ASIA
FOR THE YEAR ENDED 30 NOVEMBER 2020

NOTES

1. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

2. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.