



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **01/04/2022** Period start date To **31/03/2023** Period end date

Charity name: **The Glade Foundation**

Charity registration number: **1114534**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>Promote public health by: A, The promotion of Spiritual Healing for the benefit of the general public. B, Educating and Training Healers in Spiritual Healing in East Anglia and beyond.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>Providing Healing for patients, and providing training for students, via lectures, Demonstrations, Meditation and Practical experience.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>I hereby confirm all trustees have visited the Charity Commission website and viewed all relevant instructions.</b>

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<b>The Charity has given Spiritual Healing to patients on a regular basis. During Covid via Zoom conference call. More recently at our Sudbury Centre we have provided, training and development on a weekly basis. Training and development over 20 Students and Teachers.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>Charity is in a stable financial position.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>Balance of bequeathments for future charity use.</b>
Amount of reserves held	Para 1.22	<b>£325,502</b>
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/A</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	The Glade Foundation
Other name the charity uses	
Registered charity number	1114534
Charity's principal address	4 Drury Way Woodhall Business Park Sudbury Suffolk CO10 1WH

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jonathan Freeman	Chair		
2	Christopher Bruin	Vice Chair		
3	Geraldine Bilby	Treasurer		
4	Sue Patmore	Secretary		
5	Elaine Coker			
6	Cheryl Freeman			
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## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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**Declarations**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jonathan Freeman	
Position (eg Secretary, Chair, etc)	Chair	
Date	09/08/2024	



**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**AND BALANCE SHEET**  
**YEAR ENDED 31ST MARCH 2023**

**AFFINITY ASSOCIATES (EA) LTD**

**ACCA ACCOUNTANTS**

**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**AND BALANCE SHEET**  
**YEAR ENDED 31ST MARCH 2023**

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**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**AT 31ST MARCH 2023**

	<u>2023</u>		<u>2022</u>	
	£	£	£	£
<b><u>Income</u></b>				
Bequeathed		300,000		-
Interest received - Lloyds		1,869	{	
Interest received - Shawbrook		49	{	84
Donations		1,802		1,970
Membership Subscriptions		180		245
Gift Aid received		558		533
		<u>304,458</u>		<u>2,832</u>
<b><u>Expenditure</u></b>				
Building repairs & maintenance	1,940		-	
Rent & rates	9,300		-	
Printing & stationery	223		-	
Paypal fees	32		-	
Insurances	824		-	
Light & heat	136		-	
Telephone, postage & internet	248		20	
Advertising & promotions	156		359	
Depreciation	670		999	
Miscellaneous	1,936	15,465	1,137	2,515
		<u>288,993</u>		<u>317</u>
<b>Surplus for the year</b>				
		33,509		33,192
<b>Balance brought forward</b>				
		<u>322,502</u>		<u>33,509</u>
<b>Balance carried forward</b>				
		<u><u>322,502</u></u>		<u><u>33,509</u></u>

**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**BALANCE SHEET**  
**YEAR ENDED 31ST MARCH 2023**


	<u>2023</u>	<u>2022</u>
	£	£
<b>Fixed Assets</b>	1,359	2,029
<b><u>Current Assets</u></b>		
Bank account - current	5,933	18,730
Bank account - deposit	312,547	10,629
Stock	153	153
Paypal	828	100
Other investments	1,960	1,960
	<u>321,421</u>	<u>31,572</u>
<b>Current liabilities</b>	<u>(278)</u>	<u>(105)</u>
<b>Net current assets / (liabilities)</b>	<u>321,143</u>	31,467
<b>Total net assets</b>	<u><u>322,502</u></u>	<u><u>33,496</u></u>
<b><u>Represented by</u></b>		
<b>Surplus of income over expenditure</b>	<u><u>322,502</u></u>	<u><u>33,496</u></u>

The Statement of Financial Activities and Balance Sheet were approved by the Board of Trustees

on 27 / July / 2024

and signed on its behalf by:-

 Trustee

 Trustee

**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**FIXED ASSETS**  
**YEAR ENDED 31ST MARCH 2023**

	<b>Office Equipment</b>
<b>Balance brought forward at 1st April 2022</b>	2,029
<b>Additions</b>	-
	<hr/> 2,029
<b>Depreciation charge</b>	670
<b>Balance carried forward at 31st March 2023</b>	<hr/> <hr/> 1,359



**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**AND BALANCE SHEET**  
**YEAR ENDED 31ST MARCH 2023**

**INDEPENDENT EXAMINERS REPORT**

We report on the accounts of the The Glade Foundation for the year ended 31st March 2023 which are set out on the following pages.

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

As the Charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of Section 43(2) of the Charities Act 1993 does not apply.

It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under Section 43(7)(b) of the Act, whether particular matters have come to our attention.

**BASIS OF INDEPENDENT EXAMINERS REPORT**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the view given by the accounts.

**INDEPENDENT EXAMINERS STATEMENT**

In connection with our examination, no matter has come to our attention:

1           which gives us reasonable cause to believe that in any material respect the requirements

to keep accounting receipts in accordance with Section 41 of the Act; and

to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

**THE GLADE FOUNDATION**  
**(REGISTERED CHARITY: 114534)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**AND BALANCE SHEET**

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to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Affinity Associates (EA) Ltd

Affinity Associates (EA) Ltd  
ACCA Accountants  
24e Norwich Street  
Dereham  
Norfolk  
NR19 1BX

Date 26<sup>th</sup> July 2024