

SIGHT FOR LIFE TRUST



Trustees Report & Accounts

REGISTERED CHARITY NO. 1114528

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Our Patron



Cricketing legend and previous Prime Minister of Pakistan Imran Khan has been a patron of Sight For Life since 2005. Since retiring from cricket, much of Imran's life has been committed to charity.

He recognises what we are setting out to achieve and is delighted to align himself with our efforts. He has been an extremely supportive patron of Sight For Life Trust.

PRESIDENT'S FOREWORD

Sight For Life Trust is a fairly young charity which has achieved much in a short space of time, with our bold ambition to eliminate curable blindness. This year we have seen a significant increase in patients falling below the poverty line and qualifying for free Zakat-funded treatment, due to local economic conditions.

A large proportion of our funds come from our generous donors and we would like to once again express our sincere gratitude and appreciation to them. Their acts of kind generosity enable us to enhance the care and support we give to our patients at our wonderful hospital. I remain proud and humbled by the individual and collective efforts of our donors, volunteers and supporters, who, despite rising living costs have continued to support our charity. We are developing our endowment fund to ensure the long term sustainability of our hospital. I urge you to consider Sight For Life Trust for donations in memory of your loved ones (Sadaqah Jariyah), by nominating Sight for Life as your choice for the legacy gift, or from your workplace charity donation

scheme, or by making a personal donation. We continuously improve the hospital, as such the new wing and Operating Suite will significantly enhance patient care and treatment. Our outreach **Vision on Wheels** and **School Screening** programmes have ensured that we reach larger number of needy people in other rural areas.

Your support make all this possible and your future donations are the key to our continued success. We are now seeking funds to complete the new Operating Suite to expand the number of surgeries performed.

As much as I would like to pay personal tributes, it is impossible to thank each and everyone individually, I must express my sincere gratitude to Ummah Welfare Trust and Sightsavers for their generous support. Each one of our donors is critical to our work going forward, as we ensure free treatment for patients. Thank you all and I hope you will continue to support us.

Manzoor Ahmed

Manzoor Ahmed
President & Founder

"Our commitment to providing free care and treating the most needy is evidenced by the fact that over 70,000 people have benefited from one or more of our services, including free surgeries."

Manzoor Ahmed
Founder & Chairman



ADMINISTRATIVE & LEGAL INFORMATION

Trustees

The trustees are appointed according to the Articles of Association to serve Sight for Life Trust in this term of appointment.

Trustees for this financial year are

Manzoor Ahmed Chaudhary
Tahir Ahmed
Amir Ahmed
Tauqeer Sabir

Registered Office:

81 Newton Street,
Manchester M1 1EX

Accountants:

City AccTax
Chartered Certified Accountants
91 St. Awdrys Road Barking,
London. IG11 7QB

Bank:

National Westminster Bank Plc
Manchester City Centre
5th Floor, 1 Spinningfields Square
Manchester M3 3AP

Registered in England

Charity No. 1114528

Investment Managers:

St James Place
7th Floor, Sunlight House,
Quay Street,
Manchester,
M3 3JZ

Hospital:

Jannat Aziz Eye Hospital (JAEH)
Tufailabad
Tehsil Burewala
District Vehari
Pakistan

Pakistan Charity Registration

Number PCP/2022/936



TRUSTEES REPORT

The accounts have been prepared in accordance with the accounting policies, set out in note 1 to the accounts and comply with the charity's Trust Deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice" applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution of the Charity:

The Charity is controlled by its governing document (amended 2022), a deed of Trust and is constituted as an incorporated charity. SIGHT FOR LIFE is a registered charity in England no. 1114528)

Trustees:

SFL is administered by trustees who are appointed on the basis of their specific skills, knowledge of eye care and their ability to positively contribute to the strategic development of the charity. Trustees serve three year terms after which they may offer themselves for re-appointment by the board. The charity also has a Management Board of Advisors, to provide technical support and guidance to Trustees on clinical matters, strategy, management and financial controls. Appointments to the board are made as and when the need arises in order ensure good management and ongoing development, financial & risk management, set policies and monitor performance. They ensure high quality in all aspects of its operation through rigorous assessment and monitoring.

Trustees for the year to date are:

- Mr. Manzoor Ahmed Chaudhary (President)
- Mr. Tahir Ahmed (Chair)
- Mr. Amir Ahmed (Treasurer)
- Mr. Tauqeer Sabir

**GIVING THE GIFT OF SIGHT
OVER 850,000 PATIENTS
TREATED**

TRUSTEES REPORT

Risk Management:

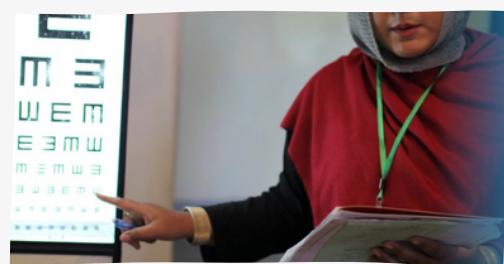
The major risks to which the charity is exposed, as identified by the Trustees, are recorded in the Charity Risk Register and are reviewed annually.

Operational procedures and systems have been and will continue to be established, and action is in place to mitigate these risks. Major risks for this purpose are those that may have a significant effect on:

- Financial sustainability, including stability and security of income
- Meeting the expectations of our beneficiaries and supporters
- Meeting our aims and objectives
- Operational performance, including risks to our Trustees and volunteers

Risk to meeting the expectations of beneficiaries and supporters:

- The beneficiaries of our work are poor patients with eye related issues including curable blindness (e.g. cataracts) and/or suffer from other eye related conditions.
- We have strict systems in place to ensure that they receive high quality care.
- All funds raised are solely spent on the operation of the hospital to treat sight related conditions, particularly curable blindness, as well as other treatable conditions.
- Public donations are **NOT** used to fund the charity office or administration costs. These are funded by the Trustees, partners, key donors and gift aid.
- Charity admin costs are minimal and include
 - The audit and accountancy required for transparency and reporting back to donors on how their funds have been spent
 - Bank and transactional charges
 - Online processing charges
 - Necessary expenditure promoting the charity and its work to the public.



TRUSTEES REPORT

Risk to operational performance including risks to our Trustees and volunteers:

- Our risk assessment pays particular attention to risks faced by Trustees and volunteers operating in rural areas with minimal infrastructure or the support available in the more developed urban areas.
- In assessing the risks, the Trustees recognise that in some rural areas, the work carried out by Trustees and volunteers requires a higher level of acceptable but managed risk in order to achieve the charity's objectives.

Risk to financial sustainability:

- In order to continue providing high quality eye care in rural areas where the need of our services is immense, our business planning has to ensure continuous growth and development of the hospital with a consequential increase in income and expenditure.
- To ensure that there is no over-reliance on any one individual or organisation, we have expanded our donor base and are continuously diversifying our funding sources.
- We are developing an endowment fund to provide sustainable long term income for the charity.

Risk to achievement of our aims and objectives

- In rural Pakistan people remain blind for two reasons:
 - Lack of eye clinicians and clinics in rural locations
 - The inability of the patient to pay for treatment

Major Public Health Issues

In Pakistan 70% of ophthalmologists live in urban areas, providing services for those who can likely afford them, whilst 70% of the blind live in rural areas and are unable to pay for treatment.

Sight For Life Trust was set up to deal directly with these two critical issues.



TRUSTEES REPORT

Since Sight for Life Trust set up [Jannat Aziz Eye Hospital \(JAEH\)](#), over 850,000 people have been treated, and those living in poverty are treated for free. Our mission is to enhance our work in ending curable blindness.

We know from international studies that blindness can be treated or prevented. Experts found that blindness in 80% of people in Pakistan can be treated or prevented.

In addition this has a huge economic cost attached to it, with those suffering often being the 'poorest of the poor'.

The cost of blindness depends on the cause and duration of blindness, as well as the availability of family members and alternative sources of income. It also depends on the number of economically productive individuals that are affected by blindness. 80% of blindness, visual impairment, preventable or curable eye diseases like cataracts, trachoma, diabetic retinopathy, and refractive errors can all lead to blindness. However these are all very much treatable.

A report by Zahid Hussain Awan, P.S. Mahar, and M Saleh Memon (2017) stated that cataracts are the cause of 51.5% of blindness in Pakistan. Avoidable causes of blindness are corneal opacity (11.8%), uncorrected aphakia (8.6%), glaucoma (7.1%), posterior capsular opacification (3.6%), refractive error (2.7%), and diabetic retinopathy (0.2%). Avoidable causes formed 85.4% of blindness.

"There are 1.5 million blind people in Pakistan and at least 80% of the blindness and visual impairment is curable or preventable. Cataract forms more than half of the total causes of blindness in Pakistan."

(Dawn Oct 2016).

"There are 9,028,073 people in Pakistan who have some degree of vision impairment from mild to blind. Out of these 484,027 are blind as against the 1.5 million blind as per the 2004 survey). The blindness due to cataract has been reduced from 55% to 49% of total blindness."

(Pro-Pakistani 2022)



TRUSTEES REPORT



Out of 207.7 million people in Pakistan, an estimated 1.12 million were blind; 1.09 million people had severe vision loss and 6.79 million people had moderate vision loss. Presbyopia was found to be the most common ocular condition that affected an estimated 12.64 million people. In terms of age-standardized YLD's (Years Lived with Disability) rate, Pakistan is ranked fourth among other South Asian countries and twenty-first among other 42 low-middle income countries (classified by World Bank), with 552.98 YLDs per 100,000. Compared with 1990, all-age YLDs count of blindness and vision impairment increased by 55% in 2017, which is the tenth highest increase among major health loss causes (such as dietary iron deficiency, headache disorders, low back pain etc.) in Pakistan.

Moreover, our statistics show an increase in vision loss burden by 2025 for which Pakistan needs to make more efforts to encounter the growing burden of eye diseases.

A comprehensive study capturing vision loss burden in Pakistan (1990-2025): Findings from the Global Burden of Disease (GBD) 2017 study

Giving the Gift of Sight 2022 in figures

Performed over
4800 eye
surgeries

Hospital
Outpatients
Treated over
53,000 people

over 4000
children
screened in
schools

Vision on
Wheels
treated over
9000 patients

TRUSTEES REPORT

Sight for Life Trust, has teams that carry out rural outreach programmes to identify and bring in the blind for treatment to Jannat Aziz Eye Hospital (JAEH). Our hospital teams maintain a patient centric focus throughout the patient's treatment journey within the hospital.

No patient is ever turned away due to a lack of ability to pay for treatment. We hold records of every single patient whose surgery we fund, the post-operative vision being proof that surgery achieved a good result. As a charity strong on clinicians, we are able to identify and prevent poor practice that could reduce the quality of care, hence our operational efficiency in eliminating curable blindness.

The charity has well defined and ambitious aims, so it is essential to work very closely with the operational teams in Pakistan. As the majority of patients are located in rural areas with poor communications, a significant amount of our work is done through outreach field operations. With JAEH we plan targets and expansion. Trustees and UK volunteers work alongside JAEH teams. Each visiting SFL Trust UK representative 'hands over to the next representative' and reports back to the Board of Trustees.



OBJECTIVES FOR THE YEAR



Our key objective remains eradicating curable blindness by providing ophthalmic services at JAEH. In the forthcoming year we will:

- Develop the new operating/surgery suite doubling the number of surgeries to **10,000** p.a
- Increase the number of outpatients to **100,000** by the end of the 2024
- Develop regular donations of **£300,000** p.a. to cover our hospitals operating expenditure ensuring free treatment of the needy.
- Increasing the number of regular donors to ensure long term sustainability.
- Develop an endowment fund of **£1m** to ensure sustainable funding for the charity in perpetuity.

“IT WAS GREAT TO SEE THE IMPRESSIVE WORK IN FIELD OF EYE HEALTH GOING ON IN THE REMOTEST PART OF PAKISTAN. HIGHLY MOTIVATED TEAM, ACCESSIBLE INFRASTRUCTURE AND QUALITY SERVICES MAKE JANNAT AZIZ EYE HOSPITAL UNIQUE. WE LOOK FORWARD TO COLLABORATE WITH JANNAT AZIZ EYE HOSPITAL FOR SERVING THE MOST MARGINALISED”.

MANAGEMENT BOARD

The charity's great strength is that, in addition to the Trustees, we have a Board of experienced professionals who give their time and skill as volunteers to support the charity's work. In the UK the charities operation and fundraising is managed by a volunteer management board:

- Abid Abbas (Accounts & Finance Manager)
- Abid Ahmed (Marketing & Social Media Manager)
- Dr Khalid Ikram MBBS FMGEM FRCOphth (Medical Advisor)
- Mohammed Arfan (Partnership Development Manager)
- Nasir Ahmed (Fundraising Manager)
- Sajid Hashmi MBE (Chair of Governing Board)
- Sohail Kaushal (Donor Liaison Manager)

**NO PATIENT IS
EVER TURNED
AWAY DUE TO A
LACK OF ABILITY
TO PAY FOR
TREATMENT.**

We would like to express our sincere gratitude to all our volunteers who have served the charity since 2005. Despite the dramatic increase in the number of beneficiaries, and with a significant increase in turnover, the Trust's administrative operations have continued to be managed by volunteers.

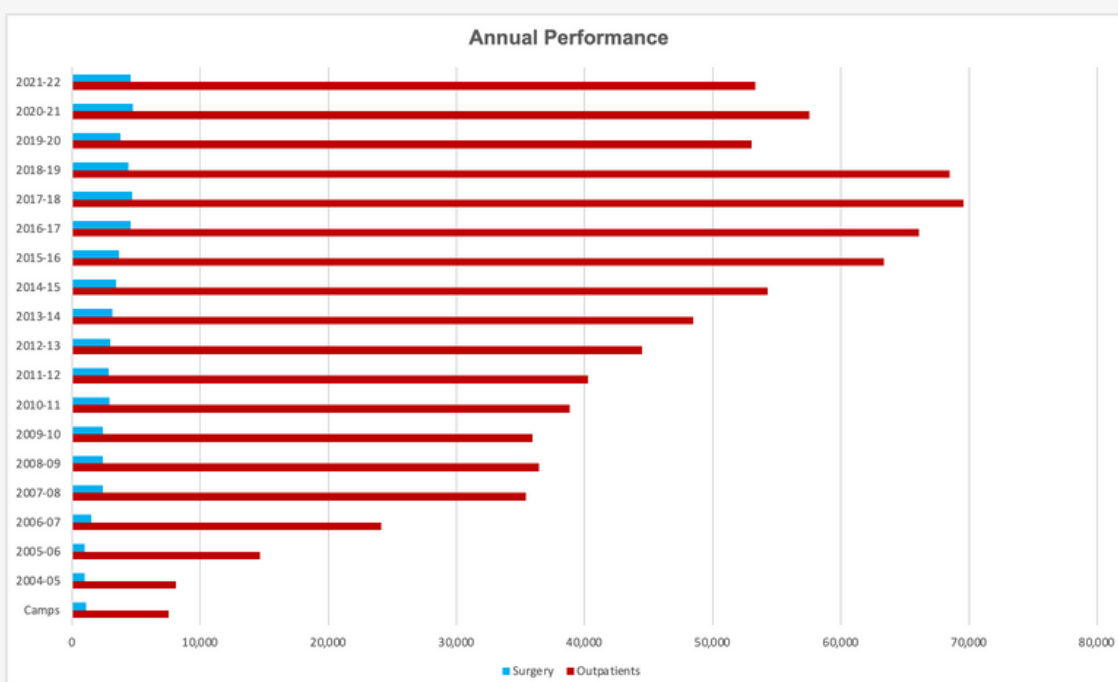
Our team at JAEH this year consists of 53 staff, including 5 full time eye specialists. They are supported by ongoing visits from UK specialists who provide teaching and feedback in the treatment of the most challenging cases.



CATARACT SURGICAL MAPPING REPORT 2019*
**IDENTIFIED JAEH AS THE LARGEST SINGLE CONTRIBUTOR OF
EYE SURGERIES IN VEHARI DISTRICT"**

***JOINTLY CONDUCTED BY SIGHTSAVERS AND NATIONAL COMMITTEE FOR EYE HEALTH,**

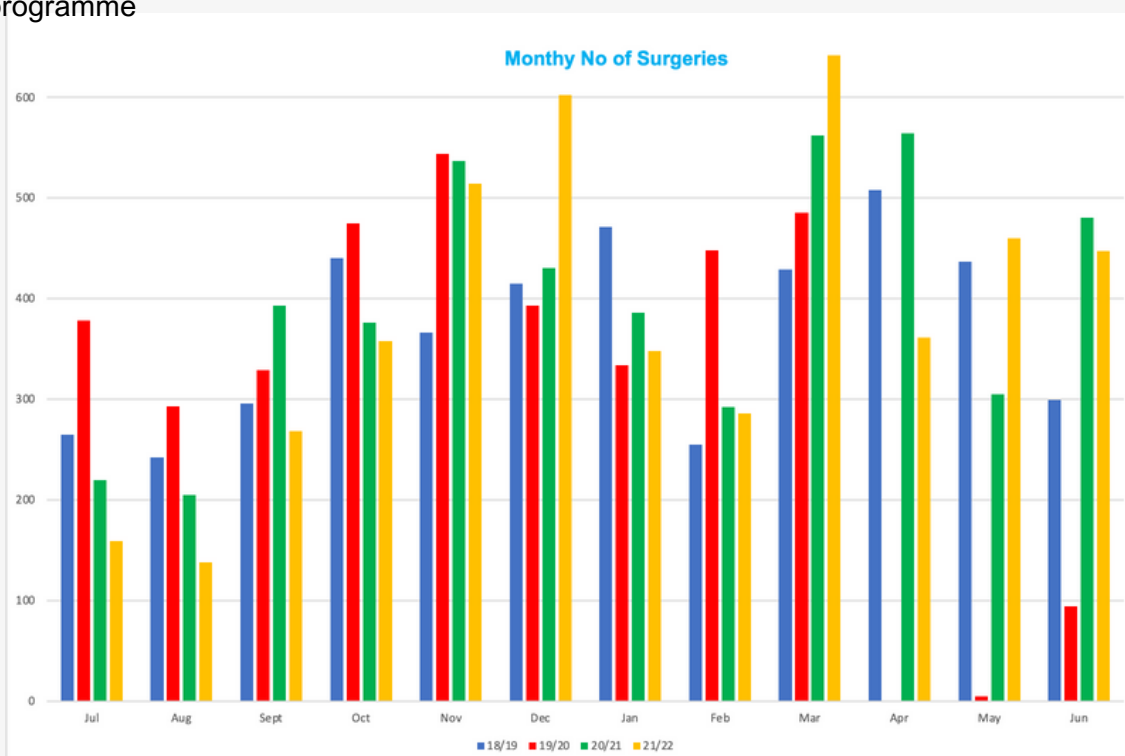
ACHIEVEMENTS AND PERFORMANCE



Giving People the Gift of Sight

Since its inception Sight for Life Trust has:

- Treated over 820,000 outpatients at Jannat Aziz Eye Hospital;
- Performed over 58,000 eye surgeries including cataract, trachoma, diabetic retinopathy;
- Provided over 500,000 pairs of glasses;
- Screened almost 130,000 people in remote villages through the Vision-on-Wheels programme mobile clinics
- Screened over 75,000 children in schools through our dedicated School Screening programme



FINANCIAL REVIEW

Review of the Financial Position:

Sight for Life is reliant for income on the support of its donors for the furtherance of its objectives. The income for the period ending 30 June 2022 was £509,851 the financial results for the year are set out on pages 17, 18, 19 and 20 and show a surplus of £1,179,860.

Reserves Policy:

Reserves at the end of the year under review are sufficient to maintain the Charity for the foreseeable future and further fund raising has been planned for the following year.

Principal Funding Sources:

Sight for Life is principally funded through public and individual donations.

Plans for the Future:

The charity's plans for the coming year are:

- Ensure continued financial support of JAEH at the levels currently achieved.
- Complete the equipping of the new extension and the new operating suite.
- Enhance and expand our fundraising portfolio.
- Increasing collaboration and partnership with partners internationally and in Pakistan.
- Develop an Endowment fund to ensure long term sustainability of the charity.

Statement of Trustees' responsibilities:

The Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources including the net income and expenditure for the year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures, disclosed and explained in the financial statements;
- and prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the applicable law. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees, individually, are aware:

- there is no relevant account information of which the Accountant is unaware; and
- the Trustees have taken all steps that ought to have been taken to make themselves aware of any relevant information and to establish that the accountant is aware of that information.

Accounts preparation

The Trustees confirm that the accounts comply with current statutory requirements, and with those of the governing instrument.

Accountants

City AccTax (Chartered Certified Accountants) were appointed as the Trust's Independent Examiners during the year.



Mr Tahir Ahmed

Trustee

Date: 20 April 2023

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SIGHT FOR LIFE TRUST

I report on the accounts of the charity for the year ended 30 June 2022, which are set out on pages 8 to 11.

Respective responsibilities of trustees and examiner

- The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

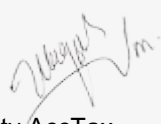
- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

- In connection with my examination, no matter has come to my attention:
 - (a) Which gives me reasonable cause to believe that in any material respect the requirements;
 - (i) To keep accounting records in accordance with section 130 of the 2011 Act; and
 - (ii) To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act; have not been met; or
 - (b) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



City AccTax
Chartered Certified Accountants
91 St. Awdrys Road
Barking,
London
IG11 7QB

Date: 20 April 2023

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 JUNE 2022

INCOMING RESOURCES	Notes	Restricted £	Unrestricted £	Total 2022 £	Total 2021 £
Voluntary Income					
Donations		299,493	210,358	509,851	384,124
Total Incoming Resources		299,493	210,358	509,851	384,124
RESOURCES EXPENDED					
Charitable Expenditure					
Donations to Janat Aziz Hospital PK		171,882	26,436	198,318	158,331
Administration Cost	2	-	58,804	58,804	7,731
Total Resources		171,882	85,240	257,122	166,062
Net incoming/(outgoing) resources		127,611	125,118	252,729	218,062
Total Funds brought forward		258,886	668,245	927,131	709,069
Total funds carried forward		386,497	793,363	1,179,860	927,131

BALANCE SHEET AS AT 30 JUNE 2022

	Notes	2022 £	2021 £
Fixed Assets			
Tangible Assets	3	-	-
Current Assets			
Cash at Bank	4	980,760	928,931
Investment	4.1	200,000	-
Creditors			
Amounts falling due within one year	5	(900)	(1800)
Net Current Assets		1,179,860	927,131
Net Assets		1,179,860	927,131
Funded By			
Accumulated Surplus Account	6	1,179,860	927,131

EXEMPTION STATEMENT

The trust is exempt from the requirement related to preparing to Audited Accounts in accordance to section 144(2) of the Charities Act 2011 (the 2011 Act). The trustees have not required the charity to obtain an audit of its accounts for the year in question in accordance with its governing document.

The trustees acknowledge their responsibilities for:

1. Keeping accounting records in accordance with the 2011 Act.
2. Preparing accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act.

Signed on behalf of the trustees.

Tahir Ahmed

Mr Tahir Ahmed

Trustee

Date: 20th April 2023

The notes on the page 20 to 21 form part of these financial statements.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2022

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Income

All incoming resources (Grants & Donations) are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure, which meets these criteria, is charged to the fund, together with a fair allocation of management and support costs.

2. ADMINISTRATION COSTS

	2022	2021
Marketing, Social Media & Fundraising	55,555	4,229
Accountancy	900	900
Bank Charges	2,349	2,602
Total	58,804	7,731

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2022

3. FIXED ASSETS

	2022	2021
Opening Balance	-	-
Additions	-	-
Disposal	-	-
Depreciation charge for the year	-	-
Ending Balance	-	-

4. CURRENT ASSETS

Cash at banks	980,760	928,931
Investments	200,000	-
Ending Balance	1,180,760	928,931

5. INVESTMENT

Sight For Trust Invested £ 200,000 in St. James s Place Wealth Management for the period of 5 years. The decision was made in Trustee Meeting held on 31 December 2021.

6. LIABILITIES

Accountants fees & other liabilities	900	1,800
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7. ACCUMULATED SURPLUS ACCOUNT

Opening Balance	927,131	709,069
Change in Surplus for the period	252,729	218,062
Balance C/F	1,179,860	927,131

This year Sight for Life Trust suffered a huge loss with the passing to heavenly abode of Dr Anwar-ul-Haq FRCS, FACS, FRCOphth Consultant Ophthalmic Surgeon.



Involved since our inception in 2005, Dr Anwar-ul-Haq was the architect of the entire clinical development of Sight For Life's Hospital - Jannat Aziz Eye Hospital (JAEH). Although he was a UK resident he spent the most of the past 20 years at JAEH dedicating his life and profession to the development and enhancement of clinical, governance and quality performance of the hospital.

Sight for Life Trust and all the patients that have benefitted and will continue to benefit are indebted to him forever. He will be dearly missed by all of us.

May he rest in eternal peace and may Allah grant him the highest abode in Paradise.

Sight for Life

Registered Charity No. 1114528

81 Newton Street, Manchester M1 1EX

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www.sightforlife.org.uk

www.janataziz.org