

PSEUDO OBSTRUCTION RESEARCH TRUST
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

TIM HORNER FCCA

Chartered Certified Accountant

55 Crown Street

Brentwood

Essex CM14 4BD

www.hillwooldridge.com

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PSEUDO OBSTRUCTION RESEARCH TRUST

Trust information

Charity commission number

1114217

Established

22nd February 2006 by Deed of Trust

Address

Steeple Lodge
Church Lane
Doddington
Essex
CM15 0NJ

Website

www.port-charity.org.uk

Trustees

Sue Stewart (Chairperson)
Rebecca Stanier
Barry Stewart
Dr Nigel Meadows
Lesley Carmichael
Ashlee Johnson
Kilian Fitzsimmons-Wilson
Sonia Frost
Ian Frost

Rachel Green - retired 17th October 2023
Louise Roberts - retired 1st March 2023

Bankers

Lloyds TSB
47 High Street
Brentwood
Essex
CM14 4RN

Independent examiner

Tim Horner FCCA
55 Crown Street
Brentwood
Essex
CM14 4BD

History, objectives and activities

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPSO), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support, education & practical advice to advance the education of the General Public in all areas relating to CIPSO, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

Management and governance

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

Continued/.....

**Report of the Trustees (continued)
for the year ended 31st March 2023**

Achievements, performance and financial review

During the ended 31st March 2023 the Trust's activities resulted in net funding receipts totalling £32,715 and expenditure of £585.

During this account year 2022/23 PORT has sourced one new research project below, which passed scrutiny of the medical peer advisory panel of Bowel Research UK (BRUK)

Research 1/2023 Salford Royal Hospital NHS Foundation Trust

'Exploring intolerance of small bowel feeding in severe gastro intestinal dysmotility, a feasibility study.'

Lead Applicant Dr Peter Paine

Co Applicant 1 Prof Lal – Intestinal Failure Unit

Co Applicant 2 Dr Sarah Kelly – Consultant Clinical Psychologist – Intestinal Failure Unit

Co Applicant 3 Prof John McLaughlin – Division of Diabetes, Endocrinology and Gastroenterology

Co Applicant 4 Mrs. Kirstine Farrer – Consultant Dietician

Co Applicant 5 Dr Marie McMahon – Consultant and Clinical Lead for Nutrition and Gastroenterology

Research Duration 18 months

Cost £47,756.00

Following on from our PORT Trustees Report Year end 31.03.22

Existing Research 1/2022 Salford Royal NHS Foundation Trust

'The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-intestinal Dysmotility'

Salford Royal NHS Foundation Trust Midpoint Report

Continue with recruitment procedures (until April 2023)

Ethical approval has been obtained and recruitment of patients has begun. Collect outcome data (ongoing) Collect and complete group intervention (ACTing on your GUT feelings)

Conduct qualitative interviews

Conduct data analysis

At this time PORT are awaiting the final report.

Research 2/2022 Great Ormond Street Hospital (GOSH)

The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Intestinal Pseudo Obstruction (PIPO).

The initial start date was September 2022. This was delayed to April 2023 due to recruitment issues. Ther revised end date will be November 2024, after which a Final Report will be produced.

GOSH Midpoint Report

We are progressing well with our study and the first part is almost concluded. The aim of our project is to validate the semi-automated quantitative metrics of GI motility extracted from MRI in children with PIPO, against ADM and small bowel scintigraphy. It is characterized by a retrospective arm, with the analysis of small bowel motility in MRI, small bowel scintigraphy and ADM in 20 patients, and a prospective arm, which involves the analysis of the motility parameters in children with PIPO and control group (non-PIPO patients) using MRI, ADM and small bowel scintigraphy, with the aim to validate automated MRI motility biomarkers (15-20) patients) The retrospective arm has been concluded. We are moving to the prospective arm.

PORT Charity PIPO booklet update

This information booklet was been produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

Facebook Page update

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

Linked in

The trustees have considered opening a PORT Charity Linked in page, this is to be arranged.

Covid Impact

Like many Charities Covid has impacted on fundraising, however this year has seen improvement, with new fundraisers committed to raise funds next year.

Acknowledgements

PORT would like to thank all the efforts of the various fundraisers, and fund-raising events that took place during this accounting period.

The Trustees would also like to express their sadness at the passing of Rachel Green who was a valued and active trustee and will be missed by the Trust.

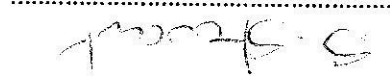
Trust's funds

The Trust's funds are all currently unrestricted.

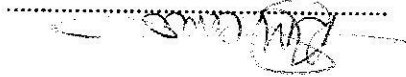
Approval

This report was approved by the Trustees on 25th Jan 2024 and signed on their behalf by:

S Stewart
Trustee



R Stanier
Trustee



**Independent Examiner's Report to the Trustees of
Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2023, which are set out on pages 7 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

TIM HORNER FCCA

Chartered Certified Accountant

55 Crown Street
Brentwood Essex
CM14 4BD

PSEUDO OBSTRUCTION RESEARCH TRUST

**Receipts and payments account
for the year ended 31st March 2023**

Year ended 31/03/22	Unrestricted Funds	Year ended 31/03/23	Unrestricted Funds
	£		£
	Receipts		Receipts
	General donations		General donations
	Internet donations		Internet donations
	Website commissions		Website commissions
	Net fundraising proceeds		Net fundraising proceeds
	Bank interest received		Bank interest received
	Total receipts		Total receipts
	Payments		Payments
	Contributions towards medical research		Contributions towards medical research
	Return of previous medical research contributions		Return of previous medical research contributions
	Expenses		Expenses
	Public liability insurance		Public liability insurance
	Computer and website costs		Computer and website costs
	Postage and stationery		Postage and stationery
	Sundry expenses		Sundry expenses
	Total payments		Total payments
	Net receipts / (expenses)		Net receipts / (expenses)
	Cash funds brought forward		Cash funds brought forward
	Cash funds carried forward		Cash funds carried forward

PSEUDO OBSTRUCTION RESEARCH TRUST

Statement of assets and liabilities
as at 31st March 2023

	2023	2022
Assets		
Bank account balances	252,978	220,848
	<u>252,978</u>	<u>220,848</u>
Liabilities		
Accrued expenses	-	-
	<u>252,978</u>	<u>220,848</u>
Net assets	<u>252,978</u>	<u>220,848</u>
Reserves		
Unrestricted funds	<u>220,848</u>	<u>220,848</u>

These accounts were approved by the Trustees on 25th Jan 2024 and signed on their behalf by:

S Stewart
Trustee

R Stanier
Trustee