



### **PORT Trustees Report for Year end 31.03.22**

During this account year PORT has sourced and Funded two Research projects, both having passed scrutiny of the Medical Peer advisory panel of Bowel Research UK (BRUK).

The BRUK panel supports PORT to ensure only the best research with the most potential to provide positive outcomes are funded.

The research projects PORT funded this year are geared towards both Adult and Paediatric sufferers.

#### **Research 1 Salford Royal NHS Foundation Trust.**

“The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility”

Lead applicant, Dr Katherine Twist Clinical psychologist/Principal Investigator,

Co-applicants are

Professor Simon Lal Professor of Gastroenterology,

Dr Sarah Kelly Consultant Clinical psychologist,

Professor John McLaughlin Professor of Gastro and Nutrition,

Dr Peter Paine Consultant Gastroenterologist.

Research Duration 18 months

Cost 49,994.20

This research to be conducted by Dr Katherine Twist and her team is the first time that PORT has funded research aimed at Patient's mental health instead of Physical health.

Patients that suffer from this cruel illness can develop Mental health issues that then can impact on their wellbeing.

PORT is very happy to be funding this innovative research.

#### Research 2 Great Ormond Street Hospital (GOSH)

"The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Pseudo Obstruction"

Lead Applicant Dr Osvaldo Borrelli Paediatric Consultant Gastroenterologist

Co-applicants are

Dr Anna Rybak Paediatric Consultant Gastroenterologist

Tom Anthony Watson Consultant Paediatric Radiologist

Dr Lorenzo Blasoni Consultant Nuclear Medicine

All are based at Great Ormond Street Hospital

Last applicant based at UCL (University College London)

Dr Heather Fitzke Post-Doctoral Research Associate

Research Duration 18 months

Cost 50000.00

Great Ormond Street Hospital is the main Paediatric centre in the UK for children suffering with Paediatric Intestinal Pseudo Obstruction and Dysmotility, (PIPO/Dysmotility).

PORT is pleased to have formed important links to GOSH and to be funding this research project for them.

#### PORT Charity PIPO booklet update

This information booklet was been produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

#### Facebook Page update

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

#### Covid Impact

Like many Charities Covid has impacted on fundraising this year.

PORT would like to thank all the efforts of the various fundraisers and fund raising events that took place during this accounting period.

Thankyou

*Sue Stewart*

Sue Stewart - Chair of the Pseudo Obstruction Research Trust (PORT)

[www.port-charity.org.uk](http://www.port-charity.org.uk)

Charity number: 1114217

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2022**

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street

Brentwood

Essex CM14 4BD

[www.hillwooldridge.com](http://www.hillwooldridge.com)

# **PSEUDO OBSTRUCTION RESEARCH TRUST**

## **Contents**

	<b>Page</b>
Trust information	<b>1</b>
Trustees' report	<b>2-4</b>
Independent examiner's report	<b>5</b>
Receipts and payments account	<b>6</b>
Statement of assets and liabilities	<b>7</b>

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## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Trust information**

Charity commission number	1114217
Established	22nd February 2006 by Deed of Trust
Address	Steeple Lodge Church Lane Doddinghurst Essex CM15 0NJ
Website	<a href="http://www.port-charity.org.uk">www.port-charity.org.uk</a>
Trustees	Mrs S Stewart Mrs R Stanier Mrs S Frost Mr I Frost Mr K Fitzsimmons-Wilson Mr B Stewart Mrs A Johnson Mrs L Roberts Mrs L Carmichael Dr N Meadows
Bankers	Lloyds TSB 47 High Street Brentwood Essex CM14 4RN
Independent examiner	Tim Horner FCCA 55 Crown Street Brentwood Essex CM14 4BD

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees for the year ended 31st March 2022**

#### **History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPS), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support ,education & practical advice to advance the education of the General Public in all areas relating to CIPS, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

#### **Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

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Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2022**

#### **Achievements, performance and financial review**

During the ended 31st March 2022 the Trust's activities resulted in net funding receipts totalling £55,745 and expenditure of £49,767.

During this account year PORT has sourced and Funded two Research projects, both having passed scrutiny of the Medical Peer advisory panel of Bowel Research UK (BRUK). The BRUK panel supports PORT to ensure only the best research with the most potential to provide positive outcomes are funded. The research projects PORT funded this year are geared towards both Adult and Paediatric sufferers.

#### **Research 1 Salford Royal NHS Foundation Trust.**

“The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility”

Lead applicant, Dr Katherine Twist Clinical psychologist/Principal Investigator,

Co-applicants are

Professor Simon Lal Professor of Gastroenterology,

Dr Sarah Kelly Consultant Clinical psychologist,

Professor John McLaughlin Professor of Gastro and Nutrition,

Dr Peter Paine Consultant Gastroenterologist.

Research Duration 18 months

**Cost £49,994.20**

#### **Research 2 Great Ormond Street Hospital**

“The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Pseudo Obstruction”

Lead Applicant Dr Osvaldo Borrelli Paediatric Consultant Gastroenterologist

Co-applicants are

Dr Anna Rybak Paediatric Consultant Gastroenterologist

Tom Anthony Watson Consultant Paediatric Radiologist

Dr Lorenzo Blassoni Consultant Nuclear Medicine

All are based at Great Ormond Street Hospital

Last applicant based at UCL (University College London)

Dr Heather Fitzke Post-Doctoral Research Associate

Research Duration 18 months

**Cost £50,000.00**

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2022**

#### **PORT Charity PIPO booklet update**

This information booklet was been produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

#### **Facebook Page update**

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

#### **Covid Impact**

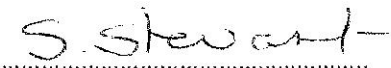
Like many Charities Covid has impacted on fundraising this year.

#### **Trust's funds**

The Trust's funds are all currently unrestricted.

#### **Approval**

This report was approved by the Trustees on .....*28th Jan 2023*..... and signed on their behalf by:



**S Stewart**  
Trustee



**R Stanier**  
Trustee

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2022, which are set out on pages 6 to 7.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**TIM HORNER FCCA**  
Chartered Certified Accountant

55 Crown Street  
Brentwood Essex  
CM14 4BD

# PSEUDO OBSTRUCTION RESEARCH TRUST

## Receipts and payments account for the year ended 31st March 2022

	Year ended 31/03/22	Year ended 31/03/21
	Unrestricted Funds £	Unrestricted Funds £
<b>Receipts</b>		
General donations	31,934	10,138
Internet donations	23,385	29,470
Website commissions	79	76
Net fundraising proceeds	300	-
Bank interest received	47	132
<b>Total receipts</b>	<u>55,745</u>	<u>39,816</u>
<b>Payments</b>		
Contributions towards medical research	99,994	-
Return of previous medical research contributions	(50,900)	
	<u>49,094</u>	<u>-</u>
<b>Expenses</b>		
Public liability insurance	297	297
Promotion, advertising and event costs	-	250
Computer and website costs	101	192
Postage and stationery	275	100
Sundry expenses	-	-
<b>Total payments</b>	<u>49,767</u>	<u>839</u>
<b>Net receipts / (expenses)</b>	5,978	38,977
Cash funds brought forward	214,870	175,893
<b>Cash funds carried forward</b>	<u>220,848</u>	<u>214,870</u>

# PSEUDO OBSTRUCTION RESEARCH TRUST

## Statement of assets and liabilities as at 31st March 2022

	2022		2021	
	£	£	£	£
<b>Assets</b>				
Debtors and prepayments	-		528	
Bank account balances	220,848		214,342	
	<u>220,848</u>		<u>214,870</u>	
<b>Liabilities</b>				
Accrued expenses	-		-	
	<u>220,848</u>		<u>214,870</u>	
<b>Net assets</b>	<u>220,848</u>		<u>214,870</u>	
<b>Reserves</b>				
Unrestricted funds	<u>220,848</u>		<u>214,870</u>	

These accounts were approved by the Trustees on 18th Jan 2023 and signed on their behalf by:



S Stewart  
Trustee



R Stanier  
Trustee

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2022**

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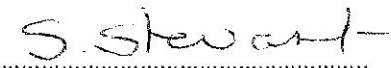
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