

# PORT

England & Wales · Charity number 1114217

## Details

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**Status** Registered

**Legal form** Trust

**Registered** 2006-05-16

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Steeple Lodge  
Church Lane  
Doddinghurst  
Brentwood  
CM15 0NJ

**Phone** 07939885699

**Email** [sue\\_stewart\\_pseudo@hotmail.co.uk](mailto:sue_stewart_pseudo@hotmail.co.uk)

**Website** [www.port-charity.org.uk](http://www.port-charity.org.uk)

## Activities

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**Objects:** \* TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF SUFFERERS OF CHRONIC PSEUDO OBSTRUCTION IN THE UNITED KINGDOM THROUGH THE PROVISION OF FINANCIAL ASSISTANCE, SUPPORT, EDUCATION AND PRACTICAL ADVICE.\* TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO CHRONIC PSEUDO OBSTRUCTION\* THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN THE UNITED KINGDOM.

**Activities:** TO PROMOTE & PROTECT THE PHYSICAL & MENTAL HEALTH OF UK SUFFERERS OF CHRONIC INTESTINAL PSEUDO OBSTRUCTION (CIPS), GASTROPARESIS & DYSMOTILITY LEADING TO INTESTINAL FAILURE THROUGH THE PROVISION OF FUNDING FOR MEDICAL RESEARCH, SUPPORT ,EDUCATION & PRACTICAL ADVICE TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO CIPS GASTROPARESIS & DYSMOTILITY LEADING TO INTESTINAL FAILURE

## Classification

- **How:** Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities

## Geography

- **Area of benefit:** THE UNITED KINGDOM.
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£41,296	£471	-	-
2024-03-31	£38,090	£419	-	-
2023-03-31	£32,715	£585	-	-
2022-03-31	£55,745	£49,767	-	-
2021-03-31	£39,684	£839	-	-

## Trustees

Name	Role	Appointed
<b>SUSAN STEWART</b>	Chair	2006-05-16
ABIGAIL ANDREWS		2022-10-19
Ashlee Johnson		2015-02-08
BARRY JOHN STEWART		2019-02-07
Dr Nigel John Meadows		2019-02-07
IAN FROST		
Kilian Fitzsimmons-Wilson		2014-02-28
LESLEY CARMICHAEL		2018-03-10
REBECCA MARY STANIER		2012-08-05
SONIA FROST		

**PORT**

England & Wales - Charity number 1114217

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# Accounts

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**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2025**

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street

Brentwood

Essex CM14 4BD

[www.hillwooldridge.com](http://www.hillwooldridge.com)

# PSEUDO OBSTRUCTION RESEARCH TRUST

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## PSEUDO OBSTRUCTION RESEARCH TRUST

### Trust information

Charity commission number	1114217
Established	22nd February 2006 by Deed of Trust
Address	Steeple Lodge Church Lane Doddinghurst Essex CM15 0NJ
Website	<a href="http://www.port-charity.org.uk">www.port-charity.org.uk</a>
Trustees	Sue Stewart (Chairperson) Rebecca Stanier Barry Stewart Dr Nigel Meadows Lesley Carmichael Ashlee Johnson Kilian Fitzsimmons-Wilson Sonia Frost Ian Frost Abigail Andrews
Bankers	Lloyds TSB 47 High Street Brentwood Essex CM14 4RN
Independent examiner	Tim Horner FCCA 55 Crown Street Brentwood Essex CM14 4BD

# **PSEUDO OBSTRUCTION RESEARCH TRUST**

## **Report of the Trustees for the year ended 31st March 2025**

### **History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPS), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support ,education & practical advice to advance the education of the General Public in all areas relating to CIPS, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

### **Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2025**

#### **Achievements, performance and financial review**

During the ended 31st March 2025 the Trust's activities resulted in net funding receipts totalling £41,296 and expenditure of £471.

PORT continues its working relationship with Bowel Research UK (BRUK).

PORT has access to the Medical Research Peer Panel made up of leading Consultants Doctors and Medical Researchers of Bowel Research UK who review, and score the research applications we receive, so that we focus on the best possible research.

#### **Following on from our PORT Trustees Report Year end 31.03.24:**

##### **Research 1/2022 Salford Royal NHS Foundation Trust**

'The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility'

This research was aborted due to Staff resignations, Maternity leave, other staffing issues, and patient recruitment failures. An Initial funding grant of £25,138.01 has been paid for the Initial set up costs of this research.

No further funding has taken place, Bowel Research UK are holding the remaining £24856.19 on behalf of PORT (Ring Fenced), upon our instruction this sum has been reallocated to fund the Dr. Rachael Harwood Alder Hey Children's NHS Foundation Trust. Payment for this is anticipated to be paid at the end of the study, details are below in the New Research section.

##### **Research 4/2023 - Great Ormond Street Hospital (GOSH)**

'The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Intestinal Pseudo Obstruction (PIPO) (Prof. Osvaldo Borelli)

An Initial funding grant of £25000 has been made at the commencement of research, to fund initial set up expenses.

The start date for research was delayed to April 2023 due to recruitment issues.

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2025**

#### **Research 4/2023 - Great Ormond Street Hospital (GOSH) continued**

Paediatric intestinal pseudo-obstruction (PIPO) encompasses a group of rare, severe disorders affecting the gastrointestinal nerves and muscles. The inability to tolerate feeds is one of the main problems in children with PIPO representing a considerable psychological burden for both children and their families. Tools able to predict the optimisation of oral/intestinal nutritional support are scarce. Moreover, the availability of specialist equipment used for the diagnosis and management is limited to a few centres. Recent advances in motility magnetic resonance imaging (mMRI) suggested its potential use as non-invasive technique for quantifying intestinal motility in children with PIPO. We aim to demonstrate the utility of mMRI for assessing bowel movement by using a novel software able to quantify objectively segmental and global gut motor activity in the response to a liquid challenge.

By comparing mMRI biomarkers to parameters detected by antro-duodenal manometry and small bowel scintigraphy, the current diagnostic tools used for assessing the bowel motor activity, we aim to provide new insights on the underlying mechanisms responsible for the disease severity. We also aim to provide a proof of concept for the use of mMRI as a non-invasive diagnostic tool for the diagnosis and management of children with PIPO.

#### **GOSH Interim report**

Progress to date: The aim of our project is to validate the semi-automated quantitative metrics of GI motility extracted from mMRI in children with PIPO, against ADM and small bowel scintigraphy. It is characterised by a retrospective arm, with the analysis of small bowel motility in mMRI, small bowel scintigraphy and ADM in 20 patients, and a prospective arm, which involves the analysis of the motility parameters in children with PIPO and control group (non-PIPO patients), using mMRI, ADM and small bowel scintigraphy, with the aim to validate automated MRI motility biomarkers (15-20 patients). The retrospective arm has been concluded. We are moving to the prospective arm.

GOSH have completed the first part of the project PORT has agreed an extension to allow time for the IT issues to be rectified.

The revised end date was to be November 2025, Discussions with GOSH are still ongoing they do wish to finalise their research however the IT software issues are still unresolved.

At the time of writing a Final Report is still awaited.

If GOSH are unable to complete the study and produce the Final Report, sadly PORT would have to abort this research.

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2025**

#### **NEW RESEARCH Agreed In this year 2024/25**

The following two applications have been 'Peer' reviewed by BRUK (Bowel Research UK), and deemed by the BRUK Medical Advisory panel to be an acceptable standard. Grant Funding has also been approved by the Trustees of PORT and we have given the go ahead on these two research projects.

Both research teams have been notified they have been awarded their respective Grants.

#### **Alder Hey Children's NHS Foundation Trust - Dr Rachel Harwood**

#### **Babies with Enterocolitis-A study of Faecal Calprotectin proposed start date 1<sup>st</sup> October 2024 ending October 2026**

#### **Grant cost £47185.50**

Initial funding £24856.19, to be made from the unused Salford Royal NHS Trust aborted project above (PORT funds held at BRUK).

#### **Lay Summary**

Babies with Hirschsprung's Disease are born without normal nerves to the end of their bowel which means they cannot poo properly, and are at high risk of infection of the bowel, called enterocolitis. 1 in 4 children with the Disease develop enterocolitis and, if not treated quickly, it can lead to death. The symptoms include a swollen tummy, temperatures and diarrhoea but it can be hard to spot, especially in the early stages, and there is no test for it. In some diseases, a substance called calprotectin is found in the poo when the bowel is inflamed. We plan to collect poo samples from children with Hirschsprung's Disease and measure the calprotectin, to see if it can help us predict which children are at highest risk of enterocolitis. When we collect the poo we will ask parents some questions about their child's diet and poos over the week before, and how easy it was to collect the sample. This is a pilot study, which means we don't expect to get a definite answer to whether measuring calprotectin levels will change treatment for children. However, it will help us find out if calprotectin levels are a useful test for bowel inflammation in these children and will tell us what parents' views are on collecting poo samples regularly. If it does look like measuring calprotectin is a useful test in Hirschsprung's disease, we will do more studies to find out if some children may benefit from more intensive treatment.

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

**Report of the Trustees (continued)  
for the year ended 31st March 2025**

**Blizzard Institute London - Prof Gareth Sanger**

**Mechanisms and Treatment of Nausea Proposed start date 16<sup>th</sup> November 2025**

**Grant cost £55698.77**

### **Lay Summary**

Nausea is highly aversive and unlike vomiting, poorly treated. This includes gastroparesis, where nausea is a dominant symptom. Researchers have identified areas of damage within the stomach of patients with gastroparesis. This includes some loss of 'pacemaker cells' within the stomach wall. These are cells which generate a small electrical current that passes around the stomach at regular intervals, coordinating its ability to function and empty normally after eating. Dysfunctional pacemaker cells create small disruptions in movements of the stomach. When these are recognised by a major nerve that connects the stomach to the brain, the changes can be communicated for interpretation as nausea ("queasy stomach"). Our laboratory uses human stomach (obtained following surgery for obesity) to investigate how substances causing nausea disrupt pacemaker and other functions of the stomach, and how this can be corrected by electrical stimulation of the stomach. In patients, electrical stimulation involves surgically attaching electrodes onto the stomach, connected to a stimulator outside the body. Different methods of stimulation are used, each with promising results. However, it unclear how they work and what they do to different parts of the stomach (potentially providing 'good' and 'less good' outcomes). Using human stomach, we will characterise the effects of substances causing nausea, discover how best to electrically stimulate for optimal clinical benefit and then show how electrical stimulation can alleviate nausea. The outcomes will help understand mechanisms of nausea and guide the development of stimulators and/or new drugs to help these poorly-treated patients.

### **New Diagnostic Equipment for Great Ormond Street Hospital**

Following consultations with Prof. Osvaldo Borelli at GOSH, it has become clear that there is a need for new less invasive state of the art diagnostic equipment for PIPO (Paediatric Intestinal Pseudo Obstruction). The Alimetry system is an external belt which allows a non-invasive assessment of the gastric myoelectrical activity is similar to an ECG machine of the heart. The machine will provide useful information of the gastric involvement in children with PIPO and to help pave a way to the patients enteral feeding.

PORT have been negotiating with Alimetry, the Manufacturers of the equipment, and have obtained an enhanced deal for GOSH.

PORT will be funding the important state of the art Paediatric Diagnostic Equipment for GOSH early 2026 at a cost of £31,228.50 inclusive of VAT (2025 price, and is subject to potential change).

PORT awaits NHS/GOSH approval to enable PORT to fund Alimetry purchase

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2025**

#### **PORT Website Update**

Our website was originally constructed in 2007 and the system had become of an age where it was in need of replacement / restructuring. We are pleased to confirm the transfer to a new website provider has taken place, and the new up to date website is fully operational, from January 2025, the website continues to be a valuable assistant to understanding CIPO.

#### **PORT Charity PIPO booklet update**

The information booklet produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children, remains current, and is still in use at GOSH.

The booklet has provided an 'Easy to read' source of information for children, and their families from PORT and GOSH.

The feedback has been very positive, and we are proud to have produced such an informative booklet.

The booklet has been added to our new website page so that it may be accessed remotely online.

Two other Books in relation to CIPO and Living with CIPO have been published by volunteer, and a trustee.

Dr. Nigel Meadows (Retired Paediatric Consultant) has published 'Tummy Ache should I be Bovered??' this publication is also available on-line via Amazon Books, and

Nicola Stewart volunteer (assisted by Dr Mohammed Mutalib consultant gastroenterologist Evelina children's Hospital) has a paperback published of her book 'Gut Feeling'.

#### **Facebook Page update**

Our private Facebook members page continues, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated.

This is of paramount importance to help with mental wellbeing, for sufferers. The numbers that have access to this restricted access page continue to steadily grow.

#### **Linked-In**

The PORT Charity Linked-In page is now open.

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**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Report of the Trustees (continued)  
for the year ended 31st March 2025**

**Fund Raising**

PORT would like to thank all the efforts of the various fundraisers, and fund-raising events that took place during this accounting period.

Rodeo Restaurant Donations & Fund-raiser collections, Brighton Marathon runners, Coffee mornings, Maharaja Indian Curry night, Zumbathon's by Everyone active Chilterns Lifestyle Amersham, Thurrock and Drums Bowls club fundraisers.

Barney O'Driscoll has written a song 'Starving for a Cure' available on Spotify, and all Royalties are donated to PORT.

PORT has also received a Legacy from a supporter's estate of £10,000.

**Looking forward - Fundraising after year end March 25**

Ongoing Rodeo Restaurant donations and Collections for 2025

Maharaja Indian Curry Night 2025

Barney O Driscoll's song 'Starving for a CURE' continued Royalty income for PORT.

PORT have arranged PORT / GOSH PIPO Family fun day at GOSH London 18<sup>th</sup> October 25.

Thurrock and Drums Bowls club have offered continued support 2025.

The Fred Whitton Challenge 112 miles Cycle ride of the Lake District 2025

PORT has booked 5 places the Brighton Marathon 2025

PORT has booked 2 places for the London Marathon 2026

PORT has booked 5 places for the Rob Burrows Leeds Marathon 2026

Maharaja Restaurant will be having another Indian Curry Night again in 2026

**Approval**

This report was approved by the Trustees on 16th January 2026 and signed on their behalf by:

*S Stewart*

.....

**S Stewart**

Trustee

*R Stanier*

.....

**R Stanier**

Trustee

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2025, which are set out on pages 10 and 11.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Tim Horner*

16th January 2026

**TIM HORNER FCCA**  
Chartered Certified Accountant

55 Crown Street  
Brentwood Essex  
CM14 4BD

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Receipts and payments account  
for the year ended 31st March 2025**

	<b>Year ended 31/03/25</b>	<b>Year ended 31/03/24</b>
	<b>Unrestricted Funds £</b>	<b>Unrestricted Funds £</b>
<b>Receipts</b>		
General donations and fundraising proceeds	17,029	13,694
Internet donations	18,379	18,808
Website commissions	-	78
Bank interest received	5,888	5,510
<b>Total receipts</b>	<b>41,296</b>	<b>38,090</b>
<b>Payments</b>		
Contributions towards medical research	-	-
	-	-
<b>Expenses</b>		
Public liability insurance	151	151
Computer and website costs	202	90
Sundry expenses	118	178
<b>Total payments</b>	<b>471</b>	<b>419</b>
<b>Net receipts / (expenses)</b>	<b>40,825</b>	<b>37,671</b>
Cash funds brought forward	290,649	252,978
<b>Cash funds carried forward</b>	<b>331,474</b>	<b>290,649</b>

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Statement of assets and liabilities  
as at 31st March 2025**

	2025		2024	
	£	£	£	£
<b>Assets</b>				
Bank account balances	330,514		290,649	
Prepaid expenses	960			
	<u>331,474</u>		<u>290,649</u>	
<b>Liabilities</b>				
Accrued expenses	-		-	
	<u>-</u>	331,474	<u>-</u>	290,649
<b>Net assets</b>		<u>331,474</u>		<u>290,649</u>
<b>Reserves</b>				
Unrestricted funds		<u>331,474</u>		<u>290,649</u>

These accounts were approved by the Trustees on 16th January 2026 and signed on their behalf by:

*S Stewart*

.....  
**S Stewart**  
Trustee

*R Stanier*

.....  
**R Stanier**  
Trustee

**PORT**

England & Wales - Charity number 1114217

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# Accounts

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**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2024**

**TIM HORNER FCCA**

Chartered Certified Accountant

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Brentwood

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## PSEUDO OBSTRUCTION RESEARCH TRUST

### Trust information

Charity commission number	1114217
Established	22nd February 2006 by Deed of Trust
Address	Steeple Lodge Church Lane Doddinghurst Essex CM15 0NJ
Website	<a href="http://www.port-charity.org.uk">www.port-charity.org.uk</a>
Trustees	Sue Stewart (Chairperson) Rebecca Stanier Barry Stewart Dr Nigel Meadows Lesley Carmichael Ashlee Johnson Kilian Fitzsimmons-Wilson Sonia Frost Ian Frost Abigail Andrews
Bankers	Lloyds TSB 47 High Street Brentwood Essex CM14 4RN
Independent examiner	Tim Horner FCCA 55 Crown Street Brentwood Essex CM14 4BD

# **PSEUDO OBSTRUCTION RESEARCH TRUST**

## **Report of the Trustees for the year ended 31st March 2024**

### **History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPS), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support ,education & practical advice to advance the education of the General Public in all areas relating to CIPS, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

### **Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2024**

#### **Achievements, performance and financial review**

During the ended 31st March 2024 the Trust's activities resulted in net funding receipts totalling £38,090 and expenditure of £419.

PORT continues its working relationship with Bowel Research UK (BRUK).

PORT has access to the Medical Research Peer Panel made up of leading Consultants Doctors and Medical Researchers of Bowel Research UK who review, and score the research applications we receive, so that we focus on the best possible research.

In this year 2023/24 we have not made any Research funding as the applications that were reviewed were deemed by the BRUK Medical Advisory panel to be not of a high enough standard.

This year has seen the passing of a valuable member of our trustee team Rachael Green, after suffering with CIPO condition for most of her life, she will be sadly missed.

#### **Following on from our PORT Trustees Report Year end 31.03.23**

##### **Research 1/2023 Salford Royal Hospital NHS Foundation Trust**

'Exploring intolerance of small bowel feeding in severe gastro intestinal dysmotility, a feasibility study.'

Lead Applicant Dr Peter Paine

Co Applicant 1 Prof Lal – Intestinal Failure Unit

Co Applicant 2 Dr Sarah Kelly – Consultant Clinical Psychologist – Intestinal Failure Unit

Co Applicant 3 Prof John McLaughlin – Division of Diabetes, Endocrinology and Gastroenterology

Co Applicant 4 Mrs. Kirstine Farrer – Consultant Dietician

Co Applicant 5 Dr Marie McMahon – Consultant and Clinical Lead for Nutrition and Gastroenterology

**Conclusions:** Double blinded jejunal feed rate challenge is feasible in adults to help explore the relationships between jejunal feed types, volumes and rates with symptoms. No relationship between participant scores of pain, bloating and nausea, and feed rate, volume and type were observed. There was clinical utility for patients and teams who reported exploring central rather than peripheral mechanisms of symptom generation using these findings. Approaching patients with an NJ tube still in situ and shorter feed durations might improve acceptability in future studies.

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2024**

#### **Research 1/2023 Salford Royal Hospital NHS Foundation Trust (Continued)**

The Salford team are grateful to PORT for their generous funding which has made this clinically important study possible. These findings will now be submitted for presentation in scientific meetings and a paper for journal submission is currently being drafted, for the BSPGHAN (British Society of Paediatric Gastroenterology Hepatology and Nutrition) Annual Conference Meeting.

#### **Existing Research 1/2022 Salford Royal NHS Foundation Trust**

'The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility'

#### **Salford Royal NHS Foundation Trust Midpoint Report**

Ethical approval has been obtained and recruitment of patients has begun. Collect outcome data (ongoing)  
Collect and complete group intervention (ACTing on your GUT feelings)  
Conduct qualitative interviews  
Conduct data analysis

An Initial funding grant of £25,138.01 has been paid for the Initial set up costs of this research, however due to a number of staff leaving the research project, and the main lead going on Maternity leave the work appeared to have stalled, and not been fully completed as initially set out.

The final report is unsatisfactory, and at this time PORT have informed Salford that we will not be funding any further research for this project as the Initial Final report demonstrated that the research had not been fully completed.

Bowel Research UK are holding the remaining £24856.19 on behalf of PORT (Ring Fenced), this will be re-allocated towards a new research project in the future, in 2024/2025.

#### **Research 2/2022 Great Ormond Street Hospital (GOSH)**

'The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Intestinal Pseudo Obstruction (PIPO).

The initial start date was September 2022. This was delayed to April 2023 due to recruitment issues. The revised end date will be November 2024, after which a Final Report will be produced.

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2024**

#### **GOSH Midpoint Report**

We are progressing well with our study and the first part is almost concluded. The aim of our project is to validate the semi-automated quantitative metrics of GI motility extracted from MRI in children with PIPO, against ADM and small bowel scintigraphy. It is characterized by a retrospective arm, with the analysis of small bowel motility in MRI, small bowel scintigraphy and ADM In 20 patients, and a prospective arm, which involves the analysis of the motility parameters in children with PIPO and control group (non-PIPO patients) using MRI, ADM and small bowel scintigraphy, with the aim to validate automated MRI motility biomarkers (15-20) patients) The retrospective arm has been concluded. We are moving to the prospective arm.

Work is still progressing and a Final Report is awaited.

#### **PORT Charity PIPO booklet update**

The information booklet produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children, remains current and is still in use at GOSH.

The booklet has provided an 'Easy to read' source of information for children, and their families from PORT and GOSH.

The feedback has been very positive and we are proud to have produced such an informative booklet.

#### **Facebook Page update**

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing for sufferers.

#### **Linked In**

The PORT Charity Linked in page has now been established.

#### **Acknowledgements**

PORT would like to thank all the efforts of the various fundraisers, and fund-raising events that took place during this accounting period.

#### **Trust's funds**

The Trust's funds are all currently unrestricted.

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Report of the Trustees (continued)  
for the year ended 31st March 2024**

**Approval**

This report was approved by the Trustees on ..... and signed on their behalf by:

.....  
**S Stewart**  
Trustee

.....  
**R Stanier**  
Trustee

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2024, which are set out on pages 8 and 9.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**TIM HORNER FCCA**  
Chartered Certified Accountant

55 Crown Street  
Brentwood Essex  
CM14 4BD

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Receipts and payments account  
for the year ended 31st March 2024**

	<b>Year ended 31/03/24</b>	<b>Year ended 31/03/23</b>
	<b>Unrestricted Funds £</b>	<b>Unrestricted Funds £</b>
<b>Receipts</b>		
General donations	13,294	11,469
Internet donations	18,808	17,078
Website commissions	78	115
Net fundraising proceeds	400	2,079
Bank interest received	5,510	1,974
<b>Total receipts</b>	<b>38,090</b>	<b>32,715</b>
<b>Payments</b>		
Contributions towards medical research	-	-
	-	-
<b>Expenses</b>		
Public liability insurance	151	297
Computer and website costs	90	245
Sundry expenses	178	43
<b>Total payments</b>	<b>419</b>	<b>585</b>
<b>Net receipts / (expenses)</b>	<b>37,671</b>	<b>32,130</b>
Cash funds brought forward	252,978	220,848
<b>Cash funds carried forward</b>	<b>290,649</b>	<b>252,978</b>

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Statement of assets and liabilities  
as at 31st March 2024**

	<b>2024</b>		<b>2023</b>	
	£	£	£	£
<b>Assets</b>				
Bank account balances	290,649		252,978	
	<u>290,649</u>		<u>252,978</u>	
<b>Liabilities</b>				
Accrued expenses	-		-	
	<u>-</u>	290,649	<u>-</u>	252,978
<b>Net assets</b>		<u><u>290,649</u></u>		<u><u>252,978</u></u>
<b>Reserves</b>				
Unrestricted funds		<u><u>290,649</u></u>		<u><u>252,978</u></u>

These accounts were approved by the Trustees on ..... and signed on their behalf by:

.....  
**S Stewart**  
 Trustee

.....  
**R Stanier**  
 Trustee

**PORT**

England & Wales - Charity number 1114217

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# Accounts

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**PSEUDO OBSTRUCTION RESEARCH TRUST**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31st MARCH 2023**

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street

Brentwood

Essex CM14 4BD

[www.hillwooldridge.com](http://www.hillwooldridge.com)

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7	Receipts and payments account
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**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Trust information**

Charity commission number

1114217

Established

22nd February 2006 by Deed of Trust

Address

Steeple Lodge  
Church Lane  
Doddington  
Essex  
CM15 0NJ

Website

[www.port-charity.org.uk](http://www.port-charity.org.uk)

Trustees

Sue Stewart (Chairperson)  
Rebecca Stanier  
Barry Stewart  
Dr Nigel Meadows  
Lesley Carmichael  
Ashlee Johnson  
Kilian Fitzsimmons-Wilson  
Sonia Frost  
Ian Frost

Rachel Green - retired 17th October 2023  
Louise Roberts - retired 1st March 2023

Bankers

Lloyds TSB  
47 High Street  
Brentwood  
Essex  
CM14 4RN

Independent examiner

Tim Horner FCCA  
55 Crown Street  
Brentwood  
Essex  
CM14 4BD

**History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPSO), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support, education & practical advice to advance the education of the General Public in all areas relating to CIPSO, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

**Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

Continued/.....

**Report of the Trustees (continued)  
for the year ended 31st March 2023**

**Achievements, performance and financial review**

During the ended 31st March 2023 the Trust's activities resulted in net funding receipts totalling £32,715 and expenditure of £585.

During this account year 2022/23 PORT has sourced one new research project below, which passed scrutiny of the medical peer advisory panel of Bowel Research UK (BRUK)

**Research 1/2023 Salford Royal Hospital NHS Foundation Trust**

'Exploring intolerance of small bowel feeding in severe gastro intestinal dysmotility, a feasibility study.'

Lead Applicant Dr Peter Paine

Co Applicant 1 Prof Lal – Intestinal Failure Unit

Co Applicant 2 Dr Sarah Kelly – Consultant Clinical Psychologist – Intestinal Failure Unit

Co Applicant 3 Prof John McLaughlin – Division of Diabetes, Endocrinology and Gastroenterology

Co Applicant 4 Mrs. Kirstine Farrer – Consultant Dietician

Co Applicant 5 Dr Marie McMahon – Consultant and Clinical Lead for Nutrition and Gastroenterology

Research Duration 18 months

Cost £47,756.00

**Following on from our PORT Trustees Report Year end 31.03.22**

**Existing Research 1/2022 Salford Royal NHS Foundation Trust**

'The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-intestinal Dysmotility'

**Salford Royal NHS Foundation Trust Midpoint Report**

Continue with recruitment procedures (until April 2023)

Ethical approval has been obtained and recruitment of patients has begun. Collect outcome data (ongoing) Collect and complete group intervention (ACTing on your GUT feelings)

Conduct qualitative interviews

Conduct data analysis

At this time PORT are awaiting the final report.

**Research 2/2022 Great Ormond Street Hospital (GOSH)**

The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Intestinal Pseudo Obstruction (PIPO).

The initial start date was September 2022. This was delayed to April 2023 due to recruitment issues. The revised end date will be November 2024, after which a Final Report will be produced.

**GOSH Midpoint Report**

We are progressing well with our study and the first part is almost concluded. The aim of our project is to validate the semi-automated quantitative metrics of GI motility extracted from MRI in children with PIPO, against ADM and small bowel scintigraphy. It is characterized by a retrospective arm, with the analysis of small bowel motility in MRI, small bowel scintigraphy and ADM in 20 patients, and a prospective arm, which involves the analysis of the motility parameters in children with PIPO and control group (non-PIPO patients) using MRI, ADM and small bowel scintigraphy, with the aim to validate automated MRI motility biomarkers (15-20) patients) The retrospective arm has been concluded. We are moving to the prospective arm.

**PORT Charity PIPO booklet update**

This information booklet was produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

**Facebook Page update**

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

**Linked In**

The trustees have considered opening a PORT Charity Linked in page, this is to be arranged.

**Covid Impact**

Like many Charities Covid has impacted on fundraising, however this year has seen improvement, with new fundraisers committed to raise funds next year.

**Acknowledgements**

PORT would like to thank all the efforts of the various fundraisers, and fund-raising events that took place during this accounting period.

The Trustees would also like to express their sadness at the passing of Rachel Green who was a valued and active trustee and will be missed by the Trust.

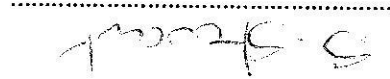
**Trust's funds**

The Trust's funds are all currently unrestricted.

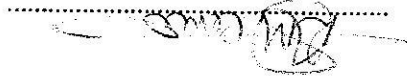
**Approval**

This report was approved by the Trustees on 25th Jan 2024 and signed on their behalf by:

S Stewart  
Trustee



R Stanier  
Trustee



**Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2023, which are set out on pages 7 to 8.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street  
Brentwood Essex  
CM14 4BD

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Receipts and payments account  
for the year ended 31st March 2023**

<b>Year ended</b>	<b>Year ended</b>
<b>31/03/22</b>	<b>31/03/23</b>
<b>Unrestricted Funds</b>	<b>Unrestricted Funds</b>
<b>£</b>	<b>£</b>
<b>31,934</b>	<b>11,469</b>
<b>23,385</b>	<b>17,078</b>
<b>79</b>	<b>115</b>
<b>300</b>	<b>2,079</b>
<b>47</b>	<b>1,974</b>
<b>55,745</b>	<b>32,715</b>
<b>Total receipts</b>	<b>Total receipts</b>
<b>99,994</b>	<b>-</b>
<b>(50,900)</b>	<b>-</b>
<b>49,094</b>	<b>-</b>
<b>Expenses</b>	<b>Expenses</b>
<b>297</b>	<b>297</b>
<b>101</b>	<b>245</b>
<b>275</b>	<b>-</b>
<b>-</b>	<b>43</b>
<b>49,767</b>	<b>585</b>
<b>Total payments</b>	<b>Total payments</b>
<b>5,978</b>	<b>32,130</b>
<b>214,870</b>	<b>220,848</b>
<b>220,848</b>	<b>252,978</b>
<b>Cash funds brought forward</b>	<b>Cash funds brought forward</b>
<b>Cash funds carried forward</b>	<b>Cash funds carried forward</b>
<b>Net receipts / (expenses)</b>	<b>Net receipts / (expenses)</b>
<b>Receipts</b>	<b>Receipts</b>
<b>General donations</b>	<b>General donations</b>
<b>Internet donations</b>	<b>Internet donations</b>
<b>Website commissions</b>	<b>Website commissions</b>
<b>Net fundraising proceeds</b>	<b>Net fundraising proceeds</b>
<b>Bank interest received</b>	<b>Bank interest received</b>
<b>Payments</b>	<b>Payments</b>
<b>Contributions towards medical research</b>	<b>Contributions towards medical research</b>
<b>Return of previous medical research contributions</b>	<b>Return of previous medical research contributions</b>

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Statement of assets and liabilities  
as at 31st March 2023**

	2023	2022
<b>Assets</b>		
Bank account balances	252,978	220,848
<b>Liabilities</b>		
Accrued expenses	-	-
<b>Net assets</b>	<u>252,978</u>	<u>220,848</u>
<b>Reserves</b>		
Unrestricted funds	<u>220,848</u>	<u>220,848</u>

These accounts were approved by the Trustees on 25th Jan 2024 and signed on their behalf by:

S Stewart  
Trustee

R Stanier  
Trustee

**PORT**

England & Wales - Charity number 1114217

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# Accounts

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### **PORT Trustees Report for Year end 31.03.22**

During this account year PORT has sourced and Funded two Research projects, both having passed scrutiny of the Medical Peer advisory panel of Bowel Research UK (BRUK).

The BRUK panel supports PORT to ensure only the best research with the most potential to provide positive outcomes are funded.

The research projects PORT funded this year are geared towards both Adult and Paediatric sufferers.

#### **Research 1 Salford Royal NHS Foundation Trust.**

“The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility”

Lead applicant, Dr Katherine Twist Clinical psychologist/Principal Investigator,

Co-applicants are

Professor Simon Lal Professor of Gastroenterology,

Dr Sarah Kelly Consultant Clinical psychologist,

Professor John McLaughlin Professor of Gastro and Nutrition,

Dr Peter Paine Consultant Gastroenterologist.

Research Duration 18 months

Cost 49,994.20

This research to be conducted by Dr Katherine Twist and her team is the first time that PORT has funded research aimed at Patient's mental health instead of Physical health.

Patients that suffer from this cruel illness can develop Mental health issues that then can impact on their wellbeing.

PORT is very happy to be funding this innovative research.

### Research 2 Great Ormond Street Hospital (GOSH)

"The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Pseudo Obstruction"

Lead Applicant Dr Osvaldo Borrelli Paediatric Consultant Gastroenterologist

Co-applicants are

Dr Anna Rybak Paediatric Consultant Gastroenterologist

Tom Anthony Watson Consultant Paediatric Radiologist

Dr Lorenzo Blassoni Consultant Nuclear Medicine

All are based at Great Ormond Street Hospital

Last applicant based at UCL (University College London)

Dr Heather Fitzke Post-Doctoral Research Associate

Research Duration 18 months

Cost 50000.00

Great Ormond Street Hospital is the main Paediatric centre in the UK for children suffering with Paediatric Intestinal Pseudo Obstruction and Dysmotility, (PIPO/Dysmotility).

PORT is pleased to have formed important links to GOSH and to be funding this research project for them.

### PORT Charity PIPO booklet update

This information booklet was been produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

### Facebook Page update

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

### Covid Impact

Like many Charities Covid has impacted on fundraising this year.

PORT would like to thank all the efforts of the various fundraisers and fund raising events that took place during this accounting period.

Thankyou

*Sue Stewart*

Sue Stewart - Chair of the Pseudo Obstruction Research Trust (PORT)

[www.port-charity.org.uk](http://www.port-charity.org.uk)

Charity number: 1114217

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2022**

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street  
Brentwood  
Essex CM14 4BD

[www.hillwooldridge.com](http://www.hillwooldridge.com)

# PSEUDO OBSTRUCTION RESEARCH TRUST

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Statement of assets and liabilities	<b>7</b>

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# PSEUDO OBSTRUCTION RESEARCH TRUST

## Trust information

Charity commission number	1114217
Established	22nd February 2006 by Deed of Trust
Address	Steeple Lodge Church Lane Doddinghurst Essex CM15 0NJ
Website	<a href="http://www.port-charity.org.uk">www.port-charity.org.uk</a>
Trustees	Mrs S Stewart Mrs R Stanier Mrs S Frost Mr I Frost Mr K Fitzsimmons-Wilson Mr B Stewart Mrs A Johnson Mrs L Roberts Mrs L Carmichael Dr N Meadows
Bankers	Lloyds TSB 47 High Street Brentwood Essex CM14 4RN
Independent examiner	Tim Horner FCCA 55 Crown Street Brentwood Essex CM14 4BD

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees for the year ended 31st March 2022**

#### **History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPS), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support ,education & practical advice to advance the education of the General Public in all areas relating to CIPS, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

#### **Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

---

Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2022**

#### **Achievements, performance and financial review**

During the ended 31st March 2022 the Trust's activities resulted in net funding receipts totalling £55,745 and expenditure of £49,767.

During this account year PORT has sourced and Funded two Research projects, both having passed scrutiny of the Medical Peer advisory panel of Bowel Research UK (BRUK). The BRUK panel supports PORT to ensure only the best research with the most potential to provide positive outcomes are funded. The research projects PORT funded this year are geared towards both Adult and Paediatric sufferers.

#### **Research 1 Salford Royal NHS Foundation Trust.**

“The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility”

Lead applicant, Dr Katherine Twist Clinical psychologist/Principal Investigator,

Co-applicants are

Professor Simon Lal Professor of Gastroenterology,

Dr Sarah Kelly Consultant Clinical psychologist,

Professor John McLaughlin Professor of Gastro and Nutrition,

Dr Peter Paine Consultant Gastroenterologist.

Research Duration 18 months

**Cost £49,994.20**

#### **Research 2 Great Ormond Street Hospital**

“The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Pseudo Obstruction”

Lead Applicant Dr Osvaldo Borrelli Paediatric Consultant Gastroenterologist

Co-applicants are

Dr Anna Rybak Paediatric Consultant Gastroenterologist

Tom Anthony Watson Consultant Paediatric Radiologist

Dr Lorenzo Blassoni Consultant Nuclear Medicine

All are based at Great Ormond Street Hospital

Last applicant based at UCL (University College London)

Dr Heather Fitzke Post-Doctoral Research Associate

Research Duration 18 months

**Cost £50,000.00**

## PSEUDO OBSTRUCTION RESEARCH TRUST

Report of the Trustees (continued)  
for the year ended 31st March 2022

### PORT Charity PIPO booklet update

This information booklet was been produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

### Facebook Page update

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

### Covid Impact

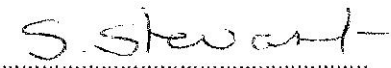
Like many Charities Covid has impacted on fundraising this year.

### Trust's funds

The Trust's funds are all currently unrestricted.

### Approval

This report was approved by the Trustees on .....27th Jan 2023..... and signed on their behalf by:



S Stewart  
Trustee



R Stanier  
Trustee

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2022, which are set out on pages 6 to 7.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 41 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Receipts and payments account  
for the year ended 31st March 2022**

	<b>Year ended 31/03/22</b>	<b>Year ended 31/03/21</b>
	<b>Unrestricted Funds £</b>	<b>Unrestricted Funds £</b>
<b>Receipts</b>		
General donations	31,934	10,138
Internet donations	23,385	29,470
Website commissions	79	76
Net fundraising proceeds	300	-
Bank interest received	47	132
<b>Total receipts</b>	<b>55,745</b>	<b>39,816</b>
<b>Payments</b>		
Contributions towards medical research	99,994	-
Return of previous medical research contributions	(50,900)	-
	<b>49,094</b>	<b>-</b>
<b>Expenses</b>		
Public liability insurance	297	297
Promotion, advertising and event costs	-	250
Computer and website costs	101	192
Postage and stationery	275	100
Sundry expenses	-	-
<b>Total payments</b>	<b>49,767</b>	<b>839</b>
<b>Net receipts / (expenses)</b>	<b>5,978</b>	<b>38,977</b>
Cash funds brought forward	214,870	175,893
<b>Cash funds carried forward</b>	<b>220,848</b>	<b>214,870</b>

PSEUDO OBSTRUCTION RESEARCH TRUST

Statement of assets and liabilities  
as at 31st March 2022

	2022		2021	
	£	£	£	£
<b>Assets</b>				
Debtors and prepayments	-		528	
Bank account balances	220,848		214,342	
	<u>220,848</u>		<u>214,870</u>	
<b>Liabilities</b>				
Accrued expenses	-		-	
	<u>220,848</u>		<u>214,870</u>	
<b>Net assets</b>		<u>220,848</u>		<u>214,870</u>
<b>Reserves</b>				
Unrestricted funds		<u>220,848</u>		<u>214,870</u>

These accounts were approved by the Trustees on 18th Jan 2023 and signed on their behalf by:



S Stewart  
Trustee



R Stanier  
Trustee

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2022**

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street  
Brentwood  
Essex CM14 4BD

[www.hillwooldridge.com](http://www.hillwooldridge.com)

# PSEUDO OBSTRUCTION RESEARCH TRUST

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Statement of assets and liabilities	<b>7</b>

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# PSEUDO OBSTRUCTION RESEARCH TRUST

## Trust information

Charity commission number	1114217
Established	22nd February 2006 by Deed of Trust
Address	Steeple Lodge Church Lane Doddinghurst Essex CM15 0NJ
Website	<a href="http://www.port-charity.org.uk">www.port-charity.org.uk</a>
Trustees	Mrs S Stewart Mrs R Stanier Mrs S Frost Mr I Frost Mr K Fitzsimmons-Wilson Mr B Stewart Mrs A Johnson Mrs L Roberts Mrs L Carmichael Dr N Meadows
Bankers	Lloyds TSB 47 High Street Brentwood Essex CM14 4RN
Independent examiner	Tim Horner FCCA 55 Crown Street Brentwood Essex CM14 4BD

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees for the year ended 31st March 2022**

#### **History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPS), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support ,education & practical advice to advance the education of the General Public in all areas relating to CIPS, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

#### **Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

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Continued/.....

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Report of the Trustees (continued) for the year ended 31st March 2022**

#### **Achievements, performance and financial review**

During the ended 31st March 2022 the Trust's activities resulted in net funding receipts totalling £55,745 and expenditure of £49,767.

During this account year PORT has sourced and Funded two Research projects, both having passed scrutiny of the Medical Peer advisory panel of Bowel Research UK (BRUK). The BRUK panel supports PORT to ensure only the best research with the most potential to provide positive outcomes are funded. The research projects PORT funded this year are geared towards both Adult and Paediatric sufferers.

#### **Research 1 Salford Royal NHS Foundation Trust.**

“The Effectiveness of an Acceptance and Commitment Therapy (ACT) based psychological intervention on reducing psychological distress in those diagnosed with Gastro-Intestinal Dysmotility”

Lead applicant, Dr Katherine Twist Clinical psychologist/Principal Investigator,

Co-applicants are

Professor Simon Lal Professor of Gastroenterology,

Dr Sarah Kelly Consultant Clinical psychologist,

Professor John McLaughlin Professor of Gastro and Nutrition,

Dr Peter Paine Consultant Gastroenterologist.

Research Duration 18 months

**Cost £49,994.20**

#### **Research 2 Great Ormond Street Hospital**

“The Utility of Motility-MRI in the assessment of Foregut Neuromuscular function in Children with Paediatric Pseudo Obstruction”

Lead Applicant Dr Osvaldo Borrelli Paediatric Consultant Gastroenterologist

Co-applicants are

Dr Anna Rybak Paediatric Consultant Gastroenterologist

Tom Anthony Watson Consultant Paediatric Radiologist

Dr Lorenzo Blassoni Consultant Nuclear Medicine

All are based at Great Ormond Street Hospital

Last applicant based at UCL (University College London)

Dr Heather Fitzke Post-Doctoral Research Associate

Research Duration 18 months

**Cost £50,000.00**

## PSEUDO OBSTRUCTION RESEARCH TRUST

Report of the Trustees (continued)  
for the year ended 31st March 2022

### PORT Charity PIPO booklet update

This information booklet was been produced by the Pseudo Obstruction Research Trust (PORT), with the help of the Gastroenterology team at GOSH, for children. This booklet has been welcomed by our families and GOSH. The feedback has been very positive and we are proud to have produced such an informative booklet.

### Facebook Page update

Our private Facebook members page continues to grow, it is a friendly, informative group where families can converse freely, build up relationships with one another which leads to the families feeling less isolated. This is of paramount importance to help with mental wellbeing.

### Covid Impact

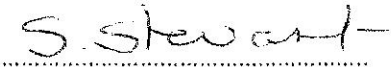
Like many Charities Covid has impacted on fundraising this year.

### Trust's funds

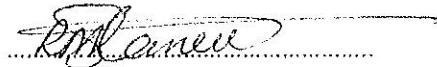
The Trust's funds are all currently unrestricted.

### Approval

This report was approved by the Trustees on .....27th Jan 2023..... and signed on their behalf by:



S Stewart  
Trustee



R Stanier  
Trustee

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2022, which are set out on pages 6 to 7.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 41 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Receipts and payments account  
for the year ended 31st March 2022**

	<b>Year ended 31/03/22</b>	<b>Year ended 31/03/21</b>
	<b>Unrestricted Funds £</b>	<b>Unrestricted Funds £</b>
<b>Receipts</b>		
General donations	31,934	10,138
Internet donations	23,385	29,470
Website commissions	79	76
Net fundraising proceeds	300	-
Bank interest received	47	132
<b>Total receipts</b>	<b>55,745</b>	<b>39,816</b>
<b>Payments</b>		
Contributions towards medical research	99,994	-
Return of previous medical research contributions	(50,900)	-
	<b>49,094</b>	<b>-</b>
<b>Expenses</b>		
Public liability insurance	297	297
Promotion, advertising and event costs	-	250
Computer and website costs	101	192
Postage and stationery	275	100
Sundry expenses	-	-
<b>Total payments</b>	<b>49,767</b>	<b>839</b>
<b>Net receipts / (expenses)</b>	<b>5,978</b>	<b>38,977</b>
Cash funds brought forward	214,870	175,893
<b>Cash funds carried forward</b>	<b>220,848</b>	<b>214,870</b>

PSEUDO OBSTRUCTION RESEARCH TRUST

Statement of assets and liabilities  
as at 31st March 2022

	2022		2021	
	£	£	£	£
<b>Assets</b>				
Debtors and prepayments	-		528	
Bank account balances	220,848		214,342	
	<u>220,848</u>		<u>214,870</u>	
<b>Liabilities</b>				
Accrued expenses	-		-	
	<u>220,848</u>		<u>214,870</u>	
<b>Net assets</b>		<u>220,848</u>		<u>214,870</u>
<b>Reserves</b>				
Unrestricted funds		<u>220,848</u>		<u>214,870</u>

These accounts were approved by the Trustees on 18th Jan 2023 and signed on their behalf by:



S Stewart  
Trustee



R Stanier  
Trustee

**PORT**

England & Wales - Charity number 1114217

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# Accounts

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**PSEUDO OBSTRUCTION RESEARCH TRUST**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st MARCH 2021**

**TIM HORNER FCCA**

Chartered Certified Accountant

55 Crown Street  
Brentwood  
Essex CM14 4BD

[www.hillwooldridge.com](http://www.hillwooldridge.com)

# PSEUDO OBSTRUCTION RESEARCH TRUST

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## PSEUDO OBSTRUCTION RESEARCH TRUST

### Trust information

Charity commission number	1114217
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Bankers	Lloyds TSB 47 High Street Brentwood Essex CM14 4RN
Independent examiner	Tim Horner FCCA 55 Crown Street Brentwood Essex CM14 4BD

# **PSEUDO OBSTRUCTION RESEARCH TRUST**

## **Report of the Trustees for the year ended 31st March 2021**

### **History, objectives and activities**

Pseudo Obstruction Research Trust (PORT) was established in February 2006 in Brentwood, Essex

The objectives of the trust are:

- 1) To promote & protect the physical & mental health of UK sufferers of Chronic Intestinal Pseudo Obstruction (CIPS), Gastroparesis & Dysmotility leading to intestinal failure, through the provision of funding for medical research, support ,education & practical advice to advance the education of the General Public in all areas relating to CIPS, Gastroparesis & Dysmotility leading to intestinal failure.
- 2) The relief of sickness and the preservation of health among people residing permanently or temporarily in the United Kingdom

The main activity of the Trust in the period under review has been fund-raising to provide sufficient reserves to enable the trust to sponsor future research into the causes of Chronic Intestinal Pseudo Obstruction.

### **Management and governance**

The trust deed stipulated the first Trustees, who continue to serve.

There must be at least three Trustees. Were there a requirement for new Trustees, these would be identified and appointed by the remaining Trustees. In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Trust.

A new Trustee will be inducted into the Trust by the existing Trustees. This would involve awareness of the Trustee's responsibilities, the governing document, administrative procedures and the history of the charity. A new Trustee would receive a copy of the latest annual report and accounts.

The Trustees annually review the risks that the charity faces. To date these have mainly related to safeguarding the charity's reserves and have been satisfied by ensuring funds are held on deposit with an established bank.

Continued/.....

## PSEUDO OBSTRUCTION RESEARCH TRUST

### Report of the Trustees (continued) for the year ended 31st March 2021

#### Achievements, performance and financial review

During the ended 31st March 2021 the Trust's activities resulted in net funding receipts totalling £39,816 and expenditure of £839.

During the year under review, PORT sourced two Research projects, one for adult sufferers, and one for Infant sufferers. We are pleased to be able to confirm that both projects have passed the Medical Peer group review process, and each project will commence in March 2022.

PORT also commenced work on an information booklet for child sufferers, and their parents so as to better help them understand the condition. These have now been printed, and are being issued at Great Ormond Street Hospital (GOSH) to patients free of charge at GOSH clinics. The information booklets can also be downloaded from the PORT Charity website.

These booklets were highly rated by GOSH who are referring them to NHS England for National approval.

Our fundraising has been impacted by Covid, however 'On line' donations via Facebook Fundraisers and Virgin moneygiving (now closed) this has now been replaced by Just Giving, have generally held up well.

Subscribers to Smile Amazon and Easyfundrasing can also nominate PORT as their Charity for donations preference on their purchases of any items from both providers.

#### Trust's funds

The Trust's funds are all currently unrestricted.

#### Approval

This report was approved by the Trustees on 14<sup>th</sup> Jan 2022 and signed on their behalf by:



S Stewart  
Trustee



R Stanier  
Trustee

## **PSEUDO OBSTRUCTION RESEARCH TRUST**

### **Independent Examiner's Report to the Trustees of Pseudo Obstruction Research Trust**

I report on the accounts of the Trust for the Year ended 31st March 2021, which are set out on pages 5 to 6.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

in the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**TIM HORNER FCCA**  
Chartered Certified Accountant

55 Crown Street  
Brentwood Essex  
CM14 4BD

**PSEUDO OBSTRUCTION RESEARCH TRUST**

**Receipts and payments account  
for the year ended 31st March 2021**

	<b>Year ended 31/03/21</b>	<b>Year ended 31/03/20</b>
	<b>Unrestricted Funds £</b>	<b>Unrestricted Funds £</b>
<b>Receipts</b>		
General donations	39,684	21,306
Bank interest received	132	904
<b>Total receipts</b>	<u>39,816</u>	<u>22,210</u>
<b>Payments</b>		
Contributions towards medical research	-	132,044
	<u>-</u>	<u>132,044</u>
<b>Expenses</b>		
Public liability insurance	297	297
Promotion, advertising and event costs	250	1,036
Computer and website costs	192	121
Postage and stationery	100	127
Sundry expenses	-	39
<b>Total payments</b>	<u>839</u>	<u>133,664</u>
<b>Net receipts / (expenses)</b>	38,977	(111,454)
Cash funds brought forward	175,893	287,347
<b>Cash funds carried forward</b>	<u>214,870</u>	<u>175,893</u>

PSEUDO OBSTRUCTION RESEARCH TRUST

Statement of assets and liabilities  
as at 31st March 2020

	2020		2019	
	£	£	£	£
<b>Assets</b>				
Debtors and prepayments	528		298	
Bank account balances	214,342		175,595	
	<u>214,870</u>		<u>175,893</u>	
<b>Liabilities</b>				
Accrued expenses	-		-	
	<u>214,870</u>		<u>175,893</u>	
<b>Net assets</b>	<u>214,870</u>		<u>175,893</u>	
<b>Reserves</b>				
Unrestricted funds	<u>214,870</u>		<u>175,893</u>	

These accounts were approved by the Trustees on 14th Jan 2022 and signed on their behalf by:

S. Stewart

**S Stewart**  
Trustee

R Stanier

**R Stanier**  
Trustee