

**KIRAN SUPPORT SERVICES**

Company No. 05727907 (England & Wales)  
Charity no. 1114148

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

Myrus Smith  
Chartered Accountants  
Norman House  
8 Burnell Road  
Sutton, Surrey  
SM1 4BW

## KIRAN SUPPORT SERVICES

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## **KIRAN SUPPORT SERVICES**

### **REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES**

Nighat Sahi (Chair)  
Shabnam Rathore (Vice Chair) (resigned 2 November 2022)  
Shahzadi Raza (Treasurer)  
Uzma Raza  
Saiqa Kayani (Appointed 16 March 2023)  
Rozina Liaqat Hussain (resigned 21 September 2022)  
Kishwar Ahmed (appointed 24 July 2023)

**COMPANY SECRETARY**

Amtal Rana

**REGISTERED OFFICE**

Waltham Forest Resource Hub (Central)  
1 Russell Road  
London  
E10 7ES

**REGISTERED COMPANY NUMBER**

05727907 (England and Wales)

**REGISTERED CHARITY NUMBER**

1114148

**INDEPENDENT EXAMINER**

Stephen Jones FCA  
% Myrus Smith, Chartered Accountants  
Norman House  
8 Burnell Road  
Sutton  
Surrey  
SM1 4BW

# **KIRAN SUPPORT SERVICES**

## **REPORT OF THE TRUSTEES**

### **FOR THE YEAR ENDED 31 MARCH 2023**

#### **About us**

Kiran Support Services believes that all women and children have the right to live free from violence and to leave a home or relationship where the risk of violence exists.

The charity was established in 1990 in the London Borough of Waltham Forest to meet the needs of women and children from the Indian sub-continent and has since expanded its services to support the wider Asian community. It is the only charity of its kind in the borough, and in 2017 Kiran expanded further by opening a second refuge in the London Borough of Brent. In 2020 we acquired a third building from Notting Hill Genesis to meet the demand for safe accommodation during the Covid-19 pandemic. The refuge started taking referrals in early 2021.

#### **Our mission**

“To provide a safe, nurturing space and resource of high quality, where Asian women overcoming domestic violence (and their children) can identify options and develop skills that enable them to take control of their lives emotionally, financially and practically.”

The trustees who are also the directors of the company for the purposes of the Companies Act, submit their report and the financial statements for the year ending 31 March 2023. The trustees confirm that the report and financial statements comply with the current statutory requirements and the provisions of the Statement of Recommended Practice (SORP) “Accounting and Reporting by Charities” issued in October 2019. The statutory information is shown on page 1.

#### **OBJECTIVES AND PRINCIPAL ACTIVITIES**

The charity’s purposes as set out in the governing document are to:

Relieve the distress and suffering of, particularly but not exclusively, Asian women, children and young people who have suffered or are exposed to domestic violence and abuse.

Relieve, particularly but not exclusively, Asian women, children and young people who have suffered in necessitous circumstances by the provision of temporary accommodation and outreach and aftercare support.

Educate the public in the causes and effects of domestic violence and the prevention thereof, and to undertake or contribute to research into such matters and to publish the useful results of such research.

#### **PUBLIC BENEFIT**

The trustees have referred to the guidance contained in the Charity Commission’s general guidance on public benefit when reviewing their aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives of the charity.

# KIRAN SUPPORT SERVICES

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### ACHIEVEMENTS AND PERFORMANCE

#### Chair's Report 1<sup>st</sup> April 2022 – 31<sup>st</sup> March 2023

The Trustees present their report for the year ending March 2023.

In our report last year we spoke, having emerged from the Covid-19 pandemic, about the emerging cost of living crisis. We have now seen how much this has impacted on the women and children we support.

Food inflation has increased to record highs and this has had a huge impact on our service users; we refer all the women in our refuges to local foodbanks but with the rise in the costs of groceries more and more of our women have found themselves being offered food that doesn't meet their needs or dietary requirements. Asian women need foods that they are familiar with and are part of their staple diet – this includes pulses, chapati flour, rice spices and halal meat and chicken. They are often given tinned foods and pasta and are afraid to refuse for causing offence and to be turned away from future visits if they don't accept what is offered.

Women have told us that prices in charity shops have increased and that has impacted on them being able to buy second hand clothes ***'things that used to costs £5 now cost £8; I didn't have enough money to buy new shoes.'***

We continue to work with charities that support us with donations of clothes and toiletries and culturally appropriate foods; they are a lifeline to the women in our refuges and we are so very grateful to them; thank you PL84U Al-Suffa, WF Secret Santa, Women's Aid and Imkaan for donations from Avon and the Body Shop.

Housing costs have increased and this has impacted on the accommodation being offered to women when they are re-housed; most of them are offered properties outside of London where they do not have support and there is a lack of services to meet their cultural needs.

Welfare benefits have not kept up with the increase in the cost of living and women are finding themselves in debt unable to meet their basic needs. We have seen an increase in not only food and fuel poverty but also in mobile data poverty. With more and more services now only available online, women need to have access to mobile phones and packages that offer them data to manage their claims and housing applications on line.

Our other challenge this year has been in recruitment and the cost of living has had a direct impact on this. Wages have not kept up with inflation, and whilst we pay above the London Living Wage and our salaries are competitive, the cost of housing, travel and the daily living costs in London make it difficult for women to manage. An example to highlight this is the case of one of our refuge workers. She was eager to get back to work to support herself and to improve her chances of getting her child back from her ex-partner after their divorce. As she moved away from claiming benefits and into fulltime work she found she could not survive on her salary – she to pay her rent, her travel and her day-to-day living expenses. Before the end of the month she found she was having to borrow money from family to get by until her next salary. For her, it didn't pay to work because even though she had a good salary she lost her entitlement to so many other things that she fell into debt. She handed in her notice after only 2 months in the role due to the high cost of living in London and finding herself in debt in such a short time.

On a more positive note Kiran has been involved in many high profile events over the year. In February 2023, our Chief Executive, Amtal Rana was invited to be a panel member at the Women's Aid Public Policy Conference on Commissioning and Procurement Processes. She highlighted the issues and challenges small grassroots organisations face when it comes to commissioning of services and the difficulties and barriers when competing for funds against large organisations and partnerships.

## KIRAN SUPPORT SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

We have continued to provide our core services for refuge provision, outreach and advocacy and counselling. We supported 43 women and 20 children with refuge accommodation and provided advocacy and outreach support to 267 women through casework, advice and support groups. Our counselling service continued to offer counselling in South Asian languages to 264 women.

Due to the difficulties in recruiting an Immigration Advisor we continued to work closely with our funder, Trust for London to re-advertise the post, and continued to sign post our referrals to law centres.

Our plans for the future are to continue to grow and develop our core services (refuge accommodation, outreach, counselling and immigration advice) and to attain quality standards to demonstrate the quality of the advice and support we offer. As we progress we would like to develop our training and resources for professionals and build on the experience we have gained over the last 33 years to strengthen our core foundation and develop a service that truly meets the needs of Asian women under one roof.

As we look to the year ahead we shall continue to seek funds to continue our existing services and to look at service development to meet the needs of the community we serve.

Finally I would like to thank all our funders, supporters and the staff team, without whom we could not continue to provide the service or be the voice for the voiceless, ***'thank you'***.

Nighat Sahi

Chair, Kiran Support Services

# **KIRAN SUPPORT SERVICES**

## **REPORT OF THE TRUSTEES**

### **FOR THE YEAR ENDED 31 MARCH 2023**

#### **FINANCIAL REVIEW including reserves policy**

Income during the year amounted to £632,049 (2022 : £532,457) and expenditure was £530,667 (2022 : £558,950), resulting in a surplus of £101,382 (2022 deficit of : £26,493). Net assets at the year-end were £499,997 (2022 : £398,615) of which £269,264 (2022: £229,202) related to unrestricted general funds, £147,500 (2022 : £147,500) related to unrestricted designated funds and £83,233 (2022 : £21,913) related to restricted funds.

#### **Reserves Policy**

The Trustees have established a policy whereby the unrestricted funds not committed, held by the Charity should be 6 months of the resources expended, which equates to around £265,000 in reserves, based on the budgeted expenditure for 2022/23. The designated funds are made up of £100,000 for the setting up and establishment costs of a new refuge, and additional services providing support to women and children focusing on positive mental health; £32,500 in respect of current service provision; and £15,000 in respect of the welfare of residents with insecure immigration status (see note 15 page 23 for more details).

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governance and Management**

The company, number 5727907, is limited by guarantee and has charitable status. The charity registration number is 1114148. It has a Memorandum and Articles of Association as its governing document. The directors of the company are also charity trustees for the purposes of charity law, and under the company's Articles, are known as members of the Board of Directors. Under the requirements of the Memorandum of Articles of Association, at each Annual General Meeting one-third of the Board may retire and may seek re-election. The directors to retire are those who have been in office longest since their last election or appointment. The Articles require that the number of directors can never fall below 3 and the Board is able to co-opt additional directors who then serve in office until the next general meeting but shall then be eligible for re-election. On appointment, or re-election directors/trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

##### **Accommodation Services**

Kiran Support Services is an independent Charity based in London. We provide emergency accommodation to women and children experiencing domestic abusive. Kiran is a specialist refuge for South Asian women and children. We have specialist staff members who can support women according to their language and cultural needs. We provide a safe and non-judgmental environment regardless of families situation or background. Our services are completely confidential.

We have three refuges across London and offering refuge accommodation to 16 families who have suffered domestic abuse.

We have found the common barriers to leaving an abusive relationship are particularly difficult for minority ethnic women. These can include religious and cultural pressures, language difficulties, ignorance of rights and services available and predominantly the fear of possible removal and deportation.

Our mission is to empower women and children to live a life free from abuse and for families to have independent lives. We aim to reduce economic inequality, improve mental wellbeing, and facilitate personal development. To ensure this, we offer support and guidance, signposting, counselling, legal advice and social activities, workshops, and courses. The support we provide aims to build confidence, self-esteem, awareness of domestic abuse, and impact of domestic abuse on women and children in a safe and supportive environment.

## KIRAN SUPPORT SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The refuge team supports and empowers women to confidently deal with issues such as safety, housing, welfare benefits, debt, immigration, criminal, civil & family law, children and health. When the resident is ready to leave, she can deal with daily life and challenges and is empowered to believe that no woman should put up with any kind of intimidation or abuse at the hands of another human being. We also offer re-settlement support to the families when they leave and are settled into a new area of their choice.

One of the women we supported in our refuge said, ***“Being at Kiran refuge has helped me to notice the signs of abuse which I was not aware before. The amount of support I received from my support worker is amazing.”***

Another woman said, ***“since the day my child and me arrived at Kiran refuge, we felt relieved, safe, and welcome. My support worker provided me the support according to my needs.”***

Residents in one of the refuges said, ***“We think that Kiran is a refuge where we get a home environment, feels welcome, and receive appropriate support in all aspect of our lives”.***

Amina's Case study: (The name has been changed in the case study below)

Amina came to our Kiran having experienced emotional and financial abuse from her husband and his family. She reported that she was married to her cousin and thought she would be treated like a daughter by her aunt. On arrival in the UK, Amina's husband would not spend time with her and would not provide for her financially. If she needed to buy anything, she had to ask her mother-in-law. Although Amina had a joint account with her husband, she could use it to withdraw money or buy anything as her mother-in-law had the card in her possession and control of the bank account.

Amina's husband abused her both verbally and emotionally; he repeatedly told her ***‘you're useless’*** and he didn't have any feelings for her, he didn't love her and he didn't want any kind of relationship with her. Her mother-in-law told her she had to keep the house clean and look after the family. Her mother-in-law would call her names as she had not been able to get pregnant. The abuse from her husband and his family had a detrimental impact on Amina's mental health. Amina managed to flee the family home and came to Kiran.

Since fleeing, Amina's in-laws and husband have threatened to kill Amina if she is found. The abuse Amina has endured has caused her mental health to deteriorate and she has been referred to our in-house counselling team for support.

Amina was further abused by her husband as he had used forged documents to apply for her spousal visa and she received a court summons for the forged application which impacted on her application for indefinite leave to remain. We were able to provide evidence that she was the victim of domestic abuse. We were able to provide this and demonstrate the support she was receiving through counselling and her caseworker; this was accepted by the Home Office and she was granted her indefinite leave to remain.

Amina has moved into independent living and has started to re-build her life with the our resettlement support and outreach service.

We understand the impact domestic abuse has on women's self-esteem, their confidence, their ability to manage their daily lives, and their ability to look to and plan for future. Our one-to-one support sessions can help them to understand themselves better and to come to terms with what happened to them.

During the year we organised regular housing workshops with Brent council to help women understand the housing process after the refuge. In the workshops' residents were able to ask questions related to their housing needs. All the residents who attended these workshops gave positive feedback. One of the residents stated, ***“this workshop helped me to understand the housing process and gave me an assurance that I will receive the support from my housing department when needed”.***



## KIRAN SUPPORT SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

This year we have supported 43 women through refuge for their safety and protection. Of the 43 women we supported, 44% attended training courses to improve their ability to get into secure employment, and achieve lifelong skills and 11% took up voluntary work. We saw an increase in willingness to attend workshops as women wanted to enhance their ability and skills to get into the paid work once they had moved out of the refuge.

#### **Cost of Living Crisis:**

Since the increase in cost of living, women in refuge are facing challenges in managing their finances and budgeting appropriately. Many residents in the refuges are dependent on Food Banks and Healthy Start vouchers for those that have children. Although the women are receiving Universal Credit, some of the women are below the age of 25 and therefore receive a lower payment. We found that because of inflation and the increase in the cost of living, some women questioned whether they made the right decision to leave their abusers because they were struggling to afford necessities such as food.

The increase in cost of living affected many of the women in our refuges and in the community as the majority of women we support are Muslim and use only halal food. Due to food inflation they could not afford to buy halal meat and chicken and had to rely on lentils, vegetables, and tinned foods from food bank.

Many of our refuge residents spoke of their fears of being re-housed and having to manage on their benefits due to the cost of living and the higher utility bills.

One of our re-settlement clients said, ***“The system is not working for victims of domestic abuse and it’s only going to get harder. I’m exhausted and I’m dreading the next lot of gas and electricity bills.”***

#### **Children’s Services**

Section 3 of the Domestic Abuse Act 2021 came into force on 29<sup>th</sup> April 2022 and specifically provides that a child (under 18 years old) who sees, hears, or experiences the effects of domestic abuse and is related to the victim or the suspect is also to be regarded as a victim.

*“Growing up in a violent and toxic home has a hugely damaging and long-lasting impact on children. Today’s guidance, which recognises them as victims, not only offers them automatic support but means the effect on them is considered as part of the justice process. There’s no doubt that having a clear understanding of the family dynamic and how a young victim may respond to the criminal justice process, will help us bring more abusers to court.”* **Kate Brown, CPS Domestic Abuse lead.**

Children will now be seen as the victims of domestic abuse and not just witnesses.

Children experience bed wetting, trauma, delayed development, and depression as victims of domestic abuse, these children can now be recognised as victims and receive the specialist support, they require.

The Act places a duty of care on local authorities in England to provide support to victims of domestic abuse and their children in refuges and other safe accommodation.

This year we supported 73 children, 29 of which were involved with social care; the Domestic Abuse Act will provide the children experiencing domestic abuse with greater specialist care.

## **KIRAN SUPPORT SERVICES**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

The Children's Service supported 73 children and young people. The young people received continued support after leaving the refuge. 90% of those that were rehoused outside of London continued to access our support due to the lack of support available to them. Referrals were taking up to and beyond 6 weeks, this left families with no access to schools, welfare benefits or one-to-one support. The language barrier exasperated this issue further as the parent was unable to carry out the task required. Outreach clients, especially the young people who have left the refuge, require immediate and intensive support as soon as they leave. They are having to start a new school again and must adjust to life outside the refuge where, despite the confusion and upset of when they first arrived, they have grown to love having all the other families around them. They have formed strong friendships and feel like family, eating, playing, working, and taking part in activities together. The Support Worker helps the children work through the emotions of moving, leaving their new friends behind, and having to start again. Some of this work is conducted over the phone due to the location of the client.

When working with children and young people who have been affected by domestic abuse it is important to be consistently raising awareness and educating them about healthy relationships, consent, and signs of abuse. Young people who are forming friendships and developing relationships benefit from non-judgemental support, guidance and open, relaxed discussions about healthy relationships and the difference between safe relationships and behaviour that they have learnt is acceptable in their culture and which may not be as positive. We have managed to raise awareness within the refuge, during our outreach sessions and at the local youth clubs.

#### **Sarah and Shahid Case Study (Names have been changed)**

Sarah, 5, and Shahid, 4, who arrived at the refuge early in the year. They had previously been placed in a refuge outside of London but due to their cultural and religious beliefs the refuge referred the family to our specialist refuge to provide much-needed tailored and culturally sensitive support. During our initial assessment it was evident that Sarah had some learning difficulties. Sarah and Shahid were very active children, and Sarah would often play roughly with Shahid, sitting on top of him, snatching his toys and not sharing. When her mum took the children out, she would put a harness on Sarah. During a family outing to the cinema that we arranged, and one-to-one sessions, Sarah would be very distracted, and get distressed, often shouting out loud or running away. She didn't like being restricted, she would take her clothes off in public, and she didn't like the sensation of going to the toilet. She only expressed herself with words that were hard to understand, and not in whole sentences. We arranged a meeting with Sarah's SENCO (Special Educational Needs Coordinator) at her school and initiated an EHCP (Education Health and Care Plan). To ensure the fulfilment of the EHCP we extended Sarah's stay at the refuge. This meant that that Sarah would have an EHCP to send to any school that she attended in the future, enabling her to get the best support with her learning. Sarah attended play therapy sessions, we arranged speech and language therapy, and we shared stories with Sarah about road safety, running away and shouting in social situations. We worked with her mum to stop using the harness, explaining the negative impact this had on her wellbeing and development. Within a month Sarah's behaviour improved and Sarah began to display more self-awareness. At our regular meetings with her school, we learnt how much she was progressing with her learning. She loved attending school and in the refuge, she played with the other children who loved being around her. She stopped being aggressive with her brother and would ask him to behave or sit still when we were having group meetings. She walked with her mum without the harness, and we arranged another cinema trip during which she only got distracted once. Sarah loved the other trips we arranged over the summer, and during the trip to Woburn Safari Park Sarah expressed herself in clear sentences, "Wow there are so many animals!", "Look at the lions!", "The monkey is on the top."

# KIRAN SUPPORT SERVICES

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### Advice & Advocacy Services

Kiran Support Services Advice and Advocacy service has supported 267 South Asian women this year and 104 children. Women have been supported on a one-to-one basis and through drop-in advice surgeries. We provided the women with a safe and confidential place to share their experience of abuse as they felt safe to do so. Coffee mornings and activities have been arranged to help women to interact with each other and are tailored to ensure they meet the cultural needs of the women. Organising and arranging weekly advice surgeries has helped the women to not feel isolated and feel a sense of belonging as one.

98% of women reported that they had improved their life skills. The coffee morning sessions consisted of fabric painting, crochet, Queens Jubilee workshop, making a bag as well as running a 12 week freedom workshop. The freedom workshop was organised for women to examine the roles, beliefs and attitudes played by abusive men as well the responses of survivors. The aim of the workshop was to help women to erase the thought that many have, that they are to blame for the abuse they suffer. By running the freedom workshop women gained knowledge about traits of an abuser and understanding there is different types of abuse. Before the programme one of the women said ***'it was my fault he got angry', 'I made him angry'***. After the programme the same woman said ***'I am not to blame he made the choice to harm me'***. The programme helped one of the women to volunteer in another domestic abuse organisation to help other survivors. The workshops helped the women to challenge cultural beliefs and communicate with other women to understand that domestic abuse is not their fault.

For International Women's Day we invited local women run businesses to promote their work, arranged speakers and organisations to deliver presentations and hold stalls with a range of information. The event helped us to network with various organisations. The event commenced with a presentation from a legal firm discussing domestic abuse and the support the women are able to access whilst in an abusive relationship or when they leave. The digital safety workshop helped the women learn skills keeping themselves safe from perpetrators locating them. Many South Asian women expressed that they stayed with perpetrators due to them blackmailing them with personal images, they explained that their families would disown them and this would bring shame to their community. The workshop helped the women learn about the legal remedies around blackmailing and that this is against the law. Following this workshop the women had a mental health wellness session. This activity helped the women who had anxiety and depression to learn tools to uplift themselves and to give them emotional independence. The women learnt different breathing techniques they could use in everyday life. Following this volunteers from the NHS carried out blood pressure checks on the women to help them learn ways to maintain a healthier life.

Quotes women from the event:

***'The event helped me to know how I can keep myself safe and what laws are out there to protect me'***

***'I have not shamed my community because I have left, he was wrong for abusing me'***

We had workshops around sexual health and learning about HIV. This is often a taboo subject for South Asian women, but women reported how this workshop in particular allowed them to feel comfortable to ask questions. Having information stalls from a vast range of organisations allowed the women to have a variety of knowledge, as knowledge is power.

One of the main challenges that we experienced this year was the increase in the cost of living. For many women who were placed in private rented accommodation they found it difficult to budget and afford the increase in bills and food prices. The majority of women expressed due to the cost-of-living leaving was made further difficult. Women felt that as single parents they will not be able to afford to run their household alone. One of the women was placed in an accommodation outside of London by the council due to the cost of living. This service user had a language barrier and was isolated, she felt her only option was to return to the perpetrator. Another women said

***'My fear every day is that I will be homeless again, how will I afford to live in this house as a single parent with all the costs going up'***

## KIRAN SUPPORT SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Service users shared their experiences of being housed outside the local area: there were no local organisations that provided them with specialist support like that of Kiran, therefore 90% of the women that left returned back to us at Kiran for ongoing support or advice. We ran budgeting sessions to help the women learn different ways to save money. We liaised with utility providers to find ways in which women could save on their gas and electric bills, i.e., what time energy was cheaper to use the washing machine to save money. We applied for 30 women to access the government schemes and were successful with all applications made to help them with the rise in the cost of living.

#### Layla's Case study (Name has been changed)

Layla experienced physical, psychological, financial, coercive and controlling abuse. We provided her with refuge, she didn't speak English and felt very isolated. We were able to speak to her in her own language and referred her in-house specialist counselling which helped Layla to open up about her past and to start forming friendships within the house. Layla struggled to understand why her husband was abusive and blamed herself for the abuse, but after joining the freedom workshop she learnt more about perpetrators behaviour. She learnt about the actions and beliefs of abusive men and this helped her to come to the realisation that she was not to blame. Layla felt empowered and enrolled at college on a Psychology For Children's course to start making a life for herself. Layla had made a homelessness application for housing but they had not supported her to find alternative accommodation. The council had stopped responding to any form of communication and did not prioritise Layla as she did not have children. Due to Layla's religious beliefs she wanted a shared property with women only; we supported Layla to secure a property that was local for her to continue her studies and be in a women's only accommodation. Layla went on to volunteer at another domestic abuse organisation. Layla said ***'after the experience I have had at Kiran I feel empowered to volunteer to help other women to not feel they are to blame for the abuse they suffer'***.

#### Counselling Support

Since its inception 2018, the Counselling Service has experienced significant growth, providing unique and tailored services that prioritise meeting the needs of its clients. In the past year we have observed a surge in referrals from various organisations, including the NHS, NELFT, Talking Therapies, Social Services, Social Prescribers, local GP surgeries, and other organisations including IKWRO, Hestia, and Maashanti. There has been an increase in self-referrals from women in their 60s who have become more aware of domestic abuse and its traits. Women have demonstrated immense courage and confidence in reaching out to our service for support, indicating a shifting and reforming of beliefs regarding the stigma associated with discussing family matters with non-family members.

The number of Bangladeshi women seeking counselling in their mother tongue has increased and to meet this demand, we have recruited a Bengali-speaking counsellor. We have also recruited an additional qualified counsellor and a play therapist on a sessional basis, with plans to offer a placement to a trainee counsellor in the spring/summer of 2023. We now have a pool of seven counsellors, including two play therapists and one TA trainee counsellor, all of whom are fluent in one or more South Asian languages (Urdu, Hindi, Punjabi & Bengali).

This year we have provided 1046 counselling sessions to 264 women, including 97 play therapy sessions. Although we saw a 13% reduction in referrals from Waltham Forest Therapeutic Marketplace this year compared to the previous year, we have established our counselling service well within the borough and neighbouring boroughs. We have continued to grow while maintaining our niche focus.

We have received positive feedback for our counselling:

***'Thank you for making me understand how to never ever give up in your life'***

***'It gave me a chance to offload and put things in perspective and that helped me organise my life'***

***'Someone to talk to as I don't feel I can talk to my family as openly without being judged'***

**KIRAN SUPPORT SERVICES**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

For the second year in a row, we hosted two workshops on 'Healing and Repairing' using the Japanese concept of Kintsugi as part of the annual White Ribbon Day and 16 Days of Activism event in November 2022. One workshop was exclusively for women, while the other was open to both men and women. Men participated in the workshop by putting together broken crockery with the golden glue, symbolising that women 'heal and repair' after being broken due to domestic abuse, and though they are not the same as they were before, they are much stronger when they have healed.

Participants provided positive feedback on the day:

***'This is a great way to open our eyes and educate' (male)***

***'Let's fix hearts next time' (male)***

This report has been prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

Approved by the order of the board of trustees on

2024 and signed on its behalf by:

Nighat Sahi (Chair) – Trustee

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

## KIRAN SUPPORT SERVICES

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023 which are set out on pages 15 to 26.

### Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Jones FCA  
% Myrus Smith, Chartered Accountants  
Norman House  
8 Burnell Road  
Sutton, Surrey  
SM1 4BW

2024

## KIRAN SUPPORT SERVICES

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<b>Income and Endowments from:</b>					
Donations and grants	2	55,438	334,355	389,793	304,749
Charitable activities	3	242,256	-	242,256	209,099
Other income	4	-	-	-	18,609
<b>Total</b>		<u>297,694</u>	<u>334,355</u>	<u>632,049</u>	<u>532,457</u>
<b>Expenditure on:</b>					
Raising funds	5	11,125	-	11,125	12,101
Charitable activities	6	246,507	273,035	519,542	546,849
<b>Total</b>		<u>257,632</u>	<u>273,035</u>	<u>530,667</u>	<u>558,950</u>
<b>Net surplus/(deficit)</b>		40,062	61,320	101,382	(26,493)
Transfers between funds	15	-	-	-	-
<b>Net movement in funds</b>	15	40,062	61,320	101,382	(26,493)
<b>Reconciliation of funds:</b>					
Total funds brought forward	15	376,702	21,913	398,615	425,108
<b>Total funds carried forward</b>	15	<u>£416,764</u>	<u>£83,233</u>	<u>£499,997</u>	<u>£398,615</u>

All income and expenditure is derived from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes form part of these financial statements.

## KIRAN SUPPORT SERVICES

### BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023	2022
		£	£
<b>Fixed assets</b>			
Tangible Fixed Assets	11	3	3
<b>Current assets</b>			
Debtors	12	39,031	28,578
Cash at Bank		493,366	402,968
		<u>532,397</u>	<u>431,546</u>
<b>Creditors:</b> amounts falling due within one year	13	32,403	(32,934)
		<u>499,994</u>	<u>398,612</u>
<b>Net current assets</b>			
		499,994	398,612
<b>Net assets</b>	16	<u>£499,997</u>	<u>£398,615</u>
<b>Funds:</b>			
Unrestricted funds			
- General funds	15	269,264	229,202
- Designated funds	15	147,500	147,500
		<u>416,764</u>	<u>376,702</u>
Total unrestricted funds			
		416,764	376,702
Restricted Funds	15	83,233	21,913
		<u>83,233</u>	<u>21,913</u>
<b>Total funds</b>	15	<u>£499,997</u>	<u>£398,615</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The trustees have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on its behalf by:

2024 and were signed on

Shahzadi Raza Trustee  
(Treasurer)

The notes form part of these financial statements.



**KIRAN SUPPORT SERVICES**

**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	<b>2023</b> <b>£</b>	<b>2022</b> <b>£</b>
<b>Net cash flow from operating activities</b>	90,398	(148,731)
Cash and cash equivalents at the beginning of the year	402,968	551,699
	<hr/>	<hr/>
<b>Cash and cash equivalents at the end of the year</b>	<b>£493,366</b>	<b>£402,968</b>
	<hr/> <hr/>	<hr/> <hr/>
<b>Reconciliation of net income to net cash flow from operating activities</b>	<b>2023</b> <b>£</b>	<b>2022</b> <b>£</b>
Net (expenditure)/income for the year	101,382	(26,493)
(Increase)/Decrease in debtors	(10,453)	(10,180)
Increase/(Decrease) in creditors	(531)	(112,058)
	<hr/>	<hr/>
<b>Net cash flow from operating activities</b>	<b>£90,398</b>	<b>£(148,731)</b>
	<hr/> <hr/>	<hr/> <hr/>
<b>Cash and cash equivalents consist of:</b>	<b>2023</b> <b>£</b>	<b>2022</b> <b>£</b>
Cash at bank and in hand	£493,366	£402,968
	<hr/> <hr/>	<hr/> <hr/>

# KIRAN SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

### 1. ACCOUNTING POLICIES

#### **Company status**

The charity, Kiran Support Services, is also a private limited company (No. 5727907), limited by guarantee and is registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administration Details on page 1 of these financial statements.

#### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. The financial statements have been prepared on a going concern basis under the historical cost convention.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and includes those costs of a direct nature which can be allocated to a specific activity. It also includes indirect costs, including governance costs that do not relate to a specific activity but are necessary to support those activities.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 33% on cost, 25% on cost and 10% on cost
-----------------------	--

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 /contd...

#### 1. ACCOUNTING POLICIES /cont'd...

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Debtors and Creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairments are recognised in expenditure.

##### **Leases**

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. Grants and Donations	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<b>Donations</b>	14,318	-	14,318	2,476
<b>Grants</b>				
Penny Appeal	-	-	-	10,000
The Brook Trust	20,000	-	20,000	40,000
Garfield Weston Foundation	-	-	-	20,833
Comic Relief	-	-	-	19,000
BBC Children in Need	-	58,931	58,931	38,515
Lloyds Bank Foundation	-	27,250	27,250	-
City Bridge Trust	-	-	-	11,463
Trust for London	-	15,835	15,835	-
Big Lottery	-	81,644	81,644	79,564
London Community Foundation	-	54,695	54,695	34,498
International Women's Day	-	2,726	2,726	-
Waltham Forest Market Place/Solace	21,120	-	21,120	48,400
Imkaan/VAWG	-	43,628	43,628	-
GLA - MOPAC	-	49,646	49,646	-
	<u>£55,438</u>	<u>£334,355</u>	<u>£389,793</u>	<u>£304,749</u>

Of the £304,749 recognised in 2022, £130,709 was unrestricted funds and £174,040 was restricted funds.

#### 3. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Charges to residents	<u>£242,256</u>	<u>£Nil</u>	<u>£242,256</u>	<u>£209,099</u>

All of the £209,099 recognised in 2022 was unrestricted funds.

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 /contd...

#### 4. Other income

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Nationwide Foundation	£Nil	£Nil	£Nil	18,609

All of the £18,609 recognised in 2022 was unrestricted funds.

#### 5. Cost of raising funds

	Direct Costs	Support Costs	Total 2023	Total 2022
Fundraising	£11,125	£Nil	£11,125	£12,101

All of the £12,101 recognised in 2022 was charged to unrestricted funds.

#### 6. Cost of charitable activities

	Direct Costs	Support Costs	Total 2023	Total 2022
Educational, counselling and prevention work	£381,087	£138,455	£519,542	£546,849

Of the £546,849 expenditure recognised in 2022, £273,201 was charged to unrestricted funds and £273,648 was charged to restricted funds.

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 /contd...

#### 7. Expenditure on Charitable Activities

	<b>Total 2023 £</b>	<b>Total 2022 £</b>
<b>Direct costs</b>		
Wages	195,852	166,702
Social Security	24,246	23,382
Pensions	5,661	6,209
Legal, consultancy and professional	240	3,659
Premises costs	155,088	171,250
	<u>£381,087</u>	<u>£371,202</u>
<b>Support costs</b>		
Wages	80,278	115,603
Employee and voluntary costs	10,628	7,517
Insurance	3,219	3,420
Legal, consultancy and professional	975	617
Office costs including rent	5,496	17,582
Communications	15,934	14,367
Sundry expenses	1,481	-
Finance	16,587	11,393
Governance Costs:		
Independent examiner's fee	3,600	3,600
Other governance costs	257	1,548
	<u>£138,455</u>	<u>£175,647</u>
<b>Total Charitable Costs</b>	<u>£519,542</u>	<u>£546,849</u>

#### 8. Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	<b>31 March 2023</b>	<b>31 March 2022</b>
Independent examiner's fee	<u>£3,600</u>	<u>£3,600</u>

#### 9. Related party disclosures

No trustees' remuneration was paid or other benefits provided for the year ended 31 March 2023 or for the year ended 31 March 2022.

Trustees' travelling expenses paid for the year ended 31 March 2023 was £92 (2022 : £70).

There were no other related party transactions during the year (2022 : Nil) other than those set out in Note 10 relating to employee benefits received by key management.

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 /contd...

#### 10. Staff costs

	2023	2022
	£	£
Staff costs were as follows:		
Wages and salaries	276,130	282,305
Social security costs	24,246	23,382
Pension costs	5,661	6,209
Staff training	3,392	3,914
Other costs	7,236	3,604
	<u>£316,665</u>	<u>£319,414</u>

One employee received total employee benefits (excluding employers national insurance and employer pension contributions) of more than £60,000 during 2023 (2022 : One), within the band £70,000 to £80,000.

Total employee benefits received by key management amounted to £88,266 (2022 : £78,274). Under FRS 102, employee benefits includes gross salary, benefits in kind, employers national insurance and employers pension contributions.

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable	7	8
Administration	1	1
	<u>8</u>	<u>9</u>

#### 11. Tangible Fixed Assets

	Fixtures and Fittings £
<b>Cost</b>	
At 1 April 2022 and 31 March 2023	<u>29,785</u>
<b>Depreciation</b>	
At 1 April 2022 and 31 March 2023	<u>29,782</u>
<b>Net Book Value</b>	
At 31 March 2023	<u>£3</u>
At 31 March 2022	<u>£3</u>

#### 12. Debtors: Amounts falling due within one year

	31 March 2023 £	31 March 2022 £
Trade debtors	37,293	26,535
Prepayments and accrued income	1,296	1,601
Other debtors	442	442
	<u>£39,031</u>	<u>£28,578</u>

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

/contd...

13. Creditors: Amounts falling due within one year	31 March 2023 £	31 March 2022 £
Taxation and social security	9,241	7,461
Other creditors	5,160	3,871
Accruals	18,002	21,602
Deferred income (see note 14)	-	-
	<u>£32,403</u>	<u>£32,934</u>

14. Deferred income	Balance brought forward	Additions in year	Released to income	Balance carried forward
Grants and donations	£Nil	£Nil	£Nil	£Nil

Deferred income reflects grant income received in advance for the following financial year, to be expended in accordance with specified or implied timeframes and agreed budgets.

15. Movement in funds	At 1 April 2022 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2023 £
<b>Unrestricted Funds</b>					
General Fund	229,202	297,694	(257,632)	-	269,264
Designated Fund:					
Current Service Provision	32,500	-	-	-	32,500
Refuge Development	100,000	-	-	-	100,000
Residents Services	15,000	-	-	-	15,000
	<u>376,702</u>	<u>297,694</u>	<u>(257,632)</u>	<u>-</u>	<u>416,764</u>
<b>Restricted Funds</b>					
Penny Appeal	8,641	-	(7,410)	-	1,231
BBC Children in Need	3,960	58,931	(43,273)	-	19,618
Lloyds Bank Foundation	-	27,250	(25,000)	-	2,250
Trust for London	-	15,835	(4,005)	-	11,830
Big Lottery	6,420	81,644	(81,478)	-	6,586
International Women's Day	-	2,726	-	-	2,726
London Community Foundation	2,892	54,695	(56,628)	-	959
Imkaan/VAWG	-	43,628	(36,333)	-	7,295
GLA - MOPAC	-	49,646	(18,908)	-	30,738
	<u>21,913</u>	<u>334,355</u>	<u>(273,035)</u>	<u>-</u>	<u>83,233</u>
<b>Total restricted funds</b>					
	<u>21,913</u>	<u>334,355</u>	<u>(273,035)</u>	<u>-</u>	<u>83,233</u>
<b>Total funds</b>	<u>£398,615</u>	<u>£632,049</u>	<u>£(530,667)</u>	<u>£Nil</u>	<u>£499,997</u>

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

/contd...

#### 15. Movement in funds - continued

Comparative information for the previous financial year is as follows:

	At 1 April 2021 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2022 £
<b>Unrestricted Funds</b>					
General Fund	156,087	358,417	(285,302)	-	229,202
Designated Fund:					
Current Service Provision	32,500	-	-	-	32,500
Refuge Development	100,000	-	-	-	100,000
Residents Services	15,000	-	-	-	15,000
	<u>303,587</u>	<u>358,417</u>	<u>(285,302)</u>	<u>-</u>	<u>376,702</u>
<b>Restricted Funds</b>					
Penny Appeal	-	10,000	(1,359)	-	8,641
BBC Children in Need	11,198	38,515	(45,753)	-	3,960
Lloyds Bank Foundation	18,750	-	(18,750)	-	-
City Bridge Trust	11,995	11,463	(23,458)	-	-
Trust for London	4,468	-	(4,468)	-	-
DCLG/MHCLG	1,484	-	(1,484)	-	-
Big Lottery	9,615	79,564	(82,759)	-	6,420
International Women's Day	2,279	-	(2,279)	-	-
London Community Foundation/	2,597	34,498	(34,203)	-	2,892
City Bridge Trust - COVID Grant	8,013	-	(8,013)	-	-
BBC Children in Need -					
COVID Grant	381	-	(381)	-	-
Comic Relief - COVID Grant	1,518	-	(1,518)	-	-
Imkaan/VAWG - COVID Grant	13,541	-	(13,541)	-	-
Waltham Forest Market Place/Solace	532	-	(532)	-	-
Young Women's Trust	150	-	(150)	-	-
Rosa Fund	35,000	-	(35,000)	-	-
	<u>121,521</u>	<u>174,040</u>	<u>(273,648)</u>	<u>-</u>	<u>21,913</u>
<b>Total restricted funds</b>	<u>121,521</u>	<u>174,040</u>	<u>(273,648)</u>	<u>-</u>	<u>21,913</u>
<b>Total funds</b>	<u>£425,108</u>	<u>£532,457</u>	<u>£(558,950)</u>	<u>£Nil</u>	<u>£398,615</u>

#### Designated Fund

##### Current Service Provision

The trustees have set aside this amount to meet obligations that may arise from contracts of employment with staff and to meet any unexpected costs such as those associated with unexpected human resources issues.

##### Service Development

Kiran has taken on the management of a third building for refuge provision to meet demand for the needs for safe supported housing. The new building needs refurbishment to provide a comfortable communal lounge for families to spend time with their children and to relax. The fund will be used to improve the facilities to meet the needs of the service users.

To develop and pilot new areas of service to meet the needs of our service users, with a particular focus on mental health and well being through the provision of counselling and therapeutic services for young people from the South Asian community.



## **KIRAN SUPPORT SERVICES**

### **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023**

/contd...

#### **15. Movement in funds - continued**

##### **Designated Fund - continued**

###### **Residents' Services**

Kiran receives applications from women who have insecure immigration status and therefore not able to receive public funding for their accommodation and subsistence costs whilst at the refuge. The residents' welfare fund is being set up in order to avoid any resident in these circumstances having to depart the refuge. The transfer in the year has been made from general funds.

##### **Restricted Funds**

###### **Penny Appeal:**

£10,000 grant to support Muslim service users with funds from 'zakat' to support them with cost of living.

###### **BBC Children In Need:**

Provides funds for a children's worker who supports children both within the refuge and in the community who have been exposed to, or experienced domestic violence directly or indirectly and seeking to establish preventative networks and strategies.

###### **Lloyds Bank Foundation:**

Provides funds towards the cost of the Chief Executive's salary.

###### **Trust for London:**

Provided a grant for three years for a part time Immigration advice worker.

###### **Big Lottery:**

Five year funding of one full-time and one part-time worker to provide one-to-one advocacy support for women in our refuges.

###### **International Women's Day:**

Provides future activities and events for service users to celebrate International Women's Day on March 8<sup>th</sup> annually.

###### **LCF VAWG Grass roots fund:**

Provides funding for fulltime Outreach & Advocacy Support Officer with activity costs.

###### **Imkaan Margin 2 Centre:**

Grant towards Counselling Co-ordinator salary and counselling service.

###### **GLA-MOPAC:**

Grant for 2 years towards immigration worker.

## KIRAN SUPPORT SERVICES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 /contd...

#### 15. Movement in funds - continued

##### Designated Fund - continued

#### 16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
<b>2023</b>			
Tangible fixed assets	3	-	3
Current assets	449,164	83,233	532,397
Current liabilities	(32,403)	-	(32,403)
	<u>          </u>	<u>          </u>	<u>          </u>
As at 31 March 2023	<u>£416,764</u>	<u>£83,233</u>	<u>£499,997</u>

Comparative information for the analysis of net assets between funds in the previous year is as follows:

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
<b>2022</b>			
Tangible fixed assets	3	-	3
Current assets	409,633	21,913	431,546
Current liabilities	(32,934)	-	(32,934)
	<u>          </u>	<u>          </u>	<u>          </u>
As at 31 March 2022	<u>£376,702</u>	<u>£21,913</u>	<u>£398,615</u>

#### 17. FINANCIAL COMMITMENTS

Total future minimum payments under the housing management contract are as follows:

	2023	2022
Amounts due within one year	<u>£34,709</u>	<u>£40,739</u>

#### 18. CONTINGENT ASSETS

The charity has been awarded some multi-year grants with specified or implied timeframes which preclude recognition of the full amount. The total amount awarded for future years but not recognised at March 2023 was £80,631 (2022 : £266,168).