

KIRAN SUPPORT SERVICES

Company No. 05727907 (England & Wales)
Charity no. 1114148

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Myrus Smith
Chartered Accountants
Norman House
8 Burnell Road
Sutton, Surrey
SM1 4BW

KIRAN SUPPORT SERVICES

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KIRAN SUPPORT SERVICES

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES

Nighat Sahi (Chair)
Shabnam Rathore (Vice Chair)
Shahzadi Raza (Treasurer)
Uzma Raza
Saiqa Kayani (Resigned 23 May 2022)
Rozina Liaqat Hussain

COMPANY SECRETARY

Amtal Rana

REGISTERED OFFICE

Waltham Forest Resource Hub (Central)
1 Russell Road
London
E10 7ES

REGISTERED COMPANY NUMBER

05727907 (England and Wales)

REGISTERED CHARITY NUMBER

1114148

INDEPENDENT EXAMINER

Stephen Jones FCA
% Myrus Smith, Chartered Accountants
Norman House
8 Burnell Road
Sutton
Surrey
SM1 4BW

KIRAN SUPPORT SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

About us

Kiran Support Services believes that all women and children have the right to live free from violence and to leave a home or relationship where the risk of violence exists.

The charity was established in 1990 in the London Borough of Waltham Forest to meet the needs of women and children from the Indian sub-continent and has since expanded its services to support the wider Asian community. It is the only charity of its kind in the borough, and in 2017 Kiran expanded further by opening a second refuge in the London Borough of Brent. In 2020 we acquired a third building from Notting Hill Genesis to meet the demand for safe accommodation during the Covid-19 pandemic. The refuge started taking referrals in early 2021.

Our mission

“To provide a safe, nurturing space and resource of high quality, where Asian women overcoming domestic violence (and their children) can identify options and develop skills that enable them to take control of their lives emotionally, financially and practically.”

The trustees who are also the directors of the company for the purposes of the Companies Act, submit their report and the financial statements for the year ending 31 March 2022. The trustees confirm that the report and financial statements comply with the current statutory requirements and the provisions of the Statement of Recommended Practice (SORP) “Accounting and Reporting by Charities” issued in October 2019. The statutory information is shown on page 1.

OBJECTIVES AND PRINCIPAL ACTIVITIES

The charity’s purposes as set out in the governing document are to:

Relieve the distress and suffering of, particularly but not exclusively, Asian women, children and young people who have suffered or are exposed to domestic violence and abuse.

Relieve, particularly but not exclusively, Asian women, children and young people who have suffered in necessitous circumstances by the provision of temporary accommodation and outreach and aftercare support.

Educate the public in the causes and effects of domestic violence and the prevention thereof, and to undertake or contribute to research into such matters and to publish the useful results of such research.

PUBLIC BENEFIT

The trustees have referred to the guidance contained in the Charity Commission’s general guidance on public benefit when reviewing their aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives of the charity.

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ACHIEVEMENTS AND PERFORMANCE

Chair's Report 1st April 2021 – 31st March 2022

As we emerge from the Covid-19 pandemic and return to our office, we begin to see how the lives of the women we support have been affected: their emotional and mental wellbeing, the fear that is still with many of them that lost loved ones and the impact it has had on their children, some of whom were scared they would lose their parent in the refuge to Covid-19. These were very real fears increasing the need for our counselling service.

At the time of writing this report, we are, sadly facing another crisis: the cost of living. As we progress through the year we have seen how the cost of living is beginning to impact our services and the women we support – the most vulnerable and marginalised in our community. It is difficult for main stream services to understand the impact the pandemic and the cost of living is having on the women we support, the lack of understanding of the intersectional needs of Asian women.

With the support of our housing provider, Notting Hill Genesis, we were able to open our third refuge, 'Noor House'. Noor is the Arabic word for light as are 'Roshni' and 'Kiran', the names of our other two refuges. We extend our thanks to MaryJo Logue and Sean Sibley and his team for helping to make this possible. The pandemic made it difficult for women to escape abuse due to the shortage of refuge accommodation, without the support of Notting Hill Genesis we could not have been able to offer an additional 5 families a life-line to escape the abuse.

In this last year we have provided refuge accommodation to 39 women and 25 children; 19 of the women had an insecure immigration status. Our advocacy service supported 410 women and our children's service worked with 71 children and young people. During the year we worked with 39 families that had Child in Need (CIN) plans or were on Child Protection and 41 women were assessed as high risk and were on the Multi Agency Risk Assessment Conference (MARAC).

The demand for our counselling service increased by 41% and we provided 1,187 counselling sessions to women in their own languages and 105 play therapy sessions to children.

Our new development this year has been to provide immigration work at level 1 with a grant from the Imkaan VAWG Fund. We were able to support 87 women with basic advice on their immigration status, apply for the destitute domestic violence concession (DDVC).

Our biggest challenge this year has been in recruitment and in particular to recruit a suitably qualified Immigration Adviser at Office of the Immigration Services Commissioner (OISC L3). We are working closely with our funder in this matter and are looking at ways to remedy this situation. Due to this we have had to refer on all our level 3 immigration work this year to law centres and solicitors, and whilst this has met the immediate need, it continues to highlight the need of having an in-house immigration service that can respond quickly and effectively to the needs of our service users in their own language and in the familiar surroundings of our office.

This year we were supported by Penny Appeal with a grant for our Muslim service users; the grant enabled us to support women financially with relocation costs due to the increase in the number of women being re-housed outside London. Relocation costs have varied from £150 to £750. This highlights the pressures put on women when they apply to a London council for housing to be close to family or friend support networks, but are given housing in unfamiliar areas often where they cannot find places of worship, shops selling meat and vegetables that they cook or people they can speak to in their own language. The months of support they have been provided in the refuge to build their self confidence and self-esteem is often shattered as they relapse into feelings of isolation, loneliness and fear as they try to settle into unfamiliar surroundings with very little support from local organisations.

KIRAN SUPPORT SERVICES
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENTS AND PERFORMANCE

Chair's Report 1st April 2021 – 31st March 2022 (cont'd)

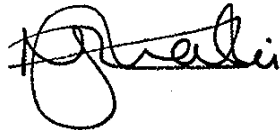
The report will provide you with more details of the work of we have carried out.

I would personally like to take this opportunity to thank the staff team for their continued hard work in continuing to provide the vital support and services needed, often providing this out of hours to meet needs.

To the funders that have supported us, I say a huge 'thank you'. Without your support, financial and in-kind, it is you that have made it possible for us to sustain and continue to provide our services this last year.

Finally, I thank my fellow trustees and Board members for their time and support in the past year.

Thank you.

A handwritten signature in black ink, appearing to read 'Nighat Sahi', with a large, stylized initial 'N'.

Nighat Sahi

Chair, Kiran Support Services

KIRAN SUPPORT SERVICES

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW including reserves policy

Income during the year amounted to £532,457 (2021 : £556,159) and expenditure was £558,950 (2021 : £489,985), resulting in a deficit of £26,493 (2021 surplus of : £66,174). Net assets at the year-end were £398,615 (2021 : £425,108) of which £229,202 (2021: £156,087) related to unrestricted general funds, £147,500 (2021 : £147,500) related to unrestricted designated funds and £21,913 (2021 : £121,521) related to restricted funds.

Reserves Policy

The Trustees have established a policy whereby the unrestricted funds not committed, held by the Charity should be 6 months of the resources expended, which equates to around £215,000 in reserves, based on the budgeted expenditure for 2021/22. The designated funds are made up of £100,000 for the setting up and establishment costs of a new refuge, and additional services providing support to women and children focusing on positive mental health; £32,500 in respect of current service provision; and £15,000 in respect of the welfare of residents with insecure immigration status (see note 15 page 23 for more details).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governance and Management

The company, number 5727907, is limited by guarantee and has charitable status. The charity registration number is 1114148. It has a Memorandum and Articles of Association as its governing document. The directors of the company are also charity trustees for the purposes of charity law, and under the company's Articles, are known as members of the Board of Directors. Under the requirements of the Memorandum of Articles of Association, at each Annual General Meeting one-third of the Board may retire and may seek re-election. The directors to retire are those who have been in office longest since their last election or appointment. The Articles require that the number of directors can never fall below 3 and the Board is able to co-opt additional directors who then serve in office until the next general meeting but shall then be eligible for re-election. On appointment, or re-election directors/trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Supported Housing Services (Refuge)

We have continued to support women with safe refuge accommodation and are so grateful to our housing provider, Notting Hill Genesis who supported us through the pandemic by offering us a third building for refuge provision. As we struggled to rehouse women due to the shortage of accommodation created by the Covid 19 pandemic, we experienced an increase in the number of women seeking safety and without their support we could not have offered refuge to these women.

In April 2021, we opened our third refuge, Noor House. 'Noor' is the Arabic word for 'light' as are 'Roshni' and 'Kiran' for our other two refuges.

The support offered to women and children across our refuges is provided in their languages and is tailored to meet the needs of each individual family including information on health, housing, employment, education, financial, and legal. Our aim is to empower, educate and inspire women who want to learn more about the support and choices that are available to them.

During their time at the refuge women can explore their feelings and discuss their future. We support women with their recovery and development. When they feel settled and ready to consider education or training, we offer refuge-based training activities as part of the personalised support and recovery programme. Each woman has her own individual journey, from accessing ESOL or conversational English classes to improving her IT and digital skills, to teaching other women in the house her own personal skills such as sewing; these activities help to build women's confidence and empower them with new skills enabling them to seek volunteering and employment opportunities.

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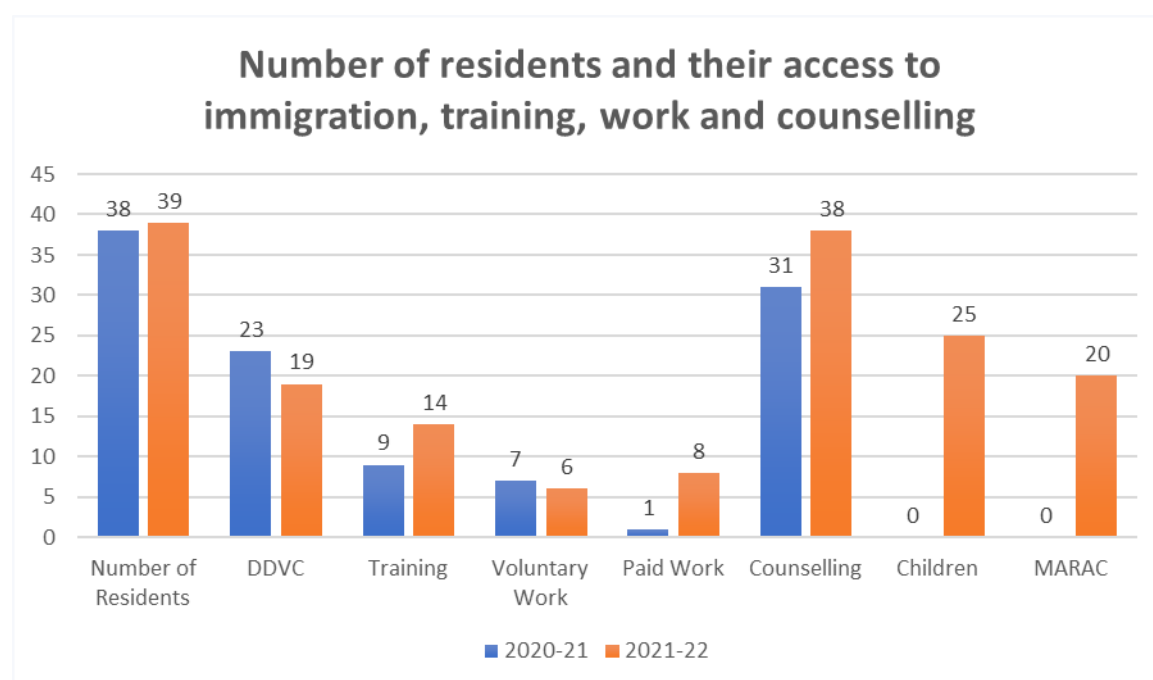
Social activities and events have helped the women to overcome isolation and loneliness, helping women to focus on their needs, turning negative impact into positive outcomes and empowering them to begin to rebuild their lives.

As working from home restrictions have lifted we have felt things are returning to a sense of normality. This has enabled the women and children to feel more supported with regular face to face meetings and keywork sessions with their support worker. They were able to socialise in public gatherings and events arranged such as International Women's Day.

One of the positive aspects of the lockdown which the women would like to see stay in place is the on-line courts, allowing women to apply for non-molestation orders and child contact arrangements on-line without needing to attend court and face their abuser. For many of our service users this has been the most positive part of the whole pandemic, allowing them to feel that they are 'in control' and can speak without being intimidated as they do not need to face anyone in person.

This year we supported 39 women and 25 children in our refuges, 19 of these women had an insecure immigration status and required extensive one to one support to overcome 'the shame' they felt they had brought on their families back home and the repercussions that would follow, to learning to speak basic English. For some of women, they needed to learn how to feed and look after new born babies that arrived while they were with us in the refuge. All the women needed counselling and we are fortunate to have been able to provide this in their own language.

All the women have support plans in place which cover different aspect of their lives such as training and education. Out of the 39 women we supported, 36% attended training courses to improve their chances of securing employment. 15% took up voluntary work and 21% gained paid employment. 95% of women attended workshops and training over zoom and Microsoft Teams. We saw an increase in willingness to attend workshops on-line as the women wanted to keep themselves occupied during the lockdown and they had more time to attend.



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A grant from Penny Appeal helped us to offer financial support to women leaving our refuges with the costs of relocation, school uniforms, madrassah fees, kitchen appliances etc., We were able to support 8 women with this grant to meet individual needs.

Women's feedback included:

"I feel supported, you listened to me and met my needs"

We organised in-house housing workshops with local authority housing officers to provide awareness of the housing process for women leaving the refuge. The women were able to ask questions related to their housing needs.

Feedback was very positive:

"These workshops helped me to understand the housing process and gave me a peace of mind that my circumstances will be taken into consideration. I will get help and support from my support worker through the whole housing process"

Several outings and trips were organised through the year to help the women and children have new experiences and for them to have time away from the refuge to do things they had not done before. These included trips to the local parks, the London Aquarium, London Zoo, and Legoland amongst others. The women and children enjoyed seeing animals and talking about them. Other activities included religious festivals such as Eid and Diwali, and workshops included paediatric first aid, budgeting and savings.

All those who participated in the activities and attended workshops gave positive feedback saying they found the activities a good way to express their feelings and release stress while gaining information and knowledge about different topics through the workshops.

Case Study

Asna was referred to Kiran by her GP after disclosing domestic abuse to the practice nurse. Her husband used to attend her appointments with her on the pre-text that she could not speak English. By chance, she was able to disclose the abuse while being examined by one of the nurses who alerted the GP.

Asna, was scared but with support and time she was able to speak about the emotional and financial abuse she experienced and how her husband controlled everything she did. An application was made for a non-molestation order and she gradually began to be more forth coming about her experience of coming to the UK and how her life was very different to that which she and her parents had imagined for her in Bangladesh.

We worked closely with her solicitor to apply for her indefinite leave to remain and referred her for in-house counselling. Asna, attended workshops and activities in the refuge and found she enjoyed being with the other women and formed friendships which helped to build her confidence and trust. In her support sessions she explored options of training and volunteering opportunities preparing to ready herself for when the time came to leave the refuge.

Asna, spent 6 months at Roshni House in Brent before being re-housed. She is attending college to further her education to improve her job opportunities.

Asna: "... the emotional and practical support from my support worker helped me to rebuild my life."

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Children & Young People's Services

When children and young people come to Kiran, many are distraught, have low self-confidence or simply do not understand how the domestic abuse that they have witnessed or experienced impacts their emotional wellbeing.

Children often don't realise that they or their mums are in danger. It is traumatic for children to be taken from their homes especially if they feel loyal to their abusers, who can be their fathers or extended family. Children find it very upsetting to leave their lives behind when they come to the refuge, they leave their home, their belongings, their school, their friends, and they have the added pressure of keeping their circumstances private, this worsened during the Covid-19 pandemic, causing further fear and isolation.

When children resettle after leaving the refuge, they must start their lives all over again. Having been placed in a new school they have to transition to another school in a new area, making new friendships. Many express their sadness in leaving the refuge, they form a close bond with the other children in the house and enjoy the extra company.

Many children this year have come from abroad and English has been their second language. They have only experienced life in their birth country, coming to England years later. Many of the children we supported this year that came from outside of the UK said the abuse started almost as soon as they arrived with their mothers. This is extremely unsettling to the young person, the transition is difficult and extensive one to one work is required.

More children have presented with complex cases and social services involvement. This has been evident with the refuge and outreach support. We have worked with 71 children during the past year. 42 children have been referred via our outreach service and 24 children have resided at the refuges. Over 50% of the referrals have had social services involvement, this number has stayed consistent with last year. Families are requiring further support and understanding, the language and cultural barrier is evident and many families who accessed our services had come to the United Kingdom within that year.

When children arrive at the refuge or are first supported through the outreach programme, they are distraught, confused, have low self-confidence, or do not understand how the domestic abuse that they have witnessed or experienced impacts on their emotional well-being. Three boys from different families came to the refuge over the space of a few months, having arrived in the UK from abroad; two were aged 8 and one was 9. They had no understanding of English or of life in the UK. The support worker worked closely with these boys. She was able to communicate with them in their mother tongue. This helped them to feel safer and acknowledged as their voices were heard.

One family was referred by another refuge where no one had been able to speak to them in their language. Over time with one-to-one work and group work the boys grew in confidence. We provided them with books and worksheets to aid their learning, and during workshops we encouraged the boys to read the information in the books out loud. On one occasion, one of the boys' mums came into the workshop to collect her son and heard her son having a conversation with the support worker; she was overwhelmed and happy at how fluent his English had become and became tearful. She said that her son had his first steps towards independence, and she could now see her son having a more settled and fulfilled life in England. The boys began to enjoy school, where now they could begin to converse with their peers.

Children also experienced significant progress as a result of their attendance at our sports club which we held during the summer holidays. We organised football sessions with a qualified coach. For the boys in the house these sessions had a huge impact on the relationship dynamics. Due to the number of boys that were the same age living in the house at the same time, occasionally small disagreements would occur. During the sessions, the boys were away from the house, and away from their mums. They had to play in the same teams and any small discrepancies were resolved amongst themselves rather than getting their parents involved. This helped them form strong, positive relationships with each other.

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The football club that was run over the summer also provided a space for the boys to talk and share experiences during the break time. The need for this was gaged through workshops and feedback given by the boys that accessed the service. They felt isolated during the pandemic and wanted to take part in sports and have a group that understood them and their experiences.

There was a lack of activities being offered to boys, the mums did not know how to access services provided to them but wanted their boys to attend programmes that would keep them busy during the holidays.

Case study 1

'Mehboob', an ex-resident of the refuge, attended the football club.

He attended every week saying *'I really like coming here, it is so much fun and I have met new people'*.

One week his mother did not have access to a car, 'Mehboob' was extremely upset; his mother knew how much he enjoyed the class and how his mood was lifted after attending the session so much so that she brought him to the session on public transport, even though they had been rehoused in another Borough. This highlighted to us how valuable these sessions were to the young people.

Feedback forms were given to all the boys who attended, the over whelming response was for another activity to take place like this next year.

Case Study 2

'Shahid' aged 8, was receiving play therapy at the refuge. The therapist discussed a few concerns with the support worker. She spoke of this new fear Shahid had developed about mum leaving him or getting hurt whenever she left him in room in the refuge. The support work told the therapist that the family would be leaving the refuge shortly and he may be worried about leaving the home and not having the support of the other residents and staff.

The support worker arranged a one to one with Shahid to talk about his concerns in more depth. He spoke of his recent fear around mum and he was not sure why he felt this way, we explored earlier concerns that we had worked on and he shared his thoughts around the constant moving and instability since coming to England. The support worker also spoke with mum, sharing the worries that Shahid faced when she left the room and discussing support in helping him cope with these feelings. One way was to simply tell him that she was going to go downstairs to the kitchen or to the bathroom, so he was aware of where mum was. Shahid found this support helpful and expressed how he was able to relax more in the room when alone. We worked further on him moving and changing school, with the extra support he received regarding his English, he felt more confident in starting a new school.

Advice & Advocacy Services

Kiran's Advice and Advocacy Service supported 410 South Asian women and children this year. Women have been supported face to face, over the phone, via emails and through Zoom or Microsoft Teams. Activities have been designed to meet the needs on a personalised and tailored level in order to ensure activates incorporate cultural needs. Delivering weekly advice surgeries has allowed the women to have consistent, local support.

Coffee Morning sessions have included fabric painting, crochet, immigration advice, housing advice as well as mental well-being workshops. Women have developed new skills, built strong relationships and felt solace in the presence of other women. Service users reported *"I felt valued to have my voice heard"* and *"important as my opinions matter"*.

90% of referrals are referred for culturally specific support and support to be delivered in the women's mother tongue. 13 women lived out of London but continued to contact us as they wanted that culturally specific support from Kiran and 2 of these women lived in Pakistan.

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For many women when they had moved out of the borough they were referred for ongoing support and guidance. 80% of the women contacted Kiran Support Services again as they did not get the suitable specialised support they needed. For many women they felt that other service providers did not provide them with sufficient or adequate support, in particular women had felt let down by the police and social services. Women had reported that social services would inform them if they did not leave their children were being taken into care. Women felt the police did not support them to leave perpetrators and sometimes, put them in greater danger. Advocating on the women's behalf is an integral part of the role to ensure the women felt that they were protected and their voices were heard.

Running regular drop-in advice surgeries has supported women with appeals to benefit agencies, signposting for legal injunctions, contacting the police and other organisations. 99% of women supported felt more safe, confident and empowered to make a difference in their lives after learning their rights.

For many of the women we supported they were previously not allowed to choose what they wear, going outside alone and were not given permission to work. Running regular coffee mornings for women to learn new skills and attend courses helped them feel empowered and allowed them to make a new life for themselves and their children. Many of the service user's mental health deteriorated especially during the Covid-19 pandemic. Creating a safe space for them to go to activities and interaction with other women, helped to alleviate some of the loneliness they felt.

Some of the feedback we received from women supported were:

"I know my rights after being supported by Kiran, I know I have the right to not be abused or tortured".

"I understand domestic abuse can also include verbal and psychological abuse, my family made me believe abuse was only physical".

"Kiran helped me to feel empowered and alive again, I was allowed to feel free and happy".

We supported 21 women who were on MARAC due to the high level of risk from their perpetrators. 39 women had children who were on Child Protection or Child In Need (CIN) plans. 10 women were referred to adult social care to get support due to advanced physical and mental health needs. We also supported 15 women to get non-molestation orders to ensure they were safe and protected from their perpetrators.

One of the major challenges we faced this year was with Universal Credit and housing. Many single women were informed by housing they would receive the one-bedroom rate from Universal Credit if they had lived in a refuge and were under the age of 35. However, many women were consequently refused this rate when they moved into their accommodation resulting in them being threatened with eviction by landlords. We supported 5 women to remain in their accommodation and overturned the Universal Credit decision of not paying the correct amount of rent.

95% of the women we supported said having a case worker who belonged to a South Asian background was helpful as we better understand cultural norms and the injustice experienced by many Asian women when living with their perpetrators. The women explained that it was imbedded in their beliefs to never get a divorce or inform others what was happening behind closed doors as it would bring '*sharam*' (shame) to their family. We helped women in understanding they have free choice and the right to feel safe. Kiran helped these women to challenge wrong behaviour and feel free to have their voices heard.

Case study

Sandeep fled her family home with her two young children but had to leave the eldest behind. She had experienced years of verbal and psychological abuse from multiple perpetrators including her husband. The family were controlling and manipulative and used her eldest child against her to try to prevent her from leaving or seeking a divorce. They used the family's cultural expectations against her to return to the family.

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Sandeep was provided with temporary housing but it was not suitable and had no basic amenities. We complained about the condition of the property to the council and were able to get improvements made to an acceptable living standard. We further supported Sandeep with applications for grants to furnish the property and apply for schooling for the children.

Sandeep's mental health deteriorated whilst in lockdown, as she had no family or friends who supported her in this situation. She was not able to work as she had to look after children, especially due to schools being closed during lockdown. Using online tools, such as FaceTime, we helped Sandeep apply for welfare benefits, start an online English course and have telephone counselling. Sandeep joined in on all our activities and found solace within the company of the other women.

Sandeep had finally started a new life, but her family and husband did not want her to get a divorce and wanted the children to remain with them. Sandeep was able to gain the strength to get legal support to challenge the wrongful decisions of her family and ensure that she was able to make the right decision to keep herself and her family safe.

This year Kiran Support Services organised several events for women including a dinner and dance for International Women's Day and a Healing and Repairing workshop for White Ribbon Day: for many women it was their first chance to experience these activities. We will continue to support women to understand they have suffered a lot of trauma and abuse but that does not define them and they are free to make their own choices.

Counselling & Therapeutic Support Services

Our counselling service has grown organically, it continues to expand and provides a unique blend of face to face, and telephone counselling to meet individual needs. We have taken on new counsellors and trainees to meet demand.

This year we provided 1,187 counselling sessions, an increase of 41% and 105 play therapy sessions to children.

The cultural 'programming' of women in the South Asian community means that many still hold a strong belief that it is wrong to speak about family matters to strangers, and therefore find it difficult as well as challenging to talk about their traumatic experiences. They also need to feel safe to be expressive of their emotions and feelings to their counsellor and this requires time, time to build that trust between counsellor and client. To support this need we offer a minimum of 18 counselling sessions, allowing women to take their time and to gain trust. After years of abuse and trauma, it takes many weeks and sometimes months for the real healing to commence and 80% of our sessions are extended to meet this need. Nine out of ten clients have suffered from anxiety and depression when assessed.

"It was great to speak with someone who listened and made no judgements about me and understood me"

"Counselling has helped me get out of the dark hole"

One of the challenges we experienced during lockdown was that majority of the sessions had to be over the phone. For many women their abusers worked from home and women were not allowed to leave the house as this was part of the abuse. We had to change our times to support the women and ensure it was safe to contact them. We continue to provide telephone counselling for those that cannot attend in person counselling and also offer a blend of telephone and in person counselling to support those that need this service.

"You helped me enormously and I really felt supported"

"I've never had counselling before, and it was really helpful for me to see that I didn't know the answers and that it was okay"

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Our play therapist has provided a total of 105 play therapy sessions to 20 children and young people (CYP). There was an increase in referrals for children and young people to get the support they needed. For many of the children we have supported they had witnessed or experienced direct domestic abuse and this has had a huge impact on their lives. For many of the children they have had to change several homes, schools and make new friends resulting in them having emotional and psychological difficulties. The weekly sessions, make an enormous difference in the children's lives.

For White Ribbon Day and to mark the 16 Days of Activism 2021, Kiran Support Services held two workshops called 'Healing & Repairing' which received great feedback from those who attended and participated in the workshops. The workshops consisted of the Japanese art of Kintsugi; the concept that broken objects are not something to hide but to display with pride. And so, the message for the day, to women who had gone through domestic violence was 'even though you may feel broken now, you can repair yourself and become stronger'. Women were able to put together a broken object (plate, bowl or cup) with gold glue and take the item away with them as a reminder of the message.

Participants were also able to write positive and uplifting messages in their language on a ribbon and display it on the wall as an inspiration for other women. Feedback from the day included:

"Very much impressive highly appreciated, got one lesson from today – no one is complete"

"It's been an amazing experience for me, taught me that I should never lose hope and keep going in my life"

Some feedback from clients who have completed their counselling sessions:

"I was able to speak about everything, you are truly blessing to me, and I want to let you know my appreciation because no therapist will ever match you"

"My counsellor has been such a support that words cannot describe how much better I feel about survival and meeting my goals and dreams that I am starting to feel excited about the immediate future"

Immigration Advice Service

The Immigration Advice Service at Kiran Support Services has successfully been running for three years. The service, designed to provide immigration advice and support to women fleeing domestic abuse, has witnessed a continuous and rising demand annually. This was the first year the organisation provided OISC Level 1 focussed advice and support. Although this post was created to support a Level 3 immigration worker, a demand for initial advice and signposting was met, demonstrated by the figure of clients assisted. Within less than a year, dating between June 2021 and March 2022, a total of 22 refugee women and 65 out-reach clients were supported. Acting as the first point of contact for immigration related queries ensured a smooth wrap-around service.

Most of the cases handled involved completing the Destitute Domestic Violence Concession (DDVC), to ensure that service users were able to access public funds, and assisting solicitors with substantive domestic violence immigration applications. Some cases also included providing advice on matters beyond domestic abuse such as naturalisation, applications for spouse visas and the EU Settlement Scheme. This highlights how the provision of a combination of both *specialist* and *generic* immigration support is essential, particularly during times of the hostile environment and increasingly restrictive UK immigration policy. All of the immigration cases supported have received successful decisions from the Home Office. Although legally limited in the nature of applications made, the Level 1 role included providing high quality immigration advice, suitable signposting, advocating on behalf of service users with external organisations and building valuable relationships and networks with other agencies.

KIRAN SUPPORT SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Delivering the project in the Urdu language played an important role in connecting with clients who could not speak English, in addition to being an 'insider' (i.e., having direct knowledge and involvement with a group), allowing for a deeper understanding of the cultural issues that South Asian women face. The service was also able to successfully deliver 3 workshops on immigration and domestic abuse, including one session of in-house training on the basics of immigration. The other two workshops were delivered to the women in our refuge's, explaining their current and future rights. Question and answer sessions proved to be useful as attendees received a sense of *"clarity and motivation"* surrounding their entitlements and journey towards becoming a British Citizen.

In comparison to previous reports, this year has witnessed a rise in the number of immigration referrals and queries for women on the EU Settlement Scheme (EUSS), a scheme to help individuals who are in the UK under EU rights, secure their status after Brexit. The scheme replaces some previous regulations, introducing new terminology (e.g. Pre-Settled Status, right to reside etc.) and new procedures that many workers within the charity sector, and service-users, were unfamiliar with. On many occasions, referrals were made from external organisations of women with Pre-Settled Status fleeing domestic violence. As this group of women are ineligible for the DDVC, in some cases accessing public funds was difficult. Furthermore, it was often found that support and social workers would assume the status and rights of South Asian married women in the UK. Without checking passport vignette's and Biometric Residence Card's, workers would assume such women are on spouse visas and therefore eligible for the DDVC. This was problematic as some women were misled, receiving incorrect or incomplete information on their circumstances. This undeniably emphasised the need for training not only for immigration workers, but for other support staff, on the EUSS and welfare rights. However, by providing appropriate case-by-case immigration advice and signposting, we were able to secure public funds for multiple women.

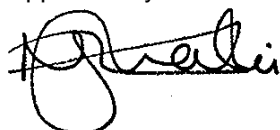
Case Study

Sarah approached our organisation in the Summer of 2021. She had just returned to the UK after being forcefully sent to Pakistan 2 years earlier. She had come to the UK on a EEA Family Permit to join her Portuguese husband in the UK. Upon arrival to the UK, Sarah's husband gradually began physically and verbally abusing her. She was left isolated and depressed. A year after being in the UK, her husband forcefully sent her to Pakistan. As she arrived in Pakistan, her passport and other documents were taken from her. With two years of no contact with her husband, Sarah managed to get her documents through the help of family and returned to the UK in August 2021.

As the deadline for the EUSS was on the 30 June 2021, Sarah was left confused, homeless and unaware of her status and subsequent rights. She had contacted the police on arrival who helped her find accommodation however, the police were also confused about what support she could receive as the local housing authority had refused her homelessness application. Sarah had found our organisation online and called us. After having a brief conversation with her, she was called in to discuss her case in detail. Working alongside a specialist immigration solicitor from Rights of Women, we were able to submit a late application under the EUSS for Sarah. Due to Sarah's hesitation and language barrier, the Level 1 worker played a crucial role in collating evidence for her application and advocating on behalf of her. After 2-3 months from the date of submission, Sarah was successfully granted Pre-Settled Status. Sarah now lives with a friend and is actively working. She states that ***"I could never be where I am today without the immigration worker at Kiran Support Services"*** and has expressed that she is ***"indebted"*** to the support provided to her by our services .

This report has been prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

Approved by the order of the board of trustees on 22 December 2022 and signed on its behalf by:



Nighat Sahi (Chair) – Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

KIRAN SUPPORT SERVICES

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022 which are set out on pages 15 to 26.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Jones FCA
% Myrus Smith, Chartered Accountants
Norman House
8 Burnell Road
Sutton, Surrey
SM1 4BW

22 December 2022

KIRAN SUPPORT SERVICES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and grants	2	130,709	174,040	304,749	379,038
Charitable activities	3	209,099	-	209,099	164,021
Other income	4	18,609	-	18,609	13,100
Total		358,417	174,040	532,457	556,159
Expenditure on:					
Raising funds	5	12,101	-	12,101	15,222
Charitable activities	6	273,201	273,648	546,849	474,763
Total		285,302	273,648	558,950	489,985
Net surplus/(deficit)		73,115	(99,608)	(26,493)	66,174
Transfers between funds	15	-	-	-	-
Net movement in funds	15	73,115	(99,608)	(26,493)	66,174
Reconciliation of funds:					
Total funds brought forward	15	303,587	121,521	425,108	358,934
Total funds carried forward	15	£376,702	£21,913	£398,615	£425,108

All income and expenditure is derived from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes form part of these financial statements.

KIRAN SUPPORT SERVICES

BALANCE SHEET AS AT 31 MARCH 2022

	Notes	£	2022	£	£	2021	£
Fixed assets							
Tangible Fixed Assets	11			3			3
Current assets							
Debtors	12	28,578			18,398		
Cash at Bank		402,968			551,699		
		<u>431,546</u>			<u>570,097</u>		
Creditors: amounts falling due within one year	13	(32,934)			(144,992)		
Net current assets				398,612			425,105
Net assets	16			<u>£398,615</u>			<u>£425,108</u>
Funds:							
Unrestricted funds							
- General funds	15			229,202			156,087
- Designated funds	15			147,500			147,500
Total unrestricted funds				376,702			303,587
Restricted Funds	15			21,913			121,521
Total funds	15			<u>£398,615</u>			<u>£425,108</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The trustees have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 22 December 2022 and were signed on its behalf by:



Shahzadi Raza Trustee
(Treasurer)

The notes form part of these financial statements.

KIRAN SUPPORT SERVICES

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Net cash flow from operating activities	(148,731)	77,651
Cash and cash equivalents at the beginning of the year	<u>551,699</u>	<u>474,048</u>
Cash and cash equivalents at the end of the year	<u><u>£402,968</u></u>	<u><u>£551,699</u></u>
Reconciliation of net income to net cash flow from operating activities	2022 £	2021 £
Net (expenditure)/income for the year	(26,493)	66,174
(Increase)/Decrease in debtors	(10,180)	(4,202)
Increase/(Decrease) in creditors	<u>(112,058)</u>	<u>15,679</u>
Net cash flow from operating activities	<u><u>£(148,731)</u></u>	<u><u>£77,651</u></u>
Cash and cash equivalents consist of:	2022 £	2021 £
Cash at bank and in hand	<u><u>£402,968</u></u>	<u><u>£551,699</u></u>

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Company status

The charity, Kiran Support Services, is also a private limited company (No. 5727907), limited by guarantee and is registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administration Details on page 1 of these financial statements.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. The financial statements have been prepared on a going concern basis under the historical cost convention.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and includes those costs of a direct nature which can be allocated to a specific activity. It also includes indirect costs, including governance costs that do not relate to a specific activity but are necessary to support those activities.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 33% on cost, 25% on cost and 10% on cost
-----------------------	--

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 /contd...

1. ACCOUNTING POLICIES /cont'd...

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and Creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairments are recognised in expenditure.

Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. Grants and Donations	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Donations	2,476	-	2,476	1,940
Grants				
Penny Appeal	-	10,000	10,000	-
The Brook Trust	40,000	-	40,000	-
Garfield Weston Foundation	20,833	-	20,833	-
Comic Relief	19,000	-	19,000	20,000
BBC Children in Need	-	38,515	38,515	35,950
Lloyds Bank Foundation	-	-	-	25,000
City Bridge Trust	-	11,463	11,463	34,388
Trust for London	-	-	-	29,500
Big Lottery	-	79,564	79,564	85,052
London Community Foundation	-	34,498	34,498	-
Rosa Fund	-	-	-	35,000
Waltham Forest Market Place/Solace	48,400	-	48,400	12,675
BBC Children in Need – COVID	-	-	-	3,050
City Bridge Trust – COVID	-	-	-	11,238
Comic Relief – COVID	-	-	-	40,000
Imkaan/VAWG – COVID	-	-	-	20,000
MHCLG - COVID	-	-	-	25,245
	<u>£130,709</u>	<u>£174,040</u>	<u>£304,749</u>	<u>£379,038</u>

Of the £379,038 recognised in 2021, £21,790 was unrestricted funds and £357,248 was restricted funds.

3. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Charges to residents	<u>£209,099</u>	<u>£Nil</u>	<u>£209,099</u>	<u>164,021</u>

All of the 164,021 recognised in 2021 was unrestricted funds.

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 /contd...

4. Other income

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Nationwide Foundation	18,609	-	18,609	12,600
Sundry	-	-	-	500
	<u>£18,609</u>	<u>£Nil</u>	<u>£18,609</u>	<u>£13,100</u>

All of the £13,100 recognised in 2021 was unrestricted funds.

5. Cost of raising funds

	Direct Costs	Support Costs	Total 2022	Total 2021
Fundraising	<u>£12,101</u>	<u>£Nil</u>	<u>£12,101</u>	<u>£15,222</u>

All of the £15,222 recognised in 2021 was charged to unrestricted funds.

6. Cost of charitable activities

	Direct Costs	Support Costs	Total 2022	Total 2021
Educational, counselling and prevention work	<u>£371,202</u>	<u>£175,647</u>	<u>£546,849</u>	<u>£474,763</u>

Of the £474,763 expenditure recognised in 2021, £140,867 was charged to unrestricted funds and £333,896 was charged to restricted funds.

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 /contd...

7. Expenditure on Charitable Activities

	Total 2022 £	Total 2021 £
Direct costs		
Wages	166,702	216,497
Social Security	23,382	19,982
Pensions	6,209	5,678
Legal, consultancy and professional	3,659	5,123
Premises costs	171,250	139,400
	<u>£371,202</u>	<u>£386,680</u>
Support costs		
Wages	115,603	27,992
Employee and voluntary costs	7,517	4,070
Insurance	3,420	3,466
Legal, consultancy and professional	617	2,080
Office costs including rent	17,582	16,916
Communications	14,367	17,844
Sundry expenses	-	669
Finance	11,393	10,635
Governance Costs:		
Independent examiner's fee	3,600	2,880
Other governance costs	1,548	1,531
	<u>£175,647</u>	<u>£88,083</u>
Total Charitable Costs	<u>£546,849</u>	<u>£474,763</u>

8. Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	31 March 2022	31 March 2021
Independent examiner's fee	<u>£3,600</u>	<u>£2,880</u>

9. Related party disclosures

No trustees' remuneration was paid or other benefits provided for the year ended 31 March 2022 or for the year ended 31 March 2021.

Trustees' travelling expenses paid for the year ended 31 March 2022 was £70 (2021 : £Nil).

There were no other related party transactions during the year (2021 : Nil) other than those set out in Note 10 relating to employee benefits received by key management.

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 /contd...

10. Staff costs

	2022	2021
	£	£
Staff costs were as follows:		
Wages and salaries	282,305	244,489
Social security costs	23,382	19,982
Pension costs	6,209	5,678
Staff training	3,914	1,945
Other costs	3,604	2,125
	<u>£319,414</u>	<u>£274,219</u>

One employee received total employee benefits (excluding employers national insurance and employer pension contributions) of more than £60,000 during 2022 (2021 : One), within the band £60,000 to £70,000.

Total employee benefits received by key management amounted to £78,274 (2021 : £78,865). Under FRS 102, employee benefits includes gross salary, benefits in kind, employers national insurance and employers pension contributions.

The average monthly number of employees during the year was as follows:

	2022	2021
Charitable	8	7
Administration	1	1
	<u>9</u>	<u>8</u>

11. Tangible Fixed Assets

	Fixtures and Fittings £
Cost	
At 1 April 2021 and 31 March 2022	<u>29,785</u>
Depreciation	
At 1 April 2021 and 31 March 2022	<u>29,782</u>
Net Book Value	
At 31 March 2022	<u>£3</u>
At 31 March 2021	<u>£3</u>

12. Debtors: Amounts falling due within one year

	31 March 2022 £	31 March 2021 £
Trade debtors	26,535	15,098
Other debtors	1,601	2,858
Prepayments and accrued income	442	442
	<u>£28,578</u>	<u>£18,398</u>

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

/contd...

13. Creditors: Amounts falling due within one year	31 March 2022 £	31 March 2021 £
Taxation and social security	7,461	5,522
Other creditors	3,871	3,831
Accruals	21,602	18,637
Deferred income (see note 14)	-	117,002
	<u>£32,934</u>	<u>£144,992</u>

14. Deferred income	Balance brought forward	Additions in year	Released to income	Balance carried forward
Grants and donations	£117,002	£Nil	£117,002	£Nil

Deferred income reflects grant income received in advance for the following financial year, to be expended in accordance with specified or implied timeframes and agreed budgets.

15. Movement in funds	At 1 April 2021 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2022 £
Unrestricted Funds					
General Fund	156,087	358,417	(285,302)	-	229,202
Designated Fund:					
Current Service Provision	32,500	-	-	-	32,500
Refuge Development	100,000	-	-	-	100,000
Residents Services	15,000	-	-	-	15,000
	<u>303,587</u>	<u>358,417</u>	<u>(285,302)</u>	<u>-</u>	<u>376,702</u>
Restricted Funds					
Penny Appeal	-	10,000	(1,359)	-	8,641
BBC Children in Need	11,198	38,515	(45,753)	-	3,960
Lloyds Bank Foundation	18,750	-	(18,750)	-	-
City Bridge Trust	11,995	11,463	(23,458)	-	-
Trust for London	4,468	-	(4,468)	-	-
DCLG/MHCLG	1,484	-	(1,484)	-	-
Big Lottery	9,615	79,564	(82,759)	-	6,420
International Women's Day	2,279	-	(2,279)	-	-
London Community Foundation/	2,597	34,498	(34,203)	-	2,892
City Bridge Trust - COVID Grant	8,013	-	(8,013)	-	-
BBC Children in Need -					
COVID Grant	381	-	(381)	-	-
Comic Relief - COVID Grant	1,518	-	(1,518)	-	-
Imkaan/VAWG - COVID Grant	13,541	-	(13,541)	-	-
Waltham Forest Market Place/Solace	532	-	(532)	-	-
Young Women's Trust	150	-	(150)	-	-
Rosa Fund	35,000	-	(35,000)	-	-
Total restricted funds	<u>121,521</u>	<u>174,040</u>	<u>(273,648)</u>	<u>-</u>	<u>21,913</u>
Total funds	<u>£425,108</u>	<u>£532,457</u>	<u>£(558,950)</u>	<u>£Nil</u>	<u>£398,615</u>

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

/contd...

15. Movement in funds - continued

Comparative information for the previous financial year is as follows:

	At 1 April 2020 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2021 £
Unrestricted Funds					
General Fund	107,073	198,911	(149,897)	-	156,087
Designated Fund:					
Current Service Provision	32,500	-	-	-	32,500
Refuge Development	100,000	-	-	-	100,000
Residents Services	15,000	-	-	-	15,000
	<u>254,573</u>	<u>198,911</u>	<u>(149,897)</u>	<u>-</u>	<u>303,587</u>
Restricted Funds					
BBC Children in Need	8,858	35,950	(33,610)	-	11,198
Lloyds Bank Foundation	18,750	25,000	(25,000)	-	18,750
City Bridge Trust	16,644	34,388	(39,037)	-	11,995
Trust for London	4,772	29,500	(29,804)	-	4,468
DCLG/MHCLG	29,231	25,245	(52,992)	-	1,484
Big Lottery	9,669	85,052	(85,106)	-	9,615
International Women's Day	2,279	-	-	-	2,279
London Community Foundation	14,158	-	(11,561)	-	2,597
City Bridge Trust - COVID Grant	-	11,238	(3,226)	-	8,013
BBC Children in Need - COVID Grant	-	3,050	(2,668)	-	382
Comic Relief - COVID Grant	-	40,000	(38,482)	-	1,518
Imkaan/VAWG - COVID Grant	-	20,000	(6,459)	-	13,541
Waltham Forest Market Place	-	12,675	(12,143)	-	532
Young Women's Trust	-	150	-	-	150
Rosa Fund	-	35,000	-	-	35,000
Total restricted funds	<u>104,361</u>	<u>357,248</u>	<u>(340,088)</u>	<u>-</u>	<u>121,521</u>
Total funds	<u>£358,934</u>	<u>£556,159</u>	<u>£(489,985)</u>	<u>£Nil</u>	<u>£425,108</u>

Designated Fund

Current Service Provision

The trustees have set aside this amount to meet obligations that may arise from contracts of employment with staff and to meet any unexpected costs such as those associated with unexpected human resources issues.

Service Development

Kiran has taken on the management of a third building for refuge provision to meet demand for the needs for safe supported housing. The new building needs refurbishment to provide a comfortable communal lounge for families to spend time with their children and to relax. The fund will be used to improve the facilities to meet the needs of the service users.

To develop and pilot new areas of service to meet the needs of our service users, with a particular focus on mental health and well being through the provision of counselling and therapeutic services for young people from the South Asian community.

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 /contd...

15. Movement in funds - continued

Designated Fund - continued

Residents' Services

Kiran receives applications from women who have insecure immigration status and therefore not able to receive public funding for their accommodation and subsistence costs whilst at the refuge. The residents' welfare fund is being set up in order to avoid any resident in these circumstances having to depart the refuge. The transfer in the year has been made from general funds.

Restricted Funds

BBC Children In Need:

Provides funds for a children's worker who supports children both within the refuge and in the community who have been exposed to, or experienced domestic violence directly or indirectly and seeking to establish preventative networks and strategies.

Lloyds Bank Foundation:

Provides funds towards the cost of the Chief Executive's salary.

City Bridge Trust:

Provides funds for an outreach worker, to provide support and advocacy to women leaving the refuge, enabling them to settle into their new home and surroundings and to provide advice and support to women in the community that may be experiencing domestic violence and abuse or who may be at risk of forced marriage or honour based violence.

Trust for London:

Provided a grant for three years for a part time Immigration advice worker.

Department for Communities and Local Government/Ministry of Housing, Communities and Local Government (DCLG/MHCLG):

Furnishing and equipment at the new refuge.

Big Lottery:

Five year funding of one full-time and one part-time worker to provide one-to-one advocacy support for women in our refuges.

International Women's Day:

Provides future activities and events for service users to celebrate International Women's Day on March 8th annually.

London Community Foundation:

Provides a specialist counselling service to Asian women in their own languages.

City Bridge trust / BBC Children in Need / Comic Relief / Imkaan/VAWG COVID-related grants.

Waltham Forest Market Place

Referrals from Waltham Forest Market Place for specialist counselling provision.

Young Women's Trust

Grant received on behalf of a client.

Rosa Fund

Grant for full-time refuge worker at new refuge.

KIRAN SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 /contd...

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
2022			
Tangible fixed assets	3	-	3
Current assets	409,633	21,913	431,546
Current liabilities	(32,934)	-	(32,934)
	<u> </u>	<u> </u>	<u> </u>
As at 31 March 2022	<u>£376,702</u>	<u>£21,913</u>	<u>£398,615</u>

Comparative information for the analysis of net assets between funds in the previous year is as follows:

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £
2021			
Tangible fixed assets	3	-	3
Current assets	331,574	238,523	570,097
Current liabilities	(27,990)	(117,002)	(144,992)
	<u> </u>	<u> </u>	<u> </u>
As at 31 March 2021	<u>£303,587</u>	<u>£121,521</u>	<u>£425,108</u>

17. FINANCIAL COMMITMENTS

Total future minimum payments under the housing management contract are as follows:

	2022	2021
Amounts due within one year	<u>£40,739</u>	<u>£33,609</u>

18. CONTINGENT ASSETS

The charity has been awarded some multi-year grants with specified or implied timeframes which preclude recognition of the full amount. The total amount awarded for future years but not recognised at March 2022 was £266,168 (2021 : £232,613).