



Isle of Wight

ANNUAL REPORT 2022–2023

CELEBRATING 25 YEARS OF CHANGING
CHILDREN'S LIVES - ACROSS
THE ISLE OF WIGHT



INTRODUCTION

Home-Start Isle of Wight supports young children and their families from all over the Island. By working with committed and passionate volunteers, we identify the challenges and help provide practical solutions to make family life that little bit easier.

We train our incredible team of volunteers, matching them with families and parent groups where their help is needed the most. Childhood doesn't wait, neither do we.



OUR YEAR IN NUMBERS

154 

Families supported

Total children supported: 330



224 under 5 and 106
over 5 years



102

Families visited
at home



97

Families
supported at
groups



46

Volunteers



148

Referrals

KAREN'S REPORT (CHAIR)

2022/23 was a year of growth for Home-Start IOW.

Families need our help more than ever. Requests for our support on the Island have reached record levels, reflecting the legacy of the pandemic and lockdowns, coupled with increasing anxiety over the Cost of Living Crisis.

In response, we have worked hard to develop the depth and diversity of our team of staff and our board of trustees, including taking on a new co-ordinator and administrative assistant, greatly expanding the scope of our work.

One example of this successful expansion, our new 'Bumps and Babies' project which supports parents just before and after the birth of their baby, has got off to a flying start.

New trustees have brought expertise and insight to the board, enabling us to develop and monitor our strategy for the future, and ensure we will continue to provide the best possible support for families in the years to come.

We have welcomed new volunteers to our team and celebrated those who have been supporting families through home visiting and the Home-Start groups.

The future points to a further increase in the number of families who will need support. This is why we are continuing to develop Home-Start Isle of Wight - so we can be there for families when they need us most.



FAMILY STORY



My name is Jennifer, I'm a single mum to little boy named Leo. I was referred from my domestic abuse officer to Home-Start last year. I battle with anxiety and PTSD and agoraphobia. Since Home-Start has been involved in my life, they have helped me to fight against my mental health. In many ways they will never truly understand how they saved me. I was gifted an angel in the darkest moment in my life and that is my volunteer Carole.

When I got away from the domestic abuse, I was very alone and isolated, battling with the pain I went through. Raising my son and trying hard - so my son would have the best version of me. I blamed myself a lot. Like a lot of mothers, I always question in hard times whether I am a good mum and am I doing my best? Since having Home-Start in my life and having the support of one of their volunteers, she has given me peace and helped me to slowly make me feel worthy of being a mum again. They helped me emotionally and have been there to reassure me of any of my doubts.

My son was very nervous in the beginning and struggled to connect with people he didn't know. My volunteer helped him to trust in people again. Carole did playtime with him and reading, which helped him come out of his shell, meaning I could put him in nursery - because he has come on leaps and bounds.

Yes, Home-Start is about what's best for kids, but they do more than that. They taught me how to trust and have faith again. Just having that interaction once a week has helped me to be happier for my son. There is still more progress to be made with my mental health but without having that help from such an amazing team I really couldn't say where I'd be right now.

I am truly grateful for their care and support, and for treating me with compassion and care, with no judgment. And I hope that one day I can return the favour to give back. Thank you Home Start!



VOLUNTEER STORY



Hi I'm Caroline, I became a volunteer as I felt I wanted to give something back to my local community. I chose Home-start as the ethos of the work they do really resonated with me. As a busy Mum, I knew I could empathise with other families experiencing the ups and downs of parenting. In many ways my timing was good - and bad - as I joined the volunteer team just as the pandemic hit, when more people than ever really needed our help.

The training I received was really comprehensive, teaching me to think outside of my own 'parenting box'. The process is ongoing, and there are online webinars and regular updates to keep me on-track. This, coupled with the support from my mentor, means I have never felt that I'm on my own or scared to ask for help.

I started as a telephone volunteer which was a great introduction, but I was excited to get out and meet families face to face. First visits to a new family can be nerve wracking for everyone involved: Are they going to like me? Will the children warm to me? Can I really do anything to help? But then I remind myself how the family must be feeling.

I was also concerned they might see me as yet another service, who might judge them or tell them they are doing things wrong - yet they still opened the door, and let me in. For me, that bravery is the ice-breaker. Regardless of how I came to be there, via a referral from Social Services or a self-referral, they have allowed me into their home.



VOLUNTEER STORY



All families are different, but everyone needs to feel supported and reminded that they are doing the best they can. I love helping my family find the successes in their day and to celebrate their achievements, however big or small. It's rewarding to see their sense of pride when they have done something they didn't think they could do. Watching their confidence grow and their ability to tackle the day has such a positive impact on the family.

I enjoy the variety this role brings me - it's much more than simply playing with children and chatting - my family requires both emotional and practical support. I've been a shoulder to cry on, a sounding board and a confidence- booster. I've had trips to the park, taken Mum to counselling sessions, filled out forms, worked through weekly budgets, helped declutter, acted as family mediator and I've even helped to fix a washing machine.

I can honestly say Home-start has had such a positive effect on me, as well as the families that it helps.



BUMPS AND BABIES PROJECT UPDATE



The new Home-Start IOW 'Bumps & Babies' project supports parents from pregnancy, through birth and beyond - with the aim of helping new families feel prepared, less isolated and more confident, as they take their first steps into parenthood.

Following a successful pilot in 2021-22 we began a Baby Group in Newport, bringing new parents and their babies together to share their experiences, and giving them the opportunity to enjoy activities that promote bonding and attachment.

In November 2022, we received the wonderful news that our application to **The Henry Smith Charity** had been successful, a fantastic achievement as just 20% of applicants were awarded funding.

'Bumps and Babies' formed the focus of our application to support more families during the first two years of a child's life. Securing this funding means that we can continue our Bumps and Babies project and deliver targeted services over the next three years.



BUMPS AND BABIES PROJECT UPDATE

Feedback

“I am a first-time mum, I didn’t really know if it would be for me, but it was brilliant to have the chance to talk to other mums. I think it’s quite hard to admit but having a new baby is not always perfect. Hearing that other people feel the same as me made me feel so much better. Sometimes it’s hard to say that to people you know well or your family.”

New mum

“I am delighted that Home-Start is able to offer support to women at this early stage. So often we see that a bit of support early on could help women feel more prepared and less isolated and prevent things becoming very challenging for families in those early weeks and months. I am already seeing the benefit of this support to the new parents I have referred and I look forward to referring more as the project develops.”

Midwife



HIGHLIGHTS FROM OUR YEAR



Happy 25th Birthday to us!

When Home-Start Isle of Wight launched in 1997 we wonder if those involved at the time would have imagined celebrating 25 years supporting Island families. The scheme has gone from strength-to-strength, with a growing staff team and more families supported year-on-year. We are very proud that some of the original team of staff and volunteers are still involved today.

Peter Grigg Visit

In May 2022 we were delighted to welcome Peter Grigg, the CEO of Home-Start UK to the Island for a visit. Having joined Home-Start in January 2020 Peter had not had the opportunity to visit many local schemes due to lockdown restrictions. When the trustees extended an invitation, he was keen to come. During his visit Peter met trustees, volunteers and staff and we were able to showcase all that is great about Home-Start IOW.

Annual Cream Tea at Bluebells Café

In July 2022, friends and supporters old and new joined staff, trustees and volunteers at Bluebells cafe, Briddlesford Farm for our annual cream tea afternoon. It was a beautifully sunny Island day and, as ever, the scones and cream were absolutely delicious. This annual event is always a great fundraiser and a highlight of our summer.



RAISING OUR PROFILE



“Everyone on the Isle of Wight should know about Home-Start”

This is one of our core strategic aims. We knew it was ambitious, but we wanted to aim high. Only by raising our profile can we ensure that parents who may be struggling know who we are and how to reach out for support.

Followers On Social Media

With this aim in mind, we launched our @homestartIOW Instagram account and have a regular presence on all social media platforms. We regularly post news, photos and updates to all our accounts, responding quickly with engagement by potential families, volunteers and donors. You can help by following us on Instagram, and Facebook.

‘Kick Start’ Fundraising Campaign

With a growing following on social media, it was a great time to launch our ‘Kick Start’ fund raising campaign. We set out to raise £2500 to enable us to buy supermarket vouchers to the value of £25 to give to families during January and February.

From experience we know that these months are often difficult as families cope with the expense of Christmas and increased costs during the cold weather, and we knew that this year would be especially hard as the cost of living crisis was affecting everyone. People were so generous, and we raised an amazing £2375.

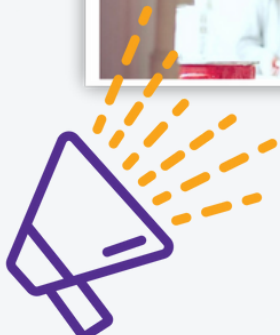
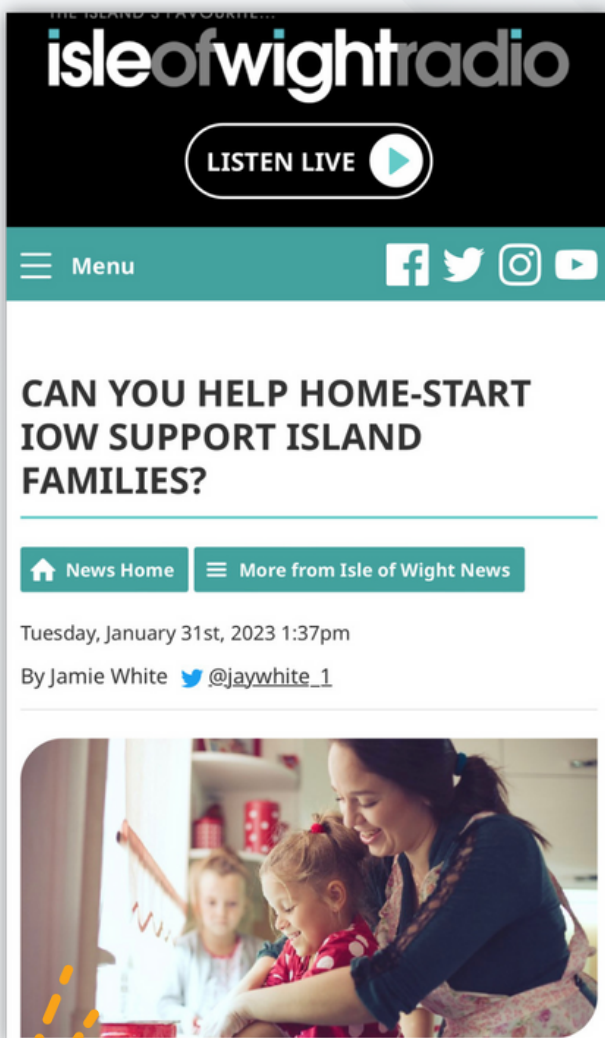
This meant that we were able to buy 95 vouchers for families to use in local supermarkets and help to ease a little bit of pressure.



RAISING OUR PROFILE

Media Coverage

Our fundraising was given a fantastic boost when we were invited along to BBC Radio Solent and Isle of Wight Radio to talk about the Kick Start campaign. More donations were to follow, including an envelope full of cash pushed under our door! We've also gained local media coverage for our Peter Grigg, Home-Start UK CEO visit and celebrating our staff on International Women's Day.



FINANCES

OUR YEAR

INCOME SUMMARY		Total
TOTAL INCOMING RESOURCES		£158,986
THE NATIONAL LOTTERY		£74,801
BBC CHILDREN IN NEED		£27,827
IOW COUNCIL		£18,550
OTHER GRANTS		£27,288
DONATIONS		£5,619
OTHER		£4,901
EXPENDITURE SUMMARY		Total
TOTAL EXPENDITURE		£175,107
SALARIES AND RELATED COSTS		£145,142
RUNNING COSTS INCLUDING, PREMISES AND VOLUNTEER COSTS		£28,068
OTHER		£1,897
RESERVES AT THE END OF THE YEAR		£118,052



FINANCES

OUR YEAR - THE MONEY

We would like to thank:

The National Lottery, BBC Children in Need, Isle of Wight Council, Michael and Betty Little Trust, JMC Plant Hire, Home-Start UK, John Lewis Partnership, Waitrose East Cowes, IW Foundation, Bluebells Café and everyone who attended the Annual Cream Tea, The Scorpion Charitable Trust, The Brook Trust, every single person who donated to the Kick Start campaign and the generous individuals who have made donations during the year.

Statutory accounts are available on request.



THE IMPACT OF OUR WORK

OUR YEAR

Your support and generosity have helped us achieve so much this year. After receiving Home-Start support:

PARENT FEEDBACK

92% feel less isolated

94% have improved scores for mental health

90% feel confident in managing their children's behaviour

88% report positive change in their child's mental health



FAMILY FEEDBACK

93% are more involved in their children's development

89% are better at managing their household budget

91% have improved routines at home

The lives of children and families on the Isle of Wight are better because of you - thank you.



STRATEGY UPDATE AND FUTURE PLANS



- **Maintaining and expanding our financial sustainability**

We have applied for grants from a wider range of fund givers. Our application to The Henry Smith Charity fund was successful, enabling us to start our new 'Bumps & Babies' project. Michael and Betty Little Trust generously support our vital core work. Locally we are supported by the IOW Council through the 'Strengthening Families Programme'. We continue to receive National Lottery funding and a grant from Children In Need.

- **Diversifying our services and extending our reach**

Focusing on the importance of early intervention has led to us establishing our Bumps & Babies' project. We are supporting the ever-increasing numbers of families with our volunteer home visiting services and family groups.

- **Raising our profile through improved engagement across the Island**

Professional development of our Social Media profiles and our web content has enabled us to increase our reach by over 100%. We continue to strengthen this with more focused campaigns and activities to help us achieve our ambition for everyone on the Isle of Wight to know about Home-Start and encourage recognition of the support we receive from the local community.



STRATEGY UPDATE AND FUTURE PLANS



- **Embrace change by continuously improving and evolving**

We have actively planned to expand our board to represent a wide range of experience and skills. Trustees have implemented processes around governance and strategy to ensure future sustainability of the Scheme. We have bench-marked ourselves against the high standards set by Home Start UK.

We are coming to the end of our strategic plan at the end of this year. We (trustees, staff, volunteers and parents) have already started to consider how we can refine and strengthen our services to ensure that we are making the best use of our resources in improving the quality of life for those we work with and care about.



FINAL MESSAGE



We learn from the feedback we receive, and the testimonials we've gathered over the past year reassure us that Home-Start Isle of Wight truly is making a difference.

"Having used Home-Start myself and knowing how valuable it is, I was keen to offer my services to support a family myself. Thank you for letting me be part of your wonderful team."

For the next year we are focused on harnessing that feedback and channelling the enthusiasm of our families and our volunteers into expanding the service to reach the families we know need our help.

"The group and the people in the group are amazing and they have helped me with a lot of things - I am so grateful for them!"

We know from our social media, our press coverage, our events and our word-of-mouth profile on the Island that our momentum is building. The next 12 months are looking very exciting indeed for Home-Start Isle of Wight.

"The support has been amazing. I always feel listened to, and my volunteer is there for me if I need someone to talk to."



THANK YOU

A huge 'thank you' from everyone at Home-Start Isle of Wight for all the support you have given us in 2022/23 and we look forward to working with you all again over the next year!

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www.homestartisleofwight.org.uk
01983 533357

FIND US AT:
EXCHANGE HOUSE, ST CROSS LANE
NEWPORT
ISLE OF WIGHT. PO30 5BZ



Company number: 05743981

Charity number: 1113958

HOME-START I.O.W
(A COMPANY LIMITED BY GUARANTEE)

ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

HOME-START I.O.W

ACCOUNTS

for the year ended 31 March 2023

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LEGAL AND ADMINISTRATIVE INFORMATION

for the year ended 31 March 2023

Patron	J Griffin MBE
Directors/Trustees	M Rylands J McKean T Barker (Treasurer) K Rivlin (Chair) W Loader (resigned 15/11/2022) L Nehorai J Bailey H Hadfield T Hastain
Secretary	A Griffiths
The Registered Office:	Exchange House St Cross lane Newport Isle of Wight PO30 5BZ
Company Number:	05743981
Charity Number:	1113958
Independent Examiner:	A H Cross & Co Limited Chartered Certified Accountants 16 Quay Street Newport Isle of Wight PO30 5BG
Bankers:	HSBC Bank plc 101 St James Street Newport Isle of Wight PO30 1HX

HOME-START I.O.W

TRUSTEES' REPORT

for the year ended 31 March 2023

The Trustees present their report and the accounts for the year ended 31 March 2023. The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with applicable law and the requirements of the Statement of Recommended Practice, "Accounting and Reporting by Charities" (SORP 2005) issued by the Charity Commission for England and Wales (revised in June 2008) and are in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Structure, Governance and Management

The company was incorporated as a company limited by guarantee on 15 March 2006 and is registered with the Charity Commission number 1113958.

The appointment of Trustees is carried out by method of election by the Trustees of the company.

Mission, Vision and Activities

Mission

Home-Start I.O.W is to be there for every family that needs us because childhood can't wait.

Vision

Its vision is to be a trusted voluntary service supporting the local community working in partnership with parents through challenging times to give their family the best possible future.

Activities for the year ended 31 March 2023

All the activities undertaken by Home-Start I.O.W are for the express purpose of furthering its charitable aims as outlined in its mission above and in accordance with its governing documents. Thus the Trustees are assured these activities fulfil their duties under Section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission.

Volunteers with parenting/caring experience, are trained, vetted and visit families in their own homes on a regular weekly basis, to offer support to families whose children are potentially vulnerable to risk factors, which could impact adversely on their development and well-being. Volunteers provide emotional and practical support which is individual to each family, supporting them in their homes and helping families engage in activities, and access services in their communities.

In addition to home visiting, staff run 'invitation only' group sessions each week during term time. These sessions provide a safe and stimulating environment for parents and their young children to socialise and learn together through play. During the year, group sessions have taken place in Shanklin, East Cowes, Newport and Ryde.

HOME-START I.O.W

TRUSTEES' REPORT continued

for the year ended 31 March 2023

Home-Start I.O.W continues to work with the Isle of Wight Council on the Strengthening Families programme. This contract requires Home-Start I.O.W to offer targeted support to a number of families that meet the criteria for the programme.

During the year, Home-Start I.O.W supported 154 families across the Island, with 330 children (224 under 5 years and 106 over 5 years). Many of the families supported during the year were experiencing multiple and complex difficulties.

Home-Start I.O.W could not operate without the commitment and dedication of the volunteer team. Without their outstanding contribution of time, energy and commitment we could not have achieved so much for families across the Isle of Wight. During the year 46 volunteers supported the work of the scheme.

Home-Start I.O.W has an open referral system, referrals are accepted from a wide range of professionals and from families themselves. 148 referrals for support were received during the year.

An initial assessment visit is carried out for all referrals received, and support is offered based on the needs identified by the family. The offer of support may be restricted by the resources available. Home-Start I.O.W recognises the diversity of families in all its work, respecting the cultural, racial and religious traditions that make them distinct.

Home-Start I.O.W is committed to safeguarding and promoting the well-being of children and adults. Home-Start I.O.W works in partnership with a range of other agencies to achieve positive outcomes for families and plays a full part in the Early Help Assessment process and works closely with colleagues within Children's Services to support families and children subject to a Child in Need or Child Protection plan.

HOME-START I.O.W

TRUSTEES' REPORT continued

for the year ended 31 March 2023

Sources of Funding

Home-Start I.O.W relies on external sources of funding to deliver its objectives.

This year funding was received from:

The National Lottery, BBC Children in Need, Isle of Wight Council, Michael and Betty Little Trust, JMC Plant Hire, Home-Start UK, John Lewis Partnership, Waitrose East Cowes, The Scorpion Charitable Trust, The Brook Trust.

In addition, funds were raised through donations to our Kick Start campaign, an annual Cream Tea event at Bluebells Café and a quiz at the Griffin pub. During the year Home-Start I.O.W received donations from a number of generous individuals who made personal donations during the year.

This year Home-Start I.O.W used the services of a freelance fundraising consultant.

Plans for the Future

As Home-Start I.O.W is reliant on external funding, future delivery of its service will rely on the continuity of sufficient funds to maintain its core service. Therefore, fund raising is an on-going activity for the organisation and it is recognised that the current economic climate presents a significant challenge, which demands a creative and dynamic approach.

Home-Start I.O.W will continue to deliver its core objectives by recruiting and training volunteers, liaising with other professionals and working with families to promote the best possible outcomes for their children. Any expansion and development of the organisation will be in line with the Home-Start I.O.W Strategic Plan, and will focus on providing a quality service that is responsive to local need.

Financial Review

Reserves

The charity operates within its financial capacity and has sufficient reserves to meet its regular outgoings and commitments.

Responsibilities of the Trustees

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Trustees should follow best practise and:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

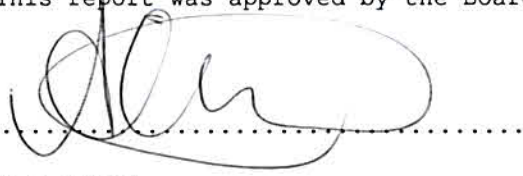
The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

HOME-START I.O.W

TRUSTEES' REPORT continued

for the year ended 31 March 2023

This report was approved by the Board of Trustees and signed on its behalf.

A handwritten signature in black ink, appearing to be 'A Griffiths', is written over a horizontal dotted line.

A Griffiths

Company Secretary

HOME-START I.O.W

INDEPENDENT EXAMINER'S REPORT

for the year ended 31 March 2023

I report on the accounts of the company for the year ended 31 March 2023 which are set out on pages 7 and 8 and the related notes.

Respective Responsibilities of Trustees and examiner

The Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;.
- to follow the procedures laid down by the General Directions given by the Charity Commissioners under section 145(5) (b) of the 2011 Act; and.
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set in the statement below.

Independent Examiner's Statement

In connection with our examination, no matter has come to my attention:

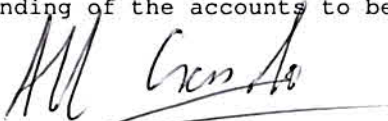
(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and

- to prepare accounts which accord with accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



A H Cross & Co Limited
Chartered Certified Accountants
16 Quay Street
Newport
Isle of Wight
PO30 5BG

Date 5 June 2023

HOME-START I.O.W

STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 March 2023

		<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Total</u>
		<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
	<u>Notes</u>	<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>
INCOMING RESOURCES					
INCOMING RESOURCES FROM					
GENERATED FUNDS					
Voluntary income - donations		-	-	0	0
Investment income - bank interest		348	-	348	5
INCOMING RESOURCES FROM					
CHARITABLE ACTIVITIES					
Grants	3	20,000	109,916	129,916	149,653
Donations		2,443	3,176	5,619	6,026
Other incoming resources		3,697	19,406	23,103	37,112
TOTAL INCOMING RESOURCES		26,488	132,498	158,986	192,796
RESOURCES EXPENDED					
Cost of charitable activities	4	-	171,891	171,891	141,744
Governance costs	4	-	5,079	5,079	4,947
TOTAL RESOURCES EXPENDED		0	176,970	176,970	146,691
NET INCOMING RESOURCES		26,488	-44,472	-17,984	46,105
Taxation		-	-	0	0
NET MOVEMENT IN FUNDS		26,488	-44,472	-17,984	46,105
TRANSFER IN FUNDS		-44,472	44,472	0	0
TOTAL FUNDS BROUGHT FORWARD		170,078	-	170,078	123,973
TOTAL FUNDS CARRIED FORWARD		£ 152,094	£ 0	£ 152,094	£ 170,078

HOME-START I.O.W

BALANCE SHEET

at 31 March 2023

	<u>Notes</u>	<u>At 31 March</u> <u>2023</u>	<u>At 31 March</u> <u>2022</u>
FIXED ASSETS			
Tangible assets	8	2,090	2,414
CURRENT ASSETS			
Debtors - prepayments		2,600	5,055
Cash at bank		150,128	165,252
		152,728	170,307
CREDITORS Amounts falling due within one year			
Other creditors and accruals		2,724	2,643
NET CURRENT ASSETS		150,004	167,664
NET ASSETS		£ 152,094	£ 170,078
FUNDS OF THE CHARITY			
Unrestricted funds		152,094	170,078
Restricted funds		-	-
TOTAL CHARITY FUNDS		£ 152,094	£ 170,078

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act. However, in accordance with section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report appears on page 6.

The directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the board of Trustees and signed on their behalf.



K Rivlin
Trustee

The notes on pages 9 to 12 form part of these accounts.

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

1 ACCOUNTING POLICIES

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) effective April 2008, and all other applicable accounting standards, as modified by the Statement of recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales (revised June 2008) (the SORP). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Act 2006 and include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

Accounting Convention

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008).

Incoming Resources - recognition of incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- The charity becomes entitled to the resources;
- the Trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Where the incoming resources have related expenditure the incoming resources and related expenditure are reported gross in the SOFA.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all the cost relating to the charity's main activities.

Resources expended include attributable VAT which cannot be recovered.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources. Grants are deferred where they relate to future period activities.

Expenditure and Liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Charitable expenditure

Given the size of the charity, all office costs are incurred in support of the charity's mission and activities including co-ordination of volunteers and are shown as direct charitable expenditure.

Governance costs

Include costs of the preparation and examination of statutory accounts, the cost of Trustee meetings and the cost of any legal advice to Trustees on governance or constitutional matters. Any little expenditure has been expensed to volunteer expenditure and is shown as other direct service provision.

Pensions

Contributions are paid to a defined contribution scheme. Pension costs represent the total of these contributions payable on behalf of employees in the year.

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

1 ACCOUNTING POLICIES (cont'd)

Tangible fixed assets and depreciation

All tangible fixed assets are stated at cost less depreciation. Depreciation has been provided at the following rate in order to write off the assets (less their residual value) over their estimated useful economic lives.

Computers 20% straight line basis

Fund Accounting

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the Trustees in furtherance of the objectives of the charity. There is no formal policy of transfer between funds or the allocation of funds.

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that the income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company, and therefore included in the relevant costs in the Statement of Financial Activities.

2 LEGAL STATUS OF THE CHARITY, COMMENCEMENT AND CONTINUATION OF ACTIVITIES

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1. It took over the assets and liabilities and activities on the non-company organisation of the same name and charity number 1064329 on 1 April 2006.

The continuation of the charity's activities is dependant on future funding part of which has been secured. The level of activity undertaken will depend upon the funding obtained.

3 GRANTS

	<u>2023</u>	<u>2022</u>
BBC Children in need	27,827	27,918
Comic Relief	-	1,750
MBLT	20,000	15,000
Postcode Society Trust	-	16,489
National Lottery Grant	74,801	63,951
Home-Start UK partnerships	-	11,400
Other small grants	7,288	13,145
	<u>£ 129,916</u>	<u>£ 149,653</u>

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

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<u>Charitable activities</u>		<u>2023</u>	<u>2022</u>
Direct service provision	- staff	111,138	94,645
	- other	13,201	8,790
Support costs/ office costs	- staff	26,764	22,885
	- other	19,988	13,229
Professional fees		800	2,195
		<u>171,891</u>	<u>141,744</u>
Governance costs	- independent accountant	720	780
	- other including AGM	4,359	4,167
	- Trustee expenses	-	-
		<u>5,079</u>	<u>4,947</u>
		<u>£ 176,970</u>	<u>£ 146,691</u>

5 STAFF COSTS AND NUMBERS

The trust employs one scheme manager, five field staff and two administration assistants.

Staff costs in the year were:

	<u>2023</u>	<u>2022</u>
Gross	127,383	108,089
Employer's NIC	4,723	3,714
Pension	5,796	5,727
	<u>£ 137,902</u>	<u>£ 117,530</u>

No employees received remuneration in excess of £60,000.

The trust contributes to a defined contribution pension scheme. The amount outstanding at the end of the year is £877.86.

6 TRUSTEES REMUNERATION OR EXPENSES

	<u>2023</u>	<u>2022</u>
Remuneration	-	-
Expenses	-	-
	<u>£ 0</u>	<u>£ 0</u>

7 TAXATION

The company acquired charitable status in the year ended 31 March 2006 and is not liable to U.K. corporation tax.

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

8 FIXED ASSETS

	<u>Computer</u>
<u>Cost</u>	
At 1 April 2022	5,682
Additions in year	449
At 31 March 2023	<u>6,131</u>
<u>Depreciation</u>	
At 1 April 2022	3,268
Charge for the year	773
At 31 March 2023	<u>4,041</u>
<u>Net book value</u>	<u>£ 2,090</u>

9 CONTROL

The charity is controlled by the Trustees.

Company number: 05743981

Charity number: 1113958

HOME-START I.O.W
(A COMPANY LIMITED BY GUARANTEE)

ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

HOME-START I.O.W

ACCOUNTS

for the year ended 31 March 2023

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LEGAL AND ADMINISTRATIVE INFORMATION

for the year ended 31 March 2023

Patron	J Griffin MBE
Directors/Trustees	M Rylands J McKean T Barker (Treasurer) K Rivlin (Chair) W Loader (resigned 15/11/2022) L Nehorai J Bailey H Hadfield T Hastain
Secretary	A Griffiths
The Registered Office:	Exchange House St Cross lane Newport Isle of Wight PO30 5BZ
Company Number:	05743981
Charity Number:	1113958
Independent Examiner:	A H Cross & Co Limited Chartered Certified Accountants 16 Quay Street Newport Isle of Wight PO30 5BG
Bankers:	HSBC Bank plc 101 St James Street Newport Isle of Wight PO30 1HX

HOME-START I.O.W

TRUSTEES' REPORT

for the year ended 31 March 2023

The Trustees present their report and the accounts for the year ended 31 March 2023. The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with applicable law and the requirements of the Statement of Recommended Practice, "Accounting and Reporting by Charities" (SORP 2005) issued by the Charity Commission for England and Wales (revised in June 2008) and are in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Structure, Governance and Management

The company was incorporated as a company limited by guarantee on 15 March 2006 and is registered with the Charity Commission number 1113958.

The appointment of Trustees is carried out by method of election by the Trustees of the company.

Mission, Vision and Activities

Mission

Home-Start I.O.W is to be there for every family that needs us because childhood can't wait.

Vision

Its vision is to be a trusted voluntary service supporting the local community working in partnership with parents through challenging times to give their family the best possible future.

Activities for the year ended 31 March 2023

All the activities undertaken by Home-Start I.O.W are for the express purpose of furthering its charitable aims as outlined in its mission above and in accordance with its governing documents. Thus the Trustees are assured these activities fulfil their duties under Section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission.

Volunteers with parenting/caring experience, are trained, vetted and visit families in their own homes on a regular weekly basis, to offer support to families whose children are potentially vulnerable to risk factors, which could impact adversely on their development and well-being. Volunteers provide emotional and practical support which is individual to each family, supporting them in their homes and helping families engage in activities, and access services in their communities.

In addition to home visiting, staff run 'invitation only' group sessions each week during term time. These sessions provide a safe and stimulating environment for parents and their young children to socialise and learn together through play. During the year, group sessions have taken place in Shanklin, East Cowes, Newport and Ryde.

HOME-START I.O.W

TRUSTEES' REPORT continued

for the year ended 31 March 2023

Home-Start I.O.W continues to work with the Isle of Wight Council on the Strengthening Families programme. This contract requires Home-Start I.O.W to offer targeted support to a number of families that meet the criteria for the programme.

During the year, Home-Start I.O.W supported 154 families across the Island, with 330 children (224 under 5 years and 106 over 5 years). Many of the families supported during the year were experiencing multiple and complex difficulties.

Home-Start I.O.W could not operate without the commitment and dedication of the volunteer team. Without their outstanding contribution of time, energy and commitment we could not have achieved so much for families across the Isle of Wight. During the year 46 volunteers supported the work of the scheme.

Home-Start I.O.W has an open referral system, referrals are accepted from a wide range of professionals and from families themselves. 148 referrals for support were received during the year.

An initial assessment visit is carried out for all referrals received, and support is offered based on the needs identified by the family. The offer of support may be restricted by the resources available. Home-Start I.O.W recognises the diversity of families in all its work, respecting the cultural, racial and religious traditions that make them distinct.

Home-Start I.O.W is committed to safeguarding and promoting the well-being of children and adults. Home-Start I.O.W works in partnership with a range of other agencies to achieve positive outcomes for families and plays a full part in the Early Help Assessment process and works closely with colleagues within Children's Services to support families and children subject to a Child in Need or Child Protection plan.

HOME-START I.O.W

TRUSTEES' REPORT continued

for the year ended 31 March 2023

Sources of Funding

Home-Start I.O.W relies on external sources of funding to deliver its objectives.

This year funding was received from:

The National Lottery, BBC Children in Need, Isle of Wight Council, Michael and Betty Little Trust, JMC Plant Hire, Home-Start UK, John Lewis Partnership, Waitrose East Cowes, The Scorpion Charitable Trust, The Brook Trust.

In addition, funds were raised through donations to our Kick Start campaign, an annual Cream Tea event at Bluebells Café and a quiz at the Griffin pub. During the year Home-Start I.O.W received donations from a number of generous individuals who made personal donations during the year.

This year Home-Start I.O.W used the services of a freelance fundraising consultant.

Plans for the Future

As Home-Start I.O.W is reliant on external funding, future delivery of its service will rely on the continuity of sufficient funds to maintain its core service. Therefore, fund raising is an on-going activity for the organisation and it is recognised that the current economic climate presents a significant challenge, which demands a creative and dynamic approach.

Home-Start I.O.W will continue to deliver its core objectives by recruiting and training volunteers, liaising with other professionals and working with families to promote the best possible outcomes for their children. Any expansion and development of the organisation will be in line with the Home-Start I.O.W Strategic Plan, and will focus on providing a quality service that is responsive to local need.

Financial Review

Reserves

The charity operates within its financial capacity and has sufficient reserves to meet its regular outgoings and commitments.

Responsibilities of the Trustees

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Trustees should follow best practise and:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

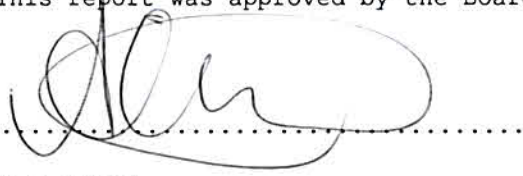
The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

HOME-START I.O.W

TRUSTEES' REPORT continued

for the year ended 31 March 2023

This report was approved by the Board of Trustees and signed on its behalf.

A handwritten signature in black ink, appearing to be 'A Griffiths', is written over a horizontal dotted line.

A Griffiths

Company Secretary

HOME-START I.O.W

INDEPENDENT EXAMINER'S REPORT

for the year ended 31 March 2023

I report on the accounts of the company for the year ended 31 March 2023 which are set out on pages 7 and 8 and the related notes.

Respective Responsibilities of Trustees and examiner

The Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;.
- to follow the procedures laid down by the General Directions given by the Charity Commissioners under section 145(5) (b) of the 2011 Act; and.
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set in the statement below.

Independent Examiner's Statement

In connection with our examination, no matter has come to my attention:

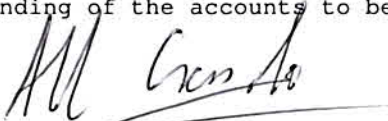
(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and

- to prepare accounts which accord with accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



A H Cross & Co Limited
Chartered Certified Accountants
16 Quay Street
Newport
Isle of Wight
PO30 5BG

Date 5 June 2023

HOME-START I.O.W

STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 March 2023

		<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Total</u>
		<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
	<u>Notes</u>	<u>2023</u>	<u>2023</u>	<u>2023</u>	<u>2022</u>
INCOMING RESOURCES					
INCOMING RESOURCES FROM					
GENERATED FUNDS					
Voluntary income - donations		-	-	0	0
Investment income - bank interest		348	-	348	5
INCOMING RESOURCES FROM					
CHARITABLE ACTIVITIES					
Grants	3	20,000	109,916	129,916	149,653
Donations		2,443	3,176	5,619	6,026
Other incoming resources		3,697	19,406	23,103	37,112
TOTAL INCOMING RESOURCES		26,488	132,498	158,986	192,796
RESOURCES EXPENDED					
Cost of charitable activities	4	-	171,891	171,891	141,744
Governance costs	4	-	5,079	5,079	4,947
TOTAL RESOURCES EXPENDED		0	176,970	176,970	146,691
NET INCOMING RESOURCES		26,488	-44,472	-17,984	46,105
Taxation		-	-	0	0
NET MOVEMENT IN FUNDS		26,488	-44,472	-17,984	46,105
TRANSFER IN FUNDS		-44,472	44,472	0	0
TOTAL FUNDS BROUGHT FORWARD		170,078	-	170,078	123,973
TOTAL FUNDS CARRIED FORWARD		£ 152,094	£ 0	£ 152,094	£ 170,078

HOME-START I.O.W

BALANCE SHEET

at 31 March 2023

	<u>Notes</u>	<u>At 31 March</u> <u>2023</u>	<u>At 31 March</u> <u>2022</u>
FIXED ASSETS			
Tangible assets	8	2,090	2,414
CURRENT ASSETS			
Debtors - prepayments		2,600	5,055
Cash at bank		150,128	165,252
		152,728	170,307
CREDITORS Amounts falling due within one year			
Other creditors and accruals		2,724	2,643
NET CURRENT ASSETS		150,004	167,664
NET ASSETS		£ 152,094	£ 170,078
FUNDS OF THE CHARITY			
Unrestricted funds		152,094	170,078
Restricted funds		-	-
TOTAL CHARITY FUNDS		£ 152,094	£ 170,078

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act. However, in accordance with section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report appears on page 6.

The directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the board of Trustees and signed on their behalf.



K Rivlin
Trustee

The notes on pages 9 to 12 form part of these accounts.

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

1 ACCOUNTING POLICIES

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) effective April 2008, and all other applicable accounting standards, as modified by the Statement of recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales (revised June 2008) (the SORP). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Act 2006 and include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

Accounting Convention

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008).

Incoming Resources - recognition of incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- The charity becomes entitled to the resources;
- the Trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Where the incoming resources have related expenditure the incoming resources and related expenditure are reported gross in the SOFA.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all the cost relating to the charity's main activities.

Resources expended include attributable VAT which cannot be recovered.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources. Grants are deferred where they relate to future period activities.

Expenditure and Liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Charitable expenditure

Given the size of the charity, all office costs are incurred in support of the charity's mission and activities including co-ordination of volunteers and are shown as direct charitable expenditure.

Governance costs

Include costs of the preparation and examination of statutory accounts, the cost of Trustee meetings and the cost of any legal advice to Trustees on governance or constitutional matters. Any little expenditure has been expensed to volunteer expenditure and is shown as other direct service provision.

Pensions

Contributions are paid to a defined contribution scheme. Pension costs represent the total of these contributions payable on behalf of employees in the year.

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

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NOTES TO THE ACCOUNTS

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No employees received remuneration in excess of £60,000.

The trust contributes to a defined contribution pension scheme. The amount outstanding at the end of the year is £877.86.

6 TRUSTEES REMUNERATION OR EXPENSES

	<u>2023</u>	<u>2022</u>
Remuneration	-	-
Expenses	-	-
	<u>£ 0</u>	<u>£ 0</u>

7 TAXATION

The company acquired charitable status in the year ended 31 March 2006 and is not liable to U.K. corporation tax.

NOTES TO THE ACCOUNTS

for the year ended 31 March 2023

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Charge for the year	773
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