

LATITUDE CARE NETWORK LIMITED

England & Wales - Charity number 1113929

Details

Other names LCN

Status Registered

Legal form Charitable company

Company number [05555558](#)

Registered 2006-04-26

Register [View on the Charity Commission register](#)

Contact

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Website www.latitudecarenetwork.org

Activities

Objects: THE OBJECTS FOR WHICH THE COMPANY IS ESTABLISHED ARE PARTICULARLY BUT NOT EXCLUSIVELY FOR INDIVIDUALS FROM SOCIALLY OR ECONOMICALLY DISADVANTAGED BACKGROUND, THE ELDERLY AND PERSONS WITH DISABILITIES:3.1 TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF VULNERABLE AND DISADVANTAGED MEMBERS OF SOCIETY WHO ARE PREDOMINATELY REFUGEES AND ASYLUM SEEKERS LIVING IN THE LONDON AREA.3.2 TO RELIEVE THE NEEDS OF ELDERLY AND DISABLED PEOPLE AND PEOPLE FACING DIFFICULTIES IN FAMILY RELATIONSHIPS.3.3 TO ADVANCE EDUCATION THROUGH VOCATIONAL TRAINING FOR THE UNEMPLOYED OF THOSE SEEKING EMPLOYMENT INCLUDING SINGLE PARENTS, REFUGEES AND ASYLUM SEEKERS.3.4 TO RELIEVE POVERTY AND DISTRESS AMONGST THE PEOPLE IN AFRICA, IN PARTICULAR THOSE WHO ARE VICTIMS OF WAR AND NATURAL DISASTERS.3.5 TO PROMOTE EQUALITY AND DIVERSITY IN SOCIETY BY HOLDING VARIOUS SOCIAL AND CULTURAL EVENTS OF SUFFICIENT CONTENT AND QUALITY FOR THE BENEFIT OF THE PUBLIC.

Activities: LCN provides Health, Social Care and Social Support, Advice, Information and Advocacy, Counselling/Psychosocial Care, International Development, Sponsor or Undertake Research, social Event

and activities, umbrella body, Education, Training and Employment, Environmental and Climate Change, Lobbying and Campaign and Volunteer Recruitment and Development in the London Area and Northern Ugandan Region.

Classification

- **How:** Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** LONDON AREA AND AFRICA
- Uganda
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£31,621	£35,248	-	-
2024-03-31	£26,833	£27,456	-	-
2023-03-31	£15,267	£16,161	-	-
2022-03-31	£27,124	£26,354	-	-
2021-03-31	£31,914	£26,368	-	-

Trustees

Name	Role	Appointed
Grace Adok	Chair	
CHRISTINE ATIM		
GRACE ADOK		
HARRIET JANE ABER		
JANE ATUBE		2012-02-23
Rev Modicum Okello		2022-05-14
SANTA AKULLO		2012-02-23

LATITUDE CARE NETWORK LIMITED

England & Wales - Charity number 1113929

Accounts

LATITUDE CARE NETWORK LIMITED
REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED
31 MARCH 2025

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About LCN

Latitude Care Network (LCN) is not-for-profit community services organisation that has operated in the London areas, region of northern Uganda and elsewhere since 2005. In response to diverse, persistent and emerging social issues that impacts health, socioeconomic, and well-beings, Within the scope, we provide essential need services and activities that mitigate and build self-efficacy to improve health, access to education, prosperity and the general well-being outcomes.

LCN Core Activities

Community Outreach Programme – at its core, this is volunteer community outreach activities which plays significant roles in reaching out to the most vulnerable, deprive and isolated people to offer services that uplift and help them live independently and access services and resources that may improve quality of lives and the general well-being.

Information and Emergency Relief - offers informational support, general advice, mediation, advocacy, liaison, representation, case management, practical assistance and referral.

Education, Training, and Employment Support - offers student's placement work experience, ICT at home support, volunteering opportunities and employment support activities.

Mutual Aid Funds Scheme - offers small lending activities, emergency relief and social funds, material and practical assistance and client's appointees for personal money mentors and managements.

Umbrella and Resources Service – offer umbrella and resource services for/to other organisations such as small non-registered and peer led groups without organisational structures.

International Development - Baseline Survey and Needs Assessment, Humanitarian and Emergency Relief Programme, educational support, community and children development centre project, livelihoods support, mission partners and overseas volunteering opportunities.

UK OPERATION

Since 2005, in London and the surrounding areas, LCN have provided ranges of supportive services and activities which assist individuals, families and in some instances the community from socially and economically disadvantaged backgrounds, those facing personal hardship and/or difficult life circumstances. Within our scope, every year services and activities we provided have been crucial to those we are serving one way or another within the means.

Community Outreach Programme

This is volunteer's community outreach activities which at its core, have been the foundation efforts of LCN to reach people we support while liaising with other agencies and individuals whom we may have shared concerned or one component of it. Our clients are all over London and the surrounding areas, the methods of delivering the activities are through the telephone, social media and email communications, and visits to home, hospitals and any other community settings and events.

In whatever ways we can, the outreach activities have been effective ways of connecting people with services and supports aimed at improving their lives and the general well-beings. Besides, it is also empowering independent living by building social connections and addressing diverse needs within the local communities. The outreach activities benefit clients and the volunteers themselves facing challenges of vulnerability, limited resources, loneliness and isolation, cultural barriers and as well as volunteer burnout.

The services aimed at meeting the needs of the people we serve includes mediation, advocacy, representation, befriending and companionship, encouraging interaction and social networks, good physical and mental healths so as to reduce stress, loneliness and isolation, and to alluviate hardships they are experiencing. Year on year we get enquiries and referral which exceed expectation and ability to serve however, our volunteers are recruited from within the locals or neighbouring areas they live linking with clients within the proximity. When we were unable to serve, we laised with other agencies refer clients to, thus enabling us reachout to a lot more people within the scope.

Social Care and Support Services

Through the volunteer community outreach activities, the social care and support services have been providing practical assistance to clients needing help with daily living due to old age, disability or illnesses experiencing isolation and any other life challenges. It is at enhancing independence living, social connection and well-being through the volunteer's supported practical assistance including with personal care, outing shopping, and social and recreational activities to foster meaningful interactions and community engagement.

Before Covid pandemic outbreaks, LCN was organising monthly social support group get together in a community hall or and other community setting including events. However, this has since been retreated and redirected to other outings including online meetings and referral to other providers. During the year under review, our volunteers have recorded a total of 102 clients supported within their local areas or boroughs.

Small Social Funds Scheme

This scheme stemmed from LCN Recreational and Social Support Group activities which besides, it also generates small funds from entertainment performances of dances and arcraft at community events, private parties or hire for a fee, tin collection and other voluntary giving. However, since 2020 covid pandemic the activities have been halted but some clients and members who feel so passionate about the cause, they have voluntarily continued giving to the scheme. For the past 11 years, the scheme has also been boosted by an annual donation from an individual well-wisher who preferred not to be named or listed publicly for which we are very grateful for the ongoing support.

Every year, the small social funds provide limited finance, and other practical support to clients and members experiencing financial hardships for basic household needs and they also support a few selected community groups. The year under review, 33 individuals and families were supported with daily living expenses for basic essential household needs. Also 4 local community groups including a Food Bank were supported financially and with material items.

Clients Appointee (CA)

LCN is an approved Clients Appointee (CA) which involved supporting clients unable to manage their own finance affairs through money mentor and management. The one-to-one support include applying for and managing benefit payments, opening a dedicated bank account, paying care and essential bills and managing all the other aspects clients including handing personal spending money and reporting changes. There are some clients who may be able to receive the payments themselves, in this case we support them by directing and supervising the activities.

Besides, the CA service also enhances client's basic financial skills and inclusion including understanding the benefit systems, basic budgeting and the impacts on their lives as well as living within means. Every year we have continues supported existing clients and receive referrals for the scheme from the local authorities and a few other community groups. The year under review, we supported 56 clients including 13 new referrals, the volunteers involved carried out these activities either mainly remotely/virtually and where necessary, a face-face meeting were arranged.

Information and Emergency Relief

This provides immediate short-term assistance to individuals and families experiencing financial hardship or food insecurity. We offer limited financial assistances in the form of occasional food vouchers, non-perishable food items, negotiate on behalf with utilities companies such as the energy and water, liaise with and referral to all other services providers, advocacy, and besides information about employment, training or education case management to access these services. Courtesy of Sainsbury's 42 food vouchers were handed to 27 individuals and 15 families. There were also 6 referrals to other service providers including for housing/accommodation and legal representation.

Education, Training and Development Support

Education, training, and employment support programme is intended to assist people with personal development, life coaching and supports they may need to improve livelihoods through acquiring general knowledge and life skills to become literates, be able to enter volunteering and paid employments, start own businesses and discover other ways of income generations. Over the year, the programme has provided clients with work experience placement, ICT at Home, employment support and volunteering opportunity including enhancing the volunteer workforce.

Work Experience Placements.

This stemmed from the local educational institutions including universities, colleges and school's enquiry to the local community groups and businesses to be able to offers opportunities for students or adults in further education to participate in work experience or community service activities. Every year we received requests from local schools, colleges, and universities for work placements for their students to enable them complete areas of their studies or courses. Due to the volume of requests, we are unable to guarantee a place/s for all, however it gives us opportunity to choose students for activities we much needed assistance with. The year under review, there was 7 requests for the student placements, however we could only offer 3 places. For the remaining places, we either redirect or referred them to other agencies also offering work placements.

Volunteering Opportunity

Volunteering opportunity benefit people and the community at large, our organisational is a volunteer led and from line service providers as valuable assets. They have been key to delivering on our promises and without them, we would not have been able to carry on serving or survived 21 years of existent. The volunteers' valuable times and other in kind support may not be reflected in the reports and accounts of a monetary value; but they can sometimes exceed expectations. We are extremely grateful to our dedications volunteer s who besides their other daily activities they contribute countless volunteering times staffing all our operational activities.

Those entering volunteering activities with us can choose area they may want to volunteer with or suit individual needs. For some they simply may want to gain work experience in area that may broaden their CV, boost job prospects, help with job search, applications, interviews and referencing leading to paid employment or personal development purposes. And for some it is a desire to support local agencies fill their volunteering vacancies and to give back to the community.

The volunteering opportunity also supports the local educational institutions who turn to community groups and businesses for student placements to enable then complete their course or area of studies. At the end, all parties involved achieved what they had set to get out of the volunteering activities. The year under review, a total of 20 volunteers including 3 students on work placement served the organisation and out of the 20, 4 received employment support with references entered paid employment.

ICT at Home

The ICT at Home delivered through the volunteer community outreach activities to raise awareness, provide basic IT skill training and learning, and practical uses of the devices. We are please the demand for this has now decreased as people are getting more acquainted and confident with the use of the modern hand help communication technologies. Even so, for those who still need support with ICT at home, for many the services are now being provided online saving the volunteers and client times as well as money for travelling.

A huge thank you to the volunteer community outreach workers who remained resolute in their connection with clients throughout the year ensuring clients were able to safely accessing all the necessity online services including access to GPs, hospitals, and all the other online services including banking, shopping and communication with email and social medias fostering meaningful connections with families and peers to enhance social inclusions and mental well-beings.

Mutual Aid Fund (MAF) Scheme

This scheme has been in operation since 2008 as a community-based income generation through limited lending activities. It was a London Rebuilding Society (LRS) programme of financial support for community groups such as LCN to enable us provides mutual aid financial activities to people we served. Most of the people we serve live in conditions of poverty which restricts their ability to enjoy socio-economic, health and cultural rights well-beings.

Therefore, the main objective of the scheme is to increase client access to financial service they would not normally be able to from mainstream high street banks and other financial institutions for basic households' essential needs or a small business income generation activity that improve livelihoods. Alongside 24 other community groups, in 2008 after completing accreditation 6 months Learning to Lend Trainings course by LRS, we were awarded Certificate of qualification. Thereafter, an assessment by then Office of Fair Trade (now Financial Conduct Authority FCA) awarded Consumer Credit Licence.

To start lending, we had to invest some amount of money with LRS for the return of 3 times the amount invested which years later in the process of learning, we successfully repaid and our initial investment was also returned. To date, the lending activities continues and there are 2 strands, a Soft Loan lending repayable within 30 days interest free or thereafter a 35% flat Interest Rates charge apply. The lending activities are restricted to clients and members on low-income facing hardship with household basic needs such as groceries, clothing, and utility bills for clients assessed as unable to raise required funds purchases or bill payments.

The borrowers can borrow hard or soft cash between £50 – 200.00 or in some cases, we instead do the purchases or bills payments for them, and they will then repay back as agreed. We have also in the past been able to support people with plans for small homebase businesses lending up to £2,000.00, however, this have since 2018 been paused. However, we are pleased that 5 people supported with the small homebase business income generations are today running a successful homebase businesses of hair dressings, party planner and decorations and catering services. The year under review, we disbursed 15 loan which were all been repaid with the proceeds ploughed back for further lending or borrowings. Since 2008, a total of 1,247 loans have been served by the MAF Scheme.

Umbrella and Resource Service

Lumego United Project was a peer-led unregistered or unregulated group which has since 2021 been operating under the Umbrella Service of LCN. During the year under review, the group was resolved and designated funds were used to support various community social issues including bereavements, repatriation and relief to individuals and families experiencing financial hardships both in the UK and elsewhere the region of Northern Uganda.

INTERNATIONAL DEVELOPMENT

In 2005, LCN extended its operation overseas in the region of northern Uganda registered in the country as Non-Governmental & Community Based Organisation (NGO & CBO) under the affiliate name of Latitude Care Network Uganda (LCNU). The affiliate provides essential links, management and frontline activities while liaising, consulting, reporting to and is accountable to LCN UK. With the backing of LCN UK, LCN Uganda operates in the region of northern Ugandan 4 districts of Gulu, Kitgum, Lira and Pader. The organisation also liaises and works in partnership with some local grassroots groups, businesses, and individual well-wishers.

Over the years in the region, LCN have delivered the programmes and projects such as Baseline Survey and Needs Assessment (funded by the Big Lottery International Grants), Humanitarian and Emergency Relief, Educational Support, Livelihoods Support, Children and Community Development Centre, Overseas Volunteers Activities and Mission Partners Connection and mediations. During the year under review, the organisation recruited employed 4 parttime staffs and increased the number of front-line volunteer team across 4 districts of operation.

Humanitarian and Emergency Relief

This was the very first action LCN took in northern Uganda to alleviate the suffering of the people then being affected by ongoing decades of civil war and displacements in camps and on streets of town or cities of the region. Even though the wars have since ended, the programme continues to provide essential aid to the most vulnerable and disadvantaged or underprivileged faced with every day living crises. Though limited, our intervention has been lifeline delivering variety of essential services that meet the needs of these people. Since 2005 in 4 districts of operation, the program has reached well over 30,000 individuals, families and groups including facilitated water supply and cookery instruments in 2 individually displaced camps.

Imat (Mighty) Mary Okullo Foundation Project

This foundation project is a division of the humanitarian and emergency relief programme which came about by the vulnerable group in honour and memory of the late Mrs Mary Okullo who was their champion and lifeline of support who sadly and suddenly passed away in the early 2021. When LCN extended operation in the region of northern Ugandan, besides her busy schedules as local Councillor, a farmer and a businesswoman, the late Imat Mary was from the very beginning a LCN Uganda Pioneer, a Trustee and the drives of all the projects delivery in the region. After her death, the vulnerable client's groups candidly requested LCN to continue supporting them and rename their Christmas handouts to **Imat Mary Okullo Foundation Project** which was officially empathized and endorsed at her 3rd anniversary memorial service.

The project has also since been registered at Local Government District Councils. Since 2021, the project has been supporting the elderly, sick and disabled during Christmas with the distribution of essential basics needs where clients choose between a pack containing a kilo of Sugar, a kilo of Salt, a bar of Soap and either a pack of Tea or Coffee. And the other pack containing either a kilo of Rice or a kilo of Posho/Maize Meal, a kilo of Beans or a kilo of Peas and a pack of salt. Handing people with the treats during Christmas or Festive Season year on year, it has brought a lot more joy and for many who may get to acquire these basic items once a year item such as Salt, usually lasts for the full year or until the next handouts.

The year under review, with the support of the local businesses and individuals we appealed to, in the 4 districts of operation, a total of 1,071 of the very poorest elderly, sick and disabled, and as well as orphans and child headed households were supported with the handouts, this was an increase of over 50% from the previous years. Besides the Christmas handouts, our volunteers on the ground have also been reaching out to children's rough sleepers or baggers on the streets handing foods, drinks and bedding/clothing. Year on year we are experiencing an increase of desperate people approaching or are being refer to us from all corners of the society.

The Educational Support Programme

This programme has also been running since the very beginning of LCN operation in northern Ugandan 4 districts of operation. The programme includes:

- The distributions of scholastics materials to selected nurseries and primary schools as well as to the individual school age pupils.
- The Community and Children Development Centre project for children and adult's learnings as well a hub for various community activities.
- Paying school and examination fees, and other school requirements associated cost to enable prep and primary schools' children attend or are maintained at schools.

Children & Community Development Centre Project

The centre project came about in 2005 when the Sunday School Children of St. Andrew Church of Uganda, Angwetangwet, Lira district who were then praying, learning and playing under trees and sometimes under rain and heat, wrote handwritten letters requested LCN link them with a Sunday School Children in UK to become Pen-Pals. LCN then did just that presented the letters to the Sunday Schools Children of St. Gabriel's Church of England, Cricklewood, London and the two Sunday Schools Children became Pen-Pals. Thereafter, the 2 Churches also became Mission Partners. Once the children and their Churches were connected, the children of St. Andrew's Church went further appealed to LCN and St. Gabriel's Church to support them with learning resources including a roof/building over their heads so that they may learn, play, and grows as children in a more secured and safe environments.

The Centre project then became apparent in 2006 supported massively by St. Gabriel's Church of England, LCN and the local people themselves. The construction of the building was completed 2-3 years later named St Gabriel's Cricklewood Hall, supplies with the learning materials including books, pens, toys, computer, music and PA System and the children moved in. It was also officially opened in 2010 by the delegations of 10 from St, Gabriel's Church and LCN, London led by Reverand Vicar. The Mission Partner between the 2 Churches operated until 2020 where beside the centre project, they collaborated and networks on missions and pastoral matters, exchanged visits and the supplies including hundreds of Bibles and Hyme books in local language and English.

LCN – Annual Report (Cont.)

Although Mission Partnership between the two Churches ended in 2020, LCN remained major supporter continues to monitor and support the centre whenever can include with the supply of learning materials and maintenance. Year on year, the centre attracts hundreds of children from within and the surrounding communities because of its vibrant children activities including the learning library. The centre also regularly being used as adult learning and mobile health centre/clinic's hubs, hires for public and private meetings, parties, and all the other acceptable appropriate activities. The children's who pioneered the centre project, many are now themselves parents, grandparents and teachers of the current users.

Operation Noah Educational Support Project

Operation Noah Educational Support Project is a continuation of the educational support project we were already operating; however, Operation Noah came about by some youths of St. Gabriel's Church of England, Cricklewood, London led by the Curate of the Church, who in 2015 made a trip to northern Uganda to visit the livelihoods Goat's project. The ONESP supports Prep and Primary education children from the rural poor households through paying school and examination fees, and other scholastic requirements to enable the children attend or are maintained in schools.

From 2015 to 2022, the project main funder was St. Gabbriel's Church itself marched by fundraising activities, whereby every year funds raised educated more than 400-500 children selected from the poorest households and orphans. Since 2022 due to the impacts of the Covid pandemic; we have mutually agreed with St. Gabriel's Church to bring their financial support to an end. However, LCN has continues the project with a reduced number of children supported. The year under review, 103 children were supported. and since the project is for prep or nursery and primary schools' children, once a student/s completed Primary Education our support ends with that or these students.

The Livelihoods Support Programme

This programme came about in 2007 with the objectives of enhancing sustainable income, food security and economic resilience of the local people who were by then are emerging from more than two decades of civil the wars in northern Uganda which had eroded the fabrics of the society.

The Goat's Pilot Project

The first activities of the livelihoods support programmes undertaken in collaboration with 4 local partners, was the Goat's Pilot Project whereby 300 children and youths from the poorest including orphans and child headed households were each handed with a Goat's livestock for rearing and to further support the beneficiaries, the 4 local partners were also each provided with a pair of Oxen, Ox-Plough and 100 kilograms of seeds/grains for food supply cultivations. T

The pilot project operated quite very successfully 3 years to 2010 where the 300 beneficiaries' handouts bred more than 5 times as the livestock can breed 2 or 3 times a year. This prompted the visiting delegations from St. Gabriels Church and LCN UK, led by the Vicar who had then travelled to the region to officially open the children centre and project tour of the 4 districts where LCN operates were impressed the Goat's project renamed it to Operation Noah Goat's Project with the objecting of expanding to support many more children.

Operation Noah Goat's Project

In 2010, with the financial backing of St. Gabriel's Church of Uganda, London, under the renamed Goat's project, a further 200 Goats were distributed to 200 children and youths across the 4 districts of operation. The project then developed further, from the very beginning of the pilot project, it was agreed with the beneficiary recipients, that every time their Goats breed 2 or more, they will consider passing on at least 1 to siblings or neighbouring children and youths who did not had the opportunity to receive the livestock from the initial handouts. This acts of kindness have continued to this day year on year, the monitoring and evaluation have proved that the multiplication or the breeds and passing on to emerging children have accumulated massive expansion of the project .

Due to massive cumulative number of the goat's , the monitoring may not be 100% accurate, however, it is estimated through the years, there has been 20,000 to 30,000 the livestock in circulation and/or are consumed and traded. The impacts of the project on the beneficiary's families and the local communities have been reported and proved as very popular positive and beneficials in many ways including commercially traded for meat/food supply, exchanged with other livestock such as cattle, sheep and plots of land, and payments towards traditional marriage dowries.

Organisational Developments

LCN remained a learning organisation constantly learning to increase positive results and are truly committed to continue operating deliver on our promises while embracing partnerships, collaboration, networks, commitment, accountability, encouragement, and creativity. We are also membership of several capacity building organisations where regularly access vital resources, trainings, and updates including from the Charity Commission training hubs.

Fundraising and In-kind Support

Fundraising like for many organisations it remained a big challenge, however, we all must be creative and maintain relationships with established supporters while building new ones. Our volunteers' year on year have pulled together goes the extra miles to fundraise and in-kinds collections that are making difference however little maybe. Every contribution we received whether monetary, in-kind donation or volunteer's times massively support our efforts to make a difference in the lives of those we served. The year under review, we had 3 students on work experience placements who all choose to fundraise which really made big difference.

Access to our services

To ensure equality, people access our services from several sources: self-referral, peers, family and other service providers referral including GP, local authorities and community groups. We also promote our activities through networks, distribution of leaflets, website and social media and words of mouth.

Managing Volunteers

Volunteers represent huge human resource which can sometimes be overlooked and undervalued. Along with increased recognition, the importance of effective volunteer management is at the forefront and acknowledged as benefiting the organisation, encouraging community participation, initiating and extending outreach while providing cost-effective services. Also, effective volunteer management is key to ensuring their times, skills, experience, and commitments are put to the best possible use and valued so that goals are achieved for all to relish the experience. Meeting the challenges of managing volunteers requires the joint efforts of the organisation and the volunteers themselves.

At LCN, we ensure volunteers received mandatory induction orientation including safeguarding awareness, personal development aspiration and motivation. With these in mind, we offer people looking for real opportunity to become involved in their community through volunteering. Our volunteers are local people, peers, students, and service user themselves serving clients within the area he or she live. Although volunteers should not expect monetary rewards for their services, we do support them with safety working environments, insurance covers, rights to access training and personal development activities, and rights to claim out of pocket expenses unless they opted not to. In additions, we regularly give feedback, recognitions, and referencing including for employment and other services.

Quality Assurance Marks

LCN have in place numeral Accreditations Quality Marks including Practical Quality Assurance Standard for Small Organisation (PQASSO) of 12 Quality Areas, Consumer Credit Licence, Chartered Management Institute and Positive About Disabled People which guides our operational standards. Besides, we have also received numerous other accreditations trainings, courses and nomination awards which are testament to our commitments and determinations exist. We remained a learning organisation continuously seeking to learn, develop and improve in all areas of operations.

Future Plans

The year under review marked LCN 20 years in operation. Reflecting on the past years, it has not been a clear cut, but we have always shown resilience and commitments to continued despites all odd. The year/s ahead as always presents even bigger challenges; however, we are optimistic will continue operating with existing programmes meanwhile exploring other ways.

RESPONSIBILITIES OF THE TRUSTEE'S BOARD

Under the charity and company laws, the Trustees are responsible for the preparation of the accounts which gives a true and fair view of the state of affair of the charity at end of the year and application of resources in the period, including net incoming and expenditure for the year ended.

In preparing the account statments, the board of trustee is required to:

- Select suitable accounting and apply consistency
- Make judgements and estimates that are resasonable and prudent
- State whether applicable accounting standard and statements of recommeded pratice have been followed, subject to any material departures disclosed and explained in the statement of accounts: and
- Prepare the financial statment on the going concern basis unless it is not appropriate to assume that the company will continue its operation.

The board of trustees are responsible for maintaining proper accounting records which disclose with resoanable accuracy at any time the financial position to enable ensure that the financial statement comply with the Comapnies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hench for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Reserve Funds

Currently there are no reserve funds but if there was, the board of Trustees would acknowledge as designated restricted or unrestricted reserve funds.

Investment Policy

Whether we will realise and retain reserve fund, most of the organisation's funds are to be spent in the short term so there are few funds for long term investment. Having considered options available, in the financial year we reinvested a small amount in the Mutual Aid Fund (MAF), a small loan lending activity where the repayments are recycle lend to clients. LCN is registered for tax relief and donations received from individuals who are UK taxpayer's permission are sort to claim tax relief as part of the investment funds.

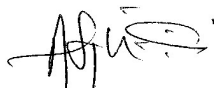
Internal Financial Control

LCN have in place systems of internal control designed to provide reasonable, but not absolute, assurance against material mismanagement or loss. Fund transfer for overseas activities is done through a registered and trusted Remittance or Credit Union Entities. The funds are transfer directly into LCN Uganda affiliate bank account where the overall fund's management, direction for use and distribution's responsibility lies with LCN (UK). The Affiliate Chair, Treasurer and Secretary are responsible for financial management of local projects and all other activities meanwhile accountable to LCN UK.

Risk Management

LCN continues to place a high priority on minimising and managing risks to meet objectives and mission outlined in the governing document and activities plans. LCN reviewed risk management registered and revised during the year. The risks management register identified thirteen main risk areas in order of importance, and these included the viability of LCN, and its affiliate body's processes and robust policy documentation and financial management. Each risk is accorded with appropriate treatments (current or planned response) and responsibility is assigned from within the LCN management team. A further review of the register is undertaken annually.

The Trustee's report was approved by the board of Directors on 10th December 2025 signed on its behalf by:



Ms Grace Adok, Director

INCOMES & EXPENDITURE

INCOMES

	Notes	Restricted Funds £	Unrestricted Funds £	Total 2025	Total 2024 £
<u>Income Resources</u>					
<u>from Generated Incomes</u>					
Grant Income	2		4,825	4,825	8,623
Voluntary Giving Income	2	7,283	9,942	17,225	15,659
Investment Income	3	-	9,396	9,396	2,551
Total Incoming Resources		7,283	24,338	31,621	26,833

EXPENDITURES

Resource Expended

UK Activities	4	5,125	10,439	15,564	7,445
Overseas Activities	4	7,849	11,835	19,684	20,011
Total Resources Expended		12,974	22,274	35,248	27,456

Net income/

Net movement in funds -5,691 2,064 -3,627 -623

Balance as of 1st April 2023 6,776 -1,411 5,365 5,988

Balance as of 31st March 2024 **1,085 653 1,738 5,365**

Statement of the Accounts (Cont)

BALANCE SHEET – As of 31st March 2025

		2025		2024
	£	Total	£	Total
FIXED ASSET				
Equipment	5	-	-	
CURRENT ASSESTS				
Cash in Bank	1,738		5,365	
NET ASSETS		1,738		5,365
ASSETS				
Restricted	1,085		6,776	
Unrestricted	653		-1,411	
TOTAL ASSESTS		1,738		5,365

For the year ended 31st March 2025, the company was entitled to exemption from the audit under section 477 of the Companies Act 2006 relating to small companies.

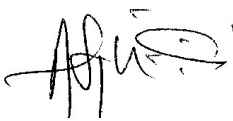
The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476 of the Companies Acts.

The directors acknowledged their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime and with the Financial Standard for Smaller Entities (effective April 2008).

The notes below form part of the financial statements.

Signed for and on behalf of the Management Committee on 10th December 2025


Grace Adok
Chair, Board of Trustees


Harriet Aber
Treasurer

NOTES TO THE ACCOUNTS

Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by charities – Statement of Recommendation Practice (SORP revised 2005), The financial standard of smaller entities (effective April 2008) and the provisions of applicable to companies subject to the small companies under the companies Act 2006.

Incoming Resources

Financial incoming resources for year under review have been included on a receivable basis as Restricted and Unrestricted Funds included if the date receivable falls within the period covered by the accounts. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in the accounts as monetary values.

Resource Expended

Resources expended have been accounted for on an accrual basis in two parts UK and Overseas as shown in the statement of the financial activities.

Depreciation

Depreciation is calculated to write down the cost of or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on reducing balance. The rates applicable are:

- IT Equipment – 33%
- Furniture, Fittings – 33%

INCOMING RESOURCE

Voluntary Givings	2	Restricted	Unrestricted	Total	
		Fund	Fund	2025	2024
		£	£	£	£
Donation & Fundraising		7,283	5,726	13,026	16,073
The Petron & Matron’s Fund		-	4,825	4,825	3,623
Membership Fee		-	1,025	1,025	1,310
The Big Give		-	3,078	3,078	3,247
Receipt Others		-	96	96	29
		7,283	14,767	22,050	24,282
Investments	3				
Gift Aid - Inland Revenue		-	8,817	8,817	1,994
Mutual Aid Fund - Repayment		-	675	675	465
Bank Interest		-	79	79	92
		-	9,571	9,571	2,551
Total Incoming Resources		7,283	24,338	31,261	26,833

Restricted Fund received during the year under review were: **£7,283**.

The Unrestricted Fund received during the year under review was: **£24,338**.

Volunteer Times and other In-kinds received during the year are not reflected in the accounts as a monetary value.

4 EXPENDITURE ACCOUNTS

	Restricted Funds £	Unrestricted Funds £	Total 2025 £	Total 2024 £
UK Expenditures				
Training & Development	-	500	500	-
Volunteer Expenses	-	3,016	3,016	2,295
Mutual Aid Fund Lending	-	500	500	465
Operating Exps	-	1,220	1,220	150
Travel & Transportation	-	892	892	249
Stationery, print & copy	-	244	244	258
Postage & Stamp	-	45	45	15
Communications	1,000	768	1,768	1,350
Legal, License & Insurance	500	123	623	323
Social & Community Support	3,625	2,595	6,220	5,793
Meetings	-	400	400	160
Bank Charges	-	96	96	69
Sandry/Pay Other	-	40	40	25
	5,125	10,439	15,564	8,033
Overseas Expenditure				
Direct Project Transfers	-	11,585	11,585	9,322
Travel & Transportation	7,849	-	7,849	6,831
G Administration & Meeting	-	250	250	151
	7,49	11,835	19,684	16,304
Total UK + Overseas Expended	12,974	22,274	35,248	27,457
Net Income/Expenditure	-5,691	2,064	-3,627	-623
Fund B/F 1st April 2024	6,776	-1,411	5,365	5,988
Fund C/F 31st March 2025	1,085	653	1,738	5,365

5. ANALYSES OF NET ASSETS BETWEEN FUNDS

		Restricted	Unrestricted	Total	Total
		Funds	Funds	2025	2024
Assets Bal. As @ 31st		£	£	£	£
March 2025					
Tangible Fixed Assets	5	-	-	-	-
Cash in Hand Banked		1,085	653	1,738	5,365
Total Net Current Assets		1,085	653	1,738	5,365

ACKNOWLEDGMENTS AND THANK YOU NOTES

LCN is enormously grateful for the support we receive years on years from all our supporters. The year under review was even more challenging and exceptional, but we foster resilience and collaborate with others delivered ranges of tailor-made services positively impact individuals and families, and collective health and wellbeing outcomes.

Acknowledgements On behalf of the Board, I extend our heartfelt thanks to the volunteer's team you are the backbones efforts. We welcome the 4 parttime employees of LCN Uganda. To our Patron and Matron, and fellow Board Members, thank you for your governance, wisdom and partnership.

Finally, to all our funders, donors and the many individuals the 3 students on work placements, The Patron and Matron, the Big Give campaign and the unlisted donor who all contribute time, expertise and resources—your enormous supports enable LCN to keep responding humanly, empathy and hope for many. Together, within our scope, we remain committed to changing lives and building a more connection for us the service users.

LATITUDE CARE NETWORK LIMITED

England & Wales - Charity number 1113929

Accounts

LATITUDE CARE NETWORK LIMITED
REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED
31 MARCH 2024

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Management Committee

Grace Adok (Chair & Director)
Harriet Aber (Treasure)
Christine Atim
Santal Akullo
Mrs Jane Amony Atube
Rev. Modicum Okello

Charity Number:

1113929

Company Number:

05555558

NGO/CBO Number:

LDLG/2007/1165/Uganda

Patrons

Dr. Mervyn Tyrer
Dr. Hellen Montgomery

Banker

HSBC Bank
50-52 Kilburn High Road
Kilburn
London
NW6 4HJ

About Us

Latitude Care Network Limited also known as **LCN** is a not-for-profit charitable company, a community service organisation that has operated in the London areas, region of northern Uganda and elsewhere since 2005. The organisation is registered Charity and Company Limited by Guarantee in England and Wales and Non-governmental/Community Based Organisation (CBO) in Uganda.

In response to the diverse, persistent and emerging health issues that impacts the health, social and the general well-being of people who turn to us for supports, LCN provides services and activities that build self-efficacy to improve prosperity, access to education and health and the general well-being outcomes.

Programmes Snapshot

Community Outreach Program – At its core, this program plays a significant role in reaching out to the most vulnerable, deprived and isolated people to offer services and activities that help, uplift and support those unable independently to access resources or services that improve quality of lives.

Information and Emergency Relief - offers informational support, general advice, advocacy, liaison, representation, and case management.

Education, Training, and Employment Support - offers student's placement work experience, ICT support, financial capability money mentor and management, small business and employment support activities and volunteering opportunities.

Mutual Aid Scheme - offers small lending activities, emergency relief and social funds, material and practical assistance and client's appointees for personal money mentors and managements.

Umbrella and Resources Service – Offer umbrella service to and is a resource for other organisations such as to support small or non-registered or peer led group without own organisational structures.

International Development - offers humanitarian and emergency relief, primary school educational support, community and children development centre project, livelihoods support, mission partners and overseas volunteering opportunities.

Message from our Patron

LCN has been supporting people in needs since 2005. I am so proud and privileged to be patron of this unique organisation which does not only operates in London and the surround areas, but also elsewhere abroad particularly in the region of northern Uganda. The programs remits and delivery may be limited capacities, but they are most welcomed and do makes a lot of meaningful differences.

As I pen this message to reflect on this financial year, many emotions swirl. Care and compassion for so many in the society who often struggle with various living crisis including food insecurity, loneliness and isolation, mental health challenges, unemployment, frustration and griefs, despite the LCN and many other practitioner's efforts, years on years advocacies and actions that may seemed never enough, their determination of steadfast support in the community continues to bring hope.

I also feel hope for the future of the organisation continuity. I wish to thank and congratulates the Director and Funder, Board Members and pools of the dedicated frontline volunteers for all their unwavering and incredible efforts of continuity despites through substantial challenges of securing financial resources year on year, the firm foundation for development and growth of the organisation is their resilience. I am immensely proud to be patron of the remarkable organisation and for as long as it continues to operate, in whatever way I can, as patron will do my bit to render vital supports.

Dr. Hellen Montgomery

UK OPERATION

In London and the surrounding areas, since 2005 LCN have provided ranges of care, social, education and practical supportive services and activities which assist individuals, families and in some instances the community from socially and economically disadvantaged backgrounds, those facing personal hardship and/or difficult life circumstances. The year under review, with limited financial resource, services provided were curtailed, however, all those we support have been service one way or another within our means.

Volunteer Community Outreach Activities

LCN services are mainly delivered through the volunteer's community outreach activities which at its core, have been the foundation efforts to reach people we serve while liaising with many other agencies with whom we may have shared concerned or one component of it. In whatever ways we can, the activities have been effective connecting people to provide supports and services aimed at improving lives and the general well-being. It is also to empower individuals and families, build social connections, and address diverse needs in the local communities.

The outreach activities carried out benefits children, the elderly, low-income families, homeless individuals, and other marginalised groups who face challenges like limited resources, loneliness and isolation, cultural barriers as well as the volunteer burnout. The outreach activities aimed at meeting needs of these people among others, is to provide befriending and companionship so as to reduce stress, loneliness and isolation, enabling access to services, increase interaction and social networks, encourage good physical and mental health activities, and above all to alleviate hardships they were experiencing.

The activities are for many is a lifeline and are delivered through mediation, advocacy, representation, telephone calls, and visitations in homes, hospitals and other places including drop-in centres, social support groups and other community events. Year on year the demand for the outreach activities exceeded our expectation and the ability to deliver however, to mitigate the situations, we liaise works with many other agencies including referrals, thus enabling us to be able to support a lot more people than anticipated including taking in new clients.

Health and Social Support Activities

Since 2005, the health and social support for the socially excluded and isolated people especially the elderly, the sick and disabled, the Social Support have provided volunteer supported social and recreational activities to prevent social isolation by providing links for those who are housebound or isolated due to mobility difficulties, lack of confidence, geographic or other factors. These services improved community connection for hundreds of people in addition the single mothers and the unemployed whom we have been reaching out to in London and the surrounding areas. However, since Covid impacts, the activities have experienced some disruption limiting activities to the volunteer outreach and online for those with access and are able.

Small Social Funds (SSF)

The Small Social Fund stemmed from the Recreational and Social Support Group activities of clients get together. Besides, it generated small funds from entertainment performances at community events and private parties hire for a small fee, tin collection and voluntary giving. The (SSF) have been running since LCN formation and for the last 10 years, the small pot of the money has been boosted by an annual donation from an individual well-wisher who prefers not to be named publicly for which we are very grateful. From 2020 the year Covid Pandemic struck, the Recreational and Social support groups activities that could raise money have been halted, however, some clients and members who feel passionate about the cause, they have voluntarily continued giving to the pot and when there was a shortfall, it was top up from the unrestricted reserved fund.

The SSF goes towards the support of members and clients experiencing financial difficulties for basic material needs and few selected community groups and individuals' non-members or clients. The year under review, 24 individuals and families were supported including bereavement and daily living expenses towards foods, utilities, and other essential basic needs that improve lives and well-beings. Also 3 local community groups including a Food Bank were supported financially and the supply of non-perishable foods and toiletries.

Clients Appointee (CA)

LCN is an approved Clients Appointee (CA) which involved advocating, mentoring, managing and supporting clients who are unable to manage their own finance affairs. The service enables and enhance basic skills of financial capabilities including understanding the benefit systems, the impacts on their lives and basic budgeting to ensure they were living within means. Every year we have experience an increased demands and needs for referral for this service. The year under review, the service supported 71 people an increase of 9 people from the previous year, and a further 13 were referred to other service providers. The volunteers involved carried out these activities through community outreach remotely or virtually and when necessary, a face-face meeting was arranged.

ICT at Home

The ICT at Home is also delivered through the volunteer community outreach activities to raise awareness, provide basic IT skill training and learning, and practical uses of the devices. We are please the demand for this has now decreased as people are getting more acquainted and confident in the use of the modern hand help communication technologies. Even so, for those who still need help, for most the IT service is provided online saving both the volunteers and client times and money for travelling.

A huge thank you to our volunteer community outreach workers who remained resolute in their connection with clients throughout the year working tirelessly to ensure clients were safe and are accessing all the necessity online services including access to GPs, hospitals, and other health care services, banking and online social and recreational activities to foster meaningful connections to enhance mental well-beings.

Information and Emergency Relief

This programme continued to provide essential frontline practical support to individuals and families facing personal and experiencing emotional, economic hardships and needed immediate assistance including financial and material assistance and case management. Through the volunteer community outreach activities, 272 emergency relief services were provided based on the client's preference, these included food parcels, vouchers and in some instances the hard cash. Besides, case management providing short-term generalist casework support including advocacy, referral working closely with other service providers dealing with multiple complex issues.

Mutual Aid Fund (MAF) Scheme

The MAF Scheme have been running since 2008 as a community-based income generation through small lending activities. The scheme was initiated by London Rebuilding Society to support community groups such as LCN to enable provides basic community financial services to people they served. Most of our clients lives in conditions of poverty which restricts their ability to enjoy socio-economic, health, environmental and cultural rights well-beings. Therefore, the main purpose of the MAF Scheme is to increase client's access to financial services they would not normally are able to access from the mainstream high street banks and other financial institutions for basic needs and small income generation activities that improve livelihoods.

There are 2 strands to the lending activities, a Soft Loan repayable within 30 days without interest charge and/or thereafter a flat rate 35% Interest charges applied. The landing activity is normally prioritised for household bills such as groceries, clothing, and utility bills for clients who could not raise the required funds at the time of an acute needs. All the proceeds from the lending repayment are plough back for further lending or borrowing. Over the last few years, the MAF activities have been curtailed due to limited incoming resources for the lending activities. However, we are still able to support clients with acute and emergency financial hardship through the Emergency Relief Funds in the form of hand out minimal token of cash, food vouchers and supply of material aid. The year under review, we disbursed just 10 Soft Loans for basic household needs.

Since 2008 set up, a total of 559 clients have had accessed the scheme, where 201 went on to set up some form of small income generations including peers to peers lending, home or door to door catering, hair dressings and tailoring. A further 348 individuals and families have also had access to the lending activity borrowing ranging from £50-200.00. Besides, the scheme have also provided Money Mentor to borrowers as precondition for accessing the lending activities.

UMBRELLA AND RESOURCE SERVICES

Lumego United (LU) Project

Lumego United (LU) is a voluntary peer-led self-help group started in 2017. The group came about following numerous family bereavements of loved ones and those others closer to that were occurring one after another. The experienced were so traumatising causing lots of sorrows and financial hardships to enable members deal with the aftermath of the deaths.

Forming the group, it was acknowledged the important of preparing a head of the trauma of losing loved ones which often occurs unexpectedly when the bereave families, relatives and friends were unprepared to overcome deal with the aftermath including the emotional trauma and meeting the costs of practical requirements. The group raise funds through annual members subscription and occasionally supplementary collection to support members' and those other around then going through bereavement in UK and elsewhere abroad.

The unregistered group in early 2021 sought the support of LCN Umbrella Service to temporarily operate under until such a time when they were able to put in place their self-administration structures. LCN within it remits have the capacity and facilities to support such small groups, thus, the reason we have accepted to support LU to operate administer their finance activities under the umbrella service.

All the Other Activities

All the other activities, due to continues Covid restrictions some of either curtailed, put on hold, or cancelled altogether, these include client's transportation only limited to the volunteer activities and emergency delivery; student work experience placement; business and employment support workshop; monthly support group meeting and social and recreational activities events.

INTERNATIONAL DEVELOPMENT OVERSEAS OPERATION

LCN extended operation overseas in the region of northern Uganda in 2006. The organisation is registered in the country as Non-Governmental/Community Based Organisation (NGO/CBO) under the Affiliate name of **Latitude Care Network Uganda (LCNU)**. LCNU provides an essential links, management, co-ordination, guidance, and frontline services while consulting, liaising, and reporting regularly to LCN UK.

With the full backing of LCN UK, LCN Uganda operates in four districts of northern Uganda (Gulu, Kitgum, Lira and Pader). The organisation also liaise and partner to a number of local grassroots groups, businesses, and individual well-wishers. Over the years, programmes delivered in the region have included Humanitarian Emergency Relief, The Educational Support Programme, The Livelihoods Support Goat Project, Children and Community Development Centre Project, Overseas Volunteers Programme and Mission Partner Connections and Links.

Humanitarian Emergency Relief Programme

This programme has been running since the start of LCN operation in the region geared towards meeting the emergency relief of people affected by decades of civil war and displacements, the most economically and socially vulnerable groups comprises all age poorest households including the elderly, the sick and disabled, orphans/child and female headed households, and workers in the lower tier of the informal sectors.

Imat Mary Okullo Foundation Project

This vulnerable groups support project which besides other emergency relief it has been provided since 2006 however, the project was renamed (Imat Mary Okullo Foundation Project) by the vulnerable groups in memory of The Late Mama Mary Okullo who suddenly passed away in March 2021. The late Mama Mary Okullo was the champion and a lifeline of support for the vulnerable groups which includes the elderly, the sick and disabled people, the Orphan and Child headed households.

In 2006 when LCN extended operation in the region of northern Ugandan districts of Lira, Kitgum, Gulu and Pader besides her busy schedules as a local Councillor and business women, until her death, The Late Mama Mary Okullo was the upfront pioneer of LCN Uganda as a Trustee, Co-Ordinator, Champions, and the drive behind all the projects deliveries in the region including the support programs for the vulnerable groups who after her death they passionately requested their support project be renamed in honour of her memories , thus how the project name Imat Mary Okullo Foundation project emerged.

Since 2021, under the new name, the project continues to support the vulnerable groups particularly with Christmas Givings during the festive season with the handouts of Sugar, Salt, Soap, Coffee/Tea, Posho, Rice and Beans or Peas. By handing them these items, we were able to bring joy to many during the festive seasons. The year under review, with the support of some local businesses and individuals, in the 4 districts, a total of 517 the very poorest elderly, the sick and disabled and orphans and child headed households were supported with the handouts each receiving: 1 kilograms of Sugar, 1 kilos of Rice, 1 kilos of Posho, 1 kilos of Beans or Peas, 500 grams of Salt, 500 grams of Tea or Coffee and 1 bar of Soap.

Also, the year under review, in the outskirts slums of Kampala City, Uganda **172** vulnerable people were handed with a pair of blankets. The project was championed, fundraised and delivered by 2009 former Miss Uganda UK and Miss Uganda Ms Maria Namiiro who went on to represent Uganda at the 2009 Miss world Beauty Contest in Jonesburg, South Africa. She was then assigned LCN Ambassador who has since remained LCN dedicated loyal volunteer doing so magnificent works for the organisation especially for her favourite causes the children and the elderly. LCN conveys utmost sincere gratitude to her.

Also, the year under review, through 2 of our outmost volunteers on a visit to Ghana, with a small pot of funding they went on to support **41** poorest individuals and families in the suburbs of Accra and Cape Coast cities in Ghana. The people supported to mention a few backgrounds, an 80 years old with no children a petty street trader just to make ends meet, another 80 years old retired mason with no children surviving on the mercy of others, a vision impair with no money to buy a pair of glasses, a family who live in an open space in wooden structure and many many others with varying situations.

Besides, the year under review, our volunteer on the ground have regularly including during Christmas festive reaches out to numerous other vulnerable people especially children sleeping rough on the street and begging to survive, more than 20 in Lira districts were handed foods, drinks and bedding/clothing to shelter them during Christmas festive.

THE EDUCATIONAL SUPPORT PROGRAMME

This programme has been running since the very beginning of LCN operation in the region of northern Uganda in the 4 districts local areas where we operate. The program has been delivering:

- The distributions of scholastics materials of books and pens to selected nurseries and primary schools as well as to individual nursery and primary school age pupils.
- Children and community development centre project for children and illiterate adult development learnings as well as health promotion activities.
- Paying school and examination fees, other school requirements and associated cost to enable the pre and primary school children attend or are maintained at schools.

Children and Community Development Centre Project

The centre project came about in 2006 through LCN link of the Sunday School children of St. Gabriel's Church of England, Cricklewood and the Sunday School children of St. Andrew Church of Uganda, Angwetangwet, Lira District to become Pen-Pal. Once the two Sunday School Children's were connected, the Sunday School children of St. Andrew's Church of Uganda then made an official appealed requested the Sunday School Children of St. Gabriel's Church of England, Cricklewood to support them with learning resources/materials and help provide them with a building roof over their heads so that they may be able to learn, play, and grow well as children.

The Centre project was then instigated supported funded by St. Gabriel's Church of England, LCN and the local people themselves. The construction of the centre building which was completed few years later was supplies with learning resources and officially launched opened in 2010 by the Vicar been in operation since then. Of St Gabriel's Church, Cricklewood, London Rev. Jamne Morris who had led a delegation of 15 people from UK specifically for the launch of the centre.

Year on year, the centre attracts hundreds of children from all walks of lives because of its vibrant children activities including the Sunday schools, learning library and community social events. The centre is also being used occasionally as mobile health centre/clinic, hires for private meetings, parties, and all other acceptable appropriate activities, these maintain and sustain the centre. LCN continues to monitor and support the centre whenever we can include supplies of children's learning materials of books, pens, adult library resources and PA System.

Operation Noah Educational Support Project

Operation Noah Educational Support Project has been running since 2015 supporting Pre-school and Primary education children from the rural poor households through paying school and examination fees, and support with other school requirements to enable the children attend or are maintained in schools. The project was initiated by children and youth of St. Gabriel's Church of England, Cricklewood which stem from their Operation Noah Goat's Project trips to northern Uganda. The project since 2015 to the year before Covid pandemic, it has educated more the 2,000 from pre-school/nursery to primary 7 education children.

The project has since 2022 due to the impacts of the Covid pandemic, the support of St. Gabriel's the main funder has come to an end. However, we have continued with the original Educational Support Project with a reduced number of children supported. The year under review, the number of children supported in the last financial year were 162. The year under review, out of the 162, 22 students completed their Primary Education moving on to secondary school where we do not follow with the support. The remaining 140 students we have continued and added 7 replacements making a total of 147 pupils we supported.

THE LIVELIHOODS SUPPORT PROGRAMME

In 2007, LCN launched this programme in 4 districts of northern Uganda with the objective of promoting equality and humanity for all to be able to live in harmony with fundamental rights and the capacity to support self-sustainable development to meet the moral, social, and economic needs of the locals who were emerging from more than two decades of civil wars in the region.

The activities undertaken in collaboration with 4 local partners, 200 orphans and other vulnerable children and youths were each initially provided with handouts of Goat's livestock for rearing and the 4 local partners each were also provided with a pair of Oxen, Ox-Plough and 100 kilograms of seed grains for cultivations.

Operation Noah Goat's Project (ONGP)

The pilot Goat's project was a success which led to the Operation Noah Goat's Project in 2010 with the objective of furthering extend the support to many more children and young people from the selected rural poorest family households in the 4 districts of Gulu, Kitgum, Lira and Pader where LCN operated. Operation Noah Goat's Project was also financially supported by St. Gabriel's Church of England, Cricklewood, London and matched by LCN fundraising and other local well-wishers supports, and a further 200 children and young people were supplied handed the Goat's livestock.

At the implementation of the project, it was agreed with the recipients of the Goat's livestock, that every year a certain proportion of the multiple reproduction of baby Goat or kids be pass on to siblings or/and children from other households which did not either received the handout at the start of the project or are an emerging household. The project will continue in its current form where every year we will carry out monitoring and the evaluation to determine how many more of the livestock were reproduced, traded, or passed on as well as the impacts on the livelihoods of the recipients, families and the local communities at large. The project ongoing, the year under review, the monitoring activities, have indicated estimated between 15,000 – 18,000 of Goat's have so far been multiplied. In some cases, the livestock commercially traded meat/food supply, exchanged with other livestock including cattle, sheep, or plots of land and paid in traditional marriage dowries.

OVERSEAS VOLUNTEERING PROGRAMME (OVP)

This program was initiated by two friends from London (Jack & Ben) who in 2009 approached LCN that they were looking for an overseas vocational volunteering opportunity to broaden their international experience by giving back to the local communities through various actions including fundraising and carrying out project activities that socially support the local. The two friends who were by then also planning to thereafter travel to South Africa for the 2010 Football World Cup, with the support of LCN then set up a JustGiving fundraising campaign which raised quite a substantial sum of money and other in-kinds donations before they did travel with to the region of northern Uganda.

The two friends while in northern Uganda, they were placed within the local community households and worked with LCN Uganda and local partners for a period of six months on various local projects in the four districts where we operate until they left for the South Africa Football World Cup and then back to the UK thereafter. Since then, the OVP have been ongoing massively promoted by the two friend's pioneers motivating, attracting, and recruiting volunteers with great attitudes, talents, skills, experiences, and willing people with the passions of giving back to support those most in needs in the local communities.

These volunteers who also sometimes include college and university students on gap year or work placements, whenever it was possible and appropriate do travel to northern Uganda deployed to volunteer in the local community. The year under review 5 volunteers applied for deployment including two who requested trip to Ghana where they implemented a small support project to 42 vulnerable people.

ORGANISATIONAL DEVELOPMENTS

LCN remained a learning organisation which is constantly learning to expand capacity and create result we all truly desired to meet and deliver on our promises while embracing partnerships, collaboration, networks, commitment, accountability, encouragement, and creativity. We are also membership of several capacity building organisations where regularly access vital resources, trainings, and updates.

FUNDRAISING AND IN-KIND COLLECTIONS

Fundraising like for many other organisations remained the biggest challenge, however, we all must be creative and maintain relationships with established supporters while building new ones. Our volunteers' years on years have pulled together go the extra miles giving their times as well as coming up with ideas of fundraising and in-kinds collections that are making a difference however little maybe. Every contribution we received whether monetary, in-kind donation or volunteer's times massively support our promise to make a difference in the lives of people we served. We are forever indebted, and our outmost sincere gratitude goes out to all the support we receive although words alone cannot express how much we feel and appreciates the acts of kindness and generosity.

ACCESS TO OUR SERVICES

To ensure equality, people access our services from several sources: self-referral, peers, family referral and referrals from other service providers including GP, local authorities, as well as supporters and many other agencies. We also promote our activities through networks, distribution of leaflets, website, words of mouth and public recreational and cultural activities.

MANAGING VOLUNTEERS

Volunteers represent huge human resource which can sometimes be overlooked and undervalued. Along with increased recognitions, the importance of effective volunteer management should be at the forefront and acknowledged as benefiting the organisations, encouraging community participation, initiates and extend outreach while providing cost-effective services. Also, effective volunteer management is key to ensuring their times, skills, experience, and commitments are put to the best possible use and valued so that goals are achieved for all to relish the experience. Meeting the challenges of managing volunteers required the joint efforts of the organisation, co-ordination, and the volunteers themselves.

At LCN, we ensure volunteers received mandatory induction orientation including safeguarding awareness, personal development aspiration and motivation. With these in mind, we offer people looking for real opportunity to become involved in their community through volunteering. Our volunteers are local people, peers, students, and service user themselves. Although volunteers should not expect monetary rewards for their services, we do support them with safety working environments, insurance covers, rights to access training and personal development activities, and rights to claim out of pocket expenses unless they opted not to. In additions, we regularly give feedback, recognitions, and referencing including for employment and other services.

QUALITY ASSURANCE MARKS

LCN have in place several Quality Marks including Practical Quality Assurance Standard for Small Organisation (PQASSO) of 12 Quality Areas, Chartered Management Institute and Positive About Disabled People which guides our operational standards. Besides, we have received many other accreditations and nomination awards testament to our commitments and determinations. We remained a learning organisation continuously seeking to learn, develop and improve in all areas of operations.

FUTURE PLANS

The year under review marked 19 years of LCN establishment. Reflecting on the past years it has not been so easy or a clear cut, but we have shown resilience and commitments to continued operation. The years ahead presents even much more challenges; however, we anticipate will continue operating as existing and remained open minded to any new developments and opportunity that may emerge along the way to enable adapt to the challenges.

RESPONSIBILITIES OF THE TRUSTEE'S BOARD

Under the charity and company laws, the Trustees are responsible for the preparation of the accounts which gives a true and fair view of the state of affair of the charity at end of the year and application of resources in the period, including net incoming and expenditure for the year ended.

In preparing the account statments, the board of trustee is required to:

- Select suitable accounting and apply consistency
- Make judgements and estimates that are resasonable and prudent
- State whether applicable accounting standard and statements of recommeded pratice have been followed, subject to any material departures disclosed and explained in the statement of accounts: and
- Prepare the financial statment on the going concern basis unless it is not appropriate to assume that the company will continue its operation.

The board of trustees are responsible for maintaining proper accounting records which disclose with resoanable accuracy at any time the financial position to enable ensure that the financial statement comply with the Comapnies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hench for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Reserves

LCN currently have designated reserve funds of £5,340.00. The board of Trustees acknowledged the designated reserve as a restricted funds belonging to the Lumego United Project, a small self-help membership group currently operating under the umbrella services of LCN.

Investment Policy

Whether we will realise and retain reserve fund, most of the organisation's funds are to be spent in the short term so there are few funds for long term investment. Having considered options available, in the financial year we reinvested a small amount in the Mutual Aid Fund (MAF), a small loan lending activity where the repayments are recycle lend to clients. LCN is registered for tax relief and donations received from individuals who are UK taxpayer's permission are sort to claim tax relief as part of the investment funds.

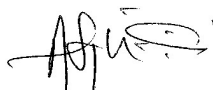
Internal Financial Control

LCN have in place systems of internal control designed to provide reasonable, but not absolute, assurance against material mismanagement or loss. Fund transfer for overseas activities is done through a registered and trusted Remittance or Credit Union Entities. The funds are transfer directly into LCN Uganda affiliate bank account where the overall fund's management, direction for use and distribution's responsibility lies with LCN (UK). The Affiliate Chair, Treasurer and Secretary are responsible for financial management of local projects and all other activities meanwhile accountable to LCN UK.

Risk Management

LCN continues to place a high priority on minimising and managing risks to meet objectives and mission outlined in the governing document and activities plans. LCN reviewed risk management registered and revised during the year. The risks management register identified thirteen main risk areas in order of importance, and these included the viability of LCN, and its affiliate body's processes and robust policy documentation and financial management. Each risk is accorded with appropriate treatments (current or planned response) and responsibility is assigned from within the LCN management team. A further review of the register is undertaken annually.

The Trustee's report was approved by the board of Directors on 26^h Oct. 2024 and signed on its behalf by:



Board Chair, Grace Adok

INCOMES & EXPENDITURE

INCOMES

	Notes	Restricted Funds £	Unrestricted Funds £	Total 2024	Total 2023 £
<u>Income Resources</u>					
<u>from Generated Incomes</u>					
Grant Income	2	5,000	3,623	8,623	3,070
Voluntary Giving Income	2	10,331	5,328	15,659	7,648
Investment Income	3	-	2,551	2,551	4,548
Total Incoming Resources		15,331	11,502	26,833	15,267

EXPENDITURES

Resource Expended

UK Activities	4	4,000	3,445	7,445	8,033
Overseas Activities	4	10,029	9,982	20,011	8,128
Total Resources Expended		14,029	13,427	27,456	16,161

Net income/

Net movement in funds

1,302 -1,925 -623 -894

Balance as of 1st April 2023

5,474 514 5,988 6,882

Balance as of 31st March 2024

6,776 -1,411 5,365 5,988

BALANCE SHEET – As of 31st March 2024

		2024		2023
		Total		Total
FIXED ASSET				
Computer Equipment	5	-	918	
CURRENT ASSESTS				
Cash in Hand and Bank		5,365	5,988	
NET ASSETS		5,365		6,906
ASSETS				
Restricted		6,776	5,474	
Unrestricted		-1,411	1,432	
TOTAL ASSESTS		5,365		6,906

For the year ended 31st March 2024, the company was entitled to exemption from the audit under section 477 of the Companies Act 2006 relating to small companies.

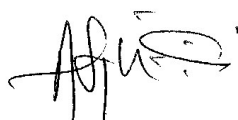
The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476 of the Companies Acts.

The directors acknowledged their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime and with the Financial Standard for Smaller Entities (effective April 2008).

The notes below form part of the financial statements.

Signed for and on behalf of the Management Committee on 26th October 2024



Grace Adok
Chair, Board of Trustees



Harriet Aber
Treasurer

NOTES TO THE ACCOUNTS

Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by charities – Statement of Recommendation Practice (SORP revised 2005), The financial standard of smaller entities (effective April 2008) and the provisions of applicable to companies subject to the small companies under the companies Act 2006.

Incoming Resources

Financial incoming resources for year under review have been included on a receivable basis as Restricted and Unrestricted Funds included if the date receivable falls within the period covered by the accounts.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in the accounts as monetary values.

Resource Expended

Resources expended have been accounted for on an accrual basis in two parts UK and Overseas as shown in the statement of the financial activities.

Depreciation

Depreciation is calculated to write down the cost of or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on reducing balance. The rates applicable are:

- IT Equipment – 33%
- Furniture, Fittings – 33%

INCOMING RESOURCE

Voluntary Givings	2	Restricted	Unrestricted	Total	
		Fund	Fund	2024	2023
		£	£	£	£
Donation & Fundraising		15,324	749	16,073	3,952
The Petron’s Fund		-	3,623	3,623	3,070
Membership Fee		-	1,310	1,310	1,000
The Big Give		-	3,247	3,247	2,696
Receipt Others		-	29	29	-
		15,324	8,958	24,282	10,718
Investments	3				
Gift Aid - Inland Revenue		-	1,994	1,994	3,243
Mutual Aid Fund - Repayment		-	465	465	1,283
Bank Interest		-	92	92	23
		-	2,551	2,551	4,549
Total Incoming Resources		15,324	11,509	26,833	15,267

Restricted Fund received during the year under review were: **£15,324.**

The Unrestricted Fund received during the year under review was: **£11,509.**

Volunteer Times and other In-kinds received during the year are not reflected in the accounts as a monetary value.

4 EXPENDITURE ACCOUNTS

	Restricted Funds £	Unrestricted Funds £	Total 2024 £	Total 2023 £
UK Expenditures				
Lumego United Project		-	-	500
Volunteer Expenses	2,000	295	2,295	1,370
Mutual Aid Fund Lending	-	465	465	950
Operating Exps + Repair & Ma	-	150	150	120
Travel & Transportation	-	249	249	246
Stationery, print & copy	-	258	258	246
Postage & Stamp	-	15	15	7
Communications	700	650	1,350	1,169
Legal, License & Insurance	-	323	323	317
Social & Community Support	5,000	793	5,793	2,888
Meetings	-	160	160	150
Bank Charges	-	69	69	70
Sandry/Pay Other	-	25	25	36
	7,700	3,452	11,152	8,033
Overseas Expenditure				
Direct Project Transfers	6,322	3,000	9,322	5,679
Travel & Transportation		6,831	6,831	2,428
G Administration & Meeting	-	151	151	21
	6,322	9,982	16,304	8,128
Total UK + Overseas Expended	14,022	13,434	27,456	16,161
Net Income/Expenditure	1,302	-1,925	-623	-892
Fund B/F 1st April 2023	5,474	514	5,988	6882
Fund C/F 31st March 2024	6,776	-1,411	5,365	5,988

5. TANGIBLE FIXED ASSET

		Computer	F&F	Total
Cost: -		£	£	£
At 1 st April 2023	5	-	-	-
Additions		-	-	-
<hr/>				
At 31 st March 2024		-	-	-
<hr/>				
DEPRECIATION				
As At 1 st April 2023				
Disposals		3,232	-	3,232
Charge this year		-	-	-
<hr/>				
At 31 st March 2024		-	-	-
<hr/>				
NET BOOK VALUE				
As At 1 st April 2023		918	-	918
<hr/>				
As At 31 st March 2024		-	-	-
<hr/>				

6. ANALYSES OF NET ASSETS BETWEEN FUNDS

		Restricted	Unrestricted	Total	Total
		Funds	Funds	2024	2023
Assets Bal. As @ 31st March 2024		£	£	£	£
Tangible Fixed Assets	5	-	-	-	918
Cash in Hand Banked		6,776	-1,411	5,365	5,988
		<hr/>			
Total Net Current Assets		6,776	-1,411	5,365	6,906
		<hr/>			

ACKNOWLEDGMENTS AND THANK YOU NOTES

LCN is enormously grateful for the support we receive year on year from all our supporters, the year under review though was challenging, it was exceptional. We foster strong community cohesion, partnerships, and work collaboratively to deliver ranges of a person-centred suite of services to positively impact individual, and collective health and wellbeing outcomes.

OUR FUNDING SOURCES:

LCN Petron Fund
The Gift Aid
The Big Give
Mutual Aid Funds
Lumego United – Peer-Led Membership
Members Fees and Voluntary Giving
Individual Well-Wishers Donations and Fundraisings
LCN Trustees and Volunteer’s Support

OUR TEAM UK & UGANDA:

The Patrons
The Board of Director
The Frontline Volunteers
Work Placement Students
Overseas Volunteers

PARTNERS & OTHER SUPPOERS

UK:

African Women’s Care
Brent CVS
Ealing CVS
Evelyn Oldfield Unit
Bond UK
Refugee Council
Skills for Care
The Financial Conduct Authority
Charity Commission
Companies House
Other Local Community Contributors

OVERSEAS:

LCN Uganda Affiliate
Kong Odonge (Help Elders) Initiative – Dokolo District
Lagora Children Support Group – Latanya, Pader District
Unityhood Community Event – Management & Mobilisation, Kitgum District
St Andrew’s Church of Uganda, Angwetangwet, Lira District
Community and Children Development Centre – Lira district
The Mother’s Union – Church of Uganda, Lira City
Voice of Gospel 97.7 Community Outreach Radio, Lira City
Dara & Mentors Primary School – Lira City
Lira, Gulu, Kitgum and Pader Districts Local Governments
Many Other Local Community Contributors

LATITUDE CARE NETWORK LIMITED

England & Wales - Charity number 1113929

Accounts

LATITUDE CARE NETWORK LIMITED
REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED
31 MARCH 2022

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Management Committee

Grace Adok (Chair & Director)
Harriet Aber (Treasure)
Christine Atim
Santal Akullo
Mrs Jane Amony Atube
Rev. Modicum Okello

Charity Number:

1113929

Company Number:

05555558

NGO/CBO Number:

LDLG/2007/1165/Uganda

Patrons

Dr. Mervyn Tyrer
Dr. Hellen Montgomery

Banker

HSBC Bank
50-52 Kilburn High Road
Kilburn
London
NW6 4HJ

ABOUT LATITUDE CARE NETWORK LIMITED – LCN

Latitude Care Network Limited also known as LCN is a not-for-profit charitable company, a community service organisation that has operated in the London Area and the region of Northern Uganda since 2005. LCN is a registered Charity and Company Limited by Guarantee in England and Wales and Non-governmental/Community Based Organisation (CBO) in Uganda.

The objects for which LCN was established are particularly but not exclusively for individuals and families from socially and economically backgrounds, the elderly, and persons with disabilities:

- To preserve and protect the physical and mental health of vulnerable and disadvantaged members of society who are predominately refugee and asylum seekers living in the London area.
- To relieve the needs of elderly and disabled people and people facing difficulties in family relationships.
- To advance education through vocational training for the unemployed or those seeking employment including single parents, refugees, and asylum seekers.
- To relieve poverty and distress amongst the people in Africa, in particular, those who are victims of war and natural disasters.
- To promote equality and diversity in society by holding various social and cultural events of sufficient contents and quality for the benefit of the public.

LCN PORGRAM SNAPSHOT

Community Outreach Activities - At its core, this program enables us reach out to offer activities that help, uplift and support people who may be deprive or are unable independently to access services that improve quality of life including community visitations, health & social support, and home learning activities.

Information, Advice, and Advocacy offers informational support, general advice, liaison, representation, and case management.

Education, Training, and Employment Support offers student work experience placement, ICT support, financial capability money mentor and management, small business and employment support activities and volunteering opportunities.

Mutual Aid Scheme offers small lending activities, emergency relief, material and practical assistance, client's appointee, money mentors and management.

International Development offers humanitarian emergency relief, primary school educational support, community and children development support, livelihood support, mission partners and overseas volunteering opportunity.

DIRECTOR'S BRIEF

Latitude Care Network – LCN has for many years plays an essential role in London and Northern Uganda surrounding areas supporting people who are going through tough times in needs of among others emotional and practical assistances, advocacy and other community social support and services. LCN model of operation is a community-based outreach activities bringing together volunteers and partners to work together towards the common goals. As a small but effective organisation, we are purpose driven uniquely placed to meet the needs of the client's group within the local areas which would otherwise likely go unmet. This year has been a further year of extra challenges due to ongoing COVID-19 impacts for clients, volunteers, and partners alike.

We have seen a significant increase in the extent of community need for emergency essential needs including food relief, information, advice, and advocacy services particularly. We have also, like many other organisations, had to work through a new degree of pressure on our team of volunteers due to the ongoing COVID-19, other health concerned issues and the cost-of-living hardships. Financially year on year, it has been difficult, but through it all we have always done as much as we could, adapting services to meet community needs, being open, welcoming and looking for other opportunities to keep on services we provide to the local community.

On behalf of all the Board, we can't thank our volunteers enough for the extraordinary effort they all have always put in year on year. I would also specifically like to thank and acknowledge the support of our funders, patrons, LCN Uganda affiliate, local groups, businesses, and individuals who supports LCN works without whom none of our activities whould be possible and ongoing since 2005 establishment.

.....*Ms Christine Atim*

UK OPERATION

In London and surrounding areas, LCN provides ranges of social support services and activities which assist individuals and families from socially and economically disadvantaged backgrounds, those facing personal hardship and/or difficult life circumstances. The year under review, with the ongoing Covid pandemic restrictions, many activities had to be adjusted to comply with the regulations and our ability to deliver.

In the last two years, massive adjustment had to be made to enable compliance and appropriate response to the pandemic emergency these included adaptation to remote and virtual service deliveries unless it was unavoidable and where permitted, a face-to-face outreach and meetings were conducted within the Covid protection government guidelines and compliance. However, all other activities that would normally bring people together including workshops, recreational and social interactive event to date they are still on hold.

COVID EMERGENCY RESPONSES

From Covid Emergency Response, as we continue to experience the impacts, we are also transitioning to some kinds of new 'normal' after more than two years of the pandemic. Within our remit, LCN continues to provide supportive community services. For a small organisation such as ours, we could only do so within our capacity as has been, we deliver community outreach services that enhance well-being and resilience of the local individual adults and families.

In the last financial year, with the support of London Community Responses and Co-operative Community Funds, besides delivering emergency food supplies, we were also able to upscale and upgrade our digital communication technologies and devices enabling volunteers assigned from within or nearest local areas to respond swiftly to client's needing support with the above outlined services and activities remotely and virtually or where it was impossible, by necessity a physical and face-to-face were conducted within the covid protection guidelines.

COMMUNITY OUTREACH ACTIVITIES

LCN services are mainly delivered through the community outreach activities which at its core, has been the foundation efforts to reach people we serve to improve their lives and the general well-being while liaising working with many other agencies with whom we may have shared concerned or one component of it. In whatever ways we can, the community outreach activities have been so effective because we know our service users and their needs while being creative in serving them to be trustworthy in the local community we served.

There are times when people need assistance with accessing human service, the community outreach activities aimed at meeting these needs, among others to provides companionship and befriending so as to reduce stress, loneliness and isolation, enabling access to services, increase interaction and social networks, encourage good physical and mental healths activities, and above all to alleviate hardships they were experiencing.

The community outreach activities for many it is a lifeline delivered through mediation, advocacy, representation, telephone calls, and visitations in homes, hospitals and other places including drop-in centres, support groups/social and workshop events. Year on year the demand for the outreach activities exceeded expectation and the ability to deliver however, to mitigate the situations, we had to liaise and work with many other agencies including referrals, thus enabling us to be able to support a lot more people than we would normally do including taking in new clients.

ICT at Home

The ICT at Home service is delivered through the volunteer community outreach activities to raise awareness, provide basic skill trainings, learnings, and the practical uses of the devices. Due to continued Covid restriction the activities are now restricted to just making contacts, online support with banking, booking appointments, ordering essential needs including groceries, medications/health care supplies and other essential needs.

Health and Social Support Activities

These services improved community connection for hundreds of socially excluded and isolated especially the elderly, the sick and disabled as well as single mothers and the unemployed with whom we have been servicing in London and surrounded areas since 2005. Due to the impacts of Covid, the activities for the client's group have experienced disruption on a scale we have not had before. The ongoing Covid's lockdowns, this means since the beginning of 2020, the social and recreational activities in group settings had not been possible still on halt. The volunteer team then pivoted to creatively engaging with users as reliance on telephone and computer/internet interactions became the new normal for social supporting client's group and the community outreach home visits activities.

Despite the easing and lifting of some restrictions, client's understandably have been cautious about reconnecting in public settings. The ongoing health concerns for both clients and volunteers severely limited the degree to which we could socially connect and gather in person, but we ensured that all the clients had their Covid and Flu vaccinations. On a sad note, we were then sadden that during the year, we lost said goodbye to one of the much-loved elderly clients who passed away after a short illness. Our hearts and thoughts go out to her family and wishes her innocent Soul Rest in Peace.

A huge thank you to our volunteer community outreach workers who remained resolute in their connection with clients throughout the year working tirelessly to ensure clients were safe and are accessing all the necessity services including access to GPs, hospitals, and other health care services, online social and recreational activities to foster meaningful connections to enhance mental well-beings.

Information and Emergency Relief

This is community support programme which provide practical assistance including with limited financial and material assistance to individuals and families experiencing emotional and/or economic hardships. The programme has been a critical frontline services and often clients in needs first point of contact with LCN or for any other kind of support. The services are designed to address acute financial challenges through the provision of emergency relief and material aid and where we were unable to provide support, a referral signpost clients to other organisations as well as advocate on their behalf.

In response to the covid pandemic compounded with the cost-of-living crisis, the year under review we continued to provide a range of emergency assistance to the individuals and families facing personal hardship or difficult life circumstances. These included limited financial assistance in the form of occasional food vouchers, distribution of non-perishable food items, limited assistance with bills payment, referral letters for material aid such as second-hand furniture and clothing, advocated negotiating being on behalf with utilities companies such as gas, water and electricity for an affordability, liaison with and referral to other service providers. We also provided information about employment, welfare benefits, and access to grants and payments available.

Clients Appointee (CA)

LCN is an approved Clients Appointee (CA) which involved advocating, mentoring, and supporting people who are unable to manage their finance affairs to enhance their basic skills of financial capability including understanding the benefit systems, the impacts on their lives and budgeting to ensure they were living within means. Every year we experience increased demand and referral for this service. Currently the service is supporting 56 clients, some have been over several years.

In the last two years, as the economic effects of COVID-19 'Shut-Down' was being felt so severely, the most affected were the working age among the groups who were most likely with a degree of illiteracy and/or are working in a 'shut-down' sectors (restaurants, taxi driving, cleaning and factories laborers with zero hours working conditions) as well as having partners not currently in the labour market, these has led to extremely high levels of financial insecurity among the group and many of them were referred to us either by themselves, existing clients or by other services providers and a further 22 were supported. The volunteers involved in carrying out these activities were able to meet the demand remotely and virtually, and only where it was not possible, a face-face meeting was arranged conducted within the Covid restriction protection guidelines.

MUTUAL AID FUND (MAF) SCHEME

The Mutual Aid Fund Scheme has been running since 2008 as a community-based income generation through small lending activities. The majority of LCN service users live in conditions of poverty and diminished quality of life that restricts their full enjoyment of human, socio-economic, health, environmental and cultural rights. Therefore, the main objective of the MAF Scheme is to increase access of the most vulnerable, disadvantaged, and poorer people to finance credits they would not normally be able to access from the mainstream high street banks and other financial institutions to be able to access funds for basic needs and for those who can, a small business activity support to improve livelihoods.

The year under review, we disbursed 25 loans ranging from £50-200 which were either soft loan lending repayable within 30 days without interest charge or thereafter, a 35% interest rate charges were applied. These lending we normally prioritise for bills including for groceries and clothing shopping, and utility bills for clients who could not raise the required funds at the time of an acute needs. All the proceeds from the lending activities is plough back or recycle for further lending.

Small Social Funds

This is a small social fund provision service which stemmed from the recreational and social support group activities of the clients get together where funds were generated from tin, other voluntary collections, entertainment performances at community events and private party's hires as well as small allocation of funds from our unrestricted reserve. The funds raised goes towards sustaining the group, limited finance assistance or acquisition of material aid to clients and members experiencing financial difficulties with basic needs. The funds raised also towards the support of a few selected local community groups with shared common interest.

In the last two years, the recreational and social support groups activities where funds could be generated towards the social funds could not takes place due to Covid pandemic restriction. However, some clients and members who feel very passionately about the cause did continue to give voluntarily monthly towards the social fund and as a temporary major, we are also allocating from the unrestricted funds to the social fund budget. The year under review, a total of 56 individuals and families were supported including with bereavement supports and the cost of daily living expenses towards foods, utilities, and other household essential needs that improve lives and well-beings. Also 3 local groups were supported including with Food Bank supply of none-perishable foods, toiletries and covid hygiene kits.

Lumego United (LU) Project

Lumego United (LU) is voluntary membership peer-led self-help group started in 2017. The group came about due to the experienced of going through numerous family bereavements of loves ones and those others closer and known to members which were occurring so frequently one after another. The experiences were so traumatising causing lots of sorrows and financial hardships to enable deal with the aftermath following events.

The group then acknowledged the important of preparation a head of the trauma of losing loved ones which often occurs unexpectedly when the bereave families, relatives and friends are unprepared to overcome deal with the aftermath including the emotional trauma and meeting the costs of the practical requirement. The group have been operating raising funds through annual membership subscription and other supplementary giving to support members' and those around going through the bereavement tumour both in the UK and elsewhere other parts of the world.

Lumego United is unregistered and quite small grassroot initiative, the group sought the support of LCN Umbrella Service in the early 2021 to be able to operate under until such a time when the group would be able to put in place their self-administration structure. LCN within our remits have the ability and capacity to support small groups as one of our objectives, thus it is the reason we have accepted to support LU to operate and administer their activities under the umbrella.

All the Other Activities

All the other activities, due to continues Covid restrictions some of either curtailed, put on hold, or cancelled altogether, these include client's transportation only limited to the volunteer activities and emergency delivery; student work experience placement; business and employment support workshop; monthly support group meeting and social and recreational activities events.

INTERNATIONAL DEVELOPMENT OVERSEAS OPERATION

In 2006, LCN extended operation overseas in the region of northern Uganda registered in Uganda as a Non-Governmental/Community Based Organisation (NGO/CBO) under an Affiliate name of **Latitude Care Network Uganda (LCNU)**. LCNU provides an essential links, management, co-ordination, guidance, and frontline services while consulting, liaising, and reporting regularly to LCN UK. With the full backing of LCN UK, LCN Uganda operates in four districts of northern Uganda (Gulu, Kitgum, Lira and Pader) also with the supports of local grassroots partners, businesses, and individual well-wishers. Over the years, the programmes in the region have included Humanitarian Emergency Relief, The Educational Support Programme, The Livelihoods Support Programme, The Children and Community Development Centre Project, Overseas Volunteers Programme and Mission Partners Connections and Links.

However, as the global Covid pandemic continues to interrupt, some of the overseas projects and activities have also been curtailed or discontinued. The year under review, we were very sad to loss one of LCN Uganda most prominence significant pioneer, a trustee, co-ordinator, and frontline service driver of activities in the whole of the region of northern Uganda. As she is now known as The Mama Mary Okullo who had also just retired as a local government councillor, passed away on the 30th March 2021 and was laid to rest on 10th April 2021. The late Mama Mary Okullo has been a very influential the force behind all LCN successful activities right from the very start of LCN operation activities launched in the region in 2006, she is solemnly missed and may her soul forever rest in eternal peace.

Following her death, the client's groups supported in the region requested asked LCN to dedicate re-name The Elderly, Sick, Disabled, Orphans and Child Headed Family Support Project under the Humanitarian Emergency Relief Programme to 'Mama Mary Foundation Project'. LCN then without hesitation did just that and during December 2021 Christmas times, under the new name the project provided support to 175 individuals and family households.

HUMANITARIAN EMERGENCY RELIEF PROGRAMME

The programme has been running since the start of LCN operation in region of Northern Uganda. In the last 2-3 years, the COVID-19 pandemic presented multiple problems of health and economic shock in the region just like in other parts of world particularly affecting mostly the poor and the vulnerable households. The economically and socially vulnerable groups in the region comprises of all ages poorest households including older people 60 years and above, workers in the lower tier of the informal sectors, child and female headed households, and the sick and people with disabilities.

The worse isolated communities notably are those in the rural areas who usually experienced the greater impact of health and livelihoods inequality impacting badly on their well-being, hence the greater needs for the humanitarian emergency relief of basic essential handouts. We, therefore, with increased demand including from non-clients equally affected, with continued support from the local wholesalers and retailers merchants, other local businesses and individuals, we have been able to really finance towards and in-kinds donations of basic essential needs distributed handed out the those most in needs.

Items purchased and donated included:

- Grain foods particularly beans and maize floor or posho in local language
- Sugar, Salts, and Bar Soaps
- Lightning Match Boxes for lightning lamps and fibrewoods
- Besides, we have also reached out to children sleeping rough and/or begging for survival distributed water and variety snacks.

Also, during the year under review, The Late Mama Mary Okullo Foundation project for supporting the elderly, sick, disabled and orphans and child headed households came into effects during 2021 Christmas times. To begin with 175 those most in needs individuals and families just in Lira district were distributed with 1 kilogram of salt, 1 kilogram of sugar and 1 bar of soap. The clients' groups which the number exceed those supported during this year, have requested the project will continues the support for the foreseeable every Christmas time extending to all four districts of northern Uganda where LCN operate. LCN therefore, depending on the resources generated, will commit to continues with the support in the next financial year and when will be possible the year after.

THE EDUCATIONAL SUPPORT PROGRAMME

This programme has been running since the beginning of LCN operation in the region of northern Uganda in the 4 districts local areas where we operate. The program has been delivering:

- The distributions of scholastics materials of books and pens to selected nurseries and primary schools as well as to individual nursery and primary school age pupils.
- Paying school and examination fees, other school requirements and associated cost to enable the pre and primary school children attend or are maintained at schools.
- Children and community development centre project for children and illiterate adult development learnings as well as health promotion activities.

Operation Noah Educational Support Project

Operation Noah Educational Support Project has been running since 2015 supporting Pre-school and Primary education children from the rural poor households through paying school and examination fees, and support with other school requirements to enable the children attend or are maintained in schools. The project was initiated by children and youth of St. Gabriel's Church of England, Cricklewood which stem from the Operation Noah Goat's Project trips to northern Uganda.

The project has since initiation up to the last financial year have been supported by match funding from St' Gabriel's Church of England, Cricklewood. In the last financial year, a total of 318 children were supported by the project, however at the very start of the Uganda academic year which usually begins in February of every year, on March 18th, 2021, due to Covid pandemic outbreaks, the Uganda government imposed a total lockdown including all schools and other educational institutions in the country which went on to last for more than a year.

At the very beginning of 2022, we did assessed the impacts of the Covid pandemic, lockdowns, and impacts on the well-being and whereabouts the children we were supporting into education, as a result we could not trace all the children where about they were and found out many had become wives, mothers, fathers and husbands as young as 12 years old, and many especially the girls had also either died or maimed while being sexually assaulted or giving births.

In the end we were only able to trace 162 children and came to agreement with the main supporter St. Gabriel's Church of England, Cricklewood that, the Operation Noah Educational Support Project that for the meantime their support should come to a hold until it was much clearer the project can resume to operate as it was before, thus they left the door open if we will be able to continue in future. LCN from the beginning of 2022 academic year, we will continue with the original Educational Support Project continuing supporting the 162 children traced after long period of covid lockdown back to school.

Children and Community Development Centre Project

The centre project came about in 2006 through LCN linking of the Sunday School children of St. Gabriel's Church of England, Cricklewood and the Sunday School children St. Andrew Church of Uganda, Angwetangwet, Lira District to become Pen-Pal. Once the two Sunday School Children were connected, the Sunday School children of St. Andrew's Church of Uganda then made an official appealed requested the Sunday School Children of St. Gabriel's Church of England, Cricklewood to support them with the learning resources/materials and help provide a building roof over their heads so that they may be able to learn, play, and grow well as children.

The Children and Community Development Centre project was then instigated supported by funding from St. Gabriel's Church of England, LCN and the local people themselves, thus the construction of the centre building which was completed few years later supplies with learning resources, the centre was officially launched opened in 2010 been in operation ever since. The whole year before to early year under review, because of Covid-19 outbreaks and lockdowns, the centre was shut down for public uses except kept open for Covid Vaccinations, but it was reopened early in the second half of the year and normal children and other activities did resume.

Year on year, the centre attracts hundreds of children from all walks of lives because of its vibrant children activities including the Sunday schools, learning library and community social events. The centre is also being used occasionally as mobile health centre/clinic, hires for private meetings, parties, and all other acceptable

appropriate activities, these maintain and sustain the centre. LCN continues to monitor and support the centre whenever we can include supplies of children learning materials of books, pens, and library resources.

THE LIVELIHOODS SUPPORT PROGRAMME

In 2007, LCN launched this programme in 4 districts of northern Uganda with the objective of promoting equality and humanity for all to be able to live in harmony with fundamental rights and the capacity to support self-sustainable development to meet the moral, social, and economic needs of the locals who were emerging from more than two decades of civil wars in the region.

The activities undertaken in collaboration with 4 local partners, 200 orphans and other vulnerable children and youths were each initially provided handouts of the Goat's livestock for rearing and the 4 local partners each were provided with a pair of Oxen, Ox-Plough and 100 kilograms of food seed grains for cultivations.

Operation Noah Goat's Project (ONGP)

The pilot Goat's project was a success which led to Operation Noah Goat's Project in 2010 with the objective of furthering the project extend the support to many any more children and young people from the selected rural poorest family households in the 4 districts of Gulu, Kitgum, Lira and Pader where LCN. Operation Noah Goat's Project was financially supported by St. Gabriel's Church of England, Cricklewood, London matched by LCN fundraising and other local well-wishers supports and a further 200 children and young people were supplied handed the goat's livestock.

The project is ongoing, although in the last two years because of Global Covid Pandemic there has been very little monitoring activities, but it has been estimated more than 15,000 Goat's Livestock have so far been multiplied, exchanged and many commercially traded in some cases exchanged with other livestock including cattle, sheep, or plots of land.

Also, as an agreement made with the recipients of the Goat's livestock, every year a certain proportion of the multiple reproduction is passed on to siblings or those from households who did not either received handout at the start of project or emerging households. The project will continue its current form where every year we will carry out monitoring and evaluation to determine how many more of the livestock were reproduced, traded, or passed on and what the impacts are on the livelihood of the recipients and the local communities.

OVERSEAS VOLUNTEERING PROGRAMME (OVP)

This program was initiated by two friends from London (Jack & Ben) who in 2009 approached LCN that they were looking for an overseas vocational volunteering opportunity to broaden their international experience by giving back to the local communities through various actions including fundraising and carrying out project activities to socially support the local.

The two friends who were by then also planning to thereafter travel to South Africa for the 2010 Football World Cup, with the support of LCN then set up a JustGiving fundraising campaign which raised quite a substantial sum of money and other in-kinds donations before they did travel with to the region of northern Uganda.

The two friends while in northern Uganda, they were placed within the local community households and worked with LCN Uganda and local partners for a period of six months on various local projects in the four districts of LCN operation until they left for the South Africa Football World Cup and then back to the UK. Since then, the OVP have been ongoing massively promoted by the two friend's pioneers motivating, attracting, and recruiting volunteers with great attitudes, talents, skills, experiences, and willing people with the passions of giving back to support those most in needs.

These volunteers who also sometimes include college and university students on gap year or work placements, whenever it was possible and appropriate do travel to northern Uganda deployed to volunteer in the local community. However, in the last two years because of the Covid outbreaks pandemic, only 4 volunteers were recruited and deployed.

ORGANISATIONAL DEVELOPMENTS

LCN remained a learning organisation which is constantly learning to expand capacity and create result we all truly desired to meet and deliver on our promises while embracing partnerships, collaboration, networks, commitment, accountability, encouragement, and creativity. We are also membership of several capacity building organisations where regularly access vital resources, trainings, and updates.

FUNDRAISING AND IN-KIND COLLECTIONS

Fundraising like for many other organisations remained the biggest challenge, however, we all must be creative and maintain relationships with established supporters while building new ones. Our volunteers' years on years have pulled together go the extra miles giving their times as well as coming up with ideas of fundraising and in-kinds collections that are making a difference however little maybe. Every contribution we received whether monetary, in-kind donation or volunteer's times massively support our promise to make a difference in the lives of people we served. We are forever indebted, and our outmost sincere gratitude goes out to all the support we receive although words alone cannot express how much we feel and appreciates the acts of kindness and generosity.

ACCESS TO OUR SERVICES

To ensure equality, people access our services from several sources: self-referral, peers, family referral and referrals from other service providers including GP, local authorities, as well as supporters and many other agencies. We also promote our activities through networks, distribution of leaflets, website, words of mouth and public recreational and cultural activities.

MANAGING VOLUNTEERS

Volunteers represent huge human resource which can sometimes be overlooked and undervalued. Along with increased recognitions, the importance of effective volunteer management should be at the forefront and acknowledged as benefiting the organisations, encouraging community participation, initiates and extend outreach while providing cost-effective services. Also, effective volunteer management is key to ensuring their times, skills, experience, and commitments are put to the best possible use and valued so that goals are achieved for all to relish the experience. Meeting the challenges of managing volunteers required the joint efforts of the organisation, co-ordination, and the volunteers themselves.

At LCN, we ensure volunteers received mandatory induction orientation including safeguarding awareness, personal development aspiration and motivation. With these in mind, we offer people looking for real opportunity to become involved in their community through volunteering. Our volunteers are local people, peers, students, and service user themselves. Although volunteers should not expect monetary rewards for their services, we do support them with safety working environments, insurance covers, rights to access training and personal development activities, and rights to claim out of pocket expenses unless they opted not to. In additions, we regularly give feedback, recognitions, and referencing including for employment and other services.

QUALITY ASSURANCE MARKS

LCN have in place several Quality Marks including Practical Quality Assurance Standard for Small Organisation (PQASSO) of 12 Quality Areas, Chartered Management Institute and Positive About Disabled People which guides our operational standards. Besides, we have received many other accreditations and nomination awards testament to our commitments and determinations. We remained a learning organisation continuously seeking to learn, develop and improve in all areas of operations.

FUTURE PLANS

The year 2021-2022 marked the 17 years of LCN in operation. Reflecting on the past years it has not been so easy or a clear cut, but we have shown resilience and commitments to continued operation. The years ahead presents even much more challenges; however, we anticipate will continue operating as existing and remained open minded to any new developments and opportunity that may emerge along the way to enable adapt to the challenges.

RESPONSIBILITIES OF THE TRUSTEE'S BOARD

Under the charity and company laws, the Trustees are responsible for the preparation of the accounts which gives a true and fair view of the state of affair of the charity at end of the year and application of resources in the period, including net incoming and expenditure for the year ended.

In preparing the account statements, the board of trustee is required to:

- Select suitable accounting and apply consistency
- Make judgements and estimates that are resasonable and prudent
- State whether applicable accounting standard and statements of recommeded prattice have been followed, subject to any material departures disclosed and explained in the statement of accounts: and
- Prepare the financial statment on the going concern basis unless it is not appropriate to assume that the company will continue its operation.

The board of trustees are responsible for maintaining proper accounting records which disclose with resoanable accuracy at any time the financial position to enable ensure that the financial statement comply with the Comapnies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hench for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Reserves

LCN currently have a designated reserve funds of £5,726.00. The board of Trustees acknowledged the designated reserve as a restricted funds belonging to the Lumego United Project, a small self-help membership group currently operating under the umbrella services of LCN.

Investment Policy

Whether we will realise and retain reserve fund, most of the organisation's funds are to be spent in the short term so there are few funds for long term investment. Having considered options available, in the financial year we reinvested a small amount in the Mutual Aid Fund (MAF), a small loan lending activity where the repayments are recycle lend to clients. LCN is registered for tax relief and donations received from individuals who are UK taxpayer's permission are sort to claim tax relief as part of the investment funds.

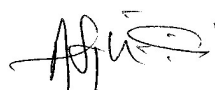
Internal Financial Control

LCN have in place systems of internal control designed to provide reasonable, but not absolute, assurance against material mismanagement or loss. Fund transfer for overseas activities is done through a registered and trusted Remittance or Credit Union Entities. The funds are transfer directly into LCN Uganda affiliate bank account where the overall fund's management, direction for use and distribution's responsibility lies with LCN (UK). The Affiliate Chair, Treasurer and Secretary are responsible for financial management of local projects and all other activities meanwhile accountable to LCN UK.

Risk Management

LCN continues to place a high priority on minimising and managing risks to meet objectives and mission outlined in the governing document and activities plans. LCN reviewed risk management registered and revised during the year. The risks management register identified thirteen main risk areas in order of importance, and these included the viability of LCN, and its affiliate body's processes and robust policy documentation and financial management. Each risk is accorded with appropriate treatments (current or planned response) and responsibility is assigned from within the LCN management team. A further review of the register is undertaken annually.

The Trustee's report was approved by the board of Directors on 16^h Dec. 2022 and signed on its behalf by:



Board Chair, Grace Adok

INCOMES & EXPENDITURE

INCOMES

	Notes	Restricted Funds £	Unrestricted Funds £	Total 2022	Total 2021 £
<u>Income Resources</u>					
<u>from Generated Incomes</u>					
Grant Income	2	-	7,000	7,000	15,586
Voluntary Giving Income	2	1,600	8,227	9,827	14,977
Investment Income	3	-	10,297	10,297	1,351
Total Incoming Resources		1,600	25,524	27,124	31,914

EXPENDITURES

Resource Expended

UK Activities	4	500	14,360	14,860	17,466
Overseas Activities	4	-	11,494	11,494	8,902
Total Resources Expended		500	25,854	26,354	26,368

Net income/

Net movement in funds

1,100 -330 770 5,546

Balance as of 1st April 2021

5043 1069 6,112 566

Balance as of 31st March 2022

6,143 739 6,882 6,112

BALANCE SHEET – As of 31st March 2022

		2022		2021
	£	Total	£	Total
FIXED ASSET				
Computer Equipment	5	1,370	4,150	
CURRENT ASSESTS				
Cash in Hand and Bank		6,882	6,112	
NET ASSETS		8,252		10,262
ASSETS				
Restricted		6,143	5,043	
Unrestricted		2,109	5,219	
TOTAL ASSESTS		8,252		10,262

For the year ended 31st March 2022, the company was entitled to exemption from the audit under section 477 of the Companies Act 2006 relating to small companies.

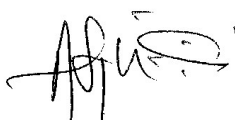
The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476 of the Companies Acts.


The directors acknowledged their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime and with the Financial Standard for Smaller Entities (effective April 2008).

The notes below form part of the financial statements.

Signed for and on behalf of the Management Committee on 16th Dec. 2022


Grace Adok
 Chair, Board of Trustees


Harriet Aber
 Treasurer

NOTES TO THE ACCOUNTS

Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by charities – Statement of Recommendation Practice (SORP revised 2005), The financial standard of smaller entities (effective April 2008) and the provisions of applicable to companies subject to the small companies under the companies Act 2006.

Incoming Resources

Financial incoming resources for year under review have been included on a receivable basis as Restricted and Unrestricted Funds included if the date receivable falls within the period covered by the accounts.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in the accounts as monetary values.

Resource Expended

Resources expended have been accounted for on an accrual basis in two parts UK and Overseas as shown in the statement of the financial activities.

Depreciation

Depreciation is calculated to write down the cost of or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on reducing balance. The rates applicable are:

- IT Equipment – 33%
- Furniture, Fittings – 33%

INCOMING RESOURCE

Grant	2	Restricted	Unrestricted	Total	
		Fund	Fund	2022	2021
		£	£	£	£
London C Response		-	-	-	10,000
Co-op Local Community		-	-	-	5,586
		-	-	-	15,586
Voluntary Giving	2				
The Patron's Funds			7,000	7,000	-
Donation & Fundraising		-	6,907	6,907	5,187
Membership Fee		-	1,300	1,300	1,125
The Big Give		-	-	-	4,131
Lumego United		1,600	-	1,600	4,475
Receipt Others		-	20	20	59
		1,600	15,227	16,827	14,977
Investments	3				
Gift Aid - Inland Revenue		-	8,271	8,271	-
Mutual Aid Fund - Repayment		-	2,025	2,025	1,350
Bank Interest		-	1	1	1
		-	10,297	10,297	1,351
Total Incoming Resources		1,600	25,524	27,124	31,914

Restricted Fund received during the year under review were **£1,600**.

Unrestricted Fund received during the year under review were **£25,524**.

Volunteer Times and other In-kinds received during the year are not reflected in the accounts as a monetary value.

4 EXPENDITURE ACCOUNTS

	Restricted Funds £	Unrestricted Funds £	Total 2022 £	Total 2021 £
UK - Expenditure				
Lumego United Project	500	-	500	-
Business Start-up Support	-	-	-	259
Volunteer Expenses	-	2,821	2,821	1,934
Mutual Aid Fund Lending	-	1,500	1,500	1,000
Equipment and Kit	-	-	-	4,586
Operating Expenses + R & M	-	310	310	-
Travel & Transport	-	678	678	476
Stationery, print & copy	-	408	408	239
Publication Ref. Materials	-	20	20	-
Postage & Stamp	-	44	44	-
Communication	-	1,500	1,500	1,295
Web Subscription	-	165	165	245
Legal, Licence & Insurance	-	271	271	232
Social & Community Support	-	6,386	6,386	6,775
Events - Venue & Hospitalitys	-	-	-	425
Management Meetings	-	200	200	-
Sundry/Pay Others	-	57	57	-
	500	14,360	14,860	17,466
Overseas Expenditure				
Direct Project Transfers	-	7,600	7,600	8,708
Travel & Transportation	-	3,780	3,780	-
G Administration & Meeting	-	114	114	194
	-	11,494	11,494	8,902
Total UK + Overseas Expended	500	25,854	26,354	26,368
Net Income/Expenditure	1,100	-330	770	5,546
Fund B/F 1st April 2021	5,043	1069	6,112	566
Fund C/F 31st March 2022	6,143	739	6,882	6,112

LCN – Note to the Accounts (Cont.)

5. TANGIBLE FIXED ASSET

		Computer	F&F	Total
Cost: -		£	£	£
At 1 st April 2021	5	4,150	-	4,150
Additions		-	-	-
At 31 st March 2022		4,150	-	4,150
DEPRECIATION				
As At 1 st April 2021				
Disposals		80	-	80
Charge this year		2,780	-	2,780
At 31 st March 2022		2,860	-	2,860
NET BOOK VALUE				
As At 1 st April 2021		4,150	-	4,150
As At 31 st March 2022		1,370	-	1,370

6. ANALYSES OF NET ASSETS BETWEEN FUNDS

		Restricted Funds	Unrestricted Funds	Total 2022	Total 2021
Assets Bal. As @ 31st March 2021		£	£	£	£
Tangible Fixed Assets	5	-	1,370	1,370	4,150
Cash in Hand/Bank		6,143	739	6,882	6,112
Total Net Current Assets		6,143	2,109	8,252	10,262

ACKNOWLEDGMENTS AND THANK YOU NOTES

LCN is enormously grateful for the support we receive year on year from all our supporters, the year under review though was challenging, it was exceptional. We foster strong community cohesion, partnerships, and work collaboratively to deliver ranges of a person-centred suite of services to positively impact individual, and collective health and wellbeing outcomes.

OUR FUNDING SOURCES:

LCN Petron Fund
The Gift Aid
Mutual Aid Funds
Lumego United – Peer-Led Membership
Members Fees and Voluntary Giving
Individual Well-Wishers Donations and Fundraisings
LCN Trustees and Volunteer’s Support

OUR TEAM UK & UGANDA:

The Patrons
The Board of Director
The Frontline Volunteers
Work Placement Students
Overseas Volunteers

PARTNERS & OTHER SUPPOERS

UK:

African Women’s Care
Brent CVS
Ealing CVS
Evelyn Oldfield Unit
Bond UK
Refugee Council
Skills for Care
The Financial Conduct Authority
Charity Commission
Companies House
Other Local Community Contributors

OVERSEAS:

LCN Uganda Affiliate
Kong Odonge (Help Elders) Initiative – Dokolo District
Lagora Children Support Group – Latanya, Pader District
Unityhood Community Event – Management & Mobilisation, Kitgum District
St Andrew’s Church of Uganda, Angwetangwet, Lira District
The Mother’s Union – Church of Uganda, Lira City
Voice of Gospel 97.7 Community Outreach Radio Lira City
Lira, Gulu, Kitgum and Pader Districts Local Government
Many Other Local Community Contributors

LATITUDE CARE NETWORK LIMITED

England & Wales - Charity number 1113929

Accounts

LATITUDE CARE NETWORK LIMITED
REPORT AND FINANCIAL STATEMENT
FOR THE YEAR ENDED
31 MARCH 2021

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Management Committee
Grace Adok (Chair & Director)
Harriet Aber (Treasure)
Christine Atim
Santal Akullo
Mrs Jane Amony Atube
Rev. Modicum Okello

Registered Office
7b Melrose Avenue
Cricklewood
London
NW2 4LH

Charity Number: 1113929

Company Number: 05555558

NGO/CBO Number: LDLG/2007/1165/Uganda

Patrons
Dr. Mervyn Tyrer
Dr. Hellen Montgomery

Banker
HSBC Bank
50-52 Kilburn High Road
Kilburn
London
NW6 4HJ

AOUT LATITUDE CARE NETWORK LIMITED – LCN

Latitude Care Network Limited also known as LCN is a not-for-profit charitable company, a community service organisation that has operated in the London Area and the region of Northern Uganda since 2005. LCN is registered Charity and Company Limited by Guarantee in England and Wales and Non-governmental/Community Based Organisation (CBO) in Uganda.

The objects for which LCN was established are particularly but not exclusively for individuals and families from socially and economically backgrounds, the elderly, and persons with disabilities:

- To preserve and protect the physical and mental health of vulnerable and disadvantaged members of society who are predominately refugee and asylum seekers living in the London area.
- To relieve the needs of elderly and disabled people and people facing difficulties in family relationships.
- To advance education through vocational training for the unemployed or those seeking employment including single parents, refugees, and asylum seekers.
- To relieve poverty and distress amongst the people in Africa, in particular, those who are victims of war and natural disasters.
- To promote equality and diversity in society by holding various social and cultural events of sufficient contents and quality for the benefit of the public.

LCN PORGRAM SNAPSHOT

Community Outreach Activities - At its core, this program enables us reach out to offer activities that help, uplift and support people who may be deprive or are unable independently to access services that improve quality of life including community visitations, health & social support activities and home learning.

Information, Advice, and Advocacy offers informational support, general advice, liaison, representation, and case management.

Education, Training, and Employment Support offers student work experience placement, ICT support, financial capability money mentor and management, small business and employment support activities and volunteering opportunities.

Mutual Aid Scheme offers small lending activities, emergency relief, material and practical assistance, client's appointee, money mentors and management.

International Development offers humanitarian emergency relief, primary school educational support, community and children development support, livelihood support, mission partners and overseas volunteering opportunity.

DIRECTOR'S BRIEF

Wow, what a huge and challenging year it has been. It is hard to find the words to capture the enormous challenges and the highs and lows of the many circumstances as the year under review unfolded. The year would not have been possible without the tenacity and generosity of spirits of the fantastic supporters including the funders, the local communities and the incredibly dedicated and committed volunteer team both in the UK and Northern Uganda. These generousities of spirits were also felt through our resilient of attracting new and ongoing support from key stakeholders and partners who helped us survived the challenges with donations, flexible grants, memberships, and creative opportunities.

COVID felt like it impacted everywhere and, yes it did. LCN like many others, suffered from a reduction in volunteers, fundraising opportunities, decreased donations and in our ability to see and support each other's in the way that we would normally does. Despite this our commitment to serve in whatever way we could remained strong resolute. We continued to deliver within our remit albeit sometimes in a different and difficult circumstances, however we had to adapt, strategised, created, innovated, and we managed within the means.

The year under review also saw us having to restructure activities in response to the impact of COVID and the unfortunate reduction, put on hold or discontinued with certain activities. However, with this came some fantastic new additions and the community spirit which enabled us to have the right people and support in the right place at the right time to carry out activities we were able to.

LCN – Annual Report (Cont.)

Despite the challenges we continued to move forward, evolve, innovate, and diversify ways of operating. During this time, we also created some amazing new initiatives including strengthening our IT system particularly for remote activities and relief distributions with the generous help of London Community Responses, Co-Operative Local Community Funds, The Big Give Funds, Lidl, Costco, St. Gabriel's and an incredible donation from existing and new individuals, members, and the incredible volunteer times. Moving on, our intention now is to continue to build on this as we recover, grow, and develops.

The absolute highlight for the year ahead will be when finally, being able to meet and spend time together as well as meeting with our client's face-face. We are hopeful, restrictions would eventually be fully lifted so that we get back to organising and hosting workshops, support groups and get together activities and opportunity to meet many wonderful people.

I continue to remain proud to be Chair of Director of LCN and lastly could not have done so and still been smiling without the fantastic support of the Board and all other volunteers' teams.....

Grace Adok.

OUR PATRON'S REMARK

As I consider my message for this year's Annual Report, I can't believe we are still amid the pandemic and recognised the significant impact it has had on each and everyone of us globally. I realise that some are more impacted than others and, at times like these, I am so very proud to be the Patron of this inspiring and committed small community-based organisation. The impact COVID has had and the challenges that LCN like many other organisations has had to face over the past year, have been extraordinary. It has been overwhelming and exhausting for all frontline organisations working across the sectors and LCN is no exception.

When the founder and director first approached me to become Patron of LCN, I really didn't know what to expect and say as she caught me off-guard. But I am so very pleased that she did. As Patron I have enjoyed being able to support the important work that LCN does and very proud to do so. Since then, I have been so inspired by the wonderful staff and volunteers who make up the organisation workforce and to be embraced and appreciated as Patron has given me additional strength that I've needed at times to continue advocating for LCN causes and to ensure they deliver within their capacity reaching out to continue making a difference.

I have been acutely aware of the unrelenting workload and overwhelming challenges faced LCN as they respond and work with clients in what are often difficult and dangerous circumstances. Being forced to adapt to new ways of working is not easy but the commitment and dedication by everyone at the organisation especially the volunteers has demonstrated such relentless commitment that my confidence in humanity is frequently restored.

"To you LCN Volunteers, a big thank you for the full breadth and depth of the different contributions that each of you have always made. Thank you for the contributions that you will continue to make and thank you on behalf of all clients and members in the local communities who LCN has helped and served because of the contribution that you have been making".

Like others, I have had most of the times had to work remotely over the past 18 months and my connections and interactions with everyone are largely across the computer screen. In some ways I have appreciated these changes and realise just how lucky I am that I have a safe home, although I have missed interaction with family and colleagues terribly. As much as this has become the new norm, I realise how very difficult it has been for LCN and its dedicated staff to adapt services to accommodate COVID and all its challenges.

As I know LCN support to people they serve experiencing difficulties with varying needs, has never been more critical. With Grace the Founder and Director of LCN, I know that LCN and its board and staff will continue to push through these very difficult times, and I look forward to continuing my support in whatever way I can as their Patron.

Dr Mervyn Tyrer

UK OPERATION

In London and the surrounding areas, LCN provides ranges of support programmes and activities which assist individuals and families from socially and economically disadvantaged background, those facing personal hardship and/or difficult life circumstances. The year under review, due to Covid Pandemic outbreaks and the spread prevention restrictions, many of our programmes and/or activities could not be delivered as plans.

COVID EMERGENCY RESPONSES

Due to the unforeseeable Covid-19 pandemic outbreak in the early 2020, client's service provision and delivery planned for the year under review were either had to be cancel, put on hold, or curtailed and alternatives needed to be formulated to address the public health crisis prevention as well as to improve lives and well-beings. Massive adjustment had to be made to enable compliance and appropriate response to the pandemic emergency. These included adaptation to remote and virtual service deliveries unless it was unavoidable and permitted, a face-to-face meetings and outreach were conducted within the Covid protection government guidelines and compliance. However, all other activities that would normally bring people together including workshops, recreational and social interactions were all had to brought to a hold or cancelled altogether.

DIGITAL COMMUNICATION TECHNOLOGY UPGRADE

With the support of our supporters, we were able to upgrade our digital communication technology by acquiring additional desktop and laptop computers, smart tablets and mobile phones, portable mobile printers, and other accessories to enable us to adapt to new ways of services delivery remotely and virtually. The acquisition and uses of these technologies has hugely played an important role in keeping the volunteer teams and clients connected remotely and virtually regularly whenever it was needed and necessary any time day and night. However, we have also experienced and acknowledged that, many clients we outreach to did not have the means, knowledge and skills, or the ability to acquire the DCT of their own to enable them to receive or access services remotely or virtually. Therefore, adhering to the Covid guidelines, to reach out to them much of our agility and supports was by necessity were physical and face-to-face rather than remotely and virtually.

COMMUNITY OUTREACH PROGRAM

Most LCN activities are provided delivered through the community outreach activities which at its core, has been the foundation efforts to reach people we serve to improve their quality and lives and the general well-being while liaising and working with many other agencies with whom we may have shared concerned or one component of it. In whatever ways we can, the community outreach activities have been so effective because we know our service users and their needs being creative and innovative in serving them to be trustworthy in the local community we served.

There are times when people need assistance with accessing human service, the community outreach activities are aimed at meeting these needs, among others to provides companionship and befriending so as to reduce stress, loneliness and isolation, enabling access to services, increase interaction and social networks, encourage good physical and mental healths activities, and above all to alluviate hardships they were experiencing. The community outreach activities where for many it is a lifeline are delivered through mediation, advocacy, representation, telephone calls, and visitations in homes, hospitals and other places including drop-in centres, support groups/social and workshop events. During the year under review, demand for the outreach activities exceeded expectation and ability to deliver. However to mitigate the situations, we had to laise and works with many other agencies including refereals, thus we were able to support a lot more people than than we would normally including taking in new clients.

ICT at Home

Meanwhile our usual ICT at Home which is delivered through the volunteer community outreach activities to raise awareness, provide basic skills training and learning, and practical uses of the digital devices, due to Covid outbreaks and lockdown prevention then planned activities could not go as usual, however we were able to connect with few people who were desperate through video conferencing or zoom teaching.

Health and Social Support Activities

Creating social relationships is central to human emotional well-being. A lack of relationships contributes to depression. Research has also shown that social support is associated with feelings of mastery, and the ability to cope with stressful situations, and it is strongly associated with increased quality of life. Since 2005, LCN have been delivering the volunteer supported recreational and social support activities to the elderly and other vulnerable groups within the local communities. The volunteers have been central to the provision of this program and this year, despite the Covid outbreaks and lockdown restrictions, our volunteer's team of 25 continued to support dedicating hundreds of their times supported over 300 people even though the pandemic has had a huge impact on the ability to physically connect one-on-one or in group/meeting activities.

Many of the people supported live alone and/or have no carer, friends, or family so it has been a high priority to adapt our service delivery in a way that we could reach these people within the parameter of covid guidelines. Despite the lack of opportunity to connect with people face-to-face or in group settings, the program still delivered hundreds of volunteer hours of support keeping in touch with clients via telephone and video calls and letter correspondence. Where it was not possible to connect remotely and/or virtually, the volunteers then had to go out to directly provide support including bereavement support, companionship, befriending, emotional and practical assistances meeting in the parks, through car windows, supplying doorsteps information, drops of foods, medicines and Covid hygiene kits and access to online services working alongside and referral to other agencies that provides a safety net for those whose needs were made much more acute by the pandemic and lockdown closure of services, support in the community and other established systems.

Information and Emergency Relief

In response to the covid pandemic, the year under review provided a range of emergency assistance to assist individuals and families who were facing personal hardship or difficult life circumstances, this included practical assistance with limited financial assistance in the form of occasional food vouchers, non-perishable food items, limited assistance with bills payment, referral letters for material aid such as second-hand furniture and clothing, advocated negotiating on behalf with utilities, eg gas, water and electricity for affordable, liaison with and referral to other service providers, and provided information about employment, the furlong scheme, universal credit and other welfare benefits, and other accessible grants and payments.

Clients Appointee (CA)

LCN is an approved Clients Appointee (CA) which involved advocating, mentoring, and supporting people who are unable to manage their finance affairs and to enhance basic skills of financial capability including understanding the benefit systems, the impacts on their lives and budgeting to ensure they were living within means. Every year the needs and demand for this service increases and the year under review, enquiries, requests, and demands increases further as the economic effects of COVID-19 'Shut-Down' was being felt severely by the working age among the groups who are most likely to have those with a degree of illiteracy and/or working in a 'shut-down' sectors (restaurant work, taxi driving, cleaning and factories laborers with zero hours working conditions) as well as having partners not currently in the labour market, these has led to extremely high levels of financial insecurity among the group.

The volunteers involved carried on with these activities mainly remotely or virtually and where it was not possible, a face-face meeting was arranged and were conducted within the Covid protection restriction guidelines. A total number of 52 people were supported to ensure their financial needs were met and rights and interests are protected.

The Christmas Food Parcel

Community demand for emergency relief is always high but this is particularly so at Christmas time when families are living so close to the margin and struggling to simply put a meal on the table, much less to provide special Christmas treats. The year under review, with the support of London Community Response Fund, Co-operative Local Community Funds and several Groceries' Superstore and other local community facilities, we distributed over 300 households in and around London each with a Food Parcel containing 8 varieties of quality non-perishable food items, for details of what were distributed, please do refer to the distribution leaflet below next page.



'LCN is Care & Compassion, in the Community, for the Community, by the Community'

M: 0795 181 7866 E: info@latitudecarenetwork.org

Name:

Dear client you are very much in our thoughts and prayers during this winter season. We know it has been exceedingly difficult as maybe it will for sometimes, but we also know God never forsake has what it takes, will get us all through it. Delivered to you is a token of Christmas Food Parcel to share with loved ones or those around you during the coming days for as far it can go.

IN THE PACKAGE ARE:

1. 5 KILOS OF AUNTIE CAROLINE BASIMATI RICE
2. 3 KILOS OF DEL V SPAGETHI
3. 3 KILOS OF DEMERARA SUGAR
4. 1 PACK OF 240 TETLEY TEA BAGS
5. 1 JAR OF 700 GRAMS RICH ROAST COFFEE
6. 1 LITRE OF OLIVE COOKING OIL
7. 5 CANS OF MIXED CHOPPED/PEEL TOMATOS
8. 1 PARK OF FEVARINA 12 CHRISMAS MINCE PIES

And with the token, we wish you & family peace and the joy of..... **'A Merry Christmas & A Happy New Year of 2021'**

For & on behalf of LCN & The Project Volunteer Team, with much gratitude to London Community Response Funds and The Co-operative Local Community Funds for enabling the successful Christmas Food Parcel Project. We would also like to acknowledge with many appreciations to COSTCO and LIDL Superstore, St. Gabriel's Church Cricklewood Hall and Watford Borough Council Community Transport for complementing the project. A very big thankyou to our dedicated Volunteers including Van/Delivery Drivers and other individuals who made it possible the execution of the Christmas Food Parcel right from the concept to delivering the parcel to you the recipient in and around the London areas.

Grace Adok
Project Director
December 2020

*Charity 1113929 & Company 05555558 in England & Wales
Non-Governmental Community Based Organisation LDC/2007/165 in Uganda*



MUTUAL AID FUND (MAF) SCHEME

The Mutual Aid Fund Scheme has been running since 2008 as a community-based investment income generation and small lending activities. The majority of LCN service users live in conditions of poverty and diminished quality of life that restricts the full enjoyment of their human, socio-economic, health, environmental and cultural rights. Therefore, the main objective of the MAF Scheme is to increase access of the vulnerable, disadvantaged and poorer people to credits they would not normally be able to access from the mainstream high street banks and other financial institutions to be able to undertake income generation for basic needs and for those who can, a small business activities support to improve their livelihoods.

The year under review, we disbursed 17 lending ranging from £50-200 which were either soft lending repayable within 30 days without interest charge or a 35% interest charge apply after 30 days. There were also groceries shopping for clients who could not raise fund at the time of needs, also repayable within the soft lending or 35% interest charge applies after 30 days.

Small Social Funds

This is a small social fund provision which stemmed from the recreational and social support group activities of get together where the funds are generated from tin, and other voluntary collections, entertainment performances at community events and private party's hires. The funds raised goes towards sustainability of the group and limited finance assistance or acquisition of material aid to clients and members experiencing financial difficulties with basic needs and towards the support of few selected local community groups with shared common interest.

The year under review, the recreational and social support groups activities for generating funds toward the small social funds could not takes place due to Covid Pandemic and lockdown. However, some clients and members who feel very passionately about the cause continued giving their monthly support group activities voluntary giving. We have also as a temporary major allocated part of the unrestricted funds to the small social fund budget. The year under review, a total of 43 people were supported with the small social fund pot including bereavement supports and the cost of daily living expenses of foods, utilities bills and other essential needs which improve well-being. And 2 local foodbanks were also supported with the supply of none-perishable foods, toiletries and covid hygiene kits.

LUMEGO UNITED (LU) PROJECT

Lumego United (LU) is voluntary membership peer-led self-help group started in 2017. The group came about due to the experienced of going through numerous family bereavements of loves ones and those others closed known to members which were occurring so frequently one after another and it is so traumatising causing lots of sorrows and financial hardships dealing with the aftermath and other events that follows.

The group then acknowledged the objective of preparing a head of the crisis of losing loved ones which often strikes unexpectedly or when least expected when the bereave families, relatives and friends are unprepared to overcome and deal with the aftermath including overcoming the emotional trauma and meeting the costs of practical supports required. The group have been operating raising funds through annual membership subscription and other supplementary giving used to support members' going through family bereavement both in the UK and elsewhere other parts of the world.

Lumego United is unregistered, the group seek the support of LCN in the early 2021 to be able to operate under our umbrella until such a time when the group would be able to put have in place a self-administered structure. LCN within it remit have the capacity to support small groups, thus it is the reason we have accepted to support LU administer their activities under the LCN Umbrella.

All Other Activities

All other planned activities for the year, due to Covid outbreaks and lockdown restrictions they had to be either curtail, put on hold, or cancel. This included transportation which was limited to just only the volunteer activities or emergency delivery, student work experience placement, business and employment support workshop and events, support group meeting events and recreational community events.

INTERNATIONAL DEVELOPMENT

OVERSEAS OPERATION

In 2006, LCN extended operation overseas in the northern region of Uganda registered in Uganda as a Non-Governmental/Community Based Organisation (NGO/CBO) under an affiliate name of **Latitude Care Network Uganda (LCNU)**. LCNU provides an essential links, management, co-ordination, guidance, as well as frontline services while consulting, liaising, and reporting regularly to LCN UK. The organisation also operates in the region with the supports of the local partners.

Over the years, LCN programmes in the region of northern Uganda have included Humanitarian Relief, The Educational Support Program, The Livelihoods Support Program, The Children and Community Development Centre Project, Overseas Volunteers Program and Mission Partners Link and Connections.

The year under review, because of the global Covid pandemic outbreaks and restriction lockdowns, likewise in the UK, many of the programmes and activities in the region of northern Uganda had to be either curtailed, put on hold or cancelled altogether. Much of our responses and agility were focus and geared towards the mitigation of the acute humanitarian impacts of the Covid pandemic on the poorest and most vulnerable people.

HUMANITARIAN EMERGENCY RELIEF

The COVID-19 pandemic presented multiple problem of health and economic shock in Uganda just like in any other parts of world particularly affecting mostly the poor and most vulnerable households. The economically and socially vulnerable groups in the country comprises of all age poorest households, older people 60 years and above, workers in the lower tier of the informal sector, child and female headed households, people with disabilities.

The worse geographically isolated communities notably are those in the rural part of the country who experienced a greater impact of the COVID-19 pandemic and the severe lockdown on their livelihoods, health, and well-being, hence the need and request for the basic essential handouts were overwhelming from the vulnerable groups whom many we were already supporting with in one way or another including the working age who due to total lockdown imposed most could not carry on with their petty income generation activities forced to stay at home. We, therefore, with the support of the local wholesale and retail suppliers, other businesses, and individuals, we have been able to supply distributed emergency relief handouts of basic essential needs which included:

- Grain foods particularly beans and maize floor or posho, sugar, salts, and water
- Health care packs of counter medicine of paracetamol and Panadol
- Covid protection particularly the masks and sensitisers
- We distributed bars and pieces of bathing and washing soaps
- Lightning Match Boxes for lightning fibrewoods and lamps.
- Besides, we have also been reaching out to children on the sleeping rough and/or begging for survival distributed water, snacks of biscuits and fruits

The year under review, within our means, we supported over 1,000 households with an average of a family of 6 people individuals in 4 districts of northern Uganda . To this day of completing the annual report, a total lockdown is still imposed unknow when it will be lifted. These activities depending on the resources generations and continues support of the local supporter, it is expected the demand for the support with the same will continue.

THE EDUCATIOBAL SUPPORT PROGRAMME

This programme has been running since the beginning of LCN operation in the region of northern Uganda in the 4 districts local areas where we operate. The program has been delivering:

- The distributions of scholastics materials of books, pens to selected nurseries , primary schools and individual nursery and primary school age pupils.
- Primary school age children paying school fees, examination fees and other associated cost that enable and allow school attendance or maintaining the children in schools.
- Children and community development centre project for child and illiterate adult development learning and health promotion activities.

Operation Noah – The Educational Support Project

This project has been running since 2015 supporting pre-school and primary education children from the rural poor household through paying school and examination fees, and other requirements to enable them attend schools or are maintained at school. The Uganda academic year starts at the beginning of every year and end at the end of the year. The year under review, a total of 318 Primary 1-7 school children were paid school and examination fees as well as other associated costs in January 2020 and therefore, all the 318 students started schooling on 3/02/2020, but barely over a month, the Covid pandemic struck.

On the 18th of March 2020, the President of Uganda announced the first total national lockdown which included the closing of all schools all children were sent home, private offices and banned on public gatherings

LCN – Annual Report (Cont.)

at places of worships/social events, initially all were for a period of 32 days. However, the efforts to prevent the spread of COVID-19, the 32 days effectively led to much longer lockdown of closer of schools for the whole year and most sources of income generation activities for most low-income earners, who are to this of writing the annual report are still forced to stay at home. The 2021 academic year should have started in late January or early February 2021. However, it is not known when the lockdown and/or the school closers will be lifted. Thus, the school project.

The Children and Community Development Centre Project

This centre project came about in 2006 through the link by LCN the Sunday School children of St. Andrew Church of Uganda, Angwetangwet, Lira district and the Sunday School Children of St Gabriel's Church of England, Cricklewood, London to become Pen-Pal. Once the two side were connected, the Sunday School children of St. Andrew's Church of Uganda made an official request to the Sunday School children of St. Gabriel's Church of England to support them with learning materials and a roof under their heads so that them may learn, play, and grow as children. The Children and Community Development Centre project was then born with the construction of the centre and supply of the learning resources been in operation since then. The year under review, from the start of the Covid-19 outbreaks and lockdown restriction in the beginning of March 2020, the centre has been shut and all the routines activities that normally takes place on daily basis have been put on hold and it is not known when the lockdown restrictions will be lifted for the centre to resume activities.

THE LIVELIHOODS SUPPORT PROGRAMME

LCN in 2010 piloted the livelihood support Goat's project in northern Ugandan with the objective of promoting equality and humanity to live in harmony with fundamental rights and capacity to support self-sustainable development to meet the moral, social, and economic needs. The activities undertaken in collaboration with the local partners, 200 orphans and other vulnerable children each were provided with a Goat livestock for rearing and supplied 4 local partners each with a pair of Oxen, Ox-Plough and 100 kilograms of cultivation seeds and grains.

Operation Noah Goat's Project (ONGP)

The pilot Goat's project success led to the Operation Noah Goat's Project in 2013 with the objective of furthering the pilot project to extend support many any more children and young people from the selected rural poorest family households in the 4 districts of Gulu, Kitgum, Lira and Pader where LCN. Operation Noah Goat's Project has financially been supported by St. Gabriel's Church of England, Cricklewood, London matched by LCN fundraising and other local well-wishers.

The project is ongoing with so far more than 10,000 Goat's Livestock been reproduced, commercially traded and in some cases exchange with cattle or plots of land acquisition. Also, every year a certain proportion of the multiple reproduction of the livestock is pass on to siblings and those from other households. Eery year we carry out monitoring and evaluation of the project to determine how many more goats were reproduced, however the year under review, it has not been possible to carry out these activities due to the Covid outbreaks and lockdowns. The project is expected to continue in the years to come.

OVERSEAS VOLUNTEERING PROGRAMME (OVP)

This program was initiated by two friends (Jack & Ben) who in 2009 approached LCN that they were looking for an overseas vocational volunteering opportunity to broaden their international experience by giving back to the local communities through various actions including fundraising to support local causes.

The two friends from London who were by then also planning to thereafter travel to South Africa 2010 Football World Cup, then set up a JustGiving fundraising campaign which raised substantial sum of money and other in-kinds donations before they travelled with to the region of northern Uganda. The two friends then worked for and with LCN Uganda for a period of six months on various local projects until they left for South Africa World Cup and then back to the UK. Since then, the OVP have been ongoing attracting and recruiting volunteers with great attitudes, talents, skills, experience, and willing people with the passions of giving back and supporting those most in needs, who whenever it was possible do travel to northern Uganda region deployed to volunteer in the community. However, the year under review because of the Covid outbreaks and lockdowns, the project has been curtailed or put on hold until when overseas travel will resume and safe to do so.

ORGANISATIONAL DEVELOPMENTS

LCN remained a learning organisation which is constantly learning to expand capacity and create result we all truly desired to meet and deliver on our promises while embracing partnerships, collaboration, networks, commitment, accountability, encouragement, and creativity. We are also membership of several capacity building organisations where regularly access vital resources, trainings, and updates.

FUNDRAISING AND IN-KIND COLLECTIONS

Fundraising like for many other organisations remained the biggest challenge, however, we all must be creative and maintain relationships with established supporters while building new ones. Our volunteers' years on years have pulled together go the extra miles giving their times and comes up with ideas of fundraising and in-kinds collections that are making a difference however little it maybe. Every contribution we received whether monetary, in-kind collections or volunteer's times, massively support to deliver on our promise to make a difference in the lives of people we served. We are forever indebted; our outmost sincere gratitude goes out to all although words alone cannot express how much we feel and appreciates the acts of the kindness and generousities.

ACCESS TO OUR SERVICES

To ensure equality, people access our services from several sources: self-referral, peers and family referral and referrals from other service providers including GP, local authorities, and many other agencies. We also promote our activities through networks, distribution of leaflets, website, words of mouth and public recreational and cultural activities.

MANAGING VOLUNTEERS

Volunteers represent huge human resource which can sometimes be overlooked and undervalued. Along with increased recognition, the importance of effective volunteer management should be at the forefront and acknowledged as benefiting the organisations, encouraging community participation, initiates and extend outreach while providing cost-effective services. Also, effective volunteer management is key to ensuring their times, skills, experience, and commitments are put to the best possible use and valued so that goals are achieved for all to relish the experience. Meeting the challenges of managing volunteers required the joint efforts of the organisation, coordination, and the volunteers themselves.

At LCN, we ensure volunteers received mandatory induction orientation including safeguarding awareness, personal development aspiration and motivation. With these in mind, we offer people looking for real opportunity to become involved in their community through volunteering. Our volunteers are local people, peers, students, and service user themselves. Although volunteers should not expect monetary rewards for their services, we do support them with safety working environments, insurance covers, rights to access training and personal development activities, and rights to claim out of pocket expenses unless they opted not to. In additions, we regularly give feedback, recognitions, and referencing including for employment.

QUALITY ASSURANCE MARKS

LCN have in place several Quality Marks including Practical Quality Assurance Standard for Small Organisation (PQASSO) of 12 Quality Areas, Chartered Management Institute and Positive About Disabled People which guides our operational standards. Besides, we have received many other accreditations and nomination awards testament to our commitments and determinations. We remained a learning organisation continuously seeking to learn, develop and improve in all areas of operations.

FUTURE PLANS

2021 marked 16 years in operation, reflecting on the past years it has not been so easy or a clear cut, but we have shown resilience and commitments. The year ahead present even much more challenges, however, we anticipate will continue operating as existing and remained open minded to any new development and opportunity that may emerge along the way adapt to the changes.

RESPONSIBILITIES OF THE TRUSTEE’S BOARD

Under the charity and company laws, the Trustees are responsible for the preparation of the accounts which gives a true and fair view of the state of affair of the charity at end of the year and application of resources in the period, including net incoming and expenditure for the year ended.

In preparing the account statements, the board of trustee is required to:

- Select suitable accounting and apply consistency
- Make judgements and estimates that are resasonable and prudent
- State whether applicable accounting standard and statements of recommeded prattice have been followed, subject to any material departures disclosed and explained in the statement of accounts: and
- Prepare the financial statment on the going concern basis unless it is not appropriate to assume that the company will continue its operation.

The board of trustees are responsible for maintaining proper accounting records which disclose with resoanable accuracy at any time the financial position to enable ensure that the financial statement comply with the Comapnies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hench for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Reserves

LCN does not currently have reserve funds, the Board of Trustees are optimistic the organisation will in future be able to raise and hold financial reserves in line with the reserve’s policy.

Investment Policy

Whether we will realise and retain reserve fund, most of the organisation’s funds are to be spent in the short term so there are few funds for long term investment. Having considered options available, in the financial year we reinvested the small MAF loan repayment circle lending to clients. LCN is registered for tax relief and donations received from individuals who are UK taxpayer’s permission are sort to claim tax relief as part of investment funds.

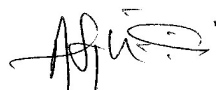
Internal Financial Control

LCN have in place systems of internal control designed to provide reasonable, but not absolute, assurance against material mismanagement or loss. Fund transfer for overseas activities is done through a registered and trusted Remittance or Credit Union Entities. The funds are transfer directly into LCN Uganda affiliate bank account where the overall fund’s management, direction for use and distribution’s responsibility lies with LCN (UK). The Affiliate Chair, Treasurer and Secretary are responsible for financial management of local projects and are accountable to LCN UK.

Risk Management

LCN continues to place a high priority on minimising and managing risks to meet objectives and mission outlined in the governing document and activities plans. LCN reviewed risk management registered and revised during the year. The risks management register identified thirteen main risk areas in order of importance, and these included the viability of LCN, and its affiliate body’s processes and robust policy documentation and financial management. Each risk is accorded with appropriate treatments (current or planned response) and responsibility is assigned from within the LCN management team. A further review of the register is undertaken annually

The Trustee’s report was approved by the board of Directors on 20th Dec. 2021 and signed on its behalf by:



Board Chair, Grace Adok

INCOMES & EXPENDITURE

INCOMES

	Notes	Restricted Funds £	Unrestricted Funds £	Total 2021	Total 2020 £
<u>Income Resources</u>					
<u>from Generated Incomes</u>					
Grant Income	2	10,000	5,586	15,586	1,500
Voluntary Income	2	9,606	5,371	14,977	19,258
Investment Income	3	-	1,351	1,351	7,341
Total Incoming Resources		19,606	12,308	31,914	28,099

EXPENDITURES

Resource Expended

UK Activities	4	10,683	6,783	17,466	19,876
Overseas Activities	4	3,880	5,022	8,902	8,207
Total Resources Expended		14,563	11,805	26,368	28,083

Net income/

Net movement in funds

		5,043	503	5,546	16
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Balance as of 1st April 2020

		-	566	566	550
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Balance as of 31st March 2021

		5,043	1,069	6,112	566
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BALANCE SHEET – As of 31st March 2021

		2021		2020
	£	Total	£	Total
FIXED ASSET				
Computer Equipment	5	4,150	242	
CURRENT ASSESTS				
Cash in Hand and Bank		6,112	566	
NET ASSETS		10,262		808
ASSETS				
Restricted		5,043		-
Unrestricted		5,219		808
TOTAL ASSESTS		10,262		808

For the year ended 31st March 2020, the company was entitled to exemption from the audit under section 477 of the Companies Act 2006 relating to small companies.

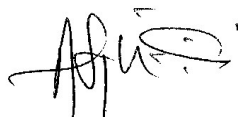
The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476 of the Companies Acts.

The directors acknowledged their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime and with the Financial Standard for Smaller Entities (effective April 2008).

The notes below form part of the financial statements.

Signed for and on behalf of the Management Committee on 20th Dec. 2021.



Grace Adok
Chair, Board of Trustees



Harriet Aber
Treasurer

NOTES TO THE ACCOUNTS

Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by charities – Statement of Recommendation Practice (SORP revised 2005), The financial standard of smaller entities (effective April 2008) and the provisions of applicable to companies subject to the small companies under the companies Act 2006.

Incoming Resources

Financial incoming resources for year under review have been included on a receivable basis as Restricted and Unrestricted Funds included if the date receivable falls within the period covered by the accounts. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in the accounts as monetary values.

Resource Expended

Resources expended have been accounted for on an accrual basis in two parts UK and Overseas as shown in the statement of the financial activities.

Depreciation

Depreciation is calculated to write down the cost of or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on reducing balance. The rates applicable are:

- IT Equipment – 33%
- Furniture, Fittings – 33%

INCOMING RESOURCE

Grant	2	Restricted	Unrestricted	Total	
		Fund	Fund	2021	2020
		£	£	£	£
London C Response		10,000	-	10,000	-
Co-op Local Community		-	5,586	5,586	-
St. Gabriel's Church		-	-	-	1,500
		10,000	5,586	15,586	1,500
Voluntary Giving	2				
Donation & Fundraising		1,000	4,187	5,187	18,158
Membership Fee		-	1,125	1,125	1,085
The Big Give		4,131	-	4,131	-
Lumego United Project		4,475	-	4,475	-
Receipt Others		-	59	59	59
		9,606	5,371	14,977	19,258
Investments	3				
Gift Aid - Inland Revenue		-	-	-	6,591
Mutual Aid Fund - Repayment		-	1,350	1,350	750
Bank Interest		-	1	1	-
		-	1,351	1,351	7,341
Total Incoming Resources		19,606	12,308	31,914	28,099

Restricted Fund received during the year under review were **£19,606**

Unrestricted Fund received during the year under review were **£12,308**

Volunteer Times and other In-kinds received during the year under review are not reflected in the statements of the accounts in monetary values.

4 EXPENDITURE ACCOUNTS

	Restricted Funds £	Unrestricted Funds £	Total 2021 £	Total 2020 £
UK - Expenditure				
Training and Development	-	-	-	1,126
Business Start Support	-	259	259	2,218
Volunteer Expenses	1,433	501	1,934	4,153
Mutual Aid Fund	-	1,000	1,000	820
Equipment and Maintenance	2,850	1,736	4,586	413
Fundraising Cost	-	-	-	200
Travel & Transport	476	-	476	538
Stationery, print & copy	-	239	239	449
Publication Ref. Materials	-	-	-	218
Postage & Stamp	-	-	-	16
Communication	707	588	1,295	2,081
Web Subscription	-	245	245	178
Legal, Licence & Insurance	-	232	232	659
Social & Community Support	5,017	1,758	6,775	2,685
Events - Venue & Hospitalitys	200	225	425	2,295
Management & Meetings	-	-	-	425
Sundry/Pay Others	-	-	-	330
	10,683	6,783	17,466	19,876
Overseas Expenditure				
Direct Project Transfers	3,880	4,828	8708	6,492
Travel & Transport	-	-	-	1,328
G Administration & Meeting	-	194	194	387
	3,880	5,022	8,902	8,207
Total UK + Overseas Expended	14,563	11,805	26,368	28,083
Net Income/Expenditure	5,043	503	5,546	16
Fund B/F 1st April 2020	-	566	566	550
Fund C/F 31st March 2021	5,043	1,069	6,112	566

LCN – Note to the Accounts (Cont.)

5. TANGIBLE FIXED ASSET

		Computer	F&F	Total
Cost: -		£	£	£
At 1 st April 2020	5	242	-	242
Additions		3,988	-	3,988
At 31 st March 2021		4,230	-	4,230
DEPRECIATION				
As At 1 st April 2020				
Disposals		118	-	118
Charge this year		80	-	80
At 31 st March 2021		198	-	198
NET BOOK VALUE				
As At 1 st April 2020		4,230	-	4,230
As At 31 st March 2021		4,150	-	4,150

6. ANALYSES OF NET ASSETS BETWEEN FUNDS

		Restrict ed Funds £	Unrestrict ed Funds £	Total 2021 £	Total 2020 £
Assets Bal. As @ 31st March 2021					
Tangible Fixed Assets	5	-	-	-	-
Cash in Hand/Bank		5,043	4,150	6,112	242
Total Net Current Assets		5,043	5,219	10,262	808

ACKNOWLEDGMENTS AND THANK YOU NOTE

LCN is enormously grateful for the support we receive years on years from all our supporters, the year under review though was challenging, it was exceptional. We foster strong community cohesion, partnerships and work collaboratively to deliver ranges of a person-centred suite of services to positively impact individual, and collective health and wellbeing outcomes.

OUR FUNDING SOURCES:

London Community Responses Funds
The Co-operative Local Community Funds
St. Gabriel's Church of Uganda, Cricklewood
The Big Give – Christmas Challenge Match Funds
The Gift Aid
Mutual Aid Funds
Lumego United – Peer-Led Membership
Members Fees and Voluntary Giving
Individual Well-Wishers Donations and Fundraisings

OUR TEAM UK & UGANDA:

The Patrons
The Board of Director
The Frontline Volunteers
Work Placement Students

PARTNERS & OTHER SUPPOERS

UK:

Watford Borough Council
COSTCO Wholesale Store
Lidl Super Store
Co-operative Super Store
St. Gabriel's Hall Facility
African Women's Care
Brent CVS
Ealing CVS
Evelyn Oldfield Unit
Refugee Council
Other Local Community Contributors

OVERSEAS:

Kong Odong (Help Elders) Initiative – Dokolo District
Lagora Children Support Group – Latanya, Pader District
Unityhood Community Event – Management & Mobilisation, Kitgum District
St Andrew's Church of Uganda, Angwetangwet, Lira District
The Mother's Union – Church of Uganda, Lira City
Voice of Gospel 97.7 Community Outreach Radio Lira City
Other Local Community Contributors