

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 01	Month 01	Year 2022		Day 31	Month 12

Section A Reference and administration details

Charity name	THE HELEN FOUNDATION		
Other names charity is known by	THF		
Registered charity number (if any)	1113860		
Charity's principal address	3 BROADLANDS		
	SHALDON		
	DEVON		
	Postcode	TQ14 0EH	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ROGER KIRK			
2	ANNE KIRK			
3	ALEXANDER KIRK			
4	THOMAS KIRK			
5	BEN GALLOWAY			
6	LEON WINSTON			
7	NICOLA CRUICKSHANK			
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

ROGER KIRK

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

CONSTITUTION

How the charity is constituted
(eg. trust, association, company)

TRUST

Trustee selection methods
(eg. appointed by, elected by)

APPOINTED BY EXISTING TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To support and motivate young people aged 7-19 in all branches of the arts in Teignbridge, South Devon, especially those lacking the financial means, to pursue their artistic ambitions.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Helen Foundation Awards in schools.
Grants to schools to engage professional artists to work with young people.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

• OPPORTUNITIES

- increasingly, schools are being urged to develop creative approaches to the curriculum and the arts are destined to play an increased role in developing the talents of young people
- the Covid-19 pandemic has shone a bright light on just how important the arts are to young people and their well-being
- young people's enthusiasm for the arts is evergreen and tv programmes such as *The X Factor* and *Strictly Come Dancing* are testimony to the wide-spread appeal of the Arts
- students are studying the arts and media in increasing numbers at university, fed not least by inspired teaching in their schools and the UK is a world leader in the creative industries
- being locally-based, there is a well of goodwill that the Foundation continues to draw upon
- success breeds success and each successful venture increases the profile and strengthens the Foundation's credibility as an organization that can deliver for young people
- there are opportunities to engage further Patrons and establish a sponsorship programme for the Foundation

THREATS

- Covid-19 still casts its shadow over schools, as they struggle to balance getting the children up-to-speed with STEM subjects that tends to push the Arts into the background
- sustaining funding for the charity's work after a bumper year (2021) that celebrated Helen's 40th birthday will be a great challenge and we need to be mindful of the altered national economic circumstances in which charities operate
- for this reason, a sustainable investment by the charity helps to generate income year on year for the charity
- curriculum and budgetary pressures in schools means reduced arts activity and fewer opportunities for young people participating in the arts
- the work of the Foundation falls very largely upon

the Trustees to carry out and is therefore vulnerable to the availability of their time and energy

- we are not large enough to consider employing staff so will need to remain realistic about our achievable goals
- all the work of the Foundation is carried out by volunteers and is therefore limited by their availability

REVISION TO SCOPE OF CHARITY'S WORK

Trustees decided at a meeting in November 2022 that the charity should focus exclusively on schools. This is in order to concentrate resources on where we see the greatest need, considering the pressures that schools are under to maintain and develop their arts curriculum.

The effect of this is to suspend for the foreseeable future disbursements for new bursaries and also for contributions to arts projects involving young people but not within schools. Existing bursaries will continue as long as the young person needs them and continues to meet the financial criteria.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- Foundation Awards operating in 10 Teignbridge schools
- 24 school-based workshops
- 1200+ young people benefited from THF activities

Section E

Financial review

Brief statement of the charity's policy on reserves

RESERVES POLICY

- It is a fundamental principle of the Foundation that its core work should be able to continue despite the inevitable ebb and flow of annual fund raising.
- It has therefore been agreed by the Trustees that a minimum of £120,000 should be held in secure funds to generate an annual income of approximately £4000. These funds are invested in a bank account and/or a spread of sustainable investments approved by the Trustees.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

- Normally, funding comes from a variety of courses:
 - Collecting boxes in business such as pubs and shops
 - Donations
 - Income from investments
- The charity has adopted a sustainable investment policy
- All funding supports the objectives of the charity. Being entirely volunteer driven, no salaries are paid and no rentals paid on premises used for the work of the charity

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Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	R M Kirk	Anne D. Kirk
Full name(s)	ROGER KIRK	ANNE KIRK
Position (eg Secretary, Chair, etc)	CHAIRMAN	TRUSTEE

Date

19/10/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

THE HELEN FOUNDATION

1113860

Receipts and payments accounts

CC16a

For the period
from

Period start date
01.12.2022

To

Period end date
31.12.2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants & Donations	13,496	-	-	13,496	63,527
Interest	57	-	-	57	6
Investment Income	4,462	-	-	4,462	4,113
Other	-	-	-	-	111
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18,015	-	-	18,015	67,757
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,015	-	-	18,015	67,757
A3 Payments					
Grants & Bursaries	36,660	-	-	36,660	17,907
Financial Expenses	524	-	-	524	1,973
Stationery	323	-	-	323	200
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	37,507	-	-	37,507	20,080
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	37,507	-	-	37,507	20,080
Net of receipts/(payments)	- 19,492	-	-	- 19,492	47,677
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 19,492	-	-	- 19,492	47,677

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Santander Bank	63,079	-	-
	Co-Op Bank	25,883	-	-
	Paypal	2,895	-	-
	Total cash funds	91,857	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Eden Tree Investments	Amity Balanced	60,000	50,450
	Eden Tree Investments	Amity Global Equity	20,000	23,592
	Bailie Gifford	Global Equity	10,000	11,618
	Rathbone	Ethical Bond	20,000	16,266
	Royal London	Sust Mge Inc	10,000	7,740

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	R M Kirk	



Section A

Independent Examiner's Report

Report to the trustees/
members of

THE HELEN FOUNDATION

On accounts for the year
ended

31 DECEMBER 2022

Charity no
(if any)

1113860

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

19/10/2023

Name:

GRAHAM BIZO

Relevant professional
qualification(s) or body
(if any):

INCORPORATED FINANCIAL ACCOUNTANT

Address:

Teign Accountancy Services
1 Charter House
Dawlish Business Park
Dawlish, Devon EX7 0NH

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.