

# THE HELEN FOUNDATION

England & Wales · Charity number 1113860

## Details

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**Other names** THF

**Status** Registered

**Legal form** Other

**Registered** 2006-04-24

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 3 Broadlands  
Shaldon  
Teignmouth  
TQ14 0EH

**Phone** 01626871076

**Email** [contact@thehelenfoundation.org.uk](mailto:contact@thehelenfoundation.org.uk)

**Website** [www.thehelenfoundation.org.uk](http://www.thehelenfoundation.org.uk)

## Activities

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**Objects:** IN RELATION TO THE ARTS, TO ADVANCE THE EDUCATION OF, TO PROMOTE THE PARTICIPATION OF AND TO DEVELOP THE TALENTS OF YOUNG PEOPLE AGED BETWEEN SEVEN (7) AND EIGHTEEN (18) WITHIN THE GEOGRAPHIC AREA COVERED BY TEIGNBRIDGE DISTRICT COUNCIL IN SOUTH DEVON.

**Activities:** The Helen Foundation was launched in January 2006 and is an arts-based charity which supports and motivates young people in all branches of the arts in Teignbridge, South Devon. The Helen Foundation provides prizes in schools, free arts-based workshops and bursaries.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** Education/training, Arts/culture/heritage/science
- **Who:** Children/young People

## Geography

- **Area of benefit:** TEIGNBRIDGE IN SOUTH DEVON.
- Devon

## Finances

| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £50,605 | £27,134     | -      | -         |
| 2023-12-31 | £31,144 | £20,962     | -      | -         |
| 2022-12-31 | £67,757 | £20,080     | -      | -         |
| 2021-12-31 | £67,757 | £20,081     | -      | -         |
| 2020-12-31 | £19,833 | £32,104     | -      | -         |

## Trustees

| Name                    | Role  | Appointed  |
|-------------------------|-------|------------|
| <b>MR R. M. KIRK</b>    | Chair |            |
| ALEXANDER CHARLES KIRK  |       |            |
| ANNE DULCE KIRK         |       |            |
| BEN WILLIAM GALLOWAY    |       |            |
| MR LEON WINSTON         |       |            |
| Nicola Jane Cruickshank |       | 2019-02-06 |
| THOMAS LEONARD KIRK     |       |            |

**THE HELEN FOUNDATION**

England & Wales - Charity number 1113860

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# Accounts

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# Trustees' Annual Report for the period

|             |                   |    |      |           |                 |    |      |
|-------------|-------------------|----|------|-----------|-----------------|----|------|
|             | Period start date |    |      |           | Period end date |    |      |
| <b>From</b> | 01                | 01 | 2024 | <b>To</b> | 31              | 12 | 2024 |

## Section A Reference and administration details

**Charity name**

THE HELEN FOUNDATION

**Other names charity is known by**

**Registered charity number (if any)**

1113860

**Charity's principal address**

3 BROADLANDS  
SHALDON  
  
**Postcode** TQ14 0EH

**Names of the charity trustees who manage the charity**

|    | Trustee name       | Office (if any)              | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------------|------------------------------|-----------------------------------|---|
| 1  | Nicola Cruickshank |                              |                                   |   |
| 2  | Ben Galloway       | Founding Trustee             |                                   |   |
| 3  | John Head          | Treasurer                    |                                   |   |
| 4  | Alexander Kirk     | Founding Trustee             |                                   |   |
| 5  | Anne Kirk          | Founding Trustee             |                                   |   |
| 6  | Roger Kirk         | Founding Trustee<br>Chairman |                                   |   |
| 7  | Thomas Kirk        | Founding Trustee             |                                   |   |
| 8  | Leon Winston       |                              |                                   |   |
| 9  |                    |                              |                                   |   |
| 10 |                    |                              |                                   |   |
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| 18 |                    |                              |                                   |   |
| 19 |                    |                              |                                   |   |
| 20 |                    |                              |                                   |   |

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

**Names and addresses of advisers (Optional information)**

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

**Name of chief executive or names of senior staff members (Optional information)**

|  |
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**Section B Structure, governance and management**

**Description of the charity's trusts**

|   |                               |
|---|-------------------------------|
| Type of governing document<br>(eg. trust deed, constitution)        | Charitable Trust              |
| How the charity is constituted<br>(eg. trust, association, company) |                               |
| Trustee selection methods<br>(eg. appointed by, elected by)         | Appointed by current Trustees |

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

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|--|
| In relation to the arts, to advance the educational, to promote the participation of and to develop the talents of young people age between seven and 18 years within the geographic area covered by Teignbridge District Council in South Devon |
|--|

1. **Working closely with Daisi (Charity No.1071762), to provide experienced and qualified arts practitioners for school-based workshops, with the costs heavily subsidised by The Helen Foundation.**
2. **Make The Helen Foundation Arts Awards available to all schools in Teignbridge at no cost to themselves.**

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

**Grants (subsidies for arts workshops) are available each year to state-funded schools in Teignbridge.**

**All the activities of the charity are carried out by volunteers.**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

**1458 young people across 28 schools benefited from participating in the charity's arts workshops.**

**83 young people participating in performances supported by The Ella Philp Fund (nested within the funds of The Helen Foundation)**

**90%+ approval of all young people surveyed that**

- a) they learned something new**
- b) they enjoyed the experience**

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Trustees have established a Reserves Policy within the context of the financial and other risks that are charity faces. The Reserves Policy is to maintain financial cash reserves at a level that will enable the charity to manage the risks associated with variations year-on-year in its fund raising ability. Trustees take the view that a cash balance of at least 24 months of operation running at current levels of expenditure would ensure that short-term fluctuations in income and unexpected operational expenditure can be covered satisfactorily with no loss of benefit to young people served by the charity.

### Details of any funds materially in deficit

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Balance carried in the current accounts are sufficient to fund work for two years ahead.**

**Any surplus is invested to produce a steady reliable income for the charity.**

**The principal sources of funding are regular donations, occasional supportive donations, collecting boxes and income from investments in ethical and sustainable funds.**

**The charity is determined that such investments as are chosen uphold ethical and sustainable principles in line with the principles outlined by UKSIF: <https://uksif.org/learn/what-is-sustainable-investing/>**

## Section F

## Other optional information

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## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |  |  |
|-------------------------------------|--|--|
| Signature(s)                        |  |  |
| Full name(s)                        |  |  |
| Position (eg Secretary, Chair, etc) |  |  |
| Date                                |  |  |



**Receipts and payments accounts**

|                            |                   |           |                 |
|----------------------------|-------------------|-----------|-----------------|
| <b>For the period from</b> | Period start date | <b>To</b> | Period end date |
|                            | 01.01.2024        |           | 31.12.2024      |

**Section A Receipts and payments**

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
| Grants & Donations                                    | 10,258                                 | -                                    | -                                   | 10,258                          | 10,933                        |
| Bequest   | 35,414                                 | -                                    | -                                   | 35,414                          | -                             |
| Interest  | 744                                    | -                                    | -                                   | 744                             | 501                           |
| Investment Income                                     | 4,189                                  | -                                    | -                                   | 4,189                           | 4,031                         |
| Fund Raising  | -                                      | -                                    | -                                   | -                               | 15,679                        |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>50,605</b>                          | <b>-</b>                             | <b>-</b>                            | <b>50,605</b>                   | <b>31,144</b>                 |
| <b>A2 Asset and investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>50,605</b>                          | <b>-</b>                             | <b>-</b>                            | <b>50,605</b>                   | <b>31,144</b>                 |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
| Grants & Bursaries                                    | 26,084                                 | -                                    | -                                   | 26,084                          | 20,525                        |
| Financial Expenses                                    | 216                                    | -                                    | -                                   | 216                             | 216                           |
| Stationery & Trustee Expenses                         | 834                                    | -                                    | -                                   | 834                             | 221                           |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>27,134</b>                          | <b>-</b>                             | <b>-</b>                            | <b>27,134</b>                   | <b>20,962</b>                 |
| <b>A4 Asset and investment purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>27,134</b>                          | <b>-</b>                             | <b>-</b>                            | <b>27,134</b>                   | <b>20,962</b>                 |
| <b>Net of receipts/(payments)</b>                     | <b>23,471</b>                          | <b>-</b>                             | <b>-</b>                            | <b>23,471</b>                   | <b>10,182</b>                 |
| <b>A5 Transfers between funds</b>                     | -                                      | -                                    | -                                   | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Cash funds this year end</b>                       | <b>23,471</b>                          | <b>-</b>                             | <b>-</b>                            | <b>23,471</b>                   | <b>10,182</b>                 |

**Section B Statement of assets and liabilities at the end of the period**

| Categories           | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> | Santander Bank   | 94,872                             | -                                | -                               |
|                      | Co-op Bank   | 27,618                             | -                                | -                               |
|                      | Paypal Account   | 2,876                              | -                                | -                               |
|                      | <b>Total cash funds</b>                                | <b>125,366</b>                     | <b>-</b>                         | <b>-</b>                        |
|                      | (agree balances with receipts and payments account(s)) | Agreement Error                    | OK                               | OK                              |

|                                 | <b>Unrestricted funds</b><br>to nearest £ | <b>Restricted funds</b><br>to nearest £ | <b>Endowment funds</b><br>to nearest £ |
|---------------------------------|---|---|--|
| <b>B2 Other monetary assets</b> |   |   |  |
| <b>Details</b>                  |   |   |  |
|                                 | -   | -                                       | -                                      |
|                                 | -   | -                                       | -                                      |
|                                 | -   | -                                       | -                                      |
|                                 | -   | -                                       | -                                      |
|                                 | -   | -                                       | -                                      |
|                                 | -   | -                                       | -                                      |

|                             | <b>Fund to which asset belongs</b> | <b>Cost (optional)</b> | <b>Current value (optional)</b> |
|-----------------------------|------------------------------------|------------------------|---------------------------------|
| <b>B3 Investment assets</b> |                                    |                        |                                 |
| <b>Details</b>              |                                    |                        |                                 |
| Eden Tree                   | Managed Inc                        | 80,000                 | 76,798                          |
| Aviva Platform              | Baillie Gifford                    | 10,000                 | 14,022                          |
| Aviva Platform              | Rathbone                           | 20,000                 | 16,974                          |
| Aviva Platform              | Royal London                       | 10,000                 | 8,016                           |
| Aviva Platform              | Cash                               | -                      | 18                              |

|   | <b>Fund to which asset belongs</b> | <b>Cost (optional)</b> | <b>Current value (optional)</b> |
|---|------------------------------------|------------------------|---------------------------------|
| <b>B4 Assets retained for the charity's own use</b> |                                    |                        |                                 |
| <b>Details</b>                                      |                                    |                        |                                 |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |
|   |                                    | -                      | -                               |

|                       | <b>Fund to which liability relates</b> | <b>Amount due (optional)</b> | <b>When due (optional)</b> |
|-----------------------|--|------------------------------|----------------------------|
| <b>B5 Liabilities</b> |  |                              |                            |
| <b>Details</b>        |  |                              |                            |
|                       |  | -                            |                            |
|                       |  | -                            |                            |
|                       |  | -                            |                            |
|                       |  | -                            |                            |
|                       |  | -                            |                            |

Signed by one or two trustees on behalf of all the trustees

| <b>Signature</b> | <b>Print Name</b> | <b>Date of approval</b> |
|------------------|-------------------|-------------------------|
|                  | Roger Kirk        |                         |
|                  | Anne Kirk         |                         |



Section A Independent Examiner's Report

Report to the trustees

Charity Name THE HELEN FOUNDATION

On accounts for the year ended

31 DECEMBER 2024 Charity no (if any) 1113860

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

14/10/2025

Name:

Graham Bird

Relevant professional qualification(s) or body

Institute of Financial Accountants

|           |  |                            |  |
|-----------|--|----------------------------|--|
| (if any): |  | Teign Accountancy Services |  |
| Address:  |  | 1 Charter House            |  |
|           |  | Dawlish Business Park      |  |
|           |  | Dawlish, Devon EX7 0NH     |  |
|           |  |                            |  |

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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**THE HELEN FOUNDATION**

England & Wales - Charity number 1113860

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# Accounts

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## Trustees' Annual Report for the period

From

Period start date: 1st January 2023 Period end date: 31<sup>st</sup> December 2023

Charity name: THE HELEN FOUNDATION

Charity registration number: 1113860

## Objectives and Activities

|  | SORP reference     |  |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document  | Para 1.17          | <b>To encourage and support young people in Teignbridge, South Devon to experience hands-on high-quality quality arts workshops</b>  |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | <b>1. Working closely with Daisi (Charity No.1071762), to provide experienced and qualified arts practitioners for school-based workshops, with the costs heavily subsidised by The Helen Foundation.<br/>2. Make The Helen Foundation Arts Awards available to all schools in Teignbridge at no cost to themselves.</b> |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit   | Para 1.18          | <b>Trustees have confirmed (May 2024) that they have regard to the Charity Commission guidance on public benefit.</b>  |

### Additional information (optional)

You may choose to include further statements where relevant about:

|  | SORP reference |  |
|--|----------------|--|
| Policy on grant making   | Para 1.38      | <b>Grants (subsidies for arts workshops) are available each year to state-funded schools in Teignbridge.</b> |
| Policy on social investment including program related investment | Para 1.38      |  |
| Contribution made by volunteers                                  | Para 1.38      | <b>All the activities of the charity are carried out by volunteers.</b>                                      |

|       |  |  |
|-------|--|--|
|       |  |  |
| Other |  |  |

## Achievements and Performance

|   | SORP reference |  |
|---|----------------|--|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p><b>1457 young people across 27 schools benefited from participating in the charity's arts workshops.</b></p> <p><b>90%+ approval that</b></p> <ul style="list-style-type: none"> <li><b>a) they learned something new</b></li> <li><b>b) they enjoyed the experience</b></li> </ul> |

### Additional information (optional)

You may choose to include further statements where relevant about:

|  |           |  |
|--|-----------|--|
| Achievements against objectives set                          | Para 1.41 |  |
| Performance of fundraising activities against objectives set | Para 1.41 |  |
| Investment performance against objectives                    | Para 1.41 |  |
| Other  |           |  |

## Financial Review

|  |           |   |
|--|-----------|---|
| Review of the charity's financial position at the end of the period              | Para 1.21 | <b>As shown in the annual accounts, the charity shows a strong balance sheet.</b>   |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | <b>Balance carried in the current accounts are sufficient to fund work for the year ahead.<br/>Any surplus is invested to produce a steady reliable income to the charity</b> |
| Amount of reserves held  | Para 1.22 | <b>£35,000 – reviewed annually</b>  |
| Reasons for holding zero reserves  | Para 1.22 | <b>N/A</b>  |
| Details of fund materially in deficit  | Para 1.24 | <b>N/A</b>  |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | <b>Trustees keep the charity's future under constant review.</b>  |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 | <b>Collecting boxes<br/>Regular donations<br/>Charity auctions<br/>Legacies</b>  |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | <b>Charity investments are only invested in ethical and sustainable funds.</b>   |
| A description of the principal risks facing the charity                         | Para 1.46 | <b>Ageing trustees and key volunteers.<br/>Trustees conscious of need to keep the charity's sustainability under regular review.</b> |
| Other   |           |  |

## Structure, Governance and Management

|   |           |  |
|---|-----------|--|
| Description of charity's trusts:  |           |  |
| Type of governing document<br>( <a href="#">trust deed</a> , <a href="#">royal charter</a> )  | Para 1.25 | <b>Declaration of Trust dated 2006</b>   |
| How is the charity constituted?<br>(e.g. <a href="#">unincorporated association</a> , <a href="#">CIO</a> )   | Para 1.25 | <b>Charitable status granted 2006<br/>No. 1113860</b>  |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | <b>Trustees collectively decide on size and skill-set of trustees, recruiting as needed.</b> |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 |  |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 |  |
| Relationship with any related parties   | Para 1.51 |  |
| Other   |           |  |

## Reference and Administrative details

|                             |                                      |
|-----------------------------|--------------------------------------|
| Charity name                | THEHELEN FOUNDATION                  |
| Other name the charity uses | THF                                  |
| Registered charity number   | 1113860                              |
| Charity's principal address | 3 BROADLANDS<br>SHASLDON<br>TQ14 0EH |
|                             |                                      |

**Names of the charity trustees who manage the charity**

|    | <b>Trustee name</b> | <b>Office (if any)</b> | <b>Dates acted if not for whole year</b> | <b>Name of person (or body) entitled to appoint trustee (if any)</b> |
|----|---------------------|------------------------|--|--|
| 1  | Anne Kirk           |                        |  |  |
| 2  | Roger Kirk          | Chair                  |  |  |
| 3  | Alexander Kirk      |                        |  |  |
| 4  | Thomas Kirk         |                        |  |  |
| 5  | Ben Galloway        |                        |  |  |
| 6  | Nicola Cruickshank  |                        |  |  |
| 7  | Leon Winston        |                        |  |  |
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| 20 |                     |                        |  |  |

**Corporate trustees – names of the directors at the date the report was approved**

| <b>Director name</b> |  |  |
|----------------------|--|--|
|                      |  |  |
|                      |  |  |
|                      |  |  |
|                      |  |  |
|                      |  |  |
|                      |  |  |

**Name of trustees holding title to property belonging to the charity**

| <b>Trustee name</b> | <b>Dates acted if not for whole year</b> |  |
|---------------------|--|--|
|                     |  |  |
|                     |  |  |
|                     |  |  |
|                     |  |  |
|                     |  |  |

## Funds held as custodian trustees on behalf of others

|   |  |
|---|--|
| Description of the assets held in this capacity   |  |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects |  |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         |  |

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

#### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

|  |
|--|
|  |
|--|

## Other optional information

|  |
|--|
|  |
|--|

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

|  |  |
|--|--|
|  |  |
|--|--|

Full name(s)

|                 |                    |
|-----------------|--------------------|
| Anne Dulce Kirk | Roger Malcolm Kirk |
|-----------------|--------------------|

Position (eg Secretary,  
Chair, etc)

|         |                   |
|---------|-------------------|
| Trustee | Trustee and Chair |
|---------|-------------------|

Date

|             |
|-------------|
| 26 May 2024 |
|-------------|

**Unrestricted funds**

**Restricted funds**

**Endowment funds**

**Other monetary assets**

| Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------|------------------------------------|----------------------------------|---------------------------------|
|         | -                                  | -                                | -                               |
|         | -                                  | -                                | -                               |
|         | -                                  | -                                | -                               |
|         | -                                  | -                                | -                               |
|         | -                                  | -                                | -                               |
|         | -                                  | -                                | -                               |

**Investment assets**

| Details         | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------|-----------------------------|-----------------|--------------------------|
| Edem Tree       | Managed Inc                 | 80,000          | 76,373                   |
| Aviva Plattform | Baillie Gifford             | 10,000          | 13,224                   |
| Aviva Plattform | Rathbone                    | 20,000          | 17,021                   |
| Aviva Plattform | Royal London                | 10,000          | 8,068                    |
| Aviva Plattform | Cash                        | -               | 4                        |

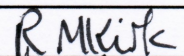
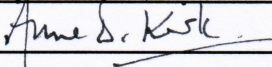
**Assets retained for the charity's own use**

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---------|-----------------------------|-----------------|--------------------------|
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |
|         |                             | -               | -                        |

**Liabilities**

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---------|---------------------------------|-----------------------|---------------------|
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |

Approved by one or two trustees on behalf of all the trustees

| Signature   | Print Name | Date of approval |
|---|------------|------------------|
|  | ROGER KIRK | 29/07/2024       |
|  | ANNE KIRK  | 24/7/24          |



Section A Independent Examiner's Report

Report to the trustees

Charity Name THE HELEN FOUNDATION

On accounts for the year ended

31 DECEMBER 2023 Charity no (if any) 1113860

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 19/07/2024

Name: GRAHAM BORG

Relevant professional qualification(s) or body

FFA (INSTITUTE OF FINANCIAL ACCOUNTANTS)

(if any):

Address:

|                            |
|----------------------------|
| Teign Accountancy Services |
| 1 Charter House            |
| Dawlish Business Park      |
| Dawlish, Devon EX7 0JH     |

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

**THE HELEN FOUNDATION**

England & Wales - Charity number 1113860

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# Accounts

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| Trustees' Annual Report for the period |     |       |                 |    |     |       |      |
|--|-----|-------|-----------------|----|-----|-------|------|
| Period start date                      |     |       | Period end date |    |     |       |      |
| From                                   | Day | Month | Year            | To | Day | Month | Year |
|  | 01  | 01    | 2022            |    | 31  | 12    | 2022 |

**Section A Reference and administration details**

Charity name **THE HELEN FOUNDATION**

Other names charity is known by **THF**

Registered charity number (if any) **1113860**

Charity's principal address **3 BROADLANDS**  
**SHALDON**  
**DEVON**  
**Postcode** **TQ14 0EH**

**Names of the charity trustees who manage the charity**

|    | Trustee name       | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------------|-----------------|-----------------------------------|---|
| 1  | ROGER KIRK         |                 |                                   |   |
| 2  | ANNE KIRK          |                 |                                   |   |
| 3  | ALEXANDER KIRK     |                 |                                   |   |
| 4  | THOMAS KIRK        |                 |                                   |   |
| 5  | BEN GALLOWAY       |                 |                                   |   |
| 6  | LEON WINSTON       |                 |                                   |   |
| 7  | NICOLA CRUICKSHANK |                 |                                   |   |
| 8  |                    |                 |                                   |   |
| 9  |                    |                 |                                   |   |
| 10 |                    |                 |                                   |   |
| 11 |                    |                 |                                   |   |
| 12 |                    |                 |                                   |   |
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| 17 |                    |                 |                                   |   |
| 18 |                    |                 |                                   |   |
| 19 |                    |                 |                                   |   |
| 20 |                    |                 |                                   |   |

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

|  |  |
|--|--|
|  |  |
|  |  |

**Names and addresses of advisers (Optional information)**

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

**Name of chief executive or names of senior staff members (Optional information)**

ROGER KIRK

**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document  
(eg. trust deed, constitution)

CONSTITUTION

How the charity is constituted  
(eg. trust, association, company)

TRUST

Trustee selection methods  
(eg. appointed by, elected by)

APPOINTED BY EXISTING TRUSTEES

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To support and motivate young people aged 7-19 in all branches of the arts in Teignbridge, South Devon, especially those lacking the financial means, to pursue their artistic ambitions.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Helen Foundation Awards in schools.  
Grants to schools to engage professional artists to work with young people.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**• OPPORTUNITIES**

- increasingly, schools are being urged to develop creative approaches to the curriculum and the arts are destined to play an increased role in developing the talents of young people
- the Covid-19 pandemic has shone a bright light on just how important the arts are to young people and their well-being
- young people's enthusiasm for the arts is evergreen and tv programmes such as *The X Factor* and *Strictly Come Dancing* are testimony to the wide-spread appeal of the Arts
- students are studying the arts and media in increasing numbers at university, fed not least by inspired teaching in their schools and the UK is a world leader in the creative industries
- being locally-based, there is a well of goodwill that the Foundation continues to draw upon
- success breeds success and each successful venture increases the profile and strengthens the Foundation's credibility as an organization that can deliver for young people
- there are opportunities to engage further Patrons and establish a sponsorship programme for the Foundation

**THREATS**

- Covid-19 still casts its shadow over schools, as they struggle to balance getting the children up-to-speed with STEM subjects that tends to push the Arts into the background
- sustaining funding for the charity's work after a bumper year (2021) that celebrated Helen's 40<sup>th</sup> birthday will be a great challenge and we need to be mindful of the altered national economic circumstances in which charities operate
- for this reason, a sustainable investment by the charity helps to generate income year on year for the charity
- curriculum and budgetary pressures in schools means reduced arts activity and fewer opportunities for young people participating in the arts
- the work of the Foundation falls very largely upon

the Trustees to carry out and is therefore vulnerable to the availability of their time and energy

- we are not large enough to consider employing staff so will need to remain realistic about our achievable goals
- all the work of the Foundation is carried out by volunteers and is therefore limited by their availability

#### **REVISION TO SCOPE OF CHARITY'S WORK**

Trustees decided at a meeting in November 2022 that the charity should focus exclusively on schools. This is in order to concentrate resources on where we see the greatest need, considering the pressures that schools are under to maintain and develop their arts curriculum.

The effect of this is to suspend for the foreseeable future disbursements for new bursaries and also for contributions to arts projects involving young people but not within schools. Existing bursaries will continue as long as the young person needs them and continues to meet the financial criteria.

## Section D

## Achievements and performance

Summary of the main achievements of the charity during the year

- Foundation Awards operating in 10 Teignbridge schools
- 24 school-based workshops
- 1200+ young people benefited from THF activities

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

### RESERVES POLICY

- It is a fundamental principle of the Foundation that its core work should be able to continue despite the inevitable ebb and flow of annual fund raising.
- It has therefore been agreed by the Trustees that a minimum of £120,000 should be held in secure funds to generate an annual income of approximately £4000. These funds are invested in a bank account and/or a spread of sustainable investments approved by the Trustees.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

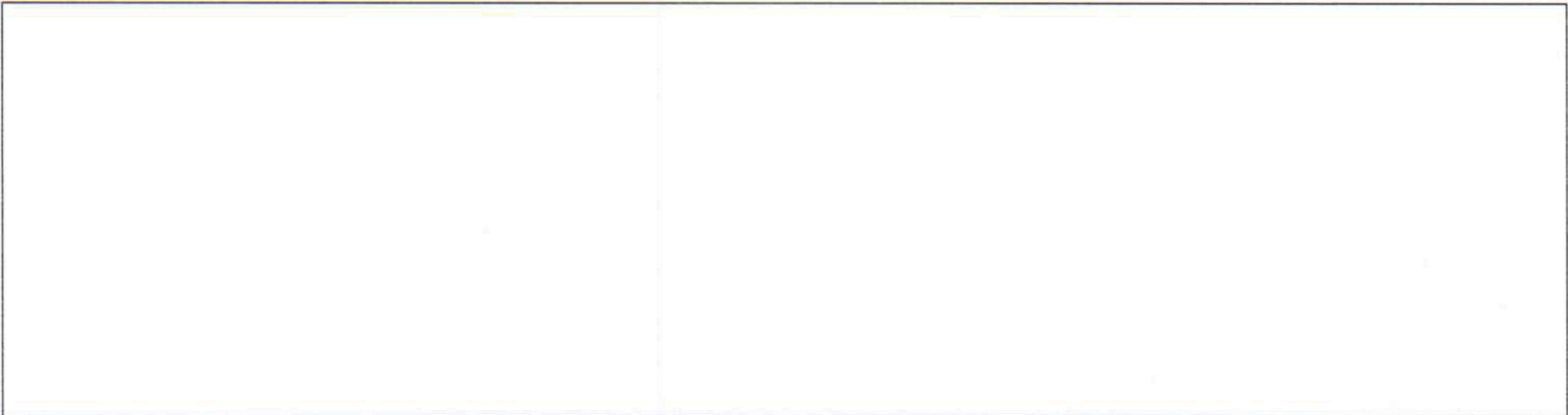
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

- Normally, funding comes from a variety of courses:
  - Collecting boxes in business such as pubs and shops
  - Donations
  - Income from investments
- The charity has adopted a sustainable investment policy
- All funding supports the objectives of the charity. Being entirely volunteer driven, no salaries are paid and no rentals paid on premises used for the work of the charity

- 

## Section F

## Other optional information



**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |                 |                     |
|-------------------------------------|-----------------|---------------------|
| Signature(s)                        | <i>R M Kirk</i> | <i>Anne D. Kirk</i> |
| Full name(s)                        | ROGER KIRK      | ANNE KIRK           |
| Position (eg Secretary, Chair, etc) | CHAIRMAN        | TRUSTEE             |
| Date                                | 19/10/2023      |                     |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

THE HELEN FOUNDATION

1113860

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01.12.2022

To

Period end date  
31.12.2022

### Section A Receipts and payments

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
| Grants & Donations                                    | 13,496                                 | -                                    | -                                   | 13,496                          | 63,527                        |
| Interest  | 57                                     | -                                    | -                                   | 57                              | 6                             |
| Investment Income                                     | 4,462                                  | -                                    | -                                   | 4,462                           | 4,113                         |
| Other   | -                                      | -                                    | -                                   | -                               | 111                           |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>18,015</b>                          | <b>-</b>                             | <b>-</b>                            | <b>18,015</b>                   | <b>67,757</b>                 |
| <b>A2 Asset and investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>18,015</b>                          | <b>-</b>                             | <b>-</b>                            | <b>18,015</b>                   | <b>67,757</b>                 |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
| Grants & Bursaries                                    | 36,660                                 | -                                    | -                                   | 36,660                          | 17,907                        |
| Financial Expenses                                    | 524                                    | -                                    | -                                   | 524                             | 1,973                         |
| Stationery  | 323                                    | -                                    | -                                   | 323                             | 200                           |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>37,507</b>                          | <b>-</b>                             | <b>-</b>                            | <b>37,507</b>                   | <b>20,080</b>                 |
| <b>A4 Asset and investment purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>37,507</b>                          | <b>-</b>                             | <b>-</b>                            | <b>37,507</b>                   | <b>20,080</b>                 |
| <b>Net of receipts/(payments)</b>                     | <b>- 19,492</b>                        | <b>-</b>                             | <b>-</b>                            | <b>- 19,492</b>                 | <b>47,677</b>                 |
| A5 Transfers between funds                            | -                                      | -                                    | -                                   | -                               | -                             |
| A6 Cash funds last year end                           | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Cash funds this year end</b>                       | <b>- 19,492</b>                        | <b>-</b>                             | <b>-</b>                            | <b>- 19,492</b>                 | <b>47,677</b>                 |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> | Santander Bank   | 63,079                             | -                                | -                               |
|                      | Co-Op Bank   | 25,883                             | -                                | -                               |
|                      | Paypal   | 2,895                              | -                                | -                               |
|                      | <b>Total cash funds</b>                                | <b>91,857</b>                      | -                                | -                               |
|                      | (agree balances with receipts and payments account(s)) | Agreement Error                    | OK                               | OK                              |

| Categories                      | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

| Categories                  | Details               | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|-----------------------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> | Eden Tree Investments | Amity Balanced              | 60,000          | 50,450                   |
|                             | Eden Tree Investments | Amity Global Equity         | 20,000          | 23,592                   |
|                             | Bailie Gifford        | Global Equity               | 10,000          | 11,618                   |
|                             | Rathbone              | Ethical Bond                | 20,000          | 16,266                   |
|                             | Royal London          | Sust Mge Inc                | 10,000          | 7,740                    |

| Categories  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

| Categories            | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------|------------|------------------|
|           | R M Kirk   |                  |
|           |            |                  |



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

THE HELEN FOUNDATION

**On accounts for the year  
ended**

31 DECEMBER 2022

**Charity no  
(if any)**

1113860

**Set out on pages**

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

**Date:**

19/10/2023

**Name:**

GRAHAM BERO

**Relevant professional  
qualification(s) or body  
(if any):**

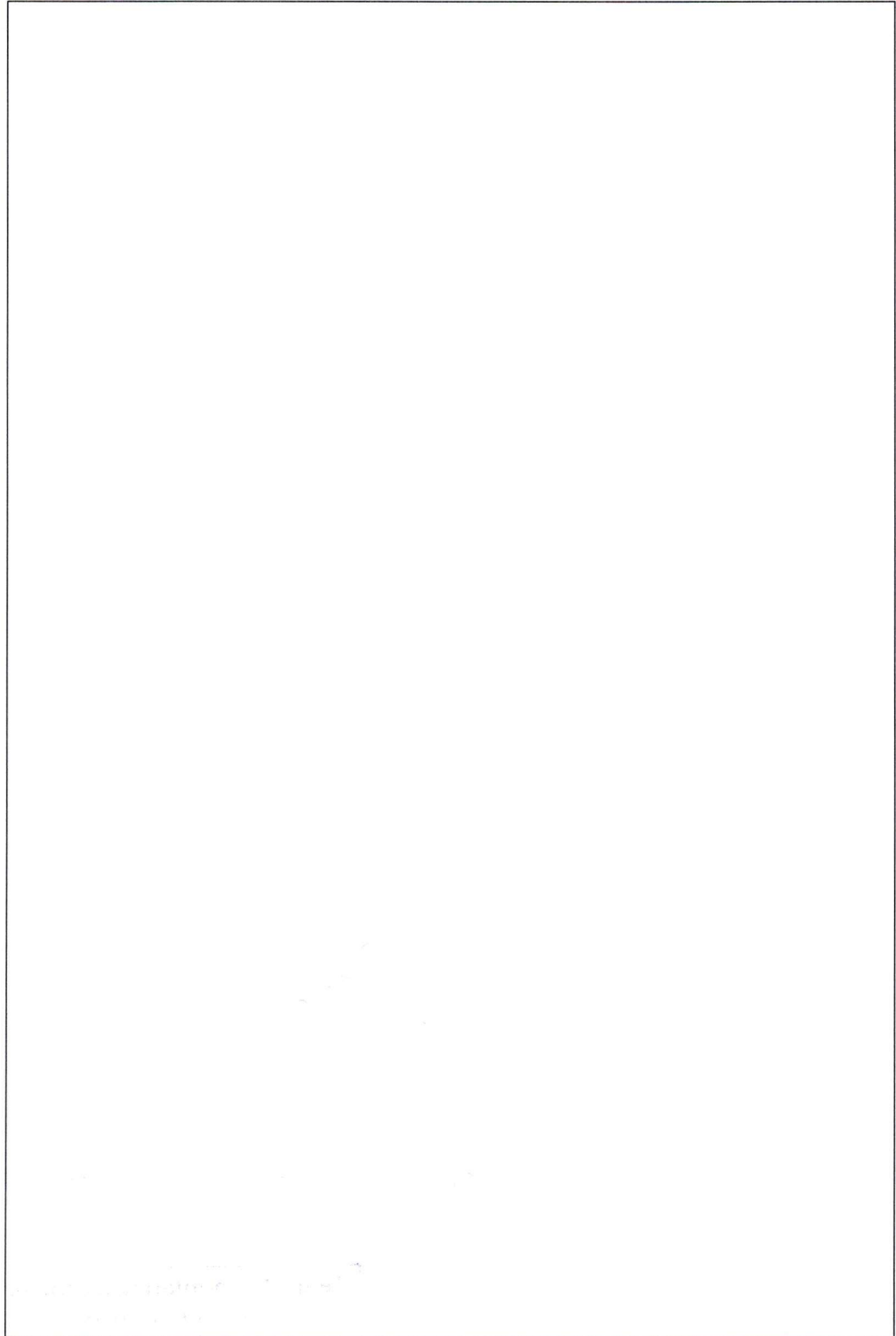
INCORPORATED FINANCIAL ACCOUNTANT

**Address:**

|                            |
|----------------------------|
| Teign Accountancy Services |
| 1 Charter House            |
| Dawlish Business Park      |
| Dawlish, Devon EX7 0NH     |

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**



**THE HELEN FOUNDATION**

England & Wales - Charity number 1113860

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# Accounts

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# Trustees' Annual Report for the period

|             |                   |             |              |           |                 |             |              |
|-------------|-------------------|-------------|--------------|-----------|-----------------|-------------|--------------|
| <b>From</b> | Period start date |             |              | <b>To</b> | Period end date |             |              |
|             | Day<br>01         | Month<br>01 | Year<br>2021 |           | Day<br>31       | Month<br>12 | Year<br>2021 |

## Section A Reference and administration details

|   |   |                 |
|---|---|-----------------|
| <b>Charity name</b>                       | <b>THE HELEN FOUNDATION</b>   |                 |
| <b>Other names charity is known by</b>    | <b>THF</b>  |                 |
| <b>Registered charity number (if any)</b> | 1113860   |                 |
| <b>Charity's principal address</b>        | 3 BROADLANDS  |                 |
|   | SHALDON   |                 |
|   | DEVON   |                 |
|   | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;"><b>Postcode</b></td> <td style="border: 1px solid black; padding: 5px;">TQ14 0EH</td> </tr> </table> | <b>Postcode</b> |
| <b>Postcode</b>                           | TQ14 0EH  |                 |

### Names of the charity trustees who manage the charity

|    | Trustee name       | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------------|-----------------|-----------------------------------|---|
| 1  | ROGER KIRK         |                 |                                   |   |
| 2  | ANNE KIRK          |                 |                                   |   |
| 3  | ALEXANDER KIRK     |                 |                                   |   |
| 4  | THOMAS KIRK        |                 |                                   |   |
| 5  | BEN GALLOWAY       |                 |                                   |   |
| 6  | LEON WINSTON       |                 |                                   |   |
| 7  | NICOLA CRUICKSHANK |                 |                                   |   |
| 8  |                    |                 |                                   |   |
| 9  |                    |                 |                                   |   |
| 10 |                    |                 |                                   |   |
| 11 |                    |                 |                                   |   |
| 12 |                    |                 |                                   |   |
| 13 |                    |                 |                                   |   |
| 14 |                    |                 |                                   |   |
| 15 |                    |                 |                                   |   |
| 16 |                    |                 |                                   |   |
| 17 |                    |                 |                                   |   |
| 18 |                    |                 |                                   |   |
| 19 |                    |                 |                                   |   |
| 20 |                    |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |

|  |  |
|--|--|
|  |  |
|--|--|

**Names and addresses of advisers (Optional information)**

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

**Name of chief executive or names of senior staff members (Optional information)**

|            |
|------------|
| ROGER KIRK |
|------------|

**Section B Structure, governance and management**

**Description of the charity's trusts**

|  |                                |
|--|--------------------------------|
| Type of governing document<br><small>(eg. trust deed, constitution)</small>        | CONSTITUTION                   |
| How the charity is constituted<br><small>(eg. trust, association, company)</small> | TRUST                          |
| Trustee selection methods<br><small>(eg. appointed by, elected by)</small>         | APPOINTED BY EXISTING TRUSTEES |

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To support and motivate young people aged 7-19 in all branches of the arts in Teignbridge, South Devon, especially those lacking the financial means, to pursue their artistic ambitions.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Helen Foundation Awards in schools.  
Grants to schools to engage professional artists to work with children.  
Bursaries for young people, e.g., for out-of-school music lessons  
Grants for special projects, e.g., joint schools' projects.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**• OPPORTUNITIES**

- increasingly, schools are being urged to develop creative approaches to the curriculum and the arts are destined to play an increased role in developing the talents of young people
- the Covid-19 pandemic has shone a bright light on just how important the arts are to young people and their well-being
- young people's enthusiasm for the arts is evergreen and tv programmes such as *The X Factor* and *Strictly Come Dancing* are testimony to the wide-spread appeal of the Arts
- students are studying the arts and media in increasing numbers at university, fed not least by inspired teaching in their schools and the UK is a world leader in the creative industries
- being locally-based, there is a well of goodwill that the Foundation continues to draw upon
- success breeds success and each successful venture increases the profile and strengthens the Foundation's credibility as an organization that can deliver for young people
- there are opportunities to engage further Patrons and establish a sponsorship programme for the Foundation

**THREATS**

- Covid-19 still casts its shadow over schools, as they struggle to balance getting the children up-to-speed with STEM subjects that tends to push the Arts into the background
- sustaining funding for the charity's work after a bumper year that celebrated Helen's 40<sup>th</sup> birthday will be a great challenge and we need to be mindful of the altered national economic circumstances in which charities operate
- for this reason, an ethical investment by the charity helps to generate income year on year for the charity
- curriculum and budgetary pressures in schools means reduced arts activity and fewer opportunities for young people participating in the arts
- the work of the Foundation falls very largely upon

the Trustees to carry out and is therefore vulnerable to the availability of their time and energy

- we are not large enough to consider employing staff so will need to remain realistic about our achievable goals
- all the work of the Foundation is carried out by volunteers and is therefore limited by their availability

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

- Foundation Awards operating in 10 Teignbridge schools
- 7 individual bursaries awarded
- 21 school-based workshops
- 1200+ young people benefited from THF activities
- THF 40for40 campaign celebrating Helen's 40<sup>th</sup> birthday exceeds £40,000 fund-raising target to raise £60,000
- Successful fund-raising allows THF to create The Helen Foundation Arts Recovery Fund (THFARF) that more than doubles the 2020 amount available to schools to spend on arts activities. For 2021, primary schools were offered £1000, and secondary and special schools £2000. Schools will be able to continue to draw on the THFARF during 2022-2023

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

#### RESERVES POLICY

- It is a fundamental principle of the Foundation that its core work should be able to continue despite the inevitable ebb and flow of annual fund raising.
- It has therefore been agreed by the Trustees that a minimum of £120,000 should be held in secure funds to generate an annual income of approximately £4000. These funds are invested in a bank account and/or a spread of ethical investments approved by the Trustees.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

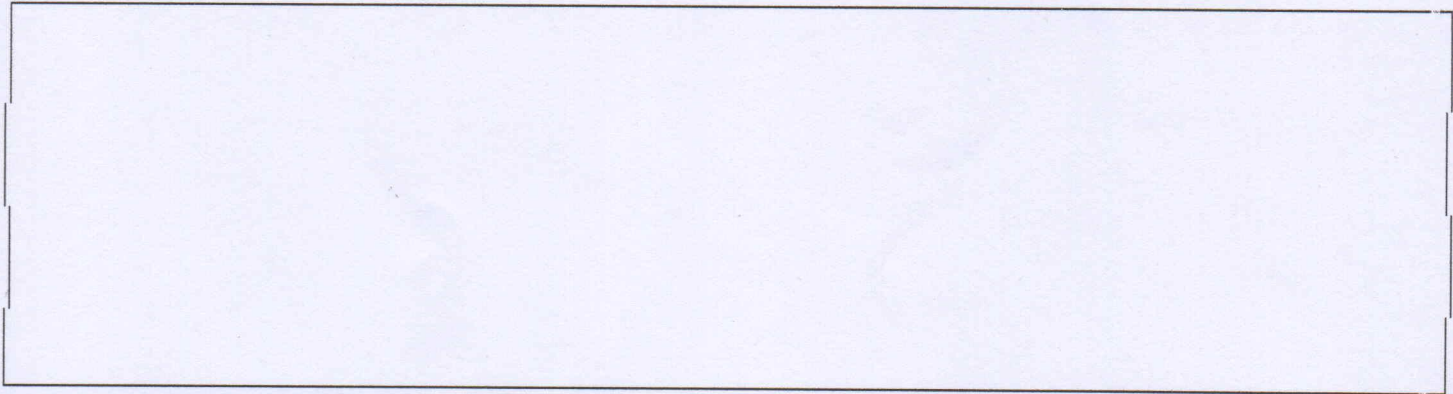
You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

- The charity benefited in 2021 from exceptional income from the THf 40for40 campaign
- Normally, funding comes from a variety of courses:
  - Collecting boxes in business such as pubs and shops
  - Donations
  - Income from investments
- The charity has adopted a sustainable and ethical investment policy
- All funding supports the objectives of the charity. Being entirely volunteer driven, no salaries are paid and no rentals paid on premises used for the work of the charity

## Section F

## Other optional information



**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |            |              |
|-------------------------------------|------------|--------------|
| Signature(s)                        | R M Kirk   | Anne D. Kirk |
| Full name(s)                        | ROGER KIRK | ANNE KIRK    |
| Position (eg Secretary, Chair, etc) | CHAIRMAN   | TRUSTEE      |
| Date                                | 03/08/2022 |              |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**THE HELEN FOUNDATION**

No (if any)  
1113860

CC16a

### Receipts and payments accounts

|                        |                                 |    |                               |
|------------------------|---------------------------------|----|-------------------------------|
| For the period<br>from | Period start date<br>01/01/2021 | To | Period end date<br>31/12/2021 |
|------------------------|---------------------------------|----|-------------------------------|

#### Section A Receipts and payments

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
| Donations/Legacies/Grants                             | 5,411                                  | -                                    | -                                   | 5,411                           | 6,382                         |
| Fundraising Events                                    | 58,116                                 | -                                    | -                                   | 58,116                          | 6,764                         |
| Interest on Deposit Account                           | 6                                      | -                                    | -                                   | 6                               | 193                           |
| Investment Income Dividends                           | 4,113                                  | -                                    | -                                   | 4,113                           | 3,424                         |
| Other   | 111                                    | -                                    | -                                   | 111                             | 3,070                         |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>67,757</b>                          | <b>-</b>                             | <b>-</b>                            | <b>67,757</b>                   | <b>19,833</b>                 |
| <b>A2 Asset and investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>67,757</b>                          | <b>-</b>                             | <b>-</b>                            | <b>67,757</b>                   | <b>19,833</b>                 |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
| Cost of Charitable Activities                         | 1,974                                  | -                                    | -                                   | 1,974                           | 2,665                         |
| Grants and Donations Paid                             | 17,907                                 | -                                    | -                                   | 17,907                          | 6,209                         |
| Investments   | -                                      | -                                    | -                                   | -                               | 20,229                        |
| Other   | 200                                    | -                                    | -                                   | 200                             | 3,000                         |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>20,081</b>                          | <b>-</b>                             | <b>-</b>                            | <b>20,081</b>                   | <b>32,103</b>                 |
| <b>A4 Asset and investment purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>20,081</b>                          | <b>-</b>                             | <b>-</b>                            | <b>20,081</b>                   | <b>32,103</b>                 |
| <b>Net of receipts/(payments)</b>                     | <b>47,676</b>                          | <b>-</b>                             | <b>-</b>                            | <b>47,676</b>                   | <b>12,270</b>                 |
| A5 Transfers between funds                            | -                                      | -                                    | -                                   | -                               | -                             |
| A6 Cash funds last year end                           | 62,671                                 | -                                    | -                                   | 62,671                          | -                             |
| <b>Cash funds this year end</b>                       | <b>110,347</b>                         | <b>-</b>                             | <b>-</b>                            | <b>110,347</b>                  | <b>12,270</b>                 |

## Section B Statement of assets and liabilities at the end of the period

| Categories   | Details                 | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|--|-------------------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>                                   | Santander Bank Account  | 83,113                             | -                                | -                               |
|  | CO-OP Cash Account      | 24,484                             | -                                | -                               |
|  | Paypal Account          | 2,750                              | -                                | -                               |
|  | <b>Total cash funds</b> | <b>110,347</b>                     | <b>-</b>                         | <b>-</b>                        |
| (agree balances with receipts and payments account(s)) |                         |                                    |                                  |                                 |

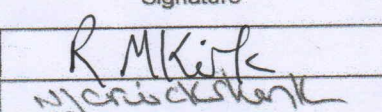
|                                 | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

|                             | Details                         | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------------------------------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> | Aviva Platform Wrap             | Rathbone Ethical Bond       | -               | -                        |
|                             | Eden Tree Investment Management | Eden Tree Amity             | -               | -                        |
|                             |                                 |                             | -               | -                        |
|                             |                                 |                             | -               | -                        |
|                             |                                 |                             | -               | -                        |

|   | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

|                       | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature   | Print Name           | Date of approval |
|---|----------------------|------------------|
|  | ROGER M KIRK         | 20/07/2022       |
|  | NICOLA J CRUICKSHANK | 20/07/2022       |



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name THE HELEN FOUNDATION

On accounts for the year ended

31/12/21 Charity no (if any) 1113860

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
• the accounts did not accord with the accounting records; or
• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 08/09/2022

Name: GRUAN BROS FFA

Relevant professional qualification(s) or body (if any):

INCORPORATED FINANCIAL ACCOUNTANT.

|          |   |
|----------|---|
| Address: | Teign Accountancy Services                      |
|          | 1 Charter House                                 |
|          | Dawlish Business Park<br>Dawlish, Devon EX7 0NH |

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.