

WILTSHIRE MIND

England & Wales · Charity number 1113751

Details

Status	Registered
Legal form	Charitable company
Company number	05498430
Registered	2006-04-11
Register	View on the Charity Commission register

Contact

Address	Wiltshire Mind Trinity House Bryer Ash Business Park Trowbridge BA14 8HE
Phone	01225706532
Email	office@wiltshiremind.co.uk
Website	www.wiltshiremind.co.uk

Activities

Objects: TO PROMOTE MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT.

Activities: TO PROVIDE SUPPORT AND THERAPEUTIC SERVICES TO PEOPLE IN WILTSHIRE WITH MENTAL HEALTH ISSUES.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE WILTSHIRE
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£187,744	£189,114	-	-
2024-03-31	£164,280	£162,647	-	-
2023-03-31	£146,258	£193,006	-	-
2022-03-31	£153,447	£212,356	-	-
2021-03-31	£99,878	£184,197	-	-

Trustees

Name	Role	Appointed
Brian Stables	Chair	2015-02-10
Jim Donald		2017-04-11
Joe McTiernan		2017-11-07
John Alexander Shaw		2024-11-28
Naomi Hurst		2025-11-20
Natasha Bryant		2025-11-20

Accounts

Charity registration number 1113751

Company registration number 05498430 (England and Wales)



WILTSHIRE MIND

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

WILTSHIRE MIND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr B Stables	
	Mr J Donald	
	Mr T J McTiernan	
	Mr J A Shaw	(Appointed 28 November 2024)
	Ms N Bryant	(Appointed 1 May 2025)
	Mrs N Hurst	(Appointed 1 May 2025)
Charity number	1113751	
Company number	05498430	
Registered office	Trinity House Bryer-Ash Business Park Trowbridge Wiltshire BA14 8HE	
Independent examiner	Holloway House Epsom Square Trowbridge Wiltshire United Kingdom BA14 0XG	

WILTSHIRE MIND

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WILTSHIRE MIND

CHAIR'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2025

The UK faces a significant mental health challenge, with a large portion of the population, especially young people, experiencing difficulties and struggling to access timely support. Social inequalities exacerbate these issues, and our charity exists to provide local support to help address this ever-growing need within our community.

Wiltshire Mind's dedicated team delivered high-quality services this financial year, including one to one counselling for Adults and Young People, Wellbeing Support for Wiltshire schools, and local Wellbeing Support Groups. Despite the ongoing challenges of a small team, we continued to innovate, developing workshops for carers, teachers and parents. Our funded projects are making a tangible difference in providing crucial mental health support within the county.

Funding remained a significant challenge this year amidst the cost-of-living crisis, requiring careful balancing of expenses and income. While deeply grateful for the vital support from our local community's fundraising efforts and our dedicated grant providers, consistent income is crucial to sustain and expand our essential mental health services. We are extremely grateful to our grant funders, including NHS Charities Together, the UK Shared Prosperity Fund and Wiltshire Council Health Inequalities Fund for the support and confidence to grant us project funding to help more people.

As Chair, I want to first express my sincere gratitude to the dedicated staff, volunteers, and trustees at Wiltshire Mind. Their unwavering commitment has been instrumental in enabling our charity to progress and continue providing vital mental health support to those in our community who need it most.

Looking ahead, it is essential to recognise the ongoing funding challenge and the need to operate Wiltshire Mind with limited resources. The upcoming year will be pivotal as we strive to find a sustainable pathway forward ensuring we can continue to meet the growing demand for our services within Wiltshire.

As the incoming Chair, on behalf of the trustees and staff, we would like to record our sincere thanks and appreciation for all the hard work of Jim Donald as our Chair for the past 5 years and especially for his leadership during and post the covid period.

Brian Stables

Chair

Date: 29 October 2025

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, (the Memorandum and Articles of Association) , the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and Activities

Our Vision and Mission

Our vision is of a society that promotes and protects good mental health for all and treats people with experience of mental ill health fairly, positively, and with respect. We won't give up until everyone gets support and respect.

Our Purpose is to promote better mental health and provide support to anyone in Wiltshire experiencing mental health problems.

The needs and experience of people drive our work and we make sure their voice is heard by those who influence change.

Our independence gives us the freedom to stand up and speak out on the real issues that affect daily lives.

We provide support and campaign to improve policy and attitudes, and develop local services. We do all this to make it possible for people to live full lives and play their full part in society.

Our charitable purposes are set out as Aims in our Strategic Plan.

Our organisation provides benefit to the public of Wiltshire by:

- Supporting good mental health for people who live and work in Wiltshire;
- Empowering people who experience a mental health problem to make informed choices about how they live and recover;
- Improving services and support to ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem;
- Enabling social participation for people with experience of mental health problems and allowing them to participate fully in society;
- Removing inequality of opportunity to afford equality of treatment for people who experience both mental health and other forms of discrimination; and
- Making the most of our assets by building a professional, efficient, and sustainable organisation.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

The trustees and Chief Executive Officer (CEO) review the charity's aims, objectives, and activities each year, ensuring that these remain focused around its charitable purposes. The trustees are aware of the requirement by the Charity Commission to provide public benefit when reviewing these aims and objectives, and in planning future activities. In 2024-2025 these aims and objectives were met by offering adult and young people's counselling, wellbeing support groups, mental health training, school well-being services, and a GP counselling referral pilot.

Our support provides our communities and individuals with better outcomes for mental health and wellbeing. Including:

- An increased ability to manage daily tasks and lead fulfilling lives
- Better chances in life for those in need of support, by playing a full part in society including the possibility of a return to employment or undertaking voluntary work
- Support for young people with early intervention, reducing the need for mental health support later in life;
- A reduction in isolation
- Better access to support and services and stronger communities with citizens working together to tackle mental health problems
- An increased awareness of better mental health, reduced stigma
- Healthier communities
- Enabling of social participation and empowerment
- Helping people to build confidence, self-esteem and resilience

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Wiltshire – the need for Mental Health and Wellbeing Support

As of the latest Census in 2021, the total population of Wiltshire is **510,300**. This represents an increase of 8.4% from the 2011 Census, which recorded a population of 470,981.

We estimate that there are around **70,000** people across Wiltshire who experience Mental Health problems or Wellbeing needs. The broader region of Bath and North East Somerset and Wiltshire Integrated Care Board footprint estimates that around **180,000** people have some form of mental health need. This gives an indication of the scale and demand for support services generally.

Wiltshire Mind responds to this demand through the provision of Mental Health Support services including Counselling, Wellbeing Support Groups, Mental health Training and Schools Wellbeing Support. Our focus is on delivering services that are designed through lived experience, and accessible for anyone in our communities.

Mental Health Support Services for our community

Throughout the year, we remained deeply committed to providing vital counselling services for adults and young people navigating the complexities of mental health. Our Counselling Service offers a safe and accessible space, providing compassionate support through both face-to-face and online sessions led by our dedicated and qualified counsellors.

Understanding the evolving landscape of wellbeing support, we continued to offer our Wellbeing Support Groups. While changes in funding and understanding of needs led to fluctuations and some closures, we listened and adapted. We were heartened to see our "active" Gardening Wellbeing group in Marlborough continue, alongside our consistent presence in Trowbridge and Malmesbury, and the continued connection fostered by our online group. This reflects our ongoing effort to provide responsive and engaging support.

Recognizing the wider community's role in mental wellbeing, we delivered Mental Health Training to local businesses and organizations with sensitivity and understanding, drawing on the expertise of our partner (MyWhiteDog.com) and our own dedicated team. Our evolving Schools Wellbeing Programme continued to provide crucial support for students, teachers, and parents, nurturing a more understanding and supportive environment.

In close collaboration with Carer's Support Wiltshire, we also developed a dedicated workshop, acknowledging and addressing the unique emotional needs of carers. Our work is driven by a deep empathy for those we serve, striving to foster hope and resilience within our community.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Funding Overview

The past year has presented a challenging funding landscape for charities. Economic pressures, including the ongoing cost-of-living crisis and rising inflation, have led to a decrease in disposable income for individuals and businesses, consequently impacting charitable donations. Many charities like ours have experienced a surge in demand for their services while facing reduced financial support from statutory sources and increased competition for grants.

During the reporting year, the ongoing focus on mental health and wellbeing by the NHS, Government, and health and social care agencies underscores the critical need for these services. It is important to note that our charity continued to operate without core financial support from commissioners or statutory sources. Consequently, we remain fully reliant on voluntary donations, the generosity of our local community, and the contributions of grant-making bodies to deliver our services.

Securing vital grant funding remains a central and demanding aspect of our daily work, especially as the demand for support significantly outstrips available resources. While we actively seek opportunities through dedicated grant research and writing, the landscape is highly competitive, with funders increasingly prioritizing innovation and demonstrable impact. The persistent stigma surrounding mental health unfortunately keeps it a less visible priority for some funders, further underscoring the importance of our efforts to bring this essential need into the light and secure the resources required to make a meaningful difference in our community.

In the reporting year, project income (restricted) was provided by the UK Shared Prosperity Fund, UK Health Inequalities Fund through Wiltshire Council and NHS Charities Together. These projects allowed us to test our counselling referral service with new communities and audience's, with favourable responses. On-going funding however seems unlikely in the current climate from these funders.

Community fundraising and corporate support has decreased due to the combination of the cost-of-living, economic uncertainty and potential donor fatigue with the numerous appeals locally from Wiltshire's 1000+ local groups and charities. We are extremely thankful for the support of our community supporters who go above and beyond each year to hold local events and contribute significantly.

The Trustees and Management team are grateful for all financial assistance from funders who have supported us during the year.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Organisational Overview

As an independent 'local Mind' within the National Mind federation, Wiltshire Mind operates autonomously, maintaining our own financial and managerial structures beyond the standard membership agreement. Our commitment to excellence and continuous improvement is demonstrated by our active participation in the Mind Federation's Quality Mark scheme. We were proud to achieve re-accreditation with the Mind Quality Mark (MQM) in 2024, reflecting our dedication to high-quality service delivery.

Operationally, we maintain a robust and resilient cloud-based IT system with appropriate cyber security measures in place.

During the reporting year, staff departures led to a further reduction in our team size. While this has generated cost savings, it has also presented limitations on our capacity to expand the reach of our services. Looking ahead to the next financial year, our priority is to strategically rebuild our team to meet the growing demand for mental health support in Wiltshire. In the interim, we have focused on streamlining internal processes and maximizing efficiency to ensure we continue to deliver impactful services with our current resources.

Leadership and team members

The Chief Executive Officer provides strategic leadership to Wiltshire Mind, working in close collaboration with the Board of Trustees and the Senior Leadership Team. This encompasses the direction of the organisation, delivery of our strategic objectives, engagement with funders, raising awareness of mental health, ensuring robust safeguarding practices, and overseeing the charity's financial management.

The Board and CEO are effectively supported by our dedicated leadership and team members, who are responsible for maintaining operational policies and procedures, ensuring Health and Safety standards, managing Human Resources, and upholding the highest quality in the delivery and appropriate management of all our services.

Our committed team members, whose combined hours equated to 2 Full Time Equivalents during the year, are invaluable to Wiltshire Mind. We extend our sincere gratitude for their dedication and hard work in supporting our mission.

Volunteers

We deeply appreciate the invaluable contributions of our volunteers, especially in the delivery of our counselling and support services. Their dedication to our vision and values ensures that the voices of individuals with lived experience remain central to all we do.

We extend our sincere thanks to our 15 volunteer counsellors, who tirelessly provide our adult counselling services. Furthermore, we were fortunate to benefit from the consistent support of an average of 3 support group volunteers. This brings our total average volunteer force throughout the year to 25, including our dedicated Trustees.

Throughout the past year, our volunteers have generously dedicated over 1,000 hours to Wiltshire Mind, playing a vital role in the successful achievement of our aims.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and Performance

Our Services and Impact 2024/2025

Counselling offers individuals a confidential space to explore their feelings and gain self-awareness, leading to the development of coping mechanisms and improved emotional regulation. It effectively addresses various mental health conditions, enhances relationships, and supports personal growth, ultimately contributing to a better overall quality of life by reducing isolation and providing guidance through challenging times.

Wellbeing Support Groups combat feelings of isolation by connecting individuals with shared experiences, offering peer support and validation. Participants learn diverse coping strategies, gain hope from others' journeys, and enhance social skills. These groups also provide practical information and can complement professional treatment, empowering individuals and fostering self-advocacy on their path to recovery and well-being.

Mental Health Training has a significant impact on individuals, workplaces, and communities by increasing awareness, reducing stigma, and equipping people with the skills to support their own and others' well-being. It empowers individuals to recognize the signs and symptoms of mental health challenges, understand different conditions, and learn effective coping strategies and self-care techniques. This leads to improved self-awareness, enhanced resilience, and a greater ability to manage stress and maintain a healthy work-life balance.

In total, we reached **957** people through the delivery of our services throughout the year.

Adult Counselling Service

During the year we offered **2041** counselling sessions, of which **1725** sessions were attended.

These sessions helped **336** adults across Wiltshire. This includes funded projects.

Children and Young People's Counselling Service

In total, we provided **331** counselling sessions for Children and Young People, supporting **43** individuals.

Wellbeing Support Groups

In total, we held **4** regular Wellbeing Support groups, held in various locations. There were **408** attendances, supporting **48** people at these groups.

We also held a Military Wellbeing Group at Corsham, and Carers Wellbeing sessions at Carer Café's during the year.

As part of our work in the community, we attended several of events, workshops and presentations promoting our work and supporting other organisations in reaching out with health and wellbeing services.

Notes

We continued to work in partnership with other charities and agencies, including Community First, enabling funded counselling referrals for Youth Action Wiltshire and the Building Bridges projects. In addition, counselling projects were funded by NHS Charities Together, UK Shared Prosperity Fund and the UK Health Inequalities Fund.

Mental Health Training

In conjunction with our delivery partner MyWhiteDog.com, we delivered Mental Health Training to **129** people during the year.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Financial Review

Income

Total income from all sources in the year was £187,744 (2023/24: £164,280).

Expenditure

Total expenditure from all sources was £189,114 (2023/24: £162,647) resulting in a deficit for the year of £1,370 (2023/24: £1,633 surplus).

Banking and investments

We continued to bank and invest with The Co-operative Bank. Our working funds were managed in the Community Direct Plus current account. We also have a current account with NatWest and a United Trust Bank Deposit Account.

During the year a Charity Easy Access Account was opened with United Trust Bank with the first funds being deposited in April 2025.

Budget 2025/2026

Due to the ongoing uncertainties around the pandemic and the general economic situation, the trustees approved a deficit budget for the year 2025/2026 of £21,000 noting uncertainties around income, especially donations and grant availability.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees regularly examine the charity's requirements for reserves with regard to the main risks to the organisation. General reserves are held at an appropriate level in relation to the financial risks and to ensure that funds are available to manage unexpected challenges. (General reserves exclude restricted funds and reserves invested in tangible fixed assets). We also try to ensure that the charity has sufficient liquid reserves (cash and investments less restricted funds) to operate efficiently and manage any shortfalls in planned fundraising and other contributions.

The trustees have previously agreed that Wiltshire Mind's reserve policy is to hold three to six months of planned expenditure as a general reserve to be available with immediate access. The Trustees are aware of the need for reserves and aim to increase the reserve fund as and when conditions allow. As at the end of 2024/2025, the unrestricted reserves stand at £77,384 (2024; £58,758) and liquid reserves at £106,269 (2024; £113,108)

The trustees view that this figure is broadly in line with the policy of three to six months of planned expenditure (£40,000 to £80,000) and due to ongoing uncertainties about future charity income and a deficit budget planned for 2025/26 of £21,000, it is prudent to keep a slightly higher level of reserves at this time. All of the unrestricted reserves are general funds, the trustees consider designated funds are no longer required.

The reserves policy will be agreed on an annual basis drawing on updated budgets and business plans and, if this level is maintained further plans will be drawn up to increase expenditure in key areas in line with our stated objectives.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We sincerely thank the following organisations who made significant donations or awarded grants to us:

Garfield Weston- unrestricted grant
Melksham Town Council – unrestricted grant
Sovereign Group Thriving Communities – restricted grant towards our Wellbeing Support Groups
Wiltshire Community Foundation – restricted grant towards our Young People's Counselling
UK Shared Prosperity Fund – restricted grant towards counselling and mental health training
UK Health Inequalities Fund – restricted grant towards counselling for small businesses
Mind – restricted grant towards business continuity
Anonymous funder – restricted grant towards Young People's Counselling
Trowbridge Area Board – restricted to Young People's Counselling

We also very grateful to the many individuals and donors who have supported Wiltshire Mind during the year.

Plans for future periods

We updated our strategy in 2021/2022 taking us through to 2025. The Wiltshire Mind strategic plan identified our strategic priorities, and how we will achieve these 'Cornerstones'. These are -

Sustainability – We will continue to adapt to the way we operate our services and raise income to remain sustainable. We must remain flexible, working to our strategic goals.

Accessibility to our services for anyone in Wiltshire including 'at risk' groups – We will create, design, and deliver services through a deeper understanding of local needs.

Integrated working in partnership with others – We will work more closely with existing and new key stakeholders and delivery partners.

Developing pathways for our clients and service users – We will work at the heart of our community and with our commissioners to offer greater mental health support.

Our strategic plan is supported by an 18-month operational plan. Progress on the plan is reviewed at monthly board meetings. We have defined successful delivery of the plan as –

- A sustainable charity where our income covers our annual costs.
- A place where people aspire to work and volunteer for us locally.
- A charity where we have a portfolio of innovative fundraising and commercial products.
- Modern and relevant mental health services at the heart of the community, based upon need.
- Where our services are recognised by commissioners and NHS partners and are part of the Integrated Care System in Wiltshire.

We will be reviewing our strategy during 2025-2026 financial year.

Structure, governance and management

Wiltshire Mind, originally established in 1993, is a company limited by guarantee (No. 5498430) incorporated on 4 July 2005, and a registered charity (No. 1113751) registered with the Charity Commission on 11 April 2006. The charitable company is established under its Memorandum of Association and governed under its Articles of Association.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr B Stables

Mr J Donald

Mr N Carter

(Resigned 31 March 2025)

Mr T J McTiernan

Mr J A Shaw

(Appointed 28 November 2024)

Ms N Bryant

(Appointed 1 May 2025)

Mrs N Hurst

(Appointed 1 May 2025)

Recruitment and appointment of trustees

The directors of the company are also charity trustees. Trustees are elected at the AGM by a majority of those attending, or voting by proxy. Following the passing of a special resolution at the November 2024 AGM, trustees may serve for a maximum of three years after which they must stand for re- election. Trustees may be reappointed for up to four consecutive terms. After this period they can continue to be re-appointed for further three year terms if approved at a General Meeting of members and they remain qualified.

The Trustees meet at least eight times per year. They are responsible for the strategic direction, policies, activities, and assets of the charity. At present the Trustees' meeting consists of six elected trustees with a variety of backgrounds, lived experience, commercial and charity experience. Sub committees are appointed, consisting of trustees and relevant team members to examine specific issues such as finance, strategy and fundraising, and report back to the full meeting of Trustees as required.

The main responsibilities of leadership and team members include management and delivery of high-quality services and service support, development of new services and management systems, meeting performance targets where set, and supervision and training of team members and volunteers. Wiltshire Mind uses the services of a variety of qualified or trained personnel as required. At the end of March 2025 there were 5 part-time team members and 25 volunteers including trustees.

Prospective trustees are sent an induction pack which outlines the role of the trustee along with the various Charity Commission publications on the subject. He or she will then attend a meeting with other trustees to discuss these issues further. The prospective trustee will be invited to attend meetings of the Trustees as an observer. If he or she wishes to proceed they may be co-opted to serve as a Trustee until the next Annual General Meeting at which members may vote to allow them to be full members. We constantly seek to improve the induction and training of our trustees to enable and empower them in their roles.

The trustees are pleased to welcome two new trustees, Naomi Hust and Natasha Bryant who joined us in May 2025

The trustees' report was approved by the Board of Trustees.

Mr B Stables

Trustee

29 October 2025

WILTSHIRE MIND

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WILTSHIRE MIND

I report to the trustees on my examination of the financial statements of Wiltshire Mind (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Katy Gooding

Holloway House
Epsom Square
White Horse Business Park
Trowbridge
Wiltshire
BA14 0XG
United Kingdom
7 November 2025

WILTSHIRE MIND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	75,010	73,300	148,310	104,950	41,511	146,461
Charitable activities	4	32,410	26	32,436	12,590	1,455	14,045
Other trading activities	5	2,250	1,800	4,050	1,375	-	1,375
Investments	6	2,948	-	2,948	2,399	-	2,399
Total income		112,618	75,126	187,744	121,314	42,966	164,280
Expenditure on:							
Raising funds	7	293	-	293	3,720	-	3,720
Charitable activities	8	93,699	95,122	188,821	116,498	42,429	158,927
Total expenditure		93,992	95,122	189,114	120,218	42,429	162,647
Net income/(expenditure) and movement in funds		18,626	(19,996)	(1,370)	1,096	537	1,633
Reconciliation of funds:							
Fund balances at 1 April 2024		58,758	31,007	89,765	57,662	30,470	88,132
Fund balances at 31 March 2025		77,384	11,011	88,395	58,758	31,007	89,765

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

WILTSHIRE MIND

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	15	221		178	
Investments	16	52,937		52,937	
Cash at bank and in hand		53,332		60,171	
		<u>106,490</u>		<u>113,286</u>	
Creditors: amounts falling due within one year	17	(18,095)		(23,521)	
Net current assets			88,395		89,765
Net assets			<u>88,395</u>		<u>89,765</u>
The funds of the charity					
Restricted income funds	19	11,011		31,007	
Unrestricted funds		77,384		58,758	
		<u>88,395</u>		<u>89,765</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 29 October 2025

Mr B Stables
Trustee

Mr T J McTiernan
Trustee

Company registration number 05498430 (England and Wales)

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Wiltshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity House, Bryer-Ash Business Park, Trowbridge, Wiltshire, BA14 8HE.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% SL
-----------	--------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	57,410	3,392	60,802	71,950	1,920	73,870
Grants	17,600	69,908	87,508	33,000	39,591	72,591
	<u>75,010</u>	<u>73,300</u>	<u>148,310</u>	<u>104,950</u>	<u>41,511</u>	<u>146,461</u>
Grants						
Garfield Weston Foundation	15,000	-	15,000	-	-	-
Melksham Town Council	1,000	-	1,000	-	-	-
MIND NAMH	2,000	-	2,000	30,000	-	30,000
National Lottery	(400)	-	(400)	-	-	-
NHS Charities Together	-	19,308	19,308	-	18,591	18,591
Anonymous funder	-	5,000	5,000	-	5,000	5,000
Wiltshire Council *	-	35,600	35,600	-	-	-
Sovereign Group Thriving Communities	-	5,000	5,000	-	-	-
Wiltshire Community Foundation	-	5,000	5,000	-	-	-
Other	-	-	-	3,000	16,000	19,000
	<u>17,600</u>	<u>69,908</u>	<u>87,508</u>	<u>33,000</u>	<u>39,591</u>	<u>72,591</u>

* UK Shared Prosperity and UK Health Inequalities Funds combined through Wiltshire Council.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Counselling						
Sale of goods	32,330	-	32,330	12,590	810	13,400
Support groups						
Sale of goods	-	26	26	-	335	335
Schools						
Sale of goods	80	-	80	-	310	310
	<u>32,410</u>	<u>26</u>	<u>32,436</u>	<u>12,590</u>	<u>1,455</u>	<u>14,045</u>

5 Income from other trading activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Other income	<u>2,250</u>	<u>1,800</u>	<u>4,050</u>	<u>1,375</u>	<u>-</u>	<u>1,375</u>

6 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	<u>2,948</u>	<u>2,399</u>

7 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Other fundraising costs	<u>293</u>	<u>3,720</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

8 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Staff costs	40,961	60,081
Supervision and sessional fees	71,770	21,291
Room Hire	1,202	536
Advertising	-	62
Consultancy	39,981	39,678
Counselling	-	888
Repairs and maintenance	-	347
Postage and stationery	25	360
Telephone	677	687
Other admin cost	649	349
	<u>155,265</u>	<u>124,279</u>
Share of support and governance costs (see note 9)		
Support	26,568	31,654
Governance	6,988	2,994
	<u>188,821</u>	<u>158,927</u>
Analysis by fund		
Unrestricted funds	93,699	116,498
Restricted funds	95,122	42,429
	<u>188,821</u>	<u>158,927</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Support costs allocated to activities

	2025 £	2024 £
Staff costs	2,044	158
Depreciation	-	401
Premises repairs, renewals and maintenance	5,657	15,646
Telephone and internet	6,403	4,811
Printing, postage and stationery	1,024	796
Computer costs	3,467	2,652
Subscriptions	3,378	3,608
Liability and contents insurance	4,248	3,365
Sundry expenses	347	17
Training and welfare	-	200
Governance costs	6,988	2,994
	<u>33,556</u>	<u>34,648</u>
Analysed between:		
Charitable activities	<u>33,556</u>	<u>34,648</u>

10 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,718	1,440
Depreciation of owned tangible fixed assets	-	401
	<u>1,718</u>	<u>1,841</u>

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
<u>5</u>	<u>6</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

12 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	41,848	59,268
Other pension costs	585	559
	<u>42,464</u>	<u>59,985</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

Key management personnel of the charity comprise the Chief Executive Officer and Head of Service Delivery. The Chief Executive Officer is not an employee of the charity, they invoice for their time. This cost and the total employee benefits for 2024/25 is £62,620 (2023/24; £61,596)

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Financial instruments

	2025 £	2024 £
Carrying amount of financial assets		
Instruments measured at fair value through profit or loss	<u>52,937</u>	<u>52,937</u>

15 Debtors

Amounts falling due within one year:	2025 £	2024 £
Prepayments and accrued income	<u>221</u>	<u>178</u>

16 Current asset investments

	2025 £	2024 £
Unlisted investments	<u>52,937</u>	<u>52,937</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

17 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	491	207
Payments received on account	3,455	9,307
Trade creditors	9,702	1,283
Other creditors	-	105
Accruals and deferred income	4,447	12,619
	<u>18,095</u>	<u>23,521</u>

18 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	<u>585</u>	<u>559</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Malmesbury Support Group	4,727	-	-	(4,727)	-
Trowbridge Support Group	201	-	-	(201)	-
Tidworth Support Group	202	-	-	(202)	-
Virtual/ Online Support Group	201	-	-	(201)	-
Children and young people counselling	3,970	10,000	(15,238)	-	(1,268)
NHS Charities together	17,850	9,308	(27,158)	-	-
Gardening Wellbeing Group					
Marlborough	3,575	3,272	(3,274)	-	3,573
Schools Wellbeing	281	-	(281)	-	-
All support groups	-	13,046	(9,671)	5,331	8,706
Health & Inequalities Counselling	-	11,800	(11,800)	-	-
UK Shared Prosperity	-	27,700	(27,700)	-	-
	<u>31,007</u>	<u>75,126</u>	<u>(95,122)</u>	<u>-</u>	<u>11,011</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds

(Continued)

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Malmesbury Support Group	5,000	2,222	(2,495)	-	4,727
Trowbridge Support Group	-	4,507	(4,306)	-	201
Trowbridge Polish project	7,967	-	(7,967)	-	-
Tidworth Support Group	-	2,273	(2,071)	-	202
Virtual/ Online Support Group	-	2,222	(2,021)	-	201
Children and young people counselling	5,096	5,810	(6,936)	-	3,970
NHS Charities together	7,407	18,591	(8,148)	-	17,850
Gardening Wellbeing Group Marlborough	-	5,111	(1,536)	-	3,575
Ukrainian Wellbeing	5,000	-	(5,000)	-	-
Schools Wellbeing	-	2,230	(1,949)	-	281
	<u>30,470</u>	<u>42,966</u>	<u>(42,429)</u>	<u>-</u>	<u>31,007</u>

The support groups have been combined into one restricted fund this year for reporting purposes.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	<u>58,758</u>	<u>112,618</u>	<u>(93,992)</u>	<u>77,384</u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	<u>57,662</u>	<u>121,314</u>	<u>(120,218)</u>	<u>58,758</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

21 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Current assets/(liabilities)	77,384	11,011	88,395
	<u>77,384</u>	<u>11,011</u>	<u>88,395</u>
	<u>77,384</u>	<u>11,011</u>	<u>88,395</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Current assets/(liabilities)	58,758	31,007	89,765
	<u>58,758</u>	<u>31,007</u>	<u>89,765</u>
	<u>58,758</u>	<u>31,007</u>	<u>89,765</u>

22 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

Accounts

Charity registration number 1113751

Company registration number 05498430 (England and Wales)



WILTSHIRE MIND

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

WILTSHIRE MIND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr B Stables Mr J Donald Mr N Carter Mr T J McTiernan
Charity number	1113751
Company number	05498430
Registered office	Trinity House Bryer-Ash Business Park Trowbridge Wiltshire BA14 8HE
Independent examiner	Gooding Accounts Ltd 24 Warminster Road Westbury Wiltshire United Kingdom BA13 3PE

WILTSHIRE MIND

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WILTSHIRE MIND

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2024

The demand for mental health and wellbeing support continues to rise across the UK, and at a local level I am pleased to report that we have been able to help more people in our communities compared with previous years.

The team at Wiltshire Mind have continued to excel, and delivered high quality services throughout the financial year, and we have delivered a new wellbeing support programme for schools in Wiltshire. Being able to innovate whilst delivering with a small staff team is a challenge, and yet rewarding. We have successfully reached out and helped with information and support through videos, earlier interventions, workshops, and training during the year.

Our service delivery relies on the skills and experience of paid staff, contractors and volunteers. I give my warmest thanks to the whole team who contribute to our charitable aims.

Funding for our charity continued to be a challenge during the year, balancing the costs with our income during the current cost-of-living crisis. We are very grateful to our local community who continue to fundraise on our behalf, and for our grant providers who continue to support our work. We also make mention of NHS Charities Together, who funded a two-year GP counselling referral trial during the year.

Our move in 2022 to Trowbridge has been of significant benefit to our charity and its awareness locally. The county town offers access to alternative venues, and is the seat of Wiltshire Council. We are appreciative of the support of the Public Health team at Wiltshire Council who have helped identify new communities and service needs during the year.

2023-2024 has been a year of laying foundations for our charity and importantly, our beneficiaries. With a more stable financial base, new service innovation and wider stakeholder engagement, we approach our next year with a more positive outlook.

As Chair, I would like to place on record my personal thanks to everyone at Wiltshire Mind. Staff, Volunteers, and Trustees for enabling the charity to move forward in order that we continue to help those most in need of mental health support.

Mr J Donald
Chair

Date: 29 October 2024

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, (the Memorandum and Articles of Association) , the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and Activities

Our Vision and Mission

Our vision is of a society that promotes and protects good mental health for all and treats people with experience of mental ill health fairly, positively, and with respect. We won't give up until everyone gets support and respect.

Our mission is to promote good mental health and provide support to anyone in Wiltshire experiencing mental health problems or emotional distress.

The needs and experience of people with mental distress drive our work and we make sure their voice is heard by those who influence change. Our independence gives us the freedom to stand up and speak out on the real issues that affect daily lives.

We provide information, advice and support, campaign to improve policy and attitudes, and develop local services. We do all this to make it possible for people who experience mental distress to live full lives and play their full part in society.

Our charitable purposes are set out as Aims in our Strategic Plan. Our organisation provides benefit to the public of Wiltshire by:

- Supporting good mental health for people who live and work in Wiltshire;
- Empowering people who experience a mental health problem to make informed choices about how they live and recover;
- Improving services and support to ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem;
- Enabling social participation for people with experience of mental health problems and allowing them to participate fully in society;
- Removing inequality of opportunity to afford equality of treatment for people who experience both mental health and other forms of discrimination; and
- Making the most of our assets by building a professional, efficient, and sustainable organisation.

Our Values are important to us and are our guiding principles. They provide a clear framework for our decision making and charitable actions and are embedded in our working culture.

- People's emotional wellbeing and mental health drive all we do
- We are open and respect individual experience and include everyone who needs us
- Together we are stronger in partnerships and collaborations
- Our independence ensures our integrity and confidentiality
- We will challenge discrimination and campaign for better mental health

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The trustees and Chief Executive Officer (CEO) review the charity's aims, objectives, and activities each year, ensuring that these remain focused around its charitable purposes. The trustees are aware of the requirement by the Charity Commission to provide public benefit when reviewing these aims and objectives, and in planning future activities.

In 2023-2024 these aims and objectives were met by offering counselling, support groups, mental health training, school well-being services, and a new GP counselling referral pilot.

Our support, proved through our services provides our communities and individuals with better outcomes for mental health and wellbeing. Including:

- An increased ability to manage daily tasks and lead fulfilling lives
- Better chances in life for those in need of support, by playing a full part in society including the possibility of a return to employment or undertaking voluntary work
- Support for young people with early intervention, reducing the need for mental health support later in life;
- A reduction in isolation
- Better access to support and services and stronger communities with citizens working together to tackle mental health problems
- An increased awareness of better mental health, reduced stigma
- Healthier communities
- Enabling of social participation and empowerment
- Helping people to build confidence, self-esteem and resilience

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Organisational Overview

Wiltshire Mind is part of the National Mind federation although we do retain our independence and are known as a 'local Mind' associated only through the federation agreement.

There is no financial or managerial connection other than payment of the membership fee. Active involvement with the Mind Federation's Quality Mark scheme enables organisational improvement through the Mind Quality Mark (MQM) which we were re-accredited with in 2024.

Our IT system is cloud-based, resilient and networked, with appropriate cyber security. During the year, we introduced an automated HR management system reducing time spent on administrative tasks.

Leadership and team members

The Chief Executive Officer works closely with the Trustees and Senior Leadership Team to lead the organisation, strategy delivery, commissioning, funding, awareness, safeguarding, and oversees the charity's budgets and management accounts. The Board and CEO are supported by the leadership and team members, who oversee the policies and working procedures, Health and Safety, Human Resources, and ensuring that all services are delivered to the highest quality and managed appropriately.

Our team members are all part time, and collectively equated to 1.5 Full Time Equivalents during the year. We are indebted to their commitment to the charity.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2024**

Volunteers

Our volunteers add significant value to what we do, particularly in the delivery of our counselling and support services. They champion our vision and values and help us to ensure that the voices of people with lived experience are at the core of everything we do.

We are grateful to our 15 volunteer counsellors, who deliver our adult counselling services. We were privileged to also have the support of an average of 3 support group volunteers – giving an overall average of 25 volunteers in total throughout the year, including our trustees.

During the year, our volunteers contributed 936 hours to Wiltshire Mind to help deliver our aims.

Achievements and Performance

Activities and progress during the year April 2023 to March 2024

Funding Overview

The importance of providing mental health and wellbeing support is underlined by the work of the NHS, Government and health and social care agencies during the reporting year. Our charity continued to operate without financial support from either commissioners or statutory sources and therefore we remain reliant on voluntary donations and the support of our local community and grant funders.

Our local community in Wiltshire continued to support the charity, and local businesses continued to donate throughout 2023/24. We are incredibly grateful to individuals, organisations and groups who support us financially. We have striven to engage more deeply with local clubs and other charities this year to help us create sustainable income streams and longer term valuable relationships.

During the year we engaged a part-time grant writer to provide on-going support, which was funded. This enabled us to target project-specific grant applications. All grant funders are reporting higher levels of over-subscription, so this remains a very competitive activity.

Our bid to the NHS Charities Together Community Partnerships Fund in 2022 (in conjunction with RUHX charity) was successful, enabling us to finance a 2 year GP counselling referral trial. Other notable grants in year included The National Lottery grant for our Support Groups, and a Cost of Living Grant from National Mind.

The Trustees and Management team are grateful for this financial assistance from all those funders who have supported us during the year.

Mental health support services for our community

We continued to provide our adult and young people's counselling services throughout the year,

Our Counselling Service provides an accessible counselling support service for anyone experiencing mental health problems. During 2023/24 we have offered both face-to-face and online counselling sessions with one of our qualified counsellors.

We also continued running our Support Groups. In the past we have been funded to provide groups in most major county towns. Due to changes in funding, and more importantly changes in how wellbeing support is needed, we have seen a decline in Group attendances and the closure of many groups. Instead, more activity and learning based interventions are being sought. As a response to these changes, we were delighted to have launched our new Gardening Wellbeing group in January 2024, and a new Wellbeing Group in Malmesbury in July 2023. We continued to provide a Trowbridge based support group, and an online group as well.

We provided Mental Health Training for local businesses and organisations during the year. This was delivered through a combination of outsourcing (our partner at MyWhiteDog.com), and in house delivery.

Our new Schools Wellbeing Programme introduced a series of initiatives for schools, students, teachers and parents. Starting at Key Stage 1, we have delivered school assemblies, workshops, staff wellbeing groups and training to a number of Wiltshire based schools and academies.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

Our impact in 2023/24

Adult Counselling Service

During the year we provided 1190 counselling sessions, helping 163 adults across Wiltshire.

Children and Young People's Counselling Service

In total, we provided 247 counselling sessions for Children and Young People, helping 22 individuals.

Support Groups

In total, we held 77 peer support groups, with 335 attendances, helping 69 people.

As part of our work in the community, we attended several of events, workshops and presentations promoting our work and supporting other organisations in reaching out with health and wellbeing services.

We continued to work in partnership with other charities and agencies, including Community First, enabling funded counselling referrals for Youth Action Wiltshire and Building Bridges projects.

Financial Review

Financial commentary

Income

Total income from all sources in the year was £164,280 (2022/23: £146,258).

Expenditure

Total expenditure from all sources was £162,647 (2022/23: £193,006) resulting in a surplus for the year of £1,633 (2022/23: £46,748 deficit).

Banking and investments

We continued to bank and invest with The Co-operative Bank. Our working funds were managed in the Community Direct Plus current account. We also have a current account with NatWest and a United Trust Bank Deposit Account. Post year end, a 35-day notice savings account was opened with The Co-operative Bank on 19 June 2024.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Budget 2024/25

Due to the ongoing general economic situation, the trustees approved a deficit budget for the year 2024/25 of £9,000 noting uncertainties around income, especially donations and grant availability.

It is the policy of Wiltshire Mind that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the 's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees regularly examine the charity's requirements for reserves with regard to the main risks to the organisation. General reserves are held at an appropriate level in relation to the financial risks and to ensure that funds are available to manage unexpected challenges. (General reserves exclude restricted funds and reserves invested in tangible fixed assets). We also try to ensure that the charity has sufficient liquid reserves (cash and investments less restricted funds) to operate efficiently and manage any shortfalls in planned fundraising and other contributions.

The trustees have previously agreed that Wiltshire Mind's reserve policy is to hold three to six months of planned expenditure as a general reserve to be available with immediate access. The Trustees are aware of the need for reserves and aim to increase the reserve fund as and when conditions allow. As at the end of 2023/24, the unrestricted reserves stand at £58,758 (2023; £57,662) and liquid reserves at £113,108 (2023; £99,530).

The trustees view that this figure is broadly in line with the policy of three to six months of planned expenditure (£43,000 to £85,000) and due to ongoing uncertainties about future charity income and a small deficit budget planned for 2024/25 of £9,000, it is prudent to keep the current level of reserves at this time. All of the unrestricted reserves are general funds, the trustees consider designated funds are no longer required.

During the year, due to ongoing challenges around funding uncertainty, Wiltshire Mind had to draw on its reserves due to lack of income. The trustees can report that although slightly depleted from previous years, current general unrestricted reserves are still fully in line with our reserves policy.

The reserves policy will be agreed on an annual basis drawing on updated budgets and business plans and, if this level is maintained further plans will be drawn up to increase expenditure in key areas in line with our stated objectives.

We sincerely thank the following organisations who made donations or awarded grants to us:

HDH Wills 1965 Charitable Trust – for our Gardening Wellbeing Project
Marlborough Town Council - for our Gardening Wellbeing Project
Trowbridge Town Council
The National Lottery Community Fund - for our Support Groups
Mind – for cost of living
Mind – for business sustainability
Fineman Trust – to help support our supervision costs
Anonymous grant funder - for our Children and Young Peoples Counselling
NHS Charities Together – for our GP referral trial

We also very grateful to the many individuals and donors who have supported Wiltshire Mind during the year.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods

We updated our strategy in 2021/2022 taking us through to 2025. The Wiltshire Mind strategic plan identified our strategic priorities, and how we will achieve these 'Cornerstones'. These are -

Sustainability – We will continue to adapt to the way we operate our services and raise income to remain sustainable. We must remain flexible, working to our strategic goals.

Accessibility to our services for anyone in Wiltshire including 'at risk' groups – We will create, design, and deliver services through a deeper understanding of local needs.

Integrated working in partnership with others – We will work more closely with existing and new key stakeholders and delivery partners.

Developing pathways for our clients and service users – We will work at the heart of our community and with our commissioners to offer greater mental health support.

Our strategic plan is supported by an 18-month operational plan. Progress on the plan is reviewed at monthly board meetings. We have defined successful delivery of the plan as –

- A sustainable charity where our income covers our annual costs.
- A place where people aspire to work and volunteer for us locally.
- A charity where we have a portfolio of innovative fundraising and commercial products.
- Modern and relevant mental health services at the heart of the community, based upon need.
- Where our services are recognised by commissioners and NHS partners and are part of the Integrated Care System in Wiltshire.

Structure, governance and management

Wiltshire Mind, originally established in 1993, is a company limited by guarantee (No. 5498430) incorporated on 4 July 2005, and a registered charity (No. 1113751) registered with the Charity Commission on 11 April 2006. The charitable company is established under its Memorandum of Association and governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr B Stables

Mr J Donald

Mr N Carter

Ms C R Gallagher

(Resigned 7 February 2024)

Mr T J McTiernan

Mr J A S Colquhoun

(Resigned 4 September 2023)

Ms G Brockett

(Appointed 27 July 2023 and resigned 8 November 2023)

Recruitment and appointment of trustees

The directors of the company are also charity trustees. Trustees are elected at the AGM by a majority of those attending, or voting by proxy and may serve for a maximum of three years after which they must stand for re-election. Trustees may normally serve for a maximum of three terms after which they are ineligible for two years, however the members at an AGM may choose to reappoint trustees for longer terms.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

The Trustees meet at least eight times per year. They are responsible for the strategic direction, policies, activities, and assets of the charity. At present the Trustees' meeting consists of six elected trustees with a variety of backgrounds, lived experience, commercial and charity experience. Sub committees are appointed, consisting of trustees and relevant team members to examine specific issues such as finance, strategy and fundraising, and report back to the full meeting of Trustees as required.

The main responsibilities of leadership and team members include management and delivery of high-quality services and service support, development of new services and management systems, meeting performance targets where set, and supervision and training of team members and volunteers. Wiltshire Mind uses the services of a variety of qualified or trained personnel as required. At the end of March 2023 there were 6 part-time team members and 23 volunteers including trustees.

Prospective trustees are sent an induction pack which outlines the role of the trustee along with the various Charity Commission publications on the subject. He or she will then attend a meeting with other trustees to discuss these issues further. The prospective trustee will be invited to attend meetings of the Trustees as an observer. If he or she wishes to proceed they may be co-opted to serve as a Trustee until the next Annual General Meeting at which members may vote to allow them to be full members. We constantly seek to improve the induction and training of our trustees to enable and empower them in their roles.

The trustees' report was approved by the Board of Trustees.

Mr J Donald
Trustee

29 October 2024

WILTSHIRE MIND

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WILTSHIRE MIND

I report to the trustees on my examination of the financial statements of Wiltshire Mind (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Katy Gooding

Gooding Accounts Ltd
24 Warminster Road
Westbury
Wiltshire
BA13 3PE
United Kingdom

Dated: 31 October 2024

WILTSHIRE MIND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income from:							
Donations and legacies	3	104,950	41,511	146,461	74,183	55,283	129,466
Charitable activities	4	12,590	1,455	14,045	9,504	1,299	10,803
Other trading activities	5	1,375	-	1,375	5,013	-	5,013
Investments	6	2,399	-	2,399	976	-	976
Total income		121,314	42,966	164,280	89,676	56,582	146,258
Expenditure on:							
Raising funds	7	3,720	-	3,720	15,443	-	15,443
Charitable activities	8	116,498	42,429	158,927	128,739	48,824	177,563
Total expenditure		120,218	42,429	162,647	144,182	48,824	193,006
Net income/(expenditure)		1,096	537	1,633	(54,506)	7,758	(46,748)
Transfers between funds		-	-	-	(335)	335	-
Net movement in funds	10	1,096	537	1,633	(54,841)	8,093	(46,748)
Reconciliation of funds:							
Fund balances at 1 April 2023		57,662	30,470	88,132	112,503	22,377	134,880
Fund balances at 31 March 2024		58,758	31,007	89,765	57,662	30,470	88,132

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

WILTSHIRE MIND

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	14		-		401
Current assets					
Debtors	16	178		402	
Investments	17	52,937		52,937	
Cash at bank and in hand		60,171		46,593	
		113,286		99,932	
Creditors: amounts falling due within one year	18	(23,521)		(12,201)	
Net current assets			89,765		87,731
Total assets less current liabilities			89,765		88,132
Net assets			89,765		88,132
The funds of the charity					
Restricted income funds	20	31,007		30,470	
Unrestricted funds		58,758		57,662	
		89,765		88,132	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 29 October 2024

Mr B Stables
Trustee

Mr J Donald
Trustee

Company registration number 05498430 (England and Wales)

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Wiltshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity House, Bryer-Ash Business Park, Trowbridge, Wiltshire, BA14 8HE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% SL
-----------	--------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	71,950	1,920	73,870	61,043	-	61,043
Grants received	33,000	39,591	72,591	13,140	55,283	68,423
	<u>104,950</u>	<u>41,511</u>	<u>146,461</u>	<u>74,183</u>	<u>55,283</u>	<u>129,466</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

3 Income from donations and legacies

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Grants receivable for core activities						
Arnold Clark Auto Fund	-	-	-	-	1,000	1,000
The Sarah Jayne Charitable Trust	-	-	-	1,000	-	1,000
Ashford Homes	-	-	-	1,000	-	1,000
MIND NAMH	30,000	-	30,000	-	5,000	5,000
Postcode Local	-	-	-	-	25,000	25,000
NHS Charities Together	-	18,591	18,591	-	9,283	9,283
Anonymous funder	-	5,000	5,000	-	5,000	5,000
The Edward Gostling Foundation	-	-	-	-	5,000	5,000
Malmesbury League of Friends	-	-	-	-	5,000	5,000
Wiltshire Community Foundation	-	-	-	6,140	-	6,140
Other	3,000	16,000	19,000	5,000	-	5,000
	<u>33,000</u>	<u>39,591</u>	<u>72,591</u>	<u>13,140</u>	<u>55,283</u>	<u>68,423</u>

Included in Other grants are the following grants received

	Unrestricted	Restricted
The Fineman Trust	2,000	
The National Lottery Community Fund		10,000
St James Trust (Trowbridge)		2,000
HDH Wills Trust		1,500
Melksham Town Council Grant		2,500
Other	1,000	-
	3,000	16,000

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

4 Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Counselling						
Sale of and donations for services	12,590	810	13,400	9,504	34	9,538
Support groups						
Sale of and donations for services	-	335	335	-	1,265	1,265
Schools						
Sale of and donations for services	-	310	310	-	-	-
	<u>12,590</u>	<u>1,455</u>	<u>14,045</u>	<u>9,504</u>	<u>1,299</u>	<u>10,803</u>

5 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Trading activity income: other	<u>1,375</u>	<u>5,013</u>

6 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	<u>2,399</u>	<u>976</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

7 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Other fundraising costs	3,720	12,127
Trading costs		
Staff costs	-	3,316
Total costs	3,720	15,443

8 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
Direct costs		
Staff costs	60,081	31,335
Supervision and sessional fees	21,291	8,260
Room Hire	536	4,726
Advertising	62	76
Consultancy	39,678	36,572
Counselling	888	8,590
Repairs and maintenance	347	959
Postage and stationery	360	12
Telephone	687	1,011
Other admin cost	349	626
	124,279	92,167
Share of support and governance costs (see note 9)		
Support	31,654	81,082
Governance	2,994	4,314
	158,927	177,563
Analysis by fund		
Unrestricted funds	116,498	128,739
Restricted funds	42,429	48,824
	158,927	177,563

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

9 Support costs allocated to activities

	2024 £	2023 £
Staff costs	158	41,722
Depreciation	401	402
Premises repairs, renewals and maintenance	15,646	16,014
Telephone and internet	4,811	7,270
Printing, postage and stationery	796	1,062
Computer costs	2,652	8,135
Subscriptions	3,608	1,340
Liability and contents insurance	3,365	3,744
Sundry expenses	17	56
Light and heat, rates	-	1,154
Training and welfare	200	183
Governance costs	2,994	4,314
	<u>34,648</u>	<u>85,396</u>
Analysed between:		
Charitable activities	<u>34,648</u>	<u>85,396</u>

10 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,440	2,599
Depreciation of owned tangible fixed assets	401	402
	<u></u>	<u></u>

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
<u>6</u>	<u>9</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

12 Employees (Continued)

Employment costs	2024 £	2023 £
Wages and salaries	59,268	75,364
Other pension costs	559	721
	<u>59,985</u>	<u>76,139</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

Key management personnel of the charity comprise the Chief Executive Officer and Head of Service Delivery. The Chief Executive Officer is not an employee of the charity, they invoice for their time. This cost and the total employee benefits for 2023/24 is £61,596 (2022/23; £63,906)

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Tangible fixed assets

	Computers £
Cost	
At 1 April 2023	2,522
At 31 March 2024	<u>2,522</u>
Depreciation and impairment	
At 1 April 2023	2,121
Depreciation charged in the year	401
At 31 March 2024	<u>2,522</u>
Carrying amount	
At 31 March 2023	<u>401</u>

15 Financial instruments

	2024 £	2023 £
Carrying amount of financial assets		
Instruments measured at fair value through profit or loss	<u>52,937</u>	<u>52,937</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

16 Debtors	2024	2023
	£	£
Amounts falling due within one year:		
Other debtors	-	282
Prepayments and accrued income	178	120
	<u>178</u>	<u>402</u>
	<u><u>178</u></u>	<u><u>402</u></u>
17 Current asset investments	2024	2023
	£	£
Unlisted investments	52,937	52,937
	<u>52,937</u>	<u>52,937</u>
	<u><u>52,937</u></u>	<u><u>52,937</u></u>
18 Creditors: amounts falling due within one year	2024	2023
	£	£
Other taxation and social security	207	-
Payments received on account	9,307	-
Trade creditors	1,283	-
Other creditors	105	-
Accruals and deferred income	12,619	12,201
	<u>23,521</u>	<u>12,201</u>
	<u><u>23,521</u></u>	<u><u>12,201</u></u>
19 Retirement benefit schemes	2024	2023
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	559	721
	<u>559</u>	<u>721</u>
	<u><u>559</u></u>	<u><u>721</u></u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

20 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Malmesbury Support Group	5,000	2,222	(2,495)	-	4,727
Trowbridge Support Group	-	4,507	(4,306)	-	201
Trowbridge Polish project	7,967	-	(7,967)	-	-
Tidworth Support Group	-	2,273	(2,071)	-	202
Virtual/ Online Support Group	-	2,222	(2,021)	-	201
Children and young people counselling	5,096	5,810	(6,936)	-	3,970
NHS Charities together	7,407	18,591	(8,148)	-	17,850
Gardening Wellbeing Group Marlborough	-	5,111	(1,536)	-	3,575
Ukrainian Wellbeing	5,000	-	(5,000)	-	-
Schools Wellbeing	-	2,230	(1,949)	-	281
	<u>30,470</u>	<u>42,966</u>	<u>(42,429)</u>	<u>-</u>	<u>31,007</u>

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Chippenham Support Group	2,756	(463)	(2,293)	-	-
Devizes Support Group	542	2,287	(2,829)	-	-
Malmesbury Support Group	-	5,000	-	-	5,000
Melksham Support Group	541	1,479	(2,020)	-	-
Salisbury Support Group	543	3,040	(3,583)	-	-
Trowbridge Support Group	544	8,294	(8,838)	-	-
Trowbridge Polish project	7,967	-	-	-	7,967
Melksham Evening Support Group	-	856	(856)	-	-
Tidworth Support Group	544	6,722	(7,266)	-	-
Virtual/ Online Group	-	4,050	(4,050)	-	-
Trauma counselling	940	1,000	(2,275)	335	-
Children and young people counselling	5,000	10,034	(9,938)	-	5,096
NHS Charities together	-	9,283	(1,876)	-	7,407
Ukrainian Wellbeing	-	5,000	-	-	5,000
Client Management System	3,000	-	(3,000)	-	-
	<u>22,377</u>	<u>56,582</u>	<u>(48,824)</u>	<u>335</u>	<u>30,470</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

21 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	57,662	121,314	(120,218)	-	58,758
	<u>57,662</u>	<u>121,314</u>	<u>(120,218)</u>	<u>-</u>	<u>58,758</u>
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
General funds	112,503	89,676	(144,182)	(335)	57,662
	<u>112,503</u>	<u>89,676</u>	<u>(144,182)</u>	<u>(335)</u>	<u>57,662</u>

22 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Current assets/(liabilities)	58,758	31,007	89,765
	<u>58,758</u>	<u>31,007</u>	<u>89,765</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Tangible assets	401	-	401
Current assets/(liabilities)	57,261	30,470	87,731
	<u>57,662</u>	<u>30,470</u>	<u>88,132</u>

23 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

Accounts

Charity registration number 1113751

Company registration number 05498430 (England and Wales)



WILTSHIRE MIND

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

WILTSHIRE MIND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr B Stables	
	Mr J Donald	
	Mr N Carter	
	Ms C R Gallagher	
	Mr T J McTiernan	
	Ms G Brockett	(Appointed 27 July 2023)
Charity number	1113751	
Company number	05498430	
Registered office	Trinity House	
	Bryer-Ash Business Park	
	Trowbridge	
	Wiltshire	
	BA14 8HE	
Independent examiner	Gooding Accounts Ltd	
	24 Warminster Road	
	Westbury	
	Wiltshire	
	United Kingdom	
	BA13 3PE	

WILTSHIRE MIND

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WILTSHIRE MIND

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2023

As in 2021/22 year, this 2022/23 has continued to present a significant challenge in generating sufficient income to meet the cost of delivering our services. We emerged from the pandemic into a period of high inflation. a cost of living challenge, and local demand for our services at an all time high. This has necessitated the charity to use reserves to supplement these costs.

The Board of Trustees, CEO and team members have continued to excel in delivering our services against the backdrop of the following challenges:

- Successfully delivering the move from the old office at Melksham to the new premises at Trowbridge;
- Managing a significant reduction in paid team member resource whilst continuing to deliver charity services;
- Reduction in our income in part due to the cost-of-living challenge and economy pressures;
- Continuing to evaluate and update our service offering, launching a new GP referral service pilot, development of local schools wellbeing project offering parents, teachers, and student support through training and mentoring.

We continue to operate without financial support from commissioned or statutory services and remain dependent upon voluntary donation, local community funding events and grant funders. This year we have been successful in winning key grants both locally and nationally to support our services and develop new projects.

I am pleased to report that everyone in the team remains buoyant with a high degree of confidence and optimism in the year ahead. I would like to place on record my thanks to all the team members, volunteers, and Trustees for their excellent support over the past 12 months.



Jim Donald

Chair

Date: 23 October 2023

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, (the Memorandum and Articles of Association) , the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Our Vision and Mission

Our vision is of a society that promotes and protects good mental health for all and treats people with experience of mental ill health fairly, positively, and with respect. We won't give up until everyone gets support and respect.

Our mission is to promote good mental health and provide support to anyone in Wiltshire experiencing mental health problems or emotional distress.

The needs and experience of people with mental distress drive our work and we make sure their voice is heard by those who influence change. Our independence gives us the freedom to stand up and speak out on the real issues that affect daily lives.

We provide information, advice and support, campaign to improve policy and attitudes, and develop local services. We do all this to make it possible for people who experience mental distress to live full lives and play their full part in society.

Our charitable purposes are set out as Aims in our Strategic Plan. Our organisation provides benefit to the public of Wiltshire by:

- Supporting good mental health for people who live and work in Wiltshire;
- Empowering people who experience a mental health problem to make informed choices about how they live and recover;
- Improving services and support to ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem;
- Enabling social participation for people with experience of mental health problems and allowing them to participate fully in society;
- Removing inequality of opportunity to afford equality of treatment for people who experience both mental health and other forms of discrimination; and
- Making the most of our assets by building a professional, efficient, and sustainable organisation.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The trustees and Chief Executive Officer (CEO) review the charity's aims, objectives, and activities each year, ensuring that these remain focused around its charitable purposes. The trustees are aware of the requirement by the Charity Commission to provide public benefit when reviewing these aims and objectives, and in planning future activities.

In 2022/23 these aims and objectives were met by offering support groups, counselling, mental health training, school well-being services, and enhanced access services to people in Wiltshire to help with their mental health and emotional distress.

In addition, we have been able to provide the following outcomes:

- An increased ability amongst those suffering with mental health problems to manage daily tasks and lead fulfilling lives;
- Better chances in life for those in need of support, and playing a full part in society including the possibility of a return to employment or undertaking voluntary work;
- Support for young people to ensure early intervention, reducing the need for mental health support later in life
- A reduction in isolation amongst residents suffering mental distress - better access to support and services and stronger communities with citizens working together to tackle mental health problems;
- An increased awareness of a wide spectrum of mental health issues leading to increased understanding, reduced stigma, and community support for sufferers - healthier communities;
- Enabling of social participation and empowerment by providing access to information, advice, peer support networks and personalised services;
- Helping people with mental health and wellbeing issues to build confidence and resilience; and
- Our activities will also help service users build self-esteem, become more active citizens, have improved wellbeing, and find support and friendship.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Activities

Progress April 2022 - March 2023

Impact to Charity activities

Generating sufficient income to meet the costs of delivering our services has continued to be a challenge with a significant gap between income and expenditure for the year.

The demand for our services has continued to grow in the face of this financial challenge. We have continued with our hybrid model of delivering adult counselling services both online and face to face. We have also followed the same format with our support groups. At the end of this reporting year, we are working with selected GP surgeries locally, we have developed pilots for direct referral services to our counselling, and a wellbeing service through the enhanced access contract provided by a surgery in Salisbury. We have continued to offer mental health training to organisations, and are trialling some early intervention work with some local schools.

The costs to deliver our services have continued to rise. Such costs include insurance, administration, and venue hire costs. We have taken the following steps in the year to reduce our costs and increase productivity:

- We successfully moved our office from Melksham to smaller and lower cost premises at Trowbridge providing more modern professional facility which includes dedicated counselling facilities;
- We reduced our paid team member full time equivalent by 50% compared to 2021/22. To ensure continuity of service and the development of future services we commenced an internal programme of reorganisation, simplified job titles and descriptions which will be completed in 2023/2024;
- Digital solutions - The introduction of our client management system in 2021/22 has enabled us to increase productivity, and effectively organise, process and manage our service user and client data to better effect. We have procured a digital HR system again to increase productivity, reduce administration and lower costs.

The importance of providing mental health support is underlined by the work of the NHS, Government and health and social care agencies during the reporting year. However, our charity continued to operate without financial support from either commissioners or statutory sources and therefore we remain reliant on voluntary donations and the support of our local community and grant funders.

Funding Overview

Local fundraising events and fundraising opportunities have partially recovered from the levels seen throughout the COVID period, although not to the levels prior to the pandemic. As in 2021/22, we have used a determined amount of our unrestricted reserves to maintain services against the backdrop of this declining income this financial year.

Our local community in Wiltshire continued to support the charity and local businesses continued to donate throughout 2022/23 at a reduced level. Fundraising remains a key component of overall funding. Adapting to changing local fundraising activity meant driving greater engagement with organisations, clubs, and other charities this year to help us create sustainable income streams. This was a challenge in terms of resources.

A stronger, more focussed grant funding strategy was developed to help maintain existing services.

We were successful in securing funding for our support groups from the Postcode Local Trust, and a number of other local grant funders provided financial support to assist in the delivery of services.

The Trustees and Management are grateful for this financial assistance from those funders who have supported us during the year.

Sourcing additional funding from fundraising and grant providers remains our priority for the coming year.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Mental health support services for our community

Overview of Services provided in 2022/2023

We are pleased to report that we continue to provide our adult and young people's counselling. We also continue with our much-needed support groups although we had to reduce the number across the county due to increasing cost. This was supplemented with the continuation of the popular on-line group.

Our Adult Counselling Service provides an accessible counselling support service for anyone experiencing mental health problems or emotional distress. During 2022/23 we have offered both face to face and online counselling sessions. Our 13 active counselling volunteers delivered a great job in helping over a hundred adult service users.

Through our Young Persons Counselling service, we have offered specialist counselling sessions both online and face to face to our local population of young people, this service bridges the gaps in local statutory provision and enables young people to be seen at the earliest point.

Our Peer Support Groups across Wiltshire remain a vital support network for those who attend our groups. Through the first half of the year, we offered peer support groups at Chippenham, Melksham, Salisbury, Trowbridge, and Tidworth. We completed a full review of our support group arrangements and relaunched fortnightly face-to-face groups at venues at Tidworth and at Trowbridge, continuing with the fortnightly on-line video call group. Those attending groups may be disadvantaged and suffering from mental health problems and struggling with emotional distress. Members support each other by sharing experiences and most importantly sharing coping mechanisms. Attendees of the groups benefit from social integration in the format of group activities when possible. Groups are run by a trained facilitator and with a volunteer at each session.

Mental Health training – We continued to provide this service for local businesses and organisations. The pandemic has resulted in a commoditisation of this market through competitive and cheaper online products, and therefore we have seen a reduction in income. We continue to promote and offer training as part of our package to potential corporate customers.

School Well-being – We believe that early intervention for school students and their wellbeing is a target area for our work in the future. We have been trialling some early work in this area for development in 2023/2024.

In summary, through 2022/23, we provided the following services and opportunities for the community:

- 759 Adult counselling sessions
- 125 Young person counselling sessions
- 147 Support groups in total across Chippenham, Melksham, Salisbury, Devizes, Trowbridge, Tidworth, as well as our on-line group.

As part of our work in the community, we attended a number of events, workshops and presentations promoting our work and supporting other organisations in reaching out with health and wellbeing services.

We also held wellbeing workshops for Ukrainian refugees, funded through Mind and in support of ESOL (English for Speakers of Other Languages).

Partnerships and Projects

The Army Welfare Service provides professional welfare support and services to our armed forces and their families. We continued to develop this relationship and commenced a new support group in Tidworth for residents of the garrison town. The group uses garrison shared venues, and we participate in the work of the Army Welfare Service across the county and have representation at their regular quarterly meetings.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Organisational Overview

Leadership and team members

The Chief Executive Officer works closely with the Trustees and Senior Leadership Team to lead the organisation, strategy delivery, commissioning, funding, awareness, safeguarding, and oversees the charity's budgets and management accounts. The Board and CEO are supported by the leadership and team members, who oversee the policies and working procedures, Health and Safety, Human Resources, and ensuring that all services are delivered to the highest quality and managed appropriately.

Our team members are all part time, and collectively equate to 2.3 Full Time Equivalents. We are indebted to their commitment to the charity.

Volunteers

Our volunteers add significant value to what we do, particularly in the delivery of our counselling and peer support services. They champion our vision and values and help us to ensure that the voices of people with lived experience are at the core of everything we do.

We are grateful to our 13 volunteer counsellors, (4 qualified, 9 in training) who deliver our adult counselling services.

During 2022/2023 we were privileged to have the support of an average of 4 support group volunteers, and an average 13 volunteers providing counselling support – an overall average of 19 volunteers in total throughout the year. During the year, our volunteers contributed in excess of 900 hours to Wiltshire Mind to help deliver our aims.

Organisational Aspects

Wiltshire Mind is part of the National Mind federation although we do retain our independence and are known as a 'local Mind' and associated only through the federation agreement. There is no financial or managerial connection other than payment of the membership fee. Active involvement with the Mind Federation's Quality Mark scheme enables organisational improvement through the Mind Quality Mark (MQM) which we received in 2020. We are working towards re-accreditation, which is effective every three years.

Our IT system is cloud based, resilient and networked, with appropriate cyber security. During the 2021/22 year we introduced our new Client Management Record system. This has enabled us to significantly improve counselling and peer support processes, procedures and data management. We are introducing an automated HR management system which will reduce time spent on administrative tasks.

Achievements and performance

Significant activities and achievements against objectives

Our impact in 2022/23

Adult Counselling Service

During the year we provided 759 counselling sessions, helping 101 adults across Wiltshire.

Children and Young People's Counselling Service

In total, we provided 125 counselling sessions for Children and Young People, helping 18 individuals.

Peer Support Groups

In total, we held 147 peer support groups helping 134 people.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Financial review

Financial commentary

Income

Total income from all sources in the year was £146,258 (2021/22: £153,447).

Expenditure

Total expenditure from all sources was £193,006 (2021/22: £212,356) resulting in a deficit for the year of £46,748 (2021/22: £58,909 deficit).

Banking and investments

We continued to bank and invest with The Co-operative Bank. Our working funds were managed in the Community Direct Plus current account. We also have a current account with NatWest and a United Trust Bank Deposit Account.

Budget 2023/24

Due to the ongoing uncertainties around the pandemic and the general economic situation, the trustees approved a deficit budget for the year 2023/24 of £10,000 noting uncertainties around income, especially donations and grant availability.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees regularly examine the charity's requirements for reserves with regard to the main risks to the organisation. General reserves are held at an appropriate level in relation to the financial risks and to ensure that funds are available to manage unexpected challenges. (General reserves exclude restricted funds and reserves invested in tangible fixed assets). We also try to ensure that the charity has sufficient liquid reserves (cash and investments less restricted funds) to operate efficiently and manage any shortfalls in planned fundraising and other contributions.

The trustees have previously agreed that Wiltshire Mind's reserve policy is to hold three to six months of planned expenditure as a general reserve to be available with immediate access. The Trustees are aware of the need for reserves and aim to increase the reserve fund as and when conditions allow. As at the end of 2022/23, the unrestricted reserves stand at £57,662 and liquid reserves at £99,530.

The trustees view that this figure is broadly in line with the policy of three to six months of planned expenditure (£42,000 to £85,000) and due to ongoing uncertainties about future charity income and a deficit budget planned for 2023/24 of £10,000, it is prudent to keep a slightly higher level of reserves at this time. All of the unrestricted reserves are general funds, the trustees consider designated funds are no longer required.

During the year, due to ongoing challenges arising from Covid-19, Wiltshire Mind has had to draw on its reserves significantly due to lack of income and disruption to services during the lockdown and post-lockdown periods. The trustees can report that although significantly depleted from previous years, current general unrestricted reserves are still in line with our reserves policy.

The reserves policy will be agreed on an annual basis drawing on updated budgets and business plans and, if this level is maintained further plans will be drawn up to increase expenditure in key areas in line with our stated objectives.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

We sincerely thank the following organisations who made donations or awarded grants to us:

£200 to £10,000 grants

Anonymous grant funder for our Children and Young Peoples Counselling

Ray Harris Trust for local Support Groups

St James' Trust Trowbridge for local Support Groups

The Postcode Local Trust for Support Groups

The Edward Gostling Foundation towards core costs

The Ukraine Crisis Response Fund from Mind to help refugees

NHS Charities Together – grant funding for a GP trial referral service

Arnold Clark Community Grant Fund for core costs

Wiltshire Community Foundation for Adult counselling Service

We also gratefully thank the many individuals and donors who have supported Wiltshire Mind during the year.

Plans for future periods

We updated our strategy in the year taking us through to 2025. The Wiltshire Mind strategic plan identified our strategic priorities, and how we will achieve these 'Cornerstones'. These are:

Sustainability – We will continue to adapt to the way we operate our services and raise income to remain sustainable. We must remain flexible, working to our strategic goals.

Accessibility to our services for anyone in Wiltshire including 'at risk' groups – We will create, design, and deliver services through a deeper understanding of local needs.

Integrated working in partnership with others – We will work more closely with existing and new key stakeholders and delivery partners.

Developing pathways for our clients and service users – We will work at the heart of our community and with our commissioners to offer greater mental health support.

Our strategic plan is supported by an 18-month operational plan. Progress on the plan is reviewed at monthly board meetings. We have defined successful delivery of the plan as:

- A sustainable charity where our income covers our annual costs;
- A place where people aspire to work and volunteer for us locally;
- A charity where we have a portfolio of innovative fundraising and commercial products;
- Modern and relevant mental health services at the heart of the community, based upon need;
- Where our services are recognised by commissioners and NHS partners and are part of the Integrated Care System in Wiltshire.

Structure, governance and management

Wiltshire Mind, originally established in 1993, is a company limited by guarantee (No. 5498430) incorporated on 4 July 2005, and a registered charity (No. 1113751) registered with the Charity Commission on 11 April 2006. The charitable company is established under its Memorandum of Association and governed under its Articles of Association.

WILTSHIRE MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr B Stables

Mr J Donald

Mr N Carter

Ms C R Gallagher

Mr T J McTiernan

Mr J A S Colquhoun

Ms G Brockett

(Resigned 4 September 2023)

(Appointed 27 July 2023)

Recruitment and appointment of trustees

The directors of the company are also charity trustees. Trustees are elected at the AGM by a majority of those attending, or voting by proxy and may serve for a maximum of three years after which they must stand for re-election. Trustees may normally serve for a maximum of three terms after which they are ineligible for two years, however the members at an AGM may choose to reappoint trustees for longer terms.

The Trustees meet at least eight times per year. They are responsible for the strategic direction, policies, activities, and assets of the charity. At present the Trustees' meeting consists of six elected trustees with a variety of backgrounds, lived experience, commercial and charity experience. Sub committees are appointed, consisting of trustees and relevant team members to examine specific issues such as finance, strategy and fundraising, and report back to the full meeting of Trustees as required.

The main responsibilities of leadership and team members include management and delivery of high-quality services and service support, development of new services and management systems, meeting performance targets where set, and supervision and training of team members and volunteers. Wiltshire Mind uses the services of a variety of qualified or trained personnel as required. At the end of March 2023 there were 6 part-time team members and 23 volunteers including trustees.

Prospective trustees are sent an induction pack which outlines the role of the trustee along with the various Charity Commission publications on the subject. He or she will then attend a meeting with other trustees to discuss these issues further. The prospective trustee will be invited to attend meetings of the Trustees as an observer. If he or she wishes to proceed they may be co-opted to serve as a Trustee until the next Annual General Meeting at which members may vote to allow them to be full members. We constantly seek to improve the induction and training of our trustees to enable and empower them in their roles.

The trustees' report was approved by the Board of Trustees.



.....
Mr J Donald

Trustee

Date: 23 October 2023
.....

WILTSHIRE MIND

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WILTSHIRE MIND

I report to the trustees on my examination of the financial statements of Wiltshire Mind (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Katy Gooding

Gooding Accounts Ltd
24 Warminster Road
Westbury
Wiltshire
BA13 3PE
United Kingdom

Dated:

WILTSHIRE MIND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income from:							
Donations and legacies	3	74,183	55,283	129,466	99,840	29,910	129,750
Charitable activities	4	9,504	1,299	10,803	5,018	434	5,452
Other trading activities	5	5,013	-	5,013	17,000	-	17,000
Investments	6	976	-	976	1,245	-	1,245
Total income		89,676	56,582	146,258	123,103	30,344	153,447
Expenditure on:							
Raising funds	7	15,443	-	15,443	44,340	-	44,340
Charitable activities	8	128,739	48,824	177,563	146,491	21,525	168,016
Total expenditure		144,182	48,824	193,006	190,831	21,525	212,356
Net income/(expenditure)		(54,506)	7,758	(46,748)	(67,728)	8,819	(58,909)
Transfers between funds		(335)	335	-	-	-	-
Net movement in funds		(54,841)	8,093	(46,748)	(67,728)	8,819	(58,909)
Reconciliation of funds:							
Fund balances at 1 April 2022		112,503	22,377	134,880	180,231	13,558	193,789
Fund balances at 31 March 2023		57,662	30,470	88,132	112,503	22,377	134,880

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

WILTSHIRE MIND

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	13		401		803
Current assets					
Debtors	15	402		171	
Investments	16	52,937		105,000	
Cash at bank and in hand		46,593		43,632	
		<u>99,932</u>		<u>148,803</u>	
Creditors: amounts falling due within one year	17	<u>12,201</u>		<u>14,726</u>	
Net current assets			87,731		134,077
Total assets less current liabilities			<u>88,132</u>		<u>134,880</u>
The funds of the charity					
Restricted income funds	18	30,470		22,377	
Unrestricted funds		57,662		112,503	
		<u>88,132</u>		<u>134,880</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 23 October 2023

Brian Stables

Mr B Stables
Trustee

J Donald

Mr J Donald
Trustee

Company registration number 05498430 (England and Wales)

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Wiltshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity House, Bryer-Ash Business Park, Trowbridge, Wiltshire, BA14 8HE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% SL
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Donations and gifts	61,043	-	61,043	76,875	1,300	78,175
Grants received	13,140	55,283	68,423	22,965	28,610	51,575
	<u>74,183</u>	<u>55,283</u>	<u>129,466</u>	<u>99,840</u>	<u>29,910</u>	<u>129,750</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Income from charitable activities

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Counselling						
Sale of and donations for services	9,504	34	9,538	5,018	-	5,018
Support groups						
Sale of and donations for services	-	1,265	1,265	-	434	434
	<u>9,504</u>	<u>1,299</u>	<u>10,803</u>	<u>5,018</u>	<u>434</u>	<u>5,452</u>

5 Income from other trading activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Shop income	-	15,230
Trading activity income: other	5,013	1,770
Other trading activities	<u>5,013</u>	<u>17,000</u>

6 Income from investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Interest receivable	<u>976</u>	<u>1,245</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Expenditure on raising funds

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising and publicity		
Other fundraising costs	12,127	7,217
Trading costs		
Operating charity shops	-	17,890
Staff costs	3,316	19,233
	3,316	37,123
Total costs	15,443	44,340

8 Expenditure on charitable activities

	Charitable activities 2023 £	Charitable activities 2022 £
Direct costs		
Staff costs	31,436	98,705
Sessional workers	1,366	812
Volunteer costs	31	528
Premises costs	4,727	2,260
Administration costs	3,429	1,807
Professional fees	7,835	8,229
	48,824	112,341
Share of support and governance costs (see note 9)		
Support	126,140	53,791
Governance	2,599	1,884
	177,563	168,016
Analysis by fund		
Unrestricted funds	128,739	146,491
Restricted funds	48,824	21,525
	177,563	168,016

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9 Support costs allocated to activities

	2023 £	2022 £
Staff costs	41,804	13,643
Depreciation	402	402
Premises costs	6,817	12,269
Administration costs	27,404	21,256
Professional costs	49,681	6,221
Volunteer costs	32	-
Governance costs	2,599	1,884
	<u>128,739</u>	<u>55,675</u>
Analysed between:		
Charitable activities	<u>128,739</u>	<u>55,675</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	<u>9</u>	<u>13</u>

Employment costs

	2023 £	2022 £
Wages and salaries	<u>76,556</u>	<u>121,560</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

Key management personal of the charity comprise the Chief Executive Officer and Head of Service Delivery. The Chief Executive Officer is not an employee of the charity, they invoice for their time. This cost and the total employee benefits for 2022/23 is £63,906.

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

13 Tangible fixed assets

	Computers £
Cost	
At 1 April 2022	2,522
At 31 March 2023	2,522
Depreciation and impairment	
At 1 April 2022	1,719
Depreciation charged in the year	402
At 31 March 2023	2,121
Carrying amount	
At 31 March 2023	401
At 31 March 2022	803

14 Financial instruments

	2023 £	2022 £
Carrying amount of financial assets		
Instruments measured at fair value through profit or loss	52,937	105,000

15 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	282	-
Prepayments and accrued income	120	171
	402	171

16 Current asset investments

	2023 £	2022 £
Unlisted investments	52,937	105,000

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

17 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	-	1,008
Accruals and deferred income	12,201	13,718
	<u>12,201</u>	<u>14,726</u>

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Chippenham you-in-mind	2,756	(463)	(2,293)	-	-
Devizes you-in-mind	542	2,287	(2,829)	-	-
Malmesbury you-in-mind	-	5,000	-	-	5,000
Melksham you-in-mind	541	1,479	(2,020)	-	-
Salisbury you-in-mind	543	3,040	(3,583)	-	-
Trowbridge you-in-mind	544	8,294	(8,838)	-	-
Trowbridge Polish project	7,967	-	-	-	7,967
Melksham evening group	-	856	(856)	-	-
Tidworth you-in-mind	544	6,722	(7,266)	-	-
YIM Virtual	-	4,050	(4,050)	-	-
Trauma counselling	940	1,000	(2,275)	335	-
Children and young people counselling	5,000	10,034	(9,938)	-	5,096
NHS Charities together	-	9,283	(1,876)	-	7,407
Ukrainian support group	-	5,000	-	-	5,000
CMS system	3,000	-	(3,000)	-	-
	<u>22,377</u>	<u>56,582</u>	<u>(48,824)</u>	<u>335</u>	<u>30,470</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

18 Restricted funds

(Continued)

Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2022 £
Chippenham you-in-mind	2,202	4,325	(3,771)	-	2,756
Devizes you-in-mind	-	3,986	(3,444)	-	542
Malmesbury you-in-mind	-	226	(226)	-	-
Melksham you-in-mind	-	3,376	(2,835)	-	541
Salisbury you-in-mind	2,206	1,038	(2,701)	-	543
Trowbridge you-in-mind	-	3,377	(2,833)	-	544
Trowbridge Polish project	7,967	-	-	-	7,967
Melksham evening group	723	48	(771)	-	-
Tidworth you-in-mind	460	3,250	(3,166)	-	544
YIM Virtual	-	1,218	(1,218)	-	-
Trauma counselling	-	1,500	(560)	-	940
Children and young people counselling	-	5,000	-	-	5,000
CMS system	-	3,000	-	-	3,000
	<u>13,558</u>	<u>30,344</u>	<u>(21,525)</u>	<u>-</u>	<u>22,377</u>

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
General funds	<u>112,503</u>	<u>89,676</u>	<u>(144,182)</u>	<u>(335)</u>	<u>57,662</u>
Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2022 £
Redecoration	15,000	-	-	(15,000)	-
General funds	<u>165,231</u>	<u>123,103</u>	<u>(190,831)</u>	<u>15,000</u>	<u>112,503</u>
	<u>180,231</u>	<u>123,103</u>	<u>(190,831)</u>	<u>-</u>	<u>112,503</u>

WILTSHIRE MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

20 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Tangible assets	401	-	401
Current assets/(liabilities)	57,261	30,470	87,731
	<u>57,662</u>	<u>30,470</u>	<u>88,132</u>

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	803	-	803
Current assets/(liabilities)	111,700	22,377	134,077
	<u>112,503</u>	<u>22,377</u>	<u>134,880</u>

21 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2022
for
Wiltshire Mind

Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

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for the Year Ended 31 March 2022

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Wiltshire Mind

Chair's Report
for the Year Ended 31 March 2022

The year has been extremely challenging for the charity. The funding gap caused by the pandemic has had a serious knock-on effect in all areas of the business.

Depleted income has necessitated the charity to significantly delve into our reserves to keep the business providing our range of services. As we come out of the pandemic, multiple grant applications have been submitted and fund raising resumed, so it is hoped that our funding situation will continue to improve going forward.

Another casualty of the pandemic was the closure of the Charity Shop in February 2022. As it became clear that the shop was unable to cover its costs, the staff and volunteers were fully consulted at every step of the process to determine if this was the best way forward. My personal thanks go to all of them for their sterling service.

Work began to relocate the offices to more suitable premises from Melksham to Trowbridge in January/February 2022. This move will allow access to all our facilities on one level and provide much needed upgraded meeting space. It is anticipated the move will have taken place by early Summer 2022. The charity will be renting the accommodation in Trinity House Trowbridge from Wiltshire Citizens Advice. This location is central for bus and train transport giving a much wider access to the Wiltshire community.

Against the backdrop of the pandemic, the need for mental health support increases locally. We continue to provide much needed support, and where necessary, adapt to the changing needs. The adaptation to hybrid working remains a significant benefit to our team and also our beneficiaries through online support.

From a personal perspective I would like to place on record my thanks to all of the team, staff, volunteers and Trustees for their unswerving support during this difficult time.

Jim Donald Chair - Wiltshire Mind

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

Report of the Trustees
For the year ended 31 March 2022

The trustees present their report and the examined financial statements for the year ended 31 March 2022.

Reference and administrative information set out on page 8 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (published in October 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Wiltshire Mind's vision is of a society that promotes and supports good mental health for all.

Our objects are: "to promote mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment."

Our mission is to provide independent advice and support to empower anyone experiencing a mental health problem in Wiltshire.

The needs and experience of people with mental distress drive our work and we make sure their voice is heard by those who influence change. Our independence gives us the freedom to stand up and speak out on the real issues that affect daily lives.

We provide information, advice and support, campaign to improve policy and attitudes, and develop local services. We do all this to make it possible for people who experience mental distress to live full lives and play their full part in society.

Our charitable purposes are set out as Aims in our Strategic Plan. Our organisation provides benefit to the public of Wiltshire by:

- Supporting good mental health for people who live and work in Wiltshire;
- Empowering people who experience a mental health problem to make informed choices about how they live and recover;
- Improving services and support to ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem;
- Enabling social participation for people with experience of mental health problems and allowing them to participate fully in society;
- Removing inequality of opportunity to afford equality of treatment for people who experience both mental health and other forms of discrimination; and
- Making the most of our assets by building a professional, efficient and sustainable organisation.

The trustees and managers review the charity's aims, objectives and activities each year, ensuring that these remain focused around its charitable purposes. The trustees are aware of the requirement by the Charity Commission to provide public benefit when reviewing these aims and objectives, and in planning future activities.

In 2021-22 these aims and objectives were met by offering peer support groups, counselling and information and well-being services to people in Wiltshire with their mental health and emotional distress.

In addition we have been able to provide the following outcomes:

- An increased ability amongst those suffering mental distress to manage daily tasks and lead fulfilling lives;
- Better chances in life for those in need of support, and playing a full part in society including the possibility of a return to employment or undertaking voluntary work;
- Support for young people to ensure early intervention, reducing the need for mental health support later in life
- A reduction in isolation amongst residents suffering mental distress - better access to support and services and stronger communities with citizens working together to tackle mental health problems;
- An increased awareness of a wide spectrum of mental disorders leading to increased understanding, reduced stigma and community support for sufferers - healthier communities;
- Enabling of social participation and empowerment by providing access to information, advice, peer support networks and personalised services;
- Helping people with mental health issues build confidence and resilience; and
- Our activities will also help service users build self-esteem, become more active citizens, have improved wellbeing and find support and friendship.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Significant activities

Progress April 2021- March 2022

Covid-19 pandemic and charity activities

The COVID-19 pandemic has led to significant social and economic changes in daily life, with impacts on mental health of the general population showing increased levels of anxiety, stress and depression.

These effects continued to impact both the income of the charity, and the demand for our services through the year. Where demand for mental health services continued to grow, our charitable income reduced significantly.

The pandemic continued to drive changes in the needs of our beneficiaries. Our online and face to face support services evolved in year, resulting in a continuation of the hybrid model of counselling and support delivery for the people of Wiltshire. We launched a new Trauma Counselling service too, with the financial support of a local grant funder.

We recognise that many of our costs are rising, including a gradual increase in venue costs for our face-to-face support groups, along with noted increased insurance and administrative costs as a result of the changing economy. Where possible, efficiency measures have been introduced including the development of a new digital Client Management System which will help reduce overall administrative costs going forward.

The importance of providing mental health support is underlined by the work of the NHS, government and health and social care agencies during the reporting year. However, our charity continued to operate without financial support from either commissioners or statutory sources and therefore we remain reliant on voluntary donations and the support of our local community and grant funders.

Funding Overview

The pandemic resulted in the continued cancellation of many local fundraising events and general lack of fundraising opportunities that support our income generation activity. We therefore used a determined amount of our unrestricted reserves to maintain services against the backdrop of declining income.

Trustees and Management agreed that core service delivery (counselling and peer support) must continue where possible to support the increasing mental health service demand locally, reducing any further community shortfall in mental health service provision and disadvantaging the health and care system further.

Our local community in Wiltshire continued to support the charity and local businesses continued to donate throughout 2021/22 albeit at a reduced level. Fundraising remains a key component of the overall funding. Adapting to changing local fundraising activity meant driving greater engagement with organisations, clubs and other charities this year to help us create sustainable income streams. Securing funding for a new Trauma Counselling service trial for example from a local charitable trust was a notable outcome.

A review of the retail operation was undertaken in year, which resulted in the closure of our local charity shop based in Melksham at the end of the financial year. With its intermittent closure during the pandemic, the changing customer footfall on the high street and general decline in sales were significant contributing factors to its underperformance.

A stronger, more focussed grant funding strategy was developed to help maintain local peer support groups and counselling services. The Trustees and Management are grateful for this financial assistance from those funders who have supported us during the year and into the future. We were successful in securing funding for our Support Groups from The National Lottery Community Fund. We are also grateful to Mind for supporting our Digital Transformation with a small grant, enabling us to continue to innovate in the delivery of our services.

Commercial income challenges

The largest affected area of our activity during the year was the provision of Mental Health Awareness Training. Before Covid-19 and the pandemic, this commercially successful product had been an income source for the charity, and a valuable corporate offer for local businesses. The market has changed considerably in the last 18 months, commoditising and resulting in lower incomes due to saturation of the market from online providers who are offering vastly discounted CPD or one-off training packages. Finding a replacement product with significant income levels has remained a challenge. Strategically we remain determined to develop a replacement income offer.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Mental health support services for our community

Overview of Services provided in 2021/2022

At the start of the financial year, the UK was coming out of a lockdown, which enabled us to resume face-to-face services from July 2021 on a staggered approach. Social restrictions ended formally during the summer.

We are pleased to report that we continued our Young People's Counselling Service during the pandemic - via video call and face-to-face at our Melksham office. Operating three afternoons/evenings per week, providing specialist young people's counsellors for our local population of young people, this service bridges the gaps in local statutory provision and enables young people to be seen at the earliest point. In year we have identified the need for greater engagement with schools and this will roll into our strategic plans in the future.

Our Adult Counselling Service provides an accessible counselling support service for anyone experiencing mental health problems or emotional distress. During 2021/22 we were able to continue to provide this virtually in the same way we were able to in 2020/21, and also face to face when pandemic social restrictions allowed. Our 16 active counselling volunteers continue to be flexible in helping to support our service users during these challenging times.

At the start of the year we established trial Trauma Counselling service for adults. Using the skills of a trained trauma counsellor, sessions are offered in a similar way to our adult counselling.

Our Peer Support Groups across Wiltshire remain a vital support network for those who attend. With the pandemic and associated social restrictions, some groups remained online via video calls. Those attending groups may be disadvantaged and suffering from mental ill health and struggling with emotional distress. Members support each other by sharing experiences and most importantly sharing coping mechanisms. Attendees of the groups benefit from social integration in the format of group activities when possible. Groups are run by a trained facilitator and with a volunteer at each session.

Peer Support Groups traditionally operate out of local venues which are held in county towns. Those attending help shape the content of the sessions held. Historically attendees have contributed a small financial contribution per visit towards refreshment costs, but this has been sporadic due to the inconsistent nature of the groups during the year. Part funding for these groups is sought from local councils where possible. We reviewed our venues during 2021/22 in light of health and safety and social restrictions. This led to changes in all of our venues, ensuring better facilities for groups, and better locations geographically for each community.

During the reporting year, we provided the following services and opportunities for the community:

- Adult Counselling
- Children and Young People's Counselling (Aged 11+)
- 6 local Peer Support Groups. These groups were held online, moving to face-to-face groups at the following times:
 - Chippenham - October 2021
 - Devizes - October 2021
 - Trowbridge - February 2022
 - Melksham - March 2022
 - Salisbury - March 2022
 - Tidworth - March 2022
- Online Support Group held during the evening for those unable to attend during daytime
- Mental Health Awareness and Mental Health First Aid Training for local businesses and organisations
- Volunteering opportunities for 31 people (counselling, support group and retail volunteering roles)

Partnerships and Projects

The **Building Bridges** programme supports people across Swindon and Wiltshire who are facing significant challenges in being able to develop their skills, access education or move towards the world of work. We continued to work in partnership with the National Lottery Funded programme to deliver mental health support to a number of individuals across the year.

Our new **Trauma Counselling service** was successfully trialled throughout the year and, funded by the Sarah Jayne Charitable Trust, demand for trauma counselling remains high across our county, and we hope this service will receive full funding in due course and enable expansion across our military and civilian community.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

The **Army Welfare Service** provides professional welfare support and services to our armed forces and their families. In 2021/22 we developed a new relationship with this vital stakeholder in Wiltshire, opening up opportunities to develop a new support group in Tidworth for local residents in the garrison town. The group uses garrison shared venues and we participate in the work of the Army Welfare Service across the county and have representation at their regular quarterly meetings.

Organisational Overview

Staff and Leadership

The Chief Executive Officer works closely with the Trustees and Senior Leadership Team to lead the organisation, strategy delivery, commissioning, funding, awareness, safeguarding, and oversees the charity's budgets and management accounts. The Board and CEO are supported by the extended Leadership Team, who oversee the policies and working procedures, Health and Safety, Human Resources, and ensuring that all services are delivered to the highest quality and managed appropriately.

Our staff team are predominantly part time workers, and collectively equate to 5.4 Full Time Equivalent. We are indebted to their commitment to the charity.

Volunteers

Our volunteers add significant value to what we do, particularly in the delivery of our counselling and peer support services. They champion our vision and values and help us to ensure that the voices of people with lived experience are at the core of everything we do.

During 2021/2022 we were again fortunate in having our volunteers by our side as we dealt with the effects of the pandemic. Their flexibility and support ensured we were able to stand-up services including volunteering, support groups and providing retail support in our charity shop.

In particular we reference our 16 volunteer counsellors, (10 qualified, 6 in training) who deliver our adult counselling, underpinning our core services.

We were sorry to see our 6 charity shop volunteer roles end following the closure of our Melksham shop, but the volunteers themselves remain part of the Wiltshire Mind stakeholder group. Volunteers form the backbone of Wiltshire Mind in the community.

During 2021/2022 we had an average of 4 support group volunteers, 6 shop volunteers and around 16-20 volunteers providing counselling support - an average of 27 volunteers in total throughout the year. During the year, our volunteers contributed approximately 1000 hours to Wiltshire Mind in helping deliver our aims.

Organisational Aspects

Wiltshire Mind is affiliated to National Mind and a 'local Mind' and associated only through the federation agreement. There is no financial or managerial connection other than payment of the membership fee. Active involvement with the Mind Federation's Quality Mark scheme enables organisational improvement through the Mind Quality Mark (MQM) and we are duly accredited.

Our IT system is cloud based, resilient and networked, with appropriate cyber security. During the year we started development work on our new Client Management Record system, which will vastly improve counselling and peer support processes and procedures, resulting in efficiencies in the next financial year.

OBJECTIVES AND ACTIVITIES

Covid-19

We have prepared this report at a time when Covid-19 is continues to be a global pandemic. The situation continues to develop for our beneficiaries, service users, staff, and partner organisations. Where possible, we have mitigated any risks through effective risk management, ensuring good practice and a close working relationship between the management of the charity and Trustees.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Our impact in 2021/22

Adult Counselling Service

During the year we provided 1,074 counselling sessions for adults. During this period we helped (after assessment) 121 adults across Wiltshire.

Children and Young People's Counselling Service

In total, we provided 477 counselling sessions for Children and Young People, helping 22 individuals.

Peer Support Groups

Our groups traditionally operate out of local premises or which are formed and held in populated towns. With the need to run this service online, the groups held during 2020/2021 had fewer geographic boundaries. In total, we held 122 peer support groups helping 73 people.

We were able to gain grant funding to help support this service during the year from The Community Fund of The National Lottery.

FINANCIAL REVIEW
Financial commentary
Income

Total income from all sources in the year was £153,447 (2020/21: £99,876).

Expenditure

Total expenditure from all sources was £212,356 (2020/21: £184,197) resulting in a deficit for the year of £58,909 (2020/21: £84,319 deficit).

Banking and investments

We continued to bank and invest with The Co-operative Bank. Our working funds were managed in the Community Direct Plus current account. We also have a current account with NatWest and a United Trust Bank Deposit Account.

Budget 2022/23

Due to the ongoing uncertainties around the pandemic and the general economic situation, the trustees approved a deficit budget for the year 2022/23 of £34,000 noting uncertainties around income, especially donations and grant availability.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

FINANCIAL REVIEW

Reserves policy

The Trustees regularly examine the charity's requirements for reserves with regard to the main risks to the organisation. General reserves are held at an appropriate level in relation to the financial risks and to ensure that funds are available to manage unexpected challenges. (General reserves exclude restricted funds and reserves invested in tangible fixed assets). We also try to ensure that the charity has sufficient liquid reserves (cash and investments less restricted funds) to operate efficiently and manage any shortfalls in planned fundraising and other contributions.

The trustees have previously agreed that Wiltshire Mind's reserve policy is to hold three to six months of planned expenditure as a general reserve to be available with immediate access. The Trustees are aware of the need for reserves and aim to increase the reserve fund as and when conditions allow. As at the end of 2021/22, the unrestricted reserves stand at £112,503 and liquid reserves at £134,077.

The trustees view that this figure is in excess of the policy of three to six months of planned expenditure (£52,000 to £103,000) but due to ongoing uncertainties about future charity income and a deficit budget planned for 2022/23 of £34,000, it is prudent to keep a slightly higher level of reserves at this time. All of the unrestricted reserves and general funds, the trustees considered designated funds are no longer required.

During the year, due to the severe impact of Covid-19, Wiltshire Mind has had to draw on its reserves significantly due to lack of income and disruption to services during the lockdown and post-lockdown periods. The trustees can report that although significantly depleted from previous years, current general unrestricted reserves are still in line with six months of future planned expenditure (£103,000).

The reserves policy will be agreed on an annual basis drawing on updated budgets and business plans and, if this level is maintained as we emerge post Covid-19, further plans will be drawn up to increase expenditure in key areas in line with our stated objectives.

We sincerely thank the following organisations who made donations or awarded grants to us:

£200 to £10,000 grants

The National Lottery Community Fund (for the benefit of our Peer Support Groups)

Sarah Jayne Charitable Trust (for the benefit of Trauma Counselling trial)

Mind (for our digital Client Management System)

Walter Guinness Charitable Trust (for the benefit of the Peer Support Groups)

Chippenham Borough Lands Trust (for the benefit of the local Peer Support Group)

Tidworth Town Council (for the benefit of the local Peer Support Group)

Trowbridge Town Council (for the benefit of the local Peer Support Group)

Samuel William Farmer Trust (for the benefit of local Peer Support Groups)

Melksham Without Parish Town Council (for the benefit of local Peer Support Group)

Albert Hunt Trust (for the benefit of our Children and Young People's service)

Devizes Town Council (for the benefit of our clients in Devizes, Peer Support Group)

Wiltshire Community Fund (for the benefit of our Children and Young People's service)

We also thank the many individuals and donors who have supported Wiltshire Mind during the year, particularly during these challenging times.

Wiltshire Mind

Report of the Trustees for the Year Ended 31 March 2022

FUTURE PLANS

Plans for the future

A strategy was produced in 2019 taking us through to 2023. Following the pandemic, we are reviewing our strategy in July 2022, ensuring we remain focussed on our strategic aims and that we have the necessary organisational structure to take us forward successfully into the post Covid-19 future.

We will continue to focus on our Strategic Goals:

- To increase our service provision, offering as wide a service footprint as possible and improving service effectiveness amongst our community.
- Raise the profile of Wiltshire Mind
- Help to overcome the stigma associated with mental health by influencing an engaging with key stakeholders
- Achieve sustainable funding base and sustainability for Wiltshire Mind

The effects of the pandemic and Covid-19 mean we have to continue to adapt to the way we operate our services, and raise income to remain sustainable. We must remain flexible, working to our strategic goals.

As the demand for mental health services increases across the county, we see our position in the new Integrated Care System becoming more important. Efforts to establish ourselves as a chosen provider and work with other providers locally will be a priority, and we aim to secure some commissioned income during the lifetime of the current strategic plan.

We continue to work in partnership with others across Wiltshire to provide the very best care and support for those needing mental health support. We will continue to promote 'good mental health' and our work through the local press, media and through attendance at events - raising the profile of the charity at every opportunity.

Identified opportunities which have become evident this year include:

- Early intervention for school children - helping those at an early age with their mental health
- Developing stronger ties with the military and civilian communities around our county to offer support through adult, children and trauma counselling and support groups
- The need to provide specific groups, which may focus on anxiety, depression, and other mild to moderate conditions.
- The need to continue to offer both online and face to face services
- The need to further adapt our funding model in light of declining voluntary donations/income
- Review of our commercial offer of training packages

These opportunities will be built into our future strategic plan.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Wiltshire Mind, originally established in 1993, is a company limited by guarantee (No. 5498430) incorporated on 4 July 2005, and a registered charity (No. 1113751) registered with the Charity Commission on 11 April 2006. The charitable company is established under its Memorandum of Association and governed under its Articles of Association.

Recruitment and appointment of new trustees

Appointment of Trustees

The directors of the company are also charity trustees. Trustees are elected at the AGM by a majority of those attending, or voting by proxy and may serve for a maximum of three years after which they must stand for re-election. Trustees may normally serve for a maximum of three terms after which they are ineligible for two years.

Induction of Trustees

Prospective trustees are sent an induction pack which outlines the role of the trustee along with the various Charity Commission publications on the subject. He or she will then attend a meeting with other trustees to discuss these issues further. The prospective trustee will be invited to attend meetings of the Trustees as an observer. If he or she wishes to proceed they may be co-opted to serve as a Trustee until the next Annual General Meeting at which members may vote to allow them to be full members. We constantly seek to improve the induction and training of our trustees to enable and empower them in their roles.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Trustees meet at least eight times per year. They are responsible for the strategic direction, policies, activities and assets of the charity. At present the Trustees' meeting consists of seven elected trustees and they come from a variety of backgrounds including being at some time users of the service provided by the charity. Sub committees are appointed, consisting of trustees and relevant staff, to examine specific issues such as finance, strategy and fundraising, and report back to the full meeting of Trustees when required.

The main responsibilities of principal staff include management and delivery of high-quality services and service support, development of new services and management systems, meeting performance targets where set, and supervision and training of staff and volunteers. Wiltshire Mind uses the services of a variety of qualified or trained personnel as required. At 31 March 2022 there were 12 part-time staff and 27 volunteers including trustees and charity shop volunteers.

Risk management

The Trustees are aware of the requirement to consider the major risks to which Wiltshire Mind is exposed. To this end, an on-going process has been established to identify risks and draw up a risk register, which is reviewed annually. It is therefore possible to mitigate or eliminate these risks either by ensuring that present policies and procedures are sufficiently robust or by the introduction of new strategies and practices. Risks already identified have led to ongoing organisational changes, and development of strategies to reduce dependence on single-source funding and to meet the ongoing challenges of radical change in funding methods and service delivery.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

5498430 (England and Wales)

Registered Charity number

1113751

Registered office

Part 1st Floor/2nd Floor
21-23 High Street
Melksham
Wiltshire
SN12 6JY

Trustees

Jim Donald	Chair	Re-appointed December 2020
Geoffrey Brown	Vice Chair	Re-appointed November 2021 (re-appointed yearly)
Brian Stables	Treasurer	Re-appointed November 2021
Joe McTiernan		Re-appointed December 2020
Nigel Carter		Re-appointed November 2021
Cora Gallagher		Re-appointed December 2021 (re-appointed yearly)
James Colquhoun		Appointed November 2021

PRINCIPAL STAFF

Paul Mills	Chief Executive Officer (appointed September 2020)
Phillippa Collins	Head of Service Delivery
Michelle Brichard	Head of Operations (appointed November 2020)
Claire Selway	Finance assistant/bookkeeper
Jennie Stoddart	Support Group Facilitator and Training Products Co-ordinator
Ann Marie Neil	Support Group Facilitator
Chris Thorpe	Support Group Facilitator
Karen Miller	Office Co-ordinator
Natalia Maiseyeva	Service Delivery Assistant (appointed January 2021)
Laura Oatley	Community Fundraiser/Counselling Coordinator

Independent Examiner

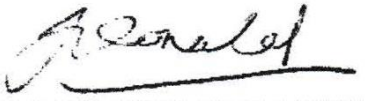
Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

Wiltshire Mind

Report of the Trustees
for the Year Ended 31 March 2022

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 2 November 2022 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Jim Donald', with a long horizontal line extending from the end of the signature.

Jim Donald - Trustee

**Independent Examiner's Report to the Trustees of
Wiltshire Mind**

Independent examiner's report to the trustees of Wiltshire Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



James Gare FCA DChA
Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

Date: 21 November 2022

Wiltshire Mind

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and voluntary income	2	99,840	29,910	129,750	81,709
Charitable activities					
Charitable activities		5,018	434	5,452	5,108
Other trading activities	3	17,000	-	17,000	9,514
Investment income	4	<u>1,245</u>	<u>-</u>	<u>1,245</u>	<u>3,547</u>
Total		<u>123,103</u>	<u>30,344</u>	<u>153,447</u>	<u>99,878</u>
 EXPENDITURE ON					
Raising funds	6	44,340	-	44,340	33,194
Charitable activities	7				
Charitable activities		<u>146,491</u>	<u>21,525</u>	<u>168,016</u>	<u>151,003</u>
Total		<u>190,831</u>	<u>21,525</u>	<u>212,356</u>	<u>184,197</u>
 NET INCOME/(EXPENDITURE)		(67,728)	8,819	(58,909)	(84,319)
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>180,231</u>	<u>13,558</u>	<u>193,789</u>	<u>278,108</u>
 TOTAL FUNDS CARRIED FORWARD		<u><u>112,503</u></u>	<u><u>22,377</u></u>	<u><u>134,880</u></u>	<u><u>193,789</u></u>

The notes form part of these financial statements

Wiltshire Mind

Balance Sheet
31 March 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	14	803	1,205
CURRENT ASSETS			
Debtors	15	171	1,955
Investments	16	105,000	140,000
Cash at bank and in hand		<u>43,632</u>	<u>71,918</u>
		148,803	213,873
CREDITORS			
Amounts falling due within one year	17	(14,726)	(21,289)
NET CURRENT ASSETS		<u>134,077</u>	<u>192,584</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		134,880	193,789
NET ASSETS		<u>134,880</u>	<u>193,789</u>
FUNDS	19		
Unrestricted funds		112,503	180,231
Restricted funds		<u>22,377</u>	<u>13,558</u>
TOTAL FUNDS		<u>134,880</u>	<u>193,789</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

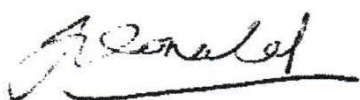
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2 November 2022 and were signed on its behalf by:



Jim Donald - Trustee



Brian Stables - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

Wiltshire Mind is an incorporated charity registered in the England and Wales. The principal address of charity is given within the reference and administration details on page seven of these financial statements. The nature of the charity's operations and principal activities are provided in the Report of the Trustees.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland, the Charities Act 2011 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided as rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows;

Computer and office equipment	4 years
-------------------------------	---------

Items of equipment are capitalised where the purchase price exceeds £1,000.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

2. DONATIONS AND VOLUNTARY INCOME

	2022	2021
	£	£
Donations	78,175	49,728
Grants	<u>51,575</u>	<u>31,981</u>
	<u>129,750</u>	<u>81,709</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Shop income	15,230	8,014
Training income	<u>1,770</u>	<u>1,500</u>
	<u>17,000</u>	<u>9,514</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	<u>1,245</u>	<u>3,547</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2022 Charitable activities £	2021 Total activities £
Support groups	434	324
Counselling	<u>5,018</u>	<u>4,784</u>
	<u>5,452</u>	<u>5,108</u>

6. RAISING FUNDS

Other trading activities

	2022	2021
	£	£
Staff costs	14,193	13,402
Shop expenditure	<u>17,890</u>	<u>11,831</u>
	<u>32,083</u>	<u>25,233</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Charitable activities	<u>112,341</u>	<u>55,675</u>	<u>168,016</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	88,684	51,536
Other staff costs	10,021	11,030
Sessional workers	812	590
Volunteer costs	528	499
Premises costs	2,260	360
Administration costs	1,807	30
Professional fees	<u>8,229</u>	<u>6,755</u>
	<u>112,341</u>	<u>70,800</u>

9. SUPPORT COSTS

	Management	Other	Governance costs	Totals
	£	£	£	£
Charitable activities	<u>53,389</u>	<u>402</u>	<u>1,884</u>	<u>55,675</u>

Support costs, included in the above, are as follows:

Management

	2022	2021
	Charitable activities	Total activities
	£	£
Wages	13,643	28,901
Premises costs	12,269	8,201
Administration costs	21,256	27,935
Professional fees	<u>6,221</u>	<u>13,012</u>
	<u>53,389</u>	<u>78,049</u>

Other

	2022	2021
	Charitable activities	Total activities
	£	£
Depreciation of tangible fixed assets	<u>402</u>	<u>402</u>

Governance costs

	2022	2021
	Charitable activities	Total activities
	£	£
Accountancy and legal fees	<u>1,884</u>	<u>1,752</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	402	402
Independent examination	2,000	1,752
Leasing of photocopier	<u>7,920</u>	<u>7,920</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

11. TRUSTEES' REMUNERATION AND BENEFITS

No trustees were remunerated in the year, nor in the previous year.

Trustees' expenses

There were no expenses reimbursed to trustees in the year (2021 - £160 reimbursed to 1 trustee in relation to training costs).

12. STAFF COSTS

	2022 £	2021 £
Wages and salaries	120,606	93,911
Other pension costs	<u>954</u>	<u>785</u>
	<u><u>121,560</u></u>	<u><u>94,696</u></u>

The average monthly number of employees during the year was as follows:

	2022	2021
Average head count	<u>13</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the charity comprise the Chief Executive Officer, Counselling Lead and Charity Shop Manager. The total employee benefits paid to the key management personnel were £23,815 (2021: £49,473).

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and voluntary income	79,883	1,826	81,709
Charitable activities			
Charitable activities	4,786	322	5,108
Other trading activities	9,514	-	9,514
Investment income	<u>3,547</u>	<u>-</u>	<u>3,547</u>
Total	<u><u>97,730</u></u>	<u><u>2,148</u></u>	<u><u>99,878</u></u>
EXPENDITURE ON			
Raising funds	33,194	-	33,194
Charitable activities			
Charitable activities	<u>136,621</u>	<u>14,382</u>	<u>151,003</u>
Total	<u><u>169,815</u></u>	<u><u>14,382</u></u>	<u><u>184,197</u></u>
NET INCOME/(EXPENDITURE)	(72,085)	(12,234)	(84,319)
Transfers between funds	<u>(14,816)</u>	<u>14,816</u>	<u>-</u>
Net movement in funds	(86,901)	2,582	(84,319)
RECONCILIATION OF FUNDS			
Total funds brought forward	267,132	10,976	278,108

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>180,231</u>	<u>13,558</u>	<u>193,789</u>

14. TANGIBLE FIXED ASSETS

		Computer equipment £
COST		
At 1 April 2021 and 31 March 2022		<u>2,522</u>
DEPRECIATION		
At 1 April 2021		1,317
Charge for year		<u>402</u>
At 31 March 2022		<u>1,719</u>
NET BOOK VALUE		
At 31 March 2022		<u>803</u>
At 31 March 2021		<u>1,205</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	-	983
Prepayments and accrued income	<u>171</u>	<u>972</u>
	<u>171</u>	<u>1,955</u>

16. CURRENT ASSET INVESTMENTS

	2022 £	2021 £
United Trust Bank account	<u>105,000</u>	<u>140,000</u>

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Social security and other taxes	1,008	274
Accruals and deferred income	<u>13,718</u>	<u>21,015</u>
	<u>14,726</u>	<u>21,289</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	803	-	803	1,205
Current assets	126,426	22,377	148,803	213,873
Current liabilities	<u>(14,726)</u>	<u>-</u>	<u>(14,726)</u>	<u>(21,289)</u>
	<u>112,503</u>	<u>22,377</u>	<u>134,880</u>	<u>193,789</u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

19. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	165,231	(67,728)	15,000	112,503
Redecoration	15,000	-	(15,000)	-
	180,231	(67,728)	-	112,503
Restricted funds				
Chippenham you-in-mind fund	2,202	554	-	2,756
Devizes you-in-mind fund	-	542	-	542
Melksham you-in-mind fund	-	541	-	541
Salisbury you-in-mind fund	2,206	(1,663)	-	543
Trowbridge you-in-mind fund	-	544	-	544
Trowbridge Polish project	7,967	-	-	7,967
Melksham evening group	723	(723)	-	-
Tidworth you-in-mind fund	460	84	-	544
Trauma Counselling	-	940	-	940
Children and Young People	-	5,000	-	5,000
CMS System	-	3,000	-	3,000
	13,558	8,819	-	22,377
TOTAL FUNDS	193,789	(58,909)	-	134,880

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	123,103	(190,831)	(67,728)
Restricted funds			
Chippenham you-in-mind fund	4,325	(3,771)	554
Devizes you-in-mind fund	3,986	(3,444)	542
Malmesbury you-in-mind fund	226	(226)	-
Melksham you-in-mind fund	3,376	(2,835)	541
Salisbury you-in-mind fund	1,038	(2,701)	(1,663)
Trowbridge you-in-mind fund	3,377	(2,833)	544
Melksham evening group	48	(771)	(723)
Tidworth you-in-mind fund	3,250	(3,166)	84
YIM Virtual	1,218	(1,218)	-
Trauma Counselling	1,500	(560)	940
Children and Young People	5,000	-	5,000
CMS System	3,000	-	3,000
	30,344	(21,525)	8,819
TOTAL FUNDS	153,447	(212,356)	(58,909)

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

19. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	247,824	(61,084)	(21,509)	165,231
Redecoration	15,000	-	-	15,000
Young people counselling	<u>4,308</u>	<u>(11,001)</u>	<u>6,693</u>	<u>-</u>
	267,132	(72,085)	(14,816)	180,231
Restricted funds				
Chippenham you-in-mind fund	4,218	(2,016)	-	2,202
Devizes you-in-mind fund	370	(2,465)	2,095	-
Malmesbury you-in-mind fund	(1,647)	(1,806)	3,453	-
Melksham you-in-mind fund	(1,270)	(1,958)	3,228	-
Salisbury you-in-mind fund	2,499	(293)	-	2,206
Trowbridge you-in-mind fund	(2,865)	(2,116)	4,981	-
Trowbridge Polish project	7,967	-	-	7,967
Melksham evening group	723	-	-	723
Tidworth you-in-mind fund	981	(521)	-	460
YIM Virtual	<u>-</u>	<u>(1,059)</u>	<u>1,059</u>	<u>-</u>
	<u>10,976</u>	<u>(12,234)</u>	<u>14,816</u>	<u>13,558</u>
TOTAL FUNDS	<u>278,108</u>	<u>(84,319)</u>	<u>-</u>	<u>193,789</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,067	(158,151)	(61,084)
Young people counselling	<u>663</u>	<u>(11,664)</u>	<u>(11,001)</u>
	97,730	(169,815)	(72,085)
Restricted funds			
Chippenham you-in-mind fund	108	(2,124)	(2,016)
Devizes you-in-mind fund	67	(2,532)	(2,465)
Malmesbury you-in-mind fund	373	(2,179)	(1,806)
Melksham you-in-mind fund	41	(1,999)	(1,958)
Salisbury you-in-mind fund	494	(787)	(293)
Trowbridge you-in-mind fund	65	(2,181)	(2,116)
Tidworth you-in-mind fund	-	(521)	(521)
YIM Virtual	<u>1,000</u>	<u>(2,059)</u>	<u>(1,059)</u>
	<u>2,148</u>	<u>(14,382)</u>	<u>(12,234)</u>
TOTAL FUNDS	<u>99,878</u>	<u>(184,197)</u>	<u>(84,319)</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

19. MOVEMENT IN FUNDS - continued

Restricted Funds

Chippenham You in Mind/Peer Support Group	Grants from previous years to be used for the benefit of clients of Chippenham You in Mind group.
Devizes You in Mind/Peer Support Group	Grants from Devizes Town Council to be used for the benefit of clients of Devizes You in Mind group.
Salisbury You in Mind/Peer Support Group	Grants from previous years to be used for the benefit of clients of Salisbury You in Mind group.
Tidworth You in Mind Group	Grants to be used for the benefit of clients of Tidworth You in Mind group.
Trowbridge Peer Support Group	Grant received in year for the benefit of the clients of Trowbridge group.
Melksham Peer Support Group	Grants to be used for the benefit of clients of Melksham You in Mind group.
Melksham Evening Group	Ran until the end of March 2020 and then some clients joined the You in Mind virtual group.
Children and Young People	Grant received in year.
Trowbridge Polish Counselling Project	Ran until the impact of Covid 19 at the start of the financial year then put 'on hold' as it is currently.
Trauma Counselling	A new service started in 2021/22.
Mind CMS	Grant from Mind to support the establishment of an integrated database system.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Wiltshire Mind

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and voluntary income		
Donations	78,175	49,728
Grants	<u>51,575</u>	<u>31,981</u>
	129,750	81,709
Other trading activities		
Shop income	15,230	8,014
Training income	<u>1,770</u>	<u>1,500</u>
	17,000	9,514
Investment income		
Deposit account interest	1,245	3,547
Charitable activities		
Support groups	434	324
Counselling	<u>5,018</u>	<u>4,784</u>
	<u>5,452</u>	<u>5,108</u>
Total incoming resources	153,447	99,878
EXPENDITURE		
Raising donations		
Wages	5,040	857
Administration costs	<u>7,217</u>	<u>7,104</u>
	12,257	7,961
Other trading activities		
Wages	13,976	13,229
Pensions	217	173
Shop expenditure	<u>17,890</u>	<u>11,831</u>
	32,083	25,233
Charitable activities		
Wages	87,947	50,924
Pensions	737	612
Other staff costs	10,021	11,030
Sessional workers	812	590
Volunteer costs	528	499
Premises costs	2,260	360
Administration costs	1,807	30
Professional fees	<u>8,229</u>	<u>6,755</u>
	112,341	70,800
Support costs		
Management		
Wages	13,643	28,901
Premises costs	12,269	8,201
Administration costs	21,256	27,935
Carried forward	47,168	65,037

This page does not form part of the statutory financial statements

Wiltshire Mind

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
Management		
Brought forward	47,168	65,037
Professional fees	<u>6,221</u>	<u>13,012</u>
	53,389	78,049
Other		
Computer equipment	402	402
Governance costs		
Accountancy and legal fees	<u>1,884</u>	<u>1,752</u>
Total resources expended	<u>212,356</u>	<u>184,197</u>
Net expenditure	<u><u>(58,909)</u></u>	<u><u>(84,319)</u></u>

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2021
for
Wiltshire Mind

MHA Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

Contents of the Financial Statements
for the Year Ended 31 March 2021

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Wiltshire Mind

Chair's Report
for the Year Ended 31 March 2021

The past year at Wiltshire Mind has been very challenging and I'm delighted that the staff and volunteers have shown such strength to come through this year.

COVID-19 and its far reaching effects will be felt for many years to come by the charity. The lack of opportunity for the public to generate donations, which is our main funding stream - without which Wiltshire Mind would not exist, has resulted in a huge shortfall of funds.

Support to those in the community with mental health needs had to change dramatically during the year. No face to face contact counselling resulted in new innovations in online counselling which has produced a unique set of challenges for our Adult and Young peoples' programmes.

During the year there was a change of CEO. My personal thanks go to the departing CEO Carolyn Beale for all her efforts. I wish her well for the future. In September 2020 we welcomed Paul Mills as our new CEO, who some of you may know as a former Trustee. He has taken on the many responsibilities confronting the charity in preparation for a post COVID-19 world, with great enthusiasm.

I would like to record my thanks to the staff and Trustees who supported me during the transition period between CEOs. Without their guidance and assistance the charity would have been unable to continue functioning. Throughout these difficult months they stayed focused on trying to provide a service to those in need.

It continues to be an honour and privilege to work alongside such an outstanding team of staff, volunteers and Board of Trustees.

Jim Donald
Chair, Wiltshire Mind

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2021

Report of the Trustees
For the year ended 31 March 2021

The trustees present their report and the examined financial statements for the year ended 31 March 2021. Reference and administrative information set out on page 8 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (published in October 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Wiltshire Mind's vision is of a society that promotes and supports good mental health for all.

Our objects are: "to promote mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment."

Our mission is to provide independent advice and support to empower anyone experiencing a mental health problem in Wiltshire.

The needs and experience of people with mental distress drive our work and we make sure their voice is heard by those who influence change. Our independence gives us the freedom to stand up and speak out on the real issues that affect daily lives.

We provide information, advice and support, campaign to improve policy and attitudes, and develop local services. We do all this to make it possible for people who experience mental distress to live full lives and play their full part in society.

Our charitable purposes are set out as Aims in our Strategic Plan. Our organisation provides benefit to the public of Wiltshire by:

- Supporting good mental health for people who live and work in Wiltshire;
- Empowering people who experience a mental health problem to make informed choices about how they live and recover;
- Improving services and support to ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem;
- Enabling social participation for people with experience of mental health problems and allowing them to participate fully in society;
- Removing inequality of opportunity to afford equality of treatment for people who experience both mental health and other forms of discrimination; and
- Making the most of our assets by building a professional, efficient and sustainable organisation.

The trustees and managers review the charity's aims, objectives and activities each year, ensuring that these remain focused around its charitable purposes. The trustees are aware of the requirement by the Charity Commission to provide public benefit when reviewing these aims and objectives, and in planning future activities. In 2020-21 these aims and objectives were met by offering peer support drop-in groups, counselling and information and support services to people in Wiltshire with mental health issues.

In addition we have been able to provide the following outcomes:

- An increased ability amongst those suffering mental distress to manage daily tasks and lead fulfilling lives;
- Better chances in life for those in need of support, and playing a full part in society including the possibility of a return to employment or undertaking voluntary work;
- Support for young people to ensure early intervention, reducing the need for mental health support later in life
- A reduction in isolation amongst residents suffering mental distress - better access to support and services and stronger communities with citizens working together to tackle mental health problems;
- An increased awareness of a wide spectrum of mental disorders leading to increased understanding, reduced stigma and community support for sufferers - healthier communities;
- Enabling of social participation and empowerment by providing access to information, advice, peer support networks and personalised services;
- Helping people with mental health issues build confidence and resilience; and
- Our activities will also help service users build self-esteem, become more active citizens, have improved wellbeing and find support and friendship.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES

Significant activities

Progress April 2020- March 2021

Covid-19 Pandemic and charity activities

The Coronavirus (Covid-19) pandemic had a fundamental effect both on the income of the charity, and the demand for our services through the year. Where demand for mental health services grew across the county, our charitable income reduced by almost half (of previous annual levels) at the end of the financial year.

This imbalance of demand and supply was further affected by the social restrictions imposed upon us, resulting in the need to adapt services during the pandemic. This included the provision of 'well-being calls' to replace previous peer support services for a period and adapting face-to-face services to digital or virtual delivery of counselling and peer support. These adaptations are in line with our objectives and offered a lifeline to our clients during the pandemic and its subsequent isolating effects.

This adaptation required expenditure in equipment and resource but was necessary to continue to provide accessible mental health support locally. Where possible, grant aid was sourced to help financially.

Funding challenges

The cancellation of many local fundraising events and general lack of fundraising opportunities presented through the pandemic resulted in the need for the charity to use some of our unrestricted reserves that have built up previously to maintain services against the backdrop of declining income. This has originally been earmarked for investment in new services in 2021.

Whilst making use of the government's Job Retention Scheme for our charity shop staff, the Trustees and Management agreed that core service delivery (counselling and peer support) should continue where possible to support the increasing mental health service demand locally. It was felt that furloughing staff during the critical pandemic period could lead to a further significant community shortfall in mental health service provision and disadvantage the health and care system further.

During the year, a modest amount of grant funding was sought to help maintain local peer support groups and counselling services. The trustees are grateful for this financial assistance. Our local community in Wiltshire continued to support the charity and local businesses continue to donate throughout 2020/1 albeit at a reduced level.

Our charity shop based in Melksham was closed due to Covid-19 restrictions for a proportion of the year (29 weeks). This affected both our volunteers, (many have lived experience of mental health problems) and our income levels - where trading on the high street ceased for the period of social distancing restrictions.

Commercial challenges

The largest affected area of our activity was the provision of Mental Health Awareness Training. Before Covid-19, this commercially successful product had been a growth area for the charity. The combination of staff changes, a drop in market value and Covid-19 social distancing restrictions resulted in a poorly performing year for this face-to-face activity. The product has now been re-designed into an online training tool and it is hoped that this will provide a successful platform in the coming years.

Mental health support services for our community

Services provided in 2020/2021

We are pleased to report that we continued our **Young People's Counselling Service** during the pandemic - via video call and then face to face at our Melksham offices as social restrictions lifted. Running three afternoons/evenings per week, providing specialist young people's counsellors for our local population of young people. This service bridges the gaps in local statutory provision and enables young people to be seen at the earliest point to prevent escalation of poor mental health. Due to grant funding in year, we have been able to maintain this service almost without interruption through the Covid-19 pandemic.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES

Our **Adult Counselling Service** provides an accessible counselling support service for anyone experiencing mental health problems or emotional distress. During 2020-2021 this service was affected by the pandemic initially, but through service adaptation we were able to continue to provide this virtually. Our 20 active counselling volunteers were invaluable offering flexibility and helping to support our service users during this period.

Over the last year, we have provided the following services and opportunities for the community:

- 6 Peer Support Groups (Melksham, Trowbridge, Malmesbury, Devizes, Chippenham, Salisbury)
- 1 Carer Support Group (in partnership with Carers Support Wiltshire)
- Adult Counselling
- Children and Young People's Counselling (Aged 11+)
- Mental Health Awareness Training for local businesses and organisations
- Volunteering opportunities for 30 people (counselling and retail volunteering roles)

Our **Peer Support Groups** across Wiltshire remain a vital support network for those who attend. With the pandemic and associated social restrictions, the groups were re-launched online via video calls in December 2020. Those attending may be disadvantaged and suffering from mental ill health and struggling with emotional distress. Members support each other by sharing experiences and most importantly sharing coping mechanisms. Attendees of the groups benefit from social integration in the format of group activities (when meeting in person) as well. Groups are run by a trained facilitator and volunteer.

Peer Support Groups traditionally operate out of local premises or 'centres' which are formed and held in populated towns. With the need to run this service online, the groups held during 2020-2021 had fewer geographic boundaries. Each Peer Support Group Session was run for between one and two hours online.

Peer Support Group 'service development' is actively encouraged, and those attending help shape the content of the sessions held. Historically attendees have contributed a small financial contribution per visit towards costs, but this has been impossible during the pandemic. Part funding for these groups is sought from local councils where possible.

Our commercial offer - Mental Health Training

With a change in staff, the effects of the pandemic and changing mental health training needs, 2020-21 provided the opportunity to review and reinvigorate our Mental Health training offer. The revenue from this service is an important income stream for the charity and in the competitive market, change was necessary to increase the value in our offer.

We have formed a new delivery partnership with My White Dog, an experienced Mental Health Awareness and Mental Health First Aid provider. Offering a range of courses both digitally and face to face, we will be able to offer the local businesses and organisations a far wider package of training. This is a step towards helping Employee Assistance providers too. A trial course was held in December 2020 with a local hospice with 12 attendees, resulting in positive feedback and a blueprint for the partnership. Whilst there was little income during the financial year, the re-positioning of our training offer is expected to yield future income.

Organisational Fitness

During the period we have upgraded our IT System, recognising that many of our processes needed to be improved to enhance our fitness. Using cloud-based technology, we were able to respond to the pandemic through speedy deployment of home working and virtual call conferencing. Our IT system is now resilient and networked, improving security too.

Work continued in-year on improving our processes, procedures and record keeping. Investment in a Client Record System is earmarked for 2021-22, which will further underpin our efficiency and ability to deliver services in a digital world.

Volunteers

We know that volunteers add significant value to what we do, particularly in the delivery of our services. They champion our vision and values and help us to ensure that the voices of people with lived experience are at the core of everything we do. During 2020-21 we were fortunate in having our volunteers by our side as we dealt with the effects of the pandemic. Their flexibility and support ensured we were able to stand-up services including volunteering, support groups and providing retail support in our charity shop.

Other progress

A new Chief Executive was appointed in September 2020. There followed an internal restructuring of key roles and responsibilities for senior staff, providing more robust processes and building future foundations for a post covid-19 world. These changes are still bedding-in, and wider stakeholder engagement and a renewed focus on our fundraising activity will benefit the charity as we look to secure future funding and a business model which is sustainable.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES

Covid-19

We have prepared this report at a time when Covid-19 is established as a global pandemic. The situation continues to develop for our beneficiaries, service users, staff, and partner organisations. 2020-21 was a year of change, adaptation, and uncertainty in terms of what the future holds. Where possible, we have tried to mitigate through effective risk management, ensuring good practice and a close working relationship between the management of the charity and Trustees.

Our impact in 2020-21

Adult Counselling Service

We have 4 counselling rooms at our Melksham office, but for most of this year, our adult counselling was held virtually, online. We provided 756 counselling sessions for adults, which is 86 clients, who were all assessed.

Children and Young People's Counselling Service.

During the year we delivered our Children and Young People's service virtually, and also in our counselling room when the social restrictions allowed. We helped 27 young people, offering an average of 24 weekly counselling sessions. 262 sessions were held in the financial year.

We were able to gain grant funding to help support this service during the year from The Community Fund and The National Lottery.

Peer Support Groups

Our groups traditionally operate out of local premises or which are formed and held in populated towns. With the need to run this service online, the groups held during 2020-2021 had fewer geographic boundaries. Each Peer Support Group Session was run for between one and two hours online. In total, we held 76 peer support groups helping 63 people.

Well-being calls

As part of the Covid-19 pandemic, we made 574 well-being calls to our service users during the lockdown period in 2020, for 126 individuals who could not attend the Peer Group Support sessions.

Volunteers

We are indebted to our volunteer counsellors who give up their time to help our staff team and our clients by providing counselling support for adults. We are also grateful to our volunteers who help our facilitators at our Peer Support Groups. Along with our shop volunteers, they form the backbone of Wiltshire Mind in the community.

During 2020-2021 we had an average of 4 support group volunteers, between 6 shop volunteers and around 17 volunteers providing counselling support - an average of 27 volunteers in total throughout the year. During the period, our volunteers contributed approximately 900 hours to Wiltshire Mind in helping deliver our aims.

Wiltshire Mind Charity Shop

Our Charity shop is in Melksham and provides a retail offer and local community connection for Wiltshire Mind. The shop has become a small destination shop and is an outlet for promoting our work. The shop provides an income, but 2020-2021 was a challenging year with the pandemic affecting both opening times and overall income.

The shop has had an average of 6 volunteers who give their time freely to support the charity. Those with lived experience of mental health work alongside our staff team to provide the retail experience for our customers and supporters. Our average sale in the shop is between £2.50 and £3, and we offer a range of ladies and children's clothing, bric-a-brac and books.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2021

FINANCIAL REVIEW

Financial commentary

Income

Total income from all sources in the year was £99,878 (2019/20: £234,083).

Expenditure

Total expenditure from all sources was £184,197 (2019/20: £180,601) resulting in a deficit for the year of £84,319 (2019/20: £53,482 surplus).

Banking and investments

We continued to bank and invest with The Co-operative Bank. Our working funds were managed in the Community Direct Plus current account. A new account to support the Wiltshire Mind shop was opened in May 2015 at NatWest. We also have a United Trust Bank Deposit Account.

Due to the ongoing uncertainties around Covid-19, the trustees approved a deficit budget for the year 2021/22 of £82,150 noting uncertainties around income including grant availability and shop income.

Budget 2021/22

Due to the ongoing uncertainties around Covid-19, the trustees approved a deficit budget for the year 2021/22 £82,150 noting uncertainties around income including grant availability and shop income.

Reserves policy

The Trustees regularly examine the charity's requirements for reserves with regard to the main risks to the organisation. General reserves are held at an appropriate level in relation to the financial risks and to ensure that funds are available to manage unexpected challenges. (General reserves exclude restricted funds and reserves invested in tangible fixed assets). We also try to ensure that the charity has sufficient liquid reserves (cash and investments less restricted funds) to operate efficiently and manage any shortfalls in planned fundraising and other contributions.

The trustees have previously agreed that Wiltshire Mind's reserve policy is to hold three to six months of planned expenditure as a general reserve to be available with immediate access. The Trustees are aware of the need for reserves and aim to increase the reserve fund as and when conditions allow. As at the end of 2020/21, the unrestricted reserves stand at £180,231 and liquid reserves at £192,584.

The trustees view that this figure is in excess of the policy of three to six months of planned expenditure (£53,000 to £106,000) but due to ongoing uncertainties about future charity income and a deficit budget planned for 2021/22 of around £82,000, it is prudent to keep a higher level of reserves at this time. Of these unrestricted reserves, £15,000 is represented by designated funds and general unrestricted funds of £165,231.

During the year, due to the severe impact of Covid-19, Wiltshire Mind has had to draw on its reserves significantly due to lack of income and disruption to services during the lockdown and post-lockdown periods. The trustees can report that although significantly depleted from previous years, current general unrestricted reserves are still in excess of six months of future planned expenditure (£106,000).

The reserves policy will be agreed on an annual basis drawing on updated budgets and business plans and, if this level is maintained as we emerge post Covid-19, further plans will be drawn up to increase expenditure in key areas in line with our stated objectives.

We sincerely thank the following organisations who made donations or awarded grants to us:

£500 to £10,000 grants

The National Lottery Community Fund (for the benefit of out adult counselling clients)

Mind (for our Digital Transformation work)

Melksham Town Council (for the benefit of out clients in Melksham, Peer Support Group)

Devizes Town Council (for the benefit of our clients in Devizes, Peer Support Group)

Pears/ Department of Media, Culture and Sport (for the benefit of our Children and Young People's counselling clients)

In addition, we thank the many individuals and donors who have supported Wiltshire Mind during the last year.

Wiltshire Mind

Report of the Trustees **for the Year Ended 31 March 2021**

FUTURE PLANS

Plans for the future

A new strategy was produced in 2019 taking us through to 2023. Following the pandemic, we plan to review our strategy in the next year, ensuring we remain focussed on our strategic aims and that we have the necessary organisational structure to take us forward successfully into the post Covid-19 future.

We will continue to focus on our Strategic Goals:

- To increase our service provision, offering as wide a service footprint as possible and improving service effectiveness amongst our community.
- Raise the profile of Wiltshire Mind
- Help to overcome the stigma associated with mental health by influencing an engaging with key stakeholders
- Achieve sustainable funding base and sustainability for Wiltshire Mind

The effects of the pandemic and Covid-19 mean we have to continue to adapt to the way we operate our services, and raise income. We must remain flexible, working to our strategic goals.

We will continue to invest in our staff through increased training, helping us to better deliver our services for the people of Wiltshire.

As the demand for mental health services increases across the county, we see our position in the new Integrated Care System becoming more important. Efforts to establish ourselves as a chosen provider will be a priority, and we aim to secure some commissioned income during the lifetime of the current strategic plan.

We continue to work in partnership with others across Wiltshire to provide the very best care and support for those needing mental health support. We will continue to promote 'good mental health' and our work through the local press, media and through attendance at events - raising the profile of the charity at every opportunity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Wiltshire Mind, originally established in 1993, is a company limited by guarantee (No. 5498430) incorporated on 4 July 2005, and a registered charity (No. 1113751) registered with the Charity Commission on 11 April 2006. The charitable company is established under its Memorandum of Association and governed under its Articles of Association.

Recruitment and appointment of new trustees

Appointment of Trustees

The directors of the company are also charity trustees. Trustees are elected at the AGM by a majority of those attending, or voting by proxy and may serve for a maximum of three years after which they must stand for re-election. Trustees may normally serve for a maximum of three terms after which they are ineligible for two years.

Induction of Trustees

Prospective trustees are sent an induction pack which outlines the role of the trustee along with the various Charity Commission publications on the subject. He or she will then attend a meeting with other trustees to discuss these issues further. The prospective trustee will be invited to attend meetings of the Trustees as an observer. If he or she wishes to proceed they may be co-opted to serve as a Trustee until the next Annual General Meeting at which members may vote to allow them to be full members. We constantly seek to improve the induction and training of our trustees to enable and empower them in their roles.

Organisational structure

The Trustees meet at least eight times per year. They are responsible for the strategic direction, policies, activities and assets of the charity. At present the Trustees' meeting consists of six elected trustees and one co-opted and they come from a variety of backgrounds including being at some time users of the service provided by the charity. There was one trustee resignation during the year. Sub committees are appointed, consisting of trustees and relevant staff, to examine specific issues such as finance, strategy and fundraising, and report back to the full meeting of Trustees.

The main responsibilities of principal staff include management and delivery of high-quality services and service support, development of new services and management systems, meeting performance targets where set, and supervision and training of staff and volunteers. Wiltshire Mind uses the services of a variety of qualified or trained personnel as required. At 31 March 2021 there were 13 part-time staff and 27 volunteers including trustees and charity shop volunteers.

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees are aware of the requirement to consider the major risks to which Wiltshire Mind is exposed. To this end, an on-going process has been established to identify risks and draw up a risk register, which is reviewed annually. It is therefore possible to mitigate or eliminate these risks either by ensuring that present policies and procedures are sufficiently robust or by the introduction of new strategies and practices. Risks already identified have led to ongoing organisational changes, and development of strategies to reduce dependence on single-source funding and to meet the ongoing challenges of radical change in funding methods and service delivery.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

5498430 (England and Wales)

Registered Charity number

1113751

Registered office

Part 1st Floor/2nd Floor
21-23 High Street
Melksham
SN12 6JY

Trustees

Jim Donald	Chair	Re-appointed December 2020
Geoffrey Brown	Vice Chair	Re-appointed December 2020
Brian Stables	Treasurer	Re-appointed September 2018, Treasurer from March 2020
Joe McTiernan		Re-appointed December 2020
Nigel Carter		Appointed July 2019
Cora Gallagher		Re-appointed December 2020
Kevin Fairman		Appointed October 2019, Resigned May 2020

PRINCIPAL STAFF

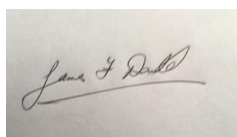
Paul Mills	Chief Executive Officer (appointed September 2020)
Phillippa Collins	Head of Service Delivery
Michelle Brichard	Head of Operations (appointed November 2020)
Beverley Harris	Charity Shop Manager
Claire Selway	Finance assistant/bookkeeper
Karen Miller	Office Co-ordinator
Natallia Maiseyeva	Service Delivery Assistant (appointed January 2021)
Laura Oatley	Community Fundraiser/Counselling Coordinator

Independent Examiner

MHA Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 2 November 2021 and signed on its behalf by:



Jim Donald – Chair, Wiltshire Mind

**Independent Examiner's Report to the Trustees of
Wiltshire Mind**

Independent examiner's report to the trustees of Wiltshire Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



James Gare FCA DChA
MHA Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

Date: 3 November 2021

Wiltshire Mind

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and voluntary income	2	79,883	1,826	81,709	136,484
Charitable activities	5				
Charitable activities		4,786	322	5,108	22,781
Other trading activities	3	9,514	-	9,514	72,718
Investment income	4	<u>3,547</u>	<u>-</u>	<u>3,547</u>	<u>2,100</u>
Total		97,730	2,148	99,878	234,083
 EXPENDITURE ON					
Raising funds	6	33,194	-	33,194	43,967
Charitable activities	7				
Charitable activities		<u>136,621</u>	<u>14,382</u>	<u>151,003</u>	<u>136,634</u>
Total		<u>169,815</u>	<u>14,382</u>	<u>184,197</u>	<u>180,601</u>
NET INCOME/(EXPENDITURE)		(72,085)	(12,234)	(84,319)	53,482
Transfers between funds	19	<u>(14,816)</u>	<u>14,816</u>	<u>-</u>	<u>-</u>
Net movement in funds		(86,901)	2,582	(84,319)	53,482
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>267,132</u>	<u>10,976</u>	<u>278,108</u>	<u>224,626</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>180,231</u></u>	<u><u>13,558</u></u>	<u><u>193,789</u></u>	<u><u>278,108</u></u>

The notes form part of these financial statements

Wiltshire Mind

Balance Sheet
31 March 2021

	Notes	2021 £	2020 £
FIXED ASSETS			
Tangible assets	14	1,205	-
CURRENT ASSETS			
Debtors	15	1,955	2,914
Investments	16	140,000	225,000
Cash at bank and in hand		<u>71,918</u>	<u>82,160</u>
		213,873	310,074
CREDITORS			
Amounts falling due within one year	17	(21,289)	(31,966)
NET CURRENT ASSETS		<u>192,584</u>	<u>278,108</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		193,789	278,108
NET ASSETS		<u>193,789</u>	<u>278,108</u>
FUNDS	19		
Unrestricted funds		180,231	267,132
Restricted funds		<u>13,558</u>	<u>10,976</u>
TOTAL FUNDS		<u>193,789</u>	<u>278,108</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

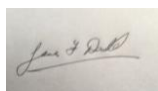
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2 November 2021 and were signed on its behalf by:



Jim Donald – Chair of Trustees



Brian Stables - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

Wiltshire Mind is an incorporated charity registered in the England and Wales. The principal address of charity is given within the reference and administration details on page seven of these financial statements. The nature of the charity's operations and principal activities are provided in the Report of the Trustees.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland, the Charities Act 2011 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided as rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows;
Computer and office equipment 4 years

Items of equipment are capitalised where the purchase price exceeds £1,000.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

2. DONATIONS AND VOLUNTARY INCOME

	2021	2020
	£	£
Donations	49,728	120,789
Grants	<u>31,981</u>	<u>15,695</u>
	<u>81,709</u>	<u>136,484</u>

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Shop income	8,014	25,125
Other Income	-	6,730
Training income	<u>1,500</u>	<u>40,863</u>
	<u>9,514</u>	<u>72,718</u>

4. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	<u>3,547</u>	<u>2,100</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2021 Charitable activities	2020 Total activities
	£	£
Support groups	324	4,327
Counselling	<u>4,784</u>	<u>18,454</u>
	<u>5,108</u>	<u>22,781</u>

6. RAISING FUNDS

Other trading activities

	2021	2020
	£	£
Staff costs	13,402	16,028
Shop expenditure	<u>11,831</u>	<u>10,555</u>
	<u>25,233</u>	<u>26,583</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8)	Support costs (see note 9)	Totals
	£	£	£
Charitable activities	<u>70,800</u>	<u>80,203</u>	<u>151,003</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2021	2020
	£	£
Staff costs	51,536	54,939
Other staff costs	11,030	2,339
Sessional workers	590	4,225
Volunteer costs	499	(79)
Premises costs	360	1,518
Administration costs	30	16
Professional fees	<u>6,755</u>	<u>2,380</u>
	<u><u>70,800</u></u>	<u><u>65,338</u></u>

9. SUPPORT COSTS

	Management	Other	Governance costs	Totals
	£	£	£	£
Charitable activities	<u>78,049</u>	<u>402</u>	<u>1,752</u>	<u>80,203</u>

Support costs, included in the above, are as follows:

Management

	2021	2020
	Charitable activities	Total activities
	£	£
Wages	28,901	42,515
Volunteer costs	-	(350)
Premises costs	8,201	7,553
Administration costs	27,935	11,046
Professional fees	<u>13,012</u>	<u>8,889</u>
	<u><u>78,049</u></u>	<u><u>69,653</u></u>

Other

	2021	2020
	Charitable activities	Total activities
	£	£
Depreciation of tangible fixed assets	<u>402</u>	<u>-</u>

Governance costs

	2021	2020
	Charitable activities	Total activities
	£	£
Accountancy and legal fees	<u>1,752</u>	<u>1,643</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	402	-
Independent examination	1,752	1,643
Leasing of photocopier	<u>7,920</u>	<u>2,970</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

11. TRUSTEES' REMUNERATION AND BENEFITS

No trustees were remunerated in the year, there was one trustee remunerated for covering a YIM Group, £52, for the year ended 31 March 2020.

Trustees' expenses

There was a total of £160 reimbursed to 1 trustee in relation to training costs and reimbursement of the cost of purchasing an asset for £416 to 1 trustee during the year ended the year ended 31 March 2020.

12. STAFF COSTS

	2021 £	2020 £
Wages and salaries	93,911	128,319
Social security costs	-	1,270
Other pension costs	<u>785</u>	<u>1,172</u>
	<u>94,696</u>	<u>130,761</u>

The average monthly number of employees during the year was as follows:

	2021 <u>12</u>	2020 <u>13</u>
Average head count		

No employees received emoluments in excess of £60,000.

The key management personnel of the charity comprise the Chief Executive Officer, Counselling Lead and Charity Shop Manager. The total employee benefits paid to the key management personnel were £49,473 (2020: £66,722).

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and voluntary income	125,454	11,030	136,484
Charitable activities			
Charitable activities	18,454	4,327	22,781
Other trading activities	72,718	-	72,718
Investment income	<u>2,100</u>	<u>-</u>	<u>2,100</u>
Total	218,726	15,357	234,083
EXPENDITURE ON			
Raising funds	43,967	-	43,967
Charitable activities			
Charitable activities	110,266	26,368	136,634
Total	<u>154,233</u>	<u>26,368</u>	<u>180,601</u>
NET INCOME/(EXPENDITURE)	64,493	(11,011)	53,482
RECONCILIATION OF FUNDS			
Total funds brought forward	202,639	21,987	224,626
TOTAL FUNDS CARRIED FORWARD	<u>267,132</u>	<u>10,976</u>	<u>278,108</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

14. TANGIBLE FIXED ASSETS

Computer
equipment
£

COST

At 1 April 2020

915

Additions

1,607

At 31 March 2021

2,522

DEPRECIATION

At 1 April 2020

915

Charge for year

402

At 31 March 2021

1,317

NET BOOK VALUE

At 31 March 2021

1,205

At 31 March 2020

-

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

2021

2020

£

£

Other debtors

983

941

Prepayments and accrued income

972

1,973

1,955

2,914

16. CURRENT ASSET INVESTMENTS

2021

2020

£

£

Hampshire Trust bank account

-

85,000

United Trust Bank account

140,000

140,000

140,000

225,000

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Social security and other taxes	274	1,007
Accruals and deferred income	<u>21,015</u>	<u>30,959</u>
	<u>21,289</u>	<u>31,966</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Fixed assets	1,205	-	1,205	-
Current assets	200,315	13,558	213,873	310,074
Current liabilities	<u>(21,289)</u>	<u>-</u>	<u>(21,289)</u>	<u>(31,966)</u>
	<u>180,231</u>	<u>13,558</u>	<u>193,789</u>	<u>278,108</u>

19. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	247,824	(61,084)	(21,509)	165,231
Redecoration	15,000	-	-	15,000
Young people counselling	<u>4,308</u>	<u>(11,001)</u>	<u>6,693</u>	<u>-</u>
	267,132	(72,085)	(14,816)	180,231
Restricted funds				
Chippenham you-in-mind fund	4,218	(2,016)	-	2,202
Devizes you-in-mind fund	370	(2,465)	2,095	-
Malmesbury you-in-mind fund	(1,647)	(1,806)	3,453	-
Melksham you-in-mind fund	(1,270)	(1,958)	3,228	-
Salisbury you-in-mind fund	2,499	(293)	-	2,206
Trowbridge you-in-mind fund	(2,865)	(2,116)	4,981	-
Trowbridge Polish project	7,967	-	-	7,967
Melksham evening group	723	-	-	723
Tidworth you-in-mind fund	981	(521)	-	460
YIM Virtual	<u>-</u>	<u>(1,059)</u>	<u>1,059</u>	<u>-</u>
	<u>10,976</u>	<u>(12,234)</u>	<u>14,816</u>	<u>13,558</u>
TOTAL FUNDS	<u>278,108</u>	<u>(84,319)</u>	<u>-</u>	<u>193,789</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,067	(158,151)	(61,084)
Young people counselling	663	(11,664)	(11,001)
	97,730	(169,815)	(72,085)
Restricted funds			
Chippenham you-in-mind fund	108	(2,124)	(2,016)
Devizes you-in-mind fund	67	(2,532)	(2,465)
Malmesbury you-in-mind fund	373	(2,179)	(1,806)
Melksham you-in-mind fund	41	(1,999)	(1,958)
Salisbury you-in-mind fund	494	(787)	(293)
Trowbridge you-in-mind fund	65	(2,181)	(2,116)
Tidworth you-in-mind fund	-	(521)	(521)
YIM Virtual	1,000	(2,059)	(1,059)
	2,148	(14,382)	(12,234)
TOTAL FUNDS	<u>99,878</u>	<u>(184,197)</u>	<u>(84,319)</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	177,639	70,185	247,824
Redecoration	15,000	-	15,000
Young people counselling	10,000	(5,692)	4,308
	202,639	64,493	267,132
Restricted funds			
Chippenham you-in-mind fund	5,306	(1,088)	4,218
Devizes you-in-mind fund	3,084	(2,714)	370
Malmesbury you-in-mind fund	81	(1,728)	(1,647)
Melksham you-in-mind fund	117	(1,387)	(1,270)
Salisbury you-in-mind fund	4,717	(2,218)	2,499
Trowbridge you-in-mind fund	71	(2,936)	(2,865)
Trowbridge Polish project	6,826	1,141	7,967
Melksham evening group	1,785	(1,062)	723
Tidworth you-in-mind fund	-	981	981
	21,987	(11,011)	10,976
TOTAL FUNDS	<u>224,626</u>	<u>53,482</u>	<u>278,108</u>

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	214,241	(144,056)	70,185
Young people counselling	<u>4,485</u>	<u>(10,177)</u>	<u>(5,692)</u>
	218,726	(154,233)	64,493
Restricted funds			
Chippenham you-in-mind fund	2,626	(3,714)	(1,088)
Devizes you-in-mind fund	965	(3,679)	(2,714)
Malmesbury you-in-mind fund	1,930	(3,658)	(1,728)
Melksham you-in-mind fund	2,158	(3,545)	(1,387)
Salisbury you-in-mind fund	2,565	(4,783)	(2,218)
Trowbridge you-in-mind fund	609	(3,545)	(2,936)
Trowbridge Polish project	2,395	(1,254)	1,141
Melksham evening group	109	(1,171)	(1,062)
Tidworth you-in-mind fund	<u>2,000</u>	<u>(1,019)</u>	<u>981</u>
	<u>15,357</u>	<u>(26,368)</u>	<u>(11,011)</u>
TOTAL FUNDS	<u><u>234,083</u></u>	<u><u>(180,601)</u></u>	<u><u>53,482</u></u>

Restricted Funds

Chippenham You in Mind/Peer Support Group	Grants from previous years to be used for the benefit of clients of Chippenham You in Mind group.
Devizes You in Mind/Peer Support Group	Grants from Devizes Town Council to be used for the benefit of clients of Devizes You in Mind group.
Salisbury You in Mind/Peer Support Group	Grants from previous years to be used for the benefit of clients of Salisbury You in Mind group.
Tidworth You in Mind Group	Started meeting in the second half of the year. Peer Support Grants from previous years to be used for the benefit of clients of Tidworth You in Mind group.
Melksham Evening Group	Ran until the end of March 2020 and then some clients joined the You In Mind virtual group.
You In Mind Virtual Group Support	Started in December 2020. A grant from Melksham Town Council to be used for the benefit of clients of the You In Mind virtual group.
Trowbridge Polish Counselling Project	Ran until the impact of Covid 19 at the start of the financial year then put 'on hold' as it is currently.

Designated funding

The charity's income includes funds that are designated by the charity for use on particular activities and projects. Money designated at the end of last year for young people's counselling was spent during the year. As at the end of March 2021 the only designated fund retained was £15,000 for redecoration of office premises.

Wiltshire Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

Wiltshire Mind

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and voluntary income		
Donations	49,728	120,789
Grants	<u>31,981</u>	<u>15,695</u>
	81,709	136,484
Other trading activities		
Shop income	8,014	25,125
Other Income	-	6,730
Training income	<u>1,500</u>	<u>40,863</u>
	9,514	72,718
Investment income		
Deposit account interest	3,547	2,100
Charitable activities		
Support groups	324	4,327
Counselling	<u>4,784</u>	<u>18,454</u>
	<u>5,108</u>	<u>22,781</u>
Total incoming resources	99,878	234,083
EXPENDITURE		
Raising donations		
Wages	857	17,279
Administration costs	<u>7,104</u>	<u>105</u>
	7,961	17,384
Other trading activities		
Wages	13,229	15,134
Social security	-	710
Pensions	173	184
Shop expenditure	<u>11,831</u>	<u>10,555</u>
	25,233	26,583
Charitable activities		
Wages	50,924	53,391
Social security	-	560
Pensions	612	988
Other staff costs	11,030	2,339
Sessional workers	590	4,225
Volunteer costs	499	(79)
Premises costs	360	1,518
Administration costs	30	16
Professional fees	<u>6,755</u>	<u>2,380</u>
	70,800	65,338
Support costs		
Management		
Wages	28,901	42,515
Carried forward	28,901	42,515

This page does not form part of the statutory financial statements

Wiltshire Mind

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021 £	2020 £
Management		
Brought forward	28,901	42,515
Volunteer costs	-	(350)
Premises costs	8,201	7,553
Administration costs	27,935	11,046
Professional fees	<u>13,012</u>	<u>8,889</u>
	78,049	69,653
Other		
Computer equipment	402	-
Governance costs		
Accountancy and legal fees	<u>1,752</u>	<u>1,643</u>
Total resources expended	<u>184,197</u>	<u>180,601</u>
Net (expenditure)/income	<u>(84,319)</u>	<u>53,482</u>