

Charity Registration Number: 1113628

THINKING AUTISM
A Charitable Incorporated Organisation (CIO)

TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS

For The Year Ended
31 March 2025

THINKING AUTISM CIO

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THINKING AUTISM CIO

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Registered Charity Name	Thinking Autism CIO
Charity Number	1113628
Registered Office	International House 24 Holburn Viaduct London EC1A 2BN
Trustees	Karen Julie Charman Anita Ann Kugelstadt Joanne Elisabeth Allman Suzanne Mary Partridge Professor Jane Margaret Wills (appointed 21/11/2025)
Independent Examiners	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham Lancashire OL1 2RA
Bankers	Unity Trust Bank 9 Brindley Place Birmingham B1 2HB

THINKING AUTISM CIO
TRUSTEES ANNUAL REPORT

TRUSTEES ANNUAL REPORT 1 APRIL 2024 to 31 MARCH 2025

Thinking Autism CIO, a Charitable Incorporated Organisation
(registered charity number: 1113628).
Thinking Autism, International House, 109-111 Fulham Palace Road, London W6 8JA
Website: www.thinkingautism.org.uk
Email: mail@thinkingautism.org.uk

During this reporting period, the volunteers and employee of Thinking Autism continued to provide support and information to thousands of Autism families across the UK and world, utilising live online events, social media, free publications and person-to-person conversations on social media platforms.

EVENTS

In this reporting year, our charity undertook only one live social media event detailed below.
March 2025: The Oura Ring and ASD: Helping Parents with Data for Tracking Information and Decision-Making.

This event brings our total available free webinars to 49. Members can access them any time. We also provided our members with information about other online events, both free and paid, including conferences in the United Kingdom, United States, Canada and Europe. We planned a live Parent2Parent weekend event in October, but it had to be postponed due to logistical reasons.

PUBLICATIONS

We updated some of our printed resources, including our membership health care resource list, and had more copies printed to share with professionals and families. We also started a major update of our website to reflect our ongoing and upcoming advocacy work.

ADVOCACY

Our advocacy work in this reporting period focused on collaboration with a group of medical doctors and researchers. With their help, we have made a legal challenge against the long wait lists for autism diagnosis, as well as challenging local authority frameworks and recommendations that we believe discriminate against young children with possible autism and their families. We are awaiting further information on the outcomes before we publish what we have done.

Through these ongoing collaborative efforts, we are also trying to get the authorities to update the NICE guidelines to reflect more current research about medical comorbidities in ASD. As part of that effort, we have reached out to collaborate with experts and autism families in the UK with the goal of a larger advocacy campaign and new publications to accompany that campaign.

FOUNDATIONAL ACTIVITIES

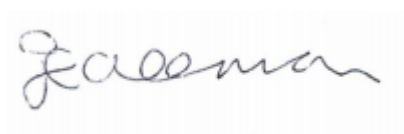
We continued to maintain our very active Facebook accounts, Twitter account, and website. The website receives more than 6500 distinct engagements each month. Our Facebook groups in particular allow isolated families to offer support to one another emotionally, socially and with information, and in total have more than 10,000 engagements per month. We signpost our followers to current research, autism events and other supportive organisations/charities. We responded to many journalist enquiries.

We remained highly responsive to the email and direct messages we receive on a daily basis, providing personalised support and information to anyone who contacts us.

As we have always done, we offered free membership to any who could not afford the cost of membership at €15 a year. We maintained our relationship with businesses and organisations who offer discounts to our members, saving our members thousands of pounds each year. During this reporting period, we gained 9 new members.

We continued our fundraising activities.

Signed on behalf of the board of Thinking Autism by

A handwritten signature in blue ink, appearing to read 'Joanne Allman', is written over a light blue rectangular background.

Joanne Allman, Trustee and Treasurer

1 December 2025

THINKING AUTISM CIO

REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF THINKING AUTISM CIO

FOR THE YEAR ENDED 31 MARCH 2025

I report on the accounts for the year ended 31 March 2025 as set out on pages 6 to 8.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

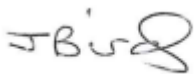
Independent Examiners Statement

I have completed my examination for the year ended 31 March 2025.

I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



12th January 2026

Miss Jacqueline Bird F.M.A.A.T.

Community Accounting Lancashire C.I.C.

Foxfields

9 Norley Close

Chadderton

Oldham

OL1 2RA

THINKING AUTISM CIO

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
	Notes				
RECEIPTS					
Grants	2	-	-	-	-
Membership Fees		4,070	-	4,070	4,815
Donations		7,088	-	7,088	8,372
London Conference		-	-	-	16,650
Roadshows		-	-	-	-
Merchandise Sales		-	-	-	625
Refunds		-	-	-	-
Interest Received		1,667	-	1,667	675
Sundry Income		-	-	-	-
TOTAL RECEIPTS		12,825	-	12,825	31,137
PAYMENTS					
London Conference		-	-	-	20,595
Roadshows		-	-	-	-
Salaries Costs		22,792	-	22,792	19,873
Training		-	-	-	96
Consultancy & Advice		6,754	-	6,754	2,400
Marketing		350	-	350	-
Research		-	-	-	17
Gifts		-	-	-	100
Donations		-	-	-	-
Just Giving Fees		-	-	-	-
Membership Packs		-	-	-	-
Membership Fee Refunds		-	-	-	380
Merchandise		-	-	-	261
IT Equipment (Laptop)		-	-	-	449
Website & Software Costs		283	-	283	271
Mail Forwarding		102	-	102	90
Printing & Stationery		311	-	311	-
Postage & Courier Costs		4	-	4	-
Travel Costs		-	-	-	-
Storage		724	-	724	626
Insurance		538	-	538	552
Accountancy Fees		495	-	495	615
Payroll Costs		244	-	244	214
Bank & Paypal Charges		223	-	223	501
Sundries		-	-	-	-
TOTAL PAYMENTS		32,820	-	32,820	47,040
Net of receipts/(payments)		(19,995)	-	(19,995)	(15,903)
Cash funds as at 31 March 2024	5	71,035	-	71,035	86,938
Cash funds as at 31 March 2025	5	51,040	-	51,040	71,035

THINKING AUTISM CIO

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2025

	Unrestricted Funds As at 31/03/25 £	Restricted Funds As at 31/03/25 £	Total Funds As at 31/03/25 £	Total Funds As at 31/03/24 £
CASH FUNDS				
Bank	18,289	-	18,289	29,377
Cash on Deposit	32,342	-	32,342	40,675
Paypal	354	-	354	928
Petty Cash	55	-	55	55
	<u>51,040</u>	<u>-</u>	<u>51,040</u>	<u>71,035</u>
LIABILITIES			£	£
Fee for Independent Examination			398	495
Other Accounts Costs			-	-
			<u>398</u>	<u>495</u>

The financial statements were approved by the Board of Trustees on the 12th of January 2026 and signed on their behalf by:



J Allman
Trustee

THINKING AUTISM CIO

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1. Receipts and Payments Accounts

Receipts and Payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants

Grants are credited to revenue on a receivable basis, and all income is allocated to appropriate funds based on the income, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are donations and other incoming resources received or generated for charitable purposes.

3. Grants Received

There were no grants received during the financial year.

4. Trustees & Staff Costs

During the financial year there were no remunerations paid to trustees.

No employee received emoluments of £60,000 or above (2024: none).

5. Funds Analysis

	Balance as at 1 April 2024 £	Incoming Resources £	Resources Expended £	Balance as at 31 March 2025 £
Unrestricted Funds	71,035	12,825	(32,820)	51,040
Restricted Funds	-	-	-	-
Total Funds	<u>71,035</u>	<u>12,825</u>	<u>(32,820)</u>	<u>51,040</u>