

Company Registration Number: 05594787
Charity Registration Number: 1113628

THINKING AUTISM LTD

A Company Limited by Guarantee
Trustees' Annual Report and
Financial Statements
Year Ended 31 March 2021

THINKING AUTISM LTD

Contents

	Page
Members of the Board and professional advisers	2
Trustees Annual Report	Insert and page 3
Independent Examination	4
Statement of Financial Activities (incorporating the income and expenditure account)	5
Balance Sheet	6
Notes to the financial statements	7-10

THINKING AUTISM LTD

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Registered Charity Name	Thinking Autism Ltd
Charity Number	1113628
Company Number	05594787
Registered Office	International House 24 Holburn Viaduct London EC1A 2BN
Directors and Trustees	K. Charman A. Kugelstadt J. Allman S. Partridge
Independent Examiners	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham Lancashire OL1 2RA
Bankers	Unity Trust Bank 9 Brindley Place Birmingham B1 2HB

TRUSTEES ANNUAL REPORT AND ACCOUNTS

1 APRIL 2020 to 31 MARCH 2021

Thinking Autism is a registered charity (number 1113628), a company limited by guarantee, registered in England (company number 5594787).

Thinking Autism, International House, 24 Holborn Viaduct, London EC1A 2BN

Website: www.thinkingautism.org.uk Email: mail@thinkingautism.org.uk.

During this reporting period, the volunteers and employees of Thinking Autism continued to provide support and information to thousands of Autism families across the UK and world, utilizing live online events, social media, free publications and person-to-person on social media platforms. We were unable to hold any in-person events due to Covid restrictions.

Events

In this reporting year, our charity undertook the live social media events detailed below.

We held ten live Face-2-Face events on Facebook, each of which is recorded and accessible to members at their leisure. Face-2-Face events allow our members to ask questions of presenters, creating a more personalized education experience and greater sense of support for our members.

- Covid 19 Immune Support. April 9 2020
- Introduction to ABA: Teaching Skills and Reducing Behaviours that Challenge. May 29 2020
- How to use Amino Acids to Help your Child. June 22 2020
- Jin Shin Jyutsu for Increased Health and Happiness. July 17 2020
- Neuro-Optimal Feedback: An Overview. September 11 2020
- PANS and PANDAS. September 24 2020
- Brain Gym. October 16 2020
- Introduction to PACT: Paediatric Autism Communication Therapy. November 12 2020
- Introduction to Rapid Prompting Method. November 23 2020
- Live Fermentation Masterclass: How to make probiotic foods and drinks for your family. February 25 2021

We also hosted four Zoom events for parents to socialize (June 9 2020, June 10 2020, June 11 2020, March 18, 2021).

Publications

We added to our publication library, including the following in-depth documents:

<https://www.thinkingautism.org.uk/addressing-poor-health-high-death-rates-in-autism/>

<https://www.thinkingautism.org.uk/autoimmune-encephalitis-treatable-form-of-autism/>

<https://www.thinkingautism.org.uk/depression-in-autism-more-than-meets-the-eye/>

We established a relationship with this autism research centre and ran a funds drive to support their work <https://www.thinkingautism.org.uk/new-uk-autism-research-hub-the-synapse-centre-for-neurodevelopment-esneft/>

We published more blog articles including <https://www.thinkingautism.org.uk/the-neglected-side-of-autism-why-we-must-talk-medical/>

We updated our most accessed document to include dozens of recently published research papers <https://www.thinkingautism.org.uk/taking-action/resources-and-publications/medical-comorbidities-in-autism/>

Our new publications, like our old ones, are provided free to all who need them, including as printed documents which we mail to all who request them.

<https://www.thinkingautism.org.uk/taking-action/resources-and-publications/>

Foundational Activities

We continued to maintain our very active Facebook accounts, Twitter account, and website. The website receives more than 6000 distinct engagements each month. Our Facebook groups in particular allow isolated families to offer support to one another emotionally, socially and with information and in total have more than 10,000 engagements per month. We signpost our followers to current research, autism events and other supportive organizations/charities.

We remained highly responsive to the email and direct messages we receive on a daily basis, providing personalized support and information to anyone who contacts us.

As we have always done, we offered free membership to any who could not afford the cost. We lowered membership costs to £15 a year. We maintained our relationship with businesses and organizations who offer discounts to our members, saving our members thousands of pounds each year.

We continued our fundraising activities with one new addition, Friends of TA. This program allows friends and family members to offer monthly support from as little as £1/month. We provide the Friends of TA with bi-annual updates on the charity's work.

Feedback from TA families

We receive hundreds of positive messages from our members and the wider community each year in regard to the support we offer. These are a few examples.

Thank you! we had great success with ABA for my daughter, and it was done much along the lines that you described, very effective and fun! (costly, though....)

Finally got to watch this. Absolutely fab, thank you, great info

Thank you! The techniques really did help and I felt refreshed and calm!

Thank you. Really looking forward to this. So excited. Think our answers must lay here

It's great what you say about improving flexibility of thought and focus, this is exactly what we need. Would you be able to provide more info on the costs and if there are any providers you would recommend in SW London? Thank you

Thank you so much, Fiona. I hadn't realized that this is a passive intervention -- that makes it so much more appropriate for us. You did a marvelous job explaining details!

Thanks to Sue and Alex for the very informative session. Thanks also to Jane and TA for organising this

RPM is brilliant, it really helped my daughter Roxi open up a new world for her.

Thanks Stella it was a great session. I will definitely start doing this. All the best

Brilliant and so grateful you stand up for our kids. X

So well deserved. Think how many lives you have changed. Well done

Signed on behalf of the board of Thinking Autism by Joanne Allman, Trustee and Treasurer



25 November 2020

THINKING AUTISM LTD

TRUSTEES ANNUAL REPORT

The trustees and directors for the purposes of company law, present their annual report and the unaudited financial statements of the charity for the year ended 31 March 2021.

The Board have adopted the provision of the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable in the UK and Republic of Ireland (effective 1 January 2015, and including update bulletins on 2 February 2016 and 5 October 2018) in preparing the annual report and financial statements of the charity. The accounts have been prepared in accordance with the Companies Act 2006.

The trustees (who are also directors of Thinking Autism Ltd for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and with the provision for small companies.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources.

In preparing the financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The report of the members of the board were approved by the Board on the 10th of January 2022 and signed on their behalf;



J Allman

Director

THINKING AUTISM LTD

REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF THINKING AUTISM LTD

YEAR ENDED 31 MARCH 2021

I report to the charity's trustees on my examination of the accounts of Thinking Autism Ltd for the year ended 31 March 2021 as set out on pages 5 to 10.

Respective Responsibilities of Trustees and Examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act). The trustees consider that an audit is not required for this year, and that an independent examination is needed under s144 (2) of the Charities Act 2011 (the 2011 Act).

Having satisfied myself that the charity is not subject to audit under company law (part 16 of the 2006 Act) and is eligible for independent examination, it is my responsibility to:

- examine the accounts under s145 of the Charities Act 2011 (the 2011 Act)
- follow the procedure laid down in the General Directions given by the Charity Commissioners (under s145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of Independent Examiners Opinion

My examination was carried out in accordance with General Directions given by the Charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an opinion as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

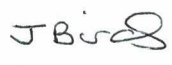
Independent Examiners Statement

I have completed my examination for the year ended 31 March 2021.

I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that:

- accounting records were not kept in accordance with s386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable in the UK and Republic of Ireland (effective 1 January 2015, and including update bulletins on 2 February 2016 and 5 October 2018).

I have no concerns and have come across no matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

 11th January 2022

Miss Jacqueline Bird F.M.A.A.T.
Community Accounting Lancashire C.I.C.
Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

THINKING AUTISM LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2021

		Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
	Notes				
Income from:					
Donations		15,533	-	15,533	42,831
Charitable activities	2	5,640	21,362	27,002	108,567
Investments	3	1,147	-	1,147	-
Other income		44	-	44	647
Total		<u>22,364</u>	<u>21,362</u>	<u>43,726</u>	<u>152,045</u>
Expenditure on:					
Charitable activities	4	29,886	21,896	51,782	97,157
Other expenditure		-	-	-	-
Total		<u>29,886</u>	<u>21,896</u>	<u>51,782</u>	<u>97,157</u>
Net income/(expenditure)		<u>(7,522)</u>	<u>(534)</u>	<u>(8,056)</u>	<u>54,888</u>
Reconciliation of funds:					
Total funds brought forward		113,804	6,286	120,090	65,202
Total funds carried forward		<u>106,282</u>	<u>5,752</u>	<u>112,034</u>	<u>120,090</u>

The statement of financial activities contains all gains and losses for the year and all activities relate to continuing operations. The profit for the purposes of the Companies Act 2006 is the net incoming resources before unrealised losses/gains.

The notes on pages 7 to 10 form part of these financial statements.

Note 10 on page 10 shows comparative information for the year ended 31 March 2020.

THINKING AUTISM LTD

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Current Assets				-	
Cash at Bank and in Hand		<u>112,754</u>		<u>120,810</u>	
Total Current Assets		<u>112,754</u>		<u>120,810</u>	
Liabilities					
Creditors:					
Amounts falling due within one year	7	(720)		(720)	
Net current assets or liabilities		<u>112,034</u>		<u>120,090</u>	
Total net assets or liabilities		<u>112,034</u>		<u>120,090</u>	
The funds of the charity	8				
Unrestricted Funds		106,282		113,804	
Restricted Funds		<u>5,752</u>		<u>6,286</u>	
Total funds		<u>112,034</u>		<u>120,090</u>	

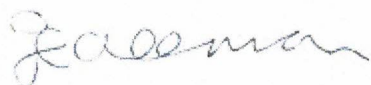
For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts are prepared in accordance with the provisions applicable to companies' subject to the small companies' regime.

The accounts were approved by the Board of Directors on the 10th of January 2022 and signed on its behalf by:



J Allman

Director

THINKING AUTISM LTD

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016 and also Update Bulletin 2 published on 5 October 2018) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Incoming resources

All income is recognised once the charity has entitlement to the income. It is probable that the income will be received, and the amount of income receivable can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis.

All expenses including support costs and governance costs are allocated or apportioned to applicable expenditure headings.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

2. Charitable activities

	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
Grants:				
Big Lottery Fund	-	21,362	21,362	83,763
London Conference	-	-	-	18,166
Roadshows	-	-	-	83
Membership	5,640	-	5,640	6,555
	<u>5,640</u>	<u>21,362</u>	<u>27,002</u>	<u>108,567</u>

THINKING AUTISM LTD

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2021

3. Investment Income

	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
Interest Received	<u>1,147</u>	<u>-</u>	<u>1,147</u>	<u>-</u>

4. Charitable activities

	Unrestricted Support & Governance Costs £	Restricted Support & Governance Costs £	Unrestricted Direct Costs £	Restricted Direct Costs £	2021 Total Funds £	2020 Total Funds £
London Conference	-	-	-	-	-	16,112
Roadshows	-	-	-	21	21	835
Conference & Events	-	-	75	278	353	11,270
Campaigns	-	-	-	-	-	-
Salaries	-	-	26,245	15,389	41,634	54,904
Training	-	-	-	302	302	-
General Expenses	400	291	326	139	1,156	2,553
Business Expenses	-	-	340	2,569	2,909	7,337
Insurance	575	-	-	-	575	570
Membership Packs	-	-	-	-	-	-
Printing, Stationery & Website	754	463	-	-	1,217	1,621
Equipment	-	-	-	2,165	2,165	501
Bank & Paypal Charges	-	-	196	73	269	277
Companies House Fee	13	-	-	-	13	13
Payroll Costs	192	206	-	-	398	394
Accounts Costs	<u>770</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>770</u>	<u>770</u>
	<u>2,704</u>	<u>960</u>	<u>27,182</u>	<u>20,936</u>	<u>51,782</u>	<u>97,157</u>

Total resources expended are stated after charging:

	2021 £	2020 £
Independent Examination Fees	720	720
Other Accountancy Services (Filing Fees)	50	50
Payroll Services	398	394

THINKING AUTISM LTD

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2021

5. Staff Costs

The movement in the year is after charging:	2021	2020
	£	£
Wages and salaries	41,634	54,904
Average number of full-time equivalent employees in the year	2021	2020
Project Co-Ordinator	0.5	1.0
Support & Services Lead	0.5	0.5
Advocacy Lead	0.5	0.5
	<u>1.5</u>	<u>2</u>

During the financial year a consultancy fee of £2,463.07 (for the evaluation and monitoring declaration for the Big Lottery Fund) was paid to a Trustee, Anita Kugelstadt. No other Trustee received any payment or remuneration during the year. No employee received emoluments of £60,000 or above (2020: none).

6. Analysis of support and governance costs

	Basis of Allocation	London Conference	Roadshows	Conference & Events	2021 Total Funds	2020 Total Funds
	£	£	£	£	£	£
Office/General	Activities	-	142	2,231	2,373	2,913
Premises	Activities	-	35	540	575	570
Governance	Activities	-	71	1,110	1,181	1,177
		<u>-</u>	<u>248</u>	<u>3,881</u>	<u>4,129</u>	<u>4,660</u>

7. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Accruals	720	720
	<u>720</u>	<u>720</u>

8. Funds

	Balance as at 1 April 2020	Incoming Resources	Resources Expended	Balance as at 31 March 2021
		£	£	£
Unrestricted Funds	113,804	22,364	(29,886)	106,282
Restricted Funds:				
Big Lottery Fund	6,286	21,362	(21,896)	5,752
Total Funds	<u>120,090</u>	<u>43,726</u>	<u>(51,782)</u>	<u>112,034</u>

THINKING AUTISM LTD

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2021

9. Company Status

The charity is limited by guarantee and has no share capital. There are 4 members and the liability of each member in the event of winding up is limited to £1.

10. Comparative Information (previous year)

		Unrestricted Funds 2020 £	Restricted Funds 2020 £	Total Funds 2020 £
	Notes			
Income from:				
Donations		42,831	-	42,831
Charitable activities	2	24,804	83,763	108,567
Investments	3	-	-	-
Other income		<u>647</u>	<u>-</u>	<u>647</u>
Total		<u>68,282</u>	<u>83,763</u>	<u>152,045</u>
Expenditure on:				
Charitable activities	4	17,569	79,588	97,157
Other expenditure		<u>-</u>	<u>-</u>	<u>-</u>
Total		<u>17,569</u>	<u>79,588</u>	<u>97,157</u>
Net income/(expenditure)		<u>50,713</u>	<u>4,175</u>	<u>54,888</u>
Reconciliation of funds:				
Total funds brought forward		<u>63,091</u>	<u>2,111</u>	<u>65,202</u>
Total funds carried forward		<u>113,804</u>	<u>6,286</u>	<u>120,090</u>