

BARKING AND DAGENHAM YOUTH DANCE LIMITED (BDYD)
UNAUDITED FINANCIAL STATEMENTS
AND TRUSTEES REPORT
FOR THE YEAR ENDED
31 JULY 2025

COMPANY NUMBER 05521243

AAA Accounting Limited
Chartered Certified Accountants
36-38 Station Parade,
Barking, England,
IG11 8DR

BARKING AND DAGENHAM YOUTH DANCE LIMITED (BDYD)
FINANCIAL STATEMENTS
YEAR ENDED 31 JULY 2025

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Barking and Dagenham Youth Dance Limited (BDYD)

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

Registered charity name **Barking and Dagenham Youth Dance Limited (BDYD)**

Company number 05521243

Registered Office 18 Essex Road,
Barking, Essex,
IG11 7QL

Director Sophie Mitchell – Chair / Trustee / Director
Ella Louise Darlington – Trustee / Director
Olivia Tamika Abaka Wood – Trustee / Director
Nii Amon Dsane – Trustee / Director
Kit Dickinson – Treasurer / Trustee / Director

Secretary Georgoulla Georgina Alexiou – Secretary

Independent examiners AAA Accounting Limited
Chartered Certified Accountants
36-38 Station Parade,
Barking, England,
IG11 8DR

Barking and Dagenham Youth Dance Limited (BDYD)

ANNUAL REPORT

FOR THE YEAR ENDED 31 July 2025

The Trustees, who are also Directors of Barking and Dagenham Youth Dance Limited (BDYD), present their report and the independently examined financial statements of the charitable Company for the year ended 31 July 2025. The statutory information is shown on page 1.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102 – effective 1 January 2019), (Charities SORP – FRS 102) and the Companies Act 2006.

THE DIRECTOR

The Director who served during the period were as follows:

Sophie Mitchell – Chair / Trustee / Director
Ella Louise Darlington – Trustee / Director
Olivia Tamika Abaka Wood – Trustee / Director
Nii Amon Dsane – Trustee / Director
Kit Dickinson – Treasurer / Trustee / Director

STRUCTURE, GOVERNANCE AND MANAGEMENT

Status

The Company, number 05521243, is limited by guarantee and has charitable status. The Charity registration number is 1113618. It has a Memorandum and Articles of Association as its governing document.

Barking and Dagenham Youth Dance Limited (BDYD)

TRUSTEES ANNUAL REPORT (continued)

FOR THE YEAR ENDED 31 July 2025

Risk review

The trustees have reviewed the risks faced by the charity and have put in place systems to mitigate those risks.

The main risk is with continued funding and the charity is actively making applications for funding for its projects. The trustees have reviewed the needs of the charity and as there is currently no property to deal with on a cessation the reserves are to be set at a level which would allow for the continuation of the sessions for which they are committed. This amounts to approximately 30% of annual turnover at any given point. The charity's unrestricted reserves at the end of this financial year are equivalent to 27% of total annual turnover. Trustees aim to continue to increase the level of reserves and are confident of reaching the 30% target reserve going forward.

Aims and Objects

We primarily support disadvantaged young people, but also directly benefit the wider local community, including children, adults and older people. We work with a diverse group of people including women, black and ethnically diverse communities, those tackling obesity, people with disabilities, those at risk of teenage pregnancy, young offenders, those at risk of substance and alcohol misuse, the underachieving, those who are NEET and those who find mainstream education challenging.

We promote equal opportunities, and promote and celebrate diversity by making our activities fully accessible and inclusive and by welcoming and respecting all participants, staff and volunteers. BDYD tackles unfair discrimination and breaks down barriers for people (in particular groups such as black and ethnically diverse communities, disabled people, gay men/lesbians/bisexuals, transgender people and people from different religious and faith backgrounds) by listening to what they tell us they need to succeed, and working to provide it.

Direct work with beneficiaries (local residents)

The principal objects of the charity are:

- To maintain, improve and advance the education of the public in the arts generally, and in particular by the promotion and production of educational dance/drama and other aesthetic arts especially those activities which seek to make the arts relevant to the community.
- To provide performance opportunities for underprivileged young people irrespective of their colour, sex, religion, creed etc. thus enabling them to seek and obtain useful skills and occupation in later life.
- In the interest of social welfare, to provide or assist in the provision of facilities for recreation or other leisure time occupation with the object of improving the condition of life of the persons for whom such facilities are primarily intended by reason of their youth, age, infirmity, poverty or social and economic circumstances.

We deliver this in the following ways:

- Our dance technique classes promote a thorough understanding of movement skills, which challenge the mind of people and help to develop habits that can be applied to personal fitness.

- Our workshops and showcase are created from skill-building activities and hands-on tasks, ensuring our users access effective and affirmative experiences. We produce a showcase that celebrates our users' achievements, as well as engage them in a project that celebrates their achievements.
- Our choreographic workshops encourage participants to think creatively and culturally, make positive decisions, and create intelligent work suitable for public performances; including Borough events through our annual achievement showcase, targeted particularly at the local community. This leads to celebrating individual and group diversity, encouraging audience/community participation, and widen the opportunities for the attendees.
- We offer our participants an equal platform to succeed in life, promote better education and learning for all, make sure that they feel valued, and are able to contribute to society, rather than being isolated. We provide a service that leads to the ability and self-belief to achieve success and ultimately understand the user's capabilities, with the aim to promote community cohesion.
- We embrace and celebrate different cultures, as our intentions are to enlighten, empower and release learning potential, highlighting the importance of education and eventually employment that can lead to regenerating the local community.

Activities:

The principal activities of the charity are as follows:

- **Saturday Street Dance (SSD)**
Runs every Saturday during term time from 10:30 am to 5:00 pm and offers back-to-back classes for ages 5–25, exploring dance fitness, choreography and leadership skills. We use dance as a tool to give young people a voice and to build their confidence and self-esteem. Over the past 22 years, we have reached more than 10,000 children and young people through our SSD project alone. SSD is our flagship project and the foundation of our delivery model, providing the main pathway through which young people access our wider programmes of support and progression opportunities.
- **NCFE-Accredited Youth Work Qualification (Ages 14+)**
Our Level 2 Youth Work qualification (equivalent to one GCSE) offers specialised pathways in Dance or Sport. As the first programme of its kind in Barking and Dagenham, it provides young people with the opportunity to gain a recognised qualification through informal, youth-led learning environments such as youth clubs. Co-delivered by BDYD and Future MOLDS Communities, this trailblazing course formalises the skills, leadership and personal development that young people gain through participation in youth provision. We are currently the only organisation in Barking and Dagenham offering an accredited qualification linked to youth club participation, making it a truly innovative approach to local youth development. The programme is particularly valuable for young people who may not have a strong record of academic achievement within traditional school settings. It offers an alternative pathway to recognition, building confidence, employability skills and progression opportunities while remaining rooted in creative and physical activity.
- **InterVision**
- InterVision is a youth training programme that uses the Action Learning method to equip young people with the skills to facilitate structured conversations and reflective dialogue. Through this process, participants develop strong listening, questioning, and facilitation skills, enabling them to lead peer-to-peer discussions and undertake youth-led research. The programme empowers young people to explore issues that affect their lives and communities, building confidence, critical thinking, and leadership while generating valuable insights that can inform youth provision and local decision-making.

- Cultural Norms?

Funded by Arts Council England, this innovative project explores decolonising the body and reimagining how young people participate in decision-making processes through creative expression.

- Sunday Socials Held monthly for ages 11–16, these relaxed sessions provide a safe space to talk, share, and learn.

- Trips to arts institutions

Over the last three years BDYD has partnered with Serpentine Galleries on the acclaimed RAFTs project, led by Turner Prize-nominated artist Rory Pilgrim. For 90% of our participants, this was their first time stepping into an art gallery.

- Wraparound provision

Through our Associate membership at LBBD Community Hub John Smith House, BDYD offers wider youth support including counselling, debt and food poverty advice and signposting, and pop up youth provision such as Sports Days, residentials and NHS recognised Youth Clinics.

Public Benefit:

In planning our activities for the year, we kept in mind the Charity Commission's guideline on public benefit at our trustees' meetings by researching the local community service gaps in Barking and Dagenham paying particular attention to youth services and opportunities in the arts.

BDYD Ltd provides dance and arts projects, events and activities for children, young people and adults. We offer performance opportunities, training in dance career development and leadership programmes. Although we encourage our beneficiaries to opt for a donation of £3, during their weekly dance activity, those unable to pay are not turned away and there are no restrictions to our services.

We are confident that our activities continue to fulfil the public benefit requirement of the Charity Act.

Our Impact:

In the year 2024/2025 we engaged with 5,000 local people by providing them with educational dance and fitness sessions, youth led advocacy and leadership programmes as well mentorship projects that promoted learning for all.

Saturday Street Dance continues to go from strength to strength, with 250 young people participating each week.

The impact of our work can be seen close up in case studies of young people:

Child A had recently experienced a traumatic event and was referred to BDYD's Street Dance Classes. They showed little interest in talking, but after working closely with BDYD's Youth Facilitators, they were able to use dance as a tool to focus on emotional expression. Child A connected deeply with the non-verbal aspect of dance. Movement became their outlet. With BDYD's support, they gradually began to share their story during group check-ins. BDYD's Saturday Street Dance helped them to understand and process their emotions without pressure. They choreographed a movement phrase for our group

choreographies. they said, 'I didn't need to speak to be understood'. Dance became more than a hobby, it became therapy. Child A's confidence and resilience have grown tremendously and visibly through the power of movement and mentorship.

PUBLIC BENEFIT STATEMENT

In setting out the objectives and planning the activities, the trustees have given careful consideration to complying with the duty in Section 4 of the Charities Act 2006 to have regard to the public benefit guidance published by the Charity Commission.

ACHIEVEMENTS AND PERFORMANCE

During the year, BDYD provided a busy and popular programme of arts, dance, culture workshops, events and activities. We continued to focus on targeting and including the hard to reach and people who are socially excluded and promoted mental and physical wellbeing.

'Cultural Norms?', funded by Arts Council England, started in February, and is already developing a vital new creative vision from local young people as they work to understand better the systemic inequalities, discrimination and injustices that persist as legacies of colonialism. The project includes dance workshops, debates and creative motivational seminars with and for young people aged 14-19 and will produce a public performance later in the year.

We were proud to be awarded the Innovation Award by London Youth for our NCFE accredited Youth Dance Leaders programme, a Level 2 vocational qualification for young people in Barking and Dagenham.

BDYD continued to award young people through our ongoing Jack Petchey Achievement Award Scheme.

Young people co-developed our Talking Circles into Sunday Socials - a monthly safe space for young people to chat, enjoy a free snack and share.

We continued to work in partnership with the John Smith House Consortium developing projects for the benefit of young people in Barking & Dagenham, including pop-up dance classes, NHS Think Tanks and Youth Health Ambassador Scheme.

Future Plans

- "As we move into the next phase of our development, BDYD will continue to build on the success of our core programmes while deepening our commitment to youth-led practice, innovation and cultural relevance.
- A key priority will be the further development of InterVision, our youth training programme based on the Action Learning method. Over the coming year we aim to formalise the InterVision methodology, documenting the learning framework and refining the facilitation model. In the longer term, we intend to work with young people to co-create a youth-led accredited qualification, recognising the skills they develop in facilitation, dialogue and peer-to-peer research. This will provide a meaningful pathway for young people to gain formal recognition for the leadership and reflective learning that takes place within our youth settings.

- Alongside this, we are beginning to develop 'Cultural Norms?', an exploratory strand of work focused on rethinking how youth work and creative practice respond to culture, identity and power. We plan to apply for further funding from Arts Council England to support research and development in this area. This work will explore ideas around decolonising the body, language and youth decision-making processes, ensuring that our practice reflects the diverse lived experiences of our young people and the communities we serve. Together, these developments represent an important step in strengthening BDYD's role as an organisation that not only delivers youth dance programmes, but also innovates new approaches to youth learning, leadership and cultural practice. By investing in youth-led research, accreditation pathways and reflective practice, we aim to create sustainable opportunities for young people to shape their own development and influence the future of youth provision in Barking and Dagenham.

Financial Review:

- The Charity had total income for the year was £255,321 and total expenditure was £165,888. The net Income was £89,433.

Trustees' Responsibilities

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report has been prepared in accordance with the Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small Companies.

Approved by the Trustees and signed on their behalf by:



(Sophie Mitchell – Chair / Director)

Date

16/04/2026

Barking and Dagenham Youth Dance Limited

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31 July 2025

I report on the attached Financial Statements for the year ended 31 July 2025, which are set on pages 8 to 12 and have been prepared on an accrual basis.

Respective responsibilities of Management Committee and Examiner:

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the account in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement:

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement:

In connection with my examination, no material matters have come to my attention which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



B Ahmad FCCA
AAA Accounting Limited
Chartered Certified Accountants
36-38 Station Parade,
Barking, England,
IG11 8DR

Date: 16/04/2026

Barking and Dagenham Youth Dance Ltd
Company No. 05521243
Charity No. 1113618
Statement of Financial Activities
For the year ended 31st July 2025

| Income | Unrestricted Funds £ | Restricted Funds £ | Total 2025 £ | Total 2024 £ |
|--------------------------------------|-------------------------------------|-----------------------------------|-----------------------------|-----------------------------|
| Income from Charitable Activities | - | 238,392 | 238,392 | 203,059 |
| Income from other activities | 16,929 | - | 16,929 | 4,686 |
| Total Income | 16,929 | 238,392 | 255,321 | 207,745 |
| <u>Expenditure</u> | | | | |
| Expenditure on Charitable activities | 2,805 | 163,084 | 165,889 | 142,644 |
| Total Expenditure | 2,805 | 163,084 | 165,889 | 142,644 |
| Net Income / (Expenditure) | 14,124 | 75,308 | 89,432 | 65,101 |
| Total Funds brought forward | 55,612 | 154,591 | 210,204 | 145,103 |
| Total Funds carried forward | 69,737 | 229,899 | 299,635 | 210,204 |

Barking and Dagenham Youth Dance Ltd
Company No. 05521243
Charity No. 1113618
Balance Sheet as at 31st July 2025

| | Notes | 2025 £ | 2024 £ |
|--|-------|----------------|----------------|
| Fixed Assets | | | |
| Tangible Assets | | Nil | Nil |
| <u>Current Assets</u> | | | |
| Deposit Account | | 200,000 | - |
| Cash at Bank | | 103,869 | 214,440 |
| Cash in hand | | 3 | - |
| Total Current Assets | | 303,872 | 214,440 |
| Current Liabilities | | | |
| Creditors: falling due within one year | 7 | -4,236 | -4,236 |
| Net Current Assets | | 299,635 | 210,204 |
| Total Net Assets | | 299,635 | 210,204 |
| The Funds of the Charity | | | |
| Unrestricted Funds | | 44,737 | 30,612 |
| General Reserve | | 25,000 | 25,000 |
| Restricted Funds | | 229,899 | 154,591 |
| Total Charity Funds | | 299,635 | 210,204 |

Barking and Dagenham Youth Dance Ltd
Notes to the accounts for the year ended 31st July 2025

| 2. Income from charitable activities | Unrestricted | Restricted | Total | Total |
|---|--------------|----------------|----------------|----------------|
| | Funds | Funds | 2025 | 2024 |
| Grants | £ | £ | £ | £ |
| Barking and Dagenham Giving | - | 89,568 | 89,568 | 45,135 |
| LB Barking and Dagenham | - | 34,750 | 34,750 | 16,253 |
| Barking and Dagenham CVS | - | - | - | 8,349 |
| Jack Petchey Foundation | - | 1,800 | 1,800 | 2,100 |
| London Youth | - | 6,000 | 6,000 | 8,210 |
| The National Lottery Comm Fund | - | 40,751 | 40,751 | 38,513 |
| Serpentine Trust | - | - | - | 2,134 |
| Mayor of London | - | - | - | 36,642 |
| Clarion Futures | - | - | - | 1,000 |
| LightBulb Trust | - | 15,000 | 15,000 | 15,000 |
| ESC Lottery | - | - | - | 10,260 |
| Barking Sport for change | - | - | - | 19,464 |
| Arts Council England | - | 27,000 | 27,000 | - |
| GO London - GLA | - | 18,648 | 18,648 | - |
| Groundwork Uk - TE | - | 500 | 500 | - |
| Protection Approach | - | 1,375 | 1,375 | - |
| Sigma Capital Prop | - | 3,000 | 3,000 | - |
| | - | 238,392 | 238,392 | 203,060 |

Barking and Dagenham Youth Dance Ltd
Notes to the accounts for the year ended 31st July 2025

| 3. Income from other activities | Unrestricted Funds £ | Restricted Funds £ | Total 2025 £ | Total 2024 £ |
|--|----------------------------|--------------------------|--------------------|--------------------|
| Donation/ Other Income | 15,497 | - | 15,497 | 3,707 |
| Refund | 1,432 | - | 1,432 | 979 |
| | 16,929 | - | 16,929 | 4,686 |

| 4. Expenditure on Charitable activities | Unrestricted Funds £ | Restricted Funds £ | Total 2025 £ | Total 2024 £ |
|--|----------------------------|--------------------------|--------------------|--------------------|
| Staff costs, Pensions | - | 58,304 | 58,304 | 40,442 |
| Project management | - | - | - | 2,816 |
| Premises costs and studio hire | - | 14,090 | 14,090 | 7,193 |
| Tutor/ Choreographers | - | 39,027 | 39,027 | 23,227 |
| Costumes | - | 7,126 | 7,126 | 9,511 |
| Telephone/ Internet / Mobile | - | 1,032 | 1,032 | 831 |
| Events & Activities /Theatre visit costs | - | 10,793 | 10,793 | 15,706 |
| Heat & Light | - | 961 | 961 | 825 |
| Small Equipment/ hire | - | 1,064 | 1,064 | 130 |
| Website / Software expenses | - | 1,328 | 1,328 | 39 |
| Subscriptions | - | 202 | 202 | 7,893 |
| Support & Governance costs (5) | 1,620 | - | 1,620 | 2,117 |
| Publicity | - | 1,791 | 1,791 | 589 |
| Transport / Parking fee | - | 1,809 | 1,809 | 692 |
| Refreshments | - | 4,811 | 4,811 | 867 |
| Insurance | - | 763 | 763 | 640 |
| Postage/ Printing /stationery | - | 784 | 784 | 2,931 |
| Future MOLDS | - | - | - | 21,772 |
| Project Research | - | - | - | 3,656 |
| Training | - | - | - | 180 |
| DBS Check | 309 | - | 309 | 305 |
| Disposal of Fixed Assets | - | - | - | 230 |
| Bank charges | - | - | - | 4 |
| Sundry expenses | - | - | - | 47 |
| Collaborative Bid | - | 18,599 | 18,599 | |
| Overtime | 544 | - | 544 | |
| Accountancy fees | 64 | - | 64 | |
| Consultancy fees | - | 600 | 600 | |
| Staff training & welfare | 268 | - | 268 | |
| 12 | 2,805 | 163,084 | 165,889 | 142,643 |

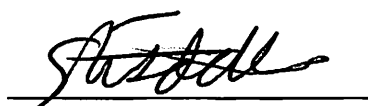
Barking and Dagenham Youth Dance Ltd
Notes to the accounts for the year ended 31st July 2025

| 5. Support and Governance Costs | Unrestricted Funds £ | Restricted Funds £ | Total 2025 £ | Total 2024 £ |
|--|----------------------------|--------------------------|---------------------------|---------------------------|
| Bookkeeping fees | 1,620 | - | 1,620 | 780 |
| Payroll expenses | - | - | - | 440 |
| Independent examination | - | - | - | 850 |
| Legal fee | - | - | - | 47 |
| Total | 1,620 | - | 1,620 | 2,117 |

| 3. Creditors & Accruals: | Total 2025 | Total 2024 |
|-------------------------------------|-----------------------|-----------------------|
| Amounts falling; due within a year | | |
| Independent Examiner's fee | 850 | 850 |
| Bookkeeping charges | 330 | 330 |
| The National Lottery Comm Fund | 3,056 | 3,056 |
| | 4,236 | 4,236 |

These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the members of the committee on and are signed on their behalf by:



The notes on page 14 form part of these financial statements

Barking and Dagenham Youth Dance Ltd

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 July 2025

1 Accounting Policies

1.1. Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Charities Act 1993, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Incoming resources

Voluntary income and donations are included in incoming resources when they are received except when donor's conditions have not been fulfilled, and then the income is deferred.

1.3 Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

1.4 Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

1.5 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.6 Taxation

The charity is exempt from corporation tax on its charitable activities.