

**Financial Statements for the Year Ended 30 August 2020**  
**for**  
**Health Through Sport Limited**

# **Health Through Sport Limited**

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**Health Through Sport Limited**

**Income Statement  
for the Year Ended 30 August 2020**

	30.8.20 £	30.8.19 £
<b>TURNOVER</b>	26,311	60,392
Cost of raw materials and consumables	(20,540)	(22,783)
Depreciation and other amounts written off assets	(735)	-
Other charges	(7,601)	(28,705)
Taxation	-	-
<b>(DEFICIT)/SURPLUS</b>	<u>(2,565)</u>	<u>8,904</u>

**Health Through Sport Limited (Registered number: 05528751)**

**Statement of Financial Position  
30 August 2020**

	30.8.20		30.8.19
	£	£	£
<b>FIXED ASSETS</b>		1,670	2,405
<b>CURRENT ASSETS</b>	11,572		12,902
<b>CREDITORS</b>			
Amounts falling due within one year	<u>(1,100)</u>		<u>(600)</u>
<b>NET CURRENT ASSETS</b>		<u>10,472</u>	<u>12,302</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><u>12,142</u></u>	<u><u>14,707</u></u>
<b>RESERVES</b>		<u><u>12,142</u></u>	<u><u>14,707</u></u>

**NOTES TO THE FINANCIAL STATEMENTS**

**1. STATUTORY INFORMATION**

Health Through Sport Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 05528751

**Registered office:** 11 Baycliff Road  
West Derby  
Liverpool  
L12 6QS

The presentation currency of the financial statements is the Pound Sterling (£).

The charity is a Company Limited by Guarantee . Each member's liability is limited to £1

**2. AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the year was 2 (2019 - 2).

Statement of Financial Position - continued  
30 August 2020

NOTES TO THE FINANCIAL STATEMENTS

3. TRUSTEES REPORT

Obviously the year to 31st August 2020 was a very difficult year for everybody due to the Covid-19 pandemic, however in the earlier part of the year, before the onset of the first national lockdown, we were able to continue with our football coaching courses and maintain our accreditation as a recognised centre for Open awards Football Coaching levels 1 and 2.

We continued to work closely with vulnerable and disadvantaged young people; former drug mis-users; ex-offenders and adults with mental health issues.

We increased our involvement with the Fans for Foodbanks project, helping wherever possible and generally giving our support.

Sadly, as explained earlier, due to the lockdowns and subsequent restrictions on social gatherings, several planned fund-raising events such as Sportsman's dinners and golf days had to be cancelled, however, on 18th September 2020, we successfully held a golf-day in support of Health Through Sport in conjunction with Wirral Ark. The event, held at Prenton Golf Club, was well attended despite the on-going effects of the pandemic and our thanks must go to Derek Mountfield and Leon Osman for their attendance and support.

As restrictions continue to be eased we are in the process of organising further fund-raising events and will continue with the Football Coaching Courses which we feel have become more and more important recently, i.e., in assisting and improving physical and mental well-being.

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 August 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 August 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements were approved by the Board of Directors and authorised for issue on 26 May 2021 and were signed on its behalf by:

.....  
M C Dalton - Director

# Health Through Sport Limited

## Detailed Income and Expenditure Account for the Year Ended 30 August 2020

	30.8.20		30.8.19	
	£	£	£	£
<b>Sales</b>		26,311		60,392
<b>Cost of sales</b>				
Purchases		20,540		22,783
<b>GROSS SURPLUS</b>		5,771		37,609
<b>Expenditure</b>				
Insurance	-		820	
Light and heat	-		2,000	
Telephone	655		1,263	
Post and stationery	30		191	
Advertising	1,000		14,545	
Motor expenses	4,684		5,753	
Staff training	-		526	
No description	216		216	
Sundry expenses	516		842	
Accountancy	500		149	
Legal fees	-		2,400	
	<u>          </u>	7,601	<u>          </u>	28,705
		(1,830)		8,904
<b>Depreciation</b>				
Fixtures and fittings	551		-	
Motor vehicles	184		-	
	<u>          </u>	735	<u>          </u>	-
<b>NET (DEFICIT)/SURPLUS</b>		<u><u>(2,565)</u></u>		<u><u>8,904</u></u>

This page does not form part of the statutory financial statements

# Health Through Sport Limited

## Detailed Statement of Financial Position for the Year Ended 30 August 2020

	30.8.20	30.8.19
	£	£
<b>FIXED ASSETS</b>		
Fixtures and fittings	1,119	1,670
Motor vehicles	551	735
	<u>1,670</u>	<u>2,405</u>
<b>CURRENT ASSETS</b>		
Bank account no. 1	11,572	12,902
<b>CREDITORS</b>		
<b>Amounts falling due within one year</b>		
Accrued expenses	<u>(1,100)</u>	<u>(600)</u>
<b>NET CURRENT ASSETS</b>	<u>10,472</u>	<u>12,302</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>12,142</u>	<u>14,707</u>
<b>NET ASSETS</b>	<u>12,142</u>	<u>14,707</u>
<b>RESERVES</b>		
Income and expenditure account	<u>12,142</u>	<u>14,707</u>

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