

COMPANY REGISTRATION NUMBER: 05516915
CHARITY REGISTRATION NUMBER: 1113180

AANCHAL WOMEN'S AID LTD
Company Limited by Guarantee
Financial Statements
31 March 2023

SALEEMI ASSOCIATES

Chartered accountants & statutory auditor
792 Wickham Road
Croydon CR0 8EA

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2023

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AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name	AANCHAL WOMEN'S AID LTD
Charity registration number	1113180
Company registration number	05516915
Principal office and registered office	1 Holstock Road Ilford Essex IG1 1LG

The trustees

Saba Jahangir Shaikh	Director - Chair
Nilam Gopal Vora	Director- Vice Chair
Kelly Ann Mullane	Director – Secretary
Martin Real	Treasurer
Radhika Dhiman	
Lee Phanurat Bennett	

Chief Executive Sudarshan Bhui

Auditor Saleemi Associates
Chartered accountants & statutory auditor
792 Wickham Road
Croydon CR0 8EA

Bankers Barclays Bank Plc
2 Churchill place
Canary Wharf
London
E14 6RB

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 25th July 2005 and registered as a charity on 7th March 2006. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Structure, governance and management *(continued)*

Recruitment and Appointment of Management Committee

The Directors of the company who are also charity Trustees for the purpose of charity law under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

Trustee Induction and Training

All Trustees are familiar with the practical work of the charity having been encouraged to take up an 'Induction Tour' of the charity and outreach work.

Additionally, new trustees are invited and encouraged to attend a series of short training sessions to familiarise themselves with the charity and context within which it operates. These are jointly led by the chair of the Management Committee and the Chief Executive of the charity and cover:

- " The obligations of Management Committee members
- " The main documents which set out the operational framework for the charity including the Memorandum and Articles " Resourcing and the current financial position as set out in the latest published accounts " Future plans and objectives

A Question & Answer pack has also been prepared drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions. This is distributed to all new trustees along with the Memorandum and Articles and the latest financial statements.

Risk Management

The Trustees have established regular reporting systems in order to establish whether any major strategic or operational risks are faced by the Charity. The trustees have assessed the risks the charity faces and have drawn up a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees review this risk matrix regularly at their meetings and at meetings of the subcommittee on finance. The trustees are satisfied that systems are in place, or arrangements are in hand, to manage the risks that have been identified. In particular, insurance cover is in place and the finances of Aanchal are kept under review. Appropriate Criminal Records Bureau (CRB) checks, supported by regularly reviewed policies, are made for all those who work with children or other vulnerable groups. In the opinion of the Trustees, the sufficient systems and procedures are in place to manage any risks identified.

Organisational Structure

Aanchal Women's Aid Ltd has Management Committee structure of up to 10 members who meet quarterly. The Business and Finance Team are responsible for the strategic direction and policy of the charity. A service users focus group of 5 members informs into the Management Committee which informs into the Business and Finance Team.

Day to day responsibility for the provision of the services rest with the Chief Executive along with the Finance Manager. The Chief Executive is responsible for ensuring that the charity delivers the services specified and that the key performance indicators are met. The Chief Operations Manager has responsibility for the day to day operational management of the Charity, manages individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Objectives and activities

Our objectives are set to reflect our aim which reflects the needs of women and children who have experienced domestic violence. Each year we review our objectives and activities to ensure they continue to reflect our aims. In carrying out this review the trustees have considered the Charity Commission's general guidance on public benefit. Our strategic aim is to ensure women and children are able to live free of fear and have the ability to achieve financial and emotional self-reliance.

The company's objects and principal activities are to:

- To provide support, assistance and advice to women who have experienced or who are experiencing domestic violence.
- To provide support, assistance and advice to children of women who have experienced or who are experiencing domestic violence; and
- The advancement of education and other charitable purposes which help and benefit the community.

The main objectives and activities for the year continued to focus upon responding to domestic and sexual abuse (DSA), reducing the incidence of DSA and prevention of the occurrence of DSA. The strategies employed to assist the charity to meet these objectives included the following:

- Providing a range of advice and advocacy services which are reflective of relevant quality standards and address the issues related to domestic violence specialising services within the communities we serve.
- Providing a high-level front-line service to women escaping domestic violence, through robust risk assessment systems and inter-agency support mechanisms, including the Multi Agency Risk Assessment Conferences in east London boroughs.
- Provision of specialist children's service which aims to reduce the impact of domestic violence on lives of children and young people.
- Provision of empowerment activities to support women to be self-sufficient.
- Focusing on preventative measures which limit the occurrence of domestic abuse, not only for the individual but also for their family and friends and the wider community.
- Working in partnership with other agencies to ensure the widest range of services are available that best match the needs of its client population.
- Development of high-level innovative solutions to enable best responses to DSV.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Achievements and performance

Our Aspirations

We want to see women and children exit our services feeling safe, secure, understand who they are in their individual life journeys, have life's basic and above basic needs met, have tools and resources they can continually use to sustain emotionally, mentally, physically healthy lives. We want to see them have confidence and knowledge to set time-lined goals so their lives continually improve.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

How our activities deliver public benefit

The charity deliver services in three strategic areas:

1. **Knowledge & Power: Education & Empowerment:** including frontline crisis response.
2. **Increasing Access to Support: Connectivity & Engagement** - Improving access, women's voices, reducing isolation
3. **Children & Young People** - Keeping Children at the forefront of effects of domestic abuse, increasing service outputs.
4. **Lasting Change & Wellbeing** - Development of Wellbeing Programmes and initiatives. Developing Online presence and organisational voice to influence change, with decision-makers, service users, and with communities.

The charity carries out a wide range of activities in pursuance of its charitable aims. The trustees consider that these activities, summarised below, provide benefit to the women and children who are affected by domestic violence by receiving support, guidance, practical advice, advocacy, education and mentoring in order to achieve eradication of homelessness, poverty, isolation, depression, victimisation, vulnerability and dependency. To achieve this, Aanchal Women's Aid provided services in multiple languages, including 7 South Asian; provided confidential space for service users and other multi-agency partners and sustained trained and culturally aware staff.

The main areas of charitable activity are the provision of a 24-Hour Helpline Service, Front Line Response Services to help women and children flee domestic and sexual abuse, Long term and resettlement support services, Advice, Advocacy, Mentoring, Life Skills workshops, emotional support, Counselling, Support Groups, Training and Awareness Raising and child support programmes.

In November 2013 Aanchal Women's Aid won a contract to manage the Newham One Stop Shop Domestic and Sexual Violence Integrated Casework Service, which ended in May 2019. This involved an 80% focus on Newham services. Thereafter, Aanchal Women's Aid has developed, implemented and delivered projects from a diverse range of funding streams and new initiatives, reaching wider whilst keeping our focus on Redbridge, Havering, Romford, Barking & Dagenham, and Newham.

In 2022/23:

IMPACT

1,848 unique individuals accessed services.

Breakdown of Services Accessed include:

145 No recourse to public funds (a status that applies to people who are 'subject to immigration control' and, as a result have no entitlement to certain welfare benefits, homelessness assistance and an allocation of social housing through the council register.)

164 Rebuilding Lives X 18 X 3 hour sessions 138 Longer term support, advice/advocacy

130 Young people's specialist one-one support

250 individuals accessed CHAI CHAT group support.

200 participants in 4 on-line events delivered, discussing barriers to support (increasing Victim's Voices) and 5 focus groups, co-creating services and supporting local borough on DA messaging for users.

85 Therapeutic Space Interventions Access (6 sessions + monthly holding events)

249 accessed E-learning platforms 4,000 Helpline Calls received across the UK and international requests for information.

1402 contacts made as a result of social media interventions.

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Year ended 31 March 2023

This year, Aanchal Women's Aid saw an increased transformation towards Rebuilding Lives interventions, growing a service strand for women and children who have accessed casework support and are ready to move on but face new barriers in their rebuilding and restarting phase of life.

In this period, we saw our previous pilot programmes grow and we are accordingly growing our infrastructure to support this transformation in service offers. We continued our strongest programmes on front line, low, medium and high-risk Domestic Abuse and Violence Response, Rebuilding Lives Programmes, Children's support and growth in our Well Being and Engagement Programmes. Thanking all our funders over the year 2022-2023.

VOLUNTEERS

10 volunteers participated in diverse areas of Aanchal's work, supporting groups, individuals, campaigns.

SERVICES DELIVERED - FRONT LINE - REBUILDING - THERAPIES - USER JOURNEY MAPPING RENEWED - CONSULTATIONS WITH WOMEN

- Crisis Care, advice/advocacy
- Rebuilding Lives Multi-Programmes
- No Recourse to Public Funds Specialist Work
- Honour Based Violence and Forced Marriage specialist support
- Young People and Children's Support
- OnLine 'CHAI CHAT' platforms for specialist group support programmes
- Group Therapy
- Social Media Communications/Awareness Raising/Campaigns/Influencing
- Digital Platforms Development
- E-Learning Modules
- Online Community Hub
- Service User Connections Safety APP
- Service User Consultations
- Roundtable Discussions -Partners, Providers, and Influencers
- Service User Consultations with 100 women - cross-cutting themes

Statistics and Data Information

KNOWLEDGE AND POWER Pillar

390 accessed crises, and long term individual casework and family support. This included specialist support with No Recourse to Public Funds affected victims, Honour Based Violence, Forced Marriage, GP specialist referrals and support for general advice on daily life challenges for those affected.

145 women accessed Rebuilding Lives Programme, attending 12 sessions each cohort.

1402 people accessed engagement with Aanchal Staff and Volunteers through our Helping and Help-email, just for conversations, early interventions, or simply to talk things through.

Children and Young People Pillar

130 children and young people provided with group activities, one to one and family support, driving key impact achievements on coping strategies, communication skills and engagement.

Engagement and Connected Communities Pillar

496 women accessed public events, decreasing isolation and meaningful engagement, connecting together and influencing change. 250 women engaged with our Chai Chat Support Provision, each accessing more than 30 times.

Wellbeing and Mental Health Pillar

85 women accessed Unique Bespoke Trauma Release Therapies

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Year ended 31 March 2023

Referral Sources: Word of mouth, Local Authorities, Police, Health Authorities, GP's, Schools, DSV One Stop Shops, Children's Centres, partnership agencies, Radio, TV channels, Primary Health Care.

Key Impact of 2022-23 activities:

1. Women have been able to escape life-threatening situations.
2. Women and children have come out of poverty.
3. Women and children have escaped homelessness.
4. Increased access to early intervention
5. Increased access to support by Primary Care
6. Influence local policy and action plans.
7. Improved partnership work with local solicitors securing pro-bono support.
8. Increased Support to Report to Police
9. Development of enterprising initiatives to help women earn a living.
10. Women are healed and able to move forward in their lives.

Financial review

Amidst the period of recession and changes to the voluntary sector, Aanchal Women's Aid has successfully sustained funding for its primary services. A five-year plan and a fundraising strategy development Aanchal Women's Aid is able to look to the future with a clear vision and goals.

Principal Funding Sources

The principal funding sources for the charity are currently by way of grant, BBC Children in Need, City Bridge Trust, Comic Relief, The Tudor Trust, The National Lottery Community Fund, MOPAC, Ministry of Justice Investment Policy.

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long-term investment.

Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation. The reserves will be built to meet the working capital requirements of the charity and the Management Committee are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. Examples include:

- To sustain current services and infrastructure.
- The option to develop new services or expand current ones in line with the changing needs of the community.
- To ensure that delays in the receipt of expected income do not interrupt services or cause serious financial difficulty for the charity.
- The ability to survive unexpected set backs and problems arising from internal or external causes.

Reserves are held for 9 months running costs, redundancy, maternity, equipment recovery costs. The strategy is to continue to build reserves through planned operating surpluses. In the short term the Management Committee has also considered the extent to which existing activities and expenditure could be curtailed, should such circumstances arise. Aanchal Women's Aid considers Designated Funds, Restricted funds, and Free Reserves. Money should only be kept in reserve for specific reasons for sensible planning for known events. It would be prudent to keep 9 months running costs (£315,000). Free reserves target should be a minimum of £60,000

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Year ended 31 March 2023

Funds Available

Funds available at the period end are both restricted and unrestricted and details are contained in the notes to the accounts.

Plans for future periods

The charity plans prioritising its core activities which are front-line domestic violence advice, advocacy, and reduction of risk to life, limb, and life. Our fundraising strategy outlines the necessity of continuation of this work and develops other activities which strongly complement the welfare of women and children escaping domestic abuse. Supporting services will include empowerment programmes, education, and preventative activities and as a result of Covid affects, increase provisions that enhance connectivity with individuals and the community.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Management Committee should follow best practice and:

- Select suitable accounting policies and then apply them consistently;- Make judgments and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Safeguarding

Safeguarding is Key to every service and function in Aanchal Women's Aid, with all services underpinned by relevant policies and protocol, embedded in our Business Plans.

Sustainability and Environment Commitment

We recognise our responsibility to help protect the planet. We are committed to minimising the impact our organisation has on the environment and supporting those who are working to improve global environmental sustainability. Aanchal Women's Aid supports the UN Sustainable Development Goals and the Paris Climate Agreement. Our environmental-footprint strategy seeks to address greenhouse-gas (GHG) emissions and waste across our entire operation as we strive to continually strengthen our environmental practices. We will comply with all applicable environmental laws and regulations. Including: Carbon neutrality Reducing waste Working with external stakeholders

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:- so far as we are aware, there is no relevant audit information of which the company's auditors are unaware; and - as the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The trustees' annual report and the strategic report were approved on 13 December 2023 and signed on behalf of the board of trustees by:

.....
Saba Jahangir Shaikh
Trustee

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Independent Auditor's Report to the Members of AANCHAL WOMEN'S AID LTD

Year ended 31 March 2023

Opinion

We have audited the financial statements of AANCHAL WOMEN'S AID LTD (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Independent Auditor's Report to the Members of AANCHAL WOMEN'S AID LTD (continued)

Year ended 31 March 2023

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

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Company Limited by Guarantee

Independent Auditor's Report to the Members of AANCHAL WOMEN'S AID LTD (continued)

Year ended 31 March 2023

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Identifying and responding to risks of material misstatement due to fraud: To identify risks of material misstatement due to fraud (fraud risks) we assessed events or conditions that could indicate and incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedure included: • Enquiring of director and key managements personnel as whether they have knowledge of any actual, suspected or alleged fraud. • Using analytical procedures to identify any unusual or unexpected relationships We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit. As required by auditing standards, we performed procedures to address the risk of management override of controls, in particular the risk of bias in accounting estimates and judgements such as impairment. On this audit we do not believe there is a fraud risk related to revenue recognition because there is no pressure on management to achieve an expected revenue target as it is an owner run business. Identifying and responding to risks of material misstatements due to non-compliance with Law and regulations: We identified areas of law and regulation that could reasonably be expected to have material effect on the financial statements from our general commercial sector experience and through our discussion with Directors We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. Firstly, the company is subject to law and regulations that directly affect the financial statements including financial reporting legislation, taxation legislation, pension legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statements items. Secondly the company is subject to many other law and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines and litigations. We identified the following areas as those most likely to have such an effect; health and safety, GDPR, employment law. We discussed with our Audit team and director matters related to actual and suspected breaches of law and regulations, for which disclosure is not necessary and considered any implications for our audit. Our Audit procedure are designed to detected material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all law and regulations.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Independent Auditor's Report to the Members of AANCHAL WOMEN'S AID LTD**
*(continued)***Year ended 31 March 2023**

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Mohammad Saleemi (Senior Statutory Auditor)

For and on behalf of
Saleemi Associates
Chartered accountants & statutory auditor
792 Wickham Road
Croydon CR0 8EA

14 December 2023

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Statement of Financial Activities
(including income and expenditure account)****Year ended 31 March 2023**

			2023		2022
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	18,012	353,083	371,095	394,627
Total income		<u>18,012</u>	<u>353,083</u>	<u>371,095</u>	<u>394,627</u>
Expenditure					
Expenditure on charitable activities	6,7	27,422	297,763	325,185	375,499
Total expenditure		<u>27,422</u>	<u>297,763</u>	<u>325,185</u>	<u>375,499</u>
Net income and net movement in funds		<u>(9,410)</u>	<u>55,320</u>	<u>45,910</u>	<u>19,128</u>
Reconciliation of funds					
Total funds brought forward		380,642	23,870	404,512	385,384
Total funds carried forward		<u>371,232</u>	<u>79,190</u>	<u>450,422</u>	<u>404,512</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Statement of Financial Position****31 March 2023**

	Note	2023 £	£	2022 £
Current assets				
Cash at bank and in hand		514,470		444,735
Creditors: amounts falling due within one year	12	64,048		40,223
Net current assets			450,422	404,512
Total assets less current liabilities			450,422	404,512
Net assets			450,422	404,512
Funds of the charity				
Restricted funds			79,190	23,870
Unrestricted funds			371,232	380,642
Total charity funds	14		450,422	404,512

These financial statements were approved by the board of trustees and authorised for issue on 13 December 2023, and are signed on behalf of the board by:

.....
Saba Jahangir Shaikh
Trustee

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Statement of Cash Flows****Year ended 31 March 2023**

	2023	2022
	£	£
Cash flows from operating activities		
Net income	45,910	19,128
<i>Adjustments for:</i>		
Accrued expenses/(income)	24,301	(22,372)
<i>Changes in:</i>		
Trade and other creditors	(476)	(4,909)
Cash generated from operations	69,735	(8,153)
Net cash from/(used in) operating activities	69,735	(8,153)
Net increase/(decrease) in cash and cash equivalents	69,735	(8,153)
Cash and cash equivalents at beginning of year	444,735	452,888
Cash and cash equivalents at end of year	514,470	444,735

The notes on pages 16 to 24 form part of these financial statements.

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2023

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 1 Holstock Road, Ilford, Essex, IG1 1LG.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. None of the judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have the most significant effect on the amounts recognised in the financial statements.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

All fixed assets are initially recorded at cost.

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment	- 20% reducing balance
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

The organisation is a charitable company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £10.00.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Fundraising and donations	3,012	—	3,012

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Notes to the Financial Statements** *(continued)***Year ended 31 March 2023****5. Donations and legacies** *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Catalyst, Lynsdale, T Rowe Price and Winston Churchill	–	15,000	15,000
City Bridge Trust	–	33,253	33,253
Henry Smith Charity	–	30,000	30,000
MOJ	–	8,715	8,715
City Bridge Trust - Cost of living fund	–	3,266	3,266
National Lottery Community Funds	–	95,465	95,465
Garfield Weston Foundation	15,000	–	15,000
IRIS	–	33,250	33,250
BBC Children in Need	–	27,400	27,400
MOPAC	–	50,000	50,000
Comic Relief	–	8,900	8,900
Rosa Foundation	–	12,500	12,500
The Tudor Trust	–	35,334	35,334
	<u>18,012</u>	<u>353,083</u>	<u>371,095</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Fundraising and donations	1,707	–	1,707

Grants			
Catalyst, Lynsdale, T Rowe Price and Winston Churchill	19,109	–	19,109
City Bridge Trust	–	32,459	32,459
Henry Smith Charity	–	–	–
MOJ	–	–	–
City Bridge Trust - Cost of living fund	–	–	–
National Lottery Community Funds	–	99,301	99,301
Garfield Weston Foundation	15,000	–	15,000
IRIS	–	–	–
BBC Children In Need	–	61,947	61,947
MOPAC	–	50,000	50,000
Comic Relief	–	80,104	80,104
Rosa Foundation	–	–	–
The Tudor Trust	–	35,000	35,000
	<u>35,816</u>	<u>358,811</u>	<u>394,627</u>

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Notes to the Financial Statements** *(continued)***Year ended 31 March 2023****6. Expenditure on charitable activities by fund type**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Women and crises Services	5,066	132,214	137,280
Children Services	–	27,400	27,400
Education and Empowerment Services	5,000	51,049	56,049
Support costs	17,356	87,100	104,456
	<u>27,422</u>	<u>297,763</u>	<u>325,185</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Women and crises Services	–	133,314	133,314
Children Services	–	58,492	58,492
Education and Empowerment Services	4,944	105,486	110,430
Support costs	–	73,263	73,263
	<u>4,944</u>	<u>370,555</u>	<u>375,499</u>

7. Expenditure on charitable activities by activity type

	Grant funding of activities £	Support costs £	Total funds 2023 £	Total fund 2022 £
Women and crises Services	137,280	–	137,280	133,314
Children Services	27,400	14,956	42,356	58,492
Education and Empowerment Services	56,049	–	56,049	110,430
Governance costs	–	89,500	89,500	73,263
	<u>220,729</u>	<u>104,456</u>	<u>325,185</u>	<u>375,499</u>

8. Auditors remuneration

	2023 £	2022 £
Fees payable for the audit of the financial statements	<u>2,000</u>	<u>1,800</u>

9. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023 £	2022 £
Wages and salaries	198,273	193,668
Social security costs	15,204	15,225
Employer contributions to pension plans	5,695	5,023
	<u>219,172</u>	<u>213,916</u>

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Notes to the Financial Statements** *(continued)***Year ended 31 March 2023****9. Staff costs** *(continued)*

The average head count of employees during the year was 7 (2022: 8). The average number of full-time equivalent employees during the year is analysed as follows:

	2023	2022
	No.	No.
Number of staff	<u>7</u>	<u>8</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

10. Trustee remuneration and expenses

None of the trustee paid any remunerations during the year.

11. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2022 and 31 March 2023	<u>7,642</u>	<u>7,642</u>
Depreciation		
At 1 April 2022 and 31 March 2023	<u>7,642</u>	<u>7,642</u>
Carrying amount		
At 31 March 2023	<u>—</u>	<u>—</u>
At 31 March 2022	<u>—</u>	<u>—</u>

12. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	58,729	34,428
Social security and other taxes	5,319	5,795
	<u>64,048</u>	<u>40,223</u>

13. Pensions and other post retirement benefits**Defined contribution plans**

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £5,695 (2022: £5,023).

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Notes to the Financial Statements** *(continued)***Year ended 31 March 2023****14. Analysis of charitable funds****Unrestricted funds**

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	65,642	18,012	(27,422)	–	56,232
Designated Fund	315,000	–	–	–	315,000
	<u>380,642</u>	<u>18,012</u>	<u>(27,422)</u>	<u>–</u>	<u>371,232</u>

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General funds	79,770	35,816	(4,944)	(45,000)	65,642
Designated Fund	270,000	–	–	45,000	315,000
	<u>349,770</u>	<u>35,816</u>	<u>(4,944)</u>	<u>–</u>	<u>380,642</u>

Restricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
Restricted Funds	23,870	353,083	(297,763)	–	79,190

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
Restricted Funds	35,614	358,811	(370,555)	–	23,870

15. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	2023
Current assets	380,839	133,631	514,470
Creditors less than 1 year	–	(64,048)	(64,048)
Net assets	<u>380,839</u>	<u>69,583</u>	<u>450,422</u>

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	2022
Current assets	380,642	64,093	444,735
Creditors less than 1 year	–	(40,223)	(40,223)
Net assets	<u>380,642</u>	<u>23,870</u>	<u>404,512</u>

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Notes to the Financial Statements** *(continued)***Year ended 31 March 2023****16. Analysis of changes in net debt**

	At 1 Apr 2022	Cash flows	At 31 Mar 2023
	£	£	£
Cash at bank and in hand	444,735	69,735	514,470

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Management Information

Year ended 31 March 2023

The following pages do not form part of the financial statements.

AANCHAL WOMEN'S AID LTD**Company Limited by Guarantee****Detailed Statement of Financial Activities****Year ended 31 March 2023**

	2023	2022
	£	£
Income and endowments		
Donations and legacies		
Fundraising and donations	3,012	1,707
Catalyst, Lynsdale, T Rowe Price and Winston Churchill	15,000	19,109
City Bridge Trust	33,253	32,459
Henry Smith Charity	30,000	–
MOJ	8,715	–
City Bridge Trust - Cost of living fund	3,266	–
National Lottery Community Funds	95,465	99,301
Garfield Weston Foundation	15,000	15,000
IRIS	33,250	–
BBC Children in Need	27,400	61,947
MOPAC	50,000	50,000
Comic Relief	8,900	80,104
Rosa Foundation	12,500	–
The Tudor Trust	35,334	35,000
	371,095	394,627
	<u>371,095</u>	<u>394,627</u>
Total income	371,095	394,627
	<u>371,095</u>	<u>394,627</u>
Expenditure		
Expenditure on charitable activities		
Wages and salaries	198,273	193,668
Employer's NIC	15,204	15,225
Pension costs	5,695	5,023
Legal and professional fees	2,000	1,800
Other office costs	104,013	159,783
	325,185	375,499
	<u>325,185</u>	<u>375,499</u>
Total expenditure	325,185	375,499
	<u>325,185</u>	<u>375,499</u>
Net income	45,910	19,128
	<u>45,910</u>	<u>19,128</u>

AANCHAL WOMEN'S AID LTD

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities**Year ended 31 March 2023**

	2023 £	2022 £
Expenditure on charitable activities		
Women and crises Services		
<i>Grant funding activities</i>		
Wages/salaries	100,529	88,583
Employer's NIC	7,991	7,166
Pension costs	2,804	1,999
Other office costs	25,956	35,566
	<u>137,280</u>	<u>133,314</u>
Children Services		
<i>Grant funding activities</i>		
Wages/salaries	20,448	50,664
Employer's NIC	3,649	4,264
Pension costs	1,287	1,419
Other office costs	2,016	2,145
	<u>27,400</u>	<u>58,492</u>
<i>Support costs</i>		
Wages/salaries	14,956	—
	<u>14,956</u>	<u>—</u>
Education and Empowerment Services		
<i>Grant funding activities</i>		
Wages/salaries	31,691	32,142
Employer's NIC	2,046	2,260
Pension costs	950	950
Other office costs	21,362	75,078
	<u>56,049</u>	<u>110,430</u>
Governance costs		
CEO's salary (5%)	30,649	22,279
Governance costs - employer's NIC	1,518	1,535
Governance costs - pension costs	654	655
Governance costs - audit fees	2,000	1,800
Governance costs - other office costs	54,679	46,994
	<u>89,500</u>	<u>73,263</u>
Expenditure on charitable activities	<u><u>325,185</u></u>	<u><u>375,499</u></u>