



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month April	Year 2022		Day 31	Month March	Year 2023

Section A Reference and administration details

Charity name	The Tanya's Courage Trust
Other names charity is known by	TCT
Registered charity number (if any)	1113108
Charity's principal address	Unit 3 19-21 Fore Street
	St Austell
	Cornwall
Postcode	PL25 5PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr A Grindrod	Chair		
2	Miss K Osbrink	Vice Chair		
3	Ms C Barker-Burnside			
4	Mrs S Winch			
5	Mr Tony Humphreys			
6	Mrs Beverley Humphreys			
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Iris Billing & Nicola Empel-Newman

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Charity Trust
Trustee selection methods (eg. appointed by, elected by)	Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Supporting Young people with, or affected by Cancer. Providing financial, emotional and social support either during treatment or when in remission provision of grants to aid physical and financial needs.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Emotional support, financial grants and gifts given to ease the pressure of having a young person in the family with cancer. Our aim is to provide support and assistance in areas that other charities may not be able to. We understand how this affects the whole family. We try to put young cancer patients in touch with other people going through similar experiences. We also like to put parents in touch with each other to give them reassurance and hope. We work alongside other charities like CLIC Sargent, Teenage Cancer Trust etc. for our referrals of Young People with Cancer

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

As a charity we are constantly growing in the ways we support our beneficiaries and in the ways we fundraise to enable us to reach objectives. The results in our staff numbers growing in an attempt to become more professional and consistent in our fundraising efforts.

Summary of the main achievements of the charity during the year

Continuing to provide a service for our beneficiaries and expanding our services into bereavement buddy support.

Section E Financial review

Brief statement of the charity's policy on reserves

We do not currently have any reserves in place.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Charity shops with all stock donated by the public.
Fundraising Events
Promoting the charity to community groups to appeal to them to fundraise for the benefit of the charity.
Appealing to the public to hold fundraising events to support the charity.
Appealing to schools and Colleges and local community groups/authorities to ask them to support the charity.
Gift Aid Claims


Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Mr A Grindrod

Position (eg Secretary, Chair, etc)

Chair

Date

17/01/2022



Annual Accounts for the year ended 31 March 2023

Registered Charity No. 1113108

**Contents of the Annual Accounts
for the year ended 31 March 2023**

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The Tanya's Courage Trust

(Registered Charity No. 113108)

Charity information

Trust Office Unit 3
19-21 Fore Street
St Austell
PL25 5PX

Accountants Harland Accountants
Ground Floor, Unit 3 Southview House
St Austell Enterprise Park
Carclaze Down
St Austell
PL25 4EJ

Bankers The Co-Operative Bank
8 Old Town Street
Plymouth
Devon
PL1 1DE

Chief executive Iris Billing

Treasurer Marlene Newman

Support services executive Nikki Empel-Newman

Patrons James Morrison (Musician)
Neil Warnock (Professional Football Manager)
Alex Mackay (Celebrity Chef)
Dr Sophie Mepham
Dr P Merritt
Dr A Childs
Daniel Evans (X-factor finalist)

Independent examiner's report on the accounts for the year ended 31 March 2023

I report on the accounts of The Tanya's Courage Trust for the year ended 31 March 2023, which are set out on pages 3 to 8.

Respective responsibilities of trustees and examiner

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SIGNED

DATE

NAME Matt Teague ACA



Ground Floor, Unit 3 Southview House
St Austell Enterprise Park
Carclaze Down
St Austell
PL25 4EJ

Balance Sheet
for the year ended 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	8	1,331	1,843
Current assets			
Debtors	9	2,944	1,714
Bank balances		1,385	64,472
Paypal		-	297
Cash in hand		1,385	1,067
		<u>5,713</u>	<u>67,550</u>
Current liabilities	10	<u>750</u>	<u>1,250</u>
Net current assets		4,963	66,300
Net assets		<u>6,294</u>	<u>68,143</u>
Funds of the Charity			
Unrestricted funds		<u>6,294</u>	<u>68,143</u>

On behalf of the board of trustees

Name of trustee Adam Grindrod

Signature

Date of approval

**Statement of financial activities
for the year ended 31 March 2023**

	Note	2023	2022
		£	£
Total incoming resources	3	<u>197,402</u>	<u>234,049</u>
Resources expended			
Charitable activities			
Purchases		-	-
Beneficiary payments		13,677	17,542
Employee costs	4	131,369	157,921
Premises costs	4	40,732	59,764
Repairs and renewals		4,083	11,616
General administrative expenses	4	13,015	21,361
Motor expenses		456	6,563
Travel and subsistence		1,371	1,881
Other finance charges	4	2,205	2,543
Advertising, promotion and entertainment		30	42
		<u>206,938</u>	<u>279,233</u>
Other resources expended			
Legal and professional costs		500	3,794
Depreciation		235	276
Other expenses		945	1,379
		<u>1,680</u>	<u>5,449</u>
Total resources expended		<u>208,618</u>	<u>284,682</u>
Net movement in funds		(11,216)	(50,633)
Total funds brought forward		17,510	68,143
Total funds carried forward		<u><u>6,294</u></u>	<u><u>17,510</u></u>

All funds received during the current and previous year were unrestricted

Notes to the accounts for the year ended 31 March 2023

Note 1 Basis of accounting

These accounts have been prepared on the basis of historic

- Accounting and Reporting by Charities – Statement of Recommended Practice (FRSSE);
- and with the Charities Act.

Note 2 Accounting policies

Incoming Resources

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when:

- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure and liabilities

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Notes to the accounts for the year ended 31 March 2023

Note 2 Accounting policies continued

Grants payable without performance conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Assets

Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least £150. They are valued at cost or a reasonable value on receipt.

Note 3 Analysis of incoming resources

	2023	2022
	£	£
Donations	13,111	5,871
Event and functions	1,949	1,462
Fundraising	390	102
Shops	181,202	199,441
Online sales	750	2,493
Grant income	-	24,680
	<u>197,402</u>	<u>234,049</u>

Note 4 Analysis of resources expended

	2023	2022
	£	£
<u>Employee costs</u>		
Wages and salaries	127,307	156,170
Uniform and clothing	417	581
Staff training and welfare	3,643	1,171
	<u>131,368</u>	<u>157,921</u>

Premises costs

Rent and rates	32,523	48,623
Light and heat	3,981	5,622
Water	377	1,199
Refuse and recycling	3,440	3,816
Cleaning	411	505
	<u>40,732</u>	<u>59,764</u>

General administrative expenses

Function and promotional event costs	863	444
Telephone	1,202	1,864
Printing, postage and stationery	1,403	1,373
Licences and subscriptions	1,224	1,523
Insurance	2,347	4,072
Hire of equipment	5,974	12,084
	<u>13,013</u>	<u>21,361</u>

**Notes to the accounts - continued
for the year ended 31 March 2023**

	2023	2022
<u>Other finance charges</u>		
Merchant fees	2,205	2,543
Bank charges	-	-

Note 5 **Details of certain items of expenditure**

5.1 Trustee expenses	2023	2022
Number of trustees who were paid expenses	nil	nil
Total amount paid	nil	nil
5.2 Fees for examination of the accounts		
Independent examiner fee for reporting on the accounts	500	500
Other fees paid to the independent examiner	nil	nil
	500	500

Note 6 **Staff Costs**

6.1 Staff Costs	2023	2022
Gross wages	127,307	156,170

Average number of full-time equivalent employees during the year was 8 (2022 - 10)

Note 7 **Related party transactions**

7.1 Remuneration and benefits	2023	2022
Name of related party and relation		
Iris Billing (wife of trustee Eddie Billing)	16,653	10,012

**Notes to the accounts
for the year ended 31 March 2023**

Note 8 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures, fittings & equipment - 15% reducing balance method

	Fixtures, fittings & equipment £
Cost	
At 1 April 2022 and at 31 March 2023	<u>9,952</u>
Depreciation	
At 1 April 2022	8,385
Charge for the year	235
At 31 March 2023	<u>8,620</u>
Net Book Value	
At 31 March 2023	<u>1,331</u>
At 31 March 2022	<u>1,566</u>

Note 9 Debtors and prepayments: falling due within one year

	2023 £	2022 £
VAT	2,944	2,791
	<u>2,944</u>	<u>2,791</u>

Note 10 Creditors: falling due within one year

	2023 £	2022 £
Accruals	500	1,000
Trustee Loans	250	250
	<u>750</u>	<u>1,250</u>

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Independent examiner's statement

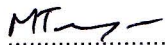
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