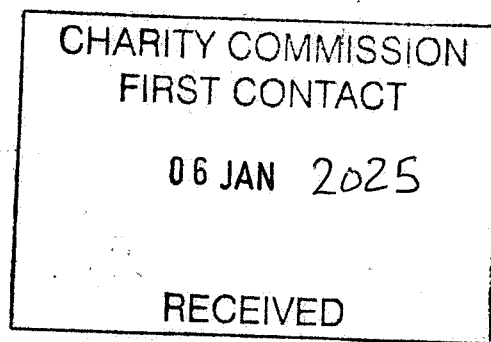




**Yes to Life Limited**

**Charity No. 1112812**

**Company No. 05495576**

**Trustees' Report and Unaudited Accounts**

**31 March 2024**

**Yes to Life Limited**  
**Contents**

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**Yes to Life Limited**  
**Trustees Annual Report**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2024.

**Reference and Administrative Details**

**Company No. 05495576**

**Charity No. 1112812**

**Registered Office**

71-75 Shelton Street  
Covent Garden  
London  
WC2H 9JQ

**Directors and Trustees**

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

|                  |                             |
|------------------|-----------------------------|
| Adrian Taylor    | (Appointed 16 January 2024) |
| April Moss       |                             |
| Clare McLusky    |                             |
| Dominic Brierly  |                             |
| Fay Sweet        |                             |
| John Burne       |                             |
| Nicola Lafayette | (Appointed 10 January 2024) |
| Robin Daly       |                             |

**Accountants**

Claritas Accountancy Limited  
1 Peach Street  
Wokingham  
RG40 1XJ

**Bankers**

Natwest plc  
11 Upper Street  
The Angel  
London  
WC2H 9JQ

**Objectives and Activities**

The Charity is governed by a Memorandum and Articles of Association. The main objectives of the Charity are:

1. The relief and support of people who have cancer and their carers through our Help Line; with direct funding; and providing high quality information with easy access.
2. Raising public awareness of integrative medicine and to assist wherever possible in making it more generally available.
3. Through our education programme, bringing together well researched information and speakers to keep the public, health officials and people who work in the complementary and alternative arena advised of latest developments in the options for cancer treatment in the UK and overseas.

## **Yes to Life Limited**

### **Trustees Annual Report**

4. Through our Wellbeing Workshops, bringing together people with cancer and companies/practitioners who can provide useful information and practical help across a range of activities.

5. Through our Wigwam Support Groups enable mutually supportive interaction between beneficiaries.

The Charity undertook the following activities to further its objectives and aims for the public benefit:

- Providing vital information to cancer patients through our help line
- Obtaining discounts from the cost of supplies and services for our beneficiaries
- Maintaining a programme of Helpline Operator training to support high standards of service and add new trainees to the existing programme
- Continuing to develop and train the Yes to Life team
- Further developing the Wigwam and Wellbeing Workshops accross the UK
- Maintaining a programme of high quality events for the purposes of education
- Continuing to focus on strong corporate partnerships
- Collaborative working with other charitable organisations who support the Yes to Life ethos
- Continue to review revenue producing special projects
- Being a driving force for change

The trustees have paid due regard to guidance issued by the charity commission in deciding what activities the charity should undertake.

### **Volunteers**

The Charity's Helpline is staffed by volunteers and other volunteers are involved in activities such as research and events. The Charity had a total of 52 volunteers during the year. Each Helpline volunteer was responsible for calls on a day of the week allocated to them based on their availability. All helpline volunteers undergo a training programme which consists of 3 modules spread across a 2 month period. Volunteers have regular contact with the Helpline Coordinator, the Financial Controller and the Executive Director and meet as a group during the year.

### **Achievements and performance**

This past year has been marked by a strengthening of our team and of our alliances. This has resulted from careful strategic planning, supported by ongoing monitoring and evaluation. Working closely with specialist advisors, we have recruited new Trustees, each with a specific remit, building towards our ideal Board. Following on from last year's appointments, we now have a dedicated Community Fundraiser and an Online Community Engagement Manager (overseen by our Marketing Trustee) in addition to our core administrative team. This has enabled us to significantly increase our community engagement, both in terms of delivering information and gaining support.

In the wider healthcare environment, the acceptance of the model of integrative care has continued to grow, aided by our own initiatives such as the ongoing CANTALK podcast series – co-hosted by Senior NHS Oncologist Dr Penny Kechagioglou and Yes to Life Chairman Robin Daly, and aimed at healthcare professionals – and our Horizons professional development e-learning platform. Progressive Communications, our partner for the important Your Life & Cancer events during lockdown, have impacted the integrative healthcare space substantially since covid with the launch of the Integrative & Personalised Medicine Congress, a large scale international event. This is an important development that is catalysing change and driving the move towards integration. We expect further collaborations with Progressive Communications in the coming years.

Our base of support and collaboration amongst healthcare-related businesses and healthcare providers has continued to grow as the sector gains more visibility, and notably we now receive more support from key figures within the NHS than ever before, signaling the growing appreciation of the importance of lifestyle interventions in cancer care. Our growing band of loyal business partners is helping us provide our beneficiaries with the highest quality events at extremely accessible rates, as well as discounted therapies for those in need.

Outside of our core offering of support through our Helpline service, we have maintained and continued to grow our focus on group support. The proven benefits of group work have really come to the fore in recent years and we find there is a consistent appetite for beneficiaries to meet in a range of scenarios. Our offering currently includes an Integrative Medicine Book Club, a 'Deeper Connection' group to share the difficulties and opportunities of an existential challenge, Mindful Cookery, and much more.

## **Yes to Life Limited**

### **Trustees Annual Report**

Our initiative last year to present a new theory of cancer has carried through to a research project, managed by a working group of scientists, researchers and clinicians (New Directions in Cancer Research or NDCR), with the aim of starting to directly test the validity of the theory. Not only is this potentially of significant benefit to patients, but it has also added to the weight of the organisation in its role of patient advocacy, pushing into new regions in a way that no other organisation in the UK is.

In terms of our flagship public events, the opportunities presented by the online platform and the skills we developed during lockdown for working online have led us to opt for running a 'pair' of annual conferences under one title: an online event capitalising on the ability to showcase speakers from around the world and delivering to people wherever they are and whatever their state of health, and an in-person event with all the benefits of direct interaction with speakers, delegates, businesses and providers.

#### **Financial review**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. We have been working towards putting aside these reserves throughout the year.

Income for the year amounted to £193,872, an increase of £83,040 from 2023, of which £111,977 was unrestricted and £81,895 was restricted. Expenditure amounted to £183,208, a decrease from £189,162 in 2023. Unrestricted funds at 31 March 2024 are £30,373 and Restricted funds are £81,303. The level of free reserves, being total funds, less restricted funds, less fixed assets at 31 March 2024 are £27,389.

We are fortunate to have received significant support this year from a range of charitable sources to make all our activities possible. Significant donors include:

- The National Lottery Community Fund
- Elisabeth Sparkes
- Sarah Gothard
- Stuart Jennings
- St Joseph's - Ladies Gala Event
- Clare & Torquil McLusky
- Pulse Insurance Ltd

along with many generous supporters, some of whom prefer to remain anonymous. We are enormously grateful to them all.

#### **Plans for future periods**

Next year we are planning a range of activities to celebrate our 20th anniversary. This will be an opportunity to bring attention to the services we offer and to show appreciation for our supporter base, whose commitment has brought us this far. Confidence is growing rapidly in the Integrative Oncology movement, and it is hoped this year-long celebration will add to the momentum for change.

#### **Structure, governance and management**

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The liability of each member of the company, in the event of its winding up, is limited to £10.

The directors of the company are also the charity trustees for the purpose of charity law. Under the Articles of the company the Charity is managed by the Board of Directors. One third of the directors retire by rotation in each annual general meeting.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of the signature of the financial statements were:

J Burne  
D Brierly  
R Daly

Yes to Life Limited  
Trustees Annual Report

N Layfayette (Appointed 10 January 2024)

C McLusky

A Moss

F Sweet

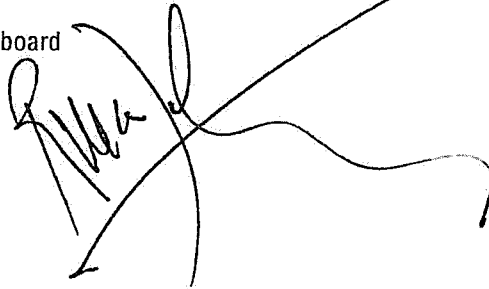
A Taylor (Appointed 16 January 2024)

If a Trustee retires/resigns from the charity or an experience gap is recognised, the Trustee Board are asked to identify any people they know who might be suitable. In addition to this method, various sites are used for advertising for Trustees. These have included Pilotlight, Institute of Fundraising, NVCO and the Small Charities Coalition.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

A handwritten signature in black ink, appearing to be 'Robin Daly', written over a horizontal line.

Robin Daly

Trustee

31 October 2024

## **Yes to Life Limited**

### **Independent Examiners Report**

#### **Independent Examiner's Report to the trustees of Yes to Life Limited**

I report to the charity trustees on my examination of the financial statements of Yes to Life Limited for the year ended 31 March 2024.

#### **Responsibilities and basis of report**

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Kelly Wilcox Chartered Institute of Management Accountants  
Claritas Accountancy Limited  
1 Peach Street  
Wokingham

RG40 1XJ  
31 October 2024

**Yes to Life Limited**  
**Statement of Financial Activities**  
**for the year ended 31 March 2024**

|                                                             |       | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Total funds<br>2024<br>£ | Total funds<br>2023<br>£ |
|-------------------------------------------------------------|-------|------------------------------------|----------------------------------|--------------------------|--------------------------|
|                                                             | Notes |                                    |                                  |                          |                          |
| <b>Income and endowments from:</b>                          |       |                                    |                                  |                          |                          |
| Donations and legacies                                      | 4     | 82,388                             | 54,965                           | 137,353                  | 77,892                   |
| Charitable activities                                       | 5     | 28,255                             | 26,930                           | 55,185                   | 32,080                   |
| Other trading activities                                    | 6     | 619                                | -                                | 619                      | 389                      |
| Investments                                                 | 7     | 715                                | -                                | 715                      | 471                      |
| <b>Total</b>                                                |       | <b>111,977</b>                     | <b>81,895</b>                    | <b>193,872</b>           | <b>110,832</b>           |
| <b>Expenditure on:</b>                                      |       |                                    |                                  |                          |                          |
| Raising funds                                               | 8     | 13,979                             | 13,810                           | 27,789                   | 27,723                   |
| Charitable activities                                       | 9     | 34,929                             | 38,152                           | 73,081                   | 94,088                   |
| Other                                                       | 11    | 62,518                             | 19,820                           | 82,338                   | 67,351                   |
| <b>Total</b>                                                |       | <b>111,426</b>                     | <b>71,782</b>                    | <b>183,208</b>           | <b>189,162</b>           |
| Net gains on investments                                    |       | -                                  | -                                | -                        | -                        |
| <b>Net income/(expenditure)</b>                             | 12    | <b>551</b>                         | <b>10,113</b>                    | <b>10,664</b>            | <b>(78,330)</b>          |
| Transfers between funds                                     |       | 167                                | (167)                            | -                        | -                        |
| <b>Net income/(expenditure) before other gains/(losses)</b> |       | <b>718</b>                         | <b>9,946</b>                     | <b>10,664</b>            | <b>(78,330)</b>          |
| <b>Other gains and losses</b>                               |       |                                    |                                  |                          |                          |
| <b>Net movement in funds</b>                                |       | <b>718</b>                         | <b>9,946</b>                     | <b>10,664</b>            | <b>(78,330)</b>          |
| <b>Reconciliation of funds:</b>                             |       |                                    |                                  |                          |                          |
| Total funds brought forward                                 |       | 29,655                             | 71,357                           | 101,012                  | 179,343                  |
| <b>Total funds carried forward</b>                          |       | <b>30,373</b>                      | <b>81,303</b>                    | <b>111,676</b>           | <b>101,013</b>           |

**Yes to Life Limited**  
**Summary Income and Expenditure Account**  
**for the year ended 31 March 2024**

|                                                            | <b>2024</b>    | <b>2023</b>     |
|------------------------------------------------------------|----------------|-----------------|
|                                                            | <b>£</b>       | <b>£</b>        |
| Income                                                     | 193,157        | 110,361         |
| Interest and investment income                             | 715            | 471             |
| <b>Gross income for the year</b>                           | <b>193,872</b> | <b>110,832</b>  |
| Expenditure                                                | 182,331        | 187,983         |
| Depreciation and charges for<br>impairment of fixed assets | 877            | 1,179           |
| <b>Total expenditure for the year</b>                      | <b>183,208</b> | <b>189,162</b>  |
| Net income/(expenditure) before tax<br>for the year        | 10,664         | (78,330)        |
| <b>Net income /(expenditure )for the year</b>              | <b>10,664</b>  | <b>(78,330)</b> |

Yes to Life Limited

Balance Sheet

at 31 March 2024

Company No. 05495576

|                                                 | Notes | 2024<br>£      | 2023<br>£      |
|-------------------------------------------------|-------|----------------|----------------|
| Fixed assets                                    |       |                |                |
| Tangible assets                                 | 14    | 2,884          | 3,761          |
| Investments                                     | 15    | 100            | 100            |
|                                                 |       | <u>2,984</u>   | <u>3,861</u>   |
| Current assets                                  |       |                |                |
| Stocks                                          | 16    | 883            | 949            |
| Debtors                                         | 17    | 34,419         | 27,889         |
| Cash at bank and in hand                        |       | 85,821         | 83,772         |
|                                                 |       | <u>121,123</u> | <u>112,610</u> |
| Creditors: Amount falling due within one year   | 18    | (12,431)       | (15,458)       |
| Net current assets                              |       | 108,692        | 97,152         |
| Total assets less current liabilities           |       | 111,676        | 101,013        |
| Net assets excluding pension asset or liability |       | 111,676        | 101,013        |
| Total net assets                                |       | <u>111,676</u> | <u>101,013</u> |
| The funds of the charity                        |       |                |                |
| Restricted funds                                | 19    |                |                |
| Restricted income funds                         |       | 81,303         | 71,357         |
|                                                 |       | <u>81,303</u>  | <u>71,357</u>  |
| Unrestricted funds                              | 19    |                |                |
| General funds                                   |       | 26,527         | 15,155         |
| Designated funds                                |       | 3,846          | 14,500         |
|                                                 |       | <u>30,373</u>  | <u>29,655</u>  |
| Reserves                                        | 19    |                |                |
| Total funds                                     |       | <u>111,676</u> | <u>101,012</u> |

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 31 October 2024

And signed on its behalf by

Robin Daly  
Trustee

31 October 2024

**Yes to Life Limited**  
**Statement of Cash flows**  
**for the year ended 31 March 2024**

|                                                                | 2024<br>£     | 2023<br>£       |
|----------------------------------------------------------------|---------------|-----------------|
| <b>Cash flows from operating activities</b>                    |               |                 |
| Net income/(expenditure) per Statement of Financial Activities | 10,664        | (78,330)        |
| <b>Adjustments for:</b>                                        |               |                 |
| Depreciation of property, plant and equipment                  | 877           | 1,179           |
| Dividends, interest and rents from investments                 | (715)         | (471)           |
| Decrease in stocks                                             | 66            | 680             |
| Increase in trade and other receivables                        | (6,530)       | (8,324)         |
| (Decrease)/Increase in trade and other payables                | (667)         | 1,732           |
| <b>Net cash provided by/(used in) operating activities</b>     | <u>3,695</u>  | <u>(83,534)</u> |
| <b>Cash flows from investing activities</b>                    |               |                 |
| Dividends, interest and rents from investments                 | 715           | 471             |
| <b>Net cash from investing activities</b>                      | <u>715</u>    | <u>471</u>      |
| <b>Net cash from financing activities</b>                      | <u>-</u>      | <u>-</u>        |
| <b>Net increase/(decrease) in cash and cash equivalents</b>    | 4,410         | (83,063)        |
| <b>Cash and cash equivalents at the beginning of the year</b>  | 83,772        | 160,918         |
| <b>Cash and cash equivalents at the end of the year</b>        | <u>88,182</u> | <u>77,855</u>   |
| <b>Components of cash and cash equivalents</b>                 |               |                 |
| Cash and bank balances                                         | 85,821        | 83,772          |
|                                                                | <u>85,821</u> | <u>83,772</u>   |

**for the year ended 31 March 2024**

**1 Accounting policies**

**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

**Change in basis of accounting or to previous accounts**

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

**Fund accounting**

|                    |                                                                                                                                            |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Unrestricted funds | These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.                        |
| Designated funds   | These are unrestricted funds earmarked by the trustees for particular purposes.                                                            |
| Revaluation funds  | These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values. |
| Restricted funds   | These are available for use subject to restrictions imposed by the donor or through terms of an appeal.                                    |

**Income**

|                       |                                                                                                                                                                                                                                 |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Recognition of income | Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability. |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                                 |                                                                                                        |
|---------------------------------|--------------------------------------------------------------------------------------------------------|
| Income with related expenditure | Where income has related expenditure the income and related expenditure is reported gross in the SoFA. |
|---------------------------------|--------------------------------------------------------------------------------------------------------|

|                        |                                                                                                                                                                                    |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Donations and legacies | Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income. |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                                     |                                                                                                             |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------|
| Tax reclaims on donations and gifts | Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates. |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------|

|                                 |                                                                                                                                                                    |
|---------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Donated services and facilities | These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material. |
|---------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                |                                                                           |
|----------------|---------------------------------------------------------------------------|
| Volunteer help | The value of any volunteer help received is not included in the accounts. |
|----------------|---------------------------------------------------------------------------|

|                   |                                                   |
|-------------------|---------------------------------------------------|
| Investment income | This is included in the accounts when receivable. |
|-------------------|---------------------------------------------------|

|                                               |                                                                                                             |
|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| Gains/(losses) on revaluation of fixed assets | This includes any gain or loss resulting from revaluing investments to market value at the end of the year. |
|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------|

|                                     |                                                            |
|-------------------------------------|------------------------------------------------------------|
| Gains/(losses) on investment assets | This includes any gain or loss on the sale of investments. |
|-------------------------------------|------------------------------------------------------------|

**Yes to Life Limited**  
**Notes to the Accounts**

**Expenditure**

|                                      |                                                                                                                                                                                                                                                                                 |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Recognition of expenditure           | Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.                                                                                                   |
| Expenditure on raising funds         | These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.                                                                                                                                                |
| Expenditure on charitable activities | These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.                                                                                         |
| Grants payable                       | All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.                                                                                                      |
| Governance costs                     | These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs. |
| Other expenditure                    | These are support costs not allocated to a particular activity.                                                                                                                                                                                                                 |

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Tangible fixed assets and depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

|                     |                        |
|---------------------|------------------------|
| Computers           | 25%% Reducing balance  |
| Fixtures & Fittings | 25% % Reducing balance |

**Freehold investment property**

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

**Stocks**

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**Trade and other debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

**Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Research and development**

Expenditure on research and development is written off in the year in which it is incurred.

**Foreign currencies**

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

**Leased assets**

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

**Pension costs**

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

**Receipt of donated goods, facilities and services**

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

**Yes to Life Limited**  
**Notes to the Accounts**

**2 Company status**

The company is a private company limited by guarantee and consequently does not have share capital.

**3 Statement of Financial Activities - prior year**

|                                               | Unrestricted<br>funds<br>2023 | Restricted<br>funds<br>2023 | Total funds<br>2023 |
|-----------------------------------------------|-------------------------------|-----------------------------|---------------------|
|                                               | £                             | £                           | £                   |
| <b>Income and endowments from:</b>            |                               |                             |                     |
| Donations and legacies                        | 27,917                        | 49,975                      | 77,892              |
| Charitable activities                         | 12,362                        | 19,718                      | 32,080              |
| Other trading activities                      | 389                           | -                           | 389                 |
| Investments                                   | 471                           | -                           | 471                 |
| <b>Total</b>                                  | <b>41,139</b>                 | <b>69,693</b>               | <b>110,832</b>      |
| <b>Expenditure on:</b>                        |                               |                             |                     |
| Raising funds                                 | 10,640                        | 17,083                      | 27,723              |
| Charitable activities                         | 19,964                        | 74,124                      | 94,088              |
| Other                                         | 42,335                        | 25,016                      | 67,351              |
| <b>Total</b>                                  | <b>72,939</b>                 | <b>116,223</b>              | <b>189,162</b>      |
| <b>Net income</b>                             | <b>(31,800)</b>               | <b>(46,530)</b>             | <b>(78,330)</b>     |
| Transfers between funds                       | 731                           | (731)                       | -                   |
| <b>Net income before other gains/(losses)</b> | <b>(31,069)</b>               | <b>(47,261)</b>             | <b>(78,330)</b>     |
| <b>Other gains and losses:</b>                |                               |                             |                     |
| <b>Net movement in funds</b>                  | <b>(31,069)</b>               | <b>(47,261)</b>             | <b>(78,330)</b>     |
| <b>Reconciliation of funds:</b>               |                               |                             |                     |
| Total funds brought forward                   | 60,725                        | 118,618                     | 179,343             |
| <b>Total funds carried forward</b>            | <b>29,656</b>                 | <b>71,357</b>               | <b>101,013</b>      |

**4 Income from donations and legacies**

|                     | Unrestricted  | Restricted    | Total<br>2024  | Total<br>2023 |
|---------------------|---------------|---------------|----------------|---------------|
|                     | £             | £             | £              | £             |
| Donations and gifts | 70,523        | 6,675         | 77,198         | 43,601        |
| Grants received     | 600           | 48,290        | 48,890         | 26,500        |
| Gift aid            | 11,265        | -             | 11,265         | 7,791         |
|                     | <b>82,388</b> | <b>54,965</b> | <b>137,353</b> | <b>77,892</b> |

**Yes to Life Limited**  
**Notes to the Accounts**

**5 Income from charitable activities**

|                             | Unrestricted  | Restricted    | Total<br>2024 | Total<br>2023 |
|-----------------------------|---------------|---------------|---------------|---------------|
|                             | £             | £             | £             | £             |
| Events                      | 28,210        | 474           | 28,684        | 12,059        |
| Personal fundraising scheme | -             | 26,456        | 26,456        | 19,718        |
| Ancillary trading income    | 45            | -             | 45            | 303           |
|                             | <u>28,255</u> | <u>26,930</u> | <u>55,185</u> | <u>32,080</u> |

**6 Income from other trading activities**

|            | Unrestricted | Total<br>2024 | Total<br>2023 |
|------------|--------------|---------------|---------------|
|            | £            | £             | £             |
| Commission | 619          | 619           | 389           |
|            | <u>619</u>   | <u>619</u>    | <u>389</u>    |

**7 Income from investments**

|                     | Unrestricted | Total<br>2024 | Total<br>2023 |
|---------------------|--------------|---------------|---------------|
|                     | £            | £             | £             |
| Interest receivable | 715          | 715           | 471           |
|                     | <u>715</u>   | <u>715</u>    | <u>471</u>    |

**8 Expenditure on raising funds**

|                                  | Unrestricted  | Restricted    | Total<br>2024 | Total<br>2023 |
|----------------------------------|---------------|---------------|---------------|---------------|
|                                  | £             | £             | £             | £             |
| <i>Fundraising trading costs</i> |               |               |               |               |
| Printing, promotion & marketing  | 1,957         | 1,819         | 3,776         | 9,979         |
| Fundraising event costs          | 3,439         | 11,360        | 14,799        | 11,158        |
| IT and software                  | 7,984         | 603           | 8,587         | 6,129         |
| Other fundraising costs          | 599           | 28            | 627           | 457           |
|                                  | <u>13,979</u> | <u>13,810</u> | <u>27,789</u> | <u>27,723</u> |

**Yes to Life Limited**  
**Notes to the Accounts**

**9 Expenditure on charitable activities**

|                                             | Unrestricted  | Restricted    | Total<br>2024 | Total<br>2023 |
|---------------------------------------------|---------------|---------------|---------------|---------------|
|                                             | £             | £             | £             | £             |
| <i>Expenditure on charitable activities</i> |               |               |               |               |
| Staff Costs                                 | 31,193        | 13,380        | 44,573        | 37,327        |
| Beneficiary Funding                         | -             | 22,306        | 22,306        | 42,400        |
| Counselling Costs                           | -             | 1,370         | 1,370         | 1,211         |
| Services Costs                              | 3,736         | 1,096         | 4,832         | 13,150        |
| <i>Governance costs</i>                     |               |               |               |               |
|                                             | <u>34,929</u> | <u>38,152</u> | <u>73,081</u> | <u>94,088</u> |

**10 Analysis of grants**

| Activity or programme           | Support<br>Costs | Total<br>2024 | Total<br>2023 |
|---------------------------------|------------------|---------------|---------------|
|                                 | £                | £             | £             |
| National Lottery Community Fund | 48,290           | 48,290        | 9,900         |
| Emergence Foundation            | -                | -             | 6,600         |
| Edward Gostling Foundation      | -                | -             | 10,000        |
|                                 | <u>48,290</u>    | <u>48,290</u> | <u>26,500</u> |

| Activity or programme           | Support<br>Costs | Total<br>2024 | Total<br>2023 |
|---------------------------------|------------------|---------------|---------------|
|                                 | £                | £             | £             |
| National Lottery Community Fund | 48,290           | 48,290        | 9,900         |
| Emergence Foundation            | -                | -             | 6,600         |
| Edward Gostling Foundation      | -                | -             | 10,000        |
|                                 | <u>48,290</u>    | <u>48,290</u> | <u>26,500</u> |

**Yes to Life Limited**  
**Notes to the Accounts**

**11 Other expenditure**

|                                                                                       | Unrestricted  | Restricted    | Total<br>2024 | Total<br>2023 |
|---------------------------------------------------------------------------------------|---------------|---------------|---------------|---------------|
|                                                                                       | £             | £             | £             | £             |
| Employee costs                                                                        | 45,468        | 17,849        | 63,317        | 50,508        |
| Motor and travel costs                                                                | 1,712         | (221)         | 1,491         | 5,701         |
| Premises costs                                                                        | 348           | -             | 348           | 386           |
| Amortisation, depreciation,<br>impairment, profit/loss on<br>disposal of fixed assets | -             | 877           | 877           | 1,179         |
| General administrative costs                                                          | 10,280        | 1,315         | 11,595        | 5,815         |
| Legal and professional costs                                                          | 4,710         | -             | 4,710         | 3,762         |
|                                                                                       | <u>62,518</u> | <u>19,820</u> | <u>82,338</u> | <u>67,351</u> |

**12 Net income/(expenditure) before transfers**

|                                    | 2024 | 2023  |
|------------------------------------|------|-------|
|                                    | £    | £     |
| This is stated after charging:     |      |       |
| Depreciation of owned fixed assets | 877  | 1,179 |

**13 Staff costs**

|                    | 2024          | 2023          |
|--------------------|---------------|---------------|
|                    | £             | £             |
| Salaries and wages | 63,317        | 50,508        |
|                    | <u>63,317</u> | <u>50,508</u> |

No employee received emoluments in excess of £60,000.

**14 Tangible fixed assets**

|                                        | Computers    | Fixtures &<br>Fittings | Total        |
|----------------------------------------|--------------|------------------------|--------------|
|                                        | £            | £                      | £            |
| <b>Cost or revaluation</b>             |              |                        |              |
| At 1 April 2023                        | 9,264        | 219                    | 9,483        |
| At 31 March 2024                       | <u>9,264</u> | <u>219</u>             | <u>9,483</u> |
| <b>Depreciation and<br/>impairment</b> |              |                        |              |
| At 1 April 2023                        | 5,503        | 219                    | 5,722        |
| Depreciation charge for the<br>year    | 877          | -                      | 877          |
| At 31 March 2024                       | <u>6,380</u> | <u>219</u>             | <u>6,599</u> |
| <b>Net book values</b>                 |              |                        |              |
| At 31 March 2024                       | <u>2,884</u> | <u>-</u>               | <u>2,884</u> |
| At 31 March 2023                       | <u>3,761</u> | <u>-</u>               | <u>3,761</u> |

**Yes to Life Limited**  
**Notes to the Accounts**

**15 Investments**

|                            | Investment<br>in<br>Subsidiaries<br>£ | Total<br>£ |
|----------------------------|---------------------------------------|------------|
| <b>Cost or revaluation</b> |                                       |            |
| At 1 April 2023            | 100                                   | 100        |
| At 31 March 2024           | 100                                   | 100        |
| <b>Net book values</b>     |                                       |            |
| At 31 March 2024           | 100                                   | 100        |
| At 31 March 2023           | 100                                   | 100        |

**Investment in Subsidiaries**

The company has the following subsidiary undertakings:

| Name of company                    | Country of<br>incorporation<br>(if not UK) | Class of<br>shares held | % age of<br>shares held<br>% | Capital and<br>reserves at<br>end of the<br>relevant<br>year<br>£ | Profit/(loss<br>) for the<br>relevant<br>year<br>£ |
|------------------------------------|--------------------------------------------|-------------------------|------------------------------|-------------------------------------------------------------------|----------------------------------------------------|
| Win-Win Health Intelligence<br>Ltd |                                            |                         | 100                          | -                                                                 | -                                                  |

**16 Stocks**

|                | 2024<br>£  | 2023<br>£  |
|----------------|------------|------------|
| Finished goods | 883        | 949        |
|                | <u>883</u> | <u>949</u> |

**17 Debtors**

|                                    | 2024<br>£     | 2023<br>£     |
|------------------------------------|---------------|---------------|
| Trade debtors                      | 3,500         | 3,910         |
| Amounts owed by group undertakings | 5,846         | 9,446         |
| Other debtors                      | 9,366         | 4,624         |
| Prepayments and accrued income     | 15,707        | 9,909         |
|                                    | <u>34,419</u> | <u>27,889</u> |

**18 Creditors:**

amounts falling due within one year

|                                 | 2024<br>£     | 2023<br>£     |
|---------------------------------|---------------|---------------|
| Trade creditors                 | 3,927         | 5,130         |
| Other taxes and social security | 1,024         | 488           |
| Accruals                        | 7,480         | 9,840         |
|                                 | <u>12,431</u> | <u>15,458</u> |

Yes to Life Limited  
Notes to the Accounts

19 Movement in funds

|                                 | At 1 April<br>2023 | Incoming<br>resources<br>(including<br>other<br>gains/losses)<br>£ | Resources<br>expended<br>£ | Gross<br>transfers<br>£ | At 31<br>March<br>2024<br>£ |
|---------------------------------|--------------------|--------------------------------------------------------------------|----------------------------|-------------------------|-----------------------------|
| <b>Restricted funds:</b>        |                    |                                                                    |                            |                         |                             |
| <b>Restricted income funds:</b> |                    |                                                                    |                            |                         |                             |
| Personal Fundraising Scheme     |                    |                                                                    |                            |                         |                             |
| (PFS) Funds                     | 9,191              | 26,456                                                             | (20,579)                   | (167)                   | 14,901                      |
| Counselling Services Fund       | 1,536              | 2,000                                                              | (1,370)                    | -                       | 2,166                       |
| Helpline Fund                   | 1,758              | -                                                                  | (877)                      | -                       | 881                         |
| Nutrition Support Fund          |                    |                                                                    |                            |                         |                             |
| (Nutrition Programme)           | 43,406             | -                                                                  | (12,641)                   | -                       | 30,765                      |
| Peer to Peer Fund               | -                  | 29,991                                                             | (17,642)                   | -                       | 12,349                      |
| Volunteer Programme Fund        | -                  | 18,299                                                             | (1,989)                    | -                       | 16,310                      |
| Wellbeing Programme             | 4,828              | 3,000                                                              | (5,285)                    | -                       | 2,543                       |
| Other funds                     | 10,638             | 2,149                                                              | (11,399)                   | -                       | 1,388                       |
| <b>Total</b>                    | <b>71,357</b>      | <b>81,895</b>                                                      | <b>(71,782)</b>            | <b>(167)</b>            | <b>81,303</b>               |
| <b>Unrestricted funds:</b>      |                    |                                                                    |                            |                         |                             |
| <b>General funds</b>            | <b>15,155</b>      | <b>111,977</b>                                                     | <b>(111,426)</b>           | <b>10,821</b>           | <b>26,527</b>               |
| <b>Designated funds:</b>        |                    |                                                                    |                            |                         |                             |
| Winding up funds                | 14,500             | -                                                                  | -                          | (10,654)                | 3,846                       |
| <b>Total</b>                    | <b>14,500</b>      | <b>-</b>                                                           | <b>-</b>                   | <b>(10,654)</b>         | <b>3,846</b>                |
| <b>Total funds</b>              | <b>101,012</b>     | <b>193,872</b>                                                     | <b>(183,208)</b>           | <b>-</b>                | <b>111,676</b>              |

Purposes and restrictions in relation to the funds:

Restricted funds:

|                             |                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Personal Fundraising Scheme | This fund consists of monies raised by patients with restricted means, to support integrative medical requirements and associated costs that can be so problematic for many. Funds revert to unrestricted if the patient does not access them over a period of six months or the patient passes away.                                                 |
| (PFS) Funds                 |                                                                                                                                                                                                                                                                                                                                                       |
| Counselling Services Fund   | This fund was established to provide specialist cancer counselling services to beneficiaries with restricted means who we feel would value and benefit from such support. Cancer patients experience very specific needs and challenges associated with many aspects of diagnosis and treatment, not least the existential threat they may face.      |
| Helpline Fund               | Our helpline was one of the very first services established by the charity and has remained our core service, providing a direct interface with our beneficiaries, and a channel for signposting them both to our other services and to third party providers. This fund was created to support the administrative functions of the Helpline service. |

## Yes to Life Limited

### Notes to the Accounts

|                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Nutrition Support Fund<br>(Nutrition Programme) | Supported by a generous grant from the Gerson Support Group charity to be dedicated to supporting people with cancer through nutrition, we have developed a programme for nutritional consultations, supplements and organic food. This has involved making arrangements with a group of qualified nutritionists to offer their services at a discounted rate to the charity, thereby offering a choice of practitioners to each beneficiary.                                            |
| Peer to Peer Fund                               | We identified the need for a one-to-one peer support from another individual with similar circumstances and interest in integrative care. This lead us to establish the Peer-to-Peer Support Service, and the fund to underpin it.                                                                                                                                                                                                                                                       |
| Volunteer Programme Fund                        | Volunteering can be a transformative and empowering experience for people with cancer as they work to rebuild their lives. Our new volunteering programme provides individuals with a sense of purpose and meaning. It allows them to contribute to a cause larger than them selves; helping to shift the focus away from their illness and towards positive and meaningful activities. Volunteering can help individuals with cancer connect with others who share similar experiences. |
| Wellbeing Programme                             | This project has been made possible thanks to a grant from National Lottery Awards For All. We have been running our online Wellbeing sessions for over three years now since the start of the COVID19 pandemic for people living with cancer. This fund will allow us to further develop this service along with 3 more sessions a week to add to our actual Yoga and and Mindfulness weekly classes.                                                                                   |
| Other funds                                     | Fundraising Fund, Flourish Magazine and other funds                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Designated funds:                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Winding up funds                                | The transfer from designated funds to unrestricted general funds was made to leave three months' worth of expenditure in case of the charity being wound up.                                                                                                                                                                                                                                                                                                                             |

## 20 Analysis of net assets between funds

|                    | Unrestricted<br>funds | Restricted<br>funds | Total          |
|--------------------|-----------------------|---------------------|----------------|
|                    | £                     | £                   | £              |
| Fixed assets       | 2,003                 | 881                 | 2,884          |
| Investments        | 100                   | -                   | 100            |
| Net current assets | 32,046                | 76,646              | 108,692        |
|                    | <u>34,149</u>         | <u>77,527</u>       | <u>111,676</u> |

## 21 Reconciliation of net debt

|                           | At 1 April<br>2023 | Cash flows   | At 31<br>March<br>2024 |
|---------------------------|--------------------|--------------|------------------------|
|                           | £                  | £            | £                      |
| Cash and cash equivalents | 83,772             | 2,049        | 85,821                 |
|                           | <u>83,772</u>      | <u>2,049</u> | <u>85,821</u>          |
| Net debt                  | <u>83,772</u>      | <u>2,049</u> | <u>85,821</u>          |

**Yes to Life Limited**

**Notes to the Accounts**

**22 Related party disclosures**

***Controlling party***

The company is limited by guarantee and has no share capital; thus no single party controls the company.

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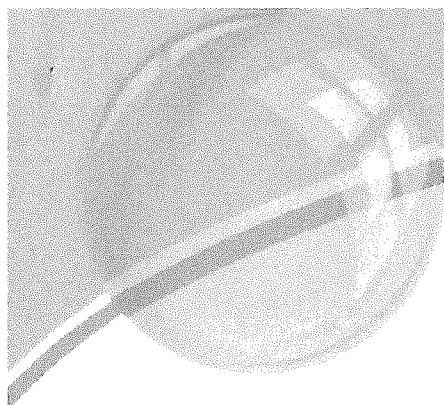
**Yes to Life Limited**  
**Detailed Statement of Financial Activities**  
**for the year ended 31 March 2024**

|                                                      | Unrestricted funds<br>2024<br>£ | Restricted funds<br>2024<br>£ | Total funds<br>2024<br>£ | Total funds<br>2023<br>£ |
|------------------------------------------------------|---------------------------------|-------------------------------|--------------------------|--------------------------|
| <b>Income and endowments from:</b>                   |                                 |                               |                          |                          |
| Donations and legacies                               |                                 |                               |                          |                          |
| Donations and gifts                                  | 70,523                          | 6,675                         | 77,198                   | 43,601                   |
| Grants received                                      | 600                             | 48,290                        | 48,890                   | 26,500                   |
| Gift aid                                             | 11,265                          | -                             | 11,265                   | 7,791                    |
|                                                      | <u>82,388</u>                   | <u>54,965</u>                 | <u>137,353</u>           | <u>77,892</u>            |
| Charitable activities                                |                                 |                               |                          |                          |
| Events                                               | 28,210                          | 474                           | 28,684                   | 12,059                   |
| Personal fundraising scheme                          | -                               | 26,456                        | 26,456                   | 19,718                   |
| Ancillary trading income                             | 45                              | -                             | 45                       | 303                      |
|                                                      | <u>28,255</u>                   | <u>26,930</u>                 | <u>55,185</u>            | <u>32,080</u>            |
| Other trading activities                             |                                 |                               |                          |                          |
| Commission                                           | 619                             | -                             | 619                      | 389                      |
|                                                      | <u>619</u>                      | <u>-</u>                      | <u>619</u>               | <u>389</u>               |
| Investments                                          |                                 |                               |                          |                          |
| Interest receivable                                  | 715                             | -                             | 715                      | 471                      |
|                                                      | <u>715</u>                      | <u>-</u>                      | <u>715</u>               | <u>471</u>               |
| <b>Total income and endowments</b>                   | <b>111,977</b>                  | <b>81,895</b>                 | <b>193,872</b>           | <b>110,832</b>           |
| <b>Expenditure on:</b>                               |                                 |                               |                          |                          |
| Costs of other trading activities                    |                                 |                               |                          |                          |
| Printing, promotion & marketing                      | 1,957                           | 1,819                         | 3,776                    | 9,979                    |
| Fundraising event costs                              | 3,439                           | 11,360                        | 14,799                   | 11,158                   |
| IT and software                                      | 7,984                           | 603                           | 8,587                    | 6,129                    |
| Other fundraising costs                              | 599                             | 28                            | 627                      | 457                      |
|                                                      | <u>13,979</u>                   | <u>13,810</u>                 | <u>27,789</u>            | <u>27,723</u>            |
| <b>Total of expenditure on raising funds</b>         | <b>13,979</b>                   | <b>13,810</b>                 | <b>27,789</b>            | <b>27,723</b>            |
| Charitable activities                                |                                 |                               |                          |                          |
| Staff Costs                                          | 31,193                          | 13,380                        | 44,573                   | 37,327                   |
| Beneficiary Funding                                  | -                               | 22,306                        | 22,306                   | 42,400                   |
| Counselling Costs                                    | -                               | 1,370                         | 1,370                    | 1,211                    |
| Services Costs                                       | 3,736                           | 1,096                         | 4,832                    | 13,150                   |
|                                                      | <u>34,929</u>                   | <u>38,152</u>                 | <u>73,081</u>            | <u>94,088</u>            |
| <b>Total of expenditure on charitable activities</b> | <b>34,929</b>                   | <b>38,152</b>                 | <b>73,081</b>            | <b>94,088</b>            |
| Employee costs                                       |                                 |                               |                          |                          |
| Salaries/wages                                       | 45,468                          | 17,849                        | 63,317                   | 50,508                   |
|                                                      | <u>45,468</u>                   | <u>17,849</u>                 | <u>63,317</u>            | <u>50,508</u>            |
| Motor and travel costs                               |                                 |                               |                          |                          |

# **Yes to Life Limited**

## **Detailed Statement of Financial Activities**

|                                                                             |                |               |                |                 |
|-----------------------------------------------------------------------------|----------------|---------------|----------------|-----------------|
| Travel and subsistence                                                      | 1,712          | (221)         | 1,491          | 5,701           |
|                                                                             | <u>1,712</u>   | <u>(221)</u>  | <u>1,491</u>   | <u>5,701</u>    |
| Premises costs                                                              |                |               |                |                 |
| Premises insurances                                                         | 348            | -             | 348            | 386             |
|                                                                             | <u>348</u>     | <u>-</u>      | <u>348</u>     | <u>386</u>      |
| General administrative costs,<br>including depreciation and<br>amortisation |                |               |                |                 |
| Depreciation of Computers                                                   | -              | 877           | 877            | 1,170           |
| Depreciation of Fixtures &<br>Fittings                                      | -              | -             | -              | 9               |
| Bank charges                                                                | 392            | -             | 392            | 364             |
| Information and publications                                                | 3,150          | 107           | 3,257          | 61              |
| Software, IT support and related<br>costs                                   | 6,587          | 1,176         | 7,763          | 5,097           |
| Stationery and printing                                                     | 151            | 32            | 183            | 293             |
|                                                                             | <u>10,280</u>  | <u>2,192</u>  | <u>12,472</u>  | <u>6,994</u>    |
| Legal and professional costs                                                |                |               |                |                 |
| Audit/Independent examination<br>fees                                       | -              | -             | -              | 1,040           |
| Accountancy and bookkeeping                                                 | 3,519          | -             | 3,519          | 2,380           |
| Other legal and professional<br>costs                                       | 1,191          | -             | 1,191          | 342             |
|                                                                             | <u>4,710</u>   | <u>-</u>      | <u>4,710</u>   | <u>3,762</u>    |
| <b>Total of expenditure of other costs</b>                                  | <u>62,518</u>  | <u>19,820</u> | <u>82,338</u>  | <u>67,351</u>   |
| <b>Total expenditure</b>                                                    | <u>111,426</u> | <u>71,782</u> | <u>183,208</u> | <u>189,162</u>  |
| Net gains on investments                                                    | -              | -             | -              | -               |
|                                                                             | <u>551</u>     | <u>10,113</u> | <u>10,664</u>  | <u>(78,330)</u> |
| <b>Net income/(expenditure)</b>                                             |                |               |                |                 |
| Transfers between funds                                                     | 167            | (167)         | -              | -               |
| <b>Net income/(expenditure) before<br/>other gains/(losses)</b>             | <u>718</u>     | <u>9,946</u>  | <u>10,664</u>  | <u>(78,330)</u> |
| Other Gains                                                                 | -              | -             | -              | -               |
| <b>Net movement in funds</b>                                                | <u>718</u>     | <u>9,946</u>  | <u>10,664</u>  | <u>(78,330)</u> |
| <b>Reconciliation of funds:</b>                                             |                |               |                |                 |
| Total funds brought forward                                                 | 29,655         | 71,357        | 101,012        | 179,343         |
| <b>Total funds carried forward</b>                                          | <u>30,373</u>  | <u>81,303</u> | <u>111,676</u> | <u>101,013</u>  |



claritas  
accountancy ltd

1 Peach Street • Wokingham • RG40 1XJ  
**0118 380 5995**

**info@claritasaccountancy.com**  
**claritasaccountancy.com**

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