



Nightline Association

(a Charitable Company Limited by Guarantee)

Annual Report and Financial Statements for the year ended 31 December 2021

Registered company number 05436297

Registered charity number 1112793 (England & Wales)

Registered charity number SC050834 (Scotland)

Contents

Trustees' Annual Report	3
Introduction	3
Approval	3
Achievements, Performance and Future Plans	6
Service Use Statistics for 2020/21	8
Structure, Governance and Management	10
Equity, Diversity and Inclusion	12
Trustees, Staff & Volunteers	13
Reference and Administrative Details	16
Exemptions from Disclosure	16
Funds held as custodian trustee on behalf of others	16
Nightline Trust Activities	18
Financial Statements & Accounts	19
Introduction	19
Approval	20
Independent Examiner's Report	21
Statement of Financial Activities	22
Balance Sheet	23
Notes to the Accounts	24

Trustees' Annual Report

Introduction

2021 continued to throw challenges at the world as a whole, not providing the quick release from multiple lockdowns that was hoped for, or indeed the end of the pandemic. However, 2021 also gave us many reasons to celebrate, including the continuing recognition of the power and importance of volunteering and community, the progress of vaccine roll out in the UK, loved ones reunited, and the beginnings of the next stage of the 'new normal'.

During this time, the need for mental health support for students has continued to increase as the uncertainty of the pandemic, not only in physical health terms, but in the knock on impacts of lockdowns and social distancing on education and development, also grew. Our Nightlines, learning from the year before, found new ways to operate remotely and still be there as much as possible for their peers. The Nightline Association remained agile in its response to these changing needs and the growing themes we were seeing in areas such as suicide calls and safeguarding. We also took the opportunity to rethink our staffing models and recruit a Senior Operations Officer for the first time to support the charity. You can read more about some of these challenges and successes below.

It has been a pleasure and a privilege to be on the board of this incredible organisation, powered by volunteers, and 2021 was no different. Thank you to all our volunteers, both in Association and in each Nightline, who continued to work so tirelessly during such difficult times to make sure students across the UK had the support they needed, when they needed it.

Emily Wheeler
Chair of Trustees 2019-21

Approval

The annual report was approved by the Board of Trustees on 17 August 2022 and signed on behalf of the Trustees by:



Matthew Axbey
Acting Chair of Trustees

Objectives and Activities

The Nightline Association is the umbrella charity that provides support, guidance, development opportunities and quality assurance for Nightlines as well as promoting Nightline services across the UK. In 2021, the Association also operated in Ireland.

Nightlines are confidential, anonymous, non-judgmental, non-directive and non-advisory listening services run by students and for students. They fill a crucial role in student support by providing peer-to-peer support. They also provide support at night when other support services are often closed.

The Association's main activities are supporting, promoting and developing Nightlines. This includes a wide range of work including:

- Conducting research into the impact of Nightlines
- Supporting Nightlines in publicising their services and recruiting volunteers
- Providing publicity and fundraising resources to Nightlines
- Advising and supporting Nightlines in training their volunteers
- Supporting interested groups in setting up new Nightlines
- Developing template policies and other documents based on best practice in the sector
- Providing advice and support to Nightlines experiencing problems or seeking new opportunities
- Quality assuring Nightlines to ensure that all Nightlines are providing a quality service

- Organising events and conferences to allow Nightlines to network and share best practice
- Developing and maintaining a range of IT services for Nightlines including general emails & document storage, anonymous email and Instant Messaging software and call logging software
- Providing other guidance to Nightline volunteers on a range of issues

While the Association does not directly provide Nightline services, our activities are vital in supporting and developing the Nightline movement as well as reassuring stakeholders of the high quality of the services provided.

In managing the Association, the Trustees have had regard to the Charity Commission's guidance on public benefit.

35 Nightlines
across the UK and Ireland



Activities in Scotland

The Association supports Nightlines in Scotland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Scotland.

In 2021, there were 8 Nightlines operating in Scotland. This number reduced to 7 in September 2021 following a successful merger between two Nightlines in order to deliver their services more effectively.

The Association is registered as a charity in Scotland with the Office of the Scottish Charity Regulator (OSCR).

Activities in Northern Ireland

The Association supports Nightlines in Northern Ireland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Northern Ireland.

In 2021, there was 1 Nightline operating in Northern Ireland.

The Association is not required to register as a charity in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet entered into force.

Achievements, Performance and Future Plans

COVID-19

Nightlines across the country have continued to provide excellent and high-quality services despite the many challenges presented by the pandemic. Many Nightlines have been able to resume their phone service after switching to an online-only provision in 2020.

The impact of the pandemic on the recruitment of new volunteers has become noticeable this year, with several Nightlines struggling to maintain volunteer numbers. The Association has been working with Nightlines and stakeholders to ensure they are able to offer a consistent service.

The pandemic is far from over at the time of writing but Nightline volunteers across the country will continue to work to provide a listening ear to students in need, particularly at this difficult time.

Suicide Calls Project

During the pandemic the suicide calls training transitioned to virtual delivery over Zoom, delivering the session to 96 Nightline volunteers at 10 different Nightlines. Over 50% of Nightlines have engaged with the suicide calls training project, many of them more than once. Since the beginning of the 2021/22 academic year more trainers have been recruited, with the team now offering virtual and, where necessary, in-person sessions to Nightlines.

Nightlines' suicide policies and procedures were collated as part of an organisational policy review that was implemented by an

Advisory Group of student volunteers that met from November 2020 to April 2021. This review culminated in 10 additions to the Good Practice Guidelines being proposed and almost unanimously voted in by Nightlines at our AGM in April 2021.

Safeguarding

During 2021, we received multiple requests from Nightlines concerning safeguarding matters. We quickly identified that our existing guidance was not adequate in this area and so, following a competitive tendering process, we have appointed Helplines Partnership to provide consultancy services on safeguarding.

Helplines Partnership are the umbrella body for helplines across the country and so are uniquely positioned to provide support given our particular needs and circumstances. They began their work in December 2021 and we look forward to developing our safeguarding guidance further in 2022.

Chair of Trustees

At the end of 2021, Emily Wheeler stepped down as Chair of Trustees of the Association.

Emily served as a Trustee since 2016 and continued on the Board until the 2022 AGM. During her time as a Trustee, Emily has been a huge asset to the Association, both as Vice Chair and then Chair of Trustees. She also provided her expertise from the charity fundraising sector and gave her support to the Communications Department.

The Association would like to thank Emily for the time and dedication that she has given to the charity over the years.

Future Direction

In addition to the successes of this year, the Trustees have identified a number of areas for improvement.

In particular, the Trustees are aware of the need to refocus our strategic direction following the COVID-19 pandemic. This is a key priority for 2022 and beyond in order to ensure that our limited resources are utilised in the way which will have the most impact.

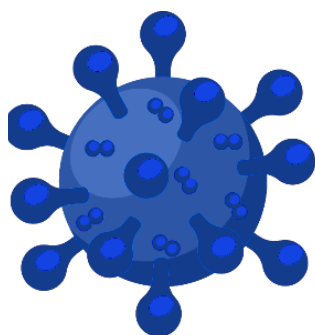
In addition, the Trustees recognise that there is more to be done in supporting and developing our volunteers to empower them to deliver in their roles. After many years of organic growth, the responsibilities and remits of some roles

have become poorly defined. We are now stepping back to build a clearer operating model, which will improve efficiency and effectiveness.

The Trustees also feel that more can be done to engage with volunteers at all levels within our affiliated Nightlines, to better ensure that the Association is supporting Nightlines in the ways that they need.

In 2022, we will be seeking to complement the Association's dedicated volunteer base by obtaining funding for additional employees to support our work.

We will also be developing an integrated online platform bringing together Association services in one place for Nightlines to access. This will be built in collaboration with Nightlines to best serve their needs and priorities.



**In 2021, we delivered
4 virtual conferences
and helped Nightlines to
collaborate better online**

Service Use Statistics for 2020/21

We collect statistics from our network of Affiliated Nightlines for each academic year. The information below reflects the data received at the time of writing (covering 23 Nightlines) meaning that the actual numbers will be higher.

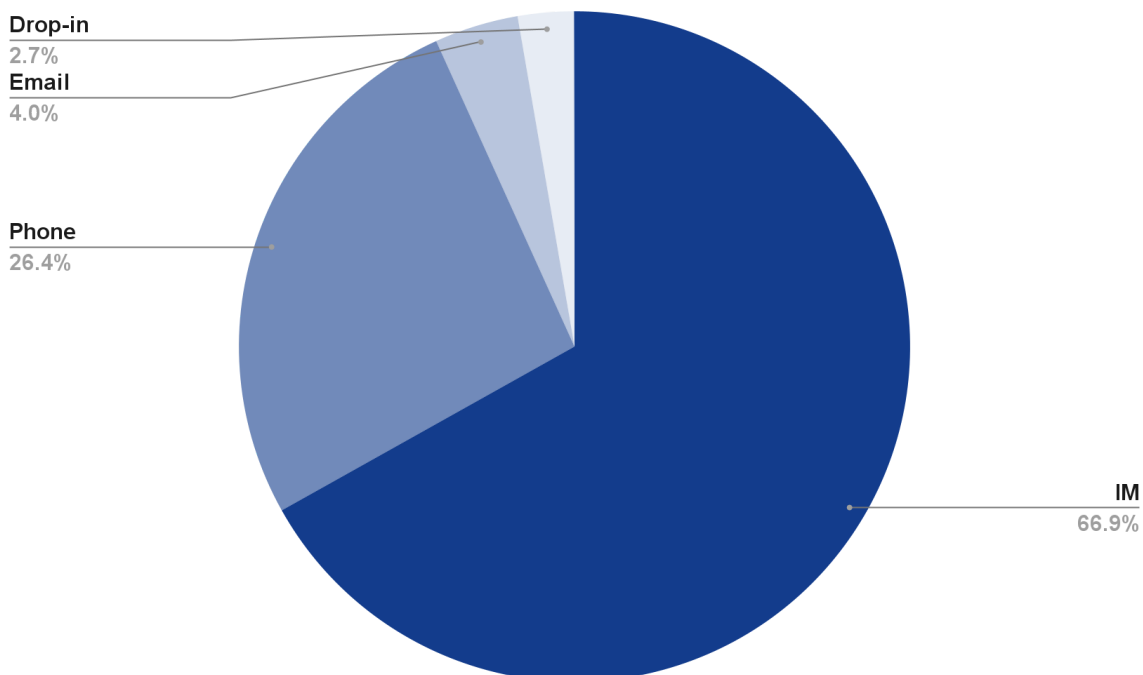
Impact of COVID-19

The pandemic resulted in over 80% of Nightlines having to reduce the services that they offered. This included 67% reducing their opening hours, 50% reducing the number of shifts in a week, and 42% that were forced to implement periods of closure due to COVID-19 restrictions.

Despite these challenges, Nightlines remained open for an average of 4.8 nights every week, with volunteers completing shifts of an average of 6.9 hours each night. In total, services were open for over 27,000 hours over the year.

The Association has been supporting Nightlines throughout the pandemic, helping them make the transition to remote online-only services in 2020, and now offering advice on how to safely return to in-person volunteering.

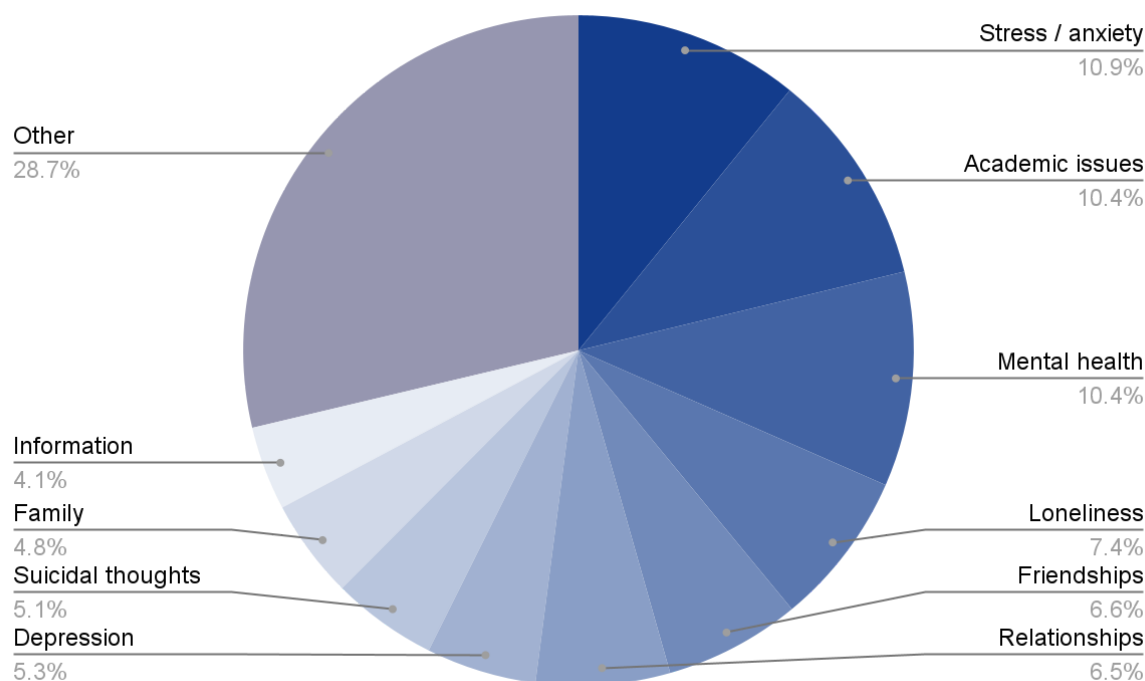
Contact Methods



In 2020/21, instant messaging (IM) continued to be the most popular method of communication. While some of this can be attributed to many Nightlines being unable to offer a phone service due to the pandemic, the increase in IM has been a trend since before COVID-19. To support the popularity of IM, we will be moving forward with the development of a new anonymous IM system for Nightlines to replace the current software that is becoming increasingly out of date. We hope to be able to deploy the new IM system by the end of 2022.

In 2020/21, we launched a new anonymous email service, enabling Nightlines to communicate with service users over email, without being able to see any personal information of the users.

Contact Topics



This chart excludes silent calls (16% of all contacts) and immediate hang-ups (13% of all contacts). "Other" includes all categories that applied to fewer than 300 total contacts during the year.

The majority of contacts concerned mental health in some shape or form, with academic issues the next biggest topic. This broadly reflects research findings by Student Minds carried out at the beginning of the 2021/22 academic year.¹

¹ Student Minds, [Mental Health: Life in a Pandemic September 2021 Research Wave II](#)

Structure, Governance and Management

Legal Structure

The Nightline Association is a Charitable Company Limited by Guarantee registered in England. The Trustees are the directors for the purposes of the Companies Act 2006.

We are registered as a charity in England & Wales and in Scotland. The Association is not required to register in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet been brought into operation.

Governing Document

The Association's constitution consists of its Articles of Association which are available from Companies House and the Charity Commission.

Governance Changes

The 2021 AGM saw our members approve a wide-ranging package of changes and reforms to our governance structures. These changes modernised, updated and simplified the governance of the Association. Some further changes are planned for 2022 and 2023, including converting to a charitable incorporated organisation.

Membership & Affiliation

Our legal members are the Coordinators of the Affiliated Nightlines. In addition, all Nightline and Association Volunteers are (non-voting) associate members.

Affiliated Nightlines are accredited by the Association as meeting the requirements of the Good Practice Guidelines (GPGs), a set of guidelines approved by the

members and based on legal and best practice requirements in the helplines sector.

There is an annual affiliation fee for Nightlines which is set by the membership. This is currently 4% of a Nightline's annual income, capped at £860.66 (rising in line with inflation).

Representation

In addition to the AGM, the members are represented by Regional Coordinators which are elected by the members in each of the 10 regions for a term of 1 year.

The Regional Coordinators represent and support Nightlines in their region and are led by the Regional Coordinator Lead, elected by all members for a term of 2 years.

The Regional Coordinators form the Council which meets termly and advises the Association on matters affecting Nightlines. The Council must approve Trustee appointments and certain governance changes.

Trustee Meetings & Committees

The Trustees take an active role in the running of the Association, providing direct support to the volunteer Heads of Department when necessary.

The Board of Trustees holds four plenary meetings each year, with shorter additional meetings held when necessary.

Additional work is carried out by the four main Trustee Committees:

- Risk Management Committee
- Charity Management Committee
- Finance Committee
- Governance Committee

A number of sub-committees also exist to drive forward specific areas of work such as safeguarding and data protection.

Risk Management

Over the course of 2021, the Trustees took steps to improve the controls of risks facing the Association. The improved risk review process has resulted in a more robust risk register, leading to prioritised action being taken in key areas to reduce the Association's risk profile.

Charity Governance Code

The Trustees are working towards fulfilling all of the standards of the [Charity Governance Code](#).

This work is ongoing but has led to significant improvements in our governance over the past two years. These improvements include introducing a more rigorous Trustee appointment process and a detailed conflicts of interests policy and register of interests.

Volunteer Management

The Association's volunteers are organised into a number of teams within four departments: Communications, Development, Engagement and IT.

Each department is led by a volunteer Head of Department, supported by a Line Trustee appointed by the Board.

Subsidiaries

The Association has two subsidiary charities:

- Nightline Trust, a charitable incorporated organisation (charity number 1112793-1)
- Nightline Trust Ltd, a company limited by guarantee (company number 13605561, not required to register as a charity).

Nightline Trust Ltd was formed to take on ownership of Birmingham Nightline as a temporary measure due to its parent body withdrawing its support. The Nightline Trust CIO was established to provide longer-term capacity for taking on other Nightlines in similar circumstances, where it is appropriate to do so.

To avoid confusion due to the similar names, Nightline Trust Ltd was renamed to Birmingham Nightline on 23 May 2022.

Impact of Brexit & Irish Operations

Following the UK's exit from the European Union, the Association has made the difficult decision to cease operating in the Republic of Ireland. Due to the UK no longer being an EEA state, the costs and administrative requirements of operating in Ireland have become prohibitive. We regret having had to take this step and we hope to be able to continue a positive relationship with Irish Nitelines as part of the wider worldwide Nightline Movement.

We are currently working to ensure a smooth transition for Nitelines in Ireland so that support is still available.

Equity, Diversity and Inclusion

In the summer of 2020, the Association made a number of commitments to improving our internal practices and our advice to Nightlines concerning EDI.

We were keen that these commitments led to real change and so we established a task force to review our existing work and make suggestions and recommendations for improvements.

The task force reported in early 2022 and we are now looking to implement its recommendations as well as establish a permanent sub-committee to advise and drive forward this work.

In 2021, we already made progress on our processes, for example by anonymising

the shortlisting stage of our appointments process to reduce unconscious bias.

We recognise that there is always more that can be done and will continue to keep EDI under review moving forward.

The Board of Trustees has been keen to lead from the top on EDI. The Trustees received an inclusion training session from Getting on Board (registered charity 1112013) in September. The Board also looked at the diversity of applicants for Trustee and Staff vacancies during 2021 and are considering ways of improving diversity in future application cycles.

**In 2021, we supported
over 2000 volunteers
providing services to** 
**1.5 million students
across 127 institutions**

Trustees, Staff & Volunteers

Trustee Appointment

Trustees are appointed following a rigorous appointment process. This is carried out by a Committee which includes Trustees, volunteers, and representatives of affiliated Nightlines. The process involves the review of applications, interviews, references and an analysis of potential conflicts of interest. Appointments must be approved by both the Board of Trustees and the Council.

General Trustees are appointed to a 3-year term. Student Trustees are appointed to a 2-year term and must be current students at the time of their appointment or reappointment. Trustees are limited to a maximum of 6 consecutive years in office.

Trustees

Name	Office (if any)	Dates served (if not whole year)	Committees
Emily Wheeler	Chair Line Trustee (Communications)		Charity Management Governance Risk Management
Tommy Spence	Vice Chair	Retired 10 April	Finance
Brendan Mahon		Retired 10 April	Finance
Joe Martin	Line Trustee (IT)	Resigned 19 June	Charity Management
Rose Ahier	Line Trustee (Engagement)		Charity Management
Simisola Oyesanya			Finance
Matthew Axbey	Vice Chair Governance Committee Chair	Vice Chair from 15 July	Governance (Chair) Risk Management
Aisling Curtis	Line Trustee (Development)		Charity Management Governance
Martin Smith	Treasurer		Finance (Chair) Governance Risk Management
Jessica Hudson			Finance
Jacob Kelly		Appointed 5 May	Finance
Harry McLaren	Line Trustee (IT)	Appointed 5 May	Charity Management
Jack Watts		Appointed 16 December	
Matt Youngs		Appointed 16 December	

Trustee Attendance at Meetings

Cells with a grey background indicate that a Trustee is not expected to attend meetings of that Committee.

Name	Board of Trustees	Charity Management	Finance	Governance	Risk Management
Emily Wheeler	10 / 10	11 / 11	2	12 / 12	3 / 3
Tommer Spence	2 / 2	0	3 / 3	0	0
Brendan Mahon	2 / 2	0	3 / 3	0	0
Joe Martin	5 / 5	6 / 6	0	0	0
Rose Ahier	8 / 10	9 / 11	2	1	0
Simisola Oyesanya	8 / 10	0	6 / 9	0	0
Matthew Axbey	10 / 10	7	10	12 / 12	3 / 3
Aisling Curtis	9 / 10	8 / 11	1	10 / 12	0 / 1
Martin Smith	10 / 10	2	12 / 12	12 / 12	3 / 3
Jessica Hudson	4 / 10	0	2 / 9	0	0
Jacob Kelly	6 / 7	1	5 / 7	0	0
Harry McLaren	4 / 7	6 / 7	4	2	1
Jack Watts	1 / 1	0	1	0	0
Matt Youngs	0 / 1	0	0	0	0

Staff

Name	Position	Dates served (if not whole year)
Emma Nieminen	Suicide Calls Project Coordinator	Until 31 August
	Senior Operations Officer	From 1 September

Senior Volunteers

Name	Position	Dates served (if not whole year)
Sam Donnelly	Head of Department (Communications)	
Lily Furber	Head of Department (Development)	Until 7 August
Harry Cloke	Head of Department (Development)	From 7 August
Sophie Adair	Head of Department (Engagement)	
Scarlett Jardine	Head of Department (IT)	

Other Volunteers

The Association could not operate without our team of nearly 100 volunteers who provide IT support, manage fundraising, organise events, provide advice and support to Nightlines and so much more. This has been a particularly difficult year and we are extremely grateful for the time and energy devoted by our volunteers.

Reference and Administrative Details

Name of Charity

Nightline Association

Charity Registration Numbers

1112793 (England & Wales)

SC050834 (Scotland)

Company Registration Number

05436297

Registered Office

PO Box 75974

London

E1W 9QT

Bankers

CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill

West Malling

ME19 4JQ

Shawbrook Bank Limited

Lutea House

Warley Hill Business Park

The Drive

Great Warley

Brentwood

CM13 3BE

Independent Examiner

Outsource Independent Examination
Services

The Hiscox Building

Peasholme Green

York

YO1 7PR

Honorary Counsel

(Pro bono legal advice)

Reed Smith LLP

The Broadgate Tower

20 Primrose Street

London

EC2A 2RS

Memberships & Affiliations

- Alliance for Student Mental Health
- Helplines Partnership
- Small Charities Coalition
- National Council for Voluntary Organisations
- Foundation for Social Improvement
- National Suicide Prevention Alliance
- Mental Wellbeing in Higher Education Expert Group
- Universities UK Mental Health in Higher Education Advisory Group

Exemptions from Disclosure

No details of the Association, its Trustees, or its staff have been omitted from this report.

Funds held as custodian trustee on behalf of others

The Association held funds on behalf of Birmingham Nightline due to delays in opening a separate bank account for Nightline Trust Ltd.

During 2021, the Association received £685 and made payments totalling £78 on behalf of Nightline Trust Ltd. Although

money was kept in the same bank account as the Association's money, these funds were accounted for separately.

Full account of all money received was made to Nightline Trust Ltd in February 2022 and Nightline Trust Ltd then reimbursed the Association for payments made on its behalf.

These payments are shown in the accounts as a restricted fund for Birmingham Nightline.

Nightline Trust Activities

In September, the Trustees approved the transfer of Birmingham Nightline to the Association's subsidiary, Nightline Trust Ltd. This section of the report provides information about the activities of Birmingham Nightline.

About Birmingham Nightline

Birmingham Nightline was started in 1976 and, until Spring 2021, operated as a student society at University of Birmingham Guild of Students. Birmingham Nightline currently has around 100 trained volunteers who are working hard to provide crucial support to students in Birmingham.

Due to COVID-19 and continuing issues accessing office space, Birmingham Nightline currently operates an online-only service, taking contacts by instant messaging and email.

Major achievements

Birmingham Nightline has successfully reopened following a period of closure and the transfer to Nightline Trust Ltd. The Trustees wish to congratulate and thank the student committee for their hard work and commitment in ensuring that such a valuable and important service remains available for students in need.

At the Association's Spring Conference in 2022, one of the Coordinators of Birmingham Nightline received the Nightline Volunteer of the Year award in recognition of their efforts in managing the Nightline through an exceptionally challenging year.

Statistics

Over the course of the Autumn Term, Birmingham Nightline received 117 contacts in total (114 by instant messenger, 3 by email). The majority of contacts concerned problems that the caller wished to speak about. Only 2 IM contacts (1.8%) were missed over the entire period.

Financial Statements & Accounts

Introduction

Financial Review

The Association remains on a stable financial footing, with income of £73k slightly exceeding expenditure of £60k. We raised funds from a range of sources, with the majority of funds raised being unrestricted. We exited 2021 with total funds of £167k and have sufficient funds to deliver our plans for 2022.

Trustees' Responsibilities

The Trustees, who are the directors under the Companies Act 2006, acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Investment Policy

The Association does not currently hold any risk-bearing investments and does not intend to make any such investments under our current policies. We hold a small savings account for surpluses above the £85,000 limit for the Financial Services Compensation Scheme (FSCS) in order to

ensure that all of the Association's funds are protected.

Reserves Policy

The Association holds sufficient reserves such that all committed expenditure can be met, along with an allowance for unanticipated expenditure to remediate priority risk areas.

Reporting Framework

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

Examination of accounts

The Trustees are satisfied that no audit is required under:

- section 144 of the Charities Act 2011;
- section 475 of the Companies Act 2006; or
- regulation 10(1) of the Charities Accounts (Scotland) Regulations 2006.

No audit has been required by the members under section 476 of the Companies Act 2006.

The Trustees are therefore satisfied that the company is entitled to exemption from


the provisions of the Companies Act 2006 relating to the audit of the financial statements for the year by virtue of section 477.

The Trustees believe that an independent examination is required under section 145 of the Charities Act 2011 and regulation 11 of the Charities Accounts (Scotland) Regulations 2006.

The Trustees have appointed Outsource Independent Examination Services to carry out this examination. The Trustees believe that Outsource Independent Examination Services has the requisite ability and practical experience to carry out a competent examination of the accounts.

Approval

The financial statements were approved by the Board of Trustees on 17 August 2022 and signed on behalf of the Trustees by:



Martin Smith
Treasurer

Independent Examiner's Report

I report on my examination of the accounts of the Nightline Association ("the charity") for the year ended 31st December 2021.

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act") and the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act"). As company directors, they are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

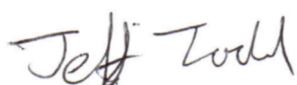
Having satisfied myself that the accounts of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the charities accounts carried out under section 145 of the 2011 Act and section 44(1)(c) of the 2005 Act. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and the requirements of regulation 11 of the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations").

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act, section 44(1)(a) of the 2005 Act, or regulation 4 of the 2006 Regulations; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts did not comply with regulation 8 of the 2006 Regulations; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeff Todd (FCA)
Outsource Independent Examination Services
The Hiscox Building, Peasholme Green, YORK, YO1 7PR

31 August 2022

Statement of Financial Activities

For the year ended 31 December 2021

	Note	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
Income from:		£	£	£	£
Grants, donations and legacies	3.1	32,614	14,626	47,240	55,993
Charitable activities	3.2	7,540	-	7,540	6,340
Fundraising income	3.3	18,379	-	18,379	13,626
Investments	3.4	169	-	169	19
Total income	3	58,702	14,626	73,328	75,978
Expenditure on:					
Raising funds	4.1	716	-	716	754
Charitable activities	4.2	26,926	32,166	59,092	79,213
Total expenditure	4	27,642	32,166	59,808	79,967
Net income		31,060	(17,540)	13,520	(3,989)
Gross transfers between funds		-	-	-	-
Net movement in funds		31,060	(17,540)	13,520	(3,989)
Total funds brought forward		131,222	22,289	153,511	157,500
Total funds carried forward		162,282	4,749	167,031	153,511


Balance Sheet

As at 31 December 2021

	Note	2021	2020
		£	£
Current Assets			
Prepayments		1,063	1,072
Cash in bank and at hand	7	167,121	152,996
Total Current Assets		168,184	154,068
Current Liabilities: amounts falling due within one year			
Creditors and accruals	8	(1,153)	(557)
Net Current Assets		167,031	153,511
Net Assets		167,031	153,511
Funds of the charity			
Unrestricted funds (General)	9	162,282	131,222
Restricted funds	9	4,749	22,289
Total Funds Carried Forward	9 & 10	167,031	153,511

For the year ending 31 December 2021, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.



Martin Smith
Treasurer

17 August 2022

Notes to the Accounts

For the year ended 31 December 2021

1. Basis of preparation

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)) and the Companies Act 2006.

The charity is a public benefit as defined by FRS102.

1.2. Change of basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

1.3. Change to previous accounts

No changes have been made to accounts for previous years.

2. Accounting policies

2.1. Income and endowments

Recognition of income

Income is recognised in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- receipt is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure, the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Volunteer help

The charity benefits greatly from the involvement of its volunteers as described in the trustees' annual report. In accordance with FRS 102, the value of any voluntary help received is not included in the accounts.

2.2. Expenditure and liabilities

Expenditure

Raising funds

Cost of raising funds comprises those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

3. Income	Unrestricted funds 2021	Restricted funds 2021	Total 2021	Unrestricted funds 2020	Restricted funds 2020	Total 2020
	£	£	£	£	£	£
3.1. Grants, donations and legacies						
Nominet	17,500	4,800	22,300	-	-	-
Suicide project	-	5,000	5,000	-	5,000	5,000
National Lottery Community Fund	-	-	-	-	7,000	7,000
HMRC Furlough Payments	-	-	-	-	3,314	3,314
Corporate donations	-	-	-	8,000	-	8,000
Trust fund donations	9,550	-	9,550	20,758	-	20,758
Donations	5,564	4,826	10,390	11,921	-	11,921
	32,614	14,626	47,240	40,679	15,314	55,993
3.2. Charitable activities						
Subscriptions	4,540	-	4,540	6,340	-	6,340
Other income	3,000	-	3,000	-	-	-
	7,540	-	7,540	6,340	-	6,340
3.3. Fundraising income	18,379	-	18,379	13,626	-	13,626
3.4. Investments						
Interest receivable	169	-	169	19	-	19
Total income	58,702	14,626	73,328	60,664	15,314	75,978

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
4. Expenditure						
4.1. Raising funds						
Fundraising costs	716	-	716	754	-	754
4.2. Charitable activities						
Staff salaries	13,068	15,208	28,276	1,209	20,629	21,838
Staff training & expenses	-	-	-	-	69	69
Volunteer training & expenses	-	-	-	408	-	408
Other staff - Tribal	479	-	479	-	-	-
Virtual assistant	600	-	600	-	-	-
University Nightlines	-	3,745	3,745	-	2,778	2,778
Intelligence dashboard	-	600	600	-	35,040	35,040
IT & Phones	-	11,472	11,472	386	342	728
Conference expenses	867	-	867	10,961	2,249	13,210
Away days	-	-	-	201	-	201
Website	-	-	-	-	1,966	1,966
Suicide volunteer training	-	72	72	-	272	272
Suicide virtual assistant	-	946	946	-	1,110	1,110
Office & running costs	2,921	45	2,966	77	-	77
Insurance	635	66	701	29	-	29
Communications - NLA	-	-	-	75	-	75
Marketing	200	-	200	-	-	-
Trustee expenses	215	-	215	284	-	284
Independent examination	550	-	550	480	-	480
Professional fees	7,391	12	7,403	360	288	648
	26,926	32,166	59,092	14,470	64,743	79,213
Total expenditure	27,642	32,166	59,808	15,224	64,743	79,967

5. Trustee expenses & examination fees

2021 2020

£ £

5.1. Trustee expenses

Expenses paid to trustees	215	284
Number of trustees receiving expenses	4	4

5.2. Fees for examination of the accounts

Independent Examiner's fees for reporting on the accounts	550	480
Other fees paid to the independent examiner	-	-

6. Staff costs and emoluments

2021 2020

£ £

Gross wages, salaries and benefits in kind	27,459	21,209
Employers National Insurance	-	-
Employers Pension	817	629
	28,276	21,838
Average number of employees	1	1

7. Cash in bank and at hand

Unrestricted funds	Restricted funds	Total 2021	Total 2020
£	£	£	£
Current bank account	45,202	4,749	49,951
Deposit accounts	117,170	-	117,170
	162,372	4,749	167,121
		167,121	152,996

8. Creditors and accruals

2021 2020

Amounts falling due within 1 year

£ £

Accruals and deferred income	(1,153)	(557)
	(1,153)	(557)

9. Movement of funds

9.1. Movement of major funds

Fund name	2021				
	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
	£	£	£	£	£
Unrestricted funds (General)					
General funds	131,222	58,702	27,642	-	162,282
	131,222	58,702	27,642	-	162,282
Restricted funds					
Suicide project	11,440	5,000	15,554	-	886
Nominet	8,040	4,800	9,980	-	2,860
National Lottery Community fund	2,785	-	2,785	-	-
Tribal funding	24	-	24	-	-
Birmingham Nightline	-	685	78	-	607
Just Giving	-	4,141	3,745	-	396
	22,289	14,626	32,166	-	4,749
Total funds	153,511	73,328	59,808	-	167,031

Fund name	2020				
	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
	£	£	£	£	£
Unrestricted funds (General)					
General funds	85,782	60,664	15,224	-	131,222
	85,782	60,664	15,224	-	131,222
Restricted funds					
Suicide project	17,951	8,314	22,498	7,673	11,440
Nominet	43,200	-	35,160	-	8,040
National Lottery Community fund	-	7,000	4,215	-	2,785
CWP Training	7,673	-	-	(7,673)	-
Tribal funding	116	-	92	-	24
Just Giving	2,778	-	2,778	-	-
	71,718	15,314	64,743	-	22,289
Total funds	157,500	75,978	79,967	-	153,511

9.2. Details of funds held

Unrestricted Funds (General)

The General fund is unrestricted and available for general purposes.

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which are:

- **Suicide project**
To fund training for Nightline volunteers on suicide calls
- **Nominet**
To fund digital transformation projects
- **National Lottery Community fund**
Direct support to Nightlines and improving access for students to Nightlines
- **Tribal funding**
To fund an IT project
- **Birmingham Nightline**
To fund Birmingham Nightline
- **Just Giving**
To fund local Nightline services in particular areas

10. Net assets between funds

2021	Unrestricted funds		Restricted funds	Total 2021
As at 31 December 2021	£	£	£	
Current assets		163,435	4,749	168,184
Current liabilities		(1,153)	-	(1,153)
		162,204	4,749	167,031

2020	Unrestricted funds		Restricted funds	Total 2020
As at 31 December 2020	£	£	£	
Current assets		131,779	22,289	154,068
Current liabilities		(557)	-	(557)
		131,222	22,289	154,511

11. Subsidiaries

During the year, the charity registered a subsidiary company, Nightline Trust Ltd, a company limited by guarantee, and a linked charity, Nightline Trust CIO, to support Birmingham Nightline and any future independent Nightlines but no transactions were entered into in 2021.

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Registered company 05436297

Registered charity 1112793 (England & Wales)

Registered charity SC050834 (Scotland)