

NIGHTLINE ASSOCIATION

England & Wales · Charity number 1112793

Details

Other names	NATIONAL NIGHTLINE, NIGHTLINE, NNL
Status	Registered
Legal form	Charitable company
Company number	05436297
Registered	2006-01-23
Register	View on the Charity Commission register

Contact

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C/O Exogeneity Ltd
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Email enquiries@nightline.ac.uk

Website www.nightline.ac.uk

Activities

Objects: 3. OBJECTS 3.1 THE OBJECTS OF THE CHARITY ARE: 3.1.1 THE PRESERVATION AND PROTECTION OF GOOD HEALTH AMONG STUDENTS EXPERIENCING OR AT RISK OF, DEPRESSION, SUICIDE, DESPAIR OR DISTRESS, OR ANY OTHER FORM OF MENTAL ILLNESS AT ANY INSTITUTION OF HIGHER OR FURTHER EDUCATION IN THE UK AND EQUIVALENT INSTITUTIONS OUTSIDE THE UK BY FACILITATING, SUPPORTING AND IMPROVING THE PROVISION OF LISTENING AND OTHER SERVICES TO SUPPORT THOSE IN NEED; AND 3.1.2 TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT IN PARTICULAR BY PROMOTING PUBLIC UNDERSTANDING AND AWARENESS OF MENTAL ILLNESS AMONG STUDENTS. 3.2 NOTHING IN THE ARTICLES SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CHARITY FOR PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND/OR SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Activities: The Nightline Association is the umbrella body for Nightlines in the UK. Nightlines are confidential, anonymous, non-judgmental, non-directive, and non-advisory listening services run by students for students. We support, promote, and develop Nightlines by providing guidance on best practice, carrying out quality assurance, maintaining a wide range of IT services and tools, and organising events

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- **Area of benefit:** WORLDWIDE
- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£50,570	£216,227	-	-
2023-12-31	£87,347	£86,742	-	-
2022-12-31	£60,632	£61,608	-	-
2021-12-31	£73,328	£59,808	-	-
2020-12-31	£75,978	£79,976	-	-

Trustees

Name	Role	Appointed
Professor Michael Sanders	Chair	2023-02-08
Helen Bedser		2023-09-27
Paola Luciana Igarteburu		2024-09-26

Linked charities

- NIGHTLINE TRUST (1112793-1)

NIGHTLINE ASSOCIATION

England & Wales - Charity number 1112793

Accounts



Nightline Association

(a Charitable Company Limited by Guarantee)

Annual Report and Unaudited Financial Statements for the period ended 30 June 2025

Registered company number 05436297

Registered charity number 1112793 (England & Wales)

Registered charity number SC050834 (Scotland)

Contents

Reference and Administrative Details	3
Trustees' Annual Report	5
Introduction	5
Dedication	7
Who are we?	8
Vision	8
Values	8
Move towards a closure	9
Summary of Achievements	11
Thank you	12
Structure Governance and Management	15
Exemptions from Disclosure	18
Funds held as custodian trustee on behalf of others	18
Nightline Trust Activities	18
Financial Overview	19
Independent examiner's report	23
Statement of financial activities	25
Balance sheet	26
Notes to the financial statements	27

Reference and Administrative Details

Charity Registration Numbers: 1112793 (England & Wales) / SC050834 (Scotland)

Company Registration Number: 05436297

Registered Office: Lytchett House
13 Freeland Park
Wareham Road
Poole
Dorset
BH16 6FA

Trustees: Professor Michael Sanders (Chair)
Matthew Axbey (Vice Chair)
Martin Smith (Treasurer)
Chris Barnes
Helen Bedser
Veronika Dvořáková
Josh Fogg
Megan Haskins
Paola Igarburo (Appointed 26 September 2024)
Cassandra Kamara
Harry McLaren (Resigned 4 May 2024)
Peter Sequeira

Principal Staff: Katie Endacott, CEO

Independent Examiner: Godfrey Wilson Limited
5th Floor, Mariner House
62 Prince Street
Bristol
BS1 4QD

Honorary Counsel: Reed Smith LLP
(Pro bono legal advice) The Broadgate Tower
20 Primrose Street
London EC2A 2RS

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Redwood Bank
The Nexus Building
Broadway
Letchworth Garden City
SG6 3TA

Shawbrook Bank Limited
Lutea House
Warley Hill Business Park
The Drive
Great Warley
Brentwood
CM13 3BE

Trustees' Annual Report

Introduction

Matthew Axbey, Vice Chair of Trustees

On 7 May 1970, the first Nightline held its first shift in a small room at the University of Essex. Within a few years, the idea had spread to many more universities and polytechnics across the UK.

It did not take long for these Nightlines to come together as “National Nightline”. By the 1990s, National Nightline was exploring the possibility of registering as a charity and, in 2005, the current Nightline Association was formed as the successor to the unincorporated National Nightline, and registered as a charity.

In recent years, the Association has taken significant steps towards professionalising the Nightline movement. We have supported Nightlines and their parent bodies to raise standards, update procedures, and ensure that they are able to command respect and confidence from key stakeholders.

In the period covered by this report, the Association has rolled out new standards for Safeguarding in Nightlines, helping to promote measures to protect children and adults at risk, without compromising our core principles. We also took steps towards improving consistency between Nightline services, including providing full sets of template policies and procedures. Finally, our staff continued to build stronger relationships between Nightlines, their parent bodies, and the Association, ensuring increased stability and institutional memory.

As usual, we are constantly humbled by the dedication displayed by student volunteers across the country, who answer hundreds of calls from those in need, as well as managing and overseeing Nightline services, all while also studying for their degrees. It has been our privilege to support and serve these volunteers over the past decades, and we look forward to seeing them continue to succeed.

Unfortunately, in January 2025, faced with an increasingly challenging funding environment, the Board of Trustees took the difficult decision to close the Association. While the charity could have continued in a reduced, volunteer-only capacity, we took the decision to wind-up while staff support was still available, to ensure an orderly closure that would maximise the impact of our legacy.

The Association ceased activities on 31 May 2025, and proceeded to wind up on 30 June 2025. In order to safeguard the future of the Nightline movement, we are

ensuring our remaining assets are applied in line with our charitable purposes, as detailed in this report.

Student mental health continues to be a major challenge for the higher education sector, and the services offered by Nightlines are needed now more than ever. The phones will continue to ring, instant messages will continue to be sent, and students will continue to answer.

Finally, we would like to formally record our thanks to all of the people who have made the Association so successful over both the past 20 years of the charity, and the 35 years of the Nightline movement before that – our 11 staff members, 66 charity trustees, and countless volunteers both for the Association and for the Nightlines. The Association would be nothing without the hard work and inspiring commitment of all of you.

Everyone involved in the Association will have their own memories and stories. During the last few months, we have heard many of these from those involved across the decades. A constant theme is the life-long friendships that have been forged through the Nightline movement, and the welcoming and accepting culture that has been found here.

The Nightline Association is survived by twenty-three Nightlines across all four nations of the UK, as well as at least twenty-four Nightlines in other European countries, and several others on other continents. More than 55 years after that original Essex shift, the movement it spawned is still going strong.

Countless thousands of students around the world have benefited from the Nightline movement. There are probably hundreds, if not thousands of people who would not be alive today without it. Everyone involved in this movement, however small your contribution may feel, has been a part of that success.

This may be an ending, but it is not the ending. Until we meet again.

“Always try to be nice, and never fail to be kind ... Laugh hard. Run fast. Be kind.”

Approval

The annual report was approved by the Board of Trustees on 26 July 2025 and signed on behalf of the Trustees by:

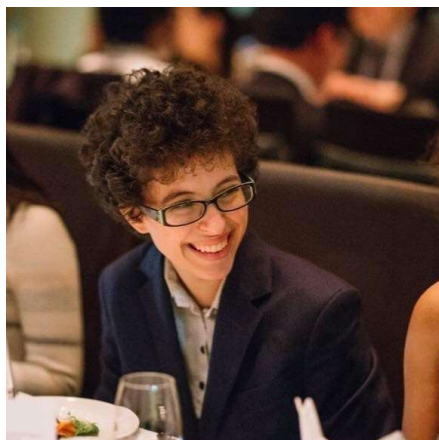


Prof Michael Sanders
Chair of Trustees



Matthew Axbey
Vice Chair of Trustees

Dedication



Cal Shearer

21st March 1999 – 30th October 2024

In late 2024, the Nightline community was saddened to learn of the death of Cal Shearer, a long-time Nightline volunteer and doctoral student at the University of Oxford.

Cal joined the Nightline movement as a volunteer with Oxford Nightline, before joining the Association as an accreditation volunteer in May 2020. In September 2021, they became Quality Assurance Team Lead, responsible for the Good Practice Guidelines / Nightline Quality Standards and the accreditation process.

The work that Cal did was vital in ensuring that the Nightline movement was able to provide a safe and effective service to students in need across the country. Their death is a tragic reminder of the importance of the Nightline movement and the work which we do.

Cal was volunteering with the Association up until they passed, and it is heartbreaking that they are not here with us to celebrate the work of the Association. Their legacy will be the countless callers who will benefit from the high-quality and effective services that they championed, although those callers will never know Cal's name.

This final report of the Association is dedicated to Cal, and all those like them, as a reminder of why Nightlines exist.

Who are we?

The Nightline Association has provided emotional and mental health support to students each night of term through our network of Nightlines across the country providing a safe, anonymous listening service for students. We supported the Nightline services, which are open when other University services are unavailable. The most common issues callers raised with us were stress, mental health, and academic concerns.

The Nightline Association was the national charity that developed, trained, and supported every Nightline in the UK. We provided local Nightlines with the specialist tools to offer a uniquely confidential service; and we enabled the highest quality of active listening, safeguarding, and suicide prevention training for Nightline volunteers.

Vision

Nightlines are run by students and for students. The Nightline principles of being confidential, anonymous, non-judgmental, non-directive and non-advisory are followed by all Nightlines. The Nightline Services fill a crucial role in student support by providing peer-to-peer support. They also provide support at night when other support services are often closed.

Our vision is for every student to have access to the support offered by Nightline services so that:

- Every student can talk about their feelings in a safe, non-judgmental environment.
- Fewer students have their education compromised by emotional difficulties.
- Fewer students die by suicide.

Values

The guiding values on which we stand are:

- **Empathy:** Listen, learn, and consider the needs of others.
- **Transparency:** Share openly, whenever possible.
- **Kindness:** Treat others with kindness and respect no matter what.
- **Dependability:** Deliver what we say we're going to; when we can't, communicate it.
- **Inclusiveness:** Intentionally remove all systematic sources of bias and welcome all.
- **Assume Good Intent:** Assume the other person is doing their best for the Nightline Association and Nightlines.

Move towards a closure

Following a challenging year for Nightlines, the Board of Trustees made the difficult decision to close the Nightline Association, with activities ceasing on 31 May 2025.

As many charities can understand, the last few years have been financially unstable, and while we invested in staff, a new strategy, professionalising our offering, and being involved in national conversations around student mental health, we are unable to remain open.

This decision was not made lightly, a variety of alternative options such as mergers or returning to a volunteer-led model were considered. Given the development of the Student Mental Health sector, the risk appetite of institutions, and the lack of funding available for umbrella bodies such as the Nightline Association, the tough decision was made.

During 2024/25, we diversified our approach to fundraising, engaged a consultant focused solely on that task, and made efficiencies as much as possible, but the funding was not forthcoming. Meanwhile, Nightlines themselves were also looking to us for funding, struggling with the similar funding challenges faced by Students' Unions. We worked with Nightlines to identify funding opportunities, and how they could become more sustainable. This unfortunately was not possible for us at a national level, and we were likely to run out of funding in 2025. The Trustees therefore took the decision to proceed with an orderly closure, to ensure we could provide as full a handover as possible to the incredible Nightlines who continue to support students night in, night out.

We could not have achieved all that we, collectively, have achieved without the incredible support of our volunteers, but we also could not operate solely with volunteers given the regularity and length of meetings with each Nightline, and wider mental health boards and committees. Although the Association had previously operated a volunteer-only model, the increased needs and complexity of supporting a robust helpline provision across the Nightline network meant that returning to this model would not be practical without significantly reducing the support we offered, and an increased risk of a disorderly closure in the short-term.

We continue to be in awe of our volunteers, who found a new home for the custom built Nightline Portal platform, designed for logging calls anonymously and offering anonymous instant messaging services, for the hard work to review all policies required for a Nightline to run, and the creation of a facilitation guide to go alongside training materials, all of which will be available for Nightlines long after the closure of the national Association.

Disposal of Assets

Some physical assets such as computer hardware were donated to Nightlines in need of new equipment.

Ownership of Nightline Portal has been passed to Three Rings CIC, which will continue to maintain and develop the platform. Our existing model policies and other documents have been made available in an online archive for use by Nightlines in the future. Finally, all of our remaining assets will be passed to London Nightline to hold on trust for the benefit of the Nightline movement as a whole.

The planned disposal of assets was approved by OSCR as required by section 16 of the Charities and Trustee Investment (Scotland) Act 2005.

Summary of Achievements

In 2024/25, the Nightline Association supported 26 Nightlines across the UK. We supported the setup of new Nightlines, such as Robert Gordon University and Aberdeen, provided subject-specific training for Nightlines, and held four conferences where over 130 delegates from Nightlines were able to meet, share ideas and receive updates on training. As with each of our ambitions in this period, we are extremely proud of all that was achieved, whilst also recognising that it is significantly less than we had hoped for.



Nightlines across the UK in 2024-25

The ongoing delivery of IT services enabled Nightlines to provide listening services to students across the UK, with updates rolled out regularly. Nightlines took over 14,500 calls and messages from students in need of support, and supported them for over 15,330 hours.

In managing the Association, the Trustees had regard to the Charity Commission's guidance on public benefit.

Activities in Scotland

In 2024/25, there were 5 Nightlines operating in Scotland.

The Association supported Nightlines in Scotland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Scotland.

The Association is registered as a charity in Scotland with the Office of the Scottish Charity Regulator (OSCR).

Activities in Northern Ireland

In 2024/25, there was 1 Nightline operating in Northern Ireland.

The Association supported Nightlines in Northern Ireland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Northern Ireland.

The Association was not required to register as a charity in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet entered into force.

Thank you

We are grateful to each and every one of our volunteers who have spent time supporting Nightlines, developing policies, working on IT, working through accreditations and so much more. A special thanks must go to our Heads of Departments; Ellie McCarthy (Services) and Javier Bosch (IT), alongside some of our longest standing volunteers; Ryan Atkins, Matthew Axbey, James Buller (one of our original Trustees who has remained a volunteer), Oliver Earl, Josh Fogg, and Geoff Jukes, to name but a few.

What has been incredibly special to note amongst the Nightline movement, and specifically the Association, is the welcoming nature of the team. Volunteers are giving their own time, yet are on the end of the phone when the IT system has a bug, or ready to review a policy when an issue arises. This team has been an incredible support to Nightlines across the country, and we hope that Nightlines will continue to support one another in this same spirit.

Below is a selection of our photos from Nightlines over the years.





Structure Governance and Management

Legal Structure

The Nightline Association is a Charitable Company Limited by Guarantee registered in England. The Trustees are the directors for the purposes of the Companies Act 2006.

We are registered as a charity in England & Wales and in Scotland. The Association is not required to register in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet been brought into operation.

Governing Document

The Association's constitution consists of its Articles of Association which are available from Companies House and the Charity Commission.

These are supplemented by Bye Laws made by the Trustees.

Planned conversion to CIO

The Association had planned to formally apply to convert to a charitable incorporated organisation (CIO) in 2024, and this process began following the approval at the AGM in July 2024. However, following the decision to wind up the Charity in January 2025, this was not progressed further.

Membership & Affiliation

Our legal members are the parent bodies (mostly Students' Unions and Universities) that run Nightline services in the UK. In addition, all Nightline and Association Volunteers are (non-voting) associate members.

Affiliated Nightlines were accredited by the Association as meeting the requirements of the Nightline Quality Standards (NQSs), a set of standards developed in consultation with the members and based on legal and best practice requirements in the helplines sector.

There is an annual affiliation fee for Nightlines which is set at 4% of a Nightline's annual income, capped at £1023 in 2024 (rising in line with inflation). The Trustees decided that it was not in the best interests of our charitable purposes to collect the affiliation fees in 2025, following the decision to wind up the charity.

Trustee Meetings & Committees

The Board of Trustees held four plenary meetings each year, with shorter additional meetings when necessary. In addition to the Board, four Committees provided oversight on the Association's activities during 2024/25:

- Operations & People Committee
- Finance Committee
- Governance Committee
- Safeguarding Steering Committee

In addition, ad hoc Search & Nomination Committees were formed as needed to manage the recruitment of Trustees and Staff with senior management functions.

A Winding Up Committee was formed in 2025 to oversee the process of closing the charity.

Trustee Appointment

Trustees were appointed following a rigorous appointment process. This was carried out by a Search & Nomination Committee including Trustees, volunteers, and representatives of affiliated Nightlines. The process involved the review of applications, interviews, references and an analysis of potential conflicts of interest. Appointments were subject to vetting and eligibility checks and were by the Board of Trustees.

General Trustees were appointed to a 3-year term. Student Trustees are appointed to a 2-year term and were required to be current students at the time of their appointment or reappointment. Trustees are limited to a maximum of 6 consecutive years in office.

Safeguarding

While the Association did not directly run any Nightline services, we recognised the importance of having robust procedures in place to protect children and adults at risk.

All of our volunteers and staff underwent safer recruitment checks, including references, to help us make sure that they were appropriate people to work with us. Staff and volunteers were also required to complete our online safeguarding training to equip them with the knowledge and skills necessary to fulfil their role. The Safeguarding Steering Committee performed a quarterly audit of safeguarding incidents and reported directly to the Board of Trustees.

The safeguarding arrangements for individual Nightlines are the responsibility of the Nightlines and their parent bodies. In 2024, the Nightline Association provided thorough training on safeguarding for all Nightline volunteers to ensure each volunteer was aware of the safeguarding risks and actions to take, regardless of their locality or parent body.

Risk Management

During 2024 and following the Board's decision to wind up the Association in 2025, the Trustees reviewed risks regularly at Board Meetings and tracked progress on alleviating risks.

Charity Governance

In 2024 and 2025, the Trustees reviewed and updated the policies of the Association, as part of a regular review process.

Volunteer Management

The Association's volunteers were organised into a number of teams within seven departments:

- Administration and Finance
- Fundraising, Events and Communications
- Impact and Research
- IT
- People
- Services
- Stakeholder Management

Each department was led by a volunteer Head of Department, line managed by the CEO.

Subsidiaries

The Association has a subsidiary charity, Nightline Trust, a charitable incorporated organisation (charity number 1112793-1). This charity will also be closing at the same time as the Association.

The Nightline Trust acted as a parent body of last resort, taking on the governance and oversight of Nightline services where their existing parent body is unable to do so, but where the Nightline service still remains viable and sustainable in the long-term.

In 2024, the Nightline Trust acted as the parent body for Birmingham Nightline, a charitable company limited by guarantee. Birmingham Nightline was managed by their own Board of Trustees, with regular reporting to the Association. The Nightline Trust also acted as the parent body for Edinburgh Nightline (Charity number SC053618). The Nightline Trust supported Edinburgh Nightline with recruiting their first Board of Trustees, who then regularly reported to the Association.

Details of the Nightline Trust's work is available later in this report.

International Nightline movement

International Affiliation was available to Nightlines and groups of Nightlines outside of the UK and allowed access to most of our services and resources. We were part of Nightline Europe in 2024-25, providing networking and shared learning opportunities across the continent, and supporting the release of their first report, "Student Mental Health in Europe: Learning the lessons".

Memberships & Affiliations

During the period covered by this report, the Association was part of:

- Helplines Partnership
- National Council for Voluntary Organisations
- National Suicide Prevention Alliance
- Mental Wellbeing in Higher Education Expert Committee

Exemptions from Disclosure

No details of the Association, its Trustees, or its staff have been omitted from this report.

Funds held as custodian trustee on behalf of others

The Association acted as a conduit for funds donated to local Nightlines through JustGiving. Donations were processed and paid to the Association, which then passed the money to the relevant Nightline or its parent body. These conduit funds are noted in the accounts. There were no funds held, to be passed to Nightlines, at the end of June 2025.

Nightline Trust Activities

The Nightline Trust is a wholly owned subsidiary charity of the Nightline Association (registered charity number 1112793-1). It existed to take on ownership and/or oversight of Nightline services where there is no appropriate parent body such as a

Students' Union but where the Nightline service remains sustainable and viable in the long term.

Our Nightlines

The Nightline Trust oversaw the operation of two Nightlines, Birmingham Nightline and Edinburgh Nightline.

The responsibility for the management and governance of Birmingham Nightline sat with the charity's Board of Trustees, who were appointed in November 2022. For the duration of the accounting period, the Nightline Trust remained the sole legal member of Birmingham Nightline.

During the reporting period, Birmingham Nightline continued to operate reduced service, however due to operational challenges, the Nightline made the difficult decision to close in 2024. Birmingham Nightline was dissolved on 7 January 2025, and gifted funds restricted for use in Birmingham to the Nightline Association, with clear restrictions that if the Association did not use the funds, they must be shared equally between Birmingham Mind (Charity number 1003906) and Birmingham Samaritans (Charity number 1166821). Following the decision to close the Association, the transfer of funds to Birmingham Mind and Birmingham Samaritans was completed on 28 February 2025.

The responsibility for the management and governance of Edinburgh Nightline sits with the charity's Board of Trustees, who were appointed in September 2024. Edinburgh Nightline operates five days a week, supporting students across the Higher Education Institutions in Edinburgh.

Closure

Due to the decision to close the Nightline Association, the Nightline Trust will also be closing. The charity has no assets as all support was provided by the Nightline Association. Before closing, a resolution will be passed to remove any remaining governance links between the Nightline Trust and Edinburgh Nightline.

Financial Overview

Financial Review

Expenditure from the last 18 months outweighed the income considerably. The income for the period was £50,570 and the expenditure was £216,227.

We raised funds from a range of sources, from trusts and foundations, individual donations and fundraising events. We exited June 2025 with cash of £14,250, of which

around £10,300 will be gifted to London Nightline (Charity number 1198922), less any final windup costs, to be held in a restricted fund to support the community of, and events for, Nightlines across the country.

Statement of Trustees' Responsibilities

The charity trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP (Statement of Recommended Practice, 2019).
- make judgements and accounting estimates that are reasonable and prudent.
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Reserves Policy and Designated Funds

Our Reserves Policy, approved in October 2024, stated that reserves would be calculated as being at an appropriate level with each of the following designated areas covered:

1. to provide a level of working capital that protects the continuity of core operations for six months, should the Trustees conclude that the charity be wound up. The methodology used to calculate these core operational costs shall be presented along with the budget each year.
2. to provide a level of funding for unexpected opportunities.
3. to provide cover for risks such as unforeseen expenditure or unanticipated loss of income.
4. to provide core Nightline facing IT services for 9 months following a board resolution to wind up the Association.

Following the decision to close the Association in January 2025, we utilised the reserves to assist with the closure, and to help protect the legacy of the Association.

Examination of accounts

The Trustees are satisfied that no audit is required under:

- section 144 of the Charities Act 2011.
- section 475 of the Companies Act 2006.
- regulation 10(1) of the Charities Accounts (Scotland) Regulations 2006.

The Trustees believe that an independent examination is required under section 145 of the Charities Act 2011 and regulation 11 of the Charities Accounts (Scotland) Regulations 2006.

The Trustees have reappointed Godfrey Wilson Limited (registered company number 04537489) to carry out this examination. The Trustees believe that Godfrey Wilson Limited has the requisite ability and practical experience to carry out a competent examination of the accounts.

Approval

The financial statements were approved by the Board of Trustees on 26 July 2025 and signed on behalf of the Trustees by:

A handwritten signature in black ink, appearing to read 'Mr J. Smith', written in a cursive style.

Martin Smith
Treasurer

Independent examiner's report

To the trustees of Nightline Association

Nightline Association

I report to the trustees on my examination of the accounts of Nightline Association (the charitable company) for the period ended 30 June 2025, which are set out on pages 25 to 36.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'), the Charities Act 2011 ('the 2011 Act'), and the Trustee Investment (Scotland) Act 2005 ('the 2005 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the 2011 Act and section 44(1)(c) of the 2005 Act. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act, and the requirements of regulation 11 of the Charities Accounts (Scotland) Regulations 2006 ('the 2006 Regulations').

Independent examiner's statement

Godfrey Wilson Limited also provides payroll services to the charitable company. I confirm that as a member of the ICAEW I am subject to the FRC's Revised Ethical Standard 2016, which I have applied with respect to this engagement.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act, section 130 of the 2011 Act, section 44(1)(c) of the 2005 Act, or regulation 4 of the 2006 Regulations; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act, or with the applicable requirement concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- (4) the accounts do not comply with the regulation 8 of the 2006 Regulations; or
- (5) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Independent examiner's report

To the trustees of Nightline Association

Nightline Association

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Dougal Howard

Date: 26 July 2025

Dougal Howard ACA

Member of the ICAEW

For and on behalf of:

Godfrey Wilson Limited

Chartered accountants and statutory auditors

5th Floor Mariner House

62 Prince Street

Bristol

BS1 4QD

Nightline Association

Statement of financial activities

For the period ended 30 June 2025

				18 months to 30 June 2025 Total £	12 months to 31 December 2023 Total £
	Note	Restricted £	Unrestricted £		
Income from:					
Donations and legacies	3	5,467	36,568	42,035	81,387
Charitable activities	4	-	6,193	6,193	5,576
Investments		-	2,342	2,342	384
Total income		<u>5,467</u>	<u>45,103</u>	<u>50,570</u>	<u>87,347</u>
Expenditure on:					
Raising funds		-	24,734	24,734	7,427
Charitable activities		<u>63,732</u>	<u>127,761</u>	<u>191,493</u>	<u>79,315</u>
Total expenditure	5	<u>63,732</u>	<u>152,495</u>	<u>216,227</u>	<u>86,742</u>
Net income / (expenditure) and net movement in funds	6	(58,265)	(107,392)	(165,657)	605
Reconciliation of funds:					
Total funds brought forward		<u>58,265</u>	<u>107,392</u>	<u>165,657</u>	<u>165,052</u>
Total funds carried forward		<u>-</u>	<u>-</u>	<u>-</u>	<u>165,657</u>

All of the above results are derived from activities undertaken prior to the cessation of the charity's operations. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 13 to the accounts.

Nightline Association

Balance sheet

As at 30 June 2025

			30 June 2025	31 December 2023
	Note	£	£	£
Current assets				
Debtors	9	-		4,687
Cash at bank and in hand		<u>14,250</u>		<u>163,036</u>
		14,250		167,723
Liabilities				
Creditors: amounts falling due within 1 year	10	<u>(14,250)</u>		<u>(2,066)</u>
Net current assets			-	165,657
Net assets	12		<u>-</u>	<u>165,657</u>
Funds	13			
Restricted funds			-	58,265
Unrestricted funds				
Designated funds			-	35,000
General funds			<u>-</u>	<u>72,392</u>
Total charity funds			<u>-</u>	<u>165,657</u>

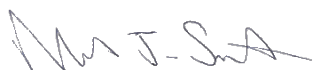
The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

- ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and
- preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial period and of its profit or loss for the financial period in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 26 July 2025 and signed on their behalf by



Martin Smith - Treasurer

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

1. Accounting policies

a) Basis of preparation

Nightline Association Charity is an Charitable Company registered in England and Wales. The registered office address is Lytchett House, 13 Freeland Park, Wareham Road, Poole Dorset, BH16 6FA.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Nightline Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Break up basis of accounting

The trustees took the decision to close the charity during the period ended 30 June 2025, as detailed in the trustees' report. These accounts have been prepared on a break up basis and the trustees intend that the charitable company will be dissolved within the next 12 months.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

1. Accounting policies (continued)

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities based on the proportion of staff time as follows:

	18 months to 30 June 2025	12 months to 31 December 2023
Raising funds	20.0%	15.0%
Charitable activities	80.0%	85.0%

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Conduit funding

Conduit funds are monies received for third parties and do not belong to the charity. The incoming funds and outgoing payments are excluded from the Statement of Financial Activities. Any conduit funds in hand at the year end are shown as creditors in the accounts.

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

1. Accounting policies (continued)

m) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

n) Pension costs

The company operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

o) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The charity does not have any accounting policies with key sources of estimation uncertainty that have a significant effect on the amounts.

2. Prior period comparatives: statement of financial activities

	12 months to 31 December 2023		
	Restricted £	Unrestricted £	Total £
Income from:			
Donations and legacies	49,468	31,919	81,387
Charitable activities	-	5,576	5,576
Investments	-	384	384
Total income	49,468	37,879	87,347
Expenditure on:			
Raising funds	-	7,427	7,427
Charitable activities	29,638	49,677	79,315
Total expenditure	29,638	57,104	86,742
Net income / (expenditure) and net movement in funds	19,830	(19,225)	605

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

3. Income from donations and legacies

			18 months to 30 June 2025 Total £
	Restricted £	Unrestricted £	
Grants	1,000	19,500	20,500
Donations	4,467	10,428	14,895
Gifts in kind	-	6,640	6,640
Total income from donations and legacies	5,467	36,568	42,035

			12 months to 31 December 2023 Total £
	Restricted £	Unrestricted £	
Prior period comparative:			
Grants	49,468	6,000	55,468
Donations	-	11,798	11,798
Gifts in kind	-	14,121	14,121
Total income from donations and legacies	49,468	31,919	81,387

4. Income from charitable activities

	18 months to 30 June 2025 Total £	12 months to 31 December 2023 Total £
Subscriptions	3,449	4,577
Other income	2,744	999
Total income from charitable activities	6,193	5,576

Income from charitable activities was unrestricted in the current and prior period.

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

5. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	18 months to 30 June 2025 £
Staff costs (note 7)	-	107,285	5,836	113,121
Other staff and volunteer costs	-	17,788	-	17,788
IT and telephone	-	9,536	-	9,536
Events	-	21,452	-	21,452
Fundraising costs	19,864	-	-	19,864
Legal and professional	-	15,244	3,600	18,844
Office and running costs	-	708	-	708
Trustee expenses	-	-	1,091	1,091
Distribution to other Nightline charities	-	-	13,823	13,823
Sub-total	19,864	172,013	24,350	216,227
Allocation of support and governance costs	4,870	19,480	(24,350)	-
Total expenditure	24,734	191,493	-	216,227

Total governance costs were £2,477 (2024: £2,334).

Prior period comparative

	Raising funds £	Charitable activities £	Support and governance costs £	12 months to 31 December 2023 £
Staff costs (note 7)	5,040	26,135	12,446	43,621
Other staff and volunteer costs	-	7,385	-	7,385
IT and telephone	-	5,524	-	5,524
Events	-	14,092	-	14,092
Fundraising costs	378	-	-	378
Legal and professional	-	13,365	-	13,365
Office and running costs	-	1,429	-	1,429
Trustee expenses	-	-	948	948
Sub-total	5,418	67,930	13,394	86,742
Allocation of support and governance costs	2,009	11,385	(13,394)	-
Total expenditure	7,427	79,315	-	86,742

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

6. Net movement in funds

This is stated after charging:

	18 months to 30 June 2025 £	12 months to 31 December 2023 £
Trustees' remuneration	Nil	Nil
Trustees' reimbursed expenses	1,149	948
Independent examiner's remuneration:		
▪ Independent examination (excluding VAT)	1,950	1,600
▪ Other services (excluding VAT)	<u>350</u>	<u>-</u>

Trustees' reimbursed expenses represent payments to seven trustees for travel and subsistence costs and other incidental costs relating directly to the charity. The reimbursed trustee expenses in the prior year represent payments to nine trustees for travel and subsistence costs.

In common with other charities of our size and nature we use our examiners to assist with the preparation of the financial statements and to prepare and submit returns to the tax authorities.

7. Staff costs and numbers

Staff costs were as follows:

	18 months to 30 June 2025 £	12 months to 31 December 2023 £
Salaries and wages	109,265	42,334
National insurance	525	-
Pension costs	<u>3,331</u>	<u>1,287</u>
	<u>113,121</u>	<u>43,621</u>

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

7. Staff costs and numbers (continued)

	18 months to 30 June 2025 No.	12 months to 31 December 2023 No.
Employees earning more than £60,000 during the 18 month period:		
Between £70,000 and £80,000	<u>1</u>	<u>-</u>

The key management personnel of the charitable company comprise the Trustees and the Chief Executive Officer. The total employee benefits of the key management personnel were £82,452 in the 18 month period to 30 June 2025 (£37,647 in the 12 month period to 31 December 2023).

	18 months to 30 June 2025 No.	12 months to 31 December 2023 No.
Average head count	<u>2.5</u>	<u>1</u>

8. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

9. Debtors

	30 June 2025 £	31 December 2023 £
Trade debtors	-	262
Prepayments	<u>-</u>	<u>4,425</u>
	<u>-</u>	<u>4,687</u>

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

10. Creditors : amounts falling due within 1 year

	30 June 2025 £	31 December 2023 £
Trade creditors	-	112
Accruals	14,250	1,954
Other creditors (note 11)	-	-
	<u>14,250</u>	<u>2,066</u>

11. Conduit funding

	30 June 2025 £	31 December 2023 £
Balance at start of period	-	557
Funding received during period	13,639	2,271
Funding distributed during period	<u>(13,639)</u>	<u>(2,828)</u>
Balance at end of period	<u>-</u>	<u>-</u>

Conduit funds are monies received for third parties and do not belong to the charity. The charity passes them through the accounts to Nightlines to help their charitable purposes, but does not have control over their use. The receipts and payments referred to above have been excluded from the Statement of Financial Activities. The balance held at the end of the year is included in Other creditors (note 10).

12. Analysis of net assets between funds

	Restricted funds £	Designated funds £	General funds £	Total funds £
Current assets	-	-	14,250	14,250
Current liabilities	-	-	(14,250)	(14,250)
Net assets at 30 June 2025	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Prior period comparative				
	Restricted funds £	Designated funds £	General funds £	Total funds £
Current assets	58,265	35,000	74,458	167,723
Current liabilities	-	-	(2,066)	(2,066)
Net assets at 31 December 2023	<u>58,265</u>	<u>35,000</u>	<u>72,392</u>	<u>165,657</u>

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

13. Movements in funds

	At 1 January 2024 £	Income £	Expenditure £	Transfers between funds £	At 30 June 2025 £
Restricted funds					
Nominet	48,265	-	(48,265)	-	-
National Lottery	10,000	-	(10,000)	-	-
Paul Bassham	-	1,000	(1,000)	-	-
Birmingham Nightline	-	3,467	(3,467)	-	-
Co-operative Regional Conferences	-	1,000	(1,000)	-	-
Total restricted funds	58,265	5,467	(63,732)	-	-
Unrestricted funds					
<i>Designated funds</i>					
Remediating IT risks	30,000	-	-	(30,000)	-
Grant bridging	5,000	-	-	(5,000)	-
<i>Total designated funds</i>	35,000	-	-	(35,000)	-
General funds	72,392	45,103	(152,495)	35,000	-
Total unrestricted funds	107,392	45,103	(152,495)	-	-
Total funds	165,657	50,570	(216,227)	-	-

Purposes of restricted funds

Nominet	To fund digital projects.
National Lottery	To increase training for Nightlines.
Paul Bassham	Funding to support Norwich Nightline, through covering their conference costs and additional volunteer support.
Birmingham Nightline	Supporting Birmingham based students with access to Nightline.
Co-operative Regional Conferences	Supporting training and development for Nightline volunteers locally.

Purposes of designated funds

Remediating IT risks	Funding should significant risks crystallise.
Grant bridging	Allowance for a project should funding be delayed or paid in arrears.

Nightline Association

Notes to the financial statements

For the period ended 30 June 2025

13. Movements in funds (continued)

Transfers

All designated funds transferred to general funds to aid the cessation of the charity.

Prior period comparative	At 1 January 2023 £	Income £	Expenditure £	Transfers between funds £	At 31 December 2023 £
Restricted funds					
Charlie Waller Trust	408	-	(408)	-	-
Nominet	13,027	39,468	(4,230)	-	48,265
Innox	25,000	-	(25,000)	-	-
National Lottery	-	10,000	-	-	10,000
Total restricted funds	38,435	49,468	(29,638)	-	58,265
Unrestricted funds					
<i>Designated funds</i>					
Remediating IT risks	-	-	-	30,000	30,000
Grant bridging	-	-	-	5,000	5,000
<i>Total designated funds</i>	<i>-</i>	<i>-</i>	<i>-</i>	<i>35,000</i>	<i>35,000</i>
General funds	126,617	37,879	(57,104)	(35,000)	72,392
Total unrestricted funds	126,617	37,879	(57,104)	-	107,392
Total funds	165,052	87,347	(86,742)	-	165,657

14. Subsidiaries

The Association has one direct subsidiary charity, the Nightline Trust (a charitable incorporated organisation, registered charity no 1112793-1) which is a linked charity of the Association under section 12(1) of the Charities Act 2011. No transactions were undertaken by this subsidiary in 2025. The Nightline Trust itself has a subsidiary charity, Birmingham Nightline (a charitable company limited by guarantee, registered company no 13605561, not required to register with the Charity Commission due to section 30(2)(d) of the Charities Act 2011). Birmingham Nightline prepares separate accounts.

As described in the trustees' annual report, both these entities have ceased trading alongside the planned wind up of the Association.

NIGHTLINE ASSOCIATION

England & Wales - Charity number 1112793

Accounts



Nightline Association

(a Charitable Company Limited by Guarantee)

Annual Report and Financial Statements for the year ended 31 December 2023

Registered company number 05436297

Registered charity number 1112793 (England & Wales)

Registered charity number SC050834 (Scotland)

Contents

Reference and Administrative Details	2
Trustees' Annual Report	4
Introduction	4
Who are we?	5
Vision	5
Values	5
Strategic Ambitions	5
Summary of Achievements	7
Ambition 1: Service Provision Excellence	8
Ambition 2: Organisational Resilience	9
Ambition 3: Increase Capacity	10
Ambition 4: Foster Belonging	11
Ambition 5: Extend Reach	13
Ambition 6: Deepen Relationships	13
Future Plans - 2024 and beyond	15
Financial Overview	16
Reserves Policy and Designated Funds	17
Structure, Governance and Management	19
Exemptions from Disclosure	22
Funds held as custodian trustee on behalf of others	22
Nightline Trust Activities	22
Independent Examiner's Report	24
Statement of Financial Activities	26
Balance Sheet	27
Notes to Financial Statements	28

Reference and Administrative Details

Charity Registration Numbers: 1112793 (England & Wales) / SC050834 (Scotland)

Company Registration Number: 05436297

Registered Office:
Lytchett House
13 Freeland Park
Wareham Road
Poole
Dorset
BH16 6FA

Trustees:
Professor Michael Sanders (Chair) (Appointed 8 February 2023)
Matthew Axbey (Vice Chair)
Martin Smith (Treasurer)
Chris Barnes (Appointed 4 April 2023)
Helen Bedser (Appointed 27 September 2023)
Aisling Curtis (Resigned 14 April 2023)
Veronika Dvořáková
Dr Rebekah Eglinton (Appointed 14 April 2023, Resigned 3 November 2023)
Josh Fogg (Appointed 27 April 2023)
Megan Haskins
Cassandra Kamara
Jacob Kelly (Resigned 27 April 2023)
Harry McLaren
Peter Sequeira (Appointed 27 September 2023)
Matthew Youngs (Resigned 31 August 2023)

Principal Staff: Katie Endacott, CEO (Appointed 20 March 2023)

Independent Examiner: Godfrey Wilson Ltd
5th Floor, Mariner House
62 Prince Street
Bristol
BS1 4QD

**Honorary Counsel:
(Pro bono legal advice)** Reed Smith LLP
The Broadgate Tower
20 Primrose Street
London
EC2A 2RS

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Shawbrook Bank Limited
Lutea House
Warley Hill Business Park
The Drive
Great Warley
Brentwood
CM13 3BE

Trustees' Annual Report

Introduction

2023 has been an important year for the Nightline Association. The work of Nightlines, and of the Association, has become both more difficult and more important than ever. A national and secular decline in volunteering represents a challenge for all charities, and especially the Nightline movement which depends so much on the generosity of our brilliant volunteers.

Against this backdrop, we also see a continuing increasing need for the services that we provide. The rise in the number of students experiencing mental health challenges, which began before the pandemic, continues to rise unabated, with 16% of students identifying a mental health challenge - more than tripling since 2017 - and student wellbeing continuing to decline in the face of an ever more uncertain world and the cost of living crisis.¹

Despite these challenges, the Association, and the wider movement, have risen to the occasion. This year we were delighted to appoint Katie Endacott as our first Chief Executive. Katie, along with other staff recruited this year, has helped to deliver the early stages of the strategy agreed in 2022; and focus on ensuring that the services we provide to Nightlines are the best they can be.

Across the wider movement, there remains extraordinary commitment from volunteers to keeping Nightlines open as much as possible, and providing the best quality support to students who are experiencing distress. The support that these volunteers provide can really make a difference when other services and support are not available.

This year has also seen us try to reach out further to students, with a project focused on learning what works best to find the students who most need our services online, and help direct them to get support. We are also halfway through a project that aims to improve the wellbeing of our volunteers, and to safeguard their own mental health.

As always, we would like to thank everyone involved in the Nightline movement for their effort and contributions this year and look forward to working alongside you throughout 2024.

Approval

The annual report was approved by the Board of Trustees on 2 May 2024 and signed on behalf of the Trustees by:



Prof Michael Sanders
Chair of Trustees

¹ Sanders, M. (2023). Student mental health in 2023. [online] Available at: <https://www.kcl.ac.uk/policy-institute/assets/student-mental-health-in-2023.pdf>.

Who are we?

The Nightline Association provides emotional and mental health support to students each night of term through its Nightlines across the country providing a safe, anonymous listening service for students. We provide a service when other University services are unavailable. The most common issues callers raise with us are stress, mental health and anxiety.

The Nightline Association is the national charity that develops, trains and supports every Nightline in the UK. We provide local Nightlines with the specialist tools to offer a uniquely confidential service; and we enable the highest quality of active listening, safeguarding and suicide prevention training for Nightline volunteers.

Vision

Nightlines are run by students and for students. The Nightline principles of being confidential, anonymous, non-judgmental, non-directive and non-advisory are followed by all Nightlines. The Nightline Services fill a crucial role in student support by providing peer-to-peer support. They also provide support at night when other support services are often closed.

Our vision is for every student to have access to the support offered by Nightline services so that:

- Every student can talk about their feelings in a safe, non-judgmental environment.
- Fewer students have their education compromised by emotional difficulties.
- Fewer students die by suicide.

Values

The guiding values on which we stand are:

- **Empathy:** Listen, learn, and consider the needs of others.
- **Transparency:** Share openly, whenever possible.
- **Kindness:** Treat others with kindness and respect no matter what.
- **Dependability:** Deliver what we say we're going to; when we can't, communicate it.
- **Inclusiveness:** Intentionally remove all systematic sources of bias and welcome all.
- **Assume Good Intent:** Assume the other person is doing their best for the Nightline Association and Nightlines.

Strategic Ambitions

As part of our new strategy, launched in 2023, we have identified six ambitions;

1. **Service Provision Excellence:** Provide functional, safe, and reliable services

to Nightlines that meet, and where possible, exceed, members' needs, and comply with national regulations and industry guidelines.

2. **Organisational Resilience:** Improve the charity's resilience by obtaining significant and ongoing funding sources to provide permanent resourcing (staff and/or freelancers) in critical areas for leadership and organisational operations. We should have a solid foundation of volunteers supporting our strategic, operational and project-based ambitions.
3. **Increase Capacity:** Increase our overall capacity to become an effective, efficient, and valued organisation.
4. **Foster Belonging:** Foster a diverse and inclusive culture of amazing people who feel like they belong in order to guarantee the success of our organisation, our people, and our shared ambitions.
5. **Extend Reach:** Extend our reach by advocating for the Nightline movement in public, private and third sectors to maximise overall awareness, support, and usage of Nightlines.
6. **Deepen Relationships:** Build meaningful relationships with our direct and indirect stakeholders, including Nightlines, Students' Unions, Universities and other partner organisations.



Nightlines across the UK in 2023.

Summary of Achievements

In 2023, the Nightline Association supported 32 Nightlines across the UK. We provided subject specific training for Nightlines, and held four conferences where over 150 delegates from Nightlines were able to meet, share ideas and receive updates on training. Our ongoing delivery of IT services enabled Nightlines to provide listening services to students across the UK, with updates rolled out regularly. We took over 16,000 calls and messages from students in need of support,

and supported them for over 5,684 hours. In managing the Association, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Activities in Scotland

In 2023, there were 6 Nightlines operating in Scotland.

The Association supports Nightlines in Scotland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Scotland.

The Association is registered as a charity in Scotland with the Office of the Scottish Charity Regulator (OSCR).

Activities in Northern Ireland

In 2023, there was 1 Nightline operating in Northern Ireland.

The Association supports Nightlines in Northern Ireland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Northern Ireland.

The Association is not required to register as a charity in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet entered into force.

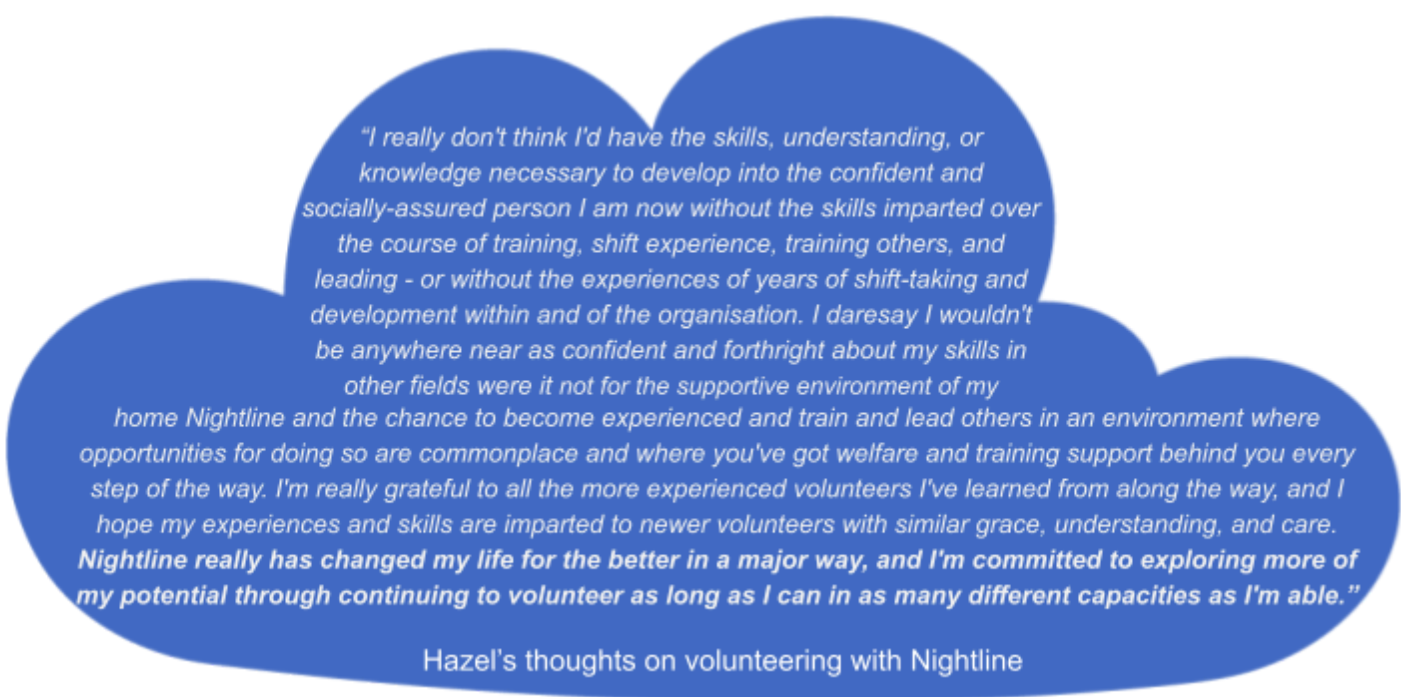
Ambition 1: Service Provision Excellence

In 2023, we worked on developing our services for Nightlines, recognising the challenges of a declining volunteer force in the sector, and particularly among students who, now more than ever, need to undertake paid work alongside their studies. We developed our service catalogue, which both acknowledged the wide array of services we provide to Nightlines, and identified the maturity and criticality of each of them.

We found it a challenge to set up new Nightlines, with vacancies in our own volunteer set up team, and therefore focused efforts on supporting those already up and running in 2023.

We provided regular, monthly training to Nightlines on topics such as Mental Health in Black and other Ethnic Communities and Inclusive Recruitment. We grew our policy team to ensure our bank of template policies provided to Nightlines was up to date, and in line with our Accreditation team. It was noted that some call subjects had developed since our last updates, including repeat abusive callers which have increased in number considerably, and we therefore needed to provide a newer policy to support this.

As the foundation of our service is based on our IT provision to Nightlines, there was considerable investment in this area in 2023. We continued our investment in Portal, our platform for all Nightline-facing digital services, including statistics and insights, instant messaging, and call logging, with bug fixes and enabling the team to pull call statistic data from the portal for any time period, and it is becoming our key channel of communication for engaging with our Nightline volunteers. The ongoing development of Portal has been made possible by funding from Nominet. We are extremely grateful for Nominet's sustained and generous support for our work.



*"I really don't think I'd have the skills, understanding, or knowledge necessary to develop into the confident and socially-assured person I am now without the skills imparted over the course of training, shift experience, training others, and leading - or without the experiences of years of shift-taking and development within and of the organisation. I daresay I wouldn't be anywhere near as confident and forthright about my skills in other fields were it not for the supportive environment of my home Nightline and the chance to become experienced and train and lead others in an environment where opportunities for doing so are commonplace and where you've got welfare and training support behind you every step of the way. I'm really grateful to all the more experienced volunteers I've learned from along the way, and I hope my experiences and skills are imparted to newer volunteers with similar grace, understanding, and care. **Nightline really has changed my life for the better in a major way, and I'm committed to exploring more of my potential through continuing to volunteer as long as I can in as many different capacities as I'm able.**"*

Hazel's thoughts on volunteering with Nightline

Ambition 2: Organisational Resilience

This year we have been increasing our work on the impact we make, including collecting more data from our Nightlines. We received funding to increase the reach of our services, and in turn understand better what works when advertising the services to students.

Fundraising was challenging throughout the year, with limited resources. However, we also recognised we had significant reserves with a plan for investment, but waited for the staff team to be in place before implementing our plans to use the funds. As the new staff team settled in, we focused efforts on developing a funding pipeline, building relationships with previous funders, and creating clear project bids for various aspects of our work,

including conferences, training and salaries.

As part of investing in our staff, we also reviewed the wellbeing of our Nightline Association volunteers, undertaking a survey in September, which will now take place annually, to understand the motivations and challenges for our volunteers, alongside measuring their sense of ‘belonging’ with Nightline. We also invested in an online learning platform, both for our mandatory training, as well as offering continued professional development for both volunteers and staff, with over 400 training modules.



Ambition 3: Increase Capacity

As referenced above, we invested considerably in 2023 with our new CEO, Katie Endacott, starting in March, a new Operations Officer, Hannah Bayliss, starting in October, and a Marketing Assistant and Research Assistant who joined in September to lead our research into the reach of our services.

The employment of both our CEO and new Operations Officer has shown to be a positive move, with the staff and large volunteer team working well together. We have already increased our capacity to support Nightlines, and increased our networks in the Student Mental Health space.

With a new team comes an opportunity for a fresh culture and changes to what was ‘the norm’, and this year was exactly this. With better internal communication, including monthly updates and online socials, more regular meetings with Nightlines and a clearly identified project on recruitment and retention of volunteers, the culture has developed and trust across the organisation and our members has improved.

The Association could not operate without our team of nearly 70 volunteers who provide IT support, organise events, develop policies, give financial and administrative expertise, provide advice and support to Nightlines and so much more. We will always be incredibly appreciative of all the hours these volunteers give to the Association, Nightlines, and ultimately students who use our services.



Some of the Nightline team at our National Conference 2023.

Ambition 4: Foster Belonging

As mentioned above, the idea of belonging is important to us. We want students to feel like they belong when they call us, we want our volunteers and staff to feel like they belong when they work with us, and we want supporters to feel like they belong to part of this incredible community. In this vein, we developed a new recruitment and retention plan in 2023, in a bid to provide greater structure and consistency when bringing a new volunteer on board and supporting them whilst they give their time to the cause.

As we have done for many years, this year we held our National Conference, which brought together over 60 Nightline committee members, and three Regional Conferences, held in Edinburgh, Nottingham, and London, where 15 different Nightlines attended. These four events across the year provided Nightlines with the opportunity to meet one another, share challenges, learn how they had addressed difficulties and shared stories of what worked. We also provided training on areas such as safeguarding, working with stakeholders and fundraising for Nightlines.

This year we have been part of a research project with King's College London, working on identifying what motivates Nightline volunteers on the phones,

and how we can support them to prevent burnout. This has also brought together our community of volunteers, increasing their sense of belonging to a wider, national movement.

Looking further afield, we formally joined Nightline Europe as a founding partner this year, growing our reach to work with Nightlines in France, Germany, Switzerland, and Austria. This new network will be an opportunity to share best practice across the continent and increase awareness of the place Nightline has in the European Student Mental Health space. We are looking forward to the next steps with the network, including multi-national research and funding bids.

"I joined Nightline as a fresher.

I wanted to do something meaningful and help others, but little did I know how much it would help me! Our Nightline community is lovely and I've met some of the loveliest people there. The internal and external training they provide has benefitted me not only within my volunteer role but in my personal life as well.

One of the most rewarding things in Nightline is seeing a change in how callers are feeling. A lot of callers ring while they were extremely down and distressed, and after listening to them with open-ended prompts, they'd start to talk about something else and we'd just end up casually chatting about random things. Hearing a 'thank you' or 'this call has been so helpful' from the caller always reassures me of how important our service is. To quote a graphic in our Nightline group chat - listening to a person may not change the world, but it can change the world for one person."

An Exeter Nightline
Volunteer's experience

Ambition 5: Extend Reach

In 2023 we made a conscious effort to be involved with committees such as the Mental Wellbeing in Higher Education Executive Committee, and present at more student mental health conferences, such as Universities UK's Student Experience in Higher Education: Mental Health and Wellbeing.

In developing our connections and network, it was a delight to meet our Founders and hear their stories, sharing how Nightline has remained the same in so many ways, still meeting the core need of being there for students when other services are not. The Founders were a combination of students, Samaritans volunteers and independent volunteers, who started the Nightline movement in 1970 at the University of Essex.

Many of the Students' Unions who are responsible for their local Nightlines have come together this year to be part of a Steering Group, where they can also talk to one another and share challenges. We recognise being a staff member at a Students' Union or University responsible for a Nightline can be a little lonely at times, with no other student offering quite like it, and therefore wanted to provide this space. This has also proved to be a useful space for sense checking new policies, changes and understanding what works well with the Students' Unions.

Nightlines across the country engaged with our Nightline Awareness Week, with Nightlines creating a variety of online content, blogs shared from Trustees and volunteers, and this in turn has increased general engagement with Nightlines across social media.

Ambition 6: Deepen Relationships

As referenced previously, we developed our Students' Union Steering Group in 2023, which provided a space for Students' Unions to come together, to share approaches and policies, talk through insurance and how to make the best case internally for changes to improve the Nightline, and much more. This group has also improved relationships between the Association and our stakeholders; we have been able to support Nightlines with a united front.

Further to research into preventing burnout of volunteers, we have also agreed to feed our anonymised data into wider discussions, such as the Government's Higher Education Mental Health Implementation Taskforce to support student mental health on a national level. We have developed relationships with a number of organisations in 2023, so that moving forward we can be part of wider student mental health research, feeding our national data in with other student mental health data.

In our restructure, we have had an opportunity to hold a number of social evenings online, giving team members across the country the chance to meet one another, increasing our volunteer retention for those who engaged with the activity.

A few stories from those who attended our conference, deepening their relationship with Nightline Association:



"I feel more supported knowing there are other people in my position facing similar challenges. The weekend was fun and informative, a rare feat!"



"So lovely to meet other volunteers to learn, share and connect - a great opportunity to recognise the great read on and to adapt other great practices. And just so energising to be around others who share the same priorities for their communities."



“It was very valuable to meet different Nightlines and NLA staff. The whole conference was insightful especially in terms of training, service administration, and volunteer welfare.”

Future Plans - 2024 and beyond

While Nightlines continue to support students in their hour of need, we look to grow our reach, solidify our offering and provide for more students in the coming years. We will continue to deliver our strategy in 2024 and beyond, whilst ensuring that we are reviewing it and flexing it as appropriate.

We are holding our first in-person away day in two years in 2024, and will refresh our conference and training offering to Nightlines, moving to more regular training in person and taking a broader approach to the conferences we hold.

The third sector as a whole is facing the challenges of volunteer numbers dropping, as referenced in NCVO's Time Well Spent 2023 programme, and it has been no different for us; the Association is planning to restructure its teams providing volunteers with manageable tasks which will aid retention.

Having been volunteer-led for many years, we are also looking at investing in supporting both our volunteers, and volunteers at Nightline services with 24-hour counselling, recognising that they deal with a wide variety of challenges on the phone, and behind the scenes at the Association, and we need to support them in this.

While our volunteers cover so many areas, fundraising is an area of great need; we are looking ahead to investing in our fundraising, both regarding our database and keeping a better track of communication and relationships, and in terms of funding

applications identified and submitted on a regular basis. For us to thrive, we need to increase our income, alongside investing in the team.

We are looking at how to offer a consistent, reliable service to students, and how we can share services across the country to reduce volunteer burnout and last minute closures. As our vision continues to be for every student to have access to the support offered by Nightline services, we look to sustain and grow this valuable service for many years to come.

We continue to support the access of Nightline services so that:

- **Every student can talk about their feelings in a safe, non-judgmental environment.**
- **Fewer students have their education compromised by emotional difficulties.**
- **Fewer students die by suicide.**

Financial Overview

Financial Review

The Association remains on a stable financial footing, with income of £87,347 slightly above expenditure of £86,742.

We raised funds from a range of sources, with the majority of funds raised being restricted. We exited 2023 with total funds of £165,657, of which £35,000 is designated and £58,265 is restricted, with £72,392 unrestricted general funding. We have sufficient funds to deliver our plans for 2024. Our target general, unrestricted reserves level is six months' operational reserves and nine months of solely volunteer-led operational costs. This is equivalent to £36,000.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;

- make judgements and accounting estimates that are reasonable and prudent;
- State whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Reserves Policy and Designated Funds

The Association holds sufficient reserves such that all committed expenditure can be met, along with an allowance for unanticipated expenditure to remediate priority risk areas.

Our accounts show total reserves of £165,657 at 31 December 2023, broken down as £58,265 restricted reserves, the following designated funds totalling £35,000, and the remaining £72,392 as unrestricted, general reserves.

1. Grant bridging - Allowance for a project should funding be delayed or paid in arrears (£5000); and
2. Remediating IT risks - Funding should significant risks crystallise (£30,000).

Each element is reviewed annually as part of the production of the following year's budget.

Our target general, unrestricted reserves level is six months' operational reserves and nine months of solely volunteer-led operational costs. This is equivalent to £36,000.

Our current level of reserves exceeds this figure. Therefore, in 2023, and in the 2024 budget, we are intentionally spending down our unrestricted, general reserves and working to a deficit budget to invest in our strategy and team development, in turn increasing our impact and reach.

Examination of accounts

The Trustees are satisfied that no audit is required under:

- section 144 of the Charities Act 2011;
- section 475 of the Companies Act 2006; or
- regulation 10(1) of the Charities Accounts (Scotland) Regulations 2006.

The Trustees believe that an independent examination is required under section 145 of the Charities Act 2011 and regulation 11 of the Charities Accounts (Scotland) Regulations 2006.

The Trustees have reappointed Godfrey Wilson Ltd (registered company number 04537489) to carry out this examination. The Trustees believe that Godfrey Wilson Ltd has the requisite ability and practical experience to carry out a competent examination of the accounts.

Approval

The financial statements were approved by the Board of Trustees on 2 May 2024 and signed on behalf of the Trustees by:



Martin Smith
Treasurer

Structure, Governance and Management

Legal Structure

The Nightline Association is a Charitable Company Limited by Guarantee registered in England. The Trustees are the directors for the purposes of the Companies Act 2006.

We are registered as a charity in England & Wales and in Scotland. The Association is not required to register in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet been brought into operation.

Governing Document

The Association's constitution consists of its Articles of Association which are available from Companies House and the Charity Commission.

These are supplemented by the Bye Laws and Ordinances, which are available upon request.

Planned conversion to CIO

The Association had planned to formally apply to convert to a charitable incorporated organisation (CIO) in 2023, however this was paused to focus on more strategically-important workstreams. The Association is hopeful to be able to apply for conversion in 2024.

Membership & Affiliation

Our legal members are the Coordinators of the Affiliated Nightlines. In addition, all Nightline and Association Volunteers are (non-voting) associate members.

Affiliated Nightlines are accredited by the Association as meeting the requirements of the Good Practice Guidelines (GPGs), a set of guidelines approved by the members and based on legal and best practice requirements in the helplines sector.

There is an annual affiliation fee for Nightlines which is set by the membership. This is currently 4% of a Nightline's annual income, which was capped at £983.71 in 2023 (rising in line with inflation).

Representation

In addition to the AGM, the members are represented by Regional Coordinators which are elected by the members in each of the 9 regions for a term of 1 year.

The Regional Coordinators represent Nightlines in their region, as well as helping signpost them to the support and guidance available from the Association.

The Regional Coordinators form the Council which advises the Association on matters affecting Nightlines. The Council must approve Trustee appointments and certain governance changes. In May 2023, elections were held for the new one-year term of nine Regional Coordinators, with only three applicants; three further rounds were held, with three more roles filled in December 2023.

Trustee Meetings & Committees

The Trustees took an active role in the running of the Association until March 2023, providing direct support to the volunteer Heads of Department until the CEO started in their role.

The Board of Trustees holds four plenary meetings each year, with shorter additional meetings held when necessary. In addition to the Board, four board committees provide oversight on the Association's activities:

- Operations & People Committee
- Finance Committee
- Governance Committee
- Safeguarding Steering Committee

In addition, ad hoc Search & Nomination Committees are formed as needed to manage the recruitment of Trustees and Staff with senior management functions. The Suspension Committee meets when required to consider any allegations or concerns that Nightlines are not operating in line with the required Good Practice Guidelines. The Suspension Committee did not meet in 2023.

Trustee Appointment

Trustees are appointed following a rigorous appointment process. This is carried out by a Search & Nomination Committee including Trustees, volunteers, and representatives of affiliated Nightlines. The process involves the review of applications, interviews, references and an analysis of potential conflicts of interest. Appointments are subject to vetting and eligibility checks and must be approved by both the Board of Trustees and the Council.

General Trustees are appointed to a 3-year term. Student Trustees are appointed to a 2-year term and must be current students at the time of their appointment or reappointment. Trustees are limited to a maximum of 6 consecutive years in office.

Safeguarding

While the Association does not directly run any Nightline services, we recognise the importance of having robust procedures in place to protect children and adults at risk.

All of our volunteers (including Trustees) and staff undergo safer recruitment checks, including references, to help us make sure that they are appropriate people to work with us. Staff and volunteers (including Trustees) are also required to complete our online safeguarding training to equip them with the knowledge and skills necessary to fulfil their role. The Nightline Association's safeguarding was externally reviewed in the summer of 2023, with recommendations taken on board and developments in our training and accreditation process underway.

The Safeguarding Steering Committee performs a quarterly audit of safeguarding incidents and reports directly to the Board of Trustees.

The safeguarding arrangements for individual Nightlines are the responsibility of the parent bodies or Board of Trustees of each Nightline. The Association provides guidance and advice to support Nightlines and parent bodies in doing this.

Risk Management

During 2023, the Trustees reviewed risks regularly at Board Meetings and tracked progress on alleviating risks.

Charity Governance

In 2023, the Trustees reviewed and updated the policies of the Association, as part of a regular review process.

This formed part of a wider governance review of the Association, in line with the Charity Governance Code, which was completed in autumn 2023.

Volunteer Management

The Association's volunteers are organised into a number of teams within seven departments:

- Finance and Governance
- Fundraising, Events and Communications
- Impact and Research
- IT
- People
- Services
- Stakeholder Management

Each department is led by a volunteer Head of Department, line managed by the CEO.

Subsidiaries

The Association has a subsidiary charity, Nightline Trust, a charitable incorporated organisation (charity number 1112793-1).

The Nightline Trust provides high-level governance and oversight for independent

Nightlines, either where there is no parent body, or where the parent body is unable to do so, but where the Nightline service still remains viable and sustainable in the long-term.

In 2023, the Nightline Trust acted as the parent body for Birmingham Nightline, a charitable company limited by guarantee. Birmingham Nightline was managed by their own Board of Trustees, with regular reporting to the Association.

Details of the Nightline Trust's work is available later in this report.

International Nightline movement

International Affiliation status is available to Nightlines and groups of Nightlines outside of the UK and allows access to most of our services and resources. We were part of Nightline Europe in 2023, providing networking and shared learning opportunities across the continent.

Memberships & Affiliations

- Helplines Partnership
- National Council for Voluntary Organisations
- National Suicide Prevention Alliance
- Mental Wellbeing in Higher Education Expert Committee

Exemptions from Disclosure

No details of the Association, its Trustees, or its staff have been omitted from this report.

Funds held as custodian trustee on behalf of others

The Association acts as a conduit for funds donated to local Nightlines through JustGiving. Donations are processed and paid to the Association, which then passes the money to the relevant Nightline or its parent body. These conduit funds are noted in the accounts. There were no funds held, to be passed to Nightlines, at the end of 2023.

Nightline Trust Activities

The Nightline Trust is a wholly owned subsidiary charity of the Nightline Association (registered charity number 1112793-1). It exists to take on ownership and/or oversight of Nightline services where there is no appropriate parent body such as a Students' Union, but where the Nightline service remains sustainable and viable in the long term.

Our Nightline

The Nightline Trust oversaw the operation of one Nightline, Birmingham Nightline, in

2023. The responsibility for the management and governance of Birmingham Nightline sits with the Nightline's Board of Trustees, who were appointed in November 2022. The Nightline Trust remains the sole legal member of Birmingham Nightline and continues to provide support to the trustees.

During the reporting period, Birmingham Nightline has operated a reduced service, providing listening support to students in Birmingham via instant messaging while the feasibility of re-establishing a Nightline operating a full service in the city was assessed by the Birmingham Nightline Board of Trustees.

Independent examiner's report

To the trustees of Nightline Association

Nightline Association

I report to the trustees on my examination of the accounts of Nightline Association (the charitable company) for the year ended 31 December 2023, which are set out on pages 26 to 37.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'), the Charities Act 2011 ('the 2011 Act'), and the Trustee Investment (Scotland) Act 2005 ('the 2005 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the 2011 Act and section 44(1)(c) of the 2005 Act. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act, and the requirements of regulation 11 of the Charities Accounts (Scotland) Regulations 2006 ('the 2006 Regulations').

Independent examiner's statement

Godfrey Wilson Limited also provides payroll services to the charitable company. I confirm that as a member of the ICAEW I am subject to the FRC's Revised Ethical Standard 2016, which I have applied with respect to this engagement.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

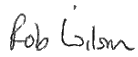
- (1) accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act, section 130 of the 2011 Act, section 44(1)(c) of the 2005 Act, or regulation 4 of the 2006 Regulations; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act, or with the applicable requirement concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- (4) the accounts do not comply with the regulation 8 of the 2006 Regulations; or
- (5) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Independent examiner's report

To the trustees of Nightline Association

Nightline Association

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Date: 2 May 2024

Rob Wilson FCA

Member of the ICAEW

For and on behalf of:

Godfrey Wilson Limited

Chartered accountants and statutory auditors

5th Floor Mariner House

62 Prince Street

Bristol

BS1 4QD

Nightline Association

Statement of financial activities

For the year ended 31 December 2023

	Note	Restricted £	Unrestricted £	2023 Total £	2022 Total £
Income from:					
Donations and legacies	3	49,468	31,919	81,387	55,253
Charitable activities	4	-	5,576	5,576	4,824
Investments		-	384	384	555
Total income		<u>49,468</u>	<u>37,879</u>	<u>87,347</u>	<u>60,632</u>
Expenditure on:					
Raising funds		-	7,427	7,427	216
Charitable activities		<u>29,638</u>	<u>49,677</u>	<u>79,315</u>	<u>61,392</u>
Total expenditure	5	<u>29,638</u>	<u>57,104</u>	<u>86,742</u>	<u>61,608</u>
Net income / (expenditure) and movement in funds	6	19,830	(19,225)	605	(976)
Reconciliation of funds:					
Total funds brought forward		<u>38,435</u>	<u>126,617</u>	<u>165,052</u>	<u>166,028</u>
Total funds carried forward		<u><u>58,265</u></u>	<u><u>107,392</u></u>	<u><u>165,657</u></u>	<u><u>165,052</u></u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 13 to the accounts.

Nightline Association

Balance sheet

As at 31 December 2023

	Note	£	2023 £	2022 £
Current assets				
Debtors	9	4,687		1,161
Cash at bank and in hand		<u>163,036</u>		<u>166,213</u>
		167,723		167,374
Liabilities				
Creditors: amounts falling due within 1 year	10	<u>(2,066)</u>		<u>(2,322)</u>
Net current assets			<u>165,657</u>	<u>165,052</u>
Net assets	12		<u>165,657</u>	<u>165,052</u>
Funds	13			
Restricted funds			58,265	38,435
Unrestricted funds				
Designated funds			35,000	-
General funds			<u>72,392</u>	<u>126,617</u>
Total charity funds			<u>165,657</u>	<u>165,052</u>

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 2 May 2024 and signed on their behalf by



Martin Smith - Treasurer

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Nightline Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

1. Accounting policies (continued)

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities based on the proportion of staff time as follows:

	2023	2022
Raising funds	15.0%	0.0%
Charitable activities	85.0%	100.0%

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Conduit funding

Conduit funds are monies received for third parties and do not belong to the charity. The incoming funds and outgoing payments are excluded from the Statement of Financial Activities. Any conduit funds in hand at the year end are shown as creditors in the accounts.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

1. Accounting policies (continued)

m) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

n) Pension costs

The company operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

o) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The charity does not have any accounting policies with key sources of estimation uncertainty that have a significant effect on the amounts.

2. Prior period comparatives: statement of financial activities

	Restricted	Unrestricted	2022 Total
	£	£	£
Income from:			
Donations and legacies	45,000	10,253	55,253
Charitable activities	-	4,824	4,824
Investments	-	555	555
Total income	<u>45,000</u>	<u>15,632</u>	<u>60,632</u>
Expenditure on:			
Raising funds	-	216	216
Charitable activities	<u>10,311</u>	<u>51,081</u>	<u>61,392</u>
Total expenditure	<u>10,311</u>	<u>51,297</u>	<u>61,608</u>
Net income / (expenditure) and movement in funds	<u>34,689</u>	<u>(35,665)</u>	<u>(976)</u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

3. Income from donations and legacies

	Restricted £	Unrestricted £	2023 Total £
Grants	49,468	6,000	55,468
Donations	-	11,798	11,798
Gifts in kind	-	14,121	14,121
Total income from donations and legacies	49,468	31,919	81,387

Prior period comparative:

	Restricted £	Unrestricted £	2022 Total £
Grants	45,000	1,000	46,000
Donations	-	5,790	5,790
Gifts in kind	-	3,463	3,463
Total income from donations and legacies	45,000	10,253	55,253

4. Income from charitable activities

	2023 Total £	2022 Total £
Subscriptions	4,577	3,504
Other income	999	1,320
Total income from charitable activities	5,576	4,824

Income from charitable activities was unrestricted in the current and prior period.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

5. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	2023 Total £
Staff costs (note 7)	5,040	26,135	12,446	43,621
Other staff and volunteer costs	-	7,385	-	7,385
IT and telephone	-	5,524	-	5,524
Events	-	14,092	-	14,092
Fundraising costs	378	-	-	378
Legal and professional	-	13,365	-	13,365
Office and running costs	-	1,429	-	1,429
Trustee expenses	-	-	948	948
Sub-total	5,418	67,930	13,394	86,742
Allocation of support and governance costs	<u>2,009</u>	<u>11,385</u>	<u>(13,394)</u>	<u>-</u>
Total expenditure	<u>7,427</u>	<u>79,315</u>	<u>-</u>	<u>86,742</u>

Total governance costs were £2,334 (2022: £1,740).

Prior period comparative

	Raising funds £	Charitable activities £	Support and governance costs £	2022 Total £
Staff costs (note 7)	-	22,869	1,204	24,073
Other staff and volunteer costs	-	1,965	-	1,965
IT and telephone	-	14,113	-	14,113
Events	-	7,099	-	7,099
Fundraising costs	216	-	-	216
Legal and professional	-	10,533	2,388	12,921
Office and running costs	-	29	-	29
Trustee expenses	-	-	1,192	1,192
Sub-total	216	56,608	4,784	61,608
Allocation of support and governance costs	<u>-</u>	<u>4,784</u>	<u>(4,784)</u>	<u>-</u>
Total expenditure	<u>216</u>	<u>61,392</u>	<u>-</u>	<u>61,608</u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

6. Net movement in funds

This is stated after charging:

	2023 £	2022 £
Trustees' remuneration	Nil	Nil
Trustees' reimbursed expenses	948	1,192
Independent examiner's remuneration:		
▪ Independent examination (excluding VAT)	<u>1,600</u>	<u>1,450</u>

Trustees' reimbursed expenses represent payments to nine trustees' for travel and subsistence costs and other incidental costs relating directly to the charity. The reimbursed trustee expenses in the prior year represent payments to six trustees' for travel and subsistence costs.

There were no payments for other services provided by the independent examiner in either the current or prior year.

7. Staff costs and numbers

Staff costs were as follows:

	2023 £	2022 £
Salaries and wages	42,334	23,318
Pension costs	<u>1,287</u>	<u>755</u>
	<u>43,621</u>	<u>24,073</u>

No employee earned more than £60,000 during the current or prior year.

The key management personnel of the charitable company comprise the Trustees and the Chief Executive Officer. The total employee benefits of the key management personnel were £37,647 (2022: £Nil).

	2023 No.	2022 No.
Average head count	<u>1.00</u>	<u>0.75</u>

8. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

9. Debtors

	2023 £	2022 £
Trade debtors	262	34
Prepayments	<u>4,425</u>	<u>1,127</u>
	<u><u>4,687</u></u>	<u><u>1,161</u></u>

10. Creditors : amounts due within 1 year

	2023 £	2022 £
Trade creditors	112	25
Accruals	1,954	1,740
Other creditors (note 11)	<u>-</u>	<u>557</u>
	<u><u>2,066</u></u>	<u><u>2,322</u></u>

11. Conduit funding

	2023 £	2022 £
Balance at start of year	557	1,003
Funding received during year	2,271	3,573
Funding distributed during year	<u>(2,828)</u>	<u>(4,019)</u>
Balance at end of year	<u><u>-</u></u>	<u><u>557</u></u>

Conduit funds are monies received for third parties and do not belong to the charity. The charity passes them through the accounts to Nightlines to help their charitable purposes, but does not have control over their use. The receipts and payments referred to above have been excluded from the Statement of Financial Activities. The balance held at the end of the year is included in Other creditors (note 10).

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

12. Analysis of net assets between funds

	Restricted funds £	Designated funds £	General funds £	Total funds £
Current assets	58,265	35,000	74,458	167,723
Current liabilities	<u>-</u>	<u>-</u>	<u>(2,066)</u>	<u>(2,066)</u>
Net assets at 31 December 2023	<u>58,265</u>	<u>35,000</u>	<u>72,392</u>	<u>165,657</u>
Prior period comparative		Restricted funds £	General funds £	Total funds £
Current assets		38,435	128,939	167,374
Current liabilities		<u>-</u>	<u>(2,322)</u>	<u>(2,322)</u>
Net assets at 31 December 2022		<u>38,435</u>	<u>126,617</u>	<u>165,052</u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

13. Movements in funds

	At 1 January 2023 £	Income £	Expenditure £	Transfers between funds £	At 31 December 2023 £
Restricted funds					
Charlie Waller Trust	408	-	(408)	-	-
Nominet	13,027	39,468	(4,230)	-	48,265
Innox	25,000	-	(25,000)	-	-
National Lottery	-	10,000	-	-	10,000
Total restricted funds	38,435	49,468	(29,638)	-	58,265
Unrestricted funds					
<i>Designated funds</i>					
Remediating IT risks	-	-	-	30,000	30,000
Grant bridging	-	-	-	5,000	5,000
<i>Total designated funds</i>	-	-	-	35,000	35,000
General funds	126,617	37,879	(57,104)	(35,000)	72,392
Total unrestricted funds	126,617	37,879	(57,104)	-	107,392
Total funds	165,052	87,347	(86,742)	-	165,657

Purposes of restricted funds

Charlie Waller Trust	To fund training for Nightline volunteers on suicide calls.
Nominet	To fund digital projects.
Innox	To fund the salary of the CEO.
National Lottery	To increase training for Nightlines.

Purposes of designated funds

Remediating IT risks	Funding should significant risks crystallise.
Grant bridging	Allowance for a project should funding be delayed or paid in arrears.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2023

13. Movements in funds (continued)

Prior period comparative

	At 1 January 2022 £	Income £	Expenditure £	At 31 December 2022 £
Restricted funds				
Charlie Waller Trust	886	-	(478)	408
Nominet	2,860	20,000	(9,833)	13,027
Innox	-	25,000	-	25,000
Total restricted funds	<u>3,746</u>	<u>45,000</u>	<u>(10,311)</u>	<u>38,435</u>
Unrestricted funds				
General funds	<u>162,282</u>	<u>15,632</u>	<u>(51,297)</u>	<u>126,617</u>
Total unrestricted funds	<u>162,282</u>	<u>15,632</u>	<u>(51,297)</u>	<u>126,617</u>
Total funds	<u><u>166,028</u></u>	<u><u>60,632</u></u>	<u><u>(61,608)</u></u>	<u><u>165,052</u></u>

14. Subsidiaries

The Association has one direct subsidiary charity, the Nightline Trust (a charitable incorporated organisation, registered charity no 1112793-1) which is a linked charity of the Association under section 12(1) of the Charities Act 2011. No transactions were undertaken by this subsidiary in 2023. The Nightline Trust itself has a subsidiary charity, Birmingham Nightline (a charitable company limited by guarantee, registered company no 13605561, not required to register with the Charity Commission due to section 30(2)(d) of the Charities Act 2011). Birmingham Nightline prepares separate accounts.

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Registered company 05436297
Registered charity 1112793 (England & Wales)
Registered charity SC050834 (Scotland)

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NIGHTLINE ASSOCIATION

England & Wales - Charity number 1112793

Accounts



Nightline Association

(a Charitable Company Limited by Guarantee)

Annual Report and Financial Statements for the year ended 31 December 2022

Registered company number 05436297

Registered charity number 1112793 (England & Wales)

Registered charity number SC050834 (Scotland)

Contents

Trustees' Annual Report	3
Introduction	3
Approval	3
Objectives and Activities	4
Achievements, Performance and Future Plans	6
Service Use Statistics for 2021/22	8
Structure, Governance and Management	10
Equity, Diversity and Inclusion (EDI)	13
Trustees, Staff & Volunteers	14
Reference and Administrative Details	16
Exemptions from Disclosure	16
Funds held as custodian trustee on behalf of others	16
Nightline Trust Activities	18
Financial Statements & Accounts	19
Introduction	19
Approval	20
Independent Examiner's Report	21
Statement of Financial Activities	22
Balance Sheet	23
Notes to the Accounts	24

Trustees' Annual Report

Introduction

2022 was a busy year for the Association. The impact of the pandemic continued to be felt throughout the Nightline movement, with the restrictions on volunteer recruitment during the 2019/20 and 2020/21 academic years impacting on current numbers of experienced volunteers.

Despite this, our affiliated Nightlines and their volunteers have shown immense dedication and commitment to what they do, and we are incredibly grateful to them for all of their work. We have continued to support them, with a number of key projects including the roll-out of Portal and the new Instant Messenger software, as well as the completion of our Safeguarding review.

In 2022, we also finalised our new strategy which will guide our work over the coming years, with exciting plans to develop and transform our organisation so that we can provide consistent, high quality services to our affiliated Nightlines. We have already made early steps towards achieving these goals, including employing our first Chief Executive Officer, and engaging more directly with parent bodies and other stakeholders to ensure that Nightlines have the support that they need to operate.

As always, we would like to thank everyone involved in the Nightline movement for their effort and contributions this year and look forward to working alongside you throughout 2023.

Prof Michael Sanders
Chair of Trustees

Matthew Axbey
Vice Chair of Trustees

Approval

The annual report was approved by the Board of Trustees on 8 July 2023 and signed on behalf of the Trustees by:



Prof Michael Sanders
Chair of Trustees

Objectives and Activities

The Nightline Association is the umbrella charity that provides support, guidance, development opportunities and quality assurance for Nightlines as well as promoting Nightline services across the UK.

Nightlines are run by students and for students. The Nightline principles of being confidential, anonymous, non-judgmental, non-directive and non-advisory are followed by all Nightlines. The Nightline Services fill a crucial role in student support by providing peer-to-peer support. They also provide support at night when other support services are often closed.

The Association's main activities are supporting, promoting and developing Nightlines. This involves a wide range of work including:

- Conducting research into the impact of Nightlines
- Supporting Nightlines in publicising their services and recruiting volunteers
- Providing publicity and fundraising resources to Nightlines
- Advising and supporting Nightlines in training their volunteers
- Supporting interested groups in setting up new Nightlines
- Developing template policies and other documents based on best practice in the sector
- Providing advice and support to Nightlines experiencing problems or seeking new opportunities
- Accrediting Nightlines' policies and procedures to ensure that all

Nightlines are providing a quality service

- Organising events and conferences to allow Nightlines to network and share best practice
- Developing and maintaining a range of IT services for Nightlines including general emails & document storage, anonymous email and Instant Messaging software and call logging software
- Providing other guidance to Nightline volunteers on a range of issues

The Association is vital in supporting, enabling and developing local Nightline services across the country.

In 2022, there were 34 Nightlines active across the UK.

In managing the Association, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Activities in Scotland

In 2022, there were 7 Nightlines operating in Scotland.

The Association supports Nightlines in Scotland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Scotland.

The Association is registered as a charity in Scotland with the Office of the Scottish Charity Regulator (OSCR).

Activities in Northern Ireland

In 2022, there was 1 Nightline operating in Northern Ireland.

The Association supports Nightlines in Northern Ireland in the same way as Nightlines in England & Wales, having

regard to the differing legal and educational systems in Northern Ireland.

The Association is not required to register as a charity in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet entered into force.



Achievements, Performance and Future Plans

Strategy

In late 2022, we launched our new strategy for the coming years. This strategy has been a number of years in the making, with work paused during the COVID-19 pandemic.

The strategy sets out six ambitions which will guide our work moving forward:

1. Service Provision Excellence
2. Organisational Resilience
3. Increase Capacity
4. Foster Belonging
5. Extend Reach
6. Deepen Relationships

The full strategy is available on our website.

Safeguarding

During 2022, the Association undertook a detailed review of our Safeguarding processes, practices, advice, and guidance. The review was carried out with support from the Helplines Partnership (registered charity 1125840).

Following the review, the Association has improved the safeguarding training and processes.

We have provided detailed guidance for Nightlines and their parent bodies, setting out legal requirements and best practice in safeguarding for Nightlines. This includes guidance on reporting processes, safer recruitment, and whistleblowing.

We are aiming to deliver training to Nightline committee members, which can

be used alongside new resources when inducting listening volunteers.

We will continue to develop our safeguarding practices and guidance moving forward.

Portal & IT services

Our IT Department formally launched Nightline Portal in November 2022. In time, Portal will become a single point of contact for all Nightline volunteers to engage with our services.

Portal was developed from our Logbook software, used for logging anonymous details of contacts received by Nightlines.

In addition to the Logbook functionality, Portal now hosts our new anonymous instant messaging (IM) software. This replaces the previous software which was becoming increasingly out-of-date. Statistics show that service users are increasingly using IM as a method of contact for Nightlines.

Portal, including the new IM software, has been professionally tested for potential security vulnerabilities as part of a rigorous design, build, and testing process.

The ongoing development of Portal has been made possible by funding from Nominet. We are extremely grateful for Nominet's sustained and generous support for our work.

Staffing

In September, we said goodbye to Emma Nieminen who left the Association for a

new role after a number of years working for us. Emma has been an invaluable part of our work over many years, both as a volunteer and as a staff member.

In 2022, we were pleased to be offered a grant from the Innox Foundation to support us with employing a Chief Executive Officer. Advertising for this role opened in November, and we were pleased to welcome Katie Endacott to this role in March 2023.

The employment of a new CEO marks the beginning of a transformational period for the Association, as we move towards a staff-led model, with volunteer support. This will dramatically improve our capacity to deliver for Nightlines and for students, allowing us to expand our reach and develop our services and support further.

The Association could not operate without our team of nearly 100 volunteers who

provide IT support, manage fundraising, organise events, provide advice and support to Nightlines and so much more. This has been a particularly difficult year and we are extremely grateful for the time and energy devoted by our volunteers.

Volunteer Welfare issues in Nightlines

During 2022, Nightlines began to report increased challenges with volunteer welfare due in part to an increase in abusive calls made to services.

We have worked with Nightlines to identify the key concerns and have begun to develop a range of potential strategies and solutions to address these. Some of these involve strengthening current advice and guidance, ensuring that Nightlines and their volunteers are aware of support available and best practice.

Service Use Statistics for 2021/22

At the point of writing, we have collected data from 71% of Nightlines. This data identifies additional needs and the impact of our work, alongside informing funding applications.

We had over

12,600 conversations

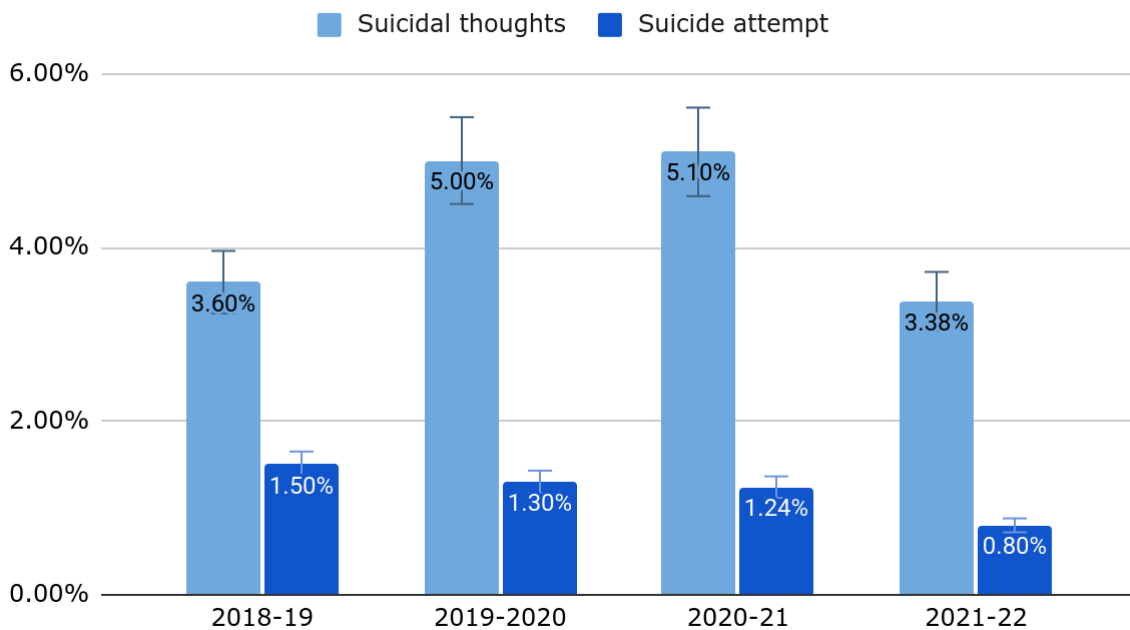
lasting almost

6,000 hours

More than 56% of contact made with Nightlines in the year was by phone, with 37% of contact by instant messenger, emphasising the importance of providing options for using our service.

Key areas talked about were mental health and academic issues, as has been the case for a number of years. Aligning with the national statistics, we have found a decrease in calls involving suicide attempts and suicidal thoughts this year.

Suicide Calls Over Time



Challenges

As we raise the profile of Nightlines across the country, not only do we see an increase in calls and interested volunteers, but also unfortunately more abusive calls, which was the case once again this year. Abuse of the service happens more over the phone, and has therefore increased since phone lines have fully reopened post-pandemic.

Structure, Governance and Management

Legal Structure

The Nightline Association is a Charitable Company Limited by Guarantee registered in England. The Trustees are the directors for the purposes of the Companies Act 2006.

We are registered as a charity in England & Wales and in Scotland. The Association is not required to register in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet been brought into operation.

Governing Document

The Association's constitution consists of its Articles of Association which are available from Companies House and the Charity Commission.

These are supplemented by the Bye Laws and Ordinances, which are available upon request.

Planned conversion to CIO

At the 2022 AGM, the members approved the conversion of the Association to a charitable incorporated organisation (CIO). This is subject to the approval of a new constitution in 2023.

Membership & Affiliation

Our legal members are the Coordinators of the Affiliated Nightlines. In addition, all Nightline and Association Volunteers are (non-voting) associate members.

Affiliated Nightlines are accredited by the Association as meeting the requirements of the Good Practice Guidelines (GPGs), a set of guidelines approved by the

members and based on legal and best practice requirements in the helplines sector.

There is an annual affiliation fee for Nightlines which is set by the membership. This is currently 4% of a Nightline's annual income, which was capped at £941.95 in 2022 (rising in line with inflation).

Representation

In addition to the AGM, the members are represented by Regional Coordinators which are elected by the members in each of the 10 regions for a term of 1 year.

The Regional Coordinators represent Nightlines in their region, as well as helping signpost them to the support and guidance available from the Association.

The Regional Coordinators form the Council which advises the Association on matters affecting Nightlines. The Council must approve Trustee appointments and certain governance changes.

Trustee Meetings & Committees

The Trustees took an active role in the running of the Association in 2022, providing direct support to the volunteer Heads of Department when necessary.

With the appointment of our new CEO, the Trustees will begin handing over this operational role, focusing on good governance.

The Board of Trustees holds four plenary meetings each year, with shorter additional meetings held when necessary.

Additional work is carried out by the Trustee Committees:

- Risk Management Committee
- Operations & People Committee (known as the Charity Management Committee until March 2023)
- Finance Committee
- Governance Committee
- Safeguarding Committee
- Nightline Trust Management Committee

In addition, ad hoc Search & Nomination Committees are formed as needed to manage the recruitment of Trustees, Staff, and Senior Volunteers.

Safeguarding

While the Association does not directly run any Nightline services, we recognise the importance of having robust procedures in place to protect children and adults at risk.

All of our volunteers and staff undergo safer recruitment checks, including references, to help us make sure that they are appropriate people to work with us. Staff and volunteers are also required to complete our bespoke online safeguarding training to equip them with the knowledge and skills necessary to fulfil their role.

The Safeguarding Committee performs a quarterly audit of safeguarding incidents and reports directly to the Board of Trustees.

The safeguarding arrangements for individual Nightlines are the responsibility of the Nightlines and their parent bodies. The Association provides guidance and

advice to support Nightlines and parent bodies in doing this.

Risk Management

During 2022, the Trustees reviewed risks regularly at Board Meetings and tracked progress on alleviating risks.

Charity Governance

In 2022, the Trustees reviewed and updated the policies of the Association, as part of a regular review process.

This included bringing our maternity, paternity and adoption leave policies in line with the sector. The Trustees also introduced guidance to standardise the conduct of committees and groups across the Association.

This formed part of a wider governance review of the Association, in line with the Charity Governance Code, due to be completed by autumn 2023.

Volunteer Management

The Association's volunteers are organised into a number of teams within four departments:

- Central Services
- Communications & Engagement
- Development
- IT

Each department is led by a volunteer Head of Department, supported by a Line Trustee appointed by the Board. In 2023, the line management of the Heads of Department becomes the responsibility of our new CEO.

Subsidiaries

The Association has a subsidiary charity, Nightline Trust, a charitable incorporated organisation (charity number 1112793-1).

The Nightline Trust acts as a parent body of last resort, taking on the governance and oversight of Nightline services where their existing parent body is unable to do so, but where the Nightline service still remains viable and sustainable in the long-term.

In 2022, the Nightline Trust acted as the parent body for Birmingham Nightline, a charitable company limited by guarantee.

Birmingham Nightline was directly managed by the Association through the Nightline Trust until November 2022, when responsibility was handed over to a new Board of Trustees for Birmingham Nightline.

Details of the Nightline Trust's work is available later in this report.

International Nightline Movement

Following the difficult decision to cease our operations in the Republic of Ireland last year, the Association has now introduced International Affiliation. This status is available to Nightlines and groups of Nightlines outside of the UK and allows access to most of our services and resources. We are pleased to have found a solution that allows us to continue to offer our support to Nightlines outside of the UK.

Equity, Diversity and Inclusion (EDI)

The Nightline Association's Equity, Diversity and Inclusion Task Force was established to improve the organisation's internal practices and identify how Nightlines could be assisted in developing their own training and activities related to EDI. This group completed their work with an internal report in early 2022.

Following this, we recruited an EDI Lead to own this project and take forward the implementation of the Task Force's recommendations, with support from the Board. We also established an EDI Subcommittee, reporting to the Operations and People Committee, ensuring direct Trustee involvement and oversight of this work.

The individual Heads of Department have been tasked directly with implementing the recommendations relevant to their departments, and this progress is being tracked internally. They continue to work on this with support and guidance from the EDI Lead.

Key areas of focus this year have been around events and training, as these are also relevant to Nightlines and their development in this area. We have also worked to ensure our policies are in line with best practice from an EDI perspective.

EDI continues to be a key area of focus and strategic priority for the Board.

We supported over **1,800 volunteers**
providing services to
1.48 million
students
across **125 institutions**



Trustees, Staff & Volunteers

Trustee Appointment

Trustees are appointed following a rigorous appointment process. This is carried out by a Search & Nomination Committee including Trustees, volunteers, and representatives of affiliated Nightlines. The process involves the review of applications, interviews, references and an analysis of potential conflicts of interest. Appointments are subject to vetting and eligibility checks and must be approved by

both the Board of Trustees and the Council.

General Trustees are appointed to a 3-year term. Student Trustees are appointed to a 2-year term and must be current students at the time of their appointment or reappointment. Trustees are limited to a maximum of 6 consecutive years in office.

Trustees

Name	Office (if any)	Dates served (if not whole year)
Matthew Axbey	Vice Chair Line Trustee (Central Services) Trustee Safeguarding Lead	
Aisling Curtis	Line Trustee (Development)	
Martin Smith	Treasurer	
Jacob Kelly		
Harry McLaren	Line Trustee (IT)	
Matt Youngs		
Meg Haskins	Line Trustee (Engagement & Communications)	Appointed 31 July
Cass Kamara		Appointed 31 July
Veronika Dvořáková		Appointed 31 July
Emily Wheeler	Line Trustee (Communications)	Retired 9 April
Rose Ahier	Line Trustee (Engagement)	Retired 9 April
Simisola Oyesanya		Retired 30 April
Jack Watts	Chair	Resigned 31 July
Jessica Hudson		Resigned 12 October

Staff

Name	Position	Dates served (if not whole year)
Emma Nieminen	Senior Operations Officer	Until 30 September

Senior Volunteers

Name	Position	Dates served (if not whole year)
Adam Kendal	Head of Department (Central Services)	From 17 August
Sam Donnelly	Head of Department (Communications)	Until 2 Feb
Simon Pickles	Head of Department (Communications)	From 2 Feb - 27 May
	Head of Department (Communications & Engagement)	From 27 May
Harry Cloke	Head of Department (Development)	
Sophie Adair	Head of Department (Engagement)	Until 26 May
Scarlett Jardine	Head of Department (IT)	Until 23 January
Javier Bosch	Head of Department (IT)	From 23 January

Reference and Administrative Details

Name of Charity

Nightline Association

Charity Registration Numbers

1112793 (England & Wales)

SC050834 (Scotland)

Company Registration Number

05436297

Registered Office

Lytchett House
13 Freeland Park
Wareham Road
Poole
Dorset
BH16 6FA

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

Shawbrook Bank Limited
Lutea House
Warley Hill Business Park
The Drive
Great Warley
Brentwood
CM13 3BE

Independent Examiner

Godfrey Wilson Ltd
5th Floor, Mariner House
62 Prince Street
Bristol
BS1 4QD

Honorary Counsel

(Pro bono legal advice)

Reed Smith LLP
The Broadgate Tower
20 Primrose Street
London
EC2A 2RS

Memberships & Affiliations

- Student Mental Health Alliance
- Helplines Partnership
- Small Charities Coalition
- National Council for Voluntary Organisations
- Foundation for Social Improvement
- National Suicide Prevention Alliance
- Mental Wellbeing in Higher Education Expert Group
- Universities UK Mental Health in Higher Education Advisory Group

The Small Charities Coalition closed its services at the end of March 2022 - some of its work has been taken on by the National Council for Voluntary Organisations and the Foundation for Social Improvement.

Exemptions from Disclosure

No details of the Association, its Trustees, or its staff have been omitted from this report.

Funds held as custodian trustee on behalf of others

The Association held funds on behalf of Birmingham Nightline due to delays in opening a separate bank account for Birmingham Nightline.

Full account of all money received was made to Birmingham Nightline in February 2022 and Birmingham Nightline then reimbursed the Association for payments made on its behalf.

These payments are recorded in the accounts as conduit funding for Birmingham Nightline.

Nightline Trust Activities

The Nightline Trust is a wholly owned subsidiary charity of the Nightline Association (registered charity number 1112793-1). It exists to take on ownership and/or oversight of Nightline services where there is no appropriate parent body such as a Students' Union but where the Nightline service remains sustainable and viable in the long term.

Our Nightline

The Nightline Trust currently oversees the operation of one Nightline, that being Birmingham Nightline.

Birmingham Nightline was started in 1976 and, until Spring 2021, operated as a student society at University of Birmingham Guild of Students. Birmingham Nightline currently has around 100 trained volunteers who are working hard to provide crucial support to students in Birmingham.

Due to continuing issues accessing office space, Birmingham Nightline currently operates an online-only service, taking contacts by instant messaging and email.

Major achievements

At the Association's Spring Conference in 2022, one of the Coordinators of Birmingham Nightline received the Nightline Volunteer of the Year award in recognition of their efforts in managing the Nightline through an exceptionally challenging year.

In November 2022, the responsibility for the management of Birmingham Nightline was handed over to a new Board of Trustees. The Nightline Trust remains the sole legal member of Birmingham Nightline and will continue to provide support and high-level oversight to the new trustees.

Financial Statements & Accounts

Introduction

Financial Review

The Association remains on a stable financial footing, with income of £61k slightly below expenditure of £62k.

We raised funds from a range of sources, with the majority of funds raised being restricted. We exited 2022 with total funds of £165k and have sufficient funds to deliver our plans for 2023.

Directors' Responsibilities

The Trustees, who are the directors under the Companies Act 2006, acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Investment Policy

The Association does not currently hold any risk-bearing investments and does not intend to make any such investments under our current policies. We hold a small savings account for surpluses above the £85,000 limit for the Financial Services Compensation Scheme (FSCS) in order to

ensure that all of the Association's funds are protected.

Reserves Policy

The Association holds sufficient reserves such that all committed expenditure can be met, along with an allowance for unanticipated expenditure to remediate priority risk areas.

Reporting Framework

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

Examination of accounts

The Trustees are satisfied that no audit is required under:

- section 144 of the Charities Act 2011;
- section 475 of the Companies Act 2006; or
- regulation 10(1) of the Charities Accounts (Scotland) Regulations 2006.

No audit has been required by the members under section 476 of the Companies Act 2006.

The Trustees are therefore satisfied that the company is entitled to exemption from

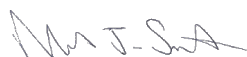
the provisions of the Companies Act 2006 relating to the audit of the financial statements for the year by virtue of section 477.

The Trustees believe that an independent examination is required under section 145 of the Charities Act 2011 and regulation 11 of the Charities Accounts (Scotland) Regulations 2006.

The Trustees have appointed Godfrey Wilson Ltd (registered company number 04537489) to carry out this examination. The Trustees believe that Godfrey Wilson Ltd has the requisite ability and practical experience to carry out a competent examination of the accounts.

Approval

The financial statements were approved by the Board of Trustees on 8 July 2023 and signed on behalf of the Trustees by:



Martin Smith
Treasurer

Independent Examiner's Report

I report on my examination of the accounts of the Nightline Association ("the charity") for the year ended 31st December 2021.

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act") and the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act"). As company directors, they are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

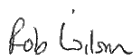
Having satisfied myself that the accounts of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the charities accounts carried out under section 145 of the 2011 Act and section 44(1)(c) of the 2005 Act. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and the requirements of regulation 11 of the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations").

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act, section 44(1)(a) of the 2005 Act, or regulation 4 of the 2006 Regulations; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts did not comply with regulation 8 of the 2006 Regulations; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Rob Wilson FCA
Godfrey Wilson Ltd
5th Floor, Mariner House, 62 Prince Street, Bristol BS1 4QD

8 July 2023

Nightline Association

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 December 2022

	Note	Restricted £	Unrestricted £	2022 Total £	Restated 2021 Total £
Income (and endowments) from:					
Donations and legacies	3	45,000	10,253	55,253	42,414
Charitable activities	4	-	4,824	4,824	7,540
Other trading activities	5	-	-	-	18,379
Investments		-	555	555	169
Total income (and endowments)		<u>45,000</u>	<u>15,632</u>	<u>60,632</u>	<u>68,502</u>
Expenditure on:					
Raising funds		-	216	216	716
Charitable activities		<u>10,311</u>	<u>51,081</u>	<u>61,392</u>	<u>55,269</u>
Total expenditure	6	<u>10,311</u>	<u>51,297</u>	<u>61,608</u>	<u>55,985</u>
Net income / (expenditure) and movement in funds	7	34,689	(35,665)	(976)	12,517
Reconciliation of funds:					
Total funds brought forward		<u>3,746</u>	<u>162,282</u>	<u>166,028</u>	<u>153,511</u>
Total funds carried forward		<u><u>38,435</u></u>	<u><u>126,617</u></u>	<u><u>165,052</u></u>	<u><u>166,028</u></u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the accounts.

Prior period income and expenditure have been reclassified to reflect the requirements of the Charities SORP (FRS 102), to be comparable with the current year and is disclosed in note 16 of the accounts.

Nightline Association

Balance sheet

As at 31 December 2022

	Note	£	2022 £	Restated 2021 £
Current assets				
Debtors	10	1,161		1,063
Cash at bank and in hand		<u>166,213</u>		<u>167,121</u>
		167,374		168,184
Liabilities				
Creditors: amounts falling due within 1 year	11	<u>(2,322)</u>		<u>(2,156)</u>
Net current assets / (liabilities)			<u>165,052</u>	<u>166,028</u>
Net assets / (liabilities)	13		<u>165,052</u>	<u>166,028</u>
Funds	14			
Restricted funds			38,435	3,746
Unrestricted funds				
General funds			<u>126,617</u>	<u>162,282</u>
Total charity funds			<u>165,052</u>	<u>166,028</u>

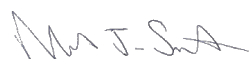
The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 8 July 2023 and signed on their behalf by



Martin Smith - Treasurer

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Nightline Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated in full to expenditure on charitable activities.

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Conduit funding

Conduit funds are monies received for third parties and do not belong to the charity. The incoming funds and outgoing payments are excluded from the Statement of Financial Activities. Any conduit funds in hand at the year end are shown as creditors in the accounts.

m) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

n) Pension costs

The company operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

o) Foreign currency transactions

Transactions in foreign currencies are translated at rates prevailing at the date of the transaction. Balances denominated in foreign currencies are translated at the rate of exchange prevailing at the year end.

p) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The charity does not have any accounting policies with key sources of estimation uncertainty that have a significant effect on the amounts.

2. Prior period comparatives: statement of financial activities

	Restricted	Unrestricted	Restated 2021 Total
	£	£	£
Income from:			
Donations and legacies	9,800	32,614	42,414
Charitable activities	-	7,540	7,540
Other trading activities	-	18,379	18,379
Investments	-	169	169
	<u>9,800</u>	<u>58,702</u>	<u>68,502</u>
Total income	<u>9,800</u>	<u>58,702</u>	<u>68,502</u>
Expenditure on:			
Raising funds	-	716	716
Charitable activities	<u>28,343</u>	<u>26,926</u>	<u>55,269</u>
	<u>28,343</u>	<u>27,642</u>	<u>55,985</u>
Total expenditure	<u>28,343</u>	<u>27,642</u>	<u>55,985</u>
Net income / (expenditure) and movement in funds	<u>(18,543)</u>	<u>31,060</u>	<u>12,517</u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

3. Income from donations and legacies

	Restricted £	Unrestricted £	2022 Total £
Grants	45,000	1,000	46,000
Donations	-	5,790	5,790
Gifts in kind	-	3,463	3,463
Total income from donations and legacies	45,000	10,253	55,253

Prior period comparative:

	Restricted £	Unrestricted £	2021 Total £
Grants	9,800	27,050	36,850
Donations	-	5,564	5,564
Total income from donations and legacies	9,800	32,614	42,414

4. Income from charitable activities

	2022 Total £	2021 Total £
Subscriptions	3,504	4,540
Other income	1,320	3,000
Total income from charitable activities	4,824	7,540

Income from charitable activities was unrestricted in the current and prior period.

5. Income from other trading activities

	2022 Total £	2021 Total £
Fundraising events	-	18,379
Total income from other trading activities	-	18,379

Income from other trading activities was unrestricted in the prior period.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

6. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	2022 Total £
Staff costs (note 8)	-	22,869	1,204	24,073
Other staff and volunteer costs	-	1,965	-	1,965
IT & Telephone	-	14,113	-	14,113
Events	-	7,099	-	7,099
Fundraising Costs	216	-	-	216
Legal & Professional	-	10,533	2,388	12,921
Office and running costs	-	29	-	29
Trustee expenses	-	-	1,192	1,192
Sub-total	216	56,608	4,784	61,608
Allocation of support and governance costs	-	4,784	(4,784)	-
Total expenditure	216	61,392	-	61,608

Prior period comparative

	Raising funds £	Charitable activities £	Support and governance costs £	2022 Total £
Staff costs (note 8)	-	26,862	1,414	28,276
Other staff and volunteer costs	-	2,697	-	2,697
IT & Telephone	-	11,472	-	11,472
Events	-	867	-	867
Fundraising Costs	716	200	-	916
Legal & Professional	-	8,104	550	8,654
Office and running costs	-	2,888	-	2,888
Trustee expenses	-	-	215	215
Sub-total	716	53,090	2,179	55,985
Allocation of support and governance costs	-	2,179	(2,179)	-
Total expenditure	716	55,269	-	55,985

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

7. Net movement in funds

This is stated after charging:

	2022 £	2021 £
Trustees' remuneration	Nil	Nil
Trustees' reimbursed expenses	1,192	215
Independent examiner's remuneration:		
▪ Independent examination (including VAT)	<u>1,740</u>	<u>550</u>

8. Staff costs and numbers

Staff costs were as follows:

	2022 £	2021 £
Salaries and wages	23,318	27,459
Pension costs	<u>755</u>	<u>817</u>
	<u>24,073</u>	<u>28,276</u>

No employee earned more than £60,000 during the year.

The key management personnel of the charitable company comprise the Trustees. The total employee benefits of the key management personnel were £Nil (2021: £Nil).

	2022 No.	2021 No.
Average head count	<u>0.75</u>	<u>1.00</u>

9. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Debtors

	2022 £	2021 £
Trade debtors	34	-
Prepayments	<u>1,127</u>	<u>1,063</u>
	<u>1,161</u>	<u>1,063</u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

11. Creditors : amounts due within 1 year

	2022 £	Restated 2021 £
Trade creditors	25	-
Accruals	1,740	1,153
Other creditors (note 12)	557	1,003
	<u>2,322</u>	<u>2,156</u>

12. Conduit funding

	2022 £	2021 £
Balance at start of year	1,003	-
Funding received during year	3,573	4,826
Funding distributed during year	(4,019)	(3,823)
	<u>557</u>	<u>1,003</u>

Conduit funds are monies received for third parties and do not belong to the charity. The charity passes them through the accounts to nightlines to help their charitable purposes, but does not have control over their use. The receipts and payments referred to above have been excluded from the Statement of Financial Activities. The balance held at the end of the year is included in Other creditors (note 11).

13. Analysis of net assets between funds

	Restricted funds £	General funds £	Total funds £
Current assets	38,435	128,939	167,374
Current liabilities	-	(2,322)	(2,322)
Net assets at 31 December 2022	<u>38,435</u>	<u>126,617</u>	<u>165,052</u>

Prior period comparative

	Restricted funds £	General funds £	Total funds £
Current assets	3,746	164,438	168,184
Current liabilities	-	(2,156)	(2,156)
Net assets at 31 December 2021	<u>3,746</u>	<u>162,282</u>	<u>166,028</u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

14. Movements in funds

	At 1 January 2022 £	Income £	Expenditure £	At 31 December 2022 £
Restricted funds				
Charlie Waller Trust	886	-	(478)	408
Nominet	2,860	20,000	(9,833)	13,027
Innox	-	25,000	-	25,000
Total restricted funds	3,746	45,000	(10,311)	38,435
Unrestricted funds				
General funds	162,282	15,632	(51,297)	126,617
Total unrestricted funds	162,282	15,632	(51,297)	126,617
Total funds	166,028	60,632	(61,608)	165,052

Purposes of restricted funds

Charlie Waller Trust	To fund training for Nightline volunteers on suicide calls.
Nominet	To fund digital transformation projects.
Innox	To fund the salary of the CEO.

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

14. Movements in funds (continued)

Prior period comparative (restated)

	At 1 January 2021 £	Income £	Expenditure £	At 31 December 2021 £
Restricted funds				
Charlie Waller Trust	11,440	5,000	(15,554)	886
Nominet	8,040	4,800	(9,980)	2,860
National Lottery Community Fund	2,785	-	(2,785)	-
Tribal funding	24	-	(24)	-
Total restricted funds	<u>22,289</u>	<u>9,800</u>	<u>(28,343)</u>	<u>3,746</u>
Unrestricted funds				
General funds	<u>131,222</u>	<u>58,702</u>	<u>(27,642)</u>	<u>162,282</u>
Total unrestricted funds	<u>131,222</u>	<u>58,702</u>	<u>(27,642)</u>	<u>162,282</u>
Total funds	<u><u>153,511</u></u>	<u><u>68,502</u></u>	<u><u>(55,985)</u></u>	<u><u>166,028</u></u>

Nightline Association

Notes to the financial statements

For the year ended 31 December 2022

15. Subsidiaries

In 2021, the charity registered a subsidiary company , Nightline Trust Ltd, a company limited by guarantee and a linked charity, Nightline Trust CIO, to support Birmingham Nightline and any future independent Nightlines. All transactions covered by Nightline Association were reimbursed by Birmingham Nightline in 2022.

16. Prior year adjustment

The prior year results have been restated for the conduit funds the charity holds (detailed in note 12 to the accounts). The effect of the restatements are shown below.

	2021 £
Income prior to restatement	73,328
Reclassified as conduit funds	<u>(4,826)</u>
Restated income	<u>68,502</u>
Expenditure prior to restatement	59,808
Reclassified as conduit funds	<u>(3,823)</u>
Restated expenditure	<u>55,985</u>
Funds prior to restatement	167,031
Reclassified as conduit funds	<u>(1,003)</u>
Restated funds	<u>166,028</u>

© Nightline Association 2023

Registered company 05436297

Registered charity 1112793 (England & Wales)

Registered charity SC050834 (Scotland)

The name "Nightline" and the Nightline logo are registered trademarks of the Nightline Association.

Accounts



Nightline Association

(a Charitable Company Limited by Guarantee)

Annual Report and Financial Statements for the year ended 31 December 2021

Registered company number 05436297

Registered charity number 1112793 (England & Wales)

Registered charity number SC050834 (Scotland)

Contents

Trustees' Annual Report	3
Introduction	3
Approval	3
Achievements, Performance and Future Plans	6
Service Use Statistics for 2020/21	8
Structure, Governance and Management	10
Equity, Diversity and Inclusion	12
Trustees, Staff & Volunteers	13
Reference and Administrative Details	16
Exemptions from Disclosure	16
Funds held as custodian trustee on behalf of others	16
Nightline Trust Activities	18
Financial Statements & Accounts	19
Introduction	19
Approval	20
Independent Examiner's Report	21
Statement of Financial Activities	22
Balance Sheet	23
Notes to the Accounts	24

Trustees' Annual Report

Introduction

2021 continued to throw challenges at the world as a whole, not providing the quick release from multiple lockdowns that was hoped for, or indeed the end of the pandemic. However, 2021 also gave us many reasons to celebrate, including the continuing recognition of the power and importance of volunteering and community, the progress of vaccine roll out in the UK, loved ones reunited, and the beginnings of the next stage of the 'new normal'.

During this time, the need for mental health support for students has continued to increase as the uncertainty of the pandemic, not only in physical health terms, but in the knock on impacts of lockdowns and social distancing on education and development, also grew. Our Nightlines, learning from the year before, found new ways to operate remotely and still be there as much as possible for their peers. The Nightline Association remained agile in its response to these changing needs and the growing themes we were seeing in areas such as suicide calls and safeguarding. We also took the opportunity to rethink our staffing models and recruit a Senior Operations Officer for the first time to support the charity. You can read more about some of these challenges and successes below.

It has been a pleasure and a privilege to be on the board of this incredible organisation, powered by volunteers, and 2021 was no different. Thank you to all our volunteers, both in Association and in each Nightline, who continued to work so tirelessly during such difficult times to make sure students across the UK had the support they needed, when they needed it.

Emily Wheeler
Chair of Trustees 2019-21

Approval

The annual report was approved by the Board of Trustees on 17 August 2022 and signed on behalf of the Trustees by:



Matthew Axbey
Acting Chair of Trustees

Objectives and Activities

The Nightline Association is the umbrella charity that provides support, guidance, development opportunities and quality assurance for Nightlines as well as promoting Nightline services across the UK. In 2021, the Association also operated in Ireland.

Nightlines are confidential, anonymous, non-judgmental, non-directive and non-advisory listening services run by students and for students. They fill a crucial role in student support by providing peer-to-peer support. They also provide support at night when other support services are often closed.

The Association's main activities are supporting, promoting and developing Nightlines. This includes a wide range of work including:

- Conducting research into the impact of Nightlines
- Supporting Nightlines in publicising their services and recruiting volunteers
- Providing publicity and fundraising resources to Nightlines
- Advising and supporting Nightlines in training their volunteers
- Supporting interested groups in setting up new Nightlines
- Developing template policies and other documents based on best practice in the sector
- Providing advice and support to Nightlines experiencing problems or seeking new opportunities
- Quality assuring Nightlines to ensure that all Nightlines are providing a quality service

- Organising events and conferences to allow Nightlines to network and share best practice
- Developing and maintaining a range of IT services for Nightlines including general emails & document storage, anonymous email and Instant Messaging software and call logging software
- Providing other guidance to Nightline volunteers on a range of issues

While the Association does not directly provide Nightline services, our activities are vital in supporting and developing the Nightline movement as well as reassuring stakeholders of the high quality of the services provided.

In managing the Association, the Trustees have had regard to the Charity Commission's guidance on public benefit.

35 Nightlines
across the UK and Ireland



Activities in Scotland

The Association supports Nightlines in Scotland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Scotland.

In 2021, there were 8 Nightlines operating in Scotland. This number reduced to 7 in September 2021 following a successful merger between two Nightlines in order to deliver their services more effectively.

The Association is registered as a charity in Scotland with the Office of the Scottish Charity Regulator (OSCR).

Activities in Northern Ireland

The Association supports Nightlines in Northern Ireland in the same way as Nightlines in England & Wales, having regard to the differing legal and educational systems in Northern Ireland.

In 2021, there was 1 Nightline operating in Northern Ireland.

The Association is not required to register as a charity in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet entered into force.

Achievements, Performance and Future Plans

COVID-19

Nightlines across the country have continued to provide excellent and high-quality services despite the many challenges presented by the pandemic. Many Nightlines have been able to resume their phone service after switching to an online-only provision in 2020.

The impact of the pandemic on the recruitment of new volunteers has become noticeable this year, with several Nightlines struggling to maintain volunteer numbers. The Association has been working with Nightlines and stakeholders to ensure they are able to offer a consistent service.

The pandemic is far from over at the time of writing but Nightline volunteers across the country will continue to work to provide a listening ear to students in need, particularly at this difficult time.

Suicide Calls Project

During the pandemic the suicide calls training transitioned to virtual delivery over Zoom, delivering the session to 96 Nightline volunteers at 10 different Nightlines. Over 50% of Nightlines have engaged with the suicide calls training project, many of them more than once. Since the beginning of the 2021/22 academic year more trainers have been recruited, with the team now offering virtual and, where necessary, in-person sessions to Nightlines.

Nightlines' suicide policies and procedures were collated as part of an organisational policy review that was implemented by an

Advisory Group of student volunteers that met from November 2020 to April 2021. This review culminated in 10 additions to the Good Practice Guidelines being proposed and almost unanimously voted in by Nightlines at our AGM in April 2021.

Safeguarding

During 2021, we received multiple requests from Nightlines concerning safeguarding matters. We quickly identified that our existing guidance was not adequate in this area and so, following a competitive tendering process, we have appointed Helplines Partnership to provide consultancy services on safeguarding.

Helplines Partnership are the umbrella body for helplines across the country and so are uniquely positioned to provide support given our particular needs and circumstances. They began their work in December 2021 and we look forward to developing our safeguarding guidance further in 2022.

Chair of Trustees

At the end of 2021, Emily Wheeler stepped down as Chair of Trustees of the Association.

Emily served as a Trustee since 2016 and continued on the Board until the 2022 AGM. During her time as a Trustee, Emily has been a huge asset to the Association, both as Vice Chair and then Chair of Trustees. She also provided her expertise from the charity fundraising sector and gave her support to the Communications Department.

The Association would like to thank Emily for the time and dedication that she has given to the charity over the years.

Future Direction

In addition to the successes of this year, the Trustees have identified a number of areas for improvement.

In particular, the Trustees are aware of the need to refocus our strategic direction following the COVID-19 pandemic. This is a key priority for 2022 and beyond in order to ensure that our limited resources are utilised in the way which will have the most impact.

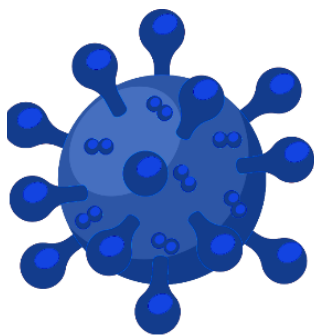
In addition, the Trustees recognise that there is more to be done in supporting and developing our volunteers to empower them to deliver in their roles. After many years of organic growth, the responsibilities and remits of some roles

have become poorly defined. We are now stepping back to build a clearer operating model, which will improve efficiency and effectiveness.

The Trustees also feel that more can be done to engage with volunteers at all levels within our affiliated Nightlines, to better ensure that the Association is supporting Nightlines in the ways that they need.

In 2022, we will be seeking to complement the Association's dedicated volunteer base by obtaining funding for additional employees to support our work.

We will also be developing an integrated online platform bringing together Association services in one place for Nightlines to access. This will be built in collaboration with Nightlines to best serve their needs and priorities.



**In 2021, we delivered
4 virtual conferences
and helped Nightlines to
collaborate better online**

Service Use Statistics for 2020/21

We collect statistics from our network of Affiliated Nightlines for each academic year. The information below reflects the data received at the time of writing (covering 23 Nightlines) meaning that the actual numbers will be higher.

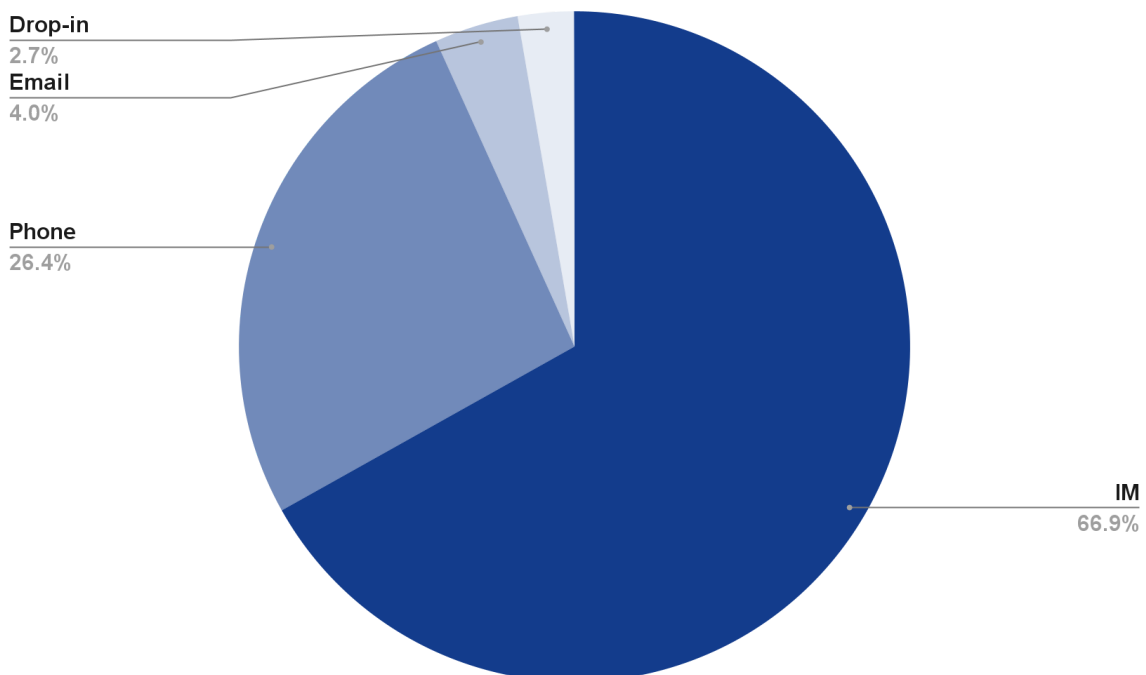
Impact of COVID-19

The pandemic resulted in over 80% of Nightlines having to reduce the services that they offered. This included 67% reducing their opening hours, 50% reducing the number of shifts in a week, and 42% that were forced to implement periods of closure due to COVID-19 restrictions.

Despite these challenges, Nightlines remained open for an average of 4.8 nights every week, with volunteers completing shifts of an average of 6.9 hours each night. In total, services were open for over 27,000 hours over the year.

The Association has been supporting Nightlines throughout the pandemic, helping them make the transition to remote online-only services in 2020, and now offering advice on how to safely return to in-person volunteering.

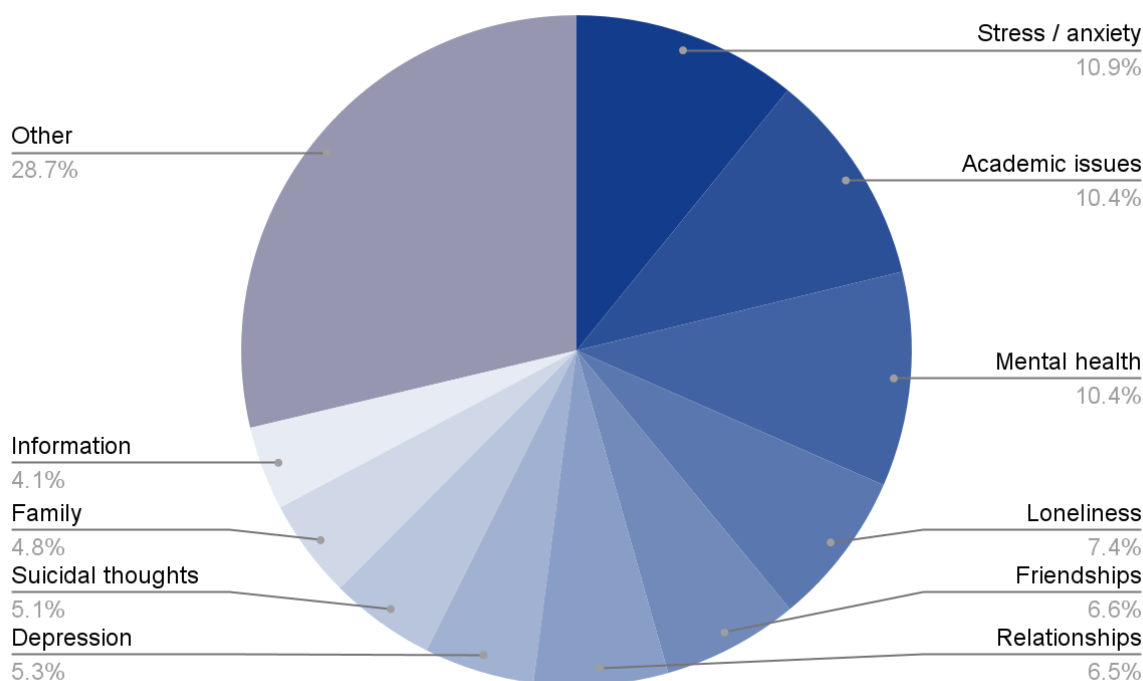
Contact Methods



In 2020/21, instant messaging (IM) continued to be the most popular method of communication. While some of this can be attributed to many Nightlines being unable to offer a phone service due to the pandemic, the increase in IM has been a trend since before COVID-19. To support the popularity of IM, we will be moving forward with the development of a new anonymous IM system for Nightlines to replace the current software that is becoming increasingly out of date. We hope to be able to deploy the new IM system by the end of 2022.

In 2020/21, we launched a new anonymous email service, enabling Nightlines to communicate with service users over email, without being able to see any personal information of the users.

Contact Topics



This chart excludes silent calls (16% of all contacts) and immediate hang-ups (13% of all contacts). "Other" includes all categories that applied to fewer than 300 total contacts during the year.

The majority of contacts concerned mental health in some shape or form, with academic issues the next biggest topic. This broadly reflects research findings by Student Minds carried out at the beginning of the 2021/22 academic year.¹

¹ Student Minds, [Mental Health: Life in a Pandemic September 2021 Research Wave II](#)

Structure, Governance and Management

Legal Structure

The Nightline Association is a Charitable Company Limited by Guarantee registered in England. The Trustees are the directors for the purposes of the Companies Act 2006.

We are registered as a charity in England & Wales and in Scotland. The Association is not required to register in Northern Ireland as section 167 of the Charities Act (Northern Ireland) 2008 has not yet been brought into operation.

Governing Document

The Association's constitution consists of its Articles of Association which are available from Companies House and the Charity Commission.

Governance Changes

The 2021 AGM saw our members approve a wide-ranging package of changes and reforms to our governance structures. These changes modernised, updated and simplified the governance of the Association. Some further changes are planned for 2022 and 2023, including converting to a charitable incorporated organisation.

Membership & Affiliation

Our legal members are the Coordinators of the Affiliated Nightlines. In addition, all Nightline and Association Volunteers are (non-voting) associate members.

Affiliated Nightlines are accredited by the Association as meeting the requirements of the Good Practice Guidelines (GPGs), a set of guidelines approved by the

members and based on legal and best practice requirements in the helplines sector.

There is an annual affiliation fee for Nightlines which is set by the membership. This is currently 4% of a Nightline's annual income, capped at £860.66 (rising in line with inflation).

Representation

In addition to the AGM, the members are represented by Regional Coordinators which are elected by the members in each of the 10 regions for a term of 1 year.

The Regional Coordinators represent and support Nightlines in their region and are led by the Regional Coordinator Lead, elected by all members for a term of 2 years.

The Regional Coordinators form the Council which meets termly and advises the Association on matters affecting Nightlines. The Council must approve Trustee appointments and certain governance changes.

Trustee Meetings & Committees

The Trustees take an active role in the running of the Association, providing direct support to the volunteer Heads of Department when necessary.

The Board of Trustees holds four plenary meetings each year, with shorter additional meetings held when necessary.

Additional work is carried out by the four main Trustee Committees:

- Risk Management Committee
- Charity Management Committee
- Finance Committee
- Governance Committee

A number of sub-committees also exist to drive forward specific areas of work such as safeguarding and data protection.

Risk Management

Over the course of 2021, the Trustees took steps to improve the controls of risks facing the Association. The improved risk review process has resulted in a more robust risk register, leading to prioritised action being taken in key areas to reduce the Association's risk profile.

Charity Governance Code

The Trustees are working towards fulfilling all of the standards of the [Charity Governance Code](#).

This work is ongoing but has led to significant improvements in our governance over the past two years. These improvements include introducing a more rigorous Trustee appointment process and a detailed conflicts of interests policy and register of interests.

Volunteer Management

The Association's volunteers are organised into a number of teams within four departments: Communications, Development, Engagement and IT.

Each department is led by a volunteer Head of Department, supported by a Line Trustee appointed by the Board.

Subsidiaries

The Association has two subsidiary charities:

- Nightline Trust, a charitable incorporated organisation (charity number 1112793-1)
- Nightline Trust Ltd, a company limited by guarantee (company number 13605561, not required to register as a charity).

Nightline Trust Ltd was formed to take on ownership of Birmingham Nightline as a temporary measure due to its parent body withdrawing its support. The Nightline Trust CIO was established to provide longer-term capacity for taking on other Nightlines in similar circumstances, where it is appropriate to do so.

To avoid confusion due to the similar names, Nightline Trust Ltd was renamed to Birmingham Nightline on 23 May 2022.

Impact of Brexit & Irish Operations

Following the UK's exit from the European Union, the Association has made the difficult decision to cease operating in the Republic of Ireland. Due to the UK no longer being an EEA state, the costs and administrative requirements of operating in Ireland have become prohibitive. We regret having had to take this step and we hope to be able to continue a positive relationship with Irish Nitelines as part of the wider worldwide Nightline Movement.

We are currently working to ensure a smooth transition for Nitelines in Ireland so that support is still available.

Equity, Diversity and Inclusion

In the summer of 2020, the Association made a number of commitments to improving our internal practices and our advice to Nightlines concerning EDI.

We were keen that these commitments led to real change and so we established a task force to review our existing work and make suggestions and recommendations for improvements.

The task force reported in early 2022 and we are now looking to implement its recommendations as well as establish a permanent sub-committee to advise and drive forward this work.

In 2021, we already made progress on our processes, for example by anonymising

the shortlisting stage of our appointments process to reduce unconscious bias.

We recognise that there is always more that can be done and will continue to keep EDI under review moving forward.

The Board of Trustees has been keen to lead from the top on EDI. The Trustees received an inclusion training session from Getting on Board (registered charity 1112013) in September. The Board also looked at the diversity of applicants for Trustee and Staff vacancies during 2021 and are considering ways of improving diversity in future application cycles.

**In 2021, we supported
over 2000 volunteers
providing services to** 
**1.5 million students
across 127 institutions**

Trustees, Staff & Volunteers

Trustee Appointment

Trustees are appointed following a rigorous appointment process. This is carried out by a Committee which includes Trustees, volunteers, and representatives of affiliated Nightlines. The process involves the review of applications, interviews, references and an analysis of potential conflicts of interest. Appointments must be approved by both the Board of Trustees and the Council.

General Trustees are appointed to a 3-year term. Student Trustees are appointed to a 2-year term and must be current students at the time of their appointment or reappointment. Trustees are limited to a maximum of 6 consecutive years in office.

Trustees

Name	Office (if any)	Dates served (if not whole year)	Committees
Emily Wheeler	Chair Line Trustee (Communications)		Charity Management Governance Risk Management
Tommy Spence	Vice Chair	Retired 10 April	Finance
Brendan Mahon		Retired 10 April	Finance
Joe Martin	Line Trustee (IT)	Resigned 19 June	Charity Management
Rose Ahier	Line Trustee (Engagement)		Charity Management
Simisola Oyesanya			Finance
Matthew Axbey	Vice Chair Governance Committee Chair	Vice Chair from 15 July	Governance (Chair) Risk Management
Aisling Curtis	Line Trustee (Development)		Charity Management Governance
Martin Smith	Treasurer		Finance (Chair) Governance Risk Management
Jessica Hudson			Finance
Jacob Kelly		Appointed 5 May	Finance
Harry McLaren	Line Trustee (IT)	Appointed 5 May	Charity Management
Jack Watts		Appointed 16 December	
Matt Youngs		Appointed 16 December	

Trustee Attendance at Meetings

Cells with a grey background indicate that a Trustee is not expected to attend meetings of that Committee.

Name	Board of Trustees	Charity Management	Finance	Governance	Risk Management
Emily Wheeler	10 / 10	11 / 11	2	12 / 12	3 / 3
Tommer Spence	2 / 2	0	3 / 3	0	0
Brendan Mahon	2 / 2	0	3 / 3	0	0
Joe Martin	5 / 5	6 / 6	0	0	0
Rose Ahier	8 / 10	9 / 11	2	1	0
Simisola Oyesanya	8 / 10	0	6 / 9	0	0
Matthew Axbey	10 / 10	7	10	12 / 12	3 / 3
Aisling Curtis	9 / 10	8 / 11	1	10 / 12	0 / 1
Martin Smith	10 / 10	2	12 / 12	12 / 12	3 / 3
Jessica Hudson	4 / 10	0	2 / 9	0	0
Jacob Kelly	6 / 7	1	5 / 7	0	0
Harry McLaren	4 / 7	6 / 7	4	2	1
Jack Watts	1 / 1	0	1	0	0
Matt Youngs	0 / 1	0	0	0	0

Staff

Name	Position	Dates served (if not whole year)
Emma Nieminen	Suicide Calls Project Coordinator	Until 31 August
	Senior Operations Officer	From 1 September

Senior Volunteers

Name	Position	Dates served (if not whole year)
Sam Donnelly	Head of Department (Communications)	
Lily Furber	Head of Department (Development)	Until 7 August
Harry Cloke	Head of Department (Development)	From 7 August
Sophie Adair	Head of Department (Engagement)	
Scarlett Jardine	Head of Department (IT)	

Other Volunteers

The Association could not operate without our team of nearly 100 volunteers who provide IT support, manage fundraising, organise events, provide advice and support to Nightlines and so much more. This has been a particularly difficult year and we are extremely grateful for the time and energy devoted by our volunteers.

Reference and Administrative Details

Name of Charity

Nightline Association

Charity Registration Numbers

1112793 (England & Wales)

SC050834 (Scotland)

Company Registration Number

05436297

Registered Office

PO Box 75974

London

E1W 9QT

Bankers

CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill

West Malling

ME19 4JQ

Shawbrook Bank Limited

Lutea House

Warley Hill Business Park

The Drive

Great Warley

Brentwood

CM13 3BE

Independent Examiner

Outsource Independent Examination
Services

The Hiscox Building

Peasholme Green

York

YO1 7PR

Honorary Counsel

(Pro bono legal advice)

Reed Smith LLP

The Broadgate Tower

20 Primrose Street

London

EC2A 2RS

Memberships & Affiliations

- Alliance for Student Mental Health
- Helplines Partnership
- Small Charities Coalition
- National Council for Voluntary Organisations
- Foundation for Social Improvement
- National Suicide Prevention Alliance
- Mental Wellbeing in Higher Education Expert Group
- Universities UK Mental Health in Higher Education Advisory Group

Exemptions from Disclosure

No details of the Association, its Trustees, or its staff have been omitted from this report.

Funds held as custodian trustee on behalf of others

The Association held funds on behalf of Birmingham Nightline due to delays in opening a separate bank account for Nightline Trust Ltd.

During 2021, the Association received £685 and made payments totalling £78 on behalf of Nightline Trust Ltd. Although

money was kept in the same bank account as the Association's money, these funds were accounted for separately.

Full account of all money received was made to Nightline Trust Ltd in February 2022 and Nightline Trust Ltd then reimbursed the Association for payments made on its behalf.

These payments are shown in the accounts as a restricted fund for Birmingham Nightline.

Nightline Trust Activities

In September, the Trustees approved the transfer of Birmingham Nightline to the Association's subsidiary, Nightline Trust Ltd. This section of the report provides information about the activities of Birmingham Nightline.

About Birmingham Nightline

Birmingham Nightline was started in 1976 and, until Spring 2021, operated as a student society at University of Birmingham Guild of Students. Birmingham Nightline currently has around 100 trained volunteers who are working hard to provide crucial support to students in Birmingham.

Due to COVID-19 and continuing issues accessing office space, Birmingham Nightline currently operates an online-only service, taking contacts by instant messaging and email.

Major achievements

Birmingham Nightline has successfully reopened following a period of closure and the transfer to Nightline Trust Ltd. The Trustees wish to congratulate and thank the student committee for their hard work and commitment in ensuring that such a valuable and important service remains available for students in need.

At the Association's Spring Conference in 2022, one of the Coordinators of Birmingham Nightline received the Nightline Volunteer of the Year award in recognition of their efforts in managing the Nightline through an exceptionally challenging year.

Statistics

Over the course of the Autumn Term, Birmingham Nightline received 117 contacts in total (114 by instant messenger, 3 by email). The majority of contacts concerned problems that the caller wished to speak about. Only 2 IM contacts (1.8%) were missed over the entire period.

Financial Statements & Accounts

Introduction

Financial Review

The Association remains on a stable financial footing, with income of £73k slightly exceeding expenditure of £60k. We raised funds from a range of sources, with the majority of funds raised being unrestricted. We exited 2021 with total funds of £167k and have sufficient funds to deliver our plans for 2022.

Trustees' Responsibilities

The Trustees, who are the directors under the Companies Act 2006, acknowledge their responsibilities for:

- ensuring the company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Investment Policy

The Association does not currently hold any risk-bearing investments and does not intend to make any such investments under our current policies. We hold a small savings account for surpluses above the £85,000 limit for the Financial Services Compensation Scheme (FSCS) in order to

ensure that all of the Association's funds are protected.

Reserves Policy

The Association holds sufficient reserves such that all committed expenditure can be met, along with an allowance for unanticipated expenditure to remediate priority risk areas.

Reporting Framework

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

Examination of accounts

The Trustees are satisfied that no audit is required under:

- section 144 of the Charities Act 2011;
- section 475 of the Companies Act 2006; or
- regulation 10(1) of the Charities Accounts (Scotland) Regulations 2006.

No audit has been required by the members under section 476 of the Companies Act 2006.

The Trustees are therefore satisfied that the company is entitled to exemption from

the provisions of the Companies Act 2006 relating to the audit of the financial statements for the year by virtue of section 477.

The Trustees believe that an independent examination is required under section 145 of the Charities Act 2011 and regulation 11 of the Charities Accounts (Scotland) Regulations 2006.

The Trustees have appointed Outsource Independent Examination Services to carry out this examination. The Trustees believe that Outsource Independent Examination Services has the requisite ability and practical experience to carry out a competent examination of the accounts.

Approval

The financial statements were approved by the Board of Trustees on 17 August 2022 and signed on behalf of the Trustees by:



Martin Smith
Treasurer

Independent Examiner's Report

I report on my examination of the accounts of the Nightline Association ("the charity") for the year ended 31st December 2021.

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act") and the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act"). As company directors, they are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

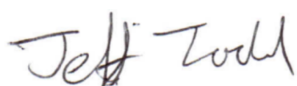
Having satisfied myself that the accounts of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the charities accounts carried out under section 145 of the 2011 Act and section 44(1)(c) of the 2005 Act. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and the requirements of regulation 11 of the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations").

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act, section 44(1)(a) of the 2005 Act, or regulation 4 of the 2006 Regulations; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts did not comply with regulation 8 of the 2006 Regulations; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeff Todd (FCA)
Outsource Independent Examination Services
The Hiscox Building, Peasholme Green, YORK, YO1 7PR

31 August 2022

Statement of Financial Activities

For the year ended 31 December 2021

	Note	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
Income from:		£	£	£	£
Grants, donations and legacies	3.1	32,614	14,626	47,240	55,993
Charitable activities	3.2	7,540	-	7,540	6,340
Fundraising income	3.3	18,379	-	18,379	13,626
Investments	3.4	169	-	169	19
Total income	3	58,702	14,626	73,328	75,978
Expenditure on:					
Raising funds	4.1	716	-	716	754
Charitable activities	4.2	26,926	32,166	59,092	79,213
Total expenditure	4	27,642	32,166	59,808	79,967
Net income		31,060	(17,540)	13,520	(3,989)
Gross transfers between funds		-	-	-	-
Net movement in funds		31,060	(17,540)	13,520	(3,989)
Total funds brought forward		131,222	22,289	153,511	157,500
Total funds carried forward		162,282	4,749	167,031	153,511

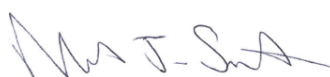
Balance Sheet

As at 31 December 2021

	Note	2021	2020
		£	£
Current Assets			
Prepayments		1,063	1,072
Cash in bank and at hand	7	167,121	152,996
Total Current Assets		168,184	154,068
Current Liabilities: amounts falling due within one year			
Creditors and accruals	8	(1,153)	(557)
Net Current Assets		167,031	153,511
Net Assets		167,031	153,511
Funds of the charity			
Unrestricted funds (General)	9	162,282	131,222
Restricted funds	9	4,749	22,289
Total Funds Carried Forward	9 & 10	167,031	153,511

For the year ending 31 December 2021, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.



Martin Smith
Treasurer

17 August 2022

Notes to the Accounts

For the year ended 31 December 2021

1. Basis of preparation

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)) and the Companies Act 2006.

The charity is a public benefit as defined by FRS102.

1.2. Change of basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

1.3. Change to previous accounts

No changes have been made to accounts for previous years.

2. Accounting policies

2.1. Income and endowments

Recognition of income

Income is recognised in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- receipt is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure, the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Volunteer help

The charity benefits greatly from the involvement of its volunteers as described in the trustees' annual report. In accordance with FRS 102, the value of any voluntary help received is not included in the accounts.

2.2. Expenditure and liabilities

Expenditure

Raising funds

Cost of raising funds comprises those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

3. Income	Unrestricted funds 2021	Restricted funds 2021	Total 2021	Unrestricted funds 2020	Restricted funds 2020	Total 2020
	£	£	£	£	£	£
3.1. Grants, donations and legacies						
Nominet	17,500	4,800	22,300	-	-	-
Suicide project	-	5,000	5,000	-	5,000	5,000
National Lottery Community Fund	-	-	-	-	7,000	7,000
HMRC Furlough Payments	-	-	-	-	3,314	3,314
Corporate donations	-	-	-	8,000	-	8,000
Trust fund donations	9,550	-	9,550	20,758	-	20,758
Donations	5,564	4,826	10,390	11,921	-	11,921
	32,614	14,626	47,240	40,679	15,314	55,993
3.2. Charitable activities						
Subscriptions	4,540	-	4,540	6,340	-	6,340
Other income	3,000	-	3,000	-	-	-
	7,540	-	7,540	6,340	-	6,340
3.3. Fundraising income	18,379	-	18,379	13,626	-	13,626
3.4. Investments						
Interest receivable	169	-	169	19	-	19
Total income	58,702	14,626	73,328	60,664	15,314	75,978

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
4. Expenditure						
4.1. Raising funds						
Fundraising costs	716	-	716	754	-	754
4.2. Charitable activities						
Staff salaries	13,068	15,208	28,276	1,209	20,629	21,838
Staff training & expenses	-	-	-	-	69	69
Volunteer training & expenses	-	-	-	408	-	408
Other staff - Tribal	479	-	479	-	-	-
Virtual assistant	600	-	600	-	-	-
University Nightlines	-	3,745	3,745	-	2,778	2,778
Intelligence dashboard	-	600	600	-	35,040	35,040
IT & Phones	-	11,472	11,472	386	342	728
Conference expenses	867	-	867	10,961	2,249	13,210
Away days	-	-	-	201	-	201
Website	-	-	-	-	1,966	1,966
Suicide volunteer training	-	72	72	-	272	272
Suicide virtual assistant	-	946	946	-	1,110	1,110
Office & running costs	2,921	45	2,966	77	-	77
Insurance	635	66	701	29	-	29
Communications - NLA	-	-	-	75	-	75
Marketing	200	-	200	-	-	-
Trustee expenses	215	-	215	284	-	284
Independent examination	550	-	550	480	-	480
Professional fees	7,391	12	7,403	360	288	648
	26,926	32,166	59,092	14,470	64,743	79,213
Total expenditure	27,642	32,166	59,808	15,224	64,743	79,967

5. Trustee expenses & examination fees

2021 2020

£ £

5.1. Trustee expenses

Expenses paid to trustees	215	284
Number of trustees receiving expenses	4	4

5.2. Fees for examination of the accounts

Independent Examiner's fees for reporting on the accounts	550	480
Other fees paid to the independent examiner	-	-

6. Staff costs and emoluments

2021 2020

£ £

Gross wages, salaries and benefits in kind	27,459	21,209
Employers National Insurance	-	-
Employers Pension	817	629
	28,276	21,838
Average number of employees	1	1

7. Cash in bank and at hand

Unrestricted funds	Restricted funds	Total 2021	Total 2020
£	£	£	£
Current bank account	45,202	4,749	49,951
Deposit accounts	117,170	-	117,170
	162,372	4,749	167,121
		167,121	152,996

8. Creditors and accruals

2021 2020

Amounts falling due within 1 year

£ £

Accruals and deferred income	(1,153)	(557)
	(1,153)	(557)

9. Movement of funds

9.1. Movement of major funds

2021					
Fund name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
	£	£	£	£	£
Unrestricted funds (General)					
General funds	131,222	58,702	27,642	-	162,282
	131,222	58,702	27,642	-	162,282
Restricted funds					
Suicide project	11,440	5,000	15,554	-	886
Nominet	8,040	4,800	9,980	-	2,860
National Lottery Community fund	2,785	-	2,785	-	-
Tribal funding	24	-	24	-	-
Birmingham Nightline	-	685	78	-	607
Just Giving	-	4,141	3,745	-	396
	22,289	14,626	32,166	-	4,749
Total funds	153,511	73,328	59,808	-	167,031
2020					
Fund name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
	£	£	£	£	£
Unrestricted funds (General)					
General funds	85,782	60,664	15,224	-	131,222
	85,782	60,664	15,224	-	131,222
Restricted funds					
Suicide project	17,951	8,314	22,498	7,673	11,440
Nominet	43,200	-	35,160	-	8,040
National Lottery Community fund	-	7,000	4,215	-	2,785
CWP Training	7,673	-	-	(7,673)	-
Tribal funding	116	-	92	-	24
Just Giving	2,778	-	2,778	-	-
	71,718	15,314	64,743	-	22,289
Total funds	157,500	75,978	79,967	-	153,511

9.2. Details of funds held

Unrestricted Funds (General)

The General fund is unrestricted and available for general purposes.

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which are:

- **Suicide project**
To fund training for Nightline volunteers on suicide calls
- **Nominet**
To fund digital transformation projects
- **National Lottery Community fund**
Direct support to Nightlines and improving access for students to Nightlines
- **Tribal funding**
To fund an IT project
- **Birmingham Nightline**
To fund Birmingham Nightline
- **Just Giving**
To fund local Nightline services in particular areas

10. Net assets between funds

2021	Unrestricted funds		Restricted funds	Total 2021
As at 31 December 2021	£	£	£	
Current assets		163,435	4,749	168,184
Current liabilities		(1,153)	-	(1,153)
		162,204	4,749	167,031

2020	Unrestricted funds		Restricted funds	Total 2020
As at 31 December 2020	£	£	£	
Current assets		131,779	22,289	154,068
Current liabilities		(557)	-	(557)
		131,222	22,289	154,511

11. Subsidiaries

During the year, the charity registered a subsidiary company, Nightline Trust Ltd, a company limited by guarantee, and a linked charity, Nightline Trust CIO, to support Birmingham Nightline and any future independent Nightlines but no transactions were entered into in 2021.

© Nightline Association 2022

Registered company 05436297

Registered charity 1112793 (England & Wales)

Registered charity SC050834 (Scotland)

NIGHTLINE ASSOCIATION

England & Wales - Charity number 1112793

Accounts

Nightline Association

(A Company Charity limited by guarantee)

Annual Report & Financial Statements for the year ended

31st December 2020

(Registered Charity Number: 1112793)
(Registered Company Number: 05436297)

Nightline Association

(A Company Charity limited by guarantee)

Contents

Index	Page
Directors' (Trustees') Annual Report	1
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Accounts	9

Nightline Association Board of Directors and Trustees

Trustee	Office held	Dates acted if not for the complete year
Emily Wheeler	Chair	
Tommer Spence	Vice Chair	
Brendan Mahon		
Joe Martin		
Rose Ahier		
Simi Oyesanya		
Binny Arora		Until 18 April 2020
Matthew Axbey		Since 2 May 2020
Aisling Curtis		Since 2 May 2020
Martin Smith		Since 21 May 2020
Jess Hudson		Since 13 July 2020

Performance

In 2020, Nightlines continued to provide vital support to students across the UK and Ireland, with services available to over 1.5 million students enrolled at higher education institutions.

The COVID-19 pandemic has upended our way of life, something Nightline has not escaped. The provision of out-of-hours services increased in importance, but delivering these vital services became more difficult to do safely.

March saw the beginning of lockdown, with the associated impact on universities and students. Our members immediately saw the importance of continuing to offer support to students in their communities, but the traditional Nightline office was no longer a suitable place for volunteers to spend the night. As ever, the ingenuity of our volunteers meant that alternative methods of support were quickly developed.

Many Nightlines moved to online-only support methods, including anonymised instant messaging and email services, supported by Nightline Association's proprietary software.

The Association was able to step in and support Nightlines during this challenging time, providing guidance and support to ensure quality of services and safety of volunteers.

During the pandemic, the Association has continued to fulfil one of its key objectives through providing training for Nightline volunteers. Traditionally, much of this training would be delivered face-to-face, through a series of conferences run across the UK, available to Nightline volunteers to attend. The ongoing restrictions to combat the COVID-19 pandemic have meant that these were no longer viable.

The Association quickly moved to deliver an online conference, to a larger number of volunteers than would have been able to attend in person. Something that has traditionally been thought of as a challenge, the geographically distributed nature of the Association's volunteers, suddenly became a valuable asset. Whilst the country at large was grappling with video conferencing software, our volunteers and staff were already used to collaborating at distance, stepping smoothly into a digital-first way of working.

Through our online conferences, the Association delivered valuable training as well as ensuring that opportunities for networking, sharing of best practice and learning about different challenges faced by member Nightlines were protected. The 2020 Spring

Conference was also an opportunity for the annual awards ceremony, celebrating best-practice and recognising the exceptional contribution made by student volunteers to their university communities. Finally, the Association hosted several online Away Days, for Association volunteers to meet virtually and conduct the business of the charity.

Another key objective for the Association is for all Nightlines to achieve accreditation through the Association's Good Practice Guideline (GPG) scheme. The GPGs were updated in 2019, to ensure that they represent the latest developments in best practice and relevant changes to legislation. The 2019 update brought in the third version of the Guidelines (GPGv3), and all eligible Nightlines are working towards accreditation to GPGv3, or will be when they are next required to do so as part of the 3-yearly cycle. All eligible Nightlines are accredited to at least version 2 of the Guidelines.

The Association has been carrying out a review of best practice in suicide policy, with a view to updating the GPGs. This review took place throughout 2020, despite the covid-19 pandemic, and the resulting update will be brought forward at the 2021 Spring Conference to seek the agreement of member Nightlines.

The Association's Financial Position

Financially, the Association continues to be in good standing, with income of £75,978 in 2020 (vs £113,819 in 2019). The Association's income has remained relatively insulated from the impacts of the pandemic, whilst our largest costs have been depressed, including volunteers travelling across the UK and Ireland to meet in person. The bulk of the Association's funding for 2020 came from a block grant from Nominet, to deliver digital transformation work (the funds were received in 2019 and spent in 2020). The remainder of 2020's income came from a grant towards our suicide calls training, trust fund grants, corporate support, affiliation fees from member Nightlines and small community fundraising. The Association's income stream is increasingly diversified, improving the charity's financial stability moving forward.

Total expenditure in 2020 was £79,967 (vs £38,957 in 2019). The significant increase includes £35,160 on the Nominet funded digital transformation activities and £21,838 on staff costs to deliver the suicide calls training project. Conference and travel costs were down, reflecting the lack of in-person conferences, which were traditionally our largest expense following staff salaries.

At the end of 2020, the Association carries forward a total of £153,511 of which £22,289 is restricted, with the remaining £131,222 being unrestricted. Unrestricted funds include the charity's reserves, with the remainder earmarked for 2021 and future year activities. The Trustee Board remains confident in the Association's ability to continue to operate throughout 2021 and beyond.

Personnel

At the end of 2019, the Association employed a part-time Project Coordinator to oversee the delivery of our suicide calls training and suicide policy review. This is currently the Association's only paid role, and is funded through 2020 thanks to the generous support of The Charlie Waller Trust, Accenture and The Matthew Elvidge Trust. The Association took advantage of the Government's Coronavirus Job Retention Scheme ("furlough") in order to protect the staff role when delivery of activities against the restricted project was not possible.

The work of the Association is only made possible through the significant contributions of our volunteers, donors and staff. We would like to thank those involved with the Association for their continued support which has allowed the delivery of services to Nightlines and to raise awareness of our objectives.

Relationships with external parties

The Association is a member of the following membership organisations:

- National Council of Voluntary Organisations (NCVO)
- Helplines Partnership
- Foundation for Social Improvement (FSI)
- Small Charities Coalition

Benefits of membership include specialist advice and training for Nightline Association volunteers, Trustees and staff.

The Association is also a member of the following networks:

- National Suicide Prevention Alliance (NSPA)
- UK Council for Graduate Education (UKCGE) Postgraduate Mental Health Work Stream
- Mental Well-being in Higher Education (MHWBHE) Group

The Association continues to share information, research and resources with other charities and groups tackling similar issues including: Samaritans; National Union of Students (NUS), Helplines Partnership and Student Minds. Three Rings CIC supports the Association through the provision of IT software.

There are around 120 institutions, along with their Students' Unions and students' associations who support Nightlines services locally through the provision of telephones, rooms, internet connections and IT as well as financial support to run training events.

Beyond 2020

The continuing impact of the COVID-19 pandemic will be felt by Nightline Association, and our members, for some time to come. The Association's resilience and natural ability for innovation has enabled us to continue to operate throughout 2020 and the Trustees are confident that we will continue to provide our vital services to student communities long after the pandemic has ended. The 2021 Spring Conference is expected to take place virtually once again, and support will continue to be offered at distance.

Going forward, a large part of the Association's focus will be on supporting member helplines through uncertain times, as the pandemic continues and its impacts on the higher education sector become more fully known.

Trustees' responsibilities in relation to financial statements

Company law requires the Trustees to prepare final statements each financial year, which give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for the year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles of the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees, who are the Directors for the purpose of company law and Trustees for the purpose of charity law, who served during the year and up to the date of this report are set out in this document.

Disclosure of information

In so far as the Trustees are aware:

- there is no relevant information of which the Charity's Independent Examiner is unaware, and
- the Trustees have taken the necessary steps to be aware of the information, which would be relevant for the independent examination purpose and have communicated them to the Independent Examiner.

Exemptions from Disclosure

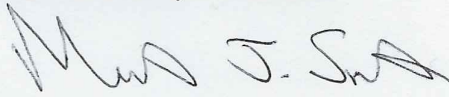
The Trustees have taken advantage of the exemption available to small companies in relation to the preparation of small company accounts under Section 381 of the Companies Act 2006 ("The Act") and the exemption from audit under Sections 476 and 477 of The Act.

Declaration

The Trustees declare that they have approved the Trustees Annual Report and Accounts.

Signed on behalf of the Charity's Trustees:

Signature



Full name

MARTIN JOHN SMITH

Position

TREASURER

Date

16TH MAY 2021

Independent examiner's report to the trustees of Nightline Association

I report on the accounts of: **Nightline Association**
for the year ended: **31 December 2020** which are set out on pages 7 to 15.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

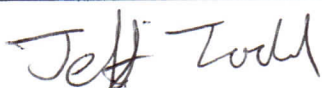
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
- 2 the accounts do not accord with those records
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

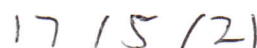
I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeff Todd (FCA)

Outsource independent examination
service

The Hiscox Building
Peasholme Green
York YO1 7PR



Date:

Nightline Association

Statement of Financial Activities for the year ended: 31st December 2020

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Income from:					
Grants, donations and legacies	3.1	40,679	15,314	55,993	99,819
Charitable activities	3.2	6,340	-	6,340	11,417
Fundraising income	3.3	13,626	-	13,626	2,546
Investments	3.4	19	-	19	37
Total income	3	60,664	15,314	75,978	113,819
Expenditure on:					
Raising funds	4.1	754	-	754	1,513
Charitable activities	4.2	14,470	64,743	79,213	37,444
Total expenditure	4	15,224	64,743	79,967	38,957
Net income		45,440	(49,429)	(3,989)	74,862
Gross transfers between funds		-	-	-	-
Net movement in funds		45,440	(49,429)	(3,989)	74,862
Total funds brought forward		85,782	71,718	157,500	82,638
Total funds carried forward		131,222	22,289	153,511	157,500

Nightline Association
(Registered Charity Number: 1112793)
(Registered Company Number: 05436297)

Balance Sheet as at:

31st December 2020

	Note	2020	2019
Current Assets			
Prepayments		1,072	-
Cash at bank and in hand	7	152,996	158,000
Total Current Assets		<u>154,068</u>	<u>158,000</u>
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	8	(557)	(500)
Net Current Assets		<u>153,511</u>	<u>157,500</u>
Net Assets		<u><u>153,511</u></u>	<u><u>157,500</u></u>
Funds of the Charity			
Unrestricted Funds (General)	9	131,222	85,782
Restricted Funds	9	22,289	71,718
Total Funds Carried Forward	9&10	<u><u>153,511</u></u>	<u><u>157,500</u></u>

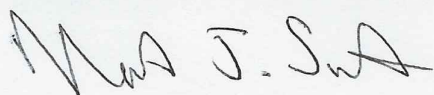
The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

- i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

The financial statements were approved by the trustees and signed on their behalf by:

 16/5/2021
Trustee

Nightline Association

Notes to the accounts for the year ended:

31st December 2020

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

1.2 Change of basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

1.3 Change to previous accounts

No changes have been made to accounts for previous years.

2 Accounting policies

Income and endowments

Recognition of income

Income is recognised in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- receipt is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure, the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure and Liabilities

Expenditure

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Nightline Association

Notes to the accounts for the year ended: 31 December 2020

3 Income	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £
3.1 Grants, donations and legacies						
Nominet	-	-	-	-	43,200	43,200
Suicide	-	5,000	5,000	-	22,500	22,500
National Lottery Community Fund	-	7,000	7,000	-	-	-
HMRC Furlough payments	-	3,314	3,314	-	-	-
Corporate donations	8,000	-	8,000	9,955	-	9,955
Trust fund donations	20,758	-	20,758	11,150	-	11,150
Donations	11,921	-	11,921	12,111	903	13,014
	40,679	15,314	55,993	33,216	66,603	99,819
3.2 Charitable activities						
Subscriptions	6,340	-	6,340	6,992	-	6,992
Management charges	-	-	-	250	-	250
Conference fees	-	-	-	4,170	-	4,170
Other income	-	-	-	5	-	5
	6,340	-	6,340	11,417	-	11,417
3.3 Fundraising income	13,626	-	13,626	2,546	-	2,546
3.4 Investments						
Interest receivable	19	-	19	37	-	37
Total income	60,664	15,314	75,978	47,216	66,603	113,819

Nightline Association

Notes to the accounts for the year ended: 31 December 2020

4 Expenditure	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019	Restricted funds 2019	Total 2019 £
4.1 Raising funds						
Fundraising costs	754	-	754	1,513	-	1,513
4.2 Charitable activities						
Staff salaries	1,209	20,629	21,838	-	12,058	12,058
Staff training & expenses	-	69	69	-	378	378
Volunteer training & expenses	408	-	408	1,131	-	1,131
Other staff - Tribal	-	-	-	-	102	102
Virtual assistant	-	-	-	840	-	840
University Nightlines	-	2,778	2,778	-	-	-
Intelligence Dashboard	-	35,040	35,040	-	-	-
IT & Phones	386	342	728	-	-	-
Conference expenses	10,961	2,249	13,210	15,187	-	15,187
Away Days	201	-	201	1,267	-	1,267
Website	-	1,966	1,966	-	-	-
Suicide project	-	-	-	-	3,400	3,400
Suicide volunteer training	-	272	272	-	779	779
Suicide virtual assistant	-	1,110	1,110	-	370	370
Office & running costs	77	-	77	634	-	634
Insurance	29	-	29	548	-	548
Communications - NLAW	75	-	75	-	-	-
Trustee expenses	284	-	284	-	-	-
Independent examination	480	-	480	500	-	500
Professional fees	360	288	648	250	-	250
	14,470	64,743	79,213	20,357	17,087	37,444
Total expenditure	15,224	64,743	79,967	21,870	17,087	38,957

Nightline Association

Notes to the accounts for the year ended: 31st December 2020

5 Trustee expenses & examination fees

	2020	2019
	£	£
5.1 Trustee expenses		
Expenses paid to trustees	<u>284</u>	<u>431</u>

Number of trustees receiving expenses	<u>4</u>	<u>4</u>
---------------------------------------	----------	----------

	2020	2019
	£	£
5.2 Fees for examination of the accounts		

Independent Examiner's fees for reporting on the accounts	<u>480</u>	<u>500</u>
---	------------	------------

Other fees paid to the Independent Examiner	<u>-</u>	<u>-</u>
---	----------	----------

6 Staff costs and emoluments

	2020	2019
	£	£
Gross wages, salaries and	21,209	11,605
Employers National Insurance	-	-
Employers pension	<u>629</u>	<u>453</u>
	<u>21,838</u>	<u>12,058</u>

Average number of employees	<u>1</u>	<u>1</u>
-----------------------------	-----------------	-----------------

7 Cash at bank and in hand

	Unrestricted Funds	Restricted Funds	Total 2020	Total 2019
	£	£	£	£
Current bank account	<u>130,707</u>	<u>22,289</u>	<u>152,996</u>	<u>158,000</u>

8 Creditors and accruals

	2020	2019
	£	£
Amounts falling due within one year		
Accruals and deferred income	<u>557</u>	<u>500</u>
	<u>557</u>	<u>500</u>

9 Movement of funds

9.1 Movement of major funds

2020

Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Unrestricted Funds					
General funds	85,782	60,664	15,224	-	131,222
	<u>85,782</u>	<u>60,664</u>	<u>15,224</u>	<u>-</u>	<u>131,222</u>
Restricted					
Suicide project	17,951	8,314	22,498	7,673	11,440
Nominet	43,200	-	35,160	-	8,040
Community Fund	-	7,000	4,215	-	2,785
CWP Training	7,673	-	-	(7,673)	-
Tribal funding	116	-	92	-	24
Just Giving	2,778	-	2,778	-	-
	<u>71,718</u>	<u>15,314</u>	<u>64,743</u>	<u>-</u>	<u>22,289</u>
Total Funds	<u>157,500</u>	<u>75,978</u>	<u>79,967</u>	<u>-</u>	<u>153,511</u>

2019

Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Unrestricted Funds					
General funds	61,116	47,216	21,870	(680)	85,782
	<u>61,116</u>	<u>47,216</u>	<u>21,870</u>	<u>(680)</u>	<u>85,782</u>
Restricted					
Comic relief	1,511	-	-	(1,511)	-
Simplyhealth	10,245	-	12,436	2,191	-
CWP Training	7,673	-	-	-	7,673
Tribal funding	218	-	102	-	116
Just Giving	1,875	903	-	-	2,778
Suicide project	-	22,500	4,549	-	17,951
Nominet	-	43,200	-	-	43,200
	<u>21,522</u>	<u>66,603</u>	<u>17,087</u>	<u>680</u>	<u>71,718</u>
Total Funds	<u>82,638</u>	<u>113,819</u>	<u>38,957</u>	<u>-</u>	<u>157,500</u>

9.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for general purposes.

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which are:

Suicide project

To fund training for Nightline volunteers on suicide calls

Nominet

To fund digital transformation projects

National Lottery Community Fund

Coronavirus response community support

CWP training

To fund train the trainers on suicide prevention

Tribal funding

To fund an IT project

Just Giving

To fund local Nightline services in particular areas. The amount donated for such services in the previous year was transferred to this fund at 1 January 2020.

Comic relief

To fund salaries and general running costs

Simplyhealth

To fund staff salaries and expenses in 2019

9.3 Transfers between funds

These represent the combination of the CWP suicide prevention training with the Suicide project and in 2019 represent the approved amounts to meet the deficit on the Simplyhealth fund

10 Net assets between funds

2020	Unrestricted Funds	Restricted Funds	Total 2020
At 31st December 2020	£	£	£
Current assets	131,779	22,289	154,068
Current liabilities	(557)	-	(557)
	<u>131,222</u>	<u>22,289</u>	<u>153,511</u>
2019	Unrestricted Funds	Restricted Funds	Total 2019
At 31st December 2019	£	£	£
Current assets	86,282	71,718	158,000
Current liabilities	(500)	-	(500)
	<u>85,782</u>	<u>71,718</u>	<u>157,500</u>