

FAMILY EQUIP
(a company limited by guarantee)

An Annual report and financial statement for

FAMILY EQUIP
(A Company Limited by Guarantee)

Registered number 5596057 Charity number 1112769

Year ending 31 March 2023

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LEGAL AND ADMINISTRATIVE DETAILS

Charity Name:	Family Equip
Address of Charity:	2 Rollswood Drive Solihull B91 1NL
Company Registration No:	5596057
Charity Registration No:	1112769
Trustees:	Rebecca Kiddoo Chair Dr Stephen Bates (Secretary) David Wort B.Ed., M.Sc. CAMHS Peter Brett
Advisors:	Laura Bates B.A., PG. Dip, Graduate Certificate CAMHS Tracy Inman Family Support Heather Cole B. Sc. Therapeutic clubs and workshops Chloe Aldridge Therapeutic clubs and workshops Marilynn Wort B.Phil.
Bankers:	Santander Business Banking Accounts Management Bridle Road Bootle Merseyside G1R 0AA
Solicitors:	Lawson Lewis & Co 37 Brassey Avenue Hampden Park Eastbourne East Sussex BN22 9QD
Independent Examiner:	Gary Holland F.C.A. 44 Rowney Croft Hall Green Birmingham B28 OPL

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME EXPENDITURE ACCOUNT) FOR YEAR ENDED 31 MARCH 2023

STRUCTURE/ GOVERNANCE AND MANAGEMENT

Family Equip was registered as a company limited by guarantee in October 2005 and this company was registered as a charity in January 2006. A team of Trustees and Advisors manages the charity. We pay two sessional workers who supervise play activities in our therapeutic clubs.

The company was constituted under a Memorandum and Articles of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

All trustees and volunteers adhere to the faithworks charter. Part of this charter states:

We will develop a professional approach to management, practice and funding by:

1. Implementing a management structure, which fosters and encourages participation by staff at all levels to facilitate the vision of Family Equip.
2. Setting and reviewing measurable outcomes: regularly evaluating our management structure. We will recognise the need for organisational flexibility and the good stewardship of resources.
3. Doing all we can to ensure that we are not over dependant on any one source of funding.
4. Implementing best practice in terms of Health and Safety and Safeguarding in order to protect our staff and volunteers and clients.
5. Handling our funding in a transparent and accountable way and to give relevant people from outside Family Equip reasonable access to our accounts.

RISK MANAGEMENT

Family Equip has given particular attention to issues surrounding the safeguarding of children and our Safeguarding policy has been updated and was agreed by trustees during 2023.

A resolution was signed on the 10th April 2006 requiring all cheques to require two signatures for sums over £50

All volunteers agree to apply to the Disclosure and Barring Service for a DBS Check.

As more volunteers undertake family support work we will need to give attention within our training to lone working and health and safety matters. All volunteers will be reminded of our personal responsibilities when transporting children or adults in our cars. A recording system has been introduced as a safeguarding measure to confirm who is picking up the young people from the clubs. Parents have now become familiar with the system. During March 2020 we had to change our practices in line with government advice regarding COVID 19

Family Equip takes out annual insurance from Howden Professionals. This covers public liability, professional indemnity, libel and slander and any civil liability other than as described above.

Indemnity Limit: £1,500,000. (£10,000,000 Public Liability)

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Professional Services: covered are our Counselling, Support, Advocacy, Stress Management and Therapeutic Groups. Including, where applicable, the provision of supervision and training in these activities.

Cover is provided by Dual Corporate Risks Limited acting for Liberty Mutual Insurance Europe Ltd Company

RECRUITMENT AND APPOINTMENT OF TRUSTEES

The Trustees are appointed by consideration of their expertise in their field and their known contribution to the objects of the charity. Appointments are considered by the full Board and the skills mix of the Board is kept under regular review and are supported by a team of advisors whose skills are complementary to the Trustees.

OBJECTS OF CHARITY

The purpose of our charity is to preserve and protect the health and advance the education of families with mental health problems, development disorders and behaviour difficulties. We do this through a variety of voluntary activities.

ACTIVITIES

- Telephone Helpline
- Family support work
- Support group for parents and parenting training
- Therapeutic clubs, workshops understanding anger, loss, anxiety and self-confidence.

SUMMARY OF DEVELOPMENTS from April 2022 to March 2023

Staffing

Peter Brett has now become a trustee of the charity. He is well known to all our members because he has served for many years with the therapeutic clubs. Peter works in a special school and is experienced in teaching youngsters who are nonverbal in nature. **It was unanimously agreed that Peter Brett become a Trustee of Family Equip.**

Work Supporting Families

*We continue to receive regular phone requests for support related to emotional challenges and more serious mental health issues. **Over the period we have supported 19 new cases and continue with previous client families.***

The team continue to work closely with community services particularly family support through local councils and SOLAR (CAMHS) council funded work supporting children and young people with mental health challenges

Mable Melt and Chloe Aldridge now support us as volunteers in administration.

BEFRIENDERS

The befriender answers the Family Equip phone on set days, records any referrals and passes on information to volunteers. Befrienders should always answer the phone with as few distractions as is possible, it is important that the parents are aware Family Equip understand their needs

FAMILY EQUIP (a company limited by guarantee)

We have 3 volunteers who answer the phone during the week. They are Heather Cole, Beckie Kiddoo and Chloe Aldridge. Our aim is to allow a family to feel connected to the community through Family Equip and less isolated and lost in the system

David Wort now follows up following up people asking for help by e mail

These befrienders adhere to the Family Equip's confidentiality policy and ensure families sign the confidentiality sheets for each family being worked with.

We need to develop our evaluation tools investigating progress of our young people who are receiving help through the clubs and workshops

Work Supporting Children

Therapeutic work

We now continue to provide therapeutic clubs for young people and a series of meetings for children who have suffered loss. We provide support for 5 different categories-- junior age boys, secondary aged boys , girls from 9 to 16, siblings from 9 to 16 and a 16+ group. Though numbers are still low we have kept in touch with 25 families. The 16+ group remains popular. This is a new mixed group for those over 16.

We provided 12 sessions of the Lost and Found course. The most recent series was very successful. 9 young people took part. Attendance was very good (apart from a time when a couple of attendees had another commitment). Workers saw a lot of progress. Parents gave positive feedback and specific instances of changes in the youngsters attitudes and behaviour.

Fundraising

The trustees recognise the vital way our charity supports the lives of vulnerable young people. As a result we have sought to build up enough reserves to run our services.

We have received the following significant donations

A business called MAPP decided in spring 2022 to support Family Equip as their charity.

MAPP is a property management specialist for Fraser Property UK and they are responsible for Blythe Valley Business Park, Solihull B90 8BG.

The two ladies, Susan and Deborah who serve the business park were keen to find a local charity to support and they liked our website and our ethos. During this year they have supported Family Equip with a number of cheques and cash deposits.

SOLIHULL LIONS CLUB £500 for our therapeutic work

REGULAR GIVING Our regular donors provide over £200 each month

Independent Examiner's Report to the Trustees of Family Equip

I report on the accounts of the company for the year ended 31 March 2023 which are set out on pages 7-11

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Act, as amended); and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

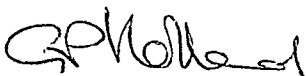
have not been met; or

- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

G.P Holland, F.C.A

Date

8/6/23



STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME EXPENDITURE ACCOUNT) FOR YEAR ENDED 31 MARCH 2023

	Restricted Funds 2023	Unrestricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
INCOMING RESOURCES				
<i>Incoming resources from generated fund:</i>				
Voluntary income:				
Donations and grants	-	5269	5269	3492
<i>Incoming resources from charitable activities:</i>				
Grants and contracts	-	-	-	1005
Interest received	-	-	-	-
TOTAL INCOMING RESOURCES	=	5269	5269	<u>4497</u>
RESOURCES EXPENDED				
Charitable activities				
Therapeutic Clubs	-	1854	1854	941
Family support services		398	398	1380
Training				
 Governance costs	 -	 2091	 2091	 <u>354</u>
TOTAL RESOURCES EXPENDED	=	<u>4343</u>	<u>4343</u>	<u>2675</u>
NET INCOMING /(OUTGOING) RESOURCES			<u>926</u>	<u>1822</u>
 Total funds brought forward			<u>16840</u>	<u>15018</u>
Total funds carried forward			<u>17766</u>	<u>16840</u>

BALANCE SHEET AS AT 31 MARCH 2023


	Note	2023 £	2022
Fixed Assets – Tangible	5	—	—
Cash at bank		17766	16840
Creditors – deferred income		—	—
Net Assets		<u>17766</u>	<u>16840</u>
Charity Funds			
Unrestricted Funds		17766	16840
Restricted fund	6	—	—
Total Funds		<u>17766</u>	<u>16840</u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised for issue by the Board of Trustees on


Rebecca Kiddoo
Chair of Trustees
Company Registration Number 5596057

The notes on the following pages form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR YEAR ENDING 31 MARCH 2023

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

a. Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Companies Act 2006 and the Statement of Recommended Practice: Accounting and Reporting by Charities issued in March 2005.

b. Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

c. Restricted funds

Restricted funds are to be used for specific purposes laid down by the grant making body or donor.

d. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income including donations and grants that provide core funding or are of a general nature are recognised when there is entitlement certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:
 - The donor specifies that the grant or donation must only be used in future accounting periods; or
 - The donor has imposed conditions which must be met before the charity has unconditional entitlement.
- The value of services provided by volunteers has not been included in these accounts.

e. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Administration expenditure includes overhead costs incurred in operating the charity. They include insurance, telephone and accounting costs.

f. Tangible fixed assets

Tangible fixed assets are depreciated on a straight line basis over their estimated useful lives, commencing in the year of acquisition, as follows:

Equipment 25%

2. Related Party Transactions

The charity Trustees were not paid or reimbursed expenses during the period and no charity Trustee received any emolument or payment for professional or other services.

3. Trustee Remuneration and Expenses

No remuneration or expenses directly or indirectly out of the funds of the charity were paid or payable for the year to any trustee or to any person or person known to be connected to them.

4. Taxation

The company is a regulated charity and no provision is considered necessary for taxation.

5. Tangible Fixed Assets

	Equipment £
Cost	
As at 1 April 2022	
Disposal	
As at 31 March 2023	=
Depreciation	
As at 1 April 2022	
Disposal	
As at 31 March 2023	=
Net book value	
As at 31 March 2022	= -
As at 31 March 2023	= -

6. Statement of Funds

	Brought Forward £	Income Resources £	Resources Expended £	Carried Forward £
Unrestricted funds	16840	5269	4343	17766
Restricted funds		-	-	
Total funds	<u>16840</u>	<u>5269</u>	<u>4343</u>	<u>17766</u>

7. Analysis of net assets between funds

	Restricted Funds £	Unrestrict ed Funds £	2023 Total Funds £	2022 Total Funds £
Tangible fixed assets	-	-	-	-
Cash at bank	-	17766	17766	16840
Creditors: Deferred income	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total funds	<u><u>-</u></u>	<u><u>17766</u></u>	<u><u>17766</u></u>	<u><u>16840</u></u>

8. Legal status

Family Equip is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.