



Charity Registration No. 1112487

Company Registration No. 5532977 (England and Wales)

HERTS MIND NETWORK LIMITED
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

HERTS MIND NETWORK LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Board Of Directors

Jess Lievesley (Chair)
Erika Linhares de Paula (Vice Chair) (Resigned 4 October 2023)
Elena Lokteva (Treasurer)
Ritu Sharma (Board Secretary)
Siobhan Nundram (Resigned 4 October 2023)
Helena Marks-Dwyer
Will Lewis
Thalia-Rose Carter
Luke Donovan-King
Tracey Carter

Key management personnel

Joanna Marovitch - Chief Executive
Hilary Lythgoe
Carys Norman
Danielle Levy

Charity number

1112487

Company number

5532977

Registered office

501 St Albans Road
Watford
Herts
WD24 7RZ

Auditor

Myers Clark Chartered Accountants
Egale 1
80 St Albans Road
Watford
WD17 1DL

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Solicitors

S A Law LLP
60 London Road
St Albans
Herts
AL1 1NG

HERTS MIND NETWORK LIMITED

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HERTS MIND NETWORK LIMITED

STATEMENT OF DIRECTORS' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The Board of Directors, who are also the directors of Herts Mind Network Limited for the purpose of company law, are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Board of Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Board of Directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Board of Directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The Board of Directors present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (SORP FRS 102) (effective 1 January 2019)".

GOVERNANCE: CONSTITUTION, STRUCTURE AND MANAGEMENT OF THE CHARITY

Herts Mind Network Ltd ("the Charity") is a company limited by guarantee having been registered in August 2005 under the name of Mind in Dacorum Ltd (name change in August 2007). As a registered charity, it is governed by its Memorandum and Articles of Association and the trust deed under which it was originally set up. The Charity began operating as a company limited by guarantee on 1 April 2006.

The Board of Directors ("the Board") comprises twelve people including a proportion of users of mental health services. Recruitment to the board takes place periodically as needed, and anyone from the community can apply for these roles. Nomination of candidates for election to the Board is open to the whole membership, and a ballot is held annually at the AGM to elect those who wish to stand for Officer posts. Members wishing to be considered for election to the Board are able to approach an Officer during the year for a discussion of the roles and responsibilities of a Director. Following this discussion, the member may be introduced to the Board and observe a number of board meetings. The member may then be co-opted onto the Board in the intervening period before the next AGM where they will be formally appointed by the membership. Job descriptions exist for each Officer position, and a full briefing is given about the roles and responsibilities when a Director is first appointed. Ongoing training is given to Directors as and when required.

The Directors are responsible for all operational decisions taken by the Charity, including allocation of resources in pursuit of its charitable objectives, although some of these decisions are devolved to the Chief Executive and the senior members of staff. A Delegation of Authority document exists in relation to those areas where decision-making has been devolved to staff, for example in relation to ordering of goods and services.

The Charity works in partnership with other organisations including Mind in Mid Herts, AGE UK and HPFT where this is the most effective way to provide services across the county.

FINANCIAL MANAGEMENT AND CONTROL

During this twelve-month period (April 2023 – March 2024), the Charity has undertaken a wide range of activities in pursuit of its charitable objectives. To help manage these activities, annual budgets for the following year are prepared, presented to and agreed by the Board. To support the financial regime, clearly written policies about what activities will be funded and how, have been prepared and communicated to all involved.

The Board receives monthly management accounts reporting on the financial performance and position of the organisation. These are presented to the Board and compare updated forecasts for the expected year-end position in the light of performance in the year to date, compared to budget. The Board is presented with a narrative provided by the Treasurer and focuses on reasons for variation from budget.

GOING CONCERN

The Directors have a responsibility to make sure that the Charity continues in existence for the foreseeable future (at least 12 months from signing these accounts) and to do so they have to be sure that they always have sufficient funds not only to pay the Charity's bills as they fall due but also to fund commitments to future capital expenditure. This is known as being a "going concern"

The Charity's review of Going Concern was extensive and extended to 'stress testing' for the direct financial impact of an inflation and financial pressures on local government and Hertfordshire and West Essex ICB. The outcome of these reviews show that these events would be challenging for the Charity but in the Directors opinion would not compromise the Charity's ability to continue as a Going Concern.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

RISK MANAGEMENT

Attention continues to be given to the major strategic, business and operational risks which the Charity faces, and believes that maintaining adequate levels of reserves, combined with an annual review of controls over key financial systems, will provide sufficient resources in the event of adverse conditions. To attend to risk management, the Directors have prepared and regularly review an organisational risk management policy. Areas of risk have been broken down with responsibility for each section allocated to individual Directors or members of the senior management team.

Some of the key risks that the Charity has included in its policy are:

Key risks	Plans to manage the risks
Over reliance on a single funder	Increase the number of non-statutory funders
Competition for contracts and tenders	Ensure that we create service models that are effective, competitive, innovative and responsive to local need.
IT systems and cyber crime	Ensure that our IT system is robust and meets the needs of a growing organisation. Cyber security.
Relationship with funders	Maintain and develop collaborative, honest and effective commissioner relationships by delivering high quality services that meet the needs of our local communities.
Health, Safety and the Environment	Work with consultants, ensure all staff are aware of individual responsibilities and reporting, comply with legislation and regulations
Loss/ misuse personal data	Follow legal advice, implement and adhere to policies, staff training
Political	Awareness of changes in government policy
Staff	Focus on staff wellbeing and review of staff recruitment process. Ensure good training and development opportunities.

CHARITIES AND PUBLIC BENEFIT

The Directors of HMN have read the guidance issued by the Charity Commission for England and Wales on 'Charities and Public Benefit'. The Directors confirm that the objects of the charity fully comply with this guidance and further information is set out below.

RESERVES POLICY

The Directors ensure that reserves are maintained at a level that enables the Charity to meet its ongoing obligations as well as managing financial risk and fluctuating income, as it seeks to maintain existing charitable activities and develop new ones. Transfers are made from restricted funds to unrestricted funds to cover the agreed contribution to their general running costs.

It is the intention of the charity to maintain a level of unrestricted reserves amounting to £650,000 to enable the charity to cover the costs of on-going obligations in an event of funding gaps. This amount is considered to address committed costs for a range of items and retain experienced staff for a period of three months. The charity has been working towards achieving the desired level of unrestricted reserves and has made great progress in 2023/24 with unrestricted funds increasing from £295,369 at 31 March 2023 to £407,760 at 31 March 2024. The charity is aiming to grow its unrestricted reserves at a comparable rate in the coming years.

The Charity maintains funds in longer term investment accounts where such funds are not required for day to day activities. This provides security to the organisation and provides some additional interest return.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

FINANCIAL POSITION

During the year ended 31st March 2024, total income was £5,882,676 (2023: £4,383,902), and total expenditure was £5,321,729 (2023: £4,190,773). The reserves of the Charity increased by £560,947.

FUNDRAISING

The majority of HMN's income is derived from contracts and grants.

The organisation also receives income from social enterprises detailed below, donations and legacies. There are static collection boxes at various locations in Hertfordshire and the ability for people to donate to and organise fundraising events in support of us via our website and through a Herts Mind Network Just Giving page.

There is no commercial fundraising activity directly to the public.

VISION, PURPOSE AND VALUES

Our vision

"Every person in Hertfordshire will feel supported with their mental health."

Our purpose

- 1. We fight for the mental health of every person in Hertfordshire.**
- 2. We provide mental health support, opportunity, advocacy and resources.**
- 3. We will elevate and promote the voice of those with lived experience of mental ill health.**

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Our values

Hope

We believe in potential, possibility and opportunity. We embrace a culture of curiosity and sustainability. We believe in choice, freedom, change and a better future for every person experiencing mental ill health.



Courage

We are determined, bold and unstoppable. We welcome transformation and innovation, advocate for improvement and influence change in Hertfordshire's mental health system. We are resilient and speak loudly in the face of adversity and inequality, and we fight tirelessly for mental health.



Together

Coproduction is at the heart of our organisation. Together we share learning, build relationships and connect with others. We work in partnership with individuals, voluntary sector and statutory services, local organisations and companies, to generate new ideas and promote inclusion and diversity and a better understanding of mental health across our community.



Responsive

We are open and transparent. We take time to listen, to learn, to share and to act. We adjust to change, make timely decisions and are both respectful and inclusive.



HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

REPORT ON PRINCIPAL ACTIVITIES

We provide essential mental health support in Hertfordshire, providing a diverse range of services from our seven Wellbeing Centres and other venues across all ten districts of the county. Funded locally, our services are available to all residents in Hertfordshire over the age of 18 and we offer dedicated services for 5-18 year olds.

We create opportunities for individuals experiencing mental ill health to make choices, find their solutions, build resilience and manage their whole life and wellbeing. Our services are based on the principle of self-help with a strong emphasis on prevention, personal development, self-management and improving health and wellbeing.

We provide opportunities for individuals to access support to enable them to recover from or live with mental ill health.

Our services are grouped in the following areas:

1. Crisis Intervention
2. Complex Needs
3. Peer Support
4. Wellbeing and Counselling
5. Training and Education

1. Crisis Intervention

We have continued to develop the **Nightlight** countywide out of hour's mental health crisis service during this financial year. The centres provide a safe, homely and welcoming space for people who are feeling distressed and experiencing a crisis. Each centre is staffed by a team of skilled and experienced non-clinical mental health workers, many of whom have a lived experience of mental ill health.

Our **Nightlight Crisis Helpline** team is open from 7pm to 1am, every day of the year.

Our **Nightlight Crisis Cafés** are open every day from 7pm – 1am. The Stevenage and Watford Crisis Cafés are open each day, and the Ware and Hatfield Crisis Cafés are open Friday, Saturday, Sunday and Monday each week. The Hatfield Crisis Café opened in December 2023 and is being delivered in partnership with Mind in Mid Herts.

Our **Nightlight Crisis House** is in Hemel Hempstead and has four bed spaces that can be used if an overnight stay would help an individual to resolve their crisis. The beds are available (depending on capacity) seven days a week, 365 days a year.

These beds are available for all Hertfordshire residents. In some circumstances overnight stays may be discussed and agreed with the Crisis Resolution Home Treatment Team. All overnight stays are reviewed daily, however, in most cases we envisage individuals will stay up to 3 nights. This is assessed and agreed on an individual basis.

The **A&E Crisis Liaison Service** is delivered in partnership with Mind in Mid Herts to provide support to Lister and Watford General Hospital A&E staff to improve crisis care pathways for adults who are experiencing a mental health crisis. Our A&E Link Workers support adults to access alternative mental health crisis support, including our Nightlight Crisis Service, particularly where it will be helpful for the individual to leave the hospital setting and be welcomed into a calmer, quieter environment.

Daylight provides community outreach crisis support to individuals aged 18 or over across Hertfordshire through one-to-one support, our Daylight workers support individuals for an average of 4-8 weeks, facilitating access to community support to help individuals manage their mental health crisis within the community.

“I don't know if I would be here without your help”

(HMN Service user)

“A lifeline when no-one else is there”

(HMN Service User)

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

REPORT ON PRINCIPAL ACTIVITIES (CONTINUED)

2. Complex Needs

We are experienced providers of complex needs services within the county.

Our **Community Support Services** provide advice, information, onward referral and holistic support to people who are experiencing mental ill-health or need help with their mental wellbeing. These teams provide one-to-one outreach support in a variety of areas such as; emotional and practical support; housing need; benefits; access to services; signposting; help to reduce episodes of crisis and building life skills. In Three Rivers we also provide intensive support for people experiencing domestic abuse

Our **Bounce Back** service forms an integral part of Hertfordshire Mind Network's (HMN) Community Services, providing one-to-one outreach support to facilitate a smooth, timely and supportive discharge from hospital back into the community, this service is present in Kingfisher Court and Albany Lodge as well as running out of both A&E's (Watford and Lister) in the county.

Our countywide **Flourish** service is here to provide advice, information, onward referral and holistic support to refugees and asylum seekers who are experiencing challenges that are impacting their mental health. The service provides person-centred one-to-one support to help individuals settle in the UK. It is available to those aged 16 and above, offering up to ten sessions of holistic support. The service also has peer support groups across the county both in local hotspots and asylum hotels.

The **Housing Support Service** is here to provide housing advice, information, representations, onward referral and holistic support to people who are experiencing mental ill-health or who need help with their mental wellbeing and housing issues (not including homelessness).

Our **Complex Needs Housing Service** provides advice, information, onward referral and holistic support to people who are experiencing mental ill health or need support with their mental wellbeing. The service is for clients who are presenting to the housing teams as homeless at District and Borough councils. We work alongside the person to develop a tailored package of support that meets their needs, working with them to find the solutions that are right for them.

The **Domestic Abuse Service** is available in Watford and Three Rivers. Our Domestic Abuse Caseworkers can provide support to anyone over the age of 16 who are experiencing domestic abuse. We deliver an easy-to-access, high quality service, providing a range of support, based on the needs and wishes of the individual. We will listen without judgement and will help the person to explore their options and make their own choices, taking actions at a pace that is right for them.

We can also help individuals to access alternative accommodation, safety planning and access to health care if needed.

“ My Caseworker has given me a super boost. I have left my abusive wife and my housing situation is now looking positive. ”

(HMN Service user)

“ I cannot thank you enough for your support, help and advice with my housing and the domestic abuse. My life has started to change for the better now and you've helped me find my confidence again. I am now hopeful for my future and glad that I accepted the support. ”

(HMN Service user)

Our **Primary Care Network** Service is here to provide advice, information, onward referral and holistic support to individuals aged 16+ who are experiencing mental ill health and would like to access 6-10 sessions of tailored one-to-one support to improve their wellbeing. The team work closely with local GP practices, ensuring that individuals can access the support that is right for them.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

REPORT ON PRINCIPAL ACTIVITIES (CONTINUED)

3. Peer Support

Our countywide **Peer Support Service** offers flexible support for adults experiencing mental ill health and those that care for and support them.

The service is staffed by a team of Peer Support workers, who have a lived experience of mental ill health and will work in collaboration with clients to develop an individually-tailored package of support that meets their needs.

Through providing safe and accepting 1:1 support, Peer Support Groups and Peer Learning Courses, the service enables clients to explore their strengths and resources and find solutions.

We also provide a **Peer Mentoring Service**. This service is staffed by trained volunteers who offer up to 12 sessions of person-centred one-to-one support. Volunteers provide emotional and practical support and can do so face-to-face, by phone or on Zoom.

Our **Mums Matter** service provides peer support to new mother's with 0-2 year olds. Through psychoeducation and peer support, we support individuals with:

- Perinatal mental health support
- Groups and 1:1 support
- Psychoeducation and peer support
- Social activities

We have continued to develop this service, facilitating volunteering opportunities for those who have completed the course, to hold monthly peer support groups. Through this expansion, we have been able to embed social interaction and community connection after the Mums Matter course has finished.

4. Wellbeing and Counselling

A major part of our service provision focuses on prevention, access to early help and improving health and wellbeing both physically and emotionally.

Support for **Carers** is a key part of our prevention strategy and we offer Peer Support groups, counselling and a range of other provision such as pottery, yoga and self-supporting Art.

Our Wellbeing Centres and services are supported and enhanced by a large team of skilled and committed **volunteers**. The support of our volunteers is invaluable and we wouldn't be able to provide all of the services that we do without their help.

We have continued to develop our groups and activities throughout this period. We now have 23 groups across the county, including online and face to face meeting places, self-supporting groups, art, carers support groups, music groups, Peer Support groups and a LGBTQ+ group

We offer a wide variety of **Volunteering Opportunities** and currently have **137 volunteers** across multiple services. We strongly encourage our clients to engage in the training to find a placement within the organisation. Meaningful occupation is accepted as the basis of recovery and community inclusion. Clients often use the training and work experience as the first step to employment working initially a few hours a week and building confidence and skills in the process.

Our **Wellbeing Access Workers** promote our HMN services and support access to statutory services through our partnership with Hertfordshire Partnership NHS University Foundation Trust. This reduces barriers to accessing Hertfordshire Mind Network and Wellbeing Service services/ promoting awareness of mental health and support services available to residents of Hertfordshire.

Our respected **Counselling Service** is available at all our Wellbeing Centres. Our counselling team consists of experienced and placement counsellors who use a client-centred approach. We provide a supportive and confidential service and offer up to 10 counselling sessions. Anyone can make a referral to this service and we are able to offer reduced fees to clients and operate a sliding scale from £40-£10.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

REPORT ON PRINCIPAL ACTIVITIES (CONTINUED)

4. Wellbeing and Counselling (continued)

Our **IAPT Counselling Service** has a team of experienced IAOT counsellors who can provide eight free sessions of one-to-one counselling, giving individuals a weekly space to reflect on their experiences in a safe and confidential environment. Referrals can be made by GP's for Hertfordshire residents who are 16 and above.

Our open access **With Youth** service provides online support to children and young people experiencing mental ill health and/or emotional distress. This is a countywide service available for any Hertfordshire resident aged 5-18, as well as parents, carers, and professionals.

The service operates 7 days a week, to help children and young people, and their families, to build resilience by working with them to problem solve and develop coping strategies, coming up with solutions that will enable them to improve their own health and wellbeing. We do this through a range of digital platforms, to provide 1:1 support, groups, and immediate help via our helpline and instant messaging service. We will also provide advice and guidance to parents/families/carers and professionals to ensure a holistic response to supporting the individual and creating a network around them to empower and enable positive change.

As part of this service, we have partnered with BFB Labs to offer Young People across Hertfordshire free, instant access to Lumi Nova: Tales of Courage, a digital therapy delivered through a fun and engaging mobile game to help 7-12 years olds learn how to manage and reduce symptoms of anxiety.

Spot the Signs & Emotional Wellbeing Campaign is a fully-funded programme offering training and workshops to children and young people (CYP), CYP's parents/carers and professionals working with CYP.

The programme provides psychoeducation, emotional resilience and signposting support to empower young people and the adults around them to feel confident enough to manage their mental and emotional health. This work is an integral offer within Hertfordshire's Suicide Prevention Strategy.

Our new creative wellbeing space, **SPARK**, launched, supporting 11-18 year olds to use creative strategies to support and manage their mental health and emotional wellbeing.

This year, we launched three **Herts Haven Café's**, in Watford, Hemel Hempstead and Stevenage piloting free, drop-in support. Through this service, we provide immediate emotional support to any 10-18 year old in mental health need.

Our **Future Youth service** provides one to one mentoring support, delivered face-to-face in the community for a period of up to 6 months for 12-18 years olds living in East and North Herts (depending on the needs and goals of the young person).

Our approach is centred around combining practical & emotional support to aid young people in reaching their goals, which are linked to their mental health & emotional wellbeing.

Each young person is allocated their own dedicated mentor – who can support their needs and build a strong working relationship, whereby the young person will feel empowered to overcome barriers they may be facing.

“ My mentor was super patient, supportive, encouraging and motivated me. They were flexible to be there when I needed and took a real interest in getting me where I wanted to be, making my future feel possible ”

(Young person)

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

REPORT ON PRINCIPAL ACHIEVEMENTS (CONTINUED)

5. Training and Education

We have extensive experience within the field of mental health training and are recognised as a leading provider of mental health-related training in Hertfordshire.

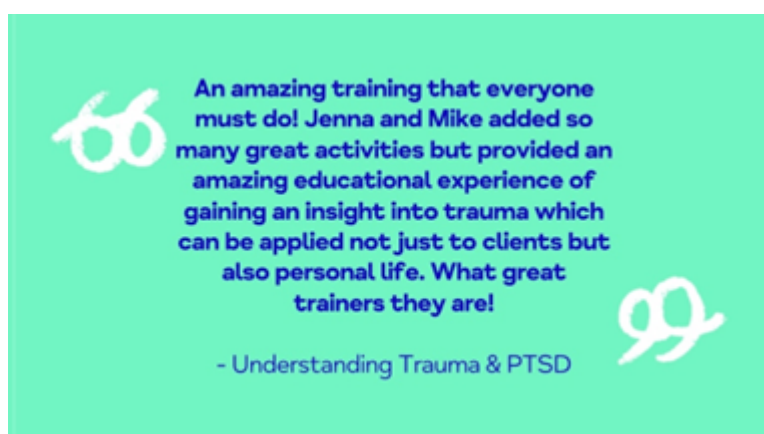
We develop and deliver high quality training services both online and in-person, to voluntary, statutory and private sector organisations locally with a focus on mental health and wellbeing.

Whether it's mindfulness for teaching staff, self-compassion for male carers, emotional resilience for rugby referees, mental health awareness in the workplace for estate agents, suicide and crisis training for construction companies or peer support for walking group members, our extensive catalogue of high-quality training can meet the needs of individuals, organisations and companies.

Training and courses can be adapted to requirements and high-quality bespoke courses and training can be written and delivered for any organisation, workplace, charity and community group.

In January 2024 we launched our new bespoke training website:

www.hertsmindnetworktraining.org



ACHIEVEMENTS AND PERFORMANCE

During this twelve-month period, **15,919 people** have accessed our services.

Adult provision

HMN supported **7,032 adults** during this twelve-month period providing:

- **549** Peer Mentoring sessions provided.
- **2,876** Peer Support sessions provided.
- **1,267** Counselling sessions.
- **4,008** IAPT Counselling sessions
- **1,298** individuals supported in crisis through HMN Crisis services.
- **9,968** referrals into Crisis Support, inclusive of **8,042** Nightlight Crisis Helpline calls
- **7,709** community support sessions.
- **704** support sessions were provided by the Three Rivers Domestic Abuse Service.
- **6,429 attendances** at Meeting Places.
- **126** new Mums provided with perinatal support.

In addition to the above service activity, we are also part of the countywide **Hertswise** service. This is a service for people living with dementia (with or without a diagnosis), low-level memory loss or mild cognitive impairment and their family, friends and carers.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE (CONTINUED)

This partnership has supported:

- **2,175** people
- There have been **11,660** group attendances at **1,337** groups and **282** home visits.
- **422 carers** have been supported through the Hertswise partnership.

Children & Young People provision

HMN supported **8,887** CYP during this twelve-month period providing, broke down as follows:

- **7,585** young people attended psychoeducational emotional wellbeing workshops held in schools and local community groups.
- **14 young people** accessed **96 one-to-one support sessions** provided by Future Youth between October 2023 and March 2024.
- **433** young people accessed With Youth instant access support, and/or 1:1 sessions.
- **745** seven to twelve year-olds have used Lumi Nova: Tales of Courage to overcome their fears and worries.
- **43** eleven- to seventeen-year-olds attended SPARK to use creativity to improve their emotional wellbeing.
- **67** young people visited the Herts Haven Cafés (**310 visits**)
- Provided training to **1,036 professionals** who work with children and young people.
- **103 parents** attended Children & Young People workshops.

Through its work HMN has had a major impact on many individuals' lives and as a result has had many public benefits, including:

- reduction in suicides within the county.
- reduction in isolation and loneliness for at risk client groups.
- improved health and wellbeing of Hertfordshire residents.
- reduction in hospital admissions by supporting clients in crisis.
- prevention of long-term mental health conditions.
- increase in awareness of mental health and mental ill-health.
- Improved access to crisis support out of hours.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

PLANS FOR FUTURE PERIODS

The Board are fully aware of the risk of further potential cuts in statutory funding, and the implications of such cuts are discussed by the Board. The Board continues to develop plans to ensure that HMN can still deliver high quality services should further cuts in statutory funding arise. The Charity will continue to seek funding to support its work in a variety of ways, including partnership working, direct grant application and developing other income streams.

The key areas of attention are detailed below:

SERVICE PROVISION

- To seek new funding opportunities to enhance and develop the current provision in line with unmet needs.
- To work with clients, commissioners and non-statutory providers to assess changes in national policy and local trends to drive and develop responsive innovative services to meet future challenges.
- To attract new, non-statutory funding into the organisation, in order to protect our independence and allow more innovation and creativity within our provision. To develop new partnerships to promote innovative ways of working.
- To continuously strive to deliver services of high quality, which are safe and offer best value.
- To support staff and their welfare and sustain a well-trained supported workforce able to deliver high quality services.
- To develop HMN counselling services across the Network and beyond to meet current demand.
- To improve our marketing and promotional activity across the county to ensure that our communities know who we are, what we do and how to access us.

CAMPAIGNING

To continue to seek funding to enable us to lead the way in raising awareness on mental health issues and continue to challenge the stigma and prejudice surrounding mental ill health.

To continue to work alongside county organisations, both statutory and voluntary, to ensure that mental health remains a high priority on the NHS health agenda.

AUDITORS

Myers Clark offer themselves for reappointment at the AGM.

This report is prepared in accordance with the small companies regime (Section 419) (2) of the Companies act 2006).

Approved by the Board of Directors and signed on behalf of the Board.

Elena Lokteva (Treasurer)
Director
Dated: 9 October 2024

Jess Lievesley (Chair)
Director
Dated: 9 October 2024

HERTS MIND NETWORK LIMITED

INDEPENDENT AUDITOR'S REPORT

TO THE BOARD OF DIRECTORS OF HERTS MIND NETWORK LIMITED

Opinion

We have audited the financial statements of Herts Mind Network Limited (the 'charitable company') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Board of Directors with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Board of Directors are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

HERTS MIND NETWORK LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE BOARD OF DIRECTORS OF HERTS MIND NETWORK LIMITED

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the directors' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of Board of Directors

As explained more fully in the statement of directors' responsibilities, the Board of Directors, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Board of Directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Board of Directors are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board of Directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

The extent to which the audit was considered capable of detecting irregularities including fraud

In identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following;

- The nature of the industry and sector, control environment and business performance including the design of the remuneration policies, key drivers for trustee remuneration, bonus levels and performance targets;
- results of our enquiries of Management about their own identification and assessment of the risks of irregularities;
- any matters we identified having obtained and review the charitable company's documentation of their policies and procedures relating to;
- identifying, evaluating and complying with laws and regulation and whether they were aware of any instances of non-compliance;
 - detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
 - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations;
- the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

HERTS MIND NETWORK LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE BOARD OF DIRECTORS OF HERTS MIND NETWORK LIMITED

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override.

We also obtained an understanding of the legal and regulatory frameworks that the charitable company operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included the UK Companies Act.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. These included Employment law.

Audit response to risks identified

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Paul Windmill (Senior Statutory Auditor)
for and on behalf of Myers Clark

Chartered Accountants
Statutory Auditor

28 October 2024

Egale 1
80 St Albans Road
Watford
Hertfordshire
WD17 1DL

HERTS MIND NETWORK LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income and endowments from:							
Donations and legacies	3	28,265	36,484	64,749	27,975	-	27,975
Charitable activities	4	205,163	5,481,751	5,686,914	190,644	4,063,385	4,254,029
Other trading activities	5	75,950	-	75,950	47,100	-	47,100
Other income	6	55,063	-	55,063	54,798	-	54,798
Total income		364,441	5,518,235	5,882,676	320,517	4,063,385	4,383,902
Expenditure on:							
Charitable activities	7	1,339,972	3,981,757	5,321,729	1,189,597	3,001,176	4,190,773
Net (outgoing)/incoming resources before transfers		(975,531)	1,536,478	560,947	(869,080)	1,062,209	193,129
Gross transfers between funds		1,087,922	(1,087,922)	-	723,199	(723,199)	-
Net income for the year/ Net movement in funds		112,391	448,556	560,947	(145,881)	339,010	193,129
Fund balances at 1 April 2023		295,369	493,538	788,907	441,250	154,528	595,778
Fund balances at 31 March 2024		407,760	942,094	1,349,854	295,369	493,538	788,907

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

HERTS MIND NETWORK LIMITED

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Intangible assets	12	78,666		84,703	
Tangible assets	13	225,337		91,372	
			<u>304,003</u>		<u>176,075</u>
Current assets					
Debtors	14	1,145,233		1,175,746	
Cash at bank and in hand		1,837,912		1,355,021	
			<u>2,983,145</u>		<u>2,530,767</u>
Creditors: amounts falling due within one year	15	(1,937,294)		(1,917,935)	
Net current assets			<u>1,045,851</u>		<u>612,832</u>
Total assets less current liabilities			<u>1,349,854</u>		<u>788,907</u>
Income funds					
Restricted funds	17	942,094		493,538	
Unrestricted funds	18	407,760		295,369	
			<u>1,349,854</u>		<u>788,907</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024, although an audit has been carried out under section 144 of the Charities Act 2011.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board Of Directors on 9 October 2024

Elena Lokteva (Treasurer)
Director

Jess Lievesley (Chair)
Director

Company Registration No. 5532977

HERTS MIND NETWORK LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Cash flows from operating activities					
Cash generated from operations	24		693,780		627,395
Investing activities					
Purchase of intangible assets		(34,516)		(83,490)	
Purchase of tangible fixed assets		(176,373)		(40,677)	
Net cash used in investing activities			(210,889)		(124,167)
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			482,891		503,228
Cash and cash equivalents at beginning of year			1,355,021		851,793
Cash and cash equivalents at end of year			1,837,912		1,355,021

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Herts Mind Network Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 501 St Albans Road, Watford, Herts, WD24 7RZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (SORP FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Board of Directors have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus the Board of Directors continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Board of Directors in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charitable company is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charitable company has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charitable company has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on the accruals basis.

Where costs cannot be directly attributed to an activity including support and office costs they have been allocated to activity cost categories on a basis consistent with the use of the resource i.e. estimated time spent or resource used.

1.6 Intangible fixed assets other than goodwill

Intangible assets over £1,000 acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

The primary intangible asset is the charity database which is central to the organisation. None of this expenditure is regarded as research and development cost, but as live improvement to reflect service requirements.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Charity database	33% p.a. straight line
UEC Capital Wellbeing Centre	33% p.a. straight line
UEC Capital Funding Assets	33% p.a. straight line

1.7 Tangible fixed assets

Tangible fixed assets over £1,000 are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings (conservatory)	10% p.a. straight line (33% p.a. straight line on the boiler housed in a leased building)
Fixtures and fittings	10% or 20% or 33% p.a. straight line
Office equipment	33% p.a. straight line
UEC Capital Funding Assets	20% or 33% p.a. straight line
UEC Capital Wellbeing Centre	10% or 20% or 33% p.a. straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.8 Impairment of fixed assets

At each reporting end date, the charitable company reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.10 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charitable company's contractual obligations expire or are discharged or cancelled.

1.11 Taxation

Herts Mind Network Ltd is a registered charity, and is exempt from corporation tax on its income and gains to the extent that they are applied to the charitable objectives. No tax charge has arisen in the year.

1.12 Employee benefits

The costs of short term employee benefits are recognised as a liability and an expense.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Herts Mind Network Ltd offers a contributory pension scheme to its employees via The Pensions Trust (www.thepensiontrust.org.uk). Employees are auto-enrolled after three months' service, unless they choose to opt out. Pension contributions payable under a defined contribution scheme are charged to the Statement of Financial Activities in the period to which they relate. There are no debt or deficit implications attached to historical participation in the scheme requiring disclosure in the accounts.

1.13 Irrecoverable VAT

Irrecoverable VAT is allocated to the cost associated with the invoice on which VAT is charged.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.14 Gifts and Donation In Kind

Where goods or services are provided to the charitable company as a donation that would normally be purchased from suppliers, the contribution is included as an estimate based on commercial values.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the Board of Directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2024 £	2024 £	2024 £	2023 £
Donations and gifts	7,122	36,484	43,606	27,975
Legacies receivable	21,143	-	21,143	-
	<u>28,265</u>	<u>36,484</u>	<u>64,749</u>	<u>27,975</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

For the year ended 31 March 2024

	Crisis Intervention	Complex Needs	Peer Support	Wellbeing and Counselling	Training and Education	Capital Funding	Total 2024	Total 2023
	£	£	£	£	£	£	£	£
Income from charitable activities	1,580,447	1,597,986	467,316	1,722,582	112,414	206,169	5,686,914	4,254,029
Analysis by fund								
Unrestricted funds	96,422	-	-	27,777	80,964	-	205,163	190,644
Restricted funds	1,484,025	1,597,986	467,316	1,694,805	31,450	206,169	5,481,751	4,063,385
	1,580,447	1,597,986	467,316	1,722,582	112,414	206,169	5,686,914	4,254,029

Included within Crisis Intervention is a Grant in Kind for rent of £96,422 for the year ended 31 March 2023 (£93,468 for the year ended 31 March 2023).

The total income received from government grants was £5,026,824 for the year ended 31 March 2024 (£3,998,888 for the year ended 31 March 2023).

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

(Continued)

For the year ended 31 March 2023

	Crisis Intervention	Complex Needs	Peer Support	Wellbeing and Counselling	Training and Education	Total 2023
	£	£	£	£	£	£
Income from charitable activities	1,340,519	1,169,712	342,823	1,273,567	127,408	4,254,029
Analysis by fund						
Unrestricted funds	93,468	-	-	39,271	57,905	190,644
Restricted funds	1,247,051	1,169,712	342,823	1,234,296	69,503	4,063,385
	1,340,519	1,169,712	342,823	1,273,567	127,408	4,254,029

5 Other trading activities

	Unrestricted funds	Restricted funds	Total Unrestricted funds
	2024 £	2024 £	2024 £
Fundraising events	75,950	-	75,950

6 Other income

	Unrestricted funds	Unrestricted funds
	2024 £	2023 £
Other income	16,858	15,721
Rental income and Room Hire	38,205	39,077
	55,063	54,798

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

7 Charitable activities

For the year ended 31 March 2024

	Crisis Intervention	Complex Needs	Peer Support	Wellbeing and Counselling	Training and Education	Capital Funding	Total 2024	Total 2023
	£	£	£	£	£	£	£	£
Staff costs	643,443	841,073	281,795	1,235,274	83,087	-	3,084,672	2,369,007
Other Staff costs	296,909	55,261	160	141,575	15,927	-	509,832	448,511
External Facilitators	413	-	-	9,973	-	-	10,386	10,312
Training	339	760	1,799	5,209	4,617	-	12,724	3,320
Recruitment	287	23,593	-	6,918	-	-	30,798	31,096
Travel	50,224	89,371	16,869	26,948	2,710	-	186,122	144,694
	<u>991,615</u>	<u>1,010,058</u>	<u>300,623</u>	<u>1,425,897</u>	<u>106,341</u>	<u>-</u>	<u>3,834,534</u>	<u>3,006,940</u>
Share of support costs (see note 9)	219,566	101,661	35,400	811,300	12,878	103,179	1,283,984	965,518
Share of governance costs (see note 9)	35,328	35,072	11,286	113,097	2,967	5,461	203,211	218,315
	<u>1,246,509</u>	<u>1,146,791</u>	<u>347,309</u>	<u>2,350,294</u>	<u>122,186</u>	<u>108,640</u>	<u>5,321,729</u>	<u>4,190,773</u>
Analysis by fund								
Unrestricted funds	96,422	-	-	1,135,060	108,490	-	1,339,972	1,189,597
Restricted funds	1,150,087	1,146,791	347,309	1,215,234	13,696	108,640	3,981,757	3,001,176
	<u>1,246,509</u>	<u>1,146,791</u>	<u>347,309</u>	<u>2,350,294</u>	<u>122,186</u>	<u>108,640</u>	<u>5,321,729</u>	<u>4,190,773</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

7 Charitable activities

(Continued)

For the year ended 31 March 2023

	Crisis Intervention	Complex Needs	Peer Support	Wellbeing and Counselling	Training and Education	Total 2023
	£	£	£	£	£	£
Staff costs	485,490	524,499	215,868	1,043,617	99,533	2,369,007
Other Staff costs	265,451	88,191	423	80,551	13,895	448,511
External Facilitators	-	1,541	270	8,501	-	10,312
Training	625	1,261	178	903	353	3,320
Recruitment	231	24,154	-	6,690	21	31,096
Travel	49,369	47,983	11,906	33,091	2,345	144,694
	801,166	687,629	228,645	1,173,353	116,147	3,006,940
Share of support costs (see note 9)	140,514	73,895	23,315	715,484	12,310	965,518
Share of governance costs (see note 9)	41,778	26,387	10,099	136,011	4,040	218,315
	983,458	787,911	262,059	2,024,848	132,497	4,190,773
Analysis by fund						
Unrestricted funds	-	-	-	1,106,050	83,547	1,189,597
Restricted funds	983,458	787,911	262,059	918,798	48,950	3,001,176
	983,458	787,911	262,059	2,024,848	132,497	4,190,773

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

8 Board Of Directors

None of the Board of Directors (or any persons connected with them) received any remuneration or benefits from the charitable company during the year. Trustee expenses of £311 were incurred for the year ended 31 March 2024 (£171 for the period ended 31 March 2023).

9 Support costs

	Support costs £	Governance costs £	2024 £	Support costs £	Governance costs £	2023 £
Staff costs	239,919	102,822	342,741	184,256	78,967	263,223
Depreciation	78,813	4,148	82,961	30,806	1,621	32,427
Premises	425,140	22,375	447,515	319,071	16,793	335,864
IT Costs	278,610	14,664	293,274	244,076	12,846	256,922
Training	12,079	-	12,079	3,152	-	3,152
Office Running Costs	39,828	2,096	41,924	21,436	1,128	22,564
Accountancy	2,850	150	3,000	-	-	-
Other	50,599	29,717	80,316	162,721	95,566	258,287
Communications	52,604	2,769	55,373	-	-	-
Legal & professional	86,616	4,559	91,175	-	-	-
Marketing expenses	16,926	891	17,817	-	-	-
Audit fees	-	19,020	19,020	-	11,394	11,394
	<u>1,283,984</u>	<u>203,211</u>	<u>1,487,195</u>	<u>965,518</u>	<u>218,315</u>	<u>1,183,833</u>
Analysed between						
Charitable activities	<u>1,283,984</u>	<u>203,211</u>	<u>1,487,195</u>	<u>965,518</u>	<u>218,315</u>	<u>1,183,833</u>

Support costs are apportioned based on estimated time spent on each activity.

10 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Charitable Activities	129	100
Governance	3	3
Total	<u>132</u>	<u>103</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

10 Employees

(Continued)

Employment costs	2024 £	2023 £
Wages and salaries	3,103,069	2,380,445
Social security costs	248,640	196,600
Other pension costs	75,704	55,185
	<u>3,427,413</u>	<u>2,632,230</u>

Total redundancy and termination payments in the year amounted to £6,800 (2023: £nil) and related to redundancy and settlement payments.

Termination payments are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination payments.

At the balance sheet date (31 March 2024), all payments in relation to redundancy and termination payments were paid within the year and no balance is included within creditors at the year end.

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2024 Number	2023 Number
£80,001 - £90,000	<u>1</u>	<u>1</u>

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024 £	2023 £
Aggregate compensation	<u>284,296</u>	<u>262,410</u>

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

12 Intangible fixed assets

	Charity database	UEC Capital Wellbeing Centre	UEC Capital Funding Assets	Total
	£	£	£	£
Cost				
At 1 April 2023	39,861	-	73,032	112,893
Additions	6,390	2,412	25,714	34,516
	<u>46,251</u>	<u>2,412</u>	<u>98,746</u>	<u>147,409</u>
At 31 March 2024	46,251	2,412	98,746	147,409
Amortisation and impairment				
At 1 April 2023	24,051	-	4,139	28,190
Amortisation charged for the year	8,999	598	30,956	40,553
	<u>33,050</u>	<u>598</u>	<u>35,095</u>	<u>68,743</u>
At 31 March 2024	33,050	598	35,095	68,743
Carrying amount				
At 31 March 2024	<u>13,201</u>	<u>1,814</u>	<u>63,651</u>	<u>78,666</u>
At 31 March 2023	<u>15,810</u>	<u>-</u>	<u>68,893</u>	<u>84,703</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

13 Tangible fixed assets

	Leasehold land and buildings (conservatory)	Fixtures and fittings	Office equipment	UEC Capital Funding Assets	UEC Capital Wellbeing Centre	Total
	£	£	£	£	£	£
Cost						
At 1 April 2023	62,544	66,586	12,414	34,143	-	175,687
Additions	-	-	-	23,523	152,850	176,373
Disposals	-	-	(696)	-	-	(696)
At 31 March 2024	62,544	66,586	11,718	57,666	152,850	351,364
Depreciation and impairment						
At 1 April 2023	15,159	55,186	11,907	2,063	-	84,315
Depreciation charged in the year	6,257	7,567	461	14,997	13,126	42,408
Eliminated in respect of disposals	-	-	(696)	-	-	(696)
At 31 March 2024	21,416	62,753	11,672	17,060	13,126	126,027
Carrying amount						
At 31 March 2024	41,128	3,833	46	40,606	139,724	225,337
At 31 March 2023	47,385	11,400	507	32,080	-	91,372

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

14 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	1,027,779	1,060,261
Other debtors	8,863	5,863
Prepayments and accrued income	108,591	109,622
	<u>1,145,233</u>	<u>1,175,746</u>

15 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Other taxation and social security		66,975	64,489
Deferred income	16	1,588,825	1,666,814
Trade creditors		252,016	152,304
Other creditors		8,473	15,176
Accruals and deferred income		21,005	19,152
		<u>1,937,294</u>	<u>1,917,935</u>

16 Deferred income

	2024 £	2023 £
Deferred grant income	<u>1,588,825</u>	<u>1,666,814</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds				Movement in funds				
	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£	£	£	£	£
Restricted funds	154,528	4,063,385	(3,001,176)	(723,199)	493,538	5,518,235	(3,981,757)	(1,087,922)	942,094
	<u>154,528</u>	<u>4,063,385</u>	<u>(3,001,176)</u>	<u>(723,199)</u>	<u>493,538</u>	<u>5,518,235</u>	<u>(3,981,757)</u>	<u>(1,087,922)</u>	<u>942,094</u>

All restricted funds are held for projects being undertaken to fulfil the charitable objectives of the charity as stipulated by the funders.

A detailed breakdown of the restricted funds can be found in the appendix to these accounts.

18 Unrestricted funds

	Movement in funds				Movement in funds				
	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£	£	£	£	£
Unrestricted funds	441,250	320,517	(1,189,597)	723,199	295,369	364,441	(1,339,972)	1,087,922	407,760
	<u>441,250</u>	<u>320,517</u>	<u>(1,189,597)</u>	<u>723,199</u>	<u>295,369</u>	<u>364,441</u>	<u>(1,339,972)</u>	<u>1,087,922</u>	<u>407,760</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

19 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Fund balances at 31 March are represented by:						
Intangible fixed assets	13,201	65,465	78,666	15,810	68,893	84,703
Tangible assets	45,007	180,330	225,337	59,292	32,080	91,372
Current assets/(liabilities)	349,552	696,299	1,045,851	220,267	392,565	612,832
	<u>407,760</u>	<u>942,094</u>	<u>1,349,854</u>	<u>295,369</u>	<u>493,538</u>	<u>788,907</u>

20 Operating lease commitments

Lessee

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024	2023
	£	£
Within one year	57,938	75,289
Between two and five years	60,000	111,833
	<u>117,938</u>	<u>187,122</u>

21 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024	2023
	£	£
Aggregate compensation	<u>284,296</u>	<u>262,410</u>

22 Guarantee

Herts Mind Network is a Company Limited by Guarantee.

Each director provides a guarantee limited to £10 which would be payable in the event the Company is wound up.

23 Analysis of changes in net funds

The charitable company had no material debt during the year.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

24	Cash generated from operations	2024 £	2023 £
	Surplus for the year	560,947	193,129
	Adjustments for:		
	Amortisation and impairment of intangible assets	40,553	12,278
	Depreciation and impairment of tangible fixed assets	42,408	20,150
	Movements in working capital:		
	Decrease/(increase) in debtors	30,513	(374,775)
	Increase in creditors	97,348	136,054
	(Decrease)/increase in deferred income	(77,989)	640,559
	Cash generated from operations	<u>693,780</u>	<u>627,395</u>

Funds Analysis for Statutory Reporting

	Funds as of 31 Mar 23	Incoming Resources	Transfers to/from Unrestricted	Total Incoming Resources	Staff Cost	Non-Staff Cost	Total Resources Expended	Funds as of 31 Mar 24
Restricted								
100 – Crisis Intervention								
100-101 STP Crisis Funding	10,807	694,253	(129,834)	564,419	(486,214)	(114,884)	(601,099)	(25,872)
100-111 A&E Link Workers	25,364	71,776	(20,467)	51,309	(15,132)	(6,995)	(22,127)	54,545
100-111 HCC Nightlight	6,666	403,796	(104,009)	299,787	(238,318)	(17,206)	(255,524)	50,928
100-115 Crisis Winter Funding	19,808	314,200	(55,732)	258,468	(267,306)	(4,028)	(271,335)	6,941
Total 100 – Crisis Intervention	62,645	1,484,025	(310,042)	1,173,983	(1,006,971)	(143,114)	(1,150,085)	86,543
200 – Complex Needs								
200-102 3R CSS	20,275	70,665	(19,770)	50,895	(42,897)	(2,532)	(45,429)	25,741
200-106 Domestic Abuse Countywide	1,113	-	17,000	17,000	(17,546)	(488)	(18,033)	80
200-107 Flourish	13,861	315,625	(69,365)	246,260	(186,355)	(28,520)	(214,875)	45,246
200-108 Bounce Back Dual Diagnosis	70,336	274,030	(79,429)	194,601	(174,859)	(3,278)	(178,138)	86,799
200-110 Paradigm Housing	(2,247)	31,336	(3,964)	27,373	(26,969)	(1,407)	(28,376)	(3,250)
200-113 PCN Project	10,579	186,636	(31,834)	154,802	(143,220)	(3,963)	(147,182)	18,199
200-114 CNH	75,090	244,389	(71,693)	172,696	(172,940)	(46,237)	(219,177)	28,609
200-117 Hertsmere CSS	7,787	74,356	(13,248)	61,108	(56,752)	(2,664)	(59,415)	9,479
200-121 Watford & Three Rivers Domestic Abuse	-	77,996	(6,463)	71,534	(43,735)	(4,482)	(48,217)	23,316
200-122 MHLDA HCP	-	34,798	(5,156)	29,642	(18,713)	(1,190)	(19,904)	9,738
200-123 Hatfield/Welwyn CSS	-	17,299	(2,820)	14,479	(13,104)	(945)	(14,049)	430
200-209 Bounce Back Inpatient	15,079	119,328	(46,583)	72,745	(60,940)	(2,731)	(63,670)	24,154
200-213 Bounce Back Serious Violence	-	8,210	(1,195)	7,015	(149)	(2,299)	(2,448)	4,567
200-105 3R CSS Covid Funding	(2,733)	-	-	-	-	-	-	(2,733)
Contract Finished 3R DAC	7,096	41,219	(17,876)	23,343	(29,613)	(826)	(30,439)	-
Contract Finished Broxbourne PCN	2,273	20,799	(14,803)	5,996	(8,138)	(131)	(8,269)	-
Contract Finished Watford Healthy Hub	9,775	55,208	(15,138)	40,070	(30,304)	(493)	(30,797)	19,048
HCC Household Support Fund - Feb 24 LS	-	2,000	-	2,000	-	(2,000)	(2,000)	-
HCC Household Support Fund - Feb 24 OS	-	2,248	-	2,248	-	-	-	2,248
HCC Household Support Fund - Feb 24 RM	-	2,000	-	2,000	-	-	-	2,000
HCC Household Support Fund - Kate Chan	-	1,531	-	1,531	-	(1,480)	(1,480)	51
HCC Household Support Fund - LS	-	2,556	-	2,556	-	(2,556)	(2,556)	-
HCC Household Support Fund - Olivia S 06/03	-	159	-	159	-	-	-	159
HCC Household Support Fund - Olivia S 07/03	-	559	-	559	-	-	-	559
Household Support Fund - Sept 23	-	5,000	-	5,000	-	(4,158)	(4,158)	842
Household Support Fund 21/03/24 - Leagha	-	509	-	509	-	-	-	509
Household Support Fund 3RDC 100-102(December 22)	868	-	-	-	-	(848)	(848)	20
Household Support Fund March 24 - S Chapman	-	2,000	-	2,000	-	-	-	2,000
League of Helping Hands - 114	-	259	-	259	-	(259)	(259)	-
W&TR Household Support Fund Sept 23	-	3,645	-	3,645	-	(3,011)	(3,011)	634
Watford & 3R Household Support Fund - Feb 24	-	3,625	-	3,625	-	(2,000)	(2,000)	1,625
Watford & 3R HSF 200-120 - March 23	2,611	-	-	-	-	(2,000)	(2,000)	611
Three Rivers Household Support Fund 100-102 - January 2022	315	-	-	-	-	-	-	315
Total 200 – Complex Needs	232,078	1,597,986	(382,337)	1,215,649	(1,026,294)	(120,497)	(1,146,790)	300,937
300 – Peer Support								
300-206 HCC Peer Support	9,514	467,316	(121,776)	345,540	(332,480)	(14,827)	(347,308)	7,746
Total 300 – Peer Support	9,514	467,316	(121,776)	345,540	(332,480)	(14,827)	(347,308)	7,746
400 – Wellbeing and Counselling								
400-112 Hertswise	16,311	172,939	(19,300)	153,639	(142,000)	(34,680)	(176,680)	(6,730)
400-203 NHS Counselling	(7,608)	201,600	-	201,600	(180,064)	(13,414)	(193,478)	514
400-204 Physical Activity Programme	2,883	-	-	-	(526)	-	(526)	2,356
400-205 Drama Partnership	(480)	10,000	(3,305)	6,695	-	(6,215)	(6,215)	-
400-207 HCC Wellbeing	14,646	341,458	(110,350)	231,107	(223,743)	(13,524)	(237,267)	8,486
400-211 VCFSE Resources	2,876	1,314	-	1,314	(1,000)	(134)	(1,134)	3,056
400-212 Mind Business Continuation Fund	-	45,000	(5,000)	40,000	(117)	(19,029)	(19,146)	20,854
400-302 Spot the Signs (CYP)	25,317	61,948	(25,741)	36,207	(38,737)	(4,294)	(43,031)	18,493
400-306 IAPT Access & Engagement	10,584	68,738	(11,647)	57,091	(44,921)	(1,240)	(46,161)	21,514
400-307 Mum's Matter	(24,221)	32,512	19,667	52,179	(33,452)	(858)	(34,311)	(6,352)
400-311 Spark East Herts	546	10,749	(1,419)	9,330	(6,549)	(876)	(7,425)	2,450
400-312 With YOUth	30,090	422,000	(84,209)	337,791	(175,966)	(139,957)	(315,923)	51,957
400-314 Spark North Herts	(434)	10,536	(4,601)	5,935	(4,385)	(1,122)	(5,507)	(5)
400-315 Spark Watford	(515)	10,536	1,726	12,262	(5,687)	(1,626)	(7,313)	4,434
400-318 CYP Wellbeing Cafes	-	308,217	(51,541)	256,676	(60,582)	(41,933)	(102,515)	154,161
400-320 Future Youth Mentoring Service	-	-	35,459	35,459	(10,083)	(181)	(10,264)	25,195
Co-op Donation for Meeting Places(207)	-	-	-	-	-	(489)	(489)	(489)
Contract Finished BBO HYF	-	-	2,538	2,538	-	(2,538)	(2,538)	-
Contract Finished Waiting Time Initiative	5,312	-	(1,540)	(1,540)	(3,732)	(39)	(3,771)	-
HCC Winter Grant 23 Hertswise AMS	-	500	-	500	-	(499)	(499)	1
HCC Winter Grant 23 Hertswise JT	-	520	-	520	-	(504)	(504)	16
HCC Winter Grant 23 Hertswise MG	-	520	-	520	-	(337)	(337)	183
HCC Winter Grant 23 Wellbeing	-	200	-	200	-	(200)	(200)	-
Total 400 – Wellbeing and Counselling	75,307	1,699,287	(259,265)	1,440,022	(931,546)	(283,689)	(1,215,234)	300,095
500 - Training and Education								
500-605 Training CYP	12,033	18,181	(15,291)	2,890	(2,616)	(649)	(3,265)	11,659
A-605 BS College Prep	5,570	-	(5,570)	(5,570)	-	-	-	-
B-605 Helping Herts	13,813	22,702	(13,813)	8,889	-	-	-	22,702
C-605 Goffs Academy	820	-	(820)	-	-	-	-	-
D-605 Merchant Taylors	750	7,791	(794)	6,997	-	-	-	7,747
E-605 St Clement Danes	3,003	-	(3,003)	(3,003)	-	-	-	-
Total 500-605 Training CYP	(22,721)	8,338	24,789	33,127	(10,217)	(190)	(10,406)	-
Total 500 - Training and Education	13,269	63,451	(14,502)	48,949	(12,832)	(864)	(13,696)	48,522
800 - Capital Funding								
800-313 UEC Capital Funding	100,610	4,147	-	4,147	-	(38,382)	(38,382)	66,375
800-316 UEC Capital Funding Wellbeing Centre	-	155,263	-	155,263	-	(48,673)	(48,673)	106,590
800-317 UEC Capital Infrastructure	-	25,714	-	25,714	-	(16,950)	(16,950)	8,764
800-319 UEC Capital - IT / Video Equipment	-	13,045	-	13,045	-	(4,184)	(4,184)	8,861
800-321 UEC Capital	-	8,000	-	8,000	-	(452)	(452)	7,548
Total 800 - Capital Funding	100,610	206,169	-	206,169	-	(108,640)	(108,640)	198,138
700-503 Restricted Donations	117	-	-	-	-	-	-	117
Total Restricted	493,538	5,518,235	(1,087,922)	4,430,313	(3,310,123)	(671,630)	(3,981,757)	942,099
Total Unrestricted								
Total Unrestricted	295,369	364,441	1,087,922	1,452,363	(708,513)	(528,674)	(1,339,972)	407,760
TOTAL	788,907	5,882,676	-	5,882,676	(4,018,636)	(1,200,305)	(5,321,729)	1,349,854

	Funds C'fwd 31st March 2022 £	Incoming Resources £	Transfers (to)/from unrestricted £	Total Incoming Resources £	Staff Costs £	Non Staff Costs £	Total Resources Expended £	Funds C'fwd 31st March 2023 £
RESTRICTED FUNDS - CURRENT YEAR								
100 – Crisis Intervention								
100-101 STP Crisis Funding	(834)	570,263	(78,511)	491,752	(388,162)	(91,949)	(480,111)	10,807
100-111 A&E Link Workers	3,752	78,301	(11,412)	66,889	(44,479)	(798)	(45,277)	25,364
100-111 HCC Nightlight	3,515	384,780	(68,022)	316,758	(284,083)	(29,524)	(313,606)	6,666
100-115 Crisis Winter Funding		200,000	(42,293)	157,707	(100,449)	(37,450)	(137,899)	19,808
100-313 UEC Capital Funding		107,175	-	107,175	-	(6,565)	(6,565)	100,610
Total 100 – Crisis Intervention	6,433	1,340,519	(200,238)	1,140,281	(817,173)	(166,287)	(983,460)	163,255
200 – Complex Needs								
200-102 3R CSS	3,152	75,913	(8,240)	67,673	(46,727)	(3,822)	(50,550)	20,275
200-103 3R DAC	6,752	57,862	(13,840)	44,022	(42,205)	(1,473)	(43,678)	7,096
200-105 3R CSS Covid Funding	(329)	28,482	329	28,812	(30,958)	(258)	(31,216)	(2,733)
200-106 Domestic Abuse Countywide	-	-	12,507	12,507	(10,178)	(1,216)	(11,393)	1,113
200-107 Flourish	-	163,327	(43,726)	119,601	(93,796)	(11,944)	(105,740)	13,861
200-108 Bounce Back Dual Diagnosis	-	117,618	(16,924)	100,694	(23,440)	(6,918)	(30,358)	70,336
200-110 Paradigm Housing	(1,710)	25,368	(2,820)	22,548	(22,811)	(272)	(23,084)	(2,247)
200-113 PCN Project	12,679	177,848	(40,394)	137,454	(134,151)	(5,403)	(139,555)	10,579
200-114 CNH	9,021	285,441	(30,395)	255,046	(99,161)	(89,815)	(188,977)	75,090
200-117 Hertsmere CSS	18,608	59,917	(19,164)	40,753	(49,191)	(2,382)	(51,574)	7,787
200-119 Broxbourne PCN	-	10,399	(50)	10,349	(6,961)	(1,115)	(8,076)	2,273
200-120 Watford Healthy Hub	5,629	38,488	(8,000)	30,487	(25,505)	(836)	(26,341)	9,775
200-209 Bounce Back Inpatient	22,962	94,997	(56,404)	38,593	(42,516)	(3,960)	(46,475)	15,079
Contract Finished 3R DAP	-	-	-	-	-	-	-	-
Contract Finished 3R Healthy Hub	(3,033)	6,157	3,669	9,826	(6,670)	(122)	(6,792)	-
Contract Finished Complex Needs Service	(22)	-	22	22	-	-	-	-
Household Support Fund 100-102 - June 2022	-	6,500	-	6,500	-	(6,500)	(6,500)	0
Household Support Fund 100-120 - March 2022	-	5,000	-	5,000	-	(5,000)	(5,000)	-
Household Support Fund 3RDC 100-102(December 22)	-	5,000	-	5,000	-	(4,132)	(4,132)	868
PCN Dacorum	5,399	-	(5,399)	(5,399)	-	-	-	-
PCN Hertsmere	1,757	-	(1,757)	(1,757)	-	-	-	-
PCN Watford & 3R	342	-	(342)	(342)	-	-	-	-
Three Rivers Household Support Fund 100-102 - January 2022	-	2,885	-	2,885	-	(2,570)	(2,570)	315
Watford & 3R Household Support Fund 100-120 - Sept 2022	-	4,400	-	4,400	-	(4,400)	(4,400)	-
Watford & 3R HSF 200-120 - March 23	-	4,111	-	4,111	-	(1,500)	(1,500)	2,611
Total 200 – Complex Needs	81,206	1,169,712	(230,928)	938,784	(634,271)	(153,640)	(787,911)	232,078
300 – Peer Support								
300-206 HCC Peer Support	46,280	341,157	(116,524)	224,633	(250,898)	(10,500)	(261,399)	9,514
Contract Finished Dacorum Healthy Hub Peer Support	333	1,666	(1,339)	328	(653)	(8)	(661)	-
Contract Finished Lottery Funded Peer Support	(798)	-	798	798	-	-	-	-
Total 300 – Peer Support	45,815	342,823	(117,065)	225,758	(251,551)	(10,508)	(262,059)	9,514
400 – Wellbeing and Counselling								
400-112 Hertswise	32,119	156,522	(23,166)	133,356	(127,183)	(21,981)	(149,164)	16,311
400-203 IAPT Counselling	(5,227)	115,250	(11,520)	103,730	(95,587)	(10,523)	(106,110)	(7,608)
400-204 Physical Activity Programme	-	4,229	-	4,229	(546)	(800)	(1,346)	2,883
400-205 Drama Partnership	-	-	-	-	-	(480)	(480)	(480)
400-207 HCC Wellbeing	20,446	323,969	(99,500)	224,469	(219,260)	(11,010)	(230,269)	14,646
400-210 Ukraine Refugee Support	-	5,000	(417)	4,583	-	(4,583)	(4,583)	-
400-211 VCFSE Resources	-	3,907	-	3,907	-	(1,031)	(1,031)	2,876
400-301 Waiting Time Initiative	1,619	7,929	15,262	23,191	(18,827)	(672)	(19,499)	5,312
400-302 Spot the Signs (CYP)	14,242	62,051	(8,187)	53,864	(36,694)	(6,095)	(42,789)	25,317
400-304 BBO Strive	(37,259)	95,545	7,599	103,144	(61,105)	(4,780)	(65,885)	-
400-304 BBO Strive Bursaries	8,726	4,465	(7,783)	(3,318)	-	(5,408)	(5,408)	-
400-305 BBO HYF	(36,879)	29,471	54,174	83,645	(46,118)	(648)	(46,766)	-
400-305 BBO HYF Bursaries	8	483	(207)	275	-	(284)	(284)	-
400-306 IAPT Access & Engagement	8,850	64,248	(18,650)	45,598	(41,414)	(2,450)	(43,864)	10,584
400-307 Mum's Matter	(14,062)	33,702	(3,389)	30,313	(37,877)	(2,594)	(40,471)	(24,221)
400-311 Spark East Herts	-	7,024	(890)	6,134	(4,049)	(1,539)	(5,588)	546
400-312 With YOUth	-	226,152	(42,515)	183,637	(66,183)	(87,364)	(153,547)	30,090
400-314 Spark North Herts	-	-	-	-	-	(434)	(434)	(434)
400-315 Spark Watford	-	-	-	-	(61)	(454)	(515)	(515)
Contract Finished 400-308 Youth Engagement Worker	18,412	-	(18,412)	(18,412)	-	-	-	-
Contract Finished Tackling Inequalities Fund	147	-	(147)	(147)	-	-	-	-
Total 400 – Wellbeing and Counselling	11,142	1,139,947	(157,749)	982,198	(754,903)	(163,130)	(918,033)	75,307
500 – Training and Education								
500-201 Step2Skills	812	30,560	(10,171)	20,389	(41,486)	(2,436)	(43,922)	(22,721)
500-309 Mental Health Leads in Schools	2,918	-	(828)	(828)	(2,081)	(9)	(2,090)	-
500-605 Training CYP	(15)	14,907	-	14,907	(2,556)	(302)	(2,858)	12,033
A-605 BS College Prep		5,570	-	5,570	-	-	-	5,570
B-605 Helping Herts		13,813	-	13,813	-	-	-	13,813
C-605 Goffs Academy		900	-	900	-	(80)	(80)	820
D-605 Merchant Taylors		750	-	750	-	-	-	750
E-605 St Clement Danes		3,003	-	3,003	-	-	-	3,003
Total 500 – Training and Education	3,714	69,503	(10,999)	58,505	(46,122)	(2,827)	(48,950)	13,269
700-503 Restricted Donations		881	-	881	-	(764)	(764)	117
DoH - Stepping Out	4,007	-	(4,007)	(4,007)	-	-	-	-
Hertsmere Willbeing Gateway	2,279	-	(2,279)	(2,279)	-	-	-	-
100-104 3R DAP	(65)	-	65	65	-	-	-	-
Total Restricted	154,528	4,063,385	(723,199)	3,340,187	(2,504,021)	(497,156)	(3,001,176)	493,538
UNRESTRICTED FUNDS								
	441,250	320,517	723,199	1,043,716	(585,981)	(603,617)	(1,189,597)	295,369
TOTAL FUNDS	595,778	4,383,902	-	4,383,903	(3,090,002)	(1,100,773)	(4,190,773)	788,907