



Charity Registration No. 1112487

Company Registration No. 5532977 (England and Wales)

HERTS MIND NETWORK LIMITED
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023



HERTS MIND NETWORK LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Board Of Directors

Jess Lievesley (Chair)
Erika Linhares de Paula (Vice Chair)
Elena Lokteva (Treasurer)
Ritu Sharma (Board Secretary)
Siobhan Nundram
Helena Marks-Dwyer
Will Lewis
Mark Craigen (Resigned 16 August 2022)
Omar Daniels (Resigned 16 August 2022)
Thalia-Rose Carter (Appointed 5 October 2022)
Luke Donovan-King (Appointed 5 October 2022)
Tracey Carter (Appointed 5 October 2022)
Lauren Schogger (Associate Director) (Appointed 5 October 2022)
Bhavdeep Oberoi (Associate Director) (Appointed 5 October 2022)

Key management personnel

Joanna Marovitch - Chief Executive
Hilary Lythgoe
Carys Norman
Danielle Levy
Clare Rennett
Alex Hunter (Resigned 29 November 2022)

Charity number

1112487

Company number

5532977

Registered office

501 St Albans Road
Watford
Herts
WD24 7RZ

Auditor

Myers Clark Chartered Accountants
Egale 1
80 St Albans Road
Watford
WD17 1DL

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Solicitors

S A Law LLP
60 London Road
St Albans
Herts
AL1 1NG

HERTS MIND NETWORK LIMITED

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HERTS MIND NETWORK LIMITED

STATEMENT OF DIRECTORS' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The Board of Directors, who are also the directors of Herts Mind Network Limited for the purpose of company law, are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Board of Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Board of Directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Board of Directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The Board of Directors present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (SORP FRS 102) (effective 1 January 2019)".

GOVERNANCE: CONSTITUTION, STRUCTURE AND MANAGEMENT OF THE CHARITY

Herts Mind Network Ltd ("the Charity") is a company limited by guarantee having been registered in August 2005 under the name of Mind in Dacorum Ltd (name change in August 2007). As a registered charity, it is governed by its Memorandum and Articles of Association and the trust deed under which it was originally set up. The Charity began operating as a company limited by guarantee on 1 April 2006.

The Board of Directors ("the Board") comprises twelve people including a proportion of users of mental health services. Recruitment to the board takes place periodically as needed, and anyone from the community can apply for these roles. Nomination of candidates for election to the Board is open to the whole membership, and a ballot is held annually at the AGM to elect those who wish to stand for Officer posts. Members wishing to be considered for election to the Board are able to approach an Officer during the year for a discussion of the roles and responsibilities of a Director. Following this discussion, the member may be introduced to the Board and observe a number of board meetings. The member may then be co-opted onto the Board in the intervening period before the next AGM where they will be formally appointed by the membership. Job descriptions exist for each Officer position, and a full briefing is given about the roles and responsibilities when a Director is first appointed. Ongoing training is given to Directors as and when required.

The Directors are responsible for all operational decisions taken by the Charity, including allocation of resources in pursuit of its charitable objectives, although some of these decisions are devolved to the Chief Executive and the senior members of staff. A Delegation of Authority document exists in relation to those areas where decision-making has been devolved to staff, for example in relation to ordering of goods and services.

The Charity works in partnership with other organisations including Mind in Mid Herts, AGE UK and HPFT where this is the most effective way to provide services across the county. The Charity had a subsidiary company, Herts Business Mind Ltd, but this company was dissolved on 10 May 2022.

FINANCIAL MANAGEMENT AND CONTROL

During this twelve-month period (April 2022 – March 2023), the Charity has undertaken a wide range of activities in pursuit of its charitable objectives. To help manage these activities, annual budgets for the following year are prepared, presented to and agreed by the Board. To support the financial regime, clearly written policies about what activities will be funded and how, have been prepared and communicated to all involved.

The Board receives monthly management accounts reporting on the financial performance and position of the organisation. These are presented to the Board and compare updated forecasts for the expected year-end position in the light of performance in the year to date, compared to budget. The Board is presented with a narrative provided by the Treasurer and focuses on reasons for variation from budget.

GOING CONCERN

The Directors have a responsibility to make sure that the Charity continues in existence for the foreseeable future (at least 12 months from signing these accounts) and to do so they have to be sure that they always have sufficient funds not only to pay the Charity's bills as they fall due but also to fund commitments to future capital expenditure. This is known as being a "going concern"

The Charity's review of Going Concern was extensive and extended to 'stress testing' for the direct financial impact of an increased cost of living and inflation. The outcome of these reviews show that these events would be challenging for the Charity but in the Directors opinion would not compromise the Charity's ability to continue as a Going Concern.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

RISK MANAGEMENT

Attention continues to be given to the major strategic, business and operational risks which the Charity faces, and believes that maintaining adequate levels of reserves, combined with an annual review of controls over key financial systems, will provide sufficient resources in the event of adverse conditions. To attend to risk management, the Directors have prepared and regularly review an organisational risk management policy. Areas of risk have been broken down with responsibility for each section allocated to individual Directors or members of the senior management team.

Some of the key risks that the Charity has included in its policy are:

Key risks	Plans to manage the risks
Over reliance on a single funder	Increase the number of non-statutory funders
Competition for contracts and tenders	Ensure that we create service models that are effective, competitive, innovative and responsive to local need.
IT systems and cyber crime	Ensure that our IT system is robust and meets the needs of a growing organisation. Cyber security.
Relationship with funders	Maintain and develop collaborative, honest and effective commissioner relationships by delivering high quality services that meet the needs of our local communities.
Health, Safety and the Environment	Work with consultants, ensure all staff are aware of individual responsibilities and reporting, comply with legislation and regulations
Loss/ misuse personal data	Follow legal advice, implement and adhere to policies, staff training
Political	Awareness of changes in government policy
Staff recruitment	Focus on staff wellbeing. Ensure good training and development opportunities. Recruitment review in progress

CHARITIES AND PUBLIC BENEFIT

The Directors of HMN have read the guidance issued by the Charity Commission for England and Wales on 'Charities and Public Benefit'. The Directors confirm that the objects of the charity fully comply with this guidance and further information is set out below.

RESERVES POLICY

The Directors ensure that reserves are maintained at a level that enables the Charity to meet its ongoing obligations as well as managing financial risk and fluctuating income, as it seeks to maintain existing charitable activities and develop new ones. Transfers are made from restricted funds to unrestricted funds to cover the agreed contribution to their general running costs.

The Directors have determined that unrestricted reserves amounting to at least £650,000 should be maintained to enable the Charity to cover the costs of on-going obligations in the event that the Charity can no longer support its service offerings or contracted services cease. This amount is considered to address committed costs for a range of items for a period of three months. This level of reserves enables the Charity to fund working capital requirements, retain experienced staff during short term funding gaps and acquire fixed assets to be used over a number of years. This level will be reviewed annually to ensure it is still appropriate.

The Charity maintains funds in longer term investment accounts where such funds are not required for day to day activities. This provides security to the organisation and provides some additional interest return.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL POSITION

During the year ended 31st March 2023, total income was £4,389,902 (2022: £3,093,082), and total expenditure was £4,190,773 (2022: £3,011,314). The reserves of the Charity increased by £193,129.

FUNDRAISING

The majority of HMN's income is derived from contracts and grants.

The organisation also receives income from social enterprises detailed below, donations and legacies. There are static collection boxes at various locations in Hertfordshire and the ability for people to donate to and organise fundraising events in support of us via our website and through a Herts Mind Network Just Giving page.

There is no commercial fundraising activity directly to the public.

VISION, PURPOSE AND VALUES

Our vision

"Every person in Hertfordshire will feel supported with their mental health."

Our purpose

- 1. We fight for the mental health of every person in Hertfordshire.**
- 2. We provide mental health support, opportunity, advocacy and resources.**
- 3. We will elevate and promote the voice of those with lived experience of mental ill health.**

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

Our values

Hope

We believe in potential, possibility and opportunity. We embrace a culture of curiosity and sustainability. We believe in choice, freedom, change and a better future for every person experiencing mental ill health.



Courage

We are determined, bold and unstoppable. We welcome transformation and innovation, advocate for improvement and influence change in Hertfordshire's mental health system. We are resilient and speak loudly in the face of adversity and inequality, and we fight tirelessly for mental health.



Together

Coproduction is at the heart of our organisation. Together we share learning, build relationships and connect with others. We work in partnership with individuals, voluntary sector and statutory services, local organisations and companies, to generate new ideas and promote inclusion and diversity and a better understanding of mental health across our community.



Responsive

We are open and transparent. We take time to listen, to learn, to share and to act. We adjust to change, make timely decisions and are both respectful and inclusive.



HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

REPORT ON PRINCIPAL ACTIVITIES

We provide essential mental health support in Hertfordshire, providing a diverse range of services from our seven Wellbeing Centres and other venues across all ten districts of the county. Funded locally, our services are available to all residents in Hertfordshire over the age of 18 and we offer dedicated services for 5-18 year olds.

We create opportunities for individuals experiencing mental ill health to make choices, find their solutions, build resilience and manage their whole life and wellbeing. Our services are based on the principle of self-help with a strong emphasis on prevention, personal development, self-management and improving health and wellbeing.

We provide opportunities for individuals to access support to enable them to recover from or live with mental ill health.

Our services are grouped in the following areas:

1. Crisis Intervention
2. Complex Needs
3. Peer Support
4. Wellbeing and Counselling
5. Training and Education

1. Crisis Intervention

We have continued to develop the **Nightlight** countywide out of hour's mental health crisis service during this financial year. The centres provide a safe, homely and welcoming space for people who are feeling distressed and experiencing a crisis. Each centre is staffed by a team of skilled and experienced non-clinical mental health workers, many of whom have a lived experience of mental ill health.

Our **Nightlight Crisis Helpline** team is open from 7pm to 1am, every day of the year.

Our **Nightlight Crisis Cafés** are open every day from 7pm – 1am and are based in Stevenage, Watford and Ware. The Stevenage Crisis café opened during this financial year and has proved to be our busiest Café.

Our **Nightlight Crisis House** is in Hemel Hempstead and has four bed spaces that can be used if an overnight stay would help an individual to resolve their crisis. The beds are available (depending on capacity) seven days a week, 365 days a year.

These beds are available for all Hertfordshire residents. In some circumstances overnight stays may be discussed and agreed with the Crisis Resolution Home Treatment Team. All overnight stays are reviewed daily, however, in most cases we envisage individuals will stay up to 3 nights. This is assessed and agreed on an individual basis.

The **A&E Crisis Liaison Service** is delivered in partnership with Mind in Mid Herts to provide support to Lister and Watford General Hospital A&E staff to improve crisis care pathways for adults who are experiencing a mental health crisis. Our A&E Link Workers support adults to access alternative mental health crisis support, including our Nightlight Crisis Service, particularly where it will be helpful for the individual to leave the hospital setting and be welcomed into a calmer, quieter environment.

Daylight provides community outreach crisis support to individuals aged 18 or over across Hertfordshire. Through groups and one-to-one support, our Daylight workers support individuals for an average of 4-8 weeks, facilitating access to community support to help individuals manage their mental health crisis within the community. With the expansion of the Crisis House to 24/7 in 2022-23, our Daylight Workers are based here.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

REPORT ON PRINCIPAL ACTIVITIES (CONTINUED)

2. Complex Needs

We are experienced providers of complex needs services within the county.

Our **Community Support Services** provide advice, information, onward referral and holistic support to people who are experiencing mental ill-health or need help with their mental wellbeing. These teams provide one-to-one outreach support in a variety of areas such as; emotional and practical support; housing need; benefits; access to services; signposting; help to reduce episodes of crisis and building life skills. In Three Rivers we also provide intensive support for people experiencing domestic abuse

Our Stepping Stones service was remodelled and renamed during 2022-23. The newly named **Bounce Back** service forms an integral part of Hertfordshire Mind Network's (HMN) Community Services, providing one-to-one outreach support to facilitate a smooth, timely and supportive discharge from hospital back into the community. During this financial year this service has expanded to provide support within Kingfisher Court, Albany Lodge, Lister Hospital and Watford General A&E.

Our countywide **Flourish** service is here to provide advice, information, onward referral and holistic support to refugees and asylum seekers who are experiencing challenges that are impacting their mental health. The service provides person-centred one-to-one support to help individuals settle in the UK. It is available to those aged 16 and above, offering up to ten sessions of holistic support.

The **Housing Support Service** is here to provide housing advice, information, representations, onward referral and holistic support to people who are experiencing mental ill-health or who need help with their mental wellbeing and housing issues.

Our **Complex Needs Housing Service** provides advice, information, onward referral and holistic support to people who are experiencing mental ill health or need support with their mental wellbeing. The service is for clients who are presenting to the housing teams as homeless at District and Borough councils. We work alongside the person to develop a tailored package of support that meets their needs, working with them to find the solutions that are right for them.

The **Domestic Abuse Service** is now available across the county. Our Domestic Abuse Caseworker can provide support to anyone over the age of 18 who is experiencing domestic abuse. We deliver an easy-to-access, high quality service, providing a range of support, based on the needs and wishes of the individual. We will listen without judgement and will help the person to explore their options and make their own choices, taking actions at a pace that is right for them.

We can also help individuals to access alternative accommodation, safety planning and access to health care if needed.

Our **Primary Care Network** Service is here to provide advice, information, onward referral and holistic support to individuals who are experiencing mental ill health and would like to access 6-10 sessions of tailored one-to-one support to improve their wellbeing. The team work closely with local GP practices, ensuring that individuals can access the support that is right for them.

3. Peer Support

Our countywide **Peer Support Service** offers flexible support for adults experiencing mental ill health and those that care for and support them.

The service is staffed by a team of Peer Support workers, who have a lived experience of mental ill health and will work in collaboration with clients to develop an individually-tailored package of support that meets their needs.

Through providing safe and accepting 1:1 support, Peer Support Groups and Peer Learning Courses, the service enables clients to explore their strengths and resources and find solutions.

We also provide a **Peer Mentoring Service**. This service is staffed by trained volunteers who offer up to 12 sessions of person-centred one-to-one support. Volunteers provide emotional and practical support and can do so face-to-face, by phone or on Zoom.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

REPORT ON PRINCIPAL ACTIVITIES (CONTINUED)

4. Wellbeing and Counselling

A major part of our service provision focuses on prevention, access to early help and improving health and wellbeing both physically and emotionally.

Support for **Carers** is a key part of our prevention strategy and we offer Peer Support groups, counselling and a range of other provision such as pottery, yoga and self-supporting Art.

Our Wellbeing Centres and services are supported and enhanced by a large team of skilled and committed **volunteers**. The support of our volunteers is invaluable and we wouldn't be able to provide all of the services that we do without their help. For many volunteers their role also provides a stepping stone back to learning, training and/or employment.

We have continued to develop our groups and activities throughout this period. We now have 28 weekly groups across the county, including Meeting Places, Drama, Art, Music and LGBTQ+ groups.

We offer a wide variety of **Volunteering Opportunities** and strongly encourage our clients to engage in the training to find a placement within the organisation. Meaningful occupation is accepted as the basis of recovery and community inclusion. Clients often use the training and work experience as the first step to employment working initially a few hours a week and building confidence and skills in the process.

Our **Wellbeing Access Workers** promote our HMN services and support access to statutory services through our partnership with Hertfordshire Partnership NHS University Foundation Trust. This reduces barriers to accessing Hertfordshire Mind Network and Wellbeing Service services/ promoting awareness of mental health and support services available to residents of Hertfordshire.

Our respected **Counselling Service** is available at all our Wellbeing Centres. Our counselling team consists of experienced and placement counsellors who use a client-centred approach. We provide a supportive and confidential service and offer up to 10 counselling sessions. Anyone can make a referral to this service and we are able to offer reduced fees to clients and operate a sliding scale from £40-£10.

Our **IAPT Counselling Service** has a team of experienced IAOT counsellors who can provide eight free sessions of one-to-one counselling, giving individuals a weekly space to reflect on their experiences in a safe and confidential environment. Referrals can be made by GP's for Hertfordshire residents who are 16 and above.

Our open access **With Youth** service provides online support to children and young people experiencing mental ill health and/or emotional distress. This is a countywide service available for any Hertfordshire resident aged 5-18, as well as parents, carers, and professionals.

The service helps children and young people to build resilience by working with them to problem solve and develop coping strategies, coming up with solutions that will enable them to improve their own health and wellbeing. We will also provide advice and guidance to parents/families/carers and professionals to ensure a holistic response to supporting the individual and creating a network around them to empower and enable positive change.

As part of this service, we have partnered with BFB Labs to offer Young People across Hertfordshire free, instant access to Lumi Nova: Tales of Courage, a digital therapy delivered through a fun and engaging mobile game to help 7-12 years olds learn how to manage and reduce symptoms of anxiety.

Spot the Signs & Emotional Wellbeing Campaign is a fully-funded programme offering training and workshops to children and young people (CYP), CYP's parents/carers and professionals working with CYP.

The programme provides psychoeducation, emotional resilience and signposting support to empower young people and the adults around them to feel confident enough to manage their mental and emotional health. This work is an integral offer within Hertfordshire's Suicide Prevention Strategy.

Our new creative wellbeing space, **SPARK**, launched, supporting 11-18 year olds to use creative strategies to support and manage their mental health and emotional wellbeing.

Jack* has Autism and struggles to talk to new people, make friends and communicate with their parents around their gender.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

REPORT ON PRINCIPAL ACTIVITIES (CONTINUED)

4. Wellbeing and Counselling (continued)

"Since coming to the group, I feel more confident making friends, and feel more hopeful for the future; I won't always be alone, and it is important to be myself, and find like-minded people that will be there for me, rather than masking my identity. I feel less lonely... I have made friends from the LGBTQIA+ community and I have been seen, understood, I feel more confident now, and even talked to my parents about my identity".

**Jack is an alias, anonymising this young person.*

Our Children & Young People team and our Wellbeing Access Workers help to address the needs of young people and a range of other diverse groups including LGBTQ and ethnic minorities. We work with a number of schools and voluntary organisations in Hertfordshire and offer a range of activities from assemblies to mental health workshops, staff training and fundraising events.

5. Training and Education

Our **Step2Skills** courses offer a range of wellbeing focused self-development courses for people aged 19+ designed to improve wellbeing, build confidence and gain new skills.

Topics include overcoming anxiety and fear; understanding anger and other emotions, mental health and work, daring to dream, overcoming social anxiety, one mind one body, understanding low mood and depression, and understanding self-compassion.

Alongside this we deliver Mental Health Training and provide an extensive range of training to voluntary, statutory and private sector organisations locally (and nationally) with a focus on mental health and wellbeing.

Training is varied from working with GP's to be more aware of the signs of suicide to staff in private industry managing stress more effectively.

ACHIEVEMENTS AND PERFORMANCE

During this twelve-month period, **11,533 people** have accessed our services.

We have seen a huge increase in referrals to our services during the year and have been able to respond to this increased level of need by opening new services, creating new pathways in to our services and working closely and creatively with our community partners.

Adult provision

HMN supported **4,872 adults** during this twelve-month period providing:

- **1,349** Peer Mentoring sessions provided.
- **2,505** Peer Support sessions provided.
- **1,062** Counselling sessions.
- **2,270** IAPT Counselling sessions
- **2,650** individuals supported in crisis through HMN Crisis services.
- **9,318** referrals into Crisis Support, inclusive of 6,557 Nightlight Crisis Helpline calls
- **1,876** community support sessions.
- **354** support sessions were provided by the Three Rivers Domestic Abuse Service.
- **5,581 attendances** at Meeting Places.
- **205** new Mums provided with perinatal support.

In addition to the above service activity, we are also part of the countywide **Hertswise** service. This is a service for people living with dementia (with or without a diagnosis), low-level memory loss or mild cognitive impairment and their family, friends and carers.

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE (CONTINUED)

This partnership has supported:

- **2,860** people
- There have been **7889** group attendances at **1,202** groups and **654** home visits.
- **250 carers** have been supported through the Hertswise partnership.

Children & Young People provision

HMN supported **6,661** CYP during this twelve-month period providing, broke down as follows:

- **4,691** young people attended psychoeducational emotional wellbeing workshops held in schools and local community groups.
- **36 young people** accessed **348 one-to-one support sessions** provided by Herts Youth Futures between April 2022 and September 2022.
- **247** young people accessed withYOUth instant access support, and/or 1:1 sessions.
- **293** 7–12-year-olds have used Lumi Nova: Tales of Courage to overcome their fears and worries.
- **Nine** 11–17-year-olds attended SPARK to use creativity to improve their emotional wellbeing
- Provided training to **1,253 professionals** who work with children and young people.
- **141 parents** attended Children & Young People workshops.

Through its work HMN has had a major impact on many individuals' lives and as a result has had many public benefits, including:

- reduction in suicides within the county.
- reduction in isolation and loneliness for at risk client groups.
- improved health and wellbeing of Hertfordshire residents.
- reduction in hospital admissions by supporting clients in crisis.
- increase in employment through social enterprise programmes.
- prevention of long term mental health conditions.
- increase in awareness of mental health and mental ill-health.

HMN's clients have provided some fantastic feedback:

With Youth

"Thank you so much for the app you have created for young people, I have two children in the age bracket for this app and both struggle at times as young carers for their Dad who has PTSD from his time in the military. They have both really enjoyed the app and used it to work through specific anxieties they have. There's so little for children and this gives a fun and interactive way to process emotions, thanks so much for your help with my children" Parent of a child using Lumi Nova, through With Youth.

Mums Matter

"I can't stress how important it was for me to have access to this group. I think it is such a vital resource for mums who struggle with their mental health. I have taken so much from it, and I know all the many things I learnt (and was reminded of) will help me and my family move forward in the coming years."

Nightlight

"All the staff here are very helpful and caring. I had no one to talk to for years of pain hiding away. Most helpful and I want to say a very big thank to all the staff".

"Nightlight has been a god send. A positive experience that was very much needed in my time of crisis. This is by far the BEST place to be for people in crisis, and that I have not had in over 20 years. This is an amazing service and wonderful people work here. I could write so much more; it is amazing. Please keep this funded. We are treated with respect and like a human being should be. Thank you"

"I can't believe a facility like this exists. The staff were all amazing, especially staying up all night. This place saved me. Thank you for the space."

HERTS MIND NETWORK LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

PLANS FOR FUTURE PERIODS

The Board are fully aware of the risk of further potential cuts in statutory funding, and the implications of such cuts are discussed by the Board. The Board continues to develop plans to ensure that HMN can still deliver high quality services should further cuts in statutory funding arise. The Charity will continue to seek funding to support its work in a variety of ways, including partnership working, direct grant application and developing other income streams. The key areas of attention are detailed below:

SERVICE PROVISION

- To seek new funding opportunities to enhance and develop the current provision in line with unmet needs.
- To work with clients, commissioners and non-statutory providers to assess changes in national policy and local trends to drive and develop responsive innovative services to meet future challenges.
- To attract new, non-statutory funding into the organisation, in order to protect our independence and allow more innovation and creativity within our provision. To develop new partnerships to promote innovative ways of working.
- To continuously strive to deliver services of high quality, which are safe and offer best value.
- To support staff and their welfare and sustain a well-trained supported workforce able to deliver high quality services.
- To develop HMN counselling services across the Network and beyond to meet current demand.
- To improve our marketing, PR and Communications across the county to ensure that our communities know who we are, what we do and how to access us.
- To develop services to promote physical and emotional well-being, encourage progression and self-management.

CAMPAIGNING

To continue to seek funding to enable us to lead the way in raising awareness on mental health issues and continue to challenge the stigma and prejudice surrounding mental ill health.

To continue to work alongside county organisations, both statutory and voluntary, to ensure that mental health remains a high priority on the NHS health agenda.

AUDITORS

Myers Clark offer themselves for reappointment at the AGM.

This report is prepared in accordance with the small companies regime (Section 419) (2) of the Companies act 2006).

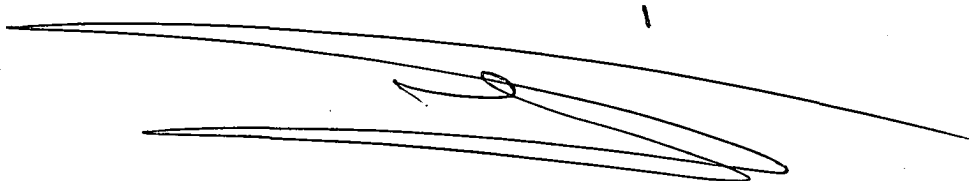
Approved by the Board of Directors and signed on behalf of the Board.



Elena Lokteva (Treasurer)

Director

Dated: 18 July 2023



Jess Lievesley (Chair)

Director

Dated: 18 July 2023

HERTS MIND NETWORK LIMITED

INDEPENDENT AUDITOR'S REPORT

TO THE BOARD OF DIRECTORS OF HERTS MIND NETWORK LIMITED

Opinion

We have audited the financial statements of Herts Mind Network Limited (the 'charitable company') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Board of Directors with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Board of Directors are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

HERTS MIND NETWORK LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE BOARD OF DIRECTORS OF HERTS MIND NETWORK LIMITED

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the directors' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of Board of Directors

As explained more fully in the statement of directors' responsibilities, the Board of Directors, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Board of Directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Board of Directors are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board of Directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

The extent to which the audit was considered capable of detecting irregularities including fraud

In identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following;

- The nature of the industry and sector, control environment and business performance including the design of the remuneration policies, key drivers for trustee remuneration, bonus levels and performance targets;
- results of our enquiries of Management about their own identification and assessment of the risks of irregularities;
- any matters we identified having obtained and review the charitable company's documentation of their policies and procedures relating to;
- identifying, evaluating and complying with laws and regulation and whether they were aware of any instances of non-compliance;
 - detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
 - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations;
- the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

HERTS MIND NETWORK LIMITED

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE BOARD OF DIRECTORS OF HERTS MIND NETWORK LIMITED

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override.

We also obtained an understanding of the legal and regulatory frameworks that the charitable company operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included the UK Companies Act.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. These included Employment law.

Audit response to risks identified

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Paul Windmill (Senior Statutory Auditor)
for and on behalf of Myers Clark

Chartered Accountants
Statutory Auditor

21 July 2023

Egale 1
80 St Albans Road
Watford
Hertfordshire
WD17 1DL

HERTS MIND NETWORK LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income and endowments from:							
Donations and legacies	3	27,975	-	27,975	62,187	3,140	65,327
Charitable activities	4	190,644	4,063,385	4,254,029	258,139	2,751,457	3,009,596
Other trading activities	5	47,100	-	47,100	13,527	4,632	18,159
Other income	6	54,798	-	54,798	-	-	-
Total income		320,517	4,063,385	4,383,902	333,853	2,759,229	3,093,082
Expenditure on:							
Charitable activities	7	1,189,597	3,001,176	4,190,773	981,281	2,030,033	3,011,314
Net (outgoing)/incoming resources before transfers		(869,080)	1,062,209	193,129	(647,428)	729,196	81,768
Gross transfers between funds		723,199	(723,199)	-	684,885	(684,885)	-
Net (expenditure)/income for the year/ Net movement in funds		(145,881)	339,010	193,129	37,457	44,311	81,768
Fund balances at 1 April 2022		441,250	154,528	595,778	403,793	110,217	514,010
Fund balances at 31 March 2023		295,369	493,538	788,907	441,250	154,528	595,778

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

HERTS MIND NETWORK LIMITED

BALANCE SHEET

AS AT 31 MARCH 2023


	Notes	2023 £	£	2022 £	£
Fixed assets					
Intangible assets	12		84,703		13,491
Tangible assets	13		91,372		70,845
			<u>176,075</u>		<u>84,336</u>
Current assets					
Debtors	14	1,175,746		800,971	
Cash at bank and in hand		1,355,021		851,793	
		<u>2,530,767</u>		<u>1,652,764</u>	
Creditors: amounts falling due within one year	15	(1,917,935)		(1,141,322)	
Net current assets			<u>612,832</u>		<u>511,442</u>
Total assets less current liabilities			<u>788,907</u>		<u>595,778</u>
Income funds					
Restricted funds	17	493,538		154,528	
Unrestricted funds	18	295,369		441,250	
		<u>788,907</u>		<u>595,778</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023, although an audit has been carried out under section 144 of the Charities Act 2011.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board Of Directors on 18 July 2023


Elena Lokteva (Treasurer)
Director


Jess Lievesley (Chair)
Director

Company Registration No. 5532977

HERTS MIND NETWORK LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash generated from operations	24		627,395		138,770
Investing activities					
Purchase of intangible assets		(83,490)		(13,887)	
Purchase of tangible fixed assets		(40,677)		(25,036)	
Net cash used in investing activities			(124,167)		(38,923)
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			503,228		99,847
Cash and cash equivalents at beginning of year			851,793		751,946
Cash and cash equivalents at end of year			1,355,021		851,793

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Herts Mind Network Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 501 St Albans Road, Watford, Herts, WD24 7RZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (SORP FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Board of Directors have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus the Board of Directors continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Board of Directors in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charitable company is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charitable company has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charitable company has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on the accruals basis.

Where costs cannot be directly attributed to an activity including support and office costs they have been allocated to activity cost categories on a basis consistent with the use of the resource i.e. estimated time spent or resource used.

1.6 Intangible fixed assets other than goodwill

Intangible assets over £1,000 acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

The primary intangible asset is the charity database which is central to the organisation. None of this expenditure is regarded as research and development cost, but as live improvement to reflect service requirements.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Charity database	33% p.a. straight line
UEC Capital Funding Assets	33% p.a. straight line

1.7 Tangible fixed assets

Tangible fixed assets over £1,000 are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings (conservatory)	10% p.a. straight line (33% p.a. straight line on the boiler housed in a leased building)
Fixtures and fittings	10% or 20% or 33% p.a. straight line
Office equipment	33% p.a. straight line
Motor vehicles	25% or 33% straight line
UEC Capital Funding Assets	33% p.a. straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.8 Impairment of fixed assets

At each reporting end date, the charitable company reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.10 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charitable company's contractual obligations expire or are discharged or cancelled.

1.11 Taxation

Herts Mind Network Ltd is a registered charity, and is exempt from corporation tax on its income and gains to the extent that they are applied to the charitable objectives. No tax charge has arisen in the year.

1.12 Employee benefits

The costs of short term employee benefits are recognised as a liability and an expense.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Herts Mind Network Ltd offers a contributory pension scheme to its employees via The Pensions Trust (www.thepensiontrust.org.uk). Employees are auto-enrolled after three months' service, unless they choose to opt out. Pension contributions payable under a defined contribution scheme are charged to the Statement of Financial Activities in the period to which they relate. There are no debt or deficit implications attached to historical participation in the scheme requiring disclosure in the accounts.

1.13 Irrecoverable VAT

Irrecoverable VAT is allocated to the cost associated with the invoice on which VAT is charged.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2023**

1 Accounting policies

(Continued)

1.14 Gifts and Donation In Kind

Where goods or services are provided to the charitable company as a donation that would normally be purchased from suppliers, the contribution is included as an estimate based on commercial values.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the Board of Directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Donations and gifts	27,975	-	27,975	52,187	3,140	55,327
Legacies receivable	-	-	-	10,000	-	10,000
	<u>27,975</u>	<u>-</u>	<u>27,975</u>	<u>62,187</u>	<u>3,140</u>	<u>65,327</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

For the year ended 31 March 2023

	Crisis Intervention £	Complex Needs £	Peer Support £	Wellbeing and Counselling £	Training and Education £	Total 2023 £	Total 2022 £
Income from charitable activities	1,340,519	1,169,712	342,823	1,273,567	127,408	4,254,029	3,009,596
Analysis by fund							
Unrestricted funds	93,468	-	-	39,271	57,905	190,644	258,139
Restricted funds	1,247,051	1,169,712	342,823	1,234,296	69,503	4,063,385	2,751,457
	1,340,519	1,169,712	342,823	1,273,567	127,408	4,254,029	3,009,596

Included within Health and Wellbeing is a Grant in Kind for rent of £93,468 for the year ended 31 March 2023 (£81,168 for the year ended 31 March 2022).

The total income received from government grants was £3,998,888 for the year ended 31 March 2023 (£2,812,086 for the year ended 31 March 2022).

For the year ended 31 March 2022

	Social Enterprise £	Vocational Advice and Employment £	Health and Wellbeing £	Peer Support £	Complex Needs and Crisis Intervention £	Total 2022 £
Income from charitable activities	122,964	310,422	1,164,768	399,701	1,011,741	3,009,596
Analysis by fund						
Unrestricted funds	122,964	-	135,175	-	-	258,139
Restricted funds	-	310,422	1,029,593	399,701	1,011,741	2,751,457
	122,964	310,422	1,164,768	399,701	1,011,741	3,009,596

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Other trading activities

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Fundraising events	47,100	-	47,100	13,527	4,632	18,159

6 Other income

	Unrestricted funds	Unrestricted funds
	2023 £	2022 £
Other income	15,721	-
Rental income and Room Hire	39,077	-
	54,798	-

Other income for the year ended 31 March 2022 was included within Charitable activities.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

For the year ended 31 March 2023

	Crisis Intervention	Complex Needs	Peer Support	Wellbeing and Counselling	Training and Education	Total 2023	Total 2022
	£	£	£	£	£	£	£
Staff costs	485,490	524,499	215,868	1,043,617	99,533	2,369,007	1,863,502
Other Staff costs	265,451	88,191	423	80,551	13,895	448,511	120,247
External Facilitators	-	1,541	270	8,501	-	10,312	16,515
Training	625	1,261	178	903	353	3,320	9,213
Recruitment	231	24,154	-	6,690	21	31,096	30,509
Travel	49,369	47,983	11,906	33,091	2,345	144,694	102,042
	<u>801,166</u>	<u>687,629</u>	<u>228,645</u>	<u>1,173,353</u>	<u>116,147</u>	<u>3,006,940</u>	<u>2,142,028</u>
Share of support costs (see note 8)	140,514	73,895	23,315	715,484	12,310	965,518	716,096
Share of governance costs (see note 8)	41,778	26,387	10,099	136,011	4,040	218,315	153,190
	<u>983,458</u>	<u>787,911</u>	<u>262,059</u>	<u>2,024,848</u>	<u>132,497</u>	<u>4,190,773</u>	<u>3,011,314</u>
Analysis by fund							
Unrestricted funds	-	-	-	1,106,050	83,547	1,189,597	981,281
Restricted funds	<u>983,458</u>	<u>787,911</u>	<u>262,059</u>	<u>918,798</u>	<u>48,950</u>	<u>3,001,176</u>	<u>2,030,033</u>
	<u>983,458</u>	<u>787,911</u>	<u>262,059</u>	<u>2,024,848</u>	<u>132,497</u>	<u>4,190,773</u>	<u>3,011,314</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

(Continued)

For the year ended 31 March 2022

	Social Enterprise £	Vocational Advice Training and Employment £	Health and Wellbeing £	Peer Support £	Complex Needs and Crisis Intervention £	Total 2022 £
Staff costs	73,173	237,816	870,188	189,340	492,985	1,863,502
Other Staff costs	-	440	24,084	502	95,221	120,247
External Facilitators	2,655	9,008	4,514	-	338	16,515
Training	(19,412)	46	6,779	9,775	12,025	9,213
Recruitment	299	-	16,586	3,446	10,178	30,509
Travel	1,907	19,633	30,534	2,655	47,313	102,042
	<u>58,622</u>	<u>266,943</u>	<u>952,685</u>	<u>205,718</u>	<u>658,060</u>	<u>2,142,028</u>
Share of support costs (see note 8)	(4,724)	5,031	549,529	30,403	135,857	716,096
Share of governance costs (see note 8)	6,668	(939)	170,830	(31,324)	7,955	153,190
	<u>60,566</u>	<u>271,035</u>	<u>1,673,044</u>	<u>204,797</u>	<u>801,872</u>	<u>3,011,314</u>
Analysis by fund						
Unrestricted funds	60,566	-	920,715	-	-	981,281
Restricted funds	-	271,035	752,329	204,797	801,872	2,030,033
	<u>60,566</u>	<u>271,035</u>	<u>1,673,044</u>	<u>204,797</u>	<u>801,872</u>	<u>3,011,314</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

8 Support costs

	Support costs	Governance costs	2023	Support costs	Governance costs	2022
	£	£	£	£	£	£
Staff costs	184,256	78,967	263,223	144,939	62,117	207,056
Depreciation	30,806	1,621	32,427	27,967	1,472	29,439
Premises	319,071	16,793	335,864	274,960	14,471	289,431
IT Costs	244,076	12,846	256,922	140,012	7,369	147,381
Training	3,152	-	3,152	8,755	-	8,755
Office Running Costs	21,436	1,128	22,564	25,136	1,323	26,459
Other	162,721	95,566	258,287	94,327	55,398	149,725
Audit fees	-	11,394	11,394	-	11,040	11,040
	<u>965,518</u>	<u>218,315</u>	<u>1,183,833</u>	<u>716,096</u>	<u>153,190</u>	<u>869,286</u>
Analysed between						
Charitable activities	<u>965,518</u>	<u>218,315</u>	<u>1,183,833</u>	<u>716,096</u>	<u>153,190</u>	<u>869,286</u>

Support costs are apportioned based on estimated time spent on each activity.

9 Board Of Directors

None of the Board of Directors (or any persons connected with them) received any remuneration or benefits from the charitable company during the year. Trustee expenses of £171 were incurred for the year ended 31 March 2023 (£nil for the period ended 31 March 2022).

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Charitable Activities	100	86
Governance	3	3
	<u>103</u>	<u>89</u>

Employment costs

	Year ended 31 March 2023 £	Period ended 31 March 2022 £
Wages and salaries	2,380,445	1,877,119
Social security costs	196,600	145,440
Employer pension costs	55,185	47,999
	<u>2,632,230</u>	<u>2,070,558</u>

There was one employee whose annual remuneration was £60,000 or more when pro rated for the year ended 31 March 2023 (no employees for the year ended 31 March 2022).

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

12 Intangible fixed assets

	Charity database £	UEC Capital Funding Assets £	Total £
Cost			
At 1 April 2022	74,383	-	74,383
Additions	10,458	73,032	83,490
Disposals	(44,980)	-	(44,980)
At 31 March 2023	39,861	73,032	112,893
Amortisation and impairment			
At 1 April 2022	60,892	-	60,892
Amortisation charged for the year	8,139	4,139	12,278
Disposals	(44,980)	-	(44,980)
At 31 March 2023	24,051	4,139	28,190
Carrying amount			
At 31 March 2023	15,810	68,893	84,703
At 31 March 2022	13,491	-	13,491

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

13 Tangible fixed assets

	Leasehold land and buildings (conservatory)	Fixtures and fittings	Office equipment	Motor vehicles	UEC Capital Funding Assets	Total
	£	£	£	£	£	£
Cost						
At 1 April 2022	124,655	73,676	115,123	53,853	-	367,307
Additions	6,534	-	-	-	34,143	40,677
Disposals	(68,645)	(7,090)	(102,709)	(53,853)	-	(232,297)
At 31 March 2023	62,544	66,586	12,414	-	34,143	175,687
Depreciation and impairment						
At 1 April 2022	75,786	54,709	112,114	53,853	-	296,462
Depreciation charged in the year	8,018	7,567	2,502	-	2,063	20,150
Eliminated in respect of disposals	(68,645)	(7,090)	(102,709)	(53,853)	-	(232,297)
At 31 March 2023	15,159	55,186	11,907	-	2,063	84,315
Carrying amount						
At 31 March 2023	47,385	11,400	507	-	32,080	91,372
At 31 March 2022	48,869	18,967	3,009	-	-	70,845

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	1,060,261	702,926
Other debtors	5,863	10,419
Prepayments and accrued income	109,622	87,626
	<u>1,175,746</u>	<u>800,971</u>

15 Creditors: amounts falling due within one year

	Notes	2023	2022
		£	£
Other taxation and social security		64,489	44,715
Deferred income	16	1,666,814	1,026,255
Trade creditors		152,304	48,176
Other creditors		15,176	22,176
Accruals and deferred income		19,152	-
		<u>1,917,935</u>	<u>1,141,322</u>

16 Deferred income

	2023	2022
	£	£
Deferred grant income	<u>1,666,814</u>	<u>1,026,255</u>

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021	Movement in funds			Balance at 1 April 2022	Movement in funds			Balance at 31 March 2023
	£	Incoming resources £	Resources expended £	Transfers £	£	Incoming resources £	Resources expended £	Transfers £	£
Restricted funds	110,217	2,759,229	(2,030,033)	(684,885)	154,528	4,063,385	(3,001,176)	(723,199)	493,538
	110,217	2,759,229	(2,030,033)	(684,885)	154,528	4,063,385	(3,001,176)	(723,199)	493,538

All restricted funds are held for projects being undertaken to fulfil the charitable objectives of the charity as stipulated by the funders.

A detailed breakdown of the restricted funds can be found in the appendix to these accounts.

18 Unrestricted funds

	Balance at 1 April 2021	Movement in funds			Balance at 1 April 2022	Movement in funds			Balance at 31 March 2023
	£	Incoming resources £	Resources expended £	Transfers £	£	Incoming resources £	Resources expended £	Transfers £	£
Unrestricted funds	403,793	333,853	(981,281)	684,885	441,250	320,517	(1,189,597)	723,199	295,369
	403,793	333,853	(981,281)	684,885	441,250	320,517	(1,189,597)	723,199	295,369

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

19 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March are represented by:						
Intangible fixed assets	15,810	68,893	84,703	13,491	-	13,491
Tangible assets	59,292	32,080	91,372	70,845	-	70,845
Current assets/(liabilities)	220,267	392,565	612,832	356,914	154,528	511,442
	<u>295,369</u>	<u>493,538</u>	<u>788,907</u>	<u>441,250</u>	<u>154,528</u>	<u>595,778</u>

20 Operating lease commitments

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	75,289	83,646
Between two and five years	111,833	69,012
	<u>187,122</u>	<u>152,658</u>

21 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2023 £	2022 £
Aggregate compensation	<u>262,410</u>	<u>205,583</u>

22 Guarantee

Herts Mind Network is a Company Limited by Guarantee.

Each director provides a guarantee limited to £10 which would be payable in the event the Company is wound up.

23 Analysis of changes in net funds

The charitable company had no debt during the year.

HERTS MIND NETWORK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

24	Cash generated from operations	2023	2022
		£	£
	Surplus for the year	193,129	81,768
	Adjustments for:		
	Amortisation and impairment of intangible assets	12,278	8,206
	Depreciation and impairment of tangible fixed assets	20,150	21,233
	Movements in working capital:		
	(Increase) in debtors	(374,775)	(623,143)
	Increase/(decrease) in creditors	136,054	(19,592)
	Increase in deferred income	640,559	670,298
	Cash generated from operations	<u>627,395</u>	<u>138,770</u>

	Funds C'fwd 31st March 2022 £	Incoming Resources £	Transfers (to)/from unrestricted £	Total Incoming Resources £	Staff Costs £	Non Staff Costs £	Total Resources Expended £	Funds C'fwd 31st March 2023 £
RESTRICTED FUNDS - CURRENT YEAR								
100 – Crisis Intervention								
100-101 STP Crisis Funding	(834)	570,263	(78,511)	491,752	(388,162)	(91,949)	(488,111)	10,807
100-111 A&E Link Workers	3,752	78,301	(11,412)	66,889	(44,479)	(798)	(45,277)	25,364
100-111 HCC Nightlight	3,515	384,780	(68,022)	316,758	(284,083)	(29,524)	(313,606)	6,666
100-115 Crisis Winter Funding	-	200,000	(42,293)	157,707	(100,449)	(37,450)	(137,899)	19,808
100-313 UEC Capital Funding	-	107,175	-	107,175	-	(6,565)	(6,565)	100,610
Total 100 – Crisis Intervention	6,433	1,340,519	(200,238)	1,140,281	(817,173)	(166,287)	(983,460)	163,255
200 – Complex Needs								
200-102 3R CSS	3,152	75,913	(8,240)	67,673	(46,727)	(3,822)	(50,550)	20,275
200-103 3R DAC	6,752	57,862	(13,840)	44,022	(42,205)	(1,473)	(43,678)	7,096
200-105 3R CSS Covid Funding	(329)	28,482	329	28,812	(30,958)	(258)	(31,216)	(2,733)
200-106 Domestic Abuse Countywide	-	-	12,507	12,507	(10,178)	(1,216)	(11,393)	1,113
200-107 Flourish	-	163,327	(43,726)	119,601	(93,796)	(11,944)	(105,740)	13,861
200-108 Bounce Back Dual Diagnosis	-	117,618	(16,924)	100,694	(23,440)	(6,918)	(30,358)	70,336
200-110 Paradigm Housing	(1,710)	25,368	(2,820)	22,548	(22,811)	(272)	(23,084)	(2,247)
200-113 PCN Project	12,679	177,848	(40,394)	137,454	(134,151)	(5,403)	(139,555)	10,579
200-114 CNH	9,021	285,441	(30,395)	255,046	(99,161)	(89,815)	(188,977)	75,090
200-117 Hertsmere CSS	18,608	59,917	(19,164)	40,753	(49,191)	(2,382)	(51,574)	7,787
200-119 Broxbourne PCN	-	10,399	(50)	10,349	(6,961)	(1,115)	(8,076)	2,273
200-120 Watford Healthy Hub	5,629	38,488	(8,000)	30,487	(25,505)	(836)	(26,341)	9,775
200-209 Bounce Back Inpatient	22,962	94,997	(56,404)	38,593	(42,516)	(3,960)	(46,475)	15,079
Contract Finished 3R DAP	-	-	-	-	-	-	-	-
Contract Finished 3R Healthy Hub	(3,033)	6,157	3,669	9,826	(6,670)	(122)	(6,792)	-
Contract Finished Complex Needs Service	(22)	-	22	22	-	-	-	-
Household Support Fund 100-102 - June 2022	-	6,500	-	6,500	-	(6,500)	(6,500)	0
Household Support Fund 100-102 - March 2022	-	5,000	-	5,000	-	(5,000)	(5,000)	-
Household Support Fund 3RDC 100-102(December 22)	-	5,000	-	5,000	-	(4,132)	(4,132)	868
PCN Dacorum	5,399	-	(5,399)	(5,399)	-	-	-	-
PCN Hertsmere	1,757	-	(1,757)	(1,757)	-	-	-	-
PCN Watford & 3R	342	-	(342)	(342)	-	-	-	-
Three Rivers Household Support Fund 100-102 - January 2022	-	2,885	-	2,885	-	(2,570)	(2,570)	315
Watford & 3R Household Support Fund 100-120 - Sept 2022	-	4,400	-	4,400	-	(4,400)	(4,400)	-
Watford & 3R HSF 200-120 - March 23	-	4,111	-	4,111	-	(1,500)	(1,500)	2,611
Total 200 – Complex Needs	81,206	1,169,712	(230,928)	938,784	(634,271)	(153,640)	(787,911)	232,078
300 – Peer Support								
300-206 HCC Peer Support	46,280	341,157	(116,524)	224,633	(250,898)	(10,500)	(261,399)	9,514
Contract Finished Dacorum Healthy Hub Peer Support	333	1,666	(1,339)	328	(653)	(8)	(661)	-
Contract Finished Lottery Funded Peer Support	(798)	-	798	798	-	-	-	-
Total 300 – Peer Support	45,815	342,823	(117,065)	225,758	(251,551)	(10,508)	(262,059)	9,514
400 – Wellbeing and Counselling								
400-112 Hertswise	32,119	156,522	(23,166)	133,356	(127,183)	(21,981)	(149,164)	16,311
400-203 IAPT Counselling	(5,227)	115,250	(11,520)	103,730	(95,587)	(10,523)	(106,110)	(7,608)
400-204 Physical Activity Programme	-	4,229	-	4,229	(546)	(800)	(1,346)	2,883
400-205 Drama Partnership	-	-	-	-	-	(480)	(480)	(480)
400-207 HCC Wellbeing	20,446	323,969	(99,500)	224,469	(219,260)	(11,010)	(230,269)	14,646
400-210 Ukraine Refugee Support	-	5,000	(417)	4,583	-	(4,583)	(4,583)	-
400-211 VCFSE Resources	-	3,907	-	3,907	-	(1,031)	(1,031)	2,876
400-301 Waiting Time Initiative	1,619	7,929	15,262	23,191	(18,827)	(672)	(19,499)	5,312
400-302 Spot the Signs (CYP)	14,242	62,051	(8,187)	53,864	(36,694)	(6,095)	(42,789)	25,317
400-304 BBO Strive	(37,259)	95,545	7,599	103,144	(61,105)	(4,780)	(65,885)	-
400-304 BBO Strive Bursaries	8,726	4,465	(7,783)	(3,318)	-	(5,408)	(5,408)	-
400-305 BBO HYF	(36,879)	29,471	54,174	83,645	(46,118)	(648)	(46,766)	-
400-305 BBO HYF Bursaries	8	483	(207)	275	-	(284)	(284)	-
400-306 IAPT Access & Engagement	8,850	64,248	(18,650)	45,598	(41,414)	(2,450)	(43,864)	10,584
400-307 Mum's Matter	(14,062)	33,702	(3,389)	30,313	(37,877)	(2,594)	(40,471)	(24,221)
400-311 Spark East Herts	-	7,024	(890)	6,134	(4,049)	(1,539)	(5,588)	546
400-312 With YOUth	-	226,152	(42,515)	183,637	(66,183)	(87,364)	(153,547)	30,090
400-314 Spark North Herts	-	-	-	-	-	(434)	(434)	(434)
400-315 Spark Watford	-	-	-	-	(61)	(454)	(515)	(515)
Contract Finished 400-308 Youth Engagement Worker	18,412	-	(18,412)	(18,412)	-	-	-	-
Contract Finished Tackling Inequalities Fund	147	-	(147)	(147)	-	-	-	-
Total 400 – Wellbeing and Counselling	11,142	1,139,947	(157,749)	982,198	(754,903)	(163,130)	(918,033)	75,307
500 - Training and Education								
500-201 Step2Skills	812	30,560	(10,171)	20,389	(41,486)	(2,436)	(43,922)	(22,721)
500-309 Mental Health Leads in Schools	2,918	-	(828)	(828)	(2,081)	(9)	(2,090)	-
500-605 Training CYP	(15)	14,907	-	14,907	(2,556)	(302)	(2,858)	12,033
A-605 BS College Prep	-	5,570	-	5,570	-	-	-	5,570
B-605 Helping Herts	-	13,813	-	13,813	-	-	-	13,813
C-605 Goffs Academy	-	900	-	900	-	(80)	(80)	820
D-605 Merchant Taylors	-	750	-	750	-	-	-	750
E-605 St Clement Danes	-	3,003	-	3,003	-	-	-	3,003
Total 500 - Training and Education	3,714	69,503	(10,999)	58,505	(46,122)	(2,827)	(48,950)	13,269
700-503 Restricted Donations	-	881	-	881	-	(764)	(764)	117
DoH - Stepping Out	4,007	-	(4,007)	(4,007)	-	-	-	-
Hertsmere Wellbeing Gateway	2,279	-	(2,279)	(2,279)	-	-	-	-
100-104 3R DAP	(65)	-	65	65	-	-	-	-
Total Restricted	154,528	4,063,385	(723,199)	3,340,187	(2,504,021)	(497,156)	(3,001,176)	493,538
UNRESTRICTED FUNDS	441,250	320,517	723,199	1,043,716	(585,981)	(603,617)	(1,189,597)	295,369
TOTAL FUNDS	595,778	4,383,902	-	4,383,903	(3,090,002)	(1,100,773)	(4,190,773)	788,907

RESTRICTED FUNDS - PRIOR YEAR

Fund	Funds C'fwd 31st March 2021 £	Incoming Resources £	Transfers (to)/from unrestricted £	Total Incoming Resources £	Staff Costs £	Non Staff Costs £	Total Resources Expended £	Funds C'fwd 31st March 2022 £
Any Qualified Practitioner	6,472		(6,472)	(6,472)			-	-
DoH - Stepping Out	4,007			-			-	4,007
Hertsmere Wellbeing Gateway	2,279			-			-	2,279
LGBTQ Peer Support Group	2,107		(2,107)	(2,107)			-	-
LMA Care Leavers	1,405		(1,405)	(1,405)			-	-
New Leaf	2,660		(2,660)	(2,660)			-	-
Reaching Communities	3,074		(3,074)	(3,074)			-	-
RITE Consortium	1,861		(1,861)	(1,861)			-	-
Speakeasy	6,164		(6,164)	(6,164)			-	-
Young People	9,538		(9,538)	(9,538)			-	-
Winter Monies	0			-			-	0
100-101 STP Crisis Funding	(0)	325,777	(58,280)	267,497	(232,527)	(35,804)	(268,331)	(834)
100-102 3R CSS	-	70,252	(8,700)	61,552	(55,736)	(2,664)	(58,400)	3,152
100-103 3R DAC	-	57,862	(7,961)	49,901	(39,846)	(3,303)	(43,149)	6,752
100-104 3R DAP	-	6,488	(548)	5,940	(5,940)	(64)	(6,005)	(65)
100-105 3R CSS Covid Funding	-	34,529	(3,616)	30,913	(30,770)	(473)	(31,243)	(329)
100-110 Paradigm Housing		20,891	(2,356)	18,535	(18,980)	(1,265)	(20,245)	(1,710)
100-111 A&E Link Workers		6,525	-	6,525	(2,752)	(21)	(2,773)	3,752
100-111 HCC Nightlight	39,352	377,434	(151,840)	225,594	(230,466)	(30,965)	(261,431)	3,515
100-112 Hertswise	2,827	226,117	(63,452)	162,665	(113,501)	(19,872)	(133,373)	32,119
100-113 PCN Project		128,258	(15,115)	113,142	(97,823)	(2,640)	(100,463)	12,679
100-114 CNH		23,787	(4,037)	19,750	(6,121)	(4,608)	(10,729)	9,021
100-117 Hertsmere CSS	0	82,042	(12,990)	69,052	(48,787)	(1,658)	(50,444)	18,608
100-118 Broxbourne CSS	-	24,600	(3,552)	21,048	(20,937)	(111)	(21,048)	-
100-120 Watford Healthy Hub	0	52,982	(4,275)	48,707	(40,560)	(2,518)	(43,078)	5,629
200-201 HAFLS	4,242	53,058	(8,118)	44,940	(47,130)	(1,240)	(48,370)	812
200-202 Dacorum Healthy Hub Peer Support	340	9,164	(3,320)	5,844	(5,786)	(65)	(5,851)	333
200-203 IAPT Counselling		1,525	-	1,525	(5,326)	(1,427)	(6,752)	(5,227)
200-206 HCC Peer Support	15,777	390,538	(138,749)	251,788	(208,800)	(12,486)	(221,285)	46,280
200-207 HCC Wellbeing	(4,089)	311,761	(79,500)	232,261	(194,946)	(12,779)	(207,725)	20,446
200-209 HCC Stepping Stones	11,417	39,517	(9,995)	29,521	(15,371)	(2,605)	(17,976)	22,962
300-301 Waiting Time Initiative	(4,170)	34,800	(12,000)	22,800	(16,572)	(440)	(17,011)	1,619
300-302 Spot the Signs (CYP)	9,733	62,120	(8,075)	54,045	(47,552)	(1,984)	(49,536)	14,242
300-303 3R Healthy Hub	735	17,031	(3,505)	13,526	(16,830)	(464)	(17,294)	(3,033)
300-304 BBO Strive	(22,613)	137,657	(17,364)	120,293	(123,054)	(11,886)	(134,939)	(37,259)
300-304 BBO Strive Bursaries	4,408	14,950	-	14,950	-	(10,633)	(10,633)	8,726
300-305 BBO HYF	(6,759)	102,113	(17,421)	84,692	(112,428)	(2,384)	(114,812)	(36,879)
300-305 BBO HYF Bursaries	150	2,643	-	2,643	-	(2,785)	(2,785)	8
300-306 IAPT	4,169	58,031	(11,810)	46,221	(37,927)	(3,612)	(41,540)	8,850
300-307 Mum's Matter	(94)	25,924	(7,423)	18,501	(31,189)	(1,280)	(32,469)	(14,062)
300-308 Youth Engagement Worker		4,132	24,702	28,834	(10,060)	(362)	(10,422)	18,412
300-309 Mental Health Leads in Schools		4,646	-	4,646	(1,728)	-	(1,728)	2,918
300-310 Student Social Worker CYP		1,400	(1,281)	119	(71)	(48)	(119)	-
500-503 Restricted Donations		2,250	-	2,250	-	(2,250)	(2,250)	-
600-605 SE CYP		-	-	-	-	(15)	(15)	(15)
Contract Finished Tackling Inequalities Fund	147	603	(82)	521	(521)	0	(521)	147
PCN Dacorum	0	21,494	(1,539)	19,955	(13,860)	(696)	(14,556)	5,399
PCN Hertsmere	(0)	10,747	(1,020)	9,727	(7,831)	(140)	(7,970)	1,757
PCN Watford & 3R	(0)	15,582	(2,480)	13,102	(12,573)	(187)	(12,760)	342
Contract Finished Complex Needs Service	(22)			-			-	(22)
Contract Finished HCC Carers	6,849		(6,849)	(6,849)			-	-
Contract Finished HCC Older People	9,053		(9,053)	(9,053)			-	-
Contract Finished Lottery Funded Peer Support	(798)			-			-	(798)
	110,217	2,759,229	(684,885)	2,074,344	(1,854,300)	(175,733)	(2,030,033)	154,528
UNRESTRICTED FUNDS	403,793	333,853	684,885	1,018,738	(424,268)	(557,013)	(981,281)	441,250
TOTAL FUNDS	514,010	3,093,082	0	3,093,082	(2,278,568)	(732,746)	(3,011,314)	595,778