

REGISTERED CHARITY NUMBER: 1112396

Trustees' Report and  
Unaudited Financial Statements for the Year Ended 31 March 2023  
for  
Khush Amdid

SKS Bailey Group Limited  
2 Heap Bridge  
Bury  
BL9 7HR

Khush Amdid

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for the Year Ended 31 March 2023

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Khush Amdid

Trustees' Report  
for the Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1112396

**Principal address**

58, Stamford Street East  
Ashton-Under-Lyne  
OL6 6QH

**Trustees**

Naila Sharif	Chair
Rukhsana Ali	
Rehana Farooq	
Nageena Imran	
Aisha Naeem	Secretary

**Independent examiner**

Mrs J Roach ACA  
SKS Bailey Group Limited  
2 Heap Bridge  
Bury  
BL9 7HR

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**a) Structure**

Khush Amdid is an unincorporated charity governed by a constitution and was established in 1988. The constitution was adopted on October 1, 2003 with revisions on November 10, 2005 and January 25, 2010.

**b) The Management Committee**

The current members of the Management Committee are noted in the reference and administrative details. Recruitment has traditionally been by word of mouth and candidates with skills which would strengthen the Committee are welcomed.

The Committee have systems of control deemed to be appropriate to the size of the charity.

**OBJECTIVES AND ACTIVITIES**

The provision, in the interest of social welfare, of facilities for recreation and other leisure time occupation for the benefit of mainly, but not exclusively, elderly women of Pakistani origin resident in Tameside with the objective of improving their condition of life.

The relief of poverty, hardship and distress among the beneficiaries by the provision of said facilities and/or service and by the provision of information advice and guidance relating to matters of interest to the beneficiaries.

The advancement of education and social welfare of the beneficiaries by the provision of formal and informal learning opportunities.

## Khush Amdid

### Trustees' Report for the Year Ended 31 March 2023

#### **ACHIEVEMENTS AND PERFORMANCE**

I want to start this report by remembering Mrs. Sarwar Ibrahim who sadly passed away at the age of 87 years old on the 25th September 2022. She was a co - founder of Khush Amdid and very involved till the end. She was a person who had charisma and positivity, always leading the way with inspiration and ideas to support Khush Amdid. She has left a legacy that will inspire women and continue to support them. She was a pillar of the community and an amazing role model. Her vision, dedication and enthusiasm to be involved in everything is sorely missed by her family, the committee, the members and the wider community because she touched the lives of so many people. She will always be in our prayers.

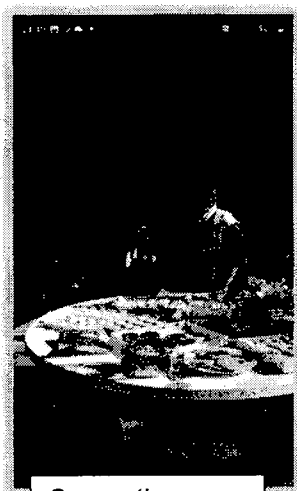


I am very proud of all the hard work everybody involved with Khush Amdid has carried out this year. Once again we have managed to reach the community and engage them in many different ways that has improved their mental health and wellbeing and as always improved access to opportunities for them to access other services.

It is hard to believe that Khush Amdid is run solely by volunteers and the impact on the wellbeing of women and the wider community is immense. I am very proud of the dedicated and passionate volunteers we have. I would like to give them our heartfelt thanks and also thanks from all the community. Their achievements are amazing as is shown below.



For the first Ashton Library held 2 opportunities for the general public and children to engage with Making Eid Cards and create a display in a public place thanks to the encouragement and support of Khush Amdid volunteers.



*Supporting  
Macmilan  
Nurses Cake  
and coffee.*



Khush amdid ensures no women feel they are not part of a family by celebrating their special bithdays as a family alleviating isolation and loneliness providing happiness and mental wellbeing



Many people have been in the victim of hate abuse and crime and a session with the local council support was attended by the community gave information about how to report it.



Khush Amdid is engaging men in the community as well as women , in this session celebrating International Women's Day, including guest speaker Imam Sahib from the local mosque.



Khush amdid tackles taboo topics , this session on domestic abuse attended by women and men. Giving vital information about the different types and how to report it.

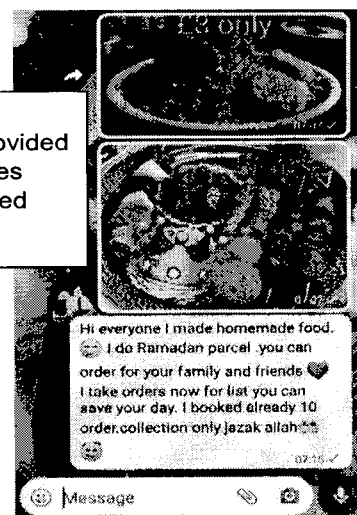


Khush Amdid supported the local community from diverse backgrounds to be involved in the event organised by the council.



Khush Amdid volunteers organised activities enabling diverse communities to make Christmas cards together.

A success story from the training Khush Amdid provided in food hygiene certificates resulted in a home cooked food business.





Chaand Raat was held in a large sports hall with over 2 hundred people attending – there was something for everyone including food, clothes, games, raffle, bouncy castle. This event supported community cohesion and breaking down cultural barriers.



Mother's Day is a special time and Khush Amdid ensures nobody is facing isolation and anxiety. We support them in a family environment allowing them to share memories and love. many women are in challenging times as they are a widow or face disability or have children who work in other parts of the world.



Games and strategy thinking helps to reduce dementia onset keeping the brain active.



Khush Amdid supported community walks engaging families and improving physical wellbeing.



Ensuring physical Health and Mental wellbeing – chair exercises for those with limited mobility and standing up for others.

Without volunteers be passionate and proactive and wanting to support the community to create equalities for everybody none of the above would have been possible.

Regular Consultation takes place, and some the comments are:

- I feel better happy and fitter and I'm happy as a single mother I can bring my daughter with me
- I feel peace of mind being able to share my problems.
- We always get good nutritional food ingredients in our lunch giving a healthy diet at my time of need.
- Khush Amdid is a non-judgemental friendly place. Volunteers are very nice, nothing is too much trouble.
- I enjoy nice time with people makes me relaxed
- Khush Amdid is my family, it is the only place I go to in the week.
- Exercise helped me become getting fit .and doing at home.
- I enjoy seeing my friends here, nobody goes to homes after covid
- The talks on mental health group has allowed me to share my problems and distress. This has improved my physical and mental health.
- I never knew there were lovely walks in Ashton

Bringing people together & building strong relationships in and across communities is at the core of why we were founded and what we do enabling everybody to be respected and supported in the challenges they face.

Khush Amdid support and engagement has had outstanding impact by preventing people in the community being isolated and depressed.

Our work continues to improve mental and physical health, reducing trips to GPs, and helps people to access other available support, ultimately reducing the need for already stretched mainstream services.

Our membership continues to grow with a diverse community now engaging and being involved.

The attendance at the luncheon club continues to grow and the impact of covid and the cost of living crisis is very evident in conversations. The members are now a very diverse group including widows, disabled women, single parents, and the elderly. It has caused financial challenges for Khush Amdid however, despite this, Khush Amdid embraces all those who attend and welcome them to the Khush Amdid Family and continue to improve their physical and mental wellbeing.

Supporting the Homeless community has continued. Being charitable is at the heart of the muslim faith – one of the 5 pillars of Islam. Khush Amdid is providing 70 hot meals to the station We Shall Overcome (WSO) every fortnight.

Also provided 30 snack boxes to Greystones for 3 months.

Khush Amdid organized healthy eating and walking in the community for members that attend.

Also, very successful events were held on Hate Crime and Domestic Abuse.

Other Celebrations include Women's International Day, Pakistan Day, Tameside Winter Festival, Arts and Craft, Chair Exercises, Improving mental health.

Over the last year we have supported an average of over 110 participants each week through the weekly luncheon club, food support, employability work, cultural events, wellbeing walks, outdoor eco activities, trips away, and creative arts. Over 400 different people have accessed our activities in the last year.

We know that labour market intelligence shows that the St. Peters Ward in Ashton falls within the 10% most income deprived area of Tameside and has the lowest employment rate among women as the combined Pakistani and Bangladeshi ethnic group, at only 39% of the group being employed. (JSNA Summary of Population Demographics 2018/19).



It is imperative that Khush Amdid continues to access funding and grow as an organisation to meet the needs of an under represented community.

### **Plans for Future**

Khush Amdid plan to develop its activities by running increased activities. We are currently looking at other venues to run activities and also an office place for storage and meetings. is where we can run all our activities from and more.

All these activities are not sustainable when run by volunteers alone and with an ever increasing need for support for the community There is not enough capacity to meet these needs when volunteers are working beyond their roles and may be impacted negatively due to the pressures of need from the community.

An alternative strategy is required. With this in mind, Khush Amdid is in the process of applying for Reaching Communities Lottery Funding for 3 years to grow as an organization. This funding will allow the employment of much needed staff as 3 sessional workers and 2 key roles of a Development Worker and Organizational Coordinator. The funding will allow the growth of the Khush Amdid board, volunteers as well as wide reaching support for the community.

### **Financial review**

The charity trustees can confirm that they have complied with their duty to conduct and guide the charity to benefit the public using their powers, in accordance with the Objects and Charitable Aims outlined in the Constitution.

The accounts comply with current statutory requirements of the Charities Act 2011. The charity has restricted funding at 31 March 2023 of £9,019 (2022 £21,327).

The charity also received donations of £8,420 (2022: £4,668) which has increased its unrestricted funds in the year.

The charity has £37,548 (2022: £24,458) of unrestricted funds at March 31, 2023.

The trustees have reviewed the accounts and confirm they are an accurate reflection of our financial status. We continue to ensure a prudent amount in reserves, most of the charity's funds are spent in the short term so there are few funds for any long-term investment.

The trustee aim to build free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted charitable expenditure. The charity's main source of income is grants. The trustees consider that it is appropriate to prepare the accounts on a going concern basis, consequently, the accounts do not include any adjustments that would be necessary if these sources of income should cease.

### **Appointment of Charity Trustees**

The constitution states apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. Trustees responsibilities in relation to the financial statements The charity trustees are responsible for preparing a trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice.) Law applicable to charities in England and Wales requires the Trustees to prepare accounts for each financial year, which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing accounts giving a fair and true view, the trustees should follow best practice and:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been

- followed, subject to any departures disclosed and explained in the accounts.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation. The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the accounts comply with The Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We look forward to next year with more projects and achievements of our work in the community.

Thank you again to all the Trustees and Volunteers for making Khush Amid Amazing.

Approved by order of the board of trustees on 13 December 2023 and signed on its behalf by:



Naila Sharif  
Trustee

Independent Examiner's Report to the Trustees of  
Khush Amdid

I report on the accounts for the year ended 31 March 2023, which are set out on pages five to ten.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 130 of the Act; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of the Act; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Mrs J Roach ACA  
SKS Bailey Group Limited  
2 Heap Bridge  
Bury  
BL9 7HR

Date: 13 December 2023

Khush Amdid

Statement of Financial Activities  
for the Year Ended 31 March 2023

		Unrestricted fund	Restricted fund	2023 Total funds	2022 Total funds
	Notes	£	£	£	£
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Donation and legacies	2	12,982	23,238	36,221	48,248
Investment income	3	<u>108</u>	<u>-</u>	<u>108</u>	<u>1</u>
<b>Total incoming resources</b>		<b>13,090</b>	<b>23,238</b>	<b>36,329</b>	<b>48,249</b>
<b>EXPENDITURE</b>					
<b>Charitable activities</b>					
ESF		-	1,905	1,905	12,993
Manoranjhan		-	-	-	350
Global Grooves		-	-	-	773
Action Together		-	18,077	18,077	2,980
Awards 4 All		-	-	-	9,850
GMCVO		-	958	958	313
Tameside MBC		-	-	-	1,015
Support Cost		-	13,665	13,665	6,185
Forever manchester		-	942	942	-
Sports England		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Total resources expended</b>		<b>-</b>	<b>35,547</b>	<b>35,547</b>	<b>34,459</b>
<b>NET INCOME/(EXPENDITURE) FOR THE YEAR</b>		<b>13,090</b>	<b>(12,309)</b>	<b>782</b>	<b>13,790</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>24,458</b>	<b>21,327</b>	<b>45,785</b>	<b>31,995</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>37,548</u></b>	<b><u>9,019</u></b>	<b><u>46,567</u></b>	<b><u>45,785</u></b>

**CONTINUING OPERATIONS**

All incoming resources and resources expended arise from continuing activities.

The notes form part of these financial statements



**Khush Amjad**

**Balance Sheet**  
**At 31 March 2023**

		Unrestricted fund	Restricted fund	2023 Total funds	2022 Total funds
	Notes	£	£	£	£
<b>CURRENT ASSETS</b>					
Cash at bank		38,370	9,019	47,389	47,580
<b>CREDITORS</b>					
Amounts falling due within one year	5	(822)	-	(822)	(1,795)
<b>NET CURRENT ASSETS</b>		<u>37,548</u>	<u>9,019</u>	<u>46,567</u>	<u>45,785</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>37,548</u>	<u>9,019</u>	<u>46,567</u>	<u>45,785</u>
<b>NET ASSETS</b>		<u>37,548</u>	<u>9,019</u>	<u>46,567</u>	<u>45,785</u>
<b>FUNDS</b>	6				
Unrestricted funds				37,548	24,458
Restricted funds				<u>9,019</u>	<u>21,327</u>
<b>TOTAL FUNDS</b>				<u>46,567</u>	<u>45,785</u>

The financial statements were approved by the Board of Trustees on 13 December 2023 and were signed on its behalf by:

  
Naila Sharif  
Trustee

The notes form part of these financial statements

Khush Amdid

Notes to the Financial Statements  
for the Year Ended 31 March 2023

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statement have been prepared on the historical cost basis.

**JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**INCOMING RESOURCES**

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

**RESOURCES EXPENDED**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

**2. DONATION AND LEGACIES**

	2023	2022
	£	£
Donations	8,422	4,668
ESF	7,728	19,680
Action Together	9,100	14,850
Manoranjani CIC	-	500
Global Grooves	-	300
GMCVO	750	3,250
Forever Manchester	960	1,000
Tameside MBC	-	2,000
Sport England	4,700	2,000
Crowd funding	4,561	-
	<u>36,221</u>	<u>48,248</u>

**3. INVESTMENT INCOME**

	2023	2022
	£	£
Bank interest receivable	<u>108</u>	<u>1</u>

Khush Amdid

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Other creditors	<u>822</u>	<u>1,795</u>

**6. MOVEMENT IN FUNDS**

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
<b>Unrestricted funds</b>			
General fund	24,458	13,090	37,548
<b>Restricted funds</b>			
Restricted Fund	21,327	(12,308)	9,019
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>45,785</u>	<u>782</u>	<u>46,567</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	13,090	-	13,090
<b>Restricted funds</b>			
Restricted Fund	23,238	(35,547)	(12,308)
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>36,329</u>	<u>(35,547)</u>	<u>782</u>

Khush Amdid

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

6. **MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted Funds</b>			
General fund	21,192	3,266	24,458
<b>Restricted Funds</b>			
Restricted Fund	10,803	10,524	21,327
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>31,995</u>	<u>13,790</u>	<u>45,785</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	4,669	(1,403)	3,266
<b>Restricted funds</b>			
Restricted Fund	43,580	(33,056)	10,524
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>48,249</u>	<u>(34,459)</u>	<u>13,790</u>

This page does not form part of the statutory financial statements