

CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Details

Other names CHARCOT-MARIE-TOOTH UK

Status Registered

Legal form Charitable company

Company number [05574584](#)

Registered 2005-12-02

Register [View on the Charity Commission register](#)

Contact

Address Unit 7a
Churchill Court
33 Palmerston Road
Bournemouth
Dorset
BH1 4HN

Phone 01202474203

Email ceo@cmt.org.uk

Website www.cmt.org.uk

Activities

Objects: THE CHARITY'S OBJECT IS THE RELIEF OF THE NEEDS OF PEOPLE SUFFERING FROM CMT/HMSN/PMA BY (BUT NOT EXCLUSIVELY):1. THE PROVISION OF INFORMATION, ADVICE AND OTHER ASSISTANCE AND SUPPORT TO THOSE AFFECTED BY CMT/HMSN/PMA;2. THE PROVISION OF INFORMATION, ADVICE AND SUPPORT TO THE CARERS OF PERSONS AFFECTED BY CMT/HMSN/PMA;3. THE PROMOTION OF RESEARCH INTO THE CAUSES AND TREATMENT OF CMT/HMSN/PMA AND THE PUBLICATION OF THE USEFUL RESULTS OF SUCH RESEARCH;4. RAISING THE AWARENESS OF THE PUBLIC AND OF THE MEDICAL PROFESSIONS ON ANY MATTER RELATED TO THE CHARITY'S OBJECTS.

Activities: National support group for people with Charcot-Marie-Tooth Disease, also known as Hereditary Motor and Sensory Neuropathy. Provides advice, information and support via website, magazine, leaflets and conferences.

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Scotland
- Throughout England And Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-09-30 | £134,326 | £165,090 | - | - |
| 2024-09-30 | £171,637 | £181,387 | - | - |
| 2023-09-30 | £141,077 | £165,774 | - | - |
| 2022-09-30 | £142,393 | £144,695 | - | - |
| 2021-09-30 | £291,813 | £117,538 | - | - |
| 2020-09-30 | £261,975 | £118,121 | - | - |

Trustees

| Name | Role | Appointed |
|------------------------|------|------------|
| Captain Anton James | | 2014-04-05 |
| Denise James | | 2023-04-21 |
| Dr Anthony Brown | | 2026-04-25 |
| Peter Kraushaar | | 2024-04-27 |
| Sam Baller | | 2025-05-10 |
| Sophie Arnold | | 2018-04-27 |
| Thomas David Henderson | | 2020-06-27 |
| Victoria Thorpe | | 2024-04-27 |
| Wendy Kane | | 2025-05-10 |

CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Accounts

Company registration number
Charity registration number

5574584
1112370

CMT United Kingdom
(A company limited by guarantee)

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE
YEAR ENDED 30 SEPTEMBER 2025**



CMT United Kingdom

Contents of the Financial Statements for the Year Ended 30th September 2025

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Report of the Trustees for the Year Ended 30th September 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). The Trustees are listed on page 8 of this report

OBJECTIVES AND ACTIVITIES

Governing Document

The company was incorporated on 26 September 2005. The current Articles of Association were adopted by resolution on 25 September 2020. The company was registered as a charity on 2 December 2005.

Aims and Objectives

We exist to assist, advise and inform people with Charcot Marie Tooth and HNPP in the UK, in addition to this we aim to:

- 1 Improve communication and services for members
- 2 Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK.
- 3 Generate positive media coverage to help people affected by Charcot Marie Tooth
- 4 Support medical research into Charcot Marie Tooth
- 5 Raise funds to further the above aims

Our objectives are:

To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.

To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.

To support and promote positive communications within the organisation and mutually benefit engagement with members via a website, social media presence, a lively full colour magazine, and occasional e-newsletter.

To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals - many of whom are leaders in their field.

To provide activities for children and young people living with Charcot Marie Tooth.

To develop stronger partnerships and mutual understanding with other groups and organisations both nationally and internationally.

To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.

To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.

To support the achievement of the above by maintaining high levels of management and financial probity.

Report of the Trustees for the Year Ended 30 September 2025 (continued)

Public benefit

The Trustees confirm that they have referred to the information contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives.

Trustee Appointment, Induction and Training

The Governing Trustees were appointed by their experience and expertise. Subsequent Trustees will be appointed as and when the need arises. New Trustees are made aware of their role and responsibility as a Trustee, the role of the Charity Commission, decision making processes and will be able to field any questions they may have from the documentation which has been provided to them namely, the Annual Report of Accounts, Trustee Report and directed to the Fundraising Regulator website. All Trustees are made aware of external training events and are encouraged to attend. The Trustees meet regularly throughout the year and hold an Annual General Meeting once a year.

Activities

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2025 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.

Chairman's Report

The charity has adopted a new reserves policy which is intended to provide a financial buffer against unforeseen circumstances and to ensure the charity's continued operation. The policy takes into account three areas (the three Ps) People, Property and Plans. The board look to maintain an amount not less than that needed to continue operating for six months.

The Annual General Meeting and Conference were again held at the Stratford Manor Hotel. Attendance was good, presentations included Podiatry Services sharing your experiences, Acceptance and Positivity, and an interview with Emma Lines.

Following the resignation of trustee. Karin Rogers, a new CMT Kids committee was formed in order to organise the CMT Kids going forward. The committee is led by trustees Sam, with Vicky and Sophie. They have organised, with help from the office, a Big Kids Weekend to be held at in the Lake District and so far I am pleased to say that it looks to be very successful and well attended.


Plans are in place for October 2025 awareness month and I am hopeful the new website will be initiated by the 1st Oct.

The "Move a Mile a Day" fundraiser (previously CMT Kids initiative) was moved to a Charity-wide initiative and was very well supported throughout May.

During this year the charity has attended the Foot and Ankle Annual conference in Edinburgh and is planning to attend the Royal College of Podiatry Conference in Glasgow. We have also attended and maintained close ties with the European CMT Federation.

Dr Anthony Brown joined the board, and with the recommendation of the trustees, of being voted on to the board at the next AGM.

The local groups have gone from strength to strength with regular online meet ups and some face to face meets during the warmer months. The carers groups are well attended and are a good place to exchange ideas with others who have a common interest. A new NE group has been started up and is gaining lots of new members. A new NW group, is getting started, and looks very popular in that area. Future plans include starting groups in Wales and Devon/Cornwall.



Anton James - Chairman

Report of the Trustees for the Year Ended 30 September 2025 (continued)

The Team

Simon Bull - Chief Executive

Lisa Yeates – Accounts Manager

Kim Shires – Information and Support Officer

Edyta Orzol-Bol – Administration and Communications Officer

Plans for Future Periods

Health and Wellbeing Sessions

CMTUK is planning some Health and Wellbeing days across the UK and is currently working on the content and locations for these.

Website

A review of the website is being undertaken to make it more accessible and easier to navigate.

Conference

The 2026 Conference will be an in-person event on 25th April celebrating our 40th Anniversary.

Financial Review

During the year the charity received income of £134,326 (2024: £171,637) and had resources expended of £165,089 (2024: £181,387) this left a net deficit of £30,763 (2024 deficit: £9,750). From this the charitable company had total funds carried forward of £230,123 (2024: £253,225). Of these funds £186,168 (2024: £211,212) are unrestricted free reserves (unrestricted reserves less the NBV of tangible fixed assets), leaving £42,049 (2024: £39,273) as restricted funds. A full breakdown can be found in note 17 of the financial statements.

Reserves Policy

The reserves policy is intended to provide a financial buffer against unforeseen circumstances and to ensure the charity's continued operation. The policy takes into account three areas (the three Ps) People, Property and Plans. The board look to maintain an amount not less than that needed to continue operating for six months. People – looking after our staff. Ensuring reserves include funds to cover any payments due to staff in the event that CMT United Kingdom were to cease activities.

Property – covering any contractual arrangements relating to the leasing of offices.

Plans – development of the charity and its activities.

Each of these should be reviewed annually to ensure that the reserves are adequate.

Risk Management

The Trustees review the major risks which the Charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

Report of the Trustees for the Year Ended 30 September 2025 (continued)

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

5574584

Registered Charity Number

1112370

Registered Office

7a Churchill Court
33 Palmerston Road
Bournemouth
Dorset
BH1 4HN

Trustees

Anton James - Chair
Thomas Henderson - Vice Chair
Sophie Arnold
Sam Baller (Appointed 10th May 2025)
Denise James
Wendy Kane (Appointed 10th May 2025)
Peter Kraushaar
Karin Rodgers (Resigned 28th April 2025)
Victoria Thorpe

Independent Examiner

Miss J A Richardson FCA FCCA DChA
32 Award Road
Wimborne
Dorset
BH21 7NT

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ...25th April 2026.... and signed on its behalf by:



.....
Anton James - Chair of Trustees

Independent Examiner's Report to the Trustees of CMT United Kingdom

Independent examiner's report to the trustees of CMT United Kingdom ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

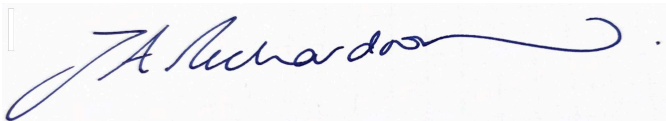
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Date ...29th April 2026.....

CMT United Kingdom

**Statement of Financial Activities (incorporating an Income & Expenditure Account)
for the Year Ended 30 September 2025**

| | Notes | Unrestricted | Restricted | 2025 Total funds £ | 2024 Total funds £ |
|--|-------|-----------------------|----------------------|--------------------------|--------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | 3 | 112,985 | 8,297 | 121,282 | 153,603 |
| Charitable activities | 4 | 9,466 | - | 9,466 | 8,598 |
| Other trading activities | 5 | 1,670 | - | 1,670 | 6,905 |
| Investment income | 6 | 1,896 | 12 | 1,908 | 2,531 |
| TOTAL | | <u>126,017</u> | <u>8,309</u> | <u>134,326</u> | <u>171,637</u> |
| EXPENDITURE ON | | | | | |
| Raising funds | 7 | 17,080 | - | 17,080 | 3,215 |
| Charitable activities | 8 | 139,261 | 8,749 | 148,010 | 178,172 |
| TOTAL | | <u>156,341</u> | <u>8,749</u> | <u>165,090</u> | <u>181,387</u> |
| NET INCOME | | (30,323) | (440) | (30,763) | (9,750) |
| Net gains and losses on investments | | 7,661 | - | 7,661 | 5,223 |
| Movement in funds | | (22,662) | (440) | (23,102) | (4,527) |
| Transfers between funds | | 10,053 | (10,053) | - | - |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 213,952 | 39,273 | 253,225 | 257,752 |
| TOTAL FUNDS CARRIED FORWARD | 17 | <u><u>201,343</u></u> | <u><u>28,780</u></u> | <u><u>230,123</u></u> | <u><u>253,225</u></u> |

The notes form part of these financial statements

CMT United Kingdom

Balance Sheet 30 September 2025
Registered Company Number 05574584

| | Notes | Unrestricted | Restricted | 2025 Total funds £ | 2024 Total funds £ |
|-------------------------------------|-------|----------------|---------------|--------------------------|--------------------------|
| FIXED ASSETS | | | | | |
| Tangible fixed assets | 12 | 1,906 | - | 1,906 | 2,780 |
| Investments | 13 | 129,505 | - | 129,505 | 121,845 |
| Total fixed assets | | 131,411 | - | 131,411 | 124,625 |
| CURRENT ASSETS | | | | | |
| Debtors | 14 | 5,977 | 3,875 | 9,852 | 9,218 |
| Stocks | 15 | 2,870 | - | 2,870 | 2,818 |
| Cash at bank and in hand | | 63,798 | 24,905 | 88,703 | 122,921 |
| Total current assets | | 72,645 | 28,780 | 101,425 | 134,957 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 16 | 2,713 | - | 2,713 | 6,357 |
| Net current assets | | 69,932 | 28,780 | 98,712 | 128,600 |
| NET ASSETS | | 201,343 | 28,780 | 230,123 | 253,225 |
| FUNDS OF THE CHARITY | | | | | |
| Restricted funds | | - | 28,780 | 28,780 | 39,273 |
| Unrestricted funds | | 201,343 | - | 201,343 | 213,952 |
| TOTAL FUNDS | 17 | | | 230,123 | 253,225 |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ...25th April 2026..... and were signed on its behalf by:

.. 

Anton James - Chair of Trustees

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 30 September 2025**

1 LEGAL FORM

CMT United Kingdom is a charity registered in the UK (registered charity number 1112370) and is a private company limited by guarantee, registered in England and Wales (registered company number 5574584). Further details can be found in the Trustee Report of these financial statements.

2 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The financial statements have been prepared on a going concern basis.

Cash flow statement exemption

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025**

2 ACCOUNTING POLICIES (continued)

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about whether the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Fixed assets

Depreciation is provided on tangible fixed assets so as to write off the cost of valuation, less any estimated residual value, over the expected useful economic life. Office equipment is depreciated on a straight line basis at 20%.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first out (FIFO)

Debtors

Debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025

2 ACCOUNTING POLICIES (continued)**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pensions and other retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

3 DONATIONS AND LEGACIES

| | 2025 | 2024 |
|----------------------------|----------------|----------------|
| | £ | £ |
| Donations from individuals | 107,174 | 144,130 |
| Legacies | 2,000 | 1,000 |
| Gift Aid Income | 12,108 | 8,472 |
| Grants receivable | - | - |
| | <u>121,282</u> | <u>153,603</u> |

4 INCOME FROM CHARITABLE ACTIVITIES

| | 2025 | 2024 |
|-----------------------------------|--------------|--------------|
| | £ | £ |
| Support Services and local groups | <u>9,466</u> | <u>8,598</u> |

5 INCOME FROM TRADING ACTIVITIES

| | 2025 | 2024 |
|----------------------------|--------------|--------------|
| | £ | £ |
| Sale of goods and services | 1,230 | 681 |
| Local fundraising | 440 | 1,506 |
| Property rental income | - | 4,718 |
| | <u>1,670</u> | <u>6,905</u> |

6 INVESTMENT INCOME

| | 2025 | 2024 |
|---------------------|--------------|--------------|
| | £ | £ |
| Interest receivable | <u>1,908</u> | <u>2,531</u> |
| | <u>1,908</u> | <u>2,531</u> |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025

7 EXPENDITURE ON RAISING FUNDS

| | 2025 | 2024 |
|---|----------------------|----------------------|
| | £ | £ |
| Costs of generating donations and legacies | | |
| a Other direct costs | 1,045 | 1,094 |
| Staff costs | 15,171 | 15,048 |
| | <u>16,216</u> | <u>16,142</u> |
| | | |
| Costs of trading activities | | |
| b Costs of goods sold | 863 | 2,121 |
| | <u>863</u> | <u>2,121</u> |
| | | |
| Total expenditure on raising funds | <u><u>17,080</u></u> | <u><u>18,263</u></u> |

8 DIRECT COSTS OF CHARITABLE ACTIVITIES

| | 2025 | 2024 |
|-----------------------------|----------------|----------------|
| | £ | £ |
| Charitable events | 19,215 | 16,594 |
| Support services | 29,324 | 21,590 |
| Grant funding of activities | - | 15,189 |
| Staff costs | 69,114 | 68,552 |
| Allocated support costs | 29,323 | 40,053 |
| Governance costs | 1,034 | 1,146 |
| | <u>148,010</u> | <u>163,124</u> |

Governance costs include the Independent Examination fee of £1,000 (2024: £1,000).

9 TRUSTEES REMUNERATION AND BENEFITS

There was no Trustees' remuneration or other benefits for the year to 30 September 2025 nor for the year ended 30 September 2024

Trustees' expenses

No trustees have received any reimbursed expenses or any other benefits from the charity during the year other than reimbursement of out of pocket expenses.

10 STAFF COSTS

The aggregate payroll costs were as follows:

| | 2025 | 2024 |
|-----------------------------------|---------------|---------------|
| | £ | £ |
| Staff costs during the year were: | | |
| Wages and salaries | 78,753 | 72,353 |
| Pension costs | 5,532 | 5,308 |
| | <u>84,285</u> | <u>77,661</u> |

There are four employed members of staff (2024: 4). No employees received remuneration in excess of £60,000. (2024: nil).

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025

11 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

All funds are unrestricted

| | Unrestricted | Restricted | 2024 Total funds £ | 2023 Total funds £ |
|------------------------------------|----------------|---------------|--------------------------|--------------------------|
| INCOME AND ENDOWMENTS FROM | | | | |
| Donations and legacies | 152,319 | 1,284 | 153,603 | 114,244 |
| Charitable activities | 3,192 | 5,406 | 8,598 | 8,960 |
| Other trading activities | 2,842 | 4,063 | 6,905 | 13,937 |
| Investment income | 2,531 | - | 2,531 | 3,936 |
| TOTAL | <u>160,884</u> | <u>10,753</u> | <u>171,637</u> | <u>141,077</u> |
| EXPENDITURE ON | | | | |
| Raising funds | 18,263 | - | 18,263 | 14,976 |
| Charitable activities | 134,269 | 28,855 | 163,124 | 150,798 |
| Other | - | - | - | - |
| TOTAL | <u>152,532</u> | <u>28,855</u> | <u>181,387</u> | <u>165,774</u> |
| NET INCOME | 8,352 | (18,102) | (9,750) | (24,697) |
| Unrealised gains | 5,223 | - | 5,223 | (12,225) |
| TRANSFERS | 31,899 | (31,899) | - | - |
| RECONCILIATION OF FUNDS | | | | |
| Total funds brought forward | 168,478 | 89,274 | 257,752 | 294,675 |
| TOTAL FUNDS CARRIED FORWARD | <u>213,952</u> | <u>39,273</u> | <u>253,225</u> | <u>257,752</u> |

12 TANGIBLE FIXED ASSETS

| | Office Equipment £ |
|------------------------|--------------------------|
| COST | |
| At 1 October 2024 | 4,372 |
| Additions | - |
| Disposals | - |
| At 30 September 2025 | <u>4,372</u> |
| DEPRECIATION | |
| At 1 October 2024 | 1,592 |
| Charge for year | 874 |
| Eliminated on disposal | - |
| At 30 September 2025 | <u>2,466</u> |
| NET BOOK VALUE | |
| At 30 September 2025 | <u>1,906</u> |
| At 30 September 2024 | <u>2,780</u> |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025

13 INVESTMENTS

| | |
|---------------------------|----------------|
| COST | £ |
| At 1 October 2024 | 121,845 |
| Additions/Disposals | - |
| Revaluation | 7,660 |
| At 30 September 2025 | <u>129,505</u> |
| NET BOOK VALUE | |
| At 30 September 2025 | <u>129,505</u> |
| At 30 September 2024 | <u>121,845</u> |

14 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2025 | 2024 |
|---------------|--------------|--------------|
| | £ | £ |
| Other debtors | 9,288 | 8,559 |
| Prepayments | 564 | 659 |
| | <u>9,852</u> | <u>9,218</u> |

15 STOCKS

| | 2025 | 2024 |
|--------|--------------|--------------|
| | £ | £ |
| Stocks | <u>2,870</u> | <u>2,818</u> |

16 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2025 | 2024 |
|---------------------------------|--------------|--------------|
| | £ | £ |
| Trade creditors | 186 | 4,287 |
| Social security and other taxes | 1,035 | 1,070 |
| Other creditors | 492 | - |
| Accruals and deferred income | 1,000 | 1,000 |
| | <u>2,713</u> | <u>6,357</u> |

CMT United Kingdom

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025

17 MOVEMENT IN FUNDS

| | At 1 October 2024 | Income (including gains) | Expenditure | Transfers | At 30 September 2025 |
|---------------------|-------------------------|--------------------------------|----------------|-----------------|----------------------------|
| Unrestricted | | | | | |
| General | <u>213,952</u> | <u>133,678</u> | <u>156,340</u> | <u>10,053</u> | <u>201,343</u> |
| Restricted | | | | | |
| Research | 15,955 | 1,939 | - | - | 17,894 |
| Projects | 13,269 | - | - | (13,269) | - |
| Local Groups | 1,284 | 10 | 498 | - | 796 |
| CMT Kids | 1,046 | 6,360 | 8,251 | 3,216 | 2,371 |
| Fulton Fund | 7,719 | - | - | - | 7,719 |
| Total | <u>39,273</u> | <u>8,309</u> | <u>8,749</u> | <u>(10,053)</u> | <u>28,780</u> |
| TOTAL FUNDS | <u>253,225</u> | <u>141,987</u> | <u>165,089</u> | <u>-</u> | <u>230,123</u> |

| | At 1 October 2023 | Income (including gains) | Expenditure | Transfers | At 30 September 2024 |
|---------------------|-------------------------|--------------------------------|------------------|-----------|----------------------------|
| Unrestricted | 168,478 | 166,108 | (152,533) | (31,899) | 213,952 |
| Restricted | | | | | |
| Research | 54,299 | 2,523 | (15,189) | 25,678 | 15,955 |
| Projects | 16,741 | 115 | (3,537) | 50 | 13,269 |
| Local Groups | 3,516 | - | (1,194) | 1,038 | 1,284 |
| CMT Kids | 3,281 | 8,114 | (7,184) | 3,165 | 1,046 |
| Events | 1,968 | - | - | 1,968 | - |
| Fulton Fund | 9,469 | - | (1,750) | - | 7,719 |
| TOTAL FUNDS | <u>257,752</u> | <u>176,860</u> | <u>(181,387)</u> | <u>-</u> | <u>253,225</u> |

Research Fund Monies received for research: Management of pregnancy in Charcot Marie Tooth disease.

Projects Monies received for specific projects that have all been expended through the general fund and a transfer posted in the funds note.

Local Groups Income received into local groups and expenditure incurred locally. To provide activities for children and young people living with Charcot Marie Tooth.

CMT Kids To attend events and activities which are relevant to the CMT Mission.

Events

Fulton Fund Monies raised by a former member's daughter.

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2025

18 ANALYSIS OF NET ASSETS BETWEEN FUNDS

| | Unrestricted | Restricted | Total at 30 September 2025 |
|---------------------|----------------|---------------|----------------------------------|
| Fixed assets | 131,411 | - | 131,411 |
| Current assets | 72,645 | 28,780 | 101,425 |
| Current liabilities | (2,713) | - | (2,713) |
| | <u>201,343</u> | <u>28,780</u> | <u>230,123</u> |

| | Unrestricted | Restricted | Total at 30 September 2024 |
|-------------------------|----------------|---------------|----------------------------------|
| Fixed asset investments | 124,625 | - | 124,625 |
| Current assets | 95,684 | 39,273 | 134,957 |
| Current liabilities | (6,357) | - | (6,357) |
| | <u>213,952</u> | <u>39,273</u> | <u>253,225</u> |

19 LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:
Within one year £13,700 (2024: £13,000).

20 RELATED PARTY DISCLOSURES

Four Trustees donated £235 to CMT United Kingdom during the financial year ending 30th September 2025. (2024: £nil). No Trustees claimed for out of pocket expenses. (2024: £nil).

21 COMPANY LIMITED BY GUARANTEE

CMT United Kingdom is a company limited by guarantee and accordingly does not have a share capital.

CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Accounts

Company registration number
Charity registration number

5574584
1112370

CMT United Kingdom
(A company limited by guarantee)

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE
YEAR ENDED 30 SEPTEMBER 2024**



CMT United Kingdom

Contents of the Financial Statements for the Year Ended 30th September 2024

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Report of the Trustees for the Year Ended 30th September 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). The Trustees are listed on page 8 of this report

OBJECTIVES AND ACTIVITIES

Governing Document

The company was incorporated on 26 September 2005. The current Articles of Association were adopted by resolution on 25 September 2020. The company was registered as a charity on 2 December 2005.

Aims and Objectives

We exist to assist, advise and inform people with Charcot Marie Tooth and HNPP in the UK, in addition to this we aim to:

- 1** Improve communication and services for members
- 2** Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK.
- 3** Generate positive media coverage to help people affected by Charcot Marie Tooth
- 4** Support medical research into Charcot Marie Tooth
- 5** Raise funds to further the above aims

Our objectives are:

To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.

To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.

To support and promote positive communications within the organisation and mutually benefit engagement with members via a website, social media presence, a lively full colour magazine, and occasional e-newsletter.

To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals - many of whom are leaders in their field.

To provide activities for children and young people living with Charcot Marie Tooth.

To develop stronger partnerships and mutual understanding with other groups and organisations both nationally and internationally.

To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.

To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.

To support the achievement of the above by maintaining high levels of management and financial probity.

Report of the Trustees for the Year Ended 30 September 2024 (continued)

Public benefit

The Trustees confirm that they have referred to the information contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives.

Trustee Appointment, Induction and Training

The Governing Trustees were appointed by their experience and expertise. Subsequent Trustees will be appointed as and when the need arises. New Trustees are made aware of their role and responsibility as a Trustee, the role of the Charity Commission, decision making processes and will be able to field any questions they may have from the documentation which has been provided to them namely, the Annual Report of Accounts, Trustee Report and directed to the Fundraising Regulator website. All Trustees are made aware of external training events and are encouraged to attend. The Trustees meet regularly throughout the year and hold an Annual General Meeting once a year.

Activities

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2024 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.

Chairman's Report

This year we have seen some major changes in the way the charity has been funded, the trustees, following the Chief Executive's recommendation, decided to change from a subscription-based membership to a donation-based income. All our members were contacted and invited to donate, whatever they could afford, in place of a set fee/subscription. After a few worrying months it soon became apparent that instead of our income declining it was slightly up as a number of members started donating more than they normally did, and this covered for those who may not be able to donate the recommended amount. Thus, CMTUK could provide help and support to a wider number of people. We have also received several legacies during the year for which we are extremely grateful.

The October awareness month went very well, and a number of buildings throughout the country were lit up for awareness of CMT and quite positive results were had on social media. Our Membership also increased which is a sign of increased awareness. The Communications committee are reviewing the outcomes with the aim to improve the October 24 campaign.

In April we were able to hold our first in person AGM and Conference since the Covid Pandemic. This proved extremely popular and was enjoyed by most participants. Professor Mary Reilly was the main speaker, she was followed by talks on acupuncture, diet and research. There was lots of time for people to get together, talk and exchange ideas. For most people it is the opportunity to see and meet up with others who have the same walk, same problems in everyday life and exchange novel ways to overcome their CMT. Planning is in place to meet up again in May 2025.

Following the winter months, when at times the staff had to work from home, due to the cold office, a push was made to find an alternative office in the Bournemouth area. After much work, our Chief Executive found what looked like a suitable place. We took the decision that if a suitable premises came up then we would forgo a notice period on the old property and would go ahead as soon as possible to lease the new office. The new office needed a small amount of work to make it more disabled friendly prior to the move so that took up some of the notice period but in the end the suitability and cost savings in energy bills should make up for the losses on the old building. A huge thank you to all the staff who helped make the move go smoothly. The new premises are definitely an improvement and so far, are much more modern, warmer and suitable for an office environment.

Report of the Trustees for the Year Ended 30 September 2024 (continued)

Activities (continued)

Chairman's Report (continued)

After a long search, we were able to recruit a new employee, Edyta, who will be responsible for admin and communications going forward. I welcome Edyta to the office team and look forward to seeing her new designs and communications during the next financial year.

During the last twelve months, we have had changes to the board, with the Chairman Paul stepping down at the AGM, also Richard, we thank them both for their contributions to the board. Two new trustees, Peter and Victoria, were elected to the board. The two advisors to the board both stood and were elected to the board at the AGM. The board then elected Anton to be Chairman and Thomas was elected Vice Chair.

During the year our local groups have been extremely active with regular zoom meetings and some in person meet ups. Two carers' groups, for Adult Carers and Young Persons Carers have been formed and have regular monthly meetings on zoom.

CMT Kids, has been going from strength to strength, holding regular meetings on line but also an, in person Kids (under 18) weekend, and an, in person Young Adults (over 18's) weekend.

Anton James, Chairman

The Team

Simon Bull - Chief Executive,

Lisa Yeates – Accounts Manager,

Kim Shires – Information and Support Officer,

Edyta Orzol Bol – Administration and Communications.

Plans for Future Periods

Health and Wellbeing Sessions

It had been planned to undertake some Health and Wellbeing days across the UK, this has been delayed due in part to the office relocation and the difficulty we experienced in finding suitable administration staff. We are currently reviewing the format and delivery of these days.

Website

A review of the website is in progress with the aim to make it more accessible and easier to navigate whilst retaining its function as a source of information and support for members, professionals and anyone with an interest in Charcot-Marie-Tooth.

Conference

In 2024 and 2025 Conference places have been taken up very quickly with some members missing out. This indicates that a larger number of attendees should be allowed for going forward.

Having held conferences for many years in the Midlands area we are looking at the opportunities for holding the next Conference (2026) in the South of England and the following one (2027) in the North of England.

External Events

Following a successful Foot and Ankle Show 2025 we are looking at which events we have the capacity to attend and should consider attending in the future. Such events are useful as part of our awareness raising activities and to build relationships in areas key to members lives.

Report of the Trustees for the Year Ended 30 September 2024 (continued)

Financial Review

During the year the charity received income of £171,637 (2023: £141,077) and had resources expended of £181,387 (2023: £165,774) this left a net deficit of £9,750 (2023 deficit: £24,697). From this the charitable company had total funds carried forward of £253,225 (2023: £257,752). Of these funds £211,212 (2023: £165,879) are unrestricted free reserves, leaving £39,273 (2023: £89,274) as restricted funds. Free reserves are calculated by deducting the NBV of tangible fixed assets from unrestricted reserves. A full breakdown can be found in note 17 of the financial statements.

Reserves Policy

It is the policy of the Charity to keep sufficient funds to cover all administration costs for a period of 3 months. The Trustees will be considering and approving a revised reserves policy at the next Board meeting.

Risk Management

The Trustees review the major risks which the Charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the control over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

Report of the Trustees for the Year Ended 30 September 2024 (continued)

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

5574584

Registered Charity Number

1112370

Registered Office

7a Churchill Court
33 Palmerston Road
Bournemouth
Dorset
BH1 4HN

Trustees

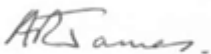
Paul Fleming (Resigned 27th April 2024)
Anton James - Chair (Appointed 5th April 2024)
Sophie Arnold
Richard Batchelor (Resigned 27th April 2024)
Thomas Henderson - Vice Chair
Karin Rodgers (Appointed 27th April 2024)
Denise James
Peter Kraushaar (Appointed 27th April 2024)
Victoria Thorpe (Appointed 27th April 2024)

Independent Examiner

Miss J A Richardson FCA FCCA DChA
32 Award Road
Wimborne
Dorset
BH21 7NT

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .10th May 2025 and signed on its behalf by:



.....
Anton James - Chair of Trustees

Independent Examiner's Report to the Trustees of CMT United Kingdom

Independent examiner's report to the trustees of CMT United Kingdom ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

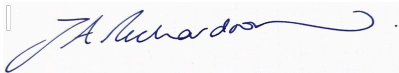
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Miss JA Richardson FCA FCCA DChA

Date 11th June 2025

**Statement of Financial Activities (incorporating an Income & Expenditure Account)
for the Year Ended 30 September 2024**

| | Notes | Unrestricted | Restricted | 2024 Total funds £ | 2023 Total funds £ |
|--|-------|-----------------------|----------------------|--------------------------|--------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | 3 | 152,319 | 1,284 | 153,603 | 114,244 |
| Charitable activities | 4 | 3,192 | 5,406 | 8,598 | 8,960 |
| Other trading activities | 5 | 2,842 | 4,063 | 6,905 | 13,937 |
| Investment income | 6 | <u>2,531</u> | <u>-</u> | <u>2,531</u> | <u>3,936</u> |
| TOTAL | | <u>160,884</u> | <u>10,753</u> | <u>171,637</u> | <u>141,077</u> |
| EXPENDITURE ON | | | | | |
| Raising funds | 7 | 18,263 | - | 18,263 | 14,976 |
| Charitable activities | 8 | <u>134,269</u> | <u>28,855</u> | <u>163,124</u> | <u>150,798</u> |
| TOTAL | | <u>152,532</u> | <u>28,855</u> | <u>181,387</u> | <u>165,774</u> |
| NET INCOME | | 8,352 | (18,102) | (9,750) | (24,697) |
| Net gains and losses on investments | | 5,223 | - | 5,223 | (12,225) |
| Movement in funds | | 13,575 | (18,102) | (4,527) | (36,923) |
| Transfers between funds | | 31,899 | (31,899) | - | - |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 168,478 | 89,274 | 257,752 | 294,675 |
| TOTAL FUNDS CARRIED FORWARD | 17 | <u><u>213,952</u></u> | <u><u>39,273</u></u> | <u><u>253,225</u></u> | <u><u>257,752</u></u> |

The notes form part of these financial statements

CMT United Kingdom

Balance Sheet 30 September 2024
Registered Company Number 05574584

| | Notes | Unrestricted | Restricted | 2024 Total funds £ | 2023 Total funds £ |
|--|-------|----------------|---------------|--------------------------|--------------------------|
| FIXED ASSETS | | | | | |
| Tangible fixed assets | 12 | 2,780 | - | 2,780 | 2,869 |
| Investments | 13 | 121,845 | - | 121,845 | 116,622 |
| Total fixed assets | | <u>124,625</u> | <u>-</u> | <u>124,625</u> | <u>119,491</u> |
| CURRENT ASSETS | | | | | |
| Debtors | 14 | 5,155 | 4,063 | 9,218 | 21,508 |
| Stocks | 15 | 2,818 | - | 2,818 | 2,219 |
| Cash at bank and in hand | | 87,710 | 35,210 | 122,921 | 122,076 |
| Total current assets | | <u>95,684</u> | <u>39,273</u> | <u>134,957</u> | <u>145,803</u> |
| CREDITORS | | | | | |
| Amounts falling due within one year | 16 | 6,357 | - | 6,357 | 7,542 |
| Net current assets | | 89,327 | 39,273 | 128,600 | 138,261 |
| NET ASSETS | | <u>213,952</u> | <u>39,273</u> | <u>253,225</u> | <u>257,752</u> |
| FUNDS OF THE CHARITY | | | | | |
| Restricted funds | | - | 39,273 | 39,273 | 89,274 |
| Unrestricted funds | | 213,952 | - | 213,952 | 168,478 |
| TOTAL FUNDS | 17 | | | <u>253,225</u> | <u>257,752</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .10th May 2025 and were signed on its behalf by:

Ant James

.....

Anton James - Chair of Trustees

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 30 September 2024**

1 LEGAL FORM

CMT United Kingdom is a charity registered in the UK (registered charity number 1112370) and is a private company limited by guarantee, registered in England and Wales (registered company number 5574584). Further details can be found in the Trustee Report of these financial statements.

2 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The financial statements have been prepared on a going concern basis.

Cash flow statement exemption

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024**

2 ACCOUNTING POLICIES (continued)

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about whether the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Fixed assets

Depreciation is provided on tangible fixed assets so as to write off the cost of valuation, less any estimated residual value, over the expected useful economic life. Office equipment is depreciated on a straight line basis at 20%.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first out (FIFO)

Debtors

Debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024

2 ACCOUNTING POLICIES (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pensions and other retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

3 DONATIONS AND LEGACIES

| | 2024 | 2023 |
|----------------------------|----------------|----------------|
| | £ | £ |
| Donations from individuals | 144,130 | 89,436 |
| Legacies | 1,000 | 13,500 |
| Gift Aid Income | 8,472 | 8,808 |
| Grants receivable | - | 2,500 |
| | <u>153,603</u> | <u>114,244</u> |

4 INCOME FROM CHARITABLE ACTIVITIES

| | 2024 | 2023 |
|-----------------------------------|-------------|-------------|
| | £ | £ |
| Support Services and local groups | 8,598 | 8,960 |

5 INCOME FROM TRADING ACTIVITIES

| | 2024 | 2023 |
|----------------------------|--------------|---------------|
| | £ | £ |
| Sale of goods and services | 681 | 383 |
| Local fundraising | 1,506 | 5,754 |
| Property rental income | 4,718 | 7,800 |
| | <u>6,905</u> | <u>13,937</u> |

6 INVESTMENT INCOME

| | 2024 | 2023 |
|---------------------|-------------|-------------|
| | £ | £ |
| Interest receivable | 2,531 | 3,936 |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024

7 EXPENDITURE ON RAISING FUNDS

| | 2024 | 2023 |
|---|---------------|---------------|
| | £ | £ |
| Costs of generating donations and legacies | | |
| a Other direct costs | 1,094 | 1,178 |
| Staff costs | 15,048 | 12,870 |
| | <u>16,142</u> | <u>14,048</u> |
| | | |
| | 2024 | 2023 |
| | £ | £ |
| Costs of trading activities | | |
| b Costs of goods sold | 2,121 | 928 |
| | <u>2,121</u> | <u>928</u> |

8 DIRECT COSTS OF CHARITABLE ACTIVITIES

| | 2024 | 2023 |
|-----------------------------|----------------|----------------|
| | £ | £ |
| Charitable events | 16,594 | 25,051 |
| Support services | 21,590 | 25,026 |
| Grant funding of activities | 15,189 | 15,000 |
| Staff costs | 68,552 | 58,632 |
| Allocated support costs | 40,053 | 25,830 |
| Governance costs | 1,146 | 1,259 |
| | <u>163,124</u> | <u>150,798</u> |

9 TRUSTEES REMUNERATION AND BENEFITS

There was no Trustees' remuneration or other benefits for the year to 30 September 2024 nor for the year ended 30 September 2023

Trustees' expenses

No trustees have received any reimbursed expenses or any other benefits from the charity during the year other than reimbursement of out of pocket expenses.

10 STAFF COSTS

The aggregate payroll costs were as follows:

| | 2024 | 2023 |
|-----------------------------------|---------------|---------------|
| | £ | £ |
| Staff costs during the year were: | | |
| Wages and salaries | 72,353 | 66,677 |
| Pension costs | 5,308 | 4,825 |
| | <u>77,661</u> | <u>71,503</u> |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024

11 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

All funds are unrestricted

| | Unrestricted | Restricted | 2023 Total funds £ | 2022 Total funds £ |
|------------------------------------|----------------|---------------|--------------------------|--------------------------|
| INCOME AND ENDOWMENTS FROM | | | | |
| Donations and legacies | 101,098 | 13,146 | 114,244 | 122,376 |
| Charitable activities | 8,960 | - | 8,960 | 8,258 |
| Other trading activities | 11,510 | 2,427 | 13,937 | 10,018 |
| Investment income | <u>3,936</u> | <u>-</u> | <u>3,936</u> | <u>1,740</u> |
| TOTAL | <u>125,504</u> | <u>15,573</u> | <u>141,077</u> | <u>142,392</u> |
| EXPENDITURE ON | | | | |
| Raising funds | 14,976 | - | 14,976 | 15,554 |
| Charitable activities | 112,275 | 38,523 | 150,798 | 129,141 |
| Other | <u>-</u> | <u>-</u> | <u>-</u> | <u>-</u> |
| TOTAL | 127,251 | 38,523 | 165,774 | 144,695 |
| NET INCOME | (1,747) | (22,950) | (24,697) | (2,303) |
| Unrealised gains | (12,225) | - | (12,225) | 5,165 |
| TRANSFERS | (6,567) | 6,567 | - | - |
| RECONCILIATION OF FUNDS | | | | |
| Total funds brought forward | 189,018 | 105,657 | 294,675 | 291,813 |
| TOTAL FUNDS CARRIED FORWARD | <u>168,478</u> | <u>89,274</u> | <u>257,752</u> | <u>294,675</u> |

| | Office Equipment £ |
|---------------------------------|--------------------------|
| 12 TANGIBLE FIXED ASSETS | |
| COST | |
| At 1 October 2023 | 3,586 |
| Additions | 786 |
| Disposals | <u>-</u> |
| At 30 September 2024 | <u>4,372</u> |
| DEPRECIATION | |
| At 1 October 2023 | 717 |
| Charge for year | 874 |
| Eliminated on disposal | <u>-</u> |
| At 30 September 2024 | <u>1,592</u> |
| NET BOOK VALUE | |
| At 30 September 2024 | <u>2,780</u> |
| At 30 September 2023 | <u>2,869</u> |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024

13 INVESTMENTS

| COST | £ |
|-----------------------|----------------|
| At 1 October 2023 | 116,622 |
| Additions/Disposals | - |
| Revaluation | <u>5,223</u> |
| At 30 September 2024 | <u>121,845</u> |
| | |
| NET BOOK VALUE | |
| At 30 September 2024 | <u>121,845</u> |
| At 30 September 2023 | <u>116,622</u> |

14 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2024 | 2023 |
|---------------|--------------|---------------|
| | £ | £ |
| Other debtors | 8,559 | 20,457 |
| Prepayments | 659 | 1,051 |
| | <u>9,218</u> | <u>21,508</u> |

15 STOCKS

| | 2024 | 2023 |
|--------|--------------|--------------|
| | £ | £ |
| Stocks | <u>2,818</u> | <u>2,219</u> |

16 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2024 | 2023 |
|---------------------------------|--------------|--------------|
| | £ | £ |
| Trade creditors | 4,287 | 3,208 |
| Social security and other taxes | 1,070 | 1,216 |
| Other creditors | 0 | 2,118 |
| Accruals and deferred income | 1,000 | 1,000 |
| | <u>6,357</u> | <u>7,542</u> |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024

17 MOVEMENT IN FUNDS

| | At 1 October 2023 | Income | Expenditure | Transfers | At 30 September 2024 |
|---------------------|-------------------------|----------------|----------------|-----------------|----------------------------|
| Unrestricted | | | | | |
| General | <u>168,478</u> | <u>166,108</u> | <u>152,533</u> | <u>(31,899)</u> | <u>213,952</u> |
| Restricted | | | | | |
| Research | 54,299 | 2,523 | 15,189 | 25,678 | 15,955 |
| Projects | 16,741 | 115 | 3,537 | 50 | 13,269 |
| Local Groups | 3,516 | - | 1,194 | 1,038 | 1,284 |
| CMT Kids | 3,281 | 8,114 | 7,184 | 3,165 | 1,046 |
| Events | 1,968 | - | - | 1,968 | - |
| Fulton Fund | <u>9,469</u> | <u>-</u> | <u>1,750</u> | <u>-</u> | <u>7,719</u> |
| Total | <u>89,274</u> | <u>10,752</u> | <u>28,854</u> | <u>31,899</u> | <u>39,273</u> |
| TOTAL FUNDS | <u>257,752</u> | <u>176,860</u> | <u>181,387</u> | <u>-</u> | <u>253,225</u> |

| | At 1 October 2022 | Income | Expenditure | Transfers | At 30 September 2023 |
|---------------------|-------------------------|----------------|------------------|-----------|----------------------------|
| Unrestricted | 189,018 | 125,504 | (139,477) | (6,567) | 168,478 |
| Restricted | | | | | |
| Research | 66,870 | 2,132 | (15,000) | 297 | 54,299 |
| Projects | 17,889 | - | (2,134) | 986 | 16,741 |
| Local Groups | 1,825 | 2,427 | - | (736) | 3,516 |
| CMT Kids | 7,459 | 11,014 | (21,389) | 6,197 | 3,281 |
| Events | 1,968 | - | - | - | 1,968 |
| Fulton Fund | 9,646 | - | - | (177) | 9,469 |
| TOTAL FUNDS | <u>294,675</u> | <u>141,077</u> | <u>(178,000)</u> | <u>-</u> | <u>257,752</u> |

Research Fund

Monies received for research: Management of pregnancy in Charcot Marie Tooth disease.

Projects

Monies received for specific projects

Local Groups

Income received into local groups and expenditure incurred locally.

CMT Kids

To provide activities for children and young people living with Charcot Marie Tooth.

Events

To attend events and activities which are relevant to the CMT Mission.

Fulton Fund

Monies received from The Fulton Charitable Trust for specific staff training.

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2024

18 ANALYSIS OF NET ASSETS BETWEEN FUNDS

| | Unrestricted | Restricted | Total at 30 September 2024 |
|---------------------|----------------|---------------|----------------------------------|
| Fixed assets | 124,625 | - | 124,625 |
| Current assets | 95,684 | 39,273 | 134,957 |
| Current liabilities | (6,357) | - | (6,357) |
| | <u>213,952</u> | <u>39,273</u> | <u>253,225</u> |

| | Unrestricted | Restricted | Total at 30 September 2023 |
|-------------------------|----------------|---------------|----------------------------------|
| Fixed asset investments | 119,491 | - | 119,491 |
| Current assets | 56,529 | 89,274 | 145,803 |
| Current liabilities | (7,542) | - | (7,542) |
| | <u>168,478</u> | <u>89,274</u> | <u>257,752</u> |

19 LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:
Within one year £13,700 (2023: £13,000).

20 RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 30 September 2024 nor the year ended 30 September 2023

21 COMPANY LIMITED BY GUARANTEE

CMT United Kingdom is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Accounts

Company registration number
Charity registration number

5574584
1112370

CMT United Kingdom
(A company limited by guarantee)

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE
YEAR ENDED 30 SEPTEMBER 2023**



CMT United Kingdom

Contents of the Financial Statements for the Year Ended 30th September 2023

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| Report of the Trustees | 3-8 |
| Independent Examiner's Report | 9 |
| Statement of Financial Activities | 10 |
| Balance Sheet | 11 |
| Notes to the Financial Statements | 12-19 |

Report of the Trustees for the Year Ended 30th September 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). The Trustees are listed on page 8 of this report.

OBJECTIVES AND ACTIVITIES

Governing Document

The company was incorporated on 26 September 2005. The current Articles of Association were adopted by resolution on 25 September 2020. The company was registered as a charity on 2 December 2005.

Aims and Objectives

We exist to assist, advise and inform people with Charcot Marie Tooth and HNPP in the UK, in addition to this we aim to:

- 1 Improve communication and services for members**
- 2 Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK**
- 3 Generate positive media coverage to help people affected by Charcot Marie Tooth**
- 4 Support medical research into Charcot Marie Tooth**
- 5 Raise funds to further the above aims**

Our objectives are:

To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.

To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.

To support and promote positive communications within the organization and mutually benefit engagement with members via a website, social media presence, a lively full colour magazine, and occasional e-newsletter.

To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals - many of whom are leaders in their field.

To provide activities for children and young people living with Charcot Marie Tooth.

To develop stronger partnerships and mutual understanding with other groups and organisations both nationally and internationally.

To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.

To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.

To support the achievement of the above by maintaining high levels of management and financial probity.

Report of the Trustees for the Year Ended 30 September 2023 (continued)

Public benefit

The Trustees confirm that they have referred to the information contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives.

Trustee Appointment, Induction and Training

The Governing Trustees were appointed by their experience and expertise. Subsequent Trustees will be appointed as and when the need arises. New Trustees are made aware of their role and responsibility as a Trustee, the role of the Charity Commission, decision making processes and will be able to field any questions they may have from the documentation which has been provided to them namely, the Annual Report of Accounts, Trustee Report and directed to the Fundraising Regulator website. All Trustees are made aware of external training events and are encouraged to attend. The Trustees meet regularly throughout the year.

Activities

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2023 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.

Vice Chairman's 2023/24 Report

Finally throwing off the challenges of the covid era, we have managed to move forward with some real changes and progress.

In our first face to face trustee's meeting, it was suggested that rather than having a set membership fee we should instigate a free membership for all by asking for donations from those who can afford, the trustees set a suggested donation, in the hope that some people could and would donate more if able. The planning for the change took nearly six months and was finally announced to start in Awareness Month October. So far, the signs are that the changeover has been successful, with a growing membership and continuing steady financial returns. The Trustees are monitoring the outcomes continuously. The primary goal was to be able to continue to give support and help to all members and sufferers of CMT.

During the year we have also started up new support groups, one for Adult Carers and one for Carers of Youngsters. The plan was to meet online giving support and opportunities for carers, to exchange ideas and views, among themselves and from the charity. So far, we have seen a regular support for each group and numbers are increasing as word spreads.

CMT Kids group has also been flourishing with regular online meet ups, and weekend get togethers. With the youngsters giving more input towards their fundraising and activities. We are pleased to see several of our 'Kids' moving on from the kid's group to the mainstream charity, and to two even, joining the board of Trustees.

Our local groups continue to flourish, meeting online regularly and also in person. Thus, they are able to discuss their own and local problems and issues and give support to each other.

As always, the trustees would like to thank all the staff, members and supporters for your continued participation in taking the charity forward in a way that enables us to offer help and support to all carers and people who suffer from Charcot Marie Tooth.

Anton James, Advisor to the CMTUK Board

Report of the Trustees for the Year Ended 30 September 2023 (continued)**Activities (continued)**Summary of the activities and main achievements of the charity during the year

- The charity worked with Mushroom Marketing and PR this year for the annual awareness month in October. The preparation and run-up begun in the previous (accounting) year.
- Social Media posts with 14,000 views
- Three bite size videos: Physio and Research with Gita Ramdharry, Research with Dr Alex Rossor and Footcare with Robert Isaacs
- Iconic Landmarks Lit-Up – Royal Liver Building, Gateshead Millenium Bridge
- Poster displays around the country
- Awareness Presentation to a large company (7IM)
- Drop-In at Birmingham Library
- On-line Quiz
- Nominations for CMT Friendly Places
- Articles about CMTUK in professional magazines M4RD (Medics for Rare Diseases)
- Pod Cast and National Press Coverage

Support Groups

CMTUK facilitates a number of Support Groups. Regional Support Groups meet both online and in person. CMTUK have continued to offer the facility to host meetings online with groups able to use whichever format suits their members, including a mix of in person and online.

There are currently groups covering: Devon (new group), Hampshire & Sussex, Gloucestershire, Kent, East Midlands, West Midlands, London, North West, Yorkshire, Scotland, and Ireland.

A Carer's (Adult) Support Group and a Parents and Carer's (Children) Support Group have both recently been launched and they meet on a monthly basis. We continue to look to grow the network of Regional Support Groups across the UK.

Annual General Meeting

The AGM was held on 21st April 2023, this was again on-line. The meeting agreed the accounts, treasurers report and the re-election of two trustees: Two trustees Anton James and Karin Rodgers resigned from the board in line with the Articles of Association and were thanked for their efforts and support. The 2024 AGM will be held in person on the 27th of April at the Stratford Manor Hotel, Stratford Manor Hotel, Warwick Road, Stratford CV37 0PY.

Annual Conference

The CMTUK Annual Conference was held online on 21st and 22nd April 2023, working with Mushroom Marketing The sessions cover a range of areas and offered an opportunity to chat with Trustees and sponsors:

- Dr Alex Rossor – honorary consultant neurologist and previous Wellcome Trust Post-Doctoral Clinical Fellow at the UCL Queen Square Institute of Neurology and the National Hospital for Neurology and Neurosurgery, London, United Kingdom. His research and clinical interest is Charcot-Marie-Tooth disease and related disorders in which peripheral neuropathy is seen as part of a complex multi-system disease.
- Tessa Craver – Occupational Therapist, Hand Care
- Kym Winters (video) – Rareminds
- Jamie White and Dr Sue Eccles from BCP Citizens' Advice on Benefits
- Leah Saunders - Chair Yoga (Bournemouth Mindfulness)

Report of the Trustees for the Year Ended 30 September 2023 (continued)

Activities (continued)

Annual Conference (continued)

Research Updates:

CMTUK (Richard Batchelor)

RNOH (Karan and Matt)

CMTRF (Cleary Simpson)

CMTA (Katherine Forsey)

HNF (Alison Moore)

The third on-line conference went well. An on-line conference gives more scope for having more speakers and those from further afield. We were able to have speakers from three US based organisations (CMTA, HNF and CMTRF).

We were grateful to our sponsors: Dorset Orthopaedics, ShoeFit.uk as well to Pharnext for supporting our work through an educational Grant.

Research

One research grant was awarded in 2022/23: Management of Pregnancy in Charcot Marie Tooth disease: A prospective study.

ECMTF

CMTUK has continued to be an active member of the European Charcot Marie Tooth Federation. The federation continues to grow and to link with other European CMT patient organisations, as well as having associate members from further afield (ecmtf.org).

Currently there are 22 member organisations, an increase of 4 over the last year (12 full members and 10 associations)

In June 2023 the federation hosted the **1st European CMT Specialists Conference** in Paris which was attended on behalf of CMTUK by Simon and included a dinner at the home of Jean-Martin Charcot.

Comment

ComMenT continued to make use of the digital options with videoed interviews along with articles on fundraising, awareness month, the conference, and a range of other content. The magazine is available in both digital and print format. Katie Randall continues to do a fantastic job in the role of Editor, on a voluntary basis, and has had support this year from Bethany Meloche.

The Team

Simon Bull - Chief Executive,

Lisa Yeates – Accounts Manager,

Kim Shires – Information and Support Officer,

Chris Smith – Administration Assistant (left 5th March 2024).

Report of the Trustees for the Year Ended 30 September 2023 (continued)

Plans for Future Periods

Health and Wellbeing Sessions

CMTUK is planning some Health and Wellbeing days across the UK and is currently working on the content and locations for these.

Office Location

The charity is looking to relocate its office. This will be in the Bournemouth/Christchurch area.

Website

A review of the website will be undertaken to make it more accessible and easier to navigate.

Staff

There is one staff vacancy for an Administrator and Communication Coordinator.

Conference

The 2024 Conference will be an in-person event on 27th April.

Financial Review

During the year the charity received income of £141,077 (2022: £142,392) and had resources expended of £178,000 (2022: £144,695) this left a net deficit of £36,923 (2022 deficit: £2,303). From this the charitable company had total funds carried forward of £257,752 (2022: £294,675). Of these funds £168,478 (2022: £189,018) are unrestricted free reserves, leaving £89,274 (2022: £105,657) as restricted funds. A full breakdown can be found in note 17 of the financial statements.

Reserves Policy

It is the policy of the Charity to keep sufficient funds to cover all administration costs for a period of 6 months.

Risk Management

The Trustees review the major risks which the Charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

Report of the Trustees for the Year Ended 30 September 2023 (continued)

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

5574584

Registered Charity Number

1112370

Registered Office

3 Groveley Road

Christchurch

Dorset

BH23 3HB

Trustees

Paul Fleming - Chair

Anton James - Vice Chair (Resigned 21st April 2023)

Sophie Arnold

Richard Batchelor

Thomas Henderson

Karin Rodgers (Resigned 21st April 2023)

Ruth Slater (Resigned 2nd March 2023)

Denise James (Appointed 21st April 2023)

Independent Examiner

Miss J A Richardson FCA FCCA DChA

32 Award Road

Wimborne

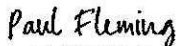
Dorset

BH21 7NT

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12th April 2024 and signed on its behalf by:

DocuSigned by:


-1 / 1 APRIL 2024 /

.....
Paul Fleming - Chair of Trustees

Independent Examiner's Report to the Trustees of CMT United Kingdom

Independent examiner's report to the trustees of CMT United Kingdom ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Miss JA Richardson FCA FCCA DChA

Date 22nd April 2024

CMT United Kingdom

**Statement of Financial Activities (Incorporating an Income & Expenditure Account)
for the Year Ended 30 September 2023**

| | Notes | Unrestricted | Restricted | 2023 Total funds £ | 2022 Total funds £ |
|--|-------|----------------|---------------|--------------------------|--------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | 3 | 101,098 | 13,146 | 114,244 | 122,376 |
| Charitable activities | 4 | 8,960 | - | 8,960 | 8,258 |
| Other trading activities | 5 | 11,510 | 2,427 | 13,937 | 10,018 |
| Investment income | 6 | <u>3,936</u> | <u>-</u> | <u>3,936</u> | <u>1,740</u> |
| TOTAL | | <u>125,504</u> | <u>15,573</u> | <u>141,077</u> | <u>142,392</u> |
| EXPENDITURE ON | | | | | |
| Raising funds | 7 | 14,976 | - | 14,976 | 15,554 |
| Charitable activities | 8 | <u>112,275</u> | <u>38,523</u> | <u>150,798</u> | <u>129,141</u> |
| TOTAL | | <u>127,251</u> | <u>38,523</u> | <u>165,774</u> | <u>144,695</u> |
| NET INCOME | | (1,747) | (22,950) | (24,697) | (2,303) |
| Net gains and losses on investments | | (12,225) | - | (12,225) | 5,165 |
| Movement in funds | | (13,973) | (22,950) | (36,923) | 2,862 |
| Transfers between funds | | (6,567) | 6,567 | - | - |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 189,018 | 105,657 | 294,675 | 291,813 |
| TOTAL FUNDS CARRIED FORWARD | 17 | <u>168,478</u> | <u>89,274</u> | <u>257,752</u> | <u>294,675</u> |

The notes form part of these financial statements

CMT United Kingdom

Balance Sheet 30 September 2023
Registered Company Number 05574584

| | Notes | Unrestricted | Restricted | 2023 Total funds £ | 2022 Total funds £ |
|-------------------------------------|-------|----------------|---------------|--------------------------|--------------------------|
| FIXED ASSETS | | | | | |
| Tangible fixed assets | 12 | 2,869 | - | 2,869 | - |
| Investments | 13 | 116,622 | - | 116,622 | 126,657 |
| Total fixed assets | | 119,491 | - | 119,491 | 126,657 |
| CURRENT ASSETS | | | | | |
| Debtors | 14 | 18,574 | 2,934 | 21,508 | 12,519 |
| Stocks | 15 | 2,219 | - | 2,219 | 2,208 |
| Cash at bank and in hand | | 35,736 | 86,340 | 122,076 | 157,961 |
| Total current assets | | 56,529 | 89,274 | 145,803 | 172,688 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 16 | 7,542 | - | 7,542 | 4,670 |
| Net current assets | | 48,987 | 89,274 | 138,261 | 168,018 |
| NET ASSETS | | 168,478 | 89,274 | 257,752 | 294,675 |
| FUNDS OF THE CHARITY | | | | | |
| Restricted funds | | - | 89,274 | 89,274 | 105,657 |
| Unrestricted funds | | 168,478 | - | 168,478 | 189,018 |
| TOTAL FUNDS | 17 | | | 257,752 | 294,675 |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12th April 2024 and were signed on its behalf by:

.....
Paul Fleming - Chair of Trustees

CMT United Kingdom

The notes form part of these financial statements
Notes to the Financial Statements
for the Year Ended 30 September 2023

1 LEGAL FORM

CMT United Kingdom is a charity registered in the UK (registered charity number 1112370) and is a private company limited by guarantee, registered in England and Wales (registered company number 5574584). Further details can be found in the Trustee Report of these financial statements.

2 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The financial statements have been prepared on a going concern basis.

Cash flow statement exemption

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023**

2 ACCOUNTING POLICIES (continued)

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about whether the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Fixed assets

Depreciation is provided on tangible fixed assets so as to write off the cost of valuation, less any estimated residual value, over the expected useful economic life. Office equipment is depreciated on a straight-line basis at 20%.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow-moving stocks. Cost is determined using the first-in, first out (FIFO)

Debtors

Debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023

2 ACCOUNTING POLICIES (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pensions and other retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

3 DONATIONS AND LEGACIES

| | 2023 | 2022 |
|----------------------------|----------------|----------------|
| | £ | £ |
| Donations from individuals | 89,436 | 104,089 |
| Legacies | 13,500 | 6,963 |
| Gift Aid Income | 8,808 | 8,825 |
| Grants receivable | 2,500 | 2,500 |
| | <u>114,244</u> | <u>122,376</u> |

4 INCOME FROM CHARITABLE ACTIVITIES

| | 2023 | 2022 |
|-----------------------------------|--------------|--------------|
| | £ | £ |
| Support Services and local groups | <u>8,960</u> | <u>8,258</u> |

5 INCOME FROM TRADING ACTIVITIES

| | 2023 | 2022 |
|----------------------------|---------------|---------------|
| | £ | £ |
| Sale of goods and services | 383 | 704 |
| Local fundraising | 5,754 | 1,514 |
| Property rental income | 7,800 | 7,800 |
| | <u>13,937</u> | <u>10,018</u> |

6 INVESTMENT INCOME

| | 2023 | 2022 |
|-----------------------|--------------|--------------|
| | £ | £ |
| Income from dividends | 2,190 | 1,493 |
| Interest receivable | 1,747 | 247 |
| | <u>3,936</u> | <u>1,740</u> |

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023

7 EXPENDITURE ON RAISING FUNDS

| | 2023 | 2022 |
|---|---------------|---------------|
| | £ | £ |
| Costs of generating donations and legacies | | |
| a Other direct costs | 1,178 | 1,065 |
| Staff costs | 12,870 | 13,065 |
| | <u>14,048</u> | <u>14,129</u> |

| | 2023 | 2022 |
|------------------------------------|------|-------|
| | £ | £ |
| Costs of trading activities | | |
| b Costs of goods sold | 928 | 1,424 |

8 DIRECT COSTS OF CHARITABLE ACTIVITIES

| | 2023 | 2022 |
|-----------------------------|----------------|----------------|
| | £ | £ |
| Charitable events | 25,051 | 13,791 |
| Support services | 25,026 | 22,314 |
| Grant funding of activities | 15,000 | 2,830 |
| Staff costs | 58,632 | 61,622 |
| Allocated support costs | 25,830 | 26,650 |
| Governance costs | 1,259 | 1,934 |
| | <u>150,798</u> | <u>129,141</u> |

9 TRUSTEES REMUNERATION AND BENEFITS

There was no Trustees' remuneration or other benefits for the year to 30 September 2023 nor for the year ended 30 September 2022

Trustees' expenses

No trustees have received any reimbursed expenses or any other benefits from the charity during the year other than reimbursement of out-of-pocket expenses.

10 STAFF COSTS

The aggregate payroll costs were as follows:

| | 2023 | 2022 |
|-----------------------------------|---------------|---------------|
| | £ | £ |
| Staff costs during the year were: | | |
| Wages and salaries | 66,677 | 69,907 |
| Pension costs | 4,825 | 4,779 |
| | <u>71,503</u> | <u>74,687</u> |

CMT United Kingdom

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023

11 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

All funds are unrestricted

| | Unrestricted | Restricted | 2022 Total funds £ | 2021 Total funds £ |
|------------------------------------|----------------|----------------|--------------------------|--------------------------|
| INCOME AND ENDOWMENTS FROM | | | | |
| Donations and legacies | 116,993 | 5,383 | 122,376 | 139,220 |
| Charitable activities | 3,877 | 4,381 | 8,258 | 10,629 |
| Other trading activities | 10,018 | - | 10,018 | 13,806 |
| Investment income | <u>1,740</u> | <u>-</u> | <u>1,740</u> | <u>25</u> |
| TOTAL | <u>132,628</u> | <u>9,764</u> | <u>142,392</u> | <u>163,680</u> |
| EXPENDITURE ON | | | | |
| Raising funds | 15,554 | - | 15,554 | 16,305 |
| Charitable activities | 114,699 | 14,442 | 129,141 | 117,537 |
| Other | <u>-</u> | <u>-</u> | <u>-</u> | <u>-</u> |
| TOTAL | <u>130,253</u> | <u>14,442</u> | <u>144,695</u> | <u>133,842</u> |
| NET INCOME | 2,376 | (4,678) | (2,303) | 29,838 |
| Unrealised gains | 5,165 | - | 5,165 | - |
| TRANSFERS | (9,646) | 9,646 | - | - |
| RECONCILIATION OF FUNDS | | | | |
| Total funds brought forward | 191,123 | 100,690 | 291,813 | 261,975 |
| TOTAL FUNDS CARRIED FORWARD | <u>189,018</u> | <u>105,657</u> | <u>294,675</u> | <u>291,813</u> |

12 TANGIBLE FIXED ASSETS**COST**

| | |
|----------------------|----------------|
| At 1 October 2022 | 5,187 |
| Additions | 3,586 |
| Disposals | <u>(5,187)</u> |
| At 30 September 2023 | <u>3,586</u> |

DEPRECIATION

| | |
|------------------------|----------------|
| At 1 October 2022 | 5,187 |
| Charge for year | 717 |
| Eliminated on disposal | <u>(5,187)</u> |
| At 30 September 2023 | <u>717</u> |

NET BOOK VALUE

| | |
|----------------------|--------------|
| At 30 September 2023 | <u>2,869</u> |
| At 30 September 2022 | <u>-</u> |

Office
Equipment
£

CMT United Kingdom

**Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023**

13 INVESTMENTS

| | |
|---------------------------|-----------------|
| COST | £ |
| At 1 October 2022 | 126,657 |
| Additions/Disposals | - |
| Revaluation | <u>(10,035)</u> |
| At 30 September 2023 | <u>116,622</u> |
| NET BOOK VALUE | |
| At 30 September 2023 | <u>116,622</u> |
| At 30 September 2022 | <u>126,657</u> |

14 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---------------|---------------|---------------|
| | £ | £ |
| Other debtors | 20,457 | 11,062 |
| Prepayments | 1,051 | 1,457 |
| | <u>21,508</u> | <u>12,519</u> |

15 STOCKS

| | 2023 | 2022 |
|--------|-------------|-------------|
| | £ | £ |
| Stocks | 2,219 | 2,208 |

16 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---------------------------------|--------------|--------------|
| | £ | £ |
| Trade creditors | 3,209 | 2,705 |
| Social security and other taxes | 1,216 | 1,396 |
| Other creditors | 2,118 | - |
| Accruals and deferred income | 1,000 | 568 |
| | <u>7,542</u> | <u>4,670</u> |

CMT United Kingdom

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023

17 MOVEMENT IN FUNDS

| | At 1 October 2022 | Income | Expenditure | Transfers | At 30 September 2023 |
|---------------------|-------------------------|----------------|----------------|----------------|----------------------------|
| Unrestricted | | | | | |
| General | <u>189,018</u> | <u>125,504</u> | <u>139,477</u> | <u>6,567</u> | <u>168,478</u> |
| Restricted | | | | | |
| Research | 66,870 | 2,132 | 15,000 | (297) | 54,299 |
| Projects | 17,889 | - | 2,134 | (986) | 16,741 |
| Local Groups | 1,825 | 2,427 | - | 736 | 3,516 |
| CMT Kids | 7,459 | 11,014 | 21,389 | (6,197) | 3,281 |
| Events | 1,968 | - | - | - | 1,968 |
| Fulton Fund | <u>9,646</u> | <u>-</u> | <u>-</u> | <u>177</u> | <u>9,469</u> |
| Total | <u>105,657</u> | <u>15,573</u> | <u>38,523</u> | <u>(6,567)</u> | <u>89,274</u> |
| TOTAL FUNDS | <u>294,675</u> | <u>141,077</u> | <u>178,000</u> | <u>-</u> | <u>257,752</u> |

| | At 1 October 2021 | Income | Expenditure | Transfers | At 30 September 2022 |
|---------------------|-------------------------|----------------|------------------|-----------|----------------------------|
| Unrestricted | 191,123 | 137,794 | (130,253) | (9,646) | 189,018 |
| Restricted | | | | | |
| Research | 66,755 | 2,945 | (2,830) | - | 66,870 |
| Projects | 17,695 | 194 | - | - | 17,889 |
| Local Groups | 1,825 | - | - | - | 1,825 |
| CMT Kids | 12,447 | 6,624 | (11,612) | - | 7,459 |
| Events | 1,968 | - | - | - | 1,968 |
| Fulton Fund | - | - | - | 9,646 | 9,646 |
| TOTAL FUNDS | <u>291,813</u> | <u>147,557</u> | <u>(144,695)</u> | <u>-</u> | <u>294,675</u> |

18 ANALYSIS OF NET ASSETS BETWEEN FUNDS

| | Unrestricted | Restricted | Total at 30 September 2023 |
|---------------------|----------------|---------------|----------------------------------|
| Fixed assets | 119,491 | - | 119,491 |
| Current assets | 56,529 | 89,274 | 145,803 |
| Current liabilities | (7,542) | - | (7,542) |
| | <u>168,478</u> | <u>89,274</u> | <u>257,752</u> |

CMT United Kingdom

Notes to the Financial Statements (continued)
for the Year Ended 30 September 2023

18 ANALYSIS OF NET ASSETS BETWEEN FUNDS (continued)

| | Unrestricted | Restricted | Total at 30 September 2022 |
|-------------------------|----------------|----------------|----------------------------------|
| Fixed asset investments | 126,657 | - | 126,657 |
| Current assets | 67,031 | 105,657 | 172,688 |
| Current liabilities | (4,670) | - | (4,670) |
| | <u>189,018</u> | <u>105,657</u> | <u>294,675</u> |

19 LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:
 Within one year £13,000 (2022: £13,000).

20 RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 30 September 2023 nor the year ended 30 September 2022

21 COMPANY LIMITED BY GUARANTEE

CMT United Kingdom is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Accounts

Company registration number: 05574584

Charity registration number: 1112370

CMT United Kingdom

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 September 2022

Oak Accounting Ltd
Independent examiner
27 Bascott Road
Wallisdown

Bournemouth
Dorset
BH11 8RJ



CMT United Kingdom

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| Statement of Financial Activities | 11 |
| Balance Sheet | 12 |
| Notes to the Financial Statements | 13 to 22 |



CMTUK Annual Report

2021 – 2022





The Directors and Trustees are pleased to present their annual report together with the financial statements of the charity for the year ended 30th September 2022.

The Organisation

CMT United Kingdom (CMTUK) is a company limited by guarantee and a Registered Charity operating as Charcot-Marie-Tooth UK (CMTUK). The Directors of the charitable company ('the charity') are its Trustees for the purpose of charity law and within this report are collectively referred to as the Trustees.

Company Information: Registered Company in England No. 05574584
Registered Charity No. 1112370

Directors and Trustees 2020-2021

Paul Fleming - Chair
Anton James - Vice Chair
Sophie Arnold Richard Batchelor
Thomas Henderson Karin Rodgers Ruth Slater

Principal Office

3 Groveley Road
Christchurch
Dorset
BH23 3HB

The charity is incorporated in England

Company Registration Number 05574584
Charity Registration Number 1112370

Independent Examiner

Oak Accounting Ltd
Independent Examiner
27 Bascott Road Wallisdown
Bournemouth Dorset
BH11 8RJ

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 September 2022.

The Directors of the charitable company (the charity) are its Trustees for the purposes of charity law and throughout this report are collectively referred to as the Trustees. Their responsibilities include all the responsibilities of Directors under the Companies Acts and of Trustees under the Charities Act.

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2022 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.

Statement from Vice-Chair of the Board:

Dealing with Covid has been a challenge but now we are through the worse, we are gradually getting back to normal. Although managing quite well on Zoom etc., we can now meet again in person, especially in our local group's which appear to be flourishing. Our fundraising has recovered, and we are looking at a stable financial position. We are hoping, that post covid we will see an increase in the great work our fundraisers do and hope that by this, we will be able to increase our support of our membership, and supporters going forward.

We have managed to increase our support for research and look forward to helping new research in the future.

I would lastly, like to thank all of the trustees, staff, members and supporters for your continued participation in taking the charity forward in order for us to offer help and support to all carers of people with, and sufferers, of Charcot Marie Tooth and HNPP.

Anton James

Aims and Objectives

We exist to assist, advise and inform people with Charcot Marie Tooth and HNPP in the UK, in addition to this we aim to:

- Improve communication and services for members
- Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK
- Generate positive media coverage to help people affected by Charcot Marie Tooth
- Reach more people with Charcot Marie Tooth through increased membership
- Support medical research into Charcot Marie Tooth
- Raise funds to further the above aims

Our objectives are:

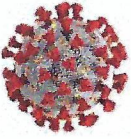
- To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.
- To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.
- To support and promote positive communications within the organization and mutually beneficial engagement with members via a website, social media presence, a lively full colour magazine, and occasional e newsletter.
- To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals – many of whom are leaders in their field.
- To provide activities for children and young people living with Charcot Marie Tooth.
- To develop stronger partnerships and mutual understanding with other groups and organizations both nationally and internationally.
- To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.
- To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.
- To support the achievement of the above by maintaining high levels of management and financial probity.



Summary of the activities and main achievements of the charity during the year.

Covid-19 Pandemic

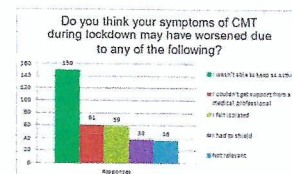
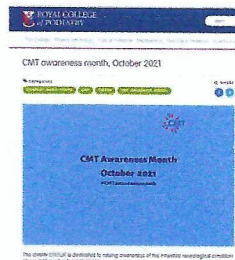
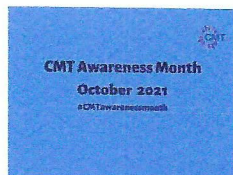
As last year we recognise the affect that the Coronavirus Pandemic, and the related measures aimed to reduce its impact, has had on the charity during the year. Staff returned to working in the office in February. Disruption to the charity and its service to members remained minimal but the impact on staff is acknowledged.



Annual Awareness Campaign

Although the annual awareness month is October the preparation and run-up started in the 2020/21 year. Working with Mushroom Marketing and PR to deliver the campaign which focused mainly on social media.

Mary Reilly Q&A As part of the campaign we were delighted that Professor Reilly again agreed to taking part in an on-line Q&A session. This session gave members to submit questions on any aspect of CMT and Mary answered as many as time allowed.



Regional Support Groups

Regional Support Groups have continue meeting throughout the year both on zoom and in person. CMTUK have continued to offer the facility to host meetings online with groups able to use whichever format suits their members, including a mix of in person and online.

Growing the network of Regional Support Groups is identified as an important target.



Annual General Meeting

The AGM was held on 6th May 2022 for the second time using the Airmeeet Platform. The meeting agreed the accounts, treasurers report and the re-election of two trustees: Thomas

Henderson and Ruth Slater. Two trustees Debbie Delves and Alan MacDonald resigned from the board and were thanked for their efforts and support. The 2023 AGM will be held online on the 21st April.

Annual Conference

The CMTUK Annual Conference was held on 6th and 7th May 2022 using the Airmeeet Platform and working with Mushroom Marketing.



Paul Fleming open the conference and introduced Professor Mary Reilly, Patron of CMTUK.

The sessions cover a range of areas:

Professor Mary Reilly – Patron of CMTUK. Update on what’s happening with CMT

Tom Wood - Orthotics

Ed Cvijan – Pain Clinic

Karin Rodgers – CMTUK Kids Update

Gita Ramdharry-Jackson

Ed Sum - Occupational Therapist

Hydrotherapy – Liz Davies

Research Committee – Alan Macdonald

Sponsors’ Session

The second on-line conference, using the Airmeeet platform, went well. An on-line conference, although lacking some of the human connection that an in person one allows, does give more scope for having speakers from further afield or with limited time. We would not have had, for example, Professor Kennerson who kindly gave up an evening to give her presentation from Sydney or the attendees from a number of countries.

We were grateful to our sponsors: Dorset Orthopaedics, Talarmade, ShoeMed and Special Kids Company as well to Pharnext for supporting our work through an educational Grant.

“Thank you for organising a great event - I learned a lot.” CMTUK Member



"The 2021 Online CMTUK Conference was fantastic, so well organised and very informative. Something to consider for the future for those who can't attend in person. Thank you to all the speakers and sponsors for giving up your time." CMTUK Member

Research

In 2020/21 CMTUK awarded a grant to a team from Royal National Orthopaedic Hospital (RNOH), Stanmore and their research project to establish whether Artificial Intelligence (AI) can be used as a method to reproducibly define forefoot deformity in complex pes cavovarus feet in Charcot Marie Tooth (CMT) Disease.

"We feel this will revolutionise understanding and treatment of complex foot deformity in the CMT foot." Mr Welck

We received an update at the conference.

In 2021/22 a further grant was awarded in order to renew the software required to continue this project that is already having an impact.

Two papers have so far been published from the research:

<https://www.sciencedirect.com/science/article/pii/S1268773122002351>

This uses a novel technique to look at normal feet and map out what the normal values are - we have already used this to help virtually correct the cavus foot in CMT patients and we are trying to classify these

<https://pubmed.ncbi.nlm.nih.gov/35403476/>

This paper looked at the differences between our technique with automated measurements to determine that the newer methods we use are more accurate than the old manual measurements, and this has uncovered an interesting fact about where the deformity occurs in CMT cavus feet - this will also be used to help classify feet

Two other grants were awarded in 2021/22:

Developing a national patient registry for CMT

A mixed methods investigation into barriers and facilitators of healthy eating in Charcot Marie Tooth disease.

Updates on these will be given.

ECMTF

CMTUK has continued to be an active member of the European Charcot Marie Tooth Federation. The federation continues to grow and to link with other European CMT patient organisations, as well as having associate members from further afield (ecmtf.org).



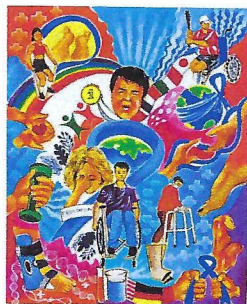
Currently there are 18 member organisations (11 full members and 7 associates).

In June 2023 the federation will host the **1st European CMT Specialists Conference** in Paris.

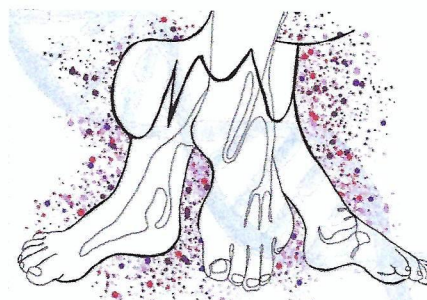
LIVING WITH CMT ART COMPETITION

To mark Rare Disease Day 2022, the “Living with CMT” Art Competition was launched by The European Charcot-Marie-Tooth Federation (ECMTF), The Hereditary Neuropathy Foundation (HNF) and The Charcot-Marie-Tooth USA Association (CMTA), supported by Pharnext, to raise awareness of the challenges of living with Charcot-Marie-Tooth disease (CMT) and the strategies used by individuals to overcome them.

The competition was open to everyone around the world, for those with CMT or those living alongside someone with CMT. We were delighted by the level of response from all areas of the world and were inspired by the submissions and stories we’ve read. We want to thank you all for your participation and helping us spread awareness of this disease. To celebrate everyone’s participation, we’ve published all of the creative, impactful and heartfelt submissions in our digital book. Many congratulations to Elainah, Fabiana and Tina in the over 16 years category, and Tanuj, Elizabeth and Skanda in the under 16 years category on coming first, second and third and from all of us at ECMTF, HNF, CMTA and Pharnext, thank you to all who participated and helped with the event.



Under 16 Winner Tanuj Samaddar (India)

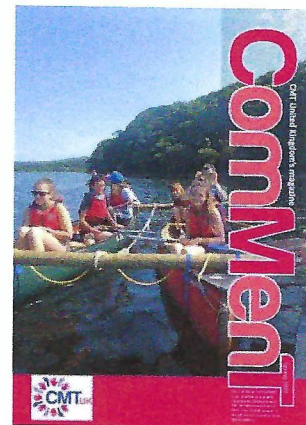
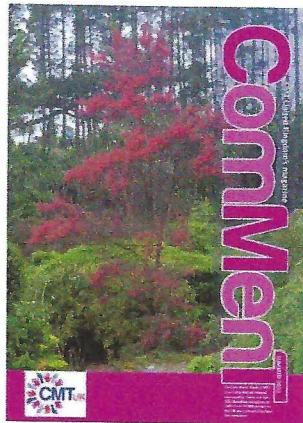
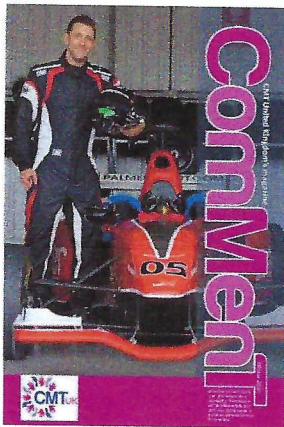


Over 16 Winner Elainah (UK)

Comment

ComMenT continued to make use of the digital options with videoed interviews featuring Bren Maude (Racing Driver), Karin Rodgers and Sam Baller (CMT Kids), and Dr Gita Ramdharry (Consultant Allied Health Professional and Clinical Academic) along with articles on fundraising, awareness month, the conference, and a range of other content. The magazine is available in both digital and print format.

Katie Randall has continued in the role of Editor, on a voluntary basis, and has been doing an excellent job.



The Team

The office staff team remained unchanged:

Simon Bull - Chief Executive, Lisa Yeates – Accounts Manager, Kim Shires – Information and Support Officer, and Chris Smith – Administrator.

Health and Wellbeing Sessions

CMTUK is aiming to host a number of Health and Wellbeing sessions across the UK and is currently working on the content and locations for these.

CMT United Kingdom

Independent Examiner's Report to the trustees of CMT United Kingdom ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').


Having satisfied myself that the accounts of CMT United Kingdom are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of CMT United Kingdom as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Sue Wintle
Independent examiner
Association of Independent Examiners

27 Bascott Road
Wallisdown

Bournemouth
Dorset
BH11 8RJ

Date: 1-6-2023

CMT United Kingdom

Statement of Financial Activities for the Year Ended 30 September 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

| | Note | Unrestricted £ | Restricted £ | Total 2022 £ | Total 2021 £ |
|------------------------------------|------|-------------------|-----------------|--------------------|--------------------|
| Income and Endowments from: | | | | | |
| Donations and legacies | 3 | 116,993 | 5,384 | 122,377 | 139,220 |
| Charitable activities | 4 | 3,877 | 4,381 | 8,258 | 10,629 |
| Other trading activities | 5 | 10,018 | - | 10,018 | 13,806 |
| Investment income | 6 | 1,740 | - | 1,740 | 25 |
| Total Income | | <u>132,628</u> | <u>9,765</u> | <u>142,393</u> | <u>163,680</u> |
| Expenditure on: | | | | | |
| Raising funds | 7 | (15,554) | - | (15,554) | (16,305) |
| Charitable activities | 8 | (114,699) | (14,442) | (129,141) | (117,537) |
| Total Expenditure | | <u>(130,253)</u> | <u>(14,442)</u> | <u>(144,695)</u> | <u>(133,842)</u> |
| Net income/(expenditure) | | 2,375 | (4,677) | (2,302) | 29,838 |
| Transfers between funds | | (9,646) | 9,646 | - | - |
| Net movement in funds | | (7,271) | 4,969 | (2,302) | 29,838 |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | <u>191,123</u> | <u>100,690</u> | <u>291,813</u> | <u>261,975</u> |
| Total funds carried forward | 19 | <u>183,852</u> | <u>105,659</u> | <u>289,511</u> | <u>291,813</u> |

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2021 is shown in note 19.

CMT United Kingdom
(Registration number: 05574584)
Balance Sheet as at 30 September 2022

| | Note | 2022 £ | 2021 £ |
|---|------|----------------|----------------|
| Fixed assets | | | |
| Investments | 13 | 126,657 | - |
| Current assets | | | |
| Stocks | 14 | 2,208 | 3,434 |
| Debtors | 15 | 12,519 | 11,608 |
| Cash at bank and in hand | 16 | <u>157,961</u> | <u>278,671</u> |
| | | 172,688 | 293,713 |
| Creditors: Amounts falling due within one year | 17 | <u>(4,670)</u> | <u>(1,900)</u> |
| Net current assets | | <u>168,018</u> | <u>291,813</u> |
| Net assets | | <u>294,675</u> | <u>291,813</u> |
| Funds of the charity: | | | |
| Restricted income funds | | | |
| Restricted funds | 19 | 105,657 | 100,690 |
| Unrestricted income funds | | | |
| Unrestricted funds | | 183,854 | 191,123 |
| Revaluation reserve | | <u>5,164</u> | <u>-</u> |
| Total unrestricted funds | | <u>189,018</u> | <u>191,123</u> |
| Total funds | 19 | <u>294,675</u> | <u>291,813</u> |

For the financial year ending 30 September 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 11 to 22 were approved by the trustees, and authorised for issue on and signed on their behalf by:

P Fleming
31/05/2023 09:25:54

Paul Fleming.....
Paul Fleming
Trustee

The notes on pages 13 to 22 form an integral part of these financial statements.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

The address of its registered office is:

3 Grovely Road
Christchurch
Dorset
BH23 3HB

[Authorised for issue date](#)

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

CMT United Kingdom meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Income represents the total value of all donated income from service agreements and any other income receivable by the charity.

Expenditure

This represents the total value of all expenditure and is categorised in line with the Charity SORP.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life.

Business combinations

Business combinations are accounted for under the purchase method. Where necessary, adjustments are made to the financial statements of subsidiaries to bring the accounting policies used into line with those used by the charity. All intra-group transactions, balances, income and expenses are eliminated on consolidation. In accordance with Section 35 of FRS 102, Section 19 of FRS 102 has not been applied in these financial statements in respect of business combinations effected prior to the date of transition.

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

MEMORANDUM FOR THE RECORD

DATE: 10/15/54 SUBJECT: [Illegible]

[Illegible text]

[Illegible text]

[Illegible text]

[Illegible text]

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CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

3 Income from donations and legacies

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|--------------------------------------|---------------------------------------|--------------------------|---------------------|
| Donations and legacies; | | | |
| Donations from individuals | 72,641 | 1,785 | 74,426 |
| Legacies | 6,963 | - | 6,963 |
| Gift aid reclaimed | 5,226 | 3,599 | 8,825 |
| Grants, including capital grants; | | | |
| Grants from other charities | 2,500 | - | 2,500 |
| Regular giving and capital donations | 29,663 | - | 29,663 |
| Total for 2022 | <u>116,993</u> | <u>5,384</u> | <u>122,377</u> |
| Total for 2021 | <u>133,678</u> | <u>5,542</u> | <u>139,220</u> |

4 Income from charitable activities

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|-----------------------|---------------------------------------|--------------------------|---------------------|
| Support Services | 3,877 | 4,381 | 8,258 |
| Total for 2022 | <u>3,877</u> | <u>4,381</u> | <u>8,258</u> |
| Total for 2021 | <u>2,407</u> | <u>8,222</u> | <u>10,629</u> |

5 Income from other trading activities

| | Unrestricted funds General £ | Total funds £ |
|--|---------------------------------------|---------------------|
| Trading income; | | |
| Sales of goods and services | 704 | 704 |
| Local fundraising and street collection income | 1,514 | 1,514 |
| Property rental income | 7,800 | 7,800 |
| Total for 2022 | <u>10,018</u> | <u>10,018</u> |
| Total for 2021 | <u>13,806</u> | <u>13,806</u> |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

6 Investment income

| | Unrestricted funds General £ | Total funds £ |
|--|---------------------------------------|---------------------|
| Income from dividends; | | |
| Dividends receivable from group undertakings | 1,493 | 1,493 |
| Interest receivable and similar income; | | |
| Interest receivable on bank deposits | 247 | 247 |
| Total for 2022 | <u>1,740</u> | <u>1,740</u> |
| Total for 2021 | <u>25</u> | <u>25</u> |

7 Expenditure on raising funds

a) Costs of generating donations and legacies

| | Note | Unrestricted funds General £ | Total funds £ |
|---|------|---------------------------------------|---------------------|
| Other direct costs of generating voluntary income | | 1,065 | 1,065 |
| Staff Costs | | 13,065 | 13,065 |
| Total for 2022 | | <u>14,130</u> | <u>14,130</u> |
| Total for 2021 | | <u>1,119</u> | <u>1,119</u> |

b) Costs of trading activities

| | Note | Unrestricted funds General £ | Total funds £ |
|-----------------------|------|---------------------------------------|------------------------------|
| Costs of goods sold | | 1,424 | 1,424 |
| Total for 2022 | | <u>1,424</u> | <u>1,424</u> |
| Total for 2021 | | <u>2,186</u> | <u>2,186</u> |
| | | | Total costs £ |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

8 Charitable activities

| | Note | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|-----------------------------|------|---------------------------------------|---|------------------------------------|
| Charitable Events | | 2,179 | 11,612 | 13,791 |
| Support Services | | 22,536 | - | 22,536 |
| Grant funding of activities | | - | 2,830 | 2,830 |
| Staff costs | | 61,621 | - | 61,621 |
| Allocated support costs | | 26,478 | - | 26,478 |
| Governance costs | | 1,885 | - | 1,885 |
| Total for 2022 | | 114,699 | 14,442 | 129,141 |
| Total for 2021 | | 94,170 | 23,367 | 117,537 |
| | | | Activity undertaken directly £ | Total expenditure £ |
| Total for 2021 | | | 117,538 | 117,538 |

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

| | 2022 £ | 2021 £ |
|--|---------------|---------------|
| Staff costs during the year were: | | |
| Wages and salaries | 69,907 | 56,185 |
| Pension costs | 4,779 | 4,397 |
| | 74,686 | 60,582 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

| | 2022 | 2021 |
|------------------------------------|-------------|-------------|
| | No | No |
| Average number of persons employed | <u>4</u> | <u>4</u> |

No employee received emoluments of more than £60,000 during the year.

11 Independent examiner's remuneration

| | 2022 | 2021 |
|---|-------------|-------------|
| | £ | £ |
| Examination of the financial statements | <u>495</u> | <u>495</u> |

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Fixed asset investments

| | | |
|--|----------------|--|
| Shares in group undertakings and participating interests | 2022 | |
| | £ | |
| | <u>126,657</u> | |



CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

Shares in group undertakings and participating interests

| | Subsidiary undertakings £ | Total £ |
|-----------------------|--|--------------------|
| Cost | | |
| Revaluation | 5,164 | 5,164 |
| Additions | 121,493 | 121,493 |
| At 30 September 2022 | 126,657 | 126,657 |
| Net book value | | |
| At 30 September 2022 | 126,657 | 126,657 |

14 Stock

| | 2022 £ | 2021 £ |
|--------|-------------------|-------------------|
| Stocks | 2,208 | 3,434 |
| | 2,208 | 3,434 |

15 Debtors

| | 2022 £ | 2021 £ |
|---------------|-------------------|-------------------|
| Prepayments | 1,457 | 1,221 |
| Other debtors | 11,062 | 10,387 |
| | 12,519 | 11,608 |

16 Cash and cash equivalents

| | 2022 £ | 2021 £ |
|--------------|-------------------|-------------------|
| Cash on hand | 2,821 | 3,294 |
| Cash at bank | 155,140 | 275,377 |
| | 157,961 | 278,671 |

17 Creditors: amounts falling due within one year

| | 2022 £ | 2021 £ |
|-----------------|-------------------|-------------------|
| Trade creditors | 4,102 | 1,331 |
| Other creditors | (1) | (3) |
| Accruals | 569 | 572 |
| | 4,670 | 1,900 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

18 Reserves

| | Unrestricted revaluation reserve £ | Total £ |
|--------------------------------|---|--------------------|
| Unrealised loss on investments | <u>(5,164)</u> | <u>(5,164)</u> |

19 Funds

| | Balance at 1 October 2021 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 30 September 2022 £ |
|-------------------------------|--|-------------------------------------|-------------------------------------|------------------------|---|
| Unrestricted funds | | | | | |
| <i>General</i> | | | | | |
| General | 191,123 | 132,630 | (130,253) | (9,646) | 183,854 |
| Restricted funds | | | | | |
| Research | 66,755 | 2,945 | (2,830) | - | 66,870 |
| Projects | 17,695 | 194 | - | - | 17,889 |
| Local Groups | 1,825 | - | - | - | 1,825 |
| CMT Kids | 12,447 | 6,624 | (11,612) | - | 7,459 |
| Events | 1,968 | - | - | - | 1,968 |
| Fulton Fund | - | - | - | 9,646 | 9,646 |
| Total restricted funds | <u>100,690</u> | <u>9,763</u> | <u>(14,442)</u> | <u>9,646</u> | <u>105,657</u> |
| Total funds | <u>291,813</u> | <u>142,393</u> | <u>(144,695)</u> | <u>-</u> | <u>289,511</u> |

The specific purposes for which the funds are to be applied are as follows:

Research - restricted to spending on research into the condition.

Projects - restricted to spending on the projects for which income is given.

Local groups - restricted to spending which benefits local groups.

Events - restricted to spending on the events for which the money was raised.

CMT Kids - restricted for spending on CMT Kids events.

20 Analysis of net assets between funds

STATE OF TEXAS

County of _____

| No. | Name | Age | Sex | Color | Profession | Religion | Marital Status | Place of Birth | Education | Occupation | Income | Assets | Liabilities | Notes |
|-----|----------------|-----|-----|-------|--------------|--------------|----------------|----------------|-------------|--------------|----------|-------------|-------------|-------|
| 1 | John Doe | 35 | M | W | Teacher | Methodist | Married | USA | High School | Teacher | \$40,000 | House, Car | Mortgage | |
| 2 | Jane Smith | 28 | F | W | Nurse | Catholic | Single | USA | College | Nurse | \$30,000 | Car | | |
| 3 | Robert Johnson | 55 | M | W | Retired | Baptist | Married | USA | High School | Retired | \$25,000 | House, Car | Mortgage | |
| 4 | Emily White | 42 | F | W | Homemaker | Presbyterian | Married | USA | High School | Homemaker | \$15,000 | House, Car | Mortgage | |
| 5 | Michael Brown | 30 | M | W | Engineer | Methodist | Single | USA | College | Engineer | \$50,000 | House, Car | Mortgage | |
| 6 | Sarah Green | 25 | F | W | Student | Catholic | Single | USA | College | Student | \$10,000 | Car | | |
| 7 | David Black | 60 | M | W | Farmer | Baptist | Married | USA | High School | Farmer | \$35,000 | House, Land | Mortgage | |
| 8 | Christina Gray | 38 | F | W | Manager | Methodist | Married | USA | College | Manager | \$45,000 | House, Car | Mortgage | |
| 9 | James Hill | 50 | M | W | Construction | Catholic | Married | USA | High School | Construction | \$30,000 | House, Car | Mortgage | |
| 10 | Amanda Lee | 22 | F | W | Teacher | Methodist | Single | USA | College | Teacher | \$20,000 | Car | | |

Witness my hand and seal of office this _____ day of _____, 20____.

Notary Public for the State of Texas

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2022

| | Unrestricted funds General £ | Restricted funds £ | Total funds at 30 September 2022 £ |
|-------------------------|---|-----------------------------------|---|
| Fixed asset investments | 126,657 | - | 126,657 |
| Current assets | 61,867 | 105,657 | 167,524 |
| Current liabilities | (4,670) | - | (4,670) |
| Total net assets | 183,854 | 105,657 | 289,511 |
| | Unrestricted funds General £ | Restricted funds £ | Total funds at 30 September 2021 £ |
| Current assets | 193,023 | 100,690 | 293,713 |
| Current liabilities | (1,900) | - | (1,900) |
| Total net assets | 191,123 | 100,690 | 291,813 |

MEMORANDUM

TO: [Name] FROM: [Name]

Subject: [Topic]

[Text]



This Document has been Signed with a **secure electronic signature** via E-Sign.

Envelope Details

Title CMTUK final accounts
Author Simon Bull (ceo@cmt.org.uk)
Envelope Created on Wed, 31 May 2023 09:23:57
Envelope ID a92fc7d4-d915-49d4-b54a-ade3cb4dd611

Document Details

Title CMT final accounts and report 2022 v2
Digital Fingerprint 0d901165-1537-4896-a1df-969d79053304

Document Signers

Scan/Click the QR Code to view signature information

Name [Paul Fleming](#)
Email paul.fleming@mercer.com
Status **SIGNED** at Wed, 31 May 2023 09:25:54 BST(+0100)
Signature Fingerprint dcd4d63-ca8a-489e-b7fe-50f451e50dc6



Document History

Wed, 31 May 2023 09:25:55 Paul Fleming Signed the Document (IP: 147.161.166.250)



legislation.gov.uk



CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Accounts

Company registration number: 05574584

Charity registration number: 1112370

CMT United Kingdom

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 September 2021

Oak Accounting Ltd
Independent examiner
27 Bascott Road
Wallisdown

Bournemouth
Dorset
BH11 8RJ

CMT United Kingdom

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|---|----------|
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| Statement of Trustees' Responsibilities | 8 |
| Independent Examiner's Report | 9 |
| Statement of Financial Activities | 10 |
| Balance Sheet | 11 |
| Notes to the Financial Statements | 12 to 20 |



CMTUK Annual Report 2020 – 2021

The Directors and Trustees are pleased to present their annual report together with the financial statements of the charity for the year ended 30th September 2021.

The Organisation

CMT United Kingdom (CMTUK) is a company limited by guarantee and a Registered Charity operating as Charcot-Marie-Tooth UK (CMTUK). The Directors of the charitable company ('the charity') are its Trustees for the purpose of charity law and within this report are collectively referred to as the Trustees.

Company Information Registered Company in England No. 05574584
Registered Charity No. 1112370

Directors and Trustees 2020-2021

Paul Fleming, Chair
Anton James, Vice Chair
Sophie Arnold Richard Batchelor Debbie Delves
Thomas Henderson Alan MacDonald
Karin Rodgers Ruth Slater

Principal Office
3 Groveley Road
Christchurch
Dorset
BH23 3HB

The charity is incorporated in England
Company Registration Number 05574584
Charity Registration Number 1112370

Independent Examiner
Oak Accounting Ltd
Independent Examiner
27 Bascott Road Wallisdown
Bournemouth Dorset
BH11 8RJ

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 September 2021.

The Directors of the charitable company (the charity) are its Trustees for the purposes of charity law and throughout this report are collectively referred to as the Trustees. Their responsibilities include all the responsibilities of Directors under the Companies Acts and of Trustees under the Charities Act.

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2021 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.

Aims and Objectives

We exist to assist, advise and inform people with Charcot Marie Tooth in the UK, in addition to this we aim to:

- Improve communication and services for members
- Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK
- Generate positive media coverage to help people affected by Charcot Marie Tooth
- Reach more people with Charcot Marie Tooth through increased membership
- Support medical research into Charcot Marie Tooth
- Raise funds to further the above aims

Our objectives are:

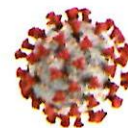
- To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.
- To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.
- To support and promote positive communications within the organization and mutually beneficial engagement with members via a website, social media presence, a lively full colour magazine, and occasional e newsletter.
- To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals – many of whom are leaders in their field.
- To provide activities for children and young people living with Charcot Marie Tooth.
- To develop stronger partnerships and mutual understanding with other groups and organizations both nationally and internationally.
- To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.
- To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.
- To support the achievement of the above by maintaining high levels of management and financial probity.

Objectives, strategies and activities

Summary of the activities and main achievements of the charity during the year.

Covid-19 Pandemic

It is appropriate to acknowledge the affect that the Coronavirus Pandemic, and the related measures aimed to reduce its impact, has had on the charity during the year. Staff worked mostly from their homes with the use of remote working. Disruption to the charity and its service to members was kept minimal but the impact on staff should be acknowledged.



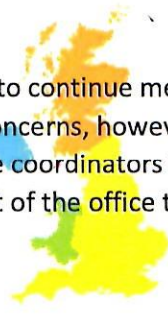
Annual Awareness Campaign

Although the annual awareness month is October the preparation and run-up started much early. Working with Mushroom Marketing and PR

Mary Reilly Q&A As part of the campaign we were delighted that Professor Reilly agreed to an on-line Q&A session where members were able to ask questions on any aspect of CMT.

Regional Support Groups

It has been difficult for the Regional Support Groups to continue meeting in person throughout the year due to restrictions and health concerns, however CMTUK have offered the facility to host groups online and a number of the coordinators have taken to using the on-line video conference app; Zoom with the support of the office team, this has included a meeting of RSG coordinators.



Annual General Meeting

The AGM was held on 21st May 2021 using the Airmeet Platform. The meeting agreed the minutes for the previous AGM, the accounts, treasurers report and the re-election of three trustees.

Annual Conference

The CMTUK Annual Conference was held on 21st and 22nd May 2021 using the Airmeet Platform.



The sessions cover a range of areas and were:

Professor Mary Reilly – Patron of CMTUK. Update on what’s happening with CMT

Professor Marina Kennerson – How DNA can Contribute to CMT.

Dr Imelda Hughes - CMT symptoms in children, it’s management, progression and possibly differences between types

Wendy Foo - Everyday life with CMT: How Occupational therapy can help

Karin Rodgers – CMTUK Kids Update

Debbie Delves – CMTUK Research Update

Matt Welck and Karan Malhotra - Grant Recipients project outline

Sponsors’ Session

Karin Rodgers – Members’ Quiz

The first fully on-line conference went well there were some minor issues that were addressed, overall it was a success. The Airmeet platform worked well, and feedback was given to them to assist its development. An on-line conference, although lacking some of the human connection that a in person one allows, does give more scope for having speakers from further afield or with limited time. We would not have had, for example, Professor Kennerson who kindly gave up an evening to give her presentation from Sydney or the attendees from a number of countries.

We were grateful to our sponsors: Dorset Orthopaedics, Talarmade, ShoeMed and Special Kids Company as well to Pharnext for supporting our work through an educational grant.

"The 2021 Online CMTUK Conference was fantastic, so well organised and very informative. Something to consider for the future for those who can't attend in person. Thank you to all the speakers and sponsors for giving up your time." CMTUK Member

Research

CMTUK awarded a grant to a team from Royal National Orthopaedic Hospital (RNOH), Stanmore and their research project to establish whether Artificial Intelligence (AI) can be used as a method to reproducibly define forefoot deformity in complex pes cavovarus feet in Charcot Marie Tooth (CMT) Disease.

"We feel this will revolutionise understanding and treatment of complex foot deformity in the CMT foot." Mr Welck

We are looking forward to receiving an update at this year's conference.

The School (Sixth Form) Research Award was launched to encourage young people to research CMT. The Winner of this award was Sam Loft and a Runner-Up award was won by Caitlin Gaffney.

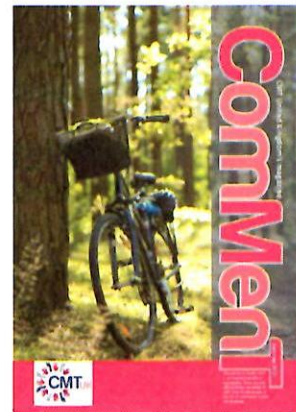
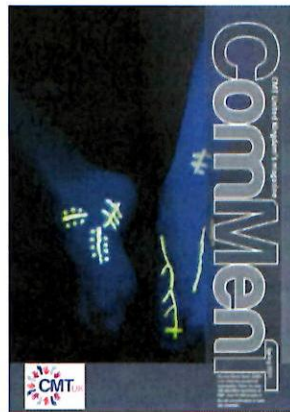
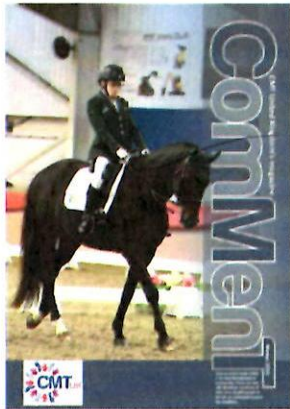
ECMTF

CMTUK has continued to be an active member of the European Charcot Marie Tooth Federation. The federation continues to grow and to link with other European CMT patient organisations, as well as having associate members from further afield (ecmtf.org).

Comment

Following the refresh of ComMenT in Spring 2020 we have started to make more use of the available digital options with videoed interviews and other content available through links within the on-line magazine. The magazine is also available in print form.

Katie Randall has taken on the role of Editor, on a voluntary basis, and has been doing an excellent job.



Breaking Down Barriers

We were grateful to receive a small grant to help CMTUK look at its accessibility and inclusiveness as part of this on-going work a survey was carried out with selected members, the general leaflet was redesigned, fliers and posters were designed, and renewed contact has been made with genetic centres across the UK.



The Team

There have been no changes to the staff team during the year:

Simon Bull - Chief Executive, Lisa Yeates – Accounts Manager, Kim Shires – Information and Support Officer, and Chris Smith – Administrator.

Health and Wellbeing Sessions

A series of on-line talks took place online covering Diet, Mindfulness, Physiotherapy and Podiatry took place in March 2021.

Helen Morgan - Mindfulness
Sally Thornley - Diet
Robert Isaacs – Podiatry
Rebekah Knight - Physiotherapy

Faces of CMT

During the year we saw the international 'Faces of CMT' photography competition supported by Pharnext with a panel of judges from HNF, CMTA and ECMTF (represented by Simon).

FACES OF CMT PHOTOGRAPHY COMPETITION
Challenges living with CMT and strategies to overcome them

Winners:

Left: Brook Phipps
Brook's physician allowed her to continue with dance in order to build her depleted emotional confidence. This has resulted in the enhancement of her inner beauty. A mirror only reflects the outward beauty.

Right: Sandra Fernández Vega
My scars are my constellations. With each surgical scar due to Charcot Marie Tooth disease, I have learned to value each moment. They are my personal set of stars and they are part of the times that have changed my life and my body forever.

HEREDITARY REPEATING FOUNDATION
EUROPEAN CMT FEDERATION
CMTA
PHAR NEXT

CMT United Kingdom

Statement of Trustees' Responsibilities

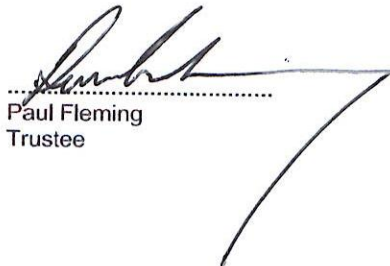
The trustees (who are also the directors of CMT United Kingdom for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 4 May 2022 and signed on its behalf by:



.....
Paul Fleming
Trustee

CMT United Kingdom

Independent Examiner's Report to the trustees of CMT United Kingdom

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 September 2021 which are set out on pages 10 to 20.

Respective responsibilities of trustees and examiner

As the charity's trustees of CMT United Kingdom (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

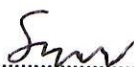
Having satisfied myself that the accounts of CMT United Kingdom are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of CMT United Kingdom as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Sue Wintle
Independent examiner
Association of Independent Examiners

27 Bascott Road
Wallisdown

Bournemouth
Dorset
BH11 8RJ

4 May 2022

CMT United Kingdom

Statement of Financial Activities for the Year Ended 30 September 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

| | Note | Unrestricted £ | Restricted £ | Total 2021 £ | Total 2020 £ |
|------------------------------------|------|-------------------|-----------------|--------------------|--------------------|
| Income and Endowments from: | | | | | |
| Donations and legacies | 3 | 133,678 | 5,542 | 139,220 | 217,316 |
| Charitable activities | 4 | 2,407 | 8,222 | 10,629 | 1,380 |
| Other trading activities | 5 | 13,806 | - | 13,806 | 12,087 |
| Investment income | 6 | 25 | - | 25 | 193 |
| Total Income | | <u>149,916</u> | <u>13,764</u> | <u>163,680</u> | <u>230,976</u> |
| Expenditure on: | | | | | |
| Raising funds | 7 | (16,305) | - | (16,305) | (2,788) |
| Charitable activities | 8 | (94,170) | (23,367) | (117,537) | (120,721) |
| Total Expenditure | | <u>(110,475)</u> | <u>(23,367)</u> | <u>(133,842)</u> | <u>(123,509)</u> |
| Net income/(expenditure) | | <u>39,441</u> | <u>(9,603)</u> | <u>29,838</u> | <u>107,467</u> |
| Net movement in funds | | 39,441 | (9,603) | 29,838 | 107,467 |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | <u>151,682</u> | <u>110,293</u> | <u>261,975</u> | <u>154,508</u> |
| Total funds carried forward | 17 | <u>191,123</u> | <u>100,690</u> | <u>291,813</u> | <u>261,975</u> |

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2020 is shown in note 17.

CMT United Kingdom

(Registration number: 05574584) Balance Sheet as at 30 September 2021

| | Note | 2021 £ | 2020 £ |
|---|------|----------------|----------------|
| Current assets | | | |
| Stocks | 13 | 3,434 | 3,387 |
| Debtors | 14 | 11,608 | 19,706 |
| Cash at bank and in hand | 15 | <u>278,671</u> | <u>241,770</u> |
| | | 293,713 | 264,863 |
| Creditors: Amounts falling due within one year | 16 | <u>(1,900)</u> | <u>(2,888)</u> |
| Net assets | | <u>291,813</u> | <u>261,975</u> |
| Funds of the charity: | | | |
| Restricted income funds | | | |
| Restricted funds | 17 | 100,690 | 110,294 |
| Unrestricted income funds | | | |
| Unrestricted funds | | <u>191,123</u> | <u>151,681</u> |
| Total funds | 17 | <u>291,813</u> | <u>261,975</u> |

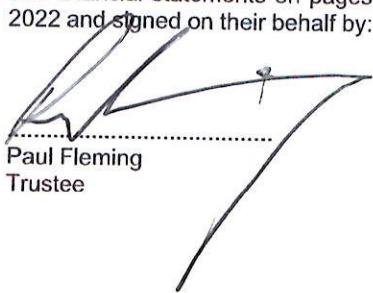
For the financial year ending 30 September 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 10 to 20 were approved by the trustees, and authorised for issue on 4 May 2022 and signed on their behalf by:



Paul Fleming
Trustee

The notes on pages 12 to 20 form an integral part of these financial statements.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

The address of its registered office is:
3 Grovely Road
Christchurch
Dorset
BH23 3HB

These financial statements were authorised for issue by the trustees on 4 May 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

CMT United Kingdom meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Income represents the total value of all donated income from service agreements and any other income receivable by the charity.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

Expenditure

This represents the total value of all expenditure and is categorised in line with the Charity SORP.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3 Income from donations and legacies

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|--------------------------------------|---------------------------------------|--------------------------|---------------------|
| Donations and legacies; | | | |
| Donations from individuals | 83,229 | 1,935 | 85,164 |
| Legacies | 16,836 | - | 16,836 |
| Gift aid reclaimed | 3,611 | 3,607 | 7,218 |
| Grants, including capital grants; | | | |
| Grants from other charities | 20 | - | 20 |
| Regular giving and capital donations | 29,982 | - | 29,982 |
| Total for 2021 | 133,678 | 5,542 | 139,220 |
| Total for 2020 | 207,203 | 10,113 | 217,316 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

4 Income from charitable activities

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|-----------------------|---|-----------------------------------|------------------------------|
| Support Services | 2,407 | 8,222 | 10,629 |
| Total for 2021 | 2,407 | 8,222 | 10,629 |
| Total for 2020 | 60 | 1,320 | 1,380 |

5 Income from other trading activities

| | Unrestricted funds General £ | Total funds £ |
|--|---|------------------------------|
| Trading income; | | |
| Sales of goods and services | 703 | 703 |
| Local fundraising and street collection income | 5,303 | 5,303 |
| Property rental income | 7,800 | 7,800 |
| Total for 2021 | 13,806 | 13,806 |
| Total for 2020 | 12,087 | 12,087 |

6 Investment income

| | Unrestricted funds General £ | Total funds £ |
|---|---|------------------------------|
| Interest receivable and similar income; | | |
| Interest receivable on bank deposits | 25 | 25 |
| Total for 2021 | 25 | 25 |
| Total for 2020 | 193 | 193 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

7 Expenditure on raising funds

a) Costs of generating donations and legacies

| | Note | Unrestricted funds General £ | Total funds £ |
|---|------|---------------------------------------|---------------------|
| Other direct costs of generating voluntary income | | 1,119 | 1,119 |
| Staff Costs | | 13,000 | 13,000 |
| Total for 2021 | | <u>14,119</u> | <u>14,119</u> |
| Total for 2020 | | <u>644</u> | <u>644</u> |

b) Costs of trading activities

| | Note | Unrestricted funds General £ | Total funds £ |
|------------------------------|------|---------------------------------------|------------------------------|
| Costs of goods sold | | 1,996 | 1,996 |
| Property rental income costs | | 190 | 190 |
| Total for 2021 | | <u>2,186</u> | <u>2,186</u> |
| Total for 2020 | | <u>2,144</u> | <u>2,144</u> |
| | | | Total costs £ |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

8 Charitable activities

| | Unrestricted funds General | Restricted funds | Total funds |
|-----------------------------|----------------------------------|---------------------|----------------|
| Note | £ | £ | £ |
| Charitable Events | - | 11,667 | 11,667 |
| Support Services | 23,007 | - | 23,007 |
| Grant funding of activities | - | 11,700 | 11,700 |
| Staff costs | 47,582 | - | 47,582 |
| Allocated support costs | 22,923 | - | 22,923 |
| Governance costs | 658 | - | 658 |
| Total for 2021 | <u>94,170</u> | <u>23,367</u> | <u>117,537</u> |
| Total for 2020 | <u>109,592</u> | <u>11,129</u> | <u>120,721</u> |

| | Activity undertaken directly | Total expenditure |
|--|------------------------------------|----------------------|
| | £ | £ |
| ComMenT Costs | 3,904 | 3,904 |
| Advertising, Marketing, PR | 5,052 | 5,052 |
| Printer Lease Cost | 6,025 | 6,025 |
| Postage | 1,806 | 1,806 |
| Website Maintenance & E-mail Marketing | 1,392 | 1,392 |
| Stationery | 719 | 719 |
| Subscriptions & Membership | 870 | 870 |
| Telephone & Broadband | 2,743 | 2,743 |
| CMT Kids | 11,567 | 11,567 |
| Leaflets, Brochures & Books | 144 | 144 |
| Accountancy | 495 | 495 |
| Conference Call Costs | 173 | 173 |
| Companies House fees | 163 | 163 |
| Projects - Health & Wellness | 100 | 100 |
| Staff Costs | 47,583 | 47,583 |
| Research Grants | 11,700 | 11,700 |
| Premises Costs - Rent | 13,000 | 13,000 |
| Premises Costs - Light & Heat | 1,212 | 1,212 |
| Premises Costs - Rates & Insurance | 1,572 | 1,572 |
| Premises Costs - Water | 125 | 125 |
| Direct Debit Charges | 1,591 | 1,591 |
| Debit & Credit Card Charges | 365 | 365 |
| Bank Charges | 237 | 237 |
| Maintenance, Repairs & Renewals | 146 | 146 |
| Computer Software | 3,248 | 3,248 |
| Computer Equipment | 4 | 4 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

| | Activity undertaken directly £ | Total expenditure £ |
|---|---|---------------------------|
| Minor Office Equipment & Maintenance | 154 | 154 |
| Computer Consumables | 243 | 243 |
| Cleaning and recycling | 439 | 439 |
| Public & Professional Liability Insurance | 586 | 586 |
| Professional fees | 180 | 180 |
| Total for 2021 | 117,538 | 117,538 |
| Total for 2020 | 118,121 | 118,121 |

9 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Karin Rodgers

£Nil (2020: £119) of expenses were reimbursed to Karin Rodgers during the year.

Trustee meeting expenses

Richard Batchelor

£Nil (2020: £40) of expenses were reimbursed to Richard Batchelor during the year.

Trustee meeting expenses

Thomas Henderson

£Nil (2020: £582) of expenses were reimbursed to Thomas Henderson during the year.

Trustee meeting expenses

Deborah Delves

£Nil (2020: £422) of expenses were reimbursed to Deborah Delves during the year.

Trustee meeting expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

| | 2021 £ | 2020 £ |
|--|---------------|---------------|
| Staff costs during the year were: | | |
| Wages and salaries | 56,185 | 55,002 |
| Pension costs | 4,397 | 2,733 |
| Other staff costs | - | 195 |
| | 60,582 | 57,930 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

| | 2021 | 2020 |
|------------------------------------|-------------|-------------|
| | No | No |
| Average number of persons employed | <u>4</u> | <u>4</u> |

No employee received emoluments of more than £60,000 during the year.

11 Independent examiner's remuneration

| | 2021 | 2020 |
|---|-------------|-------------|
| | £ | £ |
| Examination of the financial statements | <u>495</u> | <u>522</u> |

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Stock

| | 2021 | 2020 |
|--------|--------------|--------------|
| | £ | £ |
| Stocks | <u>3,434</u> | <u>3,387</u> |

14 Debtors

| | 2021 | 2020 |
|---------------|---------------|---------------|
| | £ | £ |
| Prepayments | 1,221 | 1,119 |
| Other debtors | <u>10,387</u> | <u>18,587</u> |
| | <u>11,608</u> | <u>19,706</u> |

15 Cash and cash equivalents

| | 2021 | 2020 |
|--------------|----------------|----------------|
| | £ | £ |
| Cash on hand | 3,294 | 1,672 |
| Cash at bank | <u>275,377</u> | <u>240,098</u> |
| | <u>278,671</u> | <u>241,770</u> |

16 Creditors: amounts falling due within one year

| | 2021 | 2020 |
|-----------------|--------------|--------------|
| | £ | £ |
| Trade creditors | 1,331 | 2,316 |
| Other creditors | (3) | - |
| Accruals | <u>572</u> | <u>572</u> |
| | <u>1,900</u> | <u>2,888</u> |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2021

17 Funds

| | Balance at 1 October 2020 £ | Incoming resources £ | Resources expended £ | Balance at 30 September 2021 £ |
|-------------------------------|-----------------------------------|----------------------------|----------------------------|---|
| Unrestricted funds | | | | |
| <i>General</i> | | | | |
| General | 151,681 | 149,916 | (110,474) | 191,123 |
| Restricted funds | | | | |
| Research | 76,319 | 2,136 | (11,700) | 66,755 |
| Projects | 16,795 | 1,000 | (100) | 17,695 |
| Local Groups | 1,825 | - | - | 1,825 |
| CMT Kids | 13,387 | 10,627 | (11,567) | 12,447 |
| Events | 1,968 | - | - | 1,968 |
| Total restricted funds | <u>110,294</u> | <u>13,763</u> | <u>(23,367)</u> | <u>100,690</u> |
| Total funds | <u>261,975</u> | <u>163,679</u> | <u>(133,841)</u> | <u>291,813</u> |

The specific purposes for which the funds are to be applied are as follows:

Research - restricted to spending on research into the condition.

Projects - restricted to spending on the projects for which income is given.

Local groups - restricted to spending which benefits local groups.

Events - restricted to spending on the events for which the money was raised.

CMT Kids - restricted for spending on CMT Kids events.

18 Analysis of net assets between funds

| | Unrestricted funds General £ | Restricted funds £ | Total funds at 30 September 2021 £ |
|-------------------------|---------------------------------------|--------------------------|---|
| Current assets | 193,023 | 100,690 | 293,713 |
| Current liabilities | (1,900) | - | (1,900) |
| Total net assets | <u>191,123</u> | <u>100,690</u> | <u>291,813</u> |
| | Unrestricted funds General £ | Restricted funds £ | Total funds at 30 September 2020 £ |
| Current assets | 154,569 | 110,294 | 264,863 |
| Current liabilities | (2,888) | - | (2,888) |
| Total net assets | <u>151,681</u> | <u>110,294</u> | <u>261,975</u> |

CMT UNITED KINGDOM

England & Wales - Charity number 1112370

Accounts

Company registration number: 05574584

Charity registration number: 1112370

CMT United Kingdom

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 September 2020

Oak Accounting Ltd
Independent examiner
27 Bascott Road
Wallisdown

Bournemouth
Dorset
BH11 8RJ

CMT United Kingdom

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Reference and Administrative Details

Trustees

Anton James
Karin Rodgers

Sophie Arnold
Richard Batchelor
Paul Fleming
Debbie Delves
Thomas Henderson (appointed 27th June 2020)
Dr Alan MacDonald (appointed 27th June 2020)
Ruth Slater (Appointed 27th June 2020)

Principal Office

3 Groveley Road
Christchurch
Dorset
BH23 3HB

The charity is incorporated in England.

Company Registration Number

05574584

Charity Registration Number

1112370

Independent Examiner

Oak Accounting Ltd
Independent examiner
27 Bascott Road
Wallisdown
Bournemouth
Dorset
BH11 8RJ

CMT United Kingdom

Trustees' Report

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 September 2020.

The Directors of the charitable company (the charity) are its Trustees for the purposes of charity law and throughout this report are collectively referred to as the Trustees. Their responsibilities include all the responsibilities of Directors under the Companies Acts and of Trustees under the Charities Act.

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2020 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.

We exist to assist, advise and inform people with Charcot Marie Tooth in the UK, in addition to this we aim to:

- Improve communication and services for members
- Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK
- Generate positive media coverage to help people affected by Charcot Marie Tooth
- Reach more people with Charcot Marie Tooth through increased membership
- Support medical research into Charcot Marie Tooth
- Raise funds to further the above aims

Objectives and activities

Objects and aims

Our objectives are:

- To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.
- To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.
- To support and promote positive communications within the organization and mutually beneficial engagement with members via a website, social media presence, a lively full colour magazine, and occasional e newsletter.
- To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals – many of whom are leaders in their field.
- To provide activities for children and young people living with Charcot Marie Tooth.
- To develop stronger partnerships and mutual understanding with other groups and organizations both nationally and internationally.
- To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.
- To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.
- To support the achievement of the above by maintaining high levels of management and financial probity.

CMT United Kingdom

Trustees' Report

Objectives, strategies and activities

Summary of the main achievements of the charity during the year

- CMT UK took part in the Rare Film Awards – An animated film was produced by students studying at the University of Greenwich. The film was short-listed in the 'Best Aspiring filmmaker - Charity Collaboration', Chief Executive Simon Bull attended the awards evening at the Regents Street Cinema in February 2020.
- CMT Kids have embraced the use of Zoom during the pandemic and have kept in touch with members by hosting on-line activities.
- This year the AGM was held on-line due to the pandemic. This was successful and received positive feedback although attendance was not high.
- The CMT Awareness month was held in October in line with our partners in Europe and elsewhere. This was a successful campaign. This year the campaign was commenced earlier leading up to the awareness month.
- CMT UK commissioned seven exercise videos for people living with CMT. These were completed and made available to members.

The charity took steps to prepare for working from home due to the pandemic and was able to make a fairly smooth transition to doing so. Through the use of remote access to the computer system, phone transfer and on-line meetings services were maintained. The use of an on-line meeting platform has allowed Regional Support Groups to continue meeting and they have become an important part of the charity's offer to members.

Membership has remained steady during the year and is being monitored to assess the impact of the pandemic.

Unfortunately, we were unable to host our Annual Conference due to the restrictions in place and we have also made the decision to hold the Conference 2021 in person but to host it on-line.

A grant from the Sylvia Adams Charitable Trust through the Breaking Down Barriers programme has enabled CMT UK to review and analyse its reach into the BAME communities and to work on building records we hold and to take steps to improve the charity's accessibility. CMT affects all ethnicities and CMT UK aims to be accessible to everyone. In line with this we have been working on a membership questionnaire, producing a new information leaflet and reviewing staff training.

Plans to launch a research project aimed at students was put on hold during 2020 and has now been launched in 2021. This project aims to engage with 16 – 18 year olds, to encourage them to produce an essay or project on any aspect of living with CMT.

The pandemic also curtailed any thoughts of hosting Health and Wellness Days in person. We are planning on-line Health and Wellbeing Sessions.

Objectives for the next financial year

- Maintain services until the pandemic has passed
- Re-commence Health and Wellness Days
- Review the strategic plan
- Continue to develop our fundraising activities including grants
- Ensure our on-line AGM and conference 2021 is successful
- Maintain and look to increase the membership
- Launch Research Award for Students

CMT United Kingdom

Trustees' Report

Fundraising disclosures

A review of fundraising activities undertaken by the charity

The charity has had a reasonable year financially. Donations have continued to increase in comparison with previous years. Our generous supporters have donated in excess of £142K which will be enhanced by Gift Aid.


Justgiving.com continues to be an incredibly useful tool for those fundraiser for CMT United Kingdom with over 30 new pages created this year, and over £19K including Gift Aid being raised during 2018/19.

We are extremely grateful to all of the individuals, charitable trusts and corporate supporters who have supported us this year without this significant support we could not offer the activities we do. Our members and supporters have continued to walk, run, cycle, climb mountains, host picnics and parties, and engage in lots of activities to raise funds for us every year. This allows us to continue with our work to advance the aims and objectives, pays support costs and assists with new initiatives. There are too many of you to mention, but we would like you all to know that your efforts are greatly appreciated.

Public benefit

In setting our programme, we have regard to the Charity Commission's general guidance on public benefit and ensure that our activities are in line with the Charity's aims and objectives. This will be monitored as activities develop to ensure continuing public benefit and this is clearly demonstrated from this report.

The annual report was approved by the trustees of the charity


.....

Signed on behalf of the trustees

Date: 16/7/2021

CMT United Kingdom

Statement of Trustees' Responsibilities

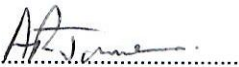
The trustees (who are also the directors of CMT United Kingdom for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on and signed on its behalf by:


.....
Paul Fleming ANTON JAMES
Trustee

CMT United Kingdom

Independent Examiner's Report to the trustees of CMT United Kingdom

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 September 2020 which are set out on pages 7 to 18.

Respective responsibilities of trustees and examiner

As the charity's trustees of CMT United Kingdom (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of CMT United Kingdom are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of CMT United Kingdom as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Sue Wintle
Independent examiner
Association of Independent Examiners

27 Bascott Road
Wallisdown

Bournemouth
Dorset
BH11 8RJ

Date: 20-7-2021.....

CMT United Kingdom

Statement of Financial Activities for the Year Ended 30 September 2020 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

| | Note | Unrestricted £ | Restricted £ | Total 2020 £ | Total 2019 £ |
|------------------------------------|------|-------------------|-----------------|--------------------|--------------------|
| Income and Endowments from: | | | | | |
| Donations and legacies | 3 | 207,203 | 10,113 | 217,316 | 141,650 |
| Charitable activities | 4 | 60 | 1,320 | 1,380 | 11,568 |
| Other trading activities | 5 | 12,087 | - | 12,087 | 2,475 |
| Investment income | 6 | 193 | - | 193 | 155 |
| Total Income | | <u>219,543</u> | <u>11,433</u> | <u>230,976</u> | <u>155,848</u> |
| Expenditure on: | | | | | |
| Raising funds | 7 | (2,788) | - | (2,788) | (4,253) |
| Charitable activities | 8 | (109,592) | (11,129) | (120,721) | (147,754) |
| Total Expenditure | | <u>(112,380)</u> | <u>(11,129)</u> | <u>(123,509)</u> | <u>(152,007)</u> |
| Gains/losses on investment assets | | - | - | - | (5,241) |
| Net income/(expenditure) | | 107,163 | 304 | 107,467 | (1,400) |
| Transfers between funds | | (1,045) | 1,045 | - | - |
| Net movement in funds | | 106,118 | 1,349 | 107,467 | (1,400) |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | <u>45,564</u> | <u>108,944</u> | <u>154,508</u> | <u>155,908</u> |
| Total funds carried forward | 17 | <u>151,682</u> | <u>110,293</u> | <u>261,975</u> | <u>154,508</u> |

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2019 is shown in note 17.

CMT United Kingdom

(Registration number: 05574584)

Balance Sheet as at 30 September 2020

| | Note | 2020 £ | 2019 £ |
|---|------|----------------|----------------|
| Current assets | | | |
| Stocks | 13 | 3,387 | 4,208 |
| Debtors | 14 | 19,706 | 16,178 |
| Cash at bank and in hand | 15 | <u>241,770</u> | <u>136,727</u> |
| | | 264,863 | 157,113 |
| Creditors: Amounts falling due within one year | 16 | <u>(2,888)</u> | <u>(2,605)</u> |
| Net assets | | <u>261,975</u> | <u>154,508</u> |
| Funds of the charity: | | | |
| Restricted income funds | | | |
| Restricted funds | 17 | 110,294 | 108,944 |
| Unrestricted income funds | | | |
| Unrestricted funds | | <u>151,681</u> | <u>45,564</u> |
| Total funds | 17 | <u>261,975</u> | <u>154,508</u> |


For the financial year ending 30 September 2020 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 7 to 18 were approved by the trustees, and authorised for issue on and signed on their behalf by:


.....
Paul Fleming ANTON JAMES
Trustee

The notes on pages 9 to 18 form an integral part of these financial statements.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

The address of its registered office is:

3 Grovely Road

Christchurch

Dorset

BH23 3HB

[Authorised for issue date](#)

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

CMT United Kingdom meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Income represents the total value of all donated income from service agreements and any other income receivable by the charity.

Expenditure

This represents the total value of all expenditure and is categorised in line with the Charity SORP.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Foreign exchange

Transactions in foreign currencies are recorded at the rate of exchange at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies at the balance sheet date are reported at the rates of exchange prevailing at that date.

The results of overseas operations are translated at the average rates of exchange during the period and their balance sheets at the rates ruling at the balance sheet date. Exchange differences arising on translation of the opening net assets and results of overseas operations are reported in other comprehensive income and accumulated in equity (attributed to non-controlling interests as appropriate).

Other exchange differences are recognised in the Statement of Financial Activities in the period in which they arise except for:

- 1) exchange differences on transactions entered into to hedge certain foreign currency risks (see above);
- 2) exchange differences arising on gains or losses on non-monetary items which are recognised in other comprehensive income; and
- 3) in the case of the consolidated financial statements, exchange differences on monetary items receivable from or payable to a foreign operation for which settlement is neither planned nor likely to occur (therefore forming part of the net investment in the foreign operation), which are recognised in other comprehensive income and reported under equity.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

3 Income from donations and legacies

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|--------------------------------------|---------------------------------------|--------------------------|-----------------------|
| Donations and legacies; | | | |
| Donations from individuals | 70,537 | 2,328 | 72,865 |
| Legacies | 96,947 | - | 96,947 |
| Gift aid reclaimed | 9,885 | 7,785 | 17,670 |
| Regular giving and capital donations | <u>29,834</u> | <u>-</u> | <u>29,834</u> |
| Total for 2020 | <u><u>207,203</u></u> | <u><u>10,113</u></u> | <u><u>217,316</u></u> |
| Total for 2019 | <u><u>107,005</u></u> | <u><u>34,645</u></u> | <u><u>141,650</u></u> |

4 Income from charitable activities

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|-----------------------|---------------------------------------|--------------------------|----------------------|
| Support Services | <u>60</u> | <u>1,320</u> | <u>1,380</u> |
| Total for 2020 | <u><u>60</u></u> | <u><u>1,320</u></u> | <u><u>1,380</u></u> |
| Total for 2019 | <u><u>1,898</u></u> | <u><u>9,670</u></u> | <u><u>11,568</u></u> |

5 Income from other trading activities

| | Unrestricted funds General £ | Restricted funds £ | Total funds £ |
|--|---------------------------------------|--------------------------|----------------------|
| Trading income; | | | |
| Sales of goods and services | 531 | - | 531 |
| Local fundraising and street collection income | 2,820 | - | 2,820 |
| Property rental income | <u>8,736</u> | <u>-</u> | <u>8,736</u> |
| Total for 2020 | <u><u>12,087</u></u> | <u><u>-</u></u> | <u><u>12,087</u></u> |
| Total for 2019 | <u><u>2,403</u></u> | <u><u>72</u></u> | <u><u>2,475</u></u> |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

6 Investment income

| | Unrestricted funds General £ | Total funds £ |
|---|---------------------------------------|---------------------|
| Interest receivable and similar income; Interest receivable on bank deposits | 193 | 193 |
| Total for 2020 | 193 | 193 |
| Total for 2019 | 155 | 155 |

7 Expenditure on raising funds

a) Costs of generating donations and legacies

| | Note | Unrestricted funds General £ | Total funds £ |
|---|------|---------------------------------------|---------------------|
| Other direct costs of generating voluntary income | | 644 | 644 |
| Total for 2020 | | 644 | 644 |
| Total for 2019 | | 1,474 | 1,474 |

b) Costs of trading activities

| | Note | Unrestricted funds General £ | Total funds £ |
|------------------------------|------|---------------------------------------|---------------------|
| Costs of goods sold | | 2,124 | 2,124 |
| Property rental income costs | | 20 | 20 |
| Total for 2020 | | 2,144 | 2,144 |
| Total for 2019 | | 2,779 | 2,779 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

| | | Unrestricted funds General | Restricted funds | Total costs £ |
|-------------------------|------|----------------------------------|---------------------|---------------------|
| | Note | £ | £ | £ |
| Charitable Events | | (172) | 10,896 | 10,724 |
| Support Services | | 25,167 | 233 | 25,400 |
| Staff costs | | 57,930 | - | 57,930 |
| Allocated support costs | | 24,046 | - | 24,046 |
| Governance costs | | 2,621 | - | 2,621 |
| Total for 2020 | | 109,592 | 11,129 | 120,721 |
| Total for 2019 | | 132,860 | 14,894 | 147,754 |

| | Activity undertaken directly £ | Total expenditure £ |
|--|---|---------------------------|
| ComMenT Costs | 3,221 | 3,221 |
| Advertising, Marketing, PR | 5,253 | 5,253 |
| Printer Lease Cost | 4,981 | 4,981 |
| Awareness Costs | 94 | 94 |
| Postage | 2,595 | 2,595 |
| Trustee Travelling Expenses | 119 | 119 |
| Website Maintenance & E-mail Marketing | 959 | 959 |
| Stationery | 747 | 747 |
| Subscriptions & Membership | 776 | 776 |
| Telephone & Broadband | 3,030 | 3,030 |
| Projects | 363 | 363 |
| Leaflets, Brochures & Books | 690 | 690 |
| Local Groups | 233 | 233 |
| Conference Call Costs | 137 | 137 |
| Travel | 16 | 16 |
| Members' Support | 1,202 | 1,202 |
| Projects - Have a Go Kids & CMT Kids | 10,237 | 10,237 |
| AGM/Conference | 30 | 30 |
| Staff Costs | 57,930 | 57,930 |
| Premises Costs - Rent | 13,000 | 13,000 |
| Premises Costs - Light & Heat | 2,365 | 2,365 |
| Premises Costs - Rates & Insurance | 1,420 | 1,420 |
| Premises Costs - Water | 88 | 88 |
| Direct Debit Charges | 1,711 | 1,711 |
| Debit & Credit Card Charges | 316 | 316 |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

| | Activity undertaken directly £ | Total expenditure £ |
|---|---|---------------------------|
| Bank Charges | 102 | 102 |
| Maintenance, Repairs & Renewals | 629 | 629 |
| Computer Software | 3,428 | 3,428 |
| Computer Equipment | 56 | 56 |
| Office Consumables | 31 | 31 |
| Cleaning & Recycling | 237 | 237 |
| Public & Professional Liability Insurance | 685 | 685 |
| Professional fees | 1,440 | 1,440 |
| Total for 2020 | 118,121 | 118,121 |
| Total for 2019 | 145,610 | 145,610 |

In addition to the expenditure analysed above, there are also governance costs of £2,621 (2019 - £2,159) which relate directly to charitable activities. See note for further details.

9 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Anton James

£Nil (2019: £584) of expenses were reimbursed to Anton James during the year.

Trustee meeting expenses

Karin Rodgers

£119 (2019: £Nil) of expenses were reimbursed to Karin Rodgers during the year.

Trustee meeting expenses

Lisa Welsh

£Nil (2019: £144) of expenses were reimbursed to Lisa Welsh during the year.

Trustee meeting expenses

Richard Batchelor

£40 (2019: £174) of expenses were reimbursed to Richard Batchelor during the year.

Trustee meeting expenses

Sophie Arnold

£Nil (2019: £195) of expenses were reimbursed to Sophie Arnold during the year.

Trustee meeting expenses

Deborah Delves

£422 (2019: £343) of expenses were reimbursed to Deborah Delves during the year.

Trustee meeting expenses

Thomas Henderson

£582 (2019: £Nil) of expenses were reimbursed to Thomas Henderson during the year.

Trustee meeting expenses

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

| | 2020 £ | 2019 £ |
|--|---------------|---------------|
| Staff costs during the year were: | | |
| Wages and salaries | 55,002 | 47,198 |
| Pension costs | 2,733 | 1,885 |
| Other staff costs | 195 | 1,236 |
| | <u>57,930</u> | <u>50,319</u> |

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

| | 2020 No | 2019 No |
|------------------------------------|------------|------------|
| Average number of persons employed | <u>4</u> | <u>4</u> |

No employee received emoluments of more than £60,000 during the year.

11 Independent examiner's remuneration

| | 2020 £ | 2019 £ |
|---|------------|------------|
| Examination of the financial statements | <u>522</u> | <u>549</u> |

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Stock

| | 2020 £ | 2019 £ |
|--------|--------------|--------------|
| Stocks | <u>3,387</u> | <u>4,208</u> |

14 Debtors

| | 2020 £ | 2019 £ |
|---------------|---------------|---------------|
| Prepayments | 1,119 | 543 |
| Other debtors | 18,587 | 15,635 |
| | <u>19,706</u> | <u>16,178</u> |

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

15 Cash and cash equivalents

| | 2020 £ | 2019 £ |
|--------------|-----------|-----------|
| Cash on hand | 1,672 | 1,789 |
| Cash at bank | 240,098 | 134,938 |
| | 241,770 | 136,727 |

16 Creditors: amounts falling due within one year

| | 2020 £ | 2019 £ |
|-----------------|-----------|-----------|
| Trade creditors | 2,316 | 2,034 |
| Other creditors | - | 1 |
| Accruals | 572 | 570 |
| | 2,888 | 2,605 |

17 Funds

| | Balance at 1 October 2019 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 30 September 2020 £ |
|-------------------------------|--------------------------------------|----------------------------|----------------------------|----------------|--|
| Unrestricted funds | | | | | |
| <i>General</i> | | | | | |
| General | 45,564 | 219,543 | (112,381) | (1,045) | 151,681 |
| Restricted funds | | | | | |
| Research | 72,048 | 4,271 | - | - | 76,319 |
| Projects | 17,249 | 2 | (456) | - | 16,795 |
| Local Groups | 2,058 | - | (233) | - | 1,825 |
| CMT Kids | 15,621 | 7,160 | (10,439) | 1,045 | 13,387 |
| Events | 1,968 | - | - | - | 1,968 |
| Total restricted funds | 108,944 | 11,433 | (11,128) | 1,045 | 110,294 |
| Total funds | 154,508 | 230,976 | (123,509) | - | 261,975 |

The specific purposes for which the funds are to be applied are as follows:

Research - restricted to spending on research into the condition.
 Projects - restricted to spending on the projects for which income is given.
 Local groups - restricted to spending which benefits local groups.
 Events - restricted to spending on the events for which the money was raised.
 CMT Kids - restricted for spending on CMT Kids events.

CMT United Kingdom

Notes to the Financial Statements for the Year Ended 30 September 2020

18 Analysis of net assets between funds

| | Unrestricted funds General £ | Restricted funds £ | Total funds at 30 September 2020 £ |
|---------------------|---|-----------------------------------|---|
| Current assets | 154,569 | 110,294 | 264,863 |
| Current liabilities | <u>(2,888)</u> | <u>-</u> | <u>(2,888)</u> |
| Total net assets | <u>151,681</u> | <u>110,294</u> | <u>261,975</u> |
| | Unrestricted funds General £ | Restricted funds £ | Total funds at 30 September 2019 £ |
| Current assets | 48,169 | 108,944 | 157,113 |
| Current liabilities | <u>(2,605)</u> | <u>-</u> | <u>(2,605)</u> |
| Total net assets | <u>45,564</u> | <u>108,944</u> | <u>154,508</u> |