



Charity registration number 1112289

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr M T Kawser - Trustee and Secretary
Mr E Islam - Trustee and Director
Mr S Rahman - Trustee and Director
Mr Z Rahman - Trustee and Director
Mrs F Hakim - Trustee and Director
Mr K Miah - Trustee
Mr S Uddin - Trustee and Director
Miss M Uddin - Trustee and Director

Secretary

Mr M T Kawser - Trustee and Secretary

Charity number

1112289

Company number

05351514

Registered office

416 H Sims House
Commercial Road
Tower Hamlets
London
E1 0LQ

Trading address

Unit S2
Whitechapel Centre
85 Myrdle Street
London E1 1HL

Independent examiner

AGP Consulting
Q West
Great West Road
Brentford
TW8 0GP

NEWARK YOUTH LONDON LIMITED

CONTENTS

	Page
Chairman's statement	1
Trustees report	2 - 25
Statement of trustees responsibilities	26
Independent examiner's report	27
Statement of financial activities	28
Statement of financial position	29
Notes to the financial statements	30 - 38

NEWARK YOUTH LONDON LIMITED

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2024

I thank everyone who has played a part in supporting Newark to continue to be an inclusive, progressive and dynamic organisation supporting young people and adults through our varied and exciting opportunities and activities.


It is with great sadness that we marked the passing of our founder Ubedun Nur Choudhury in 2022, known affectionately by everyone as "Boss bhai". Boss started Newark in 1984 as a football team in a car park in Newark Street, E1. He laid the foundation of not only the focus on developing young people but established our culture and values that informs our work to this day.

Today, no matter the age, gender or ability, Newark provides opportunities for everyone in the community to participate, grow personally and build friendships. We pride ourselves in creating opportunities for young people to meet role models, mentors and inspire them to fulfil their full potential through participation, volunteering and employment. We see a bright future with our Young Leaders through which we are attracting some of the brightest talents who are learning and developing confidence and the skills to achieve.

I would like to pay special thanks to our trustees and volunteers who form our Management Committee. These remarkable individuals have dedicated countless hours, weekends, and evenings to ensure Newark operates with excellence, resilience and foresight, helping it evolve to meet new challenges and opportunities. Their tireless commitment, often unseen, unrewarded and unrecognised is the reason Newark has not only survived but flourished. We were all delighted to see Minara Uddin awarded the Tower Hamlets council civic award for Outstanding Service to the Community, in recognition of all the work she does for both Newark and the community more generally, especially women and girls facing violence and domestic abuse.

The dedication of our trustees, staff, volunteers and supporters means that Newark is in a strong and resilient position as we look to celebrate our 40th birthday in 2024.

Newark Youth London is an organisation of fighters, dreamers and above all, doers. We face the future with hope because we have the privilege of being able to support and encourage the next generation of leaders, thinkers, and changemakers.



Mr Emrul Islam
Chairman

Date: 23 December 2024

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.

(ii) advancing education.

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through programmes of sports & leisure activities, youth clubs, employment & training support, social action projects, informal & formal learning, leadership and volunteering and outdoor activities/experiences. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with over 2,000 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment, and family breakdown). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in social housing estates in Whitechapel, Shadwell, Wapping, Bethnal Green and Stepney areas. Young people in Tower Hamlets experience high levels of deprivation, poverty and racism, and are exposed to crime, drugs and anti-social behaviour.

Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area, English is not their first language. They may not have experienced a formal education themselves. As the Cost-of-Living crisis continues, many families find themselves struggling with rapidly rising household costs such as energy, food and rent.

The challenges faced by families and young people in Tower Hamlets can also be found in other areas of London. During the course of the year, we developed and delivered services in other London Boroughs including Newham, Barking and Dagenham and Redbridge. This is part of our long-term plan to further develop the charity and build our future financial sustainability and resilience.

Newark Youth London continued to rise to the challenge of responding to difficult circumstances and supporting young people to be confident to face the world. The projects delivered during the year provided opportunities for young people to engage in positive activities, develop themselves whilst staying out of trouble, and fulfil their potential in life.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Football Academy

In Tower Hamlets we delivered weekly football training and managed youth, adult and veteran's football teams during the year for over 200 people. We had two youth teams playing in the Hackney Youth League involving 40 young people. Our adult team played in the Community Football League involving 40 young adults and the veterans team played in local tournaments and had around 25 players. Our Sunday Football Academy sessions engaged close to 100 children and young people aged 6-16, and our Tuesday night training session attracted around 50 young people.

Youth Clubs

During the year, Tower Hamlets Council contracted us to provide three youth club hubs at Haileybury, Christian Street and Wapping, engaging over 1,236 young people between 11-19 years old, in 549 sessions. With something on offer every day of the week, the clubs provide a safe place for young people to meet, socialise and develop their life skills and experiences in an informal setting. The clubs offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

We overachieved on all our targets for the youth service contract:

KPI's	Combined Yearly Target (3 hubs)	Actual Achieved
Contacts	750	816
Participants	540	600
Recorded Outcomes	270	451
Accredited Outcomes	90	101

We delivered workshops on Substance Misuse, Stop & Search, Violence Against Women and Girls, Hate Crime, Healthy & Unhealthy Relationships, Mental Health, CV-Writing, Job Applications & Interview Skills and many more. Young people completed practical cooking sessions and took part in International Women's Week and Black History Month. We delivered a host of short, accredited courses such as Duke of Edinburgh Bronze Award, Level 2 Customer Service, ASDAN Leadership course, First Aid at Work, Safeguarding and other courses. Young people also had the opportunity to participate in trips and excursions.



Hate Crime workshop at Christian Street Youth Club

Estate Based Outreach Programme

Aligned to our youth club offering, we continued to deliver outreach sessions across several social housing estates in Tower Hamlets. This project started in 2022 and is funded by Tower Hamlets Homes (THH). We delivered 9 hours of outreach sessions per week in Stepney area and 6 hours of outreach sessions in Shadwell and Wapping area, working with hard-to-reach young people. The aim is to engage and support them to access mainstream services and move away from anti-social behaviour and drugs/alcohol abuse. Through a continuous presence building trust and engagement, we encouraged 159 young people to engage with our service for the first time during the year.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Holiday Programmes

The school holiday programmes are an extension of our youth clubs and provide an opportunity to engage new children and young people to Newark and to keep them occupied in positive activities during the school holidays, especially the long summer holidays. We secured HAF funding from London Borough of Tower Hamlets to run holiday programmes in the Easter and Summer school holidays in 2023, for young people aged 6 to 16 years. This years' activities were focused on Locksley Community Centre and Cyprus Street Community Centre.



Young people enjoy a huge craft project at our school holiday programme

Girls in Action

The project aims to provide opportunities for girls and young women to participate in regular youth activities, bringing them together, facilitating their passions and interests and support them to develop their confidence, skills and experiences. The project is co-designed with the girls, who deliver their own social action project based on their needs, learning and interests. The project was funded for 3 years and ended in October 2023. During the final year we engaged 36 girls, and they chose to deliver social action projects focused on the Cost-of-Living crisis and a programme to engage women and girls in sports.

Work It Hub

This project responds to young people's concerns about their future education and employment prospects. Aimed at disadvantaged young people aged 14 to 25, the programme helps them identify their future career options/pathways; improve their employability skills; help them access apprenticeships, training courses or work experience and support them to move into paid employment or start their own business.

We are very grateful to London Community Foundation, Woodroffe Benton Foundation and Salters Charitable Foundation, whose support has enabled us to continue to provide this vital and popular service to young people. The project directly supported 56 young people during the year, supporting 8 to secure sustainable jobs and a further 9 to secure valuable voluntary work experience placements.


NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Back to Nature


Responding to feedback from young people who wanted to connect with nature and open spaces, we secured funding from City Bridge Trust to develop our Back to Nature 1-year programme starting in October 2022. The programme was a great success in enabling 66 young people to have a host of learning experiences, develop their leadership skills and interests and make new friends whilst doing something positive for the environment. We also learned a lot as an organisation and were pleased with all the new partnerships we built with local environmental with local environmental and outdoor organisations.



**Let's Clean Up
Tower Hamlets!**

**Come along and join Newark Youth
together with Moo Canoes for a day
of canoeing, kayaking, and social
action. 25 spaces left! Sign up by 4
August using the information below.
Lunch will be provided.**

**Poplar Union
10am - 11:30am
11th August**



07553 715 138 | diona.berisha@newark.org.uk | www.newark.org.uk
Back to Nature Call to Action Event

BBC Children in Need Youth Social Action Project

We began this project in February 2023, giving young people from disadvantaged backgrounds the opportunity to participate in social action projects of their choice, to change and improve their local community. During the year two cohorts participated in the programme, engaging 40 young people mostly aged 16 to 19 years old, 35 of whom took up the opportunity to experience leadership roles. Through weekly meetings the cohorts developed and planned their own projects, undertook accredited first aid training, and delivered their social action projects benefitting the local community.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

HeadStart Action

Our new programme started in January 2023, funded by the Greater London Authority, administered by London Youth and supported by Family Action. The project offered young people in Tower Hamlets and Newham the opportunity to participate in social action projects of their choice and receive employment mentoring to help them progress into education and employment. 91 young people participated in the project and received employment mentoring support.



Summer HeadStart Action Project

- 14-18 years old?
- Live in Newham?
- Need support and help?
- Want to improve your social and employability skills?

Join our summer HeadStart project for a boost in confidence, communication, and employability skills. Gain valuable work experience and job opportunities. We'll help you create a CV, improve interview techniques, and connect with you real employers offering live jobs.

Through HeadStart you can

- ✓ Have fun & discover your passion
- ✓ Meet other extraordinary young people
- ✓ Get support to kickstart your career
- ✓ Plan, organise and deliver a community social action project of your choice

25 JULY TO 24 AUGUST (2PM - 5PM)

**JACK CORNWELL COMMUNITY CENTRE
JACK CORNWELL ST
LONDON E12 5NN**

For more information email
Fehin.akanwa@newark.org.uk
info@newark.org.uk
or call 07770 489663

NEWARK YOUTH LONDON
EST. 1984

FREE TRIPS/GIFT VOUCHERS
FOR ALL THOSE WHO
COMPLETE THE PROJECT

Homework Club

Something that young people always ask us for is support with homework and exams. We were delighted to receive funding from Canary Wharf Group to meet the wishes of our young people and set up a Homework Club in September 2023. The funding enabled us to support 50 young people by providing weekly sessions with experienced teachers in Maths and English. The young people were supported with both their regular homework and revision for their GCSEs.

Youth Voice and Leadership

Newark has a long history of supporting young people to step up into youth leadership roles, growing to become future youth leaders and trustees. This year we ran our leadership programme for 18 young people, giving them the opportunity to develop their confidence and skills through volunteering and helping to run our youth projects.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



Jack Petchey Achievement Awards

Newark Youth London is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £300 each to spend on their peers and for their youth club/football team. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.



Recent Jack Petchey Achievement Award Winners Nabilah, Hana and Qayas

Nabilah helped to set up and lead a group called 'Girls for Change' who wanted to transform the way girls are perceived. They successfully raised money for the earthquake in Turkey and Syria.

Hana's motivation and encouragement, as well as her willingness to push herself, had a positive impact on our BBC Children in Need social action project. Qayas is creative, thinks outside the box and inspires others with his positive approach to self-reflection.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Annual Awards Ceremony

We delivered our annual awards ceremony for 400 children and their parents in November 2023. This allowed us to celebrate and recognise the achievements of the children, young people and volunteers, and to encourage others to do the same in the future. Next year (2024) we will celebrate Newark Youth London's 40th anniversary.



Young People with Elizabeth Haines at the Newark Annual Awards Ceremony

Just Smiles (homeless project)

The project has been engaging local young people and volunteers to fundraise and put together winter packs for homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. Every year we distribute around 500 winter packs and help our partners on their events, serving food and other items.

Quality Marks

- Newark achieved the London Youth Bronze Quality Mark in 2023, which is validated for 3 years.
- We retained the Matrix quality standard and the annual England Football accreditation.

Partnership working

We work in partnership with many local organisations and schools, to ensure we provide young people with the richest experience possible. Working in partnership is vital to ensuring we remain embedded in the local communities we serve and enables us to harness and access the best resources for young people to benefit from.

Quote from our partner Raja Ali, CEO of IBD Partnership group with whom we are working to develop our participation in the Turing scheme:

"Our partnership with Newark has been a source of great pride and purpose. Together we share a commitment to empowering young people and driving meaningful change in their lives. By working hand in hand, we have been able to invest in initiatives that not only inspire but also create lasting opportunities for the next generation."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Quote from our partner Mulberry School:

"Newark Youth London has been able to provide excellent training with Volleyball/Basketball since the beginning of the academic year. It has been brilliant to watch the confidence of my students grow with each session. NYL have been able to cultivate a wonderful productive safe space for our students to learn a new skill, work in a team and get fit. Many of the students that attend volunteering, have become passionate champions of the sports and have even created their own lunch time club to practice before their session. I would like to thank everyone from Newark Youth London for this amazing partnership."



Young people, staff, volunteers and trustees at the Awards Ceremony



Special Recognition winners at the Awards Ceremony

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

OUR IMPACT

Our focus has been to support young people to overcome the challenges they have experienced. This has primarily been through:

- Providing an extensive programme of youth club, football and sports activities where young people can spend time in a safe place and engage in positive activities.
- Delivering programmes aimed at supporting young peoples' personal development, including those at risk of dropping out of school, college or work.
- Delivering employability skills to support young people to move into training and employment.
- Providing young people with new and enjoyable experiences that allow them to develop personally and try new things in new environments.

Our impact is measured in terms of our young people being able to develop themselves, create and take advantage of opportunities in life and keep themselves safe.

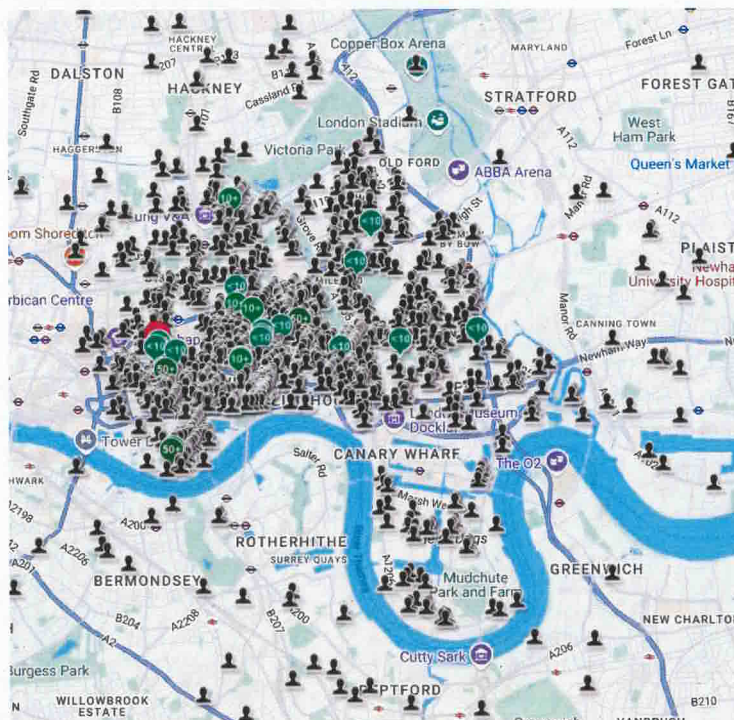
Quote from young person attending our youth clubs:

"I like coming to Newark because it gives me the time, space, and necessary resources to build the character and skills within me as a person. It has also given me the chance to hang out with my friends in a relaxed caring environment and has given me the opportunities such tuition and the creation of my CV which will really help me build my future and career I aspire to pursue."

Serving our community

A map of attendees at Newark activities during the year shows that we have a wide reach across the whole borough of Tower Hamlets and beyond. During the year to 31st March 2024 we recorded in our Upshot database 1,565 individual participants, who attended 11,397 occasions. We recorded over 690 sessions delivered during the year ranging from sports, youth club to 1-2-1 mentoring.

A significant 29% of the young people who attended our sessions during the year live in the lowest ranked 20% of neighbourhoods on the English Indices of Multiple Deprivation, indicating the level of poverty and deprivation and life challenges our young people face. 2.6% reported to us that they have a disability, 3.3% told us they were Not in Education, Employment or Training, and 1.9% told us they had caring responsibilities.



Although this data does not capture everything we did during the year, it contributes to the overall picture of the scale of our delivery looking at all of our programmes combined, and the number of young people whose lives we impact across the borough.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Football Academy

Our football activities engage children and young people and keep them involved in positive activities and away from anti-social behaviour and crime. It develops their passion for sport and healthy lifestyle and improves their attitude, behaviour, commitment and dedication. They learn to work for success, teamwork, accepting defeats and becoming resilient. The young people improve their confidence, self-esteem, interpersonal skills and develop strong friendship and understanding between each other. It also gives older youths the opportunity to volunteer, gain coaching and leadership awards and develop their employability skills. We use football as a tool to engage young people and later provide advice and support to help them develop their skills and experiences so they can access training and employment opportunities. Football is often the route through which many young people start with their personal journey with Newark, as we then encourage them to take advantage of all the other programmes we have on offer.



Youth Club excursion to Stubbers outdoor centre

Youth clubs

1,236 young people attended one of our youth clubs during the year. The young people get the opportunity to meet and socialise with other young people, which they love. But they also get the chance to participate in a wide range of workshops and activities which support them to develop individually, gain accredited qualifications, bolster their CV and learn something new in a different setting to school. Our programme aims to support young people to make positive life choices and develop goals and ambitions, develop critical thinking and be resilient to the negative issues they may experience in their lives.

Quote from young person attending our youth clubs:

"Newark has been an amazing experience over the past two years. From the beginning I have gained an understanding of what youth work is and how youth centres are not just places to use but also a way to give back to the community. Newark has helped me become confident in approaching new tasks whilst developing my communication skills with others. The staff have been really caring and supportive, always there showing me the practical sides of youth work."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Case Study, 15-year-old, Male

This young person joined Newark in 2021, seeking to do something positive during the pandemic and started participating in our youth activities in Shandy Park. Now 15, and a regular member of our youth club, this young person has participated in many workshops ranging from Hate Crime awareness, Healthy Eating & Lifestyle, Stop & Search and more. They have also acquired formal qualifications in Basketball coaching, First Aid, Level 2 Customer Service and ASDAN Volunteering. This has led to the young person taking on a volunteer leadership role at our summer programme, thinking about how to deliver the events safely and successfully. He has learned about punctuality, to be patient with other young people and still having fun. He quickly became a role model for other young people through his can-do attitude and good behaviour. Going on a residential trip provided this young person with an opportunity to be away from home for the first time, learn some independence and resilience and address their fear of heights. Over the last couple of years this young person has grown so much as a person, gaining significant life experiences.



Young people at a mental health resilience workshop

NEWARK YOUTH LONDON
EST 1984

WOMEN AND GIRLS
SPORTS & WELLBEING WEEK

International Women's Day
TOWER HAMLETS

INTERNATIONAL WOMEN'S DAY Sat 02 March
Celebrate International Women's Day with a variety of indoor fun-filled games and competitions, wellbeing and pampering sessions, information and advice, raffles prizes and light refreshments.
Location: Locksley Community Centre, Dora Street, London E14 7TP.
Time: 1:30-5:30pm. Age - 14+

CYCLING FOR BEGINNERS & RIDERS Mon 04 March
Location: TH Cycling Club, Mile End Stadium, Rhodeswell Road, E14 7TW
Time: 10am Beginners & 11am Riders. Age 11+

CYCLING FOR BEGINNERS & RIDERS Tues 05 March
Location: TH Cycling Club, Mile End Stadium, Rhodeswell Road, E14 7TW
Time: 10am Beginners & 11am Riders. Age - 11+

YOGA FOR WOMEN & GIRLS Wed 06 March
Location: Redcoat Community Centre, 256 Stepney Way, E1 3DW
Time: 10am-12pm. Age - 14+

GIRLS SPORTS SESSIONS Wed 06 March
Girls taster sports sessions (football, basketball, boxing) with medals for all those participating.
Location: Halleybury Youth Centre, Ben Jonson Road, E1 3FQ.
Time: 3-6pm. Age - 11-19

To register please call Mina 07904 198 590 / 07852 180521 or email Minara.uddin@newark.org.uk / info@newark.org.uk

NEWARK YOUTH LONDON
EST 1984

WOMEN AND GIRLS
SPORTS & WELLBEING WEEK

International Women's Day
TOWER HAMLETS

02-06 March 2024

Activities restricted to Tower Hamlets residents only! Limited spaces!

FREE Activities Include:

- CYCLING
- BASKETBALL
- BOXING
- FOOTBALL
- YOGA
- FUN GAMES & COMPETITIONS
- WELLBEING AND PAMPERING SESSIONS
- LIGHT REFRESHMENT & RAFFLE PRIZES

To register please call Mina 07904 198 590 / 07852 180521 or email Minara.uddin@newark.org.uk / info@newark.org.uk / Charity No: 1112289

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Estate Based Outreach Programme

Our outreach project funded by Tower Hamlets Homes saw us regularly spend time each week on the streets in some of the largest social housing estates in Tower Hamlets. We were able to engage 159 new young people during the year and introduce them to the wide range of support and activities on offer not only at Newark but also in the wider community.

Young people were attracted in through sports and activities as well as organising attendance at various events and festivals. Over 34 young people were encouraged and supported to complete an accredited course such as First Aid or Customer Service. Young people were encouraged to take up the programmes offered at our youth clubs and holiday programmes, and those with specific needs were supported to access specialist services, such as our Work It Hub. This is a vital service aiming to catch young people who may otherwise fall between the gaps in services.

Holiday Programmes

The holiday programmes offer young people exciting and fun opportunities to engage in positive activities and to stay out of trouble in the school holidays. During the year we engaged 75 young people (two times) at our holiday programmes run from two different community centres in Easter and Summer. The programme provided a hot meal at every session, a vital lifeline for families suffering from the cost-of-living crisis, especially during the long school holidays when some children go hungry as the family cannot provide even one hot meal a day. We delivered indoor and outdoor sports and activities, as well as day trips and community celebration days. The young people get to try new activities with experienced staff and volunteers on hand to coach and guide them.

Parents really appreciate the care and support staff provide. They like how their children are engaged and entertained during the school holidays in a safe environment, which also provides stimulating activities. Feedback from parents:

"Thank you, Newark, with all the help you have given my kids over the holidays & ongoing activities, programmes, courses, trainings, especially youth club which they love."

"Thank you so much to you and your lovely team for hosting all the different sessions. From what I hear and see - It's really fun, interesting and informative. It's also a peace of mind when the kids join in as I know it's a safe environment."

"[My son] has additional medical needs, so as a parent I am very pleased with the way the staff catered to his needs. He is safe and well looked after."



Boys residential trip to Kingswood

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Residential trips

To support the young people's learning and development we took a boys group and a girl's group on a 4-day residential trip to Kingswood outdoor activity centre in Kent. They participated in individual and team challenges, and this improved their confidence, motivation and life skills. For some it was the first time staying away from their families and they had to be independent and make decisions for themselves, as well as being resilient in doing outdoor activities in the cold environment. The young people gained new experiences and learned about themselves, including overcoming fear of heights, and teamwork to complete obstacle challenges.



Girls Residential to Kingswood

Girls in Action

During the final year we engaged 36 girls, and they chose to deliver social action projects focused on the Cost-of-Living crisis and a programme to engage women and girls in sports. The girls participating in the programme spend time getting to know each other and build relationships through initially participating in recreational activities such as table tennis, basketball and pool. They are then supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme.

Cohort 1 focused on the cost-of-living crisis, as they identified that families are finding it difficult and young people are directly impacted by it. They organised two foodbank days, one on the Isle of Dogs in partnership with Docklands Community Initiative and Just Smiles and the other in Stepney in partnership with Redcoat Community Centre and Just Smiles. They identified the venues, promoted, and involved in packing and preparation and distribution of food packs on the day.

Cohort 2 organised a series of sports activities for girls and women during the summer months. They consulted other young people to find out how local services can meet their needs. 12 sports sessions were set up including cycling, football, multi sports and trips. The participants promoted the project, supported sessional workers, and organised the sessions, etc.

In February 2024, the group took part in an outreach walk with our Just Smiles project supporting people experiencing homelessness. The girls created and handed out essential packs including food, personal items and sleeping bags. Supported by the staff, the girls were able to talk to some of the people living on the street in Tower Hamlets and hear their stories.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The programme significantly supports girls to grow their confidence in their own abilities, leadership skills and decision making. Pre and Post Participant Surveys revealed the impact of the programme on the young people's confidence to meet new people, willingness to participate in community activities, and more confidence in being able to cope in new settings and experiences. 11 girls achieved Level 2 ASDAN Leadership qualification and others applied for the Youth Mayor programme or volunteered with other organisations as a result of their boost in confidence.



Girls in Action on an excursion to the Escape Room

Work It Hub

Young people remain uncertain about their chances of securing a job and a decent income, have doubt about their academic record and continue to experience low motivation and personal confidence. Through the Work-it-Hub young people are supported to create individual action plans to help them identify their short, medium and long term career goals. They are given advice on options and supported to build their portfolio of skills and qualifications. By giving attention to each individual, we are able to explore their interests and motivations and match them to education, training and employment opportunities of their choice.

The funding this year enabled us to provide a programme of 10 short courses targeted at disadvantaged young people aged 16 to 25, aimed at supporting them into education, employment or training. This was in direct response to the priorities identified by the young people, who wanted to have the opportunity to do courses that would help them gain employment or training, provide new skills and help them get into college. For some young people, it was their first opportunity to attain a recognised qualification or award, which gave them the stepping stones to build on and progress.

As well as the 1-2-1 support and accredited courses, we delivered four workshops covering CV writing, interview skills, confidence building and made links with a number of external education and training providers. Young people were alerted to job and training opportunities and assisted to make applications. Through our partnership approach, we were able to refer young people to other services and opportunities they could access that would further support their journey. This included Workpath, Job Centre Plus, SIA and CSCS training courses, volunteering opportunities, and 10 young people were referred to Centre Point for housing support. Our strong links also enabled us to support a partially-sighted young person to access a job board designed for disabled people.

During the year our highly skilled and experienced Employment Support Officer delivered 142 one-to-one sessions and provided direct support to 56 young people in total. Young people received personalised support to address everything from personal hygiene, appropriate clothing, interview behaviour and body language as well as developing their CV, practice verbal reasoning and situational judgement, develop model answers, experience mock interviews and prepare the videos that some employers now request.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The programme also included a career fair attended by 58 young people and 16 local employers and education institutions including: Barclays, Price Waterhouse Coopers, NHS, Princes Trust, London Metropolitan Police, North Eastern University, Canary Wharf Group, West Ham Utd, Rich Mix and Capital City College. Young people also visited British Land (Broadgate) in the city and Barclays head office at Canary Wharf.



Young people on a visit to Broadgate Tower in Liverpool Street

Eight young people secured sustainable employment as a result of the support they received including jobs at Moss Bros, Waitrose, JD Sport, Halfords, Eon, and a public health degree apprentice with London Borough of Redbridge. 9 young people also secured voluntary work experience placements. For Newark as an organisation, this programme provides us with a valuable route to recruit and train young people to initially volunteer and then became paid, qualified youth workers.

Case study 1

A 19-year-old came to Work It Hub having dropped out of university and then being sacked from their job. We worked extensively with the young person through twelve 1-2-1 sessions, creating a fresh CV, teaching how to job search and apply for opportunities. We completed a deep dive into the career/education/training ambitions of the young person which led to apprenticeship being identified as the preferred route. With our support, the young person began applying for opportunities and reached the 2nd stage of recruitment with Canary Wharf Group and with Amazon. We supported the young person to prepare and submit the video assessment. Although neither of these applications were successful, we supported the young person to persist and apply to EON energy. This time the young person was successful and secured a customer service role. However, he still wanted to secure his dream apprenticeship. With further support the young person finally secured an apprenticeship with Berkely Offshore Underwriting Managers UK as an Exposure Analyst with an apprenticeship salary of £25,000. Reflecting on this life changing opportunity, the young person told us:

"No one has ever helped this much with my life ambitions and finding employment, all your help, all your support pushed me to work harder and try harder. I knew if I didn't take your help no one would offer me this type of help again. I can't express how grateful I am."

Case study 2

A 16-year-old female was brought to Work It Hub by her mother who was concerned about her daughter struggling with the application process. We learned from the 1-2-1 meeting, that the young person was very shy and lacked confidence in vocal communication. We invested time supporting the young person to be comfortable to opening up, discuss her achievements and her ambitions. We guided her to identify her strengths and prepare her CV. She quickly understood the approach to take and applied to be young people's ambassador at Brady Arts Centre. We then provided 3 intense sessions covering interview preparation, mock interview and practice speaking her answers out loud. This supported her to develop a flow of speaking and allowed her personality to shine. The interview was a success, and the young person secured their new role.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

The challenge of supporting young people into work remains, with young people often the first to be made redundant and needing continued support to sustain their engagement in jobs after they have started.



ASDAN leadership course at Christian Street Youth Club

Back to Nature

Young people in Tower Hamlets can have virtually no experience of the natural environment as they live in “concrete” urban areas and are often sceptical and uncomfortable about being in an environment where they are surrounded by nature.

Thanks to funding from City Bridge Trust, we ran a peer-led environmental project to engage 8-21 year olds in Tower Hamlets to connect with nature. We recruited 10 enthusiastic young people as Ambassadors and engaged over 66 young people and family members in the programme. Young people had a host of learning experiences, made new friends and gained new insights and knowledge about the environment and environmental issues.

As part of the programme young people got the chance to acquire accredited qualifications in First Aid and ASDAN leadership, as well as courses on water safety, marine conversation and permaculture. They took part in workshops covering climate change, conservation and outdoor leadership. We explored a wide range of recycling and waste issues such as fast fashion, carbon footprint, sustainable alternatives to items we use every day, food waste and mending and sewing.

This led to two Call to Action initiatives involving 42 young people. Firstly, a clothes swap event in partnership with R-Urban and SwopitUP. The young people were trained in how to run and promote their own event at which they supported 40kg of clothing to be swapped and saved it from going to landfill. They donated the remaining 10kg of clothing to local charity shops.

Secondly the young people developed their campaigning skills and wrote to their MP as part of community advocacy. They took part in litter picking in collaboration with Moo Canoes in Poplar Union canal, collecting 16kgs of rubbish. 3 young people and their families are continuing to volunteer with East London Canal Network and Aquapuddle.

The young people experienced new activities including gardening, urban growing, forest surveying as well as outdoor activities on the water, and got to work with local green groups. Many participants secured a certificate in environmental leadership from John Muir Trust, and some of the Ambassadors are continuing with their new found interests since the programme ended. 90% of participants said they had a better understanding of nature, and 97% said they had a better understanding of environmental issues.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024



Basketball always popular at Haileybury Youth Club.

BBC Children in Need Youth Social Action Project

We began this project in February 2023, giving young people from disadvantaged backgrounds the opportunity to participate in social action projects of their choice to change and improve their local community. 40 young people participated in the programme during the year, each benefitting immensely from the opportunities to take on leadership roles. The young people were supported to acquire/improve communication, event management, teamwork and leadership skills.

We ran two cohorts during the year, supporting the young people to develop and deliver their own social action project. The first cohort the young people elected to support local people experiencing homelessness and were able to develop the project in conjunction with the Whitechapel Mission. The young people collected winter clothing and personal essentials, creating winter packs to distribute to people who were experiencing homelessness. They also did online fundraising to support the project. Unfortunately, they were not allowed to visit the organisation themselves due to the risks to their personal safety from the homeless people. However, they did get to meet a homeless person and hear her story.

The second cohort of young people were surprised to learn that many older people in care homes do not have many relatives visiting them and were therefore relatively isolated and lonely. In January 2024 the young people pitched their social action project idea to the London Youth NCS competition aiming to win a prize of £500. Despite tough competition and never having spoken on stage before, the young people won the competition! They elected to put the money towards their chosen community project supporting mental well-being for the elderly and the youth of Tower Hamlets. They went on to create a 1950's themed party/ball for residents of Westport Care Home. The residents were thrilled and had an amazing time filled with games, laughter and food. The care home manager commended the young people for their kindness, patience and compassion. The older and younger people all enjoyed each other's company and the positive well-being experience.

As a result of giving young people ownership, they were more engaged and motivated to see the project through to the end and take action to make a real change. Being able to act on their own ideas allowed more young people to be involved in the project and in Newark as a whole. The project enabled us to attract a new group of young people who may not have joined our services previously.

Seven young people visited BBC headquarters and studios as part of the programme, with one saying, "It was a really mind-blowing and surreal insight into the world of the iconic BBC."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



BBC Children in Need project team winning their pitch at London Youth

Case study

A young female joined the project who was lacking self-confidence but had lots of potential that she was not fulfilling. She had not previously attended any youth club activities, so this was an entirely new experience for her. With support and training, her enthusiasm and determination grew, and she has been able to achieve more than she and her parents envisaged. Her confidence boosted, she took on the role of Filming and Photography Manager. Through this leadership role she was able to showcase her work and talent, leading to her work being recognised by other organisations. As a result, she was offered a part time job in her desired career.

Initially, she felt she was not capable of achieving her goals, but she now believes in herself and her work. She now confidently makes videos for social media for a charity and gets paid for her work. She was also invited to a film shoot in Tower Hamlets, by an Oscar-winning film director. She was able to go behind the scenes, meet new people and make contacts to propel her into her desired field of work. This case study shows the significant impact a young person can experience when they are supported to grow their confidence, increase engagement in positive activities and improve their employability skills.

HeadStart Action

Our new programme started in January 2023, funded by GLA and administered by London Youth and supported by Family Action. The project gave young people in Tower Hamlets and Newham the opportunity to participate in social action projects of their choice and receive employability skills mentoring to help them progress into education and employment.

Our goal was to recruit 84 young people, but in fact we signed up 91 young people to participate in the social action projects and receive employment mentoring support. The programme included workplace Insight Days, paid work experiences, volunteering and support to apply for entry level jobs. The goal of the project was to support young people to feel more prepared for the world of work, have more confidence in their skills, build new networks and be better prepared to talk about their skills to employers.

Partnership working with local organisations was key — we worked with London Enterprise Academy in Tower Hamlets and Little Ilford School in Newham. We also developed relationships with new organisations, delivering the Newham project from Bonny Downs Community Association and working with Manor Youth Project.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



We celebrated the young people's achievements at a special HeadStart Action award ceremony

Homework Club

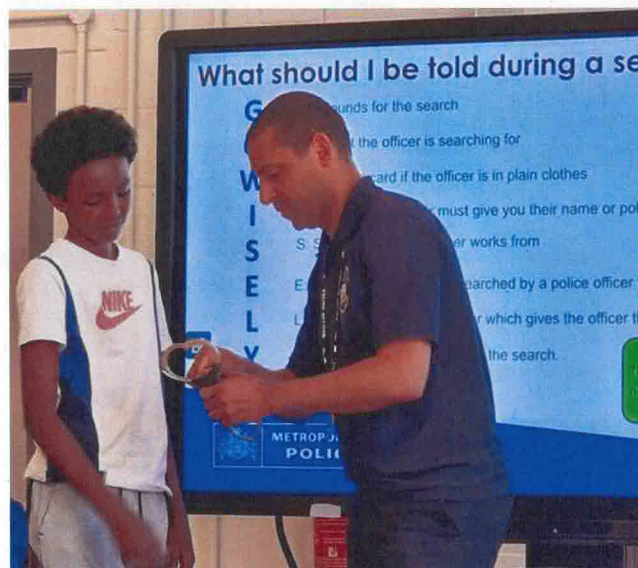
Something that young people always ask us for help with is support with homework and exams. We were delighted to receive funding from Canary Wharf Group to meet the wishes of our young people, setting up a Homework Club in September 2023. The funding enabled us to support 50 young people by providing weekly sessions with experienced teachers in Maths and English. The young people were supported with both their regular homework and revision for their GCSEs. The Homework Club provided two 2-hour GCSE sessions delivered by four qualified teachers for 36 weeks, supported by a regular youth worker.

Quote from young person attending the Homework Club:

"The GCSE study support has really helped me with homework that I am struggling with. It has helped me revise for upcoming tests because I can ask for extra support on harder topics. The tutors are very kind and explain difficult questions thoroughly. The study support has really made a difference in my learning."

Quote from parent:

"Our daughter has been regularly attending the GCSE Maths and English study support group and is finding it extremely helpful, her knowledge and confidence in both subjects is improving. She enjoys the sessions and gets on well with the tutors and always looks forward to going. I highly recommend this support group, and we are grateful that it's available."



Stop and Search workshop with Metropolitan Police at Haileybury Youth Club

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Youth Voice

We support young people to take a lead and shape the organisation based on their ideas, needs and decision making. Through a process of co-production young people inform the design, delivery and evaluation of our services. We take an asset-based approach which starts with the positive resources and skills within young people and channel this to develop their leadership skills.

As well as young people participating in our youth leadership programme, we also run a quarterly Youth Board. The Youth Board decides what programmes they want delivered at Newark Youth London and how programmes and services can be improved. The Youth Board presents to the Trustees giving feedback and making recommendations, a number of which are then implemented.

We have learned to be transparent with young people from the outset, and really listen to what they want to deliver and achieve. We use this to inform the planning of projects in conjunction with them. We have also learned to trust and empower young people to make decisions about how their projects will be delivered. This builds trust and engagement with the young people and also their parents.

Our young people's voices are being heard and they are becoming leaders in the community. They become motivated to continue projects with Newark and volunteer to provide further change in the community. This helps Newark too, with the succession of young people interested in being on our Youth Board and progressing into staff and trustees for the future.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

OUR FINANCIAL PERFORMANCE AND FUTURE PLANS

Newark Youth London's long-standing focus on steady growth and sustainability has provided the charity with a solid foundation and has enabled us to remain strong as we approach the 40th anniversary in 2024.

This has meant we are relatively secure financially and are working hard to continue our fundraising efforts through a planned and active programme of grant applications and contract bids. We were excited this year to be able to secure new or additional funding to run programmes during the year including:

- Canary Wharf Group grant to deliver the highly valued Homework Club
- Support from Woodroffe Benton Foundation and Salters Charitable Foundation to enhance our Work it Hub employment support programme
- A grant from City Bridge Trust to run our Back to Nature programme
- Tower Hamlets Council renewed our existing youth hub contract, and it now is due to expire in October 2025.

We remain grateful to Gadcet and we are honoured by the long-term financial support they have provided to Newark Football Academy. We look forward to this strong and positive relationship continuing in the future.

At our awayday in October 2024, the trustees reviewed progress against the detailed 3-year plan developed the previous October, agreeing actions to ensure we remain on track to achieve our goals. We continue to seek to strengthen delivery in neighbouring London Boroughs and explore options for an alternative building to act as the hub for Newark youth services once we no longer have access to the Council's youth hubs.

The charity pursues a planned programme of grant/contract applications to build the future income stream of the charity. Our diverse range of services and income sources help provide a core of resilience to support us through forthcoming changes.

Financial review

The results for the year are set out on 28.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Risk Management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The Trustees participated in an away weekend in October 2024 during which we reviewed risks and risk management in detail.

The top three risks identified were:

- Wider economic, environmental, political and health challenges (Local Government, Central Government and Trust funders). Local Authority funding situations continue to be ever more challenging and unpredictable. However, we have a clear programme of income generation developed and continue to seek new funding, building on the success on the breadth of the programmes we deliver. Part of this is building resilience to manage as and when the contract with Tower Hamlets Council comes to an end.
- Number, skill, capacity of staff and volunteers, including retention and diversity. All organisations in all sectors continue to experience challenges in recruiting and retaining skilled staff. Developing young people who attend our programmes as future employees is a key way that we intend to manage this risk. However, this year we focused on additional risks created by changes in HR law, and our dependency on part time managers. We continue to focus on ensuring our people are equipped to take the most effective approaches to safeguarding and health and safety.
- We continue to progress our plans to be ahead of the changing demographics in East London. We are actively pursuing plans to embrace this change and explore delivery in other boroughs where there are insufficient services for young people. We are following our long standing and successful approach at pursuing slow and steady growth, and in summer 2024 began delivering new services in Havering.

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department, or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the director or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary
Mr E Islam - Trustee and Director
Mr S Rahman - Trustee and Director
Mr Z Rahman - Trustee and Director
Mrs F Hakim - Trustee and Director

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2024**

Mr K Miah - Trustee

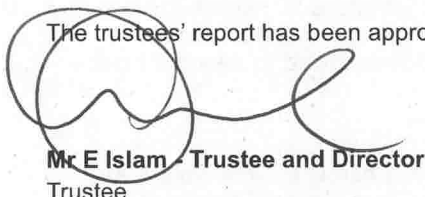
Mr S Uddin - Trustee and Director

Miss M Uddin - Trustee and Director

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 23 December 2024

NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), BFP, FCA



AGP Consulting

Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 23 December 2024

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income from:							
Donations and legacies	3	15,007	682,928	697,935	15,405	618,660	634,065
Investments	4	15,781	-	15,781	2,710	-	2,710
Total income		<u>30,788</u>	<u>682,928</u>	<u>713,716</u>	<u>18,115</u>	<u>618,660</u>	<u>636,775</u>
Expenditure on:							
Raising funds	5	-	5,271	5,271	-	8,108	8,108
Charitable activities	6	-	516,549	516,549	-	490,363	490,363
Other expenditure	11	6,481	-	6,481	4,491	-	4,491
Total expenditure		<u>6,481</u>	<u>521,820</u>	<u>528,301</u>	<u>4,491</u>	<u>498,471</u>	<u>502,962</u>
Net income and movement in funds		24,307	161,108	185,415	13,624	120,189	133,813
Reconciliation of funds:							
Fund balances at 1 April 2023		91,238	371,488	462,726	77,614	251,299	328,913
Fund balances at 31 March 2024		<u>115,545</u>	<u>532,596</u>	<u>648,141</u>	<u>91,238</u>	<u>371,488</u>	<u>462,726</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2024

		2024		2023	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		1,042		-
Investment property	14		178,461		178,461
			<u>179,503</u>		<u>178,461</u>
Current assets					
Debtors	15	545		-	
Cash at bank and in hand		498,726		302,488	
		<u>499,271</u>		<u>302,488</u>	
Creditors: amounts falling due within one year	16	(30,633)		(18,223)	
Net current assets			468,638		284,265
Total assets less current liabilities			<u>648,141</u>		<u>462,726</u>
The funds of the charity					
Restricted income funds	18		532,596		371,488
Unrestricted funds	19		115,545		91,238
			<u>648,141</u>		<u>462,726</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 23 December 2024

Mr E Islam - Trustee and Director
Trustee

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% Straight line
-----------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2024	2024	2024	2023
	£	£	£	£
Donations and gifts	15,007	682,928	697,935	634,065
For the year ended 31 March 2023	15,405	618,660		634,065
Donations and gifts				
LBTH Youth Services Contract	-	296,344	296,344	213,300
BBC Children in Need	-	44,814	44,814	4,979
London Community Foundation	-	49,912	49,912	59,910
Frank Haines Memorial Trust	-	9,000	9,000	7,200
National Lottery Awards For All	-	10,000	10,000	10,000
East End Community Foundation	-	4,000	4,000	3,500
LBTH Local Community Fund	-	28,172	28,172	60,369
LBTH Mayors Community Grants	-	8,333	8,333	-
LBTH Holiday Activities Fund	-	36,379	36,379	130,480
LBTH Sports Development Team	-	4,200	4,200	4,278
LBTH International Women's Week	-	4,495	4,495	-
LBTH Small Grants	-	9,798	9,798	-
GLA Young Londoners' Fund	-	5,775	5,775	46,200
London Youth NCS	-	9,120	9,120	14,786
London Youth HeadStart Action	-	78,571	78,571	-
Tower Hamlets Homes	-	52,433	52,433	10,349
Sports England	-	-	-	8,858
Jack Petchey Foundation	-	2,700	2,700	2,700
Woodroffe Benton Foundation	-	5,000	5,000	5,000
Salters Charitable Foundation	-	5,000	5,000	5,000
City Bridge Trust	-	8,883	8,883	26,648
Swan Housing / Feeding Britain	-	-	-	350
Southern Housing Group	-	-	-	4,753
Canary Wharf Group	-	10,000	-	-
Charities Trust	3,000	-	3,000	-
Just Smiles	2,688	-	2,688	7,410
Faith Action (Lifeline)	450	-	450	1,350
EMD UK Together Fund	1,574	-	1,574	2,625
Memberships and Subscriptions	4,679	-	4,679	4,020
Comic Relief	-	-	-	1,000
Garfield Weston Foundation	-	-	-	20,000
Tower Hill Trust	-	-	-	4,386
Other	2,616	-	2,616	-
	15,007	682,928	697,935	634,065

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Rental income	15,781	2,710

5 Raising funds

	Restricted funds 2024 £	Restricted funds 2023 £
Fundraising and publicity		
Fundraising (consultancy)	5,271	8,108
	5,271	8,108

6 Charitable activities

	2024 £	2023 £
Staff costs	311,749	237,238
Youth activities	165,572	226,381
Promotion and publicity	8,859	9,840
Volunteer/users training/expenses	5,770	1,943
Stationery and printing	767	1,609
	492,717	477,011
Share of support costs (see note 7)	13,152	9,302
Share of governance costs (see note 7)	10,680	4,050
	516,549	490,363

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

7 Support costs allocated to activities

	Youth activities 2024 £	Total 2023 £
Depreciation	178	-
Bank charges	83	85
Insurance	2,262	1,756
Rent	7,222	4,997
Telephone and internet	1,220	1,715
General office costs	2,187	749
Governance	10,680	4,050
	<u>23,832</u>	<u>13,352</u>

	2024 £	2023 £
Governance costs comprise:		
Accountancy	2,730	1,800
Legal and professional	7,950	2,250
	<u>10,680</u>	<u>4,050</u>

8	Net movement in funds 2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	<u>178</u>	<u>-</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
<u>34</u>	<u>24</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

10 Employees (Continued)

Employment costs	2024 £	2023 £
Wages and salaries	296,167	223,542
Social security costs	12,051	10,604
Other pension costs	3,531	3,092
	<u>311,749</u>	<u>237,238</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

11 Other expenditure

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Expenses relating to investment property	<u>6,481</u>	<u>4,491</u>

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Tangible fixed assets

	Computers £
Cost	
Additions	1,220
At 31 March 2024	<u>1,220</u>
Depreciation and impairment	
Depreciation charged in the year	178
At 31 March 2024	<u>178</u>
Carrying amount	
At 31 March 2024	<u>1,042</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

14 Investment property

	2024 £
Fair value	
At 1 April 2023 and 31 March 2024	178,461

Investment property comprises two properties. The fair value of the investment properties has been arrived at on the basis of acquisition cost in October 2022 and a survey was carried out during the acquisition by valuers, who are not connected with the charity. The valuation was made on an open market value basis by reference to market evidence of transaction prices for similar properties. It is considered that the value has not significantly changed from the date of acquisition date till the year end.

15 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Other debtors	545	-

16 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	5,033	1,288
Other creditors	600	16,935
Accruals and deferred income	25,000	-
	<u>30,633</u>	<u>18,223</u>

17 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	3,531	3,092

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
371,488	682,928	(521,820)	532,596

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds (Continued)

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
	251,299	618,660	(498,471)	371,488

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	91,238	30,788	(6,481)	115,545

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
General funds	77,614	18,115	(4,491)	91,238

20 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Tangible assets	1,042	-	1,042
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(63,958)	532,596	468,638
	115,545	532,596	648,141

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
At 31 March 2023:			
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(87,223)	371,488	284,265
	91,238	371,488	462,726

