



Charity registration number 1112289

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr M T Kawser - Trustee and Secretary Mr E Islam - Trustee and Director Mr S Rahman - Trustee and Director Mr Z Rahman - Trustee and Director Mrs F Hakim - Trustee and Director Mr K Miah - Trustee Mr S Uddin - Trustee and Director Miss M Uddin - Trustee and Director
Secretary	Mr M T Kawser - Trustee and Secretary
Charity number	1112289
Company number	05351514
Registered office	416 H Sims House Commercial Road Tower Hamlets London E1 0LQ
Trading address	Unit S2 Whitechapel Centre 85 Myrdle Street London E1 1HL
Independent examiner	AGP Consulting Q West Great West Road Brentford TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(ii) advancing education;

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through sports, leisure, social activities and learning. We deliver youth clubs; informal, accredited and formal learning; sports, outdoor activities, day trips and residential. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with nearly 2,000 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment and family breakdown). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in social housing estates in Whitechapel, Shadwell, Wapping, Bethnal Green and Stepney areas. Young people in Tower Hamlets experience high levels of deprivation, poverty and racism and are exposed to high levels of crime, drugs and ASB. Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area, English is not their first language. They may not have experienced a formal education themselves.

As society finally started to emerge from the serious challenges of the COVID-19 pandemic, new challenges emerged in terms of the Cost of Living Crisis, with families facing rapidly rising household costs such as energy, food and rent. Newark Youth London continued to rise to the challenge of responding to difficult circumstances and supporting young people to be confident to face the world.

Our projects delivered during the year provide opportunities for young people to engage in positive activities, develop themselves whilst staying out of trouble, and fulfil their potential in life.

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Football Project

We delivered weekly football training and managed youth, adult and veteran football teams during the year for 250 people. We had 2 youth teams playing in the Hackney Youth League involving 50 young people. Our adult team played in the Community Football League involving 40 young adults and the veterans team played in local tournaments and had around 25 players. Our Sunday Football Academy sessions engaged close to 100 children and young people aged 6-16, and our Tuesday night training session attracted around 50 young people.

Youth Clubs

During the year, we operated 5 different youth clubs in Stepney, Bethnal Green, Limehouse, Whitechapel and Wapping engaging over 1,344 young people between 8-19 years old in 611 sessions. Newark Youth London is contracted by London Borough of Tower Hamlets to deliver 3 youth hubs from purpose-built youth centres in the West of the borough. With something on offer every day of the week, the clubs provide a safe place for young people to meet, socialise and develop their life skills and experiences in an informal setting. The clubs offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

We overachieved on all our targets for the youth service contract as highlighted below.

KPI's	Combined Yearly Target (3 hubs)	Actual Achieved
Contacts	750	1202
Participants	540	927
Recorded Outcomes	270	327
Accredited Outcomes	90	165

We delivered workshops on Substance Misuse, Online Safety, Stop & Search, Violence Against Women and Girls, Hate Crime, Healthy & Unhealthy Relationships, Healthy Eating & Lifestyle, Mental Health, CV-Writing, Job Applications & Interview Skills and many more. Young people completed practical cooking sessions and took part in International Women's Week and the Queen's Jubilee celebration. We delivered a host of short, accredited courses such as the Duke of Edinburgh Bronze Award, Level 2 Customer Service, ASDAN Leadership course, First Aid at Work, Safeguarding and other courses.



Participant in our Locksley Youth Club

Estate Based Outreach Programme

Aligned to our youth club offering, we started a new outreach project in October 2022, funded by Tower Hamlets Homes (THH). We delivered 9 hours of outreach sessions per week in the Stepney area and 6 hours of outreach sessions in the Shadwell and Wapping area, working with hard-to-reach young people. The aim is to engage and support them to access mainstream services and move away from ASB and drugs/alcohol abuse.

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In the first 6 months, we achieved the following:

Shadwell & Wapping

- 61 young people engaged.
- 22 Achieved an accredited outcome (11 achieved Level 2 in Customer Services, 11 achieved Level 2 in Food Safety in Catering).

Stepney

- 28 young people engaged.
- 13 achieved accredited outcome (11 achieved Level 2 Customer Services, 2 achieved ASDAN Leadership course).

Holiday Programmes

The school holiday programmes are an extension of the youth clubs and provide an opportunity to engage new children and young people to Newark and to keep them occupied in positive activities during the school holidays, especially the long summer holidays.

During July and August 2022, we delivered our biggest summer programme, funded by the London Borough of Tower Hamlets HAF grant & East End Community Foundation, delivering from 10 sites across Tower Hamlets - Cable Street, Cyprus Street, Christian Street, Exmouth estate, Haileybury centre, Locksley Estate, Solander Gardens, St. Andrew's Wharf, Stepney Green Park, and Wapping Youth hub, engaging over 600 young people.

We also delivered a girls' only sports and outdoor activities project funded by Tower Hamlets council sports development team. The project engaged 35 girls, who participated in BMX, outdoor sports, trips and Back to Nature activities.

Girls in Action (GIA)

The aim of the project is to provide opportunities for girls and young women to participate in regular youth activities, bring them together, facilitating their passion and interest and supporting them to develop their confidence, skills and experiences. The project is co-designed with the girls, who can deliver their own social action projects based on their needs, learning and interests. This year we engaged 39 girls, and they delivered "Mental Health Awareness" and "Nature & Sustainability" social action projects. Out of the 39 girls, 13 completed the First Aid course and 4 completed ASDAN Leadership course, and 26 also reported being able to cope with stress and had become more resilient.

Healthy Active Together (HeAT)

The aim of the project is to support inactive children, young people and adults to become active and improve their health and wellbeing. We run a wide range of activities including multi-sports and fitness for mothers and daughters, badminton for fathers and sons, women's walking groups, yoga and coffee mornings for over 50's and football sessions for people with a disability. We registered 273 new children, young people and adults, of whom 242 were previously inactive. We delivered 234 sessions, totalling 448 hours of delivery. Overall, we worked with 431 beneficiaries during the year and 338 attended 5 or more sessions.



Father & Son badminton session

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Work It Hub

This project responds to young people's concerns about their future education and employment prospects. Aimed at disadvantaged young people aged 14 to 25, the programme helps them identify their future career options/pathways; improve their employability skills; help them access apprenticeships, courses or work experience and support them to move into paid employment or start their own business. The project directly supported 56 young people through 1-2-1 mentoring sessions, 43 were unemployed and 13 were NEET. Out of the 56, ten were supported to volunteer and go on work placement and ten progressed into paid employment. The project delivered CV and interview workshops, motivational talks, and took young people to visit Canary Wharf Group to raise motivation and aspirations.

AcE Futures

Our three-year AcE Futures programme (funded by GLA Young Londoners Fund) ended in December 2022. The project rewarded young people for their long-term participation in youth clubs and sports sessions. The young people had access to workshops delivered by external partners and accredited courses.

Over the 3 years we achieved the following:

- 1810 young people registered
- 171 completed the programme (attended 30 sessions, completed an accredited course)
- 299 attended a workshop/event delivered by an external partner
- 171 achieved an accredited award
- 56 moved into sessional, part time and full time employment

Back to Nature

Directly in response to feedback from young people who wanted to reconnect with trees and open spaces after lockdown, we secured funding from City Bridge Trust to continue our Connect with Nature programme for a further 1 year starting in October 2022. In the first 6 months, we engaged 7 youth ambassadors onto the project, started delivering climate sustainability workshops in our youth centres and planned our first Call to Action event to get the whole community to come out to support climate cause.



Back to Nature Call to Action Event

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Lovely Jubbly Festival

In June 2022, we celebrated the Platinum Jubilee of Queen Elizabeth II with our Lovely Jubbly Festival at the Exmouth estate, which included a project led by the young people to develop a new outdoor wall mural for the estate. The event was a great opportunity to bring all parts of the community together and celebrate the achievements of our young people.



Mural on the Exmouth estate



The Pearly Queen at the Jubilee Event

Youth Voice and Leadership

Newark has a long history of supporting young people to step up into youth leadership roles, growing into the future youth leaders and trustees of the future. This year we run our leadership programme for 18 young people, giving them the opportunity to develop their confidence and skills through volunteering and helping to run our youth projects.

Just Smiles

The project has been engaging local young people and volunteers to provide winter packs for homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. Every year we aim to distribute 500 packs and help our partners on their events, delivering food and other items.

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Jack Petchey Achievement Awards

Newark Youth London is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £300 each to spend on their peers and for their youth clubs/football teams. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.



Recent Jack Petchey Achievement Award Winner

Annual Awards Ceremony

We delivered our annual awards ceremony for 400 children and their parents in November 2022. This allowed us to celebrate and recognise the achievements of the children, young people and volunteers and to encourage others to do the same in the future.



Children at the Annual Awards Ceremony

BBC Children in Need Youth Social Action Project

This new project started in February 2023, giving young people from disadvantaged backgrounds the opportunity to participate in social action projects of their choice to change and improve their local community.

HeadStart Action

This new project started in January 2023, funded by GLA and administered by London Youth and supported by Family Action. The project is giving young people in Tower Hamlets and Newham the opportunity to participate in social action projects of their choice and receive employability skills mentoring to help them progress into education and employment.

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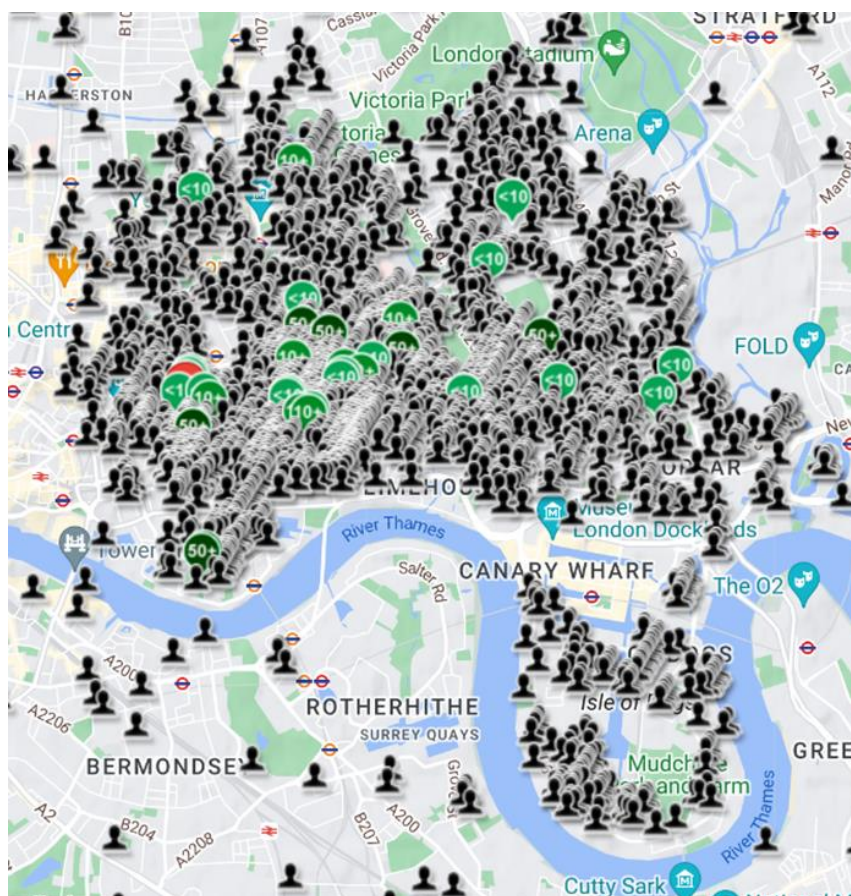
TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Serving our community

A map of attendees at Newark activities during the year shows that we have a wide reach across the whole borough of Tower Hamlets.

During the year to 31st March 2023, we recorded in Upshot 2,177 individual participants who attended on 17,098 occasions. We recorded 894 sessions delivered during the year ranging from sports matches to 1-2-1 mentoring.

Although this data does not capture everything we did during the year, it contributes to the overall picture of the scale of our delivery looking at all of our programmes combined, and the number of people whose lives we impact across the borough.



Quality Marks

- Newark achieved the London Youth Bronze Quality Mark in this period validated for 3 years
- After 3 years, we underwent re-assessment for the Matrix quality standard, which we retained
- We also retained our annual England Football accreditation

Partnership working

We work in partnership with many local organisations and schools, to ensure we provide young people with the richest experience possible.

“Newark Youth London has been able to provide excellent training with Volleyball since the beginning of the academic year. It has been brilliant to watch the confidence of my students grow with each session. Newark Youth London have been able to cultivate a wonderful productive safe space for our students to learn a new skill, work in a team and get fit. Many of the students that attend volunteering, have become passionate champions of the sport and have even created their own lunch time club to practise before their session. I would like to thank everyone from Newark Youth London for this amazing partnership.” Testimony from Mulberry School for Girls.

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Volleyball at Mulberry School for Girls

OUR IMPACT

Our focus has been to support young people to overcome the challenges they have experienced. This has primarily been through:

- Providing an extensive programme of youth club and football & sports activities where young people can spend time in a safe place and engage in positive activities,
- Delivering programmes aimed at supporting young peoples' personal development, including those at risk of dropping out of school, college or work,
- Delivering employability skills to support young people to move into training and employment,
- Providing young people with new and enjoyable experiences that allow them to develop personally and try new things in new environments.

Our impact is measured in terms of the support provided to young people to develop themselves, create and take advantage of opportunities and keep themselves safe.

"I wanted to say thank you for the sessions you are providing. My son loves coming, but I hadn't realised till this evening how much effort is put into the set up and provision and the kids that attend. I thought it was just somewhere for them to hangout, but now I can see the effort and structure that goes into making it what it is. I have genuinely seen improvements in his social skills, specifically his communication and his ability to relate to others who are new to him. I also see him showing signs of independency since he been attending and this is a credit to the exposure of workshops and activities, he has engaged in when he comes. Thank you once again it is very much appreciated". Feedback from parent of young person attending Christian St Youth Hub.

Football Academy

Our football activities engage children and young people and keep them involved in positive activities and away from ASB and crime. It develops their passion for sport & healthy lifestyle and improves their attitude, behaviour, commitment, dedication, working for success, teamwork, accepting defeats and becoming resilient. The young people improve their confidence, self-esteem, interpersonal skills and develop strong friendship and understanding between each other. It also gives older youths the opportunity to volunteer, gain coaching and leadership awards and develop their employability skills. We use football as a tool to engage young people and later provide advice and support to help them develop their skills and experiences so they can access training and employment opportunities.

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Youth Work Week celebration at Hailebury Youth Hub

Youth clubs

1,202 young people attended one of our youth clubs during the year. The young people get the opportunity to meet and socialise with other young people, which they love. But they also get the chance to participate in a wide range of workshops and activities which support them to develop individually, gain accredited qualifications, bolster their CV and learn something new in a different setting to school. Our programme aims to support young people to make positive life choices and develop goals and ambitions, develop critical thinking and be resilient to the negative issues they may experience in their lives.

Case Study

"Y" is a 16 year old male who started attending Hailebury Youth Hub 2 years ago. Y had got into trouble outside school and was required to undertake Community Service. Y's mother was very concerned about his involvement outside of school and who his friends are. She came to speak to Newark's youth work manager to see if any help was available. After mediation with Y and his parents, Y confided in staff about why he spiralled and why he was behaving irrationally. Newark supported Y to sign up to courses for Basketball Level 1, Boxing and Emergency First Aid at Work. He also enrolled on the ASDAN volunteering course. Y gained so much knowledge by taking part in activities, workshops and courses that he now takes the initiative to support staff and other young people when they need help. Plenty of the young people now look up to Y as a role model because of his experience of the programmes delivered by Newark, and Y has had the opportunity of finding part time employment at a large sports company. Experiencing the range of activities at Newark has enabled Y to improve his social skills and he has been able to speak more openly with staff. He helps staff organise activities, he encourages other young people to attend and even brings young people to the youth club to join.

165 young people completed and accredited course, including 46 young people achieved Level 2 Customer Service, 33 completed Emergency First Aid at Work and 10 completed Food Safety in Catering qualification. Young people also attended workshops on issues ranging from Healthy eating during Ramadan, Substance misuse, Women and Violence, Hate Crime, Mental Health and more. 23 young people secured the ASDAN Volunteering qualification. "I know I will be able to have a conversation with others about hate crime from what I've learnt today" -feedback from a young person after a Hate Crime workshop.

"Happy I got to share thoughts about my religion and learnt about Islam and how we celebrate Easter in my home country of Georgia" – feedback from a young person about Ramadan and Easter workshop.

Feedback from young people attending the Healthy Relationships workshop:

"I liked having conversation about relationships and looking at scenarios which detect healthy and unhealthy relationships".

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"I was just aiming to get it done and dusted with but didn't realise how important the information is. Workshop extremely important and useful. This helped me personally with relationships I have with everyone."



Young people on Healthy Relationship workshop

Other young people prefer to follow a sporting programme and 17 completed the Boxing Leader course, 13 completed Level 1 UK Coaching and 10 completed Level 2. Others secured Basketball Level 1 coaching qualifications. Sports provide important opportunities for young people to develop themselves and help them make social connections:

"[young person] has opened up more and is confident slightly since moving from Ukraine to England and these sessions are helping her physical well-being. Her English is improving." – staff member observation of a young person attending the Volleyball sessions. The young person said it had helped her meet people and make friends.

Holiday Programmes

Holiday programmes offer young people a lifeline to engaging in positive activities and stay out of trouble in the school holidays. We delivered indoor & outdoor sessions, sports, basketball, football, badminton, cricket and day trips and community celebration days. Our provision covers most of the borough of Tower Hamlets and provides a lifeline for many young people and their parents during the school holidays. Young people get to try new activities with experienced staff and volunteers on hand to coach and guide them:

"I loved coming here. It was really fun. The staff helped me play pool and showed me the correct way to hold the stick."

"I wanted to spend time with friends and learn how to play table tennis. Staff taught me how to play table tennis, and I got better at pool and football."

"Since joining [my son] has really come out of his shell, and is more self-confident, this also made his secondary school transition easier. He looks forward to all the wonderful trips, particularly the go-karting. The summer scheme is fantastic, and helps keep him occupied and also fit. [My son] has additional medical needs, so as a parent I am very pleased with the way the staff catered to his needs. He is safe and well looked after." Feedback from Parent.

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Healthy Eating and Lifestyle workshop

Residential

17 young people went on a 4-day residential trip to Kingswood outdoor activity centre in Kent in July 2022. They participated in individual and team challenges and this improved their confidence, motivation and life skills. For some it was the first time staying away from their families and they had to be independent and make decisions for themselves.

Staff observed one young person “has learned how to cope without his parents and has learnt to work with others and rely on his peers for support”, whilst for another young person “Residential has helped [young person] realise that he needs to have patience and be patient when working in a team.”

The young people said, “Able to live a weekend without parents and parental rules, and not have my mum do everything for me - gain a sense of independence”, and “Residential put me out of my comfort zone and enabled me to work with all people from different backgrounds.”



Substance misuse workshop for girls

Girls in Action

Girls are supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme.

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The girls worked with the Mouth That Roars to learn filmmaking, script writing, editing and camera techniques to make their own films. A key focus for the girls has been improving their confidence to speak in front of other people, as they get few opportunities to practice this outside of the programme.

The Girls in Action participants said:

- The programme has helped me realise how confident and independent I can be. For example, at Mouth that Roars, I was always afraid to be in front of the camera but now I feel more comfortable and confident in front of the camera.
- Mouth that roars taught me about leadership and I have been involved in producing a video.
- Recently there was a poetry workshop and to be honest I hate poems and stuff but doing that workshop I really enjoyed sharing some of my poems that I made with others which I don't normally do.

Healthy Activities Together (HeAT)

This extensive programme saw a wide range of participants taking part in health and fitness activities, including 38 disabled people enjoying activities at Stepney Green Astro and 68 participants enjoying activities aimed at men. 19 girls enjoyed girls only football and more than 50 women enjoyed activities designed for over 50s and female only groups. Activities suited all ability levels, including 32 women who participated in the Stepney Women's Walking group.



Boxing fitness session for females

Work It Hub

The Pandemic followed by the Cost-of-Living Crisis means young people remain uncertain about their chances of securing a job and a decent income, unconfident about their academic record and are experiencing low motivation. Through the Work-it Hub young people are supported to create individual action plans to help them identify their short, medium and long term career goals. They are given advice on options and supported to build their portfolio of skills and qualifications. As well as the 1-2-1 support, we delivered 4 workshops covering topics such as CV writing, interview skills, confidence building and linked in with a number of external education and training providers. Young people were also alerted to job and training opportunities and assisted to make applications.

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The project provided support to 56 young people in total and 32 young people gained accredited awards. 10 young people got the opportunity to volunteer to develop their skills and experience and 50 young people attended a careers fair, giving them access to employers and training providers. The participants experienced a visit to Canary Wharf Group in March 2023 to explore the working environment there.



Young people on a visit to Canary Wharf Group

10 young people secured employment as a result of the support they received including jobs at Waitrose, Greggs, Argos, local primary school, local perfume shop and an accountancy firm.

Case Study

A 17 year old male of British Asian/Bangladeshi background was registered onto the programme and we discussed at length his existing CV and what improvements were required to enhance it. One of those improvements was a work experience placement as this would give him more to talk about during a potential interview whilst also using the employer as a reference.

We explored various work experience opportunities. He secured one after a brief chat with the employer and went on to volunteer for 3 weekends. We then covered a list of useful jobsites to use for applying for work and applied for a total of 4 jobs together. We studied common questions he would face during an interview and wrote model answers to accompany it. Hints and tips on body language and general do's and don'ts were also provided. Numerous mock interviews were performed and with each session he steadily improved, his confidence grew and he developed his own natural style whilst hitting all the points. He was rewarded with a job offer after his 2nd job interview.

The young person told us: "Hi, thank you for helping me a lot as you got me a job in Argos. Really appreciate it and also you have helped me make my CV, even more better as it looks more professional now. Also, you have got me into a work experience which has gained me experience for real life work. Then you have coached me for the interviews and now I have a job. All this in the space of two months and you have managed to help me reach my goal. This really means a lot to me and really appreciate all the time you have put in to help me. Thank you so much".

The challenge of supporting young people into work remains, with young people often the first to be made redundant and needing continued support to sustain their engagement in jobs after they have started.

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Day trip to the seaside

AcE Futures

Young people had strong and positive developmental experiences as part of the AcE Futures programme. In a survey of 24 participants, 95% said they would recommend the programme to friends and family. 79% said they were now confident to make things happen themselves rather than wait for someone to do things for them, with 58% agreeing strongly that they had more respect for themselves and others as a result of participating in the programme.

87% of respondents agreed that they were now working towards qualifications or experiences which will help with apply for jobs or college, and the same figure felt the activities where experiencing would bolster their CV, including activities such as Duke of Edinburgh Bronze Award Scheme.

Our AcE Futures participants said:

- I took part in the first aid course and I am very proud of myself for doing it.
- The First Aid Course allowed me to challenge myself as I had no prior knowledge.
- I used to not be able to talk to teachers in person when I needed help and it would make a subject difficult for me but now I can just go up to them and speak.
- I have developed more social skills where I feel more confident in projecting my opinions and ideas.
- Before this programme, I would always be hesitant to share my opinion/ideas with others but now I am more confident about stating whether I disagree or agree with something without having to think about what others might think.
- The places we go for the workshop as I haven't been to places that'll help me find new opportunities.
- Duke of Edinburgh expedition- this was challenging however it made me realise that it's not impossible and I am capable of doing activities that challenge me more often.

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Socialising at Hailebury Youth Hub

Back to Nature

Young people in Tower Hamlets, who we work with, often have virtually no experience of the natural environment as they live in “concrete” urban areas and are often sceptical and uncomfortable about being in an environment where they are surrounded by nature. The 7 participants experienced a number of workshops, including Understanding the Ecological Crisis and Sustainability and Solutions, and explored what it might take to be an Environmental Ambassador. They will continue to learn and campaign for change as the programme progresses.



Practicing woodworking crafts and skills in Back to Nature

Youth Voice

As well as young people participating in our youth leadership programme, we also run a Youth Board. The Youth Board decides what programmes they want delivered at Newark Youth London and how programmes and services can be improved. The Youth Board presented to the Trustees and saw a number of their recommendations implemented, such as the trips and residential programmes they felt would provide young people with important personal opportunities.

“Newark have changed my life by giving me the opportunities to be involved with the organisation & I have a say how youth programmes should be delivered as I’m part of the youth leaders & youth board member”. Feedback from member of Youth Board.

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Case Study

Another member of the Youth Board "X" is aged 16 and has learning difficulties. When he joined, he was very quiet and found it difficult to communicate with anyone other than his younger brother. Through the support of staff, X has been supported to overcome his fears of participating. He undertook the Level 2 Customer Service course which he failed the first time but succeeded in passing the second time through his hard work and support from the youth workers. He is now being supported to work for the ASDAN volunteering qualification. Staff are answering X's questions about volunteering and have supported him to shadow other volunteers so he can get an idea of how volunteering works. As X's confidence has grown he has now progressed from refusing to play pool when he started at the youth hub, to now having the confidence to explain to new joiners how to participate in the games at the hub. X has joined the Youth Board so that he can advocate and empower other young people just like him.

OUR FINANCIAL PERFORMANCE AND FUTURE PLANS

Newark Youth London's long standing focus on steady growth and sustainability has enabled the charity to weather the financial and other challenges experienced during both the global Covid-19 Pandemic and Cost of Living Crisis. This has meant we are relatively secure financially and are working hard to continue our fundraising efforts through a planned and active programme of grant applications.

We were very excited this year to be able to secure new additional funding and run further programmes during the year including:

- The National Lottery Awards for All £10,000 for the Lovely Jubbly Festival and creation of a street mural to mark the late Queen's Platinum Jubilee
- BBC Children in Need Youth Social Action project
- Headstart Social Action, Employability and Mentoring project

In October 2020 we learned that Newark Youth London had been successful in competing for a contract with London Borough of Tower Hamlets to deliver a significant proportion of the borough's youth work for 3 years. At the time of writing this report, it is our expectation that the Council will not renew the tender for youth activities when the current contract expires in October 2024. At our awayday in October 2023, the trustees actively developed plans for the charity to thrive and sustain without the youth contract. The plans involve strengthening delivery in neighbouring London Boroughs and seeking an alternative building to act as the hub for Newark youth services once we no longer have access to the Council's youth hubs.

The Trustees have also made an investment in this period to ensure that the charity has diverse sources of income and is sustainable into the future.

The charity continues to pursue a planned programme of grant/contract applications to build the future income stream of the charity. Our diverse range of services and income sources help provide a core of resilience to support us through forthcoming changes.

Financial review

The results for the year are set out on 22.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Risk Management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The Trustees participated in an away weekend in October 2023 to review performance and discuss future priorities.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The top three risks identified were:

- Wider economic, environmental, political and health challenges (Local Government, Central Government and Trust funders). We have a clear programme of income generation developed and continue to seek new funding, building on the success on the breadth of the programmes we deliver.
- Number, skill, capacity of staff and volunteers, including retention and diversity. All organisations in all sectors continue to experience challenges in recruiting and retaining skilled staff. Developing young people who attend our programmes as future employees is a key way that we intend to manage this risk.
- Tower Hamlets is beginning to face demographic changes as families in the neighbourhoods we serve are beginning to migrate to outer London boroughs and the fringes of Essex, a demographic trend seen over centuries in East London. We have actively developed plans to embrace this change and explore delivery in other boroughs where there are insufficient services to support the young people when they move there.

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic, and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the Manager or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary

Mr E Islam - Trustee and Director

Mr S Rahman - Trustee and Director

Mr Z Rahman - Trustee and Director

Mrs F Hakim - Trustee and Director

Mr K Miah - Trustee

Mr S Uddin - Trustee and Director

Miss M Uddin - Trustee and Director

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 22 December 2023

NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

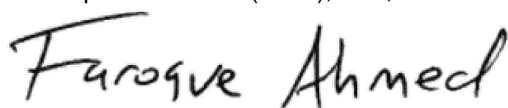
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), BFP, FCA



AGP Consulting
Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 22 December 2023

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income from:							
Donations and legacies	3	15,405	618,660	634,065	15,744	420,881	436,625
Investments	4	2,710	-	2,710	-	-	-
Total income		18,115	618,660	636,775	15,744	420,881	436,625
Expenditure on:							
Raising funds	5	-	8,108	8,108	-	3,672	3,672
Charitable activities	6	-	490,363	490,363	-	359,789	359,789
Other expenditure	10	4,491	-	4,491	-	-	-
Total expenditure		4,491	498,471	502,962	-	363,461	363,461
Net income and movement in funds		13,624	120,189	133,813	15,744	57,420	73,164
Reconciliation of funds:							
Fund balances at 1 April 2022		77,614	251,299	328,913	61,870	193,879	255,749
Fund balances at 31 March 2023		91,238	371,488	462,726	77,614	251,299	328,913

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Investment property	12		178,461		-
Current assets					
Cash at bank and in hand		302,488		356,258	
Creditors: amounts falling due within one year	13	18,223		27,345	
Net current assets			284,265		328,913
Total assets less current liabilities			462,726		328,913
The funds of the charity					
Restricted income funds	14		371,488		251,299
Unrestricted funds			91,238		77,614
			462,726		328,913

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 22 December 2023



Mr E Islam - Trustee and Director
Trustee

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.6 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

[Property rented to a group entity is accounted for as tangible fixed assets.]

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2023*

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2023 £	2023 £	2023 £	2022 £
Donations and gifts	15,405	618,660	634,065	436,625
For the year ended 31 March 2022	15,744	420,881		436,625
Donations and gifts				
LBTH Youth Services Contract	-	213,300	213,300	137,663
BBC Children in Need	-	4,979	4,979	33,209
London Community Foundation	-	59,910	59,910	49,979
Frank Haines Memorial Trust	-	7,200	7,200	7,800
Lottery Awards For All	-	10,000	10,000	-
East End Community Foundation	-	3,500	3,500	3,000
LBTH Local Community Fund	-	60,369	36,221	36,221
LBTH Covid Emergency Fund	-	-	-	3,500
LBTH Holiday Activities Fund	-	130,480	130,480	23,480
LBTH Sports Development Team	-	4,278	4,278	-
GLA Young Londoners' Fund	-	46,200	46,200	34,650
London Youth	-	14,786	14,786	-
Tower Hamlets Homes	-	10,349	10,349	35,110
Sports England	-	8,858	8,858	-
Jack Petchey Foundation	-	2,700	2,700	24,883
Woodroffe Benton Foundation	-	5,000	5,000	-
Salters Charitable Foundation	-	5,000	5,000	-
City Bridge Trust	-	26,648	26,648	-
Swan Housing / Feeding Britain	-	350	350	6,000
Southern Housing Group	-	4,753	4,753	-
Just Smiles	7,410	-	7,410	6,675
Faith Action (Lifeline)	1,350	-	1,350	-
EMD UK Together Fund	2,625	-	2,625	-
Memberships and Subscriptions	4,020	-	4,020	2,370
Gadget Group	-	-	-	3,000
Comic Relief	-	-	-	1,000
Parentzone	-	-	-	1,000
Garfield Weston Foundation	-	-	-	20,000
Tower Hill Trust	-	-	-	4,386
Other	-	-	-	2,698
	15,405	618,660	634,065	436,625

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Income from investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Rental income	2,710	-

5 Raising funds

	Restricted funds 2023 £	Restricted funds 2022 £
<u>Fundraising and publicity</u>		
Fundraising (consultancy)	8,108	3,672
	8,108	3,672

6 Charitable activities

	2023 £	2022 £
Staff costs	237,238	205,518
Youth activities	226,381	129,881
Promotion and publicity	9,840	8,694
Volunteer/users training/expenses	1,943	1,877
Stationery and printing	1,609	1,227
	477,011	347,197
Share of support costs (see note 7)	9,302	10,792
Share of governance costs (see note 7)	4,050	1,800
	490,363	359,789

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Support costs allocated to activities

	Youth activities 2023 £	Total 2022 £
Bank charges	85	86
Insurance	1,756	1,284
Rent	4,997	4,498
Telephone and internet	1,715	1,142
General office costs	749	3,782
Governance	4,050	1,800
	<u>13,352</u>	<u>12,592</u>
	2023 £	2022 £
Governance costs comprise:		
Accountancy	1,800	1,800
Legal and professional	2,250	-
	<u>4,050</u>	<u>1,800</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	<u>24</u>	<u>21</u>
	2023 £	2022 £
Employment costs		
Wages and salaries	223,542	191,685
Social security costs	10,604	10,642
Other pension costs	3,092	3,191
	<u>237,238</u>	<u>205,518</u>

There were no employees whose annual remuneration was more than £60,000.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9 Employees (Continued)

Remuneration of key management personnel

10 Other expenditure

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Expenses relating to investment property	4,491	-
	<u>4,491</u>	<u>-</u>

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Investment property

	2023 £
Fair value	
At 1 April 2022	-
Additions through external acquisition	178,461
	<u>178,461</u>
At 31 March 2023	<u>178,461</u>

Investment property comprises one property. The fair value of the investment property has been arrived at on the basis of acquisition cost in October 2022 and a survey was carried out during the acquisition by valuers, who are not connected with the charity. The valuation was made on an open market value basis by reference to market evidence of transaction prices for similar properties. It is considered that the value has not significantly changed from the date of acquisition date till the year end and is reflected below.

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	1,288	2,016
Other creditors	16,935	16,471
Accruals and deferred income	-	8,858
	<u>18,223</u>	<u>27,345</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
	251,299	618,660	(498,471)	371,488
Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	At 31 March 2022 £
	193,879	420,881	(363,461)	251,299

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
General funds	77,614	18,115	(4,491)	91,238
Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	At 31 March 2022 £
General funds	61,870	15,744	-	77,614

16 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(87,223)	371,488	284,265
	91,238	371,488	462,726

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

16 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2022 are represented by:			
Current assets/(liabilities)	77,614	251,299	328,913
	<u>77,614</u>	<u>251,299</u>	<u>328,913</u>

17 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties: