

Charity Registration No. 1112289

Company Registration No. 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr M T Kawser - Trustee and Secretary Mr E Islam - Trustee and Director Mr S Rahman - Trustee and Director Mr Z Rahman - Trustee and Director Mrs F Hakim - Trustee Mr K Miah - Trustee Mr S Uddin - Trustee Miss M Uddin - Trustee
Secretary	Mr M T Kawser
Charity number	1112289
Company number	05351514
Registered office	416 H Sims House Commercial Road Tower Hamlets London E1 0LQ
Trading address	Unit S2 Whitechapel Centre 85 Myrdle Street London E1 1HL
Independent examiner	AGP Consulting Q West Great West Road Brentford TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their annual report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(ii) advancing education;

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through sports, leisure, social activities and learning. We deliver youth clubs; informal, accredited and formal learning; sports, outdoor activities, day trips and residential. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with nearly 1,000 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment and family conflict). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in overcrowded social housing and high rise flats. Young people in Tower Hamlets experience high levels of deprivation, poverty, racism and are exposed to high levels of crime, drugs and ASB. Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area English is not their first language. They may not have experienced a formal education themselves.

In the words of our staff member reporting to BBC Children in Need, *"The majority of children and young people accessing our project have limited knowledge, skills and qualifications beyond what they learn in school. They have limited access to opportunities to develop these lifeskills and experiences due to where they live and their families income levels. They lack interpersonal and communication skills, basic leadership and negotiation skills, presentation skills, teamwork and problem solving skills. They are vulnerable to peer pressure and lack resilience and ability to make their own decisions."*

If life was not already challenging enough for our young people, during 2020-21 our services were impacted by the Covid-19 global pandemic, and for much of the year there were strict lockdown restrictions in place limiting activities that young people and adults could participate in, with no indoor activity and only limited outdoor activities.

Despite this, we continued to deliver our projects, aiming to provide opportunities for young people to engage in positive activities, stay out of trouble and fulfil their potential in life, and stay safe and well during the pandemic.

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1. Football Project – Our usual programme involves weekly football training and managing youth, adult and veteran's football teams. Sadly this year, due to Covid-19 lockdown restrictions we were unable to play team sports for a large part of the year. This limited both football training and participation in league games. During the periods when restrictions were lifted sufficiently to allow group activities to take place, we were able to offer some football practice, and had nearly 100 children & young people engaged. The absence of regular football was keenly felt by many of our young people, for whom football is their route into having their own sense of identity and purpose.

2. Youth Clubs – We usually operate 5 different youth clubs from 4 different wards in the borough, typically engaging over 460 children & young people between 8-19 years old. Usually the clubs provide a safe place for children to meet, socialise and develop their lifeskills and experiences in an informal setting. We offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

Our youth club programme was also severely impacted by Covid-19, and from March 2020 we were not allowed to hold face to face sessions indoors. Some venues such as the Exmouth Hall did not open all year. We quickly took the decision to move to online delivery and from April 2020 we started delivering online Zoom sessions 5 days a week, Monday to Friday.

Each week we delivered 2 physical activity sessions (where young people took part in physical activity from their home via zoom) and 3 information, advice, guidance (IAG) online workshops, with a focus on fun in the Friday sessions. The online physical activity sessions kept young people fit and active during the lockdown and it developed their interest in sport and lifeskills. The IAG sessions covered many important topics i.e. online bullying, online gaming addiction, staying safe online, healthy relationships, managing stress and anxiety, mental wellbeing and many more current/relevant topics. We also supported young people to understand about Covid-19, how to stay safe, changes in government policy and answering young people's questions and queries regarding the virus and ease of lockdown.

Every quarter, we changed and tweaked the programme and timing to suit the needs of the young people and their interests. We also undertook special programmes, including taking part in the Black Lives Matter week delivering workshops on racism, inequalities and discrimination and Windrush. We delivered workshops on violence against women and girls (VAWG) as well as gangs, knife crime and peer pressure. In other sessions we covered CV writing, interview techniques and provided information about exam results, careers and going to college and university. We also had a surprise visit to one of our online session by ex-England footballer Alex Scott as part of the BBC Children in Need annual event.

We created the opportunity to work with many new partners in delivering this online programme, such as the Old Vic, MIND, Safe East, Met Police, Canary Wharf Group and more. We were able to provide creative sessions such as virtual theatre performance with Old Vic and Employment & CV workshop with Canary Wharf Group.

Altogether we engaged with 335 children and young people, and 229 participants attended 5 or more sessions. We delivered 2 accredited courses to support the development of young people's leadership skills and mental wellbeing. 37 children achieved an accredited outcome and 38 achieved recorded outcomes.

3. Summer Projects - The summer projects are an extension of the youth clubs and it is an opportunity to engage new children and young people to Newark and also to keep them occupied in positive activities during the long summer holidays.

With some easing of lockdown restrictions in the summer, Newark was able to run some of our usual summer programme. 300 young people from our regular youth club sessions and 110 new young people were able to participate in a range of outdoor sports and games throughout the summer holidays for 6 weeks.

We delivered a 5 week summer project from the Green Pitch in Cable Street, Shadwell. This included a mixture of 14 digital sessions and 24 outdoor multi-sports, games and arts & crafts sessions. The mixture of sessions allowed more young people to participate depending on their circumstances, and we encouraged parents of younger children to stay and play. We also delivered three day trips/excursions for children and families. Sadly many of the planned activities such as swimming and climbing, and our ASDAN leadership course, had to be abandoned due to the Covid 19 restrictions.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

4. Pathways to Success – the project supported 25 disengaged young people to take a fresh look at their lives and go back into education and training or move into employment. Using our extensive community networks, we were able to identify young people who were at risk. We offered them opportunities to improve their personal circumstances through 1-2-1 information, advice and guidance sessions. We developed action plans with them based on their individual needs and provided support with building CV's, improving their interview techniques, job search, volunteering and apprenticeships.

The majority of young people requested support in gaining employment, this included reviewing, updating and creating a CV for prospective employers. We supported them to search and apply for jobs and apprenticeship opportunities. Also volunteering opportunities were offered within various Newark projects including football coaching, youth clubs and social action projects.

The project was as flexible as possible to cater to the needs of young people ensuring that they had trust and confidence in Newark. We used various mediums of communications which included, phone, email, video and limited face to face. The funding for this project uniquely enabled Newark to focus on a small number of young people who would otherwise have excluded themselves from Newark's services, and lost the opportunity to achieve an important positive step forward in their lives.

5. Girls in Action (GIA) - We made great progress in delivering this project and achieving the outputs and outcomes to be delivered as part of the grant, despite having to recruit new staff to deliver the project and the impact of the pandemic. Girls in Action project is about bringing girls together, facilitating their passion and interest and supporting them to develop their confidence, skills and experiences. The project is co-designed with the girls, who are able to create their own projects based on their needs, learning and interests.

Girls are supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme. 48 girls registered for the programme during the limited period it was able to run.

The pandemic restrictions meant the girls could not complete community events or the ASDAN volunteering course. However, the project has enabled us to develop a good partnership with All Saints Secondary school (previously Sir John Cass), which many of the girls attend. The girls went on to help organise summer outdoor sports activities for other young people, and others did online fundraising when restrictions meant they had to cancel their fundraising events.

6. Active Engaged (AcE) Futures - Our AcE Futures programme is particularly aimed at young people who are age 10 to 21 years old and at risk or involved in youth crime and violence. Building on our regular youth club and sports offering, young people participating in the programme are offered rewards for regularly attending the youth club or sports sessions. The more they attend and participate in the workshops and courses the more reward they achieve. The idea is to engage at risk young people and keep them motivated to attend so they do not have time to get involved in crime and violence. We had 335 starters last year but due to Covid-19 pandemic we only had 22 completing the programme and 34 achieved a recognised qualification/award. It was difficult to deliver much of our face to face activities, workshops and courses.

7. Healthy Active Together (HeAT) – The project is aimed at supporting inactive people to become active and is targeted at the whole family and the community. We delivered sessions for children & young people, mother & daughter and father & son sessions. Due to Covid-19 all face to face sessions stopped and sessions were provided online via zoom.

We wanted to deliver sessions for over 50's and for people with a disability, however, both these groups were classed as "vulnerable" to the virus, and were required to "shield" and have limited contact with others.

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In the sessions we gave out information about Covid-19 and updated them on the changing situation and keeping them connected. The sessions included warm up, skills activity, warm down and healthy living information and advice. As lockdown restrictions were eased later in the year, sessions were adapted again and included women's walking group, men's running group, and a father and son badminton session. The project also delivered sessions on healthy eating and living.

The project was particularly affected by unavailability of venues, including the main venue which sadly went into administration. These challenges meant that only half of the project outcomes were achieved, with just 127 children and adults signed up for the programme, but all of these were people who had not previously been active.

We co-designed the sessions with participants, based on their timing, days, and content of the sessions. We adapted them as we went and gave more ownership to the users to deliver the sessions. The young people led some sessions, they decided the session content and promoted it, etc. Similarly, for the women only sessions, the women wanted opportunity to have more time to talk to each other for mindfulness and we incorporated that into our session. We also reduced the intensity of the sessions during Ramadan period.

8. Just Smiles – The project has been engaging local young people and volunteers to provide winter packs to homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. This year we raised over £5,000 and distributed 500 winter packs. During the pandemic, with so many people faced with loss of job or income, and difficult family situations, support for people experiencing homelessness and destitution has never been so important.

9. Jack Petchey Achievement Awards - Newark is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £250 each to spend on their peers and for their youth club/football team. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.

To add to our programme of activity supported by the Jack Petchey Foundation, this year we were successful in securing funding to appoint a Jack Petchey Youth Engagement Intern for the 2021-22 year.

10. Awards Ceremony – Unfortunately we were not able to hold our annual awards ceremony during 2020-21 due to Covid-19 lock down restrictions. We look forward to celebrating the achievements of our young people in the future.

Finally, to keep up our high standards irrespective of the crisis created by the pandemic, we maintained our FA Charter standard and Matrix quality standard for information, advice and guidance. We achieved Level 1 Project Oracle Validation for our AcE Futures project Theory of Change model from Youth Impact. We are also working to achieve the London Youth Bronze quality standard.

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TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

OUR IMPACT

The strict lockdown restrictions put in place as a result of the global Covid-19 pandemic had a serious impact on the young people who use our services. Schools shut for a considerable part of the year, and young children found themselves trapped at home for weeks on end. For many of our service users, their family context can mean large families, with family members of all ages living together in cramped conditions, without enough room for everyone to have their own space. Many of our young people live in flats without any access to outside garden or play space.

Lockdown restrictions limited everyone's ability to go out, and created additional tensions as families grappled with loss of work and income, as well as serious illness for those who contracted the Covid-19 virus. Regrettably, many families experienced bereavement. The pandemic placed families under huge stress, with young people often exposed to the serious stress and fear their parents and older family members were experiencing, but without the opportunity to seek peer support from school or friends. Some young people witnessed increased domestic violence and other young people found themselves caught up in conflict within their families. Some of the children were anxious/worried about how their family would survive, eat, and pay the bills.

The online Zoom sessions we provided were therefore an absolute **lifeline** for many young people and their families. For some young people, the zoom session was their only contact with the outside world in the beginning of the pandemic. We provided an opportunity for young people to receive up to date, objective information on the virus; connect with other young people; share their anxiety and worries and stay upbeat. However zoom is not great for everyone, as so many of the young people we work with do not have sufficient access to the internet or digital equipment at home.

Unexpectedly, the online sessions enabled Newark to engage with new groups of young people from a much wider geographical area, who do not normally join our face-to-face youth club/sports sessions. We will be continuing with some online sessions in the future to enable more young people to have the opportunity to participate in our programmes.

During the pandemic we stretched beyond our usual activities to support young people in new ways and respond to their needs. In particular, our young people were impacted by not having enough food. To address this we partnered with London Borough of Tower Hamlets **Holiday Food Fund** to deliver hot lunches for young people from 2 sites, and Tower Hamlets Homes to deliver outdoor activities from 3 different sites during the summer holidays. Since then, we went on to deliver February half term and Easter holiday programmes, both with hot lunches for young people delivered to their homes.

We believe that our quick adaptation of our services, and the resilience to find ways to support young people at this unprecedented time will have had a significant impact on the mental health and physical wellbeing of many young people.

We also know that our projects have supported people to thrive at this time of crisis. For example, one of the young people who joined us for the first time, joining during our **summer programmes**, was struggling to stay out of trouble, yet he wanted to do well in his GCSEs. His father was concerned about the negative lifestyle he was adopting and wanted Newark to help his son learn how to control his emotions and be around positive role models. The young person volunteered everyday, arriving on time, helping to tidy and pack up afterward. He developed teamwork skills and learned to supervise. He encouraged one of his friends to volunteer too. During the summer holidays this young person did not get into any trouble and kept himself busy by volunteering in the summer project and attending our boxing sessions in the afternoon. He successfully channeled his energy into positive activities and made some new friends. He is now looking to continue volunteering with Newark and develop his skills around sports coaching and youth work. He will continue to focus on his studies and based on the results decide his future career choices.

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Some of the girls participating in the **Girls in Action** project wanted to focus on the regeneration of their local Exmouth estate. As part of their project they partnered with Swan Housing and Open City, focused on careers and helping the girls to see the different opportunities available in the construction industry, which they were not aware of. They visited the Barbican Centre and contributed to the regeneration plans/ideas for the future of the Exmouth Estate.

A second cohort of girls learned about setting up an online fundraising page for an international humanitarian cause and attended workshops on mental health awareness delivered by MIND and personal development workshop delivered by Uptree.

40 girls (83% of participants) reported their confidence increased as a result of participating in the Girls in Action programme and the same amount stated they were more aware and gained knowledge and experience. 15 girls began their participation in other Newark programmes, continuing to widen their horizons, and 5 girls set up their own initiatives after the programme, such as being involved in the young mayor or volunteering with other charities. 25 girls reported they were better able to cope with things after completing the programme. In particular, 8 girls reported feeling better able to cope with mental health issues.

Our **AcE Futures** programme supported young people to increase their chances of securing a positive future. Feedback from 38 young people on the programme demonstrates positive results:

- 32 young people reported that they felt more motivated after completing the programme than they did before
- 30 said they were participating in activities (workshops) that will help them bolster their CV
- 25 said they are working towards a qualification that will help them apply for college/a job
- 17 said they had prepared a CV or personal statement
- 30 said they understood what they needed to do to apply for college or a job

The young people also reported improved views of themselves:

- 35 said they had increased confidence and motivation and said they felt good about themselves
- 37 said they had confidence to be themselves rather than feel under pressure to be like others
- 36 said they had confidence to make things happen rather than wait for someone else to do things for them

In terms of staying out of trouble, young people participating in the AcE Futures programme all said they had learned how to keep themselves safe and well, how to stay out of trouble and knew what to do if they felt bullied or threatened.

In our **HeAT** project, 29 children and adults managed to participate throughout the whole programme and all reported their health and wellbeing improved. They also reported that their experience of isolation and loneliness was reduced as a result of participating in the programme. Everyone reported making new friends and the sessions have improved intergenerational relationships in households. Families had the opportunity to come together to play and build relationships.

One example is an Eastern European mother, who recently arrived to the UK with her family and has limited spoken English. The sessions helped her to find ways to keep her young daughter engaged and active, as well as keep active herself and improve her English at the same time.

Our **Pathways to Success** project enabled 20 young people to achieve positive change in their lives. A common theme with the young people on the project was that they all wanted to do well but they did not know how to go about achieving their goals, nor did they have the skillset to do so. The programme helped all the young people to become more job ready, identify suitable career paths and secure accreditations. 7 young people are pursuing apprenticeships. Other young people on the programme have had the chance to experience volunteering, grow their knowledge of the support mechanisms available to them and develop resilience in response to negative peer pressure or rejection.

NEWARK YOUTH LONDON LIMITED

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Our interviews with **parents**, undertaken as part of our Strategic Plan refresh, showed that parents feel that Newark is making a difference to the life experience of their children, including their success at school. They also reiterated how much of a lifeline our online events were for parents as much as for young people. Some parents told us their own life experience does not enable them to guide their child, and they rely heavily on Newark to guide and inspire their children.

Comments from parents whose children participated in our summer programme included: *"I am very impressed with Newark and their summer project in every way, top level summer project"* and *"Staff were very helpful and understanding of my child's needs"*. Another said, *"A fantastic effort from all, so important for young people to play during COVID, its re-socialised my son"*. A local Resident commented: *"Your staff did a fantastic job, you really engaged all the children and it was great to see everyone involved."*

OUR PERFORMANCE

Due to our continuous focus on sustainability and improvement, just before the outbreak of the Covid-19 pandemic, we secured 3 large contracts in 2020, covering 3 years. This was on top of our existing funding. The funds are from GLA Young Londoners Fund, and Tower Hamlets council Local Community Fund. During the pandemic we have been able to continue to deliver the bulk of these programmes, having adapted the provision to Covid-19 lockdown requirements. This has meant we are relatively secure financially, and are working hard to continue our fundraising efforts. We have low overheads and utilities costs, and so we are able to sustain until March 2023 and beyond. We have not had to draw on our reserves during the pandemic.

All our services were previously delivered face to face in sports settings or youth clubs. We have successfully evolved our services online during lockdown and have delivered the majority of planned activity, with the exception of team sports when this has been prevented by lockdown rules. This included online physical activity programmes and we created imaginative online workshops.

The move to online has been a big challenge for us because it was not previously a priority. Our staff and volunteers have adapted magnificently to delivering their programmes online. Staff have taken part in training to support this transition and prioritised their focus and responsibilities according to the situation, such as a greater focus on preparing risk assessments for events that took place. Staff and volunteers also had to take extra steps, such as cleaning equipment after use and distributing personal protective equipment to participants. We pay tribute to our staff and volunteers who were dealing with the stress of the pandemic for themselves personally, as well as stepping up to adapt to an unprecedented and constantly changing set of circumstances in their work with Newark's young people.

To explain how challenging it was to move online, we can share the words of one of our staff members, *"For all the children and young people, the online sessions were a new experience. For majority, they were not confident at all being in front of the video where others can see them and hear them speaking. There was no way of hiding or standing behind others. Everyone could see you and you had to contribute/participate in the sessions. At the start some children did not want to turn on the video, possibly embarrassed of their surrounding if they were in a small room or there were other siblings in the room. Some also did not turn the video on when doing physical activity sessions. For the first time there was no place to hide as it was very intimate, everyone knew who was in the session and young people felt very conscious of themselves and their surroundings. By end of the year children and young people were much more confident because they took the initiative to be part of the online sessions, joined sessions and made the commitment to attend regularly, contributed to sessions and were able to express and give their opinions and views without hesitation or fear of anyone else. They became independent and others listened to them."*

We are immensely proud that we have achieved a positive end to the year despite everything the pandemic has thrown at us. Our team overcame many challenges and unexpected barriers and hurdles which were outside of our control.

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TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

The Management Committee reviewed the performance of the charity during the winter of 2020/2021, including carrying out a SWOT analysis, and seeking feedback from young people, parents and staff. We recorded the areas of strength and success:

- Strong and steady growth
- Constantly evolving and improving
- Long term grants – financial stability
- Shown adaptability during pandemic (parent said online has “saved our sanity as a family”)
- Shown resilience and sustainability through difficult times
- Staff and volunteers are core strengths
- Reputation for delivery and quality
- Programmes are really liked and valued by young people and parents (young person said our programme was “Breath-taking”)
- Friendly, open and inclusive
- Rooted in local community
- Home-grown talent and role models: Many Newark staff, trustees, volunteers are role model for how being part of Newark helps people achieve more and fulfil their potential

In 2020-2021 we secured new grants which will become active in 2021-2022:

- We secured funding from the Jack Petchey Foundation for an Youth Engagement Intern who is leading the work on youth and parent voice and communications
- We secured a grant from London Community Foundation (as part of London Community Response Fund) to create the Work-It Hub to support young people with their concerns about employability, given they have missed so much time at school and they feel that the job market will be fiercely competitive as a result of the pandemic.

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OUR PLANS FOR THE FUTURE

During the winter of 2020/2021, the young people, parents, staff and trustees have all been involved in developing a new 3-year Strategic Plan for Newark Youth London covering 2021 to 2023. Although living through the pandemic has been a hard and challenging experience, and the challenges of the pandemic have continued into 2021/2022, we continue to look to the future.

We plan to continue our organic and steady growth through:

1. Creating a sustainable organisation by investing in projects and activities that earns an income or is self-funded, enabling us to rely less on funders. Diversify our portfolio of projects and activities so we cater for all.
2. Build on our Football Academy and Youth Club programmes by growing projects focused on the priorities identified by young people:
 - Employability and Entrepreneurship
 - Health and Wellbeing, including mental health, sports and football
 - Connecting with nature, including educational and recreational visits, trips, residentials and volunteering holidays abroad
3. Continuing to sustain our strong foundations, so that our capacity and capabilities match our service growth by focusing on:
 - Our approach to digital and communication
 - Our internal systems and procedures e.g. HR, Finance and Project Reporting
 - Raising the Voice of young people and parents
4. We will work in partnership, as this is an effective way to grow the benefits for our community.
5. Maintained our quality standards – Matrix and FA Charter standards and work to achieve new ones such as London Youth Bronze quality mark

As part of the Strategic Plan review we developed a fundraising plan to help us focus and target our fundraising efforts. We identified both short term and long term opportunities to apply for grants, and the type of activities and services we would like to develop and grow. Our efforts to develop our plan and our priorities have already borne fruit, and we secured nearly £75,000 of new grant funding to begin during 2021-22, as well as securing a new youth service contract with Tower Hamlets Council.

Moving forward, we have developed a Theory of Change as part of our Young Londoners Grant for our AcE Futures programme, and are using this to develop our approach to future outcome reporting. Since April 2021 we have invested in and been implementing a new online project and outcome monitoring tool (Upshot). We plan to use Upshot to help us improve the way we can report our Impact in our Trustee report for 2021/2022.

Financial review

The results for the year are set out on 15.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

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Risk Management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees reviewed the key risks facing Newark Youth London and ranked them in terms of probability and impact.

The top four risks identified were:

- Wider economic challenges (Local Government, Central Government and Trust funders). We have a clear programme of income generation developed as part of our Strategic Plan programme, which is already bearing fruit.
- Ability to control finances and not overspend/cope with financial pressure if we lose grant income. We are exploring the option of purchasing low cost commercial software to hold our financial management information, which will improve our resilience, reporting and ability to control expenditure against projects.
- Loss of London Borough of Tower Hamlets Youth Service Contract. We have plans in place to raise awareness of the major contribution Newark Youth London plays in the lives of young people in Tower Hamlets. We were successful in our tender application the Council's commissioning of youth services starting in 2021-22.
- Number, skill, capacity of staff and volunteers, including retention and diversity. Following the success of our grant applications, we are recruiting for a number of new staff which will enhance the core staff capacity of the charity

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic, and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the Manager or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary

Mr E Islam - Trustee and Director

Mr S Rahman - Trustee and Director

Mr Z Rahman - Trustee and Director

Mrs F Hakim - Trustee

Mr K Miah - Trustee

Mr S Uddin - Trustee

Miss M Uddin - Trustee

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 29 December 2021

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NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), FCA, BFP



AGP Consulting
Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 29 December 2021

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	Restricted funds 2020 £	Total 2020 £
<u>Income from:</u>						
Donations and legacies	3	26,886	276,810	303,696	10,912	248,554
<u>Expenditure on:</u>						
Raising funds	4	-	908	908	-	9,057
Charitable activities	5	5,716	159,763	165,479	2,262	191,422
Total resources expended		5,716	160,671	166,387	2,262	200,479
Net income for the year/ Net movement in funds		21,170	116,139	137,309	8,650	48,075
Fund balances at 1 April 2020		40,700	77,740	118,440	32,050	70,365
Fund balances at 31 March 2021		61,870	193,879	255,749	40,700	118,440

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Current assets					
Debtors	9	-		19,462	
Cash at bank and in hand		310,168		123,670	
		<u>310,168</u>		<u>143,132</u>	
Creditors: amounts falling due within one year	10	(54,419)		(24,692)	
Net current assets			255,749		118,440
			<u><u>255,749</u></u>		<u><u>118,440</u></u>
Income funds					
Restricted funds			193,879		77,740
Unrestricted funds			61,870		40,700
			<u>255,749</u>		<u>118,440</u>
			<u><u>255,749</u></u>		<u><u>118,440</u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29 December 2021



Mr E Islam - Trustee and Director
Trustee

Company Registration No. 05351514

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (Continued)

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2021 £	2021 £	2021 £	2020 £
Donations and gifts	26,886	276,810	303,696	248,554
	=====	=====	=====	=====
For the year ended 31 March 2020	10,912	237,642		248,554
	=====	=====		=====

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

3 Donations and legacies

(Continued)

Donations and gifts

LBTH Youth Services	-	70,627	70,627	77,848
LBTH MSG	-	-	-	19,218
BBC Children in Need	-	24,907	24,907	33,059
Just Smiles	6,774	-	6,774	2,261
London Community Foundation	-	19,983	19,983	29,028
William Wates Memorial Trust	-	-	-	1,666
Frank Haines Memorial Trust	-	3,900	3,900	7,200
East End Community Foundation	-	10,000	10,000	3,000
LBTH Local Community Fund	-	48,295	48,295	24,148
LBTH Mayors Cup Grant	-	500	500	500
LBTH Covid Emergency Fund	5,000	-	5,000	-
LBTH Summer Holiday Food Fund	-	6,700	6,700	-
GLA Active Londoners' Fund	-	-	-	4,506
GLA Young Londoners' Fund	-	53,900	53,900	3,850
Tower Hamlets Homes	-	11,000	11,000	11,000
Sports England	-	4,167	4,167	5,834
Southern Housing Group	-	-	-	2,500
Jack Petchey Foundation	-	1,500	1,500	2,250
Gateway Housing	-	-	-	5,000
Groundwork - Tesco Bags of Help	-	-	-	2,000
Gadget Group	-	-	-	2,500
Waitrose Community Grants	-	-	-	251
London Council ESF	-	-	-	9,535
Vanguard	15,000	-	15,000	-
Joseph Levy Foundation	-	19,315	19,315	-
Canary Wharf Group	-	2,016	-	-
Other	112	-	112	1,400
	<u>26,886</u>	<u>276,810</u>	<u>303,696</u>	<u>248,554</u>

4 Raising funds

	Restricted funds	Restricted funds
	2021	2020
	£	£
Fundraising and publicity		
Fundraising (consultancy)	908	9,057
	<u>908</u>	<u>9,057</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

5 Charitable activities

	2021 £	2020 £
Staff costs	113,069	87,958
Youth activities	40,255	78,166
Promotion and publicity	-	6,545
Volunteer/users training/expenses	1,363	6,386
Stationery and printing	759	1,707
	<u>155,446</u>	<u>180,762</u>
Share of support costs (see note 6)	8,233	8,860
Share of governance costs (see note 6)	1,800	1,800
	<u>165,479</u>	<u>191,422</u>
Analysis by fund		
Unrestricted funds	5,716	2,262
Restricted funds	159,763	189,160
	<u>165,479</u>	<u>191,422</u>
For the year ended 31 March 2020		
Unrestricted funds	2,262	
Restricted funds	189,160	
	<u>191,422</u>	

6 Support costs

	Support costs £	Governance costs £	2021 £	Support costs £	Governance costs £	2020 £
Bank charges	80	-	80	79	-	79
Insurance	1,019	-	1,019	687	-	687
Rent	4,498	-	4,498	4,498	-	4,498
Telephone and internet	967	-	967	612	-	612
General office costs	1,669	-	1,669	2,984	-	2,984
Accountancy	-	1,800	1,800	-	1,800	1,800
	<u>8,233</u>	<u>1,800</u>	<u>10,033</u>	<u>8,860</u>	<u>1,800</u>	<u>10,660</u>
Analysed between						
Charitable activities	<u>8,233</u>	<u>1,800</u>	<u>10,033</u>	<u>8,860</u>	<u>1,800</u>	<u>10,660</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	16	14
Employment costs	2021	2020
	£	£
Wages and salaries	110,541	86,935
Social security costs	1,036	110
Other pension costs	1,492	913
	113,069	87,958

There were no employees whose annual remuneration was more than £60,000.

9 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Prepayments and accrued income	-	19,462

10 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	(2,760)	1,575
Other creditors	5,700	-
Accruals and deferred income	51,479	23,117
	54,419	24,692

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

11 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Current assets/ (liabilities)	61,870	193,879	255,749	40,700	77,740	118,440
	<u>61,870</u>	<u>193,879</u>	<u>255,749</u>	<u>40,700</u>	<u>77,740</u>	<u>118,440</u>

12 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties: