

NEWARK YOUTH LONDON LIMITED

England & Wales · Charity number 1112289

Details

Other names NEWARK YOUTH ASSOCIATION LIMITED, NYA

Status Registered

Legal form Charitable company

Company number [05351514](#)

Registered 2005-11-25

Register [View on the Charity Commission register](#)

Contact

Address 416h Sims House
Commercial Road
Tower Hamlets
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Activities

Objects: (A) TO ACT AS A RESOURCE FOR YOUNG PEOPLE LIVING IN THE LONDON BOROUGH OF TOWER HAMLETS AND NEIGHBOURING BOROUGHs BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF: (I) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(II) ADVANCING EDUCATION;(III) RELIEVING UNEMPLOYMENT; AND (IV) PROVIDING RECREATIONAL AND LEISURE-TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THEIR CONDITIONS OF LIFE.

Activities: Newark develops the skills, capacities and capabilities of young people to enable them to participate in society as independent, mature and responsible individuals. To advance education and relieve unemployment. Provides recreational and leisure time activities to improve conditions of life. Also to act as resource and point of contact for young people.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** LONDON BOROUGH OF TOWER HAMLETS, AND NEIGHBOURING BOROUGHES
- Newham
- Tower Hamlets

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£553,782	£477,586	£746,836	29
2024-03-31	£713,716	£528,301	£648,141	34
2023-03-31	£636,775	£502,962	£462,726	24
2022-03-31	£436,625	£363,461	-	-
2021-03-31	£303,696	£166,387	-	-

Trustees

Name	Role	Appointed
EMRUL ISLAM	Chair	
FORIDA HAKIM		2016-12-01
Kabir Miah		2013-09-18
Minara Uddin		2020-01-30
Mohammed Tanvir Kawser		2015-10-10
SHAZZADUR RAHMAN		
Sultan Uddin		2018-01-26
ZIAUR RAHMAN		

NEWARK YOUTH LONDON LIMITED

England & Wales - Charity number 1112289

Accounts



Charity registration number 1112289 (England and Wales)

Company registration number 05351514

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr M T Kawser - Trustee and Secretary Mr E Islam - Trustee and Director Mr S Rahman - Trustee and Director Mr Z Rahman - Trustee and Director Mrs F Hakim - Trustee and Director Mr K Miah - Trustee Mr S Uddin - Trustee and Director Miss M Uddin - Trustee and Director
Secretary	Mr M T Kawser - Trustee and Secretary
Charity number	1112289
Company number	05351514
Registered office	416 H Sims House Commercial Road Tower Hamlets London E1 0LQ
Trading address	Unit S2 Whitechapel Centre 85 Myrdle Street London E1 1HL
Independent examiner	AGP Consulting Q West Great West Road Brentford TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

CHAIRMAN'S STATEMENT

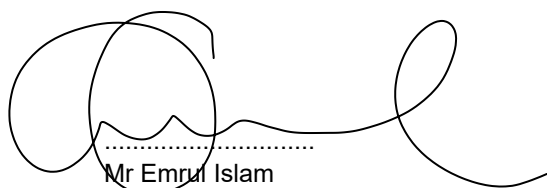
FOR THE YEAR ENDED 31 MARCH 2025

I begin by expressing my heartfelt gratitude to my fellow trustees, staff and volunteers for their unwavering commitment to Newark. Their dedication, hard work, and resilience have been the driving force behind everything we have achieved so far.

We remain steadfast in our mission to deliver the services our community wants, needs, and deserves. However, we face challenging times. Funding opportunities are shrinking at an unprecedented pace, and we are experiencing more unsuccessful bids than at any point in recent memory. In my tenure as Chair, I have never seen the funding landscape so competitive, with decisions often made on the narrowest of margins.

Despite these challenges, I am immensely proud of Newark's continued determination to provide opportunities for young people, to meet role models, connect with mentors, and be inspired to reach their full potential through participation, volunteering, and employment. Today, regardless of age, gender or ability, Newark offers a space for everyone in our community to grow personally, build friendships, and thrive.

Together, we will overcome these obstacles and emerge stronger. I believe in Newark and in the incredible people who work tirelessly to ensure every young person receives the opportunities they deserve.

A handwritten signature in black ink, consisting of a large, stylized 'E' followed by a series of loops and a long horizontal stroke.

Mr Emrul Islam
Chairman

Date: 9 December 2025

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.

(ii) advancing education.

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through sports, leisure, social activities and learning. We provide youth clubs; informal, accredited and formal learning; personal development, leadership & volunteering programmes, employment & training support, sports, outdoor activities, day trips and residential. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with over 1,500 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment and family breakdown). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in social housing estates in Whitechapel, Shadwell, Wapping, Bethnal Green, Mile End, Limehouse and Stepney areas. Young people in Tower Hamlets experience high levels of deprivation, poverty and racism, and are exposed to crime, drugs and anti-social behaviour.

Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area English is not their first language. They may not have experienced a formal education themselves. As the Cost of Living crisis continues, many families find themselves struggling with ongoing high household costs such as energy, food and rent. All of this impacts the young people we seek to support.

During the year we continued extending our services into the neighbouring London Boroughs of Newham and Havering. This is part of our long-term plan to further develop the charity and build our future financial sustainability and resilience. Long-term population trends indicate a decrease in the number of young people in Tower Hamlets as families migrate eastwards in London, searching for better value places to live. Some of the families we support have been making this transition and moving into existing and new residential areas in neighbouring Boroughs. The challenges families and young people face in Tower Hamlets persist and evolve as they move into their new homes.

Newark Youth London continued to rise to the challenge of responding to difficult circumstances and supporting young people to be confident to face the world. The projects delivered during the year provided opportunities for young people to engage in positive activities, develop themselves whilst staying out of trouble, and fulfil their potential in life.

Celebrating 40 years of Newark Youth London

2024 was an incredibly special year as we celebrated 40 years since the creation of Newark Youth London. 200 young people and special guests attended a glittering gala event in November 2024.

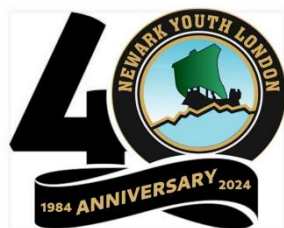
We looked back on four decades and honoured the pioneers who planted the first seeds of Newark. Our founders stood against racism, fascism and poverty, and through their vision created a space for friendship, support and unshakeable unity.

Little did they know they were building a legacy – a foundation that we proudly continue today. From humble beginnings as a loosely run football team, Newark has blossomed into an organisation that embraces and uplifts every young person, no matter their background, faith or financial standing.

Newark has a rich history of strength and perseverance, and today's members, volunteers, supporters and leaders are writing the next chapter of the charity, shaping the next 40 years and beyond. The last forty years embody resilience and growth and most of all, they reflect our unwavering commitment to empowering young people.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025



Football Academy

In Tower Hamlets we delivered weekly football training and managed youth, adult and veteran's football teams during the year for over 200 people. We had youth teams playing in the Tower Hamlets Youth League involving 50 young people. Our adult team played in the Inner London Football League involving 40 young adults and the veterans team played in local tournaments and has grown to around 40 players. Our Sunday Football Academy sessions engaged close to 100 children and young people aged 6-16, and our Tuesday night training session attracted around 50 young people.

Whilst football has always been a core activity for us, this year we had a stronger emphasis on other sports as well such as basketball, boxing, cycling and volleyball.



Football Academy with their new Tops

Youth Clubs

During the year, Tower Hamlets Council contracted us to deliver three youth hubs from Haileybury, Christian Street and Wapping youth centres, engaging over 1,155 young people between 10-19 year-olds (up to age 25 for young people with special educational needs or disability). With something on offer 3 days a week, the clubs provide a safe place for young people to meet, socialise and develop their life skills and experiences in an informal setting. The clubs offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

We overachieved on all our targets for the youth service contract:

KPI's	Combined Yearly Target (3 hubs)	Actual Achieved
Contacts	750	1155
Participants	540	691
Recorded Outcomes	270	454
Accredited Outcomes	90	144

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We also secured other funding to run a youth club at Locksley Community Centre in Limehouse, attracting 50 young people to attend.

We delivered workshops on Substance Misuse, Stop & Search, Violence Against Women and Girls, Hate Crime, Anti-Bullying, CV-Writing, Job Applications & Interview Skills and many more. Young people completed practical cooking sessions and took part in Black History Month. We delivered a host of short, accredited courses such as Level 2 Customer Service, ASDAN Leadership course, ASDAN Volunteering, First Aid at Work, Safeguarding, Food Safety and Introduction to Youth Work. Young people also had the opportunity to participate in trips and excursions including learning to swim and ride a bike.

Holiday Programmes

The school holiday programmes are an extension of our youth clubs and provide an opportunity to engage new children and young people to Newark and to keep them occupied in positive activities during the school holidays, especially the long summer holidays. We secured funding from London Borough of Tower Hamlets HAF programme to run holiday programmes in school holidays in 2024, for young people 6 to 16 years, attracting 70 young people to our Easter Programme and 90 young people to our Summer programme.

As part of our strategic growth into other boroughs, with support from L&Q Housing Association we began delivering school holiday activities at a large new housing development in London Borough of Havering called Beam Park. In November 2024 we took part in a winter fair to meet local parents and young people, learn more about the kinds of activities they would like to see in Havering and how we can support local young people to flourish at a time of significant population change.

We also ran a summer programme in Newham, based in East Ham at the Well Centre and Gooseley Park for young people aged 6 to 18.



Young People at Aqua Park

Young and Active Tower Hamlets & Newham

New funding from GLA Go London fund enabled us to deliver a wide range of sporting activities across Tower Hamlets and Newham:

- Cycling for girls aged 6 to 24, especially for beginners, from Mile End, supported by Tower Hamlets Cycling Club
- Volleyball for boys and girls from John Orwell sports centre, supported by Wapping Wildcats
- Multi-sports for disabled boys and girls 6–16-year-olds, from Stepney Green Park
- Football and multi-sports for 8- to 18-year-olds, from Gooseley Park, Newham

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Work It Hub

This project responds to young people's concerns about their future education and employment prospects. Aimed at disadvantaged young people aged 14 to 25, the programme helps them identify their future career options/pathways; improve their employability skills; help them access apprenticeships, courses or work experience to support them to move into paid employment or further education or training.

We are very grateful to various grant funders, whose support has enabled us to continue to provide this vital and popular service to young people. The project directly supported 53 young people during the year, enabling 4 young people to secure sustainable jobs and a further 4 to secure valuable voluntary work experience placements; and others to achieve accredited qualifications.

Girls in Action

We successfully delivered the Girls in Action (GIA) project for another year. The project aims to provide opportunities for girls and young women to participate in regular youth activities, bringing them together, facilitating their passions and interests and support them to develop their confidence, skills and experiences. The project is co-designed with the girls, who deliver their own social action project based on their needs, learning and interests.

During the year we worked with 3 cohorts, engaging 34 girls into personal development and community social action.

We achieved the following outputs and outcomes:

- 34 girls and young women registered on the project
- 25 attended 5 or more session
- 25 achieved a recorded outcome
- 34 volunteered and delivered the social action projects
- 47 youth club sessions delivered
- 3 community social action project delivered
- 2 accredited leadership courses delivered, 24 girls achieved a certificate
- 2 celebration events held for the girls
- 97% of the girls said they had positive experience from the project



Girls in Action delivering their social action project

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

National Citizens Service (NCS)

Newark participated in the 2nd and final year of the NCS programme. We recruited 48, 16-17 year olds to participate in 12-14 hours in 3 key areas; lifeskills, employability and social action. The project enabled us to work with young people from Tower Hamlets and Newham and provide them with structured opportunities to develop their confidence, life experiences and employability skills.

Turing Project

Through our strategic collaboration with IBD partnership, we supported schools in Tower Hamlets and Newham to apply for the Turing Scheme. The programme fully funds educational visits to Europe and rest of the world. Our young people have very little opportunity to travel and experience the language and culture of other countries. The project represented a great opportunity to empower children to broaden their horizons and gain invaluable life experiences. With our help, 4 schools (Monega - Newham, Mowlem, Marion Richardson and London Enterprise Academy - Tower Hamlets) were successful in taking 164 children to Spain, France, Italy and Bangladesh.

Youth Voice and Leadership

Newark has a long history of supporting young people to step up into youth leadership roles, growing into the future youth leaders and trustees. This year we ran our leadership programme for 10 young people, giving them the opportunity to develop their confidence and skills through volunteering and helping to run our youth projects.

Jack Petchey Achievement Awards

Newark Youth London is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £300 each to spend on their peers and for their youth clubs/football teams. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.



Young People on an Accredited course

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Just Smiles

The project has been engaging local young people and volunteers to support homeless people in London and other parts of the UK for over 8 years. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. Every year we aim to distribute 500 packs and help our partners on their events, delivering food and other items and volunteering in the soup kitchens.

Annual Awards Ceremony

Newark Youth London's 40th Anniversary was celebrated at a glittering gala event, where we were able to honour those who helped the early formation of the charity, our current friends and supporters, and of course, the achievements of our young people. Around 200 people attended the celebration, including the Mayor of Tower Hamlets and together we watched videos, sharing the history of Newark.



Just Smiles project winning Tower Hamlets Voluntary Sector Awards

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

OUR IMPACT

Our focus has been to support young people to overcome the challenges they experience regularly. This has primarily been through:

- Providing an extensive programme of youth club, football and sports activities where young people can spend time in safe spaces and engage in positive activities;
- Delivering programmes aimed at supporting young peoples' confidence, motivation, personal development, lifeskills and experiences
- Delivering 1-2-1 employability skills and training support to help young people to move into education, employment or training
- Providing young people with new and enjoyable experiences that allow them to grow personally and try new things in new environments.

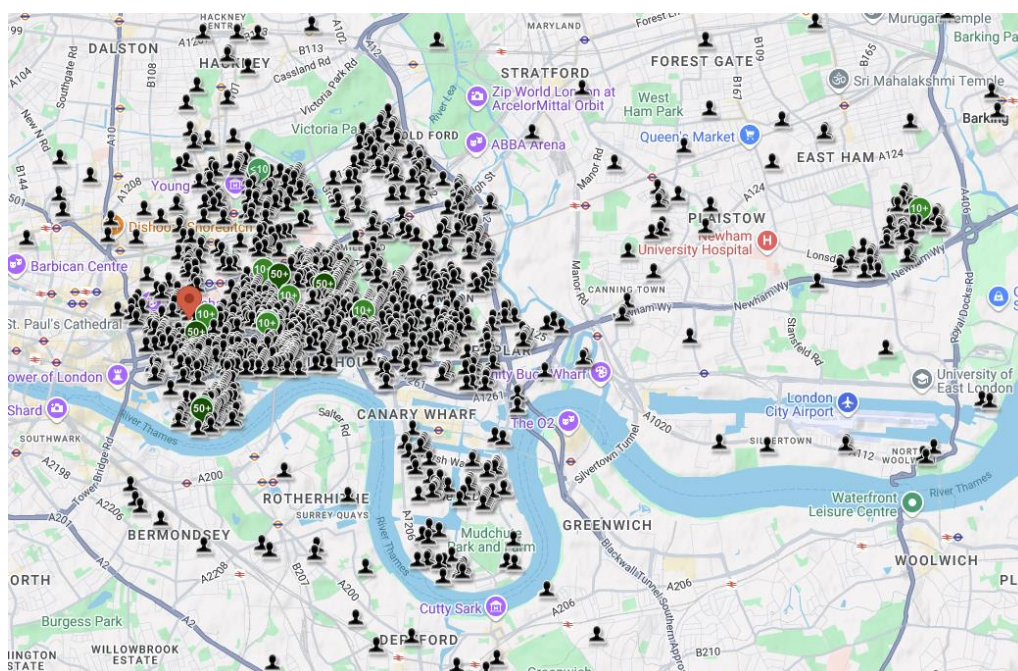
Our impact is measured in terms of our young people being able to develop themselves, create and take advantage of opportunities in life and keep themselves safe.

Serving our community

A map of attendees at Newark activities during the year shows that we have a wide reach across the whole borough of Tower Hamlets and beyond. During the year to 31st March 2025 we recorded in our Upshot database 1,641 individual participants, who attended on over 13,899 occasions. We recorded over 724 sessions delivered during the year ranging from sports to 1-2-1 mentoring. This represents over 41,000 hours of positive contact with young people.

A significant 32% of the young people who attended our sessions during the year live in the lowest ranked 20% of neighbourhoods on the English Indices of Multiple Deprivation, indicating the level of poverty and deprivation and life challenges our young people face. This is an increase from 29% the previous year. Around 12% reported to us that they have a disability, serious allergy, asthma or eczema. As in previous years, 3% told us they were Not in Education, Employment or Training, and 2% told us they had caring responsibilities. Furthermore, 116 young people reported to us upon joining that they did not exercise regularly and 10 young people said they were lonely and isolated.

Although this data does not capture everything we did during the year, it contributes to the overall picture of the scale of our delivery looking at all of our programmes combined, and the number of young people whose lives we impacted across the borough.



NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Football Academy

Our football activities engage children and young people and keep them involved in positive activities and away from anti-social behaviour and crime. It develops their passion for sport and healthy lifestyle and improves their attitude, behaviour, commitment and dedication. They learn to work for success, teamwork, accepting defeats and becoming resilient. The young people improve their confidence, self-esteem, interpersonal skills and develop strong friendship and understanding between each other. It also gives older youths the opportunity to volunteer, gain coaching and leadership awards and develop their employability skills. We use football as a tool to engage young people and later provide advice and support to help them develop their skills and experiences so they can access training and employment opportunities. Football is often the route through which many young people start with their personal journey with Newark, as we then encourage them to take advantage of all the other programmes we have on offer.

Youth clubs

Approximately, 1,155 young people attended one of our youth clubs during the year. The young people get the opportunity to meet and socialise with other young people, which they enjoy. They also get the opportunity to participate in a wide range of workshops and activities which support them to develop individually, gain accredited qualifications, bolster their CV and learn something new in a different setting to school. Our programme aims to support young people to make positive life choices and develop goals and ambitions, develop critical thinking and be resilient to the negative issues they may experience in their lives.



Young people with 'Intro to Youth Work' certificate

Girls Volleyball Team

We were delighted to announce in January 2025 that IBD Partnership agreed to sponsor our Girls Volleyball team. The team is affiliated to Volleyball England and have competed in Regional Tournaments. The sponsorship enabled us to provide the team with high-quality kit, a visible demonstration of our investment in girls' sport. The team trains at John Orwell Sports Centre in Wapping every Thursday. The project is a collaboration with Wapping Wildcats volleyball organisation.

Basketball for Girls

As part of our youth club, we deliver basketball for girls from Mulberry School. In their feedback they told us.

"Newark Youth London has been able to provide excellent training in basketball since the beginning of the year. It has been brilliant to watch the confidence of my students grow with each session. They have been able to cultivate a wonderful safe space for our students to learn new skills, work in a team and get fit. Many of the students become passionate champions of sport and have even created their own lunch time club to practice before their session. I would like to thank everyone from Newark Youth London for this amazing partnership."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Holiday Programmes

Holiday programmes offer young people exciting and fun opportunities to engage in positive activities and stay out of trouble in the school holidays. This year we engaged over 210 young people at our holiday programmes.

As part of our HAF funded holiday programme in Tower Hamlets we provided a hot meal to every child at every session. The service was an important lifeline for families during the school holidays with the cost-of-living crisis. We delivered indoor and outdoor activity sessions, sports, as well as day trips and community celebration days. The young people had the opportunity to try new activities with experienced staff and volunteers on hand to coach and guide them.

Thanks to funding from L&Q housing association we were able to extend our summer provision to the new housing development in Beam Park, London Borough of Havering. As a new development there are no facilities yet for young people. Drawing on our usual resilience and ingenuity, we were able to provide fun, attractive and engaging activities for young people living on the estate. This was really impactful, with one parent commenting how their child had not yet made friends even though they had been living in the area for nearly 2 years.

Young and Active Tower Hamlets & Newham

We ran 4 different sports sessions for young people in Tower Hamlets and Newham, enabling 249 children to actively play sport, through the provision of 160 sessions, with support from some great volunteers.

- 62 girls learned how to cycle for the first time. We received so much interest from mum's wanting to learn we have now secured funding to teach mum's to cycle as well, so the whole family can join in.
- 48 young people learned to play volleyball for the first time, many saying they did not get the opportunity to play the sport elsewhere. We set up 2 volleyball teams to enable the young people to continue with their new skill.
- 37 sports sessions delivered specifically for children with a disability, supporting young people with emotional and behavioural challenges and guiding them to stay safe and healthy.

Work It Hub

Young people remain uncertain about their chances of securing a job, decent income and about their academic record. As a result they continue to experience low motivation and personal confidence. Through Work-it Hub young people are supported to create individual action plans to help them identify their short, medium and long term career goals. They are given advice on options and supported to build their portfolio of skills and qualifications. By giving attention to each individual, we are able to explore their interests and motivations and match them to education, training and employment opportunities.

The funding this year enabled us to provide a programme of short courses targeted at disadvantaged young people aged 14 to 25, aimed at supporting them into education, employment or training. This was in direct response to the priorities identified by the young people, who wanted to have the opportunity to do courses that would help them gain employment or training, provide new skills and help them get into college. This included accreditation in First Aid at work, Customer Service, Food Safety and Safeguarding. For some young people, it was their first opportunity to attain a recognised qualification or award, which gave them stepping stones to build on and progress.

As well as the 1-2-1 support and accredited courses, we delivered four workshops covering CV writing, interview skills, confidence building and made links with a number of external education and training providers. Young people were alerted to job and training opportunities and assisted to make applications. Through our partnership approach, we were able to refer young people to other services and opportunities they could access that would further support their journey. This included Workpath, Job Centre Plus, SIA and CSCS training courses, and volunteering opportunities. We made 8 referrals to Centre Point to support young people with their housing needs.

During the year our highly skilled and experienced Education & Employment Mentor delivered 142 one-to-one support sessions to 53 young people. Young people received personalised support to address everything from personal hygiene, appropriate clothing, interview behaviour and body language as well as developing their CV, practice verbal reasoning and situational judgement, develop model answers, experience mock interviews and prepare the videos that some employers now request.

Four young people secured sustainable employment as a result of the support they received including jobs at Dexters Letting Agent, DVSA Test Centre, Youth Ambassador at an Arts Centre and as a team member at Lovisa.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 young people secured work experience placements at Canary Wharf Group and another 4 young people secured volunteering opportunities.

Girls in Action

During the year we continued with our very successful Girls in Action project, with another 3 cohorts totalling 34 girls participating in this programme this year. All the girls took part in volunteering activities with each cohort delivering a social action project, such as advocacy around genocide in Congo. The participants decided on their project, researched the issues, made posters to raise awareness of the issues and also carried out activities to raise funds for their chosen cause.



Girls in Action presenting to rest of the group

25 girls achieved an accredited qualification during the programme, and 97% reported their positive experience of the project. 100% reported being more confident to be themselves and not feel pressured to be like others; 90% said they have participated in activities they believed would bolster their CV.

One participant said, *"I was made a leader and it helped my confidence as it was a role I didn't know how to uphold but I grew to enjoy it as it made me respectable and I enjoyed the responsibilities."*

National Citizen Service

The NCS programme enabled 16 to 17 year-olds from Tower Hamlets and Newham the opportunity to develop their lifeskills and employability skills through attending regular youth clubs and sports sessions, workshops on budgeting, and accredited courses such as first aid and food safety, and delivering social action project of their choice. They developed their confidence, leadership & communication skills and had practical experiences to boost their CV and personal statement.

Turing Scheme

The Turing project demonstrates our commitment to fostering an environment where both primary and secondary school students can embark on a life changing journey abroad. These experiences not only enrich the students' academic pursuits but also cultivate essential life skills, cultural awareness, and global citizenship.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025



Final meeting before group of young people from London Enterprise Academy visit Valencia, Spain



Young people from London Enterprise Academy in Valencia, Spain, in January 2025

Youth Voice

We support young people to take a lead and shape the organisation based on their ideas, needs and decision making. Through a process of co-production young people inform the design, delivery and evaluation of our services. We take an asset-based approach which starts with the positive resources and skills within young people and channel this to develop their leadership skills.

As well as young people participating in our youth leadership programme, we also run a quarterly Youth Board. The Youth Board decides what programmes they want delivered at Newark Youth London and how programmes and services can be improved. The Youth Board presents to the Trustees giving direct feedback and recommendations.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025



Young leaders being recognised at our 40th Anniversary Gala event

We have learned to be transparent with young people from the outset and listen to what they want to deliver and achieve. We use this to inform the planning of projects in conjunction with them. We have also learned to trust and empower young people to make decisions about how their projects will be delivered. This builds trust and engagement with the young people and also their parents.

Our young people's voices are being heard and they are becoming leaders in the community. They become motivated to continue projects with Newark and volunteer to provide further change in the community. This helps Newark to with the succession of young people interested in being on our Youth Board and progression into sessional staff and trustees for the future



Young people being recognised for their achievements and contribution at Newark's 40th Anniversary Gala event in November 2024

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025



Some of the Founding members of Newark youth London

OUR FINANCIAL PERFORMANCE AND FUTURE PLANS

Newark Youth London's long-standing focus on steady growth and sustainability has provided the charity with a solid foundation and has enabled us to remain strong as we celebrated the 40th anniversary of the creation of Newark in 2024.

This has meant we are relatively secure financially and are working hard to continue our fundraising efforts through a planned and active programme of grant applications. We were excited this year to be able to secure new or additional funding to run programmes during the year including:

- Core funding from BBC Children in Need for 3 years
- Funding from Transport for London to start a Walking and Cycling project
- A new funding relationship with L&Q Housing Association to support the expansion of our youth provision into a new geographical area – Beam Park in Havering
- Tower Hamlets Council renewed our Youth Service contract and is now due to expire in October 2026

At our awayday in October 2024, the trustees reviewed progress against the detailed 3-year plan developed the previous October, agreeing actions to ensure we remain on track to achieve our goals. We continue to seek to strengthen delivery in neighbouring London Boroughs and explore options for an alternative building to act as the hub for Newark youth services once we no longer have access to the Council's youth hubs.

The charity pursues a planned programme of grant/contract applications to build the future income stream of the charity. Our diverse range of services and income sources help provide a core of resilience to support us through forthcoming changes. However, like many other charity and community groups, we are finding it increasingly competitive to succeed in applying for grant funding, and greater effort and time is required to constantly make grant applications in order to try to build a future grant income stream.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Financial review

The results for the year are set out on 15.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Risk Management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The Trustees participated in an away weekend in October 2024 during which we reviewed risks and risk management in detail.

The top three risks identified were:

- Wider economic, environmental, political and health challenges (Local Government, Central Government and Trust funders). Local Authority funding situations continue to be ever more challenging and unpredictable. However, we have a clear programme of income generation developed and continue to seek new funding, building on the success on the breadth of the programmes we deliver. Part of this is building resilience to manage as best when the contract with Tower Hamlets Council comes to an end.
- Number, skill, capacity of staff and volunteers, including retention and diversity. All organisations in all sectors continue to experience challenges in recruiting and retaining skilled staff. Developing young people who attend our programmes as future employees is a key way that we intend to manage this risk. However, this year we focused on additional risks created by changes in HR law, and our dependency on part time managers. We continue to focus on ensuring our people are equipped to take the most effective approaches to safeguarding and health and safety.
- We continue to progress our plans to be ahead of the changing demographics in East London, where numbers of families and young people are reducing in Tower Hamlets but increasing in outer London Boroughs. We are actively pursuing plans to embrace this change and explore delivery in other boroughs where there are insufficient services to support the young people when they move there. We are following our long standing and successful approach at pursuing slow and steady growth, and in summer 2024 began delivering new services in Havering.

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic, and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department, or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the director or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2025*

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary

Mr E Islam - Trustee and Director

Mr S Rahman - Trustee and Director

Mr Z Rahman - Trustee and Director

Mrs F Hakim - Trustee and Director

Mr K Miah - Trustee

Mr S Uddin - Trustee and Director

Miss M Uddin - Trustee and Director

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director
Trustee

Dated: 9 December 2025

NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), BFP, FCA



AGP Consulting

Chartered Accountants

Q West

Great West Road

Brentford

TW8 0GP

Dated: 9 December 2025

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	26,045	511,437	537,482	15,007	682,928	697,935
Investments	4	16,300	-	16,300	15,781	-	15,781
Total income		<u>42,345</u>	<u>511,437</u>	<u>553,782</u>	<u>30,788</u>	<u>682,928</u>	<u>713,716</u>
Expenditure on:							
Raising funds	5	-	4,580	4,580	-	5,271	5,271
Charitable activities	6	-	459,346	459,346	-	516,549	516,549
Other expenditure	11	13,660	-	13,660	6,481	-	6,481
Total expenditure		<u>13,660</u>	<u>463,926</u>	<u>477,586</u>	<u>6,481</u>	<u>521,820</u>	<u>528,301</u>
Net gains/(losses) on investments	12	<u>22,499</u>	<u>-</u>	<u>22,499</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net income and movement in funds		51,184	47,511	98,695	24,307	161,108	185,415
Reconciliation of funds:							
Fund balances at 1 April 2024		<u>115,545</u>	<u>532,596</u>	<u>648,141</u>	<u>91,238</u>	<u>371,488</u>	<u>462,726</u>
Fund balances at 31 March 2025		<u>166,729</u>	<u>580,107</u>	<u>746,836</u>	<u>115,545</u>	<u>532,596</u>	<u>648,141</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	14		737		1,042
Investment property	15		178,461		178,461
			<u>179,198</u>		<u>179,503</u>
Current assets					
Debtors	16	2,620		545	
Cash at bank and in hand		569,120		498,726	
		<u>571,740</u>		<u>499,271</u>	
Creditors: amounts falling due within one year	17	(4,102)		(30,633)	
		<u></u>		<u></u>	
Net current assets			567,638		468,638
Total assets less current liabilities			<u>746,836</u>		<u>648,141</u>
The funds of the charity					
Restricted income funds	19		580,107		532,596
Unrestricted funds	20		166,729		115,545
			<u>746,836</u>		<u>648,141</u>

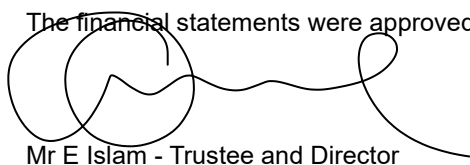
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 9 December 2025



Mr E Islam - Trustee and Director
Trustee

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% Straight line
-----------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2025 £	2025 £	2025 £	2024 £
Donations and gifts	26,045	511,437	537,482	697,935
For the year ended 31 March 2024	15,007	682,928		697,935

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies

(Continued)

Donations and gifts

LBTH Youth Services Contract	-	284,413	284,413	296,344
BBC Children in Need	-	15,000	15,000	44,814
London Community Foundation	-	-	-	49,912
Frank Haines Memorial Trust	-	7,800	7,800	9,000
National Lottery Awards For All	-	20,000	20,000	10,000
LBTH Local Community Fund	-	-	-	28,172
LBTH Mayors Community Grants	-	20,000	20,000	8,333
LBTH Holiday Activities Fund	-	29,380	29,380	36,379
LBTH Sports Development Team	-	-	-	4,200
LBTH International Women's Week	-	4,495	4,495	4,495
LBTH Small Grants	-	-	-	9,798
GLA Young Londoners' Fund	-	-	-	5,775
GLA Empower Her Fund	-	25,000	25,000	-
GLA Go London	-	16,150	16,150	-
London Youth NCS	-	8,690	8,690	9,120
London Youth HeadStart Action	-	7,143	7,143	78,571
London Youth CVC Employability project	-	4,000	4,000	-
Tower Hamlets Homes	-	33,863	33,863	52,433
Jack Petchey Foundation	-	3,700	3,700	2,700
Canary Wharf Group	-	8,000	8,000	10,000
Charles S French Charitable Trust	-	5,000	5,000	-
Groundwork London	-	4,288	4,288	-
Hiscox Foundation	-	10,000	10,000	-
L&Q	-	4,515	4,515	-
East End Community Foundation	-	-	-	4,000
Woodroffe Benton Foundation	-	-	-	5,000
Salters Charitable Foundation	-	-	-	5,000
City Bridge Trust	-	-	-	8,883
Just Smiles	4,597	-	4,597	4,597
EMD UK Together Fund	699	-	699	1,574
Memberships and Subscriptions	11,748	-	11,748	4,679
Better Bethnal Green	6,500	-	6,500	-
Spotted Foundation	2,000	-	2,000	-
Sponsorship	500	-	500	-
Charities Trust	-	-	-	3,000
Faith Action (Lifeline)	-	-	-	450
Other	-	-	-	2,616
	<u>26,045</u>	<u>511,437</u>	<u>537,482</u>	<u>697,935</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Rental income	16,300	15,781

5 Raising funds

	Restricted funds 2025 £	Restricted funds 2024 £
<u>Fundraising and publicity</u>		
Fundraising (consultancy)	4,580	5,271
	4,580	5,271

6 Charitable activities

	2025 £	2024 £
Staff costs	243,062	311,749
Youth activities	150,838	165,572
Promotion and publicity	39,104	8,859
Volunteer/users training/expenses	10,074	5,770
Stationery and printing	278	767
	443,356	492,717
Share of support costs (see note 7)	11,966	13,152
Share of governance costs (see note 7)	4,024	10,680
	459,346	516,549

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Support costs allocated to activities

	Youth activities 2025 £	Total 2024 £
Depreciation	305	178
Bank charges	94	83
Insurance	1,900	2,262
Rent	7,474	7,222
Telephone and internet	893	1,220
General office costs	1,300	2,187
Governance	4,024	10,680
	<u>15,990</u>	<u>23,832</u>

	2025 £	2024 £
Governance costs comprise:		
Accountancy	3,000	2,730
Legal and professional	1,024	7,950
	<u>4,024</u>	<u>10,680</u>

8 Net movement in funds	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	-	-
Depreciation of owned tangible fixed assets	305	178
	<u>305</u>	<u>178</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
<u>29</u>	<u>34</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

10 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	232,192	296,167
Social security costs	8,235	12,051
Other pension costs	2,635	3,531
	<u>243,062</u>	<u>311,749</u>

There were no employees whose annual remuneration was more than £60,000.

11 Other expenditure

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Expenses relating to investment property	<u>13,660</u>	<u>6,481</u>

12 Gains and losses on investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Gains/(losses) arising on:		
Sale of investments	<u>22,499</u>	<u>-</u>

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

14 Tangible fixed assets

	Computers £
Cost	
At 1 April 2024	1,220
At 31 March 2025	1,220
Depreciation and impairment	
At 1 April 2024	178
Depreciation charged in the year	305
At 31 March 2025	483
Carrying amount	
At 31 March 2025	737
At 31 March 2024	1,042

15 Investment property

	2025 £
Fair value	
At 1 April 2024 and 31 March 2025	178,461

Investment property comprises two properties. The fair value of the investment properties has been arrived at on the basis of acquisition cost in October 2022 and a survey was carried out during the acquisition by valuers, who are not connected with the charity. The valuation was made on an open market value basis by reference to market evidence of transaction prices for similar properties. It is considered that the value has not significantly changed from the date of acquisition date till the year end.

16 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Other debtors	2,620	545

17 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	2,564	5,033
Other creditors	1,538	600
Accruals and deferred income	-	25,000
	4,102	30,633

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

18 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	2,635	3,531

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
	532,596	511,437	(463,926)	580,107
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
	371,488	682,928	(521,820)	532,596

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Gains and losses £	At 31 March 2025 £
General funds	115,545	42,345	(13,660)	22,499	166,729
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Gains and losses £	At 31 March 2024 £
General funds	91,238	30,788	(6,481)	-	115,545

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

21 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	737	-	737
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(12,469)	580,107	567,638
	<u>166,729</u>	<u>580,107</u>	<u>746,836</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	1,042	-	1,042
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(63,958)	532,596	468,638
	<u>115,545</u>	<u>532,596</u>	<u>648,141</u>

NEWARK YOUTH LONDON LIMITED

England & Wales - Charity number 1112289

Accounts



Charity registration number 1112289

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr M T Kawser - Trustee and Secretary
Mr E Islam - Trustee and Director
Mr S Rahman - Trustee and Director
Mr Z Rahman - Trustee and Director
Mrs F Hakim - Trustee and Director
Mr K Miah - Trustee
Mr S Uddin - Trustee and Director
Miss M Uddin - Trustee and Director

Secretary

Mr M T Kawser - Trustee and Secretary

Charity number

1112289

Company number

05351514

Registered office

416 H Sims House
Commercial Road
Tower Hamlets
London
E1 0LQ

Trading address

Unit S2
Whitechapel Centre
85 Myrdle Street
London E1 1HL

Independent examiner

AGP Consulting
Q West
Great West Road
Brentford
TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2024

I thank everyone who has played a part in supporting Newark to continue to be an inclusive, progressive and dynamic organisation supporting young people and adults through our varied and exciting opportunities and activities.

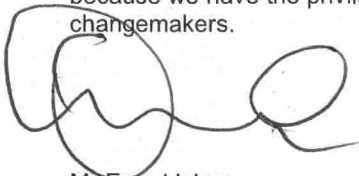
It is with great sadness that we marked the passing of our founder Ubedun Nur Choudhury in 2022, known affectionately by everyone as "Boss bhai". Boss started Newark in 1984 as a football team in a car park in Newark Street, E1. He laid the foundation of not only the focus on developing young people but established our culture and values that informs our work to this day.

Today, no matter the age, gender or ability, Newark provides opportunities for everyone in the community to participate, grow personally and build friendships. We pride ourselves in creating opportunities for young people to meet role models, mentors and inspire them to fulfil their full potential through participation, volunteering and employment. We see a bright future with our Young Leaders through which we are attracting some of the brightest talents who are learning and developing confidence and the skills to achieve.

I would like to pay special thanks to our trustees and volunteers who form our Management Committee. These remarkable individuals have dedicated countless hours, weekends, and evenings to ensure Newark operates with excellence, resilience and foresight, helping it evolve to meet new challenges and opportunities. Their tireless commitment, often unseen, unrewarded and unrecognised is the reason Newark has not only survived but flourished. We were all delighted to see Minara Uddin awarded the Tower Hamlets council civic award for Outstanding Service to the Community, in recognition of all the work she does for both Newark and the community more generally, especially women and girls facing violence and domestic abuse.

The dedication of our trustees, staff, volunteers and supporters means that Newark is in a strong and resilient position as we look to celebrate our 40th birthday in 2024.

Newark Youth London is an organisation of fighters, dreamers and above all, doers. We face the future with hope because we have the privilege of being able to support and encourage the next generation of leaders, thinkers, and changemakers.



Mr Emrul Islam
Chairman

Date: 23 December 2024

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.

(ii) advancing education.

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through programmes of sports & leisure activities, youth clubs, employment & training support, social action projects, informal & formal learning, leadership and volunteering and outdoor activities/experiences. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with over 2,000 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment, and family breakdown). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in social housing estates in Whitechapel, Shadwell, Wapping, Bethnal Green and Stepney areas. Young people in Tower Hamlets experience high levels of deprivation, poverty and racism, and are exposed to crime, drugs and anti-social behaviour.

Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area, English is not their first language. They may not have experienced a formal education themselves. As the Cost-of-Living crisis continues, many families find themselves struggling with rapidly rising household costs such as energy, food and rent.

The challenges faced by families and young people in Tower Hamlets can also be found in other areas of London. During the course of the year, we developed and delivered services in other London Boroughs including Newham, Barking and Dagenham and Redbridge. This is part of our long-term plan to further develop the charity and build our future financial sustainability and resilience.

Newark Youth London continued to rise to the challenge of responding to difficult circumstances and supporting young people to be confident to face the world. The projects delivered during the year provided opportunities for young people to engage in positive activities, develop themselves whilst staying out of trouble, and fulfil their potential in life.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Football Academy

In Tower Hamlets we delivered weekly football training and managed youth, adult and veteran's football teams during the year for over 200 people. We had two youth teams playing in the Hackney Youth League involving 40 young people. Our adult team played in the Community Football League involving 40 young adults and the veterans team played in local tournaments and had around 25 players. Our Sunday Football Academy sessions engaged close to 100 children and young people aged 6-16, and our Tuesday night training session attracted around 50 young people.

Youth Clubs

During the year, Tower Hamlets Council contracted us to provide three youth club hubs at Haileybury, Christian Street and Wapping, engaging over 1,236 young people between 11-19 years old, in 549 sessions. With something on offer every day of the week, the clubs provide a safe place for young people to meet, socialise and develop their life skills and experiences in an informal setting. The clubs offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

We overachieved on all our targets for the youth service contract:

KPI's	Combined Yearly Target (3 hubs)	Actual Achieved
Contacts	750	816
Participants	540	600
Recorded Outcomes	270	451
Accredited Outcomes	90	101

We delivered workshops on Substance Misuse, Stop & Search, Violence Against Women and Girls, Hate Crime, Healthy & Unhealthy Relationships, Mental Health, CV-Writing, Job Applications & Interview Skills and many more. Young people completed practical cooking sessions and took part in International Women's Week and Black History Month. We delivered a host of short, accredited courses such as Duke of Edinburgh Bronze Award, Level 2 Customer Service, ASDAN Leadership course, First Aid at Work, Safeguarding and other courses. Young people also had the opportunity to participate in trips and excursions.



Hate Crime workshop at Christian Street Youth Club

Estate Based Outreach Programme

Aligned to our youth club offering, we continued to deliver outreach sessions across several social housing estates in Tower Hamlets. This project started in 2022 and is funded by Tower Hamlets Homes (THH). We delivered 9 hours of outreach sessions per week in Stepney area and 6 hours of outreach sessions in Shadwell and Wapping area, working with hard-to-reach young people. The aim is to engage and support them to access mainstream services and move away from anti-social behaviour and drugs/alcohol abuse. Through a continuous presence building trust and engagement, we encouraged 159 young people to engage with our service for the first time during the year.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Holiday Programmes

The school holiday programmes are an extension of our youth clubs and provide an opportunity to engage new children and young people to Newark and to keep them occupied in positive activities during the school holidays, especially the long summer holidays. We secured HAF funding from London Borough of Tower Hamlets to run holiday programmes in the Easter and Summer school holidays in 2023, for young people aged 6 to 16 years. This years' activities were focused on Locksley Community Centre and Cyprus Street Community Centre.



Young people enjoy a huge craft project at our school holiday programme

Girls in Action

The project aims to provide opportunities for girls and young women to participate in regular youth activities, bringing them together, facilitating their passions and interests and support them to develop their confidence, skills and experiences. The project is co-designed with the girls, who deliver their own social action project based on their needs, learning and interests. The project was funded for 3 years and ended in October 2023. During the final year we engaged 36 girls, and they chose to deliver social action projects focused on the Cost-of-Living crisis and a programme to engage women and girls in sports.

Work It Hub

This project responds to young people's concerns about their future education and employment prospects. Aimed at disadvantaged young people aged 14 to 25, the programme helps them identify their future career options/pathways; improve their employability skills; help them access apprenticeships, training courses or work experience and support them to move into paid employment or start their own business.

We are very grateful to London Community Foundation, Woodroffe Benton Foundation and Salters Charitable Foundation, whose support has enabled us to continue to provide this vital and popular service to young people. The project directly supported 56 young people during the year, supporting 8 to secure sustainable jobs and a further 9 to secure valuable voluntary work experience placements.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Back to Nature

Responding to feedback from young people who wanted to connect with nature and open spaces, we secured funding from City Bridge Trust to develop our Back to Nature 1-year programme starting in October 2022. The programme was a great success in enabling 66 young people to have a host of learning experiences, develop their leadership skills and interests and make new friends whilst doing something positive for the environment. We also learned a lot as an organisation and were pleased with all the new partnerships we built with local environmental with local environmental and outdoor organisations.



**Let's Clean Up
Tower Hamlets!**

**Come along and join Newark Youth
together with Moo Canoes for a day
of canoeing, kayaking, and social
action. 25 spaces left! Sign up by 4
August using the information below.
Lunch will be provided.**

**Poplar Union
10am - 11:30am
11th August**



07553 715 138 | diona.berisha@newark.org.uk | www.newark.org.uk
Back to Nature Call to Action Event

BBC Children in Need Youth Social Action Project

We began this project in February 2023, giving young people from disadvantaged backgrounds the opportunity to participate in social action projects of their choice, to change and improve their local community. During the year two cohorts participated in the programme, engaging 40 young people mostly aged 16 to 19 years old, 35 of whom took up the opportunity to experience leadership roles. Through weekly meetings the cohorts developed and planned their own projects, undertook accredited first aid training, and delivered their social action projects benefitting the local community.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

HeadStart Action

Our new programme started in January 2023, funded by the Greater London Authority, administered by London Youth and supported by Family Action. The project offered young people in Tower Hamlets and Newham the opportunity to participate in social action projects of their choice and receive employment mentoring to help them progress into education and employment. 91 young people participated in the project and received employment mentoring support.



Summer HeadStart Action Project

- 14-18 years old?
- Live in Newham?
- Need support and help?
- Want to improve your social and employability skills?

Join our summer HeadStart project for a boost in confidence, communication, and employability skills. Gain valuable work experience and job opportunities. We'll help you create a CV, improve interview techniques, and connect with you real employers offering live jobs.

Through HeadStart you can

- ✓ Have fun & discover your passion
- ✓ Meet other extraordinary young people
- ✓ Get support to kickstart your career
- ✓ Plan, organise and deliver a community social action project of your choice

25 JULY TO 24 AUGUST (2PM - 5PM)

**JACK CORNWELL COMMUNITY CENTRE
JACK CORNWELL ST
LONDON E12 5NN**

**FREE TRIPS/GIFT VOUCHERS
FOR ALL THOSE WHO
COMPLETE THE PROJECT**

For more information email
Fehin.akanwa@newark.org.uk
info@newark.org.uk
or call 07770 489663

Homework Club

Something that young people always ask us for is support with homework and exams. We were delighted to receive funding from Canary Wharf Group to meet the wishes of our young people and set up a Homework Club in September 2023. The funding enabled us to support 50 young people by providing weekly sessions with experienced teachers in Maths and English. The young people were supported with both their regular homework and revision for their GCSEs.

Youth Voice and Leadership

Newark has a long history of supporting young people to step up into youth leadership roles, growing to become future youth leaders and trustees. This year we ran our leadership programme for 18 young people, giving them the opportunity to develop their confidence and skills through volunteering and helping to run our youth projects.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



Jack Petchey Achievement Awards

Newark Youth London is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £300 each to spend on their peers and for their youth club/football team. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.



Recent Jack Petchey Achievement Award Winners Nabilah, Hana and Qayas

Nabilah helped to set up and lead a group called 'Girls for Change' who wanted to transform the way girls are perceived. They successfully raised money for the earthquake in Turkey and Syria.

Hana's motivation and encouragement, as well as her willingness to push herself, had a positive impact on our BBC Children in Need social action project. Qayas is creative, thinks outside the box and inspires others with his positive approach to self-reflection.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Annual Awards Ceremony

We delivered our annual awards ceremony for 400 children and their parents in November 2023. This allowed us to celebrate and recognise the achievements of the children, young people and volunteers, and to encourage others to do the same in the future. Next year (2024) we will celebrate Newark Youth London's 40th anniversary.



Young People with Elizabeth Haines at the Newark Annual Awards Ceremony

Just Smiles (homeless project)

The project has been engaging local young people and volunteers to fundraise and put together winter packs for homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. Every year we distribute around 500 winter packs and help our partners on their events, serving food and other items.

Quality Marks

- Newark achieved the London Youth Bronze Quality Mark in 2023, which is validated for 3 years.
- We retained the Matrix quality standard and the annual England Football accreditation.

Partnership working

We work in partnership with many local organisations and schools, to ensure we provide young people with the richest experience possible. Working in partnership is vital to ensuring we remain embedded in the local communities we serve and enables us to harness and access the best resources for young people to benefit from.

Quote from our partner Raja Ali, CEO of IBD Partnership group with whom we are working to develop our participation in the Turing scheme:

"Our partnership with Newark has been a source of great pride and purpose. Together we share a commitment to empowering young people and driving meaningful change in their lives. By working hand in hand, we have been able to invest in initiatives that not only inspire but also create lasting opportunities for the next generation."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Quote from our partner Mulberry School:

"Newark Youth London has been able to provide excellent training with Volleyball/Basketball since the beginning of the academic year. It has been brilliant to watch the confidence of my students grow with each session. NYL have been able to cultivate a wonderful productive safe space for our students to learn a new skill, work in a team and get fit. Many of the students that attend volunteering, have become passionate champions of the sports and have even created their own lunch time club to practice before their session. I would like to thank everyone from Newark Youth London for this amazing partnership."



Young people, staff, volunteers and trustees at the Awards Ceremony



Special Recognition winners at the Awards Ceremony

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

OUR IMPACT

Our focus has been to support young people to overcome the challenges they have experienced. This has primarily been through:

- Providing an extensive programme of youth club, football and sports activities where young people can spend time in a safe place and engage in positive activities.
- Delivering programmes aimed at supporting young peoples' personal development, including those at risk of dropping out of school, college or work.
- Delivering employability skills to support young people to move into training and employment.
- Providing young people with new and enjoyable experiences that allow them to develop personally and try new things in new environments.

Our impact is measured in terms of our young people being able to develop themselves, create and take advantage of opportunities in life and keep themselves safe.

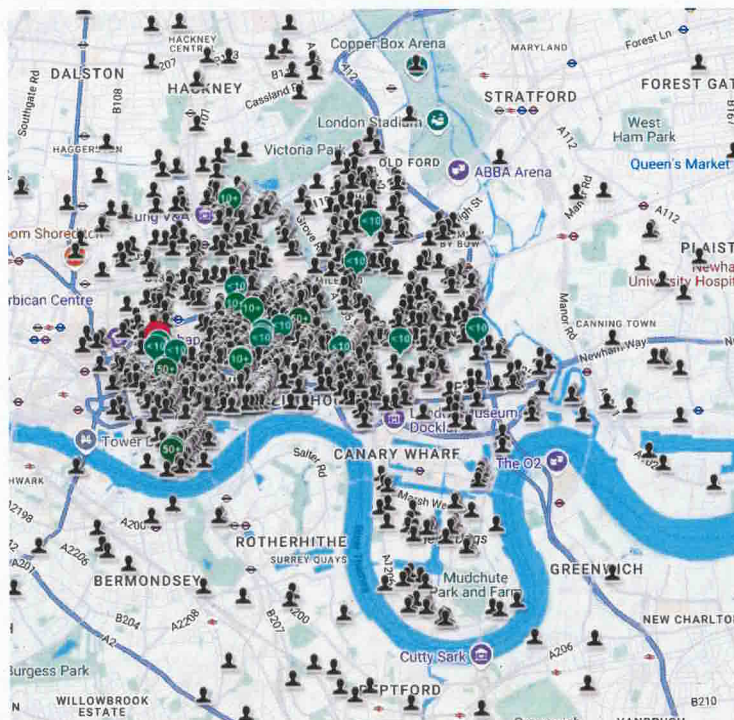
Quote from young person attending our youth clubs:

"I like coming to Newark because it gives me the time, space, and necessary resources to build the character and skills within me as a person. It has also given me the chance to hang out with my friends in a relaxed caring environment and has given me the opportunities such tuition and the creation of my CV which will really help me build my future and career I aspire to pursue."

Serving our community

A map of attendees at Newark activities during the year shows that we have a wide reach across the whole borough of Tower Hamlets and beyond. During the year to 31st March 2024 we recorded in our Upshot database 1,565 individual participants, who attended 11,397 occasions. We recorded over 690 sessions delivered during the year ranging from sports, youth club to 1-2-1 mentoring.

A significant 29% of the young people who attended our sessions during the year live in the lowest ranked 20% of neighbourhoods on the English Indices of Multiple Deprivation, indicating the level of poverty and deprivation and life challenges our young people face. 2.6% reported to us that they have a disability, 3.3% told us they were Not in Education, Employment or Training, and 1.9% told us they had caring responsibilities.



Although this data does not capture everything we did during the year, it contributes to the overall picture of the scale of our delivery looking at all of our programmes combined, and the number of young people whose lives we impact across the borough.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Football Academy

Our football activities engage children and young people and keep them involved in positive activities and away from anti-social behaviour and crime. It develops their passion for sport and healthy lifestyle and improves their attitude, behaviour, commitment and dedication. They learn to work for success, teamwork, accepting defeats and becoming resilient. The young people improve their confidence, self-esteem, interpersonal skills and develop strong friendship and understanding between each other. It also gives older youths the opportunity to volunteer, gain coaching and leadership awards and develop their employability skills. We use football as a tool to engage young people and later provide advice and support to help them develop their skills and experiences so they can access training and employment opportunities. Football is often the route through which many young people start with their personal journey with Newark, as we then encourage them to take advantage of all the other programmes we have on offer.



Youth Club excursion to Stubbers outdoor centre

Youth clubs

1,236 young people attended one of our youth clubs during the year. The young people get the opportunity to meet and socialise with other young people, which they love. But they also get the chance to participate in a wide range of workshops and activities which support them to develop individually, gain accredited qualifications, bolster their CV and learn something new in a different setting to school. Our programme aims to support young people to make positive life choices and develop goals and ambitions, develop critical thinking and be resilient to the negative issues they may experience in their lives.

Quote from young person attending our youth clubs:

"Newark has been an amazing experience over the past two years. From the beginning I have gained an understanding of what youth work is and how youth centres are not just places to use but also a way to give back to the community. Newark has helped me become confident in approaching new tasks whilst developing my communication skills with others. The staff have been really caring and supportive, always there showing me the practical sides of youth work."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Case Study, 15-year-old, Male

This young person joined Newark in 2021, seeking to do something positive during the pandemic and started participating in our youth activities in Shandy Park. Now 15, and a regular member of our youth club, this young person has participated in many workshops ranging from Hate Crime awareness, Healthy Eating & Lifestyle, Stop & Search and more. They have also acquired formal qualifications in Basketball coaching, First Aid, Level 2 Customer Service and ASDAN Volunteering. This has led to the young person taking on a volunteer leadership role at our summer programme, thinking about how to deliver the events safely and successfully. He has learned about punctuality, to be patient with other young people and still having fun. He quickly became a role model for other young people through his can-do attitude and good behaviour. Going on a residential trip provided this young person with an opportunity to be away from home for the first time, learn some independence and resilience and address their fear of heights. Over the last couple of years this young person has grown so much as a person, gaining significant life experiences.



Young people at a mental health resilience workshop

NEWARK YOUTH LONDON
EST 1984

WOMEN AND GIRLS
SPORTS & WELLBEING WEEK

International Women's Day
TOWER HAMLETS

INTERNATIONAL WOMEN'S DAY Sat 02 March
Celebrate International Women's Day with a variety of indoor fun-filled games and competitions, wellbeing and pampering sessions, information and advice, raffles prizes and light refreshments.
Location: Locksley Community Centre, Dora Street, London E14 7TP.
Time: 1:30-5:30pm. Age - 14+

CYCLING FOR BEGINNERS & RIDERS Mon 04 March
Location: TH Cycling Club, Mile End Stadium, Rhodeswell Road, E14 7TW
Time: 10am Beginners & 11am Riders. Age 11+

CYCLING FOR BEGINNERS & RIDERS Tues 05 March
Location: TH Cycling Club, Mile End Stadium, Rhodeswell Road, E14 7TW
Time: 10am Beginners & 11am Riders. Age - 11+

YOGA FOR WOMEN & GIRLS Wed 06 March
Location: Redcoat Community Centre, 256 Stepney Way, E1 3DW
Time: 10am-12pm. Age - 14+

GIRLS SPORTS SESSIONS Wed 06 March
Girls taster sports sessions (football, basketball, boxing) with medals for all those participating.
Location: Halleybury Youth Centre, Ben Jonson Road, E1 3FQ.
Time: 3-6pm. Age - 11-19

To register please call Mina 07904 198 590 / 07852 180521 or email Minara.uddin@newark.org.uk / info@newark.org.uk

NEWARK YOUTH LONDON
EST 1984

WOMEN AND GIRLS
SPORTS & WELLBEING WEEK

International Women's Day
TOWER HAMLETS

02-06 March 2024

Activities restricted to Tower Hamlets residents only! Limited spaces!

FREE Activities Include:

- CYCLING
- BASKETBALL
- BOXING
- FOOTBALL
- YOGA
- FUN GAMES & COMPETITIONS
- WELLBEING AND PAMPERING SESSIONS
- LIGHT REFRESHMENT & RAFFLE PRIZES

To register please call Mina 07904 198 590 / 07852 180521 or email Minara.uddin@newark.org.uk / info@newark.org.uk / Charity No: 1112289

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Estate Based Outreach Programme

Our outreach project funded by Tower Hamlets Homes saw us regularly spend time each week on the streets in some of the largest social housing estates in Tower Hamlets. We were able to engage 159 new young people during the year and introduce them to the wide range of support and activities on offer not only at Newark but also in the wider community.

Young people were attracted in through sports and activities as well as organising attendance at various events and festivals. Over 34 young people were encouraged and supported to complete an accredited course such as First Aid or Customer Service. Young people were encouraged to take up the programmes offered at our youth clubs and holiday programmes, and those with specific needs were supported to access specialist services, such as our Work It Hub. This is a vital service aiming to catch young people who may otherwise fall between the gaps in services.

Holiday Programmes

The holiday programmes offer young people exciting and fun opportunities to engage in positive activities and to stay out of trouble in the school holidays. During the year we engaged 75 young people (two times) at our holiday programmes run from two different community centres in Easter and Summer. The programme provided a hot meal at every session, a vital lifeline for families suffering from the cost-of-living crisis, especially during the long school holidays when some children go hungry as the family cannot provide even one hot meal a day. We delivered indoor and outdoor sports and activities, as well as day trips and community celebration days. The young people get to try new activities with experienced staff and volunteers on hand to coach and guide them.

Parents really appreciate the care and support staff provide. They like how their children are engaged and entertained during the school holidays in a safe environment, which also provides stimulating activities. Feedback from parents:

"Thank you, Newark, with all the help you have given my kids over the holidays & ongoing activities, programmes, courses, trainings, especially youth club which they love."

"Thank you so much to you and your lovely team for hosting all the different sessions. From what I hear and see - It's really fun, interesting and informative. It's also a peace of mind when the kids join in as I know it's a safe environment."

"[My son] has additional medical needs, so as a parent I am very pleased with the way the staff catered to his needs. He is safe and well looked after."



Boys residential trip to Kingswood

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Residential trips

To support the young people's learning and development we took a boys group and a girl's group on a 4-day residential trip to Kingswood outdoor activity centre in Kent. They participated in individual and team challenges, and this improved their confidence, motivation and life skills. For some it was the first time staying away from their families and they had to be independent and make decisions for themselves, as well as being resilient in doing outdoor activities in the cold environment. The young people gained new experiences and learned about themselves, including overcoming fear of heights, and teamwork to complete obstacle challenges.



Girls Residential to Kingswood

Girls in Action

During the final year we engaged 36 girls, and they chose to deliver social action projects focused on the Cost-of-Living crisis and a programme to engage women and girls in sports. The girls participating in the programme spend time getting to know each other and build relationships through initially participating in recreational activities such as table tennis, basketball and pool. They are then supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme.

Cohort 1 focused on the cost-of-living crisis, as they identified that families are finding it difficult and young people are directly impacted by it. They organised two foodbank days, one on the Isle of Dogs in partnership with Docklands Community Initiative and Just Smiles and the other in Stepney in partnership with Redcoat Community Centre and Just Smiles. They identified the venues, promoted, and involved in packing and preparation and distribution of food packs on the day.

Cohort 2 organised a series of sports activities for girls and women during the summer months. They consulted other young people to find out how local services can meet their needs. 12 sports sessions were set up including cycling, football, multi sports and trips. The participants promoted the project, supported sessional workers, and organised the sessions, etc.

In February 2024, the group took part in an outreach walk with our Just Smiles project supporting people experiencing homelessness. The girls created and handed out essential packs including food, personal items and sleeping bags. Supported by the staff, the girls were able to talk to some of the people living on the street in Tower Hamlets and hear their stories.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The programme significantly supports girls to grow their confidence in their own abilities, leadership skills and decision making. Pre and Post Participant Surveys revealed the impact of the programme on the young people's confidence to meet new people, willingness to participate in community activities, and more confidence in being able to cope in new settings and experiences. 11 girls achieved Level 2 ASDAN Leadership qualification and others applied for the Youth Mayor programme or volunteered with other organisations as a result of their boost in confidence.



Girls in Action on an excursion to the Escape Room

Work It Hub

Young people remain uncertain about their chances of securing a job and a decent income, have doubt about their academic record and continue to experience low motivation and personal confidence. Through the Work-it-Hub young people are supported to create individual action plans to help them identify their short, medium and long term career goals. They are given advice on options and supported to build their portfolio of skills and qualifications. By giving attention to each individual, we are able to explore their interests and motivations and match them to education, training and employment opportunities of their choice.

The funding this year enabled us to provide a programme of 10 short courses targeted at disadvantaged young people aged 16 to 25, aimed at supporting them into education, employment or training. This was in direct response to the priorities identified by the young people, who wanted to have the opportunity to do courses that would help them gain employment or training, provide new skills and help them get into college. For some young people, it was their first opportunity to attain a recognised qualification or award, which gave them the stepping stones to build on and progress.

As well as the 1-2-1 support and accredited courses, we delivered four workshops covering CV writing, interview skills, confidence building and made links with a number of external education and training providers. Young people were alerted to job and training opportunities and assisted to make applications. Through our partnership approach, we were able to refer young people to other services and opportunities they could access that would further support their journey. This included Workpath, Job Centre Plus, SIA and CSCS training courses, volunteering opportunities, and 10 young people were referred to Centre Point for housing support. Our strong links also enabled us to support a partially-sighted young person to access a job board designed for disabled people.

During the year our highly skilled and experienced Employment Support Officer delivered 142 one-to-one sessions and provided direct support to 56 young people in total. Young people received personalised support to address everything from personal hygiene, appropriate clothing, interview behaviour and body language as well as developing their CV, practice verbal reasoning and situational judgement, develop model answers, experience mock interviews and prepare the videos that some employers now request.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The programme also included a career fair attended by 58 young people and 16 local employers and education institutions including: Barclays, Price Waterhouse Coopers, NHS, Princes Trust, London Metropolitan Police, North Eastern University, Canary Wharf Group, West Ham Utd, Rich Mix and Capital City College. Young people also visited British Land (Broadgate) in the city and Barclays head office at Canary Wharf.



Young people on a visit to Broadgate Tower in Liverpool Street

Eight young people secured sustainable employment as a result of the support they received including jobs at Moss Bros, Waitrose, JD Sport, Halfords, Eon, and a public health degree apprentice with London Borough of Redbridge. 9 young people also secured voluntary work experience placements. For Newark as an organisation, this programme provides us with a valuable route to recruit and train young people to initially volunteer and then became paid, qualified youth workers.

Case study 1

A 19-year-old came to Work It Hub having dropped out of university and then being sacked from their job. We worked extensively with the young person through twelve 1-2-1 sessions, creating a fresh CV, teaching how to job search and apply for opportunities. We completed a deep dive into the career/education/training ambitions of the young person which led to apprenticeship being identified as the preferred route. With our support, the young person began applying for opportunities and reached the 2nd stage of recruitment with Canary Wharf Group and with Amazon. We supported the young person to prepare and submit the video assessment. Although neither of these applications were successful, we supported the young person to persist and apply to EON energy. This time the young person was successful and secured a customer service role. However, he still wanted to secure his dream apprenticeship. With further support the young person finally secured an apprenticeship with Berkely Offshore Underwriting Managers UK as an Exposure Analyst with an apprenticeship salary of £25,000. Reflecting on this life changing opportunity, the young person told us:

"No one has ever helped this much with my life ambitions and finding employment, all your help, all your support pushed me to work harder and try harder. I knew if I didn't take your help no one would offer me this type of help again. I can't express how grateful I am."

Case study 2

A 16-year-old female was brought to Work It Hub by her mother who was concerned about her daughter struggling with the application process. We learned from the 1-2-1 meeting, that the young person was very shy and lacked confidence in vocal communication. We invested time supporting the young person to be comfortable to opening up, discuss her achievements and her ambitions. We guided her to identify her strengths and prepare her CV. She quickly understood the approach to take and applied to be young people's ambassador at Brady Arts Centre. We then provided 3 intense sessions covering interview preparation, mock interview and practice speaking her answers out loud. This supported her to develop a flow of speaking and allowed her personality to shine. The interview was a success, and the young person secured their new role.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

The challenge of supporting young people into work remains, with young people often the first to be made redundant and needing continued support to sustain their engagement in jobs after they have started.



ASDAN leadership course at Christian Street Youth Club

Back to Nature

Young people in Tower Hamlets can have virtually no experience of the natural environment as they live in “concrete” urban areas and are often sceptical and uncomfortable about being in an environment where they are surrounded by nature.

Thanks to funding from City Bridge Trust, we ran a peer-led environmental project to engage 8-21 year olds in Tower Hamlets to connect with nature. We recruited 10 enthusiastic young people as Ambassadors and engaged over 66 young people and family members in the programme. Young people had a host of learning experiences, made new friends and gained new insights and knowledge about the environment and environmental issues.

As part of the programme young people got the chance to acquire accredited qualifications in First Aid and ASDAN leadership, as well as courses on water safety, marine conversation and permaculture. They took part in workshops covering climate change, conservation and outdoor leadership. We explored a wide range of recycling and waste issues such as fast fashion, carbon footprint, sustainable alternatives to items we use every day, food waste and mending and sewing.

This led to two Call to Action initiatives involving 42 young people. Firstly, a clothes swap event in partnership with R-Urban and SwopitUP. The young people were trained in how to run and promote their own event at which they supported 40kg of clothing to be swapped and saved it from going to landfill. They donated the remaining 10kg of clothing to local charity shops.

Secondly the young people developed their campaigning skills and wrote to their MP as part of community advocacy. They took part in litter picking in collaboration with Moo Canoes in Poplar Union canal, collecting 16kgs of rubbish. 3 young people and their families are continuing to volunteer with East London Canal Network and Aquapuddle.

The young people experienced new activities including gardening, urban growing, forest surveying as well as outdoor activities on the water, and got to work with local green groups. Many participants secured a certificate in environmental leadership from John Muir Trust, and some of the Ambassadors are continuing with their new found interests since the programme ended. 90% of participants said they had a better understanding of nature, and 97% said they had a better understanding of environmental issues.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024



Basketball always popular at Haileybury Youth Club.

BBC Children in Need Youth Social Action Project

We began this project in February 2023, giving young people from disadvantaged backgrounds the opportunity to participate in social action projects of their choice to change and improve their local community. 40 young people participated in the programme during the year, each benefitting immensely from the opportunities to take on leadership roles. The young people were supported to acquire/improve communication, event management, teamwork and leadership skills.

We ran two cohorts during the year, supporting the young people to develop and deliver their own social action project. The first cohort the young people elected to support local people experiencing homelessness and were able to develop the project in conjunction with the Whitechapel Mission. The young people collected winter clothing and personal essentials, creating winter packs to distribute to people who were experiencing homelessness. They also did online fundraising to support the project. Unfortunately, they were not allowed to visit the organisation themselves due to the risks to their personal safety from the homeless people. However, they did get to meet a homeless person and hear her story.

The second cohort of young people were surprised to learn that many older people in care homes do not have many relatives visiting them and were therefore relatively isolated and lonely. In January 2024 the young people pitched their social action project idea to the London Youth NCS competition aiming to win a prize of £500. Despite tough competition and never having spoken on stage before, the young people won the competition! They elected to put the money towards their chosen community project supporting mental well-being for the elderly and the youth of Tower Hamlets. They went on to create a 1950's themed party/ball for residents of Westport Care Home. The residents were thrilled and had an amazing time filled with games, laughter and food. The care home manager commended the young people for their kindness, patience and compassion. The older and younger people all enjoyed each other's company and the positive well-being experience.

As a result of giving young people ownership, they were more engaged and motivated to see the project through to the end and take action to make a real change. Being able to act on their own ideas allowed more young people to be involved in the project and in Newark as a whole. The project enabled us to attract a new group of young people who may not have joined our services previously.

Seven young people visited BBC headquarters and studios as part of the programme, with one saying, "It was a really mind-blowing and surreal insight into the world of the iconic BBC."

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



BBC Children in Need project team winning their pitch at London Youth

Case study

A young female joined the project who was lacking self-confidence but had lots of potential that she was not fulfilling. She had not previously attended any youth club activities, so this was an entirely new experience for her. With support and training, her enthusiasm and determination grew, and she has been able to achieve more than she and her parents envisaged. Her confidence boosted, she took on the role of Filming and Photography Manager. Through this leadership role she was able to showcase her work and talent, leading to her work being recognised by other organisations. As a result, she was offered a part time job in her desired career.

Initially, she felt she was not capable of achieving her goals, but she now believes in herself and her work. She now confidently makes videos for social media for a charity and gets paid for her work. She was also invited to a film shoot in Tower Hamlets, by an Oscar-winning film director. She was able to go behind the scenes, meet new people and make contacts to propel her into her desired field of work. This case study shows the significant impact a young person can experience when they are supported to grow their confidence, increase engagement in positive activities and improve their employability skills.

HeadStart Action

Our new programme started in January 2023, funded by GLA and administered by London Youth and supported by Family Action. The project gave young people in Tower Hamlets and Newham the opportunity to participate in social action projects of their choice and receive employability skills mentoring to help them progress into education and employment.

Our goal was to recruit 84 young people, but in fact we signed up 91 young people to participate in the social action projects and receive employment mentoring support. The programme included workplace Insight Days, paid work experiences, volunteering and support to apply for entry level jobs. The goal of the project was to support young people to feel more prepared for the world of work, have more confidence in their skills, build new networks and be better prepared to talk about their skills to employers.

Partnership working with local organisations was key — we worked with London Enterprise Academy in Tower Hamlets and Little Ilford School in Newham. We also developed relationships with new organisations, delivering the Newham project from Bonny Downs Community Association and working with Manor Youth Project.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



We celebrated the young people's achievements at a special HeadStart Action award ceremony

Homework Club

Something that young people always ask us for help with is support with homework and exams. We were delighted to receive funding from Canary Wharf Group to meet the wishes of our young people, setting up a Homework Club in September 2023. The funding enabled us to support 50 young people by providing weekly sessions with experienced teachers in Maths and English. The young people were supported with both their regular homework and revision for their GCSEs. The Homework Club provided two 2-hour GCSE sessions delivered by four qualified teachers for 36 weeks, supported by a regular youth worker.

Quote from young person attending the Homework Club:

"The GCSE study support has really helped me with homework that I am struggling with. It has helped me revise for upcoming tests because I can ask for extra support on harder topics. The tutors are very kind and explain difficult questions thoroughly. The study support has really made a difference in my learning."

Quote from parent:

"Our daughter has been regularly attending the GCSE Maths and English study support group and is finding it extremely helpful, her knowledge and confidence in both subjects is improving. She enjoys the sessions and gets on well with the tutors and always looks forward to going. I highly recommend this support group, and we are grateful that it's available."



Stop and Search workshop with Metropolitan Police at Haileybury Youth Club

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Youth Voice

We support young people to take a lead and shape the organisation based on their ideas, needs and decision making. Through a process of co-production young people inform the design, delivery and evaluation of our services. We take an asset-based approach which starts with the positive resources and skills within young people and channel this to develop their leadership skills.

As well as young people participating in our youth leadership programme, we also run a quarterly Youth Board. The Youth Board decides what programmes they want delivered at Newark Youth London and how programmes and services can be improved. The Youth Board presents to the Trustees giving feedback and making recommendations, a number of which are then implemented.

We have learned to be transparent with young people from the outset, and really listen to what they want to deliver and achieve. We use this to inform the planning of projects in conjunction with them. We have also learned to trust and empower young people to make decisions about how their projects will be delivered. This builds trust and engagement with the young people and also their parents.

Our young people's voices are being heard and they are becoming leaders in the community. They become motivated to continue projects with Newark and volunteer to provide further change in the community. This helps Newark too, with the succession of young people interested in being on our Youth Board and progressing into staff and trustees for the future.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

OUR FINANCIAL PERFORMANCE AND FUTURE PLANS

Newark Youth London's long-standing focus on steady growth and sustainability has provided the charity with a solid foundation and has enabled us to remain strong as we approach the 40th anniversary in 2024.

This has meant we are relatively secure financially and are working hard to continue our fundraising efforts through a planned and active programme of grant applications and contract bids. We were excited this year to be able to secure new or additional funding to run programmes during the year including:

- Canary Wharf Group grant to deliver the highly valued Homework Club
- Support from Woodroffe Benton Foundation and Salters Charitable Foundation to enhance our Work it Hub employment support programme
- A grant from City Bridge Trust to run our Back to Nature programme
- Tower Hamlets Council renewed our existing youth hub contract, and it now is due to expire in October 2025.

We remain grateful to Gadcet and we are honoured by the long-term financial support they have provided to Newark Football Academy. We look forward to this strong and positive relationship continuing in the future.

At our awayday in October 2024, the trustees reviewed progress against the detailed 3-year plan developed the previous October, agreeing actions to ensure we remain on track to achieve our goals. We continue to seek to strengthen delivery in neighbouring London Boroughs and explore options for an alternative building to act as the hub for Newark youth services once we no longer have access to the Council's youth hubs.

The charity pursues a planned programme of grant/contract applications to build the future income stream of the charity. Our diverse range of services and income sources help provide a core of resilience to support us through forthcoming changes.

Financial review

The results for the year are set out on 28.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Risk Management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The Trustees participated in an away weekend in October 2024 during which we reviewed risks and risk management in detail.

The top three risks identified were:

- Wider economic, environmental, political and health challenges (Local Government, Central Government and Trust funders). Local Authority funding situations continue to be ever more challenging and unpredictable. However, we have a clear programme of income generation developed and continue to seek new funding, building on the success on the breadth of the programmes we deliver. Part of this is building resilience to manage as and when the contract with Tower Hamlets Council comes to an end.
- Number, skill, capacity of staff and volunteers, including retention and diversity. All organisations in all sectors continue to experience challenges in recruiting and retaining skilled staff. Developing young people who attend our programmes as future employees is a key way that we intend to manage this risk. However, this year we focused on additional risks created by changes in HR law, and our dependency on part time managers. We continue to focus on ensuring our people are equipped to take the most effective approaches to safeguarding and health and safety.
- We continue to progress our plans to be ahead of the changing demographics in East London. We are actively pursuing plans to embrace this change and explore delivery in other boroughs where there are insufficient services for young people. We are following our long standing and successful approach at pursuing slow and steady growth, and in summer 2024 began delivering new services in Havering.

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department, or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the director or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary
Mr E Islam - Trustee and Director
Mr S Rahman - Trustee and Director
Mr Z Rahman - Trustee and Director
Mrs F Hakim - Trustee and Director

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Mr K Miah - Trustee

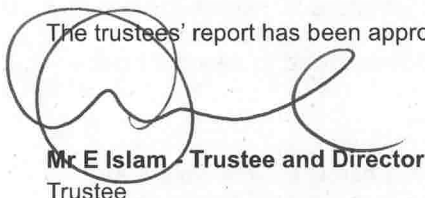
Mr S Uddin - Trustee and Director

Miss M Uddin - Trustee and Director

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 23 December 2024

NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), BFP, FCA



AGP Consulting

Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 23 December 2024

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income from:							
Donations and legacies	3	15,007	682,928	697,935	15,405	618,660	634,065
Investments	4	15,781	-	15,781	2,710	-	2,710
Total income		30,788	682,928	713,716	18,115	618,660	636,775
Expenditure on:							
Raising funds	5	-	5,271	5,271	-	8,108	8,108
Charitable activities	6	-	516,549	516,549	-	490,363	490,363
Other expenditure	11	6,481	-	6,481	4,491	-	4,491
Total expenditure		6,481	521,820	528,301	4,491	498,471	502,962
Net income and movement in funds		24,307	161,108	185,415	13,624	120,189	133,813
Reconciliation of funds:							
Fund balances at 1 April 2023		91,238	371,488	462,726	77,614	251,299	328,913
Fund balances at 31 March 2024		115,545	532,596	648,141	91,238	371,488	462,726

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2024

		2024		2023	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		1,042		-
Investment property	14		178,461		178,461
			<u>179,503</u>		<u>178,461</u>
Current assets					
Debtors	15	545		-	
Cash at bank and in hand		498,726		302,488	
		<u>499,271</u>		<u>302,488</u>	
Creditors: amounts falling due within one year	16	(30,633)		(18,223)	
Net current assets			468,638		284,265
Total assets less current liabilities			<u>648,141</u>		<u>462,726</u>
The funds of the charity					
Restricted income funds	18	532,596		371,488	
Unrestricted funds	19	115,545		91,238	
		<u>648,141</u>		<u>462,726</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 23 December 2024

Mr E Islam - Trustee and Director
Trustee

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% Straight line
-----------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2024	2024	2024	2023
	£	£	£	£
Donations and gifts	15,007	682,928	697,935	634,065
For the year ended 31 March 2023	15,405	618,660		634,065
Donations and gifts				
LBTH Youth Services Contract	-	296,344	296,344	213,300
BBC Children in Need	-	44,814	44,814	4,979
London Community Foundation	-	49,912	49,912	59,910
Frank Haines Memorial Trust	-	9,000	9,000	7,200
National Lottery Awards For All	-	10,000	10,000	10,000
East End Community Foundation	-	4,000	4,000	3,500
LBTH Local Community Fund	-	28,172	28,172	60,369
LBTH Mayors Community Grants	-	8,333	8,333	-
LBTH Holiday Activities Fund	-	36,379	36,379	130,480
LBTH Sports Development Team	-	4,200	4,200	4,278
LBTH International Women's Week	-	4,495	4,495	-
LBTH Small Grants	-	9,798	9,798	-
GLA Young Londoners' Fund	-	5,775	5,775	46,200
London Youth NCS	-	9,120	9,120	14,786
London Youth HeadStart Action	-	78,571	78,571	-
Tower Hamlets Homes	-	52,433	52,433	10,349
Sports England	-	-	-	8,858
Jack Petchey Foundation	-	2,700	2,700	2,700
Woodroffe Benton Foundation	-	5,000	5,000	5,000
Salters Charitable Foundation	-	5,000	5,000	5,000
City Bridge Trust	-	8,883	8,883	26,648
Swan Housing / Feeding Britain	-	-	-	350
Southern Housing Group	-	-	-	4,753
Canary Wharf Group	-	10,000	-	-
Charities Trust	3,000	-	3,000	-
Just Smiles	2,688	-	2,688	7,410
Faith Action (Lifeline)	450	-	450	1,350
EMD UK Together Fund	1,574	-	1,574	2,625
Memberships and Subscriptions	4,679	-	4,679	4,020
Comic Relief	-	-	-	1,000
Garfield Weston Foundation	-	-	-	20,000
Tower Hill Trust	-	-	-	4,386
Other	2,616	-	2,616	-
	15,007	682,928	697,935	634,065

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Rental income	15,781	2,710

5 Raising funds

	Restricted funds 2024 £	Restricted funds 2023 £
Fundraising and publicity		
Fundraising (consultancy)	5,271	8,108
	5,271	8,108

6 Charitable activities

	2024 £	2023 £
Staff costs	311,749	237,238
Youth activities	165,572	226,381
Promotion and publicity	8,859	9,840
Volunteer/users training/expenses	5,770	1,943
Stationery and printing	767	1,609
	492,717	477,011
Share of support costs (see note 7)	13,152	9,302
Share of governance costs (see note 7)	10,680	4,050
	516,549	490,363

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

7 Support costs allocated to activities

	Youth activities 2024 £	Total 2023 £
Depreciation	178	-
Bank charges	83	85
Insurance	2,262	1,756
Rent	7,222	4,997
Telephone and internet	1,220	1,715
General office costs	2,187	749
Governance	10,680	4,050
	<u>23,832</u>	<u>13,352</u>

	2024 £	2023 £
Governance costs comprise:		
Accountancy	2,730	1,800
Legal and professional	7,950	2,250
	<u>10,680</u>	<u>4,050</u>

8 Net movement in funds	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	<u>178</u>	<u>-</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
<u>34</u>	<u>24</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

10 Employees (Continued)

Employment costs	2024 £	2023 £
Wages and salaries	296,167	223,542
Social security costs	12,051	10,604
Other pension costs	3,531	3,092
	<u>311,749</u>	<u>237,238</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

11 Other expenditure

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Expenses relating to investment property	<u>6,481</u>	<u>4,491</u>

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Tangible fixed assets

	Computers £
Cost	
Additions	1,220
At 31 March 2024	<u>1,220</u>
Depreciation and impairment	
Depreciation charged in the year	178
At 31 March 2024	<u>178</u>
Carrying amount	
At 31 March 2024	<u>1,042</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

14 Investment property

	2024 £
Fair value	
At 1 April 2023 and 31 March 2024	178,461

Investment property comprises two properties. The fair value of the investment properties has been arrived at on the basis of acquisition cost in October 2022 and a survey was carried out during the acquisition by valuers, who are not connected with the charity. The valuation was made on an open market value basis by reference to market evidence of transaction prices for similar properties. It is considered that the value has not significantly changed from the date of acquisition date till the year end.

15 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Other debtors	545	-

16 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	5,033	1,288
Other creditors	600	16,935
Accruals and deferred income	25,000	-
	<u>30,633</u>	<u>18,223</u>

17 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	3,531	3,092

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
371,488	682,928	(521,820)	532,596

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds (Continued)

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
	251,299	618,660	(498,471)	371,488

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	91,238	30,788	(6,481)	115,545

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
General funds	77,614	18,115	(4,491)	91,238

20 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Tangible assets	1,042	-	1,042
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(63,958)	532,596	468,638
	115,545	532,596	648,141

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
At 31 March 2023:			
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(87,223)	371,488	284,265
	91,238	371,488	462,726

NEWARK YOUTH LONDON LIMITED

England & Wales - Charity number 1112289

Accounts



Charity registration number 1112289

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr M T Kawser - Trustee and Secretary Mr E Islam - Trustee and Director Mr S Rahman - Trustee and Director Mr Z Rahman - Trustee and Director Mrs F Hakim - Trustee and Director Mr K Miah - Trustee Mr S Uddin - Trustee and Director Miss M Uddin - Trustee and Director
Secretary	Mr M T Kawser - Trustee and Secretary
Charity number	1112289
Company number	05351514
Registered office	416 H Sims House Commercial Road Tower Hamlets London E1 0LQ
Trading address	Unit S2 Whitechapel Centre 85 Myrdle Street London E1 1HL
Independent examiner	AGP Consulting Q West Great West Road Brentford TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(ii) advancing education;

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through sports, leisure, social activities and learning. We deliver youth clubs; informal, accredited and formal learning; sports, outdoor activities, day trips and residential. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with nearly 2,000 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment and family breakdown). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in social housing estates in Whitechapel, Shadwell, Wapping, Bethnal Green and Stepney areas. Young people in Tower Hamlets experience high levels of deprivation, poverty and racism and are exposed to high levels of crime, drugs and ASB. Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area, English is not their first language. They may not have experienced a formal education themselves.

As society finally started to emerge from the serious challenges of the COVID-19 pandemic, new challenges emerged in terms of the Cost of Living Crisis, with families facing rapidly rising household costs such as energy, food and rent. Newark Youth London continued to rise to the challenge of responding to difficult circumstances and supporting young people to be confident to face the world.

Our projects delivered during the year provide opportunities for young people to engage in positive activities, develop themselves whilst staying out of trouble, and fulfil their potential in life.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Football Project

We delivered weekly football training and managed youth, adult and veteran football teams during the year for 250 people. We had 2 youth teams playing in the Hackney Youth League involving 50 young people. Our adult team played in the Community Football League involving 40 young adults and the veterans team played in local tournaments and had around 25 players. Our Sunday Football Academy sessions engaged close to 100 children and young people aged 6-16, and our Tuesday night training session attracted around 50 young people.

Youth Clubs

During the year, we operated 5 different youth clubs in Stepney, Bethnal Green, Limehouse, Whitechapel and Wapping engaging over 1,344 young people between 8-19 years old in 611 sessions. Newark Youth London is contracted by London Borough of Tower Hamlets to deliver 3 youth hubs from purpose-built youth centres in the West of the borough. With something on offer every day of the week, the clubs provide a safe place for young people to meet, socialise and develop their life skills and experiences in an informal setting. The clubs offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

We overachieved on all our targets for the youth service contract as highlighted below.

KPI's	Combined Yearly Target (3 hubs)	Actual Achieved
Contacts	750	1202
Participants	540	927
Recorded Outcomes	270	327
Accredited Outcomes	90	165

We delivered workshops on Substance Misuse, Online Safety, Stop & Search, Violence Against Women and Girls, Hate Crime, Healthy & Unhealthy Relationships, Healthy Eating & Lifestyle, Mental Health, CV-Writing, Job Applications & Interview Skills and many more. Young people completed practical cooking sessions and took part in International Women's Week and the Queen's Jubilee celebration. We delivered a host of short, accredited courses such as the Duke of Edinburgh Bronze Award, Level 2 Customer Service, ASDAN Leadership course, First Aid at Work, Safeguarding and other courses.



Participant in our Locksley Youth Club

Estate Based Outreach Programme

Aligned to our youth club offering, we started a new outreach project in October 2022, funded by Tower Hamlets Homes (THH). We delivered 9 hours of outreach sessions per week in the Stepney area and 6 hours of outreach sessions in the Shadwell and Wapping area, working with hard-to-reach young people. The aim is to engage and support them to access mainstream services and move away from ASB and drugs/alcohol abuse.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

In the first 6 months, we achieved the following:

Shadwell & Wapping

- 61 young people engaged.
- 22 Achieved an accredited outcome (11 achieved Level 2 in Customer Services, 11 achieved Level 2 in Food Safety in Catering).

Stepney

- 28 young people engaged.
- 13 achieved accredited outcome (11 achieved Level 2 Customer Services, 2 achieved ASDAN Leadership course).

Holiday Programmes

The school holiday programmes are an extension of the youth clubs and provide an opportunity to engage new children and young people to Newark and to keep them occupied in positive activities during the school holidays, especially the long summer holidays.

During July and August 2022, we delivered our biggest summer programme, funded by the London Borough of Tower Hamlets HAF grant & East End Community Foundation, delivering from 10 sites across Tower Hamlets - Cable Street, Cyprus Street, Christian Street, Exmouth estate, Haileybury centre, Locksley Estate, Solander Gardens, St. Andrew's Wharf, Stepney Green Park, and Wapping Youth hub, engaging over 600 young people.

We also delivered a girls' only sports and outdoor activities project funded by Tower Hamlets council sports development team. The project engaged 35 girls, who participated in BMX, outdoor sports, trips and Back to Nature activities.

Girls in Action (GIA)

The aim of the project is to provide opportunities for girls and young women to participate in regular youth activities, bring them together, facilitating their passion and interest and supporting them to develop their confidence, skills and experiences. The project is co-designed with the girls, who can deliver their own social action projects based on their needs, learning and interests. This year we engaged 39 girls, and they delivered "Mental Health Awareness" and "Nature & Sustainability" social action projects. Out of the 39 girls, 13 completed the First Aid course and 4 completed ASDAN Leadership course, and 26 also reported being able to cope with stress and had become more resilient.

Healthy Active Together (HeAT)

The aim of the project is to support inactive children, young people and adults to become active and improve their health and wellbeing. We run a wide range of activities including multi-sports and fitness for mothers and daughters, badminton for fathers and sons, women's walking groups, yoga and coffee mornings for over 50's and football sessions for people with a disability. We registered 273 new children, young people and adults, of whom 242 were previously inactive. We delivered 234 sessions, totalling 448 hours of delivery. Overall, we worked with 431 beneficiaries during the year and 338 attended 5 or more sessions.



Father & Son badminton session

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Work It Hub

This project responds to young people's concerns about their future education and employment prospects. Aimed at disadvantaged young people aged 14 to 25, the programme helps them identify their future career options/pathways; improve their employability skills; help them access apprenticeships, courses or work experience and support them to move into paid employment or start their own business. The project directly supported 56 young people through 1-2-1 mentoring sessions, 43 were unemployed and 13 were NEET. Out of the 56, ten were supported to volunteer and go on work placement and ten progressed into paid employment. The project delivered CV and interview workshops, motivational talks, and took young people to visit Canary Wharf Group to raise motivation and aspirations.

AcE Futures

Our three-year AcE Futures programme (funded by GLA Young Londoners Fund) ended in December 2022. The project rewarded young people for their long-term participation in youth clubs and sports sessions. The young people had access to workshops delivered by external partners and accredited courses.

Over the 3 years we achieved the following:

- 1810 young people registered
- 171 completed the programme (attended 30 sessions, completed an accredited course)
- 299 attended a workshop/event delivered by an external partner
- 171 achieved an accredited award
- 56 moved into sessional, part time and full time employment

Back to Nature

Directly in response to feedback from young people who wanted to reconnect with trees and open spaces after lockdown, we secured funding from City Bridge Trust to continue our Connect with Nature programme for a further 1 year starting in October 2022. In the first 6 months, we engaged 7 youth ambassadors onto the project, started delivering climate sustainability workshops in our youth centres and planned our first Call to Action event to get the whole community to come out to support climate cause.



Back to Nature Call to Action Event

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Lovely Jubbly Festival

In June 2022, we celebrated the Platinum Jubilee of Queen Elizabeth II with our Lovely Jubbly Festival at the Exmouth estate, which included a project led by the young people to develop a new outdoor wall mural for the estate. The event was a great opportunity to bring all parts of the community together and celebrate the achievements of our young people.



Mural on the Exmouth estate



The Pearly Queen at the Jubilee Event

Youth Voice and Leadership

Newark has a long history of supporting young people to step up into youth leadership roles, growing into the future youth leaders and trustees of the future. This year we run our leadership programme for 18 young people, giving them the opportunity to develop their confidence and skills through volunteering and helping to run our youth projects.

Just Smiles

The project has been engaging local young people and volunteers to provide winter packs for homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. Every year we aim to distribute 500 packs and help our partners on their events, delivering food and other items.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Jack Petchey Achievement Awards

Newark Youth London is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £300 each to spend on their peers and for their youth clubs/football teams. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.



Recent Jack Petchey Achievement Award Winner

Annual Awards Ceremony

We delivered our annual awards ceremony for 400 children and their parents in November 2022. This allowed us to celebrate and recognise the achievements of the children, young people and volunteers and to encourage others to do the same in the future.



Children at the Annual Awards Ceremony

BBC Children in Need Youth Social Action Project

This new project started in February 2023, giving young people from disadvantaged backgrounds the opportunity to participate in social action projects of their choice to change and improve their local community.

HeadStart Action

This new project started in January 2023, funded by GLA and administered by London Youth and supported by Family Action. The project is giving young people in Tower Hamlets and Newham the opportunity to participate in social action projects of their choice and receive employability skills mentoring to help them progress into education and employment.

NEWARK YOUTH LONDON LIMITED

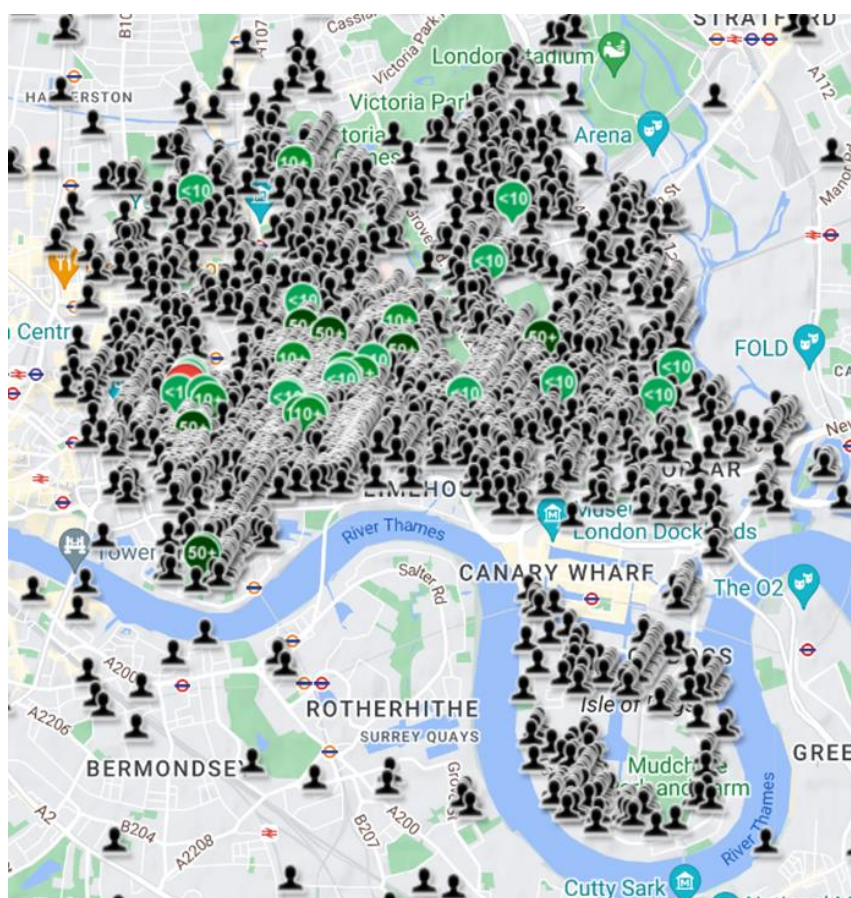
TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Serving our community

A map of attendees at Newark activities during the year shows that we have a wide reach across the whole borough of Tower Hamlets.

During the year to 31st March 2023, we recorded in Upshot 2,177 individual participants who attended on 17,098 occasions. We recorded 894 sessions delivered during the year ranging from sports matches to 1-2-1 mentoring.

Although this data does not capture everything we did during the year, it contributes to the overall picture of the scale of our delivery looking at all of our programmes combined, and the number of people whose lives we impact across the borough.



Quality Marks

- Newark achieved the London Youth Bronze Quality Mark in this period validated for 3 years
- After 3 years, we underwent re-assessment for the Matrix quality standard, which we retained
- We also retained our annual England Football accreditation

Partnership working

We work in partnership with many local organisations and schools, to ensure we provide young people with the richest experience possible.

“Newark Youth London has been able to provide excellent training with Volleyball since the beginning of the academic year. It has been brilliant to watch the confidence of my students grow with each session. Newark Youth London have been able to cultivate a wonderful productive safe space for our students to learn a new skill, work in a team and get fit. Many of the students that attend volunteering, have become passionate champions of the sport and have even created their own lunch time club to practise before their session. I would like to thank everyone from Newark Youth London for this amazing partnership.” Testimony from Mulberry School for Girls.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



Volleyball at Mulberry School for Girls

OUR IMPACT

Our focus has been to support young people to overcome the challenges they have experienced. This has primarily been through:

- Providing an extensive programme of youth club and football & sports activities where young people can spend time in a safe place and engage in positive activities,
- Delivering programmes aimed at supporting young peoples' personal development, including those at risk of dropping out of school, college or work,
- Delivering employability skills to support young people to move into training and employment,
- Providing young people with new and enjoyable experiences that allow them to develop personally and try new things in new environments.

Our impact is measured in terms of the support provided to young people to develop themselves, create and take advantage of opportunities and keep themselves safe.

"I wanted to say thank you for the sessions you are providing. My son loves coming, but I hadn't realised till this evening how much effort is put into the set up and provision and the kids that attend. I thought it was just somewhere for them to hangout, but now I can see the effort and structure that goes into making it what it is. I have genuinely seen improvements in his social skills, specifically his communication and his ability to relate to others who are new to him. I also see him showing signs of independency since he been attending and this is a credit to the exposure of workshops and activities, he has engaged in when he comes. Thank you once again it is very much appreciated". Feedback from parent of young person attending Christian St Youth Hub.

Football Academy

Our football activities engage children and young people and keep them involved in positive activities and away from ASB and crime. It develops their passion for sport & healthy lifestyle and improves their attitude, behaviour, commitment, dedication, working for success, teamwork, accepting defeats and becoming resilient. The young people improve their confidence, self-esteem, interpersonal skills and develop strong friendship and understanding between each other. It also gives older youths the opportunity to volunteer, gain coaching and leadership awards and develop their employability skills. We use football as a tool to engage young people and later provide advice and support to help them develop their skills and experiences so they can access training and employment opportunities.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



Youth Work Week celebration at Hailebury Youth Hub

Youth clubs

1,202 young people attended one of our youth clubs during the year. The young people get the opportunity to meet and socialise with other young people, which they love. But they also get the chance to participate in a wide range of workshops and activities which support them to develop individually, gain accredited qualifications, bolster their CV and learn something new in a different setting to school. Our programme aims to support young people to make positive life choices and develop goals and ambitions, develop critical thinking and be resilient to the negative issues they may experience in their lives.

Case Study

"Y" is a 16 year old male who started attending Hailebury Youth Hub 2 years ago. Y had got into trouble outside school and was required to undertake Community Service. Y's mother was very concerned about his involvement outside of school and who his friends are. She came to speak to Newark's youth work manager to see if any help was available. After mediation with Y and his parents, Y confided in staff about why he spiralled and why he was behaving irrationally. Newark supported Y to sign up to courses for Basketball Level 1, Boxing and Emergency First Aid at Work. He also enrolled on the ASDAN volunteering course. Y gained so much knowledge by taking part in activities, workshops and courses that he now takes the initiative to support staff and other young people when they need help. Plenty of the young people now look up to Y as a role model because of his experience of the programmes delivered by Newark, and Y has had the opportunity of finding part time employment at a large sports company. Experiencing the range of activities at Newark has enabled Y to improve his social skills and he has been able to speak more openly with staff. He helps staff organise activities, he encourages other young people to attend and even brings young people to the youth club to join.

165 young people completed and accredited course, including 46 young people achieved Level 2 Customer Service, 33 completed Emergency First Aid at Work and 10 completed Food Safety in Catering qualification. Young people also attended workshops on issues ranging from Healthy eating during Ramadan, Substance misuse, Women and Violence, Hate Crime, Mental Health and more. 23 young people secured the ASDAN Volunteering qualification. "I know I will be able to have a conversation with others about hate crime from what I've learnt today" -feedback from a young person after a Hate Crime workshop.

"Happy I got to share thoughts about my religion and learnt about Islam and how we celebrate Easter in my home country of Georgia" – feedback from a young person about Ramadan and Easter workshop.

Feedback from young people attending the Healthy Relationships workshop:

"I liked having conversation about relationships and looking at scenarios which detect healthy and unhealthy relationships".

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

"I was just aiming to get it done and dusted with but didn't realise how important the information is. Workshop extremely important and useful. This helped me personally with relationships I have with everyone."



Young people on Healthy Relationship workshop

Other young people prefer to follow a sporting programme and 17 completed the Boxing Leader course, 13 completed Level 1 UK Coaching and 10 completed Level 2. Others secured Basketball Level 1 coaching qualifications. Sports provide important opportunities for young people to develop themselves and help them make social connections:

"[young person] has opened up more and is confident slightly since moving from Ukraine to England and these sessions are helping her physical well-being. Her English is improving." – staff member observation of a young person attending the Volleyball sessions. The young person said it had helped her meet people and make friends.

Holiday Programmes

Holiday programmes offer young people a lifeline to engaging in positive activities and stay out of trouble in the school holidays. We delivered indoor & outdoor sessions, sports, basketball, football, badminton, cricket and day trips and community celebration days. Our provision covers most of the borough of Tower Hamlets and provides a lifeline for many young people and their parents during the school holidays. Young people get to try new activities with experienced staff and volunteers on hand to coach and guide them:

"I loved coming here. It was really fun. The staff helped me play pool and showed me the correct way to hold the stick."

"I wanted to spend time with friends and learn how to play table tennis. Staff taught me how to play table tennis, and I got better at pool and football."

"Since joining [my son] has really come out of his shell, and is more self-confident, this also made his secondary school transition easier. He looks forward to all the wonderful trips, particularly the go-karting. The summer scheme is fantastic, and helps keep him occupied and also fit. [My son] has additional medical needs, so as a parent I am very pleased with the way the staff catered to his needs. He is safe and well looked after." Feedback from Parent.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



Healthy Eating and Lifestyle workshop

Residential

17 young people went on a 4-day residential trip to Kingswood outdoor activity centre in Kent in July 2022. They participated in individual and team challenges and this improved their confidence, motivation and life skills. For some it was the first time staying away from their families and they had to be independent and make decisions for themselves.

Staff observed one young person “has learned how to cope without his parents and has learnt to work with others and rely on his peers for support”, whilst for another young person “Residential has helped [young person] realise that he needs to have patience and be patient when working in a team.”

The young people said, “Able to live a weekend without parents and parental rules, and not have my mum do everything for me - gain a sense of independence”, and “Residential put me out of my comfort zone and enabled me to work with all people from different backgrounds.”



Substance misuse workshop for girls

Girls in Action

Girls are supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The girls worked with the Mouth That Roars to learn filmmaking, script writing, editing and camera techniques to make their own films. A key focus for the girls has been improving their confidence to speak in front of other people, as they get few opportunities to practice this outside of the programme.

The Girls in Action participants said:

- The programme has helped me realise how confident and independent I can be. For example, at Mouth that Roars, I was always afraid to be in front of the camera but now I feel more comfortable and confident in front of the camera.
- Mouth that roars taught me about leadership and I have been involved in producing a video.
- Recently there was a poetry workshop and to be honest I hate poems and stuff but doing that workshop I really enjoyed sharing some of my poems that I made with others which I don't normally do.

Healthy Activities Together (HeAT)

This extensive programme saw a wide range of participants taking part in health and fitness activities, including 38 disabled people enjoying activities at Stepney Green Astro and 68 participants enjoying activities aimed at men. 19 girls enjoyed girls only football and more than 50 women enjoyed activities designed for over 50s and female only groups. Activities suited all ability levels, including 32 women who participated in the Stepney Women's Walking group.



Boxing fitness session for females

Work It Hub

The Pandemic followed by the Cost-of-Living Crisis means young people remain uncertain about their chances of securing a job and a decent income, unconfident about their academic record and are experiencing low motivation. Through the Work-it Hub young people are supported to create individual action plans to help them identify their short, medium and long term career goals. They are given advice on options and supported to build their portfolio of skills and qualifications. As well as the 1-2-1 support, we delivered 4 workshops covering topics such as CV writing, interview skills, confidence building and linked in with a number of external education and training providers. Young people were also alerted to job and training opportunities and assisted to make applications.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The project provided support to 56 young people in total and 32 young people gained accredited awards. 10 young people got the opportunity to volunteer to develop their skills and experience and 50 young people attended a careers fair, giving them access to employers and training providers. The participants experienced a visit to Canary Wharf Group in March 2023 to explore the working environment there.



Young people on a visit to Canary Wharf Group

10 young people secured employment as a result of the support they received including jobs at Waitrose, Greggs, Argos, local primary school, local perfume shop and an accountancy firm.

Case Study

A 17 year old male of British Asian/Bangladeshi background was registered onto the programme and we discussed at length his existing CV and what improvements were required to enhance it. One of those improvements was a work experience placement as this would give him more to talk about during a potential interview whilst also using the employer as a reference.

We explored various work experience opportunities. He secured one after a brief chat with the employer and went on to volunteer for 3 weekends. We then covered a list of useful jobsites to use for applying for work and applied for a total of 4 jobs together. We studied common questions he would face during an interview and wrote model answers to accompany it. Hints and tips on body language and general do's and don'ts were also provided. Numerous mock interviews were performed and with each session he steadily improved, his confidence grew and he developed his own natural style whilst hitting all the points. He was rewarded with a job offer after his 2nd job interview.

The young person told us: "Hi, thank you for helping me a lot as you got me a job in Argos. Really appreciate it and also you have helped me make my CV, even more better as it looks more professional now. Also, you have got me into a work experience which has gained me experience for real life work. Then you have coached me for the interviews and now I have a job. All this in the space of two months and you have managed to help me reach my goal. This really means a lot to me and really appreciate all the time you have put in to help me. Thank you so much".

The challenge of supporting young people into work remains, with young people often the first to be made redundant and needing continued support to sustain their engagement in jobs after they have started.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



Day trip to the seaside

AcE Futures

Young people had strong and positive developmental experiences as part of the AcE Futures programme. In a survey of 24 participants, 95% said they would recommend the programme to friends and family. 79% said they were now confident to make things happen themselves rather than wait for someone to do things for them, with 58% agreeing strongly that they had more respect for themselves and others as a result of participating in the programme.

87% of respondents agreed that they were now working towards qualifications or experiences which will help with apply for jobs or college, and the same figure felt the activities where experiencing would bolster their CV, including activities such as Duke of Edinburgh Bronze Award Scheme.

Our AcE Futures participants said:

- I took part in the first aid course and I am very proud of myself for doing it.
- The First Aid Course allowed me to challenge myself as I had no prior knowledge.
- I used to not be able to talk to teachers in person when I needed help and it would make a subject difficult for me but now I can just go up to them and speak.
- I have developed more social skills where I feel more confident in projecting my opinions and ideas.
- Before this programme, I would always be hesitant to share my opinion/ideas with others but now I am more confident about stating whether I disagree or agree with something without having to think about what others might think.
- The places we go for the workshop as I haven't been to places that'll help me find new opportunities.
- Duke of Edinburgh expedition- this was challenging however it made me realise that it's not impossible and I am capable of doing activities that challenge me more often.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



Socialising at Hailebury Youth Hub

Back to Nature

Young people in Tower Hamlets, who we work with, often have virtually no experience of the natural environment as they live in “concrete” urban areas and are often sceptical and uncomfortable about being in an environment where they are surrounded by nature. The 7 participants experienced a number of workshops, including Understanding the Ecological Crisis and Sustainability and Solutions, and explored what it might take to be an Environmental Ambassador. They will continue to learn and campaign for change as the programme progresses.



Practicing woodworking crafts and skills in Back to Nature

Youth Voice

As well as young people participating in our youth leadership programme, we also run a Youth Board. The Youth Board decides what programmes they want delivered at Newark Youth London and how programmes and services can be improved. The Youth Board presented to the Trustees and saw a number of their recommendations implemented, such as the trips and residential programmes they felt would provide young people with important personal opportunities.

“Newark have changed my life by giving me the opportunities to be involved with the organisation & I have a say how youth programmes should be delivered as I’m part of the youth leaders & youth board member”. Feedback from member of Youth Board.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Case Study

Another member of the Youth Board "X" is aged 16 and has learning difficulties. When he joined, he was very quiet and found it difficult to communicate with anyone other than his younger brother. Through the support of staff, X has been supported to overcome his fears of participating. He undertook the Level 2 Customer Service course which he failed the first time but succeeded in passing the second time through his hard work and support from the youth workers. He is now being supported to work for the ASDAN volunteering qualification. Staff are answering X's questions about volunteering and have supported him to shadow other volunteers so he can get an idea of how volunteering works. As X's confidence has grown he has now progressed from refusing to play pool when he started at the youth hub, to now having the confidence to explain to new joiners how to participate in the games at the hub. X has joined the Youth Board so that he can advocate and empower other young people just like him.

OUR FINANCIAL PERFORMANCE AND FUTURE PLANS

Newark Youth London's long standing focus on steady growth and sustainability has enabled the charity to weather the financial and other challenges experienced during both the global Covid-19 Pandemic and Cost of Living Crisis. This has meant we are relatively secure financially and are working hard to continue our fundraising efforts through a planned and active programme of grant applications.

We were very excited this year to be able to secure new additional funding and run further programmes during the year including:

- The National Lottery Awards for All £10,000 for the Lovely Jubbly Festival and creation of a street mural to mark the late Queen's Platinum Jubilee
- BBC Children in Need Youth Social Action project
- Headstart Social Action, Employability and Mentoring project

In October 2020 we learned that Newark Youth London had been successful in competing for a contract with London Borough of Tower Hamlets to deliver a significant proportion of the borough's youth work for 3 years. At the time of writing this report, it is our expectation that the Council will not renew the tender for youth activities when the current contract expires in October 2024. At our awayday in October 2023, the trustees actively developed plans for the charity to thrive and sustain without the youth contract. The plans involve strengthening delivery in neighbouring London Boroughs and seeking an alternative building to act as the hub for Newark youth services once we no longer have access to the Council's youth hubs.

The Trustees have also made an investment in this period to ensure that the charity has diverse sources of income and is sustainable into the future.

The charity continues to pursue a planned programme of grant/contract applications to build the future income stream of the charity. Our diverse range of services and income sources help provide a core of resilience to support us through forthcoming changes.

Financial review

The results for the year are set out on 22.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Risk Management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The Trustees participated in an away weekend in October 2023 to review performance and discuss future priorities.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The top three risks identified were:

- Wider economic, environmental, political and health challenges (Local Government, Central Government and Trust funders). We have a clear programme of income generation developed and continue to seek new funding, building on the success on the breadth of the programmes we deliver.
- Number, skill, capacity of staff and volunteers, including retention and diversity. All organisations in all sectors continue to experience challenges in recruiting and retaining skilled staff. Developing young people who attend our programmes as future employees is a key way that we intend to manage this risk.
- Tower Hamlets is beginning to face demographic changes as families in the neighbourhoods we serve are beginning to migrate to outer London boroughs and the fringes of Essex, a demographic trend seen over centuries in East London. We have actively developed plans to embrace this change and explore delivery in other boroughs where there are insufficient services to support the young people when they move there.

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic, and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the Manager or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2023*

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary

Mr E Islam - Trustee and Director

Mr S Rahman - Trustee and Director

Mr Z Rahman - Trustee and Director

Mrs F Hakim - Trustee and Director

Mr K Miah - Trustee

Mr S Uddin - Trustee and Director

Miss M Uddin - Trustee and Director

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 22 December 2023

NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

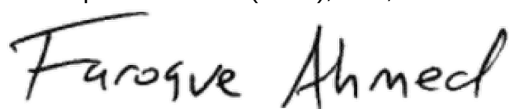
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), BFP, FCA



AGP Consulting
Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 22 December 2023

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income from:							
Donations and legacies	3	15,405	618,660	634,065	15,744	420,881	436,625
Investments	4	2,710	-	2,710	-	-	-
Total income		18,115	618,660	636,775	15,744	420,881	436,625
Expenditure on:							
Raising funds	5	-	8,108	8,108	-	3,672	3,672
Charitable activities	6	-	490,363	490,363	-	359,789	359,789
Other expenditure	10	4,491	-	4,491	-	-	-
Total expenditure		4,491	498,471	502,962	-	363,461	363,461
Net income and movement in funds		13,624	120,189	133,813	15,744	57,420	73,164
Reconciliation of funds:							
Fund balances at 1 April 2022		77,614	251,299	328,913	61,870	193,879	255,749
Fund balances at 31 March 2023		91,238	371,488	462,726	77,614	251,299	328,913

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Investment property	12		178,461		-
Current assets					
Cash at bank and in hand		302,488		356,258	
Creditors: amounts falling due within one year	13	18,223		27,345	
Net current assets			284,265		328,913
Total assets less current liabilities			462,726		328,913
The funds of the charity					
Restricted income funds	14		371,488		251,299
Unrestricted funds			91,238		77,614
			462,726		328,913

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 22 December 2023



Mr E Islam - Trustee and Director
Trustee

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.6 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

[Property rented to a group entity is accounted for as tangible fixed assets.]

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2023*

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2023 £	2023 £	2023 £	2022 £
Donations and gifts	15,405	618,660	634,065	436,625
For the year ended 31 March 2022	15,744	420,881		436,625
Donations and gifts				
LBTH Youth Services Contract	-	213,300	213,300	137,663
BBC Children in Need	-	4,979	4,979	33,209
London Community Foundation	-	59,910	59,910	49,979
Frank Haines Memorial Trust	-	7,200	7,200	7,800
Lottery Awards For All	-	10,000	10,000	-
East End Community Foundation	-	3,500	3,500	3,000
LBTH Local Community Fund	-	60,369	36,221	36,221
LBTH Covid Emergency Fund	-	-	-	3,500
LBTH Holiday Activities Fund	-	130,480	130,480	23,480
LBTH Sports Development Team	-	4,278	4,278	-
GLA Young Londoners' Fund	-	46,200	46,200	34,650
London Youth	-	14,786	14,786	-
Tower Hamlets Homes	-	10,349	10,349	35,110
Sports England	-	8,858	8,858	-
Jack Petchey Foundation	-	2,700	2,700	24,883
Woodroffe Benton Foundation	-	5,000	5,000	-
Salters Charitable Foundation	-	5,000	5,000	-
City Bridge Trust	-	26,648	26,648	-
Swan Housing / Feeding Britain	-	350	350	6,000
Southern Housing Group	-	4,753	4,753	-
Just Smiles	7,410	-	7,410	6,675
Faith Action (Lifeline)	1,350	-	1,350	-
EMD UK Together Fund	2,625	-	2,625	-
Memberships and Subscriptions	4,020	-	4,020	2,370
Gadget Group	-	-	-	3,000
Comic Relief	-	-	-	1,000
Parentzone	-	-	-	1,000
Garfield Weston Foundation	-	-	-	20,000
Tower Hill Trust	-	-	-	4,386
Other	-	-	-	2,698
	15,405	618,660	634,065	436,625

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Income from investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Rental income	2,710	-

5 Raising funds

	Restricted funds 2023 £	Restricted funds 2022 £
<u>Fundraising and publicity</u>		
Fundraising (consultancy)	8,108	3,672
	8,108	3,672

6 Charitable activities

	2023 £	2022 £
Staff costs	237,238	205,518
Youth activities	226,381	129,881
Promotion and publicity	9,840	8,694
Volunteer/users training/expenses	1,943	1,877
Stationery and printing	1,609	1,227
	477,011	347,197
Share of support costs (see note 7)	9,302	10,792
Share of governance costs (see note 7)	4,050	1,800
	490,363	359,789

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Support costs allocated to activities

	Youth activities 2023 £	Total 2022 £
Bank charges	85	86
Insurance	1,756	1,284
Rent	4,997	4,498
Telephone and internet	1,715	1,142
General office costs	749	3,782
Governance	4,050	1,800
	<u>13,352</u>	<u>12,592</u>
	2023 £	2022 £
Governance costs comprise:		
Accountancy	1,800	1,800
Legal and professional	2,250	-
	<u>4,050</u>	<u>1,800</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	<u>24</u>	<u>21</u>
	2023 £	2022 £
Employment costs		
Wages and salaries	223,542	191,685
Social security costs	10,604	10,642
Other pension costs	3,092	3,191
	<u>237,238</u>	<u>205,518</u>

There were no employees whose annual remuneration was more than £60,000.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9 Employees (Continued)

Remuneration of key management personnel

10 Other expenditure

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Expenses relating to investment property	4,491	-
	<u>4,491</u>	<u>-</u>

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Investment property

	2023 £
Fair value	
At 1 April 2022	-
Additions through external acquisition	178,461
	<u>178,461</u>
At 31 March 2023	<u>178,461</u>

Investment property comprises one property. The fair value of the investment property has been arrived at on the basis of acquisition cost in October 2022 and a survey was carried out during the acquisition by valuers, who are not connected with the charity. The valuation was made on an open market value basis by reference to market evidence of transaction prices for similar properties. It is considered that the value has not significantly changed from the date of acquisition date till the year end and is reflected below.

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	1,288	2,016
Other creditors	16,935	16,471
Accruals and deferred income	-	8,858
	<u>18,223</u>	<u>27,345</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
	251,299	618,660	(498,471)	371,488
Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	At 31 March 2022 £
	193,879	420,881	(363,461)	251,299

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
General funds	77,614	18,115	(4,491)	91,238
Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	At 31 March 2022 £
General funds	61,870	15,744	-	77,614

16 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Investment properties	178,461	-	178,461
Current assets/(liabilities)	(87,223)	371,488	284,265
	91,238	371,488	462,726

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

16 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2022 are represented by:			
Current assets/(liabilities)	77,614	251,299	328,913
	<u>77,614</u>	<u>251,299</u>	<u>328,913</u>

17 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

NEWARK YOUTH LONDON LIMITED

England & Wales - Charity number 1112289

Accounts



Charity registration number 1112289

Company registration number 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr M T Kawser - Trustee and Secretary Mr E Islam - Trustee and Director Mr S Rahman - Trustee and Director Mr Z Rahman - Trustee and Director Mrs F Hakim - Trustee Mr K Miah - Trustee Mr S Uddin - Trustee Miss M Uddin - Trustee
Secretary	Mr M T Kawser - Trustee and Secretary
Charity number	1112289
Company number	05351514
Registered office	416 H Sims House Commercial Road Tower Hamlets London E1 0LQ
Trading address	Unit S2 Whitechapel Centre 85 Myrdle Street London E1 1HL
Independent examiner	AGP Consulting Q West Great West Road Brentford TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(ii) advancing education;

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through sports, leisure, social activities and learning. We deliver youth clubs, informal, accredited and formal learning, sports, outdoor activities, day trips and residential. We aim to enable young people to participate in society as independent, mature and responsible citizens, and achieve the best outcomes possible.

Working with 1,400 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment and family breakdown). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in social housing estates in the Whitechapel, Shadwell, Wapping, Bethnal Green & Stepney area. Young people in Tower Hamlets experience high levels of deprivation, poverty, racism and are exposed to high levels of crime, drugs and Anti-Social Behaviour (ASB). As a result, many find themselves at risk of gangs, crime and violence and some end up committing crime and related violence. Many parents struggle as they are not working or are on low income. Those who have migrated recently to the UK, English is not their first language and may not have experienced a formal education themselves.

Although the peak of the Covid-19 Pandemic occurred in the previous year, the virus still caused widespread challenges during the year to 31 March 2022. With the virus circulating, many staff, volunteers and participants were impacted by the illness at various times; schools were often disrupted and care was required in managing group or large-scale events. Many young people were also adapting to having spent so much of the previous year in lock down. Newark Youth London continued to rise to the challenge of responding to the difficult circumstances and supported young people to be confident to face the world again.

Our projects delivered during the year provide opportunities for young people to engage in positive activities, stay out of trouble and fulfil their potential in life.

Football Project

We delivered weekly football training and managed youth, adult and veteran's football teams during the year for 250 people. We had 3 youth teams playing in the Hackney Youth League involving 60 children and young people, the adult team played in the Community Football League involving 40 young adults and the veterans' team which has 30 participants played in the BFA Summer League. The football activities engage children and young people and keeps them involved in positive activities and away from ASB and crime. It develops their passion for sport & healthy lifestyle and improves their attitude, behaviour, commitment, dedication, working for success, teamwork, accepting defeats and becoming resilient. The young people improve their confidence, self-esteem, interpersonal skills and develop strong friendship and understanding between each other. It also gives older youths the opportunity to volunteer, gain coaching and leadership awards and develop their employability skills. We use football as a tool to engage young people and later provide advice and support to help them develop their skills and experiences so they can access training and employment opportunities.



NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Youth Clubs

In addition to the Youth Clubs we were already running, in October 2021 Newark were awarded a new contract by London Borough of Tower Hamlets to deliver youth clubs from three purpose built youth centres. By the close of the year we operated 6 different youth clubs from Bethnal Green, Limehouse, Stepney, Whitechapel and Wapping, engaging over 550 children & young people between 8-19 years old. With something on offer every day of the week, the clubs provide a safe place for children to meet, socialise and develop their life skills and experiences in an informal setting. The clubs offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

We delivered workshops on Substance Misuse, Online Safety, International Women's Day, Education, Employment & Training, Ramadan Healthy Eating and more. We delivered accredited courses and 45 young people completed Level 3 Emergency First Aid at Work (35) and Level 2 Customer Service course (10).



Outreach Programme

Aligned to our youth club offering, we delivered a new outreach project funded by Tower Hamlets Homes (THH). We delivered 10 outreach sessions per week in Stepney, Shadwell and Wapping area during the summer holidays. Following the summer period (Oct to Dec) we delivered 5 sessions per week until December 2021. We engaged over 200 young people from THH housing estates and surrounding areas.

Holiday Programme

The school holiday programmes are an extension of the youth clubs and provide an opportunity to engage new children and young people to Newark and also to keep them occupied in positive activities during the school holidays, especially the long summer holidays.

In the summer of 2021 we delivered summer holiday programme from 3 different areas/locations in the borough. We delivered from Cable Street, Stepney Green Park and Locksley estate. Everyday for 5 weeks we provided hot lunches for all the children. The holiday programme also had a dedicated Covid-19 girls only sports project to encourage girls to come out and be active after long periods of lockdown. The girls engaged in BMX, outdoor sports, trips and Back to Nature activities.

In total, during the summer holiday we engaged over 200 children and young people. We delivered indoor & outdoor sessions, sports, basketball, football, badminton, cricket and day trips and community celebration days. Also 10 boys and 11 girls went on 2 separate, 4 days residential to Kingswood outdoor activity centre in Kent. Both groups participated in various individual and team challenges and this improved their confidence, motivation and life skills. For some it was the first time staying away from their families and they had to be independent and make decisions for themselves.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

We also delivered similar programmes during October 2021 and February 2022 half term holidays. Crucially these programmes included lunch so that young people were assured of not going hungry during the day.



AcE Futures

Our AcE Futures programme is aimed at young people aged 10 to 21 years old who are at risk or involved in youth crime and violence. This programme builds on our regular youth club and sports offering, and employment & training support. Young people are offered the chance to participate in specially designed workshops and undertake accredited courses. Participation earns young people rewards and recognises their determination to stay away from crime and violence. In 2021, we supported 293 young people with 47 completing the programme and 58 achieving an accredited course.



NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Work It Hub

The project was a response to Covid-19 impacting the education and employment prospects of young people in Tower Hamlets. The project targeted disadvantaged young people aged 14 to 25, helping them identify their future career options/pathways; improve their employability skills, help them access apprenticeships, courses or work experience and support them to move into paid employment or start their own business. The project delivered 1-2-1 mentoring to young people, helping improve confidence and linking them up with employers looking for staff. The project directly mentored 30 young people and supported over 100 young people during the year.

Girls in Action

Girls in Action is about bringing girls together for social action, facilitating their passion and interest and supporting them to develop their confidence, skills and experiences. The project is co-designed with the girls, who are able to create their own social action projects based on their needs, learning and interests. Due to Covid-19 it was difficult to deliver the project fully, especially the social action element due to restrictions and wanting to keep everyone safe. Despite this, the project worked with 39 girls, with 32 girls completing ASDAN Leadership course and increasing lifeskills, becoming confident and resilient.

HeAT Healthy Active Together (HeAT)

The project is aimed at supporting inactive people to become active and is targeted at the whole family and the community. The project delivered activities including women and girls only sessions, such as mother and daughter fitness class and girls' football, women's walking groups, youth football and father and son sessions such as badminton. Due to Covid-19 we could not deliver the activities as planned because of unavailability of venues and risks posed to everyone, especially to older and disabled people. We supported 149 new participants to take up a physical activity during the year and overall, 270 people benefited from the project.

Connect with Nature

Directly in response to feedback from young people who wanted to reconnect with trees and open spaces after the lockdown, we secured funding to run a Connect with Nature programme in a new successful partnership with Tower Hamlets Cemetery Park. The programme offered young people sessions, where they could spend a day "in the wild" foraging, outdoor cooking, den making, etc. and increased their understanding of sustainability.

Youth Voice & Leadership

This project enabled us to recruit 18 young people to volunteer throughout the year with the emphasis in developing their leadership skills and capabilities so they can progress into becoming sessional youth workers and sports leaders. From the 18, 12 went to become our junior youth workers and 4 went on to join our youth board to become integral to the youth voice and decision making in the organisation.

Just Smiles Original

The project has been engaging local young people and volunteers to provide winter packs to homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution.



NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Jack Petchey Achievement Awards

Newark Youth London is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £300 each to spend on their peers and for their youth clubs/football teams. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.

Newark Youth London Annual Awards Ceremony

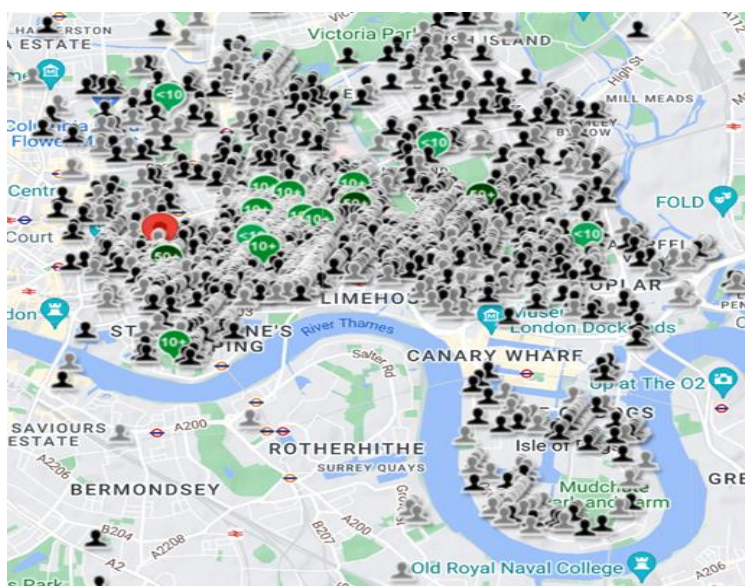
We delivered our annual awards ceremony for 400 children and their parents in May 2021, having not been able to run the event the previous year. This allowed us to celebrate and recognise the achievements of the children, young people and volunteers, and to encourage others to do the same in the future.



Implementing Upshot recording system

A big change we implemented in the year was the use of Upshot recording system to keep records of all participants and activities. Although we did not use Upshot for the whole year for every project, the incomplete results for the year are non-the-less impressive. A map of attendees at Newark activities shows that we have a wide reach across the whole borough of Tower Hamlets.

During the year, we recorded in Upshot 1,337 individual participants, who attended on 8,304 occasions. We recorded 479 sessions delivered ranging from sports matches to 1-2-1 mentoring. Although this data does not capture everything we did during the year, it is helping us to have a better overall picture of the scale of our delivery and the number of people whose lives we impact across the borough. As the data in the system grows, it will help us to start gaining a greater insight into the journeys that individual participants take in their lives and the outcomes we support them to achieve.



NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Quality Standards

We maintained our FA Charter standard and Matrix quality standard for information, advice and guidance, both are renewed annually.

OUR IMPACT

The impact of the Covid-19 Pandemic continued to have a significant impact on the young people we work with and their families during the year to 31 March 2022. Young people had been in lockdown for much of the previous year and this had consequence for their health (lack of physical exercise, in some case continued lack of access to food), their mental health (ranging from loss of confidence through to increased levels of anxiety) and their social skills (lack of being able to mix socially with anyone other than close family members). For some young people the disruption to their academic year had been extreme with some not being able to sit for key exams, whilst others had struggled to keep up academically when much of their teaching had been online.

Families struggled with the impact of loss and bereavement, long term health impacts of Covid-19, continued impact on availability of work as well as the same physical and mental health challenges experienced by young people. As we came out of the most severe restrictions, it felt like young people and their families needed the support provided by Newark Youth London more than ever.

Our focus has been to support young people to overcome the challenges they have experienced. This has primarily been through:

- Providing an extensive programme of youth club and football activities where young people can spend time in a safe place engaging in positive activities
- Delivering programmes aimed at supporting young peoples' personal development, including those at risk of dropping out of school, college or work
- Delivering employability skills to help young people to move into training and employment as many lost their jobs due to Covid-19
- Providing young people with new and enjoyable experiences that allow them to develop personally and try new things in new environments

Football

Our football sessions were disrupted due to Covid-19 restrictions and young people were indoors without any exercise and seeing their friends. Many were delighted when we re-started our sessions in August 2021 and parents felt their children were losing the ability to communicate with others. Football is a popular sport, and we use it to engage young people into positive activities and keep them away from anti-social behaviour and crime. It develops their confidence and all the other life skills like communication, teamwork and resilience.

X is a 14-year-old Bangladeshi male who registered for our Sunday football session at Stepney Green Astro pitch in August 2021. X is diagnosed with mild autism and has learning difficulty. His father was worried we would not accept him on our session and did not want to mention it in the registration form. The Sports Development Manager re-assured the father that we would not discriminate against his child, and we would do our best to accommodate him. X is given extra attention by our senior/experienced coaches to make him feel more comfortable in his surroundings and with his learnings. We have identified some exercises which are more tailored towards his ability. X is a very quiet and polite young person, who follows instructions very well and enjoys playing football. He is willing to learn but sometime can get little distracted. X is always on time and hasn't missed a session to date. He has motivation to improve and loves being part of his group and is very responsive to coaches' instructions. X is making steady progress and is clearly benefiting from attending the session.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Youth club

Our youth clubs provide a safe space for young people to be after school and in the evenings and provide opportunity for them to learn and develop their skills and experiences. We provide information and support to help young people make positive life choices and support them to develop critical thinking and be resilient to the negative issues they come across in their daily lives. The clubs support young people to socially connect and develop their confidence and motivation. We challenge their thinking and encourage them to have ambition to fulfil their goals.

J is a 13 year old young person who was referred to Newark by LBTH's "Breaking the Cycle" violence reduction project. J has a hard time communicating with his peers and adults which is affecting his behaviour in school and at home. Before being referred to Newark J, had 1-2-1 with his key worker and he would play basketball in the sports hall on his own. After registering, he now attends the youth club regularly and started to make friends with other young people who play basketball too.

As J struggles with behavioural issues, he enjoys the challenging aspect of playing basketball with other young people who also hold a competitive streak. Basketball has enabled J to tackle his attitude and behaviour by allowing him to explore his anger through sports.

Since attending Newark, J has taken part in the February half term programme. The programme had various sports that appealed to J such as football and badminton. This has boosted J's positive behaviour as he then started attending Newark's football sessions on Friday evening. J is a regular participant at the youth hub engaging in different games with other young people.

It is evident that J is very competitive and looks for appraisal. He likes to challenge young people and staff in games and likes to have fun with his friends. He continues to attend the youth hub and staff have approached J to see his interests in workshops and training for FA level 1 in Football and Basketball Level 1 course as he has shown keen interest. J has now opened up to engaging with the rest of the young people that attend the youth hub as he has become familiar with them as well as staff. He engages more in the games room playing pool, table tennis, table football and video games.

The programme has brought J closer to other young people from his school and those similar in age. J is a pleasant and kind individual and despite his behavioural problems he has not displayed any violent/disruptive behaviour in the youth hub so far.

Holiday Programmes

Youth work is challenging, and our holiday programmes have additional challenges where we are trying to deliver in new outdoor areas in the local community. Sometimes the facilities are not great, and space has to be shared with others. In some instances, we have had to work with enforcement agencies to address drug dealers trying to sell drugs to young people and staff. However, the programmes offer young people a lifeline to engaging in positive activities and staying out of trouble in the school holidays.

X – 14 year old male who recently arrived in the UK with his family. He has limited number of friends and has limited access to sports or recreation. We engaged X when he was passing by Christian Street multi sports pitch. We invited him to come and join in our sports activities and try out non-contact boxing. X later brought his 2 friends and they had difficulty making friends with the other children due to them newly arriving in the country and having limited English. They lacked confidence and were afraid of the local children who were born in the UK. We gave X and his friends the opportunity to engage in the project and build up their confidence to play/get to know the other young people. They started to mingle with the others, and we invited them to come to the youth club in Christian Street. They are now attending regularly and now join in the youth club activities and make friends with the other young people.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

AcE Futures

In this project our delivery was hampered by staff turnover and sickness during the first 6 months of the year. However, in the second half of the year the project was able to swing into full action, and 73 young people were recruited onto the programme.

Feedback from 26 out of 30 respondents agreed or strongly agreed they have increased confidence to a) feel good about themselves, b) feel confident to be themselves and not feel under pressure to be like others, and c) have increased confidence to make things happen rather than wait for someone to do it for them and to have respect for themselves and others. 100% of the respondents told us they had more respect for themselves and others after completing the programme.

- *"My confidence has increased a lot because before I did the programme, I was shy about giving my opinion or talking to new people but now I like talking and engaging in conversation with others and sharing my own opinion"*
- *"At first I wasn't keen on taking big challenges as I feared that I wouldn't like it but after the trips and activities, I learned that even if I didn't want to do something, I should try because I might end up enjoying it"*
- *"When I originally started this programme, I was very uncomfortable with different people and didn't like to be honest about my feelings and if people made me uncomfortable. After this programme has finished however, I realised I have a more positive mindset and outlook on education and different opportunities even when things aren't going my way. I still struggle a bit to speak in front of others, but I have noticed that I am less reluctant to do so. This programme really helped me."*
- *"Recently I was offered a chance to be my classes student representative. However, I would decline every year due to lack of self-confidence no matter how much other people encouraged me to run. But this year, I decided to push myself and do it. I didn't end up being the student rep, but I am now the deputy student rep and I do not regret applying as I have gotten many opportunities to speak for my class and share my thoughts of improvement for my school."*

21 respondents had volunteered – one had undertaken outreach and had promoted Newark to new people they had not met before, and another found volunteering at their church stretched their skills because they had to work with people of different age groups. Another had volunteered doing fundraising which they felt stretched them to look at real life issues and try to find a way to help.

X is 18 year old male - a bright young individual who did exceptionally well in his A-levels. From June onwards he was sitting at home and had so much free time on his hand. He did not engage in sports or other extracurricular activities and only engaged in things he liked. His parents were worried he may follow in the footsteps of his older brother, who is now involved in the drug distribution business. He still stays with the family and the parents were afraid his influence will rub onto the younger sibling as he sees the easy money, flash car, friends and the lifestyle. His father brought X to Newark. We asked X to volunteer and see if he liked the different sessions we were running. X registered and soon joined our Youth Leadership programme. He started volunteering every week and really engaged in the summer project volunteering nearly every day for the whole month of August. He made some new friends with the other leadership programme participants and somehow, he did not quit and his father had expected.

He completed an introduction to youth work course and did part volunteering and part worked as a sessional youth worker in our outdoor detached project. He developed his employability skills, timekeeping, taking instructions from senior staff, completing tasks and engaging young people. He became a valuable member of our leadership programme and our junior staff team. Towards the end of December, we had to make a decision on how many of our junior staff to keep for next year and X was one of 6 we decided to keep. He has grown in confidence, enjoys his time working and volunteering at Newark and he had made positive relations with other young people and adults. His parents are pleased that he got involved in positive activities and has found new friends, activities and something he likes doing. He has also enrolled into first year of university and they are no longer afraid he would follow his older brother.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Work It Hub

The pandemic meant many young people who were working lost their jobs, others were uncertain about their chances of securing a job, unconfident about their academic record and experiencing low motivation. Through the Work-it Hub young people were supported to create individual action plans to help them identify their short, medium and long term career goals. They were given advice on options and supported to build their portfolio of skills and qualifications. As well as the 1-2-1 support we delivered 14 workshops covering topics such as CV writing, interview skills, confidence building and linked in with a number of external education and training providers. Young people were also alerted to job and training opportunities and assisted to make applications.

The project far exceeded its target numbers, providing support to 106 people in total, 90 of whom were new to Newark Youth London. Of these, 50 young people received additional support through 1-2-1 mentoring. 16 young people got the opportunity to volunteer to develop their skills and experience and 56 young people attended a careers fair, giving them access to employers and training providers. 16 young people secured employment as a result of the support including receptionists, private tutors, marketing assistant, nursery assistance and youth workers, and 39 young people gained accredited awards.

The project will enable us to advocate for young people facing challenging employment situations, and has allowed us to build new positive relationships, such as with Canary Wharf Group. However, the challenge remains, with young people often the first to be made redundant and needing continued support to sustain their engagement in jobs after they have started.

Girls in Action

Girls are supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme.

The first cohort of 20 girls chose to focus on improving their communication skills through Skillsbuilder and delivering social action by fundraising for Women's Aid. As lockdown restrictions eased, the girls were offered special sessions to have private use of the youth club facilities. They have really enjoyed having privileged access and the sense of security when attending the centre and tried new activities which they would otherwise not have been confident in attempting. Each week you can see their confidence and personality grow. 12 girls participated in BMX riding at Langdon Park - for many it was the first time they had the opportunity try out BMX riding and many travelling independently to a new venue/activity outside of school.

16 girls completed the ASDAN Level 2 Leadership course. The course challenged the girls to think about current issues and social problems such as Covid, toxic masculinity, child labour, equality and racism. The girls put into practice what they had learnt from previous workshops and great progress was made by all of them and this was reflected by peer feedback. They created posters and presented their findings with a lively debate at the end of the session, centred on the reasons for and against the death penalty.

Baseline questionnaires showed that 86% of the girls were not confident/neutral when meeting new people. From their post baseline questionnaires, we can see that most of the girls were confident when meeting new people now compared to their initial pre baseline. Previously, the girls outlined that they have never taken part in community activities, however it is now evident that the girls are confident in engaging with community activities. The girls have also shown confidence by partaking in courses and trips and engaging with girls from other schools.

The second cohort of 18 girls were introduced to Unifrog which participants utilised to develop their education/career pursuits. This platform supports users in making the most informed decisions about their futures and has a range of tools that are suitable for young people and information related to their interests and aspirations which are accessible through their unique personal accounts.

We focussed on Online confidence as participants indicated that they were not familiar with writing emails or composing formal letters and also, they would like to learn about opportunities for work experience. As a result of the programme a number of girls were confident enough to apply for Young Mayor and some slept out at the Tower of London for a night in aid of homelessness.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

J's parents were anxious about her participating in out of school activities but were reassured by the staff supervision and programme. Girls in Action has been a breath of fresh air for J who struggles to mix with students in school and form friendships. She has really excelled during the programme and now confidently speaks with her peers and staff.

Y suffers from anxiety and gets bullied at school. Y identifies as non-binary as such faces a lot of challenges from peers. Y has opened up about how she struggles to go to school due to fear of being picked on for being different and thinking differently to others. Y signed up for Girls in Action as they felt it would be something different and being in a smaller group of participants would mean less likelihood of being bullied. Y has commented on how much she enjoys the sessions and thinks the others are non-judgemental and not like her other peers. Y has really come out of her shell in the sessions.

HeAT Healthy Active Together (HeAT)

Staff report that participants say the engagement they feel when they attend this session enables them to socially, emotionally and physically connect with other people and makes them feel much better via face-to-face interaction and they sense that people do care for them and they are not isolated. Examples include two elderly participants who have recently moved to Tower Hamlets from the north who said this was a great way for them to meet new people from the community. Since moving here for the past few month's, they have only spoken to their neighbour. 50% of all participants in the HeAT programme report an increase in energy and a decrease in social isolation.

X, a young person with a learning disability attends our Saturday Father and Son Session every week with his older brother who is his carer. Initially X was reluctant to participate in the activities and watched from the side as his friends would participate. X had low confidence and would only take part when staff were present and supported him and gave encouragement. He would stop participating if staff were not present and return to the side to watch. Staff have noticed this and tried to keep an eye on him as much as possible and looked to get him involve more. From a reserved, shy person with low confidence, X has become a more confident and motivated person as a result of participating in the programme. He attends every session and now takes part in the activities with others and his friends. Staff have developed a good relationship with him and mentored him and as a result it has been observed his confidence and motivation has increased. He is learning new skills and getting better and as a result he is now joining the activities more.

The women attending our HeAT walking group session reported they appreciated the activities were timed so they could meet just after they dropped their children at school, and they felt the activities released the stress and pressure of daily life. Particularly following on from Covid lockdown restrictions, the women reported feeling liberated and connected.

Connect to Nature

We planned for 36 participants to undertake 2 sessions each over 6 sessions with a wide range of woodland activities. The programme was seriously disrupted due to the park being closed due to an incident and then Storm Eunice in February 2022. Although the incidents prevented us running the programme in full, the young people really rated the programme.

All of the participants live in neighbourhoods which are in the bottom third of the ranking of Indices of Multiple Deprivation, of which 7 participants live in neighbourhoods in the bottom ranked 20% of neighbourhoods, so having an experience like this can be really special.

- 93% said they learned new skills (there are some examples below)
- 57% felt their teamwork skills improved
- 50% said their communication skills improved
- 57% said they enjoyed being outdoors, which included 43% who gave a top score to this question and obviously enjoyed the activity a lot. However, 21% didn't enjoy the experience of being outdoors
- 72% reported that their worries or stress reduced as a result of being on the trip, which appears to be a really important outcome

Young people reported their favourite activities included using the axe and knife to do whittling, making a fire and cooking S'mores on it, setting up a hammock and making a slingshot.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Some examples included:

"I enjoyed cooking smores at the fire pit and looking for logs. It reminded me of Bangladesh."

"Making smores and find big walking sticks to carve into beautiful sculptures"

"Knife and woodwork. I enjoyed using the medium axe because there was more control."

"Learning how to navigate myself through woods"

"I improved by outdoor skills and learned new survival skills"

9 out of the 14 asked for more activities to be put on or have the chance to participate again. One young person told us that they saw taking part in the connect with nature programme as a key part of their personal development saying,

"In back to nature I had to do many things that I normally wouldn't do and it helped me learn new skills."

As a result of the positive experience this programme gave young people, we have successfully secured funding from City Bridge Trust to run a larger programme starting in September 2022.

Youth Voice and Leadership

This is an area we want to improve on and create future leaders for the organisation and the community. We want our young people to be the voice of the organisation and be involved in the key decision making for the organisation. We created the platform for young people to have that opportunity in the organisation by recruiting 18 young people as leaders and developing them, and a smaller number later joining the youth board. This year 4 young people joined the youth board and they met regularly with senior staff and later did a presentation for the trustee board on what they would like to see Newark improve in the future. Our plan is to improve this mechanism so there is regular feedback to the trustee board and young people are embedded in every aspect of the organisations decision making going forward.

OUR PERFORMANCE

Newark Youth London's long standing focus on steady growth and sustainability has enabled the charity to weather the financial and other challenges experienced during the global Covid-19 pandemic. This has meant we have experienced financial stability, and are working hard to continue our fundraising efforts to maintain all our existing services and projects. We have deliberately maintained low overheads and utilities costs, thus able to sustain until March 2023. We have not had to draw on our reserves during the pandemic.

Delivering our programmes for young people has not always been easy given the immense challenges experienced during the year as a result of the pandemic, but we have continued to deliver on our existing funded programmes supported by our funders and partners.

We were very excited this year to be able to secure new additional funding and run further programmes during the year including:

- The Work It Hub funded by London Community Response Fund for one year. Based on the success of this first year we have subsequently secured two further years' funding for this programme. The Work-It Hub will support young people with their concerns about employability, given they have missed so much time at school and they feel that the job market will be fiercely competitive as a result of the pandemic
- Connect with Nature – a short term project funded by Tower Hill Trust which was so well received by the young people we have now successfully secured funding from City Bridge Trust to run a more extensive programme for 1 years
- Funding from the Jack Petchey Foundation to employ a young person on a special one-year internship programme as part of the Jack Petchey internship programme. Employing an Engagement Intern allowed us to both intensively support the development and career potential of a young person but also to invest in developing our youth voice, parent voice and enhance our approach to digital communications and media

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

In October 2021 we learned that Newark Youth London had been successful in competing for a contract with London Borough of Tower Hamlets to deliver a significant proportion of the borough's youth work. We are delighted that our years of quality delivery in the borough have been recognised by the Council who are trusting us to deliver on a significant scale in some challenging local communities.

We also made a significant step this year in terms of implementing a new system (Upshot) which enables to digitally hold all participant records in one place, record all activities undertaken in the various programmes and record young people's achievements such as qualifications achieved. It also allows us to record their individual feedback and evaluation reports. This is enabling us to see the achievements and activities of each young person and provides a great tool to both provide the young person with an individual record of their activities and achievements as well as enables us to run reports on activities for our various funders. The data and reporting functions of Upshots allows us to triangulate and evidence our impact and identify any gaps and areas we need to improve. We have made great progress in embracing Upshot in the year and will continue to work to make best use of the range of benefits it can deliver for us. The local authority has been impressed with the tool and we are in discussions about the possibility of using Upshot as the recording tool for the Council youth service contract.

OUR GOVERNANCE

Risk Management

The trustees have assessed the major risks to which the charity is exposed to and are satisfied that systems are in place to mitigate exposure to the major risks. The Trustees participated in an away weekend in November 2021 to review performance and discuss future priorities.

The top four risks identified were:

- Wider economic challenges (Local Government, Central Government and Trust funders). We have a clear programme of income generation developed and continue to seek new funding, building on the success of a number of new short term projects
- Ability to be prudent and control finances and not overspend/cope with financial pressure if we lose grant income. Keeping our running costs and overheads low has been a key way of managing cost pressures
- Loss of London Borough of Tower Hamlets Youth Service Contract. Having been successful in the 2021 Commissioning round, we have secured the contract for 3.5 years, but are working to ensure that we deliver a high-quality service to position Newark Youth London well for future commissioning rounds
- Number, skill, capacity of staff and volunteers, including retention and diversity. All organisations in all sectors continue to experience challenges in recruiting and retaining skilled staff. Developing young people who attend our programmes as future employees is a key way that we intend to manage this risk

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2022*

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary

Mr E Islam - Trustee and Director

Mr S Rahman - Trustee and Director

Mr Z Rahman - Trustee and Director

Mrs F Hakim - Trustee

Mr K Miah - Trustee

Mr S Uddin - Trustee

Miss M Uddin - Trustee

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 19 December 2022

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NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), FCA, BFP



AGP Consulting
Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 19 December 2022

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	15,744	420,881	436,625	26,886	276,810	303,696
Expenditure on:							
Raising funds	4	-	3,672	3,672	-	908	908
Charitable activities	5	-	359,789	359,789	5,716	159,763	165,479
Total expenditure		-	363,461	363,461	5,716	160,671	166,387
Net income for the year/ Net movement in funds		15,744	57,420	73,164	21,170	116,139	137,309
Fund balances at 1 April 2021		61,870	193,879	255,749	40,700	77,740	118,440
Fund balances at 31 March 2022		77,614	251,299	328,913	61,870	193,879	255,749

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Cash at bank and in hand		356,258		310,168	
Creditors: amounts falling due within one year	9	<u>(27,345)</u>		<u>(54,419)</u>	
Net current assets			<u>328,913</u>		<u>255,749</u>
Income funds					
Restricted funds			251,299		193,879
Unrestricted funds			<u>77,614</u>		<u>61,870</u>
			<u>328,913</u>		<u>255,749</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 19 December 2022



Mr E Islam - Trustee and Director
Trustee

Company registration number 05351514

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.8 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2022 £	2022 £	2022 £	2021 £
Donations and gifts	15,744	420,881	436,625	303,696
For the year ended 31 March 2021	26,886	276,810		303,696
Donations and gifts				
LBTH Youth Services Contract	-	137,663	137,663	77,848
LBTH MSG	-	-	-	19,218
BBC Children in Need	-	33,209	33,209	33,059
London Community Foundation	-	49,979	49,979	29,028
William Wates Memorial Trust	-	-	-	1,666
Frank Haines Memorial Trust	-	7,800	7,800	7,200
East End Community Foundation	-	3,000	3,000	3,000
LBTH Local Community Fund	-	36,221	36,221	48,295
LBTH Mayors Cup Grant	-	-	-	500
LBTH Covid Emergency Fund	-	3,500	3,500	5,000
LBTH Holiday Activities Food Fund	-	23,480	23,480	6,700
GLA Young Londoners' Fund	-	34,650	34,650	53,900
Tower Hamlets Homes	-	35,110	35,110	11,000
Sports England	-	-	-	4,167
Jack Petchey Foundation	-	24,883	24,883	1,500
Vanguard	-	-	-	15,000
Joseph Levy Foundation	-	-	-	19,315
Canary Wharf Group	-	-	-	2,016
Gadcet Group	3,000	-	3,000	-
Just Smiles	6,675	-	6,675	6,774
Comic Relief	-	1,000	1,000	-
Parentzone	1,000	-	1,000	-
Garfield Weston Foundation	-	20,000	20,000	-
Tower Hill Trust	-	4,386	4,386	-
Swan Housing / Feeding Britain	-	6,000	6,000	-
Memberships and Subscriptions	2,370	-	2,370	-
Other	2,698	-	2,698	112
	15,743	420,881	436,625	303,696

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4 Raising funds

	Total	Restricted funds
	2022	2021
	£	£
<u>Fundraising and publicity</u>		
Fundraising (consultancy)	3,672	908
	<u>3,672</u>	<u>908</u>
	<u><u>3,672</u></u>	<u><u>908</u></u>

5 Charitable activities

	2022	2021
	£	£
Staff costs	205,518	113,069
Youth activities	129,881	40,255
Promotion and publicity	8,694	-
Volunteer/users training/expenses	1,877	1,363
Stationery and printing	1,227	759
	<u>347,197</u>	<u>155,446</u>
Share of support costs (see note 6)	10,792	8,233
Share of governance costs (see note 6)	1,800	1,800
	<u>359,789</u>	<u>165,479</u>
	<u><u>359,789</u></u>	<u><u>165,479</u></u>
Analysis by fund		
Unrestricted funds	-	5,716
Restricted funds	359,789	159,763
	<u>359,789</u>	<u>159,763</u>
	<u><u>359,789</u></u>	<u><u>159,763</u></u>
For the year ended 31 March 2021		
Unrestricted funds	5,716	
Restricted funds	159,763	
	<u>165,479</u>	
	<u><u>165,479</u></u>	

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Bank charges	86	-	86	80	-	80
Insurance	1,284	-	1,284	1,019	-	1,019
Rent	4,498	-	4,498	4,498	-	4,498
Telephone and internet	1,142	-	1,142	967	-	967
General office costs	3,782	-	3,782	1,669	-	1,669
Accountancy	-	1,800	1,800	-	1,800	1,800
	<u>10,792</u>	<u>1,800</u>	<u>12,592</u>	<u>8,233</u>	<u>1,800</u>	<u>10,033</u>
Analysed between Charitable activities	<u>10,792</u>	<u>1,800</u>	<u>12,592</u>	<u>8,233</u>	<u>1,800</u>	<u>10,033</u>

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	<u>21</u>	<u>16</u>
Employment costs	2022 £	2021 £
Wages and salaries	191,685	110,541
Social security costs	10,642	1,036
Other pension costs	3,191	1,492
	<u>205,518</u>	<u>113,069</u>

There were no employees whose annual remuneration was more than £60,000.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

9 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	2,016	(2,760)
Other creditors	16,471	5,700
Accruals and deferred income	8,858	51,479
	<u>27,345</u>	<u>54,419</u>

10 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Current assets/(liabilities)	77,614	251,299	328,913	61,870	193,879	255,749
	<u>77,614</u>	<u>251,299</u>	<u>328,913</u>	<u>61,870</u>	<u>193,879</u>	<u>255,749</u>

11 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

NEWARK YOUTH LONDON LIMITED

England & Wales - Charity number 1112289

Accounts

Charity Registration No. 1112289

Company Registration No. 05351514 (England and Wales)

NEWARK YOUTH LONDON LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

NEWARK YOUTH LONDON LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr M T Kawser - Trustee and Secretary Mr E Islam - Trustee and Director Mr S Rahman - Trustee and Director Mr Z Rahman - Trustee and Director Mrs F Hakim - Trustee Mr K Miah - Trustee Mr S Uddin - Trustee Miss M Uddin - Trustee
Secretary	Mr M T Kawser
Charity number	1112289
Company number	05351514
Registered office	416 H Sims House Commercial Road Tower Hamlets London E1 0LQ
Trading address	Unit S2 Whitechapel Centre 85 Myrdle Street London E1 1HL
Independent examiner	AGP Consulting Q West Great West Road Brentford TW8 0GP

NEWARK YOUTH LONDON LIMITED

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NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their annual report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

To act as a resource for young people living in the London borough of Tower Hamlets and neighbouring boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(ii) advancing education;

(iii) relieving unemployment; and

(iv) providing recreational and leisure-time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving their conditions of life.

There has been no change in these objects during the year.

Newark Youth London was formed in 1984. Originally run as a football team by dedicated volunteers. In more recent decades, Newark Youth London has developed beyond football, and now provides a comprehensive range of services for young people and other members of the local community.

Our Vision

"To provide opportunities for young people and community."

Our Mission

"To develop the skills, capacities and capabilities of young people and adults to enable them to participate in society as independent, mature and responsible citizens."

Our Aim

Helping, supporting and delivering a stronger community, by providing sport and other self-development activities to young people and adults.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Our Objectives

- Provide safe space for young people, where they can positively occupy their time and keep away from trouble.
- Provide opportunities for self-development for young people and other members of our community, to support their future personal achievements.
- Provide great experiences, that are attractive to young people.
- To develop the personal, social, physical and educational potential of young people through programmes of sports, informal education and social activities.
- Provide a space to develop friendships and nurturing relationships, enabling people to be part of their community.
- Maintain and build our reputation for sustained quality and delivery.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

PRINCIPAL ACTIVITIES AND BENEFICIARIES

Newark Youth London aims to develop the personal, social, physical and educational potential of disadvantaged young people through sports, leisure, social activities and learning. We deliver youth clubs; informal, accredited and formal learning; sports, outdoor activities, day trips and residential. We aim to enable young people to participate in society as independent, mature and responsible citizens.

Working with nearly 1,000 young people annually, most of our beneficiaries come from disadvantaged backgrounds (experiencing poverty, overcrowding, unemployment and family conflict). Our services primarily support people in London Borough of Tower Hamlets, especially young people living in overcrowded social housing and high rise flats. Young people in Tower Hamlets experience high levels of deprivation, poverty, racism and are exposed to high levels of crime, drugs and ASB. Many parents struggle as they are not working or are on low incomes, and for many who have migrated to the area English is not their first language. They may not have experienced a formal education themselves.

In the words of our staff member reporting to BBC Children in Need, *"The majority of children and young people accessing our project have limited knowledge, skills and qualifications beyond what they learn in school. They have limited access to opportunities to develop these lifeskills and experiences due to where they live and their families income levels. They lack interpersonal and communication skills, basic leadership and negotiation skills, presentation skills, teamwork and problem solving skills. They are vulnerable to peer pressure and lack resilience and ability to make their own decisions."*

If life was not already challenging enough for our young people, during 2020-21 our services were impacted by the Covid-19 global pandemic, and for much of the year there were strict lockdown restrictions in place limiting activities that young people and adults could participate in, with no indoor activity and only limited outdoor activities.

Despite this, we continued to deliver our projects, aiming to provide opportunities for young people to engage in positive activities, stay out of trouble and fulfil their potential in life, and stay safe and well during the pandemic.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1. Football Project – Our usual programme involves weekly football training and managing youth, adult and veteran's football teams. Sadly this year, due to Covid-19 lockdown restrictions we were unable to play team sports for a large part of the year. This limited both football training and participation in league games. During the periods when restrictions were lifted sufficiently to allow group activities to take place, we were able to offer some football practice, and had nearly 100 children & young people engaged. The absence of regular football was keenly felt by many of our young people, for whom football is their route into having their own sense of identity and purpose.

2. Youth Clubs – We usually operate 5 different youth clubs from 4 different wards in the borough, typically engaging over 460 children & young people between 8-19 years old. Usually the clubs provide a safe place for children to meet, socialise and develop their lifeskills and experiences in an informal setting. We offer a range of indoor and outdoor activities, sports, short courses & workshops, study support, and trips & residential.

Our youth club programme was also severely impacted by Covid-19, and from March 2020 we were not allowed to hold face to face sessions indoors. Some venues such as the Exmouth Hall did not open all year. We quickly took the decision to move to online delivery and from April 2020 we started delivering online Zoom sessions 5 days a week, Monday to Friday.

Each week we delivered 2 physical activity sessions (where young people took part in physical activity from their home via zoom) and 3 information, advice, guidance (IAG) online workshops, with a focus on fun in the Friday sessions. The online physical activity sessions kept young people fit and active during the lockdown and it developed their interest in sport and lifeskills. The IAG sessions covered many important topics i.e. online bullying, online gaming addiction, staying safe online, healthy relationships, managing stress and anxiety, mental wellbeing and many more current/relevant topics. We also supported young people to understand about Covid-19, how to stay safe, changes in government policy and answering young people's questions and queries regarding the virus and ease of lockdown.

Every quarter, we changed and tweaked the programme and timing to suit the needs of the young people and their interests. We also undertook special programmes, including taking part in the Black Lives Matter week delivering workshops on racism, inequalities and discrimination and Windrush. We delivered workshops on violence against women and girls (VAWG) as well as gangs, knife crime and peer pressure. In other sessions we covered CV writing, interview techniques and provided information about exam results, careers and going to college and university. We also had a surprise visit to one of our online session by ex-England footballer Alex Scott as part of the BBC Children in Need annual event.

We created the opportunity to work with many new partners in delivering this online programme, such as the Old Vic, MIND, Safe East, Met Police, Canary Wharf Group and more. We were able to provide creative sessions such as virtual theatre performance with Old Vic and Employment & CV workshop with Canary Wharf Group.

Altogether we engaged with 335 children and young people, and 229 participants attended 5 or more sessions. We delivered 2 accredited courses to support the development of young people's leadership skills and mental wellbeing. 37 children achieved an accredited outcome and 38 achieved recorded outcomes.

3. Summer Projects - The summer projects are an extension of the youth clubs and it is an opportunity to engage new children and young people to Newark and also to keep them occupied in positive activities during the long summer holidays.

With some easing of lockdown restrictions in the summer, Newark was able to run some of our usual summer programme. 300 young people from our regular youth club sessions and 110 new young people were able to participate in a range of outdoor sports and games throughout the summer holidays for 6 weeks.

We delivered a 5 week summer project from the Green Pitch in Cable Street, Shadwell. This included a mixture of 14 digital sessions and 24 outdoor multi-sports, games and arts & crafts sessions. The mixture of sessions allowed more young people to participate depending on their circumstances, and we encouraged parents of younger children to stay and play. We also delivered three day trips/excursions for children and families. Sadly many of the planned activities such as swimming and climbing, and our ASDAN leadership course, had to be abandoned due to the Covid 19 restrictions.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

4. Pathways to Success – the project supported 25 disengaged young people to take a fresh look at their lives and go back into education and training or move into employment. Using our extensive community networks, we were able to identify young people who were at risk. We offered them opportunities to improve their personal circumstances through 1-2-1 information, advice and guidance sessions. We developed action plans with them based on their individual needs and provided support with building CV's, improving their interview techniques, job search, volunteering and apprenticeships.

The majority of young people requested support in gaining employment, this included reviewing, updating and creating a CV for prospective employers. We supported them to search and apply for jobs and apprenticeship opportunities. Also volunteering opportunities were offered within various Newark projects including football coaching, youth clubs and social action projects.

The project was as flexible as possible to cater to the needs of young people ensuring that they had trust and confidence in Newark. We used various mediums of communications which included, phone, email, video and limited face to face. The funding for this project uniquely enabled Newark to focus on a small number of young people who would otherwise have excluded themselves from Newark's services, and lost the opportunity to achieve an important positive step forward in their lives.

5. Girls in Action (GIA) - We made great progress in delivering this project and achieving the outputs and outcomes to be delivered as part of the grant, despite having to recruit new staff to deliver the project and the impact of the pandemic. Girls in Action project is about bringing girls together, facilitating their passion and interest and supporting them to develop their confidence, skills and experiences. The project is co-designed with the girls, who are able to create their own projects based on their needs, learning and interests.

Girls are supported to develop skills like writing letters and emails, presentation skills, promoting projects, working in a team, taking the lead, doing research, etc. This leads to the girls delivering a social action project using the learning from the first part of the programme. 48 girls registered for the programme during the limited period it was able to run.

The pandemic restrictions meant the girls could not complete community events or the ASDAN volunteering course. However, the project has enabled us to develop a good partnership with All Saints Secondary school (previously Sir John Cass), which many of the girls attend. The girls went on to help organise summer outdoor sports activities for other young people, and others did online fundraising when restrictions meant they had to cancel their fundraising events.

6. Active Engaged (AcE) Futures - Our AcE Futures programme is particularly aimed at young people who are age 10 to 21 years old and at risk or involved in youth crime and violence. Building on our regular youth club and sports offering, young people participating in the programme are offered rewards for regularly attending the youth club or sports sessions. The more they attend and participate in the workshops and courses the more reward they achieve. The idea is to engage at risk young people and keep them motivated to attend so they do not have time to get involved in crime and violence. We had 335 starters last year but due to Covid-19 pandemic we only had 22 completing the programme and 34 achieved a recognised qualification/award. It was difficult to deliver much of our face to face activities, workshops and courses.

7. Healthy Active Together (HeAT) – The project is aimed at supporting inactive people to become active and is targeted at the whole family and the community. We delivered sessions for children & young people, mother & daughter and father & son sessions. Due to Covid-19 all face to face sessions stopped and sessions were provided online via zoom.

We wanted to deliver sessions for over 50's and for people with a disability, however, both these groups were classed as "vulnerable" to the virus, and were required to "shield" and have limited contact with others.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

In the sessions we gave out information about Covid-19 and updated them on the changing situation and keeping them connected. The sessions included warm up, skills activity, warm down and healthy living information and advice. As lockdown restrictions were eased later in the year, sessions were adapted again and included women's walking group, men's running group, and a father and son badminton session. The project also delivered sessions on healthy eating and living.

The project was particularly affected by unavailability of venues, including the main venue which sadly went into administration. These challenges meant that only half of the project outcomes were achieved, with just 127 children and adults signed up for the programme, but all of these were people who had not previously been active.

We co-designed the sessions with participants, based on their timing, days, and content of the sessions. We adapted them as we went and gave more ownership to the users to deliver the sessions. The young people led some sessions, they decided the session content and promoted it, etc. Similarly, for the women only sessions, the women wanted opportunity to have more time to talk to each other for mindfulness and we incorporated that into our session. We also reduced the intensity of the sessions during Ramadan period.

8. Just Smiles – The project has been engaging local young people and volunteers to provide winter packs to homeless people in London and other parts of the UK. The young people learn about the homeless community in London and show their support by raising money and buying winter packs for distribution. This year we raised over £5,000 and distributed 500 winter packs. During the pandemic, with so many people faced with loss of job or income, and difficult family situations, support for people experiencing homelessness and destitution has never been so important.

9. Jack Petchey Achievement Awards - Newark is enrolled on the Jack Petchey Achievement Award scheme and every year 9 young people are awarded £250 each to spend on their peers and for their youth club/football team. The awards are designed to motivate and encourage young people to be positive and take responsibility for their action and behaviour.

To add to our programme of activity supported by the Jack Petchey Foundation, this year we were successful in securing funding to appoint a Jack Petchey Youth Engagement Intern for the 2021-22 year.

10. Awards Ceremony – Unfortunately we were not able to hold our annual awards ceremony during 2020-21 due to Covid-19 lock down restrictions. We look forward to celebrating the achievements of our young people in the future.

Finally, to keep up our high standards irrespective of the crisis created by the pandemic, we maintained our FA Charter standard and Matrix quality standard for information, advice and guidance. We achieved Level 1 Project Oracle Validation for our AcE Futures project Theory of Change model from Youth Impact. We are also working to achieve the London Youth Bronze quality standard.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

OUR IMPACT

The strict lockdown restrictions put in place as a result of the global Covid-19 pandemic had a serious impact on the young people who use our services. Schools shut for a considerable part of the year, and young children found themselves trapped at home for weeks on end. For many of our service users, their family context can mean large families, with family members of all ages living together in cramped conditions, without enough room for everyone to have their own space. Many of our young people live in flats without any access to outside garden or play space.

Lockdown restrictions limited everyone's ability to go out, and created additional tensions as families grappled with loss of work and income, as well as serious illness for those who contracted the Covid-19 virus. Regrettably, many families experienced bereavement. The pandemic placed families under huge stress, with young people often exposed to the serious stress and fear their parents and older family members were experiencing, but without the opportunity to seek peer support from school or friends. Some young people witnessed increased domestic violence and other young people found themselves caught up in conflict within their families. Some of the children were anxious/worried about how their family would survive, eat, and pay the bills.

The online Zoom sessions we provided were therefore an absolute **lifeline** for many young people and their families. For some young people, the zoom session was their only contact with the outside world in the beginning of the pandemic. We provided an opportunity for young people to receive up to date, objective information on the virus; connect with other young people; share their anxiety and worries and stay upbeat. However zoom is not great for everyone, as so many of the young people we work with do not have sufficient access to the internet or digital equipment at home.

Unexpectedly, the online sessions enabled Newark to engage with new groups of young people from a much wider geographical area, who do not normally join our face-to-face youth club/sports sessions. We will be continuing with some online sessions in the future to enable more young people to have the opportunity to participate in our programmes.

During the pandemic we stretched beyond our usual activities to support young people in new ways and respond to their needs. In particular, our young people were impacted by not having enough food. To address this we partnered with London Borough of Tower Hamlets **Holiday Food Fund** to deliver hot lunches for young people from 2 sites, and Tower Hamlets Homes to deliver outdoor activities from 3 different sites during the summer holidays. Since then, we went on to deliver February half term and Easter holiday programmes, both with hot lunches for young people delivered to their homes.

We believe that our quick adaptation of our services, and the resilience to find ways to support young people at this unprecedented time will have had a significant impact on the mental health and physical wellbeing of many young people.

We also know that our projects have supported people to thrive at this time of crisis. For example, one of the young people who joined us for the first time, joining during our **summer programmes**, was struggling to stay out of trouble, yet he wanted to do well in his GCSEs. His father was concerned about the negative lifestyle he was adopting and wanted Newark to help his son learn how to control his emotions and be around positive role models. The young person volunteered everyday, arriving on time, helping to tidy and pack up afterward. He developed teamwork skills and learned to supervise. He encouraged one of his friends to volunteer too. During the summer holidays this young person did not get into any trouble and kept himself busy by volunteering in the summer project and attending our boxing sessions in the afternoon. He successfully channeled his energy into positive activities and made some new friends. He is now looking to continue volunteering with Newark and develop his skills around sports coaching and youth work. He will continue to focus on his studies and based on the results decide his future career choices.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Some of the girls participating in the **Girls in Action** project wanted to focus on the regeneration of their local Exmouth estate. As part of their project they partnered with Swan Housing and Open City, focused on careers and helping the girls to see the different opportunities available in the construction industry, which they were not aware of. They visited the Barbican Centre and contributed to the regeneration plans/ideas for the future of the Exmouth Estate.

A second cohort of girls learned about setting up an online fundraising page for an international humanitarian cause and attended workshops on mental health awareness delivered by MIND and personal development workshop delivered by Uptree.

40 girls (83% of participants) reported their confidence increased as a result of participating in the Girls in Action programme and the same amount stated they were more aware and gained knowledge and experience. 15 girls began their participation in other Newark programmes, continuing to widen their horizons, and 5 girls set up their own initiatives after the programme, such as being involved in the young mayor or volunteering with other charities. 25 girls reported they were better able to cope with things after completing the programme. In particular, 8 girls reported feeling better able to cope with mental health issues.

Our **AcE Futures** programme supported young people to increase their chances of securing a positive future. Feedback from 38 young people on the programme demonstrates positive results:

- 32 young people reported that they felt more motivated after completing the programme than they did before
- 30 said they were participating in activities (workshops) that will help them bolster their CV
- 25 said they are working towards a qualification that will help them apply for college/a job
- 17 said they had prepared a CV or personal statement
- 30 said they understood what they needed to do to apply for college or a job

The young people also reported improved views of themselves:

- 35 said they had increased confidence and motivation and said they felt good about themselves
- 37 said they had confidence to be themselves rather than feel under pressure to be like others
- 36 said they had confidence to make things happen rather than wait for someone else to do things for them

In terms of staying out of trouble, young people participating in the AcE Futures programme all said they had learned how to keep themselves safe and well, how to stay out of trouble and knew what to do if they felt bullied or threatened.

In our **HeAT** project, 29 children and adults managed to participate throughout the whole programme and all reported their health and wellbeing improved. They also reported that their experience of isolation and loneliness was reduced as a result of participating in the programme. Everyone reported making new friends and the sessions have improved intergenerational relationships in households. Families had the opportunity to come together to play and build relationships.

One example is an Eastern European mother, who recently arrived to the UK with her family and has limited spoken English. The sessions helped her to find ways to keep her young daughter engaged and active, as well as keep active herself and improve her English at the same time.

Our **Pathways to Success** project enabled 20 young people to achieve positive change in their lives. A common theme with the young people on the project was that they all wanted to do well but they did not know how to go about achieving their goals, nor did they have the skillset to do so. The programme helped all the young people to become more job ready, identify suitable career paths and secure accreditations. 7 young people are pursuing apprenticeships. Other young people on the programme have had the chance to experience volunteering, grow their knowledge of the support mechanisms available to them and develop resilience in response to negative peer pressure or rejection.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Our interviews with **parents**, undertaken as part of our Strategic Plan refresh, showed that parents feel that Newark is making a difference to the life experience of their children, including their success at school. They also reiterated how much of a lifeline our online events were for parents as much as for young people. Some parents told us their own life experience does not enable them to guide their child, and they rely heavily on Newark to guide and inspire their children.

Comments from parents whose children participated in our summer programme included: *"I am very impressed with Newark and their summer project in every way, top level summer project"* and *"Staff were very helpful and understanding of my child's needs"*. Another said, *"A fantastic effort from all, so important for young people to play during COVID, its re-socialised my son"*. A local Resident commented: *"Your staff did a fantastic job, you really engaged all the children and it was great to see everyone involved."*

OUR PERFORMANCE

Due to our continuous focus on sustainability and improvement, just before the outbreak of the Covid-19 pandemic, we secured 3 large contracts in 2020, covering 3 years. This was on top of our existing funding. The funds are from GLA Young Londoners Fund, and Tower Hamlets council Local Community Fund. During the pandemic we have been able to continue to deliver the bulk of these programmes, having adapted the provision to Covid-19 lockdown requirements. This has meant we are relatively secure financially, and are working hard to continue our fundraising efforts. We have low overheads and utilities costs, and so we are able to sustain until March 2023 and beyond. We have not had to draw on our reserves during the pandemic.

All our services were previously delivered face to face in sports settings or youth clubs. We have successfully evolved our services online during lockdown and have delivered the majority of planned activity, with the exception of team sports when this has been prevented by lockdown rules. This included online physical activity programmes and we created imaginative online workshops.

The move to online has been a big challenge for us because it was not previously a priority. Our staff and volunteers have adapted magnificently to delivering their programmes online. Staff have taken part in training to support this transition and prioritised their focus and responsibilities according to the situation, such as a greater focus on preparing risk assessments for events that took place. Staff and volunteers also had to take extra steps, such as cleaning equipment after use and distributing personal protective equipment to participants. We pay tribute to our staff and volunteers who were dealing with the stress of the pandemic for themselves personally, as well as stepping up to adapt to an unprecedented and constantly changing set of circumstances in their work with Newark's young people.

To explain how challenging it was to move online, we can share the words of one of our staff members, *"For all the children and young people, the online sessions were a new experience. For majority, they were not confident at all being in front of the video where others can see them and hear them speaking. There was no way of hiding or standing behind others. Everyone could see you and you had to contribute/participate in the sessions. At the start some children did not want to turn on the video, possibly embarrassed of their surrounding if they were in a small room or there were other siblings in the room. Some also did not turn the video on when doing physical activity sessions. For the first time there was no place to hide as it was very intimate, everyone knew who was in the session and young people felt very conscious of themselves and their surroundings. By end of the year children and young people were much more confident because they took the initiative to be part of the online sessions, joined sessions and made the commitment to attend regularly, contributed to sessions and were able to express and give their opinions and views without hesitation or fear of anyone else. They became independent and others listened to them."*

We are immensely proud that we have achieved a positive end to the year despite everything the pandemic has thrown at us. Our team overcame many challenges and unexpected barriers and hurdles which were outside of our control.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2021***

The Management Committee reviewed the performance of the charity during the winter of 2020/2021, including carrying out a SWOT analysis, and seeking feedback from young people, parents and staff. We recorded the areas of strength and success:

- Strong and steady growth
- Constantly evolving and improving
- Long term grants – financial stability
- Shown adaptability during pandemic (parent said online has “saved our sanity as a family”)
- Shown resilience and sustainability through difficult times
- Staff and volunteers are core strengths
- Reputation for delivery and quality
- Programmes are really liked and valued by young people and parents (young person said our programme was “Breath-taking”)
- Friendly, open and inclusive
- Rooted in local community
- Home-grown talent and role models: Many Newark staff, trustees, volunteers are role model for how being part of Newark helps people achieve more and fulfil their potential

In 2020-2021 we secured new grants which will become active in 2021-2022:

- We secured funding from the Jack Petchey Foundation for an Youth Engagement Intern who is leading the work on youth and parent voice and communications
- We secured a grant from London Community Foundation (as part of London Community Response Fund) to create the Work-It Hub to support young people with their concerns about employability, given they have missed so much time at school and they feel that the job market will be fiercely competitive as a result of the pandemic.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

OUR PLANS FOR THE FUTURE

During the winter of 2020/2021, the young people, parents, staff and trustees have all been involved in developing a new 3-year Strategic Plan for Newark Youth London covering 2021 to 2023. Although living through the pandemic has been a hard and challenging experience, and the challenges of the pandemic have continued into 2021/2022, we continue to look to the future.

We plan to continue our organic and steady growth through:

1. Creating a sustainable organisation by investing in projects and activities that earns an income or is self-funded, enabling us to rely less on funders. Diversify our portfolio of projects and activities so we cater for all.
2. Build on our Football Academy and Youth Club programmes by growing projects focused on the priorities identified by young people:
 - Employability and Entrepreneurship
 - Health and Wellbeing, including mental health, sports and football
 - Connecting with nature, including educational and recreational visits, trips, residentials and volunteering holidays abroad
3. Continuing to sustain our strong foundations, so that our capacity and capabilities match our service growth by focusing on:
 - Our approach to digital and communication
 - Our internal systems and procedures e.g. HR, Finance and Project Reporting
 - Raising the Voice of young people and parents
4. We will work in partnership, as this is an effective way to grow the benefits for our community.
5. Maintained our quality standards – Matrix and FA Charter standards and work to achieve new ones such as London Youth Bronze quality mark

As part of the Strategic Plan review we developed a fundraising plan to help us focus and target our fundraising efforts. We identified both short term and long term opportunities to apply for grants, and the type of activities and services we would like to develop and grow. Our efforts to develop our plan and our priorities have already borne fruit, and we secured nearly £75,000 of new grant funding to begin during 2021-22, as well as securing a new youth service contract with Tower Hamlets Council.

Moving forward, we have developed a Theory of Change as part of our Young Londoners Grant for our AcE Futures programme, and are using this to develop our approach to future outcome reporting. Since April 2021 we have invested in and been implementing a new online project and outcome monitoring tool (Upshot). We plan to use Upshot to help us improve the way we can report our Impact in our Trustee report for 2021/2022.

Financial review

The results for the year are set out on 15.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Risk Management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees reviewed the key risks facing Newark Youth London and ranked them in terms of probability and impact.

The top four risks identified were:

- Wider economic challenges (Local Government, Central Government and Trust funders). We have a clear programme of income generation developed as part of our Strategic Plan programme, which is already bearing fruit.
- Ability to control finances and not overspend/cope with financial pressure if we lose grant income. We are exploring the option of purchasing low cost commercial software to hold our financial management information, which will improve our resilience, reporting and ability to control expenditure against projects.
- Loss of London Borough of Tower Hamlets Youth Service Contract. We have plans in place to raise awareness of the major contribution Newark Youth London plays in the lives of young people in Tower Hamlets. We were successful in our tender application the Council's commissioning of youth services starting in 2021-22.
- Number, skill, capacity of staff and volunteers, including retention and diversity. Following the success of our grant applications, we are recruiting for a number of new staff which will enhance the core staff capacity of the charity

Structure, governance and management

Public Benefit

The trustees reviewed the aims, objectives and activities of the charity as part of developing the new strategic plan. The Trustees considered a number of possible future scenarios for the UK following the pandemic, and agreed the continued role and activities of Newark Youth London in supporting local people.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Fundraising

Newark Youth London does not have a fundraising department or any staff dedicated to fundraising activity. Rather, the task of fundraising sits with either the Manager or Trustees and volunteers. The charity does not employ third parties to raise funds on behalf of the charity, with the exception of the use from time to time of consultants to write grant applications. At all times responsibility for the content of the grant application remains with Newark Youth London.

The trustees are involved in an annual fundraising programme, Just Smiles, which is run each winter with the aim of raising funds to provide packs of personal items and gifts for people who are experiencing homelessness and rough sleeping during the winter.

The charity is a company limited by guarantee. The charity is governed by its Memorandum and Articles of Association and managed by a board of Trustees.

NEWARK YOUTH LONDON LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

The trustees, who served during the year and up to the date of signature of the financial statements were:

Mr M T Kawser - Trustee and Secretary

Mr E Islam - Trustee and Director

Mr S Rahman - Trustee and Director

Mr Z Rahman - Trustee and Director

Mrs F Hakim - Trustee

Mr K Miah - Trustee

Mr S Uddin - Trustee

Miss M Uddin - Trustee

None of the trustees have any beneficial interest in the company and the trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The charity is a membership led organisation and the majority of the members are children and young people. The trustees are elected at the annual AGM and currently there are 8 trustees, the majority of whom have been previous users of the services of the charity.

The trustees have a mix of experiences and expertise including, finance, fundraising, legal, marketing, social and youth work and working in the civil service. The trustees meet monthly and delegate work to the senior staff members, who are predominantly part time. The organisation also employs a group of full time, part time and sessional youth workers/sports coaches to deliver its youth club and sports activities. Much of our football activities are still delivered by dedicated volunteers.

The trustees' report has been approved by the Board of Trustees.



Mr E Islam - Trustee and Director

Trustee

Dated: 29 December 2021

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NEWARK YOUTH LONDON LIMITED

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also the directors of Newark Youth London Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NEWARK YOUTH LONDON LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEWARK YOUTH LONDON LIMITED

I report to the trustees on my examination of the financial statements of Newark Youth London Limited (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Faroque Ahmed BA (Hons), FCA, BFP



AGP Consulting
Chartered Accountants
Q West
Great West Road
Brentford
TW8 0GP

Dated: 29 December 2021

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	Restricted funds 2020 £	Total 2020 £
Income from:						
Donations and legacies	3	26,886	276,810	303,696	10,912	248,554
Expenditure on:						
Raising funds	4	-	908	908	-	9,057
Charitable activities	5	5,716	159,763	165,479	2,262	191,422
Total resources expended		5,716	160,671	166,387	2,262	200,479
Net income for the year/ Net movement in funds		21,170	116,139	137,309	8,650	48,075
Fund balances at 1 April 2020		40,700	77,740	118,440	32,050	70,365
Fund balances at 31 March 2021		61,870	193,879	255,749	40,700	118,440

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NEWARK YOUTH LONDON LIMITED

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Current assets					
Debtors	9	-		19,462	
Cash at bank and in hand		310,168		123,670	
		<u>310,168</u>		<u>143,132</u>	
Creditors: amounts falling due within one year	10	(54,419)		(24,692)	
Net current assets			255,749		118,440
			<u><u>255,749</u></u>		<u><u>118,440</u></u>
Income funds					
Restricted funds			193,879		77,740
Unrestricted funds			61,870		40,700
			<u>255,749</u>		<u>118,440</u>
			<u><u>255,749</u></u>		<u><u>118,440</u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29 December 2021



Mr E Islam - Trustee and Director
Trustee

Company Registration No. 05351514

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Newark Youth London Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 416 H Sims House, Commercial Road, Tower Hamlets, London, E1 0LQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Expenditure

A liability is recognised when either a legal or constructive obligation is identified. Irrecoverable VAT is classified in the same way as the transaction to which it relates.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (Continued)

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2021 £	2021 £	2021 £	2020 £
Donations and gifts	26,886	276,810	303,696	248,554
	=====	=====	=====	=====
For the year ended 31 March 2020	10,912	237,642		248,554
	=====	=====		=====

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

3 Donations and legacies

(Continued)

Donations and gifts

LBTH Youth Services	-	70,627	70,627	77,848
LBTH MSG	-	-	-	19,218
BBC Children in Need	-	24,907	24,907	33,059
Just Smiles	6,774	-	6,774	2,261
London Community Foundation	-	19,983	19,983	29,028
William Wates Memorial Trust	-	-	-	1,666
Frank Haines Memorial Trust	-	3,900	3,900	7,200
East End Community Foundation	-	10,000	10,000	3,000
LBTH Local Community Fund	-	48,295	48,295	24,148
LBTH Mayors Cup Grant	-	500	500	500
LBTH Covid Emergency Fund	5,000	-	5,000	-
LBTH Summer Holiday Food Fund	-	6,700	6,700	-
GLA Active Londoners' Fund	-	-	-	4,506
GLA Young Londoners' Fund	-	53,900	53,900	3,850
Tower Hamlets Homes	-	11,000	11,000	11,000
Sports England	-	4,167	4,167	5,834
Southern Housing Group	-	-	-	2,500
Jack Petchey Foundation	-	1,500	1,500	2,250
Gateway Housing	-	-	-	5,000
Groundwork - Tesco Bags of Help	-	-	-	2,000
Gadget Group	-	-	-	2,500
Waitrose Community Grants	-	-	-	251
London Council ESF	-	-	-	9,535
Vanguard	15,000	-	15,000	-
Joseph Levy Foundation	-	19,315	19,315	-
Canary Wharf Group	-	2,016	-	-
Other	112	-	112	1,400
	<u>26,886</u>	<u>276,810</u>	<u>303,696</u>	<u>248,554</u>

4 Raising funds

	Restricted funds	Restricted funds
	2021	2020
	£	£
Fundraising and publicity		
Fundraising (consultancy)	908	9,057
	<u>908</u>	<u>9,057</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

5 Charitable activities

	2021 £	2020 £
Staff costs	113,069	87,958
Youth activities	40,255	78,166
Promotion and publicity	-	6,545
Volunteer/users training/expenses	1,363	6,386
Stationery and printing	759	1,707
	<u>155,446</u>	<u>180,762</u>
Share of support costs (see note 6)	8,233	8,860
Share of governance costs (see note 6)	1,800	1,800
	<u>165,479</u>	<u>191,422</u>
Analysis by fund		
Unrestricted funds	5,716	2,262
Restricted funds	159,763	189,160
	<u>165,479</u>	<u>191,422</u>
For the year ended 31 March 2020		
Unrestricted funds	2,262	
Restricted funds	189,160	
	<u>191,422</u>	

6 Support costs

	Support costs £	Governance costs £	2021 £	Support costs £	Governance costs £	2020 £
Bank charges	80	-	80	79	-	79
Insurance	1,019	-	1,019	687	-	687
Rent	4,498	-	4,498	4,498	-	4,498
Telephone and internet	967	-	967	612	-	612
General office costs	1,669	-	1,669	2,984	-	2,984
Accountancy	-	1,800	1,800	-	1,800	1,800
	<u>8,233</u>	<u>1,800</u>	<u>10,033</u>	<u>8,860</u>	<u>1,800</u>	<u>10,660</u>
Analysed between						
Charitable activities	<u>8,233</u>	<u>1,800</u>	<u>10,033</u>	<u>8,860</u>	<u>1,800</u>	<u>10,660</u>

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	16	14
Employment costs	2021	2020
	£	£
Wages and salaries	110,541	86,935
Social security costs	1,036	110
Other pension costs	1,492	913
	113,069	87,958

There were no employees whose annual remuneration was more than £60,000.

9 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Prepayments and accrued income	-	19,462

10 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	(2,760)	1,575
Other creditors	5,700	-
Accruals and deferred income	51,479	23,117
	54,419	24,692

NEWARK YOUTH LONDON LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

11 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Current assets/ (liabilities)	61,870	193,879	255,749	40,700	77,740	118,440
	<u>61,870</u>	<u>193,879</u>	<u>255,749</u>	<u>40,700</u>	<u>77,740</u>	<u>118,440</u>

12 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties: