

Company registration number: 05578845

Charity registration number: 1112204

The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2025

Coates and Partners Limited
The Old Vicarage
51 St John Street
Ashbourne
Derbyshire
DE6 1GP

The Mid-Derbyshire Association For Mobile Physiotherapy

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The Mid-Derbyshire Association For Mobile Physiotherapy

Reference and Administrative Details

Chairman The Honourable Mrs E Tarling

Trustees Mrs P Hall
Mrs S Crichton-Stuart
The Countess Of Shrewsbury
Mrs A Shields
The Honourable Mrs E Tarling
Mrs D Bloor
Mrs K Nieper
Mrs S D Stenhouse
Lady P Walker-Okeover
Mrs J Rose

Principal Office White Cottage
Brailsford
Ashbourne
Derbyshire
DE6 3AX

Registered Office 51 St John Street
Ashbourne
Derbyshire
DE6 1GP

The charity is incorporated in England and Wales.

Company Registration Number 05578845

Charity Registration Number 1112204

Independent Examiner Coates and Partners Limited
The Old Vicarage
51 St John Street
Ashbourne
Derbyshire
DE6 1GP

Accountants Coates and Partners Limited
The Old Vicarage
51 St John Street
Ashbourne
Derbyshire
DE6 1GP

The Mid-Derbyshire Association For Mobile Physiotherapy

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 30 June 2025.

Objectives and activities

Objects and aims

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

Public benefit

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

Our physiotherapist carried out 609 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. There were 183 new patients. The mileage for the year is 6,200.

Financial review

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

We have made a £7,929 loss this year, after a £1,312 profit last year. The bank interest rates have been steadily rising this year, which has resulted in higher interest income received. Donations have again been generous (See below for list of donors).

A successful Garden Party was held at Parwich Hall in June 2025 raising £2,574. This was a great result. Well done to all the Trustees and the Volunteers for their hard work.

Our list of donors for the year are as follows:-

Ange Roebuck; Longcliffe Quarries; Daltons Dairy; Mieke Leney; Mrs Polly Thellusson

Policy on reserves

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £68,876.

The Mid-Derbyshire Association For Mobile Physiotherapy

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mrs P Hall
	Mrs S Crichton-Stuart
	The Countess Of Shrewsbury
	Mrs A Shields
	The Honourable Mrs E Tarling
	Mrs D Bloor
	Mrs K Nieper
	Mrs S D Stenhouse
	Lady P Walker-Okeover
	Mrs J Rose

Chairman:	The Honourable Mrs E Tarling
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Structure, governance and management

Nature of governing document

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

Recruitment and appointment of trustees

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

The Mid-Derbyshire Association For Mobile Physiotherapy

Trustees' Report

Statement of trustees' responsibilities

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 8 October 2025 and signed on its behalf by:



.....
The Honourable Mrs E Tarling
Chairman and Trustee

The Mid-Derbyshire Association For Mobile Physiotherapy

Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Mid-Derbyshire Association For Mobile Physiotherapy as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Coates and Partners Limited

The Old Vicarage
51 St John Street
Ashbourne
Derbyshire
DE6 1GP

8 October 2025

The Mid-Derbyshire Association For Mobile Physiotherapy

Statement of Financial Activities for the Year Ended 30 June 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Total 2025 £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	4,708	4,708	14,321
Charitable activities	4	39,750	39,750	37,258
Investment income		<u>1,200</u>	<u>1,200</u>	<u>981</u>
Total Income		<u>45,658</u>	<u>45,658</u>	<u>52,560</u>
Expenditure on:				
Raising funds	5	(1,255)	(1,255)	(3,583)
Charitable activities	6	<u>(52,332)</u>	<u>(52,332)</u>	<u>(47,665)</u>
Total Expenditure		<u>(53,587)</u>	<u>(53,587)</u>	<u>(51,248)</u>
Net (expenditure)/income		<u>(7,929)</u>	<u>(7,929)</u>	<u>1,312</u>
Net movement in funds		(7,929)	(7,929)	1,312
Reconciliation of funds				
Total funds brought forward		<u>76,605</u>	<u>76,605</u>	<u>75,293</u>
Total funds carried forward	14	<u><u>68,676</u></u>	<u><u>68,676</u></u>	<u><u>76,605</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 14.

The notes on pages 8 to 16 form an integral part of these financial statements.

The Mid-Derbyshire Association For Mobile Physiotherapy

(Registration number: 05578845)
Balance Sheet as at 30 June 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	10	8,285	11,046
Current assets			
Debtors	11	4,858	4,484
Cash at bank and in hand	12	<u>59,689</u>	<u>65,120</u>
		64,547	69,604
Creditors: Amounts falling due within one year	13	<u>(4,156)</u>	<u>(4,045)</u>
Net current assets		<u>60,391</u>	<u>65,559</u>
Net assets		<u><u>68,676</u></u>	<u><u>76,605</u></u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>68,676</u>	<u>76,605</u>
Total funds	14	<u><u>68,676</u></u>	<u><u>76,605</u></u>

For the financial year ending 30 June 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 6 to 16 were approved by the trustees, and authorised for issue on 8 October 2025 and signed on their behalf by:



.....
The Honourable Mrs E Tarling
Chairman and trustee

The notes on pages 8 to 16 form an integral part of these financial statements.

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

1 Charity status

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

51 St John Street
Ashbourne
Derbyshire
DE6 1GP

The principal place of business is:

White Cottage
Brailsford
Ashbourne
Derbyshire
DE6 3AX

These financial statements were authorised for issue by the trustees on 8 October 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Motor vehicles	25% reducing balance

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

The Mid-Derbyshire Association For Mobile Physiotherapy
Notes to the Financial Statements for the Year Ended 30 June 2025

3 Income from donations and legacies

	Unrestricted funds General £	Total funds £
Donations and legacies; Donations	<u>4,708</u>	<u>4,708</u>
Total for 2025	<u><u>4,708</u></u>	<u><u>4,708</u></u>
Total for 2024	<u><u>14,321</u></u>	<u><u>14,321</u></u>

4 Income from charitable activities

	Unrestricted funds General £	Total funds £
Total for 2024	<u><u>37,258</u></u>	<u><u>37,258</u></u>

The Mid-Derbyshire Association For Mobile Physiotherapy
Notes to the Financial Statements for the Year Ended 30 June 2025

5 Expenditure on raising funds

a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total funds £
Plant fair		1,255	1,255
Total for 2025		<u>1,255</u>	<u>1,255</u>
Total for 2024		<u>3,583</u>	<u>3,583</u>
		Direct costs £	Total costs £
Total for 2024		<u>3,583</u>	<u>3,583</u>

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

6 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total funds £
Staff costs		40,229	40,229
Allocated support costs		12,103	12,103
Total for 2025		<u>52,332</u>	<u>52,332</u>
Total for 2024		<u>47,665</u>	<u>47,665</u>

	Activity undertaken directly £	Total expenditure £
Staff costs	40,229	40,229
Establishment costs	2,403	2,403
Office expenses	4,747	4,747
Motor expenses	2,191	2,191
Depreciation of tangible fixed assets	2,761	2,761
Total for 2025	<u>52,331</u>	<u>52,331</u>
Total for 2024	<u>47,665</u>	<u>47,665</u>

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

8 Staff costs

The aggregate payroll costs were as follows:

	2025	2024
	£	£
Staff costs during the year were:		
Wages and salaries	36,678	31,367
Pension costs	<u>3,551</u>	<u>5,851</u>
	<u>40,229</u>	<u>37,218</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025	2024
	No	No
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

10 Tangible fixed assets

	Motor vehicles £	Total £
Cost		
At 1 July 2024	<u>13,595</u>	<u>13,595</u>
At 30 June 2025	<u>13,595</u>	<u>13,595</u>
Depreciation		
At 1 July 2024	<u>2,549</u>	<u>2,549</u>
Charge for the year	<u>2,761</u>	<u>2,761</u>
At 30 June 2025	<u>5,310</u>	<u>5,310</u>
Net book value		
At 30 June 2025	<u><u>8,285</u></u>	<u><u>8,285</u></u>
At 30 June 2024	<u><u>11,046</u></u>	<u><u>11,046</u></u>

11 Debtors

	2025 £	2024 £
Trade debtors	3,300	3,182
Prepayments	<u>1,558</u>	<u>1,302</u>
	<u><u>4,858</u></u>	<u><u>4,484</u></u>

12 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	<u><u>59,689</u></u>	<u><u>65,120</u></u>

The Mid-Derbyshire Association For Mobile Physiotherapy

Notes to the Financial Statements for the Year Ended 30 June 2025

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	-	995
Other taxation and social security	1,896	1,600
Other creditors	960	-
Accruals	1,300	1,450
	<u>4,156</u>	<u>4,045</u>

14 Funds

	Balance at 1 July 2024 £	Incoming resources £	Resources expended £	Balance at 30 June 2025 £
Unrestricted funds				
General	<u>76,605</u>	<u>45,658</u>	<u>(53,587)</u>	<u>68,676</u>

	Balance at 1 July 2023 £	Incoming resources £	Resources expended £	Balance at 30 June 2024 £
Unrestricted funds				
General	<u>75,293</u>	<u>52,560</u>	<u>(51,248)</u>	<u>76,605</u>

The Mid-Derbyshire Association For Mobile Physiotherapy

Statement of Financial Activities by fund for the Year Ended 30 June 2025

Unrestricted Funds

	Total Unrestricted Funds 2025 £	Total Unrestricted Funds 2024 £
Income and Endowments from:		
Donations and legacies	4,708	14,321
Charitable activities	39,750	37,258
Investment income	<u>1,200</u>	<u>981</u>
Total income	<u>45,658</u>	<u>52,560</u>
Expenditure on:		
Raising funds	(1,255)	(3,583)
Charitable activities	<u>(52,332)</u>	<u>(47,665)</u>
Total expenditure	<u>(53,587)</u>	<u>(51,248)</u>
Net (expenditure)/income	<u>(7,929)</u>	<u>1,312</u>
Net movement in funds	(7,929)	1,312
Reconciliation of funds		
Total funds brought forward	<u>76,605</u>	<u>75,293</u>
Total funds carried forward	<u><u>68,676</u></u>	<u><u>76,605</u></u>

The Mid-Derbyshire Association For Mobile Physiotherapy

Detailed Statement of Financial Activities for the Year Ended 30 June 2025

	Total 2025 £	Total 2024 £
Income and Endowments from:		
Donations and legacies (analysed below)	4,708	14,321
Charitable activities (analysed below)	39,750	37,258
Investment income (analysed below)	<u>1,200</u>	<u>981</u>
Total income	<u>45,658</u>	<u>52,560</u>
Expenditure on:		
Raising funds (analysed below)	(1,255)	(3,583)
Charitable activities (analysed below)	<u>(52,332)</u>	<u>(47,665)</u>
Total expenditure	<u>(53,587)</u>	<u>(51,248)</u>
Net (expenditure)/income	<u>(7,929)</u>	<u>1,312</u>
Net movement in funds	(7,929)	1,312
Reconciliation of funds		
Total funds brought forward	<u>76,605</u>	<u>75,293</u>
Total funds carried forward	<u><u>68,676</u></u>	<u><u>76,605</u></u>

The Mid-Derbyshire Association For Mobile Physiotherapy

Detailed Statement of Financial Activities for the Year Ended 30 June 2025

	Total 2025 £	Total 2024 £
<i>Donations and legacies</i>		
Appeals and donations	4,708	1,790
Plant fair	-	12,531
	<u>4,708</u>	<u>14,321</u>
<i>Charitable activities</i>		
Funding	<u>39,750</u>	<u>37,258</u>
	<u>39,750</u>	<u>37,258</u>
<i>Investment income</i>		
Interest on cash deposits	<u>1,200</u>	<u>981</u>
	<u>1,200</u>	<u>981</u>
<i>Raising funds</i>		
Fundraising costs	<u>(1,255)</u>	<u>(3,583)</u>
	<u>(1,255)</u>	<u>(3,583)</u>
<i>Charitable activities</i>		
Sundry expenses	(80)	(360)
Wages and salaries	(36,678)	(31,367)
Staff pensions	(3,551)	(5,851)
Insurance	(2,403)	(1,121)
Office expenses	(3,183)	(2,578)
Printing, postage and stationery	-	(218)
Motor expenses	(2,191)	(2,754)
Legal and professional fees	(1,485)	(1,337)
Bank charges	-	(80)
Depreciation of motor vehicles	(2,761)	(2,549)
Profit on disposal of tangible fixed assets	-	550
	<u>(52,332)</u>	<u>(47,665)</u>

