

Company registration number: 05578845

Charity registration number: 1112204

# The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2023

Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

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# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Reference and Administrative Details**

**Chairman** The Honourable Mrs E Tarling

**Trustees** Mrs P Hall  
Mrs S Crichton-Stuart  
The Countess Of Shrewsbury  
Mrs A Shields  
The Honourable Mrs E Tarling  
Mrs D Bloor  
Mrs K Nieper  
Mrs S D Stenhouse  
Lady P Walker-Okeover  
Mrs J Rose

**Principal Office** New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

**Registered Office** New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

The charity is incorporated in England and Wales.

**Company Registration Number** 05578845

**Charity Registration Number** 1112204

**Independent Examiner** Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

**Accountants** Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 June 2023.

### **Objectives and activities**

#### ***Objects and aims***

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

#### ***Public benefit***

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

Our physiotherapist carried out 542 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. there were 164 new patients. He travelled 4,848 miles.

### **Financial review**

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

We have made a profit this year, after the small loss last year. The bank interest rates have been steadily rising this year, which has resulted in higher interest income received. Donations have again been generous (see below for list of donors). The van is fully expensed but it is getting near to the time when it will need replacing, although it is still working well and does have a low mileage for it's age.

A very successful Plant Fair was held at Culland Hall in June 2023 raising £9,050. This was an exceptional result, in fact it is the best result achieved to date. Well done to all the Trustees and the Volunteers for their hard work.

Our list of donors for the year were as follows:-

ANON; Mrs P Turner; Mr D Rance; Mr M Hyde; Mrs Diana Forsey; Longcliffe Quarries; The Late Mrs Sheils Wooliscroft; Mrs Gill Key; Mrs Di Monier-Williams; Sue Kolm; Margaret Crouch; Mrs A N Thorpe; Mrs L P Fearn.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

### ***Policy on reserves***

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £75,293.

### **Trustees and officers**

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mrs P Hall
	Mrs S Crichton-Stuart
	The Countess Of Shrewsbury
	Mrs L J Stanton (resigned 30 November 2022)
	Mrs A Shields
	Mrs A Clowes (resigned 11 February 2023)
	The Honourable Mrs E Tarling
	Mrs D Bloor
	Mrs K Nieper
	Mrs S D Stenhouse (appointed 3 May 2023)
	Lady P Walker-Okeover (appointed 3 May 2023)
	Mrs J Rose (appointed 20 August 2022)

Chairman:	The Honourable Mrs E Tarling
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### **Structure, governance and management**

#### ***Nature of governing document***

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

### ***Recruitment and appointment of trustees***

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

### **Statement of trustees' responsibilities**

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".


Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 29 November 2023 and signed on its behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and Trustee

## **The Mid-Derbyshire Association For Mobile Physiotherapy**

### **Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2023.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Mid-Derbyshire Association For Mobile Physiotherapy as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Coates and Partners Limited

The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

29 November 2023

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities for the Year Ended 30 June 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Total 2023 £	Total 2022 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	14,119	14,119	12,294
Charitable activities	4	38,575	38,575	34,361
Investment income		501	501	38
Total Income		<u>53,195</u>	<u>53,195</u>	<u>46,693</u>
<b>Expenditure on:</b>				
Raising funds	5	(3,504)	(3,504)	(4,801)
Charitable activities	6	<u>(46,754)</u>	<u>(46,754)</u>	<u>(42,085)</u>
Total Expenditure		<u>(50,258)</u>	<u>(50,258)</u>	<u>(46,886)</u>
Net income/(expenditure)		<u>2,937</u>	<u>2,937</u>	<u>(193)</u>
Net movement in funds		2,937	2,937	(193)
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>72,356</u>	<u>72,356</u>	<u>72,549</u>
Total funds carried forward	14	<u><u>75,293</u></u>	<u><u>75,293</u></u>	<u><u>72,356</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 14.

The notes on pages 8 to 15 form an integral part of these financial statements.



## The Mid-Derbyshire Association For Mobile Physiotherapy

(Registration number: 05578845)  
Balance Sheet as at 30 June 2023

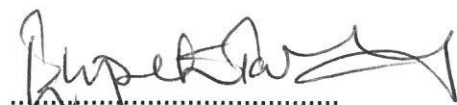
	Note	2023 £	2022 £
<b>Current assets</b>			
Debtors	11	6,475	6,366
Cash at bank and in hand	12	<u>72,463</u>	<u>70,140</u>
		78,938	76,506
<b>Creditors: Amounts falling due within one year</b>	13	<u>(3,645)</u>	<u>(4,150)</u>
<b>Net assets</b>		<u>75,293</u>	<u>72,356</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>75,293</u>	<u>72,356</u>
<b>Total funds</b>	14	<u>75,293</u>	<u>72,356</u>

For the financial year ending 30 June 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 6 to 15 were approved by the trustees, and authorised for issue on 29 November 2023 and signed on their behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and trustee

The notes on pages 8 to 15 form an integral part of these financial statements.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2023**

### **1 Charity status**

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

The principal place of business is:

New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

These financial statements were authorised for issue by the trustees on 29 November 2023.

### **2 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2023**

### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### **Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### **Raising funds**

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

#### **Asset class**

Motor vehicles

#### **Depreciation method and rate**

25% reducing balance

### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

## **The Mid-Derbyshire Association For Mobile Physiotherapy**

### **Notes to the Financial Statements for the Year Ended 30 June 2023**

#### **Pensions and other post retirement obligations**

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

#### 3 Income from donations and legacies

	Unrestricted funds General £	Total funds £
Donations and legacies;		
Donations	1,621	1,621
Plant fair	12,498	12,498
<b>Total for 2023</b>	<u>14,119</u>	<u>14,119</u>
<b>Total for 2022</b>	<u>12,294</u>	<u>12,294</u>

#### 4 Income from charitable activities

	Unrestricted funds General £	Total funds £
Physiotherapy services	38,575	38,575
<b>Total for 2023</b>	<u>38,575</u>	<u>38,575</u>

#### 5 Expenditure on raising funds

##### a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total funds £
Plant fair		3,504	3,504
<b>Total for 2023</b>		<u>3,504</u>	<u>3,504</u>
<b>Total for 2022</b>		<u>4,801</u>	<u>4,801</u>
			<b>Total costs £</b>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

#### 6 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total funds £
Staff costs		38,574	38,574
Allocated support costs		8,180	8,180
<b>Total for 2023</b>		<u>46,754</u>	<u>46,754</u>
<b>Total for 2022</b>		<u>42,085</u>	<u>42,085</u>

	Activity undertaken directly £	Total expenditure £
Staff costs	38,575	38,575
Establishment costs	1,475	1,475
Office expenses	4,825	4,825
Printing, postage and stationery	237	237
Motor expenses	1,642	1,642
<b>Total for 2023</b>	<u>46,754</u>	<u>46,754</u>

#### 7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
<b>Staff costs during the year were:</b>		
Wages and salaries	32,522	28,934
Pension costs	6,052	5,428
	<u>38,574</u>	<u>34,362</u>

## **The Mid-Derbyshire Association For Mobile Physiotherapy**

### **Notes to the Financial Statements for the Year Ended 30 June 2023**

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	<b>2023 No</b>	<b>2022 No</b>
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

#### **9 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

#### 10 Tangible fixed assets

	Motor vehicles £	Total £
<b>Cost</b>		
At 1 July 2022	8,209	8,209
At 30 June 2023	8,209	8,209
<b>Depreciation</b>		
At 1 July 2022	8,209	8,209
At 30 June 2023	8,209	8,209
<b>Net book value</b>		
At 30 June 2023	-	-
At 30 June 2022	-	-

#### 11 Debtors

	2023 £	2022 £
Trade debtors	5,769	5,686
Prepayments	706	680
	6,475	6,366

#### 12 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	72,463	70,140

#### 13 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	313	1,334
Other taxation and social security	2,332	1,990
Accruals	1,000	826
	3,645	4,150



# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2023**

### **14 Funds**

	<b>Balance at 1 July 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 30 June 2023 £</b>
<b>Unrestricted funds</b>				
General	<u>72,356</u>	<u>53,195</u>	<u>(50,258)</u>	<u>75,293</u>
	<b>Balance at 1 July 2021 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 30 June 2022 £</b>
<b>Unrestricted funds</b>				
General	<u>72,549</u>	<u>46,693</u>	<u>(46,886)</u>	<u>72,356</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities by fund for the Year Ended 30 June 2023

#### Unrestricted Funds

	Total Unrestricted Funds 2023 £	Total Unrestricted Funds 2022 £
<b>Income and Endowments from:</b>		
Donations and legacies	14,119	12,294
Charitable activities	38,575	34,361
Investment income	501	38
Total income	<u>53,195</u>	<u>46,693</u>
<b>Expenditure on:</b>		
Raising funds	(3,504)	(4,801)
Charitable activities	<u>(46,754)</u>	<u>(42,085)</u>
Total expenditure	<u>(50,258)</u>	<u>(46,886)</u>
Net income/(expenditure)	<u>2,937</u>	<u>(193)</u>
Net movement in funds	2,937	(193)
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>72,356</u>	<u>72,549</u>
Total funds carried forward	<u><u>75,293</u></u>	<u><u>72,356</u></u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2023

	Total 2023 £	Total 2022 £
<b>Income and Endowments from:</b>		
Donations and legacies (analysed below)	14,119	12,294
Charitable activities (analysed below)	38,575	34,361
Investment income (analysed below)	501	38
	<u>53,195</u>	<u>46,693</u>
Total income		
<b>Expenditure on:</b>		
Raising funds (analysed below)	(3,504)	(4,801)
Charitable activities (analysed below)	(46,754)	(42,085)
	<u>(50,258)</u>	<u>(46,886)</u>
Total expenditure		
Net income/(expenditure)	<u>2,937</u>	<u>(193)</u>
Net movement in funds	2,937	(193)
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>72,356</u>	<u>72,549</u>
Total funds carried forward	<u>75,293</u>	<u>72,356</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2023

	Total 2023 £	Total 2022 £
<b><i>Donations and legacies</i></b>		
Appeals and donations	1,621	1,557
Jumble sales	12,498	10,737
	<u>14,119</u>	<u>12,294</u>
<b><i>Charitable activities</i></b>		
Other	38,575	34,361
	<u>38,575</u>	<u>34,361</u>
<b><i>Investment income</i></b>		
Interest on cash deposits	501	38
	<u>501</u>	<u>38</u>
<b><i>Raising funds</i></b>		
Fundraising costs	(3,504)	(4,801)
	<u>(3,504)</u>	<u>(4,801)</u>
<b><i>Charitable activities</i></b>		
Sundry expenses	(30)	(100)
Wages and salaries	(32,522)	(28,934)
Staff pensions	(6,052)	(5,428)
Staff training	-	(260)
Insurance	(1,475)	(1,493)
Office expenses	(3,186)	(2,988)
Printing, postage and stationery	(237)	(169)
Motor expenses	(1,642)	(1,706)
Legal and professional fees	(1,567)	(939)
Bank charges	(43)	(50)
Equipment repairs and renewals	-	(18)
	<u>(46,754)</u>	<u>(42,085)</u>