

# THE MID-DERBYSHIRE ASSOCIATION FOR MOBILE PHYSIOTHERAPY

England & Wales · Charity number 1112204

## Details

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Status	Registered
Legal form	Charitable company
Company number	<a href="#">05578845</a>
Registered	2005-11-22
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	White Cottage Brailsford Ashbourne Derbyshire DE6 3AX
Phone	01335360345
Email	<a href="mailto:elizabeth.tarling@btinternet.com">elizabeth.tarling@btinternet.com</a>
Website	<a href="http://www.midderbyshiremobilephysio.org">www.midderbyshiremobilephysio.org</a>

## Activities

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**Objects:** 1, TO PROMOTE, ESTABLISH AND MAINTAIN A MOBILE PHYSIOTHERAPY SERVICE IN THE VARIOUS WARDS AND PARISHES OF THE MID-DERBYSHIRE AREA;2, TO MAKE TREATMENT AVAILABLE TO PATIENTS WHO ARE INCAPABLE OF ATTENDING HOSPITAL AND PATIENTS WHO IN THE OPINION OF THEIR DOCTOR NEED TREATMENT AT HOME.

**Activities:** To advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

## Classification

- **How:** Provides Human Resources
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities

## Geography

- **Area of benefit:** MID-DERBYSHIRE
- Derbyshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£45,658	£53,587	-	-
2024-06-30	£52,560	£51,248	-	-
2023-06-30	£53,195	£50,258	-	-
2022-06-30	£46,693	£46,886	-	-
2021-06-30	£41,854	£39,793	-	-

## Trustees

Name	Role	Appointed
<b>ELIZABETH JANE TARLING</b>	Chair	2013-04-14
ALICE MARY LOUISE SHIELDS		2012-02-12
DEBORAH JANE CHETWYND-TALBOT		2012-02-12
Emma Rachel Hilary Curzon		2025-11-12
Janet Elizabeth Rose		2022-08-20
Katherine Elizabeth Sinclair Nieper		2021-11-24
PAMELA MARY SUSAN CRICHTON-STUART		2013-04-14
Philippa Lucy Merttins Walker-Okeover		2023-05-03
Sandra Dawn Stenhouse		2023-05-03

**THE MID-DERBYSHIRE ASSOCIATION FOR MOBILE PHYSIOTHERAPY**

England & Wales - Charity number 1112204

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# Accounts

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Company registration number: 05578845

Charity registration number: 1112204

# The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2025

Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

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# The Mid-Derbyshire Association For Mobile Physiotherapy

## Reference and Administrative Details

<b>Chairman</b>	The Honourable Mrs E Tarling
<b>Trustees</b>	Mrs P Hall Mrs S Crichton-Stuart The Countess Of Shrewsbury Mrs A Shields The Honourable Mrs E Tarling Mrs D Bloor Mrs K Nieper Mrs S D Stenhouse Lady P Walker-Okeover Mrs J Rose
<b>Principal Office</b>	White Cottage Brailsford Ashbourne Derbyshire DE6 3AX
<b>Registered Office</b>	51 St John Street Ashbourne Derbyshire DE6 1GP  The charity is incorporated in England and Wales.
<b>Company Registration Number</b>	05578845
<b>Charity Registration Number</b>	1112204
<b>Independent Examiner</b>	Coates and Partners Limited The Old Vicarage 51 St John Street Ashbourne Derbyshire DE6 1GP
<b>Accountants</b>	Coates and Partners Limited The Old Vicarage 51 St John Street Ashbourne Derbyshire DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 30 June 2025.

### **Objectives and activities**

#### ***Objects and aims***

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

#### ***Public benefit***

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

Our physiotherapist carried out 609 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. There were 183 new patients. The mileage for the year is 6,200.

### **Financial review**

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

We have made a £7,929 loss this year, after a £1,312 profit last year. The bank interest rates have been steadily rising this year, which has resulted in higher interest income received. Donations have again been generous (See below for list of donors).

A successful Garden Party was held at Parwich Hall in June 2025 raising £2,574. This was a great result. Well done to all the Trustees and the Volunteers for their hard work.

Our list of donors for the year are as follows:-

Ange Roebuck; Longcliffe Quarries; Daltons Dairy; Mieke Leney; Mrs Polly Thellusson

### ***Policy on reserves***

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £68,876.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

### **Trustees and officers**

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

- Mrs P Hall
- Mrs S Crichton-Stuart
- The Countess Of Shrewsbury
- Mrs A Shields
- The Honourable Mrs E Tarling
- Mrs D Bloor
- Mrs K Nieper
- Mrs S D Stenhouse
- Lady P Walker-Okeover
- Mrs J Rose

Chairman: The Honourable Mrs E Tarling

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

#### ***Recruitment and appointment of trustees***

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Trustees' Report

### Statement of trustees' responsibilities

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 8 October 2025 and signed on its behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and Trustee

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2025.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Mid-Derbyshire Association For Mobile Physiotherapy as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Coates and Partners Limited

The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

8 October 2025

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities for the Year Ended 30 June 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Total 2025 £	Total 2024 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	4,708	4,708	14,321
Charitable activities	4	39,750	39,750	37,258
Investment income		<u>1,200</u>	<u>1,200</u>	<u>981</u>
Total Income		<u>45,658</u>	<u>45,658</u>	<u>52,560</u>
<b>Expenditure on:</b>				
Raising funds	5	(1,255)	(1,255)	(3,583)
Charitable activities	6	<u>(52,332)</u>	<u>(52,332)</u>	<u>(47,665)</u>
Total Expenditure		<u>(53,587)</u>	<u>(53,587)</u>	<u>(51,248)</u>
Net (expenditure)/income		<u>(7,929)</u>	<u>(7,929)</u>	<u>1,312</u>
Net movement in funds		(7,929)	(7,929)	1,312
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>76,605</u>	<u>76,605</u>	<u>75,293</u>
Total funds carried forward	14	<u><u>68,676</u></u>	<u><u>68,676</u></u>	<u><u>76,605</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 14.

The notes on pages 8 to 16 form an integral part of these financial statements.

## The Mid-Derbyshire Association For Mobile Physiotherapy

**(Registration number: 05578845)**  
**Balance Sheet as at 30 June 2025**

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	10	8,285	11,046
<b>Current assets</b>			
Debtors	11	4,858	4,484
Cash at bank and in hand	12	<u>59,689</u>	<u>65,120</u>
		64,547	69,604
<b>Creditors: Amounts falling due within one year</b>	13	<u>(4,156)</u>	<u>(4,045)</u>
<b>Net current assets</b>		<u>60,391</u>	<u>65,559</u>
<b>Net assets</b>		<u><u>68,676</u></u>	<u><u>76,605</u></u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>68,676</u>	<u>76,605</u>
<b>Total funds</b>	14	<u><u>68,676</u></u>	<u><u>76,605</u></u>

For the financial year ending 30 June 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 6 to 16 were approved by the trustees, and authorised for issue on 8 October 2025 and signed on their behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and trustee

The notes on pages 8 to 16 form an integral part of these financial statements.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2025**

### **1 Charity status**

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

The principal place of business is:

White Cottage  
Brailsford  
Ashbourne  
Derbyshire  
DE6 3AX

These financial statements were authorised for issue by the trustees on 8 October 2025.

### **2 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Notes to the Financial Statements for the Year Ended 30 June 2025

### Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Motor vehicles	25% reducing balance

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

## **The Mid-Derbyshire Association For Mobile Physiotherapy**

### **Notes to the Financial Statements for the Year Ended 30 June 2025**

#### **Pensions and other post retirement obligations**

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2025

#### 3 Income from donations and legacies

	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Donations and legacies;		
Donations	4,708	4,708
<b>Total for 2025</b>	<u>4,708</u>	<u>4,708</u>
<b>Total for 2024</b>	<u>14,321</u>	<u>14,321</u>

#### 4 Income from charitable activities

	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
<b>Total for 2024</b>	<u>37,258</u>	<u>37,258</u>

**The Mid-Derbyshire Association For Mobile Physiotherapy**  
**Notes to the Financial Statements for the Year Ended 30 June 2025**

**5 Expenditure on raising funds**

**a) Costs of generating donations and legacies**

	<b>Note</b>	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Plant fair		1,255	1,255
<b>Total for 2025</b>		1,255	1,255
<b>Total for 2024</b>		3,583	3,583
		<b>Direct costs £</b>	<b>Total costs £</b>
<b>Total for 2024</b>		3,583	3,583

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2025

#### 6 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total funds £
Staff costs		40,229	40,229
Allocated support costs		<u>12,103</u>	<u>12,103</u>
<b>Total for 2025</b>		<u><u>52,332</u></u>	<u><u>52,332</u></u>
<b>Total for 2024</b>		<u><u>47,665</u></u>	<u><u>47,665</u></u>

		Activity undertaken directly £	Total expenditure £
Staff costs		40,229	40,229
Establishment costs		2,403	2,403
Office expenses		4,747	4,747
Motor expenses		2,191	2,191
Depreciation of tangible fixed assets		<u>2,761</u>	<u>2,761</u>
<b>Total for 2025</b>		<u><u>52,331</u></u>	<u><u>52,331</u></u>
<b>Total for 2024</b>		<u><u>47,665</u></u>	<u><u>47,665</u></u>

#### 7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2025

#### 8 Staff costs

The aggregate payroll costs were as follows:

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Staff costs during the year were:</b>		
Wages and salaries	36,678	31,367
Pension costs	<u>3,551</u>	<u>5,851</u>
	<u><u>40,229</u></u>	<u><u>37,218</u></u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	<b>2025</b>	<b>2024</b>
	<b>No</b>	<b>No</b>
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

#### 9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

**The Mid-Derbyshire Association For Mobile Physiotherapy**

**Notes to the Financial Statements for the Year Ended 30 June 2025**

**10 Tangible fixed assets**

	<b>Motor vehicles £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 July 2024	13,595	13,595
At 30 June 2025	13,595	13,595
<b>Depreciation</b>		
At 1 July 2024	2,549	2,549
Charge for the year	2,761	2,761
At 30 June 2025	5,310	5,310
<b>Net book value</b>		
At 30 June 2025	8,285	8,285
At 30 June 2024	11,046	11,046

**11 Debtors**

	<b>2025 £</b>	<b>2024 £</b>
Trade debtors	3,300	3,182
Prepayments	1,558	1,302
	4,858	4,484

**12 Cash and cash equivalents**

	<b>2025 £</b>	<b>2024 £</b>
Cash at bank	59,689	65,120

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2025

#### 13 Creditors: amounts falling due within one year

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	-	995
Other taxation and social security	1,896	1,600
Other creditors	960	-
Accruals	1,300	1,450
	<u>4,156</u>	<u>4,045</u>

#### 14 Funds

	<b>Balance at 1 July 2024</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 30 June 2025</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General	<u>76,605</u>	<u>45,658</u>	<u>(53,587)</u>	<u>68,676</u>

	<b>Balance at 1 July 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 30 June 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General	<u>75,293</u>	<u>52,560</u>	<u>(51,248)</u>	<u>76,605</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities by fund for the Year Ended 30 June 2025

#### Unrestricted Funds

	<b>Total Unrestricted Funds 2025 £</b>	<b>Total Unrestricted Funds 2024 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies	4,708	14,321
Charitable activities	39,750	37,258
Investment income	<u>1,200</u>	<u>981</u>
Total income	<u>45,658</u>	<u>52,560</u>
<b>Expenditure on:</b>		
Raising funds	(1,255)	(3,583)
Charitable activities	<u>(52,332)</u>	<u>(47,665)</u>
Total expenditure	<u>(53,587)</u>	<u>(51,248)</u>
Net (expenditure)/income	<u>(7,929)</u>	<u>1,312</u>
Net movement in funds	(7,929)	1,312
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>76,605</u>	<u>75,293</u>
Total funds carried forward	<u>68,676</u>	<u>76,605</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2025

	<b>Total 2025 £</b>	<b>Total 2024 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies (analysed below)	4,708	14,321
Charitable activities (analysed below)	39,750	37,258
Investment income (analysed below)	<u>1,200</u>	<u>981</u>
Total income	<u>45,658</u>	<u>52,560</u>
<b>Expenditure on:</b>		
Raising funds (analysed below)	(1,255)	(3,583)
Charitable activities (analysed below)	<u>(52,332)</u>	<u>(47,665)</u>
Total expenditure	<u>(53,587)</u>	<u>(51,248)</u>
Net (expenditure)/income	<u>(7,929)</u>	<u>1,312</u>
Net movement in funds	(7,929)	1,312
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>76,605</u>	<u>75,293</u>
Total funds carried forward	<u><u>68,676</u></u>	<u><u>76,605</u></u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2025

	Total 2025 £	Total 2024 £
<b><i>Donations and legacies</i></b>		
Appeals and donations	4,708	1,790
Plant fair	-	12,531
	<u>4,708</u>	<u>14,321</u>
<b><i>Charitable activities</i></b>		
Funding	39,750	37,258
	<u>39,750</u>	<u>37,258</u>
<b><i>Investment income</i></b>		
Interest on cash deposits	1,200	981
	<u>1,200</u>	<u>981</u>
<b><i>Raising funds</i></b>		
Fundraising costs	(1,255)	(3,583)
	<u>(1,255)</u>	<u>(3,583)</u>
<b><i>Charitable activities</i></b>		
Sundry expenses	(80)	(360)
Wages and salaries	(36,678)	(31,367)
Staff pensions	(3,551)	(5,851)
Insurance	(2,403)	(1,121)
Office expenses	(3,183)	(2,578)
Printing, postage and stationery	-	(218)
Motor expenses	(2,191)	(2,754)
Legal and professional fees	(1,485)	(1,337)
Bank charges	-	(80)
Depreciation of motor vehicles	(2,761)	(2,549)
Profit on disposal of tangible fixed assets	-	550
	<u>(52,332)</u>	<u>(47,665)</u>



**THE MID-DERBYSHIRE ASSOCIATION FOR MOBILE PHYSIOTHERAPY**

England & Wales - Charity number 1112204

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# Accounts

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Company registration number: 05578845

Charity registration number: 1112204

# The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2024

Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

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# The Mid-Derbyshire Association For Mobile Physiotherapy

## Reference and Administrative Details

<b>Chairman</b>	The Honourable Mrs E Tarling
<b>Trustees</b>	Mrs P Hall Mrs S Crichton-Stuart The Countess Of Shrewsbury Mrs A Shields The Honourable Mrs E Tarling Mrs D Bloor Mrs K Nieper Mrs S D Stenhouse Lady P Walker-Okeover Mrs J Rose
<b>Principal Office</b>	New Top House Boylestone Ashbourne Derbyshire DE6 5AD
<b>Registered Office</b>	New Top House Boylestone Ashbourne Derbyshire DE6 5AD  The charity is incorporated in England and Wales.
<b>Company Registration Number</b>	05578845
<b>Charity Registration Number</b>	1112204
<b>Independent Examiner</b>	Coates and Partners Limited The Old Vicarage 51 St John Street Ashbourne Derbyshire DE6 1GP
<b>Accountants</b>	Coates and Partners Limited The Old Vicarage 51 St John Street Ashbourne Derbyshire DE6 1GP

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 30 June 2024.

### **Objectives and activities**

#### ***Objects and aims***

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

#### ***Public benefit***

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

Our physiotherapist carried out 740 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. There were 202 new patients. The mileage was not recorded this year due to the changeover of vehicles.

### **Financial review**

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

We have made a £1,312 profit this year, after a profit of £2,937 last year. The bank interest rates have been steadily rising this year, which has resulted in higher interest income received. Donations have again been generous (See below for list of donors). The van was replaced in April 2024 with a second hand van just over four years old.

A successful Plant Fair was held at Culland Hall in June 2024 raising £9,013. This was an excellent result in spite of the weather. Sadly this will be the last event at Culland Hall and the Trustees have thanked Simon and Lucy Thompson for all their hard work over the years and allowing the Charity to hold the Plant Fair in their beautiful gardens. Well done to all the Trustees and the Volunteers for their hard work.

Our list of donors for the year are as follows:-

ANON; Helen Brown; Parwich Hall Garden Tour; Mieke Leney; Longcliffe Quarries; Mrs Di Monier Williams; Mary Thornhill; Frances Rymer; Alison; Cynthia Moore.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

### ***Policy on reserves***

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £76,605.

### **Trustees and officers**

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

- Mrs P Hall
- Mrs S Crichton-Stuart
- The Countess Of Shrewsbury
- Mrs A Shields
- The Honourable Mrs E Tarling
- Mrs D Bloor
- Mrs K Nieper
- Mrs S D Stenhouse
- Lady P Walker-Okeover
- Mrs J Rose

Chairman: The Honourable Mrs E Tarling

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Trustees' Report

### ***Recruitment and appointment of trustees***

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

### **Statement of trustees' responsibilities**

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 6 November 2024 and signed on its behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and Trustee

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2024.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Mid-Derbyshire Association For Mobile Physiotherapy as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

  
.....  
Coates and Partners Limited

The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

6 November 2024

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities for the Year Ended 30 June 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Total 2024 £	Total 2023 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	14,321	14,321	14,119
Charitable activities	4	37,258	37,258	38,575
Investment income		981	981	501
Total Income		<u>52,560</u>	<u>52,560</u>	<u>53,195</u>
<b>Expenditure on:</b>				
Raising funds	5	(3,583)	(3,583)	(3,504)
Charitable activities	6	<u>(47,665)</u>	<u>(47,665)</u>	<u>(46,754)</u>
Total Expenditure		<u>(51,248)</u>	<u>(51,248)</u>	<u>(50,258)</u>
Net income		<u>1,312</u>	<u>1,312</u>	<u>2,937</u>
Net movement in funds		1,312	1,312	2,937
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>75,293</u>	<u>75,293</u>	<u>72,356</u>
Total funds carried forward	14	<u><u>76,605</u></u>	<u><u>76,605</u></u>	<u><u>75,293</u></u>

All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2023 is shown in note 14.

The notes on pages 8 to 16 form an integral part of these financial statements.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## (Registration number: 05578845) Balance Sheet as at 30 June 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	10	11,046	-
<b>Current assets</b>			
Debtors	11	4,484	6,475
Cash at bank and in hand	12	<u>65,120</u>	<u>72,463</u>
		69,604	78,938
<b>Creditors: Amounts falling due within one year</b>	13	<u>(4,045)</u>	<u>(3,645)</u>
<b>Net current assets</b>		<u>65,559</u>	<u>75,293</u>
<b>Net assets</b>		<u>76,605</u>	<u>75,293</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>76,605</u>	<u>75,293</u>
<b>Total funds</b>	14	<u>76,605</u>	<u>75,293</u>

For the financial year ending 30 June 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 6 to 16 were approved by the trustees, and authorised for issue on 6 November 2024 and signed on their behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and trustee

The notes on pages 8 to 16 form an integral part of these financial statements.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2024**

### **1 Charity status**

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

The principal place of business is:

New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

These financial statements were authorised for issue by the trustees on 6 November 2024.

### **2 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Notes to the Financial Statements for the Year Ended 30 June 2024

### Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Motor vehicles	25% reducing balance

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

## **The Mid-Derbyshire Association For Mobile Physiotherapy**

### **Notes to the Financial Statements for the Year Ended 30 June 2024**

#### **Pensions and other post retirement obligations**

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

**The Mid-Derbyshire Association For Mobile Physiotherapy**  
**Notes to the Financial Statements for the Year Ended 30 June 2024**

**3 Income from donations and legacies**

	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Donations and legacies;		
Donations	1,790	1,790
Plant fair	12,531	12,531
<b>Total for 2024</b>	<u>14,321</u>	<u>14,321</u>
<b>Total for 2023</b>	<u>14,119</u>	<u>14,119</u>

**4 Income from charitable activities**

	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Physiotherapy services	37,258	37,258
<b>Total for 2024</b>	<u>37,258</u>	<u>37,258</u>
<b>Total for 2023</b>	<u>38,575</u>	<u>38,575</u>

**The Mid-Derbyshire Association For Mobile Physiotherapy**  
**Notes to the Financial Statements for the Year Ended 30 June 2024**

**5 Expenditure on raising funds**

**a) Costs of generating donations and legacies**

	<b>Note</b>	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Plant fair		<u>3,583</u>	<u>3,583</u>
<b>Total for 2024</b>		<u><u>3,583</u></u>	<u><u>3,583</u></u>
<b>Total for 2023</b>		<u><u>3,504</u></u>	<u><u>3,504</u></u>
		<b>Direct costs £</b>	<b>Total costs £</b>
Costs of generating donations and legacies		<u>3,583</u>	<u>3,583</u>
<b>Total for 2024</b>		<u><u>3,583</u></u>	<u><u>3,583</u></u>
<b>Total for 2023</b>		<u><u>3,504</u></u>	<u><u>3,504</u></u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2024

#### 6 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total funds £
Staff costs		37,218	37,218
Allocated support costs		10,447	10,447
<b>Total for 2024</b>		47,665	47,665
<b>Total for 2023</b>		46,754	46,754

	Activity undertaken directly £	Total expenditure £
Staff costs	37,218	37,218
Establishment costs	1,121	1,121
Office expenses	4,355	4,355
Printing, postage and stationery	218	218
Motor expenses	2,754	2,754
Depreciation of tangible fixed assets	2,549	2,549
Profit on disposal of motor vehicle	(550)	(550)
<b>Total for 2024</b>	47,665	47,665
<b>Total for 2023</b>	46,754	46,754

#### 7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Notes to the Financial Statements for the Year Ended 30 June 2024

### 8 Staff costs

The aggregate payroll costs were as follows:

	<b>2024</b> <b>£</b>	<b>2023</b> <b>£</b>
<b>Staff costs during the year were:</b>		
Wages and salaries	31,367	32,522
Pension costs	<u>5,851</u>	<u>6,052</u>
	<u><u>37,218</u></u>	<u><u>38,574</u></u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	<b>2024</b> <b>No</b>	<b>2023</b> <b>No</b>
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

### 9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2024

#### 10 Tangible fixed assets

	<b>Motor vehicles £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 July 2023	8,209	8,209
Additions	13,595	13,595
Disposals	<u>(8,209)</u>	<u>(8,209)</u>
At 30 June 2024	<u>13,595</u>	<u>13,595</u>
<b>Depreciation</b>		
At 1 July 2023	8,209	8,209
Charge for the year	2,549	2,549
Eliminated on disposals	<u>(8,209)</u>	<u>(8,209)</u>
At 30 June 2024	<u>2,549</u>	<u>2,549</u>
<b>Net book value</b>		
At 30 June 2024	<u>11,046</u>	<u>11,046</u>
At 30 June 2023	<u>-</u>	<u>-</u>

#### 11 Debtors

	<b>2024 £</b>	<b>2023 £</b>
Trade debtors	3,182	5,769
Prepayments	<u>1,302</u>	<u>706</u>
	<u>4,484</u>	<u>6,475</u>

#### 12 Cash and cash equivalents

	<b>2024 £</b>	<b>2023 £</b>
Cash at bank	<u>65,120</u>	<u>72,463</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2024

#### 13 Creditors: amounts falling due within one year

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade creditors	995	313
Other taxation and social security	1,600	2,332
Accruals	<u>1,450</u>	<u>1,000</u>
	<u><u>4,045</u></u>	<u><u>3,645</u></u>

#### 14 Funds

	<b>Balance at 1 July 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 30 June 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General	<u>75,293</u>	<u>52,560</u>	<u>(51,248)</u>	<u>76,605</u>
	<b>Balance at 1 July 2022</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 30 June 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General	<u>72,356</u>	<u>53,195</u>	<u>(50,258)</u>	<u>75,293</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities by fund for the Year Ended 30 June 2024

#### Unrestricted Funds

	<b>Total Unrestricted Funds 2024 £</b>	<b>Total Unrestricted Funds 2023 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies	14,321	14,119
Charitable activities	37,258	38,575
Investment income	981	501
Total income	<u>52,560</u>	<u>53,195</u>
<b>Expenditure on:</b>		
Raising funds	(3,583)	(3,504)
Charitable activities	<u>(47,665)</u>	<u>(46,754)</u>
Total expenditure	<u>(51,248)</u>	<u>(50,258)</u>
Net income	<u>1,312</u>	<u>2,937</u>
Net movement in funds	1,312	2,937
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>75,293</u>	<u>72,356</u>
Total funds carried forward	<u><u>76,605</u></u>	<u><u>75,293</u></u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2024

	<b>Total 2024 £</b>	<b>Total 2023 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies (analysed below)	14,321	14,119
Charitable activities (analysed below)	37,258	38,575
Investment income (analysed below)	981	501
Total income	<u>52,560</u>	<u>53,195</u>
<b>Expenditure on:</b>		
Raising funds (analysed below)	(3,583)	(3,504)
Charitable activities (analysed below)	<u>(47,665)</u>	<u>(46,754)</u>
Total expenditure	<u>(51,248)</u>	<u>(50,258)</u>
Net income	<u>1,312</u>	<u>2,937</u>
Net movement in funds	1,312	2,937
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>75,293</u>	<u>72,356</u>
Total funds carried forward	<u><u>76,605</u></u>	<u><u>75,293</u></u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2024

	<b>Total 2024 £</b>	<b>Total 2023 £</b>
<b><i>Donations and legacies</i></b>		
Appeals and donations	1,790	1,621
Plant fair	12,531	12,498
	<u>14,321</u>	<u>14,119</u>
<b><i>Charitable activities</i></b>		
Funding	37,258	38,575
	<u>37,258</u>	<u>38,575</u>
<b><i>Investment income</i></b>		
Interest on cash deposits	981	501
	<u>981</u>	<u>501</u>
<b><i>Raising funds</i></b>		
Fundraising costs	(3,583)	(3,504)
	<u>(3,583)</u>	<u>(3,504)</u>
<b><i>Charitable activities</i></b>		
Sundry expenses	(360)	(30)
Wages and salaries	(31,367)	(32,522)
Staff pensions	(5,851)	(6,052)
Insurance	(1,121)	(1,475)
Office expenses	(2,578)	(3,186)
Printing, postage and stationery	(218)	(237)
Motor expenses	(2,754)	(1,642)
Legal and professional fees	(1,337)	(1,567)
Bank charges	(80)	(43)
Depreciation of motor vehicles	(2,549)	-
Profit on disposal of tangible fixed assets	550	-
	<u>(47,665)</u>	<u>(46,754)</u>

This page does not form part of the statutory financial statements.



**THE MID-DERBYSHIRE ASSOCIATION FOR MOBILE PHYSIOTHERAPY**

England & Wales - Charity number 1112204

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# Accounts

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Company registration number: 05578845

Charity registration number: 1112204

# The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2023

Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

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Balance Sheet	7
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# The Mid-Derbyshire Association For Mobile Physiotherapy

## Reference and Administrative Details

**Chairman** The Honourable Mrs E Tarling

**Trustees** Mrs P Hall  
Mrs S Crichton-Stuart  
The Countess Of Shrewsbury  
Mrs A Shields  
The Honourable Mrs E Tarling  
Mrs D Bloor  
Mrs K Nieper  
Mrs S D Stenhouse  
Lady P Walker-Okeover  
Mrs J Rose

**Principal Office** New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

**Registered Office** New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

The charity is incorporated in England and Wales.

**Company Registration Number** 05578845

**Charity Registration Number** 1112204

**Independent Examiner** Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

**Accountants** Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 June 2023.

### **Objectives and activities**

#### ***Objects and aims***

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

#### ***Public benefit***

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

Our physiotherapist carried out 542 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. there were 164 new patients. He travelled 4,848 miles.

### **Financial review**

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

We have made a profit this year, after the small loss last year. The bank interest rates have been steadily rising this year, which has resulted in higher interest income received. Donations have again been generous (see below for list of donors). The van is fully expensed but it is getting near to the time when it will need replacing, although it is still working well and does have a low mileage for it's age.

A very successful Plant Fair was held at Culland Hall in June 2023 raising £9,050. This was an exceptional result, in fact it is the best result achieved to date. Well done to all the Trustees and the Volunteers for their hard work.

Our list of donors for the year were as follows:-

ANON; Mrs P Turner; Mr D Rance; Mr M Hyde; Mrs Diana Forsey; Longcliffe Quarries; The Late Mrs Sheils Wooliscroft; Mrs Gill Key; Mrs Di Monier-Williams; Sue Kolm; Margaret Crouch; Mrs A N Thorpe; Mrs L P Fearn.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Trustees' Report

### ***Policy on reserves***

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £75,293.

### **Trustees and officers**

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

- Mrs P Hall
- Mrs S Crichton-Stuart
- The Countess Of Shrewsbury
- Mrs L J Stanton (resigned 30 November 2022)
- Mrs A Shields
- Mrs A Clowes (resigned 11 February 2023)
- The Honourable Mrs E Tarling
- Mrs D Bloor
- Mrs K Nieper
- Mrs S D Stenhouse (appointed 3 May 2023)
- Lady P Walker-Okeover (appointed 3 May 2023)
- Mrs J Rose (appointed 20 August 2022)

Chairman: The Honourable Mrs E Tarling

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Trustees' Report

### ***Recruitment and appointment of trustees***

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

### **Statement of trustees' responsibilities**

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".


Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 29 November 2023 and signed on its behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and Trustee

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2023.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Mid-Derbyshire Association For Mobile Physiotherapy as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Coates and Partners Limited

The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

29 November 2023

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities for the Year Ended 30 June 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Total 2023 £	Total 2022 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	14,119	14,119	12,294
Charitable activities	4	38,575	38,575	34,361
Investment income		<u>501</u>	<u>501</u>	<u>38</u>
Total Income		<u>53,195</u>	<u>53,195</u>	<u>46,693</u>
<b>Expenditure on:</b>				
Raising funds	5	(3,504)	(3,504)	(4,801)
Charitable activities	6	<u>(46,754)</u>	<u>(46,754)</u>	<u>(42,085)</u>
Total Expenditure		<u>(50,258)</u>	<u>(50,258)</u>	<u>(46,886)</u>
Net income/(expenditure)		<u>2,937</u>	<u>2,937</u>	<u>(193)</u>
Net movement in funds		2,937	2,937	(193)
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>72,356</u>	<u>72,356</u>	<u>72,549</u>
Total funds carried forward	14	<u><u>75,293</u></u>	<u><u>75,293</u></u>	<u><u>72,356</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 14.

The notes on pages 8 to 15 form an integral part of these financial statements.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### (Registration number: 05578845) Balance Sheet as at 30 June 2023

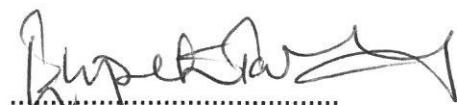
	Note	2023 £	2022 £
<b>Current assets</b>			
Debtors	11	6,475	6,366
Cash at bank and in hand	12	<u>72,463</u>	<u>70,140</u>
		78,938	76,506
<b>Creditors: Amounts falling due within one year</b>	13	<u>(3,645)</u>	<u>(4,150)</u>
<b>Net assets</b>		<u>75,293</u>	<u>72,356</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>75,293</u>	<u>72,356</u>
<b>Total funds</b>	14	<u>75,293</u>	<u>72,356</u>

For the financial year ending 30 June 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 6 to 15 were approved by the trustees, and authorised for issue on 29 November 2023 and signed on their behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman and trustee

The notes on pages 8 to 15 form an integral part of these financial statements.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2023**

### **1 Charity status**

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

The principal place of business is:

New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

These financial statements were authorised for issue by the trustees on 29 November 2023.

### **2 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Notes to the Financial Statements for the Year Ended 30 June 2023

### Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Motor vehicles	25% reducing balance

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

## **The Mid-Derbyshire Association For Mobile Physiotherapy**

### **Notes to the Financial Statements for the Year Ended 30 June 2023**

#### **Pensions and other post retirement obligations**

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

#### 3 Income from donations and legacies

	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Donations and legacies;		
Donations	1,621	1,621
Plant fair	12,498	12,498
<b>Total for 2023</b>	<b>14,119</b>	<b>14,119</b>
<b>Total for 2022</b>	<b>12,294</b>	<b>12,294</b>

#### 4 Income from charitable activities

	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Physiotherapy services	38,575	38,575
<b>Total for 2023</b>	<b>38,575</b>	<b>38,575</b>

#### 5 Expenditure on raising funds

##### a) Costs of generating donations and legacies

	<b>Note</b>	<b>Unrestricted funds General £</b>	<b>Total funds £</b>
Plant fair		3,504	3,504
<b>Total for 2023</b>		<b>3,504</b>	<b>3,504</b>
<b>Total for 2022</b>		<b>4,801</b>	<b>4,801</b>
			<b>Total costs £</b>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

#### 6 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total funds £
Staff costs		38,574	38,574
Allocated support costs		8,180	8,180
<b>Total for 2023</b>		46,754	46,754
<b>Total for 2022</b>		42,085	42,085

	Activity undertaken directly £	Total expenditure £
Staff costs	38,575	38,575
Establishment costs	1,475	1,475
Office expenses	4,825	4,825
Printing, postage and stationery	237	237
Motor expenses	1,642	1,642
<b>Total for 2023</b>	46,754	46,754

#### 7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
<b>Staff costs during the year were:</b>		
Wages and salaries	32,522	28,934
Pension costs	6,052	5,428
	38,574	34,362

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	<b>2023</b>	<b>2022</b>
	<b>No</b>	<b>No</b>
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

#### **9 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2023

#### 10 Tangible fixed assets

	<b>Motor vehicles £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 July 2022	8,209	8,209
At 30 June 2023	8,209	8,209
<b>Depreciation</b>		
At 1 July 2022	8,209	8,209
At 30 June 2023	8,209	8,209
<b>Net book value</b>		
At 30 June 2023	-	-
At 30 June 2022	-	-

#### 11 Debtors

	<b>2023 £</b>	<b>2022 £</b>
Trade debtors	5,769	5,686
Prepayments	706	680
	6,475	6,366

#### 12 Cash and cash equivalents

	<b>2023 £</b>	<b>2022 £</b>
Cash at bank	72,463	70,140

#### 13 Creditors: amounts falling due within one year

	<b>2023 £</b>	<b>2022 £</b>
Trade creditors	313	1,334
Other taxation and social security	2,332	1,990
Accruals	1,000	826
	3,645	4,150

**The Mid-Derbyshire Association For Mobile Physiotherapy**

**Notes to the Financial Statements for the Year Ended 30 June 2023**

**14 Funds**

	<b>Balance at 1 July 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 30 June 2023 £</b>
<b>Unrestricted funds</b>				
General	<u>72,356</u>	<u>53,195</u>	<u>(50,258)</u>	<u>75,293</u>
	<b>Balance at 1 July 2021 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 30 June 2022 £</b>
<b>Unrestricted funds</b>				
General	<u>72,549</u>	<u>46,693</u>	<u>(46,886)</u>	<u>72,356</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities by fund for the Year Ended 30 June 2023

#### Unrestricted Funds

	<b>Total Unrestricted Funds 2023 £</b>	<b>Total Unrestricted Funds 2022 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies	14,119	12,294
Charitable activities	38,575	34,361
Investment income	501	38
Total income	53,195	46,693
<b>Expenditure on:</b>		
Raising funds	(3,504)	(4,801)
Charitable activities	(46,754)	(42,085)
Total expenditure	(50,258)	(46,886)
Net income/(expenditure)	2,937	(193)
Net movement in funds	2,937	(193)
<b>Reconciliation of funds</b>		
Total funds brought forward	72,356	72,549
Total funds carried forward	75,293	72,356

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2023

	<b>Total 2023 £</b>	<b>Total 2022 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies (analysed below)	14,119	12,294
Charitable activities (analysed below)	38,575	34,361
Investment income (analysed below)	501	38
	<u>53,195</u>	<u>46,693</u>
<b>Expenditure on:</b>		
Raising funds (analysed below)	(3,504)	(4,801)
Charitable activities (analysed below)	(46,754)	(42,085)
	<u>(50,258)</u>	<u>(46,886)</u>
Total expenditure		
Net income/(expenditure)	<u>2,937</u>	<u>(193)</u>
Net movement in funds	2,937	(193)
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>72,356</u>	<u>72,549</u>
Total funds carried forward	<u>75,293</u>	<u>72,356</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Detailed Statement of Financial Activities for the Year Ended 30 June 2023

	<b>Total 2023 £</b>	<b>Total 2022 £</b>
<b><i>Donations and legacies</i></b>		
Appeals and donations	1,621	1,557
Jumble sales	12,498	10,737
	<u>14,119</u>	<u>12,294</u>
<b><i>Charitable activities</i></b>		
Other	38,575	34,361
	<u>38,575</u>	<u>34,361</u>
<b><i>Investment income</i></b>		
Interest on cash deposits	501	38
	<u>501</u>	<u>38</u>
<b><i>Raising funds</i></b>		
Fundraising costs	(3,504)	(4,801)
	<u>(3,504)</u>	<u>(4,801)</u>
<b><i>Charitable activities</i></b>		
Sundry expenses	(30)	(100)
Wages and salaries	(32,522)	(28,934)
Staff pensions	(6,052)	(5,428)
Staff training	-	(260)
Insurance	(1,475)	(1,493)
Office expenses	(3,186)	(2,988)
Printing, postage and stationery	(237)	(169)
Motor expenses	(1,642)	(1,706)
Legal and professional fees	(1,567)	(939)
Bank charges	(43)	(50)
Equipment repairs and renewals	-	(18)
	<u>(46,754)</u>	<u>(42,085)</u>

**THE MID-DERBYSHIRE ASSOCIATION FOR MOBILE PHYSIOTHERAPY**

England & Wales - Charity number 1112204

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# Accounts

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Company registration number: 05578845

Charity registration number: 1112204

# The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2022

Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

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# The Mid-Derbyshire Association For Mobile Physiotherapy

## Reference and Administrative Details

**Chairman and Trustee** The Honourable Mrs E Tarling

**Trustees**  
Mrs P Hall  
Mrs S Crichton-Stuart  
The Countess Of Shrewsbury  
Mrs B Whitehouse  
Mrs L J Stanton  
Mrs A Shields  
Mrs A Clowes  
Mrs D Bloor

**Principal Office**  
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Ashbourne  
Derbyshire  
DE6 5AD

**Registered Office**  
New Top House  
Boylestone  
Ashbourne  
Derbyshire  
DE6 5AD

The charity is incorporated in England and Wales.

**Company Registration Number** 05578845

**Charity Registration Number** 1112204

**Independent Examiner**  
Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 June 2022.

### **Objectives and activities**

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

### ***Public benefit***

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

Our physiotherapist carried out 611 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. There were 187 new patients. He travelled 4,300 miles.

### **Financial review**

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

After two profitable years, we suffered a small loss this year. Donations have again been generous, despite being at a lower level than the last two years. The bank interest remains low but interest rates are now improving. The van is fully expensed but it is getting near to the time when it will need replacing, although it is still working well and does have low mileage for its age.

We held our first fund raising event, Culland Hall Plant Fair, since 2019, due to the Covid 19 pandemic. Our fundraisers worked really hard to produce a very successful day in June. There were 803 paying visitors which resulted in a turnover of £9,208 and produced a net sum of £6,629. Our thanks go to our fundraisers for their valiant efforts.

### ***Policy on reserves***

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £72,356.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

#### ***Recruitment and appointment of trustees***

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Trustees' Responsibilities

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 26 October 2022 and signed on its behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy

We report on the accounts of the charity for the year ended 30 June 2022 which are set out on pages 6 to 13.

#### Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

#### Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....  
Coates and Partners Limited

The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

26 October 2022

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities for the Year Ended 30 June 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Total 2022 £	Total 2021 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	12,294	12,294	8,692
Charitable activities	4	34,361	34,361	33,133
Investment income		38	38	29
Total Income		<u>46,693</u>	<u>46,693</u>	<u>41,854</u>
<b>Expenditure on:</b>				
Raising funds	5	(4,801)	(4,801)	-
Charitable activities	6	<u>(42,085)</u>	<u>(42,085)</u>	<u>(39,793)</u>
Total Expenditure		<u>(46,886)</u>	<u>(46,886)</u>	<u>(39,793)</u>
Net (expenditure)/income		<u>(193)</u>	<u>(193)</u>	<u>2,061</u>
Net movement in funds		(193)	(193)	2,061
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>72,549</u>	<u>72,549</u>	<u>70,488</u>
Total funds carried forward	13	<u><u>72,356</u></u>	<u><u>72,356</u></u>	<u><u>72,549</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 13.

## The Mid-Derbyshire Association For Mobile Physiotherapy

(Registration number: 05578845)  
Balance Sheet as at 30 June 2022

	Note	2022 £	2021 £
<b>Current assets</b>			
Debtors	11	6,366	6,387
Cash at bank and in hand		<u>70,140</u>	<u>68,852</u>
		76,506	75,239
<b>Creditors: Amounts falling due within one year</b>			
	12	<u>(4,150)</u>	<u>(2,690)</u>
<b>Net assets</b>			
		<u>72,356</u>	<u>72,549</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>72,356</u>	<u>72,549</u>
<b>Total funds</b>	13	<u>72,356</u>	<u>72,549</u>

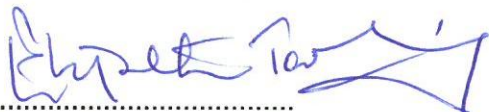
For the financial year ending 30 June 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 6 to 13 were approved by the trustees, and authorised for issue on 26 October 2022 and signed on their behalf by:



.....  
The Honourable Mrs E Tarling  
Chairman

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2022**

### **1 Charity status**

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

### **2 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

#### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

#### **Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Notes to the Financial Statements for the Year Ended 30 June 2022

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Motor vehicles	25% reducing balance

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2022

#### 3 Income from donations and legacies

	<b>Unrestricted funds</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>General £</b>	<b>£</b>	<b>£</b>
Donations and legacies;			
Donations	1,557	1,557	8,692
Plant fair	10,737	10,737	-
	<u>12,294</u>	<u>12,294</u>	<u>8,692</u>

#### 4 Income from charitable activities

	<b>Unrestricted funds</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>General £</b>	<b>£</b>	<b>£</b>
Physiotherapy services	<u>34,361</u>	<u>34,361</u>	<u>33,133</u>

#### 5 Expenditure on raising funds

##### a) Costs of generating donations and legacies

	<b>Unrestricted funds</b>	<b>Total 2022</b>
	<b>General £</b>	<b>£</b>
Plant fair	<u>4,801</u>	<u>4,801</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2022

#### 6 Expenditure on charitable activities

	Activity undertaken directly £	Total 2022 £	Total 2021 £
Staff costs	34,361	34,361	33,133
Establishment costs	1,494	1,494	1,595
Office expenses	4,356	4,356	3,276
Printing, postage and stationery	169	169	292
Motor expenses	1,705	1,705	1,497
	<u>42,085</u>	<u>42,085</u>	<u>39,793</u>

#### 7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
<b>Staff costs during the year were:</b>		
Wages and salaries	28,934	27,887
Pension costs	<u>5,428</u>	<u>5,246</u>
	<u>34,362</u>	<u>33,133</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022 No	2021 No
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

#### 9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2022

#### 10 Tangible fixed assets

	<b>Motor vehicles £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 July 2021	8,209	8,209
At 30 June 2022	8,209	8,209
<b>Depreciation</b>		
At 1 July 2021	8,209	8,209
At 30 June 2022	8,209	8,209
<b>Net book value</b>		
At 30 June 2022	-	-
At 30 June 2021	-	-

#### 11 Debtors

	<b>2022 £</b>	<b>2021 £</b>
Trade debtors	5,686	2,762
Prepayments	680	3,625
	6,366	6,387

#### 12 Creditors: amounts falling due within one year

	<b>2022 £</b>	<b>2021 £</b>
Trade creditors	1,334	361
Other taxation and social security	1,990	1,579
Accruals	826	750
	4,150	2,690

**The Mid-Derbyshire Association For Mobile Physiotherapy**

**Notes to the Financial Statements for the Year Ended 30 June 2022**

**13 Funds**

	<b>Balance at 1 July 2021 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 30 June 2022 £</b>
<b>Unrestricted funds</b>				
General	<u>(72,549)</u>	<u>(46,693)</u>	<u>46,886</u>	<u>(72,356)</u>
	<b>Balance at 1 July 2020 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 30 June 2021 £</b>
<b>Unrestricted funds</b>				
General	<u>(70,488)</u>	<u>(41,854)</u>	<u>39,793</u>	<u>(72,549)</u>



**THE MID-DERBYSHIRE ASSOCIATION FOR MOBILE PHYSIOTHERAPY**

England & Wales - Charity number 1112204

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# Accounts

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Company registration number: 05578845

Charity registration number: 1112204

# The Mid-Derbyshire Association For Mobile Physiotherapy

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 June 2021

Coates and Partners Limited  
The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

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# The Mid-Derbyshire Association For Mobile Physiotherapy

## Reference and Administrative Details

<b>Chairman and Trustee</b>	Mrs L J Stanton
<b>Trustees</b>	Mrs P Hall Mrs S Crichton-Stuart The Countess Of Shrewsbury Mrs B Whitehouse Mrs A Shields Mrs A Clowes The Honourable Mrs E Tarling Mrs D Bloor
<b>Principal Office</b>	New Top House Boylestone Ashbourne Derbyshire DE6 5AD
<b>Registered Office</b>	New Top House Boylestone Ashbourne Derbyshire DE6 5AD  The charity is incorporated in England and Wales.
<b>Company Registration Number</b>	05578845
<b>Charity Registration Number</b>	1112204
<b>Independent Examiner</b>	Coates and Partners Limited The Old Vicarage 51 St John Street Ashbourne Derbyshire DE6 1GP

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 June 2021.

### **Objectives and activities**

The company is a registered charity established to advance by all such means as are charitable in law, to promote, establish and maintain a mobile physiotherapy service in the various wards and parishes of the Mid-Derbyshire area and to make treatment available to patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home.

### **Public benefit**

During the year the company has continued to carry out physiotherapy treatment for patients who are incapable of attending hospital and patients who in the opinion of their doctor need treatment at home. This treatment has been carried out in Mid-Derbyshire in the areas surrounding Brailsford, Ashbourne and Wirksworth.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

Our physiotherapist carried out 813 treatments on patients referred by doctors from Ashbourne, Brailsford and Wirksworth surgeries. There were 215 new patients. He travelled 4,600 miles.

### **Financial review**

The Primary Care Trust pays a monthly amount to cover the employment costs of the physiotherapist. Income from donations, fund raising events and interest from investments covers motor expenses and other costs incurred in running the charity.

Due to the global Coronavirus Pandemic there has been no opportunity to hold any fund raising activities for the second year running, so very little extra income has come in. Therefore, we are very grateful for the generous donations received again this year. The bank interest remains extremely low. The van is fully expensed but it is getting near to the time when it will need replacing, although it is still working well and does have low mileage.

Our list of donors for the year are as follows:-

ANON, Longcliffe Quarries, Anne Clowes, Carol Bowns, R North, Bridget Whitehouse.

### **Policy on reserves**

No fixed policy on reserves and investments has been documented. However, the charity does seek to maintain a reserve fund of one year's running costs.

At the end of the financial period the amount of funds held in reserves was £72,549.

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Trustees' Report**

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is governed by its memorandum and articles of association which were signed on 28th June 2005.

The constitution of the charity is that of a limited company.

#### ***Recruitment and appointment of trustees***

Trustees are appointed by election at the Annual General Meeting of the Association. One-third of the Trustees retire by rotation each year. If the charity does not fill a vacancy which arises at a meeting at which a Trustee retires by rotation, that Trustee, if willing to act, may be deemed to have been reappointed.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Trustees' Responsibilities

The trustees (who are also the directors of The Mid-Derbyshire Association For Mobile Physiotherapy for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 13 October 2021 and signed on its behalf by:



Mrs L J Stanton  
Chairman

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Independent Examiner's Report to the trustees of The Mid-Derbyshire Association For Mobile Physiotherapy

We report on the accounts of the charity for the year ended 30 June 2021 which are set out on pages 6 to 12.

#### Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

#### Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....  
Coates and Partners Limited

The Old Vicarage  
51 St John Street  
Ashbourne  
Derbyshire  
DE6 1GP

13 October 2021

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Statement of Financial Activities for the Year Ended 30 June 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Total 2021 £	Total 2020 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	8,692	8,692	6,353
Charitable activities	4	33,133	33,133	32,729
Investment income		29	29	272
		<u>41,854</u>	<u>41,854</u>	<u>39,354</u>
<b>Expenditure on:</b>				
Charitable activities	5	<u>(39,793)</u>	<u>(39,793)</u>	<u>(38,901)</u>
Total Expenditure		<u>(39,793)</u>	<u>(39,793)</u>	<u>(38,901)</u>
Net income		<u>2,061</u>	<u>2,061</u>	<u>453</u>
Net movement in funds		2,061	2,061	453
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>70,488</u>	<u>70,488</u>	<u>70,035</u>
Total funds carried forward	12	<u><u>72,549</u></u>	<u><u>72,549</u></u>	<u><u>70,488</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2020 is shown in note 12.

## The Mid-Derbyshire Association For Mobile Physiotherapy

(Registration number: 05578845)  
Balance Sheet as at 30 June 2021

	Note	2021 £	2020 £
<b>Current assets</b>			
Debtors	10	6,387	3,187
Cash at bank and in hand		<u>68,852</u>	<u>69,819</u>
		75,239	73,006
<b>Creditors: Amounts falling due within one year</b>	11	<u>(2,690)</u>	<u>(2,518)</u>
<b>Net assets</b>		<u>72,549</u>	<u>70,488</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>72,549</u>	<u>70,488</u>
<b>Total funds</b>	12	<u>72,549</u>	<u>70,488</u>

For the financial year ending 30 June 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 6 to 12 were approved by the trustees, and authorised for issue on 13 October 2021 and signed on their behalf by:

  
.....  
Mrs L J Stanton  
Chairman

# **The Mid-Derbyshire Association For Mobile Physiotherapy**

## **Notes to the Financial Statements for the Year Ended 30 June 2021**

### **1 Charity status**

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

### **2 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Mid-Derbyshire Association For Mobile Physiotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

#### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

#### **Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

# The Mid-Derbyshire Association For Mobile Physiotherapy

## Notes to the Financial Statements for the Year Ended 30 June 2021

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Motor vehicles	25% reducing balance

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2021

#### 3 Income from donations and legacies

	<b>Unrestricted funds</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>General £</b>	<b>£</b>	<b>£</b>
Donations and legacies;			
Donations	8,692	8,692	6,353
	<u>8,692</u>	<u>8,692</u>	<u>6,353</u>

#### 4 Income from charitable activities

	<b>Unrestricted funds</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>General £</b>	<b>£</b>	<b>£</b>
Physiotherapy services	33,133	33,133	32,729
	<u>33,133</u>	<u>33,133</u>	<u>32,729</u>

#### 5 Expenditure on charitable activities

	<b>Activity undertaken directly</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Staff costs	33,133	33,133	32,729
Establishment costs	1,595	1,595	1,794
Office expenses	3,276	3,276	2,734
Printing, postage and stationery	292	292	361
Motor expenses	1,497	1,497	1,283
	<u>39,793</u>	<u>39,793</u>	<u>38,901</u>

#### 6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2021

#### 7 Staff costs

The aggregate payroll costs were as follows:

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Staff costs during the year were:</b>		
Wages and salaries	27,887	27,543
Pension costs	5,246	5,186
	<u>33,133</u>	<u>32,729</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	<b>2021</b>	<b>2020</b>
	<b>No</b>	<b>No</b>
Physiotherapist	<u>1</u>	<u>1</u>

No employee received emoluments of more than £60,000 during the year.

#### 8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 9 Tangible fixed assets

	<b>Motor vehicles</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
<b>Cost</b>		
At 1 July 2020	8,209	8,209
At 30 June 2021	<u>8,209</u>	<u>8,209</u>
<b>Depreciation</b>		
At 1 July 2020	8,209	8,209
At 30 June 2021	<u>8,209</u>	<u>8,209</u>
<b>Net book value</b>		
At 30 June 2021	<u>-</u>	<u>-</u>
At 30 June 2020	<u>-</u>	<u>-</u>

## The Mid-Derbyshire Association For Mobile Physiotherapy

### Notes to the Financial Statements for the Year Ended 30 June 2021

#### 10 Debtors

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Trade debtors	2,762	2,762
Prepayments	3,625	425
	<u>6,387</u>	<u>3,187</u>

#### 11 Creditors: amounts falling due within one year

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Trade creditors	361	185
Other taxation and social security	1,579	1,575
Accruals	750	758
	<u>2,690</u>	<u>2,518</u>

#### 12 Funds

	<b>Balance at 1 July 2020</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 30 June 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General	<u>(70,488)</u>	<u>(41,854)</u>	<u>39,793</u>	<u>(72,549)</u>
	<b>Balance at 1 July 2019</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 30 June 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General	<u>(70,035)</u>	<u>(39,354)</u>	<u>38,901</u>	<u>(70,488)</u>