



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 12	Year 2023		Day 30	Month 11	Year 2024

Section A

Reference and administration details

Charity name	OAKDALE HOUSE TRUST
Other names charity is known by	
Registered charity number (if any)	1112162
Charity's principal address	Oakdale House Trust
	233a Dunstable Road
	Luton
Postcode	LU4 8BN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zahier Nazar	Chair		
2	Kamran Khan			
3	Haseeb Akhtar			
4	Rashid Nazar	Secretary/Treasurer		
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Elected by members

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote for the benefit of the inhabitants of Luton and its immediate neighbourhood the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the objects of improving condition of life for the said inhabitants

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have continued to support local initiatives and worked on a few projects with some local voluntary groups including Inspire FM and Shires Karate Association, Local Refugee Organisations, Charities

Our café project, underneath our premises, is going well. It is run primarily by volunteers and some staff. We are offering a wider menu with breakfast too. We have been able to keep our prices low as our costs are relatively low. The project is self-sufficient and costs are covered with the sales and kitchen bookings. This café project allows social interaction and a place to gather for local disadvantaged communities. It's an especially great place for local single men / women to come and meet other people. It is also helping people living in isolation by encouraging them to come out more.

We have also started to do a catering service for the local Mosques. The Mosques normally distribute food packs for the needy and cover the food for people who attend funerals there. We provide them ready packed meals at very low cost prices, which they can distribute to their beneficiaries. We use the back kitchen for this.

Our Healthy Fruit & Vegetable project is also going well. We still outsource the physical element of it to a local greengrocer who sources products from the market and sells for us to cover the cost. We are very pleased that this project is also self-sufficient and costs are covered through this arrangement. This project allows us to encourage and offer healthy products at very low prices with a whole bowl of fruit/vegetables selling at £1 each.

Unfortunately, we closed our 'Charity In Actions' project where we encouraged people to donate their clothes and unwanted small household items which we then distributed to the needy who couldn't afford to buy clothes or sold them to the local community at a very low price of 50p or £1 per item. This was due to not being able to get committed regular volunteers to run it. We may start this up again if we have enough regular volunteers who can run it.

We managed to pay back a large portion of the loans that we owed to trustees, friends and supporters.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

All grants and donations made are always immediately restricted funds and used for their specific intended purpose.

Oakdale House Trust relies heavily on the work carried out by its dedicated volunteers, without which we would not be anywhere near as successful.

Currently, as volunteer numbers are low but we are looking to do a recruitment drive to attract more people to join us as volunteers to run and support our projects.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Starting a catering service for the local Mosques. The Mosques normally distribute food packs for the needy and cover the food for people who attend funerals there. We provide them ready packed meals at very low cost prices, which they can distribute to their beneficiaries. We use the back kitchen for this.

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Section E

Financial review

Brief statement of the charity's policy on reserves

Oakdale House Trust has restricted reserves for future project expansion and some unrestricted reserves as a security for unexpected expenses.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

R. Nazar

Full name(s)

Rashid Nazar

Position (eg Secretary, Chair, etc)

Trustee, Secretary

Date

27/09/2025

Oakdale House Trust
Statement of Financial Activities For The Year Ended 30 November 2024

	Note	2024		2023	
		General £	Restricted £	General £	Restricted £
<i>Incoming Resources:</i>					
Grants and donations (inc fundraising)			2,000		4,700
Rental income		24,683		23,660	
Product and services sales		24,495		26,894	
Other income		1,769		2,012	
Equipment purchased					
Total Incoming Resources		50,947	2,000	52,566	4,700
<i>Application of Resources:</i>					
Costs	5	(105,424)	(1,373)	(54,053)	(1,716)
Depreciation of rental property			(4,468)		(4,468)
Administration Costs		(120)		(120)	
Total Outgoing Resources		(105,544)	(5,841)	(54,173)	(6,184)
Net movement in Resources		(54,597)	(3,841)	(1,607)	(1,484)
Total Movement in Funds		(54,597)	(3,841)	(1,607)	(1,484)

Statement of Movement in Funds

Total Funds b/f	(26,932)	209,695	(25,325)	211,179
Movement during the year (see above)	(54,597)	(3,841)	(1,607)	(1,484)
Total Funds c/f	(81,529)	205,854	(26,932)	209,695

The notes on pages 3 and 4 form part of these accounts

Oakdale House Trust
Balance Sheet as at 30 November 2024

	Note	2024 £	2023 £
<u>Fixed Assets</u>	3		
Gym and other equipment		5,492	6,865
Freehold Property		192,130	196,598
		197,622	203,463
<u>Current Assets</u>			
Cash at bank and in hand		17,333	149,810
		17,333	149,810
<u>Current liabilities</u>			
Creditors and accruals	7	(55,651)	(55,531)
Net current assets		(38,318)	94,279
Total assets less current liabilities		159,304	297,742
<u>Long term liabilities</u>			
Loans	6	(34,979)	(114,979)
Net assets		124,325	182,763
<i>Represented by:</i>			
<u>Restricted funds</u>			
Equipment fund (Restricted)	4	205,854	209,695
Total restricted funds		205,854	209,695
General Funds c/f		(81,529)	(26,932)
Total Funds		124,325	182,763

Approved by _____

Signed _____

Date _____

The notes on page 3 and 4 form part of these accounts

Oakdale House Trust

Notes to the accounts for the year ended 30 November 2024

1) Accounting policies

The accounts have been prepared using generally accepted accounting principals in the United Kingdom. The accounts have been prepared on a going concern basis on the assumption that the Trust will continue to operate. Accruals accounting has been applied to all material items.

Depreciation is provided against equipment at the rate of 20% of the undepreciated cost at the end of the year. Freehold property is depreciated at the rate of 2% pa from 2018, when it was first brought into use.

2) Description of funds

Donations and grants received are immediately treated as restricted funds.

3) Fixed Assets

	Equipment	Freehold
	£	Property
	£	£
<u>Cost</u>		
As at 1 December 2023	36,723	223,406
As at 30 November 2024	<u>36,723</u>	<u>223,406</u>
<u>Depreciation</u>		
As at 1 December 2023	29,858	26,808
Charged during the period	1,373	4,468
As at 30 November 2024	<u>31,231</u>	<u>31,276</u>
<u>Net book value</u>		
As at 1 December 2023	6,865	196,598
As at 30 November 2024	<u>5,492</u>	<u>192,130</u>

4) Capital account - Equipment fund (Restricted funds)

	2024	2023
As at 1 December	209,695	211,179
Received during the year	2,000	4,700
Depreciation	(5,841)	(6,184)
As at 30 November	<u>205,854</u>	<u>209,695</u>

Oakdale House Trust**Notes to the accounts for the year ended 30 November 2024****5) Costs**

Costs consist of:

	2024	2023
	£	£
Utilities	8,935	5,104
Depreciation of equipment*	1,373	1,716
Maintenance	-	4,686
Rent and rates	25,287	20,086
Insurance	492	1,156
Telephone	504	504
Volunteer, staff, and instructor costs	13,080	12,659
Supplements, drinks and products	6,371	7,192
Legal fees	-	-
Other expenses**	50,755	2,666
	<u>106,797</u>	<u>55,769</u>

*Depreciation of equipment is taken from the capital account

**Other expenses include the write off of the investment in Loco energy drinks. See note 6 below.

6) Loans

During the year to 30 November 2008 the trust purchased a freehold property at 7 Cardiff Road for £216,810, including solicitors fees of £810. The purchase was partly funded by a series of unsecured loans from the trustees and members of the Gym. The loans total £164,979 and are interest free. In 2018 £50,000 was invested in Loco Energy Drinks, this investment has been netted against the loans. This £50,000 was written off in 2024 and £130,000 of the loans were also repaid during the year.

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Oakdale House Trust
Examiner's Report

I have examined the accounts of the Oakdale Trust on pages 1 to 4. They have been properly prepared in accordance with accruals accounting rules. The accounts give a fair representation of the activities of the trust for the year ended 30 November 2024.

M Georgiou FCCA

Oakdale House Trust
Examiner's Report

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M Georgiou FCCA

21-09-2025