

Women's Association for Networking and Development

Empowering women to become agents for their own change



Women's Association for Networking and Development

(Company number 5427536, Charity number 1111925)

Draft Financial statements for the year ended 30th April 2021

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**Women's Association for Networking and Development
Directors' report (incorporating the Trustees' annual report)
For the year ending 30th April 2021**

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the financial statements for the year ended 30th April 2021.

Full name Women's Association for Networking & Development

Other names by which the charity is known WAND UK

Registered charity number	1111925
Registered company number	5427536

Principal address
St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

Directors (Trustees)

Eiman Osman
Asha Singh
Frances Oconnell
Nicola Ambler
Katherine Laurenson
Gladys Jusu-Sheriff
Alexandra Adeniya
James Oluwaseye

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Independent examiner

Tom Fitch Community Accountancy Self Help, 1 Thorpe Close, London, W10 5XL.

Governance and management

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 18th April 2005 and most recently amended. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

The methods adopted for the recruitment and appointment of new trustees is by advertisement.

WAND UK is a London wide Women's charity committed to working with marginalised and vulnerable women and girls and with special interest in working with women with mental health, Domestic Violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV and low-income families. WAND operates in the London boroughs of Camden, Hackney, Islington, Kensington and Chelsea, Hammersmith & Fulham and Westminster.

WAND UK continued to bring together HIV and non-HIV women to imperceptibly tackle discrimination, stigma, ignorance and lack of knowledge of the disease and other diseases of similar nature which make Black Asian, Minority Ethnic and Refugee (BAMER) women vulnerable and stigmatised in their new environment.

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Outreach services, group and one to one sessions were provided to deal with areas of need, issues of concern and interests, offering general advice and information to individuals. Projects were developed to meet the needs identified by our beneficiaries while improving access to local and mainstream

services Other benefits to participants included opportunities for information exchange and experience sharing, peer support and discussions on coping mechanisms in their world of economic strains and stress.

In 2020, the Organisation's priorities adapted immediately to respond to the needs of beneficiaries who were significantly affected by the Covid-19 pandemic and the impact that it had on them. The extraordinary commitment of our staff and volunteers and the support of our funders, we have been able to maintain services across all our delivery streams, maintaining vital support to women and girls during these challenging times. The organisation has adapted quickly, embracing new ways of working and new ways of supporting our service users.

The three national lockdowns have inevitably taken their toll on people especially those who experience poverty, health, and mental issues. There have been significant increases in demand for food, one to one emotional and practical support and online activities. Mental health issues are likely to be exacerbated by the wider socio-economic impacts of lockdown including unemployment, housing issues and social isolation.

Aims and objectives

To improve the quality of life of all women and girls including marginalised and excluded women and girls and hence their families and communities by providing information and advice, support, advocacy, training including health promotion, empowerment skills and confidence building, outreach services, group and one to one sessions and home visits

To empower women and girls including Black Asian Minority Ethnic Refugee (BAMER), refugees, asylum seekers, migrants, women infected and affected by HIV, living in London to make a positive contribution to their communities and boroughs

To build skills and increase chances and opportunities for the world of work, through organising skills training and seminars

To carry out information and support activities in collaboration with women's and other organisations, Black Asian Minority Ethnic and Refugee BAMER organisations, public sector, statutory agencies, faith organisations, voluntary organisations and community groups

To positively impact on the lives of women and girls, including BAMER women and girls and create a positive change that grows from individuals, into families, communities and society at large

To inform the public about causes of need and inequality affecting these women and girls and to mobilise popular and political will and power to change them

To prevent Human Rights violations against this group and to seek justice and accountability for violations against them

To support women with no recourse to public funds by providing them with information regarding services and referring them to relevant organisations.

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Summary of the main activities undertaken for the public benefit

The charity continued its commitment to promoting mental health and well-being, volunteering and Domestic Violence issues by empowering individuals and communities and achieving the greatest impact through working in partnership with other organisations. WAND continued to provide advice and information, one-to-one support, online physical activities, workshops, cultural and educational gathering, focus groups to raise awareness and update knowledge on different issues for women and girls who require attention and support. WAND continued to facilitate access to local and mainstream services.

Events and social gatherings are aimed at providing the opportunity for peer support to increase the motivation in the women in order to create happiness and boost self-esteem and confidence

Members of the group are women and girls including Black Asian Minority Ethnic and Refugee women (BAMER), lone parents, low-income families, women of all ages that live in London some of whom are infected or affected by HIV and have endured tough experiences due to economic constraints, health and lifestyle issues. Many because of financial issues, lack of knowledge and information, low self-esteem, poverty, and isolation are subject to distress, mental health and well-being issues which may prove unbearable and uncontrollable.

Impact of Covid-19 Pandemic

The impact of the Covid-19 pandemic has been and continues to be significant for everyone. However, during a period of significant national uncertainty, we have been able to respond quickly and effectively by adapting our services and support functions to ensure continuity of delivery. For majority of our services this has meant reverting to a virtual delivery model, and for others it has meant putting into place new procedures and safety measures to ensure service users can be supported in a safe way. We have maintained our focus on elements that we believe have the greatest impact on women and girls, concentrating on the following key service delivery streams, all of which we have continued to deliver during this period. These are:

- Mental health and emotional wellbeing
- Physical wellbeing
- Violence against women and girls
- Volunteering
- Reducing food poverty and food waste

New ways of Working

Like many organisations, we have required all staff and volunteers that are able to work from home throughout this period. We have invested in our technology and developed our staff capabilities to enable them to do this and remain committed to taking the lessons learned from this more flexible mode of working into our future workplace and workspace planning. All internal and external meetings have been conducted via virtual platforms throughout this period. We have focussed strongly on staff wellbeing, recognising that all our staff and volunteers are facing different challenges, and we continue to work on our plans for the future to build a more effective and supportive organisation for clients, staff and volunteers

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Mental Health and emotional wellbeing

Happy Healthy Family Club

To ensure an effective delivery of this programme WAND uses the Happy Healthy Family Club Model which aims to promote health and wellbeing in Black and minority families and 3 Key wellbeing messages.

- Accept who you are
- Keep Active
- Eat Well

The Club model is used as a Group Therapy community-based tool to promote Mental health and wellbeing and linking mental health with physical health., providing a safe place for Peer support, reducing isolation and loneliness, information exchange, sharing experiences and coping mechanisms needed for survival.

During the pandemic period, the online monthly Happy Healthy Family Club continues to be popular and an unique platform for women from different backgrounds, including black African and Caribbean, Asians, Latin American, Middle Eastern, Japanese, and European, to meet, to learn more about issues of their concern and health improvement through access to services, shared experiences in a confidential group setting, and disclosed to staff team in one-to-one sessions their problems which needed solutions. Many participants got to realise that they were not alone in their situation.

During the reporting period we have covered the different topics:

- Experience of the Coronavirus outbreak
- A community conversation on recovery after covid in London
- How to access mental health services
- Covid-19 Vaccination
- SCAMS
- Universal Credit
- Keeping our Children safe from exploitation
- Dealing with bills and debt
- Nutrition
- Raising Awareness of Gangs & Exploitation of children
- Dementia Workshop Awareness

Club activities were planned to look at mental health holistically. Members were therefore constantly reminded that, **There is No Health Without Mental Health**. Early intervention and good lifestyle are crucial to maintaining good health and happiness. **Do Not Suffer in Silence! Seek Help!** This also helps to reduce the effects of stigma in communities where talking about mental health is taboo.

One to one emotional and practical wellbeing sessions (info YANA PROJECT)

The sessions were delivered over the phone, under the project which offered women free confidential, multilingual emotional support for at least four sessions. Clients with complex problems received more than four sessions sometimes up to eight sessions.

Staff and volunteers were trained to deliver these sessions and received monthly supervision from a Psychotherapist. This was a psychosocial intervention highly rated by the clients. Referrals were made to us for cultural support. We made referrals to Talking Therapies if necessary.

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WAND has a 1-2-1 Emotional Wellbeing Support which has 3 members of staff and 3 volunteers seeing clients. We saw 15 long term beneficiaries who do need more than 12 sessions because of complex needs during the reporting period. 20 % were dedicated to domestic violence survivors. Referrals are from GP surgeries, carers network, NHS, social services, Job centres and self-referrals.

A Wellbeing plan was prepared each member as a guide for self-management.

Green shoots -gardening

During the year under review many of our women were shielding or working at home and gardening was a positive family-inclusive activity to adopt. In consultation with our service users, we found that there is a huge resurgence of interest in in-house plants. To respond to the high demand, WAND organised online botanical

workshops and face to face sessions whenever it is possible, in partnership with Royal Borough of Kensington & Chelsea Council where experts gardeners shared their knowledge and skills and helped to teach tips and tricks. Our workshops included:

- Soil preparation, weeding and planning with some seed sowing
- Planting seedlings such as tomatoes and chat about companion planting.
- Pests and diseases
- Thinning out. Harvesting early crops
- Cropping, weeding sessional planting
- Gardening and general wellbeing



Free Multilingual Telephone Befriending

To tackle both isolation and digital literacy, to promote the social integration and independence WAND put in place multilingual telephone befriending to reach out to those that are experiencing loneliness and/or social isolation, those who are the most vulnerable members of our community by pairing volunteer 'befrienders' with an individual who may otherwise be at risk of isolation to meet regularly for a chat.

A total no of 22 benefited from our service. Befriending interventions were very helpful in reducing loneliness and social isolation by increasing the sense of belonging and by extending the overall wellbeing of individuals

Physical wellbeing

Reflexology therapy

From 01 October 2020 WAND UK resumed its reflexology service in a safer and controlled manner, offering a free restorative 30 minutes foot massage to women in the community. During the reporting period WAND UK offered 7 face to face sessions to 40 women.

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Quotes

" Just had an amazing 30 min foot massage. Friendly, relaxed, and professional service. Will definitely come back."

" Marinella is an exceptional massage therapist and really knows her stuff!!! I went to her today in agony with pain all the way across my legs and left feeling pain free and relaxed. Thank you, WAND, for this opportunity, honestly I couldn't afford to pay private reflexology massage sessions!" D.K

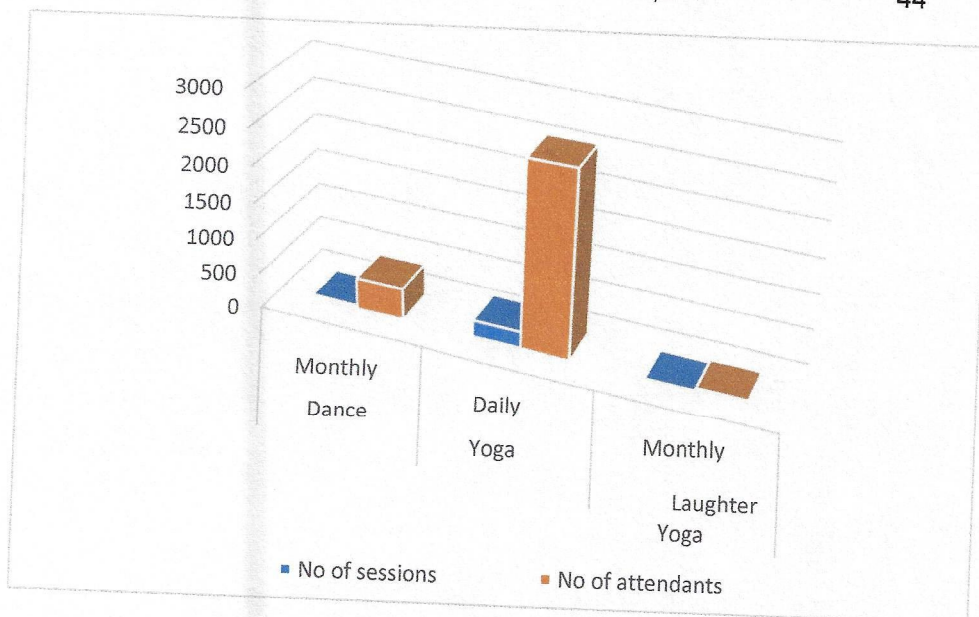
Dance & Yoga classes

To help people during the pandemic to relieve stress and stay connected WAND UK is offering free online yoga and dance programme. The aim is to:

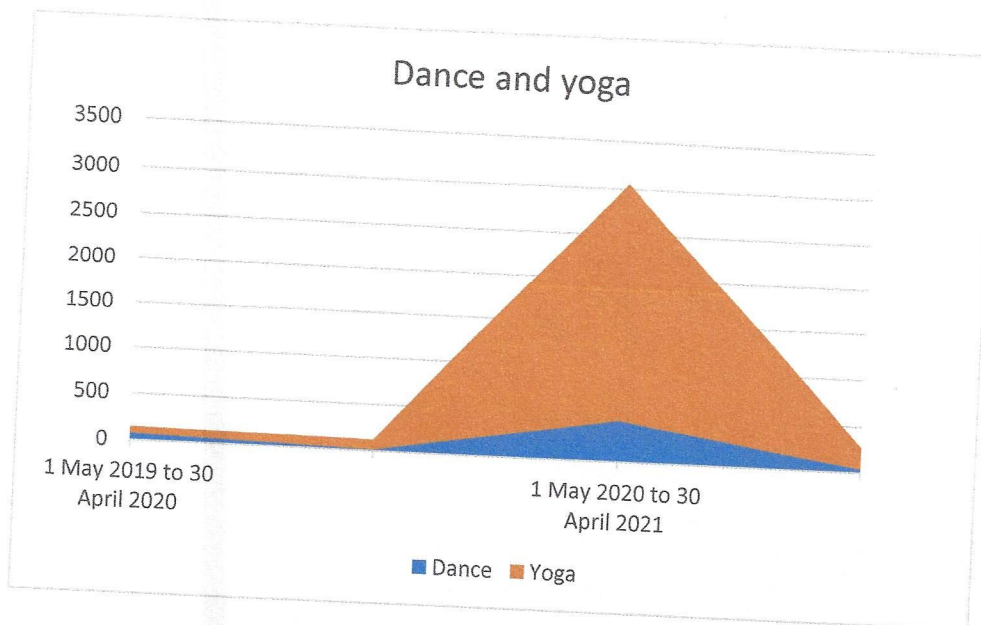
- Reduce stress/ anxiety
- Keep physically active
- Reduce isolation and increasing social connections – Lessen the risk of depression
- Create a better balance with mental, physical and emotional wellbeing

Beneficiaries developed relationships with others from different faith and ethnic communities, they all had a greater sense of togetherness. Families felt more connected and less anxious. Comparing to last financial year there is a significant increase in the number of the dance and yoga sessions consequently by 153% and 127%. These classes are among the most popular ways to stay in shape 'virtually' during lockdown.

	Dance	Yoga	Laughter Yoga
	Monthly	Daily	Monthly
No of sessions	38	234	6
No of attendants	444	2,611	44



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Some quotes:

Ch: "Yoga helped me improve concentration and get rid of tiredness while working from home especially if you have kids around you!"	C: "Dance & yoga are great way to spend quality time with your kids".
V: Feel less isolated and in a very good mood. Can't wait for the next class!"	N: "The class has a fun, positive vibe. Ana is warm and friendly. The class is great fun and relaxed, by the end you feel you have had a good workout!"

Violence against women and girls

Since the outbreak of COVID-19, violence against women and girls, and particularly domestic violence, have intensified considerably as health, unemployment, financial instability, and stress create tensions and strains accentuated by the confined living conditions of lockdown. In most cases Survivors have limited information and awareness about available services and limited access to support services. We have therefore intensified our work on raising awareness in the community.

The pandemic is generating additional barriers for women and girls' access to essential life-saving services such as counselling, justice resources, and legal advice which negatively impacts their health and well-being and increased the risks of more fatal and extreme violence.

WAND through its food project received several cases mainly migrants, displaced and refugee women, those of African descent and those living in informal settlements who suffer even higher risks and additional obstacles in accessing essential services.

WAND continues to work with domestic violence survivors in refugees through one-to-one referrals and outreach in collaboration with support works and continues to raise awareness and to do emotional and wellbeing and practical support.

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Volunteering:

Volunteers are the backbone of WAND, we ensure that their safety and wellbeing is of crucial importance. During the year under review, we worked closely with our volunteers to ensure that everyone felt prepared and supported in their roles. This included retraining where necessary, refresher training and service meetings, regular checks from the coordinator with a focus on sessions organised regularly. WAND will continue to monitor the wellbeing of our volunteers and provide appropriate sessions.

There are 37 active volunteers each contributing to the development and expansion of WAND. The average hours for volunteers are daily 5 with up to 12 hours a week.

WAND holds education sessions and a volunteer day each year offering opportunity to connect with peers, review updates on the organisation and refresh on practices and self-care. It is mandatory for volunteers to attend one education day per year. Planned sessions for 2020 were all suspended due to government restrictions. WAND plans to resume the sessions in 2022 as they are a valuable addition to our volunteer supports. Total volunteering hours during the reporting period is approximately 22,200 hours.

Reducing food poverty and food waste

Home food delivery and Community food distribution

In partnership with Venture Centre, City Harvest, Holy Trinity Brompton Church (HTB) and Bloody Good period our weekly community food distribution continues to provide essential food and fresh fruits and vegetables as well as sanitary products and incontinence pads to people who are trapped in poverty and ill health and needed the services we provided. During the reporting period WAND UK served a total of 872 families and individuals. From 01 May 2020 to 29 July 2021, we have delivered warm meals, fresh vegetables and fruits and essentials to 120 individuals mainly in Kensington and Chelsea, Westminster and Fulham and Hammersmith.

"I work part time and the money I get is not enough, I am really struggling financially to meet my family's requirement but at least the food parcels I get from you makes me less worried" Thanks for everything you do for us!"

No of beneficiaries	Total number of participant attendances	% Increase comparing to last year
120	1,016	200%
872	6,216	74%



Achievements:

WAND's food support project was one of 53 projects which are being recognised for making Londoners of all faiths and beliefs feel at home by the London Faith & Belief Community Awards

London Faith & Belief Community Awards 2020



Recognised Project

An initiative of **The Faith & Belief Forum**

Girl's project:

In these difficult times the daily routine of children and young people has changed dramatically, they are being home schooled, they have reduced contact with family and friends and their mental and physical health is under threat. To help them to cope with the new circumstances, WAND UK moved all planned sessions on Zoom. Online physical activities yoga and dance sessions were increased to keep them connected, healthier and less stressed.

We introduced the idea of 'Family yoga', in order not to discriminate towards the girls' brothers, sometimes in the same room with their sibling and often using the same computer or tablet. For this reason, we also invited their parents to join with their children in both yoga and dance classes and we extended the age range including younger girls too.

For the evening girls group we added some different activities, we have partnered with Emilia Angelillo a scientist and Science, Technology, Engineering, and Mathematics (STEM) ambassador, who is an expert in making practical and fun scientific experiments always explaining the science behind them in an **easy**, but educational way.

We delivered a number of sessions with another partner from Alternatives Trust East London (ATEL). These were about Covid, about friendship and about self-confidence. We have organised regular focus groups with the girls, asking them what they would like to discuss and which activities they like us to run in order to update our delivery plans. During the reporting period we have delivered 10 online workshops to a total of 74 girls from different age groups and 38 yoga and dance sessions for Mums and Kids. In addition, WAND introduced Free Maths Sessions for primary age children (year 5 and year 6 mainly), 11 sessions were delivered to 55 participants. The idea is to give them the spare time to focus on the things that are important to them and whenever they are struggling with anything they are assured that there is a lot of help available.

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Despite the circumstances WAND has celebrated the international day of the girl child. The main aims of the day are to promote girl's empowerment and fulfilment of their human rights while also highlighting the challenges that girls all over the world face. Inspired by UNICE's theme, "My voice, our equal future", WAND had given the girls the opportunity to express themselves and in this occasion one of our service users had written a poem called "My Voice" which we have posted on our website and social media platforms.

" See the kids and parents have fun with the activities we prepared for them was a thrill! Their joy is our strength!"

International Women's Day

Women leaders and Women's organisations have demonstrated their skills, knowledge, and networks to effectively lead in COVID -19 response and recovery efforts. There is more acceptance than ever that women bring different experiences, perspectives, and skills to the table, and make irreplaceable contributions to decisions, policies and laws that work better for all.

Given the pandemic, celebrations for this year's International Women's Day have gone virtual. To highlight and celebrate the contributions of women and girls WAND scheduled a day of various activities which received significant support and engagement from the service users.

Black History Month

WAND's aim is to connect women and their families to the community to give them a place and purpose ending the cycle of social isolation, economic and social disadvantage giving them a voice in their communities. Holding consultations with them on national and local issues provide assurance that their voice is being listened to and heard. Black History Month was another opportunity to celebrate and learn about the challenges and achievements of black women in different fields.

The encouraging journeys and stories shared by our guest speakers are an inspiration to our young women at the dawn of their careers and a positive reminder that black women are continuing to break societal barriers and are rising the ranks in the UK different spheres.

Diwali

At WAND UK we celebrate diversity and multiculturalism and in honour of this beautiful and heart-warming festival we have launched our own virtual Diwali festival. Our event included virtual group cooking delicious rice pudding and meditation.

Christmas celebration:

Last year the congregation of All Saints Marseille donated £1,000 towards a special Christmas feeding and in collaboration with WAND UK, Lancaster West Association in the Grenfell area, and other collaborators, 400 Christmas hampers including 200 fresh chickens, fresh fruit and vegetables, chocolate, crackers, mince pies, dry food, and face masks, amongst other things, were donated to vulnerable families in the community. Thanks to the team partners for making a dream come true. Recognizing that the strength of our partnership lies in meeting the needs of our community.

WAND also, organised a virtual Christmas evening for staff and volunteers and a number of activities took place lined up from dancing, national outfit to singing.

Partnership Work

Partnership work has been carried out with Venture Centre, and other community Centres, Midaye Somali Women's Forum, French African Welfare Association (FAWA), Tri Borough Public Libraries Health Promotion Project. Citizens' Advice Bureau, Hammersmith and Fulham, and Kensington and Chelsea, Westminster Mental Health team, Take Time to Talk team at St Charles Well-being Centre Kensington, Kensington and Chelsea Age UK, Kensington and Chelsea Volunteer, Good Gym, Al Manaar Mosque, Clement James, Cheyne Children Centre, BME Health Forum, Abbey Centre, Pioneer Housing Trust, Royal Palaces Trust, St. Cuthbert Children's Centre, WILDE, Central London CCG, West London CCG, St. Paul Church, Hammersmith, Juniper House, NHS, Carers Network, Nandos, Charity Solutions, Sobus, Violet Melcher, Wood Lane Community Centre, Eritrean Family Association, Islington Town Hall, Waitrose, Tesco,

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Sainsbury's, Prêt A Manger Starbucks. MUSAWA a partnership of 10 Community Organisations, City Harvest, Bloody Good Period, GMGG, HTB (Love Your Neighbour), Westway Trust, Lancaster West Association, The Anglican Chaplaincy of All Saints' Marseille.

Achievements and Benefits

In these continuing challenging times, we have been able to substantially maintain our service delivery and have continued to enable positive outcomes for our beneficiaries to be achieved. WAND continued to work with the 3 key messages to improve and maintain the women's health and mental well-being. During all this time we ensured that we remain clients and outcome-focussed to deliver the best that we can for our beneficiaries. We have maintained our focus on elements that we believe have the greatest impact on the lives of vulnerable women and girls. The charity has continued to provide food support, advice sessions, educational workshops, peer and group support, one to one emotional and practical support, online physical activities. WAND will continue its work over the next years to improve and maintain BAME women's health and well-being. It will also continue to work with other groups in promoting the welfare of its clients and to increase knowledge and skills required for challenging the wider determinants of health, isolation prevention, confidence building, improving skills, goal setting and changing lives.

WAND through its networking role has been a major support to women and community organisations through collaboration in organising activities and facilitating access to services by joint activities and participation in joint advocacy and policy work in making BAME women's voices heard. Evaluation reports and feedback from service users have positively indicated that WAND's activities have greatly impacted on individual women's lives, their families and communities.

This year over 1,120 women and girls benefited from WAND activities: 80% BAME, 12% White Europe and 8% White British.

Case Study / Quotes

WAND's commitment to providing needed support reflected in participants' feedback as shown below:

F: "Everyone was very welcoming, the atmosphere even doing the session virtually was great! It felt like an instant family"

Sh: "The group is all about us, what we would like to do, to see. There is absolutely no pressure, and every woman is ready to help uplift each other.

M: "The group reminds me I am not alone and picks me up when I forget how far I have come."

A: Your telephone befriending sessions made staying at home and lockdown bearable. Definitely brought a breath of fresh air to my week.

Mrs C: Your service made a lot of difference to me; I loved the flowers what a nice treat. During Lockdown a local florist donated flowers to distribute with our warm meals.

S.B: Positive impact on my wellbeing - less worried as little finance not enough to last all week.

A: Less worried, Children have food. Thank you.

Future activities

In light of the challenges presented by the COVID-19 pandemic, WAND will continue to focus on the delivery of the Charity's set up objectives, which have been reviewed and will remain the same as the 2020/21 objectives. The specific deliverables will be updated for 2021/22. The organisation will continue to focus on financial sustainability and will continue to work with external partners and grant givers to progress the work of the charity. The activities for the coming financial year include:

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- ✓ To identify and reach out to more marginalised women and girls in need of assistance by strengthening its Outreach programme
- ✓ To provide information and referrals to more marginalised women in need
- ✓ To support women and girls' empowerment through cultural and educational projects and activities
- ✓ To encourage and collaborate with other BAMER and women focussed organisations where possible
- ✓ To support other BAMER and women focussed organisations when possible
- ✓ To promote Girls' Health and wellbeing by disseminating three core messages: Accept who you are, eat healthily, keep active. To reach out to vulnerable girls who are excluded.
- ✓ To provide a structured a programme of physical activity. The overall project will help socially isolated women to meet and share experiences, offer peer support to each other, make friends, build connections, reduce isolation and loneliness.

NETWORKING WITH OTHER ORGANISATIONS:

WAND works with the following organisations:

Islington council	Domestic Violence Intervention Project	IMECE- Turkish Speaking Women's Group
Back 2 Basics Somali Women's Group	Islington Refugee Forum	Dalgarno Community Trust
Imkaan	One Westminster	Voluntary Action Islington
Voluntary Action Camden	Hackney Council for Voluntary Services	Refugee Council
WLCCG	Libraries in Islington, Hackney, Westminster, Camden	Positively Health
Victim Support	Kensington & Chelsea Council	Living Well
Community Language services- Islington	Royal Kensington Palace	Venture Centre
Turning Point	BME health Forum	Elgin Resource Centre
Al Manaar Mosque	Musawa Community	Near Neighbours
The Curve	Latymer Youth Centre	City Harvest
Hammersmith and Fulham Voluntary Sector Network	Job Centre Plus North Kensington Hammersmith and Fulham and Kensington and Chelsea	Take Time to Talk
Women's Resource Centre	Bloody Good Period	HTB (Love Your Neighbour)

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EVENTS Participation/ training:

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Camden Voluntary Action
Islington Council	SOBUS	NHS England
Kensington and Chelsea Social Council	BME Health Forum	Community Champions
SMART	Kensington & Chelsea Social Council	NCVO
Women's Resource Centre	One Westminster	MIND Hammersmith & Fulham
CAB Hammersmith & Fulham	The Foundation for Social Improvement	Kensington & Chelsea Volunteer Centre

Organisational Development

Trustees

WAND has 8 Trustees. The Trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work for the 12 months in the year ending 30 April 2021. The Trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the Trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

Trusted Charity Mark

WAND achieved Trusted Charity level and looking to move to level 2 next year.

Upshot

WAND UK is now using Upshot which allowed the organisation to track and report on the progress of different projects, moving away from paper based and spreadsheet systems and at the same time allowing us to apply a vigorous evaluation framework and process.

Representation

WAND served on the Management Committees / Boards of Islington Centre for Refugees, Asylum seekers and Migrants Back 2 Basics Create, Musawa, BME health Forum.

The charity policy on reserves

The trustees aim to have an unrestricted undesignated reserve 100% of turnover to meet contingent liabilities and enable the service to continue during a difficult funding climate. The charity works with people with mental health illness's and believes that one year's reserves are required to support individuals at risk and avoid suicides should the charity have to wind down its affairs.

Donors

WAND is grateful to all its donors for financial and moral support during the year under review.

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Public Benefit

The trustees have read the Charity commission guidance on public benefit and believe that they meet all the requirements.

Financial review

The charity had an income of £137,148 for the year and expenditure of £94,557. The charity had a surplus of £45,446. The unrestricted reserves were £29,460.

Risk

The trustees' keep a risk register of the main risks faced by the charity and reviews it each year

Exemptions

The trustees have taken advantage of the exemptions available to small companies, including the audit exemption (see statement on balance sheet).

Responsibilities of the trustees

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity at the end of the year and of the surplus or deficiency for the year then ended.

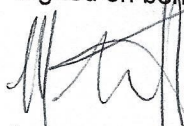
In preparing those financial statements, the trustees are required to: select suitable accounting policies, as described on page 9, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Signed on behalf of the charity's trustees:



Print Name

G M Jusu-SHERIFF

5 / 2 / 22

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Independent Examiners Report
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I report on the accounts of the charity, which are set out on pages 16 to 22. Make sure the pages are collated

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. The charity's gross income is less than £250,000. I am allowed under Charities Act regulations to undertake this examination.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 43(7)(b) of the 1993 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Director Report

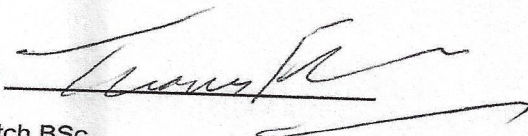
The information in the Directors report on pages 2 to 15 is consistent with the accounts on pages 16 to 25.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date 6 / 2 / 2022

Tom Fitch BSc
Community Accountancy Self Help
1 Thorpe Close
London
W10 5XL

Women's Association for Networking and Development
Statement of financial activities
(Incorporating the income and expenditure account)
For the year ended 30th April 2021

	Note	Unrestricted Funds £	Restricted Funds £	2021 Total Funds	2020 Total Funds
Incoming resources					
Grants	4	57,480	77,375	134,855	34,999
Donations & Sponsored walk		2,293	0	2,293	11,643
Total incoming resources		<u>59,773</u>	<u>77,375</u>	<u>137,148</u>	<u>46,042</u>
Resources expended					
Telephone		1,236	1,000	2,236	1,343
Salary and Social security	7	3,300	47,145	50,445	43,764
IT		4,189	2,302	6,491	408
Stationery, Print & Post		2,201	500	2,701	677
Seminar & Training		520	200	720	1,114
Volunteer		1,705	474	2,179	4,457
Professional fees & memberships		6,914	0	6,914	3,627
Rent		6,000	0	6,000	4,655
Travel		113	0	113	711
Governance cost		2,250	0	2,250	45
Independent examination		1,250	0	1,250	900
Insurance		1,490	0	1,490	184
Food for beneficiaries		0	5,917	5,917	0
Project		0	3,485	3,485	0
Total resources expended		<u>31,168</u>	<u>63,389</u>	<u>94,557</u>	<u>61,885</u>
Net income/(expenditure)		28,605	13,986	42,591	(15,843)
Total funds brought forward		855	2,000	2,855	18,698
Transfer between funds		-	-	-	-
		<u>29,460</u>	<u>15,986</u>	<u>45,446</u>	<u>2,855</u>

Women's Association for Networking and Development
Balance sheet
At 30th April 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	8	-	-
<i>total fixed assets</i>		<u>-</u>	<u>-</u>
Current assets			
Debtors	5	-	-
Cash at bank and in hand		48,110	21,633
Total current assets		<u>52,478</u>	<u>21,633</u>
Liabilities			
Creditors:			
amounts falling due within one year	6	2,664	18,778
		<u>2,664</u>	<u>18,778</u>
Net current assets		45,446	2,855
Net assets		<u>45,446</u>	<u>2,855</u>
The funds of the charity			
Unrestricted	9, 10	29,460	855
Restricted	9, 10	15,986	2,000
Total funds		<u>45,446</u>	<u>2,855</u>

Exemption from audit

For the year ending 30/04/2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;

Directors' responsibilities:

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board

Signed on behalf of the directors:

Signed

Print Name

G M JUSU - SHERIFF

Dated

6/2/2022

Women's Association for Networking and Development
Notes to the accounts
For the year ended 30th April 2021

1. Accounting policies

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective April 2008) and the Companies Act 2006.

SORP (2005) provides a number of concessions for smaller charities that are not subject to a statutory audit. The Women's Association for African Networking and Development falls within this category and has taken advantage of these concessions (as set out in SORP 2005, Appendix 5.3)

The principal accounting policies adopted in the preparation of the financial statements are as follows.

(a) Depreciation of fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its useful life:
computers and electronic equipment: 25% of cost straight line;
all other fixtures and fittings: 20% per annum, straight line;

(b) Capital grants

Capital grants in respect of capital expenditure are credited to the Statement of Financial Activities (SOFA) when they are received.

(c) Income

Income from donations and grants is credited to the accounts in the period in which it is received, unless received in advance for a subsequent period, in which case it is carried forward in creditors.

(d) Gifts

Donated services, gifts in kind and voluntary labour were not considered to be material, and have therefore not been included in these accounts.

(e) Productions straddling two financial years

All income and expenditure is taken into the year in which the majority of performances take place.

(f) Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. The organisation does not need to register for VAT because it is below the threshold.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent by staff on those activities.

(g) Fund accounting

Funds held by the charity are either:

- unrestricted general funds: these are funds which can be used in accordance with the charitable objects at the discretion of the trustees;
- designated funds: these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects;
- restricted funds: these are funds which can only be used for particular restricted purposes within the objects of the charity; restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Women's Association for Networking and Development
Notes to the accounts (continued)
For the year ended 30th April 2021

2. Corporation tax

The company is a registered charity and is therefore exempt from tax on its income and gains to the extent that income and/or gains are applicable and applied to charitable purposes only.

3. Payments to directors

No payments were made to any directors during the year.

4. Grants, contracts & donations

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Lloyds Bank Foundation	41,480	-	41,480	-
NHS West London K/C	-	1,366	1,366	-
Donations	2,993	-	2,995	7,037
Kensington & Chelsea Social Council	-	-	-	5,139
Kensington & Chelsea Foundation	-	4,000	4,000	6,467
BME Health Forum	-	-	-	2,000
Big Lottery (Covid)	-	9,995	9,995	9,952
Turning Point	-	-	-	2,161
Sayers Butterworth	-	-	-	2,500
London Community Fund	-	9,948	31,416	-
London Community Fund	-	9,970	-	-
London Community Fund Domestic Violence	-	11,500	-	-
Big Lottery Int. Women's' Day SMART	-	-	-	-
L B Hammersmith	-	-	-	2,000
Church Urban Fund	-	1,000	1,000	2,000
Westminster Foundation	-	-	-	2,100
Ground Works	-	-	-	4,686
Westway Trust	-	1,000	1,000	-
El Amin Charitable Foundation	-	4,980	4,980	-
Lucinda Charitable Trust	-	952	952	0
HMRC Job Retention Scheme	15,000	-	15,000	-
City Bridge Trust	-	4,545	4,545	-
Marsh Christian	-	9,069	9,069	-
GLA Conversation	300	-	300	-
RBKC Black History Month	-	350	350	-
Health Watch Central	-	500	500	-
Local Connect (Big Lottery)	-	300	300	-
Lancaster Residents Assoc.	-	2,500	2,500	-
Health Forum	-	1,000	1,000	-
Midaye Somali Development	-	3,400	3,400	-
	-	1,000	1,000	-
	59,773	77,375	137,148	46,042

Women's Association for Networking and Development
Notes to the accounts (continued)
For the year ended 30th April 2021

5. Debtors

2021	2020
£	£
0	0
1,980	0

6. Creditors

	2021	2020
	£	£
Independent Examination	1,250	900
Rent provision	0	17,363
Trade	414	525
	<u>2,664</u>	<u>18,778</u>

7. Staff costs and numbers

	2021	2020
	£	£
Wages Er NIC & Pension	50,445	43,764
	<u>50,445</u>	<u>43,764</u>

No employee received emolument of more than £60,000.
The average weekly number of employee during the year was 3 part time. (2020: 2 part time).

8. Fixed assets

Net Book Value	Total
	£
Brought forward 1 May 2020	0
Additions (disposals)	0
Carried forward 30 April 2021	<u>0</u>

9. Analysis of net assets by fund

	Unrestricted Inc. designated funds	Restricted funds	Total funds
	£	£	£
Fixed assets	0	0	0
Current assets	28,710	19,400	48,110
Liabilities	(2,664)	-	(2,664)
	<u>26,046</u>	<u>19,400</u>	<u>45,446</u>

Women's Association for Networking and Development
Notes to the accounts (continued)
For the year ended 30th April 2021

10. Movements in funds

	Opening Balance £	Incoming	(Resources Expended) £	Transfers £	Closing Balance £
Unrestricted Funds					
Donations & Grants	855	59,773	31,168	0	29,460
	855	59,773	31,168	0	29,460
Restricted Funds					
NHS West London K?C	0	1,366	1,366	0	0
Kensington & Chelsea Social C	2,000	0	2,000	0	0
Kensington & Chelsea Foundation	0	4,000	4,000	0	0
Big Lottery	0	9,995	9,995	0	0
London Community Fund	0	31,416	21,332	0	0
L B Hammersmith	0	1,000	1,000	0	10,086
Ground Works	0	1,000	1,000	0	0
Westway Trust	0	4,980	4,980	0	0
El Amin Charitable Foundation	0	952	952	0	0
HMRC JRS	0	4,525	4,545	0	0
City Bridge Trust	0	9,069	9,069	0	0
GLA Conversion	0	350	350	0	0
Royal Borough Kensington & C	0	500	500	0	0
Health Watch	0	300	300	0	0
Lancaster West Residents Assc.	0	1,000	1,000	0	0
Local Connect	0	2,500	0	0	0
Health Forum	0	3,400	0	0	2,500
Midaye Somali Development	0	1,000	0	0	3,400
	2,000	77,375	57,607	0	15,986

11. Trustee expenses

Trustee reimbursement of expenses included on behalf of the charity nil. (19-20 nil)

12. Related party transactions

There are no related party transactions.

13. Independent examination and accountancy services

During the period, the cost of the examination was £1,250. (19-20 £900)

End