Women's Association For Networking and Development

England & Wales · Charity number 1111925

Details

Other names	WOMEN'S ASSOCIATION FOR AFRICAN NETWORKING AND DEVELOPMENT, WAND UK
Status	Registered
Legal form	Charitable company
Company number	05427536
Registered	2005-11-03
Register	View on the Charity Commission register

Contact

Address	St Charles Centre for Health and We Exmoor Street London W 10 6DZ
Phone	07813485607
Email	info@wanduk.org
Website	www.wanduk.org

Activities

Objects: 1) TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF AFRICAN PEOPLE WHETHER LIVING IN THE UK OR ABROAD AND IN PARTICULAR WOMEN AND CHILDREN, REFUGEES, ASYLUM SEEKERS AND MIGRANTS BY THE ADVANCEMENT OF EDUCATION, THE PROTECTION OF HEALTH AND THE RELIEF OF POVERTY, SICKNESS AND DISTRESS; AND2) TO PROMOTE ANY OTHER CHARITABLE PURPOSE THAT WILL DEVELOP THE CAPACITY AND SKILLS OF PERSONS IN LONDON OF BENEFIT IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY AND HELP MEET THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY. TO THIS END, TO PROMOTE VOLUNTARY AND COMMUNITY GROUPS IN THE AREA OF BENEFIT, ESPECIALLY THOSE THAT WILL PROVIDE OR ARE PROVIDING SERVICES FOR AFRICAN WOMEN.

Activities: Support Group Seminars; One to One sessions referrals from GPs and Domestic Violence organisations, Drop-In service; Outreach services to individuals and organisations, Volunteering Opportunities; Sexual Health and HIV Research; Mental Well Being Research; Domestic Violence Services

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and Support. Organising Cultural Activities; Networking and developing partnerships.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** LONDON
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£159,170	£98,177	-	-
2024-04-30	£144,613	£86,055	-	-
2023-04-30	£58,096	£85,100	-	-
2022-04-30	£67,469	£74,102	-	-
2021-04-30	£137,148	£94,557	-	-

Trustees

Name	Role	Appointed
Amorin Ajborisha		2025-06-03
Anita Jajua		2025-06-03
Asha Singh		2025-06-03
Carol Joyce Walsh		2025-06-03
Eman Abdelrahman		2025-06-03
GLADYS Marion JUSU-SHERIFF		2025-06-03

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Women's Association For Networking and Development

England & Wales - Charity number 1111925

Accounts

Annual Report & Financial Statement
Year End 30th April 2025

WAND UK celebrating 20 years

Women's Association for Networking and Development

It has been a joy to work in the community with our women and their families during the last 20 years helping them to become agents for their own change .With the message, Accept who you are, Eat healthily , Keep Active we continue to provide a client centered service for all.
We thank our funders, partners, staff and volunteers craving their continued support,

Https://www.wanduk.org/
St Charles' Centre for Health and Wellbeing
Exmoor Street, London
W10 6DZ

WAND UK Boat Trip spring 2025

Kensington Palace summer activities

Table of Contents

- Annual report p-1 -17
- Directors' (Trustees') report page p-18
- Statement of financial activities p-19
- Statement of trustee's responsibilities p-23
- Independent examiners report p-24
- Financial Activity p-25
- Balance Sheet p-26
- Notes to the accounts. p-27

The Trustees, who are also the directors of the charity for the purposes of the Companies Act, present their annual report together with the accounts of WAND UK for the year ended 30 April 2025. The accounts have been prepared in accordance with the accounting practice set out on page 7 and comply with the charity's governing document, applicable laws and the requirements of Statement. of Recommended Practice on 'Accounting and Reporting by Charities' issued in 2019"

Directors (Trustees)

Eiman Osman

Asha Singh

Nicola Ambler (Resigned May 2024)

Katherine Laurenson

Gladys Jusu-Sheriff

Alicia Harrison-Obafemi

Joanne Quillan

Arora Sanya

Olasubomi Dinyo

Aarti Mangla

Domitille Cornut LaFontaine De Coincy

Bankers

Barclays Bank plc Leicester

LE87 2BB

Independent examiner

Ade Adebambo, MBA, ACMA, CGMA, ACG. London Accountancy Practice

161 Sumner Road London SE15 6JL

Governance and Management

WAND UK is a company limited by guarantee and a registered charity. It operates under the rules set out in its Memorandum and Articles of Association, originally dated 18 April 2005 and subsequently amended. The charity has no share capital, and the liability of each member in the event of winding-up is limited to £1.

Trustees are recruited and appointed through an open advertising process.

WAND UK is a London-wide women's charity dedicated to supporting marginalised and vulnerable women and girls from the global majority. The organisation works with women on low incomes, those whose families are affected by the cost-of-living crisis, and women who are refugees, asylum seekers, or migrant settlers with no recourse to public funds. WAND UK also supports women experiencing domestic violence, living with long-term health conditions, and/or disabilities.

The charity operates across several London boroughs, including Kensington and Chelsea, Hammersmith & Fulham, Westminster, Camden, Hackney, and Islington.

Aims and Objectives

WAND UK works with women both individually and in groups to support them in taking control of their lives, improving their health and wellbeing, boosting self-esteem, and making their voices heard. The organisation is committed to reaching the most vulnerable women in the community by placing the individual at the center of its interventions.

Through its YANA (You Are Not Alone) project, WAND UK aims to:

Provide information and referrals to marginalised women in need

Support the empowerment of women and girls through cultural and educational projects and activities

Collaborate with women of the Global majority (BAMER : Black, Asian, Minority Ethnic and Refugee) and women-focused organisations wherever possible.

Promote girls' health and wellbeing, and increase their economic development aid their participation in community life

Amplify women's voices

Strengthen women's ability to contribute to society on their own terms

WAND UK's Approach

WAND UK prioritise holistic, preventative approaches that help women avoid crisis points and build long-term resilience. Its work is rooted in the community and shaped by the social and cultural contexts of the women it supports, empowering them to make sustainable changes in their lives.

The charity also acts as an anchor within the community, offering one-to-one support and advocacy. It promotes and signposts women to relevant services they may not be aware of, helping them access the wider support they need.

Our Vision

WAND UK envisions a world free from discrimination and oppression, a world where differences are respected and valued, and where every woman and girl enjoys all their human rights and could realise their full potential.

Our Mission

In pursuit of this vision, our mission is to contribute to the empowerment and enablement of women and girls, supporting them to become agents of positive change for themselves, their families, their communities, and society at large.

Our Values

Equality & Fairness: Our activities and services are inclusive, accessible, and responsive to the diverse needs and circumstances of women and their families.

Inclusion: We value diversity and are committed to promoting equality in all aspects of our work.

Holistic & Person-Centered: WAND UK's support considers all aspects of a woman's life, including physical, emotional, social, and economic wellbeing.

Highlights

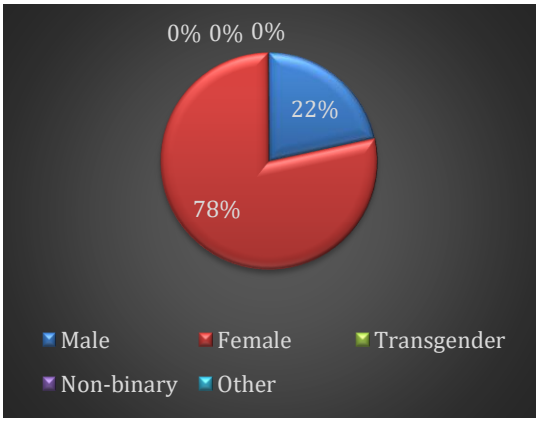
The cost-of-living crisis, following the pandemic, continues to place pressure on communities across the UK. In response to these challenges, our staff and volunteers have continued to demonstrate passionate and unwavering commitment to supporting women and girls in need.

What makes our work stand out is this deeply rooted, shared determination to listen, believe, and empower vulnerable women and girls. We strive to deliver the highest quality services possible, guided by compassion, authenticity, and a belief in the strength and resilience of the women we serve.

We remain deeply grateful for the invaluable support and expertise our volunteers bring to WAND UK. Their contributions have been instrumental in helping us meet the growing demand for our services. Alongside them, the entire WAND UK team continues to demonstrate remarkable resilience, tenacity, compassion, and determination.

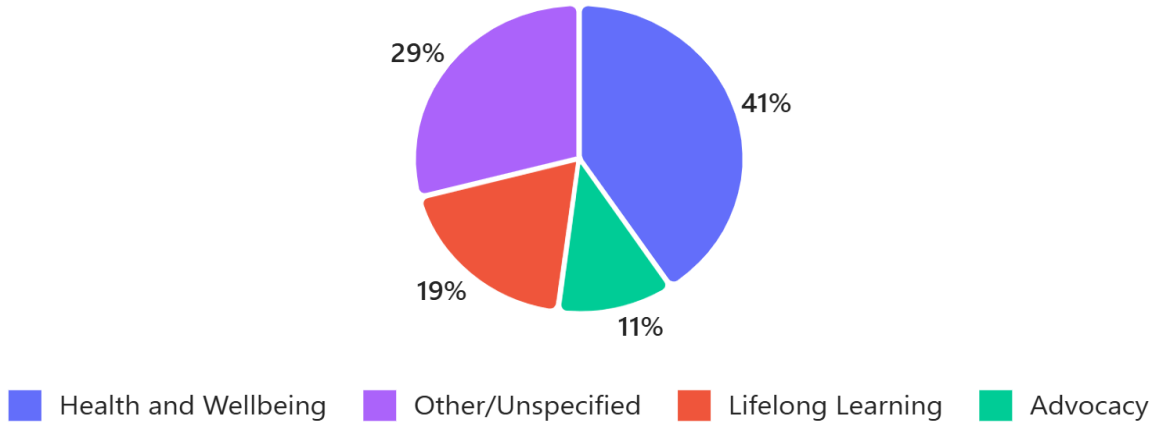
Securing core funding to support the organisation's infrastructure and growth remains a significant challenge. Over the next three years, WAND UK will focus on investing in and further developing priority services that address the most urgent needs of the women we support. This strategic focus will help us maintain impact and build a strong case for ongoing funding.

Our Impact in numbers:



The past twelve months have been a time of improvement, challenges and growing needs of our service users. The rising cost of living has been associated with a reduction in wellbeing, increased anxiety and worsening mental health, especially for those already on lower incomes. During the year under review WAND UK helped 3754 individuals and their families with 14486 attendances. A total of 216 are new participants who were linked to different projects, and which represents 5.75% of the attendees

To support this, the charity is consolidating its work under the following overarching service strands.



Above shows the level of services we delivered, the other/ unspecified is a combination of the community food project and day trips and workshops.

Reaching Women Facing Significant Barriers

WAND UK continues to reach women who face multiple and complex barriers. Of those supported:

I addition to women Wand Uk supported last year we had 124 new users.

85% Were from ethnic minority backgrounds (Global Majority)

10% Identified as having a disability (both hidden and physical)

15% were single women

8% Are over 50 years

63% did not disclose their age

WAND UK made direct contact with 3040 women via our community food distribution project. 2899 in person 141 required food delivered or collected for them due to their mobility needs. WAND UK delivers its services through volunteer-led interventions and works in close partnership with both local and national organisations. Total contact hours where calculated at 11262

Our Stories:

Quotes and feedback from the one to one/advocacy work / grant applications:-

“I am very grateful for your generosity and kindness. This grant has helped me in a time of great distress, where i am unwell and alone in a foreign country. I do not have family support and this grant has helped me a great deal. Than you for considering my circumstances and helping where possible.” yours sincerely,

“On the behalf of myself and my kids, thanks from the bottom of my heart. I wish I can return this help by volunteering in the charity. pleas ask me for that if you need. I really appreciate everything you have done for me and my kids.”

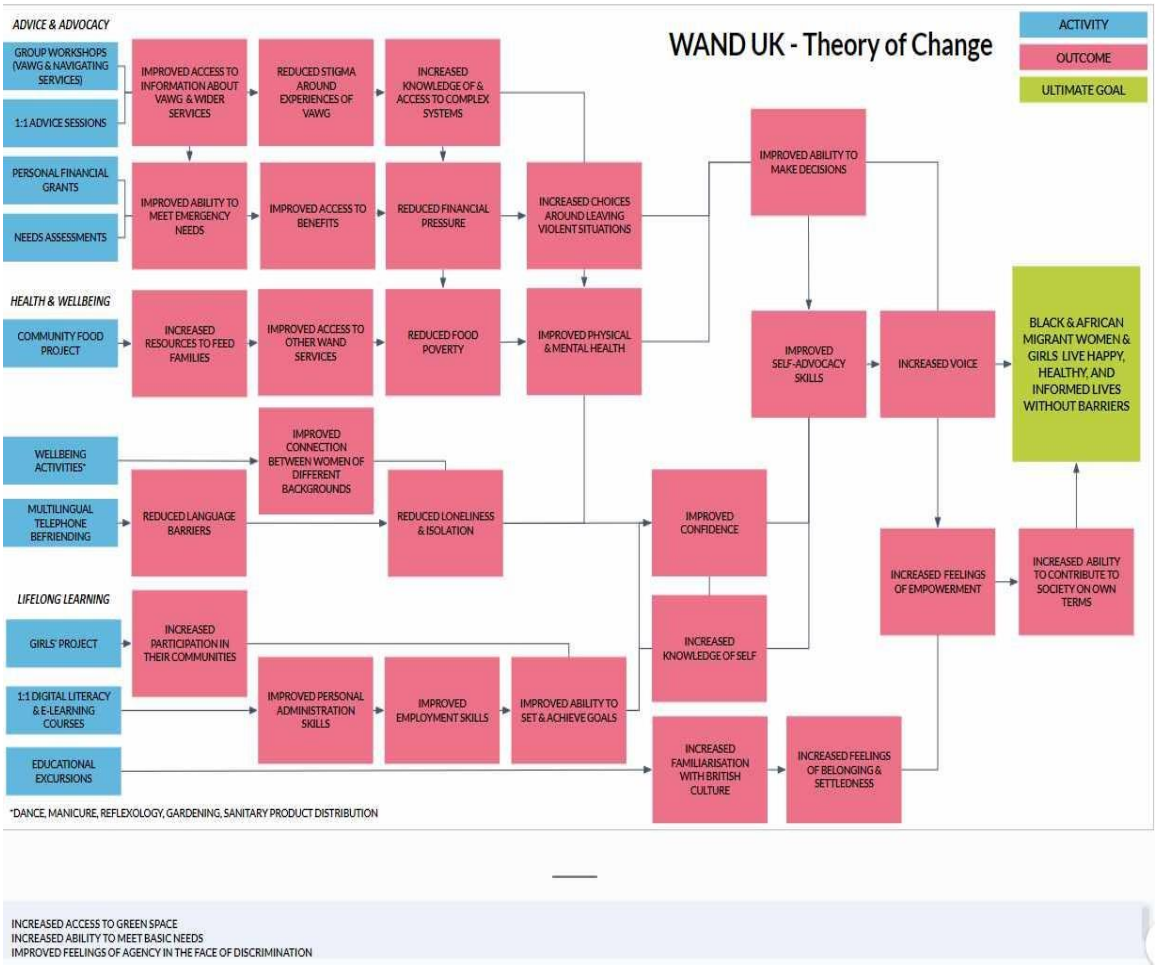
“Thank you for your voucher and for your help. i am happy with this because i need to buy things like food, clothes and other things. thanks”

“We are a family from Kurdistan, because of my husband's problems, my children and i have always been in big trouble, but now we live in peace in the UK. I have 3 children, this for new refugees because all of us are students. I thank you very much for this help. This assistance is very important

for new refugees because those who have just arrived in this country are in dire need of financial and moral support. We are very happy because we are in UK safe. thank you for every thing ".“Thank you for the Tesco voucher, we're gonna spend it on food. I am so happy “

CLIENT-CENTRIC

The voices of the women WAND UK serves will inform decision-making and we will take proactive steps to ensure that WAND UK continues to be an organization where everyone is welcome and can thrive.



Supporting Equity, Diversity, and Inclusion

WAND UK remains committed to equality and non-discrimination. We ensure that all our activities and services are inclusive, accessible, and responsive to the diverse needs of women and their families.

Safeguarding

We hold a legal and moral responsibility to protect everyone who engages with our organisation, including beneficiaries, trustees, staff, and volunteers. Safeguarding remains a core priority, with regular policy reviews at the heart of the Board of Trustees' agenda.

Performance

Throughout the year, our dedicated team of staff and volunteers delivered impactful services that led to positive outcomes for women and their communities. Despite ongoing challenges, WAND UK has sustained its service delivery and continued to support women's health and wellbeing through three key messages that guide our work.

WAND UK registered 4316 hours of frontline work. Delivering 200 sessions with 18018.45 hours of volunteer involvement and contact with the women we work with.

We have maintained a strong focus on areas that create the greatest impact in the lives of vulnerable women and girls. Through our weekly food bank, we supported over 733 families, including 30 housebound individuals, with 2940 supported

124 women benefited from our reflexology therapy, wellbeing, and self-care services.

We delivered 390 sessions, including advice services, educational workshops, peer and group support, one-to-one emotional and practical support, and online physical activities.

WAND UK continues to prioritise the health and wellbeing of BAME women.

Seasonal Support

Holiday Activities and Food Program

During school holidays, we ran activities for children aged 7-13, supported by funding from the Holiday Activity Fund (RBKC). This enabled us to provide snacks, hot lunches, and a range of activities, including dance, arts and crafts, cooking, trips, and gardening, to 59 children, with 164 attendances.

WAND UK celebrated the valuable work of our 30 volunteers. As well as celebrating the 20th anniversary of WAND UK's work on 22nd February 2025

Cutting the celebration cake

The Celebration Continues

WAND UK continued to work intensively with other organisations to promote the welfare of our clients. We focused on increasing knowledge and skills to address the wider determinants of health, prevent isolation, build confidence, improve skills, set goals, and transform lives.

Through our networking role, WAND UK has been a key support to women and community organisations. We collaborated on joint activities, facilitated access to services, and participated in advocacy and policy work to amplify the voices of the Global Majority (BAMER) women.

Impact and Feedback

Evaluation reports and feedback from service users consistently show that WAND UK's activities have had a significant positive impact on individual women, their families, and their sense of belonging within the community.

Support from Our Volunteers

In 2024 - 2025, our dedicated cohort of 30 volunteers played a vital role in shaping and delivering a range of services and projects. Collectively, they contributed over 296.5 hours of their time. An invaluable asset to the ongoing work of the charity. In addition the social value of our volunteers is that they are able to increase the connectivity and community engagement with the women who are hard to reach and often do not know they can access support. The value of peer to peer communications is so important to ensure Wand Uk are helping the ones we set out to help.

Of these volunteers, 66% primarily supported our weekly community food bank, which continued to receive generous donations from partners including The Felix Project, City Harvest, Neighbourly, Fabrique, and Bloody Good Period.

The remaining 34% contributed across various areas, including reflexology therapy, massage, social media, accounting and administration, outreach, and digital literacy support.

NETWORKING WITH OTHER ORGANISATIONS:

WAND works with the following organisations: We work in close partnership with local and national bodies and deliver our services through volunteer-led interventions.

Royal Borough of Kensington and Chelsea Council.	Domestic Violence Intervention Project	Women's Resource Centre
Kew Gardens	Islington Refugee Forum	St Michael's Church
Imkaan	One Westminster	Voluntry Action Islington
Kensington and Chelsea social	Kensington and Chelsea young foundation	Refugee Council
Stroke Association	Nucleus	Metropolitan Police
Victim Support	Neighbourly	Grenfell NHS
Community Language Services Islington	Royal Kensington Palace CAS	Black female Doctors

Felix project	BME health Forum	Elgin Resource Centre
Hammersmith and Fulham Voluntary Sector Network	Pepperpot	Imperial college London
Job Centre Plus North Kensington Hammersmith	Bloody Good Period	City Harvest

Events/ Participation/ Training:

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Kensington and Chelsea Social Council
SMART	SOBUS/hammersmith and Fulham	NHS England
Women's Resource Centre	BME Health Forum	The Growth Company
Law center	Kensington & Chelsea Social Council	NCVO
CAB Hammersmith & Fulham Westminster Kensington and Chelsea	Kensington & Chelsea Volunteer Centre	MIND Hammersmith & Fulham
West Way trust	The Foundation for Social Improvement	London Community Foundation

Key Metrics

- Our key metrics continue to focus on three core areas:
- The number of women supported
- Our success rate in delivering positive outcomes
- The cost-effectiveness of our service delivery

Future Activities

In response to the ongoing challenges posed by increase in the cost-of-living crisis, WAND UK will remain focused on delivering its established objectives, which have been reviewed and reaffirmed for the 2022–2025 period. A key priority will be achieving financial sustainability by strengthening partnerships with external organisations and grant funders to advance the charity's mission. WAND UK has realised that the there is a need to for women to have a better feeling of belonging, reduced isolation and loneliness. We are also aware that women need to increase the levels of self confidence to be able to improve their ability to make informed decisions by increasing participation in their community and to reduce food poverty. WAND UK know that improved access to benefits and to increase resources to feed their families also links into being able to access support via gaining better knowledge of choices available to address fuel poverty, alongside gaining financial literacy and understanding how to budget.

WAND UK will also continue its efforts to promote diversity and remove barriers, ensuring that women and girls have a positive experience from the outset. We will focus on implementing our recommended theory of change and embedding our standards of conduct across staff, volunteers, and trustees.

Additionally, we have invested in collaborative technologies and new ways of working, with a commitment to developing and enhancing our digital infrastructure to better serve our community.

Organisational Development

Trustees

WAND UK's trustees continued to play a vital role in overseeing governance and strategic direction. They reviewed and approved all organisational policies and remained aligned with the charity's three-year strategic plan (2022–2025). Trustees met quarterly throughout the year and convened at an Annual General Meeting to monitor progress and ensure accountability.

To strengthen governance and operational efficiency, a policy review grid has been developed to ensure all policies are updated in a timely manner. The organisation is also working towards appointing a CEO to lead the next phase of WAND UK's development.

Efforts have been made to keep our database current and aligned with project delivery needs. We have also ensured that our insurance coverage remains fit for purpose and that all staff receive comprehensive safeguarding training to uphold the safety and wellbeing of everyone involved in our work.

Trusted Charity

WAND UK remains committed to achieving the accreditation under the Trusted Charity Mark framework, demonstrating our dedication to quality and continuous improvement.

Safe Minimum Practice Standards

We are actively working towards accreditation in Safe Minimum Practice Standards, reinforcing our commitment to safeguarding and best practice across all areas of our work.

Data and Impact – Upshot

WAND UK uses Upshot, a robust data management system, to collect and monitor progress, measure impact, and capture stories that evidence the difference our work makes in the lives of women and their families.

Policies

We maintain comprehensive policies across all relevant areas, including:

Safeguarding Adults at Risk

Safeguarding Children

Data Protection

Health and Safety

Conflict of Interest

Complaints Handling

Privacy Policy for Clients

Equality and Diversity

Reserves Policy

The trustees aim to maintain an unrestricted, undesignated reserve equivalent to 3months of the charity activity of annual expenditure. This reserve ensures the charity can meet contingent liabilities and continue service delivery during periods of financial uncertainty.

Representation

WAND UK actively contributes to wider sector efforts by serving on the Management Committees and Boards of the Islington Centre for Refugees, Asylum Seekers and Migrants, and the BME Health Forum.

Donors

We are deeply grateful to all our donors for their financial and moral support throughout the year. Their contributions have been vital to sustaining our work.

Public Benefit

The trustees have adhered to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and planning future activities. This report has been prepared in accordance with Part 15 of the Companies Act 2006, applicable to companies under the small companies regime.

For the year under review, WAND UK reported:

Risk Management

The trustees maintain a risk register to monitor and manage the key risks facing the charity. This is reviewed regularly to ensure appropriate mitigation strategies are in place.

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT TRUSTEES' REPORT

FOR THE YEAR ENDED 30 APRIL 2025

The Trustees present their report and the financial statements for the year ended 30 APRIL 2025.

Principal Activity

The objective of WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT is to

work with marginalised and vulnerable women and girls and with special interest in working with women of the Global Majority experiencing Domestic Violence, refugees, asylum seekers, migrants. Women with no recourse to public funds, lone parents, low income families, unemployed, long term health conditions and or disabilities. WANK UK operates in the London boroughs of Kensington and Chelsea, Hammersmith& Fulham, Westminster, Camden, Hackney and Islington.

Reserves Policy

The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees are in the process of reviewing their reserves to make sure adequate funds are available in case of any downturn in income.

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 APRIL 2025

CHARITY REGISTERED NUMBER: 1111925

COMPANY REGISTRATION NUMBER: 5427536

LONDON ACCOUNTANCY PRACTICE
SOJOURNER TRUTH CENTRE
161 SUMNER ROAD
LONDON SE15 6JL

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
COMPANY INFORMATION
FOR THE YEAR ENDED 30 APRIL 2025

Charity Registration Number	1111925
Company Registration Number	5427536

Registered Office	WOMEN'S ASSOCIATION FOR AND DEVELOPMENT St Charles Centre for Health and Wellbeing Exmoor Street London W10 6DZ
Bankers	Barclays Bank Plc Leicester LE87 2BB
Independent Examiners	Ade Adebambo CPFA, MBA, ACMA, CGMA London Accountancy Practice 161 Sumner Road London SE15 6JL

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 APRIL 2025

The Trustees present their report and the financial statements for the year ended 30 April 2025.

Principal Activity

The objective of WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT is to work with marginalised and vulnerable women and girls with special interest in working with women with mental health issues, domestic violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV, and low income families. WAND UK operates in the London boroughs of Kensington and Chelsea, Hammersmith& Fulham, Westminster, Camden, Hackney and Islington.

See WAND UK separate Trustees Report.

Financial Review
The total income for the organisation for the year ended 30 April 2025 was £159,170 compared with £144,613 in the previous year with a surplus of £60,993 in 2025 compared with £58,558 in the previous year. The total funds retained at the end of the year are £165,457 out of which unrestricted funds are £85,751 and restricted funds are £79,706.

Reserves Policy
The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees are in the process of reviewing their reserves to make sure adequate funds are available in case of any downturn in income.

The trustees agreed to target unrestricted reserves to cover 3 – 6 months of activities. Based on the current expenditure, the unrestricted reserves should cover over four and half months of expenditure.

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 APRIL 2025

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are required to prepare financial statements which give a true and fair view of the state of affairs of the project and the income and expenditure of the project for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the project will continue in operation.

The Trustees are responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the project. They are also responsible for safeguarding the assets of the project and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.
.

This report was approved by the Board on ……..2025 and signed on its behalf by

Sign……

INDEPENDENT ACCOUNTANT'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT (A company limited by guarantee) FOR THE YEAR ENDED 30 APRIL 2025

I report on the accounts of the company for the year ended 30 April 2025, which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....A Adebambo..... Date...27/01/2026...

Ade Adebambo, ~~MBA~~, ACMA, CGMA, ACG
London Accountancy Practice
161 Sumner Road, London SE15 6JL

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2025

	Unrestricted Fund	Restricted Fund	2025 Total	2024 Total
	£	£	£	£
INCOMING RESOURCES				
Donations, Grants and Legacies	8,619	86,926	95,545	118,645
Incoming resources from generated activities	63,625	0	63,625	25,458
Other Income	0	0	0	510
Total Incoming Resources	**72,244**	**86,926**	**159,170**	**144,613**
RESOURCES EXPENDED				
Cost of generating funds:				
Charitable activities	21,132	77,045	98,177	86,055
Total Resources Expended	**21,132**	**77,045**	**98,177**	**86,055**
Net Income/(Expenditure) for the year	51,112	9,881	60,993	58,558
RECONCILIATION OF FUNDS				
Fund balances brought forward at 1 May 2024	34,639	69,825	104,464	45,906
Fund balances carried forward at 30 April 2025	**85,751**	**79,706**	**165,457**	**104,464**

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT				
BALANCE SHEET				
AS AT 30 APRIL 2025				
CURRENT ASSETS	**Notes**	**2025**		**2024**
		£		**£**
Cash at Bank		166,957		105,964
		166,957		**105,964**
CURRENT LIABILITIES				
Creditors & Accruals	3	1,500		1,500
		165,457		**104,464**
FINANCED BY				
Unrestricted Fund		85,751		34,639
Restricted Fund		79,706		69,825
		165,457		**104,464**

For the period ended 30 April 2025 the Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts.
- these accounts have been prepared in accordance with the provision applicable to companies subject to the small companies' regime.

The financial statements on pages 8 to 10 were approved by the board of directors on ……..and signed on its behalf by

Sign……..Director

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED APRIL 2025

1.0 ACCOUNTING POLICIES

1.1 Basis of preparation of Financial Statements
The financial statements are prepared under the historic cost convention and include the results of the charity's operations which are described in the report of the Trustees all of which are continuing.

The accounts have been prepared in accordance with the Statements of
Recommended Practice for charity accounts.

The charity has taken advantage of the exemption of Financial Reporting Standard No 1 from the requirements to produce a cash flow statement on the grounds that it qualifies as a small charity.

1.2 Incoming Resources

Revenue grants are credited to the Statement of Financial Activities on the earlier date of when they are received or when they are receivable, unless they relate to a specific future period, in which case they are included on the Balance Sheet as deferred income to be recognised in the future accounting period.

1.3 Grants received for specific purposes are accounted for as restricted funds in the Statement of Financial Activities.

1.4 Restricted Funds
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund, together with a fair allocation of management and support costs.

1.5 Unrestricted Funds
Unrestricted funds are donations and other incomes received or generated for the objects of the organisation without further specified purpose and are available for general funds.

1.6 Designated Funds
Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

1.7 Resources Expended
All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

2.0 Tangible Assets
The organisation keeps a register of assets

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 APRIL 2025 (continued)

3.

Creditors	**2025**	**2024**
£	**£**	
Accountancy fees	**1,500**	**1500**

Women's Association For Networking and Development

England & Wales - Charity number 1111925

Accounts

Financial statement for the year ended 30 April 2024

Women's Association for Networking and Development

Email: info@wanduk.org
Website: https://www.wanduk.org/

St Charles' Centre for
Health and Wellbeing
Exmoor Street
London W10 6D

TABLE OF CONTENTS

- Directors' (Trustees') annual report 2
- Governance and Management 3
- Our services at a glance 5
- Our impact 6
- Our stories 7
- Aims and objectives 9
- Highlights from our Work in 2023/2024 10
- Supporting our volunteers 11
- Networking with other organisations 12
- Women's association for networking and development trustees' report 16

Independent examiner's report **18**

Statement of financial activities (including the income and expenditure account) **19**

Balance sheet **20**

Notes to the accounts **21**

The Trustees, who are also the directors of the charity for the purposes of the Companies Act, present their annual report together with the accounts of WAND UK for the year ended 30 April 2024. The accounts have been prepared in accordance with the accounting policies outlined on page 21 and comply with the charity's governing document, applicable laws, and the requirements of the *Statement of Recommended Practice on Accounting and Reporting by Charities* issued in 2019.

Full name Women's Association for Networking & Development

Other names by which the charity is known WAND UK

Registered charity number 1111925

Registered company number 5427536

Principal address

St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

Directors (Trustees)

Eman Osman

Asha Singh

Katherine Laurenson

Gladys Jusu-Sheriff

Alicia Harrison-Obafemi

Bankers

Barclays Bank plc Leicester

LE87 2BB

Independent examiner

Ade Adebambo, MBA, ACMA, CGMA, ACG, London Accountancy Practice

161 Sumner Road London SE15 6JL

Governance and Management

The charity is a company limited by guarantee and a registered charity. It operates under the rules of its memorandum and articles of association, dated 18th April 2005. It has no share capital, and the liability of each member in the event of winding up is limited to £1.

The methods adopted for the recruitment and appointment of new trustees are by advertisement.

WAND UK is a London-wide women's charity committed to working with marginalised and vulnerable women and girls, with a special focus on supporting women facing mental health challenges, domestic violence, and those who are refugees, asylum seekers, migrants, lone parents, unemployed, low-educated, affected by HIV, or from low-income families. WAND operates in the London boroughs of Kensington and Chelsea, Hammersmith & Fulham, Westminster, Camden, Hackney, and Islington.

WAND UK prioritises holistic approaches that encourage the prevention of crisis points and help build resilience. Its work is community-based and takes into account social and cultural contexts to ensure that changes in women's lives are sustainable. WAND UK also serves as an anchor for women in the community by promoting and signposting them to other relevant services of which they may be unaware.

Our Vision:

A world free from discrimination and oppression, where diversity is respected and valued, and where every woman and girl enjoys her human rights, with the opportunity to reach her highest potential.

Our Mission:

Our mission is to contribute to female empowerment and enablement by supporting women to become agents of positive change for themselves, their families, their communities, and society at large.

Our Values:

- Equality & Fairness: Our activities and services are inclusive, accessible, and responsive to the diverse needs and specificities of women and their families.
- Inclusion: We value the importance of diversity and equality.
- Holistic & Person-Centred: WAND UK's support considers all aspects of women's lives, including their physical, emotional, social, and economic wellbeing.

Highlights:

Over the past year, the UK's cost-of-living crisis has intensified, disproportionately affecting women and girls. Inflation rates peaked at 10.7% during 2022–23, with the poorest households experiencing rates up to 12.6%, exacerbating financial strains on low-income families (ifs.org.uk). Despite a 10.1% increase in working-age benefits in April 2023, real-term values remain below pre-pandemic levels, offering limited relief (natcen.ac.uk) Moreover, women constitute 69% of low-paid and insecure jobs, limiting their capacity to cope with rising living costs. (unison.org.uk) Additionally, women are more likely than men to experience poverty, have lower savings, and bear the brunt of cuts to social security and public services (wbg.org.uk) and often shoulder the majority of unpaid care responsibilities, limiting their capacity to engage in paid work and increase their income. (committees.parliament.uk)

Despite these challenges, our dedicated staff and volunteers remain steadfast in their commitment to supporting those in need. Our work stands out because of this deeply ingrained, shared desire, to listen, believe, and empower vulnerable women and girls, providing the highest quality services possible.

Our team's passionate and authentic determination ensures that we can provide essential support to those who need it most, and we remain profoundly grateful for their expertise and dedication towards helping us meet the increased demand for our services. Additionally, the resilience, tenacity, compassion, and determination of the entire team at WAND have been vital to our success.

The cost-of-living crisis, following the COVID-19 pandemic, has placed additional pressures on everyone. In the face of these challenges, our staff and volunteers continue to demonstrate a passionate and authentic determination to support women and girls who need our help. Our work stands out because of this deeply ingrained, shared desire to listen, believe, and empower vulnerable women and girls, providing the highest quality services possible.

We remain profoundly grateful for the immense support and expertise our volunteers bring. They have been instrumental in helping us meet the increased demand for our services. Additionally, the resilience, tenacity, compassion, and determination of the entire team at WAND have been vital to our success.

For WAND, securing core costs to support the infrastructure and growth of the organisation remains a challenge. Over the next three years, WAND UK must invest in and further develop priority services that address the most pressing needs of its beneficiaries to maintain focus and build a case for ongoing funding. In this regard, the charity is consolidating its work under the following overarching service strands:

Aim of the service strand:

Free advice and support

Community-based education

Improve health and well being

Increasing their self- esteem.

Service Strands:

Service strand 1:

Advice & Advocacy

Service strand 2:

Lifelong Learning

Service strand 3:

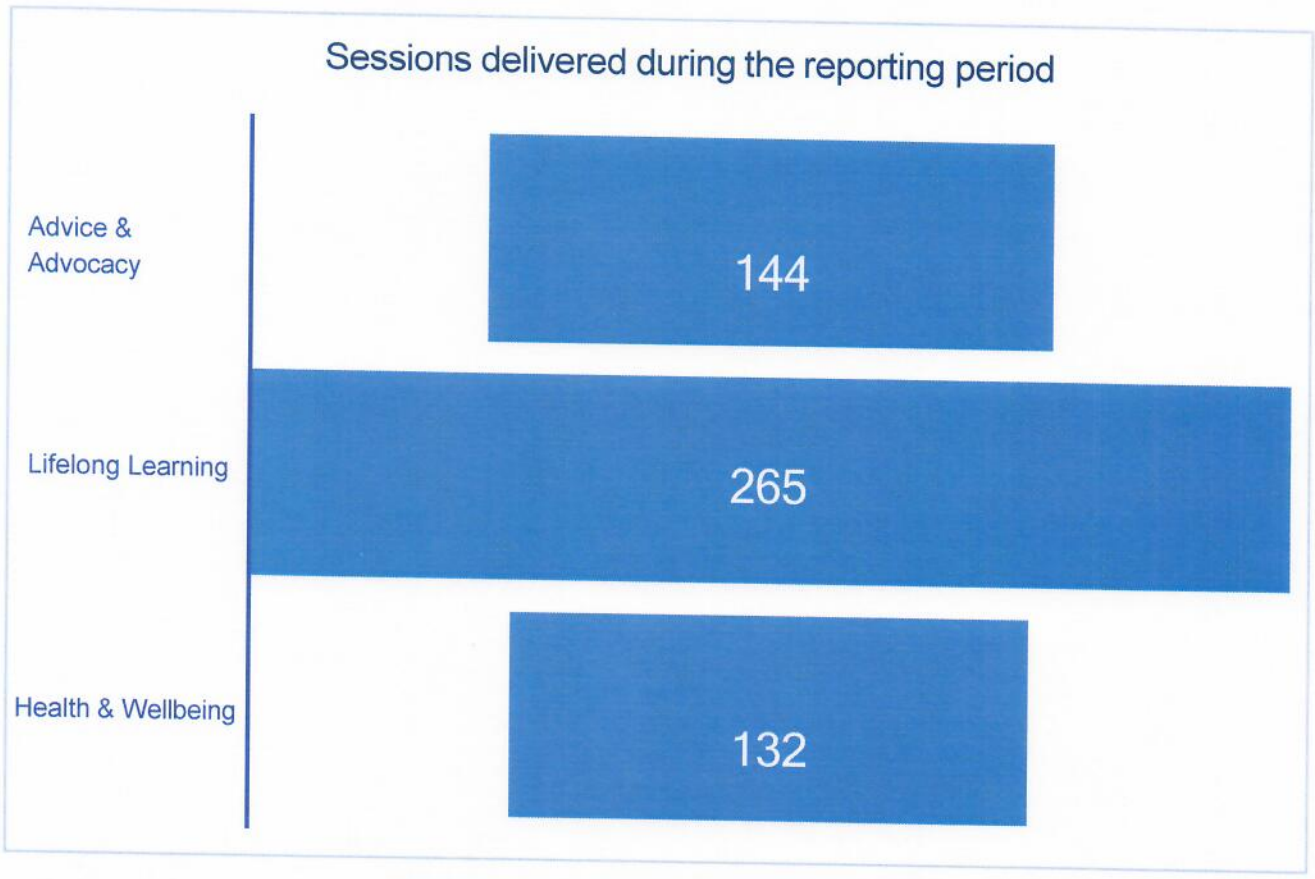
Health & Wellbeing

Our services at a glance:

Dance Reflexology Young Girls' Project Community food distribution Advice & information 1:1 Digital literacy support Beauty & self-care Educational excursions VAWG helpline and workshops Green Shots Gardening Multilingual telephone befriending Personal financial grants Happy Healthy Family Club Holiday Activities & Food Programme (HAF)

Our Impact:

The past twelve months have been a period of improvement, challenges, and increasing diversity of needs among our service users. The rising cost of living has been associated with reduced wellbeing, heightened anxiety, and worsening mental health, particularly for those already on lower incomes.



WAND UK continues to support women facing significant barriers.

WAND contacted housebound women, including the elderly, domestic violence victims, refugees, asylum seekers, and women with health and mental health challenges. Beneficiaries were linked to activities such as gardening, reflexology, coffee mornings, telephone befriending, online dance classes, beauty sessions, and self-care workshops.

Many of the beneficiaries reported feeling confident about accessing help in the future, feel more connected to their community, and their wellbeing has improved since receiving our weekly telephone calls. Additionally, many beneficiaries were supported with housing, home repairs, benefits, access to health and social care services, rights, and entitlements.

WAND UK works in close partnership with local and national organisations, delivering its services through volunteer-led interventions.

Client-centric

The voices of the women WAND UK serves will inform decision-making, and we will take proactive steps to ensure that WAND UK continues to be an organization where everyone is welcome and can thrive.

Our stories

"It is so comforting that at least WAND feeds me on a weekly basis. It is like one less bill to pay."

- Elfleda (Pensioner)

"Food support takes a huge pressure off us as we know that, even if we ran out of money, we would not go hungry."

- Esam T

WAND UK engages with women, both individually and in groups, to support them to take control over their own lives, improve their health and well-being, increase their self-esteem and to make their voices heard. WAND UK strives to reach out to the most vulnerable women in communities by putting the individual at the centre of its interventions. Through its 'You Are Not Alone' (YANA) project, WAND UK's aims are:

- To provide information and signposting to greater numbers of marginalised women in need
- To support women and girls' empowerment through cultural and educational projects and activities
- To encourage and collaborate with other BAME and women-focused organisations where possible
- To promote girls' health and wellbeing and increase their participation in their communities
- To increase women's voices
- To increase women's ability to contribute to society on their own terms

Highlights from our Work in 2023/2024

Supporting Equity, Diversity and Inclusion:
WAND UK is committed to equality and non-discrimination. We ensure that the activities and services we provide are inclusive, accessible, and responsive to the diverse needs and specificities of women and their families.

Safeguarding:
We have a legal and moral responsibility to protect everyone who encounters our organisation, including beneficiaries, trustees, staff, and volunteers, from harm. Reviewing the safeguarding policy remains a central priority on the Board of Trustees' agenda to ensure it remains fit for purpose.

Performance:
Throughout this year, our strong and resilient team of staff and committed volunteers worked together to deliver impactful services, resulting in positive outcomes for local residents and communities. Despite ongoing challenges, WAND has successfully maintained its service delivery, enabling significant benefits for its beneficiaries.

WAND continued to focus on its three key services to improve and sustain women's health and mental well-being:

- **Food Bank:** Our weekly food bank supported families and housebound individuals

- **Well-being Services:** women benefited from reflexology therapy, well-being, and self-care services. We delivered advice sessions, educational workshops, peer and group support, one-to-one emotional and practical support, and online physical activities

- **BAME Women's Health:** WAND prioritised improving and maintaining BAME women's health and well-being, including a workshop on diabetes awareness and prevention, facilitated by Diabetes UK, and cancer screening, detection, and protection, in partnership with RM Partners.

Holiday Activities:
During school holidays, we organised *Holiday Activities and Food* programmes for children aged 7 to 13, supported by the Holiday Activity Fund, from the Royal Borough of Kensington and Chelsea Council (RBKC). This funding enabled us to provide snacks, hot lunches, and a range of activities, including dance, arts and crafts, cooking, trips, and gardening.

Christmas Support:
With assistance from the Anglican Church in Marseille and the Holy Trinity Brompton (HTB), WAND provided over **150** Christmas hampers and **50** £10 gift cards to vulnerable families in three schools, service users, and volunteers.

Collaborative Work:
WAND continued to collaborate extensively with other groups to promote the welfare of our beneficiaries. This included increasing knowledge and skills to challenge the wider determinants of health, prevent isolation, build confidence, improve skills, set goals, and transform lives.

Through its networking role, WAND has been a major support to women and community organisations. We facilitated joint activities, advocated for policy changes, and amplified BAME women's voices.

Feedback and evaluation reports from service users have confirmed that WAND's activities significantly impacted individual women's lives and their families, strengthening their sense of belonging.

Supporting Our Volunteers:

Our cohort of 32 volunteers play a vital role in the charity's continued success. Of these volunteers:

- 66% assisted primarily in the weekly community food bank, which received generous donations from The Felix Project, City Harvest, Neighbourly, Fabrique, and Bloody Good Period.
- 34% contributed to other services, including reflexology therapy, massage, haircuts, social media, accounting and administration, outreach, and digital literacy support.

To celebrate and motivate our team, WAND hosted a Celebratory Barbecue in July 2023, bringing together staff and volunteers to recognise their efforts and inspire continued dedication to our cause.

Networking with other organisations

WAND works with the following organisations: We work in close partnership with local and national bodies and deliver our services through volunteer-led interventions.

Royal Borough of Kensington and Chelsea Council	Domestic Violence Intervention Project	Women's Resource Centre
Kew Gardens	Islington Refugee Forum	St Michael Church
Imkaan	One Westminster	Voluntary Action Islington
Voluntary Action Camden	Hackney Council for Voluntary Services	Refugee Council
WLCCG	Libraries in Islington, Hackney, Westminster, Camden, K&C	Metropolitan Police
Victim Support	Neighbourly	Grenfell NHS
Community Language services- Islington	Royal Kensington Palace CAS	Black female Doctors
Felix project	BME health Forum	Elgin Resource Centre
Hammersmith and Fulham Voluntary Sector Network	Musawa Community	HTB (Love Your Neighbour)
Job Centre Plus North Kensington Hammersmith	Bloody Good Period	City Harvest

Events/ Participation/ Training

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Camden Voluntary Action
Islington Council	SOBUS	NHS England
Kensington and Chelsea Social Council	BME Health Forum	The Growth Company
SMART	Kensington & Chelsea Social Council	NCVO
Women's Resource Centre	One Westminster	MIND Hammersmith & Fulham
CAB Hammersmith & Fulham	The Foundation for Social Improvement	Kensington & Chelsea Volunteer Centre

Key Metrics

Our key metrics will continue to be the number of women supported, our success rate, and the cost of delivering our services.

Future Activities

In light of the challenges presented by the rising cost of living, WAND will remain focused on achieving the charity's established objectives, which have been reviewed and will remain aligned with the 2022-2025 strategic plan. The organisation will continue prioritising financial sustainability, working with external partners and grant providers to further the charity's mission.

WAND UK will persist in driving diversity and breaking down barriers to ensure that women and girls have a positive experience from the outset. The charity will focus on implementing its recommended *Theory of Change* and embedding its standards of conduct across staff, volunteers, and trustees. We will continue to adopt collaborative information technology, explore new ways of working, and invest in enhancing our digital capabilities.

Organisational Development

- **Trustees:**
  The trustees reviewed and approved all policies and adhered to the three-year strategic plan for 2022-2025. Trustees met quarterly throughout the year and held an Annual General Meeting.
- **Trusted Charity Accreditation:**
- WAND UK remains committed to continuing the "Trusted Charity Mark" accreditation process at Level 2.
- **Safe Minimum Practice Standards:**
  The organisation is working towards achieving the Safe Minimum Practice Standards accreditation.
- **Upshot System:**
  WAND UK utilises Upshot to collect and manage data, monitor progress, measure impact, and document success stories.

Policies

Comprehensive policies are maintained in all relevant areas, including:

- Safeguarding Adults at Risk
- Safeguarding Children
- Data Protection
- Health and Safety
- Conflicts of Interest

- Complaints Handling
- Privacy Policy for Clients
- Equality and Diversity

Charity Policy on Reserves

The trustees aim to maintain unrestricted and undesignated reserves equivalent to a minimum of 25% of annual expenditure. This ensures the organisation can meet contingent liabilities and continue operating during challenging funding periods.

Representation

WAND UK served on the management committees and boards of the Islington Centre for Refugees, Asylum Seekers and Migrants, and the BME Health Forum.

Donors

WAND UK expresses its gratitude to all donors for their financial and moral support during the year under review.

Public Benefit

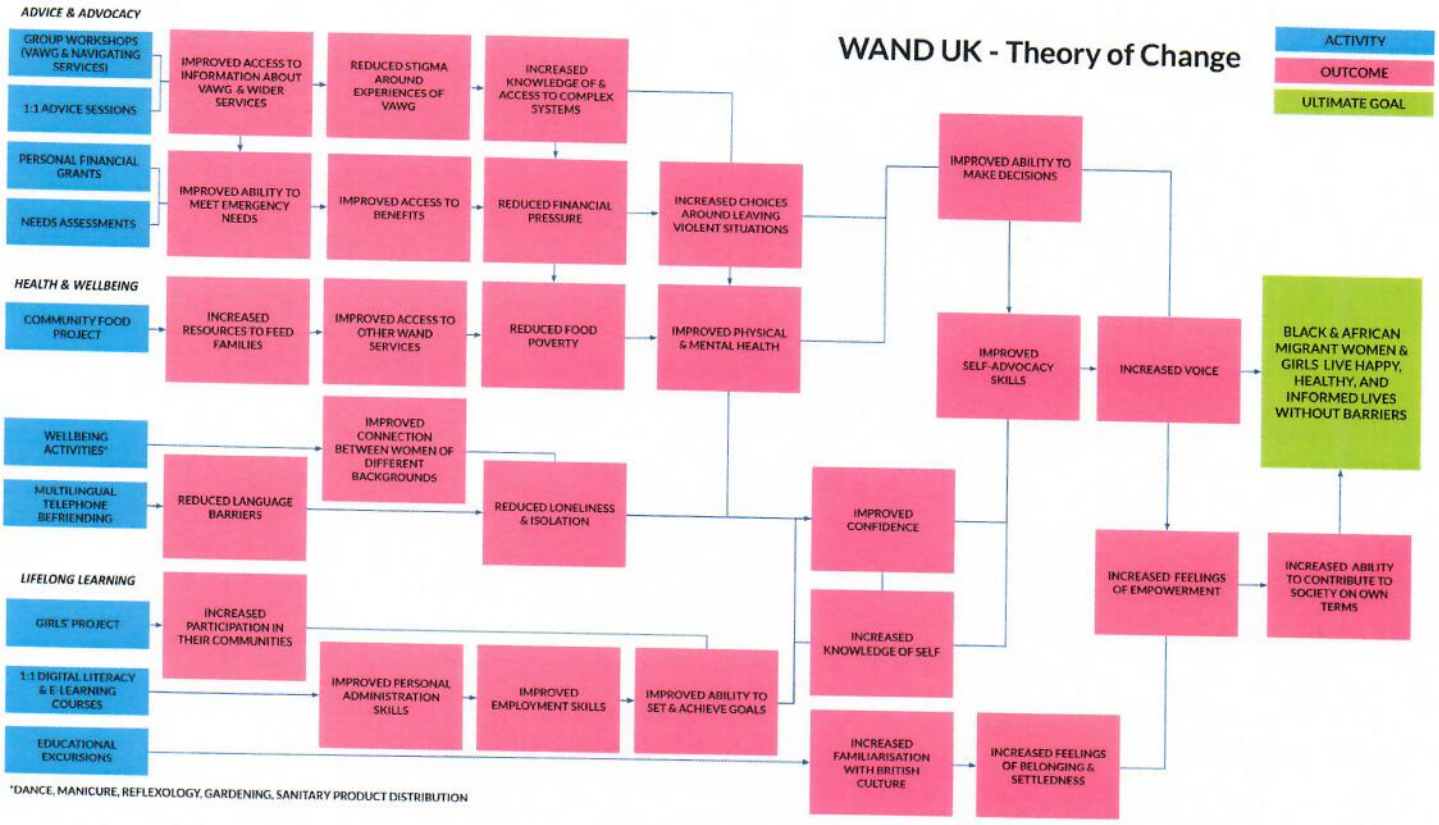
The trustees adhered to the Charity Commission's general guidance on public benefits when reviewing the charity's aims and objectives and planning future activities. This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006, applicable to companies subject to the small companies' regime.

Financial Review

The charity reported an income of **£144,613** for the year, with an expenditure of £86,055, resulting in a surplus of **£58,558**. Unrestricted reserves were **£34,639**, and total reserves amounted to **£104,464**.

Risk Management

The trustees continue to identify and manage the primary risks faced by the charity.


WAND UK - Theory of Change
ACTIVITY
OUTCOME
ULTIMATE GOAL
ADVICE & ADVOCACY
GROUP WORKSHOPS (VAWG & NAVIGATING SERVICES)
1:1 ADVICE SESSIONS
IMPROVED ACCESS TO INFORMATION ABOUT VAWG & WIDER SERVICES
REDUCED STIGMA AROUND EXPERIENCES OF VAWG
INCREASED KNOWLEDGE OF & ACCESS TO COMPLEX SYSTEMS
PERSONAL FINANCIAL GRANTS
NEEDS ASSESSMENTS
IMPROVED ABILITY TO MEET EMERGENCY NEEDS
IMPROVED ACCESS TO BENEFITS
REDUCED FINANCIAL PRESSURE
INCREASED CHOICES AROUND LEAVING VIOLENT SITUATIONS
IMPROVED ABILITY TO MAKE DECISIONS
HEALTH & WELLBEING
COMMUNITY FOOD PROJECT
INCREASED RESOURCES TO FEED FAMILIES
IMPROVED ACCESS TO OTHER WAND SERVICES
REDUCED FOOD POVERTY
IMPROVED PHYSICAL & MENTAL HEALTH
IMPROVED SELF-ADVOCACY SKILLS
INCREASED VOICE
BLACK & AFRICAN MIGRANT WOMEN & GIRLS LIVE HAPPY, HEALTHY, AND INFORMED LIVES WITHOUT BARRIERS
WELLBEING ACTIVITIES*
MULTILINGUAL TELEPHONE BEFRIENDING
IMPROVED CONNECTION BETWEEN WOMEN OF DIFFERENT BACKGROUNDS
REDUCED LANGUAGE BARRIERS
REDUCED LONELINESS & ISOLATION
IMPROVED CONFIDENCE
INCREASED FEELINGS OF EMPOWERMENT
INCREASED ABILITY TO CONTRIBUTE TO SOCIETY ON OWN TERMS
LIFELONG LEARNING
GIRLS' PROJECT
INCREASED PARTICIPATION IN THEIR COMMUNITIES
1:1 DIGITAL LITERACY & E-LEARNING COURSES
IMPROVED PERSONAL ADMINISTRATION SKILLS
IMPROVED EMPLOYMENT SKILLS
IMPROVED ABILITY TO SET & ACHIEVE GOALS
INCREASED KNOWLEDGE OF SELF
EDUCATIONAL EXCURSIONS
INCREASED FAMILIARISATION WITH BRITISH CULTURE
INCREASED FEELINGS OF BELONGING & SETTLEDNESS
*DANCE, MANICURE, REFLEXOLOGY, GARDENING, SANITARY PRODUCT DISTRIBUTION

Women's association for networking and development

Trustees' report for the year ended 30 APRIL 2024

The Trustees present their report and the financial statements for the year ended 30 April 2024.

Principal Activity

The objective of the WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT is to work with marginalised and vulnerable women and girls, with special interest in working with women with mental health issues, domestic violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV, and low-income families. WAND UK operates in the London boroughs of Kensington and Chelsea, Hammersmith& Fulham, Westminster, Camden, Hackney and Islington.

WAND UK operates within the London boroughs of Kensington and Chelsea, Hammersmith & Fulham, Westminster, Camden, Hackney, and Islington.

See WAND UK separate Trustees Report.

Financial Review

The total income for the organisation for the year ended 30 April 2024 was £144,613 compared with £58,097 in the previous year with a surplus of £58,558 in 2024 and the total funds retained at the end of the year are £104,464 out of which unrestricted funds are £34,639 and restricted funds are £69,825.

Reserves Policy

The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees are in the process of reviewing their reserves to make sure adequate funds are available in case of any downturn in income.

The trustees agreed to target unrestricted reserves to cover 3 – 6 months of activities. Based on the current expenditure, the unrestricted reserves should cover over four and half months of expenditure.

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 APRIL 2024

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are required to prepare financial statements which give a true and fair view of the state of affairs of the project and the income and expenditure of the project for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the project will continue in operation.

The Trustees are responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the project. They are also responsible for safeguarding the assets of the project and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board on 22 February 2025 and signed on its behalf by

Sign.....

INDEPENDENT ACCOUNTANT'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT (A company limited by guarantee)

FOR THE YEAR ENDED 30 APRIL 2024

I report on the accounts of the company for the year ended 30 April 2024, which are set out on pages 19- 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

..... Date..... 25th February 2025.

Ade Adebambo, MBA, ACMA, CGMA,

ACG London Accountancy Practice 161 Sumner Road London SE15 6JL

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2024

INCOMING RESOURCES	Unrestricted Fund	Restricted Fund	2024 Total Fund	2023 Total Fund
	£	£	£	£
Donations, Grants and Legacies	0	118,645	118,645	54,741
Incoming resources from generated	25,458	0	25,458	3,356
Other Income	510	0	510	0
Total Incoming Resources	**25,968**	**118,645**	**144,613**	**58,097**
Cost of generating funds:				
Charitable activities	**7,285**	**78,770**	**86,055**	**85,100**
Total Outgoing Resources	**7,285**	**78,770**	**86,055**	**85,100**
Net Incoming Resources	18,683	39,875	**58,558**	-27,003
Balance Brought Forward	15,956	29,950	45,906	72,909
Fund Balance Carried Forward	**34,639**	**69,825**	**104,464**	**45,906**

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
BALANCE SHEET
AS AT 30 APRIL 2024

	Notes	2024	2023
CURRENT ASSETS		£	£
Cash at Bank		105,964	45,906
		105,964	**45,906**
CURRENT LIABILITIES			
Creditors & Accruals	3	1,500	0
		104,464	**45,906**
FINANCED BY			
Unrestricted Fund		34,639	15,956
Restricted Fund		69,825	29,950
		104,464	**45,906**

For the period ended 30 April 2024 the Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts.
- these accounts have been prepared in accordance with the provision applicable to companies subject to the small companies' regime.

The financial statements on pages 19 to 21 were approved by the board of directors on

..... 22/02/2025 and signed on its behalf by

Sign ..... Director

WOMEN'S ASSOCIATION FOR NETWORKING AND DEVELOPMENT
NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 30 APRIL 2024

1.0 ACCOUNTING POLICIES

1.1 Basis of preparation of Financial Statements

The financial statements are prepared under the historic cost convention and include the results of the charity's operations which are described in the Report of the Trustees all of which are continuing.

The accounts have been prepared in accordance with the Statements of Recommended Practice for charity accounts.

The charity has taken advantage of the exemption of Financial Reporting Standard No 1 from the requirements to produce a cash flow statement on the grounds that it qualifies as a small charity

1.2 Incoming Resources

Revenue grants are credited to the Statement of Financial Activities on the earlier date of when they are received or when they are receivable, unless they relate to a specific future period, in which case they are included on the Balance Sheet as deferred income to be recognised in the future accounting period.

1.3 Grants received for specific purposes are accounted for as restricted funds in the Statement of Financial Activities.

1.4 Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets thes0e criteria is identified to the fund, together with a fair allocation of management and support costs.

1.5 Unrestricted Funds

Unrestricted funds are donations and other incomes received or generated for the objects of the organisation without further specified purpose and are available for general funds.

1.6 Designated Funds

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

1.7 Resources Expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

2.0 TANGIBLE ASSETS

The organisation keeps a register of assets

3. CREDITORS	**2024**
	£
Accountancy fees	**1,500**

Women's Association For Networking and Development

England & Wales - Charity number 1111925

Accounts

Financial statement for the year ended 30th April 2023

Women's Association for Networking and Development

Email: info@wanduk.org

Website: Https://www.wanduk.org/

St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

The Trustees, who are also the directors of the charity for the purposes of the Companies Act, present their annual report together with the accounts of WAND UK for the year ended 30 April 2023. The accounts have been prepared in accordance with the accounting practices and comply with the charity's governing document, applicable laws and the requirements of Statement. of Recommended Practice on 'Accounting and Reporting by Charities' issued in 2019"

Full name Women's Association for Networking & Development

Other names by which the charity is known WAND UK

Registered charity number 1111925
Registered company number 5427536

Principal address
St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

Directors (Trustees)
Eiman Osman
Asha Singh
Nicola Ambler
Katherine Laurenson
Gladys Jusu-Sheriff
Alexandra Adeniya (Resigned)
James Oluwaseye (Resigned)

Bankers
Barclays Bank plc
Leicester
LE87 2BB

Independent examiner

Abdullah Mohamud ACMA, CGMA Taskplete Accountants 12 York Road, SW11 3QA

Governance and management

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 18th April 2005 and most recently amended. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

The methods adopted for the recruitment and appointment of new trustees is by advertisement.

WAND UK is a London wide Women's charity committed to working with marginalised and vulnerable women and girls and with special interest in working with women with mental

health, Domestic Violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV and low-income families. WAND operates in the London boroughs of Kensington and Chelsea, Hammersmith & Fulham, Westminster, Camden, Hackney, Islington.

WAND UK prioritizes holistic approaches that encourage the prevention of crisis points and help build resilience. Its work is community-based and considers social and cultural context to make the changes in women's lives sustainable. WAND UK also serves as an anchor for women in the community through promoting and signposting them to other relevant services of which they may not be aware.

Our Vision: is a world free from discrimination and oppression, where people respect and value differences, and where every woman and girl enjoys all their human rights and has the opportunities to realise their full potential.

Our Mission: In pursuit of our vision, our mission is to contribute to female empowerment and enablement by supporting them to become agents of positive change for themselves, their families, their communities and society at large.

Our Values:

- Equality & fairness: our activities and services are inclusive, accessible and respond to the diverse needs and specificities of women and their families.
- Inclusion: value the importance of diversity and equality.
- Holistic & person-centred: WAND UK support takes into account all aspects of women's lives, including physical, emotional, social and economic wellbeing.

Highlights:

The cost-of-living crisis, on the back of the COVID-19 pandemic, has brought additional pressures for everyone. In the face of these challenges, our staff and volunteers continue to show a passionate and authentic determination to be there for women and girls who need our help. Our work stands out because of this deeply ingrained, shared desire to listen, to believe and empower vulnerable women and girls and provide the best quality services we can.
We continue to be as grateful as ever for the massive amounts of support and expertise our volunteers bring. They have been instrumental in helping us meet the increased demand for our services in addition to the resilience, tenacity, compassion and determination of the entire team at WAND.

For WAND securing core costs to support the infrastructure and growth of the organization continues to be a challenge. Over the next three years, WAND UK must work to invest in, and further develop, priority services that address the most pressing needs of its clients to retain focus and create a case for ongoing funding. In this regard, the Charity is consolidating its work under overarching the following service strands:

Service Strands:

➞ SERVICE STRAND 1:
ADVICE & ADVOCACY

➞ SERVICE STRAND 2:
LIFELONG LEARNING

➞ SERVICE STRAND 3:
HEALTH & WELLBEING

Aim of the service strand
Free advice and support
Community-based education
Improve health and well being
Increasing their self-esteem.

OUR SERVICES AT A GLANCE

Dance **Reflexology** **Young Girls' Project** **Community food distribution**

Advice & information **1:1 digital literacy support**

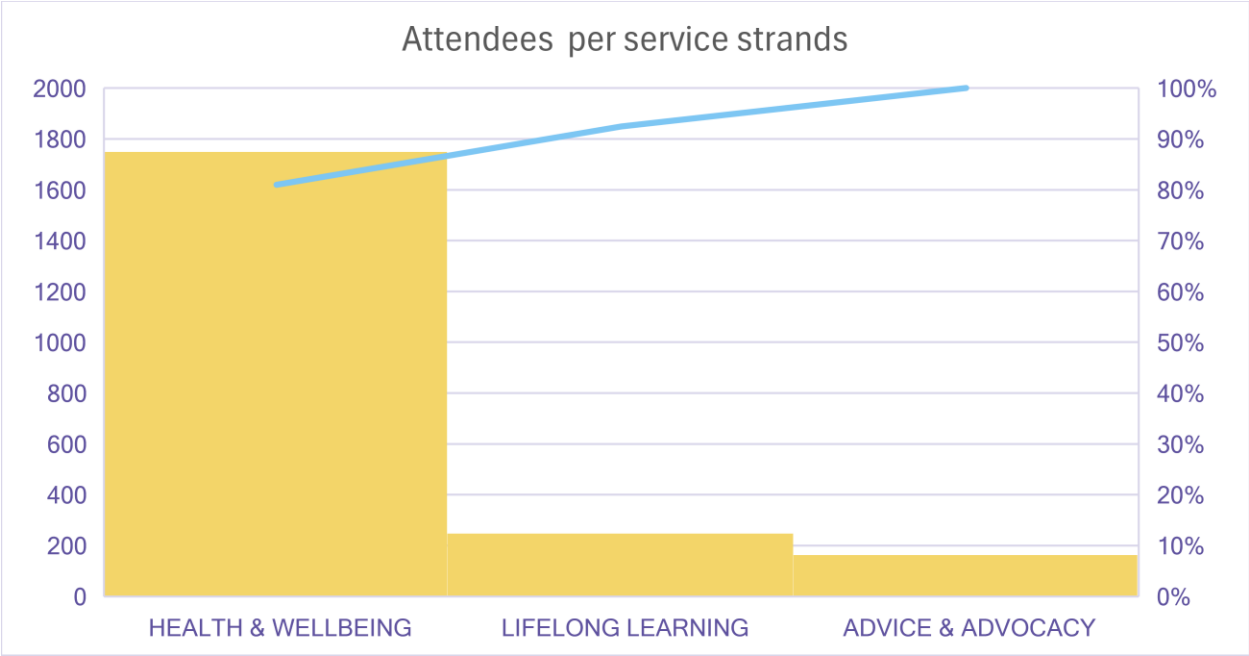
Beauty & self-care **Educational excursions** **VAWG helpline and workshops**

Green Shots Gardening **Multilingual telephone befriending**

Personal financial grants **Happy Healthy Family Club** **Holiday Activities & Food Prgramme (HAF)**

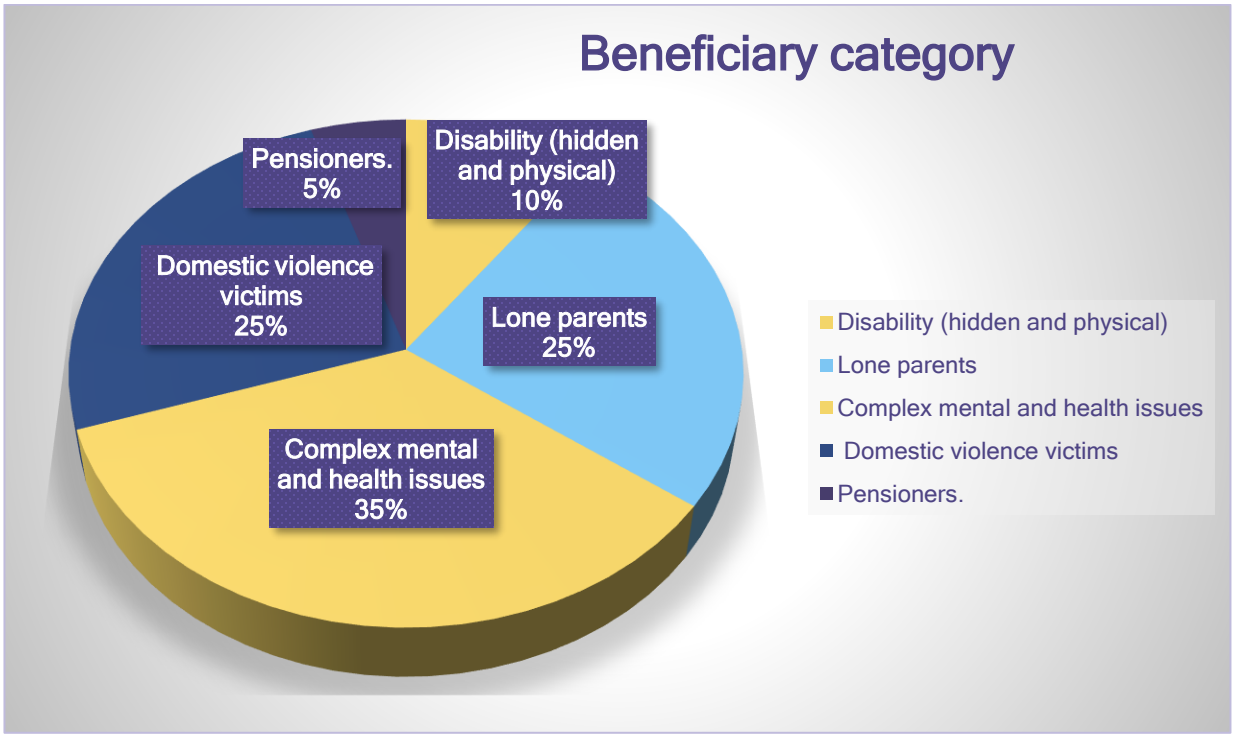
Our Impact in numbers:

The past twelve months have been a time of recovery, improvement, and growing needs of our service users. The rising cost of living has been associated with a reduction in wellbeing, including increased anxiety and worsening mental health especially for households already on lower incomes. They tended to spend a higher proportion of their income on energy and food. Throughout the year there has been a significant uplift in the number of women and girls we have helped. Overall, the charity helped 2,160 participants of which *1,500 are unique beneficiaries*.



This was an increase of **44%** compared to last year.

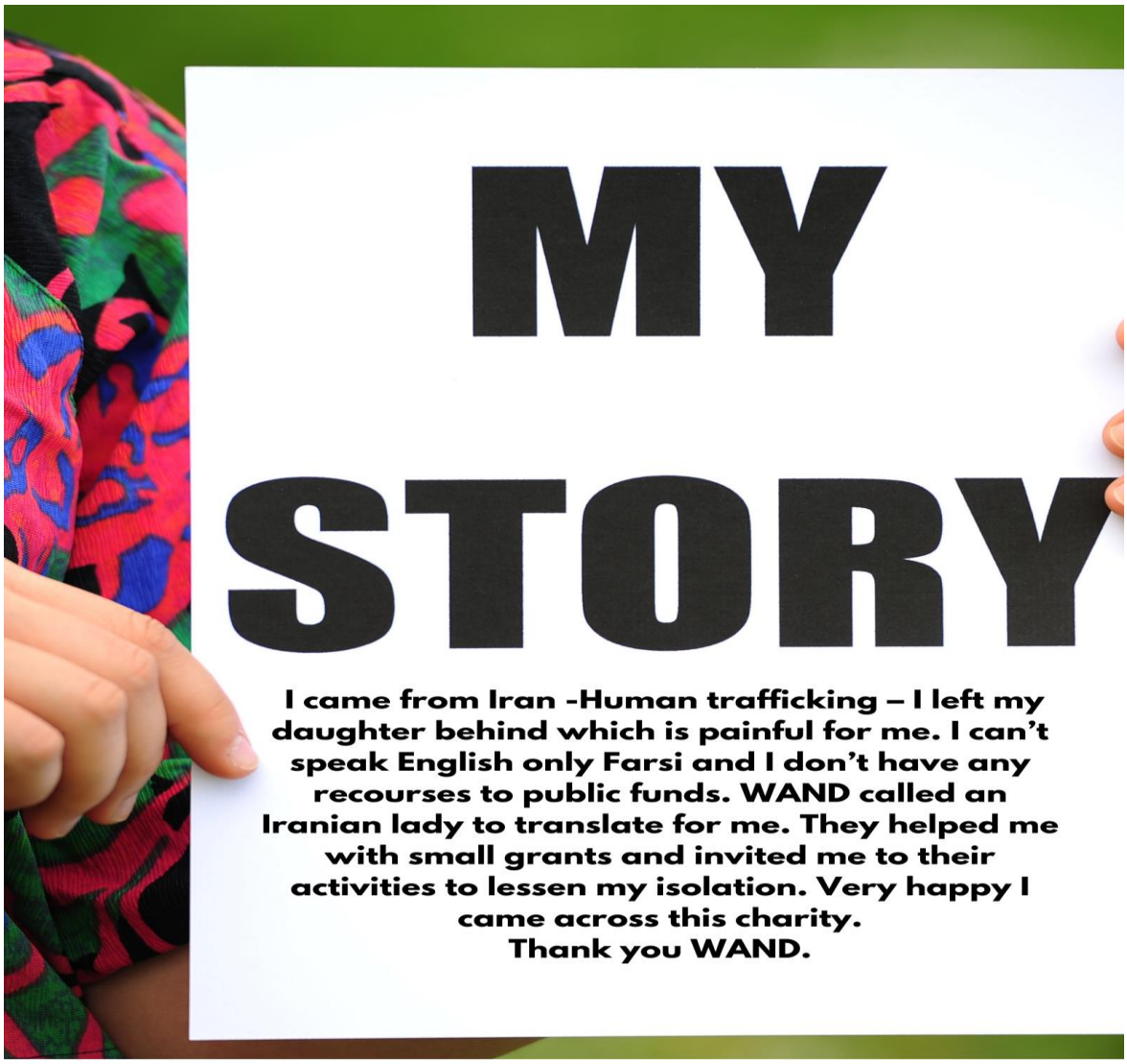
WAND UK continued to reach women who face significant barriers. 85% were from an ethnic minority group, 10% of clients considered themselves to have a disability (hidden and physical), 25% were lone parents, 35% had a complex of mental and health issues, 25% were domestic violence victims and 5% were pensioners.



WAND called 576 housebound women including elderly, domestic violence victims, refugees, asylum seekers and women with health and mental issues. 15% of the beneficiaries joined our team as volunteers, 55% were linked to other activities such gardening, reflexology, coffee mornings, telephone befriending, online dance and beauty and self-care. 45% felt confident they knew how to access help in future. 90% said they feel more connected to the community and their wellbeing has improved since they started receiving our weekly calls. 55% were supported with housing, home repairs, benefits, access to health and Social care services, rights, and entitlements.

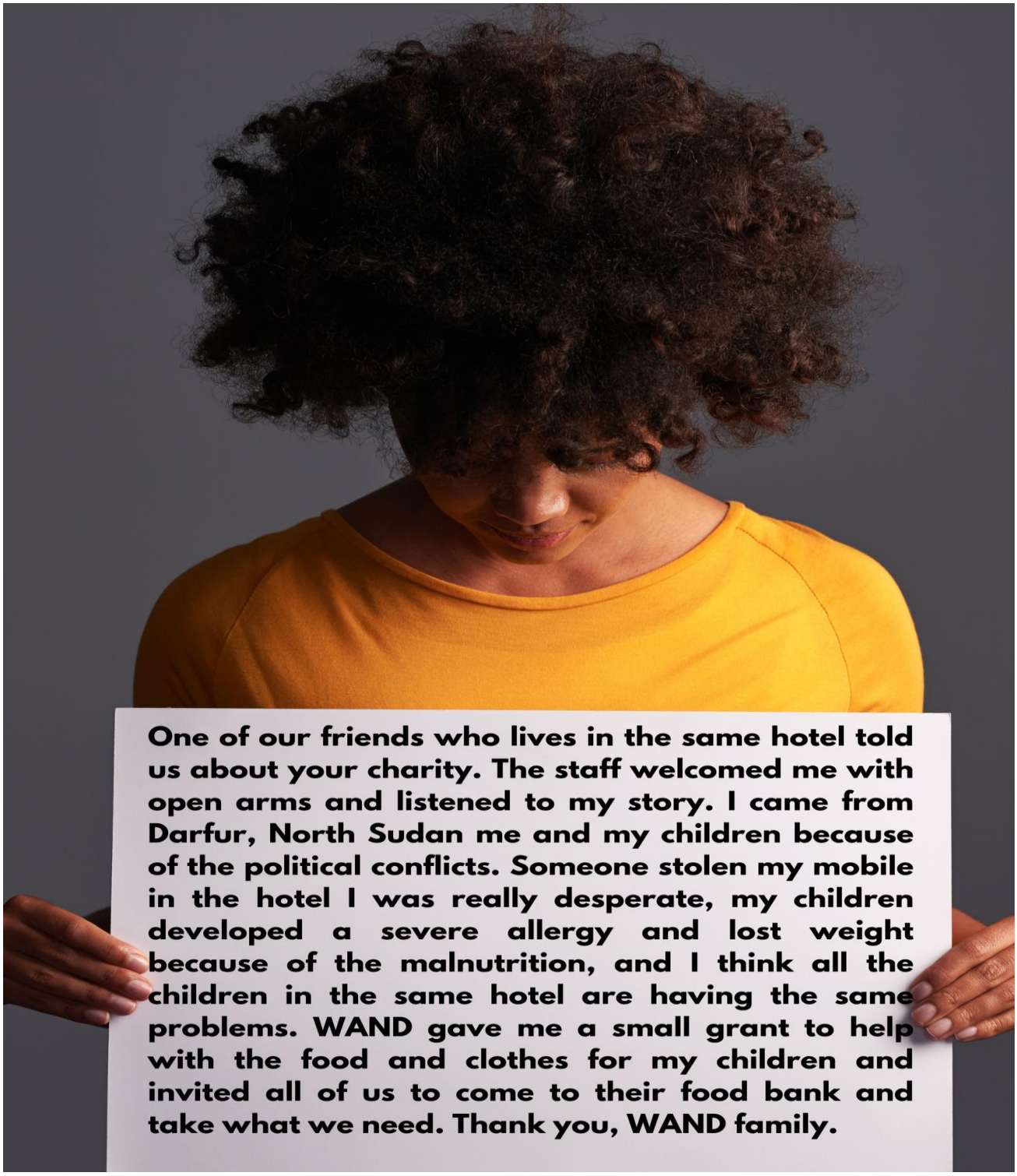
WAND UK works in close partnership with local and national bodies and deliver its services through volunteer-led interventions.

Our Stories:



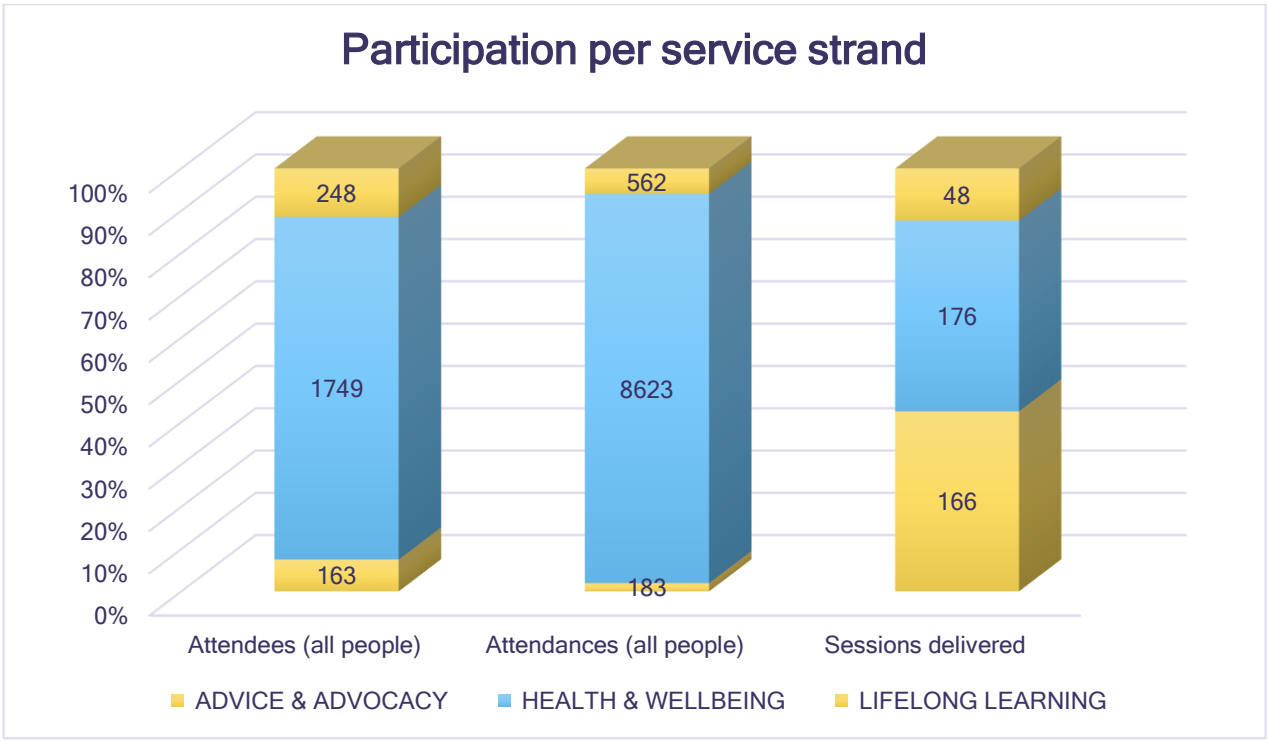
"It is so comforting that least WAND feeds me on weekly basis. It is like one less bill to pay." **Elfleda – Pensioner**

"Food support takes the huge pressure off us as we know that even if we ran out of money, we would not go hungry." **Esam T**



CLIENT-CENTRIC

The voices of the women WAND UK serves will inform decision-making and we will take proactive steps to ensure that WAND UK continues to be an organization where everyone is welcome and can thrive.



Aims and objectives:

WAND UK engages with women both individually and in groups, to support them to take control over their own lives, improve their health and well-being, increase their self-esteem and to make their voices heard. WAND UK strives to reach out to the most vulnerable women in communities by putting the individual at the Centre of its interventions. Through its YANA project, WAND UK' aim is to:

- To provide information and referrals to more marginalised women in need
- To support women and girls' empowerment through cultural and educational projects and activities
- To encourage and collaborate with other BAMER and women focused organizations where possible.
- To promote Girls' Health and wellbeing and increase their participation in their communities.
- To Increase women's voice.
- To increase ability to contribute to society on own terms.

Highlights from our work in 2022/2023

Supporting equity, diversity, and inclusion: WAND UK is committed to equality and non-discrimination. It will ensure that the activities and services it provides are inclusive, accessible and respond to the diverse needs and specificities of women and their families.

Safeguarding: We have a legal and moral responsibility to protect from harm everyone who encounters our organization and that includes beneficiaries, trustees, staff and volunteers. The review of the safeguarding policy is always at the heart of the Board of Trustees' agenda.

Performance: Throughout this year, our strong and resilient team of staff and committed volunteers contributed in delivering impactful services which resulted in positive outcomes for our local residents and communities. In this continuing difficult time, WAND has substantially maintained its service delivery and has continued to enable positive outcomes for its beneficiaries to be achieved. WAND continued to work with the 3 key messages to improve and maintain the women's health and mental well-being.

We have maintained our focus on elements that we believe have the greatest impact on the lives of vulnerable women and girls. The charity through its weekly food bank has supported over than 700 families including 30 housebound with 6,227 attendances. 124 women benefited from our reflexology therapy, wellbeing and self-care services. 390 sessions were provided including advice sessions, educational workshops, peer and group support, one to one emotional and practical support, online physical activities. WAND will continue its work to improve and maintain BAME women's health and well- being.

During the school holidays we ran Holiday activities and Food for children aged 7 to 13 year old, We received financial support from the Holiday Activity Fund (RBKC). This meant that we were able to offer the children and young people snacks and a hot lunch during the half terms and a range of activities which included dance, arts and crafts, cooking, trips, and gardening to 59 children with 164 attendances (All participants).

The charity and with the help from the Anglican Church in Marseille and the Holy Trinity Brompton (HTB), managed to offer over 150 Christmas hampers and 50 gift cards of £10 to vulnerable families in 3 schools, service users and volunteers.

WAND UK is proud to run its weekly dance sessions in Princess Louise Nursing home and online in parallel. The program coordinator of the Care Home confirmed that the sessions have an incredible impact on elderly people with dementia and Alzheimer in terms of socialization, movement and mood improvements.

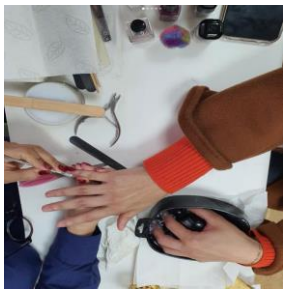
WAND also continued to work intensively with other groups in promoting the welfare of its clients, including refugees and asylum seekers, and to increase knowledge and skills required for challenging the wider determinants of health, isolation prevention, confidence building, improving skills, goal setting and changing lives.

WAND through its networking role has been a major support to women and community organizations through collaboration in organizing activities and facilitating access to services by joint activities and participation in joint advocacy and policy work in making BAMER women's voices heard.

Evaluation reports and feedback from service users have positively indicated that WAND 's activities have greatly impacted on individual women's lives and their families and strengthen their sense of belonging.

Supporting our volunteers:
Our cohort of 32 volunteers helped to shape different services and projects, they generously clocked up over 4,224 hours over the year 2022-23 and this is enormously valuable to the continuous work of the Charity. 66% helped mainly in the weekly community foodbank. Our Foodbank continued to receive donations from The Felix project, City Harvest, Neighbourly, Fabrique and Bloody Good Period. 34% contributed to providing reflexology therapy, massage, haircut, social media, accounting & administration, Outreach and digital literacy.

The charity held a Celebratory Barbecue in July 2023 to bring together staff and volunteers, recognize their efforts and motivate them to keep doing solid work for our cause.



NETWORKING WITH OTHER ORGANISATIONS:

WAND works with the following organisations:

We work in close partnership with local and national bodies and deliver our services through volunteer-led interventions.

Royal Borough of Kensington Chelsea Council.	Domestic Violence Intervention Project	Women's Resource Centre
Kew Gardens	Islington Refugee Forum	St Michael Church
Imkaan	One Westminster	Voluntary Action Islington
Voluntary Action Camden	Hackney Council for Voluntary Services	Refugee Council
NHS-NWLCCG North West London Clinical Commissioning Group	Libraries in Islington, Hackney, Westminster, Camden, K&C	Metropolitan Police
Victim Support	Neighbourly	Grenfell Wellbeing service NHS
Hammersmith and Fulham Voluntary Sector Network	Royal Kensington Palace CAS	Black female Doctors
Felix project	BME health Forum	Elgin Resource Centre
Job Centre Plus North Kensington Hammersmith and Fulham and Kensington and Chelsea	Royal Albert Hall	HTB (Love Your Neighbour)
Bloody Good Period	City Harvest	

Events/ Participation/ Training:

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Camden Voluntary Action
Islington Council	SOBUS	One Westminster
Kensington and Chelsea Social Council	BME Health Forum	Hammersmith & Fulham CAB
SMART	Women's Resource Centre	Safeguarding Adults Executive Board
MIND Hammersmith & Fulham	The Foundation for Social Improvement	Kensington & Chelsea Volunteer Centre

KEY METRICS

Our key metrics will remain to be the number of women helped, our success rate and the cost of delivering our service.

Future activities

In light of the challenges presented by the COVID-19 pandemic and the cost of living, WAND will continue to focus on the delivery of the Charity's set up objectives, which have been reviewed and will remain the same as the 2022/25 objectives. The organisation will continue to focus on financial sustainability and will continue to work with external partners and grant givers to progress the work of the charity.

WAND UK will continue its plans to drive diversity and break down barriers to ensure women and girls have a great experience from day one and focus on the implementation of the recommended theory of change*. WAND will continue to introduce and embed its standards of conduct across its staff, volunteers, and trustees. We will continue to enable the use of collaborative information technology and new ways of working and will invest to develop and improve our digital space.

Organizational Development

Trustees

The trustees reviewed and approved all policies and followed a three-year strategic plan 2022-2025. The trustees met quarterly throughout the year and held an Annual General Meeting.

Trusted Charity

A commitment to continuing with the "Trusted Charity Mark" accreditation process to level 2

Safe Minimum Practice Standards – Imkaan Domestic violence

WAND UK is committed to achieving the Safe Minimum Practice Standards accreditation.

Upshot

WAND UK uses upshot for collecting and managing data, monitoring progress, measuring impact and evidencing stories of our impact .

Policies

Policies for all relevant areas are maintained, including Safeguarding Adults at Risk, Safeguarding Children, Data Protection, Health and Safety, Conflict of Interest, Complaints Handling and Privacy Policy for Clients, Equality and Diversity.

The charity policy on reserves

The trustees aim to have an unrestricted undesignated reserve 25% of expenditure to meet contingent liabilities and enable the service to continue during a difficult funding climate.

Representation

WAND served on the Management Committees / Boards of Islington Centre for Refugees, Asylum seekers and Migrants and BME Health Forum.

Donors

WAND is grateful to all its donors for financial and moral support during the year under review.

Public Benefit

The trustees agreed to the guidance contained in the Charity Commission's general guidance on public benefits when reviewing our aims and objectives and in planning our future activities. This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies' subject to the small company's regime.

Financial review

The charity had an income of £58,097.24 for the year and expenditure of £85,100.24. The charity had a deficit of £30,359.37. The unrestricted reserves were £29,950.37

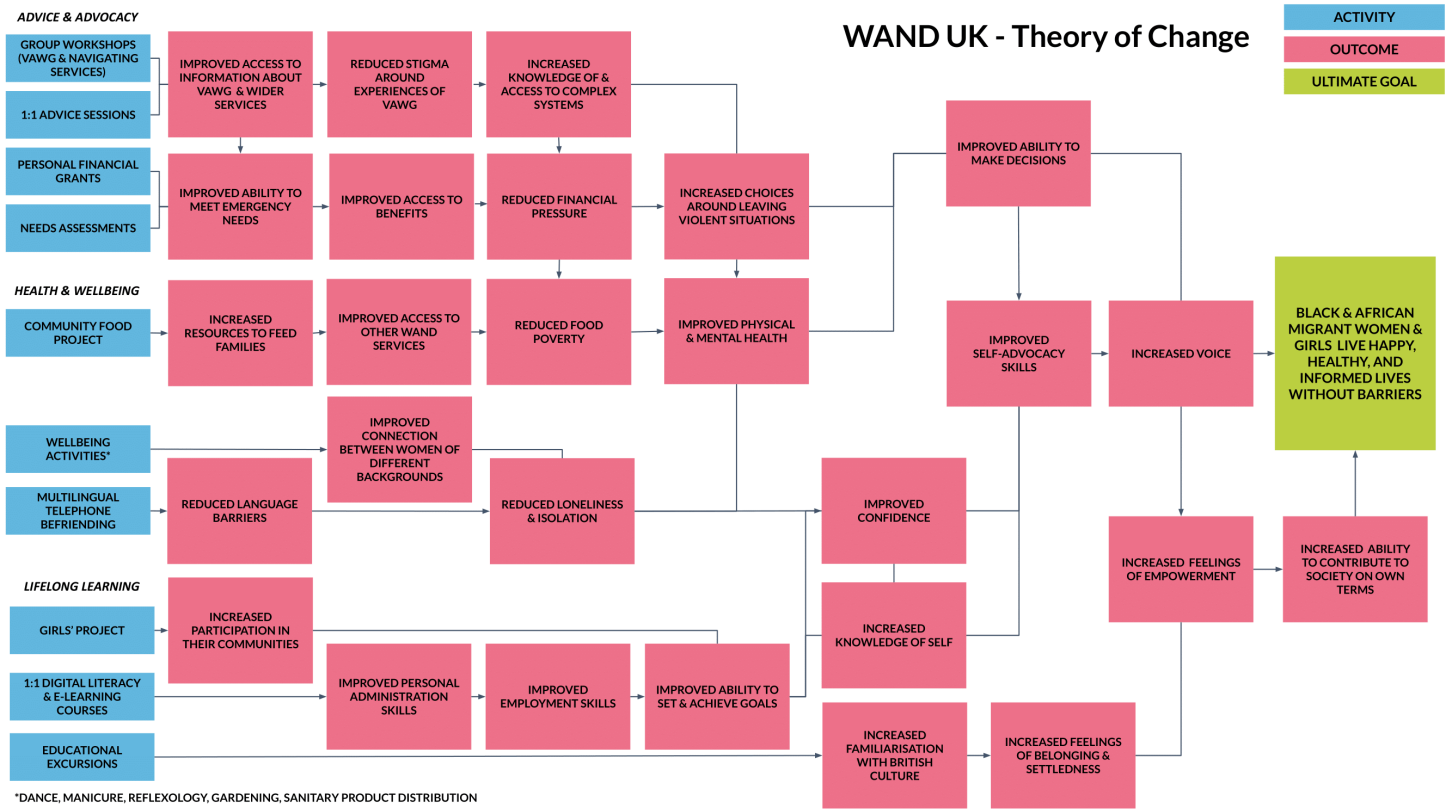
Risk

The trustees' keep a risk register of the main risks faced by the charity and reviews continuously.

Signed:

Date: 30 January 2024

*


WAND UK - Theory of Change
ACTIVITY
OUTCOME
ULTIMATE GOAL
ADVICE & ADVOCACY
GROUP WORKSHOPS (VAWG & NAVIGATING SERVICES)
1:1 ADVICE SESSIONS
IMPROVED ACCESS TO INFORMATION ABOUT VAWG & WIDER SERVICES
REDUCED STIGMA AROUND EXPERIENCES OF VAWG
INCREASED KNOWLEDGE OF & ACCESS TO COMPLEX SYSTEMS
PERSONAL FINANCIAL GRANTS
NEEDS ASSESSMENTS
IMPROVED ABILITY TO MEET EMERGENCY NEEDS
IMPROVED ACCESS TO BENEFITS
REDUCED FINANCIAL PRESSURE
INCREASED CHOICES AROUND LEAVING VIOLENT SITUATIONS
IMPROVED ABILITY TO MAKE DECISIONS
HEALTH & WELLBEING
COMMUNITY FOOD PROJECT
INCREASED RESOURCES TO FEED FAMILIES
IMPROVED ACCESS TO OTHER WAND SERVICES
REDUCED FOOD POVERTY
IMPROVED PHYSICAL & MENTAL HEALTH
IMPROVED SELF-ADVOCACY SKILLS
INCREASED VOICE
BLACK & AFRICAN MIGRANT WOMEN & GIRLS LIVE HAPPY, HEALTHY, AND INFORMED LIVES WITHOUT BARRIERS
WELLBEING ACTIVITIES*
MULTILINGUAL TELEPHONE BEFRIENDING
IMPROVED CONNECTION BETWEEN WOMEN OF DIFFERENT BACKGROUNDS
REDUCED LANGUAGE BARRIERS
REDUCED LONELINESS & ISOLATION
IMPROVED CONFIDENCE
INCREASED FEELINGS OF EMPOWERMENT
INCREASED ABILITY TO CONTRIBUTE TO SOCIETY ON OWN TERMS
LIFELONG LEARNING
GIRLS' PROJECT
INCREASED PARTICIPATION IN THEIR COMMUNITIES
INCREASED KNOWLEDGE OF SELF
1:1 DIGITAL LITERACY & E-LEARNING COURSES
IMPROVED PERSONAL ADMINISTRATION SKILLS
IMPROVED EMPLOYMENT SKILLS
IMPROVED ABILITY TO SET & ACHIEVE GOALS
EDUCATIONAL EXCURSIONS
INCREASED FAMILIARISATION WITH BRITISH CULTURE
INCREASED FEELINGS OF BELONGING & SETTLEDNESS
*DANCE, MANICURE, REFLEXOLOGY, GARDENING, SANITARY PRODUCT DISTRIBUTION

Independent examiner's report to the Trustees of Women's Association for Networking and Development For year ended 30 April 2023

I report to the trustees on my examination of the accounts of the above charity for the year ended 30 April 2023.

Responsibilities and basis of report

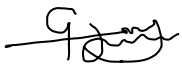
As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- The accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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Abdullah Mohamud ACMA, CGMA
Taskplete Accountants
12 York Road, SW11 3QA
Date: 30 January 2024

WAND UK Charity No 1111925

Income and Expenditure Account for year ended on 30 April 2023

	Notes	2023			2022
		Restricted Funds	Unrestricted Fund	Total Funds	Total Fund
		£	£	£	£
INCOMING RESOURCES:					
Voluntary Grants	1	54,740.87	-	54,740.87	-
Donations and other Income			3,356.37	3,356.37	67,469.00
ACTIVITIES FOR GENERATING FUNDS:					
Investment Income					
Other Activities		-	-	-	-
Total Incoming Resources		54,740.87	3,356.37	58,097.24	67,469.00
RESOURCES EXPENDED:					
COST FOR GENERATING FUNDS:					
Charitable Expenses	2	85,100.24		85,100.24	74,102.00
Investment Income		-	-		-
Other Activities		-	-		
		85,100.24	0.00	85,100.24	74,102.00
CHARITABLE EXPENITURE:					
Restricted Funds					
TOTAL RESOURCES EXPENDED:		85,100.24	0.00	85,100.24	74,102.00
Net Surplus for the year		-30,359.37	3,356.37	-27,003.00	-6,633.00
Opening Funds		46,315.00	26,594.00	72,909.00	79,542.00
Transfer of funds				-	
CLOSING FUNDS:		**15,955.63**	**29,950.37**	**45,906.00**	**72,909.00**

Women's Association for Networking and Development Charity No 1111925

Balance Sheet as at 30 April 2023

Charity Number: 1111925	**2023**		**2022**	
Fixed Assets		-		
Current Assets				
Cash at bank	45,906.06		75,359.00	
Total current assets		**45,906.06**		**75,359.00**
Total Assets		**45,906.06**		**75,359.00**
Liabilities				
Creditors				
Amount falling due within one year			**2,450.00**	
			2,540.00	
Net Assets			**72,819.00**	
Financed by				
Restricted	15,955.63		26,594.00	
Unrestricted	29,950.37		46,315.00	
Total funds		**45,906.00**		**72,909.00**

For the year ending 30 April 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.
On behalf of the board

Director/Trustee
Date: 30 January 2024

WAND UK Charity No 1111925

Note 2 - Project grants received for period ended on 30 April 2024

Expenses	Amounts
Bank Deposit	1,286.29
Donations	2,070.08
Grants	51,190.87
Small Grants	3,550.00
Total costs	**58,097.24**

Note 2 - WAND UK Charity No 1111925

Project Expenditure for period ended on 30 April 2024

Expenses	Amounts
HAF Project	2,086.69
Gardening Project	22.40
Community Project	129.72
HHFC	158.72
Children Project	98.05
EU Project	4,665.13
Salaries	44,958.56
Acts 435	4,865.58
Professional fee	2,131.44
Insurance	907.30
Telephone	3,352.59
IT	2,367.43
Stationery and Printing	550.37
Food bank	1,960.10
Subscription	75.00
Fundraising	1,685.00
Travel	964.91
Volunteers' costs	1,730.83
Postage	448.81
Training and Seminar	67.10
Repair and Maintenance	4,815.00
Other costs (adjustment)	7,059.51
Total costs	**85,100.24**

Women's Association For Networking and Development

England & Wales - Charity number 1111925

Accounts

Financial statement for the year ended 30th April 2022

Women's Association for Networking and Development

Email: info@wanduk.org

Website: Https://www.wanduk.org/

St Charles' Centre for
Health and Wellbeing
Exmoor Street
London W10 6DZ

TABLE OF CONTENTS

Page	Contents
3	Directors' (Trustees') annual report
17	Independent examiner's report
18	Statement of financial activities (including the income and expenditure account)
19	Balance sheet
20	Notes to the accounts

The Trustees, who are also the directors of the charity for the purposes of the Companies Act, present their annual report together with the accounts of WAND UK for the year ended 30 April 2022.The accounts have been prepared in accordance with the accounting practice set out on page 20and comply with the charity's governing document, applicable laws and the requirements of Statement of Recommended Practice on 'Accounting and Reporting by Charities' issued in 2019"

Full name Women's Association for Networking & Development

Other names by which the charity is known WAND UK

Registered charity number 1111925
Registered company number 5427536

Principal address

St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

Directors (Trustees)

Eiman Osman
Asha Singh
Frances O'Connell(Resigned)
Nicola Ambler
Katherine Laurenson
Gladys Jusu-Sheriff
Alexandra Adeniya
James Oluwaseye

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Independent examiner

Tom Fitch Community Accountancy Self Help, 1 Thorpe Close, London, W10 5XL.

Governance and management

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 18th April 2005 and most recently amended. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

The methods adopted for the recruitment and appointment of new trustees is by advertisement.

WAND UK is a London wide Women's charity committed to working with marginalised and vulnerable women and girls and with special interest in working with women with mental health, Domestic Violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV and low-income families. WAND operates in the London boroughs of Camden, Hackney, Islington, Kensington and Chelsea, Hammersmith &Fulham and Westminster.

WAND UK continued to bring together HIV and non-HIV women to imperceptibly tackle discrimination, stigma, ignorance and lack of knowledge of the disease and other diseases of similar nature which make Black Asian, Minority Ethnic and Refugee (BAMER) women vulnerable and stigmatised in their new environment.

Outreach services, group and one to one sessions were provided to deal with areas of need, issues of concern and interests, offering general advice and information to individuals. Projects were developed to meet the needs identified by our beneficiaries while improving access to local and mainstream services
Other benefits to participants included opportunities for information exchange and experience sharing, peer support and discussions on coping mechanisms in their world of economic strains and stress.

Despite the challenges posed by the global Covid-19 pandemic, at WAND we have continued to step up our efforts, we managed the transition back to normal life for the people we support. Our dedicated team took care to ensure that each person was supported to return to their lifestyle of choice. Throughout the year, there has been more demand for our services than ever - and thanks to our supporters, our trustees, staff and volunteers who have been able to meet this demand and offer a lifeline to families when they need us most.

Thank you!

Thank you to the funders and supporters who believe in us and back us all the way – your support means we can make a difference to the lives of many vulnerable women and girls and be there for those who need us the most, when they need us the most.

Without your generosity we couldn't do our work.
Thank you to our hard-working staff, our valuable and loyal volunteers, and our encouraging partners. Thank you to the WAND family.

Strategic Highlights

Our vision is a world free from discrimination and oppression, where people respect and value differences, and where every woman and girl enjoy all their human rights and have the opportunities to realise their full potential. We work every day to make it happen.

Our enablers

We have an understanding of, and empathy for the issues that women from various Black, minoritised and migrant communities face

We embrace the whole person and provide holistic support by providing multiple entry points for clients to access our services

We are invested in tackling the crisis behind the presenting problem

Ongoing challenges

Funding

Diversity of services doesn't allow the charity to apply for larger pots of funding that could support multiple projects under one stream of work, or portions of core salaries. The charity ran a deficit in its last financial year ('19-'20) but has since rectified the situation through securing additional Covid19-specific funding in '20-'21.

Staffing

The charity is largely volunteer-led and employs four part-time members of staff, each of whom is dedicated to project administration and delivery.

Our priority:

The recent organizational review carried out by Cranfield Trust points to a general agreement that

over the next three years, WAND UK must work to invest in, and further develop, priority services that address the most pressing needs of its clients. Resulting from this will be the updating of the strategic plan from 2022-2025

Our Impact in numbers:

The past twelve months have been a time of recovery, improvement, and growth for the charity, in response to the growing needs of our service users. Throughout the year there has been a significant uplift in the number of women and girls we have helped, and a return to more in-person appointments following the lifting of government Covid restrictions. Overall, the charity helped 1,500 participants in which ***1,300 are unique beneficiaries***.
This was an increase of **34%**comparing to last year.

WAND UK continued to reach women who face significant barriers. 80% were from an ethnic minority group, 10% of clients considered themselves to have a disability (hidden and

physical),25% were lone parents, 45% had a complex of mental and health issues, 13% were domestic violence victims and 5% were pensioners.

Supported 3,328 telephone befriending calls to housebound women including elderly, domestic violence victims, women with health and mental issues. 95% of our beneficiaries said their wellbeing had improved since they started receiving our weekly calls.85% felt less isolated and 45% could join other activities online.

Josephine's story

"I receive pension and after paying bills I am left with very little money which does not allow me to buy enough food to last me the whole week. The food support that I am getting from WAND has not only made my life easy, but I have extended this help to my two friends who are disabled and are struggling like me."

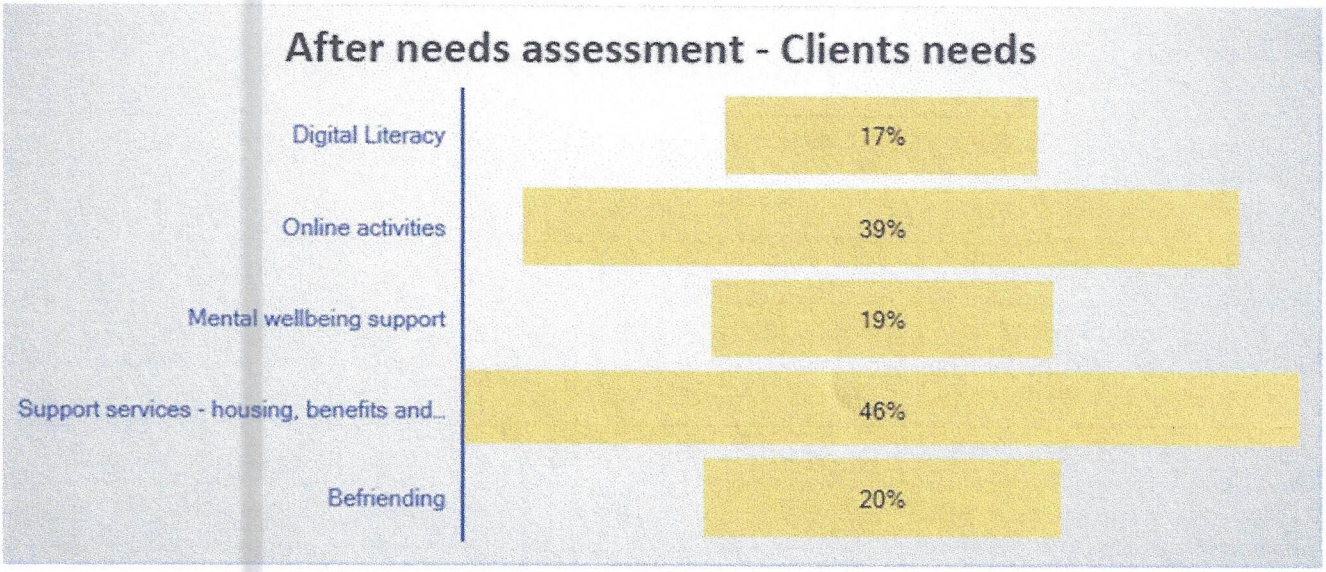
Tracy's story

I have an undergoing kidney stones problems and having to wear tena discreet extra plus all the time as I have 2 stents in place. With 1 large stone on left and 1 large stone on the right. I am on ESA and I can't afford to buy the pulls-up regularly for a person like me they are expensive. I saw your flyer and I sent an email. One of the staff replied and asked where I live. Next week I start receiving the pulls-up.

Thank you for your help. You are an amazing company who go to the ends to help all your people that need help in any way that you can. You are a lifesaver for me, and many others thank you for your continued support.

Nargis's story

'I was struggling to buy new fridge as I did not have enough money and I was unable to save any. It is hard being single mum. My old fridge was costing me money because my children's food like milk would go off in two days. I managed to buy new fridge with the help of WAND for which I am so grateful. I no longer worry about food going off well before their expiry date.'



Beauty and Selfcare

54 *Attendees (participants)*

112 *Participant attendances*

47 *Unique participants*

21 *Sessions delivered*

Learning and Training

53 *Attendees (participants)*

88 *Participant attendances*

38 *Unique participants*

17 *Sessions delivered*

Community

994 *Attendees (participants)*

9,781 *Participant attendances*

901 *Unique participants*

59 *Sessions delivered*

"I have a Frozen Shoulder (LEFT). In 2020 I had an operation on my Right shoulder. Since then, my physios has advised me to do stretching to get strength on my shoulders but joining yoga classes really helps me. Yoga is sort of a discipline. It starts off the day. It gives energy to keep going for the whole day. Our body needs wakening after the night's rest. Doing as a group gives us the life outside our home. It helps me because I am week in my shoulder. The coach keeps telling me 'Do what you can'. That encourages me to try a bit harder. The inspiration comes from the others who can stand on their shoulders. That is my goal. I have asthma too. The control breathing helps my lungs to expand" Indra. D

"I am sacked from my job. Me and my children did not have food for three days. I saw a flyer about WAND's community food centre and came here. It is such a mental relief that at least we would not go hungry again." AA

"WAND is feeding me. Coming to WAND community food centre is like coming home. I do not know any other person in the area. You are the only people I know and go to for food." LP

"I just want to thank you for your support, you have been more helpful to me than perhaps you realised and for that I am grateful. It is so helpful to talk to you because you understand, especially the small things that are difficult to explain; other people don't understand. Thank you". Ch

LIFE SKILLS

30 *Attendees (participants)*

90 *Participant attendances*

30 *Unique participants*

10 *Sessions delivered*

WELL BEING

263 *Attendees (participants)*

2,762 *Participant attendances*

180 *Unique participants*

328 *Sessions delivered*

YOUNG GIRLS

106 *Attendees (participants)*

483 *Participant attendances*

104 *Unique participants*

55 *Sessions delivered*

CLIENT-CENTRIC

The voices of the women WAND UK serves will inform decision-making and we will take proactive steps to ensure that WAND UK continues to be an organization where everyone is welcome and can thrive.

SERVICES AT A GLANCE

Dance & yoga
Reflexology
Young Girls' Project
Advice & information
Community food distribution
Beauty & self-care
1:1 digital literacy support
Educational excursions
Green Shots Gardening
Multilingual telephone befriending
Personal financial grants
Happy Healthy Family Club
VAWG helpline and workshops

Aims and objectives:

To improve the quality of life of all women and girls including marginalised and excluded women and girls and hence their families and communities by providing information and advice, support, advocacy, training including health promotion, empowerment skills and confidence building, outreach services, group and one to one sessions and home visits

To empower women and girls including Black Asian Minority Ethnic Refugee (BAMER), refugees, asylum seekers, migrants, women infected and affected by HIV, living in London to make a positive contribution to their communities and boroughs

To build skills and increase chances and opportunities for the world of work, through organising skills training and seminars

To carry out information and support activities in collaboration with women's and other organisations, Black Asian Minority Ethnic and Refugee BAMER organisations, public sector, statutory agencies, faith organisations, NHS, social councils, voluntary organisations and community groups

To positively impact on the lives of women and girls, including BAMER women and girls and create a positive change that grows from individuals, into families, communities and society at large

To inform the public about causes of need and inequality affecting these women and girls and to mobilize popular and political will and power to change them

To prevent Human Rights violations against this group and to seek justice and accountability for violations against them

To support women with no recourse to public funds by providing them with information regarding services and referring them to relevant organisations

Highlights from our work in 2021/22

Supporting new ways of working: we learned during the pandemic that much of our work can be undertaken at home just as effectively or even more so than in the office, trustees, staff and volunteers at WAND UK have moved to a hybrid way of working. Also, we emphasize remote work is not for everyone; individual circumstances can make working from home very difficult, looking after the wellbeing of our people, facilities were made in place to allow staff and volunteers to work from office to meet colleagues, service users according to the rules and government regulations.

Supporting equity, diversity, and inclusion: WAND UK is committed to equality and non-discrimination. It will ensure that the activities and services it provides are inclusive, accessible and respond to the diverse needs and specificities of women and their families.

Supporting our people's learning: We are continuously working to build organizational skills and capabilities which support us to deliver our work for our women and girls who need us the most; alongside learning and development programs that positively impact staff retention and productivity. In this regard, staff and volunteers were supported to attend different training on telephone befriending offered by the Befriending Networksand upshot by upshot consultant to better manage data and generate relevant reports.

Keeping our people safe We have a legal and moral responsibility to protect from harm everyone who encounters our organization and that includes beneficiaries, employees, and volunteers. The review of the safeguarding policy is always at the heart of the Board of Trustees' agenda.

In these continuing challenging times, we have been able to substantially maintain our service delivery and have continued to enable positive outcomes for our beneficiaries to be achieved. WAND continued to work with the 3 key messages to improve and maintain the women's health and mental well-being.

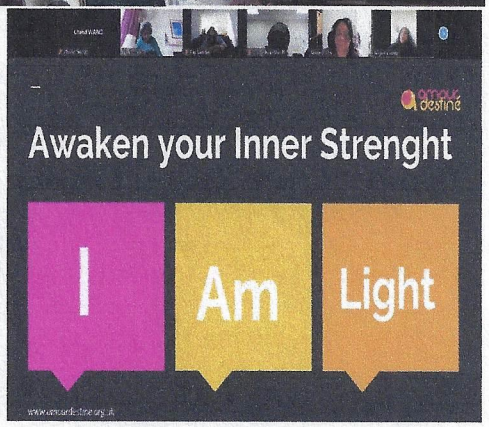
During all this time we ensured that we remain clients and outcome-focused to deliver the best that we can for our beneficiaries. We have maintained our focus on elements that we believe have the greatest impact on the lives of vulnerable women and girls. The charity has continued to provide food support, advice sessions, educational workshops, peer and group support, one to one emotional and practical support, online physical activities. WAND will continue its work over the next years to improve and maintain BAME women's health and well- being.

We will also continue to work with other groups in promoting the welfare of its clients and to increase knowledge and skills required for challenging the wider determinants of health, isolation prevention, confidence building, improving skills, goal setting and changing lives.

WAND through its networking role has been a major support to women and community organisations through collaboration in organising activities and facilitating access to services by joint activities and participation in joint advocacy and policy work in making BAMER women's voices heard.

Evaluation reports and feedback from service users have positively indicated that WAND 's activities have greatly impacted on individual women's lives, their families, and communities.

Supporting our volunteers:Thetrustees are grateful for the vital contribution of those who give their time voluntarily to deliver different programs for our clients. The number of volunteers on 30 April 2022 was forty-four with a nearly 6,455 hours were given to help shape services and projects. Arguably, one of the greatest assets that WAND UK has is the significant role played by its dedicated volunteers. 15% of our volunteers went into employment.



On behalf of our service users, Board members, staff, donors and volunteers I would like to thank the Faith and Belief Forum for their surreal recognition of WAND'S women particularly those from Black Minoritised communities including refugees , asylum seekers (women with no recourse to public funds), migrants, lone parents, domestic violence survivors , women excluded by loneliness and isolation and women infected and affected by HIV. Without the WAND project there would not have been an opportunity for their inclusion in society .
For me personally, this has been anunexpectedspiritual
experience in my life's journey. My commitment has been giving back to the community what I received from it as a refugee.

Your Award has endowed my life with the realization of my added value. Thank you for your facilitating this personal experience.

GLADYS JUSU-SHERIFF
(COORDINATOR)

London Faith & Belief Community Awards 2021

Winner

An initiative of **The Faith & Belief Forum**

NETWORKING WITH OTHER ORGANISATIONS:

WAND works with the following organisations:

We work in close partnership with local and national bodies and deliver our services through volunteer-led interventions.

Royal Borough of Kensington Chelsea Council.	Domestic Violence Intervention Project	IMECE- Turkish Speaking Women's Group
Back 2 Basics Somali Women's Group	Islington Refugee Forum	Dalgarno Community Trust
Imkaan	One Westminster	Voluntary Action Islington
Voluntary Action Camden	Hackney Council for Voluntary Services	Refugee Council
WLCCG	Libraries in Islington, Hackney, Westminster, Camden, K&C	Positively Health
Victim Support	Kensington & Chelsea Council	Living Well
Community Language services- Islington	Royal Kensington Palace	Black female Doctors
Felix project	BME health Forum	Elgin Resource Centre
Al Manaar Mosque	Musawa Community	HTB (Love Your Neighbour)
The Curve	Living-Well	City Harvest
Hammersmith and Fulham Voluntary Sector Network	Job Centre Plus North Kensington Hammersmith and Fulham and Kensington and Chelsea	Take Time to Talk
Women's Resource Centre	Bloody Good Period	Neighbourly

Events/ Participation/ Training:

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Camden Voluntary Action
Islington Council	SOBUS	NHS England
Kensington and Chelsea	BME Health Forum	Community Champions

Social Council		
SMART	Kensington & Chelsea Social Council	NCVO
Women's Resource Centre	One Westminster	MIND Hammersmith & Fulham
CAB Hammersmith & Fulham	The Foundation for Social Improvement	Kensington & Chelsea Volunteer Centre

KEY METRICS

Our key metrics will remain to be the number of women helped, our success rate and the cost of delivering our service.

Future activities

In light of the challenges presented by the COVID-19 pandemic and the cost of living, WAND will continue to focus on the delivery of the Charity's set up objectives, which have been reviewed and will remain the same as the 2021/22 objectives. The specific deliverables will be updated for 2022/25. The organisation will continue to focus on financial sustainability and will continue to work with external partners and grant givers to progress the work of the charity. The activities for the coming financial year include:

- To identify and reach out to more marginalized women and girls in need of assistance by strengthening its Outreach programme
- To provide information and referrals to more marginalised women in need
- To support women and girls' empowerment through cultural and educational projects and activities
- To encourage and collaborate with other BAMER and women focused organisations where possible
- To support other BAMER and women focusedorganisations when possible.
- To promote Girls' Health and wellbeing by disseminating three core messages: Accept who you are, eat healthily, keep active. To reach out to vulnerable girls who are excluded.
- To provide a structured a program of physical activity. The overall project will help socially isolated women to meet and share experiences, offer peer support to each other, make friends, build connections, reduce isolation and loneliness.

We will continue our plans to drive diversity and break down barriers at WAND UK and ensure women and girls have a great experience from day one, we will review our induction and onboarding procedures to remain competitive in our area. We'll also introduce and embed our standards of conduct across our staff, volunteers, and trustees. We will continue to enable the use of collaborative information technology and new ways of working and will invest to develop and improve our digital space to make sure our data is an asset through a data transformation programme.

Organizational Development

Trustees

The trustees reviewed and approved all policies and followed a three-year strategic plan 2019 -2022. The trustees met quarterly throughout the year and held an Annual General Meeting.

Trusted Charity

A commitment to continuing with the "Trusted Charity Mark" accreditation process to level 2

Safe Minimum Practice Standards

A commitment to achieve the Safe Minimum Practice Standards accreditation.

Upshot

WAND UK facilitates its monitoring process using Upshotan online Monitoring. Evaluation and Learning system that helps us to evidence our impact on the community. It provides a platform to manage our data, improve performance, track progress and report.

Policies

Policies for all relevant areas are maintained, including Safeguarding Adults at Risk, Safeguarding Children, Data Protection, Health and Safety, Conflict of Interest, Complaints Handling and Privacy Policy for Clients, Equality and Diversity.

The charity policy on reserves

The trustees aim to have an unrestricted undesignated reserve 25% of expenditure to meet contingent liabilities and enable the service to continue during a difficult funding climate.

Representation

WAND served on the Management Committees / Boards of Islington Centre for Refugees, Asylum seekers and Migrants Back and BME Health Forum.

Donors

WAND is grateful to all its donors for financial and moral support during the year under review.

Independent Examiners Report

Women's Association for Networking and Development

For the year ended 30th April 2022

I report on the accounts of the charity, which are set out on pages 18 - 23.

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. The charity's gross income is less than £250,000. I am allowed under Charities Act regulations to undertake this examination.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

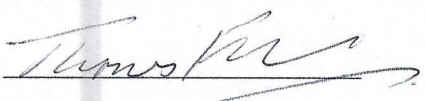
- examine the accounts under section 43 of the 1993 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 43(7)(b) of the 1993 Act; and
- State whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Director Report
The information in the Directors report is consistent with the accounts on pages 3 to 18

Independent examiner's statement
In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed  Date 27-2-2023

Tom Fitch BSc
Community Accountancy Self Help
1Thorpe Close
London
W10 5XL

Public Benefit

- The trustees agreed to the guidance contained in the Charity Commission's general guidance on public benefits when reviewing our aims and objectives and in planning our future activities. This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies' subject to the small company's regime.

Financial review

The charity had an income of £66,969 for the year and expenditure of £73,602. The charity had a deficit of £15,174. The unrestricted reserves were £46,815.

Risk

The trustees' keep a risk register of the main risks faced by the charity and reviews it annually.

Signed

Gladys Jusu-Sheriff Date 27-2-23

Women's Association for Networking and Development

Statement of financial activities

(Incorporating the income and expenditure account)

For the year ended 30th April 2022

	Note	Unrestricted Funds £	Restricted Funds £	*2022* Total Funds	*2021* Total Funds
Incoming resources					
Grants	4	500	44,300	44,800	133,903
Donations & Sponsored walk		22,669	0	22,669	4,295
Total incoming resources		23,169	44,300	67,469	136,196
Resources expended					
Telephone		1,999	1,019	3,018	2,236
Salary and Social security	7	19,306	26,028	45,334	50,445
IT		741	2,466	5,786	6,491
Stationery, Print & Post		514	1257	1,771	2,701
Seminar & Training		0	408	408	720
Volunteers		3,069	2,563	5,632	2,179
Professional fees		2,099	710	2,809	6,914
Rent		1,000	2,310	3,310	6,000
Travel		500	2,254	2,754	711
Governance cost		193	0	193	2,250
Independent examination		511	689	1,200	1,250
Insurance		0	184	184	1,490
Food for beneficiaries		0	309	309	5,917
Project		0	3,963	3,963	3,485
Total resources expended		29,932	44,170	74,102	92,191
Net income/(expenditure)		-6,263	130	-6,633	44,005
Total funds brought forward		53,078	26,464	79,542	35,537
Transfer between funds		-	-	-	-
		46,315	26,594	72,909	79,542

Women's Association for Networking and Development

Balance sheet

At 30th April 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	8	-	-
total fixed assets		-	-
Current assets			
Debtors	5	-	-
Cash at bank and in hand		75,359	89,886
Total current assets		75,359	89,886
Liabilities			
Creditors:			
amounts falling due within one year	6	2,450	1,250
		2,450	1,250
Net current assets		72,909	79,542
Net assets		72,909	79,542
The funds of the charity			
Unrestricted	9, 10	46,315	53,078
Restricted	9, 10	26,594	26,464
Total funds		72,909	79,542

Exemption from audit

For the year ending 30/04/2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;

Directors' responsibilities:

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board
Signed on behalf of the directors:

Signed _____ Dated 27-2-23

Print Name GLADYS JUSU-SHERIFF

Women's Association for Networking and Development

Notes to the accounts

For the year ended 30th April 2022

1. Accounting policies

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective April 2008) and the Companies Act 2006.

SORP (2005) provides a number of concessions for smaller charities that are not subject to a statutory audit. The Women's Association for African Networking and Developemnt falls within this category and has taken advantage of these concessions (as set out in SORP 2005, Appendix 5.3)

The principal accounting policies adopted in the preparation of the financial statements are as follows.

(a) Depreciation of fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its useful life: computers and electronic equipment: 25% of cost straight line; all other fixtures and fittings: 20% per annum, straight line.

(b) Capital grants

Capital grants in respect of capital expenditure are credited to the Statement of Financial Activities (SOFA) when they are received.

(c) Income

Income from donations and grants is credited to the accounts in the period in which it is received, unless received in advance for a subsequent period, in which case it is carried forward in creditors.

(d) Gifts

Donated services, gifts in kind and voluntary labour were not considered to be material, and have therefore not been included in these accounts.

(e) Productions straddling two financial years

All income and expenditure is taken into the year in which the majority of performances take place.

(f) Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. The organisation does not need to register for VAT because it is below the threshold.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent by staff on those activities.

(g) Fund accounting

Funds held by the charity are either:

- unrestricted general funds: these are funds which can be used in accordance with the charitable objects at the discretion of the trustees;
- designated funds: these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects;
- restricted funds: these are funds which can only be used for particular restricted purposes within the objects of the charity; restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts

Women's Association for Networking and Development

Notes to the accounts (continued)

For the year ended 30th April 2022

2. Corporation tax

The company is a registered charity and is therefore exempt from tax on its income and gains to the extent that income and/or gains are applicable and applied to charitable purposes only.

3. Payments to directors

No payments were made to any directors during the year.

4. Grants, contracts & donations

			2022	2021
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Donations	22,669	0	22,669	2,995
Big Lottery Awards 4 All	0	9,949	9,949	0
Kensington & Chelsea Foundation	0	5,000	5,000	4,000
Big Lottery (Covid)	0	0	0	9,995
London Community Fund	0	15,509	15,509	31,416
RBKC	0	13,842	13,842	500
Albert Hunt SP	500	0	500	0
Lloyds Bank Foundation	0	0	0	41,480
NHS West London K&C	0	0	0	1,366
Ground Works	0	0	0	1,000
Westway Trust	0	0	0	4,980
Lucinda Charitable Trust	0	0	0	15,000
HMRC Job Retention Scheme	0	0	0	4,545
City Bridge Trust	0	0	0	9,069
Marsh Christian	0	0	0	300
GLA Conversation	0	0	0	350
Health Watch Central	0	0	0	300
Big Lottery (Local Connect)	0	0	0	2,500
L B Hammersmith & Fulham	0	0	0	1,000
All Saints Marseille France	0	0	0	1,000
Health Forum	0	0	0	3,400
Midaye	0	0	0	1,000
	23,169	44,300	67,469	136,196

Women's Association for Networking and Development

Notes to the accounts (continued)

For the year ended 30th April 2022

5. Debtors

2022	2021
£	£
0	0
0	0

6. Creditors

	2022	2021
	£	£
Independent Examination	2,450	1,250
Trade	0	0
	2,450	1,250

7. Staff costs and numbers

	2022	2021
	£	£
Wages Er NIC & Pension	45,334	50,445
	45,334	50,445

No employee received emolument of more than £60,000.
The average weekly number of employee during the year was 4 part time. (2021: 3 part time).

8. Fixed assets

Net Book Value	Total
	£
Brought forward 1 May 2020	0
Additions (disposals)	0
Carried forward 30 April 2021	0

Women's Association for Networking and Development

Notes to the accounts (continued)

For the year ended 30th April 2022

9. Analysis of net assets by fund

	Unrestricted Inc. designated funds	Restricted funds	Total funds
	£	£	£
Fixed assets	0	0	0
Current assets	49,265	26,594	34,136
Liabilities	(2,450)	-	(2,450)
	46,815	26,594	72,909

10. Movements in funds

Draft	Opening Balance	Incoming	Resources Expended	ransfers	Closing
	£	£	£	£	£
Unrestricted Funds					
Donations & Grants	53,078	23,169	29,932	0	46,315
Restricted Funds					
London Community Fund	11,500	15,509	27,009	0	0
Local Connect	2,500	0	2,500	0	0
Health Forum	3,400	0	3,400	0	0
Big Lottery Awards 4 All	0	9,949	2,419	0	7,500
Kensington & Chelsea Foundation	0	5,000	5,000	0	0
RBKC	0	13,842	3,842	0	10,000
European Social Fund	9,064	0	0	0	9,064
Total Restricted	26,464	44,300	44,170	0	26,594
TOTAL	79,542	67,469	74,102	0	72,909

11. Payments to Trustee
No payments were made to any trustees for services to the charity during the year. (20-21 nil)

12. Related party transactions
There are no related party transactions.

13. Independent examination and accountancy services
During the period, the cost of the examination was £1,200. (20-21 £1,250)

Statement of Fitness for Work
For social security or Statutory Sick Pay

Patient's name Mr Fitch

I assessed your case on: 28/02/2023

and, because of the following condition(s): Anxiety

I advise you that

[X] you are not fit for work.

[ ] ~~you may be fit for work taking account of the following advice:~~

If available, and with your employer's agreement, you may benefit from:

[ ] ~~a phased return to work~~ [ ] ~~amended duties~~

[ ] ~~altered hours~~ [ ] ~~workplace adaptations~~

Comments, including functional effects of your condition(s):

This will be the case for 2 weeks

or from 28/02/2023 **to** 13/03/2023

I ~~will~~/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name MOHAMMAD ARIFFIN, Tina (Dr)

Issuer's profession Doctor

Date of statement 28/02/2023

Issuer's address

The Exmoor Surgery
Exmoor Street
London
W10 6DZ Tel:020 89625166

ISSUED BY HAND

What your advice means

'You are not fit for work'
Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'
You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are '**not fit for work**'. You do not need to get another of these forms.

For more information please visit **www.gov.uk** and type '**fit note guidance for patients and employees**' into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at **www.gov.uk/dwp/fit-note-data**

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname Mr Fitch

Other names Thomas R

Address 6 Bevington Road

London Postcode W10 5TN

Date of birth 18/04/1954 **Mobile** 07851 207728

NI number

What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit **www.gov.uk/browse/benefits** or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

Women's Association For Networking and Development

England & Wales - Charity number 1111925

Accounts

Women's Association for Networking and Development

Empowering women to become agents for their own change

Women's Association for Networking and Development

(Company number 5427536, Charity number 1111925)

Draft Financial statements for the year ended 30th April 2021

Page	Contents
2 - 15	Directors' (Trustees') annual report
16	Independent examiner's report
17	Statement of financial activities (including the income and expenditure account)
18	Balance sheet
19 - 22	Notes to the accounts

Women's Association for Networking and Development
Directors' report (incorporating the Trustees' annual report)
For the year ending 30th April 2021

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the financial statements for the year ended 30th April 2021.

Full name Women's Association for Networking & Development

Other names by which the charity is known WAND UK

Registered charity number 1111925
Registered company number 5427536

Principal address
St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

Directors (Trustees)
Eiman Osman
Asha Singh
Frances Oconnell
Nicola Ambler
Katherine Laurenson
Gladys Jusu-Sheriff
Alexandra Adeniya
James Oluwaseye

Bankers
Barclays Bank plc
Leicester
LE87 2BB

Independent examiner
Tom Fitch Community Accountancy Self Help, 1 Thorpe Close, London, W10 5XL.

Governance and management

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 18th April 2005 and most recently amended. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

The methods adopted for the recruitment and appointment of new trustees is by advertisement.

WAND UK is a London wide Women's charity committed to working with marginalised and vulnerable women and girls and with special interest in working with women with mental health, Domestic Violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV and low-income families. WAND operates in the London boroughs of Camden, Hackney, Islington, Kensington and Chelsea, Hammersmith & Fulham and Westminster.

WAND UK continued to bring together HIV and non-HIV women to imperceptibly tackle discrimination, stigma, ignorance and lack of knowledge of the disease and other diseases of similar nature which make Black Asian, Minority Ethnic and Refugee (BAMER) women vulnerable and stigmatised in their new environment.

Outreach services, group and one to one sessions were provided to deal with areas of need, issues of concern and interests, offering general advice and information to individuals. Projects were developed to meet the needs identified by our beneficiaries while improving access to local and mainstream

services Other benefits to participants included opportunities for information exchange and experience sharing, peer support and discussions on coping mechanisms in their world of economic strains and stress.

In 2020, the Organisation's priorities adapted immediately to respond to the needs of beneficiaries who were significantly affected by the Covid-19 pandemic and the impact that it had on them. The extraordinary commitment of our staff and volunteers and the support of our funders, we have been able to maintain services across all our delivery streams, maintaining vital support to women and dirls during these challenging times. The organisation has adapted quickly, embracing new ways of working and new ways of supporting our service users.

The three national lockdowns have inevitably taken their toll on people especially those who experience poverty, health, and mental issues. There have been significant increases in demand for food, one to one emotional and practical support and online activities. Mental health issues are likely to be exacerbated by the wider socio-economic impacts of lockdown including unemployment, housing issues and social isolation.

Aims and objectives

To improve the quality of life of all women and girls including marginalised and excluded women and girls and hence their families and communities by providing information and advice, support, advocacy, training including health promotion, empowerment skills and confidence building, outreach services, group and one to one sessions and home visits

To empower women and girls including Black Asian Minority Ethnic Refugee (BAMER), refugees, asylum seekers, migrants, women infected and affected by HIV, living in London to make a positive contribution to their communities and boroughs

To build skills and increase chances and opportunities for the world of work, through organising skills training and seminars

To carry out information and support activities in collaboration with women's and other organisations, Black Asian Minority Ethnic and Refugee BAMER organisations, public sector, statutory agencies, faith organisations, voluntary organisations and community groups

To positively impact on the lives of women and girls, including BAMER women and girls and create a positive change that grows from individuals, into families, communities and society at large

To inform the public about causes of need and inequality affecting these women and girls and to mobilise popular and political will and power to change them

To prevent Human Rights violations against this group and to seek justice and accountability for violations against them

To support women with no recourse to public funds by providing them with information regarding services and referring them to relevant organisations.

Women's Association for Networking and Development
Directors' report (incorporating the Trustees' annual report)
For the year ending 30th April 2021

Summary of the main activities undertaken for the public benefit

The charity continued its commitment to promoting mental health and well-being, volunteering and Domestic Violence issues by empowering individuals and communities and achieving the greatest impact through working in partnership with other organisations. WAND continued to provide advice and information, one-to one support, online physical activities, workshops, cultural and educational gathering, focus groups to raise awareness and update knowledge on different issues for women and girls who require attention and support. WAND continued to facilitate access to local and mainstream services.

Events and social gatherings are aimed at providing the opportunity for peer support to increase the motivation in the women in order to create happiness and boost self-esteem and confidence

Members of the group are women and girls including Black Asian Minority Ethnic and Refugee women (BAMER), lone parents, low-income families, women of all ages that live in London some of whom are infected or affected by HIV and have endured tough experiences due to economic constraints, health and lifestyle issues. Many because of financial issues, lack of knowledge and information, low self-esteem, poverty, and isolation are subject to distress, mental health and well-being issues which may prove unbearable and uncontrollable.

Impact of Covid-19 Pandemic

The impact of the Covid-19 pandemic has been and continues to be significant for everyone. However, during a period of significant national uncertainty, we have been able to respond quickly and effectively by adapting our services and support functions to ensure continuity of delivery. For majority of our services this has meant reverting to a virtual delivery model, and for others it has meant putting into place new procedures and safety measures to ensure service users can be supported in a safe way.
We have maintained our focus on elements that we believe have the greatest impact on women and girls, concentrating on the following key service delivery streams, all of which we have continued to deliver during this period. These are:

- Mental health and emotional wellbeing
- Physical wellbeing
- Violence against women and girls
- Volunteering
- Reducing food poverty and food waste

New ways of Working

Like many organisations, we have required all staff and volunteers that are able to work from home throughout this period. We have invested in our technology and developed our staff capabilities to enable them to do this and remain committed to taking the lessons learned from this more flexible mode of working into our future workplace and workspace planning. All internal and external meetings have been conducted via virtual platforms throughout this period. We have focussed strongly on staff wellbeing, recognising that all our staff and volunteers are facing different challenges, and we continue to work on our plans for the future to build a more effective and supportive organisation for clients, staff and volunteers

Mental Health and emotional wellbeing

Happy Healthy Family Club

To ensure an effective delivery of this programme WAND uses the Happy Healthy Family Club Model which aims to promote health and wellbeing in Black and minority families and 3 Key wellbeing messages.

- Accept who you are
- Keep Active
- Eat Well

The Club model is used as a Group Therapy community-based tool to promote Mental health and wellbeing and linking mental health with physical health., providing a safe place for Peer support, reducing isolation and loneliness, information exchange, sharing experiences and coping mechanisms needed for survival.

During the pandemic period, the online monthly Happy Healthy Family Club continues to be popular and an unique platform for women from different backgrounds, including black African and Caribbean, Asians, Latin American, Middle Eastern, Japanese, and European, to meet, to learn more about issues of their concern and health improvement through access to services, shared experiences in a confidential group setting, and disclosed to staff team in one-to-one sessions their problems which needed solutions. Many participants got to realise that they were not alone in their situation.

During the reporting period we have covered the different topics:

- Experience of the Coronavirus outbreak
- A community conversation on recovery after covid in London
- How to access mental health services
- Covid-19 Vaccination
- SCAMS
- Universal Credit
- Keeping our Children safe from exploitation
- Dealing with bills and debt
- Nutrition
- Raising Awareness of Gangs & Exploitation of children
- Dementia Workshop Awareness

Club activities were planned to look at mental health holistically. Members were therefore constantly reminded that, **There is No Health Without Mental Health.** Early intervention and good lifestyle are crucial to maintaining good health and happiness. **Do Not Suffer in Silence! Seek Help!** This also helps to reduce the effects of stigma in communities where talking about mental health is taboo.

One to one emotional and practical wellbeing sessions (info YANA PROJECT)

The sessions were delivered over the phone, under the project which offered women free confidential, multilingual emotional support for at least four sessions. Clients with complex problems received more than four sessions sometimes up to eight sessions.

Staff and volunteers were trained to deliver these sessions and received monthly supervision from a Psychotherapist. This was a psychosocial intervention highly rated by the clients. Referrals were made to us for cultural support. We made referrals to Talking Therapies if necessary.

WAND has a 1-2-1 Emotional Wellbeing Support which has 3 members of staff and 3 volunteers seeing clients. We saw 15 long term beneficiaries who do need more than 12 sessions because of complex needs during the reporting period. 20 % were dedicated to domestic violence survivors. Referrals are from GP surgeries, carers network, NHS, social services, Job centres and self-referrals.

A Wellbeing plan was prepared each member as a guide for self-management.

Green shoots -gardening

During the year under review many of our women were shielding or working at home and gardening was a positive family-inclusive activity to adopt. In consultation with our service users, we found that there is a huge resurgence of interest in in-house plants. To respond to the high demand, WAND organised online botanical

workshops and face to face sessions whenever it is possible, in partnership with Royal Borough of Kensington & Chelsea Council where experts gardeners shared their knowledge and skills and helped to teach tips and tricks. Our workshops included:

- Soil preparation, weeding and planning with some seed sowing
- Planting seedlings such as tomatoes and chat about companion planting.
- Pests and diseases
- Thinning out. Harvesting early crops
- Cropping, weeding sessional planting
- Gardening and general wellbeing

Free Multilingual Telephone Befriending

To tackle both isolation and digital literacy, to promote the social integration and independence WAND put in place multilingual telephone befriending to reach out to those that are experiencing loneliness and/or social isolation, those who are the most vulnerable members of our community by pairing volunteer 'befrienders' with an individual who may otherwise be at risk of isolation to meet regularly for a chat.

A total no of 22 benefited from our service. Befriending interventions were very helpful in reducing loneliness and social isolation by increasing the sense of belonging and by extending the overall wellbeing of individuals

Physical wellbeing

Reflexology therapy

From 01 October 2020 WAND UK resumed its reflexology service in a safer and controlled manner, offering a free restorative 30 minutes foot massage to women in the community.
During the reporting period WAND UK offered 7 face to face sessions to 40 women.

Quotes

" Just had an amazing 30 min foot massage. Friendly, relaxed, and professional service. Will definitely come back."

" Marinella is an exceptional massage therapist and really knows her stuff!!I went to her today in agony with pain all the way across my legs and left feeling pain free and relaxed. Thank you, WAND, for this opportunity, honestly I couldn't afford to pay private reflexology massage sessions!" D.K

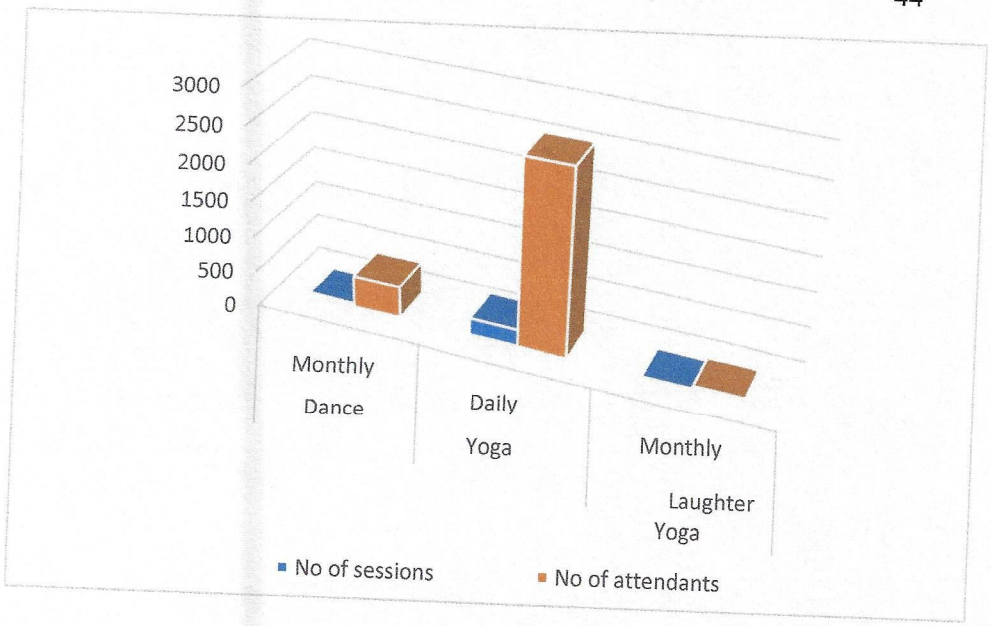
Dance & Yoga classes

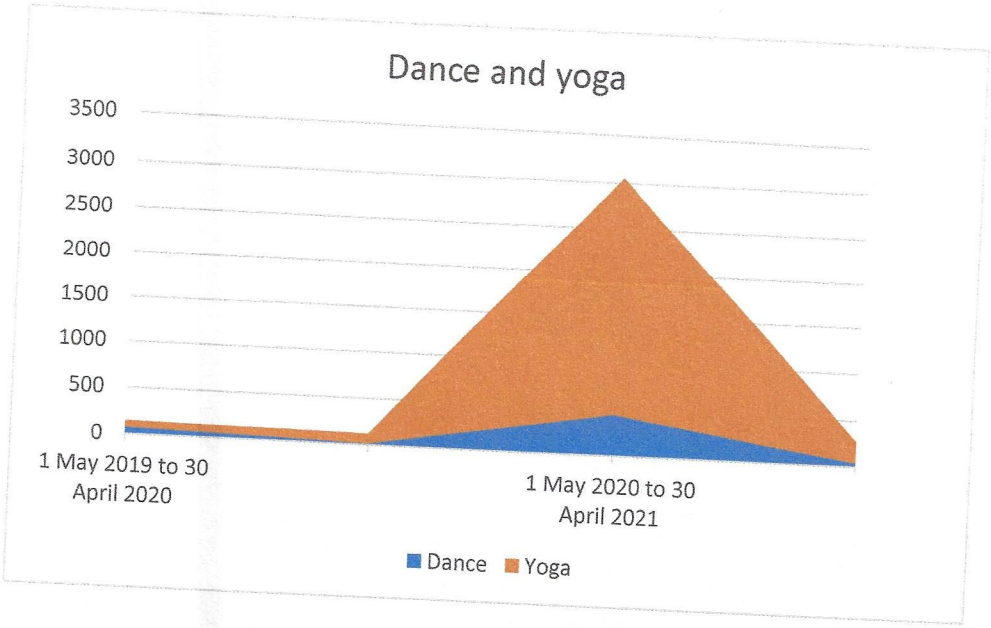
To help people during the pandemic to relieve stress and stay connected WAND UK is offering free online yoga and dance programme. The aim is to:

- Reduce stress/ anxiety
- Keep physically active
- Reduce isolation and increasing social connections – Lessen the risk of depression
- Create a better balance with mental, physical and emotional wellbeing

Beneficiaries developed relationships with others from different faith and ethnic communities, they all had a greater sense of togetherness. Families felt more connected and less anxious. Comparing to last financial year there is a significant increase in the number of the dance and yoga sessions consequently by 153% and 127%. These classes are among the most popular ways to stay in shape 'virtually' during lockdown.

	Dance	**Yoga**	**Laughter Yoga**
	Monthly	Daily	Monthly
No of sessions	38	234	6
No of attendants	444	2,611	44





Some quotes:

Ch: *"Yoga helped me improve concentration and get rid of tiredness while working from home especially if you have kids around you!"*	***C:*** *"Dance & yoga are great way to spend quality time with your kids".*
V: *Feel less isolated and in a very good mood. Can't wait for the next class!"*	***N:*** *" The class has a fun, positive vibe. Ana is warm and friendly. The class is great fun and relaxed, by the end you feel you have had a good workout!"*

Violence against women and girls

Since the outbreak of COVID-19, violence against women and girls, and particularly domestic violence, have intensified considerably as health, unemployment, financial instability, and stress create tensions and strains accentuated by the confined living conditions of lockdown. In most cases Survivors have limited information and awareness about available services and limited access to support services. We have therefore intensified our work on raising awareness in the community.

The pandemic is generating additional barriers for women and girls' access to essential life-saving services such as counselling, justice resources, and legal advice which negatively impacts their health and well-being and increased the risks of more fatal and extreme violence.

WAND through its food project received several cases mainly migrants, displaced and refugee women, those of African descent and those living in informal settlements who suffer even higher risks and additional obstacles in accessing essential services.

WAND continues to work with domestic violence survivors in refugees through one-to-one referrals and outreach in collaboration with support works and continues to raise awareness and to do emotional and wellbeing and practical support.

Volunteering:

Volunteers are the backbone of WAND, we ensure that their safety and wellbeing is of crucial importance. During the year under review, we worked closely with our volunteers to ensure that everyone felt prepared and supported in their roles. This included retraining where necessary, refresher training and service meetings, regular checks from the coordinator with a focus on sessions organised regularly. WAND will continue to monitor the wellbeing of our volunteers and provide appropriate sessions.

There are 37 active volunteers each contributing to the development and expansion of WAND. The average hours for volunteers are daily 5 with up to 12 hours a week.

WAND holds education sessions and a volunteer day each year offering opportunity to connect with peers, review updates on the organisation and refresh on practices and self-care. It is mandatory for volunteers to attend one education day per year. Planned sessions for 2020 were all suspended due to government restrictions. WAND plans to resume the sessions in 2022 as they are a valuable addition to our volunteer supports. Total volunteering hours during the reporting period is approximatively 22,200 hours.

Reducing food poverty and food waste

Home food delivery and Community food distribution

In partnership with Venture Centre, City Harvest, Holy Trinity Brompton Church (HTB) and Bloody Good period our weekly community food distribution continues to provide essential food and fresh fruits and vegetables as well as sanitary products and incontinence pads to people who are trapped in poverty and ill health and needed the services we provided. During the reporting period WAND UK served a total of 872 families and individuals. From 01 May 2020 to 29 July 2021, we have delivered warm meals, fresh vegetables and fruits and essentials to 120 individuals mainly in Kensington and Chelsea, Westminster and Fulham and Hammersmith.

"I work part time and the money I get is not enough, I am really struggling financially to meet my family's requirement but at least the food parcels I get from you makes me less worried" Thanks for everything you do for us!"

No of beneficiaries	Total number of participant attendances	% Increase comparing to last year
120	1,016	200%
872	6,216	74%

Achievements:

WAND's food support project was one of 53 projects which are being recognised for making Londoners of all faiths and beliefs feel at home by the London Faith & Belief Community Awards

London Faith & Belief Community Awards 2020

Recognised Project

An initiative of **The Faith & Belief Forum**

Girl's project:

In these difficult times the daily routine of children and young people has changed dramatically, they are being home schooled, they have reduced contact with family and friends and their mental and physical heath is under treat. To help them to cope with the new circumstances, WAND UK moved all planned sessions on Zoom. Online physical activities yoga and dance sessions were increased to keep them connected, healthier and less stressed.

We introduced the idea of 'Family yoga', in order not to discriminate towards the girls' brothers, sometimes in the same room with their sibling and often using the same computer or tablet. For this reason, we also invited their parents to join with their children in both yoga and dance classes and we extended the age range including younger girls too.

For the evening girls group we added some different activities, we have partnered with Emilia Angelillo a scientist and Science, Technology, Engineering, and Mathematics (STEM) ambassador, who is an expert in making practical and fun scientific experiments always explaining the science behind them in an **easy,** but educational way.

We delivered a number of sessions with another partner from Alternatives Trust East London (ATEL). These were about Covid, about friendship and about self-confidence. We have organised regular focus groups with the girls, asking them what they would like to discuss and which activities they like us to run in order to update our delivery plans. During the reporting period we have delivered 10 online workshops to a total of 74 girls from different age groups and 38 yoga and dance sessions for Mums and Kids. In addition, WAND introduced Free Maths Sessions for primary age children (year 5 and year 6 mainly), 11 sessions were delivered to 55 participants. The idea is to give them the spare time to focus on the things that are important to them and whenever they are struggling with anything they are assured that there is a lot of help available.

Despite the circumstances WAND has celebrated the international day of the girl child. The main aims of the day are to promote girl's empowerment and fulfilment of their human rights while also highlighting the challenges that girls all over the world face. Inspired by UNICE's theme, "My voice, our equal future", WAND had given the girls the opportunity to express themselves and in this occasion one of our service users had written a poem called "My Voice" which we have posted on our website and social media platforms.

" See the kids and parents have fun with the activities we prepared for them was a thrill! Their joy is our strength!"

International Women's Day

Women leaders and Women's organisations have demonstrated their skills, knowledge, and networks to effectively lead in COVID -19 response and recovery efforts. There is more acceptance than ever that women bring different experiences, perspectives, and skills to the table, and make irreplaceable contributions to decisions, policies and laws that work better for all.

Given the pandemic, celebrations for this year's International Women's Day have gone virtual. To highlight and celebrate the contributions of women and girls WAND scheduled a day of various activities which received significant support and engagement from the service users.

Black History Month

WAND's aim is to connect women and their families to the community to give them a place and purpose ending the cycle of social isolation, economic and social disadvantage giving them a voice in their communities. Holding consultations with them on national and local issues provide assurance that their voice is being listened to and heard. Black History Month was another opportunity to celebrate and learn about the challenges and achievements of black women in different fields.

The encouraging journeys and stories shared by our guest speakers are an inspiration to our young women at the dawn of their careers and a positive reminder that black women are continuing to break societal barriers and are rising the ranks in the UK different spheres.

Diwali

At WAND UK we celebrate diversity and multiculturalism and in honour of this beautiful and heart-warming festival we have launched our own virtual Diwali festival. Our event included virtual group cooking delicious rice pudding and meditation.

Christmas celebration:

Last year the congregation of All Saints Marseille donated £1,000 towards a special Christmas feeding and in collaboration with WAND UK, Lancaster West Association in the Grenfell area, and other collaborators, 400 Christmas hampers including 200 fresh chickens, fresh fruit and vegetables, chocolate, crackers, mince pies, dry food, and face masks, amongst other things, were donated to vulnerable families in the community. Thanks to the team partners for making a dream come true. Recognizing that the strength of our partnership lies in meeting the needs of our community.

WAND also, organised a virtual Christmas evening for staff and volunteers and a number of activities took place lined up from dancing, national outfit to singing.

Partnership Work

Partnership work has been carried out with Venture Centre, and other community Centres, Midaye Somali Women's Forum, French African Welfare Association (FAWA), Tri Borough Public Libraries Health Promotion Project. Citizens' Advice Bureau, Hammersmith and Fulham , and Kensington and Chelsea, Westminster Mental Health team, Take Time to Talk team at St Charles Well-being Centre Kensington, Kensington and Chelsea Age UK, Kensington and Chelsea Volunteer, Good Gym, Al Manaar Mosque, Clement James, Cheyne Children Centre, BME Health Forum, Abbey Centre, Pioneer Housing Trust, Royal Palaces Trust, St. Cuthbert Children's Centre, WILDE, Central London CCG, West London CCG, St. Paul Church Hammersmith, Juniper House, NHS, Carers Network, Nandos, Charity Solutions, Sobus, Violet Melcher, Wood Lane Community Centre, Eritrean Family Association, Islington Town Hall, Waitrose, Tesco,

Sainsbury's, Prêt A Manger Starbucks. MUSAWA a partnership of 10 Community Organisations, City Harvest, Bloody Good Period, GMGG, HTB (Love Your Neighbour), Westway Trust, Lancaster West Association, The Anglican Chaplaincy of All Saints' Marseille.

Achievements and Benefits

In these continuing challenging times, we have been able to substantially maintain our service delivery and have continued to enable positive outcomes for our beneficiaries to be achieved. WAND continued to work with the 3 key messages to improve and maintain the women's health and mental well-being. During all this time we ensured that we remain clients and outcome-focussed to deliver the best that we can for our beneficiaries. We have maintained our focus on elements that we believe have the greatest impact on the lives of vulnerable women and girls. The charity has continued to provide food support, advice sessions, educational workshops, peer and group support, one to one emotional and practical support, online physical activities. WAND will continue its work over the next years to improve and maintain BAME women's health and well- being. It will also continue to work with other groups in promoting the welfare of its clients and to increase knowledge and skills required for challenging the wider determinants of health, isolation prevention, confidence building, improving skills, goal setting and changing lives.

WAND through its networking role has been a major support to women and community organisations through collaboration in organising activities and facilitating access to services by joint activities and participation in joint advocacy and policy work in making BAMER women's voices heard.
Evaluation reports and feedback from service users have positively indicated that WAND 's activities have greatly impacted on individual women's lives, their families and communities.

This year over 1,120 women and girls benefited from WAND activities: 80% BAME, 12% White Europe and 8% White British.

Case Study / Quotes

WAND's commitment to providing needed support reflected in participants' feedback as shown below:

F: "Everyone was very welcoming, the atmosphere even doing the session virtually was great! It felt like an instant family"

Sh: "The group is all about us, what we would like to do, to see. There is absolutely no pressure, and every woman is ready to help uplift each other.

M: "The group reminds me I am not alone and picks me up when I forget how far I have come."

A: Your telephone befriending sessions made staying at home and lockdown bearable. Definitely brought a breath of fresh air to my week.

Mrs C: Your service made a lot of difference to me; I loved the flowers what a nice treat.
During Lockdown a local florist donated flowers to distribute with our warm meals.

S.B: Positive impact on my wellbeing - less worried as little finance not enough to last all week.

A: Less worried, Children have food. Thank you.

Future activities
In light of the challenges presented by the COVID-19 pandemic, WAND will continue to focus on the delivery of the Charity's set up objectives, which have been reviewed and will remain the same as the 2020/21 objectives. The specific deliverables will be updated for 2021/22. The organisation will continue to focus on financial sustainability and will continue to work with external partners and grant givers to progress the work of the charity. The activities for the coming financial year include:

- ✓ To identify and reach out to more marginalised women and girls in need of assistance by strengthening its Outreach programme
- ✓ To provide information and referrals to more marginalised women in need
- ✓ To support women and girls' empowerment through cultural and educational projects and activities
- ✓ To encourage and collaborate with other BAMER and women focussed organisations where possible
- ✓ To support other BAMER and women focussed organisations when possible
- ✓ To promote Girls' Health and wellbeing by disseminating three core messages: Accept who you are, eat healthily, keep active. To reach out to vulnerable girls who are excluded.
- ✓ To provide a structured a programme of physical activity. The overall project will help socially isolated women to meet and share experiences, offer peer support to each other, make friends, build connections, reduce isolation and loneliness.

NETWORKING WITH OTHER ORGANISATIONS:

WAND works with the following organisations:

Islington council	Domestic Violence Intervention Project	IMECE- Turkish Speaking Women's Group
Back 2 Basics Somali Women's Group	Islington Refugee Forum	Dalgarno Community Trust
Imkaan	One Westminster	Voluntary Action Islington
Voluntary Action Camden	Hackney Council for Voluntary Services	Refugee Council
WLCCG	Libraries in Islington, Hackney, Westminster, Camden	Positively Health
Victim Support	Kensington & Chelsea Council	Living Well
Community Language services- Islington	Royal Kensington Palace	Venture Centre
Turning Point	BME health Forum	Elgin Resource Centre
Al Manaar Mosque	Musawa Community	Near Neighbours
The Curve	Latymer Youth Centre	City Harvest
Hammersmith and Fulham Voluntary Sector Network	Job Centre Plus North Kensington Hammersmith and Fulham and Kensington and Chelsea	Take Time to Talk
Women's Resource Centre	Bloody Good Period	HTB (Love Your Neighbour)

EVENTS Participation/ training:

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Camden Voluntary Action
Islington Council	SOBUS	NHS England
Kensington and Chelsea Social Council	BME Health Forum	Community Champions
SMART	Kensington & Chelsea Social Council	NCVO
Women's Resource Centre	One Westminster	MIND Hammersmith & Fulham
CAB Hammersmith & Fulham	The Foundation for Social Improvement	Kensington & Chelsea Volunteer Centre

Organisational Development

Trustees

WAND has 8 Trustees. The Trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work for the 12 months in the year ending 30 April 2021. The Trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the Trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

Trusted Charity Mark

WAND achieved Trusted Charity level and looking to move to level 2 next year.

Upshot

WAND UK is now using Upshot which allowed the organisation to track and report on the progress of different projects, moving away from paper based and spreadsheet systems and at the same time allowing us to apply a vigorous evaluation framework and process.

Representation

WAND served on the Management Committees / Boards of Islington Centre for Refugees, Asylum seekers and Migrants Back 2 Basics Create, Musawa, BME health Forum.

The charity policy on reserves

The trustees aim to have an unrestricted undesignated reserve 100% of turnover to meet contingent liabilities and enable the service to continue during a difficult funding climate. The charity works with people with mental health illness's and believes that one year's reserves are required to support individuals at risk and avoid suicides should the charity have to wind down its affairs.

Donors

WAND is grateful to all its donors for financial and moral support during the year under review.

Women's Association for Networking and Development
Directors' report (incorporating the Trustees' annual report)
For the year ending 30th April 2021

Future activities
In light of the challenges presented by the COVID-19 pandemic, WAND will continue to focus on the delivery of the Charity's set up objectives, which have been reviewed and will remain the same as the 2020/21 objectives. The specific deliverables will be updated for 2021/22. The organisation will continue to focus on financial sustainability and will continue to work with external partners and grant givers to progress the work of the charity. The activities for the coming financial year include:

Public Benefit

The trustees have read the Charity commission guidance on public benefit and believe that they meet all the requirements.

Financial review

The charity had an income of £137,148 for the year and expenditure of £94,557. The charity had a surplus of £45,446. The unrestricted reserves were £29,460.

Risk

The trustees' keep a risk register of the main risks faced by the charity and reviews it each year

Exemptions

The trustees have taken advantage of the exemptions available to small companies, including the audit exemption (see statement on balance sheet).

Responsibilities of the trustees
Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the trustees are required to: select suitable accounting policies, as described on page 9, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Signed on behalf of the charity's trustees:

Print Name G M JUSU-SHERIFF 5 / 2 / 22

Women's Association for Networking and Development
Independent Examiners Report
For the year ended 30th April 2021

I report on the accounts of the charity, which are set out on pages 16 to 22. Make sure the pages are collated

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. The charity's gross income is less than £250,000. I am allowed under Charities Act regulations to undertake this examination.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 43(7)(b) of the 1993 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Director Report
The information in the Directors report on pages 2 to 15 is consistent with the accounts on pages 16 to 25.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed _____ Date 6 / 2 / 2022

Tom Fitch BSc
Community Accountancy Self Help
1Thorpe Close
London
W10 5XL

Women's Association for Networking and Development
Statement of financial activities
(Incorporating the income and expenditure account)
For the year ended 30th April 2021

	Note	Unrestricted Funds £	Restricted Funds £	*2021* Total Funds	*2020* Total Funds
Incoming resources					
Grants	4	57,480	77,375	134,855	34,999
Donations & Sponsored walk		2,293	0	2,293	11,643
Total incoming resources		59,773	77,375	137,148	**46,042**
Resources expended					
Telephone		1,236	1,000	2,236	1,343
Salary and Social security	7	3,300	47,145	50,445	43,764
IT		4,189	2,302	6,491	408
Stationery, Print & Post		2,201	500	2,701	677
Seminar & Training		520	200	720	1,114
Volunteer		1,705	474	2,179	4,457
Professional fees & memberships		6,914	0	6,914	3,627
Rent		6,000	0	6,000	4,655
Travel		113	0	113	711
Governance cost		2,250	0	2,250	45
Independent examination		1,250	0	1,250	900
Insurance		1,490	0	1,490	184
Food for beneficiaries		0	5,917	5,917	0
Project		0	3,485	3,485	0
Total resources expended		**31,168**	**63,389**	**94,557**	**61,885**
Net income/(expenditure)		28,605	13,986	42,591	(15,843)
Total funds brought forward		855	2,000	2,855	18,698
Transfer between funds		-	-	-	-
		29,460	**15,986**	**45,446**	**2,855**

Women's Association for Networking and Development
Balance sheet
At 30th April 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	8	-	-
total fixed assets		-	-
Current assets			
Debtors	5	-	-
Cash at bank and in hand		48,110	21,633
Total current assets		**52,478**	**21,633**
Liabilities			
Creditors:			
amounts falling due within one year	6	2,664	18,778
		2,664	**18,778**
Net current assets		45,446	2,855
Net assets		**45,446**	**2,855**
The funds of the charity			
Unrestricted	9, 10	29,460	855
Restricted	9, 10	15,986	2,000
Total funds		**45,446**	**2,855**

Exemption from audit

For the year ending 30/04/2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;

Directors' responsibilities:

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board
Signed on behalf of the directors:

Signed _____

Print Name G M JUSU-SHERIFF

Dated 6/2/2022

Women's Association for Networking and Development
Notes to the accounts
For the year ended 30th April 2021

1. Accounting policies

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective April 2008) and the Companies Act 2006.

SORP (2005) provides a number of concessions for smaller charities that are not subject to a statutory audit. The Women's Association for African Networking and Developemnt falls within this category and has taken advantage of these concessions (as set out in SORP 2005, Appendix 5.3)

The principal accounting policies adopted in the preparation of the financial statements are as follows.

(a) Depreciation of fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its useful life:
computers and electronic equipment: 25% of cost straight line;
all other fixtures and fittings: 20% per annum, straight line;

(b) Capital grants

Capital grants in respect of capital expenditure are credited to the Statement of Financial Activities (SOFA) when they are received.

(c) Income

Income from donations and grants is credited to the accounts in the period in which it is received, unless received in advance for a subsequent period, in which case it is carried forward in creditors.

(d) Gifts

Donated services, gifts in kind and voluntary labour were not considered to be material, and have therefore not been included in these accounts.

(e) Productions straddling two financial years

All income and expenditure is taken into the year in which the majority of performances take place.

(f) Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. The organisation does not need to register for VAT because it is below the threshold.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent by staff on those activities.

(g) Fund accounting

Funds held by the charity are either:

- unrestricted general funds: these are funds which can be used in accordance with the charitable objects at the discretion of the trustees;
- designated funds: these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects;
- restricted funds: these are funds which can only be used for particular restricted purposes within the objects of the charity; restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2. Corporation tax

The company is a registered charity and is therefore exempt from tax on its income and gains to the extent that income and/or gains are applicable and applied to charitable purposes only.

3. Payments to directors

No payments were made to any directors during the year.

4. Grants, contracts & donations

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Lloyds Bank Foundation	41,480	-	41,480	-
NHS West London K/C	-	1,366	1,366	-
Donations	2,993	-	2,995	7,037
Kensington & Chelsea Social Council	-	-	-	5,139
Kensington & Chelsea Foundation	-	4,000	4,000	6,467
BME Health Forum	-	-	-	2,000
Big Lottery (Covid)	-	9,995	9,995	9,952
Turning Point	-	-	-	2,161
Sayers Butterworth	-	-	-	2,500
London Community Fund	-	9,948	31,416	-
London Community Fund	-	9,970	-	-
London Community Fund Domestic Violence	-	11,500	-	-
Big Lottery Int. Women's' Day	-	-	-	-
SMART	-	-	-	2,000
L B Hammersmith	-	1,000	1,000	2,000
Church Urban Fund	-	-	-	2,100
Westminster Foundation	-	-	-	4,686
Ground Works	-	1,000	1,000	-
Westway Trust	-	4,980	4,980	-
El Amin Charitable Foundation	-	952	952	0
Lucinda Charitable Trust	15,000	-	15,000	-
HMRC Job Retention Scheme	-	4,545	4,545	-
City Bridge Trust	-	9,069	9,069	-
Marsh Christian	300	-	300	-
GLA Conversation	-	350	350	-
RBKC Black History Month	-	500	500	-
Health Watch Central	-	300	300	-
Local Connect (Big Lottery)	-	2,500	2,500	-
Lancaster Residents Assc.		,1,000	1,000	
Health Forum	-	3,400	3,400	-
Midaye Somali Development	-	1,000	1,000	-
	59,773	**77,375**	**137,148**	**46,042**

5. Debtors

	2021	2020
	£	£
	0	0
	1,980	0

6. Creditors

	2021	2020
	£	£
Independent Examination	1,250	900
Rent provision	0	17,363
Trade	414	525
	2,664	**18,778**

7. Staff costs and numbers

	2021	2020
	£	£
Wages Er NIC & Pension	50,445	43,764
	50,445	43,764

No employee received emolument of more than £60,000.
The average weekly number of employee during the year was 3 part time. (2020: 2 part time).

8. Fixed assets

Net Book Value	Total
	£
Brought forward 1 May 2020	0
Additions (disposals)	0
Carried forward 30 April 2021	0

9. Analysis of net assets by fund

	Unrestricted Inc. designated funds	Restricted funds	Total funds
	£	£	£
Fixed assets	0	0	0
Current assets	28,710	19,400	48,110
Liabilities	(2,664)	-	(2,664)
	26,046	19,400	45,446

10. Movements in funds

	Opening Balance £	Incoming	(Resources Expended) £	Transfers £	Closing Balance £
Unrestricted Funds					
Donations & Grants	855	59,773	31,168	0	29,460
	855	**59,773**	**31,168**	**0**	**29,460**
Restricted Funds					
NHS West London K?C	0	1,366	1,366	0	0
Kensington & Chelsea Social C	2,000	0	2,000	0	0
Kensington & Chelsea Foundation	0	4,000	4,000	0	0
Big Lottery	0	9,995	9,995	0	0
London Community Fund	0	31,416	21,332	0	10,086
L B Hammersmith	0	1,000	1,000	0	0
Ground Works	0	1,000	1,000	0	0
Westway Trust	0	4,980	4,980	0	0
El Amin Charitable Foundation	0	952	952	0	0
HMRC JRS	0	4,525	4,545	0	0
City Bridge Trust	0	9,069	9,069	0	0
GLA Conversion	0	350	350	0	0
Royal Borough Kensington & C	0	500	500	0	0
Health Watch	0	300	300	0	0
Lancaster West Residents Assc.	0	1,000	1,000	0	0
Local Connect	0	2,500	0	0	2,500
Health Forum	0	3,400	0	0	3,400
Midaye Somali Development	0	1,000	0	0	0
	2,000	**77,375**	**57,607**	**0**	**15,986**

11. Trustee expenses
Trustee reimbursement of expenses included on behalf of the charity nil. (19-20 nil)

12. Related party transactions
There are no related party transactions.

13. Independent examination and accountancy services
During the period, the cost of the examination was £1,250. (19-20 £900)

End