

Charity registration number 1111899

Company registration number 05346480 (England and Wales)

YORK CARES
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2023
LIMITED BY GUARANTEE

YORK CARES

CONTENTS

	Page
Legal and administrative information	1
Trustees' report	2 - 5
Statement of trustees' responsibilities	6
Independent examiner's report	7
Statement of financial activities	8
Statement of financial position	9
Notes to the financial statements	10 - 16

YORK CARES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A R Ferguson	
	J E Clarke	
	S J Draper	
	M J Fleetham	
	R J Micheli	
	N Thompson	
	J C Ivory	
	L A M Soulsby (Chair until 26/6/23)	
	J Kew-Robson (Chair from 26/06/23)	(Appointed 26 June 2023)
Secretary	S E Whiteley	
Charity Manager	H Hennell	
Charity number	1111899	
Company number	05346480	
Principal address	Careers and Placements University of York Harewood Way Heslington York YO10 5DD	
Independent examiner	Frances Howard FCA Fortus Limited Business Advisors and Accountants Equinox House Clifton Park Shipton Road York YO30 5PA	
Bankers	HSBC Bank Plc 13 Parliment Street York YO1 8XS	

YORK CARES

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 JULY 2023

The trustees present their annual report and financial statements for the year ended 31 July 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019".

The legal and administrative information page forms part of this report.

Objectives and activities

Summary of the objects of the charity set out in its governing document

To pursue any charitable purpose for the benefit of the people of the City of York, in particular, but not exclusively, by the selection, training and provision of volunteers. "Charitable" means charitable according to the laws of England and Wales.

Summary of the main activities undertaken for the public benefit in relation to these objects

York Cares is a partnership of public, private and voluntary sector organisations committed to realising a vision of York as an ever more vibrant and socially inclusive city in which to live and work. York Cares brings employers, their employees and communities together in positive and sustainable collaborative action, principally through employee-volunteering, in support of this vision.

The activities that the charity has undertaken to further its charitable purposes for the public benefit are detailed below.

The trustees consider that they have complied with their duties under section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charities Commission.

York Cares aspires:

- to provide an opportunity for dialogue between employers and the community, which will:
 - i) contribute to the promotion of a culture of active citizenship in York through a programme of employee volunteering;
 - ii) assist employers to realise their commitment to responsible business practice;
- to effect the exchange of skills, knowledge and ideas between business and community, to the benefit of all who live and work in York.

Additional details of objectives and activities

We match the skills and expertise of employers and their employees to community projects where they can have most impact. Our tried and tested programmes deliver tangible benefits for local people, as well as workforce development opportunities for employers.

Our flexible programme of opportunities enables our employer members to mix and match opportunities to develop a tailored volunteering programme which reflects their business needs and maximises the impact of their engagement in the local community.

Our programmes:

- Aspirations: inspiring young people aged 11-16 about possible futures and motivating them to work harder and aim higher
- Inspiring Minds: inspiring disadvantaged children aged 5-11 by linking real life and learning
- Skills Share: sharing business expertise to support voluntary, community and social enterprise (VCSE) organisations to become more sustainable
- Social Connections: contributing to the well-being of older people by having a positive impact on their lives
- Starting Blocks: giving care experienced young people an insight into the working environment
- Team Challenges: one-off projects to transform community buildings and urban green spaces

New programme offer (officially launched in March 2023 at the annual Stakeholder Meeting):

- Aspirations: providing employability support to raise aspirations and enable people from all backgrounds and abilities to reach their full potential
- Environment & Sustainability: volunteering together on practical activities for the benefit of the environment and the long-term sustainability of our city
- Social Connections: bringing younger and older people together through meaningful connections to bridge the intergenerational divide and reduce loneliness and social isolation
- Campaigns: coming together to support those most in need in the city

Annual member events

- York Cares Annual Stakeholder Meeting: opportunity for members to meet with like-minded leaders from the private, public and VCSE sectors to discuss key strategic social issues
- York Cares Annual Awards Ceremony: opportunity for members to recognise and celebrate employee achievements with York Cares 'Golden Moments' awards.

YORK CARES

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

Achievements and performance

Highlights for 2022-23

1,668 employees undertook volunteering opportunities in 2022-23.

Aspirations

38 volunteers supported 64 young people from three schools and colleges and 13 students from Converge

- boxxe delivered Project Dare for 36 Year 9 pupils from York High School across two sessions. The first session was held at the school and introduced the pupils to their challenge in which they were tasked with improving the learning environment in school through the use of technology with a budget of £5,000. The pupils worked in teams to come up with ideas which they had to present to a panel of representatives from boxxe and Dell at the second session. The second session was held at boxxe's office and the pupils had the opportunity to get hands-on experience of different technologies and to refine their presentations with support from boxxe and Dell staff. The winning team each received a Chromecast.
- boxxe delivered two series of three employability sessions for a total of 13 Converge students, including one session at boxxe. Converge provides courses for adults who use mental health services. The sessions covered confidence building, CV and interview skills and an insight into the workplace.
- Arup delivered Project Dare for 12 Year 9 pupils from Vale of York Academy across two sessions at the school. The pupils were set an engineering challenge.
- Through our contract with UniConnect Inspiring Choices (formerly FutureHY), Hiscox delivered Project Dare for 16 Year 12 pupils from Whitby Sixth Form College across two sessions, one hosted at York St John University (YSJ) and the other at Hiscox, which included a tour of the offices and an opportunity to meet a range of employees. The pupils were set a challenge to come up with a new pet insurance policy which they had to present to a panel of experts from Hiscox.
- We became an official partner of the Westfield Centre (now rebranded The Place) to lead on the delivery of an employability strand, under the banner of Aspirations. The Place officially opened in October 2023.

Inspiring Minds

17 volunteers supported over 260 pupils at eight primary schools

- We engaged a new trainer to deliver Right to Read training sessions. The first training session was delivered in November, attended by six volunteers. A second session was delivered in March attended by six volunteers.
- YSJ delivered Myths and Legends at Woodthorpe Primary School and Healthy Humans at Osbaldwick Primary School.
- The Maths Department at the University of York (UoY) delivered outreach sessions to three Year 5 and three Year 6 classes at Westfield Community Primary School, focusing on the Enigma encryption from WW2.
- As part of the strategic programme review, a decision was made to bring the Inspiring Minds and Aspirations programmes together under the banner of Aspirations.

Skills Share

Eight volunteers supported two organisations

- A volunteer from Nestle took on the role of Treasurer at YREN.
- Volunteers from Boxxe supported IT ReUse with processing devices, providing support with Microsoft 365 and providing advice and guidance on marketing.
- Following a strategic programme review, a decision was made not to actively promote the Skills Share programme due to the lack of engagement. We have, however, continued to invite partners from across the city to promote their organisations and opportunities to our members via our Ambassador network.

Social Connections

81 volunteers supported over 200 older people across the community, including six Independent Living Communities (ILCs) and three community groups working with older people

- We delivered three Tea and Technology sessions as part of the York 50+ Festival in collaboration with Age UK. Tea and Technology was rebranded as What The Tech, we have delivered sessions at Foxwood Community Centre, New Lodge, Sharing Life and Wenlock Terrace.
- Between October and December 2022, we piloted the Social Clubs programme. We hosted our first Younger Neighbour induction at York St John University and hosted six Social Clubs and business visits, providing 103 opportunities for older and younger neighbours. The sessions were attended by 78 individuals with a number of these attending several sessions.
- We delivered Christmas parties at five locations where 56 residents attended across all of the parties.
- In partnership with Friends of Rowntree Park, we supported three Nature Crafts sessions at ILCs as part of a pilot with York Mind.
- We extended the Social Clubs pilot and delivered nine clubs between January and July, including Paint & Prosecco, a Games Night and a Market Tour.

Starting Blocks

- Further to the decision to suspend the project, following the strategic programme review a decision was made to remove the programme from our programme offer.

YORK CARES

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

Team Challenges including Seasonal Challenges/Environment & Sustainability

1,524 volunteers supported 42 sites/organisations

- There were 73 individual Team/Community Challenges throughout the year, supporting 25 sites.
- As part of Aviva's Volunteering Week, 90 volunteers from Aviva's offices across the country came together in York to volunteer across five different sites.
- Over 60 volunteers took part in Team Challenge Week in October across six different sites.
- We hosted a Halloween litter-pick, engaging volunteers from Aviva and the UoY. The volunteers collected seven bags of general waste.
- As part of National Tree Week, a team of volunteers from Portakabin planted 40 trees.
- Due to the cost of living crisis we made a decision to organise a central Christmas Collection so as not to put pressure on individual employers and in turn on employees. We were overwhelmed by the generosity of employees, with 1,711 items being donated and distributed to Door 84, KYRA, RAY, SASH, The Island and The Spirit of Christmas. Benenden Health donated £1,200 worth of Boots vouchers and the UoY HR Team and Torsion Construction donated 404 and 254 items respectively. In addition to the collections, we asked partners for whom we were collecting items to identify opportunities for volunteers to donate their time. Teams from Benenden Health, Nestle, Portakabin, The Partners Group and UoY Careers and Systems volunteered at The Island, making up hampers; wrapping gifts and decorating their building in preparation for their Christmas party for young people and their families.
- We partnered with Kyra women's charity to organise several volunteering sessions for volunteers to revamp their courtyard space which had been neglected due to building renovation and bad weather. Volunteers from Aviva and Benenden Health got involved with pruning and relocating roses, removing weeds and unwanted plants, creating a herb garden, creating a lavender area and planting spring-time bulbs.
- Volunteers from Aviva and Nestle worked across three days to transform the front garden area of The Glebe (an Independent Living Community (ILC)) which could no longer be maintained by the residents on site. Volunteers dug out and pruned the roses that were in the garden, which were then transported and replanted in Clarence Gardens. The garden was then covered with 8 tons of gravel. Volunteers also removed other unwanted vegetation; replanted the bulbs in the back garden; levelled off the ground and added a weed membrane.
- We have developed a relationship with a new partner - Friends of Chapman's Pond. Volunteers from BAM Nuttall used a mini-digger to shape and level a path into and out of the new outdoor learning area. Volunteers from Portakabin then laid logs and woodchip to finish off the paths and cut back shrubs, brambles and nettles.
- We launched our most ambitious Big Community Challenge (BCC) in March. This was a partnership between ourselves, the ECO Team at City of York Council (CYC), St Nicks and UoY, as part of the latter's 60th anniversary celebrations. The focus of the challenge was on restoring river and wetland areas in the city. The UoY Comms & Marketing team created marketing visuals which we were able to share with employers. The VC of the UoY sent an email to all staff and students informing them about the BCC. The project attracted media attention, including an article in the environment section of the Yorkshire Post and a BBC Radio York interview. Throughout the month of June, 556 volunteers from 19 employers supported 15 sites.
- In partnership with St Nicks we delivered two drop-in sessions for the UoY Festival Of Ideas (FOI) as part of the BCC. Attendees had the opportunity to find out more about the BCC and the work being done along Hull Road Park beck as part of a project with CYC, the Environment Agency and St Nicks.
- Aviva generously donated £16k to fund a floating ecosystem. We had hoped to launch this at the BCC celebration but this was delayed and will now hopefully be installed in 2024. This will be the first of, hopefully, several floating ecosystems in the city and will support biodiversity in the city.
- York BID funded a mural which has been installed on a wall along Foss walkway by artist Emily Starling. The mural reflects the wetland and river theme of the BCC thus providing a legacy and will become part of a mural trail being developed by York BID.

Campaigns

- We delivered two successful WorkWear Wardrobes for students at the UoY Autumn and Summer Careers Fairs. 66 students accessed the wardrobe at the Summer Fair. Aviva and Nestle set up permanent wardrobes at their offices where employees can donate items of clothing which we collect on a regular basis. We have had a wardrobe built in Careers and Placements at the UoY where we can store items.

Financial review

Total income during the year was £248,166 (2022: £301,157) compared to total expenditure of £278,573 (2022: £279,018) providing a deficit of £30,407 (2022: surplus £22,139). The unrestricted surplus was £556 compared with £36,098 last year.

Donations in the year include office and accommodation costs in kind from the University of York of £132,494 (2022: £123,650). Membership fees form the basis of the charity's main source of income and totalled £73,083 (2022: £77,417). The majority of the costs of the charity relate to staffing requirements totalling £118,194 (2022: £126,145).

Reserves policy

The trustees are very much aware of the need to develop a strong financial position for the charity. An objective had been set of building adequate reserves over time to cover six months forward operating costs plus redundancy costs for the current staff team, this has now been achieved. This allows trustees to reconsider the required level of reserves and plan for their future. Trustees have been exploring opportunities to invest the remainder of the reserves, however, it was felt that given the current financial climate, this was too high risk and therefore trustees have placed £50,000 in a fixed-term high interest account.

Free reserves at 31 July 2023 were £219,437 (2022: £218,881).

YORK CARES

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

Governing document

York Cares is governed by its Memorandum and Articles of Association.

How the charity is constituted

The Charity is a company limited by guarantee, incorporated under the Companies Act on 28 January 2005 (company number 5346480) and obtained charitable status on 1 November 2005 (registered charity number 1111899).

Trustee selection methods

Under the Articles of Association, the members of the Council of Management are empowered at any time to appoint any person to be a member of the council.

Additional governance issues

The trustees detailed below constitute directors of the company for the purpose of the Companies Act 2006. None of the trustees held an interest in the charity during the year. The trustees who served during the year were employees or representatives of members of local employers who supported York Cares during the period. The manager of York Cares is Holly Hennell.

The board of trustees shall not be less than three, but is not subject to any maximum number, and meets at least quarterly to administer the charity. The trustees may appoint a person who is willing to act as a trustee to fill a vacancy or as an additional trustee. Trustees are given an appropriate period of induction and training, depending on the individual's requirements and knowledge of the Charity's activities. All trustees are reminded of their statutory obligations and given appropriate guidance and training on their responsibilities as trustees.

This report was prepared under the provisions applicable to small companies.

The trustees' report was approved by the Board of Trustees.



A R Ferguson
Signed on 26/04/24 @ 11:22

A R Ferguson

Trustee

Date: 15 April 2024



Jamie Kew-Robson
Signed on 26/04/24 @ 13:24

J Kew-Robson (Chair from 26/06/23)

Trustee

Date: 15 April 2024

YORK CARES

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 JULY 2023

The trustees, who are also the directors of York Cares for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

YORK CARES

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YORK CARES

I report to the trustees on my examination of the financial statements of York Cares (the charity) for the year ended 31 July 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Frances Howard
Signed on 29/04/24 @ 10:40

Frances Howard FCA

Fortus Limited
Business Advisors and Accountants
Equinox House
Clifton Park
Shipton Road
YO30 5PA
York

Dated: 25 April 2024

YORK CARES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JULY 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Notes							
Income and endowments							
Donations and legacies	2	218,255	-	218,255	210,009	-	210,009
Charitable activities	3	-	29,672	29,672	-	91,148	91,148
Other income	4	239	-	239	-	-	-
Total income		218,494	29,672	248,166	210,009	91,148	301,157
Expenditure							
Charitable activities	5	217,700	60,873	278,573	173,898	105,120	279,018
Net incoming/(outgoing) resources before transfers		794	(31,201)	(30,407)	36,111	(13,972)	22,139
Gross transfers between funds		(238)	238	-	(13)	13	-
Net income/(expenditure) for the year/							
Net movement in funds		556	(30,963)	(30,407)	36,098	(13,959)	22,139
Fund balances at 1 August 2022		218,881	40,956	259,837	182,783	54,915	237,698
Fund balances at 31 July 2023		219,437	9,993	229,430	218,881	40,956	259,837

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

YORK CARES

STATEMENT OF FINANCIAL POSITION AS AT 31 JULY 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	10	1,358		3,432	
Cash at bank and in hand		277,310		306,046	
		<u>278,668</u>		<u>309,478</u>	
Creditors: amounts falling due within one year	11	<u>(49,238)</u>		<u>(49,641)</u>	
Net current assets			229,430		259,837
Income funds					
Restricted funds	13		9,993		40,956
Unrestricted funds			219,437		218,881
			<u>229,430</u>		<u>259,837</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 July 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 15 April 2024



A R Ferguson
Signed on 26/04/24 @ 11:22

A R Ferguson
Trustee



J Kew-Robson
Signed on 26/04/24 @ 13:24

J Kew-Robson (Chair from 26/06/23)
Trustee

Company registration number 05346480

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2023

1 Accounting policies

Charity information

York Cares is a private company limited by guarantee incorporated in England and Wales.

The Charity's registered office and the nature of the charity's principle activities are as stated in Legal and Administrative Information.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity.

Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy note(s).

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the funder or when funds are raised for a specific purpose.

1.4 Income

This is included in the statement of financial activities when:

- the charity becomes entitled to the income
- the trustees are virtually certain they will receive the income; and
- the monetary value can be measured with sufficient reliability.

Donations in kind

These are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Donations include donated services of £132,494 (2022: £123,650) from the University of York for office accommodation and related costs. The value of this donation in kind has been calculated using 50% of the TRAC Full Economic Costing rate used by the University of York, on the basis that York Cares does not use some elements of the University's infrastructure. Other donations in kind total £6,483 (2022: £3,142).

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind used by the charity are included in the accounts as income when receivable.

Grants and donations

Grants and donations are only included in the accounts when the charity has unconditional entitlement to the income.

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Expenditure is included in the statement of financial activities on an accruals basis. Wages and salaries of £118,194 are in respect of a recharge of employment costs seconded from the University of York. £132,494 has been included as office accommodation and related costs provided in kind by the University of York.

Governance costs include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters. These are included within charitable activities.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

1.6 Tangible fixed assets

These are capitalised if they can be used for more than one year and cost at least £250.

They are valued at cost or, if gifted, at the value to the charity on receipt, less depreciation. Depreciation is provided at rates to write off the costs less estimated residual value of each asset over its expected useful life as follows:-

Fixtures and fittings	10% straight line
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand and deposits held at call with banks.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Basic financial assets

Debtors are recorded when receivable.

Basic financial liabilities

Creditors are recognised as soon as there is a legal or constructive obligation committing the charity to pay out an expense.

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations in kind	138,977	126,792
Membership fees	73,083	77,417
Other	6,195	5,800
	<u>218,255</u>	<u>210,009</u>

3 Charitable activities

	Charitable Income	Charitable Income
	2023	2022
	£	£
Grants received	<u>29,672</u>	<u>91,148</u>

4 Other income

	Unrestricted funds	Total
	2023	2022
	£	£
Other income	<u>239</u>	<u>-</u>

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

5 Charitable activities

	Charitable Expenditure 2023 £	Charitable Expenditure 2022 £
Seconded staff costs	118,194	126,145
Other hired and contracted services	5,047	17,725
Charitable activities related costs	136,680	124,055
Holiday pay	2,217	(326)
Insurance	1,873	1,807
Travel and subsistence	507	469
Print, post, stationery and telephone	1,835	893
Hospitality	2,662	960
Subscription	240	256
Equipment and materials	5,774	2,805
Training and conferences	328	-
Advertising and publicity	2,000	3,084
Event costs	58	35
	<u>277,415</u>	<u>277,908</u>
Share of governance costs (see note 6)	1,158	1,110
	<u>278,573</u>	<u>279,018</u>
Analysis by fund		
Unrestricted funds	217,700	173,898
Restricted funds	60,873	105,120
	<u>278,573</u>	<u>279,018</u>

Within the seconded staff costs are the key management personnel who received £49,585 (2022: £40,955).

6 Support costs

	Support costs £	Governance costs £	2023 £	2022 £
Independent Examiner's fee	-	1,158	1,158	1,110
	<u>-</u>	<u>1,158</u>	<u>1,158</u>	<u>1,110</u>
Analysed between				
Charitable activities	-	1,158	1,158	1,110
	<u>-</u>	<u>1,158</u>	<u>1,158</u>	<u>1,110</u>

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

8 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9 Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost			
At 1 August 2022	362	1,808	2,170
At 31 July 2023	362	1,808	2,170
Depreciation			
At 1 August 2022	362	1,808	2,170
At 31 July 2023	362	1,808	2,170
Carrying amount			
At 31 July 2023	-	-	-
At 31 July 2022	-	-	-

10 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Prepayments and accrued income	1,358	3,432

11 Creditors: amounts falling due within one year

	Notes	2023 £	2022 £
Accruals		8,738	19,016
Deferred income	12	40,500	30,625
		49,238	49,641

12 Deferred income

	2023 £	2022 £
Membership fees received in advance at 1 August 2022	30,625	35,209
Released to statement of financial activities	(30,625)	(35,209)
Deferred in the period	40,500	30,625
	40,500	30,625

Deferred income comprises membership fees received in advance for future periods.

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		Movement in funds			
	Balance at 1 August 2022	Income	Expenditure	Transfers	Balance at 31 July 2023
	£	£	£	£	£
UniConnect (formerly NCOP)	-	872	(872)	-	-
Office for Students (OfS)	-	25,000	(25,000)	-	-
Aviva Foundation	30,601	500	(30,622)	-	479
CoYC Starting Blocks	9,729	-	(2,526)	-	7,203
Two Ridings Community Foundation	-	675	-	-	675
CoYC Ward Funding	626	625	(1,489)	238	-
Benenden Health Community Fund	-	2,000	(364)	-	1,636
	<u>40,956</u>	<u>29,672</u>	<u>(60,873)</u>	<u>238</u>	<u>9,993</u>

		Movement in funds			
	Balance at 1 August 2021	Income	Expenditure	Transfers	Balance at 31 July 2022
	£	£	£	£	£
UniConnect (formerly NCOP)	-	3,049	(3,049)	-	-
Office for Students (OfS)	-	25,000	(25,000)	-	-
Aviva Foundation	29,221	40,377	(38,997)	-	30,601
Access and Participation Initiative Fund (APP)	719	17,940	(18,659)	-	-
CoYC Starting Blocks	24,975	-	(15,246)	-	9,729
Two Ridings Community Foundation	-	2,200	(2,200)	-	-
CoYC Ward Funding	-	626	-	-	626
Benenden Health Community Fund	-	1,072	(1,085)	13	-
Benenden Health Big Community Challenge	-	884	(884)	-	-
	<u>54,915</u>	<u>91,148</u>	<u>(105,120)</u>	<u>13</u>	<u>40,956</u>

YORK CARES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2023

13 Restricted funds

(Continued)

UniConnect (formerly NCOP) Future HY York and North Yorkshire – funding through UniConnect (formerly National Collaborative Outreach Programme) to work with secondary schools, inspiring disadvantaged young people about possible futures through personal encounters with people at work and university and thereby motivate them to aim higher and work harder at school.

Office for Students (OfS) - funding to promote widening participation for disadvantaged groups of students.

Aviva Foundation - funding to support the development of the Social Connections programme, contributing to the wellbeing of older people in York.

Access and Participation Initiative Fund (2022 only) – Starting Blocks provides opportunities for employee-volunteers to support care experienced young people and young adults to gain the practical skills, knowledge, attributes, and behaviours they need to secure employment and improve their life chances.

CoYC (Starting Blocks) – Starting Blocks supports care experienced young people and young adults to secure employment and improve their life chances. This grant is for funding the salary of an apprentice to support the Starting Blocks programme.

Two Ridings Community Foundation - A bursary for participation in the York Multiple Complex Needs Children and Young People inquiry to consider how we change the systems that perpetuate disadvantage for children and young people.

CoYC (Ward Funding) - Ward funding offers grants to community groups to help fund start up costs relating to community focused projects. The transfer was to clear the overspend.

Benenden Health (Community Fund) - The Community Fund offers one-off awards to support health and wellbeing related activities which aim to improve either physical, mental, and emotional health.

Benenden Health (Big Community Challenge) (2022 only) - Contribution to York Cares Big Community Challenge which aims to maximise the impact employee-volunteers make in the city.

14 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 July 2023 are represented by:			
Current assets/(liabilities)	219,437	9,993	229,430
	<u>219,437</u>	<u>9,993</u>	<u>229,430</u>
	<u>219,437</u>	<u>9,993</u>	<u>229,430</u>
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 July 2022 are represented by:			
Current assets/(liabilities)	218,881	40,956	259,837
	<u>218,881</u>	<u>40,956</u>	<u>259,837</u>
	<u>218,881</u>	<u>40,956</u>	<u>259,837</u>

15 Related party transactions

Remuneration and benefits

All of the trustees of the charity who served during the year were employees or representatives or members of local businesses who support York Cares.

No remuneration directly or indirectly has been paid or is payable for the year to any trustees or to any person or persons known to relate to any of them.

Trustees expenses

No trustees were reimbursed for expenses in either year.