



Annual Report 2021-22

Parish Nursing Ministries UK Review of the Year



Registered in England and Wales 05451295

Registered Charity Number: 1111680

Welcome

Parish Nurses impact many people's lives, making a difference in numerous ways. At Parish Nursing Ministries UK (PNMUK) we support churches and Christian organisations across the UK to play a role in promoting and providing community-based health care.

Our parish nursing approach is to acknowledge the whole person and offer community-based care that:

- Prevents or reduces loneliness or isolation of vulnerable people.
- Provides individual health education, promotion, and intervention.
- Offers individual spiritual care (as is appropriate in the setting).

Our Mission

- To deliver whole person healthcare through the local church, using registered nurses, among communities across the UK

Our Vision

- To see every church in the UK providing whole person healthcare to their communities through a trained Parish Nurse.

The Charity is governed by Memorandum and Articles of Association, which state the charitable objects as:

- A) the preservation and protection of good health among communities throughout the UK by the provision of assistance in funding the costs and training of parish nurses and by assisting in the education and training of said parish nurses.
- B) the advancement of the Christian faith throughout the UK by the promotion of parish nursing and assisting in the establishment and training of parish nurse initiatives.
- C) to support specific overseas parish nursing initiatives.

Activities – how the charity spends its money:

1. Education of qualified registered nurses so that they can work with their church to provide health care (physical, mental, and spiritual), advice and advocacy to their local community.
2. Ongoing support for in post nurses and their appointing churches.
3. Continuing education in the form of training days and an annual symposium.

Public Benefit

The trustees have had due regard to The Charity Commission's guidance on public benefit at all relevant times.

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Trustees

Debra Chand (Chair)
Jonathan Edwards (Vice-Chair)
Steven Fouch
Joanne Morse
Amanda Allchorn
Joyce Fletcher (appointed June 2021)
Glen Johnson (Treasurer, appointed October 2021)

Senior Leadership Team

Sue Bretherick CEO
Anne Taylor Director of Nursing

Registered Charity number (England & Wales) 1111680
Limited Company number 5451295

Registered Address

The Hope Centre, 26 North Street, Peterborough, PE1 2RA

Website

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Twitter

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Independent Examiner

Kerry Hilliard ACA FCCA CTA for and on behalf of:
Stephenson Smart & Co
36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
PE2 6LR

Bankers

Lloyds Bank



Bringing passion and skill to restore health and wholeness



Debra Chand PNMUK Chair



Sue Bretherick PNMUK CEO

IN RECENT YEARS we have seen how lives can be ripped apart emotionally, socially and spiritually by health and life worries.

As the cost-of-living crisis bites deep, Covid-19 hovers and the health and social care system comes under severe strain, community faith nursing is more relevant than it has ever been.

Parish nurses are at the frontline of bringing relief in the midst of crisis, working at the heart of communities to restore wellbeing, reduce that known killer, loneliness, and bring Christ's healing presence to people who are experiencing life-sapping health, poverty or poor life chances.

Every parish nursing service is unique, responding to diverse needs in local communities. Yet all are called by the same vision – to reach people in Christ's name and restore health and wholeness through the skill, passion and energy of registered nurses working through the church.

Restoring wellness takes time – often far more than a 10-minute appointment.

Parish nurses can bridge gaps the busy NHS struggles to cover, including offering the gift of time and face-to-face care. As a parish nurse recently commented:

“Whether it's supporting someone struggling with grief, understanding a diagnosis, or needing some mental health support, we're here and available.”

Parish nurses are also vital and trusted connectors, spotting and resolving problems early and referring speedily into other partner services to help turn lives around.

Imagine if every community had a parish nurse. If everyone was offered whole person healthcare.

There are currently 84 certificated parish nurses, operating across 68 accredited parish nursing services within churches and Christian organisations in the UK. That's some going.

But many people are struggling alone, without the vital help a parish nurse can bring.

We need many more services across the country to reach communities in need.

Which is where Parish Nursing Ministries UK comes in.

Passionate about protecting and restoring health, we are skilled in helping churches to set up new parish nursing services, equip and prepare nurses, and build relationships that ensure sustainability.

Our trusted training and templates make life that bit easier for busy leaders to bless local communities by supporting a nurse in their church to develop a parish nursing ministry.

Our annual Symposium and vision days are highlights in the year, providing spaces for nurses to recharge and gain fresh insight for this very special calling. And our guidance helps to ensure that services run safely and well.

Now, we aim to grow stronger, inspire and equip more churches, and ensure the wellbeing of nurses so that together we can reach and help many more people through their health crises.

We have seen God's blessing in so many ways this year, including bringing new Trustees to enrich our diversity and governance, and funders, churches and prayer partners who share the vision.

While requiring a significant step change in resourcing, we believe our plans are God-breathed as we work together to bring the passion and skill of nurses and churches to restore the nation's health.

The Year in Numbers

55,096

Total parish nursing hours across the UK (avg 71 services)

Of the above

47% were volunteer hours

11,928

Volunteer Parish Nursing Assistants hours across the UK

Explore Online Events

90 individuals representing

67 churches or Christian organisations, discovering more about parish nursing and how to set up a service.

362 PNMUK hours gifted towards central activities, 30 hours a month

87 Parish Nurses supported throughout the year (median)

65 attendees at Annual Symposium

71 Active Services throughout the year (median)

Parish Nurses equipped to run a service

17 Nurses completed the Preparation for Parish Nursing Practice course, certifying them to work as a parish nurse

12 participants completed the pilot Parish Nurse Assistants course

50 Communities of Practice held over the year

7 services currently engaged in the planning phase with PNMUK

New Parish Nursing Services fully accredited

Helped **5** churches set up a new Parish Nursing service

Why Parish Nursing?

Around the UK, there is a shortage of accessible health care that is responsive to the needs of individuals and communities. Alongside this, as a Christian charity, we act as 'Christ's hands and feet' to those in need. The local church is an effective community structure which can provide holistic health care to an agreed standard and quality, as part of their ministry to their local communities. Our parish nurses operate within communities that have changed significantly since the start of the pandemic, especially with how health care is accessed. Physical, mental, and spiritual health needs have escalated greatly during the pandemic and left people feeling exhausted. Against this backdrop, the need for parish nursing is greater than ever.



One

We support churches and Christian organisations to set up new accredited Parish Nursing Services.

THE PANDEMIC CONTINUED to interrupt the promotion of parish nursing, specifically as exhibitions and in-person events were cancelled and postponed. Our response was to develop a free online initiative called 'Explore Online' which gave interested parties a one-hour interactive overview of parish nursing. Six sessions of 'Explore Online' were offered over the course of the year, with an encouraging surge in interest from churches and nurses, many of whom progressed to a more in-depth session, 'Explore More', with the intention of planning a parish nursing service.

Remarkably, five new churches setting up parish nursing services were supported to full accreditation in 2021/22 against the adverse backdrop of the pandemic.

A further seven were in the process of setting up a new parish nursing service in March 2022.

The charity maintained its proven robust planning and accreditation system for new parish nursing services; paramount to ensuring that churches and nurses operate safely within a professional framework in supporting their communities.

We recognise that many church partners were faced with mounting challenges throughout the year. These included navigating the pandemic with the restrictions imposed for in-person ministries, increasing pressure on finances and the physical, mental, and emotional toll on clergy and leadership teams supporting bereaved and harried congregations and communities. Thus it was no surprise that fourteen parish nursing services closed over the course of the year. Our data tells us that of these, five closed due to parish nurses' retirement/personal reasons, two closed due to a change in financial circumstances and six because of internal church matters.

New Parish Nursing service spotlight: St Michael's, Camden

Located in the heart of the London borough of Camden, this new service was set up during the height of the Covid-19 pandemic. As a result, initial engagement with the parishioners and local community was frustratingly slow, despite the need. The parish nurse was keen to reach out within the framework of changing restrictions, and thus worked closely with the ministry team to provide:

- Christmas and Easter 'parcels' for those who were vulnerable and felt unable to come to church, containing information about the parish nurse's role, goodies, prayers, mindfulness activities etc.
- Health checks and a health advice stall at the Michaelmas Garden Party.
- Proactive contact with those who were known to be unwell, post operative or had requested a visit. One gentleman was struggling with caring for his partner who had just been diagnosed with Alzheimer's. The parish nurse was able to visit them and direct him to local and national services to obtain more support and understanding of the condition.
- Coffee and a chat with health advice on offer, after the midweek midday service to those in attendance once restrictions had lifted.
- Soup made during Lent and offered to 'street dwellers' in the local area of Camden.

This service seeks to support regular and occasional church attenders, as well as those who engage with groups which the parish offers e.g. gardening group to support those with mental health concerns. It also focuses on outreach to the homeless and others who congregate around the church premises.

Two

We equip registered nurses through the Preparation for Parish Nursing Practice Course.

THE PREPARATION FOR Parish Nursing Practice course is to equip experienced Registered Nurses to transfer their skills and knowledge to practice within faith community nursing. Specifically, this includes learning how to integrate intentional spiritual care and self-care in nursing practice. It enables nurses to explore their own faith and spirituality within a professional role and to develop skills and knowledge in planning and running a nursing provision within a non-health organisational setting.

The course is an important starting point to parish nursing practice because it imparts essential practice knowledge, such as applying principles of governance in a non-statutory setting, necessary to ensure parish nursing work is properly governed within professional and legal parameters; it is an opportunity to explore and deepen vocation and self-knowledge with other Christian nurses; it provides a peer group around individuals' professional development and learning; and it provides course participants with the language and model on which to base their practice.

"It was thorough in clarifying and applying the principles in practice outside the statutory health service setting and I am very impressed with how thorough and professional PMNUK are at ensuring the true governance around parish nursing." —Course Participant

"Left me realising how much I segregate my faith and nursing practise." —Course Participant

The Preparation for Parish Nursing Practice course was held exclusively online again this year. After successfully transitioning the course online in 2020, the Educator Team maintained high standards of core content and

delivery in 2021. Taking a responsive and flexible approach, improvements and adjustments were made in a timely manner to ensure accessibility throughout. Additional tutorials were put in place to support the informal learning that would've taken place through conversations in an in-person setting. As a result, seventeen nurses successfully completed the course in the year and received Parish Nursing Certification.

"I gained a great amount undertaking the Preparation for Parish Nursing Practice course in 2021; the holistic focus and how the parish nursing practice model is delivered on the ground became very clear to me as the weeks progressed."

"I was able to summarise the programme to our Parish Rector in a way that demonstrates the educative, preventative, restorative, supportive and palliative elements of the work, in a theory to practice way, utilising examples that we have worked through on the course, as well as from the videos and reading we have received. This has been very helpful and has shaped the next steps we will take as an organisation to develop the PN service."

"This is the first course I have ever undertaken which has fully integrated theological reflection, biblical readings, and prayer, as part of the overall learning journey, an experience I greatly appreciated."

"I am very much looking forward to the next phase of work, including linking with our regional coordinator, taking part in the next online event in February, as a Parish team, and progressing towards my personal certification and in time our service accreditation. Thank you for bringing us your experience and knowledge each week and for your overall coordination and delivery of an excellent learning experience."

—Bob, Course Participant, Northern Ireland, Nov 2021

Three

We mentor partner churches and nurses.

PNMUK CONTINUED TO be committed, responsive and proactive to a variety of needs and queries directly from our church partners through the Central office. This forms an integral part of the support we offer our partners, as Parish Nursing services are all different, each facing unique challenges locally and responding to diverse needs within local communities.

Regional Nurse Coordinators fostered partner relationships through one-to-one engagement with services, church leadership teams and parish nurses. Quarterly Communities of Practice (CoP) were facilitated by PNMUK, allowing much needed professional input alongside peer mentoring with additional professional updates throughout the year.

This was especially needed as the pandemic wore on. Parish nurses, with undeterred commitment faced unrelenting pressures alongside their church leadership teams.

As parish nurses coped with high levels of stress, isolation and increasing demands on their time, the CoPs proved a vital source of encouragement and resilience.

Regular professional updates and guidance from the Director of Nursing offered well-timed input, and specific to this year, updates, guidance, and policy revisions addressing Covid-19.

26 parish nurses attended the pilot PNMUK Masterclass in November 2021. This was another, new, layer of professional support for the parish nurses, in recognition of the high level of pressures on nurses and the risk of feeling isolated within a parish nursing role.

We were delighted to be championing parish nursing, and specifically our partner parish nursing services through social media platforms. The PNMUK social media footprint grew, mainly through Twitter, resulting in several fresh networking and awareness raising opportunities. PNMUK Keeping Connected on Facebook continued to offer a place for parish nurses to connect and share information and events, in a safe moderated space.



The stall within the Moor Market,
St Matthews Parish Nursing Team, Sheffield



"The stall opened in the spring. We see a variety of clients including market shoppers and stall holders. Some come for advice about a specific condition or health concern. Others come regularly to check their blood pressure or weight, and some come because they are lonely and feel isolated and like to catch up with us and share their news."

"We ran several health focussed events including a men's health week which was supplemented with videos on Facebook and a breast cancer awareness day to coincide with Wear It Pink. We also held a colouring competition for young people to get them thinking about how they could stay healthy in the holidays."

"We provided information packs in relation to long covid as we saw several clients who were struggling and on a long waiting list for a long covid clinic appointment. We have discussed poor mental health and referred clients to their GP or specialist support groups. We picked up some significant safeguarding concerns and have referred onto appropriate agencies to ensure the clients are safe and supported."

"We held an All Souls event for those who had lost loved ones and collected names for our memorial wall and prayers were said for all on All Souls day. We have provided prayer resources including prayer cards, rosary beads and information booklets"

—Michaela, lead parish nurse, St Matthew's Carver Street, Sheffield

Four

Symposium

AFTER AN ONLINE event in the previous year, we were delighted to meet in person again in March 2022 for the annual PNMUK Symposium. A strong programme of speakers was enhanced by two practical workshops.

Underpinning the event was time and space to worship, reflect and connect with others – an especially vital element of support and input for the parish nurses, after an exhausting and isolating time of giving throughout the pandemic. The event concluded with an open mic session where individual parish nurses shared a diversity of good practice examples as well as innovative collaborations and emerging opportunities. 65 people attended.



"Really appreciated the session on Chronic fatigue and recovery. Inspiring and informative."

"Great, feel a sense of encouragement, inspired!"

"Thank you for the wonderful organisation of the symposium, very enjoyable, great to meet everyone and share fellowship and learning together."

"I enjoyed the breadth of worship options and thought they were all excellent. I appreciated the emphasis on faith throughout the sessions. Everything was relevant and well planned. I appreciated being able to access CPR update. A huge thank you to you all."

"I have really enjoyed symposium, especially after such a long period of not meeting in person."

Five

Grow and develop relationships, partnerships, and wider network involvement

ACROSS THE UK, existing localised parish nursing partnership agreements with churches and Christian organisations include those offering support to:

Homelessness populations | Drug and alcohol users | Men, through Men's Shed collaborations
Ageing populations (dementia care, loneliness, leg and feet health, chair exercise and walking groups)
Vulnerable women | Asylum seekers | Diverse inner cities with high levels of deprivation
Schools | Carers | Mum's and Toddlers | Mental health support | Farming communities

PNMUK has much potential for continuing with existing network partnerships and developing new collaborations to extend the impact of Parish Nursing across communities throughout the UK. These are examples of established and emerging partnerships:

Existing

Westberg Faith Community Nursing International World Forum | Christians Against Loneliness
Christian Medical Fellowship Nurses and Midwives Advisory Committee
Churches for All | Christian Healing UK | Nursing and Midwifery Council | Cinnamon Network
Nursing Charities CEO group

New

Royal College of Nurses Professional Leads | Chief Nursing Officer, Wales
Relationship established with new lead within the Nursing and Midwifery Council (NMC)
Membership of the NHS England Community Nursing Stakeholder Advisory Panel

In addition, 2021/22 saw us reaching out to a wider diversity of church denominations, some of which will materialise into partnerships in the coming year. This is an area of focused strategic development for the next three years.

Other

Contribution to District Nurse Specialist Practitioner Qualification curriculum at Anglia Ruskin University and Glasgow Caledonian University

Collaboration with Open University research

Inputs to Open University research into informal carers Steering Group
Literature review into the spiritual care of nurses

Activities for Achieving our Objectives

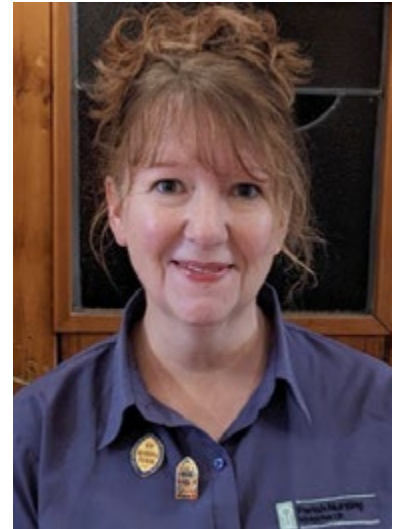
Grow and develop relationships, partnerships,
and wider network involvement

Morecambe Bay

The collaborative relationship between PNMUK, The Parish Nursing Service Emmanuel Community Church Barrow in Furness, and the University Hospitals Morecambe Bay NHS Trust, continued to provide effective transitional care to patients who had been discharged from the orthopaedic trauma ward at Furness Hospital and who without additional support, were thought to be at risk of early readmission or deterioration. Ruth MacDonald is the parish nurse taking the lead on this.

"My Irish ex physio volunteered at our chair exercise class today. St. Patrick's Day theme. Good fun for all. A lady has been coming for 8 weeks and testified she has more movement in her shoulder than for many years. She is thrilled she can now lift her arm above her head."

—Ruth, Parish Nurse, Emmanuel Community Church, Barrow in Furness



Farmers Markets

In collaboration with the Warwickshire Rural Hub, PNMUK provided a parish nurse to offer health screening, information, and advice to attendees at their Farmers Markets. As a result, over the course of two market dates, 55 blood pressure readings were taken with six follow up recommendations to visit a GP. Health discussions were welcomed, and advice subsequently issued on several topics, but specifically joint/back pain and pain management, Fibromyalgia, Aortic Aneurism screening, Restless Leg Syndrome, Arthritis, medication explanations, baby health issues, bereavement, stress management within the pressures of contemporary farming, and accompanying loneliness and isolation that is widely recognised within the farming profession.

The Dementia Café, Capel St Mary Methodist Parish Nursing Service, Suffolk

WHEN I STARTED to plan the Dementia Café, I had no idea of how important this group would be during the long period of lockdown

Due to the uncertainty surrounding changing restrictions under the pandemic, I decided to link a volunteer with each person who had initially attended so they could make telephone contact regularly and feedback any concerns to me. This proved to be invaluable, and relationships were strengthened between the volunteers and the clients. A bi-monthly newsletter, delivered by a doorstep visit, with news of our group including birthdays and anniversaries, a quiz, jokes page, exercises to do at home, reminiscence, a short devotion, and anything else that would be of interest to them kept loneliness and isolation at bay, and mitigated any worsening effects of dementia. If there were concerns raised about any of the group, I would follow it up with a visit. The impact of this initiative was summed up by one of our members:

"It is nearly a year since we last met up at the café and we have missed it so much. We are very grateful for the continued support and effort you have all made to keep in touch during our many periods of shielding or lockdown. We really look forward to and enjoy the newsletter with the various quizzes, jokes, and members news. We really did

appreciate the Christmas cards and gifts you delivered, and the organising of your helpers to contact us on a very regular basis, it really has helped to keep both {Bob} and myself going. Thank you again."*

From their son:

"I would just like to add a big thank you to you and your team as the difference it makes to Mum and Dad when they have attended is remarkable."

We are now meeting again, much to everyone's delight. Nearly everyone returned and we are now welcoming new people. We currently have 24 regular attendees (that includes Clients and Carers). We drink tea and eat homemade cake! We have a varied programme of activities including quizzes, games, crafts, singing and percussion and always have a chair-based exercise session to close with. I have an excellent team of ten committed volunteers and some additional people who will step in occasionally as needed.

Running this group has been a privilege and through it I have met some remarkable people, who are living with Dementia and the challenges that this brings.

Margaret, Parish Nurse, Capel St Mary

*Anonymised



Capel Parish Nurses received an award from the High Sheriff of Suffolk: "In recognition of the Outstanding Service to the Community in Suffolk during the Covid-19 Pandemic".

Six

We raise funds for stability and sustainability

TO CONTINUE TO be sustainable, we need to grow. Specifically we need much greater core capacity to support existing and new services, whilst developing additional resources and extending reach into new areas. This has been the focus of our fundraising over the past year.

The Hinchley Trust invested specifically in the Lead Educator, with a two-year grant to embed this post and develop the education offering. As a result we designed and delivered the Parish Nurse Assistants pilot course in March 22, in addition to the two Preparation for Parish Nursing Practice courses over the year. Overall, 29 people benefitted from our education offering through these online courses over the year, and are now either in the planning phase of setting up a service, or actively engaged in parish nursing.

New funding from The Goodnews Evangelical Mission has released capacity to build in the North of England, using the Regional Nurse Coordinator role to build relationally and using local knowledge and networks, in the region.

The Benefact Trust likewise awarded a three-year grant to extend reach into Wales and in the Northeast of England, focusing on new and innovative parish nursing practices. This fund allowed us to pilot an enhanced Regional Coordinator Role, which encompasses the 'Explore Online' remit. This pilot role is designed to have capacity to engage in regional networks that are new to PNMUK, with the aim to diversify our ecumenical and organisational base. We will also be doing active research in Wales to establish a Regional Coordinator Role in the country from 2023 to drive the promotion of Parish Nursing in a culturally relevant manner.

Key to our fundraising ambitions this year, has been the engagement of a fundraising consultant, to work alongside the CEO in developing a focus on Grants and Trusts, thereby diversifying our income streams (another key strategic goal).

The PNMUK Board of Trustees engaged the services of Yeomans Consultancy for a development day in October 2021, to identify next steps in the transition of the charity from Founder led to Governance led. The outcome was a clear picture of identified gaps, alongside a realistic plan of action for the immediate future. This will continue to be built on in 2022/23, with ambitions to have the essential structure in place to facilitate a strong strategic plan.

Governance

Parish Nursing Ministries UK is registered as a company limited by guarantee (without share capital), company number 5451295 and registered as a charity, charity number 1111680. Its governing document is its memorandum and articles of association.

The charity's trustees are also the directors for the purposes of the Companies Act.

The Board of trustees administers the charity. The development and delivery of strategy, day to day management of the charity's operational activities is the responsibility of the Chief Executive Officer, ably supported by the Director of Nursing who supports operations and leads on nursing liaison and developments.

Reflecting a broad range of experience in the public sector, church leadership, charity fundraising, finance/business, NHS and health care professional leadership, the Trustees have contributed actively to all aspects of service development and delivery during the year. Through their contact with regional coordinators and parish nurses at meetings and at our Annual Symposium, the Trustees remain connected with the charity's work on the ground.

Trustees continue to meet quarterly to oversee the strategy, finance, and corporate governance of the Charity. Finance and the corporate risk register are considered at all meetings.

Parish Nursing Ministries UK has neither custodian nor corporate trustees.

This report has been prepared having taken advantage of the small companies' exemption on the Companies Act 2006.



Debra Chand PNMUK Chair

2 December 2022

Financial Review

PROGRESS WAS MADE in 2021/22 in the charity's financial development. Specifically, the appointment of a Treasurer Trustee secured financial expertise at Board level. Additionally, the services of an external fundraising consultant enhanced the work of the CEO in diversifying the charities' income stream through a Grants and Trusts specialism. As a result, three significant grants were awarded in the year. These were from the Hinchley Charitable Trust, Goodnews Evangelical Mission and the Benefact Trust (previously known as Allchurches Trust).

With the lifting of Covid restrictions, operating expenses, such as travel expenses, started to increase with the view that these should return to pre-pandemic levels over the course of the next year.

Variable income, from courses and the annual Symposium, has been ringfenced to reinvest in these offerings, providing a risk-free base from which to plan future income generating events. In addition, annual contributions from church partners continued to form a core income stream, offsetting a portion of the cost of providing support to our partners.

We also received several ad hoc and regular donations from a small number of Churches and personal donors and supporters.

We are grateful to our grant funders and to all our church partners and donors for their consistent financial support throughout another tough year, without which, we could not continue our work.

Income

In 2021/22 our income came from:

- New Grant funding
- Personal and Church donations
- Grant funding – carried over
- Annual Partnership Contributions
- Variable – Education and Symposium income

How We Spent It

The main areas of expenditure were:

- Staff Salaries
- Overheads (office, equipment etc.)
- IT inputs and development
- Education and Symposium delivery

Summary of Our Financial Position

We ended the year with a Total income of £93,650 and expenditure £124,121 with total reserves carried forward of £80,034.

Reserves Policy

Our reserves policy states that we would hold sufficient reserves to ensure our recurrent outgoings (salaries and rent) for a period of three months and any creditors can be paid. Our total reserves should not fall below £50,000. At the year-end unrestricted reserves were £77,658 and restricted reserves were £2,376.

Financial Statements

Our financial accounts and statements can be found from page 16 of this report.

**PARISH NURSING MINISTRIES UK
INDEPENDENT EXAMINERS REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARISH NURSING MINISTRIES UK

Independent examiner's report to the trustees of Parish Nursing Ministries UK ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have satisfied my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006. Our independent examination work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our independent examination work for this report, or for the opinions we have formed.



Kerry Hilliard ACA FCCA CTA
for and on behalf of Stephenson Smart & Co

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Cambridgeshire
PE2 6LR

1 December 2022

PARISH NURSING MINISTRIES UK

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total	Total
	Notes	2022 £	2022 £	2022 £	2021 £
Income and endowments from:					
Donations and legacies	2	13,340	21,492	34,832	42,642
Charitable activities	5	58,733		58,733	50,188
Other trading activities	3	20	—	20	—
Investment income	4	65	—	65	102
Total Income		72,158	21,492	93,650	92,932
Expenditure on:					
Raising funds		—	—	—	—
Charitable activities	6	104,321	19,820	124,141	106,080
		104,321	19,820	124,141	106,080
Net (expenditure)/income for the year		(32,163)	1,672	(30,491)	(13,148)
Transfers between funds	16	4,116	(4,116)	—	—
Net movement in funds		(28,047)	(2,444)	(30,491)	(13,148)
RECONCILIATION OF FUNDS					
Total funds brought forward		105,705	4,820	110,525	123,673
TOTAL FUNDS CARRIED FORWARD		77,658	2,376	80,034	110,525

PARISH NURSING MINISTRIES UK

BALANCE SHEET AT 31 MARCH 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £	Total 2021 £
FIXED ASSETS:					
Tangible assets	12	1,343	—	1,343	1,382
CURRENT ASSETS					
Debtors	13	18,039	278	18,317	22,768
Cash at bank and in hand		79,284	56,106	135,390	90,384
		97,323	56,384	153,707	113,152
CREDITORS					
Amounts falling due within one year	14	21,008	54,008	75,016	4,009
NET CURRENT ASSETS		76,315	2,376	78,691	109,143
TOTAL ASSETS LESS CURRENT LIABILITIES		77,658	2,376	80,034	110,525
NET ASSETS		77,658	2,376	80,034	110,525
FUNDS					
Unrestricted funds	16			77,658	105,705
Restricted funds				2,376	4,820
TOTAL FUNDS				80,034	110,525

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibility for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the board of trustees on 23 November 2022 and were signed on its behalf by:



G Johnson – Trustee

Company Number: 05451295

Charity Number: 1111680

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical convention.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Parish Nursing Ministries UK is a charity and company limited by guarantee, registered in England and Wales. The charity's number and registered office can be found on the Company Information page.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Items are only considered as fixed assets if the value is greater than £200. Fixed assets are depreciated by an appropriate amount and using a method of depreciation appropriate to the asset. Depreciation is applied on 31 March including assets acquired in the accounting year. The assets held are depreciated by 20% per annum on a straight-line basis.

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making the assessment, judgements are made in estimating value in use. The directors consider that the individual carrying value of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to the financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Reserves

Reserves maintained are commensurate with financial needs.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	11,944	31,869
Gift Aid	1,396	5,273
Grants	21,492	5,500
	34,832	42,642

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Shop Income	20	—

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	65	102

5. INCOME FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
Course and symposium fees	26,003	7,206
Coordinator income	32,730	42,782
Miscellaneous income	—	200
	58,733	50,188

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (note 7)	Support costs (note 8)	Totals
	£	£	£
Charitable activities	15,103	109,038	124,141

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Course costs	1,263	1,204
Symposium costs	11,824	100
Coordinator costs	2,016	1,563
	15,103	2,867

8. SUPPORT COSTS

	Management	Finance	Governance	Totals
	£	£	£	£
Charitable activities	100,694	354	7,990	109,038

Support costs, included in the above, are as follows:

	2022	2021
	£	£
Management		
Staff costs	88,197	82,745
Pensions	1,223	1,069
Rent	4,007	6,614
Insurance	1,289	1,289
Telephone & IT	1,863	5,497
Postage and stationery	269	200
Advertising	500	162
Sundries	2,312	98
Bad debts	595	—
Depreciation of fixed assets	439	350
	100,694	98,024

continued...

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**8. SUPPORT COSTS** *continued*

	2022	2021
	£	£
Finance		
Bank charges	354	321
	354	321
	2022	2021
	£	£
Governance		
Trustees Expenses	119	—
Independent Examiner fees – independent examination	340	330
Independent Examiner fees – accounts production	795	750
Accountancy and legal fees	3,309	3,788
Professional fees	3,427	—
	7,990	4,868

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Independent Examiner fees – independent examination	340	330
Independent Examiner fees – accounts production	795	750
Depreciation – owned assets	399	350

10. TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

	2022	2021
	£	£
Trustees' expenses		
Trustees' expenses	119	—

Expense reimbursements were paid to 1 trustee (2021: 0) during the year for travel and subsistence.

11. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	87,945	82,488
Social security costs	251	257
Pension	1,223	1,069
	89,420	83,814

During the year, key management personnel were paid £24,500 (2021: £24,500). No staff were paid over £60,000 during the year (2021: 0).

The average number of employees during the year was 11 (2021: 11).

12. TANGIBLE FIXED ASSETS

	Computer Equipment
	£
COST	
At 1 April 2021	3,357
Additions	400
Disposals	—
At 31 March 2022	3,757
DEPRECIATION	
At 1 April 2021	1,975
Depreciation charged in the year	439
Depreciation eliminated on disposals	—
At 31 March 2022	2,414
NET BOOK VALUE	
At 31 March 2022	1,343
At 31 March 2021	1,382

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	16,491	5,262
Prepayments and accrued income	1,826	17,506
	18,317	22,768

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	10,495	1,594
Accruals and deferred income	62,876	2,415
Taxation and other social security	1,645	—
	75,016	4,009

15. LEASING ARRANGEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022	2021
	£	£
Within one year	—	—
Between one and five years	—	—
	—	—

16. MOVEMENT IN FUNDS

	At 01/04/21	Incoming Resources	Resources Expended	Transfers between funds	At 31/03/22
	£	£	£	£	£
Unrestricted funds					
General fund	105,705	72,158	(104,321)	4,116	77,658
Total Unrestricted	105,705	72,158	(104,321)	(4,116)	77,658
Restricted funds					
Benefact Trust Grant	—	11,912	(11,055)	—	857
Goodnews Evangelical Mission	—	3,750	(2,477)	—	1,273
Hinchley fund	—	5,830	(5,584)	—	246
Liz and Terry Bramall Foundation	504	—	(504)	—	—
Mercer Fund	4,316	—	(200)	(4,116)	—
Total Restricted	4,820	21,492	(19,820)	(4,116)	2,376
TOTAL FUNDS	110,525	93,650	(124,141)	—	80,034

Comparatives for movements in funds

	At 01/04/20	Incoming Resources	Resources Expended	Transfers between funds	At 31/03/21
	£	£	£	£	£
Unrestricted funds					
General fund	93,894	94,622	(104,175)	21,364	105,705
Restricted funds					
Ely Diocese Fund	3,605	(1,690)	(929)	(2,629)	—
St Pauls Fund	236	—	—	(236)	—
Liz and Terry Bramall Foundation	4,932	—	(976)	(3,499)	504
Mercer Fund	21,006	—	—	(15,000)	4,316
Co-op Funding	—	—	—	—	—
Total Restricted	29,779	(1,690)	(1,905)	(21,364)	4,820
TOTAL FUNDS	123,673	92,932	(106,080)	—	110,525

continued...

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. MOVEMENT IN FUNDS *continued*

The Hinchley Charitable Trust Grant is for the remuneration of the Lead Educator role along with associated costs of delivery (travel expenses, CPD, IT software and support, and zoom licence). The Lead Educator leads on the delivery of the Preparation for Parish Nursing Practice course and contributes to the delivery of the Annual Symposium.

The Goodnews Evangelical Mission Grant is for the remuneration of Regional Nurse Coordinator salaries for the north/northeast of England with associated costs of delivery (travel expenses, CPD, Marketing & promotion, Management allocation).

The Benefact Trust Grant is for the remuneration of a pilot role in the mid/northeast of England to enhance the current Regional Coordinator role, with associated costs of delivery. It is also for the remuneration of the current Regional Nurse Coordinator role in the mid/northeast with associated costs of delivery. Associated support and management costs are also allowed under this Grant.

The transfer of funds from the Mercer fund to unrestricted funds in 2022 relates to the subsidising of the coordination costs of the existing parish nursing projects in the regions covered by the grant.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022 nor 31 March 2021.

	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	11,944	31,869
Gift Aid	1,396	5,273
Grants	21,492	5,500
	34,832	42,642
Other trading activities		
Shop Income	20	—
Investment income		
Deposit account interest	65	206
Charitable activities		
Course and symposium fees	26,003	7,206
Coordinator income	32,730	42,782
Miscellaneous income	—	200
	58,733	50,188
Total incoming resources	93,650	92,932

	2022	2021
	£	£
EXPENDITURE		
Charitable activities		
Course costs	1,263	1,204
Symposium costs	11,824	100
Coordinator costs	2,016	1,563
	15,103	2,867
Support costs – Management		
Staff costs	88,197	82,745
Pensions	1,223	1,069
Rent	4,007	6,614
Insurance	1,289	1,289
Telephone & IT	1,863	5,497
Postage and stationery	269	200
Advertising	500	162
Sundries	2,312	98
Bad debts	595	—
Depreciation of fixed assets	439	350
	100,694	98,024
Support costs – Finance		
Bank charges	354	321
Support costs – Finance		
Trustees Expenses	119	—
Independent Examiner fees – independent examination	340	330
Independent Examiner fees – accounts production	795	750
Accountancy and legal fees	3,309	3,788
Professional fees	3,427	—
	7,990	4,868
Total resources expended	124,141	106,080
Net income	(30,491)	(13,148)

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Parish Nursing Ministries UK

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Registered Charity 1111680