

PARISH NURSING MINISTRIES UK

England & Wales · Charity number 1111680

Details

Status Registered

Legal form Charitable company

Company number [05451295](#)

Registered 2005-10-13

Register [View on the Charity Commission register](#)

Contact

Address 26 North Street
Peterborough
PE1 2RA

Phone 01733233546

Website www.parishnursing.org.uk

Activities

Objects: A) THE PRESERVATION AND PROTECTION OF GOOD HEALTH AMONG COMMUNITIES THROUGHOUT THE UK BY THE PROVISION OF ASSISTANCE IN FUNDING THE COSTS AND TRAINING OF PARISH NURSES AND BY ASSISTING IN THE EDUCATION AND TRAINING OF SAID PARISH NURSES.B) THE ADVANCEMENT OF THE CHRISTIAN FAITH THROUGHOUT THE UK BY THE PROMOTION OF PARISH NURSING AND ASSISTING IN THE ESTABLISHMENT AND TRAINING OF PARISH NURSE INITIATIVES. C) TO SUPPORT SPECIFIC OVERSEAS PARISH NURSING INITIATIVES

Activities: Education of qualified registered nurses so that they can work with their church to provide health care (physical, mental and spiritual), advice and advocacy to their local community.Ongoing support for in post nurses and their appointing churches.Continuing education in the form of training days and an annual symposium.

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** UNITED KINGDOM
- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£123,347	£195,100	-	-
2024-03-31	£212,896	£179,771	-	-
2023-03-31	£156,077	£131,723	-	-
2022-03-31	£93,650	£124,121	-	-
2021-03-31	£92,932	£106,080	-	-

Trustees

Name	Role	Appointed
Steven Paul Fouch	Chair	2018-01-26
Amanda Christine Allchorn		2021-02-27
Barbara Anne MacFarlane		2023-08-01
Fr Damian Feeney		2024-02-01
Glen Michael Johnson		2021-10-19
Joycelyn Fletcher		2021-06-01
Madeleine Watts		2026-05-17
Rev Jonathan Page Edwards		2018-08-01
Robert James Brown		2023-11-01

Accounts

Parish Nursing Ministries UK

Independent Examiner's Report and Accounts
Year ended 31 March 2025

Stewardship 
Active generosity

1 Lamb's Passage, London EC1Y 8AB
www.stewardship.org.uk

PARISH NURSING MINISTRIES UK
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2025

Trustees	Steve Fouch - Chair Amanda Allchorn Robert James Brown Rev Jonathan Edwards Barbara MacFarlane Fr Damian Feeney Joyce Fletcher Glen Michael Johnson
Key Staff	Sue Bretherick (CEO)
Governing Document	Memorandum and Articles of Association dated 12 May 2005 and amended 18 September 2005, 10 November 2006 and 9 November 2007.
Company Registration Number	1111680
Charity Registration Number	05451295
Registered Office	The Hope Centre 26 North Street Peterborough Cambridgeshire PE1 2RA
Independent Examiner	Sarah Crispin ACA Stewardship 1 Lamb's Passage London EC1Y 8AB
Bankers	Lloyds Bank

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**TRUSTEE'S ANNUAL REPORT
(INCORPORATING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025**

The Trustees, who are the charity's directors for the purposes of company law, have pleasure in submitting the Report and Accounts for the year.

Objects of the charity

The charity is a charitable company and is governed by its memorandum and articles of association. The objects of the charity, as set out in the governing document are:

- a) To promote community health across the UK by funding and training Parish Nurses, and supporting their education.
- b) To advance the Christian faith in the UK by promoting Parish Nursing and supporting the establishment and training of Parish Nurse initiatives.
- c) To support specific overseas Parish Nursing initiatives.

Summary of the charity's main activities and achievements

To further the above objects and vision, the charity's main activities and achievements were as follows:

- a) Funding, training and supporting Parish Nurse education

The Parish Nursing Ministries UK (PNMUK) Lead Educator continued to develop and deliver essential courses to a high standard, supported by an experienced team of educators and regional nurse coordinators. Two Preparation for Parish Nursing Practice courses were completed by 14 nurses, and two Parish Nurse Assistants' courses were completed by 5 Parish Nurse Assistants. Looking forward, a refresher course for longstanding Parish Nurses will be piloted in 2025 for those wishing to update themselves on the latest curriculum. Grant funding from The Hinchley Charitable Trust, with match funding from other charitable trusts and foundations, ensured we were able to meet our education objectives.

Sixty-eight Parish Nurses, staff members, Trustees and visiting speakers gathered for the PNMUK Annual Symposium in September 2024. All benefited from Continued Professional Development, times of worship, fellowship and encouragement, as well as key networking opportunities.

Partnership webinar events continued to equip Parish Nurses and evaluate well. Topics were chosen after feedback from Parish Nurses at the annual symposium and from emerging themes in Communities of Practice. Listening to their needs ensures efficacy in the use of resources and relevance to their practice. Over the year, the following sessions were offered:

- Safeguarding and Legal issues in Parish Nursing practice (delivered by a PNMUK employee, who is also a parish nurse and the safeguarding trainer for the Central Baptist Association)
- Loneliness and mental health (delivered by Linking Lives)
- Palliative care (delivered by Christians in Care)
- Managing the unexpected in Parish Nursing ministry (delivered by a PNMUK employee)
- Moving Medicine (delivered by the Active Wellness Research Centre, Sheffield Hallam University)

Training and support costs for Parish Nurses in the year were subsidised by grants from Christian charitable trusts and foundations. The Trustees conducted a partner contribution cost review which resulted in a recommendation for a long overdue inflationary increase in the 2025/26 financial year for all courses and events. In addition, PNMUK will deliver all Preparation for Parish Nursing Practice courses online in 2025/26 to further ensure affordability and accessibility for participants.

b) Supporting the establishment and training of Parish Nurse initiatives

Parish Nursing Ministries UK supported ninety-one partner churches over the year. Support given by the charity included detailed planning assistance, through to setting up and accreditation for new Parish Nursing services, as well as offering ongoing support and re-accreditation for more established services. Church partners' annual contributions, and payments made for planning services, part-funded the Regional Nurse Co-ordinator posts and expenses. Further dedicated funding for the role of Central Onboarding Co-ordinator ensured that services were well set up through a robust and timely process.

A total of sixty-two individuals attended Explore Online events. These were delivered quarterly for individuals, churches and Christian organisations interested in finding out about Parish Nursing. Thirty-seven churches or Christian organisations were represented, of which ten went on to set up a new Parish Nursing service. Of note is the establishment of the St James Holywell Parish Nursing Service in Wales – this reestablishes Parish Nursing in Wales after a significant period of absence, with the support of funding from the Benefact Trust.

In partnership with the Farming Community Network, health support offered to farmers and farming communities at Stoneleigh and Thrapston Livestock markets continued to be well-received and valued. One hundred and forty people sought health advice from the Parish Nurses present at eight markets over the course of the year. Blood pressure readings were taken, themed health advice was given on topics such as men's health, skin cancer awareness, hypertension, mental health, alcohol and drug use, and many support conversations took place around recent diagnoses and upcoming medical appointments.

The partnership work between the University Hospitals of Morecambe Bay NHS Foundation Trust, Emmanuel Community Church (Barrow-in-Furness) and PNMUK came to a natural end as the lead Parish Nurse stepped down from Parish Nursing in April 2025, after 10 years of practice. An evaluation of the impact of this partnership project indicated that in this timeframe, 100 patients who were discharged from hospital received support from the Parish Nurse to continue to recover in their home environment, thereby reducing the need for readmission. This early intervention model identified those who were deteriorating after discharge and ensured that swift actions and support were put in place to avoid readmission. Enhanced connection with the community, spiritual connectedness and physical/mental health support were all elements of the success of this work.

c) To support specific overseas Parish Nursing initiatives

The charity continues to implement an active partnership agreement with the Westberg Institute of Faith Community Nursing (Spiritual Care Association, USA). Course curriculum review and implementation, regular networking meetings with Parish Nursing organisations from other countries and contributions to the Annual Westberg Symposium all formed part of our activities under this agreement over the past year. Updates, innovative practices and internationally relevant nursing trends and concerns provided information, encouragement and support throughout the year.

In planning the activities, the Trustees have applied the guidance on public benefit issued by the Charity Commission.

Structure, Governance and Management

Responsibility for setting policy and for determining the parameters within which the charity should operate rests with the Trustees, who meet regularly to monitor the activities of the charity.

Responsibility for the day-to-day operation of the charity has been delegated to a senior management team led by Sue Bretherick, CEO. Various sub-committees support the CEO in individual workstreams, drawing on specific expertise within the Board of Trustees. New Trustees are recruited and appointed by the existing Trustees by a majority vote.

Financial Review

During the year, income decreased by £89,549 to £123,347, and expenditure increased by £15,329 to £195,100. The charity's net assets decreased by £71,752 to £65,761.

PNMUK saw an overall decrease in income over the year as a result of the ending of a couple of large grants. All fundraising efforts towards replacing these with similar large grants proved unsuccessful. Donations from charitable trusts, against a challenging fundraising backdrop, were therefore 80% less than the previous year. We maintained a dedicated focus with ongoing fundraising and ended the year with a small increase in individual donations. As we continue to develop as a charity, we are committing to trialling other well-known fundraising initiatives in 2025 and working towards diversifying income streams.

There was a reduction in expenditure as a careful operational response to the reduction in income, which did not affect core delivery. One example was the closure of the physical office and the move to a fully remote organisation.

The Trustees remain grateful to the church partners, individuals and charitable trusts that supported the charity over the course of the year.

Reserves Policy

The Trustees have determined that the charity should aim to hold unrestricted cash of no less than **£36,103 – £60,172** (which equates to about **3-5** months' of unrestricted expenditure) so that the charity could continue to operate should income and / or expenditure vary adversely. At the year end, the charity held unrestricted cash of £56,220 and the charity is complying with its reserves policy.

Key risks and uncertainties

The charity is exposed to various risks - be they operational, financial or reputational. The Trustees review the charity's activities quarterly to identify significant risks and, where possible, they take appropriate measures to mitigate those risks.

Responsibilities of Trustees under company law

The Trustees are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the Trustees are required to:

1. Select suitable accounting policies and apply them consistently;
2. Observe the methods and principles in the Charities SORP;
3. Make judgements and estimates that are reasonable and prudent;
4. State whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on a going-concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report, which has been prepared in accordance with the provision of the Companies Act 2006 relating to small companies, was approved by the Trustees and signed on their behalf by:

Steven Fouch
Steven Fouch (Sep 19, 2025 15:47:09 GMT+1)

Steven Fouch (Chair of Trustees)

Date: Sep 19, 2025

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF
PARISH NURSING MINISTRIES UK
('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025 on pages 6 to 15 following, which have been prepared on the basis of the accounting policies set out on pages 8 and 9.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Crispin
Sarah Crispin (Sep 25, 2025 11:14:26 GMT+1)
Sarah Crispin ACA
Stewardship
1 Lamb's Passage
London
EC1Y 8AB

Date: Sep 25, 2025

PARISH NURSING MINISTRIES UK
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
INCOME AND ENDOWMENTS FROM:					
Donations	3	28,400	20,000	48,400	123,562
Charitable activities	4	70,901	-	70,901	84,646
Other trading activities	5	84	-	84	66
Investments	6	3,962	-	3,962	4,622
Total income and endowments		103,347	20,000	123,347	212,896
EXPENDITURE ON:					
Charitable activities	7	111,533	73,624	185,157	169,831
Raising funds	8	9,942	-	9,942	9,940
Total expenditure		121,475	73,624	195,100	179,771
Net income/(expenditure)		(18,128)	(53,624)	(71,752)	33,125
Transfers between funds	15	590	(590)	-	-
Net movement in funds		(17,538)	(54,215)	(71,752)	33,125
Reconciliation of funds:					
Total funds brought forward		80,794	56,719	137,513	104,388
Total funds carried forward	15	63,256	2,505	65,761	137,513

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing operations.

The statement of financial activities also complies with the requirements for an income and expenditure account required by the Companies Act 2006.

The notes on page 8 - 14 form part of these accounts.

PARISH NURSING MINISTRIES UK

BALANCE SHEET

AS AT 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
FIXED ASSETS					
Tangible assets	10	3,330	-	3,330	1,153
		<u>3,330</u>	<u>-</u>	<u>3,330</u>	<u>1,153</u>
CURRENT ASSETS					
Debtors	11	13,748	-	13,748	9,374
Cash at bank and in hand	12	56,220	2,505	58,725	135,704
		69,968	2,505	72,472	145,077
CREDITORS: Amounts falling due within one year					
	13	(10,042)	-	(10,042)	(8,717)
Net current assets / (liabilities)		<u>59,925</u>	<u>2,505</u>	<u>62,431</u>	<u>136,360</u>
TOTAL NET ASSETS					
		<u>63,256</u>	<u>2,505</u>	<u>65,761</u>	<u>137,513</u>
FUND BALANCES					
Unrestricted Funds	15				
General funds		44,570	-	44,570	68,378
Designated funds		18,687	-	18,687	12,416
		<u>63,256</u>	<u>-</u>	<u>63,256</u>	<u>80,794</u>
Restricted Funds		-	2,505	2,505	56,719
		<u>63,256</u>	<u>2,505</u>	<u>65,761</u>	<u>137,513</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006 however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an independent examiner and their report has been included in these financial statements.

The directors (who are the charitable company's trustees for the purposes of charity law) acknowledge their responsibilities

- (a) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its net income or expenditure for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors and were signed on its behalf by:

Steven Fouch
Steven Fouch (Sep 19, 2025 15:47:09 GMT+1)
 Steven Fouch

Date: Sep 19, 2025

Company number: 1111680

Charity number: 05451295

The notes on page 8 - 14 form part of these accounts.

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1 Statutory Information

The charity is a charitable company limited by guarantee and is incorporated in the United Kingdom. The company's registered number and registered office address can be found on the Company Information page.

2 Accounting Policies

These financial statements are prepared on a going concern basis, under the historical cost convention.

These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102"), with the Companies Act 2006 and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

The principles adopted in the preparation of the financial statements are set out below.

a) Going concern

The trustees (who are the charitable company's directors for the purposes of company law) have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and the possible implications should projected income and / or expenditure vary unexpectedly. The trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue to operate for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

b) Income

Income including investment income is recognised in the period in which the charity becomes entitled to receipt, the amount receivable can be measured with reasonable certainty, and receipt is probable. For the most part, income is generally recognised when it is received. Income is only deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Income from donations includes:

Recoverable gift aid. This is recognised when the related donation is received. Gift aid that has not been recovered by the balance sheet date is included as a debtor.

Income from charitable activities represents income receivable from goods, services and facilities supplied in furtherance of the charity's charitable objects. It includes income from courses and symposiums and from Coordinators.

Investment income represents income generated by the charity's assets and includes income from bank interest.

c) Expenditure

Expenditure, including irrecoverable VAT, is recognised when it is incurred or, if earlier, when a legal or constructive obligation for a payment arises provided that it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure on raising funds comprises the costs incurred on professional fundraising fees.

Governance costs, which are included in expenditure on charitable activities but are identified separately in the notes to the accounts, includes costs associated with the independent examination of the financial statements, compliance with constitutional and statutory requirements and any other expenditure incurred on the strategic management of the charity.

d) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Restricted funds are donations which are to be used in accordance with specific restrictions imposed by donors; they include donations received from appeals for specific activities or projects.

e) Tangible fixed assets

Items purchased or donated for the charity's own use are capitalised when the cost of purchased items, or the fair value of donated items, is more than £200 and the item is expected to benefit the charity over more than one accounting period. Depreciation is charged on a straight line basis so as to write down the value of each asset to its estimated residual value (if any) over its expected useful economic life. To achieve this objective the following rates of depreciation are charged:

Equipment	Over 5 years
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The carrying values of tangible fixed assets are reviewed for impairment in periods when events or changes in circumstances indicate that the carrying value may not be recoverable.

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

2 Accounting Policies (cont.)

f) Pension scheme arrangements

The charity operates defined contribution pension schemes for its employees. Obligations for contributions to these schemes are recognised as an expense when the liability arises. The assets of these schemes are held separately from those of the charity in independently administered funds.

g) Taxation

The company is a registered charity; it has taken advantage of the various reliefs from taxation available to charities and no tax is payable on the charity's income.

h) Exemption from preparing a cashflow statement

The charity has taken advantage of an exemption conferred by the Charities SORP and has not prepared a cash flow statement.

i) Critical accounting estimates and areas of judgement

The trustees do not consider that there are any material sources of estimation or uncertainty at the balance sheet date that could result in a material adjustment to the carrying values of assets and liabilities in the next reporting period.

3 Donations

	2025	2024
	£	£
Donations of cash and similar	19,369	13,470
Other grants receivable	27,000	108,953
Income tax recoverable	2,031	1,139
	<u>48,400</u>	<u>123,562</u>

4 Income from charitable activities

	2025	2024
	£	£
Course and symposium fees	28,884	30,545
Coordination income	42,017	54,101
	<u>70,901</u>	<u>84,646</u>

5 Income from other trading activities

	2025	2024
	£	£
Shop income	84	66
	<u>84</u>	<u>66</u>

6 Investment income

	2025	2024
	£	£
Bank interest	3,962	4,622
	<u>3,962</u>	<u>4,622</u>

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

7 Charitable expenditure		
	2025	2024
	£	£
a Costs incurred directly on specific activities		
Staff costs	56,227	56,586
Course costs	2,810	3,287
Coordinator costs	4,419	4,652
Symposium costs	13,358	13,569
	<u>76,814</u>	<u>78,094</u>
b Costs incurred on support & administration		
Governance costs		
Independent examiner's fee	2,160	1,920
	<u>2,160</u>	<u>1,920</u>
Staff costs	72,873	64,535
Rent & utilities	3,315	4,170
Insurance	1,475	1,239
Telephone & IT	5,248	4,979
Accountancy & legal fees	5,060	6,313
Marketing & communications	14,687	7,155
Other support costs	1,693	1,015
Depreciation of tangible fixed assets	642	411
Bad debt	1,190	-
	<u>108,343</u>	<u>91,737</u>
Total expenditure	<u><u>185,157</u></u>	<u><u>169,831</u></u>
8 Cost of raising funds		
	2025	2024
	£	£
Fundraising costs	9,942	9,940
	<u>9,942</u>	<u>9,940</u>
9 Analysis of staff costs, the cost of key management personnel and trustee remuneration		
	2025	2024
	£	£
Gross wages and salaries	125,702	115,520
Social security	1,261	890
Pension costs	1,786	1,709
	<u>128,749</u>	<u>118,120</u>

The average monthly number of employees during the year was 12 (2024: 12). Most of the charity's activities are carried out by volunteers.

No staff received salaries at a rate of more than £60,000 per annum.

The charity's key management comprise the trustees and the key staff named on the Company Information page. During the year key staff received employment benefits totalling £32,771 (2024: £28,342).

No trustees received employment benefits in either the current or preceding year.

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

10 Tangible fixed assets

	Computer Equipment £	Total 2025 £
Cost		
At 1 April 2024	4,332	4,332
Additions	2,820	2,820
At 31 March 2025	<u>7,152</u>	<u>7,152</u>
Accumulated depreciation		
At 1 April 2024	3,179	3,179
Charge for the year	642	642
At 31 March 2025	<u>3,821</u>	<u>3,821</u>
Net book value		
At 31 March 2025	<u>3,330</u>	<u>3,330</u>
At 31 March 2024	<u>1,153</u>	<u>1,153</u>

11 Debtors

	2025 £	2024 £
Falling due within one year:		
Trade debtors	1,225	3,814
Tax recoverable	2,027	1,134
Prepayments and accrued income	10,496	4,426
	<u>13,748</u>	<u>9,374</u>

12 Cash at Bank and in Hand

	2025 £	2024 £
Cash at bank with immediate access	58,725	135,704
	<u>58,725</u>	<u>135,704</u>

13 Creditors: liabilities falling due within one year

	2025 £	2024 £
Trade creditors	1,195	1,815
Taxation and social security	2,108	2,134
Accruals & deferred income	6,740	4,767
	<u>10,042</u>	<u>8,717</u>

14 Pension commitments

During the year employer's pension contributions totalling £1,786 (2024: £1,709) were payable to defined contribution personal pension schemes. £nil in pension contributions were owing at the balance sheet date (2024: £413).

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

15 Funds

During the year the movements in the charity's funds were as follows:

	Opening balance 2025 £	Incoming resources 2025 £	Outgoing resources 2025 £	Transfers in the year 2025 £	Gains and losses 2025 £	Closing balance 2025 £
<i>Designated Funds</i>						
Training, Development & Wellbeing Fund	12,416	25,304	(19,033)	-	-	18,687
	12,416	25,304	(19,033)	-	-	18,687
<i>General Unrestricted Funds</i>	68,378	78,044	(102,442)	590	-	44,570
Total Unrestricted Funds	80,794	103,347	(121,475)	590	-	63,256
<i>Restricted Funds</i>						
Benefact Trust Grant	43,432	-	(42,841)	(590)	-	-
Regional Fund	6,221	10,000	(16,221)	-	-	-
Goodnews Evangelical Mission	923	-	(923)	-	-	-
Hinchley Fund	5,000	7,000	(9,496)	-	-	2,505
Central Onboarding Coordinator Fund	-	3,000	(3,000)	-	-	-
Anne French Memorial Trust	1,143	-	(1,143)	-	-	-
	56,719	20,000	(73,624)	(590)	-	2,505
Aggregate of funds	137,513	123,347	(195,100)	-	-	65,761

The transfers referred to above were made for the following reasons:

- a) Costs incurred for two Regional Nurse Coordinators to attend the September 24 Symposium. These costs were included in the Restricted Benefact Trust Grant and paid from the General Unrestricted Funds.

Analysis of net assets by fund

The assets and liabilities of the various funds were as follows:

	<u>Unrestricted Funds</u>		Restricted funds	2025
	General funds	Designated funds	funds	£
	£	£	£	
Tangible fixed assets	3,330	-	-	3,330
Debtors	11,772	1,976	-	13,748
Cash at bank and in hand	39,509	16,711	2,505	58,725
Creditors falling due within one year	(10,042)	-	-	(10,042)
	44,570	18,687	2,505	65,761

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

15 Funds (cont.)

In the previous year the movements in the charity's funds were as follows:

	Opening balance 2024 £	Incoming resources 2024 £	Outgoing resources 2024 £	Transfers in the year 2024 £	Gains and losses 2024 £	Closing balance 2024 £
<i>Designated Funds</i>						
Regional Nurse Coordinator Fund	5,250	-	-	(5,250)	-	-
Training, Development & Wellbeing Fund	3,815	27,680	(19,079)	-	-	12,416
	9,065	27,680	(19,079)	(5,250)	-	12,416
<i>General Unrestricted Funds</i>	87,918	76,263	(95,803)	-	-	68,378
Total Unrestricted Funds	96,983	103,943	(114,882)	(5,250)	-	80,794
<i>Restricted Funds</i>						
Benefact Trust Grant	6,603	65,000	(28,171)	-	-	43,432
Regional Fund	-	15,750	(14,779)	5,250	-	6,221
Goodnews Evangelical Mission	-	7,000	(6,077)	-	-	923
Hinchley Fund	802	14,203	(10,005)	-	-	5,000
Central Onboarding Coordinator Fund	-	5,000	(5,000)	-	-	-
Anne French Memorial Trust	-	2,000	(857)	-	-	1,143
	7,405	108,953	(64,889)	5,250	-	56,719
Aggregate of funds	104,388	212,896	(179,771)	-	-	137,513

Analysis of net assets by fund

In the previous year, the assets and liabilities of the various funds were as follows:

	<u>Unrestricted Funds</u>			
	General funds £	Designated funds £	Restricted funds £	2024 £
Tangible fixed assets	1,153	-	-	1,153
Debtors	9,374	-	-	9,374
Cash at bank and in hand	66,568	12,416	56,719	135,704
Creditors falling due within one year	(8,717)	-	-	(8,717)
	68,378	12,416	56,719	137,513

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

15 Funds (cont.)

Restricted funds:

The Benefact Trust Grant is for the remuneration of a pilot role in the mid/northeast of England to enhance the current Regional Coordinator role, with associated costs of delivery. Development work to re-establish parish nursing in Wales with associated costs of Regional Coordinator salary and expenses as well as Comms and fundraising support. It is also for the remuneration of the current Regional Nurse Coordinator role in the mid/northeast with associated costs of delivery. Associated support and management costs are also allowed under this grant.

The Regional Fund is an accumulation of small grants towards Regional Nurse Coordinator salaries and costs across different regions in the UK.

The Hinchley Charitable Trust Grant is for the remuneration of the Lead Educator role along with associated costs of delivery (travel expenses, CPD, IT software & support and zoom licence). The Lead Educator leads on the delivery of the Preparation for Parish Nursing Practice course and contributes to the delivery of the Annual Symposium.

The Goodnews Evangelical Mission Grant was for the remuneration of the Central Onboarding Coordinator role as well as the Regional Coordinator salary for the West Midlands.

The Central Onboarding Coordinator Fund was for the salary & costs associated with this role.

The Anne French Memorial Trust is for the Regional Nurse Coordinator salary and costs in the East of England, to develop parish nursing in this region.

Designated

The Training, Development & Wellbeing Fund is the income made on courses and the symposium, that is then re-directed back into these categories, as well as towards CPD for the staff team.

16 Operating lease commitments

The charity had an operating lease for its office building with a three month break clause which it terminated on 31 January 2025. The minimum amount payable in respect of this lease was as follows:

	2025 £	2024 £
Payments falling due:		
Within one year	-	900
Between one and five years	-	-
After five years	-	-
	<u>-</u>	<u>900</u>

During the year the charity was charged £3,000 (2024: £3,600) for its operating lease.

17 Transactions with related parties

During the year the charity:

- a) received donations totalling £5,363 (2024: £1,908) from related parties (which includes trustees, any other members of key management and anyone closely connected to them).
- b) paid expenses totalling £510 (2023: £nil) to 4 (2023: nil) trustees for travel whilst carrying out duties associated with being trustees; reimbursements for expenses incurred when acting as agent for the charity or incurred when undertaking employment duties not connected with serving as a trustee are not included in this disclosure.

Except as disclosed in note 9 'Analysis of staff costs', there have been no other transactions with related parties during the year.

18 Members

Each member of the company commits to contribute if the charity is wound up an amount of £10.

PARISH NURSING MINISTRIES UK
DETAILED STATEMENT OF FINANCIAL ACTIVITIES WITH COMPARATIVES
FOR THE YEAR ENDED 31 MARCH 2025

	Note	<u>Unrestricted funds</u>				<u>Unrestricted funds</u>			
		General 2025 £	Designated 2025 £	Restricted 2025 £	Total 2025 £	General 2024 £	Designated 2024 £	Restricted 2024 £	Total 2024 £
INCOME AND ENDOWMENTS FROM:									
Donations	3	28,400	-	20,000	48,400	14,609	-	108,953	123,562
Charitable activities	4	45,597	25,304	-	70,901	56,966	27,680	-	84,646
Other trading activities	5	84	-	-	84	66	-	-	66
Investments	6	3,962	-	-	3,962	4,622	-	-	4,622
Total income and endowments		78,044	25,304	20,000	123,347	76,263	27,680	108,953	212,896
EXPENDITURE ON:									
Charitable activities:	7	92,500	19,033	73,624	185,157	85,864	19,079	64,889	169,831
Raising funds	8	9,942	-	-	9,942	9,940	-	-	9,940
Total Expenditure		102,442	19,033	73,624	195,100	95,803	19,079	64,889	179,771
Net income/(expenditure)		(24,398)	6,270	(53,624)	(71,752)	(19,540)	8,601	44,064	33,125
Transfers between funds	15	590	-	(590)	-	-	(5,250)	5,250	-
Other recognised gains/(losses):		(23,808)	6,270	(54,215)	(71,752)	(19,540)	3,351	49,314	33,125
Other gains/(losses)		-	-	-	-	-	-	-	-
Net movement in funds		(23,808)	6,270	(54,215)	(71,752)	(19,540)	3,351	49,314	33,125
Reconciliation of funds:									
Total funds brought forward		68,378	12,416	56,719	137,513	87,918	9,065	7,405	104,388
Total funds carried forward	15	44,570	18,687	2,505	65,761	68,378	12,416	56,719	137,513

Accounts



Parish Nursing Ministries UK

Annual Report
2024

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A Note from Our Chair

I assumed the chairmanship of Parish Nursing Ministries UK (PNMUK) in October 2023, taking over from Debra Chand, who had ably steered the charity through a time of transition in the management team. Overseeing the handover from PNMUK founder Helen Wordsworth and the CEO Rosalyn Moore to Sue Bretherick and Anne Taylor, Debra maintained continuity and leadership for the charity through not only that time of change but also the three years of the COVID-19 pandemic. Debra's calm leadership and steady but light hand on the tiller created the conditions for Sue and Anne to take up their leadership roles. I joined a well-led leadership team that was asking the question:

What sort of organisation do we need to be to achieve our vision and mission in the years to come?

In its relatively short existence, PNMUK has made significant strides. We have trained and supported over a **hundred Parish Nurses** and parish nursing projects whose work has had a profound impact on the health and wellbeing of numerous communities across the UK. This impact sets PNMUK apart from many other healthcare charities, demonstrating the value and importance of our work.

Despite our small staff team, our achievements are a testament to our resilience and dedication. However, as our work has expanded, we have recognised the need for PNMUK to evolve and meet the increasing challenges and opportunities we face. As Sue articulates in her report, we are confronted with new hurdles – the changes in the healthcare environment, the nursing profession, the church, and society. We are, therefore, contemplating a comprehensive review of our governance and structure to ensure our agility in a rapidly changing world, demonstrating our commitment to continuous improvement.

We are also putting more structures in place to help us increase our base of regular supporters. But it's not just about raising regular income—it's about increasing awareness of the incredible work Parish Nurses are doing across the UK.

The ministry of the Parish Nurse is not a new idea – it has been around in one form or another since the first churches two thousand years ago. Bringing compassionate care to support those who are suffering, working for public health, and advocating for the care of the whole person, including the spiritual wellbeing of people in the community, is an ancient role in the local church. That we can do it today with professionally trained nurses working within their professional code of conduct is an even greater blessing. And we believe more people, in the church and society, need to know about it.

I look forward to helping the staff leadership team and the board of trustees steer PNMUK through this next phase in our existence. May I commend this annual report to you, and I hope you will be encouraged by the stories of what Parish Nurses are doing around the UK and the role PNMUK has played in helping them achieve this.

Steve

STEVE FOUCH
Chair of the Board

A Word from the CEO

Over the past year, we have intentionally focused on a few key areas to add healthy building blocks to the charity. We remain a charity that is on a clear development pathway, not only because of our natural organic maturing with time, but also because we posture ourselves to be responsive to the immense changes and challenges facing the nursing profession internationally.

The year saw a handover of the role of Chair of the Board of Trustees, a bold change, as Debra Chand stepped down and was replaced by Steve Fouch. Debra, a valued and experienced Chair, provided a stable and uncompromising presence, and her vast experience of the charity sector will be missed by PNMUK. However, we have gained fresh energy and expertise in the role from Steve Fouch, a longstanding board member with a full complement of organisational memory built up over the past 6 years.

In addition, three new trustees, all with personal experience of parish nursing, joined the Board. Their valued insight into parish nursing on the ground, adds tremendous value as we plan for the future of the charity.

Operationally, we focused on simplifying our systems, whilst maintaining the high standards that we need to ensure Parish Nurses and partners are supported well. This included initial implementation of a new robust CRM system that will offer central administrative support to expand effectively in the future whilst offering efficiencies in the present.

We continue to invest in our excellent staff team as they navigate new challenges presented by pressures on Parish Nurses. Three new regional nurse coordinators were appointed to ease capacity and strengthen our support offering to partner churches and Christian organisations, and we engaged a communications team to fill a gap and boost our engagement with our audiences through communication about the ministry of parish nursing.

I commend the PNMUK team to you. Each year presents new challenges. But the belief that parish nursing has impact, coupled with combining a beloved profession with a personal faith, continues to be evidenced in way our team rises to each challenge.

I trust you enjoy reading about the work in more detail in the pages that follow


SUE BRETHERICK
CEO



Company Information

Company Name:

Parish Nursing Ministries
UK

Registered Office:

The Hope Centre, 26 North
Street, Peterborough, PE1
2RA

Trustees:

Debra Chand - Chair
(Resigned Oct 2023)
Steve Fouch - Chair
Jonathan Edwards
Bob Brown
Joann Morse
(Resigned Jan 2024)
Glen Johnson
Joyce Fletcher
Amanda Allchorn
Barbara MacFarlane
Rev Damian Feeney

Chief Executive Officer:

Sue Bretherick

Bankers

Lloyds Bank

Registered Charity no.

1111680

Country of Registration

England and Wales

Registered Company number

5451295

Country of Incorporation

United Kingdom

Website:

www.parishnursing.org.uk



@parishnursinguk



@parishnursingministriesuknational



@parishnursinguk

Independent Examiners

Stewardship Account Examination
Services
1 Lamb's Passage
London
EC1Y 8AB

The Year in Numbers



92

Services actively supported during the year



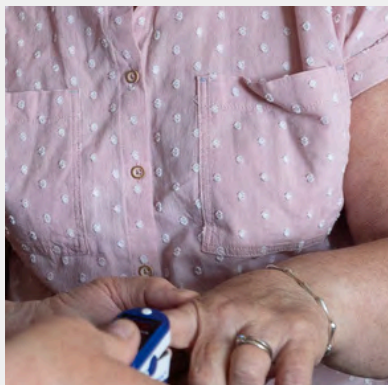
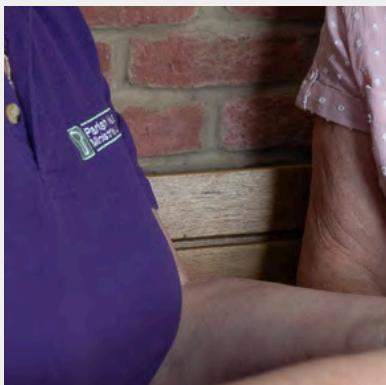
76

Nurses supported



13

New churches with Parish nurses



26

New Nurses Equipped



6

Partnership Events



89

Attending online info sessions



Trustees Report

Parish Nurses are registered nurses who are employed or appointed by the local church to lead whole-person health ministry. Parish Nursing Ministries UK is a charity that provides training, coordination, and resources to help and support this practice and does not employ parish nurses or provide care. The charity is led by a Board of Trustees (Volunteers) and employs a small central team; home based regional nurses, a small number of people paid for ad hoc inputs on a sessional basis and external contractors for specialist remits.

Objectives and activities

01

To promote community health across the UK by funding and training Parish Nurses, and supporting their education.

02

To advance the Christian faith in the UK by promoting Parish Nursing and supporting the establishment and training of Parish Nurse initiatives.

03

To support specific overseas Parish Nursing initiatives



All support, equipping and training offered by the charity continued to be subsidised and targeted. This ensured that the support offered was both affordable and effective. Costs were met by increased income raised through grants from Christian charitable trusts and foundations across the year.

We have continued to offer at least two parish nursing training programmes a year. This is the only programme available to aspiring Parish Nurses in the UK and is based on the international curriculum developed by the Westberg Institute and delivered throughout the world. This year we have trained another twenty-six Parish Nurses. Completion of the course is an essential requirement for nurses to set up a parish nursing service safely, as per the charity's quality assurance process.

— “

“Quality of presentation and teaching was excellent especially at providing experiences and examples of Parish Nurse practice and spiritual care interventions”
~Course participant

— ”



In response to ongoing demand, we continued to offer the Parish Nurse Assistants course, and trained seventeen Parish Nurse assistants alongside their lead Parish Nurse. Parish Nurse Assistants are not qualified Parish Nurses, but rather fill a complementary role within a parish nursing service by providing additional capacity support to the Parish Nurse. They also act as a useful link to further pastoral and practical support within the church/organisation.

Grant funding from the Hinchley Charitable Trust towards the salary costs of the Lead Educator, ensured that we were able to continue to meet our education objectives.

Seventy-two nurses, trustees, employees, and guest speakers gathered once again for the annual PNMUK Symposium in October 2023. This well-established event offered the support of a community of like-minded nurses in a role that can at times feel isolating, enhanced by reputable speakers presenting on topical issues and updates within the wider nursing profession. Hours towards required Continued Professional Development were provided for Parish Nurses, as was a time to reflect, re-charge and worship together.

I enjoyed my 1st Symposium. Getting to know PN's from across the country and the breadth of different, individual bespoke work has been interesting and valuable to me.

~ Parish Nurse, Symposium 2023

Well organised with an excellent balance of education, speakers, networking, worship and free time. Held in a wonderful setting with good food and hospitality.

~Parish Nurse, Symposium 2023



Bi-monthly partnership events covered a varied programme of topics, which included:

- Spiritual care of people with dementia
- Parish nursing model refresher for longstanding Parish Nurses
- Preventable deaths from asthma
- Telling your story in fundraising
- Spiritual care in parish nursing

Regular Communities of Practice for all Parish Nurses were offered regionally 4 times a year. These provide professional and peer support for Parish Nurses who attend. Hosted by each local Regional Nurse Coordinator, themes emerged from delivery on the ground throughout the year, that we were able to address responsively and in a timely fashion. For example, Parish Nurses are increasingly being presented with clients struggling with mental health challenges and queries, and so Mental Health Guidelines were developed by a focus group. This was led by the Parish Nursing Ministries UK Director of Nursing, drawing on the expertise of Registered Mental Health nurses who are also Parish Nurses. The outcome was a guidance document to clearly determine thresholds and pathways for Parish Nurses to ensure safe practice.



Our experience with Parish Nursing Ministries UK has been excellent. Our Regional Nurse Coordinator, in particular, has been an outstanding source of support, assisting us whenever we need it. Her knowledge and expertise have been invaluable, and we have full confidence in her ability to provide reliable advice.

Overall, we feel grateful to have such a dedicated and helpful partner in Parish Nursing Ministries UK, and we look forward to continuing our collaboration.

~ Church partner, commenting on partnership with PNMUK

Parish Nursing Ministries UK supported ninety-two partner churches over the year. Support given by the charity included detailed planning assistance through to setting up and accreditation for new parish nursing services, as well as offering ongoing support and re-accreditation for more established services. Church partners' annual contributions, and payments made for planning services, part-funded the Regional Nurse Co-ordinator posts and expenses. Further funding towards these costs was raised through charitable trusts and foundations on a region-by-region basis. Considering the ongoing cost-of-living crisis, all costs passed on to our partners remained subsidised. This is now under review for the year ahead.



‘Parish Nursing Ministries UK goes above and beyond to ensure that our Parish Nurses are well-supported through regular supervision sessions and continuous access to online courses and weekly reflections. These resources are invaluable for our nurses, providing them with the necessary tools and knowledge to provide top-notch care to our parishioners.’

Church partner, commenting on partnership with PNMUK

We are grateful for funding for a new role, that of Central Onboarding Co-ordinator. This dedicated role committed to supporting churches to plan and establish a new parish nursing service, successfully reduced the time taken for this process. This in turn proved critical in coping with the significant increase in the uptake of parish nursing as a result of successful promotion through Explore Online events.

The promotion of parish nursing across the UK was further boosted with the engagement of a communications lead for Parish Nursing Ministries UK, with support from the Benefact Trust making this possible. The foremost objective of the role is to ensure an accurate, engaging, and cohesive telling of the parish nursing story, through creative as well as traditional channels.

The website, social media accounts and branding all received targeted updates and improvements in the initial phase of implementing a new communications strategic plan. To date, the work done has shown a significant increase in traffic on official Parish Nursing Ministries UK social media sites (including the website), which shows promise for greater impact as we build on this.

We face an ongoing challenge in obtaining regular materials from parish nursing practice, as well as photos with recorded permissions. This continues to present a significant hurdle in proving the wider impact of parish nursing in communities, and specifically, in showing the impact of the role of Parish Nursing Ministries in supporting parish nursing across the UK. In order to mitigate the challenge, a more user-friendly data capture system will be introduced in April 2024, that will collate quantitative data from partner services.



Explore Online events, for individuals, churches and Christian organisations interested in finding out about parish nursing, remained an attractive offering in promoting the work. Over the year, eighty-nine people attended an online event, representing sixty-three different churches or Christian organisations. Of these, ten went on to set up a new parish nursing service in the year, others are actively fundraising before committing to planning, and still others are working through their church structures in determining whether parish nursing aligns with the overall local vision.



Work with farmers and farming communities expanded into a new region in the year; we now partner with the Farming Community Network (Northamptonshire, and Leicestershire), alongside our well-established partnership with the Warwickshire Rural Hub.

Parish Nurses attend farmers markets, engaging with and offering health support to farming communities.

We remained committed to promoting parish nursing in Wales, as funded by the Benefact Fund. The charity's focus remains on fostering our newly established relationships with interested churches and individual church leaders and nurses, as well as with Nurse leaders in Wales and Cytun Cymru (Churches Together in Wales), amongst others. Furthermore, an Explore Online event, with a dedicated focus on those living and worshipping in Wales, was held in November with the aim to expand the understanding of parish nursing to a wider audience.

Challenges through the year included an increase in regular one-one support requested by Parish Nurses and our partner churches. This was because the changes of recent years in the national healthcare system continues to put additional pressures on Parish Nurses for interventions outside of the parish nursing remit. 'Time' as an asset that Parish Nurses have to offer within the principles of whole person healthcare, is increasingly sought out and valued within their communities. However, it is in itself putting a new strain on the capacity of Parish Nurses on the ground.

PNMUK identified the need therefore, to advocate on behalf of Parish Nurses, where their line management and support structure was inadequate to cope with these new pressures. Going forward, we aim to improve setting out and managing expectations from all partners, when in the planning phase of a parish nursing service, in order to ensure a healthy and positive experience for both church and nurse right from the outset. It is our role to interpret the limits of parish nursing for both nurses and churches against the backdrop of external fallout from the strain the National Health Service is under. It is equally critical that we champion spiritual care and ensure confidence and competence in delivering this within the parish nursing model.



Challenges going forward include:

- working to increase diversity in funding sources.
- increasing funding for core costs to develop more efficient working practices around administration, HR, fundraising and comms.
- Digital literacy remains an area of growth.

Over the past three years, dedicated work has been completed on streamlining the accreditation system that PNMUK uses to support services. Nurses have welcomed the resulting update, as have most of our partner churches. The work done by PNMUK on our professional standards and accreditation system remains essential to Parish Nurses who work within the Nursing and Midwifery Council regulatory framework; this is required to be upheld in any context.

The Christian ethos, underpinning all the work of the charity, was actively upheld in practical ways. Prayer remained key across all internal working practices and was a regular feature at all meetings from Board meetings to staff meetings, as well as within focussed contexts.

As we take strides in continuing to develop as a charity within a profession under constant change and pressure, we recognise the need for a proportionate response to what we can deliver. Our main partners, the church, continue to prove faithful in championing the ministry effectively, as stories below evidence.



The charity has an active partnership agreement with the Westberg Institute of Faith Community Nursing (part of the Spiritual Care Association) in the USA. The agreement supports the use of the Westberg international curriculum for the Foundations course in parish nursing – the PNMUK parish nursing course curriculum is a vastly modified and contextualised version of this. In addition, we contributed to regular meetings, coordinated by the Westberg International Lead, of international parish nursing organisations throughout the year. Updates, innovative work practices and new projects, as well as internationally relevant nursing concerns were discussed and provided a useful source of information, encouragement, and support.

Public Benefit: The trustees have had due regard to The Charity Commission's guidance on public benefit at all relevant times.





CASE STUDIES & IMPACT

St Matthews Church, Sheffield



The Parish Nursing service is very active in its support to the local community, including supporting those who are homeless. There are regular drop-ins which have health prevention teams coming along.

Shared within monthly reporting, here is an example of practical intervention that takes place within St Matthew's Parish Nursing Service.

“We've connected with the diabetes prevention team and planned a market session to capture referrals to their service. We've also partnered with the lead pharmacist and primary care development nurses, and published an article in the local pharmacy bulletin to promote our blood pressure screening service. This led to a successful referral of a man for ambulatory monitoring, blood tests, and an ECG, followed by a GP appointment for treatment. We participated in a homeless prevention event at the council and a multi-agency meeting with the Department of Levelling Up to address increased violence within the homeless community. We are also supporting the new recovery café. Recently, a new client visited the Parish Nursing service for a short-term health condition. Observations revealed an irregular heart rate, which she had not disclosed due to her hospital phobia. The Parish Nurse assisted her in visiting an NHS walk-in centre.”

Warm Hub Initiative, East of England



A nearby church had commenced a warm hub session on Wednesdays to help people with heating costs. It was run by a group of church members who were deeply committed volunteers.

Around sixty people were turning up every week, many of whom were either homeless, or in poor accommodation, and/or had addictions of various kinds. Many had health challenges.

Funding was secured to invite a Parish Nurse to be present at the session once every month for the purpose of personal health advice and general health promotion.

The work ensured that healthy food is available, offered a health desk for individual consultations and blood pressure readings, encouraged covid and flu vaccinations, performed hand massages, and signposted people to local sources of support. Also, we have seen discussions and health quizzes around the tables on a particular health related subject each month as part of health and wellbeing promotion. These included skincare, mental health, foot health, etc. As a result, the guests receive various kinds of health advice relevant to their needs.

Both guests and volunteers received individual health consultations and signposting without appointments being necessary. This is of critical benefit to those who lead chaotic lifestyles and struggle to attend pre-booked appointments

Structure, Government & Management

Parish Nursing Ministries UK is registered as a company limited by guarantee (without share capital), company number 5451295 and registered as a charity, charity number 1111680. Its governing document is its memorandum and articles association.

The charity's trustees are also the directors for the purposes of the Companies Act. The Board of trustees administers the charity. The development and delivery of strategy, day to day management of the charity's operational activities is the responsibility of the Chief Executive Officer, ably supported by the Director of Nursing who supports operations and leads on nursing liaison and developments.

Reflecting a broad range of experience in the public sector, church leadership, charity fundraising, finance/business, NHS and health care professional leadership, the Trustees have contributed actively to all aspects of service development and delivery during the year. Through their contact with regional coordinators and Parish Nurses at meetings and at our Annual Symposium, the Trustees remain connected with the charity's work on the ground.

Trustees continue to meet quarterly to oversee the strategy, finance, and corporate governance of the Charity. Finance and the corporate risk register are considered at all meetings. In the coming year, efforts will be combined to recruit new trustees. Parish Nursing Ministries UK has neither custodian nor corporate trustees.

In October, Debra Chand stood down as chair of the board of trustees, having served as a trustee for 9 years; since 2020 as Chair of the Board. Steve Fouch stepped into the chair position, another longstanding trustee, and brings a fresh energy and focus to the governance of Parish Nursing Ministries UK.

This report has been prepared having taken advantage of the small companies' exemption on the Companies Act 2006.

Steve
STEVE FOUCH
Chair of the Board

Financial Review

Finance continued to be an area of growth in 2023/24. We ended the year with a total income on £212,896 and expenditure of £179,771 with total reserves carried forward of £137,513.

We remain committed to working towards more diverse income streams. This has been identified as key to sustainability and is essential to mitigate some financial risk within the charity. As we end the year, 51% of our income came from Trust and Foundation donations, with contributions from our church partners covering 27%.

Looking forward, we aim to run regular campaigns to encourage 'Mission Partners' – individuals or churches who wish to support Parish Nursing Ministries UK through a one-off donation or regular giving. There remains potential to expand our monthly donors from within the network of retired Parish Nurses, churches who previously hosted a parish nursing service, and other interested parties.

The costs of our inputs to our partners continued to be subsidised at an increasing rate. This is against the backdrop of a cost-of-living crisis which has affected many church finances, and significant inflationary increases. It was decided to keep all fees static again in 2023/24 due to the strengthening of our financial position, due to an increase in trust and foundation funding received over the course of the year. However, it is inevitable that PNMUK will be asking for a greater financial contribution against our activities, from our partners and nurses. This will be reviewed in the next fiscal year.

We remain grateful to our grant funders and to all our donors for their financial support, without which, we could not continue our work.

Financial Review

Income

In 2023-2024 our income had four sources.

We remain committed to working towards more diverse income streams.

This has been identified as key to sustainability and is essential to mitigate some financial risk within the charity. As we end the year, 51% of our income came from Trust and Foundation donations, with contributions from our church partners covering 27%, and additional funds from monthly donors.



Expenses

Due to improved income stability, Parish Nursing Ministries UK has been able to map out future plans effectively. The increased funding has been channeled into bolstering essential infrastructure aspects such as fundraising support and external communication proficiency.

Reserves Policy

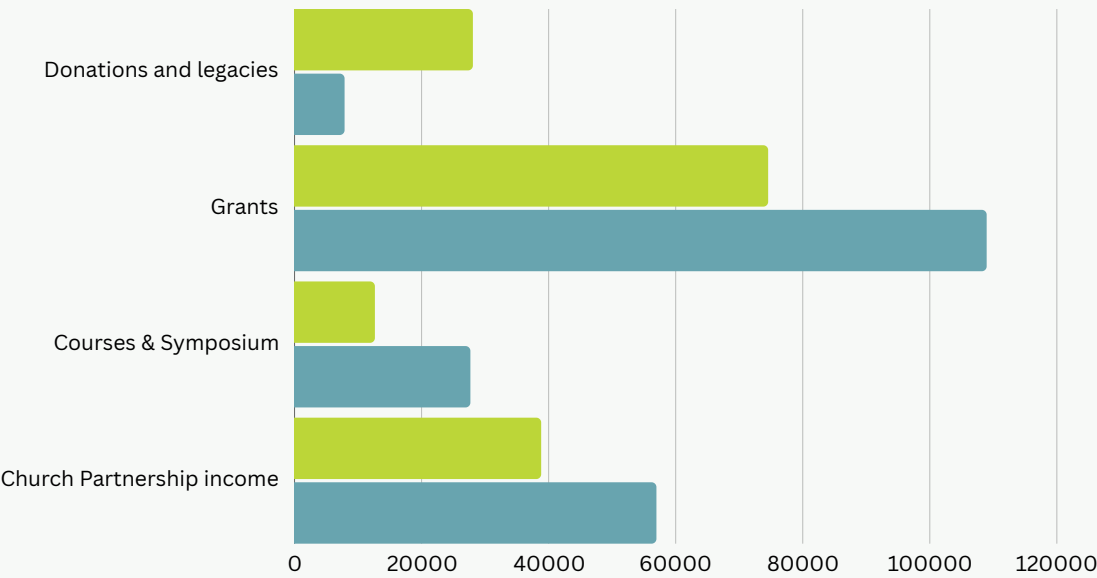
Our reserves policy was reviewed by Trustees in the year. It states that we would hold sufficient reserves to ensure our recurrent outgoings (salaries and rent) for a period of three months and any creditors can be paid. Our total reserves should not fall below £50,000. At the year-end unrestricted reserves were £80,794 and restricted reserves were £56,719.

Finances

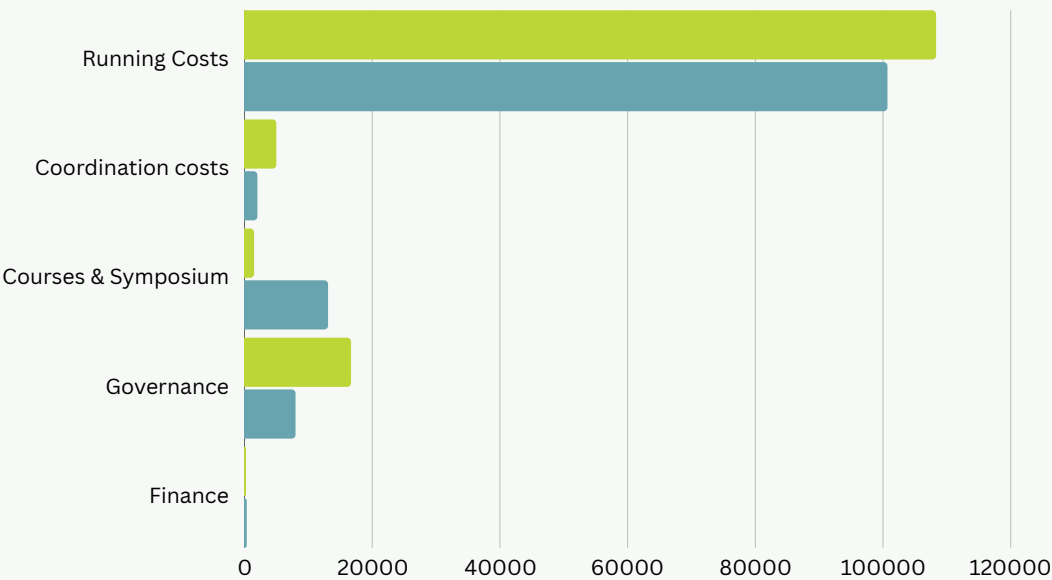
The Financial Statements can be found from page 20 of this report



Income



Expenditure





Thank You

As we wrap up another impactful year at Parish Nursing Ministries UK, we're filled with gratitude for the incredible support that propels our mission forward. This annual report stands as a testament to the strides together we've made, and we extend heartfelt thanks to all who have played a role in our achievements.

Our dedicated volunteers, generous donors, and committed team members form the backbone of our progress. Thank you for being part of the Parish Nursing Ministries UK family. Together, we're crafting a narrative of positive change. Here's to another year of collaboration, growth, and meaningful impact.



www.pnmuk.org.uk



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Parish Nursing Ministries UK

Independent Examiner's Report and Accounts
Year ended 31 March 2024

Stewardship 
Active generosity

1 Lamb's Passage, London EC1Y 8AB
www.stewardship.org.uk

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF
PARISH NURSING MINISTRIES UK
('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024 on pages 27 to 35 following, which have been prepared on the basis of the accounting policies set out on pages 29 to 30.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Crispin
Sarah Crispin (Aug 19, 2024 08:21 GMT+1)

Sarah Crispin ACA
Stewardship
1 Lamb's Passage
London
EC1Y 8AB

Date: Aug 19, 2024

PARISH NURSING MINISTRIES UK
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
INCOME AND ENDOWMENTS FROM:					
Donations	3	14,609	108,953	123,562	103,784
Charitable activities	4	84,646	-	84,646	51,469
Other trading activities	5	66	-	66	230
Investments	6	4,622	-	4,622	594
Total income and endowments		103,943	108,953	212,896	156,077
EXPENDITURE ON:					
Charitable activities	7	104,942	64,889	169,831	120,849
Raising funds	8	9,940	-	9,940	10,874
Total expenditure		114,882	64,889	179,771	131,723
Net income/(expenditure)		(10,939)	44,064	33,125	24,354
Transfers between funds	15	(5,250)	5,250	-	-
Net movement in funds		(16,189)	49,314	33,125	24,354
Reconciliation of funds:					
Total funds brought forward		96,983	7,405	104,388	80,034
Total funds carried forward	15	80,794	56,719	137,513	104,388

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing operations.

The statement of financial activities also complies with the requirements for an income and expenditure account required by the Companies Act 2006.

The notes on page 29-34 form part of these accounts.

PARISH NURSING MINISTRIES UK

BALANCE SHEET

AS AT 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
FIXED ASSETS					
Tangible assets	10	1,153	-	1,153	989
		<u>1,153</u>	<u>-</u>	<u>1,153</u>	<u>989</u>
CURRENT ASSETS					
Debtors	11	9,374	-	9,374	9,986
Cash at bank and in hand	12	78,984	56,719	135,704	145,060
		88,358	56,719	145,077	155,046
CREDITORS: Amounts falling due within one year	13	(8,717)	-	(8,717)	(51,647)
Net current assets / (liabilities)		<u>79,641</u>	<u>56,719</u>	<u>136,360</u>	<u>103,399</u>
TOTAL NET ASSETS		<u>80,794</u>	<u>56,719</u>	<u>137,513</u>	<u>104,388</u>
FUND BALANCES	15				
Unrestricted Funds					
General funds		68,378	-	68,378	87,918
Designated funds		12,416	-	12,416	9,065
		<u>80,794</u>	<u>-</u>	<u>80,794</u>	<u>96,983</u>
Restricted Funds		<u>-</u>	<u>56,719</u>	<u>56,719</u>	<u>7,405</u>
		<u>80,794</u>	<u>56,719</u>	<u>137,513</u>	<u>104,388</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006 however, in accordance with Section 145 of the Charities Act 2011, the accounts have been examined by an independent examiner and their report has been included in these financial statements.

The directors (who are the charitable company's trustees for the purposes of charity law) acknowledge their responsibilities

- (a) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its net income or expenditure for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors and were signed on its behalf by:

Glen M Johnson
Glen M Johnson (Aug 15, 2024 20:01 GMT+1)

Glen Johnson

Date: Aug 15, 2024

Company number: 1111680

Charity number: 05451295

The notes on page 29-34 form part of these accounts.

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

1 Statutory Information

The charity is a charitable company limited by guarantee and is incorporated in the United Kingdom. The company's registered number and registered office address can be found on the Company Information page.

2 Accounting Policies

These financial statements are prepared on a going concern basis, under the historical cost convention.

These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102"), with the Companies Act 2006 and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

The principles adopted in the preparation of the financial statements are set out below.

a) Going concern

The trustees (who are the charitable company's directors for the purposes of company law) have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and the possible implications should projected income and / or expenditure vary unexpectedly. The trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue to operate for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

b) Income

Income including investment income is recognised in the period in which the charity becomes entitled to receipt, the amount receivable can be measured with reasonable certainty, and receipt is probable. For the most part, income is generally recognised when it is received. Income is only deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Income from donations includes:

Recoverable gift aid. This is recognised when the related donation is received. Gift aid that has not been recovered by the balance sheet date is included as a debtor.

Income from charitable activities represents income receivable from goods, services and facilities supplied in furtherance of the charity's charitable objects. It includes income from courses and symposiums and from Coordinators.

Investment income represents income generated by the charity's assets and includes income from bank interest.

c) Expenditure

Expenditure, including irrecoverable VAT, is recognised when it is incurred or, if earlier, when a legal or constructive obligation for a payment arises provided that it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure on raising funds comprises the costs incurred on professional fundraising fees.

Governance costs, which are included in expenditure on charitable activities but are identified separately in the notes to the accounts, includes costs associated with the independent examination of the financial statements, compliance with constitutional and statutory requirements and any other expenditure incurred on the strategic management of the charity.

d) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Restricted funds are donations which are to be used in accordance with specific restrictions imposed by donors; they include donations received from appeals for specific activities or projects.

e) Tangible fixed assets

Items purchased or donated for the charity's own use are capitalised when the cost of purchased items, or the fair value of donated items, is more than £200 and the item is expected to benefit the charity over more than one accounting period. Depreciation is charged on a straight line basis so as to write down the value of each asset to its estimated residual value (if any) over its expected useful economic life. To achieve this objective the following rates of depreciation are charged:

Equipment	Over 5 years
-----------	--------------

The carrying values of tangible fixed assets are reviewed for impairment in periods when events or changes in circumstances indicate that the carrying value may not be recoverable.

f) Pension scheme arrangements

The charity operates defined contribution pension schemes for its employees. Obligations for contributions to these schemes are recognised as an expense when the liability arises. The assets of these schemes are held separately from those of the charity in independently administered funds.

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

2 Accounting Policies (cont.)

g) Taxation

The company is a registered charity; it has taken advantage of the various reliefs from taxation available to charities and no tax is payable on the charity's income.

h) Exemption from preparing a cashflow statement

The charity has taken advantage of an exemption conferred by the Charities SORP and has not prepared a cash flow statement.

i) Critical accounting estimates and areas of judgement

The trustees do not consider that there are any material sources of estimation or uncertainty at the balance sheet date that could result in a material adjustment to the carrying values of assets and liabilities in the next reporting period.

3 Donations

	2024	2023
	£	£
Donations of cash and similar	13,470	28,074
Other grants receivable	108,953	74,555
Income tax recoverable	1,139	1,155
	<u>123,562</u>	<u>103,784</u>

4 Income from charitable activities

	2024	2023
	£	£
Course and symposium fees	30,545	12,647
Coordination income	54,101	38,822
	<u>84,646</u>	<u>51,469</u>

5 Income from other trading activities

	2024	2023
	£	£
Shop income	66	230
	<u>66</u>	<u>230</u>

6 Investment income

	2024	2023
	£	£
Bank interest	4,622	594
	<u>4,622</u>	<u>594</u>

7 Charitable expenditure

	2024	2023
	£	£
a Costs incurred directly on specific activities		
Staff costs	56,586	39,819
Course costs	3,287	1,503
Coordinator costs	4,652	4,980
Symposium costs	13,569	-
	<u>78,094</u>	<u>46,302</u>
b Costs incurred on support & administration		
Governance costs		
Independent examiner's fee	1,920	1,194
Other	-	448
	<u>1,920</u>	<u>1,642</u>
Staff costs	64,535	59,491
Rent & utilities	4,170	4,038
Insurance	1,239	1,278
Telephone & IT	4,979	2,428
Accountancy & legal fees	6,313	4,170
Marketing & communications	7,155	-
Other support costs	1,015	1,146
Depreciation of tangible fixed assets	411	354
	<u>91,737</u>	<u>74,547</u>
Total expenditure	<u>169,831</u>	<u>120,849</u>

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

8 Cost of raising funds

	2024	2023
	£	£
Fundraising costs	9,940	10,874
	<u>9,940</u>	<u>10,874</u>

9 Analysis of staff costs, the cost of key management personnel and trustee remuneration

	2024	2023
	£	£
Gross wages and salaries	115,520	96,826
Social security	890	371
Pension costs	1,709	1,537
	<u>118,120</u>	<u>98,734</u>

The average monthly number of employees during the year was 12 (2023: 10). Most of the charity's activities are carried out by volunteers.

No staff received salaries at a rate of more than £60,000 per annum.

The charity's key management comprise the trustees and the key staff named on the Company Information page. During the year key staff received employment benefits totalling £28,342 (2023: £25,357).

No trustees received employment benefits in either the current or preceding year.

10 Tangible fixed assets

	Computer Equipment £	Total 2024 £
Cost		
At 1 April 2023	3,757	3,757
Additions	575	575
At 31 March 2024	<u>4,332</u>	<u>4,332</u>
Accumulated depreciation		
At 1 April 2023	2,768	2,768
Charge for the year	411	411
At 31 March 2024	<u>3,179</u>	<u>3,179</u>
Net book value		
At 31 March 2024	<u>1,153</u>	<u>1,153</u>
At 31 March 2023	<u>989</u>	<u>989</u>

11 Debtors

	2024	2023
	£	£
Falling due within one year:		
Trade debtors	3,814	5,433
Tax recoverable	1,134	1,152
Prepayments and accrued income	4,426	3,401
	<u>9,374</u>	<u>9,986</u>

12 Cash at Bank and in Hand

	2024	2023
	£	£
Cash at bank with immediate access	135,704	145,060
	<u>135,704</u>	<u>145,060</u>

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

13 Creditors: liabilities falling due within one year

	2024 £	2023 £
Trade creditors	1,815	1,229
Taxation and social security	2,134	1,566
Accruals & deferred income	4,767	48,852
	<u>8,717</u>	<u>51,647</u>

In previous years, the Coordination income and some grant income was deferred. This treatment has changed for the current year in order to better fulfil the requirements of the SORP.

14 Pension commitments

During the year employer's pension contributions totalling £1,709 (2023: £1,538) were payable to defined contribution personal pension schemes. £413 in pension contributions were owing at the balance sheet date (2023: £nil).

15 Funds

During the year the movements in the charity's funds were as follows:

	Opening balance 2024 £	Incoming resources 2024 £	Outgoing resources 2024 £	Transfers in the year 2024 £	Gains and losses 2024 £	Closing balance 2024 £
<i>Designated Funds</i>						
Regional Nurse Coordinator Fund	5,250	-	-	(5,250)	-	-
Training, Development & Wellbeing F	3,815	27,680	(19,079)	-	-	12,416
	<u>9,065</u>	<u>27,680</u>	<u>(19,079)</u>	<u>(5,250)</u>	<u>-</u>	<u>12,416</u>
<i>General Unrestricted Funds</i>	87,918	76,263	(95,803)	-	-	68,378
	<u>87,918</u>	<u>76,263</u>	<u>(95,803)</u>	<u>-</u>	<u>-</u>	<u>68,378</u>
Total Unrestricted Funds	<u>96,983</u>	<u>103,943</u>	<u>(114,882)</u>	<u>(5,250)</u>	<u>-</u>	<u>80,794</u>
<i>Restricted Funds</i>						
Benefact Trust Grant	6,603	65,000	(28,171)	-	-	43,432
Regional Fund	-	15,750	(14,779)	5,250	-	6,221
Goodnews Evangelical Mission	-	7,000	(6,077)	-	-	923
Hinchley Fund	802	14,203	(10,005)	-	-	5,000
Central Onboarding Coordinator Fund	-	5,000	(5,000)	-	-	-
Anne French Memorial Trust	-	2,000	(857)	-	-	1,143
	<u>7,405</u>	<u>108,953</u>	<u>(64,889)</u>	<u>5,250</u>	<u>-</u>	<u>56,719</u>
Aggregate of funds	<u>104,388</u>	<u>212,896</u>	<u>(179,771)</u>	<u>-</u>	<u>-</u>	<u>137,513</u>

The transfers referred to above were made for the following reasons:

- a) From the designated Regional Nurse Coordinator Fund to the restricted Regional Fund to better reflect the nature of the income given to this fund.

Analysis of net assets by fund

The assets and liabilities of the various funds were as follows:

	<u>Unrestricted Funds</u>		<u>Restricted funds</u>	<u>2024</u>
	General funds £	Designated funds £	£	£
Tangible fixed assets	1,153			1,153
Debtors	9,374			9,374
Cash at bank and in hand	66,568	12,416	56,719	135,704
Creditors falling due within one year	(8,717)			(8,717)
	<u>68,378</u>	<u>12,416</u>	<u>56,719</u>	<u>137,513</u>

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

15 Funds (cont.)

In the previous year the movements in the charity's funds were as follows:

	Opening balance 2023 £	Incoming resources 2023 £	Outgoing resources 2023 £	Transfers in the year 2023 £	Gains and losses 2023 £	Closing balance 2023 £
<i>Designated Funds</i>						
Regional Nurse Coordinator Fund	-	5,250	-	-	-	5,250
Training, Development & Wellbeing Fund	-	7,117	(3,302)	-	-	3,815
	-	12,367	(3,302)	-	-	9,065
<i>General Unrestricted Funds</i>	77,658	74,405	(66,710)	2,565		87,918
Total Unrestricted Funds	77,658	86,772	(70,012)	2,565	-	96,983
<i>Restricted Funds</i>						
Benefact Trust Grant	857	48,088	(42,342)	-		6,603
Goodnews Evangelical Mission	1,273	11,250	(9,958)	(2,565)		-
Hinchley Fund	246	9,967	(9,411)	-		802
	2,376	69,305	(61,711)	(2,565)	-	7,405
Aggregate of funds	80,034	156,077	(131,723)	-	-	104,388

Analysis of net assets by fund

In the previous year, the assets and liabilities of the various funds were as follows:

	<u>Unrestricted Funds</u>			
	General funds £	Designated funds £	Restricted funds £	2023 £
Tangible fixed assets	989			989
Stock	-			-
Debtors	9,986			9,986
Investments held as current assets	-			-
Cash at bank and in hand	94,387	9,065	41,608	145,060
Creditors falling due within one year	(17,444)		(34,203)	(51,647)
Creditors falling due after one year	-			-
Provisions for liabilities	-			-
Defined benefit pension schemes liabilities	-			-
	87,918	9,065	7,405	104,388

PARISH NURSING MINISTRIES UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

15 Funds (cont.)

Restricted funds:

The Benefact Trust Grant is for the remuneration of a pilot role in the mid/northeast of England to enhance the current Regional Coordinator role, with associated costs of delivery. It is also for the remuneration of the current Regional Nurse Coordinator role in the mid/northeast with associated costs of delivery. Associated support and management costs are also allowed under this Grant

The Regional Fund is an accumulation of small grants towards Regional Nurse Coordinator salaries and costs across different regions in the UK.

The Hinchley Charitable Trust Grant is for the remuneration of the Lead Educator role along with associated costs of delivery (travel expenses, CPD, IT software & support and zoom licence). The Lead Educator leads on the delivery of the Preparation for Parish Nursing Practice course and contributes to the delivery of the Annual Symposium.

The Goodnews Evangelical Mission Grant is for the remuneration of Regional Nurse Coordinator salaries for the north/northeast of England with associated costs of delivery (travel expenses, CPD, marketing & promotion, management allocation)

The Central Onboarding Coordinator Fund was for the salary & costs associated with this role.

The Anne French Memorial Trust is for the Regional Nurse Coordinator salary and costs in the East of England, to develop parish nursing in this region

Designated

The Training, Development & Wellbeing Fund is the income made on courses and the symposium, that is then re-directed back into these categories, as well as towards CPD for the staff team.

16 Operating lease commitments

The charity has an operating lease for its office building. The minimum amount payable (until the next break clause and ignoring the potential effect of future rent reviews) in respect of this lease is as follows:

	2024 £	2023 £
Payments falling due:		
Within one year	900	3,600
Between one and five years	-	-
After five years	-	-
	<u>900</u>	<u>3,600</u>

During the year the charity was charged £3,600 (2023: £3,600) for its operating lease.

17 Transactions with related parties

During the year the charity:

- a) received donations totalling £1,908 (2022: £1,800) from related parties (which includes trustees, any other members of key management and anyone closely connected to them).
- b) paid expenses totalling £nil (2023: £448) for nil (2023: 1) trustee for travel & subsistence whilst carrying out duties associated with being trustees; reimbursements for expenses incurred when acting as agent for the charity or incurred when undertaking employment duties not connected with serving as a trustee are not included in this disclosure.

Except as disclosed in note 9 'Analysis of staff costs', there have been no other transactions with related parties during the year.

18 Members

Each member of the company commits to contribute if the charity is wound up an amount of £10.

PARISH NURSING MINISTRIES UK
DETAILED STATEMENT OF FINANCIAL ACTIVITIES WITH COMPARATIVES
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted funds				Unrestricted funds			
		General 2024 £	Designated 2024 £	Restricted 2024 £	Total 2024 £	General 2023 £	Designated 2023 £	Restricted 2023 £	Total 2023 £
INCOME AND ENDOWMENTS FROM:									
Donations	3	14,609	-	108,953	123,562	29,229	5,250	69,305	103,784
Charitable activities	4	56,966	27,680	-	84,646	44,352	7,117	-	51,469
Other trading activities	5	66	-	-	66	230	-	-	230
Investments	6	4,622	-	-	4,622	594	-	-	594
Total income and endowments		76,263	27,680	108,953	212,896	74,405	12,367	69,305	156,077
EXPENDITURE ON:									
Charitable activities:	7	85,864	19,079	64,889	169,831	55,836	3,302	61,711	120,849
Raising funds	8	9,940	-	-	9,940	10,874	-	-	10,874
Total Expenditure		95,803	19,079	64,889	179,771	66,710	3,302	61,711	131,723
Net gains/(losses) on investments		-			-	-			-
Net income/(expenditure)		(19,540)	8,601	44,064	33,125	7,695	9,065	7,594	24,354
Transfers between funds	15	-	(5,250)	5,250	-	2,565	-	(2,565)	-
		(19,540)	3,351	49,314	33,125	10,260	9,065	5,029	24,354
Other recognised gains/(losses):									
Gains/(losses) on revaluation of fixed assets					-				-
Actuarial gains/(losses) on defined benefit pension schemes	14				-				-
Other gains/(losses)					-				-
Net movement in funds		(19,540)	3,351	49,314	33,125	10,260	9,065	5,029	24,354
Reconciliation of funds:									
Total funds brought forward		87,918	9,065	7,405	104,388	77,658	-	2,376	80,034
Total funds carried forward	15	68,378	12,416	56,719	137,513	87,918	9,065	7,405	104,388

Accounts

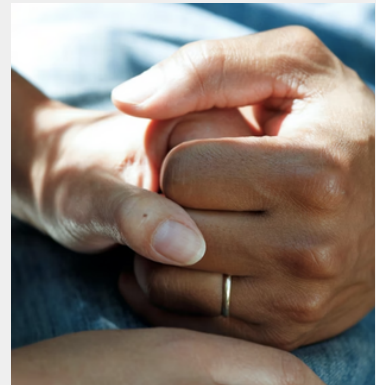


Parish Nursing
Ministries UK

Annual Report

& Financial Statements 2022/23

Parish Nursing UK enables local churches and ministries to empower nurses in local context, enhancing whole person healthcare in communities .



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FINANCES

A Note from our Chair

Churches and nurses working in partnership are a force to be reckoned with. Across the country, parish nurses are bringing hope and practical support through the local church, to transform the health and wellbeing of local communities.

Working in often complex situations, in urban and rural settings, wherever there is a need. They may be guiding families affected by dementia, profound mental health issues, or longer-term conditions such as stroke or diabetes. Their prayerful gift of time and skill can feel precious for someone overwhelmed by bereavement, carer commitments and also life-changing health diagnoses.

Parish Nursing Ministries UK is a powerhouse of support for the UK-wide network of parish nurses. Enabled by a life-changing team of supporters, donors and prayer-givers, PNMUK offers guidance, training and inspiration for parish nursing services.

With refreshed strategic aims, we are working to increase support coordination for new services, strengthen practice and attract strong candidates for future roles, and make parish nursing better known and accepted as a model within the profession and beyond, while increasing resourcing and support to do so much more.

Highlights over the year have included: a new regional nurse residential, an invaluable time of refreshment, a new style leadership day, feeding into plans for a refreshed parish nursing practice course, and a spring online event on accessibility, rated highly by the nurse and church partner participants.

We've rolled out new mental health guidelines for parish nurses, and contributed to the spirituality chapter of a community nursing textbook, with a literature review of spiritual care of nurses also underway. We've strengthened PNMUK's presence in key nursing networks, including being invited by the Queen's Nursing Institute to a newly instituted lecture.

This has also been a positive year financially, giving us a stronger platform on which to build. While costs have increased, we have been blessed with new grants, donations and event income. This has already enabled us to increase hours, roles and wider coverage for our regional coordinators. Sustaining this level of income will be challenging, so we have set a conservative budget which still enables investment in development, including strengthening communications, and a database fit for purpose. This enables us to reach, equip and inspire even more churches, nurses and supporters in this vital mission.



Debra Chand

Chair of the Board



A WORD FROM THE CEO

This annual report is once again a celebration of all parish nursing ministries across the UK, of which PNMUK plays a critical support role.

Personally as I reflect on the year, a highlight for me has been the infectious enthusiasm of the staff team to take parish nursing to more churches and nurses. The evidence of this is reflected in the numbers (specifically 16 new churches and 24 new nurses), and I applaud all involved in PNMUK for their passion and determination against the backdrop of ongoing challenges across the nursing sector, within our beloved church communities and wider society.

The leadership team prioritised a staff retreat to ensure the Central Team had time and space to re-group and be enriched. Wellbeing of the team is an absolute priority, as we practice what we preach in ensuring whole person healthcare undergirded by spiritual care, is at the heart of the charity.

It never ceases to encourage me when I hear of the impact of parish nurses in their localities. We are working hard to share these stories with a wider audience and are thus investing in specialist advice and support targeting our Communications going into the new financial year.

Finally, I encourage you to take a glance at the financial report – it has been a year of blessing and increase, which has supported our step goal of incrementally growing capacity within the charity. We continue to aim for more diverse income streams going forward, but are grateful for the provision of the past year.

Sue

SUE BREThERICK
CEO





**Parish Nursing
Ministries UK**

Company Information

Company Name:

Parish Nursing Ministries
UK (PNMUK)

Registered Office:

The Hope Centre, 26 North
Street, Peterborough, PE1
2RA

Trustees:

Debra Chand - Chair
Jonathan Edwards
Steve Fouch
Joann Morse
Glen Johnson
Joyce Fletcher
Amanda Allchorn
Barbara MacFarlane

Chief Executive Officer:

Sue Bretherick

Bankers

Lloyds Bank

Registered Charity no.

1111680

Country of Registration

England and Wales

Registered Company number

5451295

Country of Incorporation

United Kingdom

Website:

www.parishnursing.org.uk



@parishnursinguk



@parishnursingministriesuknational



@parishnursinguk

Independant Examiner:

Kerry Hilliard ACA FCCA CTA
for and on behalf of:
Price Bailey LLP
36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
PE2 6LR



The Year in Numbers



90

Services actively supported during the year



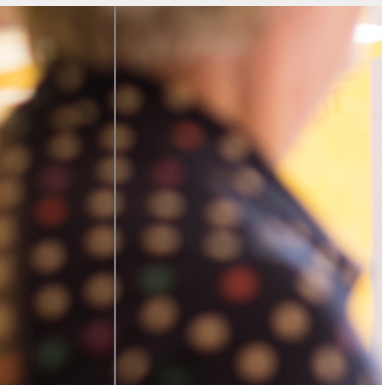
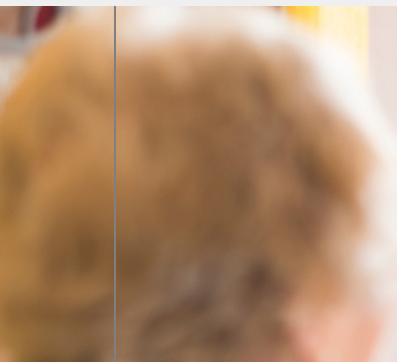
83

Nurses supported



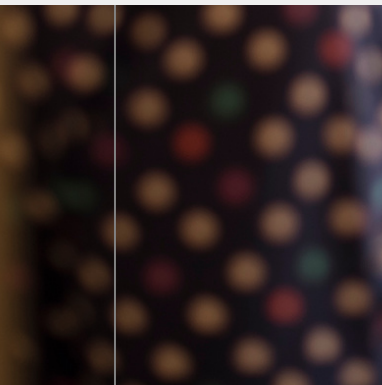
16

New churches with Parish nurses



24

New Nurses Equipped



4

New Masterclasses taught



99

Attending online info sessions about PNMUK



Trustees Report

The landscape of healthcare is changing, marked by discernible shifts. Parish nurses emerge as integral agents, with keen attention given to the individual, and are offering indispensable contribution to their communities. Evidenced by the increase of the use of parish nursing services and the heightened gravity of presenting conditions, the imperative for their intervention is growing.

Churches and Christian organizations, strategically situated within communities, establish the framework necessary for ensuring secure and proficient operations. This enables parish nurses to deliberately prioritize spiritual care as an integral facet of holistic well-being, in accordance with the established model. The significance that arises from this contribution to their practice is increasingly acknowledged as having growing importance.

There exists a myriad of expressions of faith ministries across the UK today, all revealing Jesus to our communities in different ways. Parish Nursing stands as a notable example among them. Repeatedly, it has demonstrated that individuals who are drawn to this esteemed vocation can harness their expertise within a spiritual context to integrate comprehensive healthcare with a sense of profound depth, facilitated by the local church.

The deliberate nurturing of the spiritual dimension within the practice of parish nursing, coupled with a growing emphasis over the past year by the broader secular healthcare domain on attending to the spiritual well-being of nurses, signals a significant shift towards recognizing the pivotal influence that faith or spirituality exerts on an individual's physical and emotional well-being.

It's been a year of action, and of resulting impact, as is detailed in the following pages.

Public Benefit

The trustees have had due regard to The Charity Commission's guidance on public benefit at all relevant times.





16

The year brought a stability and an increase in momentum, substantiated by the initiation and planning of the new services. Notably, a considerable inclination emerged among churches, seeking to institute health-focused initiatives. This was likely driven by the palpable impact of strain on our treasured National Health Service, which reverberated through communities and individuals.

Similarly, a robust enthusiasm was observed among nurses, eager to leverage their proficient capabilities within a spiritual framework, thus supplementing their extensive years of service within the NHS

New Churches with Parish nurses



99 individuals attended an 'Explore Online' event over the course of the year, representing 62 churches between them. Of these, 16 progressed within the years to planning and starting up a new project.

As we enter our third year of working through a robust accreditation and review process with our partner churches and nurses, we are encouraged by the depth that this brings to the services. It ensures that they are set up for the long haul, have all the correct insurance in place and a strong support structure for the nurse.

The majority engaged with the PNMUK's 'Explore Online' events to delve deeper before proceeding with subsequent actions. However, there has been obstacles for some. Setbacks in advancing such as a lack of resources, most frequently in terms of registered nurses available to assume responsibilities within the congregation or community context.





West End Impact, Morecombe Bay



West End Impact, situated in Morecambe Bay, embarked on the initial planning stages of an emerging parish nursing service in late 2019. Over the subsequent year, their efforts focused on securing funding, culminating in a successful contract acquisition from Lancaster City Council at the beginning of 2022. This contract centers on providing assistance to homeless and "at risk of homeless" individuals within their community. Currently, they continue their endeavors towards attaining PNMUK accreditation.

There has been much achieved so far, including recruiting a parish nurse, establishing service infrastructure, and initiating client engagement. Despite time constraints during training, they commenced casual client consultations in April 2022, addressing the need for medical expertise during drop-in sessions and contributing to policy development. Subsequently, they extended support to Advice and Guidance efforts, aiding homeless and vulnerable individuals in accessing healthcare services.

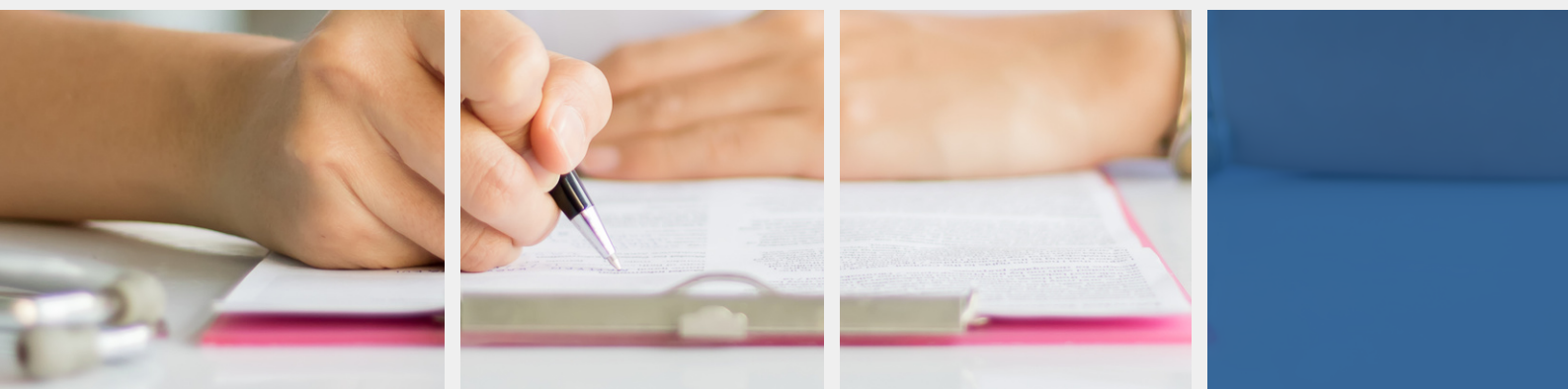
By September 2022, they actively engaged clients during drop-in sessions, embodying the ethos of the Parish Nursing Charter. The client interactions emphasize approachability, active listening, and individualized support. To date, the Parish Nurse has conducted over 70 Health Assessments, guiding clients through complex systems, linking them to various health groups, and offering spiritual support if desired.

The nurse's case load comprises around 25-30 individuals with long-standing challenges, underscoring the depth of issues faced by the homeless and those struggling with physical and mental health. Self-referrals constitute the majority (90%) of clients, with additional referrals originating from NHS, local housing authorities, and internal service teams.



New Nurses
Equipped

24



Preparation for Parish Nursing Practice Course

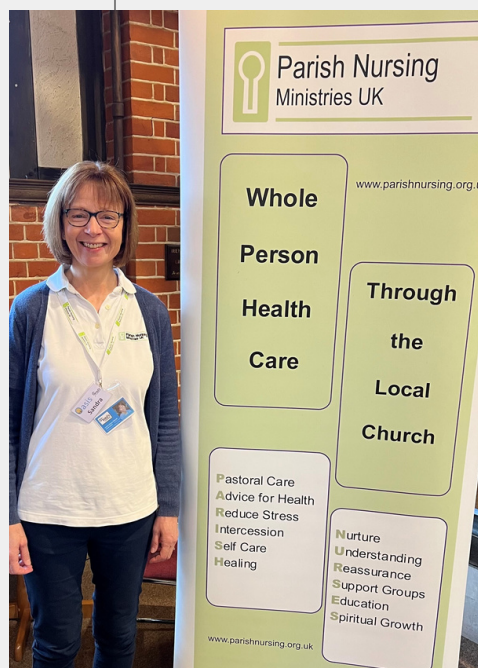
(PfPNP)

The funding received for the Education Lead role plays a vital role in achieving the goal to establish a greater number of Parish Nursing services throughout the UK. Additionally, it empowers us to provide assistance to current Parish Nursing Services when their tenured Parish Nurses choose to transition out of their roles and transfer responsibilities to their successors. Prior to commencing their roles, each incoming Parish Nurse is mandated to complete the Preparation for Parish Nursing course.

Throughout the year, there were two instances of PNMUK's Preparation for Parish Nursing Practice courses. The initial one occurred in April 2022 in an online format, while the second took place in November 2022 as a hybrid course comprising three days of virtual sessions followed by two days of residential learning. Notably, this marked the first occasion since the pandemic that PNMUK facilitated in-person participation in the course. This setting allowed us to pioneer 'simulated learning' in conjunction with the spiritual care module. Simulated learning, an interactive approach, is progressively integrated into mainstream nurse training across the UK due to its effective method of ingrain new skills through hands-on experience.



Mentoring Nurses and Churches



Sandra Higgins, St Paul's Parish Nurse

PNMUK Regional Nurse Coordinators fostered partner relationships through one-to-one engagement with services, church leadership teams and parish nurses. Quarterly Communities of Practice (CoP) were facilitated, allowing much needed professional input alongside peer mentoring with additional professional updates throughout the year.

Barbara, the Regional Nurse Coordinator at PNMUK, has supported Sandra Higgins, the parish nurse at St Paul's Camberley, for 12 years. Sandra spearheaded the parish nursing ministry at St Paul's, transitioning seamlessly from a structured NHS role to a lone working nurse within a supportive church team.

"In my 12 years at St Paul's, time has flown by! Here's a quick rundown of some impactful moments along the way.

Early on, I conducted a mental health crisis home visit, rapidly getting assistance from responsive NHS colleagues. Visiting someone with secondary breast cancer the next day marked the beginning of a recurring interaction that culminated in end-of-life care.

Being present at these moments is an immense privilege, rallying necessary services and providing a praying presence.

Home visits and advocacy remain central to my work. The spectrum of situations encountered is vast, highlighting the need for Parish Nurses to complement statutory and voluntary services, especially as the NHS grapples with complex demands.

Let's keep on keeping on. Undoubtedly, promoting health and overall well-being held paramount significance in Jesus' earthly ministry."

Sandra Higgins, St Paul's Parish Nurse



Events



In addition to conducting the PfPNP course, PNMUK offers a comprehensive education package encompassing webinars and our Annual Symposium. These platforms unite Parish Nurses from across the UK for regular training and support.

Webinars

Our easily accessible and cost-effective webinars have garnered substantial attendance. Topics covered so far include:

- Foundations of optimal leg health
- Student nurse placements in Parish Nursing and NMC practice supervision updates
- Facilitating access to health screening



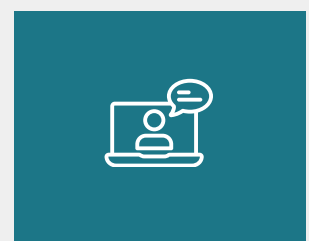
"Thank you for the useful update and resource signposting. Key facts to share with our community."



"Definitely very helpful, especially the preventive aspects we can educate our patients on. More please. Thank you!"

Our **Spring Online Event** centered on church accessibility, featuring guest speakers from collaborative partners Through The Roof (addressing physical disability) and Urban Saints (ensuring accessibility for neurodivergent children and young people).

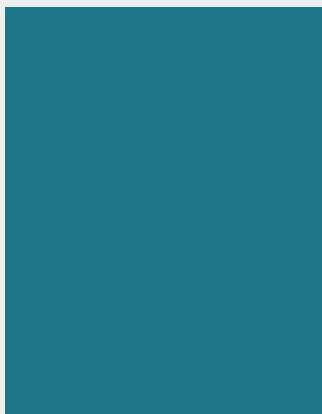
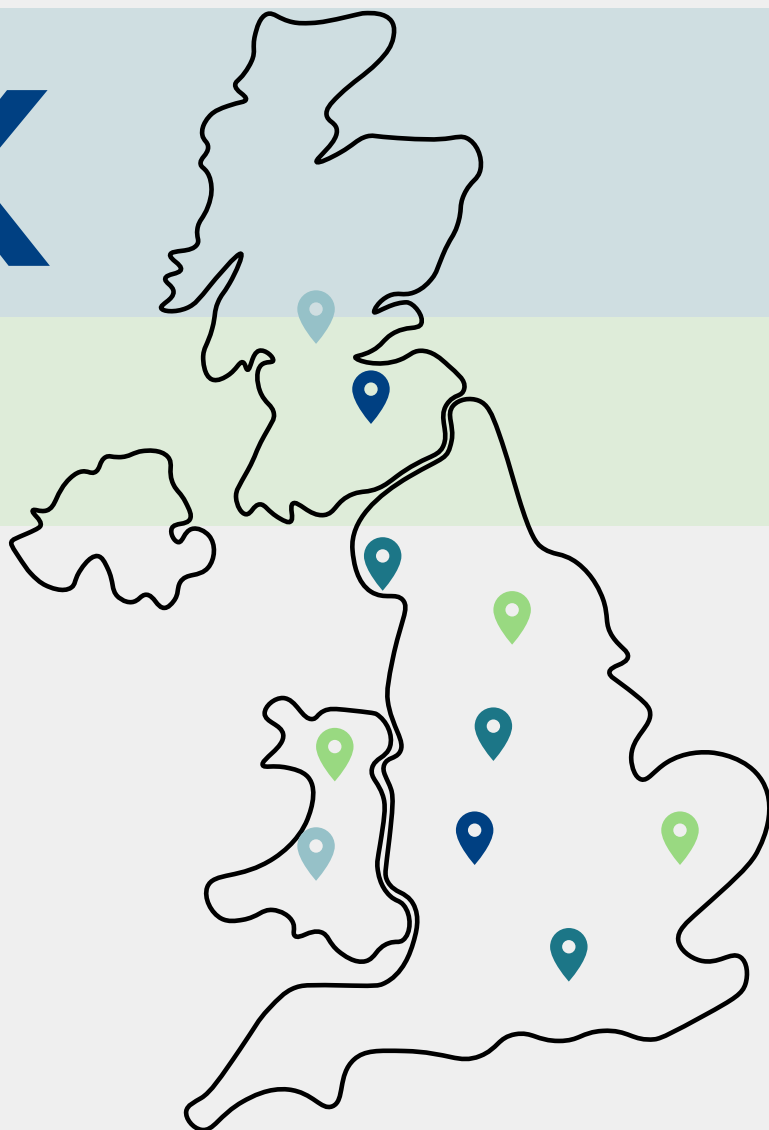
Additionally, three of our parish nurses shared insights on their efforts to enhance engagement accessibility and the resulting impact.



Across the UK

PNMUK partners with
organisations and churches
supporting:

- Homelessness populations
- Drug and alcohol users
- Men's Shed collaborations
- Ageing populations
- Vulnerable women
- Asylum seekers
- Diverse inner cities
- Schools
- Carers
- Mum's and Toddlers
- Mental health support
- Farming communities





Wales

PNMUK received a warm welcome from Cytun Cymru in 2022 and we're delighted to have been granted Cat B membership, following an invitation to apply. This will allow us opportunities to be immersed in Welsh culture and Christian networks where we can learn and develop and spread the parish nursing message in the region.

Farmers Markets

Work with the Warwickshire Rural Hub continues to bring whole person healthcare to farmers and their families at Farmers Markets in Warwickshire. Two parish nurses situated in the café area, were able to offer 218 interventions over the course of 7 markets. These included:

- Blood pressure checks
- Bereavement support
- Back/join pain and pain management
- Living with fatigue/bereavement;
- Professional isolation
- Atrial Fibrillation
- Diabetic given general advice re foot care and eye care regular checks.
- Sleep problems due to stressful life events.
- PSA & Well-Man checks
- General health education/well-being advice.



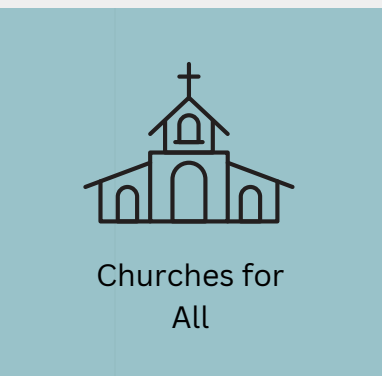
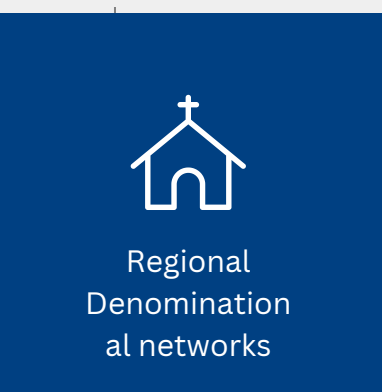
"I had to wait 3 weeks for a doctor's appointment so today, being able to speak to a nurse at the café, was very welcome. Thank you."

Local Farmer

In addition, PNMUK was pleased to take up the invitation from the Agricultural and Horticultural Board of Development to attend their national Agri-Leaders conference in February 2023. Two parish nurses were on hand, alongside a massage therapist, to offer parish nursing input to all attendees at the conference.



Valued Partners & Networks



Governance

Parish Nursing Ministries UK is registered as a company limited by guarantee (without share capital), company number 5451295 and registered as a charity, charity number 1111680. Its governing document is its memorandum and articles association.

The charity's trustees are also the directors for the purposes of the Companies Act.

The Board of trustees administers the charity. The development and delivery of strategy, day to day management of the charity's operational activities is the responsibility of the Chief Executive Officer, ably supported by the Director of Nursing who supports operations and leads on nursing liaison and developments.

Reflecting a broad range of experience in the public sector, church leadership, charity fundraising, finance/business, NHS and health care professional leadership, the Trustees have contributed actively to all aspects of service development and delivery during the year. Through their contact with regional coordinators and parish nurses at meetings and at our Annual Symposium, the Trustees remain connected with the charity's work on the ground.

Trustees continue to meet quarterly to oversee the strategy, finance, and corporate governance of the Charity. Finance and the corporate risk register are considered at all meetings. In the coming year, efforts will be combined to recruit new trustees. Parish Nursing Ministries UK has neither custodian nor corporate trustees.

This report has been prepared having taken advantage of the small companies' exemption on the Companies Act 2006.



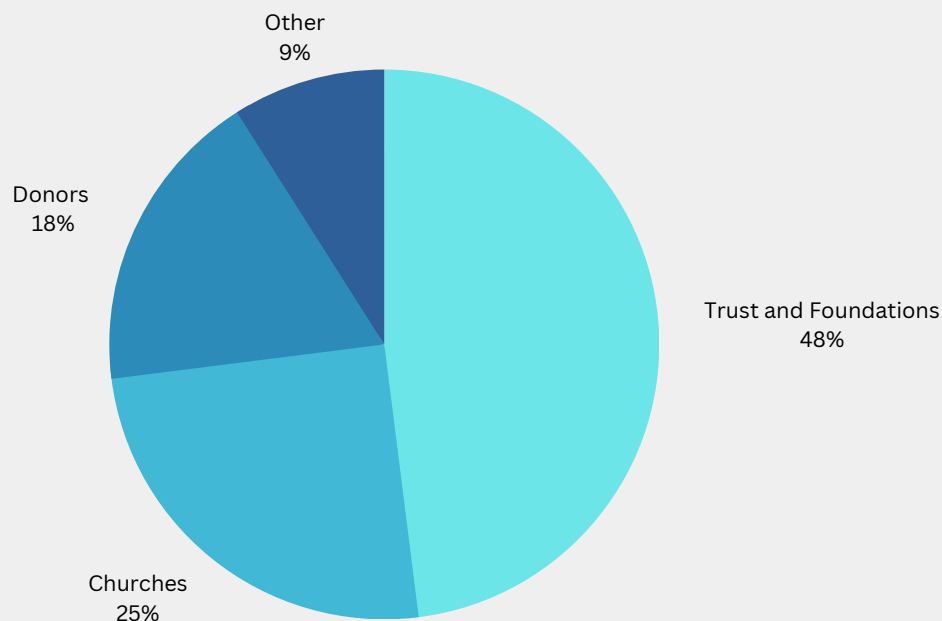
Debra Chand PNMUK Chair

1 September 2023

Raising Vital Funds

As we continued to invest energy into establishing and enlarging income from Trust and Foundations funding, we were delighted by a small but significant response from a number of Christian Charitable Trusts who align with our values and mission.

As we end the year, 48% of our income came from Trust and Foundation donations, with contributions from our church partners covering 27%. Looking forward, we aim to increase individual donor giving throughout the coming year. PNMUK has a small but faithful monthly donor base (4.5% of income), with potential to expand this from within the network of retired parish nurses, retired clergy, and other interested parties on the newsletter circulation.



Due to improved income stability, PNMUK has been able to map out future plans effectively. The increased funding has been channeled into bolstering essential infrastructure aspects such as fundraising support and external communication proficiency.

Reserves Policy

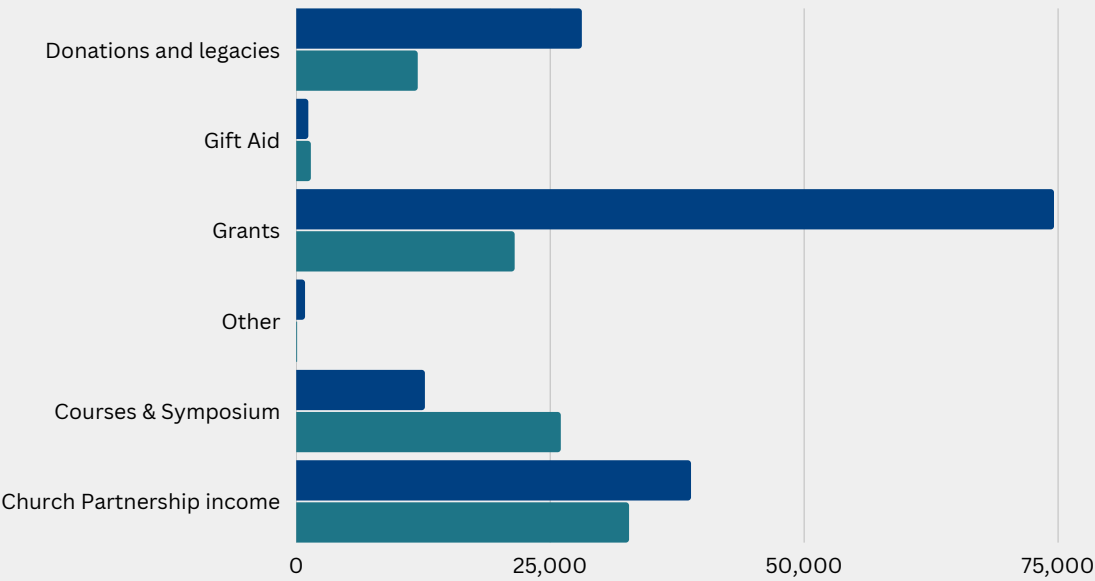
Our reserves policy states that we would hold sufficient reserves to ensure our recurrent outgoings (salaries and rent) for a period of three months and any creditors can be paid. Our total reserves should not fall below £50,000. At the year-end unrestricted reserves were £96,983 and restricted reserves were £7,405.

Finances

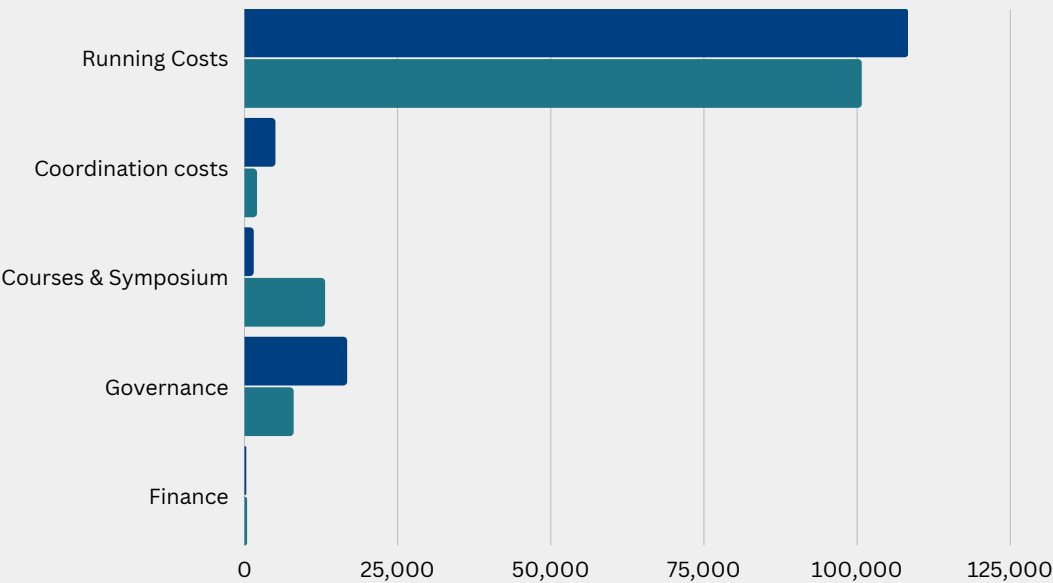
The Financial Statements can be found from page 20 of this report

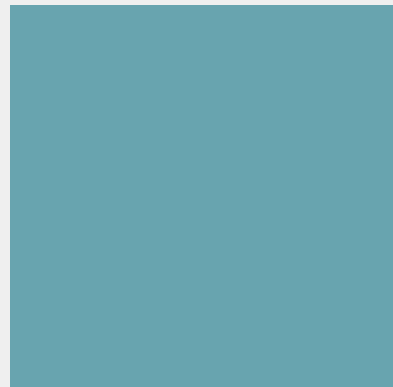
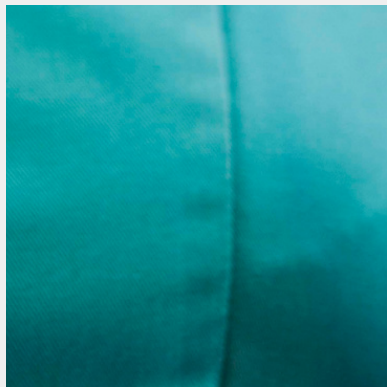
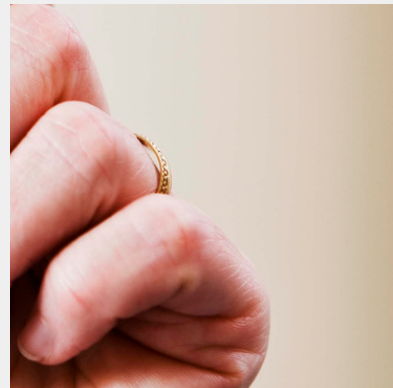
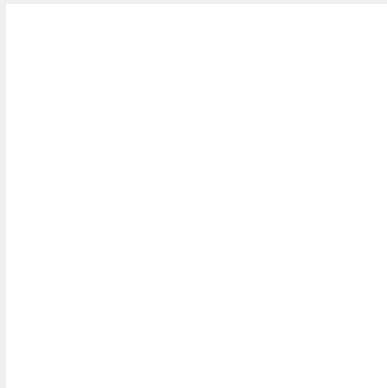
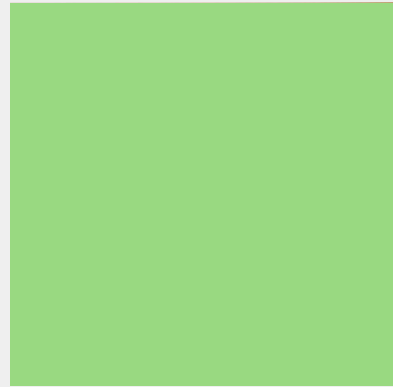


Income



Expenditure





Thank You

As we wrap up another impactful year at PNMUK, we're filled with gratitude for the incredible support that propels our mission forward. This annual report stands as a testament to the strides together we've made, and we extend heartfelt thanks to all who have played a role in our achievements.

Our dedicated volunteers, generous donors, and committed team members form the backbone of our progress. Thank you for being part of the PNMUK family. Together, we're crafting a narrative of positive change. Here's to another year of collaboration, growth, and meaningful impact.



PARISH NURSING MINISTRIES UK
INDEPENDENT EXAMINERS REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARISH NURSING MINISTRIES UK

Independent examiner's report to the trustees of Parish Nursing Ministries UK ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have satisfied my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006. Our independent examination work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our independent examination work for this report, or for the opinions we have formed.



Kerry Hilliard ACA FCCA CTA
for and on behalf of Price Bailey LLP

36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
Cambridgeshire
PE2 6LR

Date: 21/11/23

PARISH NURSING MINISTRIES UK

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

		Unrestricted Funds	Restricted Funds	Total	Total
		2023	2023	2023	2022
	Notes	£	£	£	£
Income and endowments from:					
Donations and legacies	2	34,479	69,305	103,784	34,832
Charitable activities	5	51,469	-	51,469	58,733
Other trading activities	3	230	-	230	20
Investment income	4	594	-	594	65
Total income		86,772	69,305	156,077	93,650
Expenditure on:					
Raising funds		-	-	-	-
Charitable activities	6	70,012	61,711	131,723	124,141
		70,012	61,711	131,723	124,141
Net income/(expenditure) for the year		16,760	7,594	24,354	(30,491)
Transfers between funds	16	2,565	(2,565)	-	-
Net movement in funds		19,325	5,029	24,354	(30,491)
RECONCILIATION OF FUNDS					
Total funds brought forward		77,658	2,376	80,034	110,525
TOTAL FUNDS CARRIED FORWARD		96,983	7,405	104,388	80,034

PARISH NURSING MINISTRIES UK

**BALANCE SHEET
AT 31 MARCH 2023**

		Unrestricted Funds	Restricted Funds	Total	Total
	Notes	2023 £	2023 £	2023 £	2022 £
FIXED ASSETS:					
Tangible assets	12	989	-	989	1,343
CURRENT ASSETS					
Debtors	13	9,986	-	9,986	18,317
Cash at bank and in hand		103,452	41,608	145,060	135,390
		<u>113,438</u>	<u>41,608</u>	<u>155,046</u>	<u>153,707</u>
CREDITORS					
Amounts falling due within one year	14	17,444	34,203	51,647	75,016
NET CURRENT ASSETS		<u>95,994</u>	<u>7,405</u>	<u>103,399</u>	<u>78,691</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>96,983</u>	<u>7,405</u>	<u>104,388</u>	<u>80,034</u>
NET ASSETS		<u>96,983</u>	<u>7,405</u>	<u>104,388</u>	<u>80,034</u>
FUNDS	16				
Unrestricted funds				96,983	77,658
Restricted funds				7,405	2,376
TOTAL FUNDS				<u>104,388</u>	<u>80,034</u>

PARISH NURSING MINISTRIES UK

**BALANCE SHEET - CONTINUED
AT 31 MARCH 2023**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibility for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small company's regime.

The financial statements were approved by the board of trustees on 10th October 2023 and were signed on its behalf by:



Glen M Johnson – Trustee

Company Number: 05451295
Charity Number: 1111680

PARISH NURSING MINISTRIES UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical convention.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Parish Nursing Ministries UK is a charity and company limited by guarantee, registered in England and Wales. The charity's number and registered office can be found on the Company Information page.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Items are only considered as fixed assets if the value is greater than £200. Fixed assets are depreciated by an appropriate amount and using a method of depreciation appropriate to the asset. Depreciation is applied on 31 March including assets acquired in the accounting year. The assets held are depreciated by 20% per annum on a straight-line basis.

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making the assessment, judgements are made in estimating value in use. The directors consider that the individual carrying value of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PARISH NURSING MINISTRIES UK

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES – continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to the financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Reserves

Reserves maintained are commensurate with financial needs.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies.

2. DONATIONS AND LEGACIES

	2023 £	2022 £
Donations	28,074	11,944
Gift Aid	1,155	1,396
Grants	74,555	21,492
	<u>103,784</u>	<u>34,832</u>

3. OTHER TRADING ACTIVITIES

	2023 £	2022 £
Shop Income	230	20

PARISH NURSING MINISTRIES UK

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2023**

4. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	594	65

5. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
Course and symposium fees	Charitable activities	12,647	26,003
Coordinator income	Charitable activities	38,822	32,730
		51,469	58,733

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (note 7)	Support costs (note 8)	Totals
	£	£	£
Charitable activities	6,483	125,240	131,723

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023	2022
	£	£
Course costs	1,503	1,263
Symposium costs	-	11,824
Coordinator costs	4,980	2,016
	6,483	15,103

8. SUPPORT COSTS

	Management	Finance	Governance	Totals
		£	£	£
Charitable activities	108,311	243	16,686	125,240

Support costs, included in the above, are as follows:

PARISH NURSING MINISTRIES UK

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2023**

8. SUPPORT COSTS - continued

	2023 £	2022 £
Management		
Staff costs	97,773	88,197
Pensions	1,537	1,223
Rent	4,038	4,007
Insurance	1,278	1,289
Telephone & IT	2,428	1,863
Postage and stationery	372	269
Advertising	78	500
Sundries	453	2,312
Bad debts	-	595
Depreciation of fixed assets	354	439
	108,311	100,694
Finance		
Bank charges	243	354
	243	354
Governance		
Trustees Expenses	448	119
Independent Examiner fees – independent examination	360	340
Independent Examiner fees – accounts production	834	795
Accountancy and legal fees	4,170	3,309
Professional fees	10,874	3,427
	16,686	7,990

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Independent Examiner fees – independent examination	360	340
Independent Examiner fees – accounts production	834	795
Depreciation – owned assets	354	439

PARISH NURSING MINISTRIES UK

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2023

10. TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

	2023	2022
	£	£
Trustees' expenses	448	119

Expense reimbursements were paid to 1 trustee (2022: 1) during the year for travel and subsistence.

11. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	96,826	87,945
Social security costs	371	251
Pension	1,537	1,223
	98,734	89,420

During the year, key management personnel were paid £25,357 (2022: £24,500). No staff were paid over £60,000 during the year (2022: 0).

The average number of employees during the year was 10 (2022: 11).

12. TANGIBLE FIXED ASSETS

	Computer Equipment £
COST	
At 1 April 2022	3,757
Additions	-
Disposals	-
At 31 March 2023	3,757
DEPRECIATION	
At 1 April 2022	2,414
Depreciation charged in the year	354
Depreciation eliminated on disposals	-
At 31 March 2023	2,768
NET BOOK VALUE	
At 31 March 2023	989

PARISH NURSING MINISTRIES UK**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2023****13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade debtors	5,433	16,491
Prepayments and accrued income	4,553	1,826
	<u>9,986</u>	<u>18,317</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	1,229	10,495
Accruals and deferred income	48,852	62,876
Taxation and other social security	1,566	1,645
	<u>51,647</u>	<u>75,016</u>

15. LEASING ARRANGEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023 £	2022 £
Within one year	3,600	3,600
Between one and five years	-	3,600
	<u>3,600</u>	<u>7,200</u>

16. MOVEMENT IN FUNDS

	At 1/4/22 £	Incoming Resources £	Resources Expended £	Transfers between funds £	At 31/3/23 £
Unrestricted funds					
General fund	77,658	86,772	(70,012)	2,565	96,983
Total Unrestricted	<u>77,658</u>	<u>86,772</u>	<u>(70,012)</u>	<u>2,565</u>	<u>96,983</u>
Restricted funds					
Benefact Trust Grant	857	48,088	(42,342)	-	6,603
Goodnews Evangelical Mission	1,273	11,250	(9,958)	(2,565)	-
Hinchley fund	246	9,967	(9,411)	-	802
Total Restricted	<u>2,376</u>	<u>69,305</u>	<u>(61,711)</u>	<u>(2,565)</u>	<u>7,405</u>

TOTAL FUNDS	80,034	156,077	(131,723)	-	104,388

PARISH NURSING MINISTRIES UK

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2023

16. MOVEMENT IN FUNDS - continued

Comparatives for movements in funds

	At 1/4/21 £	Incoming Resources £	Resources Expended £	Transfers between funds £	At 31/3/22 £
Unrestricted funds					
General fund	105,705	72,158	(104,321)	4,116	77,658
Restricted funds					
Benefact Trust Grant	-	11,912	(11,055)	-	857
Goodnews Evangelical Mission	-	3,750	(2,477)	-	1,273
Hinchley Fund	-	5,830	(5,584)	-	246
Liz and Terry Bramall Foundation	504	-	(504)	-	-
Mercer Fund	4,316	-	(200)	(4,116)	-
Co-op Funding	-	-	-	-	-
Total Restricted	4,820	21,492	(19,820)	(4,116)	2,376
TOTAL FUNDS	110,525	93,650	(124,141)	-	80,034

The Hinchley Charitable Trust Grant is for the remuneration of the Lead Educator role along with associated costs of delivery (travel expenses, CPD, IT software and support, and zoom licence). The Lead Educator leads on the delivery of the Preparation for Parish Nursing Practice course and contributes to the delivery of the Annual Symposium.

The Goodnews Evangelical Mission Grant is for the remuneration of Regional Nurse Coordinator salaries for the north/northeast of England with associated costs of delivery (travel expenses, CPD, Marketing & promotion, Management allocation).

The Benefact Trust Grant is for the remuneration of a pilot role in the mid/northeast of England to enhance the current Regional Coordinator role, with associated costs of delivery. It is also for the remuneration of the current Regional Nurse Coordinator role in the mid/northeast with associated costs of delivery. Associated support and management costs are also allowed under this Grant.

The transfer of funds from the Goodnews Evangelical Mission fund to unrestricted funds in 2023 relates to the subsidising of the coordination costs of the existing parish nursing projects in the regions covered by the grant.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023 (2022: 0).

PARISH NURSING MINISTRIES UK

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	28,074	11,944
Gift Aid	1,155	1,396
Grants	74,555	21,492
	103,784	34,832
Other trading activities		
Shop Income	230	20
Investment income		
Deposit account interest	594	65
Charitable activities		
Course and symposium fees	12,647	26,003
Coordinator income	38,822	32,730
	51,469	58,733
Total incoming resources	156,077	93,650
EXPENDITURE		
Charitable activities		
Course costs	1,503	1,263
Symposium costs	-	11,824
Coordinator costs	4,980	2,016
	6,483	15,103
Support costs - Management		
Staff costs	97,773	88,197
Pensions	1,537	1,223
Rent	4,038	4,007
Insurance	1,278	1,289
Telephone & IT	2,428	1,863
Postage and stationery	372	269
Advertising	78	500
Sundries	453	2,312
Bad debts	-	595
Depreciation of fixed assets	354	439
	108,311	100,694

PARISH NURSING MINISTRIES UK

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2023**

	2023	2022
	£	£
Support costs - Finance		
Bank charges	243	354
Support costs – Governance		
Trustees Expenses	448	119
Independent Examiner fees – independent examination	360	340
Independent Examiner fees – accounts production	834	795
Accountancy and legal fees	4,170	3,309
Professional fees	10,874	3,427
	16,686	7,990
Total resources expended	131,723	124,141
Net income/(deficit)	24,354	(30,491)

Accounts



Annual Report 2021-22

Parish Nursing Ministries UK Review of the Year



Registered in England and Wales 05451295

Registered Charity Number: 1111680

Welcome

Parish Nurses impact many people's lives, making a difference in numerous ways. At Parish Nursing Ministries UK (PNMUK) we support churches and Christian organisations across the UK to play a role in promoting and providing community-based health care.

Our parish nursing approach is to acknowledge the whole person and offer community-based care that:

- Prevents or reduces loneliness or isolation of vulnerable people.
- Provides individual health education, promotion, and intervention.
- Offers individual spiritual care (as is appropriate in the setting).

Our Mission

- To deliver whole person healthcare through the local church, using registered nurses, among communities across the UK

Our Vision

- To see every church in the UK providing whole person healthcare to their communities through a trained Parish Nurse.

The Charity is governed by Memorandum and Articles of Association, which state the charitable objects as:

- A) the preservation and protection of good health among communities throughout the UK by the provision of assistance in funding the costs and training of parish nurses and by assisting in the education and training of said parish nurses.
- B) the advancement of the Christian faith throughout the UK by the promotion of parish nursing and assisting in the establishment and training of parish nurse initiatives.
- C) to support specific overseas parish nursing initiatives.

Activities – how the charity spends its money:

1. Education of qualified registered nurses so that they can work with their church to provide health care (physical, mental, and spiritual), advice and advocacy to their local community.
2. Ongoing support for in post nurses and their appointing churches.
3. Continuing education in the form of training days and an annual symposium.

Public Benefit

The trustees have had due regard to The Charity Commission's guidance on public benefit at all relevant times.

Contents

Introduction from the Chair of Trustees	2
The Year in Numbers	3
Activities for Achieving our Objectives	4
Financial Report	13

Trustees

Debra Chand (Chair)
Jonathan Edwards (Vice-Chair)
Steven Fouch
Joanne Morse
Amanda Allchorn
Joyce Fletcher (appointed June 2021)
Glen Johnson (Treasurer, appointed October 2021)

Senior Leadership Team

Sue Bretherick CEO
Anne Taylor Director of Nursing

Registered Charity number (England & Wales) 1111680
Limited Company number 5451295

Registered Address

The Hope Centre, 26 North Street, Peterborough, PE1 2RA

Website

www.parishnursing.org.uk

Twitter

@parishnursinguk

Facebook

@parishnursingministriesuknational

Independent Examiner

Kerry Hilliard ACA FCCA CTA for and on behalf of:
Stephenson Smart & Co
36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
PE2 6LR

Bankers

Lloyds Bank



Bringing passion and skill to restore health and wholeness



Debra Chand PNMUK Chair



Sue Bretherick PNMUK CEO

IN RECENT YEARS we have seen how lives can be ripped apart emotionally, socially and spiritually by health and life worries.

As the cost-of-living crisis bites deep, Covid-19 hovers and the health and social care system comes under severe strain, community faith nursing is more relevant than it has ever been.

Parish nurses are at the frontline of bringing relief in the midst of crisis, working at the heart of communities to restore wellbeing, reduce that known killer, loneliness, and bring Christ's healing presence to people who are experiencing life-sapping health, poverty or poor life chances.

Every parish nursing service is unique, responding to diverse needs in local communities. Yet all are called by the same vision – to reach people in Christ's name and restore health and wholeness through the skill, passion and energy of registered nurses working through the church.

Restoring wellness takes time – often far more than a 10-minute appointment.

Parish nurses can bridge gaps the busy NHS struggles to cover, including offering the gift of time and face-to-face care. As a parish nurse recently commented:

“Whether it's supporting someone struggling with grief, understanding a diagnosis, or needing some mental health support, we're here and available.”

Parish nurses are also vital and trusted connectors, spotting and resolving problems early and referring speedily into other partner services to help turn lives around.

Imagine if every community had a parish nurse. If everyone was offered whole person healthcare.

There are currently 84 certificated parish nurses, operating across 68 accredited parish nursing services within churches and Christian organisations in the UK. That's some going.

But many people are struggling alone, without the vital help a parish nurse can bring.

We need many more services across the country to reach communities in need.

Which is where Parish Nursing Ministries UK comes in.

Passionate about protecting and restoring health, we are skilled in helping churches to set up new parish nursing services, equip and prepare nurses, and build relationships that ensure sustainability.

Our trusted training and templates make life that bit easier for busy leaders to bless local communities by supporting a nurse in their church to develop a parish nursing ministry.

Our annual Symposium and vision days are highlights in the year, providing spaces for nurses to recharge and gain fresh insight for this very special calling. And our guidance helps to ensure that services run safely and well.

Now, we aim to grow stronger, inspire and equip more churches, and ensure the wellbeing of nurses so that together we can reach and help many more people through their health crises.

We have seen God's blessing in so many ways this year, including bringing new Trustees to enrich our diversity and governance, and funders, churches and prayer partners who share the vision.

While requiring a significant step change in resourcing, we believe our plans are God-breathed as we work together to bring the passion and skill of nurses and churches to restore the nation's health.

The Year in Numbers

55,096

Total parish nursing hours across the UK (avg 71 services)

Of the above

47% were volunteer hours

11,928

Volunteer Parish Nursing Assistants hours across the UK

Explore Online Events

90 individuals representing

67 churches or Christian organisations, discovering more about parish nursing and how to set up a service.

362 PNMUK hours gifted towards central activities, 30 hours a month

87 Parish Nurses supported throughout the year (median)

65 attendees at Annual Symposium

71 Active Services throughout the year (median)

Parish Nurses equipped to run a service

17 Nurses completed the Preparation for Parish Nursing Practice course, certifying them to work as a parish nurse

12 participants completed the pilot Parish Nurse Assistants course

50 Communities of Practice held over the year

7 services currently engaged in the planning phase with PNMUK

New Parish Nursing Services fully accredited

Helped **5** churches set up a new Parish Nursing service

Why Parish Nursing?

Around the UK, there is a shortage of accessible health care that is responsive to the needs of individuals and communities. Alongside this, as a Christian charity, we act as 'Christ's hands and feet' to those in need. The local church is an effective community structure which can provide holistic health care to an agreed standard and quality, as part of their ministry to their local communities. Our parish nurses operate within communities that have changed significantly since the start of the pandemic, especially with how health care is accessed. Physical, mental, and spiritual health needs have escalated greatly during the pandemic and left people feeling exhausted. Against this backdrop, the need for parish nursing is greater than ever.



One

We support churches and Christian organisations to set up new accredited Parish Nursing Services.

THE PANDEMIC CONTINUED to interrupt the promotion of parish nursing, specifically as exhibitions and in-person events were cancelled and postponed. Our response was to develop a free online initiative called 'Explore Online' which gave interested parties a one-hour interactive overview of parish nursing. Six sessions of 'Explore Online' were offered over the course of the year, with an encouraging surge in interest from churches and nurses, many of whom progressed to a more in-depth session, 'Explore More', with the intention of planning a parish nursing service.

Remarkably, five new churches setting up parish nursing services were supported to full accreditation in 2021/22 against the adverse backdrop of the pandemic.

A further seven were in the process of setting up a new parish nursing service in March 2022.

The charity maintained its proven robust planning and accreditation system for new parish nursing services; paramount to ensuring that churches and nurses operate safely within a professional framework in supporting their communities.

We recognise that many church partners were faced with mounting challenges throughout the year. These included navigating the pandemic with the restrictions imposed for in-person ministries, increasing pressure on finances and the physical, mental, and emotional toll on clergy and leadership teams supporting bereaved and harried congregations and communities. Thus it was no surprise that fourteen parish nursing services closed over the course of the year. Our data tells us that of these, five closed due to parish nurses' retirement/personal reasons, two closed due to a change in financial circumstances and six because of internal church matters.

New Parish Nursing service spotlight: St Michael's, Camden

Located in the heart of the London borough of Camden, this new service was set up during the height of the Covid-19 pandemic. As a result, initial engagement with the parishioners and local community was frustratingly slow, despite the need. The parish nurse was keen to reach out within the framework of changing restrictions, and thus worked closely with the ministry team to provide:

- Christmas and Easter 'parcels' for those who were vulnerable and felt unable to come to church, containing information about the parish nurse's role, goodies, prayers, mindfulness activities etc.
- Health checks and a health advice stall at the Michaelmas Garden Party.
- Proactive contact with those who were known to be unwell, post operative or had requested a visit. One gentleman was struggling with caring for his partner who had just been diagnosed with Alzheimer's. The parish nurse was able to visit them and direct him to local and national services to obtain more support and understanding of the condition.
- Coffee and a chat with health advice on offer, after the midweek midday service to those in attendance once restrictions had lifted.
- Soup made during Lent and offered to 'street dwellers' in the local area of Camden.

This service seeks to support regular and occasional church attenders, as well as those who engage with groups which the parish offers e.g. gardening group to support those with mental health concerns. It also focuses on outreach to the homeless and others who congregate around the church premises.

Two

We equip registered nurses through the Preparation for Parish Nursing Practice Course.

THE PREPARATION FOR Parish Nursing Practice course is to equip experienced Registered Nurses to transfer their skills and knowledge to practice within faith community nursing. Specifically, this includes learning how to integrate intentional spiritual care and self-care in nursing practice. It enables nurses to explore their own faith and spirituality within a professional role and to develop skills and knowledge in planning and running a nursing provision within a non-health organisational setting.

The course is an important starting point to parish nursing practice because it imparts essential practice knowledge, such as applying principles of governance in a non-statutory setting, necessary to ensure parish nursing work is properly governed within professional and legal parameters; it is an opportunity to explore and deepen vocation and self-knowledge with other Christian nurses; it provides a peer group around individuals' professional development and learning; and it provides course participants with the language and model on which to base their practice.

"It was thorough in clarifying and applying the principles in practice outside the statutory health service setting and I am very impressed with how thorough and professional PMNUK are at ensuring the true governance around parish nursing." —Course Participant

"Left me realising how much I segregate my faith and nursing practise." —Course Participant

The Preparation for Parish Nursing Practice course was held exclusively online again this year. After successfully transitioning the course online in 2020, the Educator Team maintained high standards of core content and

delivery in 2021. Taking a responsive and flexible approach, improvements and adjustments were made in a timely manner to ensure accessibility throughout. Additional tutorials were put in place to support the informal learning that would've taken place through conversations in an in-person setting. As a result, seventeen nurses successfully completed the course in the year and received Parish Nursing Certification.

"I gained a great amount undertaking the Preparation for Parish Nursing Practice course in 2021; the holistic focus and how the parish nursing practice model is delivered on the ground became very clear to me as the weeks progressed."

"I was able to summarise the programme to our Parish Rector in a way that demonstrates the educative, preventative, restorative, supportive and palliative elements of the work, in a theory to practice way, utilising examples that we have worked through on the course, as well as from the videos and reading we have received. This has been very helpful and has shaped the next steps we will take as an organisation to develop the PN service."

"This is the first course I have ever undertaken which has fully integrated theological reflection, biblical readings, and prayer, as part of the overall learning journey, an experience I greatly appreciated."

"I am very much looking forward to the next phase of work, including linking with our regional coordinator, taking part in the next online event in February, as a Parish team, and progressing towards my personal certification and in time our service accreditation. Thank you for bringing us your experience and knowledge each week and for your overall coordination and delivery of an excellent learning experience."

—Bob, Course Participant, Northern Ireland, Nov 2021

Three

We mentor partner churches and nurses.

PNMUK CONTINUED TO be committed, responsive and proactive to a variety of needs and queries directly from our church partners through the Central office. This forms an integral part of the support we offer our partners, as Parish Nursing services are all different, each facing unique challenges locally and responding to diverse needs within local communities.

Regional Nurse Coordinators fostered partner relationships through one-to-one engagement with services, church leadership teams and parish nurses. Quarterly Communities of Practice (CoP) were facilitated by PNMUK, allowing much needed professional input alongside peer mentoring with additional professional updates throughout the year.

This was especially needed as the pandemic wore on. Parish nurses, with undeterred commitment faced unrelenting pressures alongside their church leadership teams.

As parish nurses coped with high levels of stress, isolation and increasing demands on their time, the CoPs proved a vital source of encouragement and resilience.

Regular professional updates and guidance from the Director of Nursing offered well-timed input, and specific to this year, updates, guidance, and policy revisions addressing Covid-19.

26 parish nurses attended the pilot PNMUK Masterclass in November 2021. This was another, new, layer of professional support for the parish nurses, in recognition of the high level of pressures on nurses and the risk of feeling isolated within a parish nursing role.

We were delighted to be championing parish nursing, and specifically our partner parish nursing services through social media platforms. The PNMUK social media footprint grew, mainly through Twitter, resulting in several fresh networking and awareness raising opportunities. PNMUK Keeping Connected on Facebook continued to offer a place for parish nurses to connect and share information and events, in a safe moderated space.



The stall within the Moor Market,
St Matthews Parish Nursing Team, Sheffield



"The stall opened in the spring. We see a variety of clients including market shoppers and stall holders. Some come for advice about a specific condition or health concern. Others come regularly to check their blood pressure or weight, and some come because they are lonely and feel isolated and like to catch up with us and share their news."

"We ran several health focussed events including a men's health week which was supplemented with videos on Facebook and a breast cancer awareness day to coincide with Wear It Pink. We also held a colouring competition for young people to get them thinking about how they could stay healthy in the holidays."

"We provided information packs in relation to long covid as we saw several clients who were struggling and on a long waiting list for a long covid clinic appointment. We have discussed poor mental health and referred clients to their GP or specialist support groups. We picked up some significant safeguarding concerns and have referred onto appropriate agencies to ensure the clients are safe and supported."

"We held an All Souls event for those who had lost loved ones and collected names for our memorial wall and prayers were said for all on All Souls day. We have provided prayer resources including prayer cards, rosary beads and information booklets"

—Michaela, lead parish nurse, St Matthew's Carver Street, Sheffield

Four

Symposium

AFTER AN ONLINE event in the previous year, we were delighted to meet in person again in March 2022 for the annual PNMUK Symposium. A strong programme of speakers was enhanced by two practical workshops.

Underpinning the event was time and space to worship, reflect and connect with others – an especially vital element of support and input for the parish nurses, after an exhausting and isolating time of giving throughout the pandemic. The event concluded with an open mic session where individual parish nurses shared a diversity of good practice examples as well as innovative collaborations and emerging opportunities. 65 people attended.



"Really appreciated the session on Chronic fatigue and recovery. Inspiring and informative."

"Great, feel a sense of encouragement, inspired!"

"Thank you for the wonderful organisation of the symposium, very enjoyable, great to meet everyone and share fellowship and learning together."

"I enjoyed the breadth of worship options and thought they were all excellent. I appreciated the emphasis on faith throughout the sessions. Everything was relevant and well planned. I appreciated being able to access CPR update. A huge thank you to you all."

"I have really enjoyed symposium, especially after such a long period of not meeting in person."

Five

Grow and develop relationships, partnerships, and wider network involvement

ACROSS THE UK, existing localised parish nursing partnership agreements with churches and Christian organisations include those offering support to:

Homelessness populations | Drug and alcohol users | Men, through Men's Shed collaborations
Ageing populations (dementia care, loneliness, leg and feet health, chair exercise and walking groups)
Vulnerable women | Asylum seekers | Diverse inner cities with high levels of deprivation
Schools | Carers | Mum's and Toddlers | Mental health support | Farming communities

PNMUK has much potential for continuing with existing network partnerships and developing new collaborations to extend the impact of Parish Nursing across communities throughout the UK. These are examples of established and emerging partnerships:

Existing

Westberg Faith Community Nursing International World Forum | Christians Against Loneliness
Christian Medical Fellowship Nurses and Midwives Advisory Committee
Churches for All | Christian Healing UK | Nursing and Midwifery Council | Cinnamon Network
Nursing Charities CEO group

New

Royal College of Nurses Professional Leads | Chief Nursing Officer, Wales
Relationship established with new lead within the Nursing and Midwifery Council (NMC)
Membership of the NHS England Community Nursing Stakeholder Advisory Panel

In addition, 2021/22 saw us reaching out to a wider diversity of church denominations, some of which will materialise into partnerships in the coming year. This is an area of focused strategic development for the next three years.

Other

Contribution to District Nurse Specialist Practitioner Qualification curriculum at Anglia Ruskin University and Glasgow Caledonian University

Collaboration with Open University research

Inputs to Open University research into informal carers Steering Group
Literature review into the spiritual care of nurses

Activities for Achieving our Objectives

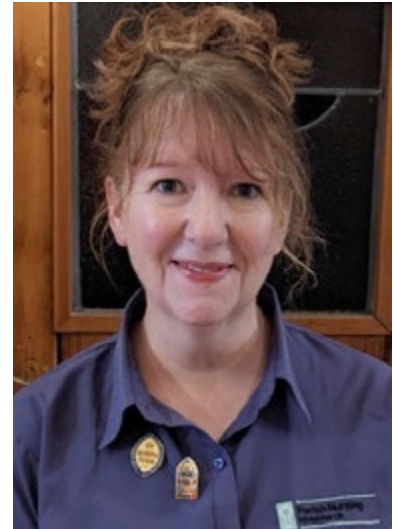
Grow and develop relationships, partnerships,
and wider network involvement

Morecambe Bay

The collaborative relationship between PNMUK, The Parish Nursing Service Emmanuel Community Church Barrow in Furness, and the University Hospitals Morecambe Bay NHS Trust, continued to provide effective transitional care to patients who had been discharged from the orthopaedic trauma ward at Furness Hospital and who without additional support, were thought to be at risk of early readmission or deterioration. Ruth MacDonald is the parish nurse taking the lead on this.

"My Irish ex physio volunteered at our chair exercise class today. St. Patrick's Day theme. Good fun for all. A lady has been coming for 8 weeks and testified she has more movement in her shoulder than for many years. She is thrilled she can now lift her arm above her head."

—Ruth, Parish Nurse, Emmanuel Community Church, Barrow in Furness



Farmers Markets

In collaboration with the Warwickshire Rural Hub, PNMUK provided a parish nurse to offer health screening, information, and advice to attendees at their Farmers Markets. As a result, over the course of two market dates, 55 blood pressure readings were taken with six follow up recommendations to visit a GP. Health discussions were welcomed, and advice subsequently issued on several topics, but specifically joint/back pain and pain management, Fibromyalgia, Aortic Aneurism screening, Restless Leg Syndrome, Arthritis, medication explanations, baby health issues, bereavement, stress management within the pressures of contemporary farming, and accompanying loneliness and isolation that is widely recognised within the farming profession.

The Dementia Café, Capel St Mary Methodist Parish Nursing Service, Suffolk

WHEN I STARTED to plan the Dementia Café, I had no idea of how important this group would be during the long period of lockdown

Due to the uncertainty surrounding changing restrictions under the pandemic, I decided to link a volunteer with each person who had initially attended so they could make telephone contact regularly and feedback any concerns to me. This proved to be invaluable, and relationships were strengthened between the volunteers and the clients. A bi-monthly newsletter, delivered by a doorstep visit, with news of our group including birthdays and anniversaries, a quiz, jokes page, exercises to do at home, reminiscence, a short devotion, and anything else that would be of interest to them kept loneliness and isolation at bay, and mitigated any worsening effects of dementia. If there were concerns raised about any of the group, I would follow it up with a visit. The impact of this initiative was summed up by one of our members:

"It is nearly a year since we last met up at the café and we have missed it so much. We are very grateful for the continued support and effort you have all made to keep in touch during our many periods of shielding or lockdown. We really look forward to and enjoy the newsletter with the various quizzes, jokes, and members news. We really did

appreciate the Christmas cards and gifts you delivered, and the organising of your helpers to contact us on a very regular basis, it really has helped to keep both {Bob} and myself going. Thank you again."*

From their son:

"I would just like to add a big thank you to you and your team as the difference it makes to Mum and Dad when they have attended is remarkable."

We are now meeting again, much to everyone's delight. Nearly everyone returned and we are now welcoming new people. We currently have 24 regular attendees (that includes Clients and Carers). We drink tea and eat homemade cake! We have a varied programme of activities including quizzes, games, crafts, singing and percussion and always have a chair-based exercise session to close with. I have an excellent team of ten committed volunteers and some additional people who will step in occasionally as needed.

Running this group has been a privilege and through it I have met some remarkable people, who are living with Dementia and the challenges that this brings.

Margaret, Parish Nurse, Capel St Mary

*Anonymised



Capel Parish Nurses received an award from the High Sheriff of Suffolk: "In recognition of the Outstanding Service to the Community in Suffolk during the Covid-19 Pandemic".

Six

We raise funds for stability and sustainability

TO CONTINUE TO be sustainable, we need to grow. Specifically we need much greater core capacity to support existing and new services, whilst developing additional resources and extending reach into new areas. This has been the focus of our fundraising over the past year.

The Hinchley Trust invested specifically in the Lead Educator, with a two-year grant to embed this post and develop the education offering. As a result we designed and delivered the Parish Nurse Assistants pilot course in March 22, in addition to the two Preparation for Parish Nursing Practice courses over the year. Overall, 29 people benefitted from our education offering through these online courses over the year, and are now either in the planning phase of setting up a service, or actively engaged in parish nursing.

New funding from The Goodnews Evangelical Mission has released capacity to build in the North of England, using the Regional Nurse Coordinator role to build relationally and using local knowledge and networks, in the region.

The Benefact Trust likewise awarded a three-year grant to extend reach into Wales and in the Northeast of England, focusing on new and innovative parish nursing practices. This fund allowed us to pilot an enhanced Regional Coordinator Role, which encompasses the 'Explore Online' remit. This pilot role is designed to have capacity to engage in regional networks that are new to PNMUK, with the aim to diversify our ecumenical and organisational base. We will also be doing active research in Wales to establish a Regional Coordinator Role in the country from 2023 to drive the promotion of Parish Nursing in a culturally relevant manner.

Key to our fundraising ambitions this year, has been the engagement of a fundraising consultant, to work alongside the CEO in developing a focus on Grants and Trusts, thereby diversifying our income streams (another key strategic goal).

The PNMUK Board of Trustees engaged the services of Yeomans Consultancy for a development day in October 2021, to identify next steps in the transition of the charity from Founder led to Governance led. The outcome was a clear picture of identified gaps, alongside a realistic plan of action for the immediate future. This will continue to be built on in 2022/23, with ambitions to have the essential structure in place to facilitate a strong strategic plan.

Governance

Parish Nursing Ministries UK is registered as a company limited by guarantee (without share capital), company number 5451295 and registered as a charity, charity number 1111680. Its governing document is its memorandum and articles of association.

The charity's trustees are also the directors for the purposes of the Companies Act.

The Board of trustees administers the charity. The development and delivery of strategy, day to day management of the charity's operational activities is the responsibility of the Chief Executive Officer, ably supported by the Director of Nursing who supports operations and leads on nursing liaison and developments.

Reflecting a broad range of experience in the public sector, church leadership, charity fundraising, finance/business, NHS and health care professional leadership, the Trustees have contributed actively to all aspects of service development and delivery during the year. Through their contact with regional coordinators and parish nurses at meetings and at our Annual Symposium, the Trustees remain connected with the charity's work on the ground.

Trustees continue to meet quarterly to oversee the strategy, finance, and corporate governance of the Charity. Finance and the corporate risk register are considered at all meetings.

Parish Nursing Ministries UK has neither custodian nor corporate trustees.

This report has been prepared having taken advantage of the small companies' exemption on the Companies Act 2006.



Debra Chand PNMUK Chair

2 December 2022

Financial Review

PROGRESS WAS MADE in 2021/22 in the charity's financial development. Specifically, the appointment of a Treasurer Trustee secured financial expertise at Board level. Additionally, the services of an external fundraising consultant enhanced the work of the CEO in diversifying the charities' income stream through a Grants and Trusts specialism. As a result, three significant grants were awarded in the year. These were from the Hinchley Charitable Trust, Goodnews Evangelical Mission and the Benefact Trust (previously known as Allchurches Trust).

With the lifting of Covid restrictions, operating expenses, such as travel expenses, started to increase with the view that these should return to pre-pandemic levels over the course of the next year.

Variable income, from courses and the annual Symposium, has been ringfenced to reinvest in these offerings, providing a risk-free base from which to plan future income generating events. In addition, annual contributions from church partners continued to form a core income stream, offsetting a portion of the cost of providing support to our partners.

We also received several ad hoc and regular donations from a small number of Churches and personal donors and supporters.

We are grateful to our grant funders and to all our church partners and donors for their consistent financial support throughout another tough year, without which, we could not continue our work.

Income

In 2021/22 our income came from:

- New Grant funding
- Personal and Church donations
- Grant funding – carried over
- Annual Partnership Contributions
- Variable – Education and Symposium income

How We Spent It

The main areas of expenditure were:

- Staff Salaries
- Overheads (office, equipment etc.)
- IT inputs and development
- Education and Symposium delivery

Summary of Our Financial Position

We ended the year with a Total income of £93,650 and expenditure £124,121 with total reserves carried forward of £80,034.

Reserves Policy

Our reserves policy states that we would hold sufficient reserves to ensure our recurrent outgoings (salaries and rent) for a period of three months and any creditors can be paid. Our total reserves should not fall below £50,000. At the year-end unrestricted reserves were £77,658 and restricted reserves were £2,376.

Financial Statements

Our financial accounts and statements can be found from page 16 of this report.

**PARISH NURSING MINISTRIES UK
INDEPENDENT EXAMINERS REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARISH NURSING MINISTRIES UK

Independent examiner's report to the trustees of Parish Nursing Ministries UK ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have satisfied my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006. Our independent examination work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our independent examination work for this report, or for the opinions we have formed.



Kerry Hilliard ACA FCCA CTA
for and on behalf of Stephenson Smart & Co

36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
Cambridgeshire
PE2 6LR

1 December 2022

PARISH NURSING MINISTRIES UK

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total	Total
	Notes	2022 £	2022 £	2022 £	2021 £
Income and endowments from:					
Donations and legacies	2	13,340	21,492	34,832	42,642
Charitable activities	5	58,733		58,733	50,188
Other trading activities	3	20	—	20	—
Investment income	4	65	—	65	102
Total Income		72,158	21,492	93,650	92,932
Expenditure on:					
Raising funds		—	—	—	—
Charitable activities	6	104,321	19,820	124,141	106,080
		104,321	19,820	124,141	106,080
Net (expenditure)/income for the year		(32,163)	1,672	(30,491)	(13,148)
Transfers between funds	16	4,116	(4,116)	—	—
Net movement in funds		(28,047)	(2,444)	(30,491)	(13,148)
RECONCILIATION OF FUNDS					
Total funds brought forward		105,705	4,820	110,525	123,673
TOTAL FUNDS CARRIED FORWARD		77,658	2,376	80,034	110,525

PARISH NURSING MINISTRIES UK

BALANCE SHEET AT 31 MARCH 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £	Total 2021 £
FIXED ASSETS:					
Tangible assets	12	1,343	—	1,343	1,382
CURRENT ASSETS					
Debtors	13	18,039	278	18,317	22,768
Cash at bank and in hand		79,284	56,106	135,390	90,384
		97,323	56,384	153,707	113,152
CREDITORS					
Amounts falling due within one year	14	21,008	54,008	75,016	4,009
NET CURRENT ASSETS		76,315	2,376	78,691	109,143
TOTAL ASSETS LESS CURRENT LIABILITIES		77,658	2,376	80,034	110,525
NET ASSETS		77,658	2,376	80,034	110,525
FUNDS					
Unrestricted funds	16			77,658	105,705
Restricted funds				2,376	4,820
TOTAL FUNDS				80,034	110,525

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibility for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the board of trustees on 23 November 2022 and were signed on its behalf by:



G Johnson – Trustee

Company Number: 05451295

Charity Number: 1111680

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical convention.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Parish Nursing Ministries UK is a charity and company limited by guarantee, registered in England and Wales. The charity's number and registered office can be found on the Company Information page.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Items are only considered as fixed assets if the value is greater than £200. Fixed assets are depreciated by an appropriate amount and using a method of depreciation appropriate to the asset. Depreciation is applied on 31 March including assets acquired in the accounting year. The assets held are depreciated by 20% per annum on a straight-line basis.

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making the assessment, judgements are made in estimating value in use. The directors consider that the individual carrying value of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to the financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Reserves

Reserves maintained are commensurate with financial needs.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	11,944	31,869
Gift Aid	1,396	5,273
Grants	21,492	5,500
	34,832	42,642

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Shop Income	20	—

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	65	102

5. INCOME FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
Course and symposium fees	26,003	7,206
Coordinator income	32,730	42,782
Miscellaneous income	—	200
	58,733	50,188

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (note 7)	Support costs (note 8)	Totals
	£	£	£
Charitable activities	15,103	109,038	124,141

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Course costs	1,263	1,204
Symposium costs	11,824	100
Coordinator costs	2,016	1,563
	15,103	2,867

8. SUPPORT COSTS

	Management	Finance	Governance	Totals
	£	£	£	£
Charitable activities	100,694	354	7,990	109,038

Support costs, included in the above, are as follows:

	2022	2021
	£	£
Management		
Staff costs	88,197	82,745
Pensions	1,223	1,069
Rent	4,007	6,614
Insurance	1,289	1,289
Telephone & IT	1,863	5,497
Postage and stationery	269	200
Advertising	500	162
Sundries	2,312	98
Bad debts	595	—
Depreciation of fixed assets	439	350
	100,694	98,024

continued...

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**8. SUPPORT COSTS** *continued*

	2022	2021
	£	£
Finance		
Bank charges	354	321
	354	321
	2022	2021
	£	£
Governance		
Trustees Expenses	119	—
Independent Examiner fees – independent examination	340	330
Independent Examiner fees – accounts production	795	750
Accountancy and legal fees	3,309	3,788
Professional fees	3,427	—
	7,990	4,868

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Independent Examiner fees – independent examination	340	330
Independent Examiner fees – accounts production	795	750
Depreciation – owned assets	399	350

10. TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

	2022	2021
	£	£
Trustees' expenses		
Trustees' expenses	119	—

Expense reimbursements were paid to 1 trustee (2021: 0) during the year for travel and subsistence.

11. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	87,945	82,488
Social security costs	251	257
Pension	1,223	1,069
	89,420	83,814

During the year, key management personnel were paid £24,500 (2021: £24,500). No staff were paid over £60,000 during the year (2021: 0).

The average number of employees during the year was 11 (2021: 11).

12. TANGIBLE FIXED ASSETS

	Computer Equipment
	£
COST	
At 1 April 2021	3,357
Additions	400
Disposals	—
At 31 March 2022	3,757
DEPRECIATION	
At 1 April 2021	1,975
Depreciation charged in the year	439
Depreciation eliminated on disposals	—
At 31 March 2022	2,414
NET BOOK VALUE	
At 31 March 2022	1,343
At 31 March 2021	1,382

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	16,491	5,262
Prepayments and accrued income	1,826	17,506
	18,317	22,768

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	10,495	1,594
Accruals and deferred income	62,876	2,415
Taxation and other social security	1,645	—
	75,016	4,009

15. LEASING ARRANGEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022	2021
	£	£
Within one year	—	—
Between one and five years	—	—
	—	—

16. MOVEMENT IN FUNDS

	At 01/04/21	Incoming Resources	Resources Expended	Transfers between funds	At 31/03/22
	£	£	£	£	£
Unrestricted funds					
General fund	105,705	72,158	(104,321)	4,116	77,658
Total Unrestricted	105,705	72,158	(104,321)	(4,116)	77,658
Restricted funds					
Benefact Trust Grant	—	11,912	(11,055)	—	857
Goodnews Evangelical Mission	—	3,750	(2,477)	—	1,273
Hinchley fund	—	5,830	(5,584)	—	246
Liz and Terry Bramall Foundation	504	—	(504)	—	—
Mercer Fund	4,316	—	(200)	(4,116)	—
Total Restricted	4,820	21,492	(19,820)	(4,116)	2,376
TOTAL FUNDS	110,525	93,650	(124,141)	—	80,034

Comparatives for movements in funds

	At 01/04/20	Incoming Resources	Resources Expended	Transfers between funds	At 31/03/21
	£	£	£	£	£
Unrestricted funds					
General fund	93,894	94,622	(104,175)	21,364	105,705
Restricted funds					
Ely Diocese Fund	3,605	(1,690)	(929)	(2,629)	—
St Pauls Fund	236	—	—	(236)	—
Liz and Terry Bramall Foundation	4,932	—	(976)	(3,499)	504
Mercer Fund	21,006	—	—	(15,000)	4,316
Co-op Funding	—	—	—	—	—
Total Restricted	29,779	(1,690)	(1,905)	(21,364)	4,820
TOTAL FUNDS	123,673	92,932	(106,080)	—	110,525

continued...

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. MOVEMENT IN FUNDS *continued*

The Hinchley Charitable Trust Grant is for the remuneration of the Lead Educator role along with associated costs of delivery (travel expenses, CPD, IT software and support, and zoom licence). The Lead Educator leads on the delivery of the Preparation for Parish Nursing Practice course and contributes to the delivery of the Annual Symposium.

The Goodnews Evangelical Mission Grant is for the remuneration of Regional Nurse Coordinator salaries for the north/northeast of England with associated costs of delivery (travel expenses, CPD, Marketing & promotion, Management allocation).

The Benefact Trust Grant is for the remuneration of a pilot role in the mid/northeast of England to enhance the current Regional Coordinator role, with associated costs of delivery. It is also for the remuneration of the current Regional Nurse Coordinator role in the mid/northeast with associated costs of delivery. Associated support and management costs are also allowed under this Grant.

The transfer of funds from the Mercer fund to unrestricted funds in 2022 relates to the subsidising of the coordination costs of the existing parish nursing projects in the regions covered by the grant.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022 nor 31 March 2021.

	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	11,944	31,869
Gift Aid	1,396	5,273
Grants	21,492	5,500
	34,832	42,642
Other trading activities		
Shop Income	20	—
Investment income		
Deposit account interest	65	206
Charitable activities		
Course and symposium fees	26,003	7,206
Coordinator income	32,730	42,782
Miscellaneous income	—	200
	58,733	50,188
Total incoming resources	93,650	92,932

	2022	2021
	£	£
EXPENDITURE		
Charitable activities		
Course costs	1,263	1,204
Symposium costs	11,824	100
Coordinator costs	2,016	1,563
	15,103	2,867
Support costs – Management		
Staff costs	88,197	82,745
Pensions	1,223	1,069
Rent	4,007	6,614
Insurance	1,289	1,289
Telephone & IT	1,863	5,497
Postage and stationery	269	200
Advertising	500	162
Sundries	2,312	98
Bad debts	595	—
Depreciation of fixed assets	439	350
	100,694	98,024
Support costs – Finance		
Bank charges	354	321
Support costs – Finance		
Trustees Expenses	119	—
Independent Examiner fees – independent examination	340	330
Independent Examiner fees – accounts production	795	750
Accountancy and legal fees	3,309	3,788
Professional fees	3,427	—
	7,990	4,868
Total resources expended	124,141	106,080
Net income	(30,491)	(13,148)

 @parishnursingministriesuknational

 @parishnursinguk



Parish Nursing Ministries UK

The Hope Centre, 26 North Street, Peterborough PE1 2RA

T: 01733 233546 W: parishnursing.org.uk

Registered Charity 1111680

Accounts



Parish Nursing Ministries UK

TRUSTEES & DIRECTORS ANNUAL REPORT & FINANCIAL STATEMENTS

For the year ending 31st March 2021



Company number 5451295

Charity number 1111680

Registered Address. The Hope Centre, 26 North Street, Peterborough, PE1 2RA



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PNMUK Reference and administrative information

Charity details:

Charity name:	Parish Nursing Ministries UK (PNMUK)
Registered Charity number	1111680
Country of Registration	England and Wales
Registered Company number	5451295
Country of Incorporation	United Kingdom
Registered Office	The Hope Centre, 26 North Street, Peterborough, PE1 2RA
Website	www.parishnursing.org.uk
Twitter	@parishnursinguk
Facebook	@parishnursingministriesuknational

Trustees:

Debra Chand	Chair
Jonathan Edwards	Vice-chair
Steve Fouch	
Joanne Morse	
Amanda Allchorn	Appointed 27 th February 2021

Chief Executive Officer:

Sue Bretherick	Appointed April 2020
----------------	----------------------

Independent Examiner:

Kerry Hilliard ACA FCCA CTA for and on behalf of:
Stephenson Smart & Co
36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
PE2 6LR

Bankers:

Lloyds Bank

Introduction from the Chair and Chief Executive

Over this pandemic year, parish nurses have bravely reached out to communities in need. From urban doorsteps to village settings and coastal communities, their presence has brought physical, social, and spiritual care to local people.

As a Christian mission, Parish Nursing Ministries UK works to inspire, set up, equip, and support parish nursing services in churches and faith settings countrywide. We have had to respond swiftly to the challenge of operating during a pandemic. Meeting virtually, the trustees assessed the many risks and issues arising, including ensuring the safety of nurses, tackling the negative impact on our finances, and responding strategically and lovingly in a hurting world.

The team rapidly transformed our support and training programmes online, ensuring the same high quality that enables parish nurses to feel confident and equipped in their roles. While the annual conference had to be deferred as lockdowns restricted meeting in person, we introduced mid-year virtual events, bringing churches and nurses throughout the UK to pray together and celebrate God's faithfulness.

God has indeed been faithful. We have felt buoyed up even when the going has been very tough. We have received timely donations, gifts, and prayers to meet need, and though disrupted, many services have adapted and even become stronger.

Supported by PNMUK, churches across the UK have reached out through their parish nurses to bring spiritual healthcare to people in the local community. Together, we have given health advice and a warm welcome to asylum seekers and refugees, delivered drug and alcohol counselling, reduced, or prevented chronic or life-threatening health conditions, supported carers and people with dementia, and consoled people at the end of life.

We've reached out to ex-prisoners living on the streets, anxious young mums struggling to pay their bills, and clinically vulnerable residents isolated at home. We've advised on diet, exercise and weight control, de-mystified medical terminology, reassured enquirers about vaccines, and sign-posted to helpful support.

And we've talked to people about faith and God, comforted families through pain and loss, and prayed with many who are new to faith, struggling with faith, or in their last days.

This year has shown us how interconnected our health and wellbeing is with everyday life. Across diverse communities, we've seen how isolation and loneliness, food poverty, digital exclusion, poor housing, and economic deprivation can harm our health and life chances. Even advancing telehealth, with potential to empower patients and resolve some problems early, has left many feeling even more excluded. We long to meet face-to-face, to feel heard and supported, to be human together.

The pandemic leaves behind broken lives in need of repair physically, mentally, and spiritually. In offering holistic healthcare, parish nursing has a vital role to play in helping to meet these needs and the huge gaps left as the NHS struggles to cope with demand.

At the heart of this response, we will need to inspire more churches, to recruit and train more nurses, and set up more services, so that every community can be blessed by a Parish Nurse. This is the challenge before us, in Christ's name.

Debra Chand (Chair of Trustees) and Sue Bretherick (Chief Executive)

PNMUK is a wonderful organisation of nurses who work within their own parishes, to support sick and vulnerable patients, not just medically, but emotionally - giving care and time and spiritual love to all they serve.

I feel honoured to be a patron of PNMUK because the work the nurses do is so worthwhile. I have had the opportunity to meet with many of them to hear the stories of many of those they have helped in unique, loving, and creative ways, which makes them an invaluable part of the communities they serve.

Fiona Castle, Patron, PNMUK

'I have followed the development of Parish Nurses in the UK with admiration and gratitude. Parish Nurses offer an invaluable ministry which provides pastoral support and spiritual encouragement to a growing number of people with a wide variety of needs. They have my enthusiastic support.'

Bishop James Newcombe, Bishop of Carlisle, Lead for the Lords on health and social care (House of Lords)

Trustees Annual Report 2020/21

Our charitable objects:

The objects, as set out in the Memorandum of Association are:

- A) the preservation and protection of good health among communities throughout the UK by the provision of assistance in funding the costs and training of parish nurses and by assisting in the education and training of said parish nurses.
- B) the advancement of the Christian faith throughout the UK by the promotion of parish nursing and assisting in the establishment and training of parish nurse initiatives.
- C) to support specific overseas parish nursing initiatives

Activities

Education of qualified registered nurses to enable them to become parish nurses and work with their church to provide health care (physical, mental, and spiritual), advice and advocacy to their local community. PNMUK offers ongoing support for 'in post' nurses and their appointing churches, as well as continuing education for parish nurses - training days and an annual symposium.

The trustees have had due regard to the Charities Commission's guidance on public benefit at all relevant times.

Our Vision and Mission:

PNMUK exists as a central UK wide resource organisation, equipping and supporting parish nursing services across the UK. Our vision is to equip and support churches and Christian organisations to practically establish and run an effective parish nursing health ministry, as an expression of care and missional outreach to their local communities.

The charity seeks to envision and work alongside churches and Christian organisations in every region in a productive partnership, to help establish teams of parish nurses, providing high quality, sustainable, parish nursing services to their congregations and local communities.

We aim to enable these services to be operating as a recognised and valued part of the local community, making a measurable difference to the wholistic health and wellbeing of individuals and communities.

In so doing, our hope is for parish nursing to be a viable expression of the mission of the church or Christian organisation, to bring God's love to a hurting world.

Activities and Achievements over the past year.

We supported **95** parish nurses working within **81** parish nursing services across the UK in 2020/21.

We trained **20** new parish nurses in 2020/21.

We accredited **5** parish nursing services in 2020/21.

We supported **5** new churches to set up a service on the pathway to accreditation next year.

We partnered with **81** churches and Christian organisations in 2020/21.

“It could be talking through a hospital letter or talking to GP’s about safeguarding concerns. Or sitting with someone in the last stages of life, knowing that you are in no hurry to leave. Or listening to a young mum who is struggling with sleepless nights, paying bills, and trying to find herself through it all... With so many isolated, I routinely called and visited where possible to help people to feel part of a community, to know that they are not alone. I spent a lot of time talking about the vaccines, helping to dispel the rumours around them. I also, when asked, talked to people about faith and God, praying with people in their last days of life.”

Sarah Male, Parish Nurse, St Goran Cornwall

Changes to the Board of Trustees

Debra Chand was appointed Chair of the Board of Trustees in April 2020. Debra has been a trustee of PNMUK since 2014 and with a background in charity management and leadership brings renewed energy to see the work of PNMUK enhanced and expanded over the coming years.

Amanda Allchorn was appointed to the Board in Feb 2021, with a background in Corporate Social Responsibility, National Church Communications Leadership, and other senior charity leadership roles.

The Board of Trustees stepped up to a new level of activity and engagement, specifically to mitigate risk relating to the change of senior leadership as well as financial risk as the pandemic swept in.

Changes to the leadership team

The long-planned change in the senior leadership of PNMUK went ahead, despite the pandemic in April 2020. The decision to proceed with and establish the new CEO and Director of Nursing roles was a strategic decision and was not lightly implemented. Due consideration was given by the Trustees to all options in terms of the timing of this transition.

Sue Bretherick took up post as new CEO, with a primary focus to work alongside the Board strategically to ensure the integrity and continuity of vision and to prepare PNMUK for a step change in growth and reach. Sue brings with her a background in grassroots charity development, charity management and senior charity leadership.

Anne Taylor joined as our new Director of Nursing. Anne is a Queen's Nurse, with experience in District Nursing and briefly as a PCG/PCT Board member. Anne maintains her role with the Open University as a Practice Tutor and Academic Assessor. She is leading on maintaining up to date professional advice and support, ensuring continued high standards for our parish nurses in their varied roles, as well as working alongside our Regional Nurse Coordinators to resource and support our church partners. Anne has been well placed to be responsive and supportive to the immediate challenges that parish nurses have faced within this pandemic.

Within the operational team, we welcomed three new Regional Nurse Coordinators, thereby maintaining capacity to support our partners over course of the year. An exciting milestone was achieved in appointing the first PNMUK Regional Nurse Coordinator for Northern Ireland, with the hope that we will see growth in this part of the UK.

We are also thrilled to have piloted a part-time dedicated Lead Educator role, thereby enhancing both the delivery and development of our education offer. Additional sessional educators have also joined the educator team, all of whom have now gained the Westberg Educator qualification.

COVID19 impact

The significant focus on health, combined with an increase in people searching for greater meaning in their lives amidst the anxieties of the pandemic and recovery, has acted as a timely reminder of the wholistic work of parish nursing, and that parish nurses have a vital role to play in the years ahead. Parish nurses across the UK have been a lifeline for many in 2020, as many stories from the frontline testify. During the trauma of this historic time, the nursing profession has been rightly celebrated around the entire world. Wholistic needs across our communities rose dramatically in 2020/21, and nurses across society have tirelessly served and cared for their communities, sometimes to their own detriment. Against this backdrop, the beauty of what our parish nurses offer: **the intentional care of the mind, body, soul, and spirit**, has proved to 'go the distance'.

Many of our church partners leant on the expertise of their parish nurses, to advise and implement ever changing guidance and rules around the restrictions caused by Covid19, that impacted on church life, meetings, and buildings. Throughout, PNMUK (national office) offered continuous, focussed up to date professional guidance and signposting to parish nurses. In all, we maintained a vital, robust level of equipping and support to both parish nurses and our church/Christian organisation partners.

The Board received regular Risk Register updates, with specific focus on COVID-19 related risks to the charity, throughout the course of the year. The decision to not furlough any staff (as a measure to mitigate financial risk) under the government retention scheme was made in line with the critical level of the workload and need to offer continuous support to our partners and nurses at the frontline. Risk of disengagement with our beneficiaries was mitigated by increased use of digital communications and social media. Risk to core functions, staff safety and public safety were all mitigated by adapting working patterns to remote working using digital platforms and implementing ongoing guidance within the legal pandemic restrictions.

How did lockdown affect parish nursing services? “Well, our first thought was, ‘what do we do now?’ For those first couple of weeks when we were all figuring out how to continue our work, I was focusing more on the needs of our wider congregation - many of whom are elderly so were isolating. There were a lot of phone call check ins and prayer runs for the people who live in the parish and the services and agencies supporting them.... Another example is a gentleman who has been on the streets for a while and has a really bad leg ulcer. I spent time trying to encourage him to access support and get his leg examined with a view to getting some treatment. It's all about finding a way into conversation and keep offering the support until the person accepts it. I passed on the man's details to the city centre PCSOs who became involved with him, and we managed to get him to access support - it's that joined up thinking and strong links between services that are having a real impact on the streets. I'm just a small part of the picture - there's so much great work going on, every single day.”

Michaela Suckling, Parish Nurse, Sheffield.

Annual Symposium

Due to Government restrictions, we were unable to hold the residential PNMUK Annual Symposium in March 2021 but delivered an online event instead. This attracted a higher-than-normal attendance (9% increase on the 2020 Symposium, and 18% increase on the 2019 Symposium), and significantly boosted morale amongst parish nurses and associates attending. The highlight of the 2-day event, was the sharing of first-hand stories from parish nurses across the UK, of their work and impact under the pandemic. As usual, the Board of Trustees all engaged as active participants in the event, ensuring direct contact with our beneficiaries and partners.

Resources

The pandemic has hit us hard. Our financial resources were in a marginal, but steady decline over-the year, and we are so grateful for the contributions from our church partners, monthly donors and one-off donations which remained our main source of income. No new streams of income were accessed this year, but the Board and Chief Executive have an ambitious goal of diversifying income streams over the next 3 financial years. Expenditure (specifically travel costs) declined significantly in line with lockdown restrictions, thereby keeping finances steady and ensuring we were well placed to action a fundraising strategy in the new financial year.

Crucially, we pressed ahead with a timely digital overhaul in April and May 2020, as already planned prior to the pandemic and funded by the Hinchley Charitable Trust. An updated website, new CRM system and moving to a paperless system all placed us in a strong position to maintain our core business over the year. Specifics include:

- The Preparation for Parish Nursing Practice course, which certificates a nurse in parish nursing, was adapted to an online platform and delivered to full capacity in April and November 2020.
- All Communities of Practice for the parish nurses, offering crucial peer and professional support as facilitated by the Regional Nurse Coordinators, were delivered via Zoom; attendance was notably higher over the course of the year as these proved easier to access and enjoyed overwhelming success.

The charity was therefore able to maintain and key support for parish nursing services, as well as equip new parish nurses, in preparation for when restrictions ease, thereby ensuring individuals and communities benefitting from parish nursing across the UK remain at the heart of all we do.

Five parish nursing services requested financial support to continue to offer their services over the year. Financial support for services that meet the Trustees requirements - these being: having a clear and measurable impact whilst aiming to achieve long-term sustainability in raising their own funds - was taken from restricted funds donated by the Mercer Charitable Foundation as well as St Paul's Camberley.

Financial Review

Finance remained a background challenge in 2020/21, having been highlighted pre-pandemic as a key area of development for the next 3 years. However, the Covid-19 pandemic resulted in the critical element of this priority being addressed by a decrease in operational expenditure thereby stabilizing the decline in finances over the financial year.

The trustees continued to monitor the financial position over the course of the year. Measures introduced by the UK Government under Covid, including the Govt furlough scheme were considered but deemed not suitable for application given the pressing capacity requirements of the charity. In addition, the CEO submitted a small number of grant applications to Charitable Trusts and Foundations to start the process of diversifying income streams for the next financial year.

Our financial position was stabilized by a grant from a private donor, as well as small ongoing income from our education offer and our online parish nursing event.

Financial Review (continued)

We also received several ad hoc and regular donations from a small number of Churches and personal donors and supporter.

We are grateful to our grant funders and to all our donors for their consistent financial support throughout a tough year, without which, we could not continue our work.

Income

In 2020/21 our income came from:

- Personal and Church donations
- Grant funding – carried over
- Annual Partnership Contributions
- Education and other ad hoc income

How We Spent It

The main areas of expenditure are as follows:

- Staff Salaries
- Overheads (office, equipment etc.)
- IT inputs and development

Summary of Our Financial Position

We ended the year with a Total income of £92,932 and expenditure £106,080 with total reserves carried forward of £110,525.

Reserves Policy

Our reserves policy was reviewed by Trustees in year. They confirmed that we would hold sufficient reserves to ensure our recurrent outgoings (salaries and rent) for a period of three months and any creditors can be paid. Our total reserves should not fall below £50,000. At the year-end unrestricted reserves were £105,705 and restricted reserves were £4,820.

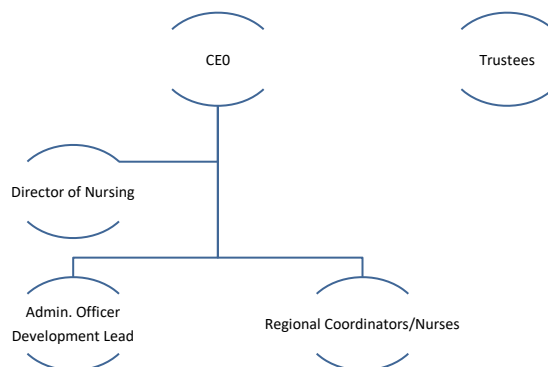
Financial Statements

Our financial accounts and statements can be found from page 14 of this report.

Structure and Management

We remain a small team with a flat management structure that enables direct lines of communication and engagement between the central team; the external consultants (finance and IT) and the operational regional nursing team. Lines of managerial responsibility are through to the CEO and lines of professional accountability for staff that are registered nurses or midwives are through the Director of Nursing.

The structure is represented below.



Looking forward

2020/21 leant itself to review and strengthening. Key areas of development were identified and actioned as follows:

- To develop the governance of the organisation by furthering the capacity and expertise on the Board through recruiting new Trustees to enhance and add to the current skill sets represented at governance level.
- To improve on our accessibility to church and Christian organisation partners through better engagement platforms and a more streamlined process of partnering with PNMUK. We also hope to attract more ecumenical diversity in this way.
- To continue to work towards financial sustainability by diversifying income streams as well as increasing our financial resources to support change and growth
- To improve our data collection and collation to further evidence the impact of parish nursing on the ground across the UK to share this with our partners and stakeholders

We remain on a trajectory of new ways of working.

PNMUK is committed to boldly maximising the new opportunities before us. We will continue to ensure that personal engagement and relationship through PNMUK Regional Nurse Coordinators and the central team, is at the heart of all we do. This will mean leveraging a blended model of delivery going forward.

The remote working infrastructure that was already in place, supported by the central Peterborough office base, has leant itself well to this season. The goal is now to embed good practice learned over the past year and plug the gaps that have opened within the pandemic, to provide a model that will support healthy growth in the next 3 years. base, has leant itself well to this season. The goal is now to embed good practice learned over the past year and plug the gaps that have opened within the pandemic, to provide a model that will support healthy growth in the next 3 years.

The pandemic leaves behind broken lives in need of repair physically, mentally, and spiritually. parish nursing, as a wholistic ministry of health underpinned by spiritual care, has a vital role to play, alongside other ministries within churches, in addressing loneliness, those isolated by old age or disability or lifestyle pressures, the rising mental health crisis and the huge gaps left as the NHS struggles to cope with demand.

Despite the challenges of the year, and building firmly on our rich legacy, we have redoubled our efforts, positioned ourselves and adapted our working practices, to ensure that we have been available, offering a heightened and flexible level of support to our partners throughout.

The Christian community has much to give, and by partnering with churches and Christian organisations, Parish Nursing Ministries UK is committed to reinforcing and enlarging our role as a central resource in supporting and equipping in the years ahead to reach more communities through Parish Nursing across the UK.

“Just yesterday, a family who had run out of food rang to ask if we could provide a food parcel for them. After liaising with the council’s chairperson, we managed to secure a parcel for them and have it delivered it within three hours. Such joint efforts have been invaluable... Villagers ring for information or, knowing they will be welcomed, just come to the door for help or advice. They make contact on behalf of a family or neighbours who would welcome a visit. And they turn to the service for comfort in times of loss and despair. Although the focus of our work is in and around Hensall, we also support some people across the wider parish of Great Snaith who have approached us for help. Depending on need, we may see some people just once, others more frequently, and several each week.”
Rev Dr Michael Wright (Supporting Minister) Hensall.

Signed on behalf of the board of trustees

...Debra Chand...

D Chand – Chair of the board of trustees

11/11/2021

.....

Date

PARISH NURSING MINISTRIES UK
INDEPENDENT EXAMINERS REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARISH NURSING MINISTRIES UK

Independent examiner's report to the trustees of Parish Nursing Ministries UK ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have satisfied my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006. Our independent examination work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our independent examination work for this report, or for the opinions we have formed.



Kerry Hilliard ACA FCCA CTA
for and on behalf of Stephenson Smart & Co

36 Tyndall Court
Commerce Road
Lynchwood
Peterborough
Cambridgeshire
PE2 6LR

Date: ____13/11/21____

PARISH NURSING MINISTRIES UK STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted Funds	Restricted Funds	Total	Total
		2021	2021	2021	2020
	Notes	£	£	£	£
Income and endowments from:					47,526
Donations and legacies		42,642	-	42,642	84,568
Charitable activities	2	51,878	(1,690)	50,188	208
Other trading activities	5	-	-	-	
	3				
Investment income	4	102	-	102	206
Total income		94,622	(1,690)	92,932	132,508
Expenditure on:					
Raising funds		-	-	-	-
Charitable activities	6	104,175	1,905	106,080	115,171
		104,175	1,905	106,080	115,171
Net (expenditure)/income for the year		(9,553)	(3,595)	(13,148)	17,337
Transfers between funds	16	<u>21,364</u>	<u>(21,364)</u>	<u>-</u>	-
Net movement in funds		11,811	(24,959)	(13,148)	17,337
RECONCILIATION OF FUNDS					
Total funds brought forward		93,894	29,779	123,673	106,336
TOTAL FUNDS CARRIED FORWARD		<u>105,705</u>	<u>4,820</u>	<u>110,525</u>	<u>123,673</u>

BALANCE SHEET AT 31 MARCH 2021

	Notes	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total 2021 £	Total 2020 £
FIXED ASSETS:					
Tangible assets	12	1,382	-	1,382	379
CURRENT ASSETS					
Debtors	13	22,768	-	22,768	19,079
Cash at bank and in hand		85,564	4,820	90,384	108,929
		108,332	4,820	113,152	128,008
CREDITORS					
Amounts falling due within one year	14	4,009	-	4,009	4,714
NET CURRENT ASSETS		104,323	4,820	109,143	123,294
TOTAL ASSETS LESS CURRENT LIABILITIES		105,705	4,820	110,525	123,673
NET ASSETS		105,705	4,820	110,525	123,673
FUNDS					
Unrestricted funds	16			105,705	93,894
Restricted funds				4,820	29,779
TOTAL FUNDS				110,525	123,673

**BALANCE SHEET - CONTINUED AT
31 MARCH 2021**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibility for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the board of trustees on ...XXXXXXXX.... and were signed on its behalf by:

...Debra Chand...

D Chand – Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical convention.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Parish Nursing Ministries UK is a charity and company limited by guarantee, registered in England and Wales. The charity's number and registered office can be found on the Company Information page.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Items are only considered as fixed assets if the value is greater than £200. Fixed assets are depreciated by an appropriate amount and using a method of depreciation appropriate to the asset. Depreciation is applied on 31 March including assets acquired in the accounting year. The assets held are depreciated by 20% per annum on a straight-line basis.

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making the assessment, judgements are made in estimating value in use. The directors consider that the individual carrying value of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PARISH NURSING MINISTRIES UK NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES – continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to the financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Reserves

Reserves maintained are commensurate with financial needs.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	31,869	13,032
Gift Aid	5,273	6,593
Grants	5,500	27,901
	42,642	47,526

3. OTHER TRADING ACTIVITIES

	2021 £	2020 £
Shop Income	-	208
	<u> </u>	<u> </u>

PARISH NURSING MINISTRIES UK NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2021

4. INVESTMENT INCOME

	2021 £	2020 £
Deposit account interest	102	206
	<u> </u>	<u> </u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2021 £	2020 £
Activity		
Course and symposium fees	7,206	39,766
Coordinator income Charitable activities	42,782	44,774
Miscellaneous income Charitable activities	200	28
	<u>50,188</u>	<u>84,568</u>

6. CHARITABLE ACTIVITIES COSTS

Totals	Direct costs	Support costs (note 7)	(note 8)
	£	£	£
Charitable activities	2,867	103,213	106,080
	<u> </u>	<u> </u>	<u> </u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

2021 £	2020 £
-----------	-----------

Course costs	1,204,566	Symposium costs	100,14,771		
Coordinator costs				1,563	9,359
				<u>2,867</u>	<u>24,696</u>

8. SUPPORT COSTS

	Management	Finance	Governance	Totals
		£	£	£
Charitable activities	98,024	321	4,868	103,213
	<u>98,024</u>	<u>321</u>	<u>4,868</u>	<u>103,213</u>

Support costs, included in the above, are as follows:

8. SUPPORT COSTS - continued

2021	2020		
Management		£	£
Staff costs		82,745	68,990
Pensions 1,069,536	Rent 6,614,706	Insurance 1,289,955	
Telephone & IT 5,497,113	Postage and stationery 200,994		
Advertising		162	4,400
Sundries		98	511
Depreciation of fixed assets		350	455
		<u>98,024</u>	<u>85,044</u>
		2021	2020
Finance		£	£
Bank charges		321	372
		<u>372</u>	<u>372</u>

	2021	2020
	£	£
Governance		
Trustees Expenses	-	158
Independent Examiner fees – independent examination	330	400
Independent Examiner fees – accounts production	750	900
Accountancy and legal fees	3,788	3,601
	4,868	5,059

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

2021	2020		
		£	£
Independent Examiner fees – independent examination		330	400
Independent Examiner fees – accounts production		750	900
Depreciation – owned assets		350	455

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021**10. TRUSTEES REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

	2021 £	2020 £
Trustees' expenses	-	158
	<u> </u>	<u> </u>

Expense reimbursements were paid to no trustees (2020: 1) during the year for travel and subsistence.

11. STAFF COSTS

	2021 £	2020 £
Wages and salaries	82,488	68,990
Social security costs	257	-
Pension	1,069	536
	<u>83,814</u>	<u>69,526</u>

During the year, key management personnel were paid £24,500 (2020: £24,000). No staff were paid over £60,000 during the year (2020: 0).

The average number of employees during the year was 11 (2020: 10).

12. TANGIBLE FIXED ASSETS

	Computer Equipment £
COST	
At 1 April 2020	3,108
Additions 1,353 Disposals (1,104)	
At 31 March 2021	<u>3,357</u>

DEPRECIATION

At 1 April 2020	2,729
Depreciation charged in the year	350
Depreciation eliminated on disposals	(1,104)

At 31 March 2021	<u>1,975</u>
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NET BOOK VALUE

At 31 March 2021	<u>1,382</u>
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At 31 March 2020	<u>379</u>
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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021	2020
	£	£
Trade debtors	5,262	8,406
Prepayments and accrued income	17,506	10,673
	<u>22,768</u>	<u>19,079</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	1,594	1,454
Accruals and deferred income	2,415	3,260
	<u>4,009</u>	<u>4,714</u>

15. LEASING ARRANGEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2021	2020
	£	£
Within one year	-	3,173
Between one and five years	-	-
	<u> </u>	<u> </u>
	<u> </u>	<u>3,173</u>

16. MOVEMENT IN FUNDS

	At 1/4/20	Incoming Resources	Resources Expended	Transfers between funds	At 31/3/21
	£	£	£	£	£
Unrestricted funds					
General fund	93,894	94,622	(104,175)	21,364	105,705
Restricted funds					
Ely Diocese Fund	3,605	(1,690)	(929)	(2,629)	-
St Pauls Fund	236			(236)	-
Liz and Terry Bramall Foundation	4,932		(976)	(3,499)	504
Mercer Fund	21,006			(15,000)	4,316
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
Total Restricted	<u>29,779</u>	<u>(1,690)</u>	<u>(1,905)</u>	<u>(21,364)</u>	
	<u>4,820</u>				
TOTAL FUNDS	<u>123,673</u>	<u>92,932</u>	<u>(106,080)</u>	<u>-</u>	<u>110,525</u>

16. MOVEMENT IN FUNDS - continued

Comparatives for movements in funds

	At 1/4/19 £	Incoming Resources £	Resources Expended £	Transfers between funds £	At 31/3/20 £
Unrestricted funds					
General fund	83,223	101,630	(107,879)	16,920	93,894
Restricted funds					
Ely Diocese Fund 5,483 - - (1,878) 3,605					
St Pauls Fund 1,512 - - (1,276) 236					
Liz and Terry Bramall Foundation	4,932	-	-	-	4,932
Mercer Fund	11,186	27,506	(3,920)	(13,766)	21,006
Co-op Funding	-	3,372	(3,372)	-	-
Total Restricted	23,113	30,878	(7,292)	(16,920)	29,779
TOTAL FUNDS	<u>106,336</u>	<u>132,508</u>	<u>(115,171)</u>	<u>-</u>	<u>123,673</u>

The grant from the Liz and Terry Bramall Foundation is to support the funding of Parish Nursing across Yorkshire.

Mercers Fund is a two-year grant from Mercers Philanthropic Trust received in July 2018. The first payment of £24,889 was made in August 2018 and a further £27,901 was paid in August 2019. The grant is to support the following:

- To enable PNMUK to provide ongoing coordination to the 42 existing parish nursing projects (as at August 2018) in London, East, and North East England so that they can continue to improve health and wellbeing in their local communities.
- To increase the number of parish nursing projects in the target areas to 52 by 2020.
- To evaluate the impact of the parish nursing services in these areas.
- To effectively promote parish nursing through the provision of improved marketing and communication materials.

The transfer of funds from restricted to unrestricted funds in 2021 relates to the following:

- From Mercer Fund to General Funds was to subsidise the coordination costs of the existing parish nursing projects in the regions covered by the grant.
- From St Paul's to General Funds relates to monthly payroll costs relating to the project which have been initially paid out through General Funds.
- From Ely Diocese Fund to General Funds relates to monthly payroll costs relating to the project which have been initially paid out through General Funds.
- From Liz and Terry Bramall Foundation to General Funds relates to monthly payroll costs relating to the project which have been initially paid out through General Funds.

17. RELATED PARTY DISCLOSURES

There were no related part transactions for the year ended 31 March 2021 nor 31 March 2020.

**PARISH NURSING MINISTRIES UK DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR
THE YEAR ENDED 31 MARCH 2021**

	2021	2020
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	31,869	13,032
Gift Aid	5,273	6,593
Grants	5,500	27,901
	42,642	47,526
Other trading activities		
Shop Income	-	208
Investment income		
Deposit account interest	102	206
Charitable activities		
Course and symposium fees	7,206	39,766
Coordinator income	42,782	44,774
Miscellaneous income	200	28
	50,188	84,568
Total incoming resources	92,932	132,508
EXPENDITURE		
Charitable activities		
Course costs	1,204	566
Symposium costs	100	14,771
Coordinator costs	1,563	9,359
	2,867	24,696
Support costs - Management		
Staff costs	82,745	68,990
Pensions	1,069	536
Rent	6,614	7,069
Insurance	1,289	955
Telephone & IT	5,497	1,134
Postage and stationery	200	994

Advertising	162	4,400
Sundries	98	511
Depreciation of fixed assets	350	455
	98,024	85,044

This page does not form part of the statutory financial statements

**PARISH NURSING MINISTRIES UK DETAILED STATEMENT OF FINANCIAL ACTIVITIES -
CONTINUED FOR THE YEAR ENDED 31 MARCH 2021**

	2021	2020
	£	£
Support costs - Finance		
Bank charges	321	372
Support costs – Governance		
Trustees Expenses	-	158
Independent Examiner fees – independent examination	330	400
Independent Examiner fees – accounts production	750	900
Accountancy and legal fees	3,788	3,601
	4,868	5,059
 Total resources expended	 106,080	 115,171
Net income	(13,148)	17,337