

Annual Report and Accounts

Blandford Youth Advice & Information Centre K/A Treads
For the year ended 31 March 2024

Prepared by CBA Services Limited

Contents

3	Reference and Administrative Details
4	Trustees' Report
8	Independent Examiner's Report to the trustees of
9	Statement of Financial Activities (including Income and Expenditure Account)
10	Balance Sheet
12	Notes to the Financial Statements

Reference and Administrative Details

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2024

Registered Charity Number

1111623

Company Registration Number

05387889

Directors and Trustees

Melanie Turland

Jennifer Munday

Natalie Pithers

John Tanner

Registered Office

Blandford Scout Hut, Eagle House Gardens, Blandford Forum, Dorset, DT11 7BS

Independent Examiner

CBA Services Limited

45 East Street, Blandford Forum, Dorset, DT11 7DX

Trustees' Report

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2024

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Objectives and Activities

Purpose

The company is established with the aim of promoting the education and development of young individuals in Blandford Forum and north Dorset. By engaging in various leisure activities, the goal is to enhance their physical, mental, and spiritual capacities, aiding in their growth to full maturity as individuals and responsible members of society. Specifically, the objectives include:

- Providing a venue where young people can access information and meet.
- Employing an experienced youth worker, supported by trained volunteers, to be present at the centre.
- Offering advice and information on critical issues such as housing, employment, personal relationships, contraception and sexual health, drug abuse, and the availability of social security benefits.
- Promoting and assisting in the reduction of youth crime by facilitating opportunities to question and positively discuss attitudes and behaviours, thereby challenging anti-social behaviour.
- Helping young people make informed choices and decisions to achieve their full potential.

Activities

Treads is a young persons advice and information centre offering support and guidance to 8 to 25 year olds.

Public Benefit

The directors/trustees have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Achievements and Performance

The centre was set up over 24 years ago to provide a warm friendly and relaxed environment where young people can receive information and access or be signposted to a range of agencies who may be able to help them. Treads takes a holistic approach to tackling issues that prevent local young people from taking healthy safe and confident steps towards adulthood and independence. It aims to offer an inclusive, professional and trusted support service that aims to empower and enable young people to stand on their own two feet and make informed choices.

To meet the access needs of young people, Treads offer free counselling; high support sessions, by appointment; advice and information by telephone, online meeting, email and to social interaction through a Facebook page, Twitter, Instagram and focus groups. Treads staff often work both one-to-one with young people or with other agencies and currently many of the issues discussed include mental health anxiety, self-harming, gender dysphoria, domestic abuse, substance misuse, bullying and a range of issues for young people with neurodiversity.

The charity actively encourages young people to have a voice in the community and challenges young people's risk-taking behaviour through better information and advice so that the negative impacts of those behaviours on young people, families and communities is reduced. It has also embraced a culture of active participation by involving young people on the management committee and include them in the decisions which are made.

The Board of Trustees believes due to the complex issues affecting children, young people and families, multi-agency partnership co-operation is vital to being able to provide a seamless service and securing better outcomes. It is recognised that many of the complex issues children, young people and their families face can not be solved by one person, organisation or sector.

Activities this year

Our projects have successfully continued throughout the year and include:

Anti Bullying workshops

Treads has conducted anti-bullying workshops in the local school, providing strategies to overcome bullying and helping students understand the difference between bullying and peer conflicts. We also explored the reasons behind bullying and its impact. Additionally, we offered one-on-one support and well-being meetings to help address these issues.

Cook & Connect

Treads partnered with the charity Friendly Food Club to deliver a project aimed at helping young people and children from Ukraine integrate with local youth. We provided opportunities for Ukrainian and local families to come together to prepare, cook, and share meals, fostering an environment where cultural barriers could be broken. This initiative aimed to help participants learn about each other's cultures and differences, promote harmony, and build friendships, ensuring that children and young people, in particular, felt a sense of belonging and reduced isolation. Additionally, we offered one-on-one emotional support, advice, and information as needed.

Heads Up Thursday Group Meetings

Heads Up Thursday group meetings are designed to support and guide children and young people through various life challenges, such as social anxiety, low self-esteem, young caregiving responsibilities, and experiences of bullying. These meetings offer a safe space for young people to connect, share their problems, and receive one-on-one emotional support. Participants can also engage in activities that boost their confidence and self-esteem, fostering a sense of community and mutual support.

Art 2 Heart

Art 2 Heart workshops were created to help young people express themselves through art. These workshops aimed to bring children and young people together, helping them cope with social anxiety, boost their confidence, and improve their self-esteem. By participating in shared art activities, the workshops reduced isolation fostered new friendships, and provided peer support. Additionally, staff offered one-on-one emotional support, to help these youths overcome challenges that could hold them back or lead to anti-social behaviour.

HAF project

Treads delivered the government-funded Holiday Activities and Food (HAF) programme for children who are eligible for benefit-related free school meals.

Activities

Throughout the year, we have consistently provided advice, information, and emotional support through well-being phone calls, online meetings, face-to-face meetings, and emails.

Financial Review

Treads conducts an annual review of its aims, objectives, and activities. This review assesses our achievements and outcomes over the past year and updates our three-year business plan. It evaluates the success of each key activity and the benefits they have brought to young people, ensuring our aims and objectives remain aligned with our mission. In setting objectives and planning future activities, we also refer to the Charity Commission's general guidance on public benefit.

Representatives from our funding partners and other interested organizations often attend our open meetings, providing an opportunity to discuss the business plan and suggest improvements to our services for young people.

We have robust systems in place to manage performance and coordinate day-to-day operations. These include training and development plans, independent file reviews, policy updates, safeguarding procedures, client feedback and complaints, referrals, budgeting, and accounting.

Detailed quarterly reports are produced and made available to our funders, partner agencies, and any interested members of the public, highlighting our work with young people.

Structure, Governance and Management

Governing Document

Memorandum and Articles of Association incorporated on 10 March 2005 as amended by special resolution dated 6 October 2005.

Constitution

A company limited by guarantee.

Trustees

The Trust currently has four trustees, all of whom have a range of competencies that assist the sound operation and financial management of the charity.

Statement of Trustees' Responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Charitable Company has taken advance of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including the directors' report) above.

Signed on behalf of the charity's directors/trustees

M. Turland

M. Turland (Nov 28, 2024 15:46 GMT)

Melanie Turland

Trustee

Date.....

Independent Examiner's Report to the trustees of

Blandford Youth Advice & Information Centre K/A Treads

For the year ended 31 March 2024

I report to the charity trustees on my examination of the accounts of charitable company for the year ended 31 March 2024 which are set out on pages 9 to 17.

Responsibilities and basis of report

As the Charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Richard Howlett FMAAT

CBA Services Limited

45 East Street, Blandford Forum, Dorset, DT11 7DX

Date.....

Statement of Financial Activities (including Income and Expenditure Account)

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2024

	NOTES	UNRESTRICTED FUNDS	RESTRICTED	2024	2023
Income					
Income and endowments from:					
Donations and legacies	3	23,356	3,000	26,356	23,056
Investments	3	280	-	280	122
Sub Total		23,635	3,000	26,635	23,178
Expenditure					
Expenditure on:					
Charitable activities	4	(41,536)	(190)	(41,726)	(36,508)
Sub Total		(41,536)	(190)	(41,726)	(36,508)
Net income (expenditure)		(17,901)	2,810	(15,091)	(13,330)
Net movement in funds		(17,901)	2,810	(15,091)	(13,330)
	NOTES	UNRESTRICTED FUNDS	RESTRICTED	2024	2023
Reconciliation of funds					
Total funds brought forward	9	42,462	-	42,462	55,792
Total funds carried forward	9	24,561	2,809	27,370	42,462

The statement of financial activities includes all gains and losses recognised in the year. All of the charitable company's activities derive from continuing operations.

Balance Sheet

Blandford Youth Advice & Information Centre K/A Treads As at 31 March 2024

Registration number: 05387889

	NOTES	31 MAR 2024	31 MAR 2023
Fixed Assets			
Tangible assets	7	442	520
Total Fixed Assets		442	520
Current assets			
Cash at bank and in hand	8	28,477	40,521
Total Current assets		28,477	40,521
Prepayments and accrued income			
Prepayments		-	2,751
Total Prepayments and accrued income		-	2,751
Creditors: amounts falling due within one year			
Trade creditors		-	10
Other creditors		123	-
Accruals and deferred income		1,426	1,320
Total Creditors: amounts falling due within one year		1,549	1,330
Net current assets (liabilities)		26,929	41,942
Total assets less current liabilities		27,370	42,462
Net Assets		27,370	42,462
Funds of the charity			
Funds	9	27,370	42,462
Total Funds of the charity		27,370	42,462

The company was entitled to exemption from audit for this reporting period under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with FRS102 SORP.

Approval

The financial statements were approved and authorised for issue by the Board.

Signed on behalf of all the directors/trustees



M.Turland (Nov 28, 2024 15:46 GMT)

Melanie Turland

Trustee

Date.....

Notes to the Financial Statements

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2024

1. Charity Status

The charity is a charitable company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

The charitable company is incorporated in England and Wales. The company's registered number and registered office address can be found on the Reference and Administrative Details page.

2. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102);
- the Companies Act 2006; and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

Support Costs

The charity has incurred expenditure on support costs.

Taxation

Due to its current activities the charity is not registered for VAT and therefore cannot recover VAT on its expenses.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities**Liability recognition**

Liabilities are recognised where it is more than likely that not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by time spent and other costs by their usage.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Assets**Tangible fixed assets for use by the charity**

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Furniture and equipment	Reducing balance	15%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2024	2023
3. Analysis of income				
Donations and legacies				
Donations and gifts	2,895	-	2,895	408
General grants	20,461	3,000	23,461	22,648
Total Donations and legacies	23,356	3,000	26,356	23,056
Income from investments				
Interest Income	280	-	280	122
Total Income from investments	280	-	280	122
Total Analysis of income	23,635	3,000	26,635	23,178

£23,635 (2023: £23,178) of the above income was attributable to unrestricted funds and £3,000 (2023: £nil) was attributable to restricted funds.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2024	2023
4. Analysis of expenditure				
Raising funds				
Advertising and marketing	177	-	177	-
Total Raising funds	177	-	177	-
Charitable activities				
Ateens	5,178	190	5,369	2,146
Youth Worker	457	-	457	1,306
Audit & Accountancy fees	1,429	-	1,429	1,080
Bank Fees	60	-	60	67
Bookkeeping	879	-	879	839
Consulting	-	-	-	1,098
Depreciation Expense	78	-	78	92
General Expenses	-	-	-	142
Insurance	1,021	-	1,021	948
IT Software and Consumables	325	-	325	485
Pensions Costs	632	-	632	569
Postage, Freight & Courier	-	-	-	9
Printing & Stationery	239	-	239	213
Rent	1,233	-	1,233	1,524
Repairs & Maintenance	-	-	-	18
Salaries	29,543	-	29,543	25,550
Staff Training	28	-	28	140
Subsistence	93	-	93	41
Telephone & Internet	72	-	72	56
Travel - National	93	-	93	185
Total Charitable activities	41,359	190	41,549	36,508
Total Analysis of expenditure	41,536	190	41,726	36,508

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2024	2023
--	--------------------	------------------	------	------

£41,536 (2023: £36,508) of the above expenditure was attributable to unrestricted funds and £190 (2023: £nil) was attributable to restricted funds.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2024	2023
--	--------------------	------------------	------	------

5. Details of certain items of expenditure

Independent examiner's fees	-	-	-	-
Accountancy and other services	2,368	-	2,368	2,039

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2024	2023
--	--------------------	------------------	------	------

6. Staff costs

Salaries and wages	29,999	-	29,999	26,857
Pension costs	632	-	632	569
Other	28	-	28	140
Total Staff costs	30,659	-	30,659	27,565

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The average headcount in the year was:

Activity	2024	2023
Support	2	1
Total	2	1

7. Tangible Fixed Assets

	Furniture and equipment £
Cost	
At 31 March 2023 and 31 March 2024	7,399
Depreciation	
At 1 April 2023	(6,879)
Charge for the year	(78)
At 31 March 2024	(6,957)
Net Book Value	
At 31 March 2024	442
At 31 March 2023	520

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2024	2023
8. Cash at bank and in hand				
Current Account	15,376	2,810	18,186	30,450
Deposit Account	10,292	-	10,292	10,071
Cash in hand	-	-	-	-
Total Cash at bank and in hand	25,668	2,810	28,477	40,521

9. Charity funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General	42,462	23,635	(41,536)	-	24,561
Restricted funds					
Art 2 Heart	-	3,000	(190)	-	2,810
Total restricted funds	-	3,000	(190)	-	2,810
Total funds	42,462	26,635	(41,726)	-	27,370

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
General	49,792	23,178	(36,508)	6,000	42,462
Restricted funds					
Tampon Tax - Girl Empowerment	6,000	-	-	(6,000)	-
Total restricted funds	6,000	-	-	(6,000)	-
Total funds	57,792	23,178	(36,508)	-	42,462

10. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Balance at 31 March 2024 £	Balance at 31 March 2023 £
Tangible fixed assets	442	-	442	520
Current assets	25,667	2,810	28,477	43,272
Current liabilities	(1,549)	-	(1,549)	(1,330)
Total Analysis of net assets between funds	24,560	2,810	27,370	42,462

11. Transactions with trustees and related parties

During the year there were no transactions with trustees and related parties.