

Company registration number: 05387889
Registered charity number: 1111623

Annual Report and Accounts

Blandford Youth Advice & Information Centre K/A Treads
For the year ended 31 March 2022

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Reference and Administrative Details

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2022

Registered Charity Number

1111623

Company Registration Number

05387889

Directors and Trustees

Susan Case (Resigned)

Richard Genge (Resigned)

Joe Hampson (Resigned)

Jennifer Munday (Appointed)

Natalie Pithers (Resigned)

Helen Ryan (Appointed)

John Tanner

Melanie Turland (Appointed)

Mark Williams (Resigned)

Registered Office

The Blandford Youth & Community Centre, Milldown Road, Blandford Forum, Dorset, United Kingdom, DT11 7SQ

Trading Address

Blandford Area Youth & Community Centre, Milldown Road, Blandford Forum, Dorset, DT11 7DB

Independent Examiner

CBA Services Limited

45 East Street, Blandford Forum, Dorset, DT11 7DX

Trustees' Report

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2022

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Objectives and Activities

Purpose

The objects for which the company is established are to advance the education and development of young persons within the town of Blandford Forum in Dorset and the surrounding villages, through their leisure activities so as to develop their physical, mental and spiritual capacities in order that they may grow to full maturity as individuals and members of society in particular by:

- providing a place where young people can obtain information and meet;
- providing for an experienced youth worker supported by trained volunteers to be in attendance at the centre;
- providing advice and information on issues of concern including housing, employment, personal relationships, contraception and sexual health, drug abuse and availability of social security benefits;
- promoting and assisting in the reduction of youth crime by providing opportunities to question and discuss attitudes and behavior in a positive way and therefore challenging anti-social behavior; and
- assisting young people to make informed choices and decisions to enable them to obtain their full potential.

Activities

Treads is a young persons advice and information centre for 12-25 year olds.

Public Benefit

The directors/ trustees have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Achievements and Performance

The centre was set up over 22 years ago to provide a warm friendly and relaxed environment where young people, can receive information and access or be signposted to a range of agencies who may be able to help them. Treads takes a holistic approach to tackling issues that prevent local young people from taking healthy, safe and confident steps towards adulthood and independence. It aims to offer an inclusive, professional and trusted support service that aims to empower and enable young people to stand on their own two feet and make informed choices.

To meet the access needs of young people, Treads offers free counselling; High Support Sessions, by appointment; Advice and information by telephone or email and opportunities to socially interact through a Facebook page, Twitter and focus groups. Treads staff often work both one to one with young people or with other agencies and currently many of the issues discussed include mental health, anxiety, self-harming, Gender Dysphoria, Domestic Abuse, Substance Misuse, bullying and a range of issues for young people with Autistic Spectrum Disorders.

The charity actively encourages young people to have a voice in the community and challenges young people's risk-taking behaviour through better information and advice so that the negative impacts of those behaviours on young people, families and communities is reduced. It has also embraced a culture of active participation by involving young people on the Management Committee and include them in the decisions which are made.

The Board of Trustees believes due to the complex issues affecting children, young people and families, multi-agency partnership co-operation is vital to being able to provide a seamless service and securing better outcomes. It is recognised that many of the complex issues children, young people and their families face can not be solved by one person, organisation or sector.

Activities this year

Our projects have successfully continued throughout the year. Both the Girls Empowerment Project and the Anti Bullying Project have continued to run, swapping between face to face and online sessions in accordance with the government's guidelines. We have also continued to run our Thursday support sessions; these have been run face to face or online as has our LGBTQ+ wellness group.

Numbers have fluctuated throughout the year and the need to constantly promote and remind young people (especially during lockdown) has been a daily part of life.

Key projects have included:

Girls Empowerment

Addressing body shaming, make up shaming, stereotyping, gender inequalities, period shaming. This has been incredibly popular in the past, with us successfully working with many young girls - the age range we have worked with ranges from 11 through to 20 - support and information given is tailored to the age we have at each session and not delivered on a general level.

LGBT+

Giving a safe, confidential space to meet and talk and access 1:1 support. Offering this confidential support is incredibly important, it promotes a confident feeling of self, it allows questions to be answered and ideas explored in a non-judgemental environment. Hopefully, it goes some way to reduce feelings of isolation which often leads to feelings of depression and desperation.

This is me

Support addressing lack of confidence, mental health issues, anxiety toolbox, overcoming low moods, addressing body image and eating disorders, looking at wellbeing. This again is incredibly popular support as it covers such a wide range of subjects - many of which overlap and run alongside each other. The support offered here is ever changing and moves with each individual young person, responding to the conversations that evolve before us.

Financial Review

Financial Position

Treads reviews its aims, objectives and activities each year. This annual review looks at what we have achieved and the outcomes of our work in the previous 12 months and updates the 3-year business plan. The review looks at the success of each key activity and the benefit they have brought to young people. It also helps us to ensure our aims, objectives and activities remain focused on our stated purposes. We have also referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting objectives and in planning our future activities.

Representatives from our funding partners and representatives from other interested bodies often attend our open meetings which enables them to discuss the business plan and put forward to improve the services provided to young people.

Robust arrangements are in place to manage performance and coordinate day to day operations including training and development plans, independent file reviews, updating policies and safeguarding procedures, client feedback and complaints, referrals, and budgeting and accounts.

Detailed quarterly reports are produced and are available to our funders, partner agencies and any member of the public who are interested in the work we do with young people.

Structure, Governance and Management

Governing Document

Memorandum and Articles of Association incorporated on 10 March 2005 as amended by special resolution dated 6 October 2005.

Constitution

A company limited by guarantee.

Trustees

The Trust currently has five trustees, all of whom have a range of competencies that assist the sound operation and financial management of the charity.

Statement of Trustees' Responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

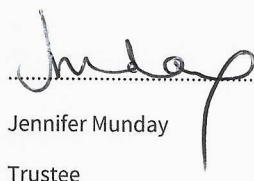
The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Charitable Company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including the directors' report) above.

Signed on behalf of the charity's directors/trustees


Jennifer Munday
Trustee

Date 27/12/2022

Independent Examiner's Report to the trustees of

Blandford Youth Advice & Information Centre K/A Treads

For the year ended 31 March 2022

I report to the charity trustees on my examination of the accounts of charitable company for the year ended 31 March 2022 which are set out on pages 8 to 16.

Responsibilities and basis of report

As the Charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Howlett MAAT

CBA Services Limited

45 East Street, Blandford Forum, Dorset, DT11 7DX

Date... 27 December 2022

Statement of Financial Activities (including Income and Expenditure Account)

Blandford Youth Advice & Information Centre K/A Treads

For the year ended 31 March 2022

	NOTES	UNRESTRICTED FUNDS	RESTRICTED	2022	2021
Income					
Income and endowments from:					
Donations and legacies	3	62,362	-	62,362	13,370
Investments	3	-	-	-	6
Sub Total		62,363	-	62,363	13,376
Expenditure					
Expenditure on:					
Charitable activities	5	(28,769)	(65)	(28,834)	(15,713)
Sub Total		(28,769)	(65)	(28,834)	(15,713)
Net income (expenditure)		33,593	(65)	33,528	(2,337)
Net movement in funds		33,593	(65)	33,528	(2,337)
Reconciliation of funds					
Total funds brought forward	10	16,199	6,065	22,264	24,601
Total funds carried forward	10	49,792	6,000	55,792	22,264

The statement of financial activities includes all gains and losses recognised in the year. All of the charitable company's activities derive from continuing operations.

Balance Sheet

Blandford Youth Advice & Information Centre K/A Treads As at 31 March 2022

Registration number: 05387889

	NOTES	31 MAR 2022	31 MAR 2021
Fixed Assets			
Tangible assets	8	611	719
Total Fixed Assets		611	719
Current assets			
Debtors		-	102
Cash at bank and in hand	9	57,030	23,471
Total Current assets		57,030	23,573
Prepayments and accrued income			
Prepayments		-	515
Total Prepayments and accrued income		-	515
Creditors: amounts falling due within one year			
Trade creditors		95	301
Other creditors		315	728
Accruals and deferred income		1,440	1,515
Total Creditors: amounts falling due within one year		1,849	2,544
Net current assets (liabilities)		55,181	21,544
Total assets less current liabilities		55,792	22,264
Net Assets		55,792	22,264
Funds of the charity			
Funds	10	55,792	22,264
Total Funds of the charity		55,792	22,264

The company was entitled to exemption from audit for this reporting period under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

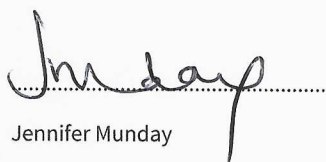
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with FRS102 SORP.

Approval

The financial statements were approved and authorised for issue by the Board.

Signed on behalf of all the directors/trustees

A handwritten signature in black ink, appearing to read 'Jmunday', written over a dotted line.

Jennifer Munday

Trustee

Date 27 / 12 / 2022

Notes to the Financial Statements

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2022

1. Charity Status

The charity is a charitable company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

The charitable company is incorporated in England and Wales. The company's registered number and registered office address can be found on the Reference and Administrative Details page.

2. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102);
- the Companies Act 2006; and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The spread of COVID-19 has continued to severely impact the economy. This has affected the charity's operations, donors, suppliers and staff. The charity has utilised the monetary and fiscal interventions available from the government, including furloughing staff.

Although the total impact of COVID-19 is still uncertain, the trustees are taking all necessary steps to protect the future of the charity. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

Government Grants

The charity has received government grants in the reporting period.

Support Costs

The charity has incurred expenditure on support costs.

Taxation

Due to its current activities the charity is not registered for VAT and therefore cannot recover VAT on its expenses.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely that not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by time spent and other costs by their usage.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Furniture and equipment	Reducing balance	20%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
3. Analysis of income				
Donations and legacies				
Donations and gifts	10,080	-	10,080	1,835
General grants	52,282	-	52,282	11,536
Total Donations and legacies	62,362	-	62,362	13,370
Income from investments				
Interest Income	-	-	-	6
Total Income from investments	-	-	-	6
Total Analysis of income	62,363	-	62,363	13,376

£62,363 (2021: £11,426) of the above income was attributable to unrestricted funds and £nil (2021: £1,950) was attributable to restricted funds.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
4. Analysis of government grants				
Coronavirus Job Retention Scheme	-	-	-	1,536
Total Analysis of government grants	-	-	-	1,536

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
5. Analysis of expenditure				
Raising funds				
Advertising and marketing	216	-	216	-
Total Raising funds	216	-	216	-
Charitable activities				
Ateens	913	-	913	109
Direct Wages	-	-	-	8,925
Youth Worker	6,530	-	6,530	2,917
Audit & Accountancy fees	1,332	-	1,332	1,308
Bank Fees	100	-	100	72
Bookkeeping	540	-	540	207
Consulting	3,590	-	3,590	-
Depreciation Expense	108	-	108	127
Equipment Expensed	-	-	-	250
General Expenses	176	-	176	49
Insurance	1,171	-	1,171	652
IT Software and Consumables	870	65	935	351
Light, Power, Heating	-	-	-	(502)
Pensions Costs	219	-	219	-
Printing & Stationery	181	-	181	55
Rent	1,433	-	1,433	-
Repairs & Maintenance	31	-	31	8
Salaries	11,304	-	11,304	-
Staff Training	(60)	-	(60)	377
Subscriptions	25	-	25	-
Telephone & Internet	35	-	35	808
Travel - National	56	-	56	-
Total Charitable activities	28,553	65	28,618	15,713
Total Analysis of expenditure	28,769	65	28,834	15,713

£28,769 (2021: £13,828) of the above expenditure was attributable to unrestricted funds and £65 (2021: £1,885) was attributable to restricted funds.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
6. Details of certain items of expenditure				
Independent examiner's fees	288	-	288	308
Accountancy and other services	1,152	-	1,152	1,207

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
7. Staff costs				
Salaries and wages	17,835	-	17,835	11,842
Pension costs	219	-	219	-
Other	(60)	-	(60)	377
Total Staff costs	17,994	-	17,994	12,219

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The average headcount in the year was:

Activity	2022	2021
Support	1	2
Total	1	2

8. Tangible Fixed Assets

	Furniture and equipment £
Cost	
At 31 March 2021 and 31 March 2022	7,399
Depreciation	
At 1 April 2021	(6,680)
Charge for the year	(108)
At 31 March 2022	(6,788)
Net Book Value	
At 31 March 2022	611
At 31 March 2021	719

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
9. Cash at bank and in hand				
Current Account	40,930	6,000	46,929	13,371
Deposit Account	10,001	-	10,001	10,001
Cash in hand	100	-	100	100
Total Cash at bank and in hand	51,030	5,999	57,030	23,471

10. Charity funds

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Gains and losses £	Balance at 31 March 2022 £
Unrestricted funds						
General	16,199	62,362	(28,769)	-	-	49,792
Restricted funds						
Crowdfunder UK - new laptop appeal	65	-	(65)	-	-	-
Tampon Tax - Girl Empowerment	6,000	-	-	-	-	6,000
Total restricted funds	6,065	-	(65)			6,000
Total funds	22,264	62,362	(28,834)	-	-	55,792

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Gains and losses £	Balance at 31 March 2021 £
Unrestricted funds						
General	18,601	11,426	(13,828)	-	-	16,199
Restricted funds						
Coronavirus Job Retention Scheme	-	1,536	(1,536)	-	-	-
Crowdfunder UK - new laptop appeal	-	415	(350)	-	-	65
Tampon Tax - Girl Empowerment	6,000	-	-	-	-	6,000
Total restricted funds	6,000	1,950	(1,885)	-	-	6,065
Total funds	24,601	13,376	(15,713)	-	-	22,264

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2022	2021
11. Analysis of net assets between funds				
Tangible fixed assets	611	-	611	719
Current assets	51,030	5,999	57,030	23,986
Current liabilities	(1,849)	-	(1,849)	(2,442)
Total Analysis of net assets between funds	49,792	5,999	55,792	22,264

12. Transactions with trustees and related parties

During the year, Susan Case (Trustee), provided Youth Worker services to the charity of £4,440 (2021: £2,900). Mark Williams (Trustee), incurred expenses which were reimbursed to him of £5,117 (2021: £8,488).