

Annual Report and Accounts

Blandford Youth Advice & Information Centre K/A Treads
For the year ended 31 March 2021

Prepared by CBA Services Limited

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Reference and Administrative Details

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2021

Registered Charity Number

1111623

Company Registration Number

05387889

Directors and Trustees

Mark Williams (Director, Trustee), Chair

Susan Case (Trustee)

Richard Genge (Director, Trustee)

Joe Hampson (Director)

Kayleigh Hartey (Director: Resigned 1 January 2021, Trustee)

Natalie Pithers (Director)

John Tanner (Director, Trustee)

Registered Office

The Blandford Youth & Community Centre, Milldown Road, Blandford Forum, Dorset, United Kingdom, DT11 7SQ

Trading Address

Blandford Area Youth & Community Centre, Milldown Road, Blandford Forum, Dorset, DT11 7DB

Independent Examiner

CBA Services Limited

45 East Street, Blandford Forum, Dorset, DT11 7DX

Trustees' Report

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2021

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Objectives and Activities

Purpose

The objects for which the company is established are to advance the education and development of young persons within the town of Blandford Forum in Dorset and the surrounding villages, through their leisure activities so as to develop their physical, mental and spiritual capacities in order that they may grow to full maturity as individuals and members of society in particular by:

- providing a place where young people can obtain information and meet;
- providing for an experienced youth worker supported by trained volunteers to be in attendance at the centre;
- providing advice and information on issues of concern including housing, employment, personal relationships, contraception and sexual health, drug abuse and availability of social security benefits;
- promoting and assisting in the reduction of youth crime by providing opportunities to question and discuss attitudes and behavior in a positive way and therefore challenging anti-social behavior; and
- assisting young people to make informed choices and decisions to enable them to obtain their full potential.

Activities

Treads is a voluntary organisation registered as a charity (No 1111623) which aims to provide information and advice to young people in Blandford Forum and the surrounding villages, primarily between the ages of 11 and 19. It is independently constituted and has its own management committee. Treads operates an equal opportunity policy and works closely in partnership with a range of agencies. The services provided are free of charge to young people and confidential. The Trust currently has five trustees, all of whom have a range of competencies that assist the sound operational and financial management of the charity.

The structure, governance and management of the Charity's purpose is set out in the companies' memorandum of association. Full board meetings are held bi-monthly throughout the year.

Public Benefit

The directors/ trustees have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Young people using Treads generally lack trust in mainstream statutory agency support services and quickly become excluded because no one understands or wants to cater specifically for their needs. Treads aims to support young people in the following areas: homelessness; domestic violence; emotional and mental health issues; schools; further education and training; sexual health; teenage pregnancy; and sexuality and relationships. This approach has reinforced social interaction between young people and the community, improved communication and understanding between voluntary agencies, provides a voice to vulnerable young people who were previously voiceless, and empowers young people so they have a sense of ownership and pride in what they do.

The Board have identified clear priorities which are aligned to the aims of the Dorset Council plan to deliver improved outcomes for all young people and their families and the wider community.

Achievements and Performance

The centre was set up over 22 years ago to provide a warm friendly and relaxed environment where young people, can receive information and access or be signposted to a range of agencies who may be able to help them. Treads takes a holistic approach to tackling issues that prevent local young people from taking healthy, safe and confident steps towards adulthood and

independence. It aims to offer an inclusive, professional and trusted support service that aims to empower and enable young people to stand on their own two feet and make informed choices.

To meet the access needs of young people, Treads offers free counselling; High Support Sessions, by appointment; Advice and information by telephone or email and opportunities to socially interact through a Facebook page, Twitter and focus groups. Treads staff often work both one to one with young people or with other agencies and currently many of the issues discussed include mental health, anxiety, self-harming, Gender Dysphoria, Domestic Abuse, Substance Misuse, bullying and a range of issues for young people with Autistic Spectrum Disorders.

The charity actively encourages young people to have a voice in the community and challenges young people's risk-taking behaviour through better information and advice so that the negative impacts of those behaviours on young people, families and communities is reduced. It has also embraced a culture of active participation by involving young people on the Management Committee and include them in the decisions which are made.

The Board of Trustees believes due to the complex issues affecting children, young people and families, multi-agency partnership co-operation is vital to being able to provide a seamless service and securing better outcomes. It is recognised that many of the complex issues children, young people and their families face can not be solved by one person, organisation or sector.

Activities this year

No one could have envisaged the impact and the challenges that Covid would have on communities and the changes that would be necessary to ensure that the charity could continue to deliver services to young people safely. It has been a steep learning curve for everyone. The words 'safeguarding' and 'risk assessments' have often been at the forefront of our staff, consistently having to find solutions which upheld our rigours (and ever adapting) safeguarding/GDPR/H&S policies.

Our projects have successfully continued throughout the year. Both the Girls Empowerment Project and the Anti Bullying Project have continued to run, swapping between face to face and online sessions in accordance with the government's guidelines. We have also continued to run our Thursday support sessions; these have been run face to face or online as has our LGBTQ+ wellness group.

Numbers have fluctuated throughout the year and the need to constantly promote and remind young people (especially during lockdown) has been a daily part of life.

Key projects have included:

Girls Empowerment

Addressing body shaming, make up shaming, stereotyping, gender inequalities, period shaming. This has been incredibly popular in the past, with us successfully working with many young girls - the age range we have worked with ranges from 11 through to 20 - support and information given is tailored to the age we have at each session and not delivered on a general level.

LGBT+

Giving a safe, confidential space to meet and talk and access 1:1 support. Offering this confidential support is incredibly important, it promotes a confident feeling of self, it allows questions to be answered and ideas explored in a non-judgemental environment. Hopefully, it goes some way to reduce feelings of isolation which often leads to feelings of depression and desperation.

This is me

Support addressing lack of confidence, mental health issues, anxiety toolbox, overcoming low moods, addressing body image and eating disorders, looking at wellbeing. This again is incredibly popular support as it covers such a wide range of subjects – many of which overlap and run alongside each other. The support offered here is ever changing and moves with each individual young person, responding to the conversations that evolve before us.

Financial Review

Financial Position

Treads reviews its aims, objectives and activities each year. This annual review looks at what we have achieved and the outcomes of our work in the previous 12 months and updates the 3-year business plan. The review looks at the success of each key activity and the benefit they have brought to young people. It also helps us to ensure our aims, objectives and activities remain focused on our stated purposes. We have also referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting objectives and in planning our future activities.

Representatives from our funding partners and representatives from other interested bodies often attend our open meetings which enables them to discuss the business plan and put forward to improve the services provided to young people.

Robust arrangements are in place to manage performance and coordinate day to day operations including training and development plans, independent file reviews, updating policies and safeguarding procedures, client feedback and complaints, referrals, and budgeting and accounts.

Detailed quarterly reports are produced and are available to our funders, partner agencies and any member of the public who are interested in the work we do with young people.

Going Concern

We are envisaging moving to new premises in September 2021 which will enable the charity to be based in a building that a number of partner agencies already work from i.e., Food Bank, Victim Support and You Trust.

We will be investing more time into social media as it has become apparent that the way some young people access information is changing. Our website has recently been rebuilt and updated with various new links to other agencies. Further work however is still required.

Whilst we still have core clientele who need high one to one support, some young people find it difficult to discuss their issues with someone they do not know, social media has helped us to reach these marginalised client base and to build up relationships which gives them the confidence to come into the project.

Additional funding that has recently been secured that will support two new projects this year but will not however provide core funding. This therefore will be a key action for trustees this year to improve our sustainability.

Behind every successful charity there is a team of dedicated volunteers, in particular the board of Trustees who steer the project. Treads has been lucky enough to recruit a new Trustee with the relevant skills and passion but the project still needs more support.

Sources of Funds

The project during the year was supported with grants managed by service level agreements from Dorset Council and Blandford Town Council. In February the charity also sought the expertise of a professional bid writer and already the charity has been successful in sourcing funding for two new projects.

Structure, Governance and Management

Governing Document

Memorandum and Articles of Association incorporated on 10 March 2005 as amended by special resolution dated 6 October 2005.

Constitution

A company limited by guarantee.

Trustees

The Trust currently has five trustees, all of whom have a range of competencies that assist the sound operation and financial management of the charity.

Statement of Trustees' Responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Charitable Company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including the directors' report) above.

Signed on behalf of the charity's directors/trustees



Mark Williams (Director, Trustee)

Chair

Date..... 12th Sept 2021

Independent Examiner's Report to the trustees of

Blandford Youth Advice & Information Centre K/A Treads

For the year ended 31 March 2021

I report to the charity trustees on my examination of the accounts of charitable company for the year ended 31 March 2021 which are set out on pages 9 to 18.

Responsibilities and basis of report

As the Charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

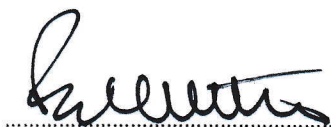
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Howlett MAAT

CBA Services Limited

45 East Street, Blandford Forum, Dorset, DT11 7DX

Date **14 SEPTEMBER 2021**

Statement of Financial Activities (including Income and Expenditure Account)

Blandford Youth Advice & Information Centre K/A Treads

For the year ended 31 March 2021

	NOTES	UNRESTRICTED FUNDS	RESTRICTED	2021	2020
Income					
Income and endowments from:					
Donations and legacies	3	11,420	1,950	13,370	20,575
Other trading activities	3	-	-	-	2,650
Investments	3	6	-	6	18
Sub Total		11,426	1,950	13,376	23,243
Expenditure					
Expenditure on:					
Charitable activities	5	(13,828)	(1,885)	(15,713)	(24,763)
Sub Total		(13,828)	(1,885)	(15,713)	(24,763)
Net income (expenditure)		(2,402)	65	(2,337)	(1,519)
Net movement in funds		(2,402)	65	(2,337)	(1,519)
	NOTES	UNRESTRICTED FUNDS	RESTRICTED	2021	2020
Reconciliation of funds					
Total funds brought forward	11	18,601	6,000	24,601	26,120
Total funds carried forward	11	16,199	6,065	22,264	24,601

The statement of financial activities includes all gains and losses recognised in the year. All of the charitable company's activities derive from continuing operations.

Balance Sheet

Blandford Youth Advice & Information Centre K/A Treads As at 31 March 2021

Registration number: 05387889

	NOTES	31 MAR 2021	31 MAR 2020
Fixed Assets			
Tangible assets	8	719	846
Total Fixed Assets		719	846
Current assets			
Debtors	9	102	278
Cash at bank and in hand	10	23,471	23,701
Total Current assets		23,573	23,979
Prepayments and accrued income			
Prepayments		515	1,674
Total Prepayments and accrued income		515	1,674
Creditors: amounts falling due within one year			
Trade creditors		301	98
Other creditors		728	262
Accruals and deferred income		1,515	1,539
Total Creditors: amounts falling due within one year		2,544	1,898
Net current assets (liabilities)		21,544	23,755
Total assets less current liabilities		22,264	24,601
Net Assets		22,264	24,601
Funds of the charity			
Funds	11	22,264	24,601
Total Funds of the charity		22,264	24,601

The company was entitled to exemption from audit for this reporting period under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with FRS102 SORP.

Approval

The financial statements were approved and authorised for issue by the Board.

Signed on behalf of all the directors/trustees



Mark Williams (Director, Trustee)

Chair

Date..... 12th Sept 2021

Notes to the Financial Statements

Blandford Youth Advice & Information Centre K/A Treads For the year ended 31 March 2021

1. Charity Status

The charity is a charitable company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

The charitable company is incorporated in England and Wales. The company's registered number and registered office address can be found on the Reference and Administrative Details page.

2. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102);
- the Companies Act 2006; and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The spread of COVID-19 has continued to severely impact the economy. This has affected the charity's operations, donors, suppliers and staff. The charity has utilised the monetary and fiscal interventions available from the government, including furloughing staff.

Although the total impact of COVID-19 is still uncertain, the trustees are taking all necessary steps to protect the future of the charity. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORF or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

Government Grants

The charity has received government grants in the reporting period.

Support Costs

The charity has incurred expenditure on support costs.

Taxation

Due to its current activities the charity is not registered for VAT and therefore cannot recover VAT on its expenses.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely that not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by time spent and other costs by their usage.

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Furniture and equipment	Reducing balance	20%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
3. Analysis of income				
Donations and legacies				
Donations and gifts	1,420	415	1,835	392
General grants	10,000	1,536	11,536	20,183
Total Donations and legacies	11,420	1,950	13,370	20,575
Other trading activities				
Rental Income	-	-	-	2,650
Total Other trading activities	-	-	-	2,650
Income from investments				
Interest Income	6	-	6	18
Total Income from investments	6	-	6	18
Total Analysis of income	11,426	1,950	13,376	23,243

£11,426 (2020: £17,243) of the above income was attributable to unrestricted funds and £1,950 (2020: £6,000) was attributable to restricted funds.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
4. Analysis of government grants				
Coronavirus Job Retention Scheme	-	1,536	1,536	-
Total Analysis of government grants	-	1,536	1,536	-

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
5. Analysis of expenditure				
Charitable activities				
Ateens	109	-	109	298
Girls Club	-	-	-	41
(Profit) Loss on disposal of Assets	-	-	-	641
Direct Wages	7,390	1,536	8,925	9,273
Youth Worker	2,917	-	2,917	75
Administrative Services	-	-	-	1,721
Audit & Accountancy fees	1,308	-	1,308	1,200
Bank Fees	72	-	72	60
Bookkeeping	207	-	207	98
Cleaning	-	-	-	89
Depreciation Expense	127	-	127	149
Equipment Expensed	-	250	250	-
General Expenses	49	-	49	-
Insurance	652	-	652	1,183
IT Software and Consumables	251	100	351	166
Light, Power, Heating	(502)	-	(502)	1,419
Postage, Freight & Courier	-	-	-	12
Printing & Stationery	55	-	55	95
Rates	-	-	-	489
Rent	-	-	-	6,000
Repairs & Maintenance	8	-	8	644
Staff Training	377	-	377	127
Telephone & Internet	808	-	808	781
Travel - National	-	-	-	202
Total Charitable activities	13,828	1,885	15,713	24,763
Total Analysis of expenditure	13,828	1,885	15,713	24,763

£13,828 (2020: £24,763) of the above expenditure was attributable to unrestricted funds and £1,885 (2020: £nil) was attributable to restricted funds.

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
6. Details of certain items of expenditure				
Independent examiner's fees	308	-	308	200
Accountancy and other services	1,207	-	1,207	1,098

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
7. Staff costs				
Salaries and wages	10,307	1,536	11,842	9,348
Other	377	-	377	127
Total Staff costs	10,684	1,536	12,219	9,475

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The average headcount in the year was:

Activity	2020	2019
Support	2	2
Total	2	2

8. Tangible Fixed Assets

	Leasehold £	Furniture and equipment £	Total £
Cost			
At 1 April 2019	7,010	7,399	14,409
Disposals	(7,010)	-	(7,010)
At 31 March 2020	-	7,399	7,399
Depreciation			
At 1 April 2019	(6,369)	(6,404)	(12,773)
Charge for the year	-	(149)	(149)
Eliminated on disposal	6,369	-	6,369
At 31 March 2020	-	(6,553)	(6,553)
Net Book Value			
At 31 March 2020	-	846	846
At 31 March 2019	641	995	1,636

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
9. Debtors				
Trade Debtors	-	-	-	200
Other taxes and social security	102	-	102	78
Total Debtors	102	-	102	278

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
10. Cash at bank and in hand				
Current Account	7,306	6,065	13,371	11,474
Deposit Account	10,001	-	10,001	12,127
Cash in hand	100	-	100	100
Total Cash at bank and in hand	17,407	6,064	23,471	23,701

11. Charity funds

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Gains and losses £	Balance at 31 March 2020 £
Unrestricted funds						
General	18,601	11,426	(13,828)	-	-	16,199
Restricted funds						
Coronavirus Job Retention Scheme	-	1,536	(1,536)	-	-	-
Crowdfunder UK - new laptop appeal	-	415	(350)	-	-	65
Tampon Tax - Girl Empowerment	6,000	-	-	-	-	6,000
Total restricted funds	6,000	1,950	(1,885)	-	-	6,065
Total funds	24,601	13,376	(15,713)	-	-	22,264

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Gains and losses £	Balance at 31 March 2020 £
Unrestricted funds						
General	26,120	17,243	(24,762)	-	-	18,601
Restricted funds						
Tampon Tax - Girl Empowerment		6,000				6,000
Total funds	26,120	23,243	(24,762)	-	-	24,601

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	2021	2020
12. Analysis of net assets between funds				
Tangible fixed assets	719	-	719	846
Current assets	18,024	6,064	24,088	25,653
Current liabilities	2,544	-	2,544	1,898
Total Analysis of net assets between funds	21,287	6,064	27,352	28,398

13. Transactions with trustees and related parties

During the year, Susan Case (Trustee), provided Youth Worker services to the charity of £2,900 (2020: £nil). Mark Williams, Chair (Director, Trustee) incurred expenses which were reimbursed to him of £8,488 (2020: £nil).